



# Hackability@Barilla

Barilla Headquarter,

Parma, IT.

Jan – Feb 2018

‘La Buona Forchetta’

## Hackability@Barilla Contest<sup>1,2,3</sup>

The Turin project **Hackability**, born in 2015 at the Politecnico by the intuition of Carlo Boccazzi Varotto and the initiative of numerous students, launched a call with **Barilla** in order to find **innovative solutions for motor disability** in one of the most important environments of the house : the **kitchen**.

Hackability@Barilla was a **competition** to which you could register proposing your own solution, imagining new tools for the kitchen, and packaging suitable for the needs of people with **disabilities**, the **elderly** and users with **special needs**.

All in **open source**, therefore usable (not for commercial purposes) by the whole community. A project to include diversity in line with the idea of Barilla, "Good for you, good for the planet".

## Why there



“My dad, my hero, always helped solving others' needs. But he also has to solve his own. That's why I applied for Hackability@Barilla.”

Claudia Barbarito

“I have the Parkinson.  
Help me out to twirl Spaghetti!”

Domenico Barbarito

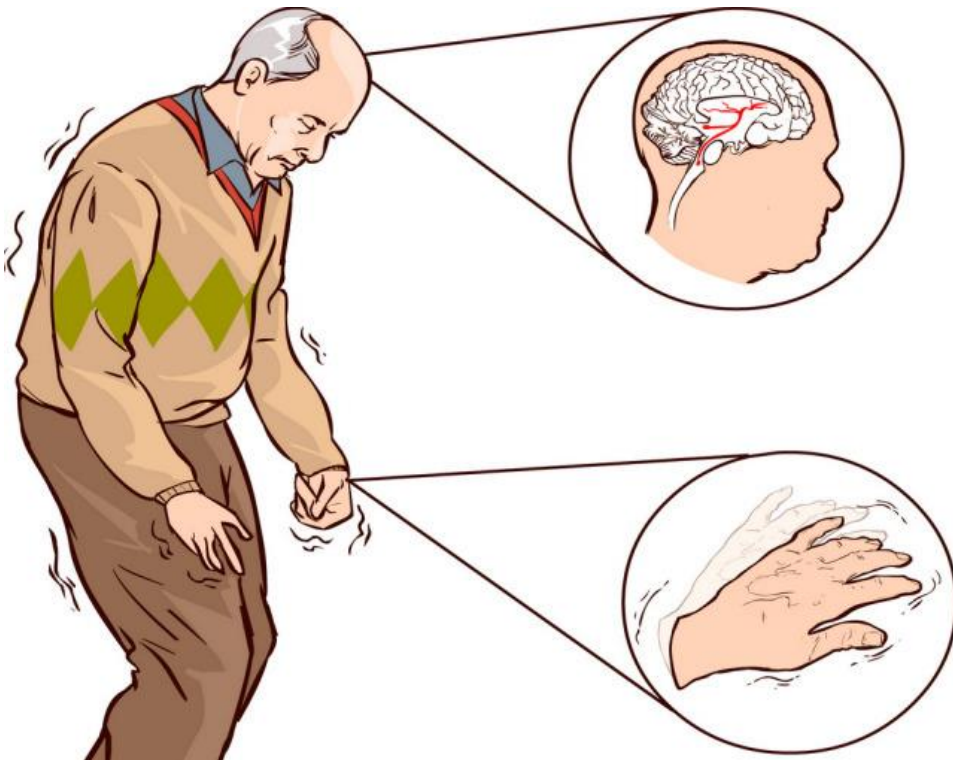
## Clinical Problem

Parkinson's disease (PD) is a long-term degenerative disorder of the central nervous system that mainly affects the motor system.<sup>4</sup> Symptoms generally develop slowly over years.

People with PD may experience:

- Tremor, mainly at hands;
- Slowness of movements;
- Limb rigidity;
- Gait and balance problems.<sup>5</sup>

The cause remains largely unknown.



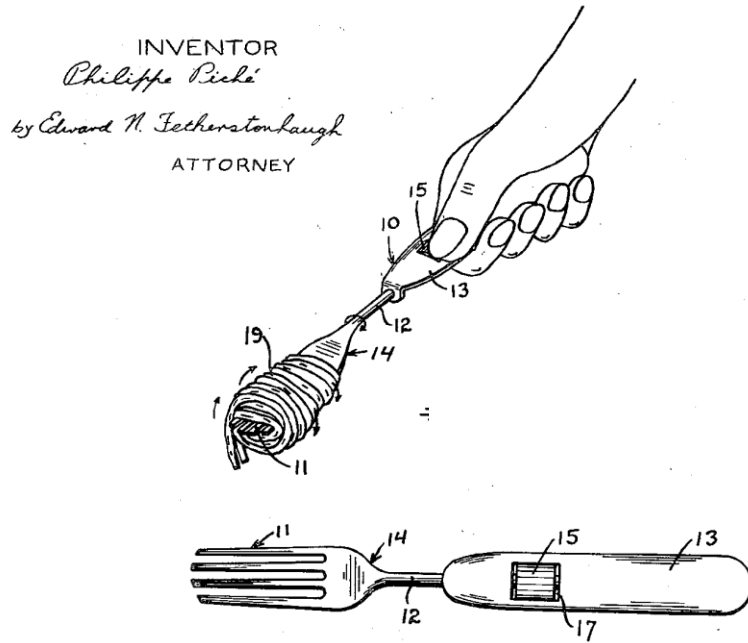
## State of the Art

First patent of a Revolving Spaghetti Fork in 1952 by Philippe Piché.<sup>6</sup>

## Spinning Fork Today<sup>7</sup>

Issues:

- Not portable;
- Antigenic;
- Unaesthetic;
- Not customizable.





## Our Project — La Buona Forchetta

It is a **miniaturized device** that allows the rotation of fork tips conceived disposable in PLA **3D printed**, in wood **cut with laser**, in plastic for food obtained from forks already on the market (for sustainability even in the absence of a Fablab) and one in steel for domestic use.

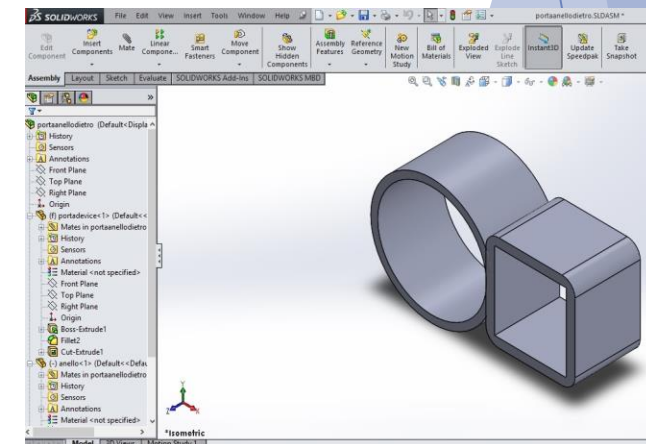
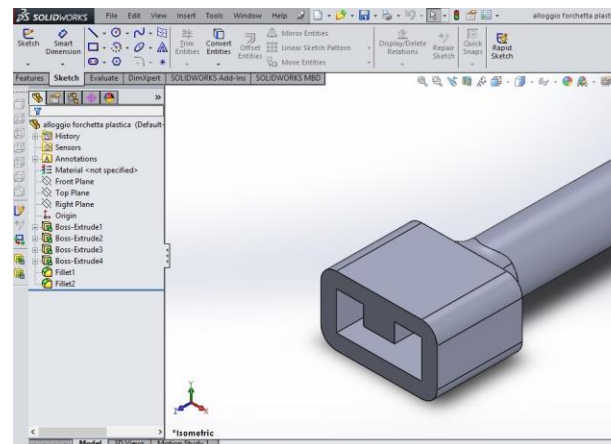
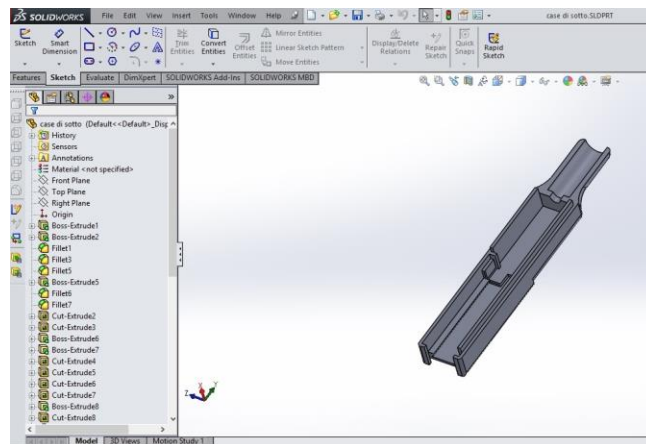
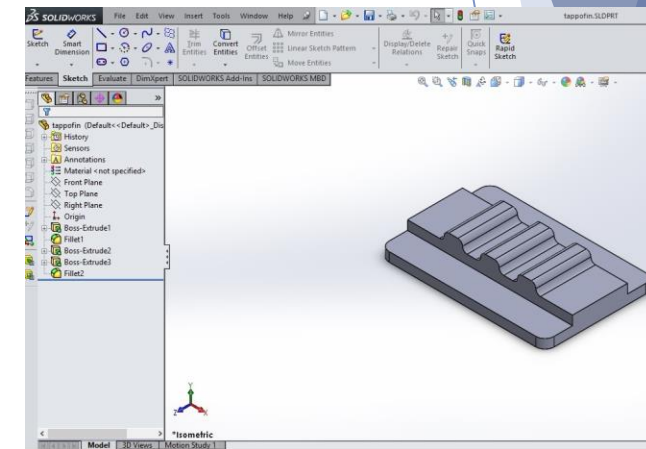
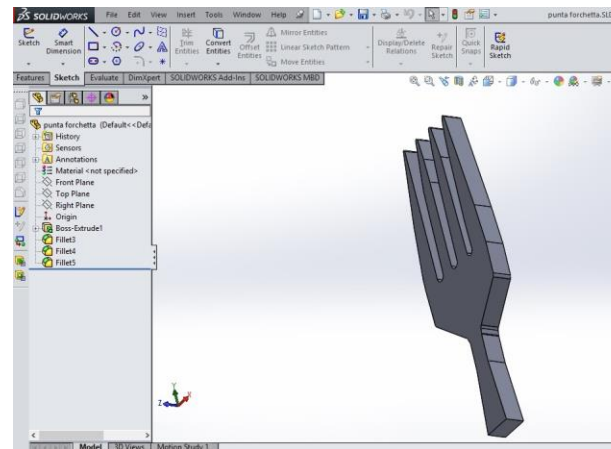
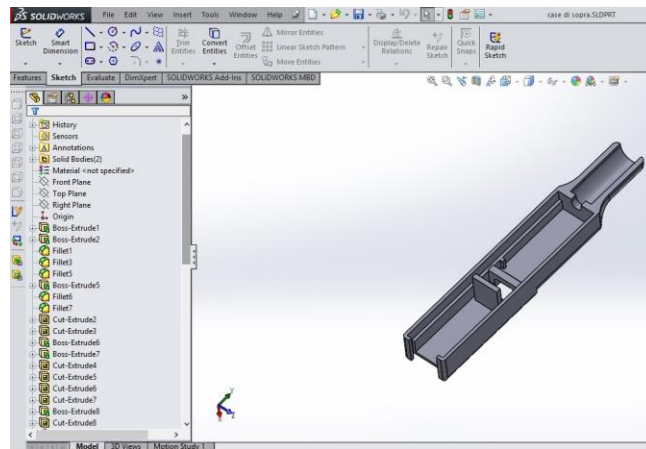
It has **specific accommodations** for each of the above mentioned points to allow interchange. The device can also be inserted into a **support** which includes a ring which **prevents loss** during a tremor.

The **extremely small size** compared to the devices on the market allow you to hide it under your finger or carry it in your jacket pocket.



# CAD Modeling

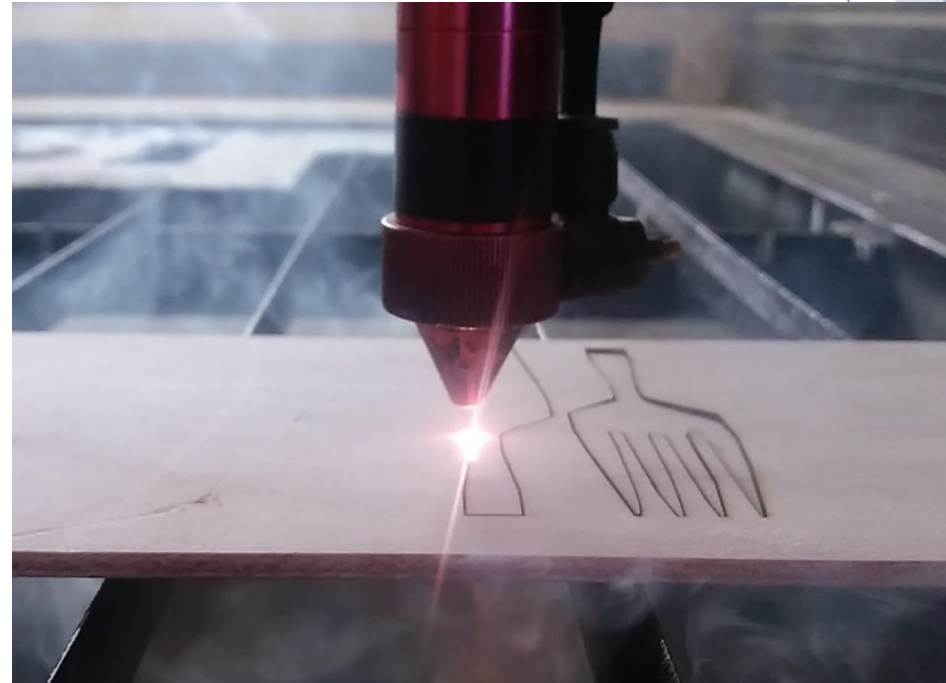
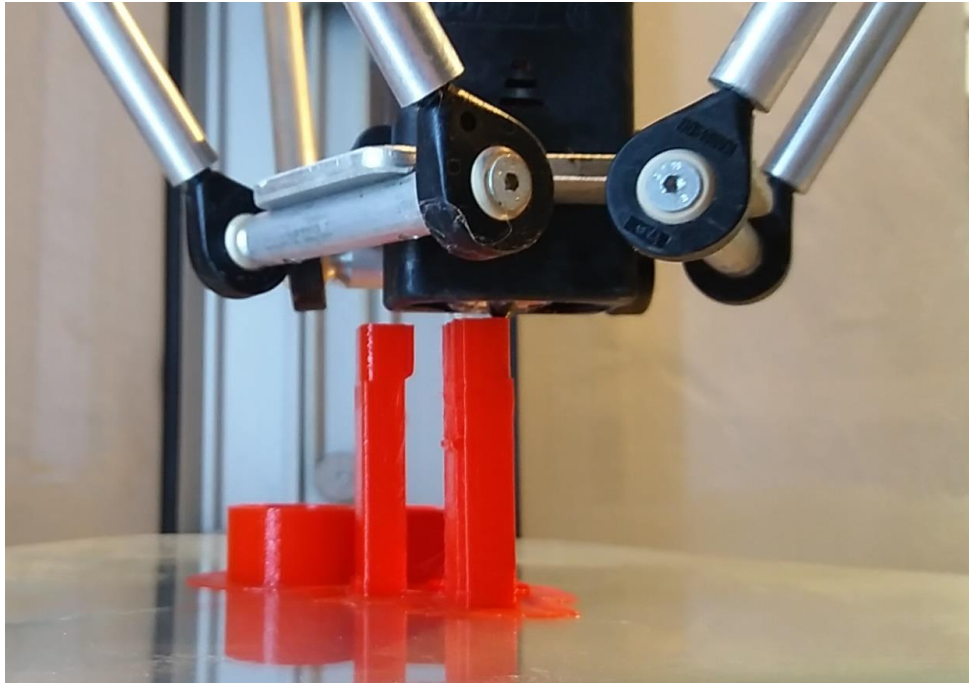
The case, the accommodations for the fork tips and the support have been designed using DS SolidWorks.



## Prototype 3D Print and Laser Cut

After being converted to .stl files, they have been 3D printed using a WASP Delta 2040.

The wood fork tip (4mm multi-layer poplar) has been cut with a HSG S1390 laser cutter.





# Electronics

The **circuit** is composed by:

- 100 RPM **Micromotor** (6V);
- ON/OFF Button;
- Four LR44 Batteries in series (1.5 V each).



# Test

## Spaghetti with garlic, oil, chilli and tomatoes Recipe

### Ingredients:

- Spaghetti strictly Barilla (100g);
- Garlic, Oil, Chilli, Cherry tomatoes;
- La Buona Forchetta.

### Recipe:

1. Brown garlic, oil, chilli and tomatoes in a pan;
2. Cook the Barilla spaghetti al dente and finish cooking over high heat in the pan with the sauce;
3. Enjoy the dish by helping you with La Buona Forchetta!

Spaghetti Test Video at: [youtu.be/GTm76VhDWDo](https://youtu.be/GTm76VhDWDo)

# Spot



SPOT video at: [youtu.be/gAKzE\\_MczW0](https://youtu.be/gAKzE_MczW0)

Website: [la-buona-forchetta.blogspot.it](http://la-buona-forchetta.blogspot.it)

The prototype is accompanied by a portal whose aim is to **keep the project alive** and make it self-sufficient.

**Follow us!**

≡ LA BUONA FORCHETTA

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We want to give patients with Parkinson's disease the right to **request a sample** or any modifications and **customizations**; to makers and Fablabs to download the files, make these changes and create the prototype to **provide it for free**.



## The Barilla CEO likes La Buona Forchetta!



# Press



Click [here](#) to read the article.

## Team

De Riccardis Giulio

Barbarito Claudia

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Barbarito Domenico

De Pascali Giuliano

Pellegrino Ilaria

Ciccarese Luca.

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Thanks for the Attention!