

A lush, dense rainforest scene with tall, slender trees and thick foliage. The atmosphere is misty and ethereal, with sunlight filtering through the canopy. The foreground is filled with various green plants and ferns. The text is overlaid on the center of the image.

# *Rainforest survival guide*

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A lush rainforest scene with a river and dense foliage. The river is calm, reflecting the surrounding greenery. The forest is dense with various types of trees and plants, creating a vibrant green landscape. The sky is visible through the canopy, showing a clear blue color.

## *First things first!*

If you want to survive in the rainforest you better pay close attention to this top recommended survival guide on how to survive in the rainforest.

# Equipment

- bucket/tarp
- signal flare
- torch
- shovel
- bayonet
- sleeping bag
- metal water bottle
- knife
- plant book [to identify what plants you can and can't eat]
- map
- radio
- notepad

- Pen
- shovel



## DO'S

- LOOK FOR FARMS AND LOCALS IF YOU ARE IN A PINCH
- TRY TO FOLLOW ANIMALS TO SEE WHERE THEY GET THERE FOOD AND WATER FROM
- CLIMB SHORT TREES ONLY IF YOUR GETTING FOOD FROM THEM

## DON'TS

- DO NOT EAT ANYTHING THAT YOU DO NOT KNOW WHAT IT IS
- DO NOT TRY TO CLIMB A TREE TO GET A ADVANTAGE POINT
- DO NO GO HUNTING ONLY GO HUNTING WHEN YOU ARE OUT OF FOOD

# PRIORITIES

- 1. FIND/BUILD A SHELTER**
- 2. FIND WATER**
- 3. FIND/COLLECT FOOD**
- 4. GET WARMTH FROM FIRE**
- 5. TAKE CARE OF ANY INJURIES**

# WATER

IF YOU WANT TO FIND WATER THERE ARE A LOT OF WAYS TO DO IT ONE OF THE MAIN WAYS TO FIND WATER IS BY COLLECTING IT FROM RAIN YOU DO THIS BY SETTING OUT A TARP OR BUCKET FROM THE EQUIPMENT LIST. YOU MAY BE ASKING YOURSELF “CAN YOU DRINK RAINWATER?” WELL YES, INFAC T IN SOME CASES RAINWATER IS CLEANER THAN REGULAR PUBLIC WATER. THIS IS A VERY GOOD TECHNIQUE TO USE BECAUSE THE RAIN FOREST IS VERY WET AND RAINY HENSE THE NAME.



# FOOD

THERE ARE LOTS OF WAYS TO GET FOOD IN THE RAINFOREST BUT IT'S SAFER TO AVOID HUNTING UNLESS YOU ARE HUNTING HERBIVORES HOWEVER THEY ARE MUCH HARDER TO CATCH BUT THEY DON'T FIGHT AS MUCH AS OTHER PREDATORS



**THANK YOU FOR  
WATCHING!**

**NEXT TIME YOUR IN A SURVIVAL SITUATION  
YOU WILL KNOW WHAT TO DO!**