

3.0 PRE-CONFERENCE WORKSHOPS

1. Workshop One: Nutrition Assessment in Practice (Time: 7:30 am – 10:30 am)

Chief Facilitator: Dr. David Omondi Okeyo

Workshop Sessions

- 7:30 am – 8:00 am: Introduction, – Dr. David Omondi Okeyo
 - 8:00 am – 8:30 am: Anthropometric assessment – Banice Kendi Mugo
 - 8:30 am – 9:00 am: Biochemical Assessment – Anastacia Kariuki
 - 9:00 am – 9:30 am: Clinical Assessment – Prof. Gordon Nguka
 - 9:30 am – 10:00 am: Dietary Assessment – Dr. David Omondi Okeyo
 - 10:00 am – 10:30 am: Question and Answer – Laura Achieng
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2. Workshop Two: Nutrition Pharmacology in Practice : (Time: 11:00 am – 1:15 Pm)

Facilitator: Prof. Gordon Nguka

Support Personnel: Zadok Maingi

3. Nutrition Leadership in Practice; Emotional Intelligence & Team Work (Time: 2:00 pm – 4:30 pm)

Facilitator: Dr. David Omondi Okeyo

Support Personnel: Moses Kutwah Amram