

### Tebulo Losankilapo Zinyalala

1. Mangani chingwe chanu mozungulira bini
2. Kokani mbali ina ya chingwe chomwe mwamangila bini kuti mukweze zomwe zili mu bin nkuzisiya kumapeto kwa tebulo kumene kuli kokwelelapo
3. Sanjani zinyalalazo m'magulu anayi osiyanasiyana: Zinyalala Zoti zikaotchedwe, Zinyalala zomwe zingasandutsidwe manyowa, Zitsulo ndi Mabatire, Komanso magalasi. Anthu angapo atha kusanja zinyalala nthawi imodzi, mbali zonse za tebulo.
4. Zigawozo zikadzadza, mukhoza kuzitsanulira/kuziika m'thumba

### Dzenje la Phulusa

1. Pa dzenje la phulusa, chotsani chivindikililo chachitsulo ndikusiya chomwe chili ndi waya wa nkhuu
2. Chotsani phulusa mu chowotchera zinyalala
3. Ponyani phulusa pa waya wa nkhuu
4. Ndi burashi, sefani zinyalala zilizonse zomwe sizikuyenera kusungidwa ndi phulusa, mwachitsanzo zitsulo, mabatire ndima mabotolo agalasi.
5. Sungani zinyalala zosefedwa ndikuziyika pambali

### Kuwotcha Zinyalala mu chootchela

1. Chotsani thireyi ya phulusa nditulutsa phulusa lomwe latsala
2. Phulusa likuyenera kusungidwa/kutaidwa mkati mwa dzenje la Phulusa (onani malangizo a dzenje la phulusa kuti mudziwe zambiri). Kenako, bwezeletsani thireyi la phulusa mu chootchela zinyalala.
3. Ngati zilipo, ikani zosonkhezela moto zamtundu wina uliwonse (zikhoza kukhala udzu, nkhuu) pansu pa chipinda choyamba choyaka moto. Ngati palibe, gwiritsani ntchito pulasitiki m'malo mwake. Yatsani moto pogwiritsa ntchito machesi
4. Pamene kutentha kwa chipinda choyamba choyaka moto kufika madigiri 100, mukhoza kuyika zinyalala kudzera pachitseko chotsegulila pamwamba.
5. Onetsetsani kuti zinyalala sizipita pamwamba pa mzerewu
6. Mukamatseka chitseko chapamwambacho, onetsetsani kuti mwaphimba mabowo onse amene angasefukila ndi mchenga kuti ziwotchedwe bwino
7. Kutentha kukakwana ma digiri 400, mutha kuwonjezera zinyalala zina. Osapitirira matumba atatu a zinyalala pa ola limodzi (1 Hour). Mukhozanso kusintha mlingo wa kaikidwe ka zinyalala poona utsi umene ukutuluka ku chimune.
8. Ngati mu chimune simukuluka utsi kapena chipewa cha chimuni sichikuzungulira, yang'anani gawo la kakonedwe ndi kasamalilidwe kuti mudziwe zambiri.
9. Mukamaliza, Lolani chowotchera kuti chizizire pang'onopang'ono kuyaka kukatha.

### Mbali yotenthesera madzi

1. Dzadzisani chi dramu ndi madzi

2. Lolani chootchela zinyalala chigwire ntchito yake ndikutenthetsa madzi ndipo madzi akuyenela kufunda mkati mwa mphindi 30 (makumi atatu)
3. Samalani kuti musakhudze mapaipe amkuwa (copper/kopa) pamene madzi akutentha
4. Tsegulani tabu imodzi kuti mupeze madzi ofunda

#### Kusamalila Chootchela Zinyalala

1. Tsukani thireyi ya phulusa pafupipafupi (onani gawo la dzenje la phulusa kuti mudziwe zambiri)
2. Yang'anani njerwa ndi simenti ngati zang'ambika
3. Konzani molowela nkutulukila mpweya, Onetsetsani kuti sanatseke ndipo kozanimu pogwiritsa ntchito burashi
4. Yang'anani pa chumuni ndi chipewa chake ngati chatsekeka, gwiritsani ntchito burashi kapena ndodo kuti mutsegule
5. Yang'anani chotenthetsera madzi kuti kuti chisakhale ndi mochucha : onjezerani zomatira pamene pakufunikila kutelo ndipo tsukanii ndi kusamala dramu.