



RULES IN TOUCH RUGBY

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BASIC RULED OF TOUCH RUGBY

- The ball must be passed backwards.
- A team has only six phrases (touches to score)
- The acting dummy half cannot score.
- Points are scored when the ball is grounded over the positions tryline. It is called "try" And with a point.



BASIC RULE OF THE GAME

- 6 players per team
- Unlimited Substitution
- Pass can only be sideways or backwards
- When a player with a ball is touch, that player must put the ball down and step over it.
- A teammate then will pick up the ball (half)
- On defense, when the player with the ball is touched, all the defensive player must go back 7 meters from where the touch is made or where the referee is
- If the half gets touched, it will result to a change over
- The offense has 6 touches to try and score a point. After 6 touches, it will be a change over





SUMMARY

You can only pass backwards- PENALTY: FORWARD PASS

If you get touched with the ball, you have to put the ball on the ground and step over it

Passing the ball after a touch- PENALTY: TOUCH AND PASS A teammate will pick up the ball, known as the half, should try to pass quickly because they are not allowed to get touched or score. If they are touched, it is a changeover. The team that makes the touch has to get back 7 meters before they can make another touch- PENALTY: OFFSIDE

After 6 TOUCHES to a team, there's a changeover.

The ball can't touch the ground. If it does, it's a changeover



THANK YOU