











Prototype script with screen descriptions:

- 1. Splash: It takes him/her to personal setting or home screen
- 2. Personal Setting: User taps on Next and ends up to meal selection.
- 3. Meal Selection: User taps on search bar and it takes him/her to search screen. User taps on pictures/titles of meals and it takes him/her to instruction.
- 4. Search Screen: User searches or taps on a meal type below search bar and it takes him/her to instruction.
- 5. Instruction: User taps on Add to Plan and this meal will add to grocery list and home screen.
- 6. Grocery List: User taps on square icon and this item will be deleted from the list.
- 7. Home screen: User taps on meal title and it takes him/her to instruction. User taps on square icon and this meal will be deleted from the list and related intake data will increase.