

Does Urban Development Prevent Obesity?

by Kellen Bullock Oklahoma State University

Abstract:

Obesity has been a growing epidemic in the United States of America. Previous studies have found the causes to be complex but one aspect remains significantly influential, the environment. This study will be observing obesity rates in Allegheny County, PA. Using Census data, with parks and gym data collected from the Google Maps Platform Places API a least order squares regression will be constructed.

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Literature Review

Intro:

The United States of America has more Americans than ever are falling into the category of obese. Many studies have revealed that morbid obesity has been increasing in the past 20 to 30 years in the United States (Zang 2004; Ogden 2012; Sturm 2007). With obesity rate increasing and only predicted to further increase in the coming years (Zang 2004; Ogden 2012). With the rise of obesity, studies have shown this to be a growing problem in terms of cost of health care and financial strain on healthcare systems (Rosenberger 2005; McLaren 2007; Finkelstein 2010). Identifying environments that reduce obesity is key to implementing strategies to reduce this epidemic. The format of this review will address work performed on: what obesity is, how it is measured, how it is treated, formality of anti-obesogenic space and what geographic studies have done to attempt to measure causes.

To begin with, obesity is defined by the Center for Disease Control and Prevention as “Weight that is higher than what is considered as a healthy weight for a given height is described as overweight or obese” (CDC 2015). To further clarify, the human body is considered healthy when tissues are proportioned adequately.

For example, in the circumstance of obesity, an excess of adipose tissue (fat) and a scarcity of muscle tissue would make a person unhealthy.

Obesity is primarily measured by the Body Mass Index (BMI) (CDC 2015). Invented for screening purposes the measurement is based on height and weight squared (CDC 2015). Individuals who measure shorter and heavier fall under the category obesity as determined by the metric of 35. Multiple authors have claimed that this is not a good way of measuring obesity because of not directly observing how much adipose tissue is present (Eckel 2008; Adam 2007). The metric weight does not take into account the differences between muscle and adipose. Muscle is denser than adipose and in athletes who train frequently many of them can fall into the category of obese because of their weight. Generally, it has been used as a screening method over the past century and new measurements such as the body composition index BCI are beginning to replace it as the standard measurement. Now that obesity has been defined as individuals who have a higher weight than what is considered healthy weight.

Treatment and more background:

Next treatment of obesity has become frequent and wide spread the medical community has established a study known as bariatrics. Bariatric medical treatment is composed of three different broad fields that will be discussed in more detail further on in this review. Among them are dieting, surgery, physical activity. In many circumstances all are used in the treatment of obesity as shown in the literature (Ley 2007; Adam 2007; Kahn 2002; Eckel 2008;). What dieting and surgery have in common is they are covered by insurance where as physical activity is not (Rosenberger 2005).

Dieting is often the first step in altering the proportion of adipose tissue in a individual's body (Ley 2007; Eckel 2008). Now more so than ever high caloric food that a plentiful source of fats and carbohydrates is widely available (Ley 2007; Janiszewski Ross 2007). Where as lean protein has risen in price. These factors have lead to disproportioned diets that create obesity very frequently. Strategic dieting has shown to have significant effect on reducing an individual's adipose tissue with the addition of exercise. For the purposes of this review and to better refine the focus, dieting is acknowledged as large factor in influencing obesity but largely controlled by variables that are hard to measure such as choice.

Since dieting is often not enough to give an obese individual to change, gastric bypass surgery and Colorectal surgery have been used to drastically alter an obese individual's food intake and weight (Adam 2007; Courcoulas 2015; Gloy 2013). All papers say that these methods are extremely effective at altering a person's BMI (Adam 2007; Courcoulas 2015; Gloy 2013). In many of these circumstances these operations are covered by medical insurance because of their link to treating Type II diabetes. While there are positives to these methods, what has begun to come to light are the physiological effects. In article Long-Term Mortality after Gastric Bypass Surgery, have found that suicides rates are higher in individuals that have received this treatment as oppose to individuals who opted out (Adam 2007). This is not to say these people did not receive extremely good benefits from surgery, such as reduced cardio respiratory, diabetes, and cancer (Adam 2007). What I suspect is in some cases there a level of self perception trauma. The mean behind that is someone else had to change them, and they could not change themselves. Which leads to the next method that can provide the individual with the chance to shape themselves.

Physical activity has always been encouraged by physicians as a method of maintaining health (Kahn 2002; Janiszewski Ross 2007). Though encouraged by physicians, evidence for exercise alone having the desired effect of reducing body mass has mixed results (Eckel 2008, Hill Wyatt 2005). Changes in metabolic rates

and how the body manages adipose tissue occur at varying degrees(cite). In combinations with dieting, physical activity has been shown to make changes (Eckel 2008; Hill Wyatt 2005). What is often not acknowledged in the literature is where these activities take place. The environment that can treat obesity is very formal. This hold true for both the surgical procedures as well as physical activity. In a controlled environment and a space made for encouraging physical activity progress toward a healthy body weight can be achieved more feasibly.

Main body:

Formality of the environment is key to understanding the underlying causes of obesity is the relationship with spaces where physical activity occurs. Public and private parks and gyms offer spaces for leisure time to be used for physical activity. This is not to say physical activity does not occur within the residence of an individual but communities are generally healthier when there are more formal places to exercise. Since obesity is an epidemic identifying what the anti-obese environments are may shed more understanding on where it is and is not happening (Ding, Klaus 2012). Partly what all these papers have in common is that the closer these facilities are to the population the more likely people are to use them (Ding, Klaus 2012; Humpel 2002; Brown 2009; Swimburn 1999; Pitts 2013). This point is what most studies are lacking is the combination of both private and public facilities for people to partake in physical activity. More often these spaces are treated separately because of the differences between private gyms and public parks, as well as, the formality differences between the two. Gyms generally offer more equipment and specialized help for helping individuals with their weight goals. Parks on the other hand have limited equipment that is often more suited for children than adults.

When evaluating the literature regarding parks authors are almost always observing cardio type exercises (Wolch 2011; Blanck 2012; Gies 2006). Walking, running, and bicycling are among the most common ways of engaging in physical activity in parks (Wolch 2011; Blanck 2012; Gies 2006). Since obesity does involve lifestyle choices people participating in physical activity these places offer a way to prevent obesity. Cardio exercise has easy entry for many people because of its ties to everyday life, such as walking. However, treatment of obesity often requires more aggressive and structured methods that have a higher skill level required of the participant. What has been shown is that areas with higher density of gyms encourage more physical activity and reduce obesity rate (Pitts 2013). This possible is a result of more specialized training that gyms may offer.

Gyms offer a more controlled environment that allow for mixed and high specialized methods of physical activity. Such as swimming, and weight bearing exercises. specialized activities such as swimming and weight lifting are much harder to enter because of their requirement of background skills to be an effective way of changing body composition (Eckel2008; Janiszewski 2007). This these skills are not free though. Pricing and variation of service often deters many who aspect that makes gyms often not ideal for a treatment of obesity is the variation in pricing (Evans 2013). What has been shown is that areas with higher density of gyms encourage more physical activity and reduce obesity rate (Pitts 2013).

Many studies have been done on how socio economic activity effects obesity rates. What the authors of (Abercrombie 2008), that recreation facilities in lower income and high minority neighborhoods was not found. A similar finding was in (Zhang 2004), that over time correlation has weakened between income and obesity. Both of these studies are saying that income is become less of an impact on obesity but obesity is still increasing. Also what is becoming evident is that going to a privately owned gym is become a more likely option for receiving treatment.

Due to the complexity of the problem that is obesity many geographic studies have faced numerous challenges collecting obesity data, scaling problems, and variable. These are classic geographic problems but within the ethical guidelines of Health Insurance Portability and Accountability Act (HIPAA) keeping individuals aggregate is the most sensible thing. Differences in scaling causes issues with repeatability of methods in different locations as well as validity issues. Determining where and what constitutes as space where people can be physically active is also a overwhelming task. At the finest scale almost any space can be used for physical activity. This causes the need for aggregation which could be hiding underlying factors.

Collecting data on obesity has primarily been done and established by the CDC. What the CDC does is not reveal individuals because county level of scale they are collecting at. Issues with this are often a result of not seeing enough of the picture to know what is going on. County level data does not show how parks for facilities in local environments effect the population.

The body of work concerning how obesity is effected by space occurs a variety of scales and usually urban to suburban areas (Ding 2012; Gordon-Larsen 2006; Rosenberger 2005; Swinburn 1999; Brownson 2009). A clear problem with this is repeatability of experimentation. The underlying issue with this is data collect on obesity rates without violating privacy ethics. The finer the scale the larger this problem becomes. Ding and company have found that different scales offer different challenges for determining variables (Ding 2012). For example, when observing the neighborhood level sidewalks are usually evaluated. Where as, at the Census Tract scale they would be too fine of scale to include in the study.

Setting what variables should be evaluated has also been an issue of great debate among studies that evaluate how the environment effects obesity. The key to this problem from what both of these reviews have found is the lack of concrete definition between place and study area (Ding 2012).

Conclusion:

To better understand anti-obesogenic environments as revealed by the pervious studies mentioned, emphasis placed on the formal space, the scale, and the independent variables needs to be included in research. This can be done with the inclusion of private businesses done with public parks in a regressive study. The aims of this study are to present those results.

MetaData for Obesity Data

Module Imports

Modules are packages made in the Python language. Modules are packaged functions that can be called from files to perform calculations. These modules have been downloaded from the open source python distribution known as Anaconda. Anaconda is the leading data science for machine learning and data science for the languages R, and Python.

The following modules were used from the python distribution known as the Anaconda distribution: Pandas to tabulate data, Numpy to tabulate data, Matplotlib and pyplot to produce visuals, Geopandas to map, scipy and scikit-learn to perform the regression analysis.

In [79]:

```
import numpy as np
import pandas as pd
from pandas import DataFrame
import os
import matplotlib.pyplot as plt
import geopandas
from geopandas import GeoDataFrame
import fiona
from scipy import stats
from scipy.stats import kurtosis
from scipy.stats import skew

pd.set_option('display.max_rows', 5)
pd.set_option('display.max_columns', 5)
pd.set_option('display.width', 10)
```

In [80]:

```
data = pd.read_csv('Obesity_Data.csv')
data = data.rename(columns = {'2000 Tract': 'Tract_Num'})
```

This data contains obesity rates at the tract scale. Looking at the Neighborhood names and compared to the tract numbers each tract as a unique number but it can have multiple of the same neighborhood names.

My Plan is to join this table with a tracts shapefile from the year 2000. On the field 2000 Tract which I will end up renaming to something easier.

In [81]:

```
data
```

Out[81]:

	stname	GEOID	...	City Neighborhood	2006-2010 estimate of obesity
0	Pennsylvania	42003010300	...	Bluff	0.246936
1	Pennsylvania	42003020100	...	Central Business District	0.668012
...
414	Pennsylvania	42003981800	...	Lincoln-Lemington-Belmar	0.574293
415	Pennsylvania	42003982200	...	North Oakland	0.138806

416 rows × 8 columns

Tract Validation in both tables

Just confirming that this tract exist becuase in the other table it does too but loses gemoetry in the data_plot map.

In [82]:

```
data.loc[data['Tract_Num'] == 151500]
```

Out[82]:

	stname	GEOID	...	City Neighborhood	2006-2010 estimate of obesity
59	Pennsylvania	42003151500	...	Hazelwood	0.399853

1 rows × 8 columns

Duplicate Check

As seen by the test to ensure we do not have duplicate records. This code shows the dataframe without any dulicpates. If there were duplicates there what you would see is True. <https://pandas.pydata.org/pandas-docs/stable/reference/api/pandas.DataFrame.duplicated.html> (<https://pandas.pydata.org/pandas-docs/stable/reference/api/pandas.DataFrame.duplicated.html>)

In [83]:

```
data.duplicated('Tract_Num')
```

Out[83]:

```
0      False
1      False
...
414    False
415    False
Length: 416, dtype: bool
```

Geopandas Module to visualize data

Here we have the Allegheny shapefile for county tracts set for the year 2016. This shapefile was made by the Allegheny county gis comission. I have been having issues with using this file I think I should create a Allegheny tracts shapefile based on the 2000 cencus. <http://geopandas.org>(<http://geopandas.org>)

In [84]:

```
study_area = geopandas.read_file('All_Tracts/2000_Tracts/tl_2010_42003_tract00.s
hp')
#study_area = geopandas.read_file('All_Tracts/2016 Tracts/Allegheny_County_Censu
s_Tracts_2016.shp')
#study_area = geopandas.read_file(geopandas.datasets.get_path('Allegheny_County_
Census_Tracts_2016.shp'))
study_area = study_area.rename(columns={'TRACTCE00': 'Tract_Num'})
study_area.head()
```

Out[84]:

	STATEFP00	COUNTYFP00	...	INTPTLON00	geometry
0	42	003	...	-079.8210570	POLYGON ((-79.817899 40.416443, -79.81759 40.4...
1	42	003	...	-079.8102282	POLYGON ((-79.814165 40.389742, -79.8142479999...
2	42	003	...	-079.8072431	POLYGON ((-79.81406699999999 40.383586, -79.81...
3	42	003	...	-079.7856771	POLYGON ((-79.795081 40.39221, -79.79525699999...
4	42	003	...	-079.7702632	POLYGON ((-79.766164 40.383842, -79.766178 40....

5 rows × 13 columns

Quick visual of the tracts in the county

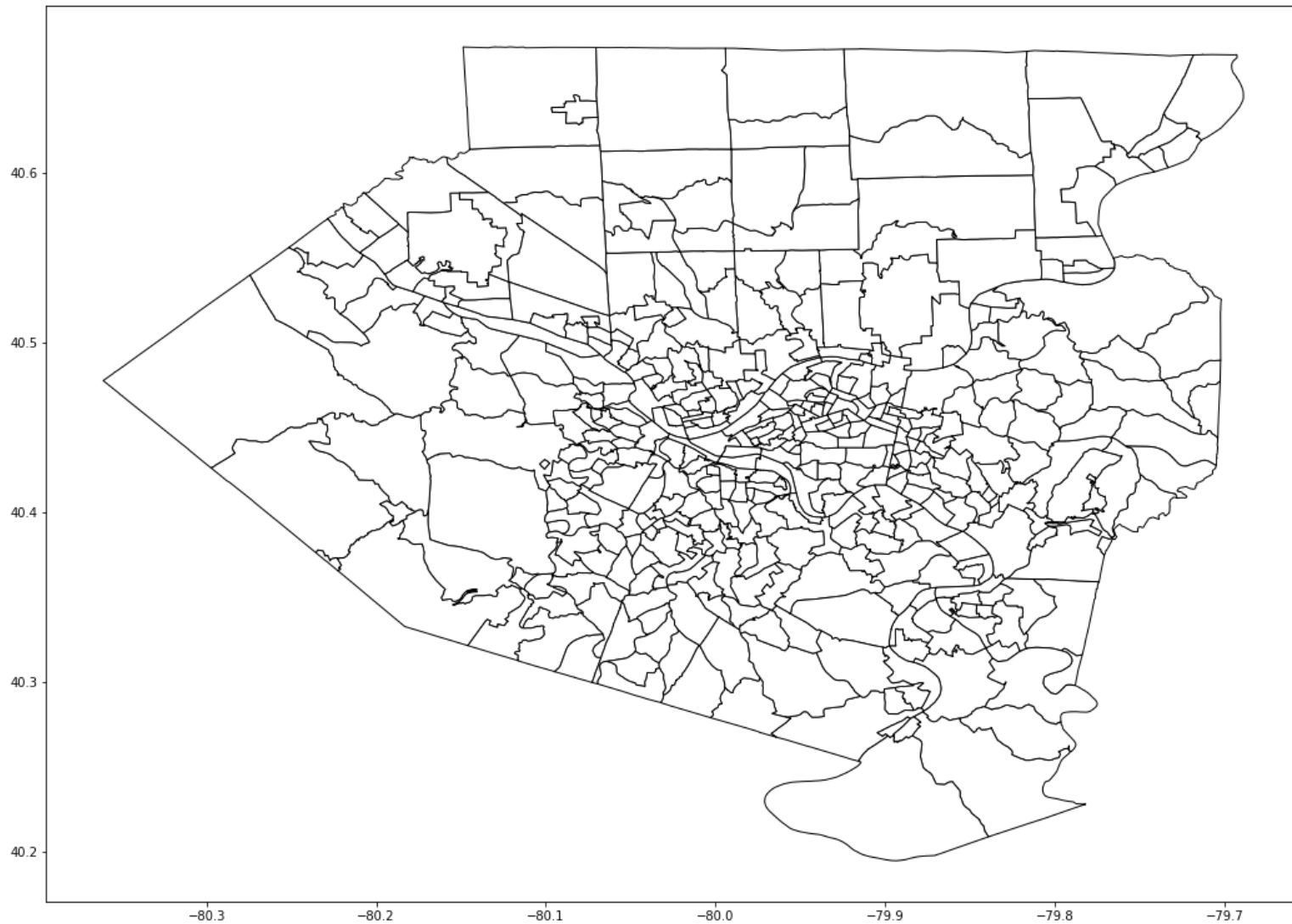
This does not show any missing tracts or incomplete polygons.

In [85]:

```
study_area.plot(color =('white'),figsize=(18,14),edgecolor=('black'))
```

Out[85]:

```
<matplotlib.axes._subplots.AxesSubplot at 0x1a318f6a58>
```



First Merge between data and study_area to make data_plot.

This code is casting the Tract_Num variable into an integer so it can be joined with the obesity data file.

```
study_area['Tract_Num'] = study_area['Tract_Num'].astype(int) data['Tract_Num'] = data['Tract_Num'].astype(int)
```

Then I use the merge method from pandas.

To join files in pandas the methods merge, join, and concat(concatenation) are made available. The differences are listed in the documentation but the reason why I used merge here instead of join is because of the issues I was having with the duplicates in the obesity dataset. Below are the parameters for merge.

```
pd.merge(left, right, how='inner', on=None, left_on=None, right_on=None, left_index=False, right_index=False, sort=True, suffixes=('_x', '_y'), copy=True, indicator=False, validate=None)
```

```
pd.merge(left, right, on='B', how='outer', validate="one_to_many")
```

Converting types to match up for the merge

```
df['year']=df['year'].astype(int)
```

I also did some clean up here to make the table nicer to look at. I dropped some columns as indicated by the drop function and renamed 006-2010 estimate of obesity to obesity for quality of life.

Methodology

In Obesity is inversely related to the physical environment, the authors choose to use data at the county level and a website that stored facility data at the county level (Pitt 2013). Here I am doing exactly that but at the Census tract scale. Below is a visualization of obesity rates in Allegheny County. Unlike Pitts study I choose to use an unclassified scheme to map the data. The advantage to doing this is there are not outliers the numbers just tell the story like it is.

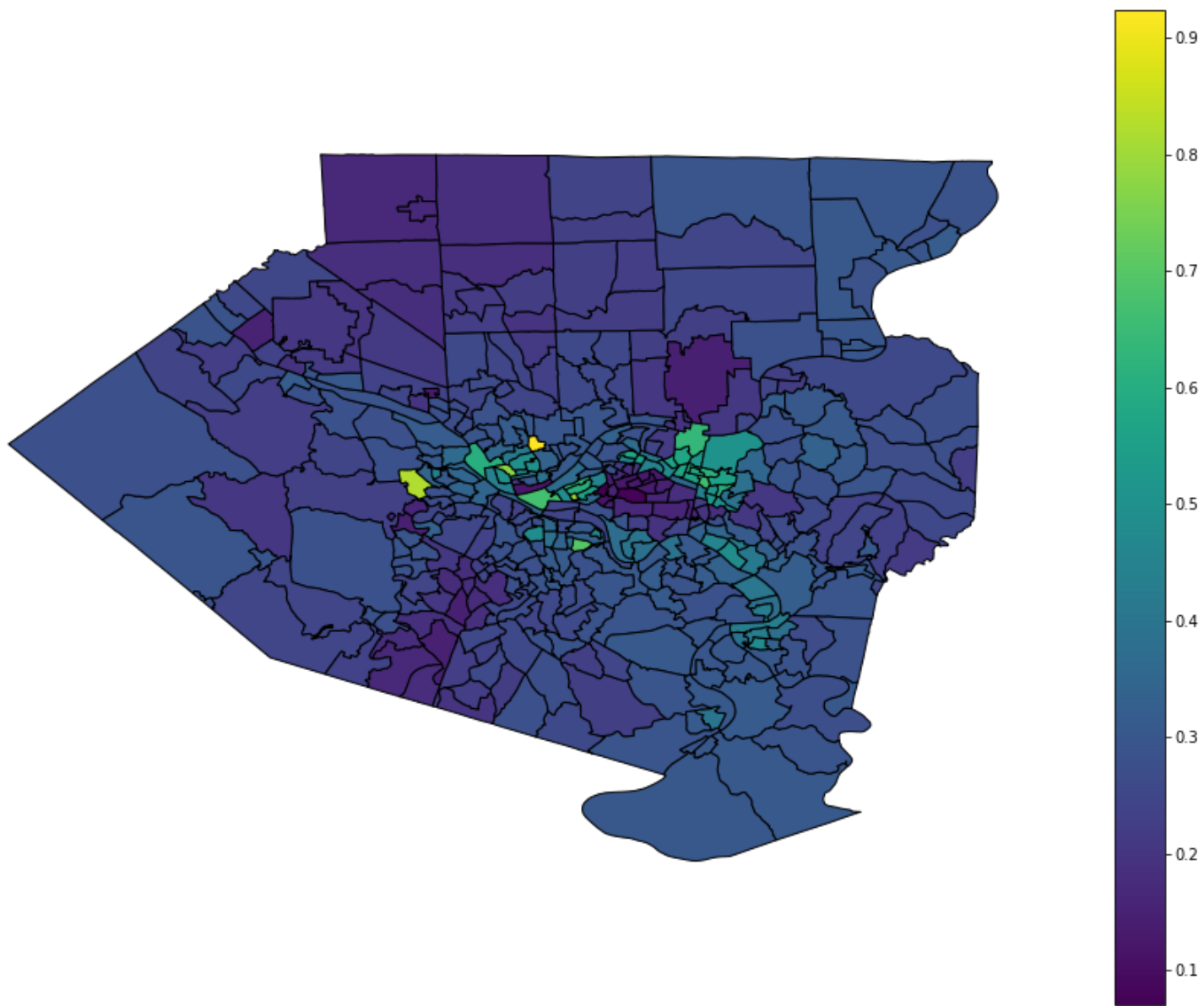
In [86]:

```
study_area['Tract_Num'] = study_area['Tract_Num'].astype(int)
data['Tract_Num'] = data['Tract_Num'].astype(int)

data_plot = pd.merge(study_area, data, on='Tract_Num')
data_plot = data_plot.rename(columns = {'2006-2010 estimate of obesity': 'Obesity'})
#data_plot = data_plot.drop(['stname', 'GEOID_x', '2010 Tract', 'MUNICIPALITY', 'Municipality', 'FID', 'STATEFP', 'COUNTYFP', 'AFFGEOID', 'GEOID_y', 'LSAD', 'ALAND', 'AWATER', 'Shape__Are', 'Shape__Len'], axis=1)
#data_plot.to_csv('Joined.csv')
#data_plot = data_plot.dropna(subset=['geometry'])
#data_plot = GeoDataFrame(data_plot, geometry=data['geometry'])

f, ax = plt.subplots(1, figsize=(16,12))
ax = data_plot.plot(axes=ax, column='Obesity', edgecolor='black', legend=True)
ax.set_axis_off()
f.suptitle('Map 2')
lims = plt.axis('equal')
plt.show()
```

Map 2



Map 2

Above is the an unclassified scheme distribution of obesity rates throughout the tracts of Allengheny County PA. Contributions to styling and design: http://darribas.org/gds15/content/labs/lab_03.html (http://darribas.org/gds15/content/labs/lab_03.html).

Attribute table for Map 2

In [87]:

data_plot

Out[87]:

	STATEFP00	COUNTYFP00	...	City Neighborhood	Obesity
0	42	003	...	NaN	0.287971
1	42	003	...	NaN	0.299366
...
414	42	003	...	NaN	0.260487
415	42	003	...	NaN	0.302539

416 rows × 20 columns

Parks and Gyms Data collection

Google Maps Platform to gather point, name, and gym type information.

The modules that are needed to do this are googlemaps to access the API. Pretty print so I can use python to extract information from the json file that will be downloaded. Time is so I can delay the code to produce the next page. Key is a method I developed to keep my API key to google unseen.

Source: <https://developers.google.com/places/web-service/intro>
(<https://developers.google.com/places/web-service/intro>)

To obtain the point data for gyms and parks the Google Places API was queried for results at the 40.440174, -79.996307 latitude longitude in a 20 kilometer radius. The API produced a json file that was processed into shapefiles. This processing was performed using for loops in the standard python library. Each json file was iterated over 4 times to obtain the following information: geometry by latitude and longitude, names of both the parks and gyms, and place ID a code used by google to index all locations.

In [88]:

```
import googlemaps
import pprint
import time
from Key import GetKey

gmaps = googlemaps.Client(key = GetKey())

#places_result = gmaps.places_nearby(location = '40.440174,-79.996307', radius =
20000, open_now = False, type = 'gym')
#time.sleep(3)
#places_result = gmaps.places_nearby(page_token = places_result['next_page_token
'])

#pprint.pprint(places_result)
```

Next idea: For loop through the dictionary and attempt to snatch up: geometry, location lat longs name place_id One I get it out into variables then maybe I can put it into a dataframe.

Okay here is me for loop going through an extracting all of the place ids. Since I can do this I can definitely harvest lat longs and gym names. (I might hold off on gym names and run a place details instead.

In [89]:

```
for place in places_result['results']:
    #making a variable for place id
    my_place_id = place['place_id']
    print(my_place_id)
```

```
-----
-----
NameError                                Traceback (most recent call
last)
```

```
<ipython-input-89-a32a61a64035> in <module>
----> 1 for place in places_result['results']:
      2     #making a variable for place id
      3     my_place_id = place['place_id']
      4     print(my_place_id)
```

NameError: name 'places_result' is not defined

Below I have printed out the lat and longs for the points, but this is a lot more than what I wanted. I need to figure out how to go down one more layer in the dictionaries.

Here is an example of how to access the elements of nested dictionaries: `people = {1: {'name': 'John', 'age': '27', 'sex': 'Male'}, 2: {'name': 'Marie', 'age': '22', 'sex': 'Female'}}`

```
print(people[1]['name']) print(people[1]['age']) print(people[1]['sex'])
```

Incase I mess up: `for place in places_result['results']:`

```
#making a variable for lat
lat = place['geometry']
print(lat)
```

Latitude

In [90]:

```
for place in places_result['results']:
    #making a variable for lat
    lat = place['geometry']['location']['lat']
    print(lat)
```


NameError Traceback (most recent call
last)

<ipython-input-90-9e558d466dca> in <module>

```
----> 1 for place in places_result['results']:
      2     #making a variable for lat
      3     lat = place['geometry']['location']['lat']
      4     print(lat)
```

NameError: name 'places_result' is not defined

Longitude

In [91]:

```
for place in places_result['results']:
    #making a variable for lat
    long = place['geometry']['location']['lng']
    print(long)
```

```
-----
-----
NameError                                Traceback (most recent call last)
```

```
<ipython-input-91-ca4254284c85> in <module>
```

```
----> 1 for place in places_result['results']:
      2     #making a variable for lat
      3     long = place['geometry']['location']['lng']
      4     print(long)
```

```
NameError: name 'places_result' is not defined
```

Name?

In [92]:

```
for place in places_result['results']:
    #making a variable for lat
    name = place['name']
    print(name)
```

```
-----
-----
NameError                                Traceback (most recent call last)
```

```
<ipython-input-92-ab2b88f1e999> in <module>
```

```
----> 1 for place in places_result['results']:
      2     #making a variable for lat
      3     name = place['name']
      4     print(name)
```

```
NameError: name 'places_result' is not defined
```

Creating the geometry field for geopandas

https://geopandas.readthedocs.io/en/latest/gallery/create_geopandas_from_pandas.html
(https://geopandas.readthedocs.io/en/latest/gallery/create_geopandas_from_pandas.html)

I used the shapely tool set to help set the geometry for the points.

Gym GeoDataFrame

This GeoDataFrame was used to hold the data for the gym points extracted from the Google Maps Platform. Detailed below the Gym_Points file is read into the GeoDataFrame. The Coordinates column is then formmated into the correct layout for GeoPandas to read.

In [93]:

```
from shapely.geometry import Point

gyms = pd.read_excel('Gym_Points.xlsx')
gyms['Coordinates'] = list(zip(gyms.Long, gyms.Lat))
gyms['Coordinates'] = gyms['Coordinates'].apply(Point)
gyms = GeoDataFrame(gyms, crs={'init': 'epsg:4269'}, geometry='Coordinates')
type(gyms)
gyms.head()
```

Out[93]:

	Gym_Name	Lat	Long	Coordinates
0	Amazing Yoga	40.451034	-79.935016	POINT (-79.9350163 40.4510345)
1	Town Place Fitness	40.440750	-80.003872	POINT (-80.0038716 40.4407503)
2	Fitness Factory	40.458515	-79.925384	POINT (-79.92538399999999 40.458515)
3	GreenTree SportsPlex	40.420343	-80.058117	POINT (-80.05811679999999 40.420343)
4	Ice Castle Arena	40.366207	-80.026361	POINT (-80.02636129999991 40.3662067)

Saving layer out to shapefile:

In [13]:

```
gyms.to_file('ShapeFiles/Gyms/gyms.shp')
```

Park Data

In []:

```
gmaps = googlemaps.Client(key = GetKey())

places_result = gmaps.places_nearby(location = '40.440174,-79.996307', radius =
20000, open_now = False, type = 'park')
time.sleep(3)
places_result = gmaps.places_nearby(page_token = places_result['next_page_token'
])

pprint.pprint(places_result)
```

Place ID

In []:

```
#appendfile = open('Parks_points.xlsx', 'a')
for place in places_result['results']:
    #making a variable for place id
    my_place_id = place['place_id']
    print(my_place_id)
```

Name

In []:

```
for place in places_result['results']:
    #making a variable for lat
    name = place['name']
    print(name)
```

Lat

In []:

```
for place in places_result['results']:
    #making a variable for lat
    lat = place['geometry']['location']['lat']
    print(lat)
```

Long

In []:

```
for place in places_result['results']:
    #making a variable for lat
    long = place['geometry']['location']['lng']
    print(long)
```

Parks GeoDataFrame

In [94]:

```
parks = pd.read_excel('Park_Points.xlsx')
parks = parks.dropna()
parks['Coordinates_p'] = list(zip(parks.Long, parks.Lat))
parks['Coordinates_p'] = parks['Coordinates_p'].apply(Point)
parks = GeoDataFrame(parks, crs={'init': 'epsg:4269'}, geometry='Coordinates_p')
parks.head()
```

Out[94]:

	Name	Lat	Long	Coordinates_p
0	Phipps Conservatory and Botanical Gardens	40.439197	-79.9474	POINT (-79.9473787 40.4391973)
1	Gateway Center Park	40.440537	-80.0055	POINT (-80.0054548 40.4405366999999)
2	Pittsburgh Parks Conservancy	40.429858	-79.9726	POINT (-79.97261519999989 40.429858)
3	Schenley Park	40.434849	-79.9425	POINT (-79.9424885999999 40.4348492)
4	Point State Park	40.441572	-80.0079	POINT (-80.00785379999991 40.4415719)

Saving layer out to shapefile:

In [403]:

```
parks.to_file(filename='ShapeFiles/Parks/parks.shp')
```

Map with combined layers

Methodology

This step was done to address facility deserts found in a study done "Neighbourhood deprivation and the cost of accessing gyms and fitness centres: National study in Wales"(Evans 2013). While their study did do a nearest neighbor analysis I do not think that would be worth wild here because of the small size of this data and the clustering in urban areas.

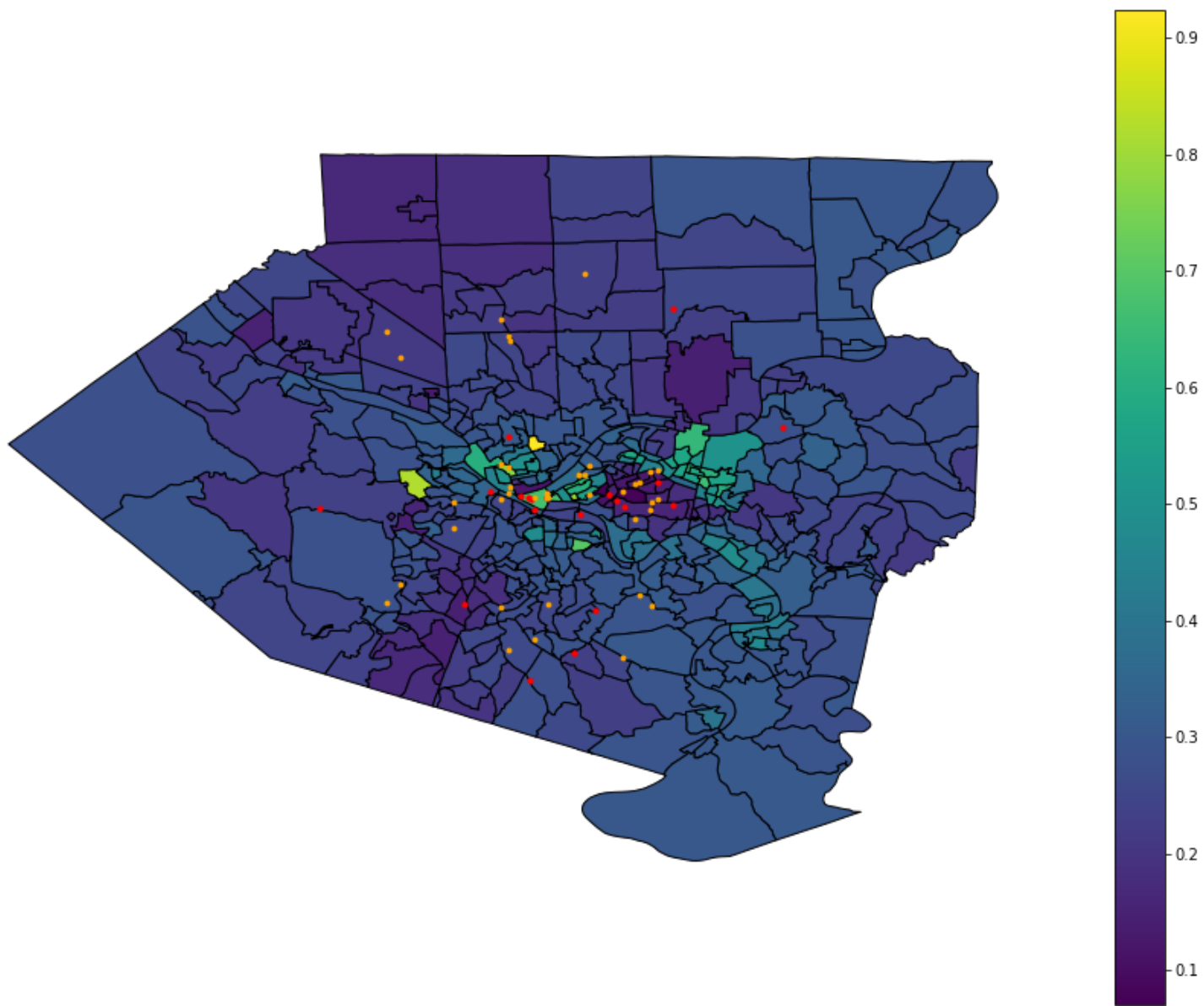
Below is **map 3**. This displays

Orange points are gyms. Red points are parks.

In [13]:

```
f, ax = plt.subplots(1, figsize=(16,12))
ax = data_plot.plot(axes=ax, column='Obesity',edgecolor=('black'), legend=(True)
)
parks.plot(ax=ax, marker='o', color='red', markersize=8)
gyms.plot(ax=ax, marker='o', color='Orange', markersize=8)
ax.set_axis_off()
f.suptitle('Map 3')
lims = plt.axis('equal')
plt.show()
```

```
/anaconda3/lib/python3.6/site-packages/geopandas/plotting.py:385: FutureWarning: 'axes' is deprecated, please use 'ax' instead (for consistency with pandas)
  "(for consistency with pandas)", FutureWarning)
```



Checking coordinate systems with crs

In [14]:

```
print(data_plot.crs)

{'init': 'epsg:4269'}
```

In [15]:

```
print(parks.crs)

{'init': 'epsg:4269'}
```

In [16]:

```
print(gyms.crs)

{'init': 'epsg:4269'}
```

Spatial Joins

This is the documentation for how to do a spaital join

geopandas.sjoin(left_df, right_df, how='inner', op='intersects', lsuffix='left', rsuffix='right') Because this function is reseting the dataframe to behave like a panadas dataframe I needed to reset the geometry to make it a geodataframe again.

Join instructions and workflow:

Spaital join gyms to data_plot

spatial join parks to data_plot

group by(like what you did down there) apply to

merge data_plots to demographic data

In [95]:

```
joined_park = geopandas.sjoin(parks, data_plot, how='right', op = 'intersects')
joined_park
```

Out[95]:

	index_left	Name	...	City Neighborhood	Obesity
index_right					
88	0.0	Phipps Conservatory and Botanical Gardens	...	Squirrel Hill South	0.164996
88	3.0	Schenley Park	...	Squirrel Hill South	0.164996
...
414	NaN	NaN	...	NaN	0.260487
415	NaN	NaN	...	NaN	0.302539

440 rows × 24 columns

In [96]:

```
joined_gyms = geopandas.sjoin(gyms, data_plot, how='right', op = 'intersects')
joined_gyms
```

Out[96]:

	index_left	Gym_Name	...	City Neighborhood	Obesity
index_right					
256	0.0	Amazing Yoga	...	Shadyside	0.128451
256	16.0	X Shadyside	...	Shadyside	0.128451
...
414	NaN	NaN	...	NaN	0.260487
415	NaN	NaN	...	NaN	0.302539

427 rows × 24 columns

Census Data Merge

The Census data contains demographic information such as age, race, and physical environmental variables. The Census data will be merged to data_plot. To reiterate the data_plot GeoDataFrame is the shapefile that contains the information on Allegheny county tracts.

- The demo variable will be used as the storage container for the Census Data.
- The column GEOID10 will be converted to GEOID to enable the merge to occur.
- Demo will be merged to data_plot using the right parameter to preserve the index of data_plots.
- The final GeoDataFrame will be created and the index column will be renamed to Key.

In [97]:

```
demo = geopandas.read_file('All_Tracts/2010_Tracts/Tract_2010Census_DP1.shp')
```

In [98]:

```
demo = demo.rename(columns={'GEOID10': 'GEOID'})
demo['GEOID'] = demo['GEOID'].astype(int)
#join_2['GEOID'] = join_2['GEOID'].astype(int)
```

In [99]:

```
final = demo.merge(data_plot, how='right', on = 'GEOID')
#final = final.reset_index()
#final = final.drop(columns={'index_right','index_left'})
#final = GeoDataFrame(final, crs={'init':'epsg:4269'}, geometry='geometry_x')
final.index.name = 'Key'
final
```

Out[99]:

	GEOID	NAMELSAD10	...	City Neighborhood	Obesity
Key					
0	42003560500	Census Tract 5605	...	NaN	0.224347
1	42003560400	Census Tract 5604	...	NaN	0.437485
...
414	42003151500	NaN	...	Hazelwood	0.399853
415	42003453001	NaN	...	NaN	0.205551

416 rows × 214 columns

In [22]:

```
final.to_excel('Final_DataFrame.xlsx')
```

In [23]:

```
final = GeoDataFrame(final, crs={'init':'epsg:4269'}, geometry='geometry_y')
```

In [24]:

```
final.plot(column=('DP0010001'), edgecolor='black', scheme='equal_interval', fig
size=(16,10),legend=True)
```

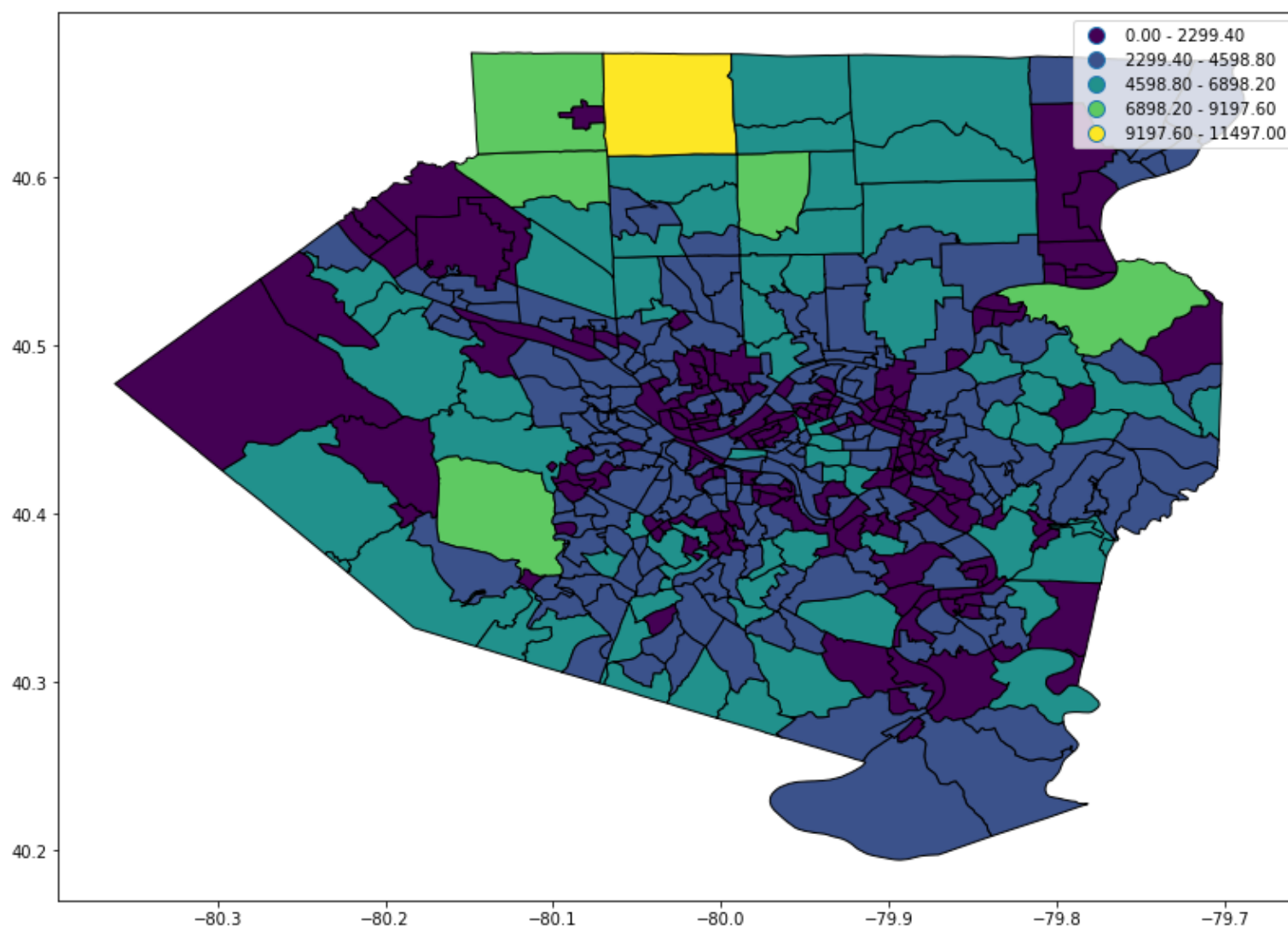


```
/anaconda3/lib/python3.6/site-packages/pysal/__init__.py:65: Visible
DeprecationWarning: PySAL's API will be changed on 2018-12-31. The l
ast release made with this API is version 1.14.4. A preview of the n
ext API version is provided in the `pysal` 2.0 prelease candidate. T
he API changes and a guide on how to change imports is provided at h
ttps://pysal.org/about
```

```
), VisibleDeprecationWarning)
/anaconda3/lib/python3.6/site-packages/pysal/esda/mapclassify.py:267
: RuntimeWarning: invalid value encountered in greater
    binIds += (x > l) * (x <= r) * k
/anaconda3/lib/python3.6/site-packages/pysal/esda/mapclassify.py:267
: RuntimeWarning: invalid value encountered in less_equal
    binIds += (x > l) * (x <= r) * k
/anaconda3/lib/python3.6/site-packages/numpy/lib/function_base.py:32
50: RuntimeWarning: Invalid value encountered in median
    r = func(a, **kwargs)
```

Out[24]:

<matplotlib.axes._subplots.AxesSubplot at 0x1a2c8a4390>



Transform of Gyms and Parks from cataogrical to numerical

Since parks and gyms have been spaially joined into dataset I can now run a function to convert the count of gyms and parks into a measurment of desnity. What that would look like is gyms/persons and parks/person.

Why am I using population? I am making an assumption that people that live closer to the facility are the ones that best represent the relationship in the tract to the facitliy.

Steps:

- 1. Select the column (either parks or gyms)
- 2. Add a new column called either gym_num or park_num and count the number of gyms per tract
- 3. Perform a (park per tract/ population) * 100 function for a new column called Park-Pop_Density
- 4. Perform a (gym per tract / population) * 100 calculation on a new column called Gym-Pop_Density

In [100]:

```
#joined_park.groupby( 'GEOID' )[ 'Name' ].count( )
temp_parks = DataFrame( {'park_num': joined_park.groupby( 'GEOID' )[ 'Name' ].count( )
}).reset_index( )
temp_parks
```

Out[100]:

	GEOID	park_num
0	42003010300	0
1	42003020100	8
...
388	42003981800	0
389	42003982200	0

390 rows × 2 columns

In [101]:

```
temp_parks['GEOID'] = temp_parks["GEOID"].astype(int)
final = final.merge(temp_parks, on = 'GEOID', how = 'left')
final
```

Out[101]:

	GEOID	NAMELSAD10	...	Obesity	park_num
0	42003560500	Census Tract 5605	...	0.224347	0
1	42003560400	Census Tract 5604	...	0.437485	0
...
414	42003151500	NaN	...	0.399853	0
415	42003453001	NaN	...	0.205551	0

416 rows × 215 columns

In [102]:

```
temp_gyms = DataFrame({'gym_num' : joined_gyms.groupby('GEOID')['Gym_Name'].count()}).reset_index()
temp_gyms
```

Out[102]:

	GEOID	gym_num
0	42003010300	0
1	42003020100	4
...
388	42003981800	0
389	42003982200	0

390 rows × 2 columns

In [103]:

```
temp_gyms['GEOID'] = temp_gyms["GEOID"].astype(int)
final = final.merge(temp_gyms, on = 'GEOID', how = 'left')
final
```

Out[103]:

	GEOID	NAMELSAD10	...	park_num	gym_num
0	42003560500	Census Tract 5605	...	0	0
1	42003560400	Census Tract 5604	...	0	0
...
414	42003151500	NaN	...	0	0
415	42003453001	NaN	...	0	0

416 rows × 216 columns

Variable Creation:

In [104]:

```
final['Park-Pop_Density'] = ''
final['Park-Pop_Density'] = (final['park_num']/final['DP0010001'])*100
```

In [105]:

```
final['Gym-Pop_Density'] = ''
final['Gym-Pop_Density'] = (final['gym_num']/final['DP0010001'])*100
#final.to_excel('Final_polish.xlsx')
```

In [106]:

```
final.dropna()
```

Out[106]:

	GEOID	NAMELSAD10	...	Park-Pop_Density	Gym-Pop_Density
17	42003562000	Census Tract 5620	...	0.0	0.0
20	42003561600	Census Tract 5616	...	0.0	0.0
...
410	42003561900	Census Tract 5619	...	0.0	0.0
411	42003563200	Census Tract 5632	...	0.0	0.0

29 rows × 218 columns

In [107]:

```
final = final.reset_index()  
final = final.rename(columns={'index':'Key'})
```

Final GeoDataFrame Polishing

Using the drop function apart of the Pandas module. Approminately 200 columns will be drops to clean the final GeoDataFrame.

In [108]:

```
clean_data = pd.read_excel('Final_polish.xlsx')
```

In [109]:

```
clean_data = clean_data.reset_index()  
clean_data = clean_data.rename(columns={'index':'Key'})
```

In [110]:

```
clean_data
```

Out[110]:

	Key	GEOID	...	Gym-Pop_Density	AWATER00
0	0	42003560500	...	0.0	0
1	1	42003560400	...	0.0	0
...
414	414	42003151500	...	NaN	0
415	415	42003453001	...	NaN	0

416 rows × 15 columns

In [111]:

```
clean_data = clean_data.drop(columns=['gym_num_y','geometry_x'])
clean_data = clean_data.rename(columns={'gym_num_x':'gym_num','geometry_y':'geometry'})
clean_data.to_excel('clean_data.xlsx')
```

Exploratory Data Analysis

Dependent Variable: Obesity

Independent Variables: Gyms, Parks, Municipality and Water_Area

Purpose: to ensure that the data will meet the assumptions for least ordered squares regression.

1. Data is normally distributed.
2. There is a linear relationship.
3. Residuals are homosecatic.
4. Data is not catagorical
5. Data is not spatially autocorrelated
6. Multicollinearity is not present
7. Identification of outliers

Plan of attack:

1. Histograms, boxplots, and Wilcoxon form scistats
2. Scatter plots will address this
3. Running a test regression and plotting the residuals
4. Data dimensions will explain why there are not catagorical
5. Moran's I will be used to check
6. Person's r, and if I can figure out if there is any VIF output for scipy or statmat or sci-kitlearn
7. This will be solved with the Histograms, and boxplots

EDA method

I made this method to put all the tools for the EDA in one place I have more information above it to help explain what is going on.

In [112]:

```
# the x parameter is the input column from a pandas dataframe ie. df['colmun']
# This method requires pandas, numpy, scipy stats, scipy.stats kurtosis, scipy.s
tats skew, matplotlib .
def EDA(x,df,column_name_string):
    #tables and print lines
    print('Kurtosis: ',kurtosis(x))
    print('Skewness: ',skew(x))
    one = stats.wilcoxon(x)
    two = x.describe()

    fig = plt.figure(1)
    #graphs
    gridsize = (2,2)
    plt.subplot2grid(gridsize,(0,0))
    #scatter plot
    plt.scatter(df['Key'], x)

    plt.subplot2grid(gridsize,(0,1))
    #histogram
    plt.hist([column_name_string], bins=5)

    plt.subplot2grid(gridsize,(1,0))
    #boxplot
    df.boxplot([column_name_string],grid=False)

    plt.subplot2grid(gridsize,(1,1))
    #Probability Plot
    stats.probplot(x, plot=plt)
    return one, two
```


Obesity

Data Dimensions:

1. Individual vs Spatially aggregated
2. Sample vs population
3. Implicitly spatial vs Explicitly spatial
4. Discrete vs continuous
5. Quantitative vs qualitative
6. Nominal vs ordinal vs interval vs ratio

Dimensions classifications and explanations:

1. Obesity is a measurement of **individuals** whom fall under the category of a BMI index rating of 30 or higher. In this circumstance obesity has been aggregated to the tract scale, making the individuals undistinguishable from the rest of the tract. Therefore this data is of a **spatially aggregated** nature.
2. Since obesity rates are collected by the CDC, this data is based on a **sample** of the population because they measure at the county level. As referenced in the metadata, this is a statistical designation of population of each census tract with obesity rates measured from the county level.
3. This data is **Explicitly spatial**, because of the rates of obesity being directly tied to each tract
4. Obesity is a **continuous** form of measurement because it can be measured with even finer precision than what is presented in this study.
5. This is a **Quantitative** measurement, because of the numerical nature of the data.
6. This data is **Ratio** level. There are no negatives and any tract with a rate of zero obesity has meaning. Zero is not arbitrary.

In [42]:

```
EDA(clean_data['Obesity'],clean_data,'Obesity')
```

Kurtosis: 5.1868767219770575

Skewness: 1.8353889055046517

Out[42]:

```
(WilcoxonResult(statistic=0.0, pvalue=6.636685802753196e-70),
```

```
count      416.000000
```

```
mean        0.299506
```

```
std         0.113258
```

```
min         0.070353
```

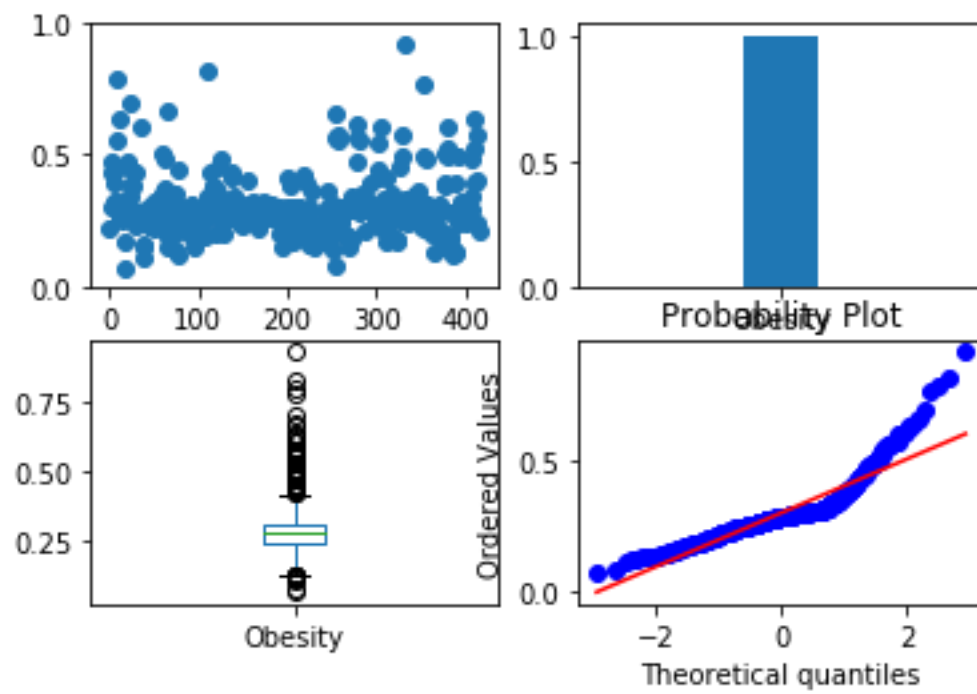
```
25%         0.240699
```

```
50%         0.282818
```

```
75%         0.313238
```

```
max         0.922932
```

```
Name: Obesity, dtype: float64)
```



Park_num

In [43]:

```
EDA(clean_data['park_num'],clean_data,'park_num')
```

Kurtosis: 94.49247702342261

Skewness: 8.438569311499537

Out[43]:

```
(WilcoxonResult(statistic=0.0, pvalue=8.017534109495179e-05),
```

```
count      416.000000
```

```
mean        0.100962
```

```
std          0.571954
```

```
min          0.000000
```

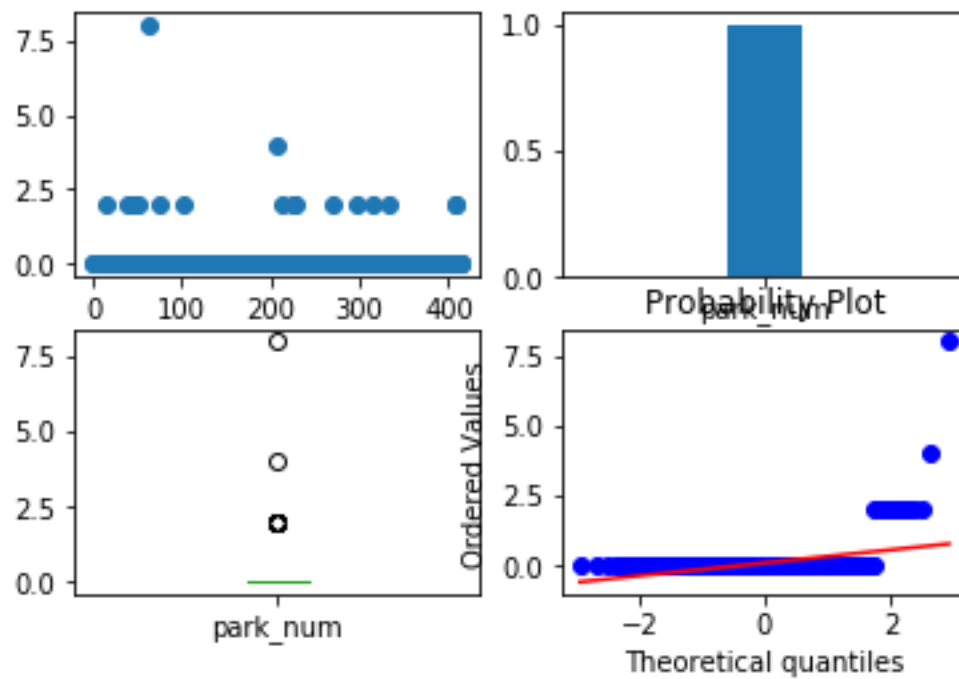
```
25%          0.000000
```

```
50%          0.000000
```

```
75%          0.000000
```

```
max          8.000000
```

```
Name: park_num, dtype: float64)
```



Gym_num

In [59]:

```
EDA(clean_data['gym_num'],clean_data,'park_num')
```

Kurtosis: 34.66511087074095

Skewness: 5.3276616900477745

Out[59]:

```
(WilcoxonResult(statistic=0.0, pvalue=7.986438914528027e-07),
```

```
count      416.000000
```

```
mean        0.096154
```

```
std         0.399258
```

```
min         0.000000
```

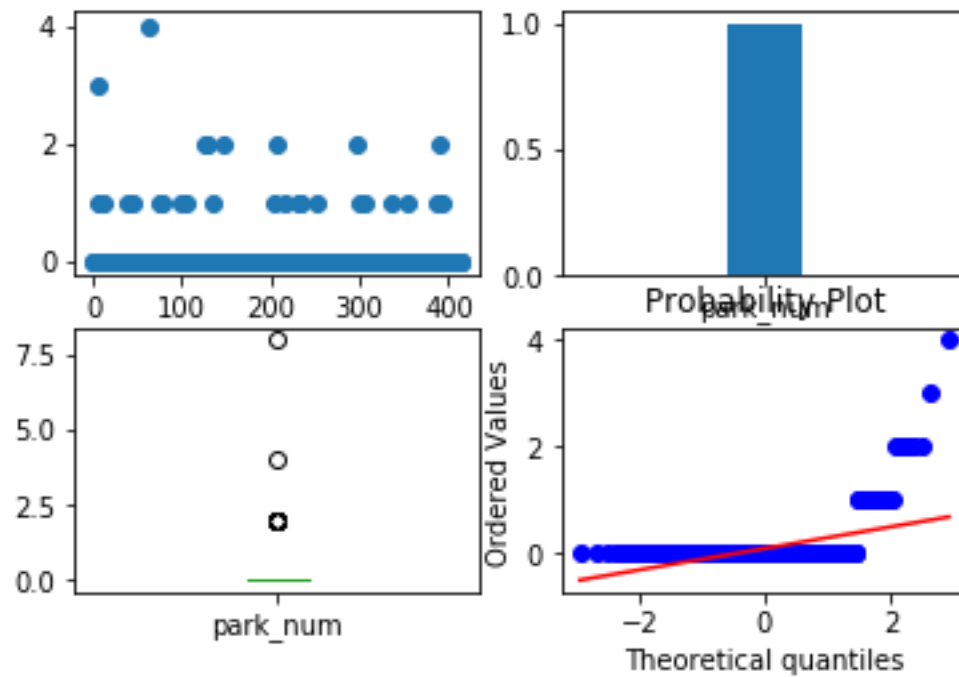
```
25%         0.000000
```

```
50%         0.000000
```

```
75%         0.000000
```

```
max         4.000000
```

```
Name: gym_num, dtype: float64)
```



Same as before I know there are things that will need to be added to this matplotlib.pyplot.boxplot

Water Area

Data Dimensions:

1. Individual vs Spatially aggregated
 2. Sample vs population
 3. Implicitly spatial vs Explicitly spatial
 4. Discrete vs continuous
 5. Quantitative vs qualitative
 6. Nominal vs ordinal vs interval vs ratio
-
1. Water area is **Spatially Aggregated**, because there are no polygons that show the boundary of the water.
 2. Since this measurement was collected by the Census it will be treated as **population** data.
 3. **Explicitly spatial** is how this data would be described because in certain tracts there are bodies of water and in some tracts there are not. Location does matter.
 4. Water Area is a **continuous** measurement because the level of precision can be increased than what is presented.
 5. This variable is a **quantitative** measurement because of the numerical nature of the data
 6. **Ratio** is what type of data this variable falls under, because there are no negative values and having a zero amount of water area has significant meaning.

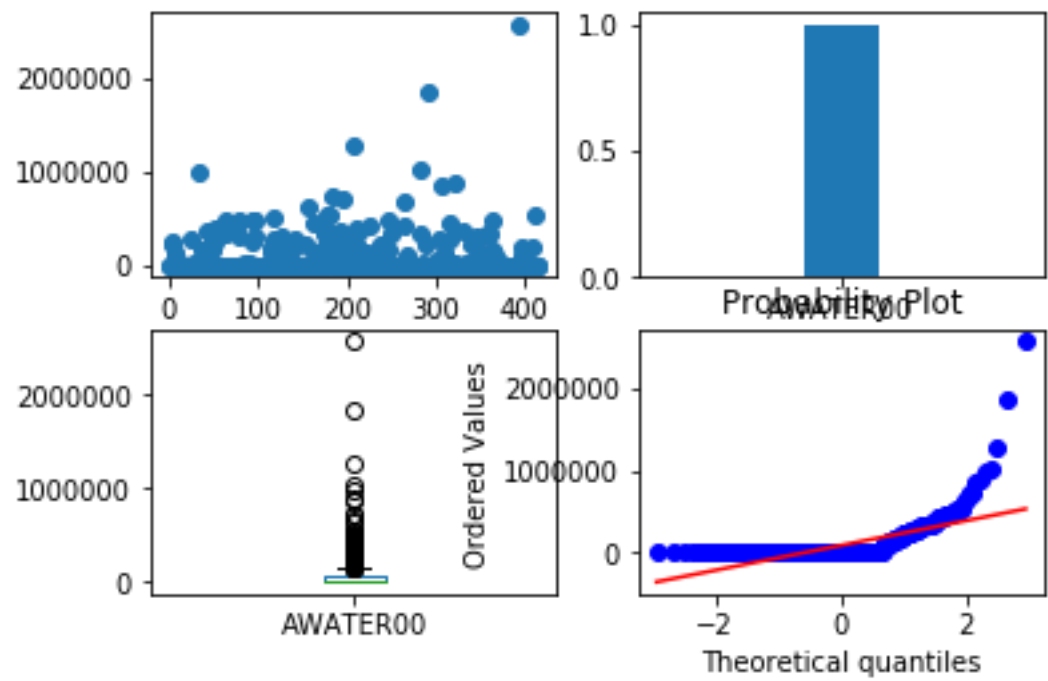
In [44]:

```
EDA(clean_data['AWATER00'], clean_data, 'AWATER00')
```

Kurtosis: 43.09164065856403
Skewness: 5.388116807366086

Out[44]:

```
(WilcoxonResult(statistic=0.0, pvalue=1.3894515759554441e-22),  
count      4.160000e+02  
mean       8.994591e+04  
std        2.284063e+05  
min        0.000000e+00  
25%        0.000000e+00  
50%        0.000000e+00  
75%        6.474225e+04  
max        2.562012e+06  
Name: AWATER00, dtype: float64)
```



Pearson's R Matrix

In [113]:

```
corr = clean_data.corr()  
corr.style.background_gradient(cmap='coolwarm')
```

Out[113]:

	Key	GEOID	AWATER10	DP0010001	Tract_Num	ALAND00
Key	1	-0.215157	0.108059	-0.0572447	-0.24294	0.0671438
GEOID	-0.215157	1	0.173785	0.097974	0.688841	0.136606
AWATER10	0.108059	0.173785	1	-0.0121916	0.110891	0.155647
DP0010001	-0.0572447	0.097974	-0.0121916	1	0.256372	0.415731
Tract_Num	-0.24294	0.688841	0.110891	0.256372	1	0.232849
ALAND00	0.0671438	0.136606	0.155647	0.415731	0.232849	1
Obesity	0.0184568	-0.0950488	-0.0146974	-0.378094	-0.220418	-0.166292
park_num	-0.0464983	-0.0998771	0.0432174	0.0672327	-0.147105	0.00340068
gym_num	-0.0813185	-0.156852	-0.0226501	0.0606826	-0.172603	0.0205497
Park-Pop_Density	-0.055269	0.162372	0.0617646	-0.0966529	-0.0610673	-0.0239519
Gym-Pop_Density	-0.0747728	0.220886	0.0911616	-0.135876	-0.0777234	-0.0306929
AWATER00	0.0214804	0.095167	0.838042	-0.0278315	0.0791038	0.196182

Moran's I spatial auto-correlation

Source

@online{darribas_gds15, author = {Dani Arribas-Bel}, title = {Geographic Data Science'15}, year = 2016, url = {<http://darribas.org/gds15>}(<http://darribas.org/gds15>)}, urldate = {2016-02-19} doi = {10.5281/zenodo.46313} }

In [51]:

```
import pysal as ps
```

In [53]:

```
w_queen = ps.queen_from_shapefile(final, idVariable='Obesity')
w_queen
```

```
-----
-----
TypeError                                Traceback (most recent call last)
```

```
<ipython-input-53-415f03d7235c> in <module>
```

```
----> 1 w_queen = ps.queen_from_shapefile(final, idVariable='Obesity')
      2 w_queen
```

```
/anaconda3/lib/python3.6/site-packages/pysal/weights/user.py in queen_from_shapefile(shapefile, idVariable, sparse)
```

```
    65     """
    66
--> 67     w = Queen.from_shapefile(shapefile, idVariable=idVariable)
    68     if sparse:
    69         w = pysal.weights.WSP(w.sparse, id_order=w.id_order)
```

```
/anaconda3/lib/python3.6/site-packages/pysal/weights/Contiguity.py in from_shapefile(cls, filepath, idVariable, full, **kwargs)
```

```
    246         sparse = kwargs.pop('sparse', False)
    247         if idVariable is not None:
--> 248             ids = get_ids(filepath, idVariable)
    249             id_order = ids
    250         else:
```

```
/anaconda3/lib/python3.6/site-packages/pysal/weights/util.py in get_ids(shapefile, idVariable)
```

```
    1017
    1018     try:
-> 1019         dbname = os.path.splitext(shapefile)[0] + '.dbf'
    1020         db = pysal.open(dbname)
    1021         var = db.by_col[idVariable]
```

```
/anaconda3/lib/python3.6/posixpath.py in splitext(p)
```

```
    120
    121 def splitext(p):
--> 122     p = os.fspath(p)
    123     if isinstance(p, bytes):
    124         sep = b'/'
```

```
TypeError: expected str, bytes or os.PathLike object, not GeoDataFrame
```


Multivariate Regression with Sci-KitLearn

Using Sci-Kit learn's module for Multivariate Regression Output table made with Statsmodel

- The indpenedent variables are stored in the X variable.
- Y is the variable in which the dependent variable is stored in.
- Using the preprocessing function in the Sci-KitLearn Module the training data is split from the test data
- Linear Regression from Sci-KitLearn is imported and then saved to regressor.
- Regessor is then called to fit the training data for the independent and dependent variables.
- Then the regression is run.

Methodology

In Rosenberger 2005, their regression involved nesting hierarchy. Where I will differentiate is with using a least ordered squares and analyze the predictive nature of this model. One of the reasons why I can avoid the nested hierarchy regression used previously is I am not using county level data.

In [114]:

```
final = final.fillna(0)
```

In [115]:

```
final
```

Out[115]:

	Key	GEOID	...	Park-Pop_Density	Gym-Pop_Density
0	0	42003560500	...	0.0	0.0
1	1	42003560400	...	0.0	0.0
...
414	414	42003151500	...	0.0	0.0
415	415	42003453001	...	0.0	0.0

416 rows × 219 columns

In [116]:

```
x = final.iloc[:,215:216].values
y = final.iloc[:, 214].values
```

In [117]:

```
from sklearn.cross_validation import train_test_split
X_train, X_test, y_train, y_test = train_test_split(X, y, test_size = 0.2, random_state = 0)
```

In [118]:

```
from sklearn.linear_model import LinearRegression
regressor = LinearRegression()
regressor.fit(X_train, y_train)
```

Out[118]:

```
LinearRegression(copy_X=True, fit_intercept=True, n_jobs=1, normalize=False)
```

In [119]:

```
# Predicting the Test set results
y_pred = regressor.predict(X_test)
```

source for score function: <https://towardsdatascience.com/simple-and-multiple-linear-regression-in-python-c928425168f9> (<https://towardsdatascience.com/simple-and-multiple-linear-regression-in-python-c928425168f9>).

In [120]:

```
regressor.score(X_test, y_test)
```

Out[120]:

```
0.00017138492145007955
```

In [121]:

```
import statsmodels.api as sm
from sklearn.metrics import r2_score
r2_score(y_test, y_pred)
```

Out[121]:

```
0.00017138492145007955
```

In [122]:

```
import statsmodels  
X = final.iloc[:,214:21].values  
obesity = final.iloc[:, 213].values  
  
X2 = sm.add_constant(X)  
regress2 = sm.OLS(y, X2)  
regression = regress2.fit()  
print(regression.summary())
```

OLS Regression Results

```

=====
Dep. Variable:          y      R-squared:
0.000
Model:                  OLS    Adj. R-squared:
0.000
Method:                  Least Squares    F-statistic:
nan
Date:                    Fri, 12 Apr 2019    Prob (F-statistic):
nan
Time:                    15:27:16    Log-Likelihood:
316.30
No. Observations:        416    AIC:
-630.6
Df Residuals:            415    BIC:
-626.6
Df Model:                 0
Covariance Type:         nonrobust
=====

```

```

=====
              coef      std err          t      P>|t|      [0.025
0.975]
-----
const          0.2995      0.006     53.936      0.000      0.289
0.310
=====

```

```

=====
Omnibus:            172.360    Durbin-Watson:
1.162
Prob(Omnibus):      0.000    Jarque-Bera (JB):
699.891
Skew:               1.835    Prob(JB):
1.05e-152
Kurtosis:           8.187    Cond. No.
1.00
=====

```

Warnings:

[1] Standard Errors assume that the covariance matrix of the errors is correctly specified.

```

/anaconda3/lib/python3.6/site-packages/statsmodels/regression/linear
_model.py:1554: RuntimeWarning: invalid value encountered in double_
scalars
    return self.ess/self.df_model

```

Discussion

Based on the R-squared value of 0.006 this model is a good predictor of obesity rates per tract based on the number of gyms and parks within each tract. The F-statistic is below 1, indicating that this model is not significant.

Conclusion

This model need more data to be evaluated effectively.

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