Heart Failure: predicting hospital re-admission after 6 months

Statistical Learning for Healthcare Data (056867) - A.Y. 2022/2023

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Problem statement

Heart failure (HF) is a prevalent condition with high re-admission rates.

Number of HF cases worldwide:

- 33.5 million in 1990;
- 64.3 million in 2017.

Half of the patients diagnosed with HF will be re-admitted **once within a year** and 20% will be re-admitted twice or more.

Primary goal of the project

Develop a prediction model with focus on interpretability.

Parallel objective

Assess the **importance of drugs** assumption.

Data

- 2008 patients admitted to a hospital, of which were discarded:
 - 57 dead patients
 - 5 patients with inconsistent information
- 168 variables provided, including:
 - Demographic data (height, sex, occupation, ...).
 - Medical history (diabetes, comorbidities, ...).
 - Clinical measurements (pressure, hemoglobyn, ...).
 - Drugs taken.
 - Re-hospitalizations prior to 6 months (discarded).



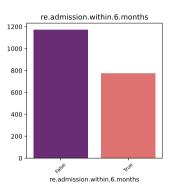


Figure: Target distribution.

Handling missing values

Categorical features

- Occupation 1.34%
- Imputation: most frequent

Numerical features

- 14 features with over 60% missing are discarded
- 9 features between 50% and 60% are discarded after further analysis
- Imputation: KNN with 5 neighbors

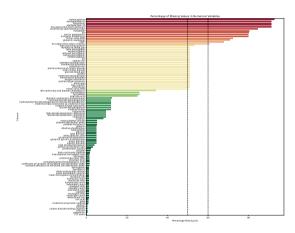


Figure: Percentage of missing values in numeric.

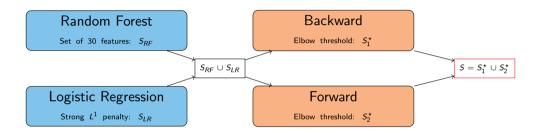
Further cleaning

- Outlier analysis
 - 1. Identification:
 - Sample Z-scores.
 - Physiological limits checked using literature.
 - 2. Replace with NaN for imputation.
- Low variance variable: Remove 16 variables with more than 95% dominance
- Correlation analysis: Remove 12 variables with more than 85% correlation

Three variables with possible outliers retained due to their importance:

- eosinophil.count
- high.sensitivity.troponin
- glutamic.pyruvic.transaminase

Feature selection



Strength of the method

- Faster than performing backward selection immediately.
- Takes away a lot of the *greedyness*.
- Takes advantages of both RF and LR (intersection is very small).

Final set of 13 selected variables.

Model selection

Train 6 different classifiers.

Metric

Compare performance between models using AUC.

Training setting

- Preprocessing: one-hot encoding and scaling.
- Tune hyperparameters with GridSearchCV.
- Evaluate performance using Stratified 5-fold cross-validation (CV).
- 85:15 stratified train-test ratio.
- Always set seed for reproducibility.
- Class imbalance addressed by passing class weights based on sample proportions.

Results

Model	AUC
RandomForestClassifier	0.6769
LogisticRegression	0.6702
GaussianNB	0.6452
DecisionTreeClassifier	0.5943
KNeighborsClassifier	0.5681
MLPClassifier	0.5028

Table: Comparison of performance.

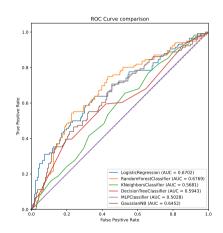
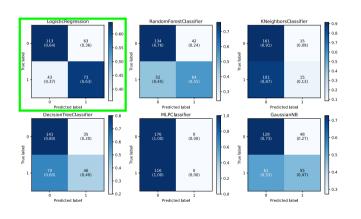


Figure: ROC curves comparison.

Results (cont.)



Logistic Regression performance:

• AUC: 0.6702

• Accuracy: **0.6370**

• Precision: 0.5368

• Recall: 0.6293

• F1-score: 0.5794

Figure: Confusion matrices comparison (threshold: 0.5).

Conclusions

feature	beta	exp_beta
occupation_farmer	-0.6973	0.4979
glutamic.pyruvic.transaminase_log	-0.1305	0.8776
D.dimer	-0.0911	0.9129
partial.pressure.of.carbon.dioxide	-0.0261	0.9743
sodium	-0.0049	0.9951
basophil.ratio	0.0055	1.0055
creatinine.enzymatic.method	0.0066	1.0066
dischargeDay	0.0294	1.0298
eosinophil.ratio	0.0486	1.0498
NYHA.cardiac.function.classification_IV	0.3599	1.4332
diabetes_True	0.4049	1.4991
international.normalized.ratio	0.4074	1.5029
type.of.heart.failure_Both	0.5502	1.7336

Table: LR coefficients.

We found meaningful **interpretations** with clinical facts:

- Farmers are less likely to be re-admitted (probably external confounder).
- D-dimer seems associated with tissue repair.
- Higher discharge day (i.e. longer stay in hospital) is associated with higher risk.
- Level 4 NYHA, presence of diabetes and having suffered a Whole HF highly associated with re-admission.

Conclusions (cont.)

Regarding **drugs**, they were divided into 4 categories:

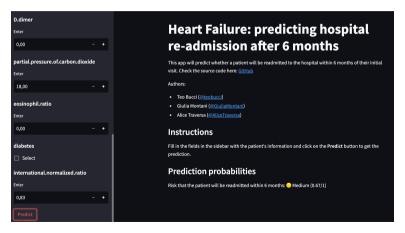
- Diuretics
- Vasodilatory
- Inhibitor
- Increase force of heart contraction (IFHC)

Takeaways:

- None made it to the final set of features, so their importance is **not fundamental**.
- Most patients are treated with both diuretics and vasodilators, therefore they
 don't help separation.
- IFHC made it to the second step of feature selection, so it's the most informative category.

Deployment

Web app for easy usage by clinicians: https://teobucci-slhd-app-3iahgf.streamlit.app/



Limitations and Recommendations

Limitations

- reliance on single dataset
- difficulty in comparing results
- the sample is **not representative**
- missing data imputation
- lacking data coming from electrocardiography.

Recommendations

- better management of missing values in the data
- further validation with external datasets
- for the sake of **performance** only, keep more variables and explore more models, at the cost of simplicity

Thank You!

• https://github.com/teobucci/slhd

References

- [1] N. L. Bragazzi, W. Zhong, J. Shu, et al., "Burden of heart failure and underlying causes in 195 countries and territories from 1990 to 2017," European Journal of Preventive Cardiology, vol. 28, no. 15, pp. 1682–1690, Feb. 2021.
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- [4] E. Lonn, "Regular review: Drug treatment in heart failure," BMJ, vol. 320, no. 7243, pp. 1188–1192, Apr. 2000.