

# **BACS2042 Research Methods**

Validity



## Valid Research

Honest

Careful

Rigorous

Complete

Logical

Repeatable



**Theory**

**What we think**

Cause  
Construct

Cause-effect construct

Effect  
Construct



**Observation**

Program

**What we do**

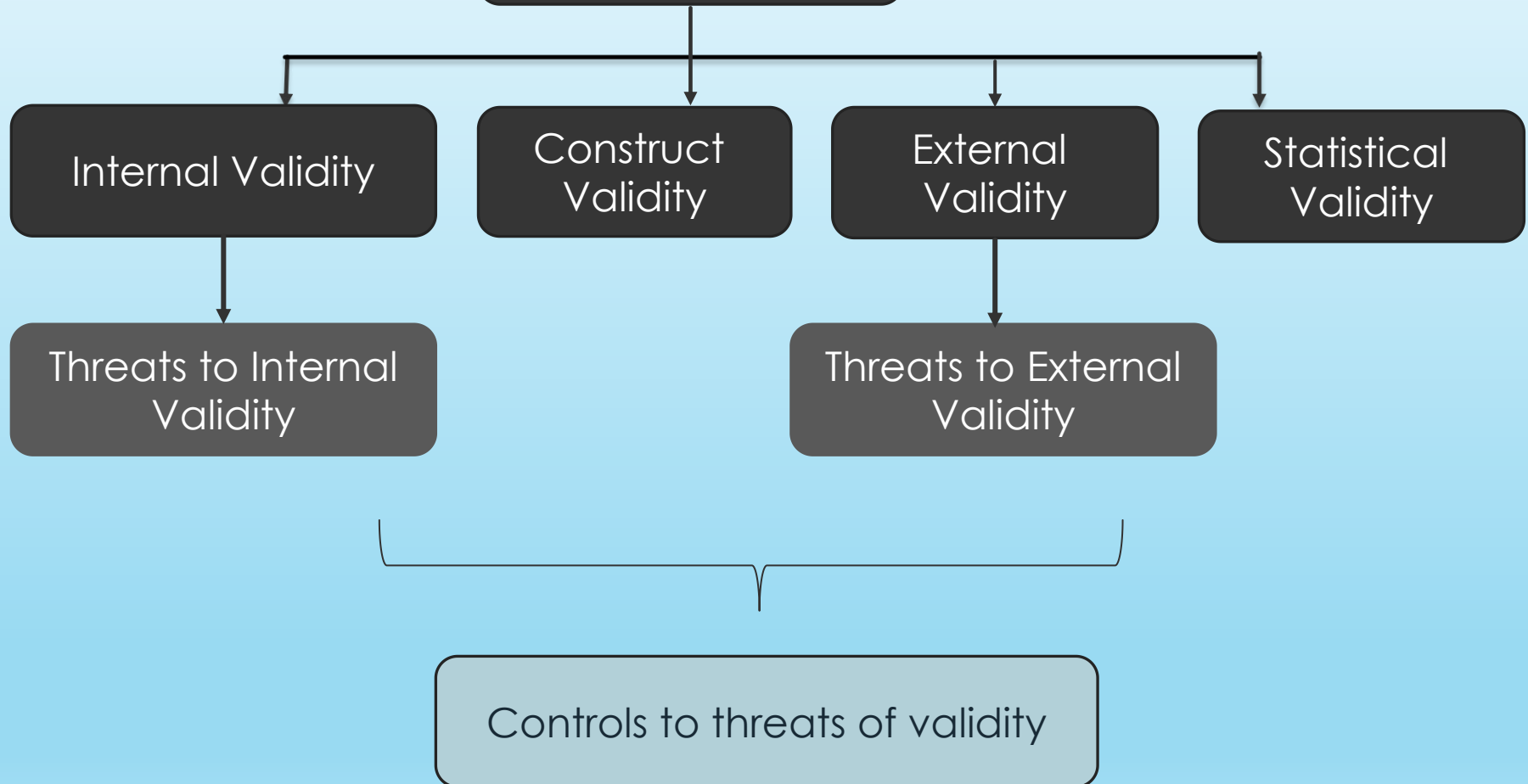
Outcome relationship

**What we test**

Observations

**What we see**

# Types of Validity



# Internal Validity

| Internal    |
|-------------|
| Construct   |
| External    |
| Statistical |

➡ Confident that **changes in Dependent Variable (DV)** are caused by the **Independent Variable (IV)**

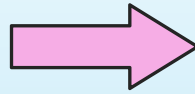
# Internal Validity

Internal

Construct

External

Statistical



Promotion

HELPS NATURALLY REGULATE<sup>TM</sup>  
YOUR DIGESTIVE SYSTEM

HELPS NATURALLY REGULATE<sup>TM</sup>  
YOUR DIGESTIVE SYSTEM

Eat 4oz (113g) or more of Activia every day to help naturally regulate your digestive system<sup>†</sup>.  
Activia<sup>®</sup> is shown in several clinical studies to help with slow intestinal transit when consumed daily for two weeks.



PROVEN  
**10 YOGURT**  
BENEFITS

- 1 SUPPORTS HEALTHY DIGESTION
- 2 LOWERS THE RISK OF TYPE 2 DIABETES
- 3 LOWERS THE RISK OF COLORECTAL CANCER
- 4 HELPS BONE DENSITY & PREVENT OSTEOPOROSIS
- 5 SUPPORTS WEIGHT LOSS & INCREASES FAT LOSS
- 6 BOOSTS THE IMMUNE SYSTEM
- 7 REDUCES HIGH BLOOD PRESSURE
- 8 REDUCES BAD CHOLESTEROL
- 9 REGULATES MOODS
- 10 POTENTIAL TO HELP CHRONIC PAIN & BRAIN

# Internal Validity

Internal

Construct

External

Statistical

Low income group → smokers



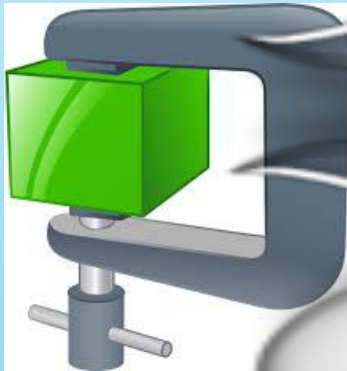
- Social status
- Profession
- Ethnicity
- Education
- Parental smoking
- Exposure to targeted advertising

Extraneous Variable (Confounding Variable)?

# Construct Validity

|                  |
|------------------|
| Internal         |
| <b>Construct</b> |
| External         |
| Statistical      |

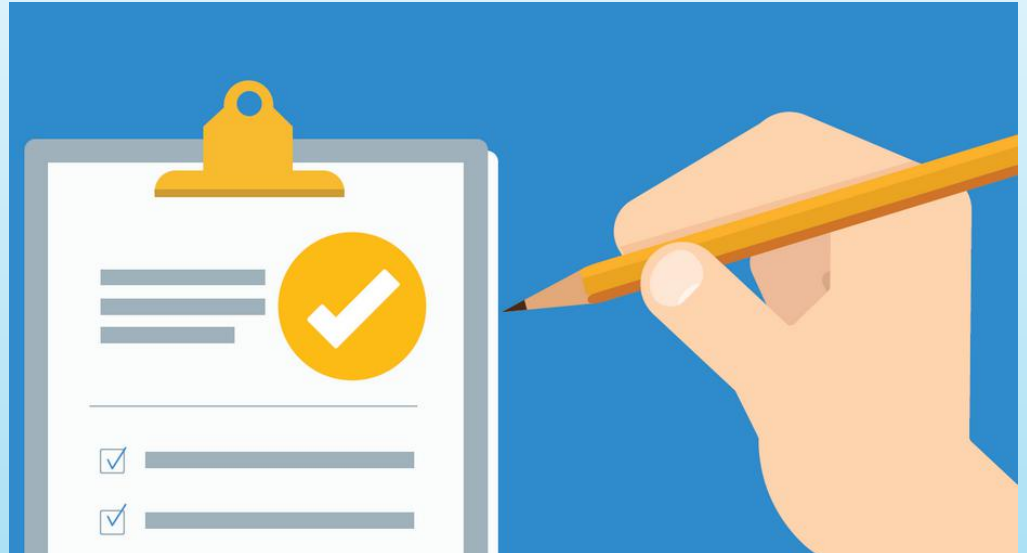
How well the **RESULT** support  
the **theory/principle**



Can the evidence be explained  
in **more than ONE** way?



# Construct Validity



Do you like the aroma of coffee?

# Construct Validity

|                  |
|------------------|
| Internal         |
| <b>Construct</b> |
| External         |
| Statistical      |

➡ Women are stronger than men.



# Construct Validity

|                  |
|------------------|
| Internal         |
| <b>Construct</b> |
| External         |
| Statistical      |

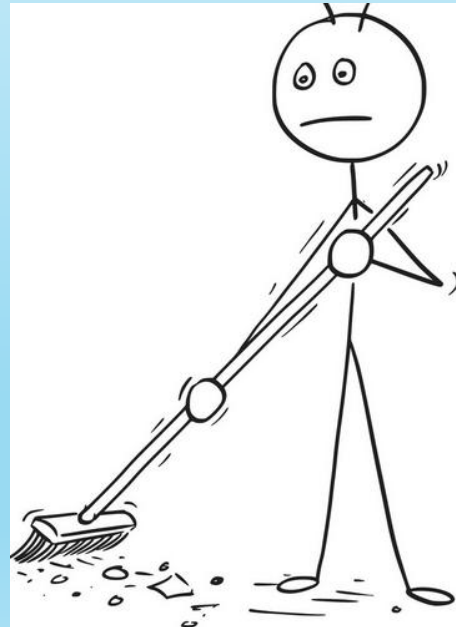
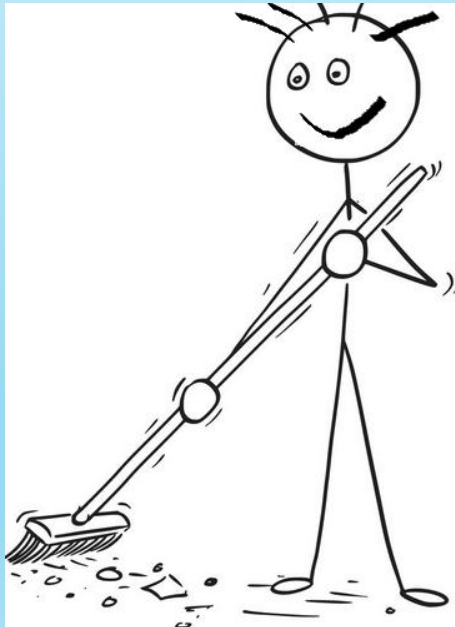
## Chair lifting experiment



# External Validity or Generalizability

|                 |
|-----------------|
| Internal        |
| Construct       |
| <b>External</b> |
| Statistical     |

- To what extent would the results found in the lab setting **be transferable or generalizable** to the actual organizational or field settings?



# External Validity or Generalizability

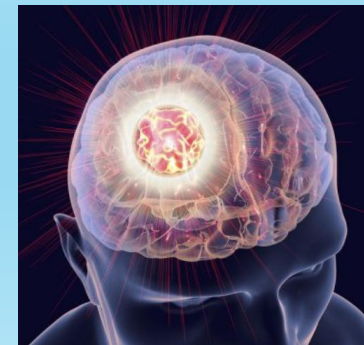
Internal  
Construct  
**External**  
Statistical



# Statistical Validity

|                    |
|--------------------|
| Internal           |
| Construct          |
| External           |
| <b>Statistical</b> |

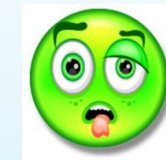
- Definition: extent to which **data are shown to be the result of cause-effect relationships** rather than accident (by chance)
- A measure is statistically valid when we can demonstrate that they did not arise by chance.
- To establish statistical validity:
  - Appropriate **sampling**
  - Appropriate **measurement techniques**





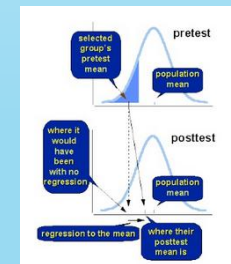
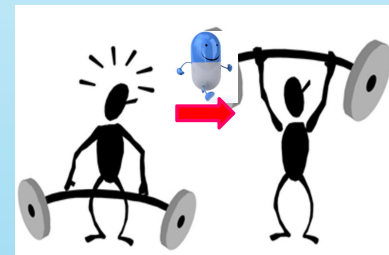
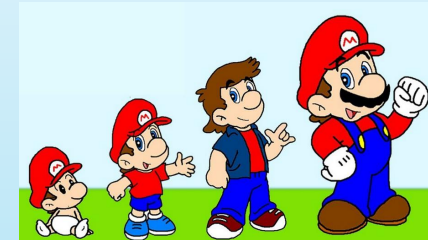
# Threats to Internal Validity

| Threats (Internal)      |   |
|-------------------------|---|
| 1. Mortality            | Loss of subjects during study.  |
| 2. Diffusion            | When information “leaks” from one subject or group to another and thus modifies behavior. |
| 3. Experimenter effects | Inadvertent or intentional action of the experimenter that might compromise the study     |
| 4. History              | Changes in the dependent variable that are due to historical or time-based events         |
| 5. Instrumentation      | Any change or change in calibration of the instruments.                                   |

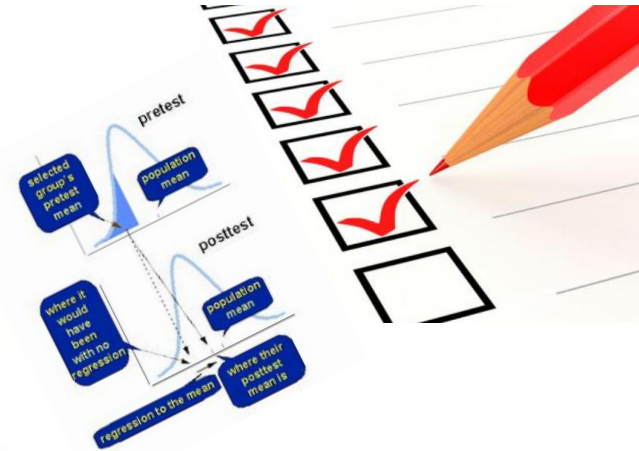
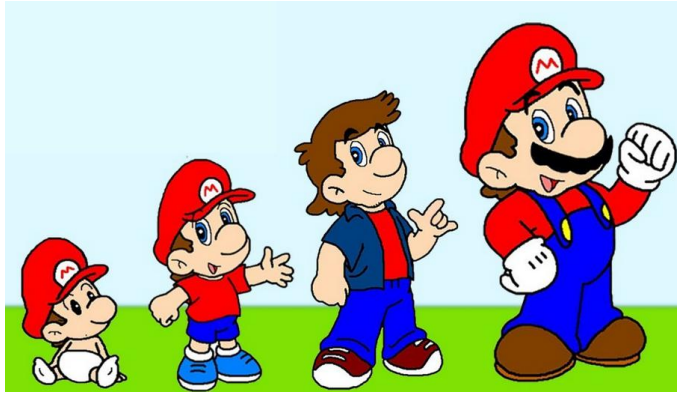




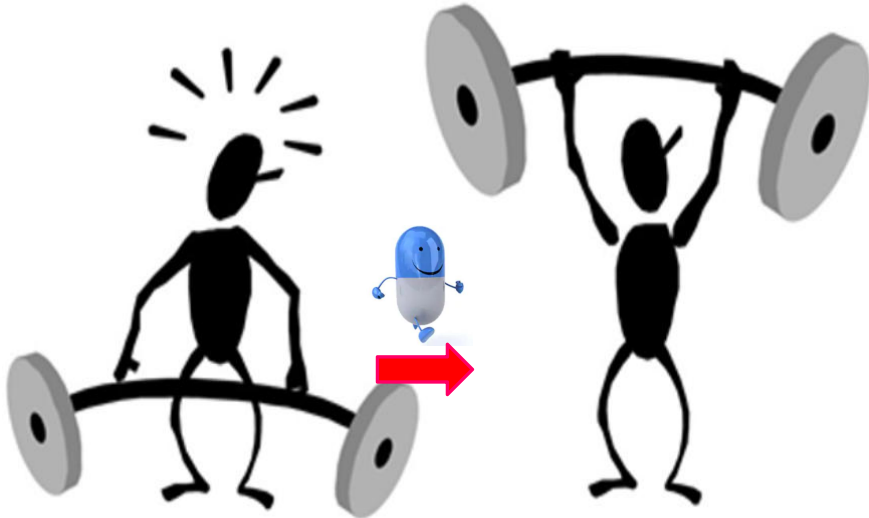
|                           |   |
|---------------------------|---|
| 6. Learning               | Changes in the dependent variable that occur due to learning done as a result of participation in the study.                                    |
| 7. Maturation             | Changes in the dependent variable that occur during the course of study due to normal passage of time and maturation/development of the subject |
| 8. Placebo effect         | The effect that the subjects might compromise the results by behaving in a certain controlled way through knowledge of the result being sought. |
| 9. Regression to the mean | The tendency for subjects that had extreme scores in earlier phases to be less extreme in follow-up scoring                                     |
| 10. Sequence effect       | The impact of the experience a subject had in one situation on the next situation.  |



# Threats to Internal Validity

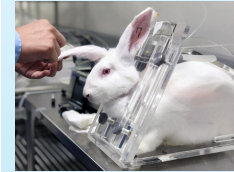


Sequencing effect



# Threats to External Validity

| Threats<br>(External) |   |
|-----------------------|---|
| 1. Other subjects     | we cannot assume that animal can be substitute for any other (human) in all situations.   |
| 2. Other times        | would the same experiment conducted at another time (e.g. after 20 years) produce the same results?                                       |
| 3. Other settings     | how the phenomenon observed in one laboratory can be related to a similar phenomenon observed in another laboratory or in the real world? |



Will technology gadgets bring negative effects to children?



# Controls to threats of validity:

1. Use of calibrated and proper preparation of equipment.
2. Replication
3. Single and double blind procedures
4. Automation
5. Multiple observers
6. Use of deception (within the bounds of ethics)
7. Random subject selection
8. Control of subject-to-subject communication