



*फिटनेस और स्वास्थ्य शिक्षा  
के भविष्य को आकार देने  
वाले विश्व स्तरीय मान्यता  
प्राप्त अकादमियों के नेटवर्क  
में शामिल हों*

*Help to Change health & fitness  
industry in india with INPTA  
accreditation*

## What Is INPTA

"Welcome to INPTA - India's central government-approved accreditation body dedicated to revolutionizing the fitness industry. Our mission is to empower gyms by creating a new revenue stream through professional trainer certifications and structured education programs."



## CHALLENGES IN INDIA'S HEALTH AND FITNESS INDUSTRY

The Indian fitness industry is growing rapidly, but it faces critical challenges that hinder its full potential:

### Scarcity of Fitness Academies

There is a severe lack of professional academies dedicated to fitness education, leaving aspiring trainers and fitness enthusiasts without proper resources to develop their skills.

### Uncertified Trainers and Dietitians

Many trainers and nutritionists lack recognized certifications, leading to reduced trust, poor service quality, and unprofessional practices across the industry.

### Lack of Qualified Fitness Educators

The fitness sector faces a dire shortage of skilled educators who can mentor the next generation of trainers, leaving a gap in structured, high-quality learning opportunities.

### Underutilized Space and Revenue Potential

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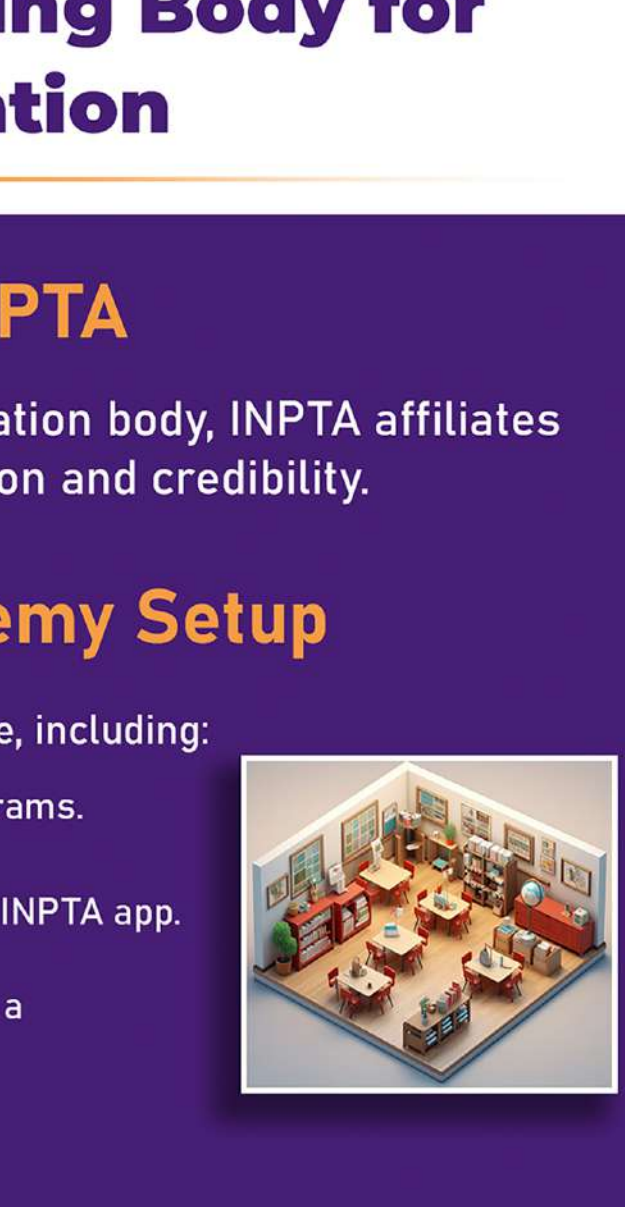
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## FULFILL YOUR DREAMS OF BECOME A HEALTH AND FITNESS EDUCATOR

Imagine a future where your passion for fitness turns into a legacy of education. At INPTA, we provide the platform to help you achieve just that. Whether you're a gym owner looking to elevate your business or a trainer dreaming of mentoring the next wave of fitness professionals, INPTA is your trusted partner.

## BENEFITS AFTER AFFILIATION

- National Recognition** : Gain credibility with India's central government-approved accreditation.
- Teach and Inspire** : Turn your knowledge into impact by mentoring aspiring fitness trainers.
- Professional Growth** : Transition from being just a trainer to an industry educator.
- Financial Freedom** : Open doors to multiple revenue streams through structured training programs.



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## INPTA: The Governing Body for Fitness Transformation

### Step 1: Affiliation with INPTA

- As a government-approved accreditation body, INPTA affiliates your gym, giving it national recognition and credibility.

### Step 2: Structured Academy Setup

- INPTA designs the entire academy structure, including:
  - Comprehensive syllabus for training programs.
  - Study materials, books, and access to the INPTA app.
  - Operational framework to seamlessly run a professional academy.



### Step 3: Train the Trainers – The Core Program

- INPTA's flagship Train the Trainer program is a game-changer :

- A 3-day intensive workshop transforms trainers into certified educators.
- Focuses on teaching methodologies, fitness standards, and professional skills.
- Helps trainers fulfill their dream of becoming educators and mentors.



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### Step 4: Marketing and Student Enrollment

- INPTA manages all marketing strategies and student enrollments for your academy.

### Step 5: Exams and Certifications

- INPTA governs and oversees the entire certification process, including:
  - Exams, Viva, and Project Evaluations.
  - Certification with INPTA's seal of excellence.



## THE INPTA FINANCIAL MODEL

**Accreditation Fee:** ₹2.5 Lakhs per annum  
\*Renewable annually

### Revenue Sharing for Training Programs

- 70% goes to the gym academy.
- 30% is retained by INPTA for marketing, student acquisition, and operational support.

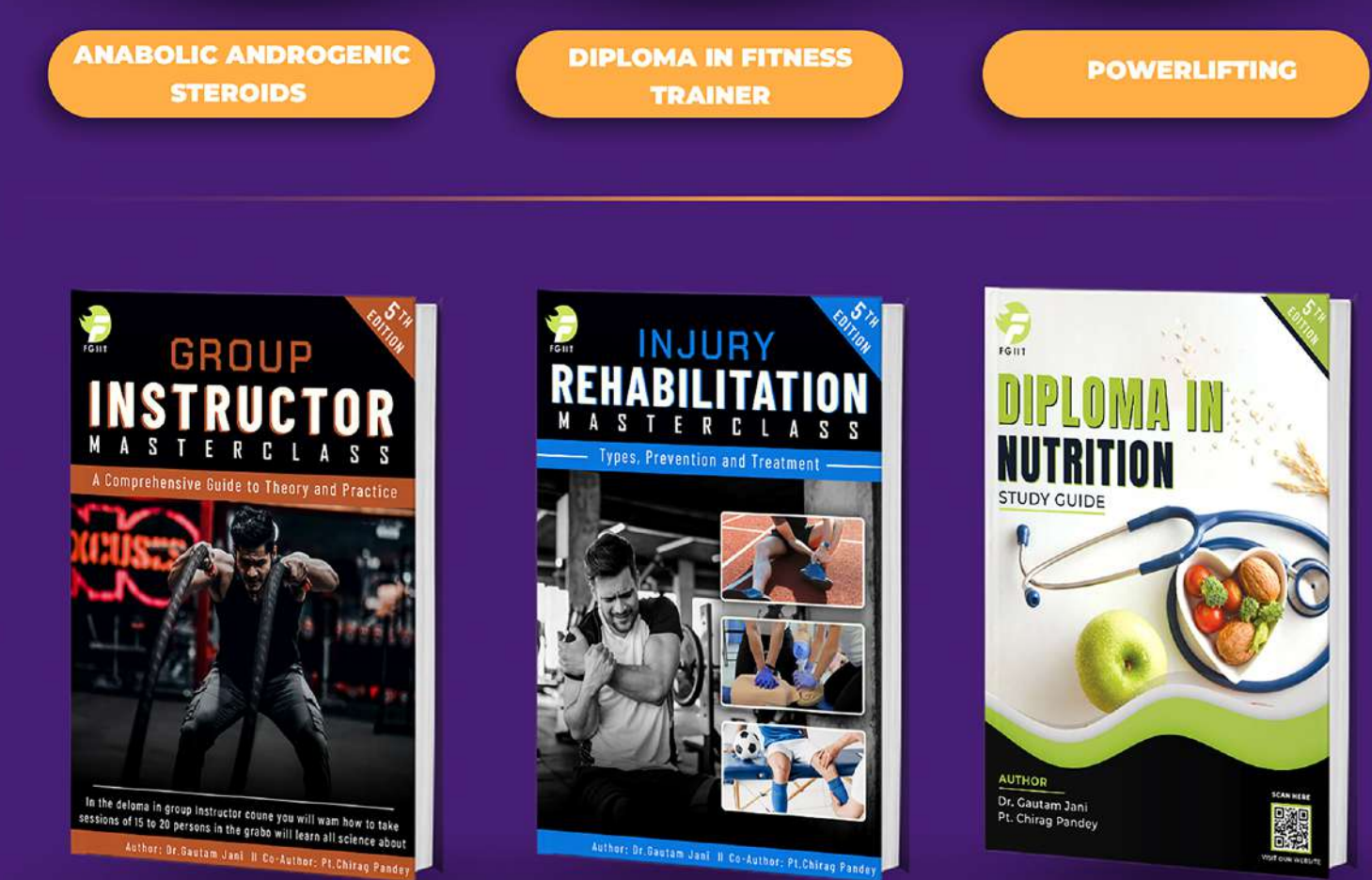


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## YOU CAN START YOUR OWN COURSE LIKE

- Fitness Trainer Course
- Nutrition Course
- Diploma In Nutrition Course
- Mix Martial Art
- Weightlifting Course
- Supplementation Course
- Weight Management Course
- Clinical Nutrition Course
- Strength and Conditioning Course
- Injury Rehabilitation Course
- Cupping Therapy Workshop
- Tapping Workshop
- IASTM tools

## PASSOUT STUDENTS



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## WE PROVIDE REFERENCE BOOKS



ANABOLIC ANDROGENIC STEROIDS



DIPLOMA IN FITNESS TRAINER



POWERLIFTING



GROUP INSTRUCTOR MASTERCLASS



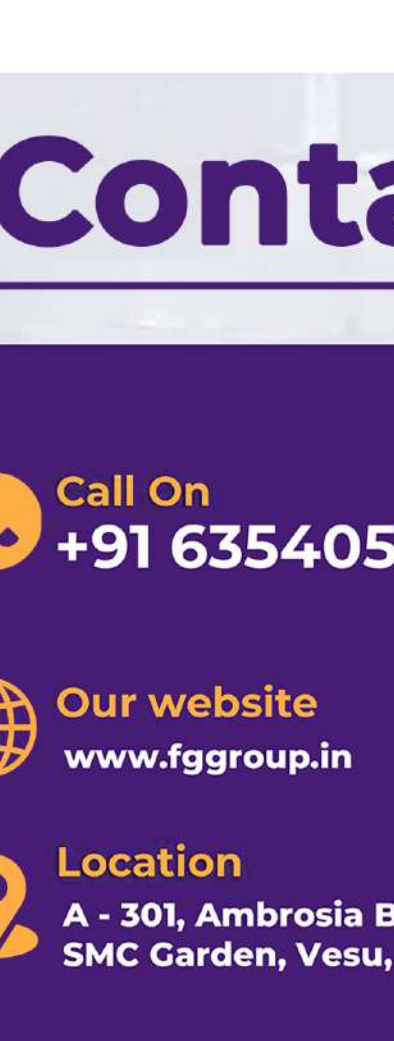
INJURY REHABILITATION MASTERCLASS



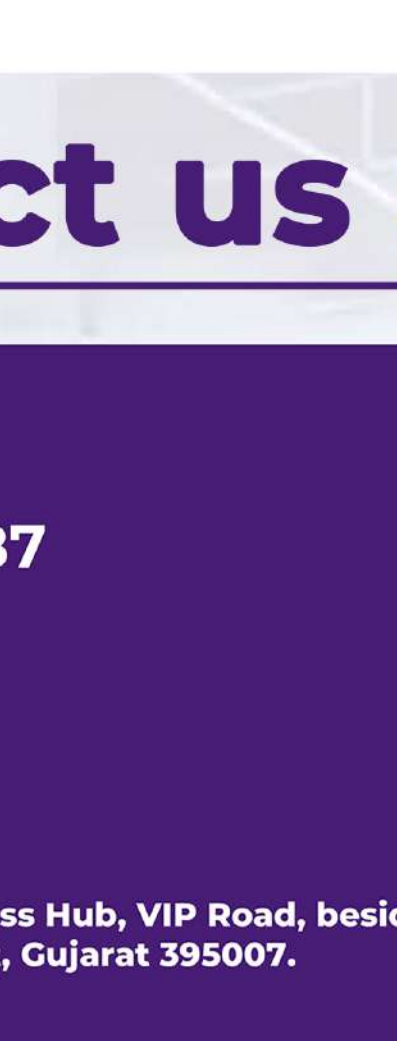
DIPLOMA IN NUTRITION

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## OUR FACULTY



DR. GAUTAM JANI



DT. FORAM DESAI



PT. CHIRAG PANDEY



DR. WAQAR QURESHI



DT. POONAM PATEL



DR. KHEMIYAAN



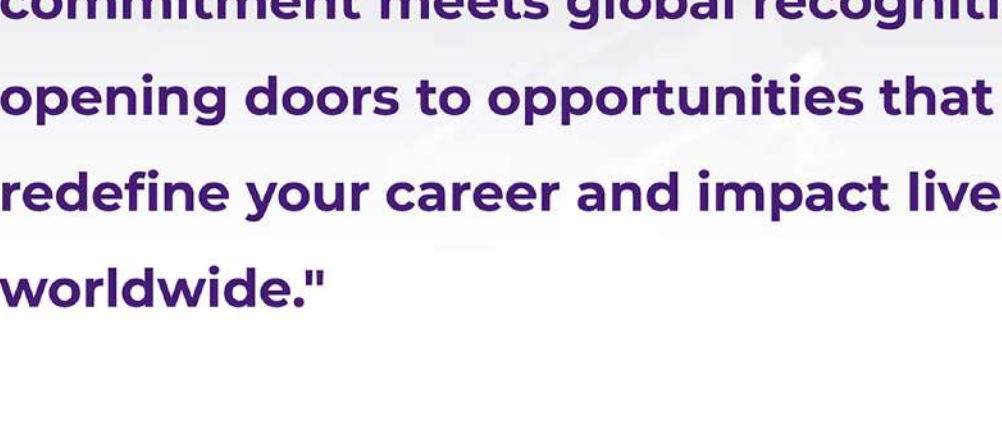
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## Contact us :

**Call On**  
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**Our website**  
www.fgggroup.in

**Location**  
A - 301, Ambrosia Business Hub, VIP Road, beside SMC Garden, Vesu, Surat, Gujarat 395007.



"INPTA accreditation: Where your commitment meets global recognition, opening doors to opportunities that redefine your career and impact lives worldwide."

THANK YOU