

Pubmed Search Strategy

("Healthy aging" [Mesh] OR "Healthy aging" [Title/Abstract] OR "Healthy Ageing" [Title/Abstract] OR "Successful aging" [Title/Abstract] OR "Successful ageing" [Title/Abstract])

AND ("Middle Aged"[Mesh] OR "Aged" [Mesh] OR "Aging"[Mesh])

AND ("Cohort Studies"[Mesh]))

NOT ("Frailty"[Mesh] OR "Frail Elderly"[Mesh] OR "Cross-sectional"[title] OR "Clinical Trials as Topic"[Mesh] OR "Randomized Controlled Trial"[Publication Type] OR "Qualitative Research"[Mesh] OR "Review"[Publication Type] OR "Review Literature as Topic"[Mesh] OR "Meta-Analysis"[Publication Type] OR "Meta-Analysis as Topic"[Mesh] OR "Systematic Review"[Publication Type] OR "Systematic Reviews as Topic"[Mesh] OR "Editorial"[Publication Type])