Expo setup guide (macOS)

1. This guide uses npm. Install it or find corresponding commands using the package manager of your choice.

2. npm install node
   OR GO TO: https://nodejs.org/en/ and install the latest stable version.

3. npm install watchman (for better performance, can do without)

4. npm install ruby (you can skip this if your "ruby --version" is 3.0.0 or later)

5. npm install react-native

6. npm i -g expo-cli

7. npm create-expo-app

8. expo start

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