

WHAT CAN I PUT IN THE GARBAGE DISPOSAL?

GOOD

COLD WATER(NOT HOT)

Water should be running the whole time the garbage disposal is on. Cold water is best because it solidifies greas and fatty foods.
HOT WATER CAN CAUSE OVERHEATING

SMALL BITS OF FOOD

Small scraps of food left over on your plate after a meal is what a grabage disposal is for. Grind Away!
AVOID LARGE AMOUNTS OR BIG CHUNKS

BREADS

Breads break up easily and dissolve quickly in water. Use plenty of water to avoid turning to paste.
AVOID USING THE WHOLE LOAF

COOKED VEGETABLES AND MEAT

Most cooked vegetables and meats are soft enough to grind up in the disposal with ease
AVOID BONES AND STRINGY VEGGIES

EGG SHELLS

This is a controversial subject, but they break up easily and are not heavy so they won't sin in your drain and build up. So go for it!
THE CARTON THEY COME IN IS NOT OK

ICE CUBES AND/OR ROCK SALT

Yes, it makes a horrible noise but ice will beat the rock salt around the blades and will help scrape things off and keep things clean.
THIS WILL NOT SHARPEN THE BLADES

BAD

BONES, FRUIT PITS, SMALL PEBBLES

Generally speaking if it is something that you can not chew up yourself then it should probably not go into your garbage disposal.
CAUSES: BLADE DAMAGE AND CLOGS

GREASE, OIL, GREASY FOODS

Grease and oil do not mix well with water, just ask your mechanic. It hardes when ccooled and is very bad for septic systems
CAUSES: CLOGS AND GUMS UP BLADES

PASTA OR RICE

Large quantities of rice and pasta will soak up the water and expand your pipes
CAUSES: GLOGS IN THE PIPES

STRINGY VEGETABLES

Things like celery or asparagus can wrap around the blades and stop them from spinning.
CAUSES: IMPEDE FUNCTIONALITY

VEGETABLE AND FRUIT PEELS

The exteriors of most fruits and vegetables are harder than you think. A little at a time would be ok but avoid a whole fruit salad.
CAUSES: BLADE DAMAGE AND CLOGS

OTHER ITEMS TO AVOID

Stems, Shrimp Shells, Cigarette Butts, Glass, Plastic, Banana Peels, Onion Skins, Nut Shells, Artichokes, Silverware, Rocks, Jewelry, Wood
NEVER PUT YOUR HAND IN THE DISPOSAL

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