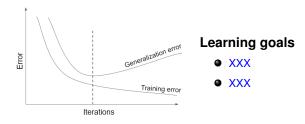
Introduction to Machine Learning

Early Stopping



- When training with an iterative optimizer such as SGD, it is commonly the case that, after a certain number of iterations, generalization error begins to increase even though training error continues to decrease.
- Early stopping refers to stopping the algorithm early before the generalization error increases.

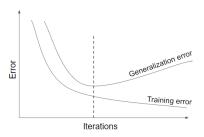


Figure: After a certain number of iterations, the algorithm begins to overfit.

How early stopping works:

- Split training data $\mathcal{D}_{\text{train}}$ into $\mathcal{D}_{\text{subtrain}}$ and \mathcal{D}_{val} (e.g. with a ratio of 2:1).
- 2 Train on $\mathcal{D}_{\text{subtrain}}$ and evaluate model using the validation set \mathcal{D}_{val} .
- Stop training when validation error stops decreasing (after a range of "patience" steps).
- Use parameters of the previous step for the actual model.

More sophisticated forms also apply cross-validation.

Strengths	Weaknesses
Effective and simple	Periodical evaluation of validation error
Applicable to almost any	Temporary copy of $ heta$ (we have to save
model without adjustment	the whole model each time validation
	error improves)
Combinable with other	Less data for training $ ightarrow$ include \mathcal{D}_{val}
regularization methods	afterwards

• Relation between optimal early-stopping iteration T_{stop} and weight-decay penalization parameter λ for step-size α (see Goodfellow et al. (2016) page 251-252 for proof):

$$T_{\mathrm{stop}} pprox rac{1}{lpha \lambda} \Leftrightarrow \lambda pprox rac{1}{T_{\mathrm{stop}} lpha}$$

• Small λ (low penalization) \Rightarrow high T_{stop} (complex model / lots of updates).

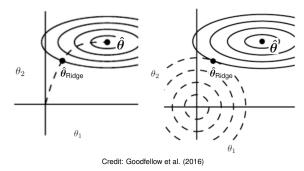


Figure: An illustration of the effect of early stopping. *Left:* The solid contour lines indicate the contours of the negative log-likelihood. The dashed line indicates the trajectory taken by SGD beginning from the origin. Rather than stopping at the point $\hat{\theta}$ that minimizes the risk, early stopping results in the trajectory stopping at an earlier point $\hat{\theta}_{\text{Ridge}}$. *Right:* An illustration of the effect of L_2 regularization for comparison. The dashed circles indicate the contours of the L_2 penalty which causes the minimum of the total cost to lie closer to the origin than the minimum of the unregularized cost.