

# Interdisciplinary Collaboration to Optimize Patient Outcomes: *The Integral Role of the DNP*

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# What is a Doctor of Nursing Practice Degree?

Doctor of Nursing Practice (DNP) is a clinical doctorate that includes the study of:

- Evidence based practice
- Organizational & Systems Leadership
- Information Technology
- Healthcare Policy & Advocacy
- *Interprofessional collaboration across disciplines*

# Why DNP vs. PhD???

DNP	PhD
<i>Practice Focused</i> terminal degree	Research Focused terminal degree
Curriculum places <i>emphasis on clinical practice</i>	Curriculum places emphasis on theory & research methodology
<i>Final scholarly project:</i> May be evidence based practice or <i>research project based on clinical practice and how research impacts on practice</i>	Final scholarly project: includes dissertation that requires the development of new knowledge
*DNP research projects may generate new knowledge <i>related to clinical practice</i>	



# Meeting the Glycemic Challenge at NYPH

- 2,192 beds
- 110,000 discharges annually
- *4,700 Physicians & 4,900 Nurses*
- 16,000 Employees at 4 campuses
- How does the DNP have the greatest impact?

# Using Strategies that Succeed:

- **Optimizing Diabetes Meal Plans**
- **Automating Insulin Dosing**
- **Utilizing Blood Glucose Data**
- **Patient & Professional Education**
- **Care Coordination Across Settings**



# Management of Hyperglycemia in Hospitalized Patients in Non-Critical Care Setting: *An Endocrine Society Clinical Practice Guideline* (2012). *J Clin Endocrinol Metab* 97: 16–38.

**Sponsors:** Endocrine Society, American Diabetes Association, American Heart Association, American Association of Diabetes Educators, European Society Of Endocrinology & Society of Hospital Medicine

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# Timing is Everything!

