Gabe Lytle– Personal User Manual

My style (*Myers-Briggs: INFP*)

- I prefer to work in an environment where I can be flexible and use my own creativity to find solutions to problems rather than be prescribed a strict set of steps to follow.
- I find it easy to empathize with people and always try to put myself in their shoes. I love making people feel better about themselves and am always willing to use my skills to help somebody else. On the other hand, I tend to build friendships very slowly and carefully compared to most people.
- I perform poorly under pressure but thrive when working on projects that interest me or that I have a personal investment in.
- I usually react well to receiving constructive criticism and will try to adapt my work style accordingly. I like receiving affirmations that I'm on the right track.

What I value

- I value honesty and integrity above most things.
- I value flexibility and creativity. I have a hard time dealing with those who are unwilling to bend or change their minds, and I appreciate it when people are open to considering a new viewpoint even if it may contradict their established mindset.

What I don't have patience for

- I am far less patient with dishonesty and unfairness than I am with incompetence. I do not tolerate mistreatment of others in any way.
- I have little patience for conflict. I hate watching conflicts unfold and consider grudges a waste of time and emotional energy.

How best to communicate with me

- I respond to pretty much any form of communication, though sometimes I am slow to pick up on social cues or signals that others might pick up on immediately. I tend to second-guess or read too deeply into the things that others say, so clear, concise communication is always best.
- I prefer one-on-one, personal communication rather than any other format.

How to help me

- Be patient with me. Some concepts I pick up very quickly, other things take me a long time to fully grasp. I learn best by practical example and application, rather than discussing theories or abstract principles.

- I have a much harder time thinking critically when I feel as if somebody is watching my every move, and I work much more efficiently when left to solve a problem without the direct scrutiny of others.

What people misunderstand about me

- In social settings, I think people tend to assume that I'm disinterested or distracted. This usually isn't the case; I just generally prefer to take a backseat in those kinds of situations and listen rather than become the subject of attention.

Dashboard

WORK

3- I do as much work as is needed to get my schoolwork done and maintain my spirituality but rarely more.

PLAY

4- I feel generally pretty fulfilled recreationally.

LOVE

3- I am not in a relationship, but I feel loved by my roommates and family. I feel like I could be doing more to show love to those around me.

HEALTH

3- I am generally pretty healthy, but I could be doing more in the way of exercise.

Workview/Lifeview

Workview Reflection

Our willingness to work, and where we concentrate our energy, is a reflection of who and what motivates us. For me, I am motivated by a desire to see great results in my own life as well as the lives of those whose paths may become intertwined with mine in the future. Money is relevant so far as surviving and providing are concerned, but there is more to work than just making a profit. I also want to accomplish something memorable, something that makes a genuine difference in the world.

Lifeview Reflection

My view on life is influenced heavily by my religious beliefs. I believe that we came here for the purpose of preparing to meet God and to become more like Him. Ideally, everything in my life should point toward that eventual goal. Identity and family are inherently eternal in nature and I try to treat them that way.

Good Time Journal

Things that give me energy

- Time alone to recharge my "batteries"

- Positivity

Things that give me engagement

- Topics that interest me

- When I given positive reinforcement

Things that give me flow

- When I'm "in the zone"

- When I am allowed to work on my own with little interference

Bringing my ideas to life

Satisfaction from achievement

Desire to help others

Odyssey Plan

	0	1	2	3	4	5	
The "Safe" Plan	Begin Software Eng Major, Finish semester with all A's, Work at OTMT	Finish semester with all A's, Work at OTMT Acquire car	Finish semester with all A's, Work at OTMT, Job/internship hunting	Finish semester with all A's, Internship	Graduate with bachelor's in Software Engineering, Acquire software job	Get married?	R 70% L 50% C 70% C 80%
Contingency	If that doesn't work out, pursue English major Finish semester with all A's, Work at OTMT	Finish semester with all A's, Work at OTMT Acquire car	Finish semester with all A's, Work at OTMT, Begin writing a novel	Finish semester with all A's, Work at OTMT,	Graduate	Get married, finish novel first draft	R 80% L 70% C 30% C 30%
The Dream	Software Eng Major	Finish semester	Finish semester	Finish semester	Acquire job at	Change the world with	R 90% L 50%

	with, Finish semester with all A's, Get car	with all A's, get house	with all A's, get married	with all A's	Neuralink, graduate	some sort of crazy breakthrough in prosthetic technology	C 10% C 10%

Mind Maps