



Future Of Skill Development In India



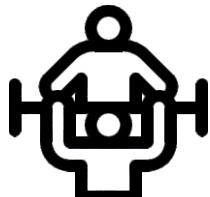
INDIA'S LEADING SKILL DEVELOPMENT ACADEMY



**Nutri-Trainer
Course**



**Diploma In
Nutrition Course**



**Diploma in Personal
Trainer Course**



**Anabolic Androgenic
Steroids Master Class**



**Group Instructor
Workshop**



**Injury Rehabilitation
Masterclass**



**Advance
Clinical Nutrition**



BE A CERTIFIED DIETITIAN & PERSONAL TRAINER

We provide full certified courses which is acceptable across the world. You can learn it at your preferable time.

ABOUT US :

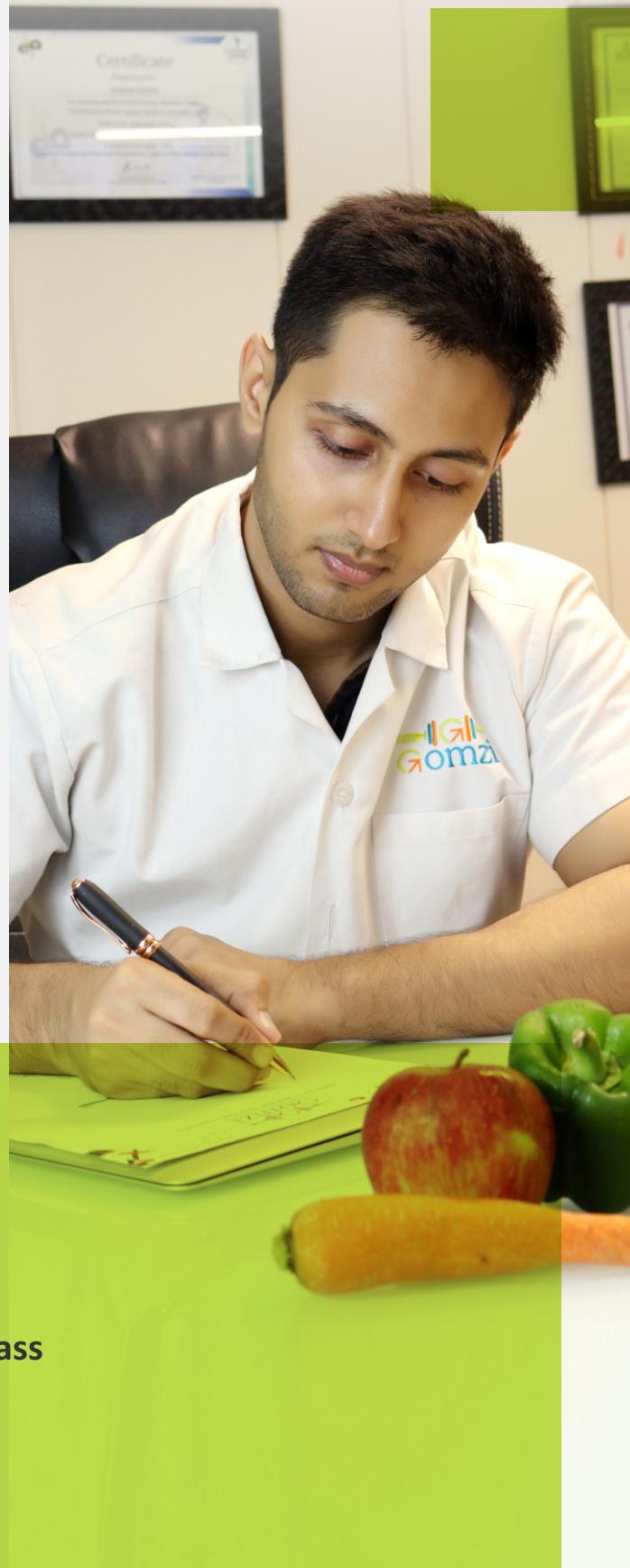
We started this nutrition courses in order to make the fitness and nutrition industry-main streamline after 10th and 12th. A student who wants to follow their passion and earn money simultaneously they can register for our courses.

As a Top institute for nutrition and dietitian courses in surat, we provide the live experiences which you'll be going to face in front of your clients and patients which makes us unique from others.

We provide all resources and content online so you can experience online learning with the FG International Institute of Teaching

Our Online Courses Details :

- 1. Nutri-Trainer Course**
- 2. Diploma In Nutrition Course**
- 3. Diploma in Personal Trainer Course**
- 4. Anabolic Androgenic Steroids Master Class**
- 5. Group Instructor Workshop**
- 6. Injury Rehabilitation Masterclass**
- 7. Advance Clinical Nutrition**



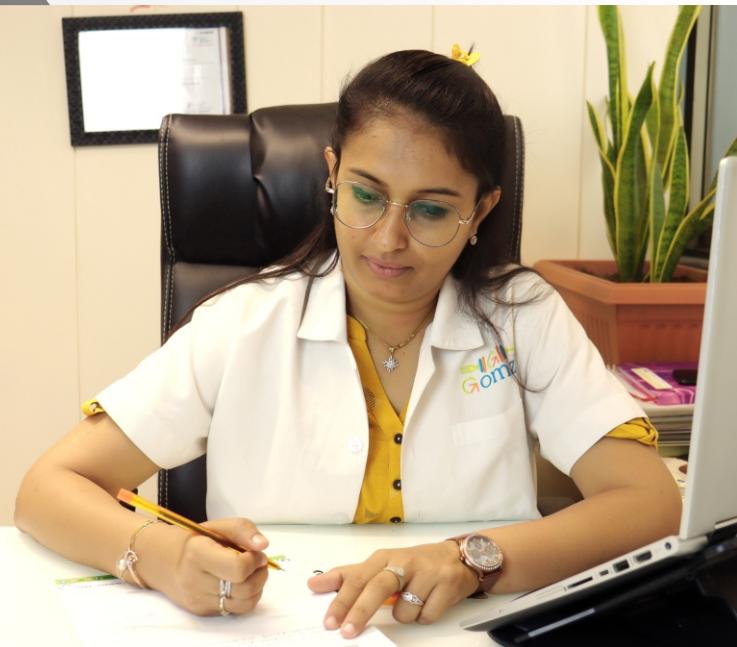
1. Diploma In Nutrition Course

\$499 Tax Included

Certified Nutritionist Course is specially designed to help qualified Nutritionists, Personal Trainer/Gym Instructor and Group Fitness Instructor obtain knowledge required to prescribe nutrition plans for active, exercising individuals & even competitive athletes.

Syllabus

- Carbohydrates
- Proteins
- Lipids
- Water – Most Forgotten Nutrient
- Energy Metabolism
- Vitamin
- Minerals
- Introduction To Living Beings: Physiology
- Anatomy Of Our Human Body
- Fundamentals Of Meal Planning
- Food Groups
- Food Exchange List
- Methods Of Improving Nutritional Quality Of Foods.
- Nutrition In The Life Cycle
- Nutrition In Old Age
- Therapeutic Adaptations Of Normal Diet
 - Fluid Diet ◦ Total Parenteral Nutrition ◦ Tube Feeding
- Gastro Intestinal Disorders
 - Hernia ◦ Diarrhoea ◦ Constipation ◦ Peptic Ulcer
 - Ulcerative Colitis ◦ Crohn's Disease ◦ Dumping Syndrome
 - Dysphagia
- Metabolic Disorders
 - Diabetes ◦ Gout ◦ Hypothyroidism ◦ Hyperthyroidism
 - Menopause ◦ PCOS ◦ PMS
- CARDIOVASCULAR DISORDERS
 - Hypertension ◦ Atherosclerosis ◦ Myocardial infarction
- LIVER DISORDERS
 - Jaundice ◦ Hepatitis ◦ Diseases of gallbladder
- FEBRILE DISORDERS
 - Typhoids ◦ Tuberculosis
- MUSCULOSKELETAL DISORDERS
 - Osteoarthritis ◦ Osteoporosis
- DIET FOR HEALTHY SKIN, HAIR & NAILS
- NUTRITION FOR NIGHT SHIFT WORKERS
- FOOD ALLERGIES & FOOD INTEGRATION
- WEIGHT MANAGEMENT & OBESITY
- COUNSELLING SKILLS
- SPORTS NUTRITION
- SUPPLEMENTS
- HOW TO MAKE DIET PLAN
- JOB PLACEMENT



Key Features

- Online Session at Zoom**
- Recorder Session**
- Duration 3 Month**
- Internship 1 Month**
- Quality Content**
- Live Support**
- Mentorship**
- Video & Pdf Material**

REGISTRATION PROCESS

Step 1

Fill The Below Form



- **ADMISSION FORM**

Step 2

Send Your Documents



- **AADHAR CARD XEROX**
- **2 PASSPORT SIZE PHOTO**
- **10TH MARKSHEET**
- **12TH MARKSHEET**

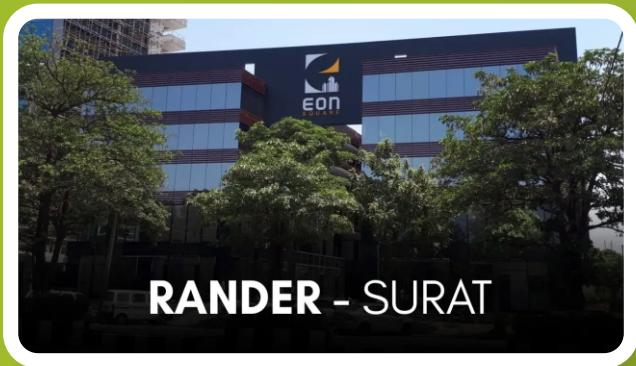
Step 3

Pay Through



- **UPI ID :**
fgiitsurat@okaxis
- **WEBSITE :**
www.fggroup.in

FRANCHISE ACROSS INDIA



• • •

Contact Us :

+91 88668 42520 | +91 83474 38199

www.fggroup.in