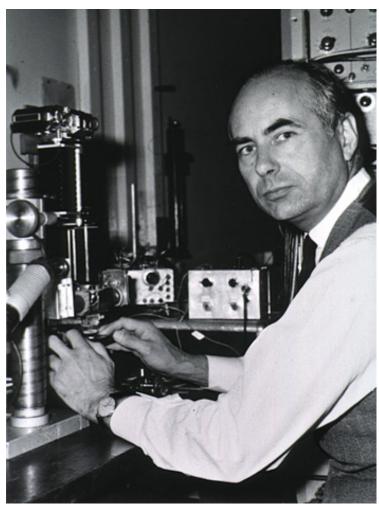


Sliding filaments theory

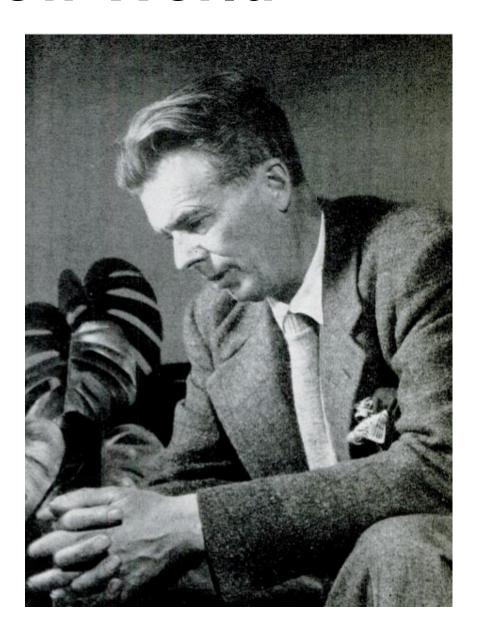
Huxley AF (1917-2012)



http://www.nobelprize.org/nobel_prizes/medicine/laureates/1963/huxley-photo.html

Brave New World

 The Doors of Perception



Myosin (thick) and actin (thin) filaments = contractile proteins

 Contractile force is produced by cross bridges between thick and thin filaments

Step 1: Rest.

steps

2

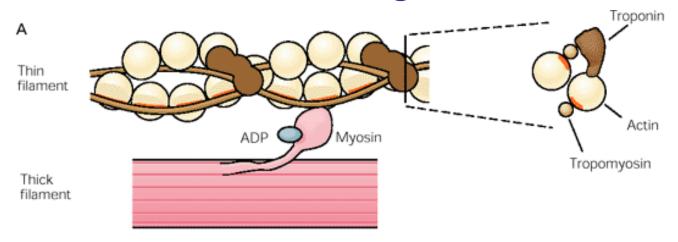
Step 2: Activation.

Step 3: Sliding of filaments.

Step 4: Myosin detachment.

Step 1: Rest.

Troponin-tropomyosin complexes on thin filaments block the binding sites on the actin.



Myosin heads are ADP-bound → "cocked" position

[Ca²⁺] in sarcoplasm: low (\sim 10⁻⁷ - 10⁻⁸ M).

There are no cross-bridges between thin and thick filaments

Step 1: Rest.

5 steps

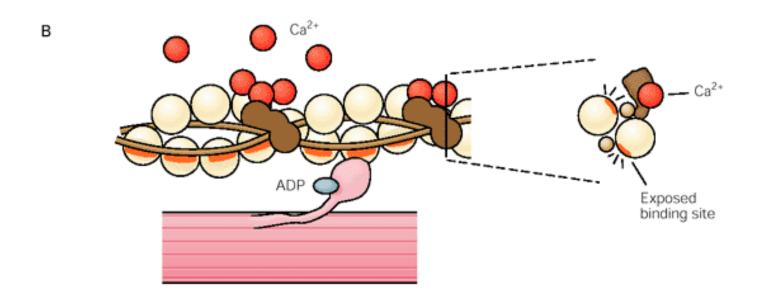
Step 2: Activation.

Step 3: Sliding of filaments.

Step 4: Myosin detachment.

Step 2: Activation.

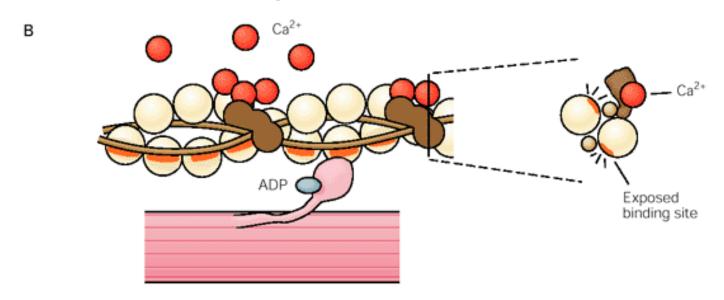
Muscle fibre is activated (action potential travels down T-tubules).



Ca²⁺ is released from the cisternae of the sarcoplasmic reticulum (SPR)

Step 2: Activation.

Ca²+ binds to troponin.



Conformational change in thin filament exposes actin binding sites.

Attachment of cocked myosin heads = crossbridge formation.

Step 1: Rest.

steps

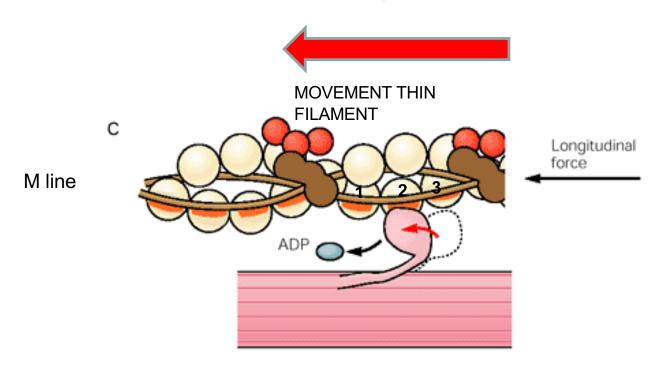
2

Step 2: Activation.

Step 3: Sliding of filaments.

Step 4: Myosin detachment.

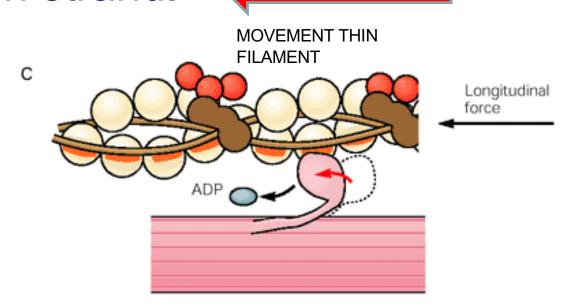
Step 3: Sliding of filaments.



Upon formation of cross-bridges, mechanical energy (from ATP dephosphorylation) stored in "cocked" myosin heads is released → POWER STROKE.

Step 3: Sliding of filaments.

 Myosin heads have shed bound ADP: resume relaxed / native state while remaining crosslinked to thin strand.



- Longitudinal force pulls the thin and thick filaments into greater overlap (~0.06 μm) → shortens the muscle fibre.

Step 1: Rest.

steps

2

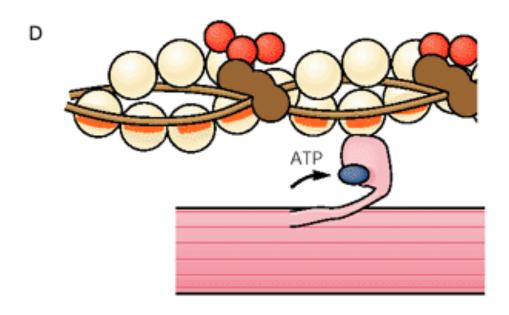
Step 2: Activation.

Step 3: Sliding of filaments.

Step 4: Myosin detachment.

Step 4: Myosin detachment.

ATP binds to Myosin heads which then detaches from its actin binding site.



Actin-binding site is released and can form another cross-bridge to sustain muscle contraction.

Step 1: Rest.

steps

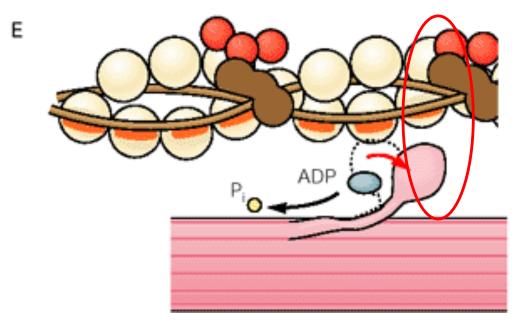
2

Step 2: Activation.

Step 3: Sliding of filaments.

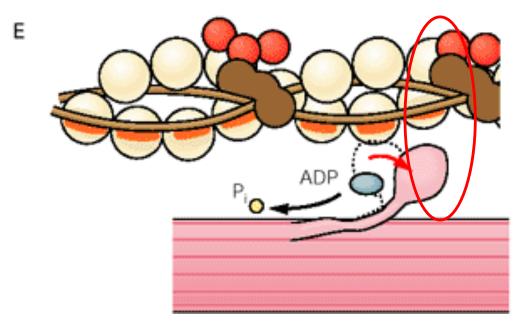
Step 4: Myosin detachment.

Step 5: Reactivation of myosin.

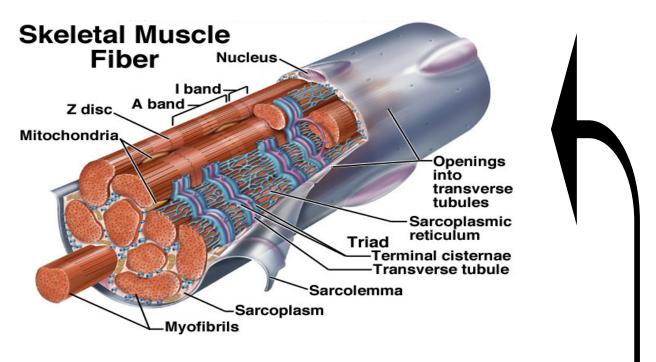


Thick filament: Energy released by dephosphorylation of ATP to bound ADP is stored in myosin heads → myosin heads are "re-cocked".

Step 5: Reactivation of myosin.



Thin filament: High [Ca²⁺]: system remains activated (step 2), muscle contraction persists. Low [Ca²⁺]: return to resting state (step 1): myosin heads are cocked but unable to form cross-bridge.



Muscle fibres contain network of longitudinal tubules and chambers (sarcoplasmic reticulum, SPR)

Sequester, store and release Ca²⁺

At rest intracellular [Ca²⁺] low, actively pumped into SPR.

Role of Ca²⁺ in excitation-contraction coupling

- Action potential initiated at the NMJ
- Travels across surface of the muscle fibre
- Depolarisation of transverse tubules within the muscle fibre
- Ca²⁺ is released from cisternae of SPR
- Ca²⁺ diffuses along myofibrials
- Ca²⁺ binds to troponin enabling cross-bridges to form
- Release of Ca²⁺ is very rapid (20-50ms to activate the thin filaments fully)
- Reuptake of Ca²⁺ is also rapid → decrease in crossbridges (80-200 ms)

