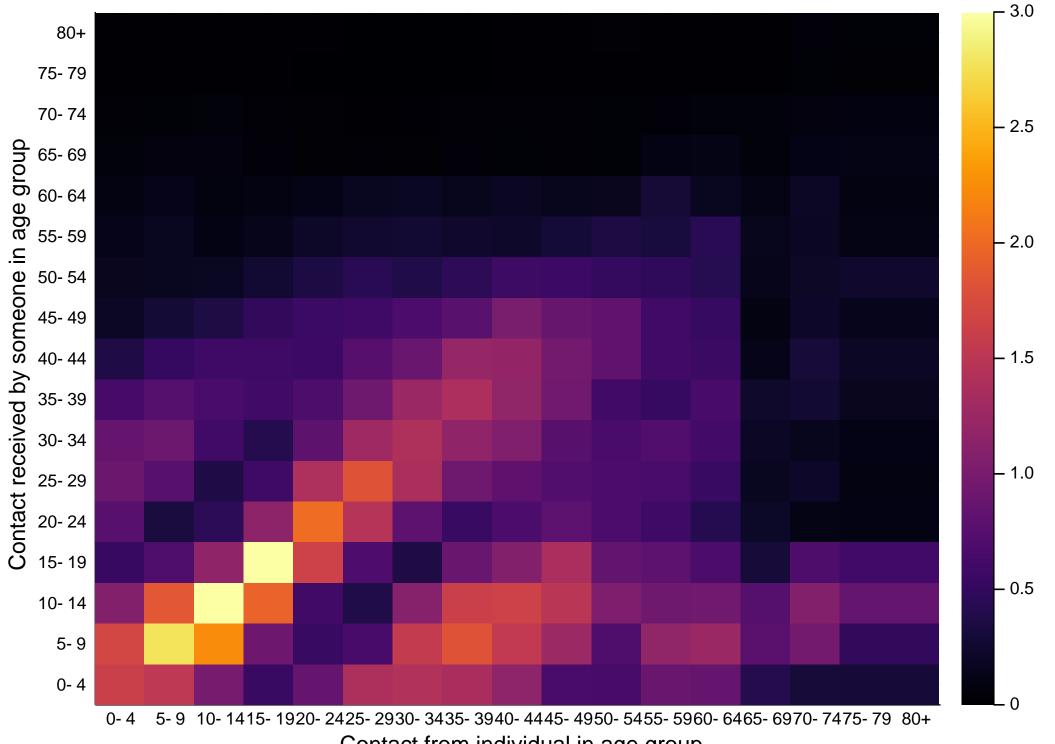Estimated contacts after social distancing