

# Predictive Diabetes Insights: A Statistical Approach

Statistical Learning

2022/2023

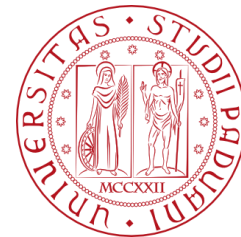
29/05/2023

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# Purpose of the study



- **Aim:**

Binary classification for the recognition of the presence of diabetes in the population consisting of females at least 21 years old having Pima Indian heritage:

1. Estimation of a model capable of forecasting the condition
2. Detect the most important features for the purpose

- **Data:**

*Diabetes* dataset, which is made up by 768 examples described by 9 variables.



## Predictors:

- Pregnancies
- Glucose
- BloodPressure
- SkinThickness
- Insulin
- BMI
- DiabetesPedigreeFunction
- Age

## Response Variable:

- Outcome

# Data preprocessing and filtering

- Check the presence of NA values:

1. SkinThickness
2. BMI
3. BloodPressure

## Predictors:

- Pregnancies
- Glucose
- BloodPressure
- ~~SkinThickness~~
- Insulin
- BMI
- DiabetesPedigreeFunction
- Age

## Response Variable:

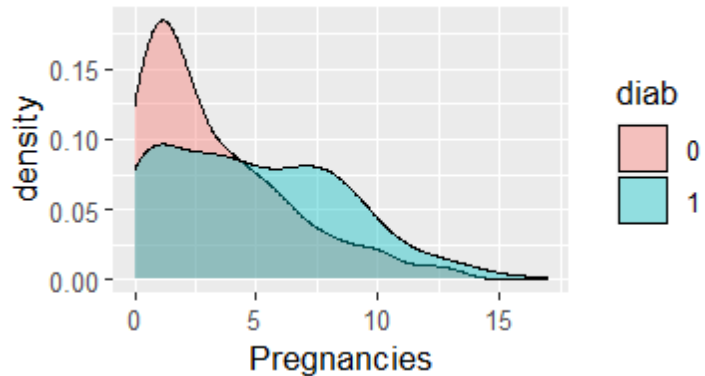
- Outcome

**Data:** 729 observations  
described by 8 variables

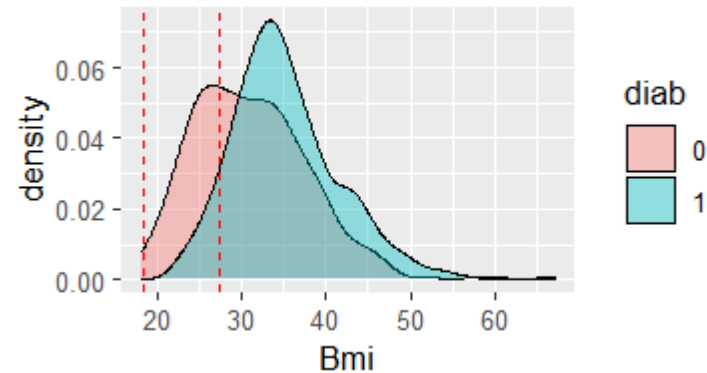
# Conditioned distributions: demographic features



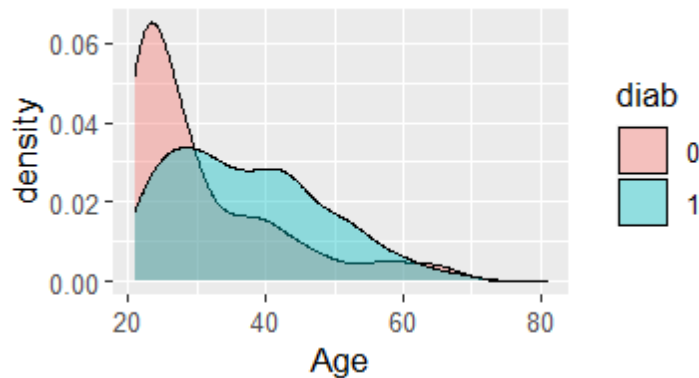
Pregnancies - Conditioned Density I



Bmi - Conditioned Density Plot



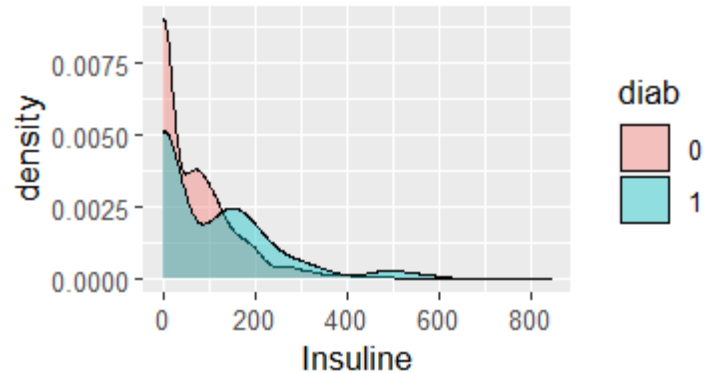
Age - Conditioned Density Plot



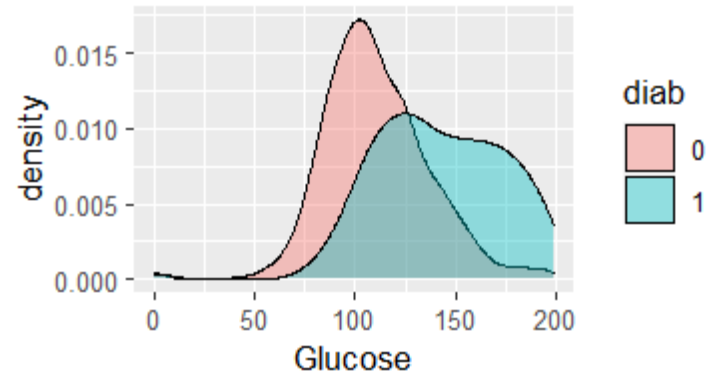
# Conditioned distributions: medical condition features



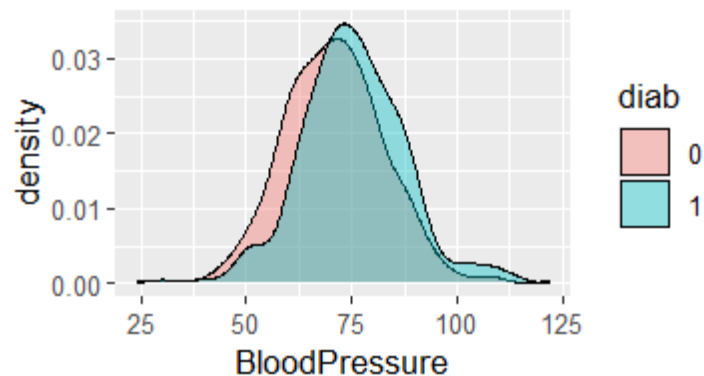
Insulin - Conditioned Density Plot



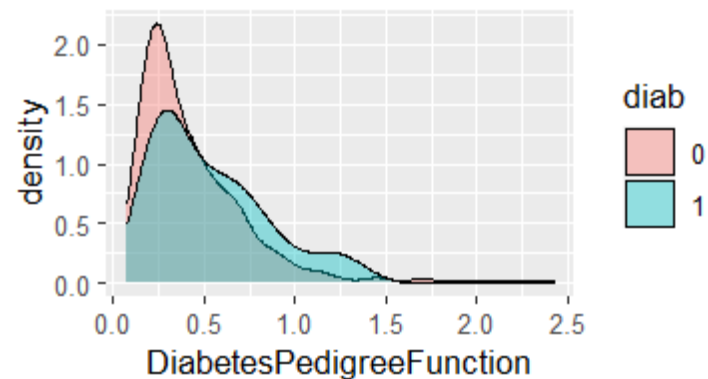
Glucose level -Conditioned Density



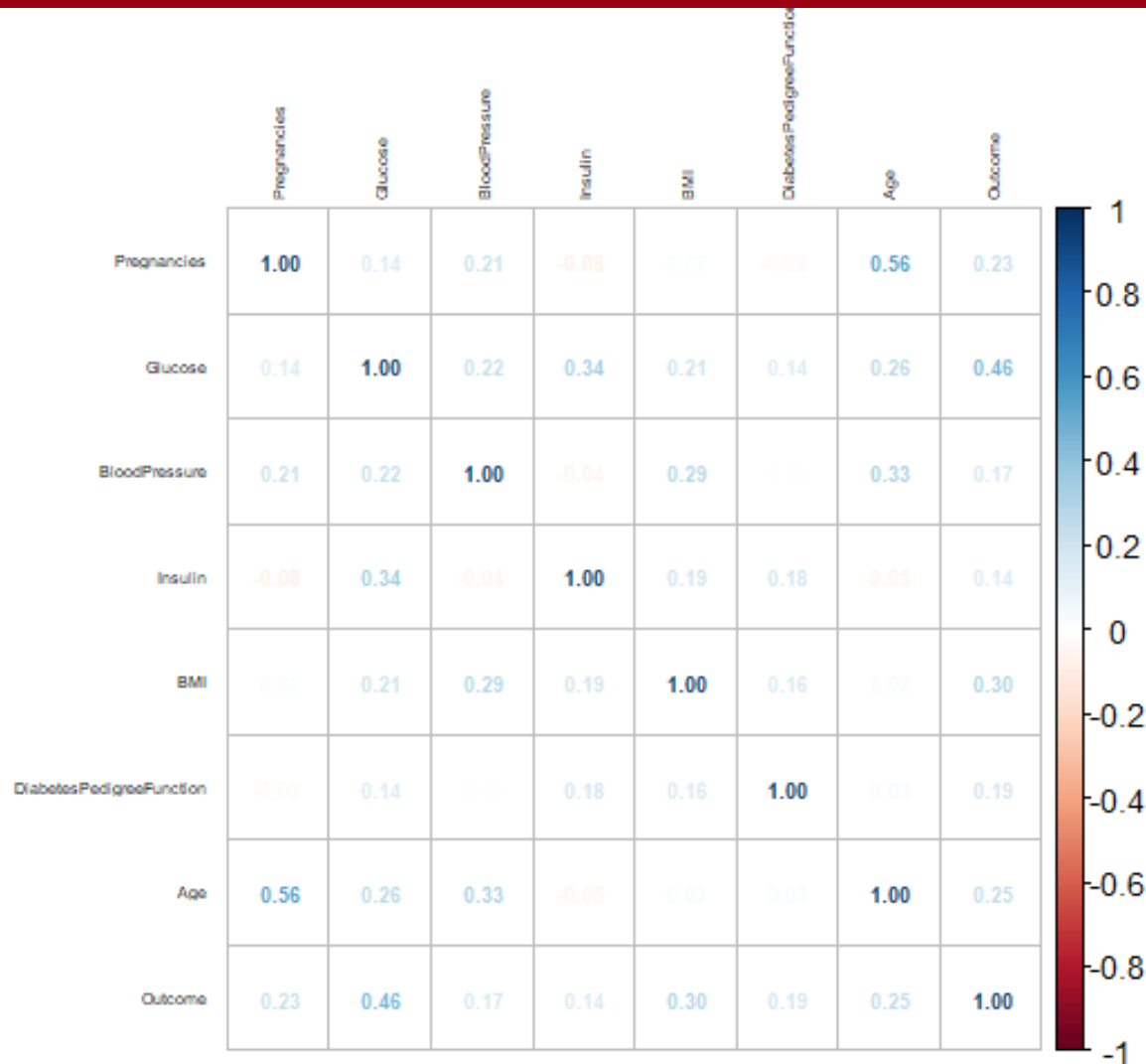
Blood Pressure Level - Conditioned



Diabetes Pedigree Function - Condit



# Correlations



In order to evaluate the performances of our models, we split randomly the dataset into:

- Training set: 547 examples (75% of the dataset)
- Test set: 152 examples (25% of the dataset)



To permit a comparison between the models, the following metrics are taken into account:

- Accuracy:

$$\frac{\text{True Positives} + \text{True Negatives}}{\text{True Positives} + \text{False Positives} + \text{False Negatives} + \text{True Negatives}}$$

- Sensitivity:

$$\frac{\text{True Positives}}{\text{True Positives} + \text{False Negatives}}$$

# Complete Logistic model

```
Call:
glm(formula = train$Outcome ~ ., family = "binomial", data = train)

Deviance Residuals:
    Min       1Q   Median       3Q      Max
-2.4800  -0.7352  -0.4113   0.7537   2.7766

Coefficients:
                Estimate Std. Error z value Pr(>|z|)
(Intercept)    -8.5555088   0.9139314  -9.361  < 2e-16 ***
Pregnancies     0.1361960   0.0385749   3.531  0.000414 ***
Glucose         0.0324979   0.0042235   7.695  1.42e-14 ***
BloodPressure  -0.0121411   0.0096852  -1.254  0.209997
Insulin        -0.0008140   0.0009525  -0.855  0.392765
BMI             0.1066253   0.0184344   5.784  7.29e-09 ***
DiabetesPedigreeFunction 0.7988590   0.3442650   2.320  0.020315 *
Age            0.0098462   0.0108378   0.909  0.363611
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

(Dispersion parameter for binomial family taken to be 1)

    Null deviance: 711.41  on 546  degrees of freedom
Residual deviance: 516.51  on 539  degrees of freedom
AIC: 532.51

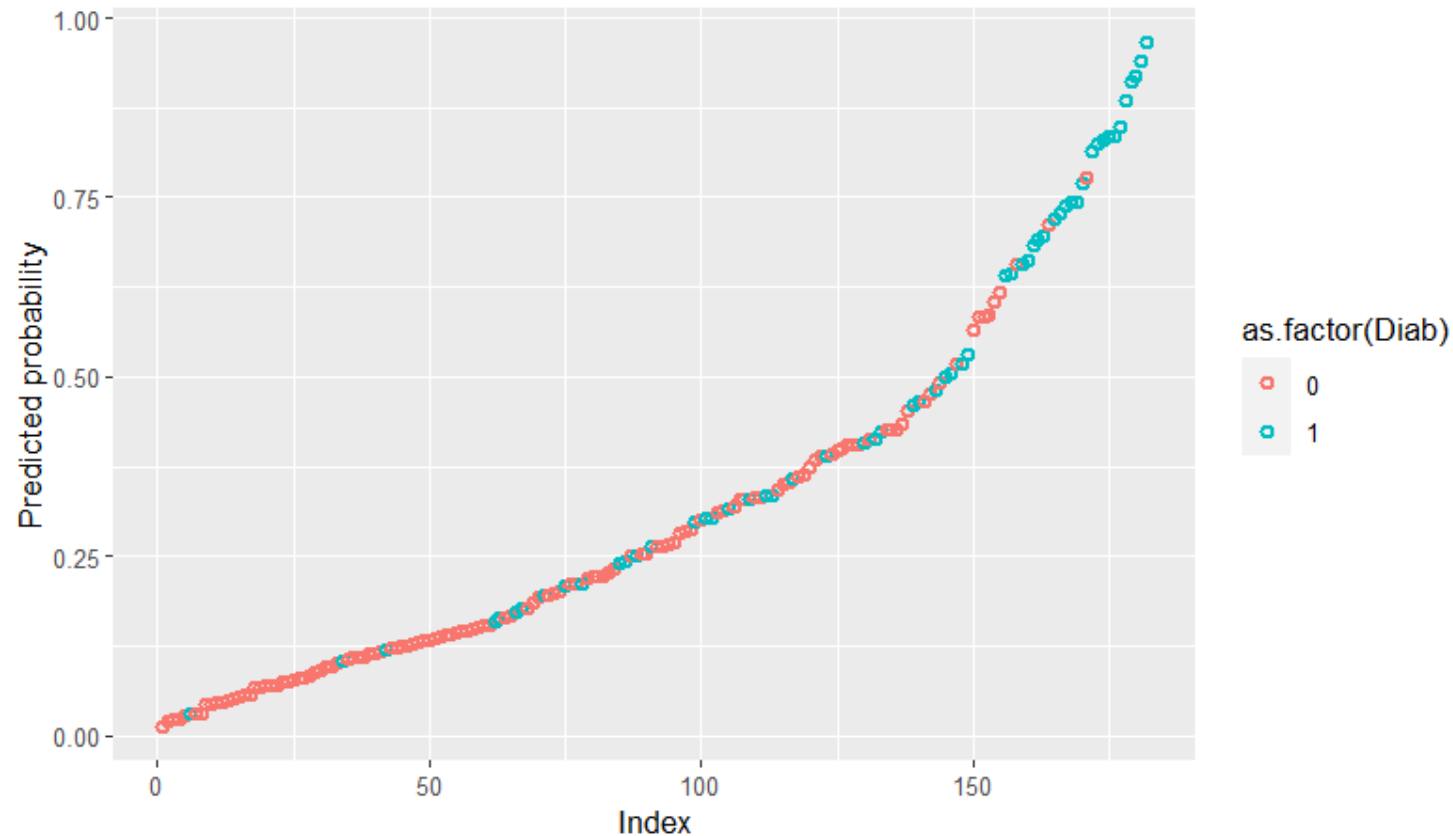
Number of Fisher Scoring iterations: 5
```

# Complete Logistic model



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Estimated Logistic Curve - Complete Logistic Model



METRIC	VALUE
Accuracy	0.69230 77
Sensitivity	0.73684 21



# Multicollinearity Check: VIF



Predictors	VIF value
Pregnancies	1.397697
Glucose	1.256495
BloodPressure	1.265047
Insulin	1.246988
BMI	1.155411
DiabetesPedigreeFunction	1.020217
Age	1.518657

Threshold ( $1/(1-R^2)$ )	1.377341
---------------------------	----------



# Forward Selection Logistic Regression



```
Call:
glm(formula = Outcome ~ Pregnancies + Glucose + BloodPressure +
     BMI + DiabetesPedigreeFunction + Insulin, family = binomial(),
     data = train)

Deviance Residuals:
    Min       1Q   Median       3Q      Max
-2.4984  -0.7441  -0.4123   0.7517   2.8168

Coefficients:
              Estimate Std. Error z value Pr(>|z|)
(Intercept)   -8.4547982   0.9060975  -9.331  < 2e-16 ***
Pregnancies    0.1523735   0.0343729   4.433  9.30e-06 ***
Glucose        0.0333498   0.0041405   8.055  7.98e-16 ***
BloodPressure  -0.0103617   0.0094848  -1.092   0.2746
BMI            0.1047473   0.0182779   5.731  9.99e-09 ***
DiabetesPedigreeFunction 0.8070685   0.3437522   2.348   0.0189 *
Insulin       -0.0008699   0.0009501  -0.916   0.3599
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

(Dispersion parameter for binomial family taken to be 1)

    Null deviance: 711.41  on 546  degrees of freedom
Residual deviance: 517.33  on 540  degrees of freedom
AIC: 531.33

Number of Fisher Scoring iterations: 5
```

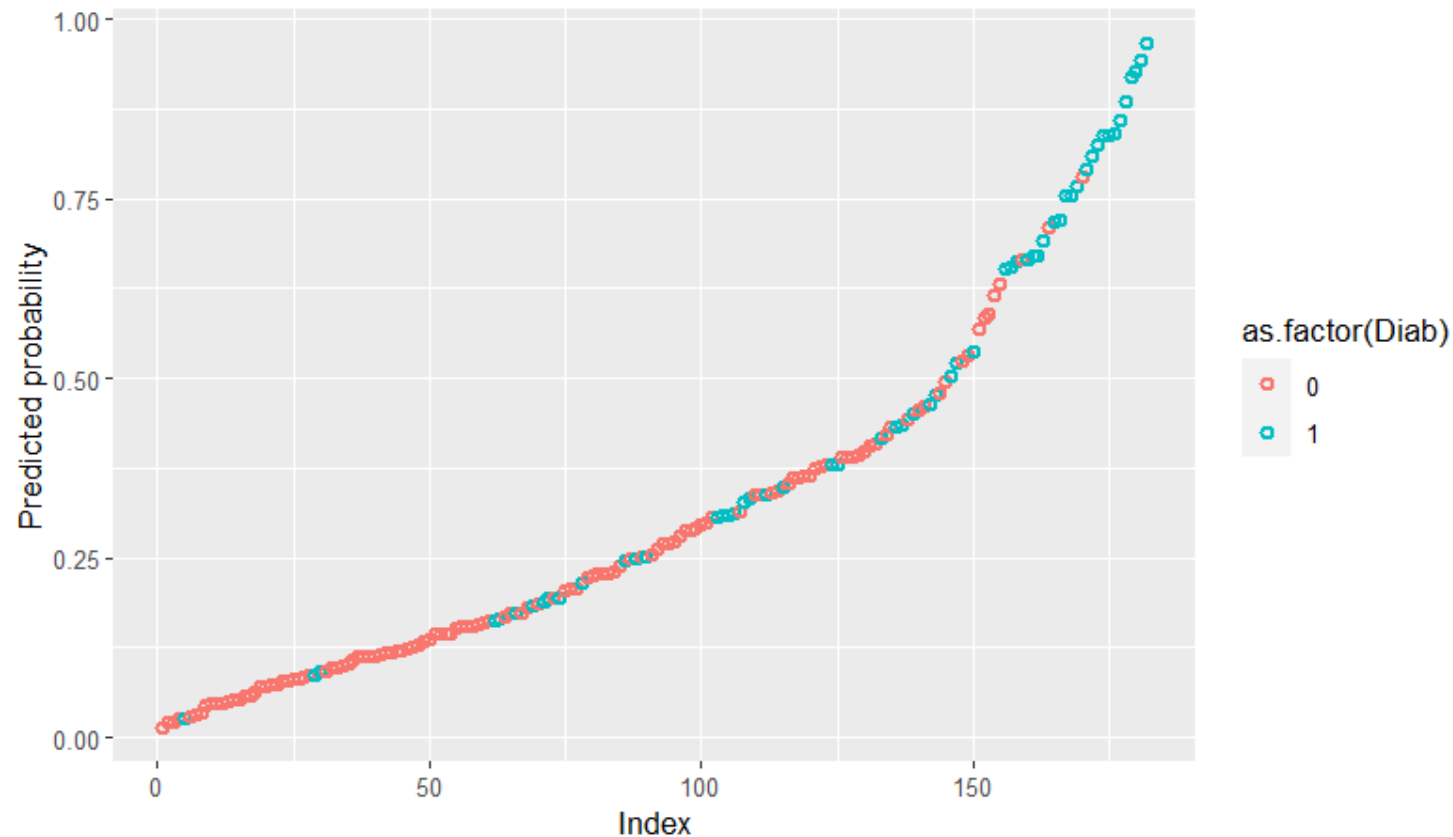


# Forward Selection Logistic Regression



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Estimated Logistic Curve - Forward selection Logistic Model



METRIC	VALUE
Accuracy	0.71428 57
Sensitivity	0.75438 6



# Backward Elimination Logistic Regression



```
Call:
glm(formula = Outcome ~ Pregnancies + Glucose + BMI + DiabetesPedigreeFunction,
    family = binomial(), data = train)
```

Deviance Residuals:

Min	1Q	Median	3Q	Max
-2.6252	-0.7228	-0.4166	0.7564	2.7498

Coefficients:

	Estimate	Std. Error	z value	Pr(> z )	
(Intercept)	-8.779971	0.801322	-10.957	< 2e-16	***
Pregnancies	0.146386	0.033051	4.429	9.46e-06	***
Glucose	0.031379	0.003752	8.364	< 2e-16	***
BMI	0.098020	0.017443	5.619	1.92e-08	***
DiabetesPedigreeFunction	0.785279	0.339800	2.311	0.0208	*

---  
Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

(Dispersion parameter for binomial family taken to be 1)

Null deviance: 711.41 on 546 degrees of freedom  
Residual deviance: 519.01 on 542 degrees of freedom  
AIC: 529.01

Number of Fisher Scoring iterations: 5

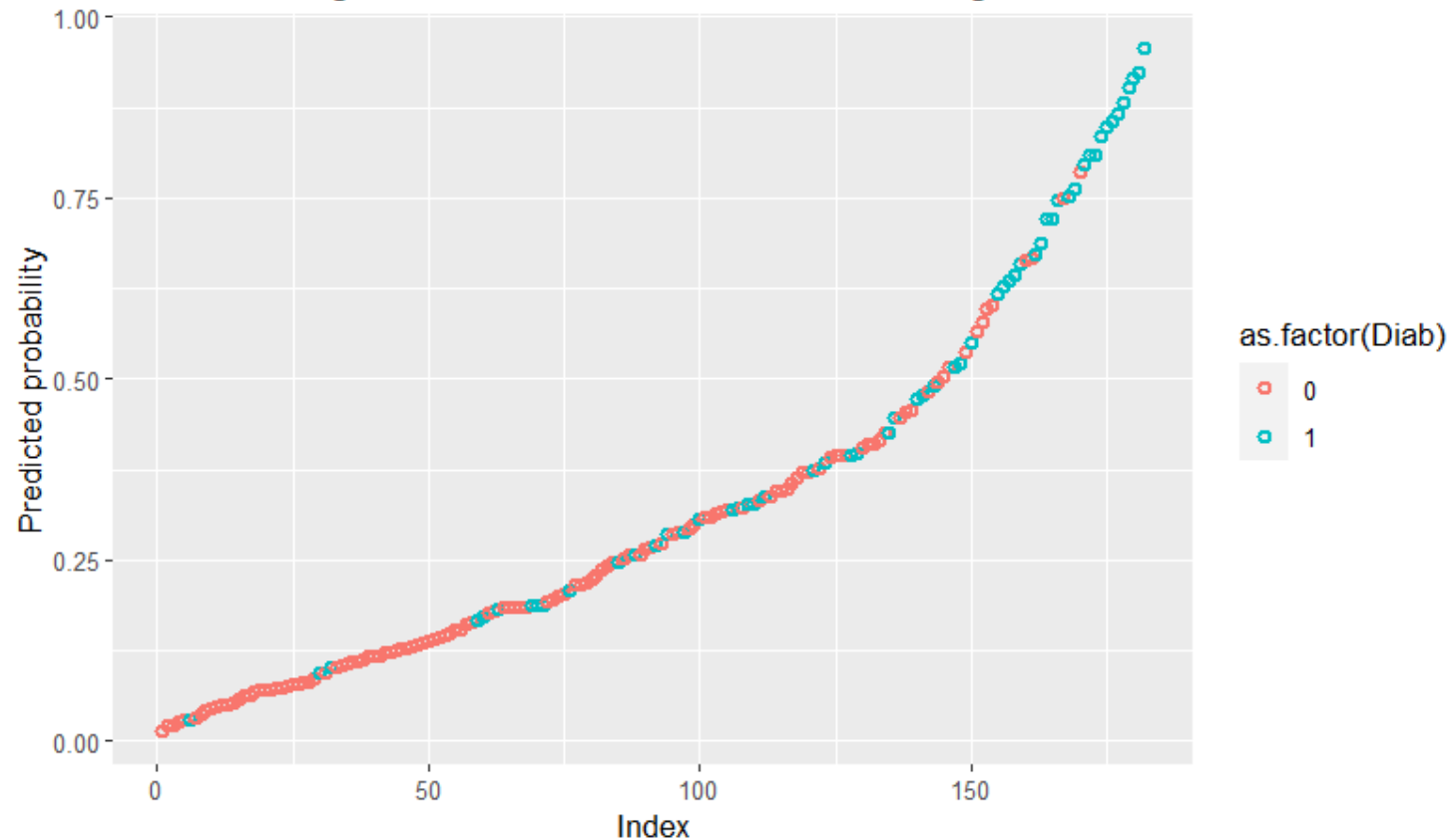


# Backward Elimination Logistic Regression



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Estimated Logistic Curve - Backward elimination Logistic Model



METRIC	VALUE
Accuracy	0.692307 7
Sensitivity	0.736842 1





# Shrinkage methods – Ridge Regression



```
Call: cv.glmnet(x = train_for_shrinkage, y = train$Outcome, type.measure = "class",  
family = "binomial")
```

Measure: Misclassification Error

	Lambda	Index	Measure	SE	Nonzero
min	0.09012	85	0.2358	0.01397	7
1se	0.20818	76	0.2468	0.01237	7

```
```{r}  
coef(model_ridge)  
```
```

8 x 1 sparse Matrix of class "dgCMatrix"

|                          |               |
|--------------------------|---------------|
|                          | 1             |
| (Intercept)              | -4.8297019271 |
| Pregnancies              | 0.0569669262  |
| Glucose                  | 0.0129887094  |
| BloodPressure            | 0.0041530585  |
| Insulin                  | 0.0006732565  |
| BMI                      | 0.0434579592  |
| DiabetesPedigreeFunction | 0.4125272707  |
| Age                      | 0.0116916136  |

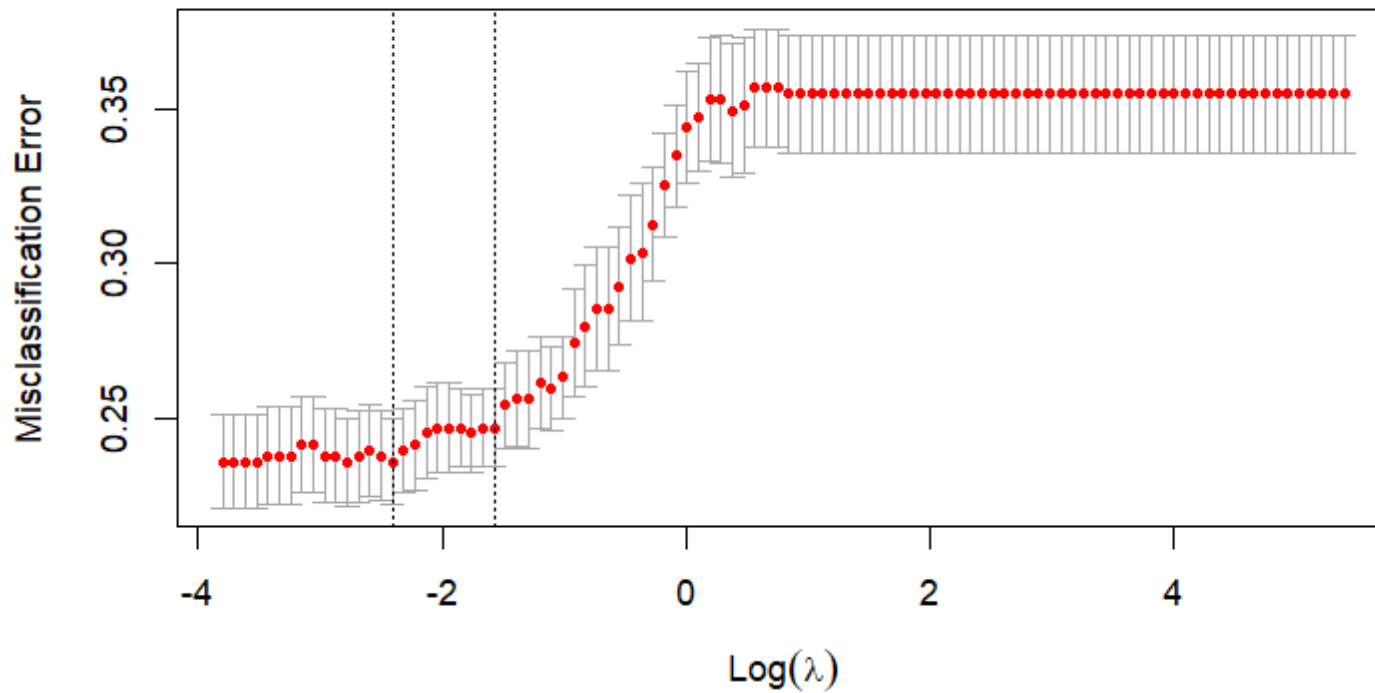
| METRIC      | VALUE         |
|-------------|---------------|
| Accuracy    | 0.670329<br>7 |
| Sensitivity | 0.824561<br>4 |



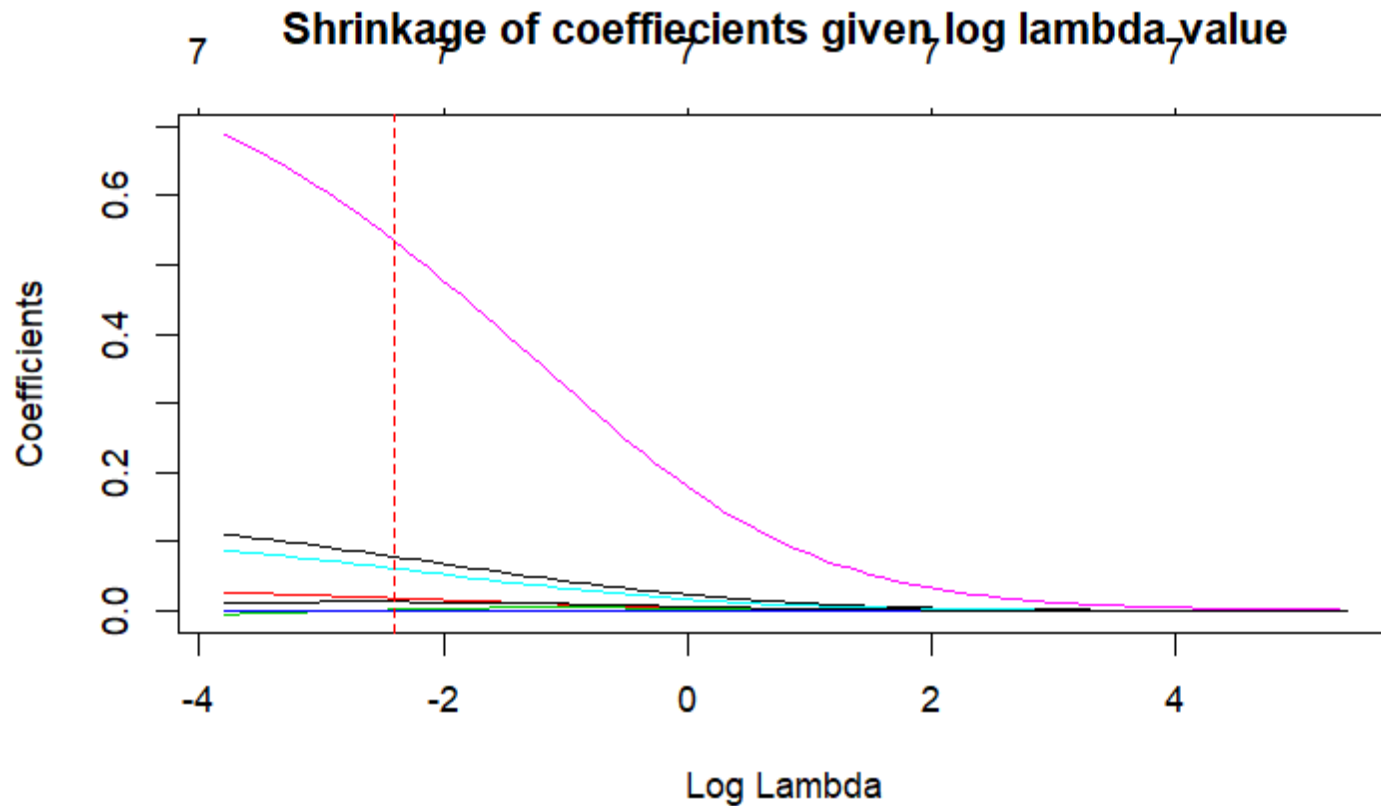
# Ridge Regression



Misclassification error for Ridge Regression given log lambda value



# Ridge Regression



# Shrinkage methods – Lasso Regression



```
Call: cv.glmnet(x = train_for_shrinkage, y = train$Outcome, type.measure = "class", alpha = 1,  
family = "binomial")
```

Measure: Misclassification Error

|     | Lambda  | Index | Measure | SE      | Nonzero |
|-----|---------|-------|---------|---------|---------|
| min | 0.00372 | 45    | 0.2322  | 0.01443 | 7       |
| 1se | 0.06660 | 14    | 0.2413  | 0.01129 | 3       |

```
##{r}  
coef(model_lasso)
```

8 x 1 sparse Matrix of class "dgCMatrix"

|                          | 1           |
|--------------------------|-------------|
| (Intercept)              | -4.61136855 |
| Pregnancies              | 0.03080965  |
| Glucose                  | 0.02024480  |
| BloodPressure            | .           |
| Insulin                  | .           |
| BMI                      | 0.04127385  |
| DiabetesPedigreeFunction | .           |
| Age                      | .           |

| METRIC      | VALUE     |
|-------------|-----------|
| Accuracy    | 0.6868132 |
| Sensitivity | 0.7368421 |

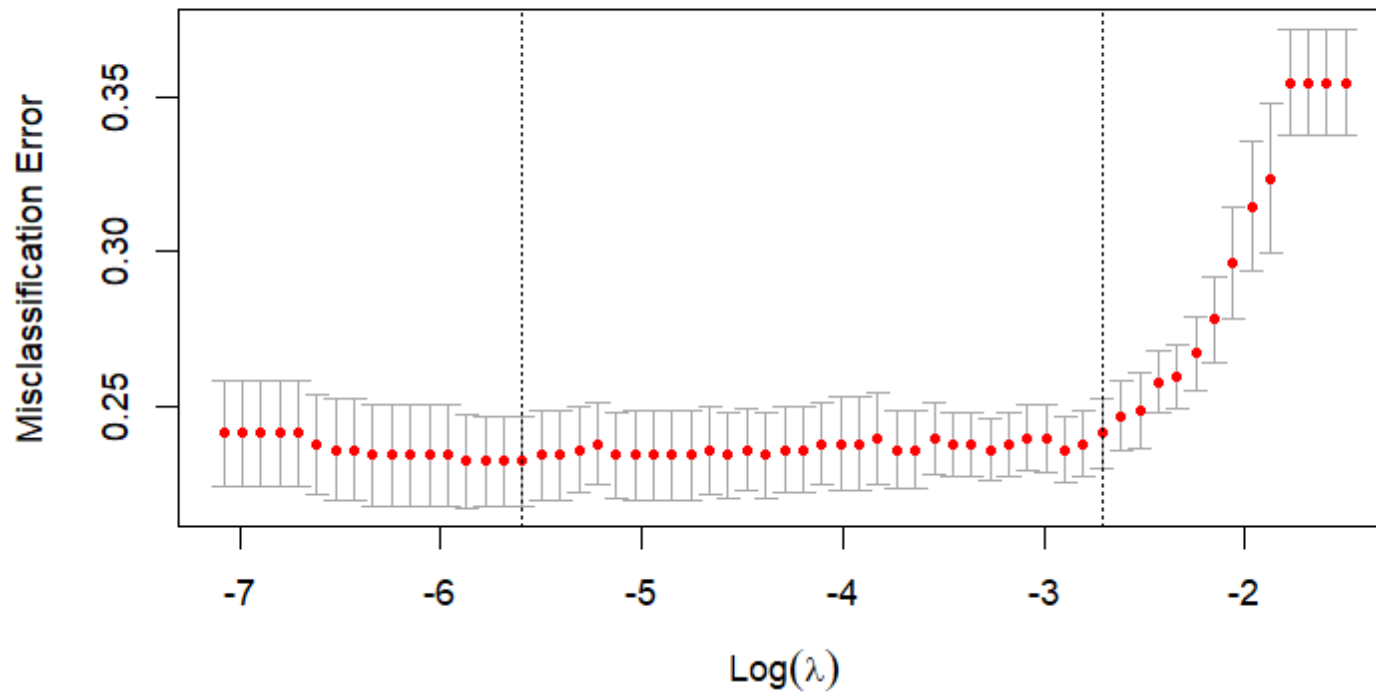


# Lasso Regression



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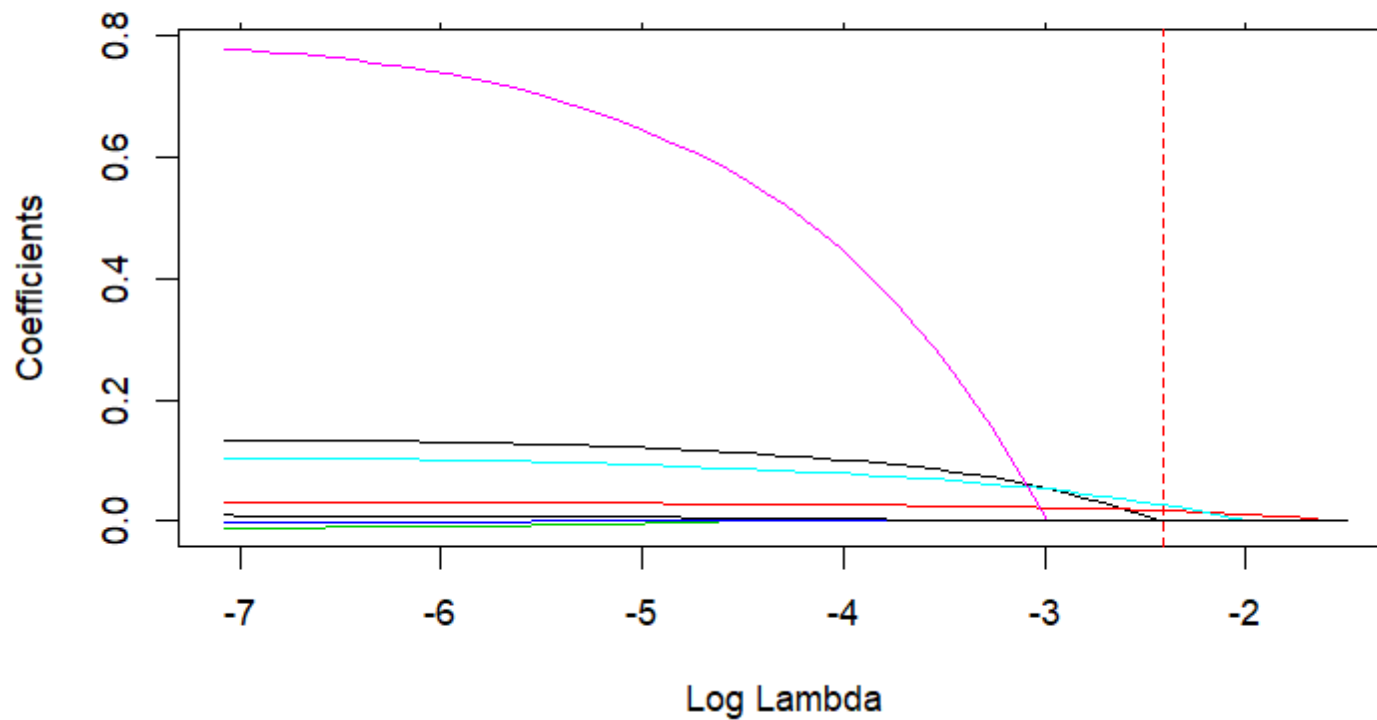
Misclassification error for Lasso Regression given  $\log \lambda$  value



# Lasso Regression



7 Shrinkage of coefficients given log lambda value



# Discriminant Analysis

In order to apply LDA and QDA it's needed to check the following assumptions:

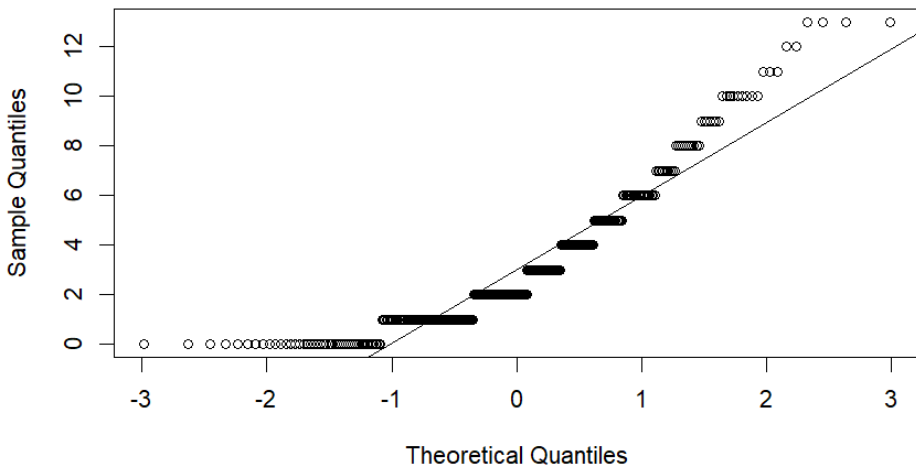
1. Normality of predictors' conditioned distributions
2. Presence (and removal) of outliers
3. Homoschedasticity
4. Presence (and removal) of multicollinear variables
5. Independency between predictors

# Normality check: Pregnancies



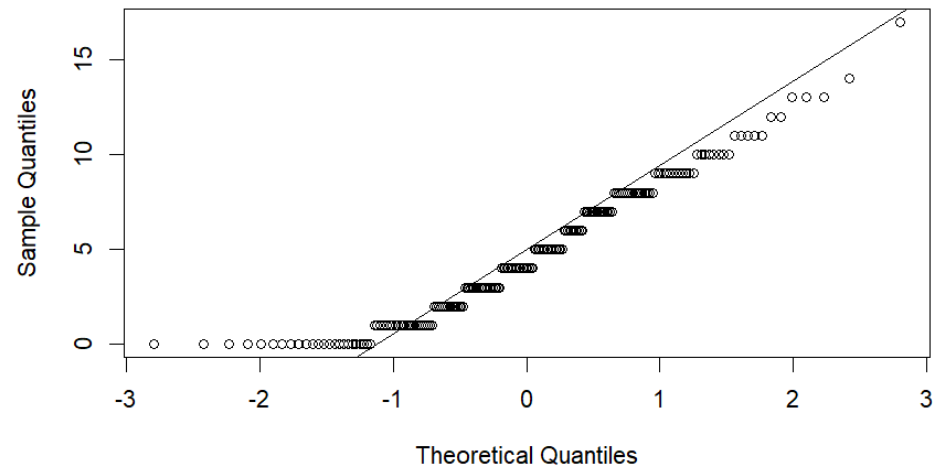
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Normal Q-Q Plot



'Outcome' class: 0

Normal Q-Q Plot



'Outcome' class: 1



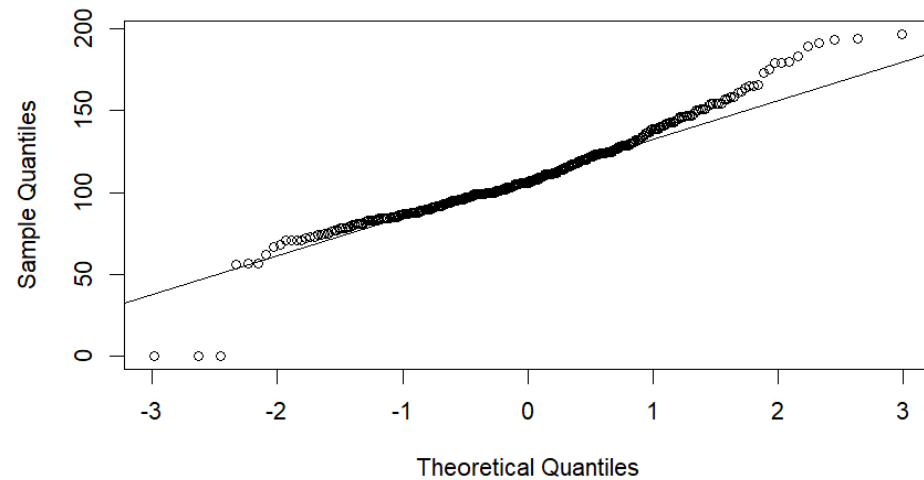


# Normality check: Glucose



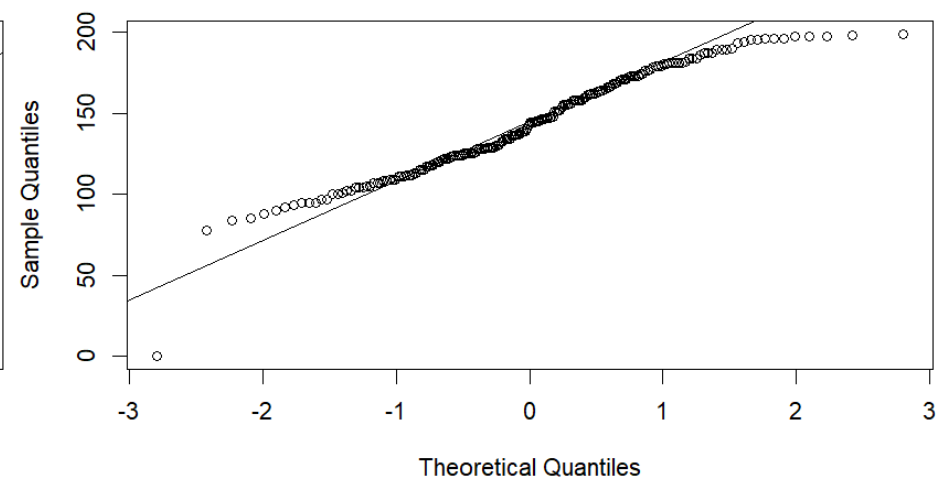
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Normal Q-Q Plot



'Outcome' class: 0

Normal Q-Q Plot



'Outcome' class: 1

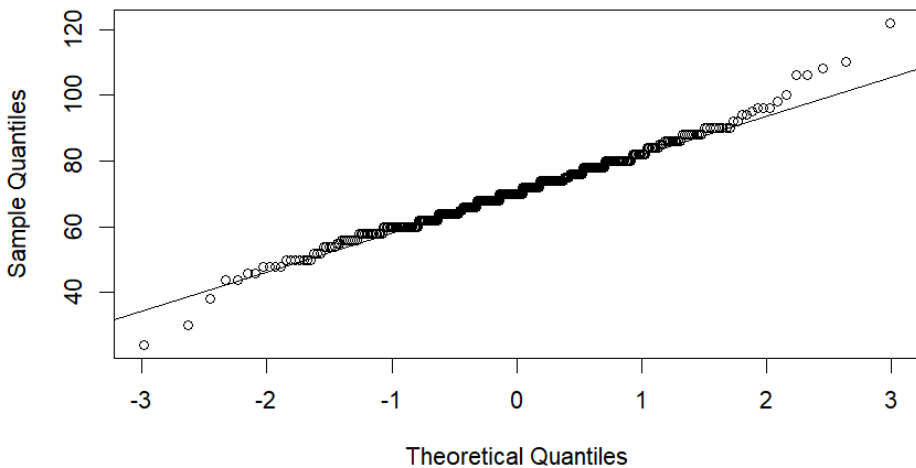


# Normality check: BloodPressure



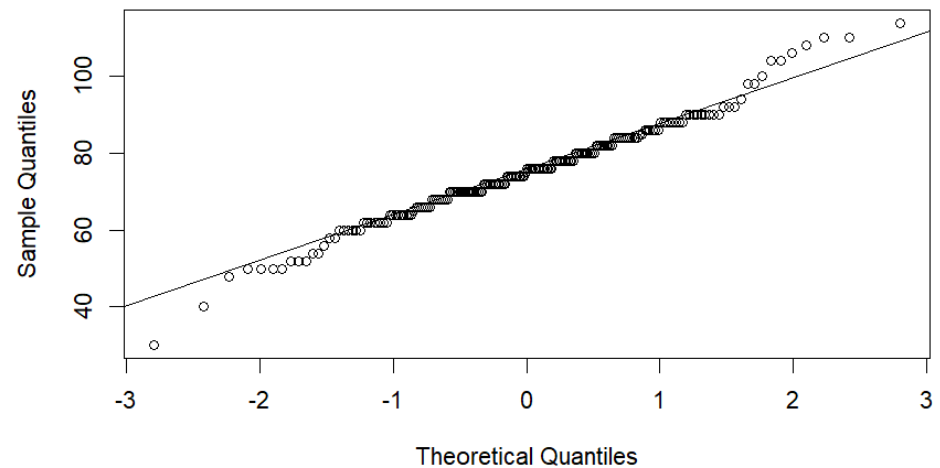
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Normal Q-Q Plot



'Outcome' class: 0

Normal Q-Q Plot



'Outcome' class: 1

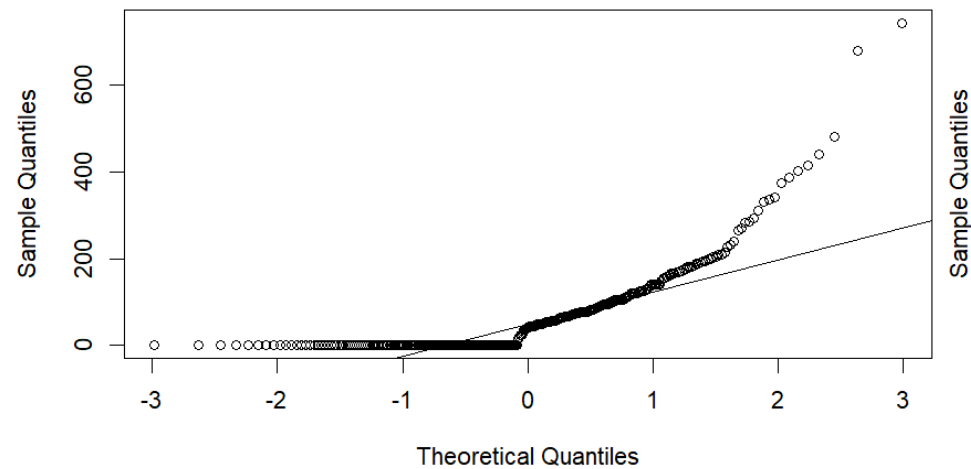


# Normality check: Insulin



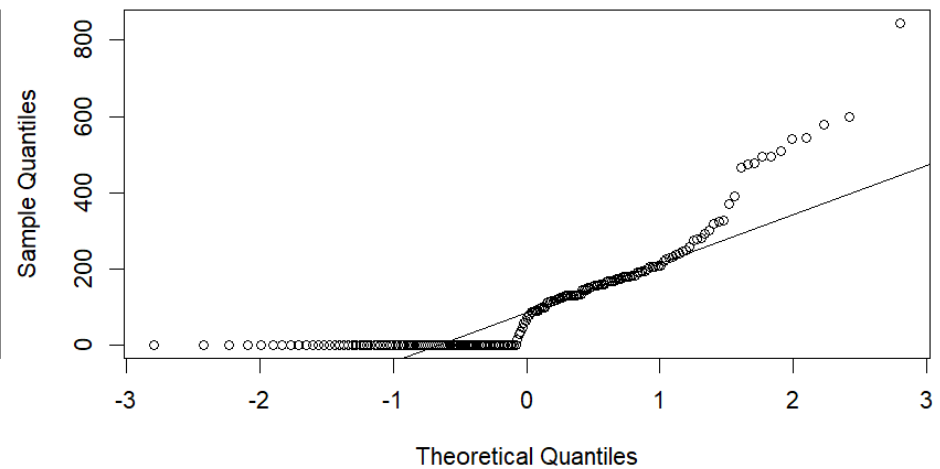
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Normal Q-Q Plot



'Outcome' class: 0

Normal Q-Q Plot



'Outcome' class: 1

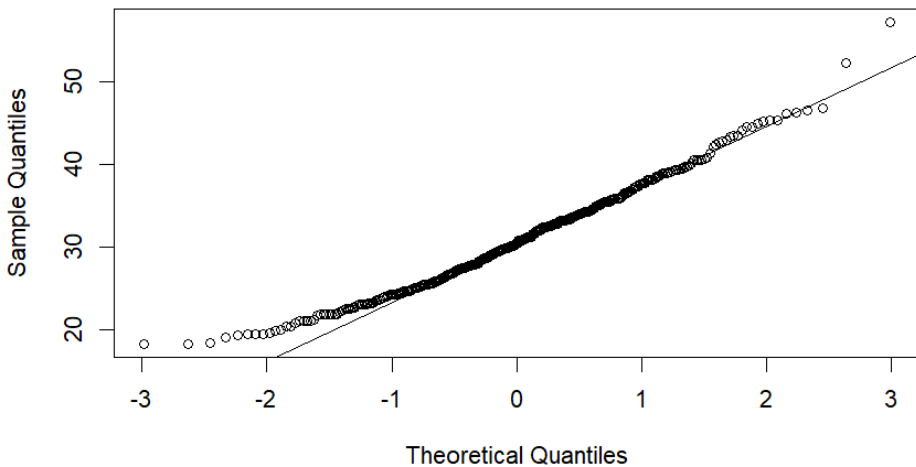


# Normality check: BMI



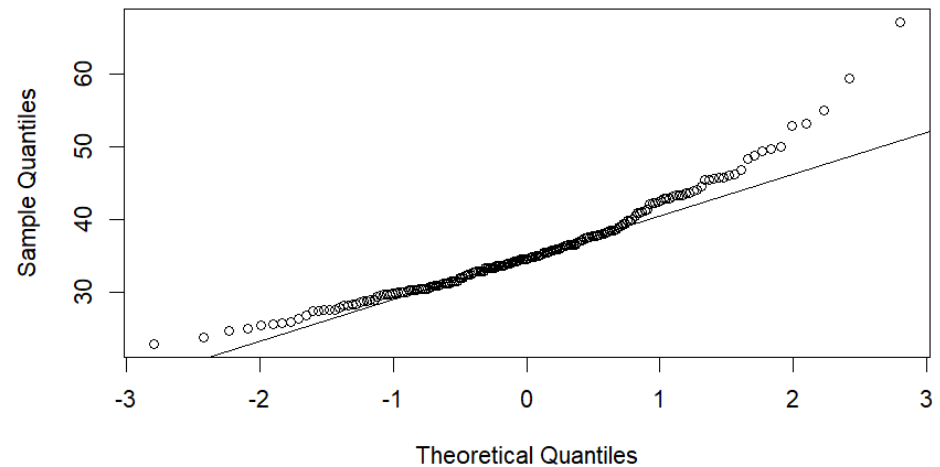
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Normal Q-Q Plot



'Outcome' class: 0

Normal Q-Q Plot



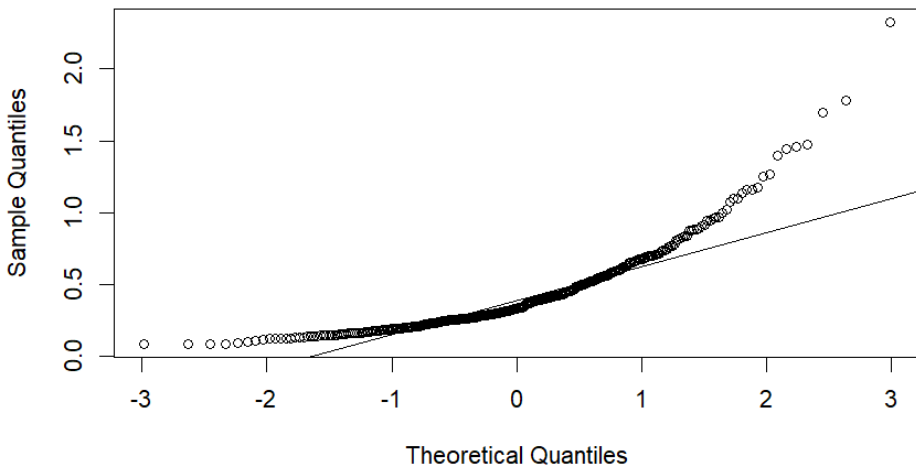
'Outcome' class: 1



# Normality check: DiabetesPedigreeFunction

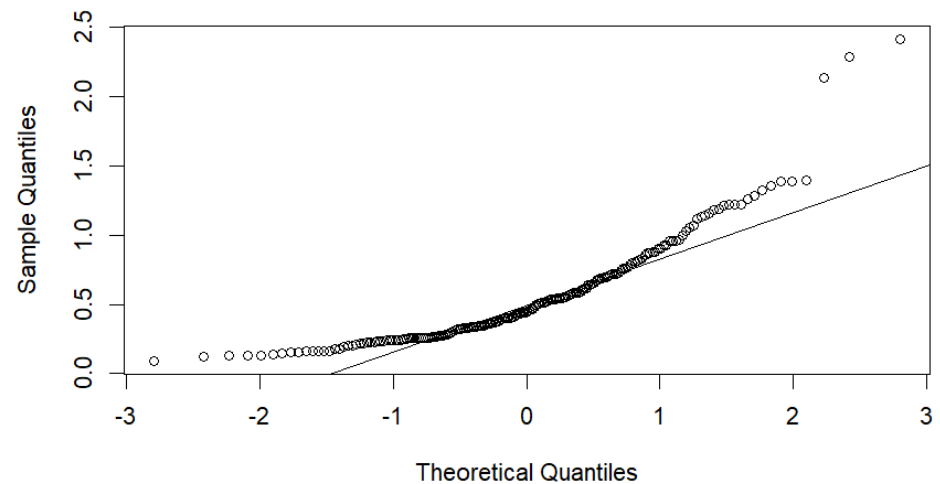


Normal Q-Q Plot



'Outcome' class: 0

Normal Q-Q Plot



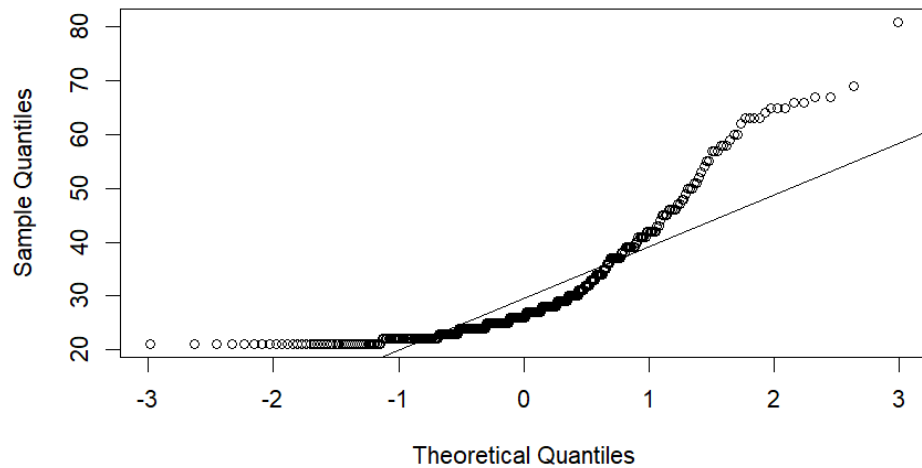
'Outcome' class: 1



# Normality check: Age

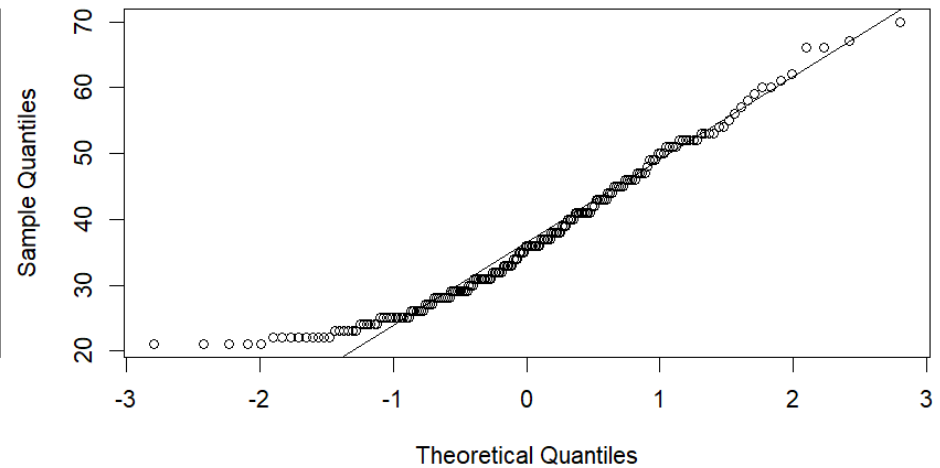


Normal Q-Q Plot



'Outcome' class: 0

Normal Q-Q Plot



'Outcome' class: 1

# Outliers Detection and Elimination



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Discriminant Analysis is affected by outliers, so it's needed a check to eliminate them:

| Predictors               | # outliers |
|--------------------------|------------|
| Pregnancies              | 2          |
| Glucose                  | 4          |
| BloodPressure            | 14         |
| Insulin                  | 26         |
| BMI                      | 6          |
| DiabetesPedigreeFunction | 29         |
| Age                      | 19         |

Dataset without outliers -> 467



# Linear Discriminant Analysis

Call:

```
lda(train_wo_out$Outcome ~ BloodPressure + BMI + Glucose + Insulin +  
    DiabetesPedigreeFunction + Pregnancies, data = train_wo_out,  
    family = "binomial")
```

Prior probabilities of groups:

```
      0      1  
0.6800895 0.3199105
```

Group means:

```
      BloodPressure      BMI  Glucose  Insulin DiabetesPedigreeFunction Pregnancies  
0      70.46711 30.71612 108.4408 56.46382      0.3918125      3.108553  
1      74.21678 34.64196 140.3846 77.30769      0.4689021      4.853147
```

Coefficients of linear discriminants:

```
              LD1  
BloodPressure -0.005937433  
BMI           0.062925192  
Glucose       0.032153287  
Insulin       -0.001353290  
DiabetesPedigreeFunction 1.094202832  
Pregnancies   0.121003859
```

| Metric      | Value    |
|-------------|----------|
| Accuracy    | 0.719780 |
| Sensitivity | 0.754386 |

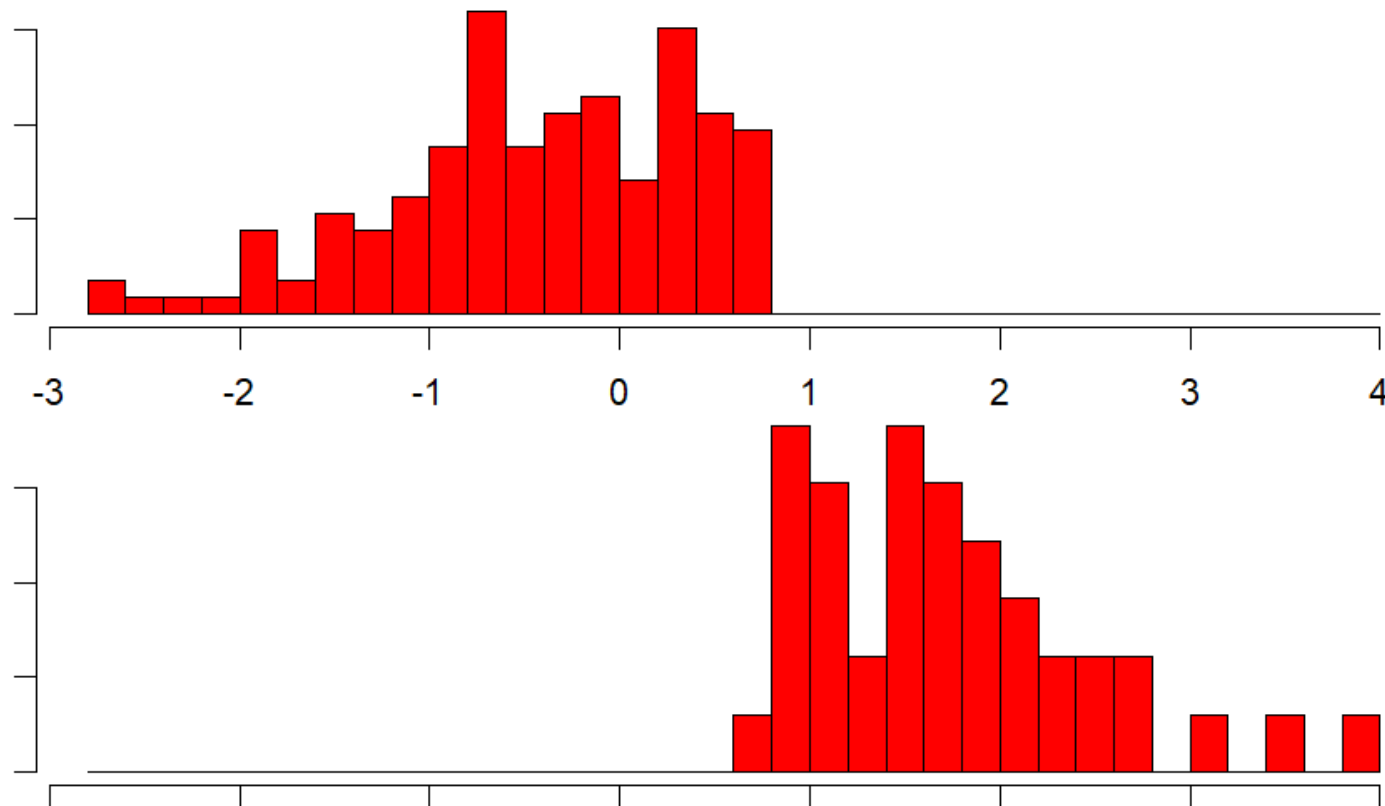


# Model predictions by Outcome classes



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**Model discrimination for Outcome classes**



# Quadratic Discriminant Analysis



Call:

```
qda(train_wo_out$Outcome ~ BloodPressure + BMI + Glucose + Insulin +  
    DiabetesPedigreeFunction + Pregnancies, data = train_wo_out,  
    family = "binomial")
```

Prior probabilities of groups:

```
      0      1  
0.6800895 0.3199105
```

Group means:

```
      BloodPressure      BMI  Glucose  Insulin DiabetesPedigreeFunction Pregnancies  
0      70.46711 30.71612 108.4408 56.46382      0.3918125      3.108553  
1      74.21678 34.64196 140.3846 77.30769      0.4689021      4.853147
```

| Metric      | Value     |
|-------------|-----------|
| Accuracy    | 0.6593407 |
| Sensitivity | 0.7017544 |

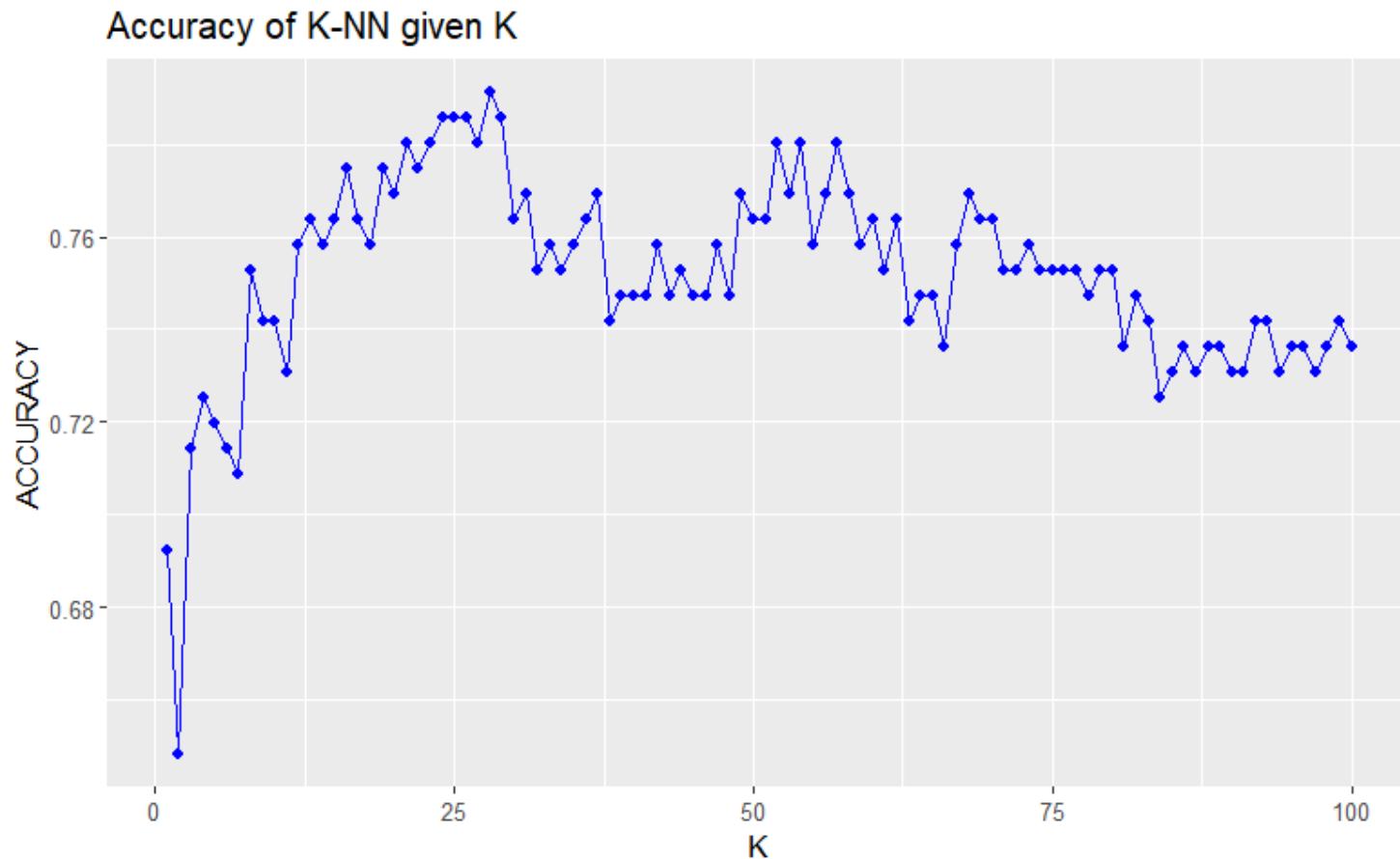


# K-NN: k for best accuracy



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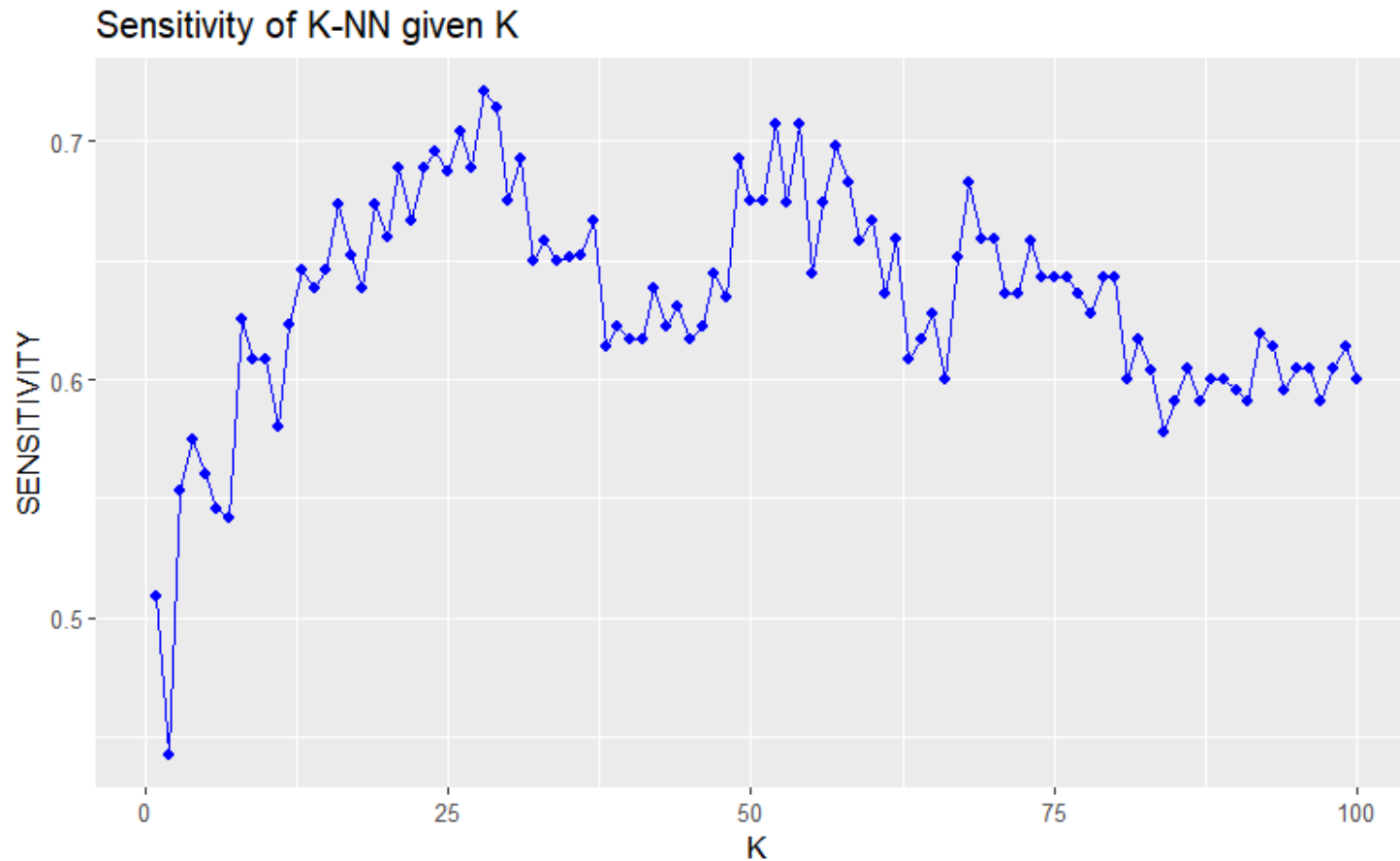
K=28 produces best accuracy: 0.7912



# K-NN: k for best sensitivity



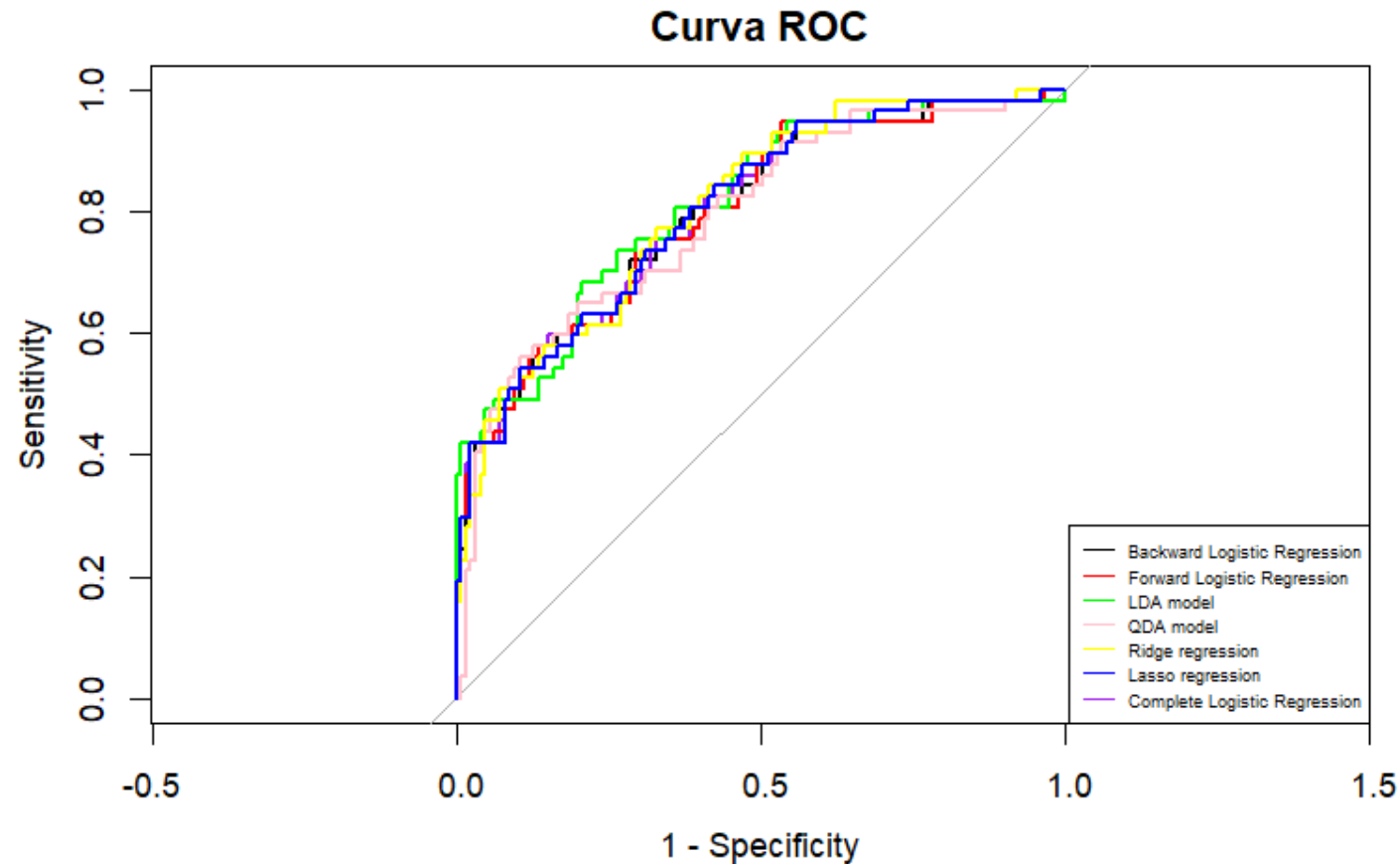
K=28 produces even best sensitivity: 0.7209



# Model comparison: ROC curve



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# Model Comparison: Metrics



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| Model                   | Accuracy | Sensitivity |
|-------------------------|----------|-------------|
| Complete Logistic Model | 0.6923   | 0.7368      |
| Backward Logistic Model | 0.6923   | 0.7368      |
| Forward Logistic Model  | 0.7143   | 0.7544      |
| Ridge Regression Model  | 0.6703   | 0.8246      |
| Lasso Regression Model  | 0.6868   | 0.7368      |
| LDA Model               | 0.7198   | 0.7544      |
| QDA Model               | 0.6593   | 0.7018      |
| 28- KNN                 | 0.7912   | 0.7209      |



In order to forecast diabetes in our target population, the main factors to be taken into account are:

- Genetics susceptibility
- Number of pregnancies
- BMI
- Glucose level