

---

---

# OREMUS

A Collection of Latin and  
English prayers

---

---

Foreword by Fr Glen Tattersall

# OREMUS

A Collection of Latin and  
English prayers

Foreword by Fr Glen Tattersall

This is a small project by Catholic university students and a Parish priest to create an accessible collection of Latin and English prayers.

Though not a complete collection, we hope that this eBook may assist readers expand their vocabulary of thanksgiving, contrition, praise and petition for Our Lord Jesus Christ and Our Lady. We also hope that this book may invigorate a greater appreciation for the traditions of the Roman Catholic Church.

**Foreword:** Fr Glen Tattersall

**Editors:** Andrew Rutherford, Harvey Inamac, Dickson Leong

**Illustrator:** Alexandra Dooley

**Collection and preparation of prayers:** Josh Francisco



This work is licensed under CC BY-NC-ND 4.0. To view a copy of this license, visit <https://creativecommons.org/licenses/by-nc-nd/4.0>

Cover design and formatting by Josh Francisco.

Latin text and English translations sourced from public domain sources, accessed online.

Biblical excerpts from *Challoner Douay Rheims Bible* (1899).

Prayers, hymns, and devotionals obtained from Ambrose St John's *Raccolta of Indulged Prayers* (1910), *A Catechism of Christian Doctrine, Prepared and Enjoined by the Order of the Third Council of Baltimore* (1885), Fortescue, A. *Latin Hymns* (1913), Caswall, E. *Lyra Catholica: Containing all the Breviary and Missal Hymns, with Others from Various Sources* (1849), *Missale Romanum* (1920), *Rituale Romanum* (1853), *A Manual of Prayers for Use of the Catholic Laity* (1889).

# Foreword

By Fr Glen Tattersall

The death of Latin – often announced - has been greatly exaggerated. Latin remains the official language of the Catholic Church. The traditional or classical Latin liturgy of the Western Church is returning to our Altars. The majesty of St Jerome's vulgate finds renewed appreciation in our day, together with the elegance of the Latin Fathers – especially St Augustine and St Leo the Great. The genius of St Thomas Aquinas is of course expressed in his Latin prose and poetry.

Pope St John XXIII, in his Apostolic Constitution, *Veterum Sapientia*, promulgated in 1962, affirmed the perennial importance of Latin as the living voice of antiquity, providing a bond of unity in the Church by virtue of its universality through space and time, and its immutability (a guarantee of clarity and precision). The beauty and dignity of Latin makes it a fitting vehicle with which to speak to God, and of God.

*Lex orandi – lex credendi*: the law of praying is the law of believing. Our prayers express our belief. But we can also say that - in a sense - as we pray, so we shall believe. Above all, this is true of the Sacred Liturgy, the official public prayer of the Church (especially Holy Mass and the Divine Office). The patrimony of Latin in the liturgy is also intimately connected with the treasury of Sacred Music (especially Gregorian Chant and Polyphony).

Our appreciation for Latin as the elegant form in which we dress our prayers, should not however be confined to the Sacred Liturgy. Our personal and familial prayers – some from Scriptural or liturgical sources, others from further afield – can also be offered profitably in Latin. While the vernacular can always be freely used in private prayer, neither should Latin be excluded. It behoves us to learn to pray in the language of generations of Catholics over two millennia, beginning with the Roman martyrs. Surely, we shall more easily receive their spirit and imitate their faith and courage, if we make some effort to pray frequently in the language that they Providentially bequeathed to us. The language of Rome, the language of Holy Mother Church, should not only command our veneration, but hold our affection.

In a work entitled *Legendo*, published in the United Kingdom in the darkest days of World War II (and long since out of print), the authoress, Vilma G. Little, wrote the following words, with Evangelical boldness: “every Catholic has received the Holy Spirit, master of the gift of tongues. Has this Spirit then lost the power He manifested at Pentecost? Or should we not rather believe that He can and will enlighten the understanding and sharpen the faculties of those who, *solely from supernatural motives*, beg for help in their efforts to acquire a knowledge of their Christian mother tongue? Let us then hold fast to this our birthright; let us cherish this noble privilege of a common Christian tongue, bond of union between all Catholics of the West. In it we will find a strong defence against the organised forces of evil, as well as a deepening of our spiritual life.”

I pen this preface during one of the most difficult moments since World War II: when a veritable worldwide lockdown is in place in an attempt to curtail the Wuhan virus. In most countries, the Churches are locked, and Holy Mass and the Divine Office are being celebrated without the presence of the people. May this beautiful collection of Latin prayers be of benefit during these difficult and anxious days of isolation and self-containment, and may it also contribute to the true renewal and restoration of Catholic life in the new epoch in which we will soon find ourselves.

In Domino et Domina,  
Fr Glen Tattersall  
Parish Priest,  
Parish of St John Henry Newman, Melbourne,  
Feast of St Philip Neri, 26 May 2020

# Contents

## Daily Prayers

*Sign of the Cross*

*Our Father*

*Hail Mary*

*Glory Be/Lesser Doxology*

*Hail, Holy Queen*

*Angelus*

*Regina Caeli, Laetare*

*Angel of God*

*Saint Michael the Archangel*

*Blessing before Meals*

*Blessing after Meals*

*Requiem Aeternam*

*Morning Offering*

*Confiteor*

## Symbols of Faith

*Apostles' Creed*

*Nicene Creed*

*Athanasian Creed*

*Creed of Pope Pius IV (Tridentine Creed)*

## The Blessed Sacrament

*Pangue Lingua Gloriosi*

*Tantum Ergo*

*O Sacrum Convivium*

*Verbum Supernum Prodiens*

*O Salutaris Hostia*

*Divine Praises*

*Ave Verum Corpus*

*Sacris Solemniis*

*Panis Angelicus*

*Adoro Te Devote*

*Litany of the Most Precious Blood*

## **To God the Father**

*Te Deum*

*Lord God Almighty*

*De Profundis (Ps. 129)*

*Actiones Nostras*

*Universal Prayer*

*Oblatio Sui*

*Libera Me*

## **To Jesus**

*Litany of the Most Holy Name*

*Anima Christi*

*To Jesus Living in Mary*

*Litany of the Most Sacred Heart*

*Noverim Me*

## **Stations of the Cross**

*Introductory Prayer*

*First Station – Jesus is condemned to death*

*Second Station – Jesus is made to bear his cross*

*Third Station – Jesus falls for this first time under his cross*

*Fourth Station – Jesus meets his afflicted mother*

*Fifth Station – Simon of Cyrene helps Jesus carry his cross*

*Sixth Station – Veronica wipes the face of Jesus*

*Seventh Station – Jesus falls the second time*

*Eighth Station – Jesus speaks to the women of Jerusalem*

*Ninth Station – Jesus falls the third time*

*Tenth Station – Jesus is stripped of his garments*

*Eleventh Station – Jesus is nailed to the cross*

*Twelfth Station – Jesus dies on the cross*

*Thirteenth Station – Jesus is taken down from the cross*

*Fourteenth Station – Jesus is placed in the tomb*

*Prayer to Jesus Christ, crucified*

## **To the Holy Spirit**

*Veni, Sancte Spiritus*

*Veni, Creator Spiritus*

## **To the Blessed Virgin Mary**

*Magnificat*

*Ave Maris Stella*

*O Domina Mea*

*Sub Tuum Praesidium*

*Memorare*

*Ave Regina Caelorum (Hymn)*

*Stabat Mater Dolorosa*

*Alma Redemptoris Mater*

*Maria, Mater Gratiae*

*Inviolata*

*Litany of Loreto*

## **The Rosary**

*Mysterium Gaudiosa – Joyful Mysteries*

*Mysteria Dolorosa – Sorrowful Mysteries*

*Mysteria Gloriosa – Glorious Mysteries*

*Fatima Prayer*

*Hail, Holy Queen*

*Final Prayer*

## **Hymns and Devotions for the Liturgical Seasons**

*Attende Domine (Lent)*

*Vexilia Regis Proderunt (Passiontide)*

*Ubi Caritas (Passiontide)*

*Regina Caeli, Laetare (Paschaltide)*

*Victimae Paschali (Paschaltide)*

*Rorate (Advent)*

*Adeste Fideles (Christmastide)*

## **To the Angels and Saints**

*Litany of the Saints*

*Litaniae Sancti Ioseph*

*Ad te, Beate Ioseph*

*St Michael Archangel Antiphon*



## **Before Mass**

*Prayer to the Blessed Virgin Mary*

*Prayers to all the Angels and Saints*

*Prayer of St Thomas Aquinas before Mass*

## **Communion**

*Prayer of St Ambrose before Communion*

*Prayer of St Thomas Aquinas after Communion*

*Short prayer of St Thomas Aquinas after Communion*

*Act of Spiritual Communion*

## **After Mass**

*Leonine Prayers*

*Prayer of St Bonaventure after Mass*

*Oblatio Sui*

## **Confession**

*Confiteor*

*Act of Contrition*

*My God, I believe in Thee*

*En ego, o bone et dulcissime Iesu*

*Act of Reparation*

*Miserere (Ps.50)*

## **Acts of the Theological Virtues**

*Act of Faith*

*Act of Hope*

*Act of Charity*

## **Other Prayers**

*Prayer before meetings (Saint Isidore of Seville)*

*Before studying (Saint Thomas Aquinas)*

*Prayer for our Sovereign Pontiff*

*Saint Benedict Medal Formula*

## **In Times of Pestilence**

*Prayer to send your Guardian Angel to Mass*

*Act of Spiritual Communion*

*Prayer in troubling times*

*Prayer in times of plague I (Ps. 53)*

*Prayer in times of plague II*

*Stella Cæli*

## **Appendix**

*Ten Commandments*

*Precepts of the Church*

*Seven Sacraments*

*Theological Virtues*

*Cardinal Virtues*

*Seven Capital Sins and Opposite Virtues*

*Seven Gifts of the Holy Spirit*

*Twelve Fruits of the Holy Spirit*

*Seven Spiritual Works of Mercy*

*The Beatitudes*

*Sins Against the Holy Spirit*

*Sins Crying to Heaven for Vengeance*

*Three Eminent Good Works*

*The Evangelical Counsels*

*Four Last Things to Be Remembered*

# **Daily Prayers**

<b>Sign of the Cross</b> In nómine Patris, ✠ et Fílii, et Spíritus Sancti. Amen.	In the name of the Father, ✠ and the Son, and the Holy Spirit. Amen.
<b>Our Father</b> Pater noster, qui es in cælis, sanctificétur nomen tuum. Advéniat regnum tuum. Fiat voluntas tua, sicut in cælo et in terra. Panem nostrum quotidiánum da nobis hódie, et dimítte nobis débíta nostra, sicut et nos dimíttimus debitóribus nostris. Et ne nos indúcas in tentatiónem: sed libera nos a malo. Amen.	Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on Earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses. As we forgive those who trespass against us, and lead us not into temptation: but deliver us from evil. Amen.
<b>Hail Mary</b> Ave María, grátia plena, Dóminus tecum; benedícta tu in muliéribus, et benedíctus fructus ventris tui, Iesus. Sancta María, Mater Dei, ora pro nobis peccatóribus, nunc et in hora mortis nostræ. Amen.	Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.
<b>Glory Be/Lesser Doxology</b> Gloria Patri, et Fílio, et Spíritui Sancto. Sicut erat in princípío et nunc et semper et in sæcula sæculórum. Amen.	Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.
<b>Hail, Holy Queen</b> Salve Regína, mater misericórdiæ: vita, dulcédo, et spes nostra, salve. Ad te clamámus, éxsules fílii Hevæ. Ad te suspirámus, geméntes et flentes in hac lacrimárum valle. Eia ergo, Advocáta nostra, illos tuos misericórdes óculos ad nos convérte.  Et Iesum, benedíctum fructum ventris tui, nobis post hoc exsílíum osténde.	Hail, Holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us,  And after this our exile, show unto us the blessed fruit of thy womb, Jesus,

<p>O clemens, O pia, O dulcis Virgo María.</p> <p>Ų. Ora pro nobis sancta Dei Génatrix.  R̃. Ut digne efficiámur promissionibus Christi.</p>	<p>O clement, O loving, O sweet Virgin Mary.</p> <p>Ų. Pray for us, O holy Mother of God.  R̃. That we may be made worthy of the promises of Christ</p>
<p><b>Angelus</b></p> <p>Ų. Angelus Dómini nuntiávit  Maríæ.  R̃. Et concépit de Spíritu Sáncto.</p> <p>Ų. Ave María, grátia plena, Dóminus tecum; benedícta tu in mulieribus, et benedíctus fructus ventris tui, Iesus.  R̃. . Sancta María, Mater Dei, ora pro nobis peccatóribus, nunc et in hora mortis nostræ.  Amen.</p> <p>Ų. Ecce ancílla Dómini.  R̃. Fiat mihi secúndum verbum tuum.  Ave Maria...</p> <p>Ų. Et Verbum caro factum est.  R̃. Et habitávit in nobis.  Ave Maria...</p> <p>Ų. Ora pro nobis Sancta Dei Génatrix  R̃. Ut digne efficiámur promissionibus Christi.</p> <p>Ų. Oremus: Grátiam tuam quæsumus, Dómine, méntibus nostris infúnde: ut qui, Ángelo nuntiánte, Christi Fílii tui Incarnatiónem cognóvimus; per passiónem ejus et crucem, ad resurrectiόνis glóriam perducámur. Per eúmdem Chrístum Dominum nostrum.  Amen.</p>	<p>Ų. The angel of the Lord declared unto Mary.  R̃. And she conceived of the Holy Ghost.</p> <p>Ų. Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb Jesus.  R̃. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.  Amen.</p> <p>Ų. Behold the handmaid of the Lord.  R̃. Be it done unto me according to Thy word.  Hail Mary...</p> <p>And the Word was made flesh.  R̃. And dwelt among us.  Hail Mary...</p> <p>Pray for us, O holy Mother of God.  R̃. That we may be made worthy of the promises of Christ.</p> <p>Ų. Let us pray. Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His resurrection. Through the same Christ our Lord.  Amen.</p>

<p><b>Regina Caeli, Laetare</b>  Regína cæli, lætáre, allelúia;  Quia quem meruísti portáre, alleluia:  Resurréxit, sicut dixit, allelúia:  Ora pro nobis Deum, allelúia.</p> <p>Ÿ. Gáude et lætáre, Virgo María,  allelúia.  Ř. Quia surréxit Dóminus vere, allelúia.  Oremus.</p> <p>Deus, qui per resurrectionem Filii tui  Dómini nostri Iesu Christi, mundum  lætificáre dignátus es: præsta, quæsumus,  ut, per eius Genetrícem Vírginem Mariám,  perpetuæ capiámus gáudia vitæ. Per  Christum, Dóminum nostrum.  Ř. Amen.</p>	<p>Queen of heaven, rejoice, allelúia.  The Son you merited to bear, allelúia,  Has risen as he said, allelúia.  Pray to God for us, allelúia</p> <p>Ÿ. Rejoice and be glad, O Virgin Mary,  allelúia.  Ř. For the Lord has truly risen, allelúia.  Let us pray.</p> <p>O God, who have been pleased to gladden  the world by the Resurrection of your Son  our Lord Jesus Christ, grant, we pray, that  through his Mother, the Virgin Mary, we  may receive the joys of everlasting life.  Through Christ our Lord.  Ř. Amen</p>
<p><b>Angel of God</b>  Angele Dei, qui custos es mei, me tibi  comíssum Pietáte Supérna. Hódie*,  illúmina, custódi, rege et gubérna.  Amen.</p>	<p>Angel of God, My guardian Dear, To  whom God's love entrusts me here, Ever  this day, Be at my Side, To light and  guard, To rule and guide,  Amen.</p> <p><i>*Hódie is replaced with Hac Nocte when  said at night.</i></p>
<p><b>Saint Michael the Archangel</b>  Sancte Michael Archángele, defénde nos  in proélio, contra nequítiam et insídias  diabóli esto præsidium. Imperet illi Deus,  súpplices deprecámur: tuque, princeps  milítiae cæléstis, sátanam aliósque  spíritus malignos, qui ad perditionem  animárum pervagántur in mundo, divina  virtúte, in inférnum detrúde.  Amen.</p>	<p>Saint Michael the Archangel, defend us in  battle, be our protection against the  wickedness and snares of the devil;  may God rebuke him, we humbly pray;  and do thou, O Prince of the heavenly  host, by the power of God, thrust into hell  Satan and all the evil spirits who roam  around the world seeking the ruin of  souls.  Amen.</p>
<p><b>Blessing before Meals</b>  Bénedic, Dómine, nos et hæc tua dona  quæ de tua largitáte sumus sumptúri. Per  Christum Dóminum nostrum.  Amen.</p>	<p>Bless us, O Lord, and these Thy gifts  which we are about to receive from Thy  bounty, through Christ our Lord.  Amen</p>

<p><b>Blessing after Meals</b>  Agimus tibi grátias, omnípotens Deus, pro univérssis beneficiis tuis, qui vivis et regnas in sácula sæculórum. Amen</p> <p>Ÿ. Deus det nobis suam pacem.  Ř. Et vitam ætérnam.  Amen.</p>	<p>We give Thee thanks, almighty God, for all Thy benefits, who livest and reignest for ever and ever. Amen.</p> <p>Ÿ. May the Lord grant us His peace.  Ř. And life everlasting.  Amen.</p>
<p><b>Requiem Aeternam</b>  Réquiem ætérnam dona ei/ea/eis, Dómine, et lux perpétua lúceat ei/ea/eis. Requiéscat in pace.  Amen.</p>	<p>Eternal rest grant unto him/her/them, Lord, and may perpetual light shine upon him/her/them. May he/she/they rest in peace.  Amen.</p>
<p><b>Morning Offering</b>  Dómine Iesu Christe, in unióne illíus divínæ intentiónis, quia in terris per sanctíssimum Cor tuum laudes Deo persolvísti et nunc in Eucharístiæ Sacraménto ubíque terrárum persólvis usque ad consummationem sáculi, ego per hanc diem íntegram, ad imitationem sanctíssimi Cordis beátæ Maríæ semper Vírginis immaculátæ, tibi libentíssime offero omnes meos intentiónes et cogitatiónes, omnes meos afféctus et desidéria, ómnia mea opera et verba.  Amen.</p>	<p>Lord Jesus Christ, in union with that divine intention wherewith on earth Thou didst offer to God Thy praises through Thy Most Sacred Heart, and dost now offer them in the Sacrament of the Eucharist everywhere on earth even to the end of time, I most gladly offer Thee throughout this entire day, all my thoughts and intentions, all my affections and desires, all my words and deeds, in imitation of the most sacred Heart of the blessed and ever Virgin Mary Immaculate.  Amen.</p>
<p><b>Confiteor</b>  Confíteor Deo omnipoténti, beátæ Maríæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptístæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis, fratres (et tibi pater), quia peccávi nimis cogitatióne, verbo et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Maríam semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos, fratres (et te, pater), oráre pro me ad Dóminum Deum nostrum.  Amen.</p>	<p>I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to you my brothers (and to thee, father) that I have sinned exceedingly in thought, word, and deed, through my fault, through my fault, through my most grievous fault. Therefore, I beseech blessed Mary ever Virgin, blessed Michael the archangel, blessed John the Baptist, the holy apostles Peter and Paul, and all the saints, to pray for me to the Lord our God.  Amen.</p>

# **Symbols of Faith**



<p><b>Apostles' Creed</b></p> <p>Credo in Deum, Patrem omnipotentem, Creatorem cæli et terræ. Et in Iesum Christum, Filium eius unicum, Dominum nostrum, qui concéptus est de Spíritu Sancto, natus ex María Vírgine, passus sub Póntio Piláto, crucifixus, mórtuus, et sepúltus, descéndit ad íferos, tértia die resurréxit a mórtuis, ascéndit ad cælos, sedet ad dexteram Dei Patris omnipotentis, inde ventúrus est iudicáre vivos et mórtuos. Credo in Spíritum Sanctum, sanctam Ecclésiám cathólicam, sanctorum communiónem, remissiónem peccatorum, carnis resurrectiόnem, vitam ætérnam. Amen.</p>	<p>I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.</p>
<p><b>Nicene Creed</b></p> <p>Credo in unum Deum, Patrem omnipotentem, factorem cæli et terræ, visibílium ómnium et invisibílium. Et in unum Dóminum, Iesum Christum, Filium Dei unigénitum, et ex Patre natum ante ómnia sácula. Deum de Deo, lumen de lúmine, Deum verum de Deo vero. Génitum, non factum, consubstantiálem Patri: per quem ómnia facta sunt. Qui propter nos hómines et propter nostram salútem descéndit de cælis. (Hic genuflectitur)</p> <p>Et incarnátus est de Spíritu Sancto ex María Vírgine, et homo factus est. Crucifíxus étiam pro nobis; sub Póntio Piláto passus et sepúltus est. Et resurréxit tértia die, secúndum Scriptúras, et ascéndit in cælum, sedet ad dexteram Patris. Et íterum ventúrus est cum glória, iudicáre vivos et mórtuos, cuius regni non erit finis.</p>	<p>I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (genuflect)</p> <p>and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.</p>

<p>Et in Spíritum Sanctum, Dóminum et vivificántem: qui ex Patre Filióque procedit. Qui cum Patre et Fílio simul adorátur et conglorificátur: qui locútus est per prophétas. Et unam, sanctam, cathólicam et apostólicam Ecclésiam. Confíteor unum baptísma in remissionem peccatórum. Et exspécto resurrectionem mortuórum, et vitam ventúri sáeculi. Amen.</p>	<p>I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.</p>
<p><b>Athanasian Creed</b>  Quicumque vult salvus esse, ante ómnia opus est, ut téneat caticam fidem:</p> <p>Quam nisi quisque íntegram inviolatámque serváverit, absque dúbio in ætérmam períbit.</p> <p>Fides autem cathólica hæc est: ut unum Deum in Trinitáte, et Trinitátem in unitáte venerémur.</p> <p>Neque confoundéntes persónas, neque substántiam seperántes.</p> <p>Alia est enim persóna Patris ália Fílii, ália Spíritus Sancti:</p> <p>Sed Patris, et Fílii, et Spíritus Sancti una est divínitas, æquális glória, coætérna maiéstas.</p> <p>Qualis Pater, talis Fílius, talis Spíritus Sanctus.</p> <p>Incréátus Pater, increátus Fílius, increátus Spíritus Sanctus.</p> <p>Imménsus Pater, imménsus Fílius, imménsus Spíritus Sanctus.</p> <p>Ætérmus Pater, ætérmus Fílius, ætérmus Spíritus Sanctus.</p>	<p>Whosoever will be saved, before all things it is necessary that he hold the Catholic Faith:</p> <p>Which Faith except everyone must keep whole and undefiled, without doubt he shall perish everlastingly.</p> <p>And the Catholic Faith is this: That we worship one God in Trinity, and Trinity in Unity.</p> <p>Neither confounding the Persons, nor dividing the Substance.</p> <p>For there is one Person of the Father, another of the Son, another of the Holy Spirit:</p> <p>But the Father and the Son and the Holy Spirit have one divinity, equal glory, and coeternal majesty.</p> <p>Such as the Father is, such is the Son, and such is the Holy Spirit.</p> <p>The Father uncreated, the Son uncreated, and the Holy Spirit uncreated.</p> <p>The Father incomprehensible, the Son incomprehensible, and the Holy Spirit incomprehensible.</p> <p>The Father eternal, the Son eternal, and the Holy Spirit eternal.</p>

Et tamen non tres ætérni, sed unus ætérnus.	And yet they are not three eternal, but one eternal.
Sicut non tres increáti, nec tres imménsi, sed unus increátus, et unus imménsus.	As there are not three uncreated beings, nor three incomprehensible beings, but one uncreated being and one incomprehensible being.
Simíliter omnípotens Pater, omnípotens Fílius, omnípotens Spíritus Sanctus.	So likewise the Father is omnipotent, the Son omnipotent, and the Holy Spirit omnipotent.
Et tamen non tres omnipoténtes, sed unus omnípotens.	Yet there are not three omnipotent beings, but one omnipotent being.
Ita Deus Pater, Deus Fílius, Deus Spíritus Sanctus.	So the Father is God, the Son God, and the Holy Spirit God.
Et tamen non tres dii, sed unus est Deus.	And yet, there are not three gods, but one God.
Ita Dóminus Pater, Dóminus Fílius, Dóminus Spíritus Sanctus.	So likewise the Father is Lord, the Son Lord, and the Holy Spirit Lord.
Et tamen non tres Dómini, sed unus est Dóminus.	And yet not three Lords, but one Lord
Quia, sicut singillátim unamquámque persónam Deum ac Dóminum confitéri christiána veritáte compélimur: ita tres Deos aut Dóminos dícere cathólica religióne prohibémur.	For just as we are compelled by Christian truth to acknowledge every Person singly to be God and Lord that there are three, We are forbidden by the Catholic religion to say there are three Gods, or three Lords.
Pater a nullo est factus: nec creátus, nec génitus.	The Father is made of no one, neither created, nor begotten.
Fílius a Patre solo est: non factus, nec creátus, sed génitus.	The Son is of the Father alone, not made, nor created, but begotten.
Spíritus Sanctus a Patre et Fílio: non factus, nec creátus, nec génitus, sed procédens.	The Holy Spirit is from the Father and the Son, neither made, nor created, nor begotten, but proceeding.
Unus ergo Pater, non tres Patres: unus Fílius, non tres Fílii: unus Spíritus Sanctus, non tres Spíritus Sancti.	So there is one Father, not three Fathers: one Son, not three Sons: one Holy Spirit, not three Holy Spirits.

Et in hac Trinitáte nihil prius aut postérius, nihil maius aut minus: sed totæ tres persónæ coætérnae sibi sunt et coæquáles.	And in this Trinity none is afore, or after other, none is greater, or less, but the whole three Persons together are coeternal and coequal.
Ita ut per ómnia, sicut iam supra dictum est, et únititas in Trinitáte, et Trínitas in unitáte veneránda sit.	So that in all things, as has been said above, the Unity in Trinity, and Trinity in Unity is to be worshiped.
Qui vult ergo salvus esse, ita de Trinitáte séntiat.	He therefore that will be saved must thus think of the Trinity.
Sed necessárium est ad ætérnam salútem, ut incarnatióem quoque Dómini nostri Iesu Christi fidéliter credat. Est ergo fides recta ut credámus et confiteámur, quia Dóminus noster Iesus Christus, Dei Fílius, Deus et homo est. Deus est ex substántia Patris, ante sáecula génitus: et homo est ex substántia matris, in sáeculo natus.	It is also necessary for eternal salvation that he believes steadfastly in the incarnation of our Lord Jesus Christ. For the right faith is that we believe and confess, that our Lord Jesus Christ, the Son of God, is God and man. God, of the Substance of the Father, begotten before the worlds: and man, of the substance of His mother, born in the world.
Perfécus Deus, perfécus homo: ex ánima rationáli et humána carne subsístens. Æquális Patri secúndum divinitátem: minor Patre secúndum humanitátem.	Perfect God and perfect Man, subsisting of a rational soul and human flesh. He is equal to the Father in His divinity, and inferior to the Father in His humanity.
Qui licet Deus sit et homo, non duo tamen, sed unus est Christus.	Although He is God and man, He is not two, but one Christ.
Unus autem non conversióne divinitátis in carnem, sed assumptióne humanitátis in Deum.	And He is one, not because His divinity was changed into flesh, but because His humanity was assumed unto God.
Unus omníno, non confusióne substántiæ, sed unitáte persónæ.	One, not by conversion of divinity into flesh, but by taking that of manhood into God.
Nam sicut ánima rationális et caro unus est homo: ita Deus et homo unus est Christus.	For as the rational soul and flesh is one man: so God and man is one Christ.
Qui passus est pro salúte nostra: descéndit ad íferos: tértia die resurréxit a mórtuis.	Who suffered for our salvation, descended into hell: the third day He arose again from the dead.

<p>Ascéndit ad cælos, sedet ad dexteram Dei Patris omnipoténtis: inde ventúrus est iudicáre vivos et mórtuos.</p>	<p>He ascended into heaven and is seated at the right hand of God the Father Almighty, from whence He shall come to judge the living and the dead.</p>
<p>Ad cuius advéntum omnes hómines resúrgere habent cum corpóribus suis: et redditúri sunt de factis própriis ratiónem.</p>	<p>At whose coming all men shall rise again with their bodies: and shall give account for their own deeds.</p>
<p>Et qui bona egérunt, ibunt in vitam ætérnam: qui vero mala, in ignem ætérnum.</p>	<p>And they that have done good shall go into life everlasting: and they that have done evil into everlasting fire.</p>
<p>Hæc est fides cathólica, quam nisi quisque fidéliter firmitérque credíderit, salvus esse non póterit. Amen.</p>	<p>This is the Catholic Faith, which except a man believe faithfully, he can not be saved. Amen.</p>
<p><b>Creed of Pope Pius IV (Tridentine Creed)</b></p> <p>Ego, (nomen), firma fide credo et profiteor ómnia et síngula, quae continéntur in Sýmbolo, quo Sancta Romána ecclésia útitur, vidélicet:</p> <p>Credo in unum Deum, Patrem omnipoténtem, factórem cæli et terræ, visibílium ómnium et invisibílium. Et in unum Dóminum, Iesum Christum, Fílium Dei unigénitum, et ex Patre natum ante ómnia sácula. Deum de Deo, lumen de lúmine, Deum verum de Deo vero. Génitum, non factum, consubstantiálem Patri: per quem ómnia facta sunt. Qui propter nos hómines et propter nostram salútem descéndit de cælis.</p> <p>Et incarnátus est de Spíritu Sancto ex María Vírgine, et homo factus est. Crucifíxus étiam pro nobis; sub Póntio Piláto passus et sepúltus est. Et resurréxit tértia die, secúndum Scriptúras, et ascéndit in cælum, sedet ad dexteram Patris. Et íterum ventúrus est cum glória, iudicáre vivos et mórtuos, cuius regni non erit finis.</p>	<p>I, (<i>name</i>), with a firm faith believe and profess each and everything which is contained in the Creed which the Holy Roman Church make use of. To wit:</p> <p>I believe in one God, The Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord, Jesus Christ, the Only-begotten Son of God. Born of the Father before all ages. God of God, Light of Light, true God of true God. Begotten, not made, of one substance with the Father. By whom all things were made. Who for us men and for our salvation came down from heaven.</p> <p>And became incarnate by the Holy Spirit of the Virgin Mary: and was made man. He was crucified for us under Pontius Pilate, suffered death and was buried. And on the third day He rose again according to the Scriptures. He ascended into heaven and sits at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end.</p>

<p>Et in Spíritum Sanctum, Dóminum et vivificántem: qui ex Patre Filióque procedit. Qui cum Patre et Fílio simul adorátur et conglorificátur: qui locútus est per prophétas. Et unam, sanctam, Cathólicam et apostólicam Ecclésiám. Confíteor unum baptísma in remissionem peccatórum. Et exspécto resurrectionem mortuórum, et vitam ventúri sæculi. Amen.</p>	<p>And in the Holy Spirit, the Lord and Giver of life, Who proceeds from the Father and the Son. Who together with the Father and the Son is adored and glorified, and who spoke through the prophets. And one holy, Catholic and Apostolic Church. I confess one baptism for the forgiveness of sins and I await the resurrection of the dead and the life of the world to come. Amen.</p>
<p>Apostólicas et ecclesiásticas traditiónes reliquásque eiúsdem ecclésiæ observatiónes et consitutiónes firmíssime admítto et ampléctor.</p>	<p>I most steadfastly admit and embrace Apostolical and Ecclesiastical traditions, and all other observances and constitutions of the Church.</p>
<p>Item sacram Scriptúram iuxta sensum eum, quem ténuít et tenet sancta mater Ecclésia, cuius et iudicáre de vero sensu et interpretatióne sacrárum Scripturárum, admítto, nec eam umquam nisi iuxta unánimem consénsum Patrum accípíam et interpretábor.</p>	<p>I also believe in Holy Scripture according to that sense which our holy mother the Church has held, and do hold, to whom it belongs to judge of the true sense and interpretations of the Scriptures. Neither will I ever take and interpret them otherwise than according to the unanimous consent of the Fathers.</p>
<p>Profíteor quoque septem esse vere et proprié Sacraménta novæ legis, a Iesu Christo Dómino nostro institúta, atque ad salutem humáni géneris, licet non ómnia singulis, necessariá: scílicet Baptísmum, Confirmatiónem, Eucharístiam, Pœniténtiam, Éxtremam Unctiόnem, Órdinem et Matrimónium, illaque grátiam conférre, et ex his Baptísmum, Confirmatiόnem et Órdinem sine sacrilégio reiterári non posse. Recéptos quoque et approbátos ecclésiæ Cathólicæ ritus in supradictórum ómnium Sacramentórum solémni administratióne recípíó et admítto. Ómnia et singula, quæde peccáto origináli et de iustificatióne in sacrosáncta Tridentína Sýnodo definíta et declaráta fuérunt, ampléctor et recípíó.</p>	<p>I also profess that there are truly and properly Seven Sacraments of the New Law, instituted by Jesus Christ our Lord, and necessary for the salvation of mankind, though not all for every one; to wit, Baptism, Confirmation, Eucharist, Penance, Extreme Unction, Holy Orders, and Matrimony; and that they confer grace; and that of these, Baptism, Confirmation, and Holy Orders cannot be reiterated without sacrilege. I also receive and admit the received and approved ceremonies of the Catholic Church in the solemn administration of the aforesaid sacraments. I embrace and receive all and every one of the things which have been defined and declared in the holy Council of Trent concerning original sin and justification.</p>
<p>Profíteor páriter, in Missa oférri Deo verum, próprium et propitiatórium sacrificium pro vivis et defúntis, atque in sanctíssimo Eucharístiæ Sacraménto esse</p>	<p>I profess, likewise, that in the Mass there is offered to God a true, proper, and propitiatory sacrifice for the living and the dead; and that in the most holy</p>

<p>vere, réaliter et substantialiter Corpus et Sanguinem, una cum anima et divinitate Domini nostri Iesu Christi, fierique conversionem totius substantiae panis in Corpus at totius substantiae vini in Sanguinem, quam conversionem Ecclesia Catholica transubstantiationem appellat. Fatéor étiam sub áltera tantum spécie totum atque íntegrum Christum verúmque Sacraméntum sumi.</p>	<p>sacrament of the Eucharist there is truly, really, and substantially, the Body and Blood, together with the soul and divinity, of our Lord Jesus Christ; and that there is made a conversion of the whole substance of the bread into the Body, and of the whole substance of the wine into the Blood, which conversion the Catholic Church calls Transubstantiation. I also confess that under either kind alone Christ is received whole and entire, and a true sacrament.</p>
<p>Constánte téneo, purgatórium esse, animásque ibi deténtas fidélium suffrágiis iuvári. Simíliter et Sanctos, una cum Christo regnántes, venerándos atque invocándos esse, eósque oratiónes Deo pro nobis offérre, atque eórum relíquias esse venerándas.</p>	<p>I constantly hold that there is a Purgatory, and that the souls therein detained are helped by the suffrages of the faithful. Likewise, that the saints, reigning together with Christ, are to be honored and invoked, and that they offer prayers to God for us, and that their relics are to be venerated.</p>
<p>Firmíssime asséro, imágenes Christi ac Deíparæ semper Vírginis, necnon aliórum Sanctórum habéndas et retiéndas esse, atque eis débitum honórem et veneratiónem impertiéndum.</p>	<p>I most firmly assert that the images of Christ, of the Mother of God, ever virgin, and also of other Saints, ought to be had and retained, and that due honor and veneration is to be given them.</p>
<p>Indulgentiárum étiam potestátem a Christo in Ecclesia relíctam fuísse, illarúmque usu Christiáno pópulo máxime salutárem esse, affírmo. Sanctam catholicam et apostólicam Ecclesiám románam ómnium Ecclesiárum matrem et magístram agnósco, Románoque Pontífici, beati Petri, Apostolórum princípis, successóri, ac Iesu Christi Vicário, veram obediéntiam spondéo ac iuro.</p>	<p>I also affirm that the power of indulgences was left by Christ in the Church, and that the use of them is most wholesome to Christian people. I acknowledge the Holy Catholic Apostolic Roman Church as the mother and mistress of all churches; and I promise true obedience to the Bishop of Rome, successor to St. Peter, Prince of the Apostles, and Vicar of Jesus Christ.</p>
<p>Cáetera ítem ómnia a sacris Canónibus et œcuménicis Concíliis, ac præcípue a sacrosáncta Tridentína Synodo, et ab œcuménico Concílio Vaticanó trádita, defínita et declaráta, simúlque de Románi Pontíficis primátum et ineffábili magistério indubiténter recípío ac profíteor; simúlque contrária omnia, atque háereses quascúmque ab Ecclesia</p>	<p>I likewise undoubtedly receive and profess all other things delivered, defined, and declared by the sacred Canons, and general Councils, and particularly by the holy Council of Trent, and by the ecumenical Council of the Vatican, particularly concerning the primacy of the Roman Pontiff and his infallible teaching. I condemn, reject, and</p>

<p>damnátas et reiéctas et anathematizátas ego páriter damno, reício, et anathemátizo.</p> <p>Hanc veram Cathólicam fidem, extra quam nemo salvus esse potest, quam in præsénti sponte profíteor et veráciter téneo, eámdem íntegram, et inviolátam usque ad extrémum vitæ Spíritum, constantíssime, Deo adiuvánte, retinére et confitéri, atque a meis súbditis, vel illis, quorum cura ad me in múnere meo spectábit, tenéri, docéri et prædicári, quantum in me erit, curatúrum, ego idem, (nomen) spondéo, vovéo ac iuro. Sic me Deus ádiuvet et hæc sancta Dei Evangélia.</p>	<p>anathematize all things contrary thereto, and all heresies which the Church hath condemned, rejected, and anathematized.</p> <p>This true Catholic faith, outside of which no one can be saved, which I now freely profess and to which I truly adhere, inviolate and with firm constancy until the last breath of life, I do so profess and swear to maintain with the help of God. And I shall strive, as far as possible, that this same faith shall be held, taught, and professed by all those over whom I have charge. I, (name), do so pledge, promise, and swear, so help me God and these Holy Gospels.</p>
--	---



# **The Blessed Sacrament**

<p><b>Pangue Lingua Gloriosi</b>  Pange, língua, gloriósi  Córporis mystérium,  Sanguínisque pretiósí,  Quem in mundi prétium</p> <p>Fructus ventris generósi  Rex effudit gentium.  Nobis datus, nobis natus  Ex intácta Vergine,</p> <p>Et in mundo conversátus,  Sparso verbi sémíne,  Sui moras incolátus  Miro clausit ordine.</p> <p>In suprémae nocte coenæ  Récumbens cum frátribus  Observáta lege plene  Cibis in legálibus,</p> <p>Cibum turbæ duodénæ  Se dat suis manibus.  Verbum caro, panem verum  Verbo carnem éfficit:</p> <p>Fitque sanguis Christi merum,  Et si sensus déficit,  Ad firmándum cor sincérum  Sola fides sufficit.</p>	<p>Sign, my tongue, the Saviour's glory,  Of the Flesh the mystery sing;  Of the Blood, all price exceeding,  Shed by our immortal King,</p> <p>Destined, for the world's redemption,  From a noble womb to spring.  Of a pure and spotless Virgin  Born for us on earth below,</p> <p>He, as Man with man conversing,  Stayed, the seeds of truth to sow;  Then He closed in solemn order  Wondrously his life of woe.</p> <p>On the night of that Last Supper,  Seated with his chosen band  He the Paschal victim eating,  First fulfils the Law's command;</p> <p>Then, as Food to his Apostles  Gives himself with his own hand.  Word made Flesh, the bread of nature  By his word to Flesh He turns;</p> <p>Wine into his Blood He changes,  What though sense no change discerns?  Only be the heart in earnest,  Faith her lesson quickly turns.</p>
<p><b>Tantum Ergo</b>  Tantum ergo Sacramentum  Venerémur cernui:  Et antíquum documéntum  Novo cedat rítui:  Praestet fídes suppleméntum  Sensuum defectui.</p> <p>Genitóri, Genitóque  Laus et iubilátio,  Salus, honor, virtus quoque  Sit et benedíctio:  Procedénti ab utróque  Compar sit laudatio.  Amen.</p>	<p>Down in adoration falling,  Lo! The sacred Host we hail,  Lo! O'er ancient forms departing  Newer rites of grace prevail;  Faith for all defects supplying,  Where the feeble senses fail.</p> <p>To the everlasting Father,  And the Son Who reigns on high  With the Holy Spirit proceeding  Forth from each eternally,  Be salvation, honor blessing,  Might and endless majesty.  Amen.</p>

<p> <b>℣.</b> Panem de cælo præstitisti eis. *  <b>℞.</b> Omne delectaméntum in se habéntem.  * </p> <p> Oremus.  Deus, qui nobis sub sacraménto mirábili  passiónis tuæ memóriam reliquisti:  tribue, quæsumus, ita nos córporis et  sánguinis tui sacra mystéria venerári, ut  redemptiónis tuæ fructum in nobis  iúgiter sentiámus. Qui vivis et regnas in  sæcula sæculórum.  Amen. </p>	<p> <b>℣.</b> Thou hast given them bread from  heaven*  <b>℞.</b> Having within it all delight* </p> <p> Let us pray.  O God, who in this wonderful Sacrament  left us a memorial of Thy Passion: grant,  we implore Thee, that we may so  venerate the sacred mysteries of Thy  Body and Blood, as always to be  conscious of the fruit of Thy Redemption.  Thou who livest and reignest forever and  ever.  Amen. </p> <p> *Allelúia is added during Eastertide. </p>
<p> <b>O Sacrum Convivium</b>  O sacrum convívium!  In quo Christus súmitur:  recólitur memória passionis eius:  mens implétur grátia:  et futúræ glóriæ nobis pignus datur.  Allelúia. </p>	<p> O sacred banquet!  In which Christ is received,  the memory of his Passion is renewed,  the mind is filled with grace,  and a pledge of future glory to us is given.  Alleluia. </p>
<p> <b>Verbum Supernum Prodiens</b>  Verbum Supérnum pródiens,  Nec Patris linquens dexteram,  Ad opus suum éxiens,  Venit ad vitæ vésperam. </p> <p> In mortem a discípulo  Suis tradéndus æmulis,  Prius in vitæ férculo  Se trádedit discíplis. </p> <p> Quibus sub bina spécie  Carnem dedit et sanguínem:  Ut duplícis substántiæ  Totum cibáret hóminem. </p> <p> Se nascens dedit sócium,  Convéscens in edúlium,  Se móriens in prétium,  Se regnans dat in præmium. </p>	<p> The Word, descending from above,  Though with the Father still on high,  Went forth upon his work of love,  And soon to life's last eve drew nigh. </p> <p> He shortly to a death accursed  By a disciple shall be given;  But, to his twelve disciples first  He gives Himself, the Bread from Heaven. </p> <p> Himself in either kind He gave  He gave his Flesh, He gave his blood;  Of flesh and blood all men are made;  And He of man would be the Food. </p> <p> At birth our brother He became;  At meat Himself as food He gives;  To ransom us He died in shame;  As our reward, in bliss He lives. </p>

<p><b>O Salutaris Hostia</b>  O salutaris Hostia,  Quæ cæli pandis óstium:  Bella premunt hostília,  Da robur, fer auxílium.</p> <p>Uni trinóque Dómino  Sit sempitérna glória,  Qui vitam sine término  Nobis donet in pátria.  Amen.</p>	<p>O saving Victim, opening wide,  The gates of heaven to man below!  Our foes press on from every side;  Thine aid supply, Thy strength bestow.</p> <p>To Thy great name by endless praise,  Immortal Godhead, one in Three.  Oh, grant us endless length of days,  In our true native land with Thee.  Amen.</p>
<p><b>Divine Praises</b>  Benedíctus Deus.  Benedíctum Nomen Sanctum eius.  Benedíctus Iesus Christus, verus Deus et  verus homo.  Benedíctum Nomen Iesu.  Benedíctum Cor eius sacratíssimum.  Benedíctus Sanguis eius pretiosíssimus.  Benedíctus Iesus in sanctíssimo altáris  Sacraménto.  Benedíctus Spíritus Sanctus, Paráclitus.  Benedícta magna Mater Dei, María  sanctíssima.  Benedícta sancta eius et immaculáta  Concéptio.  Benedícta eius gloriósa Assumptíó.  Benedíctum nomen Maríæ, Vírginis et  Matris.  Benedíctus sanctus Ioseph, eius  castíssimus Sponsus.  Benedíctus Deus in Angelis suis, et in  Sanctis suis.  Amen.</p>	<p>Blessed be God.  Blessed be His Holy Name.  Blessed be Jesus Christ, true God and true  Man.  Blessed be the Name of Jesus.  Blessed be His Most Sacred Heart.  Blessed be His Most Precious Blood.  Blessed be Jesus in the Most Holy  Sacrament of the Altar.  Blessed be the Holy Spirit, the Paraclete.  Blessed be the great Mother of God, Mary  most Holy.  Blessed be her Holy and Immaculate  Conception.  Blessed be her Glorious Assumption.  Blessed be the Name of Mary, Virgin and  Mother.  Blessed be St. Joseph, her most chaste  spouse.  Blessed be God in His Angels and in  His Saints.  Amen.</p> <p><i>Can be used as a prayer in reparation for  blasphemy.</i></p>
<p><b>Ave Verum Corpus</b>  Ave verum Corpus, natum  de María Vírgine:  Vere passum, immolátum  in cruce pro hómine:  cuius latus perforátum  Fluxit aqua et sángine:  Esto nobis prægustátum  In mortis exámine.</p>	<p>Hail, true Body, born  of the Virgin Mary,  having truly suffered, sacrificed  on the cross for mankind,  from whose pierced side  water and blood flowed:  Be for us a foretaste of the Heavenly  banquet in the trial of death!</p>

<p>O Iesu dulcis, O Iesu pie, O Iesu, Fili Maríæ.</p>	<p>O sweet Jesus, O holy Jesus, O Jesus, son of Mary.</p>
<p><b>Sacris Solemniis</b>  Sacris Solémniis  iuncta sint gáudia,  Et ex præcórdiis  sonent præcónia:  Recédant vétera,  nova sint ómnia,  Corda, voces et ópera.</p> <p>Noctis recólitur  cœna novíssima,  Qua Christus créditur  agnum et ázyma  Dedísse frátribus,  iuxta legítima,  Priscis indúlta pátribus.</p> <p>Post agnum týpicum,  expletis épulis,  Corpus Domínicum  datum discíulis,  Sic totum ómnibus,  quod totum síngulis,  Eius fatémur mánibus.</p> <p>Dedit fragílibus  córporis férculum,  Dedit et trístibus  sánguinis póculum,  Dicens: Accípite  quod trado vásculum  Omnes ex eo bíbite.</p> <p>Sic sacrificium  istud instítuit,  cuius offícium  commítte vóluit.  Solis presbýteris,  quibus sic cóngruit.  Ut sumant, et dent céteris.</p>	<p>At this our solemn feast  let holy joys abound,  And from the inmost breast  let songs of praise resound;  Let ancient rites depart,  and all be new around,  in every act, and voice, and heart.</p> <p>Remember we that eve  When the Last Supper spread,  Christ, as we all believe,  the Lamb, with leavenless bread,  Among His brethren shared,  and thus the Law obeyed,  Of all unto their sire declared.</p> <p>The typic Lamb consumed,  the legal feast complete,  The Lord unto the Twelve  His body gave to eat;  The whole to all,  no less the whole to each did mete  With His own hands, as we confess.</p> <p>He gave them, weak and frail,  His flesh, their food to be;  On them, downcast and sad,  His blood bestowed He:  And thus to them He spake,  ‘Receive this cup from Me,  And all of you of this partake.’</p> <p>So He this sacrifice  to institute did will,  And charged His priests  alone that office to fulfil:  To them He did confide:  to whom it pertains still  To take, and the rest divide.</p>
<p><b>Panis Angelicus</b>  Panis Angelicus  Fit panis hóminum:  Dat panis cælicus</p>	<p>Thus Angels’ bread is made the bread of  man today:  The living bread from heaven</p>

<p>Figúris términum: O res mirábilis! Mandúcat Dóminum Pauper, servus et húmilis.</p> <p>Te, trina Déitas, únaque, póscimus Sic nos tu vísita sicut te cólimus: Per tuas sémitas duc nos quo téndimus Ad lucem quam inhábitas. Amen.</p>	<p>with figures dost away: O wondrous gift indeed! The poor and lowly may Upon their Lord and Master feed.</p> <p>Thee, therefore, we implore, O Godhead, One in Three, So may Thou visit us as we now worship Thee; And lead us on Thy way, that we at last may see The light wherein Thou dwellest aye. Amen.</p>
<p><b>Adoro Te Devote</b> Adóro te devóte, latens Déitas, Quæ sub his figúris vere látitas; Tibi se cor meum totum súbicít, Quia te contémplans totum déficit.</p> <p>Visus, tactus, gustus in te fállitur, Sed audítu solo tuto créditur Credo quidquid dixit Dei Fílius; Nil hoc verbo Veritátis vérius.</p> <p>In cruce latébat sola Déitas, At hic latet simul et humánitas, Ambo tamen credens atque cónfítens, Peto quod petívit latro pænítens</p> <p>Plagas, sicut Thomas, non intúeor: Deum tamen meum te confíteor. Fac me tibi semper magic crédere, In te spem habére, te dilígere.</p> <p>O memoriále mortis Dómini, Panis vivus, vitam præstans hómíni, Præsta meæ menti de te vívere, Et te illi semper dulce sápere.</p>	<p>O Godhead hid, devoutly I adore Thee, Who truly art within the forms before me; To Thee my heart I bow with bended knee,</p> <p>As failing quite in contemplating Thee. Sight, touch, and taste in Thee are each deceived; The ear alone most safely is believed: I believe all the Son of God has spoken, Than Truth's own word there is no truer token.</p> <p>God only on the Cross lay hid from view; But here lies hid at once the Manhood too: And I, in both professing my belief, Make the same prayer as the repentant thief.</p> <p>Thy wounds, as Thomas saw, I do not see; Yet Thee confess my Lord and God to be: Make me believe Thee ever more and more; In Thee my hope, in Thee my love to store.</p> <p>O Thou Memorial of our Lord's own dying! O Bread that living art and vivifying! Make ever Thou my soul on Thee to live; Ever a taste of Heavenly sweetness give.</p>

<p>Pie Pelicáne, Iesu Dómine, Me immúndum munda tuo Sáanguine.: Cuius una stilla Salvum fácere Totum mundum quit ab omni scélere.</p> <p>Iesu, quem velátum nunc aspício, Oro, fiat illud quod tam sítio; Ut te reveláta cernens fácie, Visu sim beátus tuæ glóriæ. Amen.</p>	<p>O loving Pelican! O Jesu, Lord! Unclean I am, but cleanse me in Thy Blood; Of which a single drop, for sinners spilt, Is ransom for a world's entire guilt.</p> <p>Iesu! Whom for the present veil'd I see, What I so thirst for, O vouchsafe to me: That I may see Thy countenance unfolding, And may be blest Thy glory in beholding. Amen.</p> <p><i>This hymn can also be said as a prayer after receiving communion.</i></p>
<p><b>Litany of the Most Precious Blood</b></p> <p>Kýrie, eléison. <i>(Kýrie, eléison.)</i></p> <p>Christe Eléison. <i>(Christe Eléison.)</i></p> <p>Kýrie, eleison. <i>(Kýrie, eléison.)</i></p> <p>Christe audi nos. <i>(Christe audi nos.)</i></p> <p>Christe exáudi nos. <i>(Christe exáudi nos.)</i></p> <p>Pater de cælis, Deus, <i>(Miserére nobis.)</i></p> <p>Fili, Redémptor mundi, Deus, <i>(Miserére nobis.)</i></p> <p>Spíritus Sancte, Deus, <i>(Miserére nobis.)</i></p> <p>Sancta Trínitas, unus Deus, <i>(Miserére nobis.)</i></p> <p>Sanguis Christi, Unigéniti Patris æterni, <i>(Salva nos.)</i></p> <p>Sanguis Christi, Verbi Dei incarnáti, <i>(Salva nos.)</i></p>	<p>Lord, have mercy. <i>(Lord, have mercy.)</i></p> <p>Christ, have mercy. <i>(Christ, have mercy.)</i></p> <p>Lord, have mercy. <i>(Lord, have mercy.)</i></p> <p>Christ, hear us. <i>(Christ, hear us.)</i></p> <p>Christ, graciously hear us. <i>(Christ, graciously hear us.)</i></p> <p>God the Father of Heaven, <i>(Have mercy on us.)</i></p> <p>God the Son, Redeemer of the world, <i>(Have mercy on us.)</i></p> <p>God, the Holy Spirit, <i>(Have mercy on us.)</i></p> <p>Holy Trinity, One God, <i>(Have mercy on us.)</i></p> <p>Blood of Christ, only begotten Son of the eternal Father, <i>(Save us.)</i></p> <p>Blood of Christ, Incarnate Word or God, <i>(Save us.)</i></p>

Sanguis Christi, novi et æterni testaménti, ( <i>Salva nos.</i> )	Blood of Christ, of the New and Eternal Testament, ( <i>Save us.</i> )
Sanguis Christi, in agonia decúrrens in terram, ( <i>Salva nos.</i> )	Blood of Christ, falling upon the earth in Agony, ( <i>Save us.</i> )
Sanguis Christi, in flagellatióne prófluens, ( <i>Salva nos.</i> )	Blood of Christ, shed profusely in the Scourging, ( <i>Save us.</i> )
Sanguis Christi, in coronatióne spinárum emánans, ( <i>Salva nos.</i> )	Blood of Christ, flowing forth in the Crowning with Thorns, ( <i>Save us.</i> )
Sanguis Christi, in Cruce effúsus, ( <i>Salva nos.</i> )	Blood of Christ, poured out on the Cross, ( <i>Save us.</i> )
Sanguis Christi, prétium nostræ salútis, ( <i>Salva nos.</i> )	Blood of Christ, price of our salvation, ( <i>Save us.</i> )
Sanguis Christi, sine quo non fit remíssio, ( <i>Salva nos.</i> )	Blood of Christ, without which there is no forgiveness, ( <i>Save us.</i> )
Sanguis Christi, in Eucharístia potus et lavácrum animárum, ( <i>Salva nos.</i> )	Blood of Christ, Eucharistic drink and refreshment of souls, ( <i>Save us.</i> )
Sanguis Christi, flumen misericórdiæ, ( <i>Salva nos.</i> )	Blood of Christ, stream of mercy, ( <i>Save us.</i> )
Sanguis Christi, victor dáemonum, ( <i>Salva nos.</i> )	Blood of Christ, victor over demons, ( <i>Save us.</i> )
Sanguis Christi, fortitúdo mártýrum, ( <i>Salva nos.</i> )	Blood of Christ, courage of Martyrs, ( <i>Save us.</i> )
Sanguis Christi, virtus confessórum, ( <i>Salva nos.</i> )	Blood of Christ, strength of Confessors, ( <i>Save us.</i> )
Sanguis Christi, gérmans vírgines, ( <i>Salva nos.</i> )	Blood of Christ, bringing forth Virgins, ( <i>Save us.</i> )
Sanguis Christi, robur periclitántium, ( <i>Salva nos.</i> )	Blood of Christ, help of those in peril, ( <i>Save us.</i> )
Sanguis Christi, levámen laborántium, ( <i>Salva nos.</i> )	Blood of Christ, relief of the burdened, ( <i>Save us.</i> )



Sanguis Christi, in fletu solátium, ( <i>Salva nos.</i> )	Blood of Christ, solace in sorrow, ( <i>Save us.</i> )
Sanguis Christi, spes pæniténtium, ( <i>Salva nos.</i> )	Blood of Christ, hope of the penitent, ( <i>Save us.</i> )
Sanguis Christi, solámen moriéntium, ( <i>Salva nos.</i> )	Blood of Christ, consolation of the dying, ( <i>Save us.</i> )
Sanguis Christi, pax et dulcédo córdium, ( <i>Salva nos.</i> )	Blood of Christ, peace and tenderness of hearts, ( <i>Save us.</i> )
Sanguis Christi, pignus vitæ ætérnæ, ( <i>Salva nos.</i> )	Blood of Christ, pledge of eternal life, ( <i>Save us.</i> )
Sanguis Christi, ánimas líberans de lacu Purgatórii, ( <i>Salva nos.</i> )	Blood of Christ, freeing souls from purgatory, ( <i>Save us.</i> )
Sanguis Christi, omni glória et honóre digníssimus, ( <i>Salva nos.</i> )	Blood of Christ, most worthy of all glory and honor, ( <i>Save us.</i> )
Agnus Dei, qui tollis peccáta mundi, ( <i>Parce nobis, Dómine.</i> )	Lamb of God, who taketh away the sins of the world, ( <i>Spare us, O Lord.</i> )
Agnus Dei, qui tollis peccáta mundi, ( <i>Exaudi nos, Dómine.</i> )	Lamb of God, who taketh away the sins of the world, ( <i>Graciously hear us, O Lord.</i> )
Agnus Dei, qui tollis peccáta mundi, ( <i>Miserére nobis.</i> )	Lamb of God, who taketh away the sins of the world, ( <i>Have mercy on us, O Lord.</i> )
Ÿ. Redemísti nos, Dómine, in ságuine tuo.	Ÿ. Thou hast redeemed us, O Lord, in Thy Blood.
Ř. Et fecísti nos Deo nostro regnum.	Ř. And made us, for our God, a kingdom.
Orémus. Omnípotens sempitérne Deus, qui unigénitum Fílium tuum mundi Redemptórem constituísti, ac eius ságuine placári voluísti: concéde, quæsumus, salútis nostræ prétium ita venerári, atque a præséntis vitæ malis eius virtúte deféndi in terris, ut fructu perpétuo lætémur in cælis. Per eúndem Christum Dóminum nostrum. Amen.	Let us pray. Almighty and eternal God, Thou hast appointed Thine only begotten Son the Redeemer of the world and willed to be appeased by his blood. Grant, we beg of Thee, that we may worthily adore this price of our salvation and through its power be safeguarded from the evils of the present life so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen.



**To God the Father**

<p><b>Te Deum</b></p> <p>Te Deum Laudamus: te Dóminum confitémur.</p> <p>Te ætérnum Patrem omnis terra venerátur.</p> <p>Tibi omnes Angeli; tibi cæli et univérsæ potestátes:</p> <p>Tibi Chérubim et séraphim incessábili voce proclámant:</p> <p>Sanctus Sanctus Santus, Dóminus Deus Sábaoth.</p> <p>Pleni sunt cæli et terra maiestátis glóriæ tuæ</p> <p>Te gloriósus Apostolórum chorus:</p> <p>Te phophetarúm laudábilis númerus:</p> <p>Te Mártyrum candidátus Laudat exércitus</p> <p>Te per orbem terrárum sancta confitétur Ecclésia</p> <p>Patrem imménsæ maiestátis,</p> <p>Venerándum tuum verum et únicum Fílium.</p> <p>Sanctum quoque Paráclitum Spíritum.</p> <p>Tu Rex glóriæ, Christe.</p> <p>Tu Patris sempitérnus es Fílius.</p> <p>Tu ad liberándum susceptúrus hóminem, non horruísti Vírginis úterum.</p>	<p>We praise Thee, O God; we confess Thee our Lord.</p> <p>Thee, the Father everlasting, all the earth doth worship.</p> <p>To Thee, the Angels, to Thee the heavens, and all the powers;</p> <p>To Thee the Cherubims and Seraphims cry out without ceasing;</p> <p>Holy, holy, holy, Lord God of Hosts.</p> <p>Full are the heavens and earth of the majesty of Thy glory:</p> <p>Thee the glorious choir of the Apostles;</p> <p>Thee the laudable number of the Prophets;</p> <p>Thee the white-robed army of Martyrs, doth praise.</p> <p>Thee the holy Church throughout the world doth confess</p> <p>The Father of incomprehensible majesty,</p> <p>The venerable, true, and only Son,</p> <p>And the Holy Ghost, the Paraclete.</p> <p>Thou art the King of Glory, O Christ.</p> <p>Thou art the everlasting Son of the Father.</p> <p>Thou, being to take upon Thee to deliver man, didst not abhor the Virgin's womb.</p>
--	--

Tu, devícto mortis acúleo, aperuísti crudéntibus regna cælórum.	Thou, having overcome the sting of death, hast opened to believers the kingdom of heaven.
Tu ad dexteram Dei sedes, in Glória patris.	Thou sittest at the right hand of God in the glory of the Father.
Iudex créderis esse ventúrus.	Thee we believe to be the judge to come.
Te ergo quæsumus, tuis fámulis súbveni: quos pretiósó sáanguine redemísti.	We therefore pray Thee help Thy servants, whom Thou hast redeemed with Thy precious blood.
Ætérna fac cum sanctis tuis in Glória numerári.	Make them to be numbered with Thy saints in eternal glory.
Salvum fac pópulum tuum, Dómine, et bénedic hæreditáti tuæ,	O Lord save Thy people, and bless Thy inheritance,
Et rege eos, et extólle illos usque in ætérnum.	And govern them; and exalt them for ever.
Per sículos dies benedícimus te, Et laudámus nomen tuum in sáeculum, et in sáeculum sáeculi.	Every day we bless Thee, And we praise Thy name for ever and ever.
Dignáre, Dómine, die isto sine peccáto nos custodíre.	Vouchsafe, O Lord, to keep us this day without sin.
Miserére nostri, Dómine, miserére nostri.	Have mercy on us, O Lord, have mercy on us.
Fiat misericórdia, tua, Dómine, super nos, quemádmódum sperávimus in te In te, Dómine, sperávi non confúdar in ætérnum.	Let Thy mercy, O Lord, be upon us; as we have put our trust in Thee. In Thee, O Lord, have I put my trust; let me not be confounded for ever.
Ÿ. Benedicámus Patrem et Fílium cum Sancto Spírítu.	Ÿ. Let us bless the Father, and the Son, with the Holy Spirit.
℞. Laudémus et superexaltémus eum in sáecula.	℞. Let us praise and exalt him forever.
Ÿ. Benedíctus es Dómine in firmaménto cæli.	Ÿ. Blessed be the Lord in the firmament of heaven.
℞. Et laudábilis, et gloriósus, et superexaltátus in sáecula.	℞. And worthy of praise, and glorious, and exalted above all forever.
Ÿ. Dómine exáudi oratióem meam.	Ÿ. Lord hear my prayer.
℞. Et clamor meus ad te véniat.	℞. And let my cry come to Thee.
Ÿ. Dóminus vobíscum.	Ÿ. The Lord be with you.
℞. Et cum spírítu tuo.	℞. And with Thy spirit.

<p>Orémus. Deus, cuius misericórdiæ non est númerus, et bonitátis infínitus est thesáurus: piísimæ Maiestáti tuæ pro collátis donis grátias ágimus, tuam semper cleméntiam exorántes; ut, qui penténtibus postuláta concédis, eósdem non déserens, ad præmia futúra dispónas. Per Christum Dóminum Nostrum. Amen.</p>	<p>Let us pray. O God, whose mercies are numberless and the treasure of whose goodness has no end, we give thanks to Thy most gracious Majesty for the gifts Thou hast bestowed, beseeching Thy mercy, that as Thou grantest the petitions of those who ask, so not forsaking them, Thou wilt prepare them for rewards to come. Through Christ our Lord. Amen.</p>
<p><b>Lord God Almighty</b> Dómine, Deus omnípotens, qui ad princípium huius diéi nos perveníre fecísti, tua nos hódie salva virtúte, ut in hac die ad nullum declinémus peccátum, sed semper ad tuam iustítiam faciéndam nostra procédant elóquia, dirigántur cogitatiónes et ópera. Per Christum Dóminum nostrum. Amen.</p>	<p>Lord, God Almighty, you have brought us safely to the beginning of this day. Defend us today by your mighty power, that we may not fall into any sin, but that all our words may so proceed and all our thoughts and actions be so directed, as to be always just in your sight. Through Christ our Lord. Amen</p>
<p><b>De Profundis (Ps. 129)</b> De profúndis clamávi ad te, Dómine; Dómine, exáudi vocem meam. Fiant aures tuæ intendéntes in vocem deprecatiónis meæ. Si iniquitátes observáveris, Dómine, Dómine, quis sustinébit? Quia apud te propitiátio est; et propter legem tuam sustínui te, Dómine. Sustínuit ánima mea in verbo ejus; sperávit anima mea in Dómino.</p> <p>A custódia matutína usque ad noctem, speret Israel in Dómino; quia apud Dóminum misericórdia, et copiósa apud eum redéptio. Et ipse rédimet Israel ex ómnibus iniquitátibus ejus.</p>	<p>Out of the depths I have cried to thee, O Lord: Lord, hear my voice. Let Thy ears be attentive to the voice of my supplication. If thou, O Lord, wilt mark iniquities: Lord, who shall stand it? For with thee there is merciful forgiveness: and by reason of Thy law, I have waited for thee, O Lord. My soul hath relied on his word: My soul hath hoped in the Lord.</p> <p>From the morning watch even until night, let Israel hope in the Lord. Because with the Lord there is mercy: and with him plentiful redemption. And he shall redeem Israel from all his iniquities.</p>

<p><b>Actiones Nostras</b>  Actiões nostras, quæsumus Dómine,  aspirándo præveni et adiuvándo  proséquere: ut cuncta nosta orátio et  operátio a te semper incípiat et per ta  cœpta finiátur. Per Christum Dóminum  nostrum. Amen.</p>	<p>Direct, we beg Thee, O Lord, our actions by  Thy holy inspirations, and carry them on  by Thy gracious assistance, that every  prayer and work of ours may begin always  with Thee, and through Thee be happily  ended. Through Christ our Lord. Amen.</p> <p><i>Can be prayed before as a morning offering a day of  work.</i></p>
<p><b>Universal Prayer</b>  Credo Dómine, sed credam fírmius;  spero, sed sperem secúrius; amo, sed  amem ardéntius; dóleo, sed dóleam  veheméntius.</p> <p>Adoro te ut primum princípium;  desídero ut finem últimum; laudo ut  benefactórem perpétuum; invoco ut  defensórem propítium.</p> <p>Tua me sapiéntia dírige, iustítia cóntine,  cleméntia soláre, poténtia prótege.</p> <p>Óffero tibi, Dómine cogitánda, ut sint ad  te; dicénda, ut sint de te; faciénda, ut sint  secúndum te; ferénda, ut sint propter te.</p> <p>Volo quidquid vis, volo quia vis, volo  quómodo vis, volo quámdiu vis. Oro,  Dómine, intelléctum illúmines,  voluntátem inflámmes, cor emúndes,  ánimam sanctífices.</p>	<p>O My God, I believe in Thee; strengthen my  faith. All my hopes are in Thee; do Thou  secure them. I love Thee; teach me to love  Thee daily more and more. I am sorry that  I have offended Thee; do Thou increase my  sorrow.</p> <p>I adore Thee as my first beginning; I aspire  after Thee as my last end. I give Thee  thanks as my constant benefactor; I call  upon Thee as my sovereign protector.</p> <p>Vouchsafe, O my God, to conduct me by  Thy wisdom, to restrain me by Thy justice,  to comfort me by Thy mercy, to defend me  by Thy power.</p> <p>To Thee I desire to consecrate all my  thoughts, words, actions, and sufferings;  that I may think of Thee, speak of Thee,  refer all my actions to Thy greater glory,  and suffer willingly whatever Thou shalt  appoint.</p> <p>Lord, I desire that in all things Thy will  may be done, because it is Thy will, and in  the manner that Thou wilt. I beg of Thee  to enlighten my understanding, to inflame  my will, to purify my body, and to sanctify  my soul.</p>

Défleam prætéritas iniquitátes, repéllam futúras tentatiónes, córrigam vitiósas propensiónes, éxcolam idóneas virtútes.	Give me strength, O my God, to expiate my offences, to overcome my temptations, to subdue my passions, and to acquire the virtues proper for my state.
Tríbue mihi, bone Deus, amórem tui, ódium mei, zelum próximi, contéptum mundi.	Fill my heart with tender affection for Thy goodness, hatred of my faults, love of my neighbour, and contempt of the world.
Stúdeam superióribus obœdíre, inferióribus subveníre, amícis consúlere, inimícis párcere.	Let me always remember to be submissive to my superiors, courteous to my inferiors, faithful to my friends, and charitable to my enemies.
Vincam voluptátem austeritáte, avarítiam largitáte, iracúndiam lenitáte, tepiditátem fervóre.	Assist me to overcome sensuality by mortification, avarice by almsdeeds, anger by meekness, and tepidity by devotion.
Redde me prudéntem in consíliis, constántem in pérículis, patiéntem in advérsis, húmílem in próspéris.	O my God, make me prudent in my undertakings, courageous in dangers, patient in affliction, and humble in prosperity.
Fac, Dómine, ut sim in oratióne atténtus, in épulis sóbrius, in múnere sédulus, in propósito fírmus.	Grant that I may be ever attentive at my prayers, temperate at my meals, diligent in my employments, and constant in my resolutions.
Curem habére innocéntiam interiórem, modéstiam exteriórem, conversatiónem exemplárem, vitam regulárem.	Let my conscience be ever upright and pure, my exterior modest, my conversation edifying, and my deportment regular.
Assídue invígilem natúræ domándæ, grátiae fovéndæ, legi servándæ, salúti promeréndæ.	Assist me, that I may continually labour to overcome nature, to correspond with Thy grace, to keep Thy commandments, and to work out my salvation.
Discam a te quam ténue quod terrénum, quam grande quod divínium, quam breve	Discover to me, O my God, the nothingness of this world, the greatness of heaven, the



<p>quod temporáneum, quam durábile quod ætérnum.</p> <p>Da mortem prævéniám, iudícium pertímeam, inférnum effúgiam, paradísum obtíneam. Per Christum Dóminum nostrum. Amen.</p>	<p>shortness of time, and the length of eternity.</p> <p>Grant that I may prepare for death; that I may fear Thy judgments, escape hell, and in the end obtain heaven. Through Jesus Christ our Lord. Amen.</p> <p><i>Can be used as a morning offering and a post-Mass prayer.</i></p>
<p><b>Oblatio Sui</b> Súscipe, Dómine, univérsam meam libertátem. Accipe memóriam, intelléctum atque voluntátem omnem. Quidquid hábeo vel possídeo mihi largítus es; id tibi totum restítuo, ac tuæ prorsus voluntáti trado gubernándum. Amórem tui solum cum grátia tua mihi dones, et dives sum satis, nec aliud quidquam ultra posco. Amen.</p>	<p>Take, O Lord, and receive all my liberty. Accept my memory, my understanding, and my entire will, all that I have and possess. Thou hast given all to me. To Thee, O Lord, I return it. All is Thine; dispose of it wholly according to Thy will. Give me Thy love and Thy grace. With these I am rich enough, and I ask for nothing more. Amen.</p> <p><i>Can be used as a morning offering and a post-Mass prayer.</i></p>
<p><b>Libera Me</b> Líbera me, Dómine, de mórte ætérna, in die illa treménda:</p> <p>Quando cæli movéndi sunt et terra,</p> <p>Dum véneris iudicáre sǽculum per ignem.</p> <p>Trémens factus sum ego, et tímeo, dum discússio vénerit, atque ventúra ira,</p> <p>Quando cæli movéndi sunt et terra.</p>	<p>Deliver me, O Lord, From death eternal on that fearful day:</p> <p>When the heavens and the earth shall be moved,</p> <p>When thou shalt come to judge the world by fire.</p> <p>I am made to tremble, and I fear, until the judgment be upon us, and the coming wrath,</p> <p>When the heavens and the earth shall be moved.</p>

Dies illa, dies iræ, calamitátis et misériæ, dies magna et amára valde.	That day, day of wrath, calamity and misery, day of great and exceeding bitterness,
Dum véneris iudicáre sǣculum per ignem.	When thou shalt come to judge the world by fire.
Réquiem ætérrnam dona eis, Dómine: et lux perpétua lúceat eis. Requiéscat in pacem.	Eternal rest grant unto them, Lord, and may perpetual light shine upon them. May they rest in peace.

**To Jesus**

---

**Litany of the Most Holy Name**

Kýrie, eléison,  
(*Christe, eléison*)

Lord, have mercy.  
(*Christ, have mercy.*)

Kýrie, eléison. Iesu, audi nos  
(*Iesu, exáudi nos.*)

Lord, have mercy. Jesus, hear us.  
(*Jesus, graciously hear us.*)

Pater de cælis, Deus,  
(*miserére nobis.*)

God the Father of heaven,  
(*Have mercy on us.*)

Fili, Redemptor mundi, Deus,  
(*miserére nobis.*)

God the Son, Redeemer of the world,  
(*have mercy on us.*)

Spíritus Sancte, Deus,  
(*miserére nobis.*)

God the Holy Ghost,  
(*have mercy on us.*)

Sancta Trínitas, unus Deus,  
(*miserére nobis.*)

Holy Trinity, one God,  
(*have mercy on us.*)

Iesu, Fili Dei vivi,  
(*miserére nobis.*)

Jesus, Son of the living God,  
(*have mercy on us.*)

Iesu, splendor Patris,  
(*miserére nobis.*)

Jesus, Splendour of the Father,  
(*have mercy on us.*)

Iesu, candor lucis æternæ,  
(*miserére nobis.*)

Jesus, Brightness of eternal light,  
(*have mercy on us.*)

Iesu, Rex glóriæ,  
(*miserére nobis.*)

Jesus, King of glory,  
(*have mercy on us.*)

Iesu, Sol iustítiæ,  
(*miserére nobis.*)

Jesus, Sun of justice,  
(*have mercy on us.*)

Iesu, Fili Mariæ Vírginis,  
(*miserére nobis.*)

Jesus, Son of the Virgin Mary,  
(*have mercy on us.*)

Iesu, amábilis,  
(*miserére nobis.*)

Jesus, most amiable,  
(*have mercy on us.*)

Iesu, admirábilis,  
(*miserére nobis.*)

Jesus, most admirable,  
(*have mercy on us.*)

Iesu, Deus fortis,  
(*miserére nobis.*)

Jesus, the mighty God,  
(*have mercy on us.*)

Iesu, pater futúri sæculi,  
(*miserére nobis.*)

Jesus, Father of the world to come,  
(*have mercy on us.*)

---

Iesu, magni consílii ángele, ( <i>miserére nobis.</i> )	Jesus, Angel of the Great Council, ( <i>have mercy on us.</i> )
Iesu potentíssime, ( <i>miserére nobis.</i> )	Jesus, most powerful, ( <i>have mercy on us.</i> )
Iesu patientíssime, ( <i>miserére nobis.</i> )	Jesus, most patient, ( <i>have mercy on us.</i> )
Iesu obedientíssime, ( <i>miserére nobis.</i> )	Jesus, most obedient, ( <i>have mercy on us.</i> )
Iesu, mitis et húmilis corde, ( <i>miserére nobis.</i> )	Jesus, meek and humble of heart, ( <i>have mercy on us.</i> )
Iesu, amátor castitátis, ( <i>miserére nobis.</i> )	Jesus, Lover of chastity, ( <i>have mercy on us.</i> )
Iesu, amátor noster, ( <i>miserére nobis.</i> )	Jesus, Lover of us, ( <i>have mercy on us.</i> )
Iesu, Deus pacis, ( <i>miserére nobis.</i> )	Jesus, God of peace, ( <i>have mercy on us.</i> )
Iesu, áuctor vitæ, ( <i>miserére nobis.</i> )	Jesus, Author of life, ( <i>have mercy on us.</i> )
Iesu, exémpLAR virtútum, ( <i>miserére nobis.</i> )	Jesus, Example of virtues, ( <i>have mercy on us.</i> )
Iesu, zelátor animárum, ( <i>miserére nobis.</i> )	Jesus, zealous Lover of souls, ( <i>have mercy on us.</i> )
Iesu, Deus noster, ( <i>miserére nobis.</i> )	Jesus, our God, ( <i>have mercy on us.</i> )
Iesu, refúgium nostrum, ( <i>miserére nobis.</i> )	Jesus, our Refuge, ( <i>have mercy on us.</i> )
Iesu, pater páuperum, ( <i>miserére nobis.</i> )	Jesus, Father of the poor, ( <i>have mercy on us.</i> )
Iesu, thesáure fidélium, ( <i>miserére nobis.</i> )	Jesus, Treasure of the faithful, ( <i>have mercy on us.</i> )
Iesu, bone pastor, ( <i>miserére nobis.</i> )	Jesus, Good Shepherd, ( <i>have mercy on us.</i> )

Iesu, lux vera, ( <i>miserére nobis.</i> )	Jesus, True Light, ( <i>have mercy on us.</i> )
Iesu, sapiéntia æténa, ( <i>miserére nobis.</i> )	Jesus, Eternal Wisdom, ( <i>have mercy on us.</i> )
Iesu, bónitas infiníta, ( <i>miserére nobis.</i> )	Jesus, Infinite Goodness, ( <i>have mercy on us.</i> )
Iesu, via et vita nostra, ( <i>miserére nobis.</i> )	Jesus, the Way, the Truth, and the Life, ( <i>have mercy on us.</i> )
Iesu, gáudium Angelórum, ( <i>miserére nobis.</i> )	Jesus, the Joy of angels, ( <i>have mercy on us.</i> )
Iesu, rex Patriarchárum, ( <i>miserére nobis.</i> )	Jesus, King of patriarchs, ( <i>have mercy on us.</i> )
Iesu, magister Apostolórum, ( <i>miserére nobis.</i> )	Jesus, Master of the apostles, ( <i>have mercy on us.</i> )
Iesu, doctor Evangelistárum, ( <i>miserére nobis.</i> )	Jesus, Teacher of the evangelists, ( <i>have mercy on us.</i> )
Iesu, fortitúdo Mártyrum, ( <i>miserére nobis.</i> )	Jesus, Strength of martyrs, ( <i>have mercy on us.</i> )
Iesu, lumen Confessórum, ( <i>miserére nobis.</i> )	Jesus, Light of confessors, ( <i>have mercy on us.</i> )
Iesu, púritas Vírginum, ( <i>miserére nobis.</i> )	Jesus, Purity of virgins, ( <i>have mercy on us.</i> )
Iesu, coróna Sanctórum ómnium, ( <i>miserére nobis.</i> )	Jesus, Crown of all saints, ( <i>have mercy on us.</i> )
Propítius esto, ( <i>parce nobis, Iesu.</i> )	Be merciful unto us, ( <i>Spare us, O Jesus.</i> )
Propítius esto, ( <i>exáudi nos, Iesu.</i> )	Be merciful unto us, ( <i>Spare us, O Jesus.</i> )
Ab omni malo, ( <i>líbera nos, Iesu.</i> )	From all evil, ( <i>Lord Jesus, deliver us.</i> )
Ab omni peccáto, ( <i>líbera nos, Iesu.</i> )	From all sin, ( <i>Lord Jesus, deliver us.</i> )

Ab ira tua, ( <i>líbera nos, Iesu.</i> )	From Thy wrath, ( <i>Lord Jesus, deliver us.</i> )
Ab insídiis diáboli, ( <i>líbera nos, Iesu.</i> )	From the snares of the devil, ( <i>Lord Jesus, deliver us.</i> )
A spírítu fornicatiónis, ( <i>líbera nos, Iesu.</i> )	From the spirit of fornication, ( <i>Lord Jesus, deliver us.</i> )
A morte perpétua, ( <i>líbera nos, Iesu.</i> )	From everlasting death, ( <i>Lord Jesus, deliver us.</i> )
A negléctu inspiratiónum tuárum, ( <i>líbera nos, Iesu.</i> )	From a neglect of Thy holy inspiration, ( <i>Lord Jesus, deliver us.</i> )
Per mystérium sanctæ Incarnatiónis tuæ, ( <i>líbera nos, Iesu.</i> )	Through the mystery of Thy holy incarnation, ( <i>Lord Jesus, deliver us.</i> )
Per nativitátem tuam, ( <i>líbera nos, Iesu.</i> )	Through Thy nativity, ( <i>Lord Jesus, deliver us.</i> )
Per infántiam tuam, ( <i>líbera nos, Iesu.</i> )	Through Thy divine infancy, ( <i>Lord Jesus, deliver us.</i> )
Per diviníssimam vitam tuam, ( <i>líbera nos, Iesu.</i> )	Through Thy sacred life, ( <i>Lord Jesus, deliver us.</i> )
Per labóres tuos, ( <i>líbera nos, Iesu.</i> )	Through Thy labours ( <i>Lord Jesus, deliver us.</i> )
Per agoníam et passióem tuam, ( <i>líbera nos, Iesu.</i> )	Through Thy agony and passion, ( <i>Lord Jesus, deliver us.</i> )
Per crucem et derelictiόem tuam, ( <i>líbera nos, Iesu.</i> )	Through Thy cross and dereliction, ( <i>Lord Jesus, deliver us.</i> )
Per languóres tuos, ( <i>líbera nos, Iesu.</i> )	Through Thy pains and torments, ( <i>Lord Jesus, deliver us.</i> )
Per mortem et sepultúram tuam, ( <i>líbera nos, Iesu.</i> )	Through Thy death and burial, ( <i>Lord Jesus, deliver us.</i> )
Per resurrectiόem tuam, ( <i>líbera nos, Iesu.</i> )	Through Thy holy resurrection, ( <i>Lord Jesus, deliver us.</i> )
Per ascensiόem tuam, ( <i>líbera nos, Iesu.</i> )	Through Thy admirable ascension, ( <i>Lord Jesus, deliver us.</i> )

Per sanctíssimæ Eucharístiæ institutiónem tuam, (líbera nos, Iesu.)	Through Thy Institution of the Most Holy Eucharist, (Lord Jesus, deliver us.)
Per gáudia tua, (líbera nos, Iesu.)	Through Thy Joys, (Lord Jesus, deliver us.)
Per glóriam tuam, (líbera nos, Iesu.)	Through Thy Glory (Lord Jesus, deliver us.)
Agnus Dei, qui tollis peccáta mundi, (parce nobis, Dómine.)	Lamb of God, who takest away the sins of the world, (Spare us, O Lord Jesus.)
Agnus Dei, qui tollis peccáta mundi, (exáudi nos, Iesu.)	Lamb of God, who takest away the sins of the world, (Hear us, O Lord Jesus.)
Agnus Dei, qui tollis peccáta mundi, (miserére nobis, Iesu.)	Lamb of God, who takest away the sins of the world, (Have mercy on us, O Lord Jesus.)
Ÿ. Iesu, audi nos. R. Iesu, exáudi nos.	Ÿ. Jesus, hear us. R. Jesus, graciously hear us.
Orémus. Dómine Iesu Christe, qui dixísti: Pétite et accipiétis; quærite et inveniétis; pulsáte et aperiétur vobis; quæsumus, da nobis peténtibus diviníssimi tui amóris afféctum, ut te toto corde, ore et ópere diligámus et a tua numquam láude cessémus.	Let us pray. O Lord Jesus Christ, who hast said, "Ask, and ye shall receive; seek, and ye shall find; knock, and it shall be opened unto you;" grant, we beseech thee, to us Thy supplicants, the gifts of Thy divine love, that we may love thee with our hearts in word and deed, and never cease from praising thee.
Sancti Nóminis tui, Dómine, timórem páriter et amórem fac nos habére perpétuum, quia numquam tua gubernatiónem destítuisti, quos in soliditáte, tuæ dilectiónis instítuisti. Qui vivis et regnas in sæcula sæculórum. Amen.	Make us, O Lord, to have a perpetual fear and love of Thy holy Name, for Thou never failest to help and govern those whom Thou dost bring up in Thy steadfast fear and love; who livest and reignest for ever and ever. Amen.
<b>Anima Christi</b> Anima Christi, sanctífica me. Corpus Christi, salva me. Sanguis Christi, inébria me. Aqua láteris Christi, lava me.	Soul of Christ, sanctify me. Body of Christ, heal me. Blood of Christ, drench me. Water from the side of Christ, wash me.
Pássio Christi, confórta me. O bone Iesu, exáudi me. Intra tua vúlnera abscondé me.	Passion of Christ, strengthen me. Good Jesus, hear me. In your wounds, shelter me.



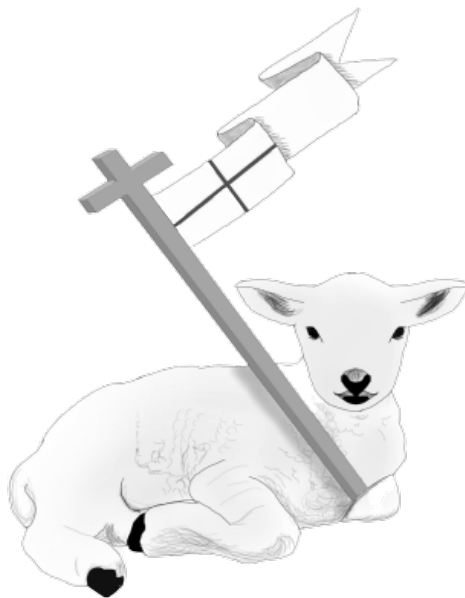
<p>Ne permíttas me separári a te.  Ab hoste malígnō defénde me.  In hora mortis meæ voca me.  Et jube me veníre ad te,  Ut cum Sanctis tuis laudem te  In sæcula sæculórum.  Amen.</p>	<p>From turning away keep me.  From the evil one protect me.  At the hour of my death call me.  Into your presence lead me,  To praise you with all your saints.  For ever and ever.  Amen.</p> <p><i>Can be said as a prayer after communion.</i></p>
<p><b>To Jesus Living in Mary</b>  O Iesu, vivens in Maríá, veni et vive in  fámulis tuis, in Spírítu sanctitátis tuæ, in  plenitúdine virtútis tuæ, in veritáte  virtútum tuárum, in perfectióne viárum  tuárum, in communióne Mysteriórum  tuórum, domináre omni advérsæ  potestáti in Spírítu tuo ad glóriam Patris.  Amen.</p>	<p>O Jesus, who dost live in Mary, come and  live in Thy servants, in the spirit of thine  own holiness, in the fullness of Thy  power, in the reality of Thy virtues, in the  perfection of Thy ways, in the communion  of Thy Mysteries; have Thou dominion  over every adverse power, in thine own  Spirit, to the glory of Thy Father.  Amen.</p>
<p><b>Litany of the Most Sacred Heart</b>  Kýrie, eléison.  <i>(Kýrie, eléison.)</i></p> <p>Christe, eléison.  <i>(Christe, eléison.)</i></p> <p>Kýrie, eléison.  <i>(Kýrie, eléison.)</i></p> <p>Christe, audi nos.  <i>(Christe, audi nos.)</i></p> <p>Christe, exáudi nos.  <i>(Christe, exáudi nos.)</i></p> <p>Pater de cælis, Deus,  <i>(miserére nobis.)</i></p> <p>Fili, Redémptor mundi, Deus,  <i>(miserére nobis.)</i></p> <p>Spíritus Sancte, Deus,  <i>(miserére nobis.)</i></p> <p>Sancta Trínitas, unus Deus,  <i>(miserére nobis.)</i></p>	<p>Lord, have mercy on us.  <i>(Lord, have mercy on us.)</i></p> <p>Christ, have mercy on us.  <i>(Christ, have mercy on us.)</i></p> <p>Lord, have mercy on us.  <i>(Lord, have mercy on us.)</i></p> <p>Christ, hear us.  <i>(Christ, hear us.)</i></p> <p>Christ, graciously hear us.  <i>(Christ, graciously hear us.)</i></p> <p>God the Father of heaven,  <i>(have mercy on us.)</i></p> <p>God, the Son, Redeemer of the World.  <i>(have mercy on us.)</i></p> <p>God the Holy Ghost.  <i>(have mercy on us.)</i></p> <p>Holy Trinity, one God.  <i>(have mercy on us.)</i></p>

Cor Iesu, Fílii Patris æterni, ( <i>miserére nobis.</i> )	Heart of Jesus, Son of the Eternal Father, ( <i>have mercy on us.</i> )
Cor Iesu, in sinu Vírginis Matris a Spíritu Sancto formátum, ( <i>miserére nobis.</i> )	Heart of Jesus, formed in the womb of the Virgin Mother by the Holy Ghost, ( <i>have mercy on us.</i> )
Cor Iesu, Verbo Dei substantiáliter unítum, ( <i>miserére nobis.</i> )	Heart of Jesus, united substantially with the word of God, ( <i>have mercy on us.</i> )
Cor Iesu, maiestátis infinítæ, ( <i>miserére nobis.</i> )	Heart of Jesus, of infinite majesty, ( <i>have mercy on us.</i> )
Cor Iesu, templum Dei sanctum, ( <i>miserére nobis.</i> )	Heart of Jesus, holy temple of God, ( <i>have mercy on us.</i> )
Cor Iesu, tabernáculum Altíssimi, ( <i>miserére nobis.</i> )	Heart of Jesus, tabernacle of the Most High, ( <i>have mercy on us.</i> )
Cor Iesu, domus Dei et porta cæli, ( <i>miserére nobis.</i> )	Heart of Jesus, house of God and gate of heaven, ( <i>have mercy on us.</i> )
Cor Iesu, fornax ardens caritátis, ( <i>miserére nobis.</i> )	Heart of Jesus, glowing furnace of charity, ( <i>have mercy on us.</i> )
Cor Iesu, iustítiæ et amóris receptáculum, ( <i>miserére nobis.</i> )	Heart of Jesus, vessel of justice and love, ( <i>have mercy on us.</i> )
Cor Iesu, bonitáte et amórem plenum, ( <i>miserére nobis.</i> )	Heart of Jesus, full of goodness and love, ( <i>have mercy on us.</i> )
Cor Iesu, virtútum ómnium abýssus, ( <i>miserére nobis.</i> )	Heart of Jesus, abyss of all virtues, ( <i>have mercy on us.</i> )
Cor Iesu, omni laude digníssimum, ( <i>miserére nobis.</i> )	Heart of Jesus, most worthy of all praise, ( <i>have mercy on us.</i> )
Cor Iesu, rex et centrum ómnium córdium, ( <i>miserére nobis.</i> )	Heart of Jesus, king and centre of all hearts, ( <i>have mercy on us.</i> )
Cor Iesu, in quo sunt omnes thesáuri sapiéntiæ et sciéntiæ, ( <i>miserére nobis.</i> )	Heart of Jesus, in whom are all the treasures of wisdom and knowledge, ( <i>have mercy on us.</i> )
Cor Iesu, in quo hábitat omnis plenitúdo divinitátis, ( <i>miserére nobis.</i> )	Heart of Jesus, in whom dwelleth all the fullness of the Divinity, ( <i>have mercy on us.</i> )

Cor Iesu, in quo Pater sibi bene complácuit, <i>(miserére nobis.)</i>	Heart of Jesus, in whom the Father is well pleased, <i>(have mercy on us.)</i>
Cor Iesu, de cuius plenitúdine omnes nos accépinus, <i>(miserére nobis.)</i>	Heart of Jesus, of whose fullness we have all received, <i>(have mercy on us.)</i>
Cor Iesu, desidérium cóllium æternórum, <i>(miserére nobis.)</i>	Heart of Jesus, desire of the everlasting hills, <i>(have mercy on us.)</i>
Cor Iesu, pátiens et multæ misericórdiæ, <i>(miserére nobis.)</i>	Heart of Jesus, patient and rich in mercy, <i>(have mercy on us.)</i>
Cor Iesu, dives in omnes qui ínvocant te, <i>(miserére nobis.)</i>	Heart of Jesus, rich to all who invoke Thee, <i>(have mercy on us.)</i>
Cor Iesu, fons vitæ et sanctitátis, <i>(miserére nobis.)</i>	Heart of Jesus, fount of life and holiness, <i>(have mercy on us.)</i>
Cor Iesu, propitiátio pro peccátis nostris, <i>(miserére nobis.)</i>	Heart of Jesus, propitiation for our sins, <i>(have mercy on us.)</i>
Cor Iesu, saturátum oppróbriis, <i>(miserére nobis.)</i>	Heart of Jesus, saturated with revilings, <i>(have mercy on us.)</i>
Cor Iesu, attrítum propter scélera nostra, <i>(miserére nobis.)</i>	Heart of Jesus, crushed for our iniquities, <i>(have mercy on us.)</i>
Cor Iesu, usque ad mortem obædiens factum, <i>(miserére nobis.)</i>	Heart of Jesus, made obedient unto death, <i>(have mercy on us.)</i>
Cor Iesu, láncea perforátum, <i>(miserére nobis.)</i>	Heart of Jesus, pierced with a lance, <i>(have mercy on us.)</i>
Cor Iesu, fons tótius consolatiónis, <i>(miserére nobis.)</i>	Heart of Jesus, source of all consolation, <i>(have mercy on us.)</i>
Cor Iesu, vita et resurréctio nostra, <i>(miserére nobis.)</i>	Heart of Jesus, our life and resurrection, <i>(have mercy on us.)</i>
Cor Iesu, pax et reconciliátio nostra, <i>(miserére nobis.)</i>	Heart of Jesus, our peace and reconciliation, <i>(have mercy on us.)</i>
Cor Iesu, víctima peccatórum, <i>(miserére nobis.)</i>	Heart of Jesus, victim for our sins, <i>(have mercy on us.)</i>
Cor Iesu, salus in te sperántium, <i>(miserére nobis.)</i>	Heart of Jesus, salvation of those who hope in Thee, <i>(have mercy on us.)</i>

Cor Iesu, spes in te moriéntium, ( <i>miserére nobis.</i> )	Heart of Jesus, hope of those who die in Thee, ( <i>have mercy on us.</i> )
Cor Iesu, delíciæ Sanctórum ómnium ( <i>miserére nobis.</i> )	Heart of Jesus, delight of all saints, ( <i>have mercy on us.</i> )
Agnus Dei, qui tollis peccáta mundi, ( <i>parce nobis, Dómine.</i> )	Lamb of God, who takest away the sins of the world, ( <i>spare us, O Lord.</i> )
Agnus Dei, qui tollis peccáta mundi, ( <i>exáudi nos, Dómine.</i> )	Lamb of God, who takest away the sins of the world, ( <i>graciously hear us, O Lord.</i> )
Agnus Dei, qui tollis peccáta mundi, ( <i>miserére nobis, Dómine.</i> )	Lamb of God who takest away the sins of the world, ( <i>have mercy on us.</i> )
Iesu, mitis et húmilis Corde, ( <i>fac cor nostrum secúndum Cor tuum.</i> )	Jesus, meek and humble of Heart, ( <i>make our hearts like unto Thine.</i> )
Orémus. Omnípotens sempitérne Deus, réspice in Cor dilectíssimi Fílii tui et in laudes et satisfactíones, quas in nómine peccatórum tibi persólvit, íisque misericórdiam tuam peténtibus, tu véniam concéde placátus in nómine eiúsdem Fílii tui Iesu Christi: Qui tecum vivit et regnat in sǽcula sæculórum. Amen.	Let us pray. Almighty and everlasting God, look upon the Heart of Thy well-beloved Son and upon the acts of praise and satisfaction which He renders unto Thee in the name of sinners; and do Thou, in Thy great goodness, grant pardon to them who seek Thy mercy, in the name of the same Thy Son, Jesus Christ, Who liveth and reigneth with Thee, world without end. Amen.
<b>Noverim Me</b> Domine Iesu, noverim me, noverim te. Nec aliquid cupiam nisi te. Oderim me et amem te. Omnia agam propter te.  Humiliem me, exaltem te. Nihil cogitem nisi te. Mortificem me et vivam in te. Quaecumque eveniant accipiam a te.  Persequar me, sequar te, Semperque optem sequi te. Fugiam me, confugiam ad te, Ut merear defendi a te.	Lord Jesus, let me know myself and know let me know Thee, And desire nothing save only Thee. Let me hate myself and love Thee. Let me do everything for the sake of Thee.  Let me humble myself and exalt Thee. Let me think of nothing except Thee. Let me die to myself and live in Thee. Let me accept whatever happens as from Thee.  Let me banish self and follow Thee, And ever desire to follow Thee. Let me fly from myself and take refuge in Thee, That I may deserve to be defended by Thee.

<p>Timeam mihi, timeam te, Et sim inter electos a te. Diffidam mihi, fidam in te. Oboedire velim propter te.</p> <p>Ad nihil afficiar nisi ad te, Et pauper sim propter te. Aspice me, ut diligam te. Voca me, ut videam te, Et in aeternum fruar te. Amen.</p>	<p>Let me fear for myself, let me fear Thee, And let me be among those who are chosen by Thee. Let me distrust myself and put my trust in Thee. Let me be willing to obey for the sake of Thee.</p> <p>Let me cling to nothing save only Thee, And let me be poor because of Thee Look upon me, that I may love Thee. Call me that I may see Thee, And for ever enjoy Thee. Amen.</p>
---	---



# **Stations of the Cross**

Originally Composed by St Alphonsus Ligouri (1787). This book uses the Clarence E. Woodman English translation from:

*A Manual of Prayers for Use of the Catholic Laity* (1889)

## Introductory Prayer

My Lord Jesus Christ, Thou hast made this journey to die for me with love unutterable, and I have so many times unworthily abandoned Thee; but now I love Thee with my whole heart, and because I love Thee I repent sincerely for having ever offended Thee. Pardon me, my God, and permit me to accompany Thee on this journey. Thou goest to die for love of me; I wish also, my beloved Redeemer, to die for love of Thee. My Jesus, I will live and die always united to Thee.

### First Station – Jesus is condemned to death

Ÿ. Adorámus te Christe, et benedícimus tibi. (Hic genuflectitur)

Ř. Quia per sanctam crucem tuam, redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise Thee. (*Genuflect*)

Ř. Because by Thy holy Cross Thou hast redeemed the world.

*Consider how Jesus Christ, after being scourged and crowned with thorns, was unjustly condemned by Pilate to die on the cross.*

My adorable Jesus, it was not Pilate; no, it was my sins that condemned Thee to die. I beseech Thee, by the merits of this sorrowfid journey, to assist my soul in her journey towards eternity. I love Thee, my beloved Jesus; I love Thee more than myself; I repent with my whole heart of having offended Thee. Never permit me to separate myself from Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

Stabat mater dolorósa  
iuxta Crucem lacrimósa,  
dum pendébat Fílius.

Our Father, Hail Mary, Glory Be

At the cross her station keeping  
Stood the mournful Mother weeping  
Close to Jesus to the last

### Second Station – Jesus is made to bear his cross

Ÿ. Adorámus te Christe, et benedícimus tibi. (Hic genuflectitur)

Ř. Quia per sanctam crucem tuam, redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise Thee. (*Genuflect*)

Ř. Because by Thy holy Cross Thou hast redeemed the world.

*Consider how Jesus, in making this journey with the Cross on His shoulders, thought of us, and for us offered to His Father the death He was about to undergo*

My adorable Jesus, it was not Pilate; no, it was my sins that condemned Thee to die. I beseech Thee, by the merits of this sorrowfid journey, to assist my soul in her journey towards eternity. I love Thee, my beloved Jesus; I love Thee more than myself; I repent with my whole heart of having offended Thee. Never permit me to separate

myself from Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

My Jesus, it is not the weight of the Cross, but of my sins, which has made Thee suffer so much pain. Ah! By the merits of this first fall, deliver me from the misfortune of falling into mortal sin. I love Thee, O my Jesus, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

Cuius ánimam geméntem,  
contristátam et doléntem  
pertransívit gládius.

Our Father, Hail Mary, Glory Be

Through her heart, His sorrow sharing,  
all His bitter anguish bearing,  
now at length the sword has passed.

### **Third Station – Jesus falls for this first time under his cross**

Ÿ. Adorámus te Christe, et benedícimus  
tibi. (Hic genuflectitur)

Ř. Quia per sanctam crucem tuam,  
redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise  
Thee. (*Genuflect*)

Ř. Because by Thy holy Cross Thou hast  
redeemed the world.

*Consider this first fall of Jesus under His Cross. His flesh was torn by the scourges, His head crowned with thorns, and He had lost a great quantity of blood. He was so weakened that He could scarcely walk, and yet He had to carry this great load upon His shoulders. The soldiers struck Him rudely, and thus He fell several times in His journey.*

My Jesus, it is not the weight of the Cross, but of my sins, which has made Thee suffer so much pain. Ah! By the merits of this first fall, deliver me from the misfortune of falling into mortal sin. I love Thee, O my Jesus, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

O quam tristis et afflícta  
fuit illa benedícta,  
mater Unigéniti!

Our Father, Hail Mary, Glory Be

O, how sad and sore distressed  
Was that Mother highly blessed  
Of the sole Begotten One

### **Fourth Station – Jesus meets his afflicted mother**

Ÿ. Adorámus te Christe, et benedícimus  
tibi. (Hic genuflectitur)

Ř. Quia per sanctam crucem tuam,  
redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise  
Thee. (*Genuflect*)

Ř. Because by Thy holy Cross Thou hast  
redeemed the world.

*Mary looked at each other, and their looks became as so many arrows to wound those hearts which loved each other so tenderly.*



My most loving Jesus, by the sorrow that Thou didst experience in this meeting, grant me the grace of a truly devoted love for Thy most holy Mother. And thou, my Queen, who wast overwhelmed with sorrow, obtain for me, by thy intercession, a continual and tender remembrance of the Passion of thy Son. I love Thee, Jesus my love; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee, and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

Quæ mœrébat et dolébat,  
pia Mater, dum vidébat  
nati pœnas íncliti.

Our Father, Hail Mary, Glory Be

Christ above in torment hangs,  
She beneath beholds the pangs  
Of her dying, glorious Son.

### **Fifth Station – Simon of Cyrene helps Jesus carry his cross**

Ÿ. Adorámus te Christe, et benedícimus  
tibi. (Hic genuflectitur)

Ř. Quia per sanctam crucem tuam,  
redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise  
Thee. (*Genuflect*)

Ř. Because by Thy holy Cross Thou hast  
redeemed the world.

*Consider how the Jews, seeing that at each step Jesus from weakness was on the point of expiring, and fearing that He would die on the way, when they wished Him to die the ignominious death of the Cross, constrained Simon the Cyrenian to carry the Cross behind our Lord.*

My most beloved Jesus, I will not refuse the Cross as the Cyrenian did; I accept it—I embrace it. I accept in particular the death Thou hast destined for me, with all the pains which may accompany it; I unite it to Thy death—I offer it to Thee. Thou hast died for love of me; I will die for love of Thee, and to please Thee. Help me by Thy grace. I love Thee, Jesus my love; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee; and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

Quis est homo qui non fleret,  
matrem Christi si vidéret  
in tanto supplicio?

Our Father, Hail Mary, Glory Be

Is there one who would not weep,  
whelmed in miseries so deep,  
Christ's dear Mother to behold?

### **Sixth Station – Veronica wipes the face of Jesus**

Ÿ. Adorámus te Christe, et benedícimus  
tibi. (Hic genuflectitur)

Ř. Quia per sanctam crucem tuam,  
redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise  
Thee. (*Genuflect*)

Ř. Because by Thy holy Cross Thou hast  
redeemed the world.

*Consider how the holy woman named Veronica, seeing Jesus so afflicted, and His face bathed in sweat and blood, presented Him with a towel, with which He wiped His adorable face, leaving on it the impression of His holy countenance.*

My most beloved Jesus, Thy face was beautiful before, but in this journey it has lost all its beauty, and wounds and blood have disfigured it. Alas! My soul also was once beautiful, when it received Thy grace in Baptism; but I have disfigured it since by my

sins. Thou alone, my Redeemer, canst restore it to its former beauty. Do this by Thy passion, and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

Our Father, Hail Mary, Glory Be

Quis non posset contristári  
Christi Matrem contemplári  
doléntem cum Fílio?

Bruised, derided, cursed, defiled  
She beheld her tender Child  
All with bloody scourges rent.

### Seventh Station – Jesus falls the second time

Ÿ. Adorámus te Christe, et benedícimus  
tibi. (Hic genuflectitur)  
R̃. Quia per sanctam crucem tuam,  
redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise  
Thee. (*Genuflect*)  
R̃. Because by Thy holy Cross Thou hast  
redeemed the world.

*Consider the second fall of Jesus under the Cross—a fall which renews the pain of all the wounds of the head and members of our afflicted Lord.*

My most gentle Jesus, how many times Thou hast pardoned me, and how many times have I fallen again, and begun again to offend Thee! Oh! By the merits of this new fall, give me the necessary helps to persevere in Thy grace until death. Grant that in all temptations which assail me I may always commend myself to Thee. I love Thee, Jesus my love, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

Our Father, Hail Mary, Glory Be

Pro peccátis suæ gentis  
vidit Iesum in torméntis,  
et flagéllis súbditum.

For the sins of His own nation  
Saw Him hang in desolation  
Till His spirit forth He sent.

### Eighth Station – Jesus speaks to the women of Jerusalem

Ÿ. Adorámus te Christe, et benedícimus  
tibi. (Hic genuflectitur)  
R̃. Quia per sanctam crucem tuam,  
redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise  
Thee. (*Genuflect*)  
R̃. Because by Thy holy Cross Thou hast  
redeemed the world.

*Consider how those women wept with compassion at seeing Jesus in such a pitiable state, streaming with blood, as He walked along. But Jesus said to them: Weep not for Me, but for your children.*

My Jesus, laden with sorrows, I weep for the offences I have committed against Thee, because of the pains they have deserved, and still more because of the displeasure they have caused Thee, who hast loved me so much. It is Thy love, more than the fear of hell, which causes me to weep for my sins. My Jesus, I love Thee more than myself; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

Our Father, Hail Mary, Glory Be

Vidit suum dulcem Natum  
moriendo desolatum,  
dum emisit spiritum.

O sweet Mother! Fount of Love,  
Touch my spirit from above  
Make my heart with yours accord.

### **Ninth Station – Jesus falls the third time**

Ÿ. Adoramus te Christe, et benedicimus  
tibi. (Hic genuflectitur)  
R. Quia per sanctam crucem tuam,  
redemisti mundum.

Ÿ. We adore Thee, O Christ, and we praise  
Thee. (*Genuflect*)  
R. Because by Thy holy Cross Thou hast  
redeemed the world.

*Consider the third fall of Jesus Christ. His weakness was extreme, and the cruelty of His executioners excessive, who tried to hasten His steps when He had scarcely strength to move.*

My outraged Jesus, by the merits of the weakness Thou didst suffer in going to Calvary, give me strength sufficient to conquer all human respect, and all my wicked passions, which have led me to despise Thy friendship. I love Thee, Jesus my love, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

Our Father, Hail Mary, Glory Be

Eia, Mater, fons amoris  
me sentire vim doloris  
fac, ut tecum lúgeam.

Make me feel as You have felt  
Make my soul to glow and melt  
With the love of Christ, my Lord.

### **Tenth Station – Jesus is stripped of his garments**

Ÿ. Adoramus te Christe, et benedicimus  
tibi. (Hic genuflectitur)  
R. Quia per sanctam crucem tuam,  
redemisti mundum.

Ÿ. We adore Thee, O Christ, and we praise  
Thee. (*Genuflect*)  
R. Because by Thy holy Cross Thou hast  
redeemed the world.

*Consider the violence with which the executioners stripped Jesus. His inner garments adhered to His torn flesh, and they dragged them off so roughly that the skin came with them. Compassionate your Saviour thus cruelly treated, and say to Him:*

My innocent Jesus, by the merits of the torment Thou has felt, help me to strip myself of all affection to things of earth, in order that I may place all my love in Thee, who art so worthy of my love. I love thee, O Jesus, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love thee always; and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

Our Father, Hail Mary, Glory Be

Fac, ut ardeat cor meum  
in amando Christum Deum  
ut sibi compláceam.

Holy Mother, pierce me through  
In my heart each wound renew  
Of my Savior crucified.

### Eleventh Station – Jesus is nailed to the cross

Ÿ. Adorámus te Christe, et benedícimus tibi. (Hic genuflectitur)

Ř. Quia per sanctam crucem tuam, redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise Thee. (*Genuflect*)

Ř. Because by Thy holy Cross Thou hast redeemed the world.

*Consider how Jesus, after being thrown on the Cross, extended His hands, and offered to His Eternal Father the sacrifice of His life for our salvation. These barbarians fastened Him with nails, and then, raising the Cross, allowed Him to die with anguish on this infamous gibbet.*

My Jesus! Loaded with contempt, nail my heart to Thy feet, that it may ever remain there, to love Thee, and never quit Thee again. I love Thee more than myself; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

Sancta Mater, istud agas,  
crucifíxi fige plagas  
cordi meo válida.

Our Father, Hail Mary, Glory Be

Let me share with you His pain,  
Who for all our sins was slain,  
Who for me in torments died.

### Twelvth Station – Jesus dies on the cross

Ÿ. Adorámus te Christe, et benedícimus tibi. (Hic genuflectitur)

Ř. Quia per sanctam crucem tuam, redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise Thee. (*Genuflect*)

Ř. Because by Thy holy Cross Thou hast redeemed the world.

*Consider how thy Jesus, after three hours' Agony on the Cross, consumed at length with anguish, abandons Himself to the weight of His body, bows His head and dies.*

O my dying Jesus, I kiss devoutly the Cross on which Thou didst die for love of me. I have merited by my sins to die a miserable death, but Thy death is my hope. Ah, by the merits of Thy death, give me grace to die, embracing Thy feet, and burning with love to Thee. I commit my soul into Thy hands. I love Thee with my whole heart; I repent of ever having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

Pater noster, Ave María, Glória Patri.

Tui Nati vulneráti,  
tam dignáti pro me pati,  
pœnas mecum dívide.

Our Father, Hail Mary, Glory Be

Let me mingle tears with thee  
Mourning Him who mourned for me,  
All the days that I may live.

### Thirteenth Station – Jesus is taken down from the cross

Ÿ. Adorámus te Christe, et benedícimus tibi. (Hic genuflectitur)

Ř. Quia per sanctam crucem tuam, redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise Thee. (*Genuflect*)

Ř. Because by Thy holy Cross Thou hast redeemed the world.

*Consider how, after the death of our Lord, two of His disciples, Joseph and Nicodemus, took Him down from the Cross, and placed Him in the arms of His afflicted Mother, who received Him with unutterable tenderness, and pressed Him to her bosom.*

O Mother of sorrow, for the love of this Son, accept me for thy servant, and pray to Him for me. And Thou, my Redeemer, since Thou hast died for me, permit me to love Thee; for I wish but Thee, and nothing more. I love Thee, my Jesus, and I repent of ever having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

Pater Noster, Ave María, Glória Patri.

Fac me tecum pie flere,  
crucifixo condolére,  
donec ego víxero.

Our Father, Hail Mary, Glory Be

By the cross with you to stay  
There with you to weep and pray  
Is all I ask of you to give.

### **Fourteenth Station – Jesus is placed in the tomb**

Ÿ. Adorámus te Christe, et benedícimus tibi. (Hic genuflectitur)

Ř. Quia per sanctam crucem tuam, redemísti mundum.

Ÿ. We adore Thee, O Christ, and we praise Thee. (*Genuflect*)

Ř. Because by Thy holy Cross Thou hast redeemed the world.

*Consider how the disciples carried the body of Jesus to bury it, accompanied by his holy Mother, who arranged it in the sepulchre with her own hands. They then closed the tomb, and all withdrew.*

My buried Jesus, I kiss the stone that encloses Thee. But Thou didst rise again the third day. I beseech Thee by Thy Resurrection, make me rise glorious with Thee at the last day, to be always united with Thee in heaven, to praise Thee and love Thee for ever. I love Thee, and I repent of ever having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee; and then do with me what Thou wilt.

Pater Noster, Ave María, Glória Patri.

Iuxta Crucem tecum stare,  
et me tibi sociáre  
in planctu desídero.

Our Father, Hail Mary, Glory Be

Virgin of all virgins blest!  
Listen to my fond request:  
Let me share your grief divine.

---

### **Prayer to Jesus Christ, crucified**

En ego, o bone et dulcíssime Iesu, ante conspéctum tuum génibus me provólvo, ac máximo ánimi ardóre te oro atque obtéstor ut meum in cor vívidos fidei, spei et caritátis sensus, atque veram peccatórum meórum pæniténtiam, éaque emendándi firmíssimam voluntátem, velis imprímere; dum magno ánimi afféctu et dolóre tua quinque vúlnera

Look down upon me, good and gentle Jesus, while before your face I humbly kneel, and with burning soul pray and beseech you to fix deep in my heart lively sentiments of faith, hope and charity, true contrition for my sins, and a firm purpose of amendment, while I contemplate with great love and tender pity your five wounds, pondering over them within me,

---

<p>mecum ipse consídero ac mente contémplor, illud præ óculis habens quod iam in ore ponébat tuo David prophéta de te, o bone Iesu: 'Fodérunt manus meas et pedes meos, dinumeravérunt ómnia ossa mea.' Amen.</p>	<p>calling to mind the words which David, your prophet, said of you, my good Jesus: 'They have pierced my hands and my feet; they have numbered all my bones.' Amen.</p>
---	--

**To the Holy Spirit**

---

**Veni, Sancte Spiritus**

Veni, Sancte Spíritus,  
et emítte cælitus  
lucis tuæ rádiu.

Veni, pater páuperum,  
veni, dator múnerum,  
veni, lumen córdium.

Consolátor óptime,  
dulcis hospes ánimæ,  
dulce refrigeríum.

In labóre réquies,  
in æstu tempéries,  
in fletu solácium.

O lux beatíssima,  
reple cordis íntima  
tuórum fidélium.

Sine tuo númine,  
nihil est in hómine,  
nihil est innóxiu.

Lava quod est sórdidu,  
riga quod est áridu,  
sana quod est sáuciu.

Flecte quod est rígidu,  
fove quod est frígidu,  
rege quod est déviu.

Da tuis fidélibus,  
in te confidéntibus,  
sacru septenáriu.

Da virtútis méritu,  
da salútis éxitu,  
da perénne gáudiu.

Come, thou Holy Spirit, come,  
and from Thy celestial home  
shed a ray of light divine!

Come, thou Father of the poor!  
Come, thou Source of all our store!  
Come, within our bosoms shine!

Thou, of comforters the best;  
thou, the soul's most welcome guest;  
sweet refreshment here below;

in our labour, rest most sweet;  
grateful coolness in the heat;  
solace in the midst of woe.

O most blessed Light divine,  
shine within these hearts of thine,  
and our inmost being fill!

Where thou art not, man hath nought,  
nothing good in deed or thought,  
nothing free from taint of ill.

Heal our wounds, our strength renew;  
on our dryness pour Thy dew;  
wash the stains of guilt away;

bend the stubborn heart and will;  
melt the frozen, warm the chill;  
guide the steps that go astray.

On the faithful, who adore  
and confess thee, evermore  
in Thy sevenfold gift descend;

give them virtue's sure reward  
give them Thy salvation, Lord;  
give them joys that never end.

---



---

## Veni, Creator Spiritus

Veni, Creátor Spíritus,  
mentes tuórum vísita,  
imple supérna grátia,  
quæ tu creásti, péctora.

Qui díceris Paráclitus,  
altíssimi donum Dei,  
fons vívus, ignis, cáritas,  
et spiritális únctio.

Tu septifórmis múnere,  
dígitus patrénæ délixteræ,  
tu rite promíssum Patris,  
sermóne ditans gúttura.

Accénde lumen sénsibus,  
infúnde amórem córdibus,  
infrma nostri córporis  
virtúte firmans pérpeti.

Hostem repéllas lóngius  
pacémque dones prótinus;  
ductóre sic te prævio  
vitémus omne nóxium.

Per te sciámus da Patrem  
noscámus atque Fílium,  
te utriúsque Spíritum  
credámus omni témpore.

Deo Patri sit glória  
et Fílio, qui a mórtuis  
surréxit, ac Paráclito  
in sæculórum sácula.  
Amen.

Come, Holy Spirit, Creator blest  
And in our souls take up your rest;  
Come with your grace and heavenly aid  
To fill the hearts which you have made.

O comforter, to you we cry,  
O heavenly gift of God Most Hight,  
O fount of life and fire of love,  
And sweet anointing from above.

You in your sevenfold gifts are known;  
You, finger of God's hand we own;  
You, promise of the Father, you  
Who do the tongue with power imbue.

Kindle our senses from above,  
And make our hearts overflow with love;  
With patience firm and virtue high  
The weakness of our flesh supply.

Far from us drive the foe we dread,  
And grant us your peace instead;  
So shall we not, with you for guide,  
Turn from the path of life aside.

Oh may your grace on us bestow  
The Father and the Son to know;  
And you, through endless times  
confessed,  
Of both the eternal Spirit blest.

Now to the Father and the Son,  
Who rose from death, be glory given,  
With you, O holy Comforter,  
Henceforth by all in earth and heaven.  
Amen.



**To the Blessed Virgin Mary**

<p><b>Magnificat</b>  Magnificat ánima mea Dóminum: et  exultávit spíritus meus in Deo, salutári  meo.</p> <p>Quia respéxit humilitátem ancíllæ suæ:  ecce enim ex hoc beátam me dicent  omnes generatiónes.</p> <p>Quia fecit mihi magna qui potens est: et  sanctum nomen eius.</p> <p>Et misericórdia eius a progénie in  progénies timéntibus eum.</p> <p>Fecit poténtiam in bráchio suo: dispérsit  supérbos mente cordis sui.</p> <p>Depósuit poténtes de sede, et exaltávit  húmiles.</p> <p>Esuriéntes implévit bonis: et dívites  dimísit inánes.</p> <p>Suscépit Israel, púerum suum, recordátus  misericórdiæ suæ.</p> <p>Sicut locútus est ad patres nostros,  Abraham et sémini eius in sæcula.</p> <p>Glória Patri, et Fílio,  et Spirítui Sancto.  Sicut erat in princípio, et nunc,  et semper, et in sæcula sæculórum.  Amen</p>	<p>My soul doth magnify the Lord,  And my spirit hath rejoiced in God my  Saviour.</p> <p>Because He hath regarded the humility of  his handmaid: for behold from henceforth  all generations shall call me blessed.</p> <p>Because He that is mighty hath done  great things to me, and holy is His name.</p> <p>And His mercy is from generation unto  generations to them that fear Him.</p> <p>He hath shewed might in His arm: He  hath scattered the proud in the conceit of  their heart.</p> <p>He hath put down the mighty from their  seat, and hath exalted the humble.</p> <p>He hath filled the hungry with good  things, and the rich he hath sent empty  away.</p> <p>He hath received Israel His servant, being  mindful of His mercy.</p> <p>As He spoke to our fathers; to Abraham  and his seed forever.</p> <p>Glory be to the Father, and to the Son, and  to the Holy Ghost,  As it was in the beginning is now, and  ever shall be, world without end.  Amen.</p>
<p><b>Ave Maris Stella</b>  Ave, maris stella,  Dei mater alma,  atque semper virgo,  felix cœli porta.</p>	<p>Hail, thou Star of ocean,  Portal of the sky!  Ever Virgin Mother  Of the Lord most high!</p>

<p>Sumens illud 'Ave' Gabrielis ore, funda nos in pace, mutans Evæ nomen.</p> <p>Solve vincla reis, profer lumen cæcis, mala nostra pelle, bona cuncta posce. Monstra te esse matrem, sumat per te precem qui pro nobis natus tulit esse tuus.</p> <p>Virgo singulâris, inter omnes mitis, nos culpâs solutos mites fac et castos.</p> <p>Vitam præsta puram, iter para tutum, ut videntes Iesum semper collætémur.</p> <p>Sit laus Deo Patri, summo Christo decus, Spirítui Sancto tribus honor unus. Amen.</p>	<p>O, by Gabriel's 'Ave', Uttered long ago, Eve's name reversing, Establish peace below.</p> <p>Break the captive's fetters ; Light on blindness pour ; All our ills expelling, Every bliss implore. Show thyself a Mother ; Offer Him our sighs, Who for us Incarnate Did not thee despise.</p> <p>Virgin of all virgins! To thy shelter take us : Gentlest of the gentle! Chaste and gentle make us.</p> <p>Still, as on we journey, Help our weak endeavour ; Till with thee and Jesus We rejoice forever.</p> <p>Through the highest heaven, To the Almighty Three, Father, Son, and Spirit, One same glory be. Amen.</p>
<p><b>O Domina Mea</b> O Dómina mea, sancta María, me in tuam benedíctam fidem ac singulárem custódiam et in sinum misericórdiæ tuæ, hódie et quotídie et in hora éxitus mei ánimam meam et corpus meum tibi comméndo. Omnem spem et consolatiónem meam, omnes angústias et misérias meas, vitam et finem vitæ meæ tibi commítto, ut per tuam sanctíssimam intercessiόnem et per tua mérita, ómnia mea dirigántur et disponántur ópera secúndum tuam tuíque Filii voluntátem. Amen.</p>	<p>O holy Mary, my Mistress, into thy blessed trust and special keeping, into the bosom of thy tender mercy, this day, every day of my life and at the hour of my death, I commend my soul and body; to thee I entrust all my hopes and consolations, all my trials and miseries, my life and the end of my life, that through thy most holy intercession and thy merits, all my actions may be ordered and disposed according to thy will and that of thy divine Son. Amen.</p>
<p><b>Sub Tuum Praesidium</b> Sub tuum præsidium confúgimus Sancta Dei Génitrix,</p>	<p>We fly to your patronage, O holy Mother of God,</p>

<p>Nostras deprecationes ne despicias in necessitatibus:</p> <p>Sed a periculis cunctis libera nos semper Virgo gloriosa et benedicta.</p>	<p>despise not our petitions in our necessities,</p> <p>but deliver us always, from all dangers, O glorious and blessed Virgin.</p>
<p><b>Memorare</b> Memorare, o piissima Virgo Maria, non esse auditum a saeculo, quemquam ad tua currentem praesidia, tua implorantem auxilia, tua petentem suffragia esse derelictum. Nos tali animati confidentia ad te, Virgo Virginum, Mater, currimus; ad te venimus; coram te gementes peccatores assistimus. Noli, Mater Verbi, verba nostra despiciere, sed audi propitia et exaudi. Amen.</p>	<p>Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired with this confidence, we fly unto thee, O Virgin of virgins and Mother; to thee do we come; before thee do we stand, sinful and sorrowful; O Mother of the Word Incarnate, despise not our petitions, but in thy mercy hear and answer us. Amen.</p>
<p><b>Ave Regina Caelorum (Hymn)</b> Ave Regina caelorum, Ave Domina Angelorum: Salve radix, salve porta, Ex qua mundo lux est orta:</p> <p>Gaude Virgo, gloriosa, Super omnes speciosa, Vale o valde decora, Et pro nobis Christum exora</p> <p>Ÿ. Dignare me laudare te, Virgo Sacrata R. Da mihi virtutem contra hostes tuos</p> <p>Oramus. Concede, misericors Deus, fragilitati nostrae praesidium; ut, qui, sanctae Dei Genetricis memoriam agimus; intercessionis eius auxilio, a nostris iniquitatibus resurgamus. Per eundem Christum Dominum nostrum. Amen.</p>	<p>Hail, Queen of heaven, Hail lady of the angels. Hail, root, hail door From whom the Light of the world was born.</p> <p>Rejoice, glorious Virgin, Precious above all. Hail, O very beautiful one, And plead for us to Christ.</p> <p>Ÿ. Allow me to praise thee, Holy Virgin. R. Give me strength against thy enemies.</p> <p>Let us pray. Grant, O merciful God, to our weak nature Thy protection, that we who commemorate the holy Mother of God may, by the help of her intercession, arise from our iniquities. Though the same Christ our Lord. Amen.</p>
<p><b>Stabat Mater Dolorosa</b> Stabat mater dolorosa iuxta Crucem lacrimosa,</p>	<p>At the Cross her station keeping, stood the mournful Mother weeping,</p>

dum pendébat Fílius.	close to her Son to the last.
Cuius ánimam geméntem, contristátam et doléntem pertransívit gládius.	Through her heart, His sorrow sharing, all His bitter anguish bearing, now at length the sword has passed.
O quam tristis et afflícta fuit illa benedícta, mater Unigéniti!	O how sad and sore distressed was that Mother, highly blest, of the sole-begotten One.
Quæ mœrébat et dolébat, pia Mater, dum vidébat nati pœnas íncliti.	Christ above in torment hangs, she beneath beholds the pangs of her dying glorious Son.
Quis est homo qui non fleret, matrem Christi si vidéret in tanto supplicio?	Is there one who would not weep, whelmed in miseries so deep, Christ's dear Mother to behold?
Quis non posset contristári Christi Matrem contemplári doléntem cum Fílio?	Can the human heart refrain from partaking in her pain, in that Mother's pain untold?
Pro peccátis suæ gentis vidit Iesum in torméntis, et flagéllis súbditum.	For the sins of His own nation, She saw Jesus wracked with torment, All with scourges rent:
Vidit suum dulcem Natum moriéndo desolátum, dum emísit spíritum.	She beheld her tender Child, Saw Him hang in desolation, Till His spirit forth He sent.
Eia, Mater, fons amóris me sentíre vim dolóris fac, ut tecum lúgeam.	O thou Mother! Fount of love! Touch my spirit from above, make my heart with thine accord:
Fac, ut árdeat cor meum in amándo Christum Deum ut sibi compláceam.	Make me feel as thou hast felt; make my soul to glow and melt with the love of Christ my Lord.
Sancta Mater, istud agas, crucifíxi fige plagas cordi meo válida.	Holy Mother! Pierce me through, in my heart each wound renew of my Saviour crucified:
Tui Nati vulneráti, tam dignáti pro me pati, pœnas mecum dívide.	Let me share with thee His pain, who for all my sins was slain, who for me in torments died.
Fac me tecum pie flere, crucifíxo condolére, donec ego víxero.	Let me mingle tears with thee, mourning Him who mourned for me, all the days that I may live:

<p>Iuxta Crucem tecum stare, et me tibi sociáre in planctu desídero.</p> <p>Virgo vírginum præclára, mihi iam non sis amára, fac me tecum plángere. Fac, ut portem Christi mortem, passiónis fac consórtem, et plagas recólere.</p> <p>Fac me plagis vulnerári, fac me Cruce inebriári, et cruóre Fílii.</p> <p>Flammis ne urar succénsus, per te, Virgo, sim defénsus in die iudícii.</p> <p>Christe, cum sit hinc exíre, da per Matrem me veníre ad palmam victóriæ.</p> <p>Quando corpus moriétur, fac, ut ánimæ donétur paradísi glória.</p> <p>Amen.</p>	<p>By the Cross with thee to stay, there with thee to weep and pray, is all I ask of thee to give.</p> <p>Virgin of all virgins blest!, Listen to my fond request: let me share thy grief divine; Let me, to my latest breath, in my body bear the death of that dying Son of thine.</p> <p>Wounded with His every wound, steep my soul till it hath swooned, in His very Blood away;</p> <p>Be to me, O Virgin, nigh, lest in flames I burn and die, in His awful Judgment Day.</p> <p>Christ, when Thou shalt call me hence, be Thy Mother my defence, be Thy Cross my victory;</p> <p>While my body here decays, may my soul Thy goodness praise, Safe in Paradise with Thee.</p> <p>Amen.</p>
<p><b>Alma Redemptoris Mater</b> Alma Redemptóris Mater, quæ pérvia cæli Porta manes, et stella maris, succúrre cadénti, Súrgere qui curat pópulo: tu quæ genuísti, Natúra miránte, tuum sanctum Genitórem Virgo prius ac postérius, Gabriélis ab ore Sumens illud Ave, peccatórum miserére</p>	<p>Mother of Christ! Hear thou thy people's cry. Star of the deep and Portal of the sky! Mother of Him who thee from nothing made! Sinking we strive, and call thee for aid. Oh, by that joy which Gabriel brought to thee. Thou Virgin first and last, let us thy mercy.</p>
<p><b>Maria, Mater Gratiae</b> María, mater Grátiae Mater misericórdiae, tu me ab hoste prótege et mortis hora súscipe.</p>	<p>Mary, Mother of grace, Mother of Mercy. Shield us when the foe is nigh, And receive us when we die.</p>

<p><b>Inviolata</b>  Invioláta, íntegra et casta es,  María.  Quæ es effécta  fúlgida cæli porta.  O Mater alma Christi caríssima:  Súscipe pia laudum præcónia.</p> <p>Te nunc flágitant devóta corda et ora.  Nostra ut pura péctora sint et córpora.  Tua per precáta dulcísona,</p> <p>Nobis concédas véniam per sæcula.  O benígna! O Regína! O María!  Quæ sola invioláta permansísti.</p>	<p>Stainless, inviolate, and chaste art Thou,  O Mary.  Who has become  the radiant gate of heaven.  O Mother of Christ, most loving, kind,  Accept the homage of our fervent  prayers.</p> <p>That pure our minds And hearts may be,  Our lips breathe forth  Our heart's most ardent wish.  With words of pleading, sweet to Jesus' ear,</p> <p>Beseech for us eternal pardon, we pray.  O clement! O Queen! O Mary!  Who art of all the only stainless one.</p>
<p><b>Litany of Loreto</b>  Kýrie, eléison  <i>(Christe, eléison.)</i></p> <p>Kýrie, eléison. Christe, audi nos.  <i>(Christe, exáudi nos.)</i></p> <p>Pater de cælis, Deus,  <i>(miserére nobis.)</i></p> <p>Fili, Redémptor mundi, Deus,  <i>(miserére nobis.)</i></p> <p>Spíritus Sancte Deus,  <i>(miserére nobis.)</i></p> <p>Sancta Trínitas, unus Deus,  <i>(miserére nobis.)</i></p> <p>Sancta María,  <i>(ora pro nobis.)</i></p> <p>Sancta Dei Génetrix,  <i>(ora pro nobis.)</i></p> <p>Sancta Virgo vírginum,  <i>(ora pro nobis.)</i></p> <p>Mater Christi,  <i>(ora pro nobis.)</i></p>	<p>Lord have mercy.  <i>(Christ have mercy.)</i></p> <p>Lord have mercy. Christ hear us.  <i>(Christ graciously hear us.)</i></p> <p>God, the Father of heaven,  <i>(have mercy on us.)</i></p> <p>God the Son, Redeemer of the  world, <i>(have mercy on us.)</i></p> <p>God the Holy Spirit,  <i>(have mercy on us.)</i></p> <p>Holy Trinity, one God,  <i>(have mercy on us.)</i></p> <p>Holy Mary,  <i>(pray for us.)</i></p> <p>Holy Mother of God,  <i>(pray for us.)</i></p> <p>Holy Virgin of virgins,  <i>(pray for us.)</i></p> <p>Mother of Christ,  <i>(pray for us.)</i></p>



Mater Ecclésiæ, (ora pro nobis.)	Mother of the Church, (pray for us.)
Mater Divinæ gratiæ, (ora pro nobis.)	Mother of divine grace, (pray for us.)
Mater puríssima, (ora pro nobis.)	Mother most pure, (pray for us.)
Mater castíssima, (ora pro nobis.)	Mother most chaste, (pray for us.)
Mater invioláta, (ora pro nobis.)	Mother inviolate, (pray for us.)
Mater intemeráta, (ora pro nobis.)	Mother undefiled, (pray for us.)
Mater amábilis, (ora pro nobis.)	Mother most amiable, (pray for us.)
Mater admirábilis, (ora pro nobis.)	Mother admirable, (pray for us.)
Mater boni Consílii, (ora pro nobis.)	Mother of good counsel, (pray for us.)
Mater Creatóris, (ora pro nobis.)	Mother of our Creator, (pray for us.)
Mater Salvatóris, (ora pro nobis.)	Mother of our Saviour, (pray for us.)
Virgo prudentíssima, (ora pro nobis.)	Virgin most prudent, (pray for us.)
Virgo veneránda, (ora pro nobis.)	Virgin most venerable, (pray for us.)
Virgo prædicánda, (ora pro nobis.)	Virgin most renowned, (pray for us.)
Virgo potens, (ora pro nobis.)	Virgin most powerful, (pray for us.)
Virgo clemens, (ora pro nobis.)	Virgin most merciful, (pray for us.)

Virgo fidélis, (ora pro nobis.)	Virgin most faithful, (pray for us.)
Spéculum iustítiae, (ora pro nobis.)	Mirror of justice, (pray for us.)
Sedes sapiéntiae, (ora pro nobis.)	Seat of wisdom, (pray for us.)
Causa nostræ lætítiae, (ora pro nobis.)	Cause of our joy, (pray for us.)
Vas spirituále, (ora pro nobis.)	Spiritual vessel, (pray for us.)
Vas honorábile, (ora pro nobis.)	Vessel of honour, (pray for us.)
Vas insígne devotiónis, (ora pro nobis.)	Singular vessel of devotion, (pray for us.)
Rosa mýstica, (ora pro nobis.)	Mystical rose, (pray for us.)
Turris Davídica, (ora pro nobis.)	Tower of David, (pray for us.)
Turris ebúrnea, (ora pro nobis.)	Tower of ivory, (pray for us.)
Domus áurea, (ora pro nobis.)	House of gold, (pray for us.)
Fœderis arca, (ora pro nobis.)	Ark of the covenant, (pray for us.)
Iánua cæli, (ora pro nobis.)	Gate of heaven, (pray for us.)
Stella matutína, (ora pro nobis.)	Morning star, (pray for us.)
Salus infirmórum, (ora pro nobis.)	Health of the sick, (pray for us.)
Refúgium peccatórum, (ora pro nobis.)	Refuge of sinners, (pray for us.)

Consolátrix afflictórum, ( <i>ora pro nobis.</i> )	Comfort of the afflicted, ( <i>pray for us.</i> )
Auxílium Christianórum, ( <i>ora pro nobis.</i> )	Help of Christians, ( <i>pray for us.</i> )
Regína Angelórum, ( <i>ora pro nobis.</i> )	Queen of Angels, ( <i>pray for us.</i> )
Regína Patriarchárum, ( <i>ora pro nobis.</i> )	Queen of Patriarchs, ( <i>pray for us.</i> )
Regína Prophetárum, ( <i>ora pro nobis.</i> )	Queen of Prophets, ( <i>pray for us.</i> )
Regína Apostolórum, ( <i>ora pro nobis.</i> )	Queen of Apostles, ( <i>pray for us.</i> )
Regína Mártýrum, ( <i>ora pro nobis.</i> )	Queen of Martyrs, ( <i>pray for us.</i> )
Regína Confessórum, ( <i>ora pro nobis.</i> )	Queen of Confessors, ( <i>pray for us.</i> )
Regína Vírginum, ( <i>ora pro nobis.</i> )	Queen of Virgins, ( <i>pray for us.</i> )
Regína Sanctórum ómnium, ( <i>ora pro nobis.</i> )	Queen of all Saints, ( <i>pray for us.</i> )
Regína sine labe origináli concépta, ( <i>ora pro nobis.</i> )	Queen conceived without original sin, ( <i>pray for us.</i> )
Regína in cælum assúpta, ( <i>ora pro nobis.</i> )	Queen assumed into heaven, ( <i>pray for us.</i> )
Regína Sanctíssimi Rosárii, ( <i>ora pro nobis.</i> )	Queen of the most holy Rosary, ( <i>pray for us.</i> )
Regína famíliæ, ( <i>ora pro nobis.</i> )	Queen of families, ( <i>pray for us.</i> )
Regína pacis, ( <i>ora pro nobis.</i> )	Queen of peace. ( <i>pray for us.</i> )

<p>Agnus Dei, qui tollis peccáta mundi, (<i>parce nobis, Dómine.</i>)</p>	<p>Lamb of God, who takest away the sins of the world, (<i>Spare us, O Lord.</i>)</p>
<p>Agnus Dei, qui tollis peccáta mundi, (<i>exáudi nobis, Dómine.</i>)</p>	<p>Lamb of God, who takest away the sins of the world, (<i>Graciously hear us, O Lord.</i>)</p>
<p>Agnus Dei, qui tollis peccáta mundi, (<i>miserére nobis.</i>)</p>	<p>Lamb of God, who takest away the sins of the world, (<i>Have mercy on us.</i>)</p>
<p>Ora pro nobis, Sancta Dei Génatrix, (<i>Ut digni efficiámur promissionibus Christi.</i>)</p>	<p>Pray for us, O holy Mother of God. (<i>That we may be made worthy of the promises of Christ.</i>)</p>
<p>Orémus.          Concéde nos fámulos tuos, quæsumus, Dómine Deus, perpétua mentis et córporis sanitáte gaudére: et glóriosa beátæ Mariæ semper Vírginis intercessióne, a præsénti liberári tristítia, et æténa pérfrui lætítia.          Per Christum Dóminum nostrum.          Amen.</p>	<p>Let us pray.          Grant, we beseech thee, O Lord God, that we, your servants, may enjoy perpetual health of mind and body; and by the intercession of the Blessed Mary, ever Virgin, may be delivered from present sorrow and obtain eternal joy.          Through Christ our Lord.          Amen.</p>

# **The Rosary**

<p><b>Mysterium Gaudiosa – Joyful Mysteries (Monday, Thursdays, and Saturdays)</b></p> <p>Annuntiatio Beátæ Maríæ Vírginis <i>The Annunciation of Blessed Virgin Mary</i></p> <p>Visitatio Beátæ Maríæ Vírginis <i>The Visitation of Blessed Virgin Mary</i></p> <p>Natívitás Dómini nostri Iesu Christi <i>The Birth of Our Lord Jesus Christ</i></p> <p>Præsentatio Puéri Iesu in Templo et Purificatio Beátæ Maríæ Vírginis <i>The Presentation of the Boy Jesus in the Temple and the Purification of Blessed Virgin Mary</i></p> <p>Invéntio Puéri Iesu in Templo <i>The Finding of the Boy Jesus in the Temple</i></p>	<p><b>Mysteria Dolorosa – Sorrowful Mysteries (Tuesdays and Fridays)</b></p> <p>Orátio in horto Dómini nostri Iesu Christi <i>The Agony in the Garden of Our Lord, Jesus Christ</i></p> <p>Flagellatio Dómini nostri Iésu Christi <i>The Scourging at the Pillar of Our Lord, Jesus Christ</i></p> <p>Coronatio spinis Dómini nostri Iésu Christi <i>The Crowning of the Thorns of Our Lord Jesus Christ</i></p> <p>Baiulatio Crúcis Dómini nostri Iésu Christi <i>The Carrying of the Cross of our Lord Jesus Christ</i></p> <p>Crucifíxio et mors Dómini nostri Iésu Christi <i>The Crucifixion of our Lord Jesus Christ</i></p>
<p><b>Mysteria Gloriosa – Glorious Mysteries (Wednesdays and Sundays)</b></p> <p>Resurréctio Dómini nostri Iesu Christi <i>The Resurrection of Our Lord Jesus Christ</i></p> <p>Ascénsio Dómini nostri Iesu Christi <i>The Ascension of Our Lord Jesus Christ</i></p> <p>Advéntus Spíritus Sancti in discípulos et Beátæ Maríæ Vírginis <i>The Descent of the Holy Spirit on the Disciples and on the Blessed Virgin Mary</i></p> <p>Assúptio Beátæ Maríæ Vírginis ad cælum <i>The Assumption of Blessed Virgin Mary to Heaven</i></p> <p>Coronatio Beátæ Maríæ Vírginis in cælis <i>The Coronation of Blessed Virgin Mary in Heaven</i></p>	
<p><b>Fatima Prayer</b></p> <p>Dómine Iesu, dimítte nobis débíta nostra, salva nos ab igne inférni, perduc in cælum omnes ánimas, præsértim eas, quæ misericórdiæ tuæ máximæ indigent.</p>	<p>O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls into heaven, especially those in most need of Thy mercy.</p>

---

## Hail, Holy Queen

Salve Regina, mater misericórdiæ:  
vita, dulcédo, et spes nostra, salve.

Ad te clamámus,  
éxsules filii Hevæ.

Ad te suspirámus,  
geméntes et flentes in hac lacrimárum  
valle.

Eia ergo, Advocáta nostra, illos tuos  
misericórdes óculos ad nos convérte.

Et Iesum, benedíctum fructum ventris tui,  
nobis post hoc exsílum osténde.

O clemens, O pia, O dulcis Virgo María.

Ÿ. Ora pro nobis sancta Dei Génatrix.

Ř. Ut dígni efficiámur promissiúnibus  
Chrísti.

Hail, Holy Queen, Mother of mercy, hail,  
our life, our sweetness and our hope.

To thee do we cry, poor banished  
children of Eve:

To thee do we send up our sighs,  
mourning and weeping in this vale of  
tears.

Turn then, most gracious Advocate, thine  
eyes of mercy toward us,

And after this our exile, show unto us the  
blessed fruit of thy womb, Jesus.

O merciful, O loving, O sweet Virgin Mary.  
Amen.

Ÿ. Pray for us, O holy Mother of God.

Ř. That we may be made worthy of the  
promises of Christ

---

## Final Prayer

Orémus.

Deus, cúius Unigénitus per vitam, mortem  
et resurrectionem suam nobis salutis  
ætérnæ præmia comparávit: concéde,  
quæsumus: ut hæc mystéria sacratíssimo  
beátæ Mariæ Vírginis Rosário recoléntes,  
et imitémur quod cóntinent, et quod  
promíttunt, assequámur.

Per eúndem Chrístum Dóminum  
nóstrum.

Amen.

Let us pray.

O God, whose only begotten Son, by his  
life, death and resurrection, has  
purchased for us the rewards of eternal  
life, grant, we beseech thee, that  
meditating upon these mysteries of the  
most holy rosary of the Blessed Virgin  
Mary, we may imitate what they contain  
and obtain what they promise.

Through the same Christ our lord.  
Amen.



# **Hymns and Devotions for the Liturgical Seasons**



<b>Attende Domine (Lent)</b> Atténde Dómine, et miserére, Quia peccávimus tibi.	Hearken, O Lord and have mercy, because we have sinned against thee.
Ad te Rex summe, ómnium Redémptor, oculos nostros sublevámus fléntes: exáudi, Christe, supplicántum preces.	Crying, we raise our eyes to Thee, Sovereign King, Redeemer of all. Listen, Christ, to the pleas of the supplicant sinners.
Atténde Dómine, et miserére, Quia peccávimus tibi.	Hearken, O Lord and have mercy, because we have sinned against thee.
Déxtera Pátris, lapis angularis, via salútis, iánua cæléstis, áblue nostri máculas delícti.	Thou art at the Right Hand of God the Father, the Keystone, the Way of salvation and the Gate of heaven, cleanse the stains of our sins.
Atténde Dómine, et miserére, Quia peccávimus tibi.	Hearken, O Lord and have mercy, because we have sinned against thee.
Rogámus, Deus, tuam majestátem: áuribus sacris gémitus exáudi: crímina nostra plácidus indúlge.	O God, we beseech Thy majesty to hear our groans; to forgive our sins.
Atténde Dómine, et miserére, Quia peccávimus tibi.	Hearken, O Lord and have mercy, because we have sinned against thee.
Tibi fatémur Crímina admíssa: Contríto corde pándimus occúlta: Tua, Redémptor, Píetas ignóscat.	We confess to Thee our consented sins; we declare our hidden sins with contrite heart in your mercy, O Redeemer, forgive them.
Atténde Dómine, et miserére, Quia peccávimus tibi.	Hearken, O Lord and have mercy, because we have sinned against thee.
Ínnocens captus, Nec repúgnans ductus; téstibus falsis pro ímpiis damnátus: quos redemísti, tu consérva, Christe.	You were captured, being innocent; brought about without resistance, condemned by impious men with false witnesses. O Christ keep safe those whom You redeemed.
Atténde Dómine, et miserére, Quia peccávimus tibi.	Hearken, O Lord and have mercy, because we have sinned against thee.

<p><b>Vexilia Regis Proderunt (Passiontide)</b>  Vexílla Regis próderunt:  fulget Crucis mystérium,  qua vita mortem pértulit,  et morte vitam prótulit.</p> <p>Quæ vulneráta lánceæ  murcóne diro, críminum  ut nos laváret sórdibus  manávit unda et sáanguine.</p> <p>Impléta sunt quæ cóncinit  David fidéli cármine  dicéndo natió nibus:  regnávit a ligno Deus.</p> <p>Arbor decóra et fúlgida  ornáta regis púrpura,  elécta digno stípíte  tam sancta membra tángere.</p> <p>Beáta cuius bráchiis  prétium pependit sáeculi  statéra facta córporis  tulítque prædam tártari.</p> <p>O Crux ave spes única,  hoc Passiónis témpore  piis adauge grátiam,  reisque dele crímina.</p> <p>Te, fons salútis Trínitas,  colláudet ómnis spíritus:  quibus Crucis victóriam  largíris, adde præmium.</p>	<p>The banners of the King go forth,  the mystery of the cross shines,  by which our Life bore death  and by death gave us life.</p> <p>To wash us from the stain of sin  he was pierced by the sharp point of the  lance and shed water and blood.</p> <p>What David in his true hymn told to the  nations is now fulfilled: God reigns from  the tree.</p> <p>Fair and radiant tree, with royal purple  adorned, chosen to touch so sacred limbs  with Thy boughs.</p> <p>Blessed cross, on whose arms the  redemption of the world is borne; thou,  from whom his body hangs, dost snatch  from hell its prey.</p> <p>Hail, O Cross, our only hope! At this  passion-tide increase grace to the good  and take sin from the wicked.</p> <p>Thee, holy Trinity fount of salvation,  let every spirit praise.  To whom thou givest the victory of the  cross, to them give also its prize.</p>
<p><b>Ubi Caritas (Passiontide)</b>  Ubi caritas et amor, Deus ibi est.</p> <p>Congregávit nos in unum Christi amor.  Exsultémus, et in ipso jucundémur.  Timeámus, et amémus Deum vivum.  Et ex corde diligámus nos sincéro.</p> <p>Ubi caritas et amor, Deus ibi est.</p>	<p>Where charity and love are, there God is.</p> <p>The love of Christ has gathered us one.  Let us rejoice, and in Him be joyful.  Let us fear and let us love the living God.  And from a sincere heart let us love each  other.</p> <p>Where charity and love are, there God is</p>

<p>Simul ergo cum in unum congregámur: Ne nos mente dividamur, caveámus. Cessent iurgia maligna, cessent lites. Et in medio nostri sit Chrístus Deus.</p> <p>Ubi cáritas et amor, Deus ibi est.</p> <p>Simul quoque cum beatis videámus, Gloriánter vultum tuum, Christe Deus: Gaudium quod est imménsum, atque probum, Sæcula per infiníta sæculórum.</p> <p>Ubi cáritas et amor, Deus ibi est.</p>	<p>Therefore, whensoever we are gathered as one: Lest we in mind be divided, let us beware. Let cease malicious quarrels, let strife give way. And in our midst be Christ our God.</p> <p>Where charity and love are, there God is.</p> <p>Together also with the blessed may we see, Gloriously, Thy countenance, O Christ our God: A joy which is immense, and also approved: Through infinite ages of ages.</p> <p>Where charity and love are, there God is.</p>
<p><b>Regina Caeli, Laetare (Pashcaltide)</b> Regína cæli, lætare, allelúia; Quia quem meruísti portáre, alleluia: Resurréxit, sicut dixit, allelúia: Ora pro nobis Deum, allelúia.</p> <p>Ÿ. Gáude et lætare, Virgo María, allelúia. Ř. Quia surréxit Dóminus vere, allelúia.</p> <p>Oremus. Deus, qui per resurrectiónem Fílii tui Dómini nostri Iesu Christi, mundum lætificáre dignátus es: præsta, quæsumus, ut, per eius Genetrícem Vírginem Mariám, perpetuæ capíamus gaúdia vitæ. Per Christum, Dóminum nostrum. Ř. Amen.</p>	<p>Queen of heaven, rejoice, allelúia. The Son you merited to bear, allelúia, Has risen as he said, allelúia. Pray to God for us, allelúia</p> <p>Ÿ. Rejoice and be glad, O Virgin Mary, allelúia. Ř. For the Lord has truly risen, allelúia.</p> <p>Let us pray. O God, who have been pleased to gladden the world by the Resurrection of your Son our Lord Jesus Christ, grant, we pray, that through his Mother, the Virgin Mary, we may receive the joys of everlasting life. Through Christ our Lord. Ř. Amen.</p>
<p><b>Victimæ Paschali (Paschaltide)</b> Victimæ pascháli laudes ímmolent Christiáni. Agnus redémit oves: Christus ínnocens Patri reconciliávit peccatóres.</p> <p>Mors et vita duéllo conflixére mirándo: dux vitæ mórtuus, regnat vivus.</p>	<p>Christians, to the Paschal Victim offer sacrifice and praise. The sheep are ransomed by the Lamb; and Christ, the undefiled, hath sinners to his Father reconciled.</p> <p>Death with life contended: combat strangely ended! Life's own Champion, slain, yet lives to reign.</p>

<p>Dic nobis Maríá, quid vidísti in via?</p> <p>Sepúlcrum Christi vivéntis, et glóriam vidi resurgéntis</p> <p>Angélicos testes, sudárium, et vestes.</p> <p>Surréxit Christus spes mea: præcédet suos in Galilaéam.</p> <p>Scimus Christum surrexísse a mórtuis vere: tu nobis, victor Rex, miserére. Amen. Alleluia.</p>	<p>Tell us, Mary: say what thou didst see upon the way.</p> <p>The tomb the Living did enclose; I saw Christ's glory as He rose!</p> <p>The angels there attesting; shroud with grave clothes resting.</p> <p>Christ, my hope, has risen: He goes before you into Galilee.</p> <p>That Christ is truly risen from the dead we know. Victorious King, Thy mercy show! Amen. Alleluia.</p>
<p><b>Rorate (Advent)</b> Roráte, cæli, désuper, et nubes pluant Iustum.</p> <p>Ne irascáris, Dómine, et ne ultra memíneris iniquitátis: ecce, cívitas Sancti facta est desérta: Sion desérta facta est: Ierúsalem desoláta est: domus sanctificatiónis tuæ et glóriæ tuæ, ubi laudavérunt te patres nostri.</p> <p>Roráte, cæli...</p> <p>Peccávimus, et facti sumus tanquam immúndus nos: et cecídimus quasi fólium univérsi, et iniquitátes nostræ quasi ventus abstulerunt nos: abscondísti fáciem tuam a nobis, et allisísti nos in manu iniquitátis nostræ.</p> <p>Roráte, cæli...</p> <p>Vide, Dómine, afflictiónem pópuli tui, et mitte quem missúrus es: emítte Agnum dominatórem terræ, de Petra desérti, ad montem fíliæ Sion: ut áuferat ipse iugum captivitátis nostræ.</p> <p>Roráte, cæli...</p>	<p>Drop dew, ye heavens, from above, and let the clouds rain the Just One.</p> <p>Be not angry, O Lord, and remember no longer our iniquity: behold, Thy holy city is become deserted: Sion is become a desert: Jerusalem is desolate: the house of Thy sanctification and of Thy glory, where our fathers praised Thee.</p> <p>Drop dew, ye heavens...</p> <p>We have sinned and are become as unclean: and we have all fallen as a leaf, and our iniquities like the wind have carried us away: Thou hast hidden Thy face from us, and hast crushed us in the hand of our iniquity.</p> <p>Drop dew, ye heavens...</p> <p>Behold, O Lord, the affliction of Thy people, and send forth Him who is to come: send forth the Lamb, the ruler of the earth, from Petra of the desert, to the mount of the daughter of Sion: that He may take away the yoke of our captivity.</p> <p>Drop dew, ye heavens...</p>

<p>Consolámini, consolámini, pópule meus: cito véniet salus tua: quare mæróre consúmeris, quia innovávit te dolor? Salvábo te: noli timére: ego enim sum Dóminus Deus tuus, Sanctus Israel, Redémptor tuus.</p> <p>Roráte, cæli...</p>	<p>Be comforted, be comforted, My people: Thy salvation cometh quickly: why with grief art thou consumed? For sorrow hath stricken thee: I will save thee, fear not: for I am the Lord Thy God, the Holy One of Israel, Thy Redeemer.</p> <p>Drop dew, ye heavens...</p>
<p><b>Adeste Fideles (Christmastide)</b> Adéste fidéles læti triumphántes,</p> <p>Veníte, veníte in Bétlehem. Natum vidéte Regem angelórum:</p> <p>Veníte adorémus, Veníte adorémus, Veníte adorémus, Dóminum.</p> <p>Deum de Deo, lumen de lúmine Gestant puéllæ viscera Deum verum, génitum non factum.</p> <p>Veníte adorémus...</p> <p>Cantet nunc io, chorus angelórum; Cantet nunc aula cæléstium, Glória, glória in excélsis Deo,</p> <p>Veníte adorémus...</p> <p>Ergo qui natus die hodiérna. Iesu, tibi sit glória, Patris ætéрни Verbum caro factum.</p> <p>Veníte adorémus...</p>	<p>O come, all ye faithful, joyful and triumphant! O come ye, O come ye to Bethlehem; Come and behold him Born the King of Angels:</p> <p>O come, let us adore Him, O come, let us adore Him, O come, let us adore Him,.. Christ the Lord.</p> <p>God of God, light of light, Lo, he abhors not the Virgin's womb; True God, begotten, not created:</p> <p>O come, let us adore Him...</p> <p>Sing, choirs of angels, sing in exultation, Sing, all ye citizens of Heaven above! Glory to God, glory in the highest:</p> <p>O come, let us adore Him...</p> <p>Yea, Lord, we greet thee, born this happy morning; Jesus, to thee be glory given! Word of the Father, now in flesh appearing!</p> <p>O come, let us adore Him...</p>

**To the Angels and Saints**

---

## Litany of the Saints

Kyrie, eléison  
(*Kyrie, eléison.*)

Lord, have mercy on us.  
(*Lord have mercy on us.*)

Christe, eléison  
(*Christe, eléison.*)

Christ, have mercy on us.  
(*Christ have mercy on us.*)

Kyrie, eléison  
(*Kyrie, eléison.*)

Lord, have mercy on us.  
(*Lord, have mercy on us.*)

Christe, audi nos,  
(*Christe, audi nos.*)

Christ, hear us.  
(*Christ, hear us.*)

Christe, exáudi nos,  
(*Christe, exáudi nos.*)

Christ, graciously hear us.  
(*Christ, graciously hear us.*)

Pater de cælis, Deus,  
(*miserére nobis.*)

God the Father of heaven,  
(*have mercy on us.*)

Fili, Redemptor mundi, Deus,  
(*miserére nobis.*)

God the Son, Redeemer of the world,  
(*have mercy on us.*)

Spíritus Sancte, Deus,  
(*miserére nobis.*)

God the Holy Ghost,  
(*have mercy on us.*)

Sancta Trínitas, unus Deus,  
(*miserére nobis.*)

Holy Trinity, one God,  
(*have mercy on us.*)

Sancta María,  
(*ora pro nobis.*)

Holy Mary,  
(*pray for us.*)

Sancta Dei Génitrix,  
(*ora pro nobis.*)

Holy Mother of God,  
(*pray for us.*)

Sancta Virgo vírginum,  
(*ora pro nobis.*)

Holy Virgin of virgins,  
(*pray for us.*)

Sancte Michael,  
(*ora pro nobis.*)

St. Michael,  
(*pray for us.*)

Sancte Gábríel,  
(*ora pro nobis.*)

St. Gabriel,  
(*pray for us.*)

Sancte Ráphael,  
(*ora pro nobis.*)

St. Raphael,  
(*pray for us.*)

Omnes sancti Angeli et Archángeli,  
(*orate pro nobis.*)

All ye holy Angels and Archangels,  
(*pray for us.*)

---

Omnes sancti beatórum Spirítuum órdines, ( <i>orate pro nobis.</i> )	All ye holy orders of blessed Spirits, ( <i>pray for us.</i> )
Sancte Ioánnes Baptista, ( <i>ora pro nobis.</i> )	St. John the Baptist, ( <i>pray for us.</i> )
Sancte Ióseph, ( <i>ora pro nobis.</i> )	St. Joseph, ( <i>pray for us.</i> )
Omnes sancti Patriárchæ et Prophétæ, ( <i>orate pro nobis.</i> )	All ye holy Patriarchs and Prophets, ( <i>pray for us.</i> )
Sancte Petre, ( <i>ora pro nobis.</i> )	St. Peter, ( <i>pray for us.</i> )
Sancte Páule, ( <i>ora pro nobis.</i> )	St. Paul, ( <i>pray for us.</i> )
Sancte Andréa, ( <i>ora pro nobis.</i> )	St. Andrew, ( <i>pray for us.</i> )
Sancte Iacóbe, ( <i>ora pro nobis.</i> )	St. James, ( <i>pray for us.</i> )
Sancte Ioánnes, ( <i>ora pro nobis.</i> )	St. John, ( <i>pray for us.</i> )
Sancte Thoma, ( <i>ora pro nobis.</i> )	St. Thomas, ( <i>pray for us.</i> )
Sancte Iacóbe, ( <i>ora pro nobis.</i> )	St. James, ( <i>pray for us.</i> )
Sancte Philíppe, ( <i>ora pro nobis.</i> )	St. Philip, ( <i>pray for us.</i> )
Sancte Bartholomæe, ( <i>ora pro nobis.</i> )	St. Bartholomew, ( <i>pray for us.</i> )
Sancte Matthæe, ( <i>ora pro nobis.</i> )	St. Matthew, ( <i>pray for us.</i> )
Sancte Simon, ( <i>ora pro nobis.</i> )	St. Simon, ( <i>pray for us.</i> )
Sancte Thaddæe, ( <i>ora pro nobis.</i> )	St. Thaddeus, ( <i>pray for us.</i> )



Sancte Matthía, ( <i>ora pro nobis.</i> )	St. Matthias, ( <i>pray for us.</i> )
Sancte Bárnaba, ( <i>ora pro nobis.</i> )	St. Barnabas, ( <i>pray for us.</i> )
Sancte Luca, ( <i>ora pro nobis.</i> )	St. Luke, ( <i>pray for us.</i> )
Sancte Marce, ( <i>ora pro nobis.</i> )	St. Mark, ( <i>pray for us.</i> )
Omnes sancti Apóstoli et Evangelístæ, ( <i>orate pro nobis.</i> )	All ye holy Apostles and Evangelists, ( <i>pray for us.</i> )
Omnes sancti Discípuli Dómini, ( <i>orate pro nobis.</i> )	All ye holy Disciples of the Lord, ( <i>pray for us.</i> )
Omnes sancti Innocéntes, ( <i>orate pro nobis.</i> )	All ye holy Innocents, ( <i>pray for us.</i> )
Sancte Stéphané, ( <i>ora pro nobis.</i> )	St. Stephen, ( <i>pray for us.</i> )
Sancte Laurénti, ( <i>ora pro nobis.</i> )	St. Lawrence, ( <i>pray for us.</i> )
Sancte Vincénti, ( <i>ora pro nobis.</i> )	St. Vincent, ( <i>pray for us.</i> )
Sancti Fabiáne et Sebastíane, ( <i>ora pro nobis.</i> )	SS. Fabian and Sebastian, ( <i>pray for us.</i> )
Sancti Ioánnes et Páule, ( <i>ora pro nobis.</i> )	SS. John and Paul, ( <i>pray for us.</i> )
Sancti Cosma et Damiáne, ( <i>orate pro nobis.</i> )	SS. Cosmas and Damian, ( <i>pray for us.</i> )
Sancti Gervási et Protási, ( <i>orate pro nobis.</i> )	SS. Gervase and Protase, ( <i>pray for us.</i> )
Omnes Sancti Mártýres, ( <i>orate pro nobis.</i> )	All ye holy Martyrs, ( <i>pray for us.</i> )
Sancte Silvéster, ( <i>ora pro nobis.</i> )	St. Sylvester, ( <i>pray for us.</i> )

Sancte Gregóri, ( <i>ora pro nobis.</i> )	St. Gregory, ( <i>pray for us.</i> )
Sancte Ambrósi, ( <i>ora pro nobis.</i> )	St. Ambrose, ( <i>pray for us.</i> )
Sancte Augustíne, ( <i>ora pro nobis.</i> )	St. Augustine, ( <i>pray for us.</i> )
Sancte Heirónyme, ( <i>ora pro nobis.</i> )	St. Jerome, ( <i>pray for us.</i> )
Sancte Martíne, ( <i>ora pro nobis.</i> )	St. Martin, ( <i>pray for us.</i> )
Sancte Nicoláe, ( <i>ora pro nobis.</i> )	St. Nicholas, ( <i>pray for us.</i> )
Omnes sancti Pontífices et Confessóres, ( <i>orate pro nobis.</i> )	All ye holy Bishops and Confessors, ( <i>pray for us.</i> )
Omnes sancti Doctóres, ( <i>orate prote nobis.</i> )	All ye holy Doctors, ( <i>pray for us.</i> )
Sancte Antóni, ( <i>ora pro nobis.</i> )	St. Anthony, ( <i>pray for us.</i> )
Sancte Benedícte, ( <i>ora pro nobis.</i> )	St. Benedict, ( <i>pray for us.</i> )
Sancte Bernárde, ( <i>ora pro nobis.</i> )	St. Bernard, ( <i>pray for us.</i> )
Sancte Domínice, ( <i>ora pro nobis.</i> )	St. Dominic, ( <i>pray for us.</i> )
Sancte Francísce, ( <i>ora pro nobis.</i> )	St. Francis, ( <i>pray for us.</i> )
Omnes sancti Sacerdótes et Levítæ, ( <i>orate pro nobis.</i> )	All ye holy Priests and Levites, ( <i>pray for us.</i> )
Omnes sancti Mónachi et Eremítæ, ( <i>orate pro nobis.</i> )	All ye holy Monks and Hermits, ( <i>pray for us.</i> )
Sancta María Magdalena, ( <i>ora pro nobis.</i> )	St. Mary Magdalen, ( <i>pray for us.</i> )

Sancta Agatha, ( <i>ora pro nobis.</i> )	St. Agatha, ( <i>pray for us.</i> )
Sancta Lúcia, ( <i>ora pro nobis.</i> )	St. Lucy, ( <i>pray for us.</i> )
Sancta Agnes, ( <i>ora pro nobis.</i> )	St. Agnes, ( <i>pray for us.</i> )
Sancta Cæcília, ( <i>ora pro nobis.</i> )	St. Cecilia, ( <i>pray for us.</i> )
Sancta Catharína, ( <i>ora pro nobis.</i> )	St. Catherine, ( <i>pray for us.</i> )
Sancta Anastásia, ( <i>ora pro nobis.</i> )	St. Anastasia, ( <i>pray for us.</i> )
Omnes sanctæ Vírgines et Víduae ( <i>orate pro nobis.</i> )	All ye holy Virgins and Widows, ( <i>pray for us.</i> )
Omnes Sancti et Sanctae Dei, ( <i>intercédite pro nobis.</i> )	All ye holy Saints of God, ( <i>make intercession for us.</i> )
Propítius esto, ( <i>parce nos, Dómine.</i> )	Be merciful, ( <i>spare us, O Lord.</i> )
Propítius esto, ( <i>exáudi nos, Dómine.</i> )	Be merciful, ( <i>graciously hear us, O Lord.</i> )
Ab omni malo, ( <i>libera nos, Dómine.</i> )	From all evil, O Lord, ( <i>deliver us.</i> )
Ab omni peccáto, ( <i>libera nos, Dómine.</i> )	From all sin, ( <i>deliver us.</i> )
Ab ira tua, ( <i>libera nos, Dómine.</i> )	From Thy wrath, ( <i>deliver us.</i> )
A subitánea et improvísá morte, ( <i>libera nos, Dómine.</i> )	From sudden and unlooked for death, ( <i>deliver us.</i> )
Ab insídiis diáboli, ( <i>libera nos, Dómine.</i> )	From the snares of the devil, ( <i>deliver us.</i> )
Ab ira et odio et omni mala voluntáte, ( <i>libera nos, Dómine.</i> )	From anger, and hatred, and every evil will, ( <i>deliver us.</i> )

A spiritu fornicati6nis, (libera nos, D6mine.)	From the spirit of fornication, (deliver us.)
A f6lgure et tempest4te, (libera nos, D6mine.)	From lightning and tempest, (deliver us.)
A flag6llo terr6em6tus, (libera nos, D6mine.)	From the scourge of earthquakes, (deliver us.)
A peste, fame et bello, (libera nos, D6mine.)	From plague, famine and war, (deliver us.)
A morte perp6tua, (libera nos, D6mine.)	From everlasting death, (deliver us.)
Per myst6rium sanct6e Incarnati6nis tu6e, (libera nos, D6mine.)	Through the mystery of Thy holy Incarnation, (deliver us.)
Per adv6ntum tuum, (libera nos, D6mine.)	Through Thy Coming, (deliver us.)
Per nativit6tem tuam, (libera nos, D6mine.)	Through Thy Birth, (deliver us.)
Per bapt6smum et sanctum iei6nium tuum, (libera nos, D6mine.)	Through Thy Baptism and holy Fasting, (deliver us.)
Per crucem et passi6nem tuam, (libera nos, D6mine.)	Through Thy Cross and Passion, (deliver us.)
Per mortem et sepulturam tuam, (libera nos, D6mine.)	Through Thy Death and Burial, (deliver us.)
Per sanctam resurrectionem tuam, (libera nos, D6mine.)	Through Thy holy Resurrection, (deliver us.)
Per admir6bilem ascensi6nem tuam, (libera nos, D6mine.)	Through Thine admirable Ascension, (deliver us.)
Per adv6ntum Sp6ritus Sancti Par6cliti, (libera nos, D6mine.)	Through the coming of the Holy Ghost, the Paraclete. (deliver us.)
In die iud6cii, (libera nos, D6mine.)	In the day of judgment. (deliver us.)
Peccat6res, (Te rog6mus, audi nos.)	We sinners, (we beseech Thee, hear us.)

Ut nobis parcas, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst spare us, <i>(we beseech Thee, hear us.)</i>
Ut nobis indúlgeas, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst pardon us, <i>(we beseech Thee, hear us.)</i>
Ut ad veram pœniténtiam nos perdúcere dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst bring us to true penance, <i>(we beseech Thee, hear us.)</i>
Ut Ecclésiám tuam sanctam régere et conserváre dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst vouchsafe to govern and preserve Thy holy Church, <i>(we beseech Thee, hear us.)</i>
Ut Dómnium Apostólicum et omnes ecclesiásticos órdenes in sancta religióne conserváre dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst vouchsafe to preserve our Apostolic Prelate, and all orders of the Church in holy religion, <i>(we beseech Thee, hear us.)</i>
Ut inimícos sanctæ Ecclésiæ humiliáre dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst vouchsafe to humble the enemies of holy Church, <i>(we beseech Thee, hear us.)</i>
Ut régibus et princípibus christiánis pacem et veram concórdiam donáre dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst vouchsafe to give peace and true concord to Christian kings and princes, <i>(we beseech Thee, hear us.)</i>
Ut cuncto pópulo christiáno pacem et unitátem largíri dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst vouchsafe to grant peace and unity to the whole Christian world, <i>(we beseech Thee, hear us.)</i>
Ut omnes errántes ad unitátem Ecclésiæ revocáre, et infidéles univérsos ad Evangélii lumen perdúcere dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst call back to the unity of the Church all who have strayed from her fold, and to guide all unbelievers into the light of the Gospel, <i>(we beseech Thee, hear us.)</i>
Ut nosmetípsos in tuo sancto servítio confortáre et conserváre dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst vouchsafe to confirm and preserve us in Thy holy service, <i>(we beseech Thee, hear us.)</i>
Ut mentes nostras ad cæléstia desidéria érigas, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst lift up our minds to heavenly desires, <i>(we beseech Thee, hear us.)</i>
Ut ómnibus benefactóribus nostris sempitérna bona retríbuas, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst render eternal blessings to all our benefactors, <i>(we beseech Thee, hear us.)</i>

Ut ánimas nostras, fratrum, propinquórum et benefactórum nostrórum ab ætéRNA damnatióne erípias, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst deliver our souls, and the souls of our brethren, relations, and benefactors, from eternal damnation, <i>(we beseech Thee, hear us.)</i>
Ut fructus terræ dare et conserváre dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst vouchsafe to give and preserve the fruits of the earth, <i>(we beseech Thee, hear us.)</i>
Ut ómnibus fidélibus defúntis réquiem ætéRNAM donáre dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst vouchsafe to grant eternal rest to all the faithful departed, <i>(we beseech Thee, hear us.)</i>
Ut a pestilentíæ flagéllO nos liberáre dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst deliver us from the scourge of pestilence, <i>(we beseech Thee, hear us.)</i>
Ut nos exaudíre dignéris, <i>(Te rogámus, audi nos.)</i>	That Thou wouldst vouchsafe graciously to hear us, <i>(we beseech Thee, hear us.)</i>
Fili Dei, <i>(Te rogámus, audi nos.)</i>	Son of God, <i>(we beseech Thee, hear us.)</i>
Agnus Dei, qui tollis peccáta mundi, <i>(parce nobis, Dómine.)</i>	Lamb of God, who take away the sins of the world, <i>(spare us, O Lord.)</i>
Agnus Dei, qui tollis peccáta mundi, <i>(exáudi nos, Dómine.)</i>	Lamb of God, who take away the sins of the world, <i>(graciously hear us, O Lord.)</i>
Agnus Dei, qui tollis peccáta mundi, <i>(miserére nobis.)</i>	Lamb of God, who take away the sins of the world, <i>(have mercy on us.)</i>
Christe, <i>(audi nos.)</i>	Christ, <i>(hear us.)</i>
Christe, <i>(exáudi nos.)</i>	Christ, <i>(graciously hear us.)</i>
Kyrie, eléison. <i>(Kyrie, eleison.)</i>	Lord, have mercy, <i>(Lord, have mercy.)</i>
Christe, eléison. <i>(Christe, eleison.)</i>	Christ, have mercy, <i>(Christ, have mercy.)</i>
Kyrie, eléison. <i>(Kyrie, eleison.)</i>	Lord, have mercy, <i>(Lord, have mercy.)</i>
Pater noster...	Our Father in silence...
Et ne nos inducas in tentationem. <i>(Sed libera nos a malo.)</i>	And lead us not into temptation <i>(but deliver us from evil.)</i>

---

**Ps.69**

Deus, in adiutórium meum inténde:  
Dómine ad adjuvándum me festína.

Confundántur et revereántur, qui  
quærunť ánimam meam. Avertántur  
retrórsum, et erubéscant, qui volunt mihi  
mala.

Avertántur statim erubescéntes, qui  
dicunt mihi:  
Euge, euge.

Exsúltent et læténtur in te omnes qui  
quærunť te, et dicant semper:  
Magnificétur Dóminus: qui díligunt  
salutáre tuum.

Ego vero egénus, et pauper sum: Deus,  
ádiuva me.

Adiútor meus, et liberátor meus es tu:  
Dómine, ne moréris.

Glória Patri, et Fílio,  
et Spirítui Sancto.

Sicut erat in princípíio, et nunc, et semper,  
et in sæcula sæculórum. Amen.

Ÿ. Salvos fac servos tuos.

Ŕ. Deus meus, sperántes in te.

Ÿ. Esto nobis, Dómine, turris fortitúdinis.  
Ŕ. A fácie inimíci.

Ÿ. Nihil profíciat inimícus  
in nobis.  
Ŕ. Et fílius iniquitátis non appónat nocére  
nobis.

Ÿ. Dómine, non secúndum peccáta  
nostra fácias nobis.  
Ŕ. Neque secúndum iniquitátes nostras  
retríbuas nobis.

Haste thee, O God, to deliver me; make  
haste to help me, O Lord.

Let them be ashamed and confounded  
that seek after my soul; let them be  
turned backward and put to confusion  
that wish me evil.

Let them for their reward be soon  
brought to shame, that cry over me,  
There! There!

But let all those that seek thee be joyful  
and glad in thee: and let all such as delight  
in thy salvation say always, The Lord be  
praised.

As for me, I am poor and in misery: haste  
thee unto me, O God.

Thou art my helper, and my redeemer: O  
Lord, make no long tarrying.

Glory be to the Father, and to the Son, and  
to the Holy Ghost.

As it was in the beginning, is now, and  
ever shall be, world without end. Amen.

Ÿ. O God, save thy servants.

Ŕ. That put their trust in thee.

Ÿ. Be unto us, O Lord, a tower of strength.  
Ŕ. From the face of the enemy.

Ÿ. Let the enemy prevail nothing against  
us.  
Ŕ. Nor the son of wickedness approach to  
afflict us.

Ÿ. O Lord, deal not with us  
after our sins.  
Ŕ. Neither reward us according to  
our iniquities.

---

<p>Ÿ. Orémus pro Pontifice nostro Francisco.  R. Dóminus consérvet eum,  et vivíficet eum,  et beátum fáciat eum in terra, et beátum  fáciat eum in terra, et non tradat eum in  ánimam inimicórum eius.</p>	<p>Ÿ. Let us pray for our Pope, Francis.  R. May the Lord preserve him  and keep him alive,  that he may be blessed upon earth; and  deliver not thou him into the will of his  enemies.</p>
<p>Ÿ. Orémus pro benefactóribus nostris  R. Retribúere dignáre, Dómine, ómnibus,  nobis bona faciéntibus propter nomen  tuum, vitam ætérrnam. Amen</p>	<p>Ÿ. Let us pray for our benefactors.  R. Vouchsafe, O Lord, for Thy Name's  sake, to reward with eternal life all them  that do us good. Amen.</p>
<p>Ÿ. Orémus pro fidelibus defunctis.  R. Réquiem ætérrnam dona eis, Dómine, et  lux perpétua luceat eis.</p>	<p>Ÿ. Let us pray for the faithful departed.  R. Eternal rest grant unto them, O Lord;  and let perpetual light shine upon them.</p>
<p>Ÿ. Requiéscant in pace.  R. Amen.</p>	<p>Ÿ. May they rest in peace.  R. Amen.</p>
<p>Ÿ. Pro frátribus nostris abséntibus.  R. Salvos fac servos tuos, Deus meus,  sperántes in te.</p>	<p>Ÿ. Let us pray for our absent brethren.  R. Save thy servants, O my God, that put  their trust in thee.</p>
<p>Ÿ. Mitte eis, Dómine,  auxílium de sancto.  R. Et de Sion tuére eos.</p>	<p>Ÿ. Send them help, O Lord,  from thy holy place.  R. And from Zion deliver them.</p>
<p>Ÿ. Dómine, exáudi oratiónem meam.  R. Et clamor meus ad te véniat.</p>	<p>Ÿ. O Lord, hear my prayer.  R. And let my cry come unto thee.</p>
<p>Ÿ. Dóminus vobíscum.  R. Et cum spíritu tuo.</p>	<p>Ÿ. The Lord be with you.  R. And with thy spirit.</p>
<p>Orémus.  Deus, cui próprium est miseréri semper  et párcere: súscipe deprecatiónem  nostram; ut nos, et omnes fámulos tuos,  quos delictórum catena constríngit,  miserátio tuæ pietátis cleménter  absólvat.</p>	<p>Let us pray.  O God, whose nature and property is ever  to have mercy and to forgive: receive our  humble petitions; and though we be tied  and bound by the chain of our sins, yet let  the pitifulness of thy great mercy loose  us.</p>
<p>Exáudi, quæsumus, Dómine, supplícium  preces, et confiténtium tibi parce  peccátis: ut páriter nobis indulgéntiam  tríbuas benígus et pacem.</p>	<p>We beseech thee, O Lord, mercifully to  hear the prayers of thy humble servants,  and to forgive the sins of them that  confess the same unto thee: that they may  obtain of thy loving-kindness pardon and  peace.</p>



<p>Ineffáblem nobis, Dómine, misericórdiam tuam cleménter osténde: ut simul nos et a peccátis ómnibus éxuas, et a pœnis, quas pro his merémur, erípias.</p>	<p>O Lord, we pray thee, shew forth upon us thy servants the abundance of thy unspeakable mercy: that we may be delivered from the chain of our sins, and from the punishment which for the same we have most righteously deserved.</p>
<p>Deus, qui culpa offéndetis, pœniténtia placáris: preces pópuli tui supplicántis propítius réspice; et flagélla tuæ iracúndiæ, quæ pro peccátis nostris merémur, avérte.</p>	<p>O God, who art wroth with them that sin against thee, and sparest them that are penitent : we beseech thee to hear the prayers of thy people that call upon thee ; that we, which have most justly deserved the scourges of thine anger, may by thy great mercy be delivered from the same.</p>
<p>Omnípotens sempitérne Deus, miserére fámulo tuo Pontífici nostro Francisco, et dírige eum secúndum tuam cleméntiam in viam salútis ætérnæ: ut, te donante, tibi plácita cúpiat, et tota virtúte perfíciat.</p>	<p>Almighty and everlasting God, we beseech thee to have compassion upon Francis, our Pope, and by thy mercy govern him in the way of everlasting life : that, being endued with thy grace, he may ever seek those things that are pleasing unto thee, and with his whole strength perform the same.</p>
<p>Deus, a quo sancta desidéria, recta consília et iusta sunt ópera: da servis tuis illam, quam mundus dare non potest, pacem; ut et corda nostra mandátis tuis dedita, et, hóstium subláta formídine, témpora sint, tua protectióne, tranquílla.</p>	<p>O God, from whom all holy desires, all good counsels, and all just works do proceed : give unto thy servants that peace which the world cannot give ; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness.</p>
<p>Ure igne Sancti Spíritus renes nostros et cor nostrum, Dómine: ut tibi casto córpoze serviámus, et mundo corde placeámus</p>	<p>Grant, O Lord, we pray thee, that the fire of thy Holy Ghost may in such wise cleanse our reins and our hearts : that we serving thee in pureness both of body and soul may be found an acceptable people in thy sight.</p>
<p>Fidélium, Deus, ómnium conditor et redemptor, animábus famulórum famularumque tuárum remissionem cunctórum tríbue peccatórum: ut indulgéntiam, quam semper optavérunt, piis supplicatióibus consequántur.</p>	<p>O God, the Creator and Redeemer of all them that believe : grant unto the souls of thy servants and handmaidens the remission of all their sins ; that, as they have ever desired thy merciful pardon, so by the supplications of their brethren they may receive the same.</p>

---

Actiões nostras, quæsumus, Dómine,  
aspirándo præveni et adiuvándo  
proséquere: ut cuncta nostra orátio et  
operátio a te semper incípiat et per te  
cœpta finiátur.

Omnípotens sempitérne Deus, qui  
vivórum domináris simul et mortuórum,  
ómniumque miseréris quos tuos fide et  
ópere futúros esse prænóscis: te  
súpplices exorámus ; ut, pro quibus  
effúndere preces decrévimus, quosque  
vel præsens sæculum adhuc in carne  
rétnet vel futúrum iam exútos córpore  
suscépit, intercedéntibus ómnibus  
Sanctis tuis, pietátis tuæ cleméntia,  
ómnium delictórum suórum véniam  
consequántur.

Per Dóminum nostrum Iesum Christum,  
Fílium tuum, qui tecum vivit et regnat in  
unitáte Spíritus Sancti, Deus,  
per ómnia sæcula sæculórum.  
R. Amen.

V. Dóminus vobíscum.  
R. Et cum spíritu tuo.

V. Exáudiat nos omnípotens et miséricors  
Dóminus.  
R. Amen.

V. Et fidélium ánimæ  
✠ per misericórdiam Dei  
requiéscent in pace.  
R. Amen.

Prevent us, O Lord, in all our doings with  
thy most gracious favour, and further us  
with thy continual help : that in all our  
works begun, continued, and ended in  
thee, we may glorify thy holy Name, and  
finally by thy mercy obtain everlasting  
life.

Almighty and everlasting God, who hast  
dominion both of the quick and the dead,  
who likewise hast mercy upon all men,  
whom by reason of their faith and works  
thou hast foreknown : we commend unto  
thee all those for whom we now do offer  
our prayers, whether in this world they  
still be held in the bonds of the flesh, or  
being delivered therefrom have passed  
into that which is to come ; beseeching  
thee that at the intercession of all thy  
Saints they may of thy bountiful goodness  
obtain the remission of all their sins.

Through our Lord, Jesus Christ thy Son,  
Who liveth and reigneth with thee in the  
unity of the Holy Ghost, God,  
world without end.  
R. Amen.

V. The Lord be with you.  
R. And with thy spirit.

V. May the Almighty and Merciful Lord  
graciously hear us.  
R. Amen.

V. And may the souls of the faithful  
departed, ✠ through the mercy of God,  
rest in peace.  
R. Amen.

---

---

## Litaniae Sancti Ioseph

Kyrie, eléison.  
(*Kyrie, eleison.*)

Lord, have mercy.  
(*Lord, have mercy.*)

Christe, eléison.  
(*Christe, eleison.*)

Christ have mercy on us.  
(*Christ have mercy on us.*)

Kyrie, eléison.  
(*Kyrie, eleison.*)

Lord, have mercy.  
(*Lord, have mercy.*)

Christe, audi nos.  
(*Christe, exáudi nos.*)

Christ, hear us.  
(*Christ, graciously hear us.*)

Pater de cælis, Deus,  
(*miserére nobis.*)

God the Father of Heaven,  
(*have mercy on us.*)

Fili, Redemptor mundi, Deus,  
(*miserére nobis.*)

God the Son, Redeemer of the  
world, (*have mercy on us.*)

Spíritus Sancte Deus,  
(*miserére nobis.*)

God the Holy Spirit,  
(*have mercy on us.*)

Sancta Trínitas, unus Deus,  
(*miserére nobis.*)

Holy Trinity, One God,  
(*have mercy on us.*)

Sancta María,  
(*ora pro nobis.*)

Holy Mary,  
(*pray for us.*)

Sancte Ioseph,  
(*ora pro nobis.*)

St. Joseph,  
(*pray for us.*)

Proles David ínclyta,  
(*ora pro nobis.*)

Noble scion of David,  
(*pray for us.*)

Lumen Patriarchárum,  
(*ora pro nobis.*)

Light of the Patriarchs,  
(*pray for us.*)

Dei Genetrícis Sponse,  
(*ora pro nobis.*)

Spouse of the Mother of God,  
(*pray for us.*)

Custos pudíce Vírginis,  
(*ora pro nobis.*)

Chaste Guardian of the Virgin,  
(*pray for us.*)

Fílii Dei nutrície,  
(*ora pro nobis.*)

Foster-father of the Son of God,  
(*pray for us.*)

Christi defénsor sedule,  
(*ora pro nobis.*)

Sedulous Defender of Christ,  
(*pray for us.*)

---

Almæ Famíliæ præses, (ora pro nobis.)	Head of the Holy Family, (pray for us.)
Ioseph iustíssime, (ora pro nobis.)	Joseph most just, (pray for us.)
Ioseph castíssime, (ora pro nobis.)	Joseph most chaste, (pray for us.)
Ioseph prudentíssime, (ora pro nobis.)	Joseph most prudent, (pray for us.)
Ioseph fortíssime, (ora pro nobis.)	Joseph most valiant, (pray for us.)
Ioseph obedientíssime, (ora pro nobis.)	Joseph most obedient, (pray for us.)
Ioseph fidelíssime, (ora pro nobis.)	Joseph most faithful, (pray for us.)
Spéculum patiéntiæ, (ora pro nobis.)	Mirror of patience, (pray for us.)
Amátor paupertátis, (ora pro nobis.)	Lover of poverty, (pray for us.)
Exémplar opíficum, (ora pro nobis.)	Model of all who labour, (pray for us.)
Domésticæ vitæ decus, (ora pro nobis.)	Glory of family life, (pray for us.)
Custos vírginum, (ora pro nobis.)	Protector of virgins, (pray for us.)
Familiárum cólumen, (ora pro nobis.)	Pillar of families, (pray for us.)
Solátium miserórum, (ora pro nobis.)	Consolation of the afflicted, (pray for us.)
Spes ægrotántium, (ora pro nobis.)	Hope of the sick, (pray for us.)
Patróné moriéntium, (ora pro nobis.)	Patron of the dying, (pray for us.)

<p>Terror dáemonum, (<i>ora pro nobis.</i>)</p> <p>Protéctor sanctæ Ecclésiæ, (<i>ora pro nobis.</i>)</p> <p>Agnus Dei, qui tollis peccáta mundi, (<i>parce nobis, Dómine.</i>)</p> <p>Agnus Dei, qui tollis peccáta mundi, (<i>exáudi nos, Dómine.</i>)</p> <p>Agnus Dei, qui tollis peccáta mundi, (<i>miserére nobis.</i>)</p> <p>Ÿ. Constítuit eum dóminum domus suæ. R̃. <i>Et príncipem omnis possessiónis suæ.</i></p> <p>Orémus. Deus, qui in ineffábili providéntia beatum Ioseph sanctíssimæ Genetrícis tuæ Sponsum éligere dignátus es, præsta, quæsumus, ut quem protectórem venerámur in terris, intercessórem habére mereámur in cælis: Qui vivis et regnas in sácula sæculórum. Amen.</p>	<p>Terror of the demons, (<i>pray for us.</i>)</p> <p>Protector of Holy Church, (<i>pray for us.</i>)</p> <p>Lamb of God, Who takes away the sins of the world, (<i>spare us, O Lord.</i>)</p> <p>Lamb of God, Who takes away the sins of the world, (<i>graciously hear us, O Lord.</i>)</p> <p>Lamb of God, Who takes away the sins of the world, (<i>have mercy on us.</i>)</p> <p>Ÿ. He made him the Lord of his household. R̃. <i>And prince over all his possessions.</i></p> <p>Let us pray. God, Who, in Thine ineffable Providence didst vouchsafe to choose blessed Joseph to be the Spouse of Thy most holy Mother; grant, we beseech Thee, that we may be worthy to have him for our intercessor in Heaven whom, on earth, we venerate as our protector. Who livest and reignest world without end. Amen.</p>
<p><b>Ad te, Beate Ioseph</b> Ad te beate Ioseph, in tribulatióne nostra confúgimus, atque, imploráto Sponsæ tuæ sanctíssimæ auxílio, patrocínium quoque tuum fidénter exposcimus. Per eam, quæsumus quæ te cum immaculáta Vírgine Dei Genetríce coniúnxit, caritátem, perque patérnum, quo Puerum Iesum ampléxus es, amórem, súplices deprecámur, ut ad hereditátem, quam Iesus Christus acquisívit Sáanguine suo, benígnus respícias, ac necessitatibus nostris tua virtúte et ope succúrras.</p>	<p>To thee, O blessed Joseph, do we come in our tribulation, and having implored the help of thy most holy Spouse, we confidently invoke thy patronage also. Through that charity which bound thee to the immaculate Virgin Mother of God and through the paternal love with which thou embraced the Child Jesus, we humbly beg thee to graciously regard the inheritance which Jesus Christ has purchased by his Blood, and with thy power and strength to aid us in our necessities.</p>

<p>Tuére, o Custos providentíssime divinæ Famíliæ, Iesu Christi súbolem eléctam; próhibe a nobis, amantíssime Pater, omnem errórum ac corruptelárum luem; propítius nobis, sospitátor noster fortíssime, in hoc cum potestáte tenebrárum certámine e cælo adesto; et sicut olim Púerum Iesum e summo eripuísti vitæ discrímine, ita nunc Ecclésiám sanctam Dei ab hostílibus insídiis atque ab omni adversitaté defénde: nosque síngulos perpétuo tege patrocínio, ut ad tui exémplar et ope tua suffúlti, sancte vívere, pie emóri, sempiternámque in cælis beatitúdinem ássequi possímus. Amen.</p>	<p>O most watchful Guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be propitious to us and from heaven assist us in our struggle with the power of darkness; and, as once thou rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by thy constant protection, so that, supported by thy example and thy aid, we may be able to live piously, to die holy, and to obtain eternal happiness in heaven. Amen.</p>
<p><b>St Michael Archangel Antiphon</b> Sancte Michael Archángele, defende nos in prælio, ut non pereámus in treméndo iudício.</p>	<p>Holy Michael Archangel, defend us in battle, that we may not perish in the great judgement.</p>

**Before Mass**

<p><b>Prayer to the Blessed Virgin Mary</b></p> <p>O Mater pietátis et misericórdiæ, beatíssima Virgo María, ego miser et indígnus peccátor ad te confúgio toto corde et afféctu; et precor pietátem tuam, ut, sicut dulcíssimo Filio tuo in Cruce pendénti astitísti, ita et mihi, mísero peccatóri, et sacerdotibus ómnibus, hic et in tota sancta Ecclésia hódie offeréntibus, cleménter assístere dignéris, ut, tua grátia adiúti, dignam et acceptábilem hóstiam in conspéctu summæ et indivíduæ Trinitátis offérre valeámus. Amen.</p>	<p>O most blessed Virgin Mary, mother most loving and most merciful, I, a miserable and unworthy sinner come before thee, with the heartfelt prayer, that of thy loving kindness thou wouldst vouchsafe graciously to be near me and all who throughout the whole Church are to receive the body and blood of thy Son this day, even as thou wert near thy most dear Son as He hung bleeding on the cross, that, aided by thy gracious help, we may worthily offer up a pure and acceptable sacrifice in the sight of the holy and undivided Trinity. Amen.</p>
<p><b>Prayers to all the Angels and Saints</b></p> <p>Angeli, Archángeli, Throni, Dominatiónes, Principátus, Potestátes, Virtútes cælórum, Chérubim atque Séraphim, omnes Sancti et Sanctæ Dei, præsértim Patróni mei, intercédere dignémini pro me, ut hoc sacrificium Deo omnipoténti digne váleam offérre, ad laudem et glóriam nóminis sui et ad utilitátem meam totiúsque Ecclésiæ suæ sanctæ. Amen.</p>	<p>Angels, Archangels, Thrones, Dominations, Principalities, Powers, celestial Virtues, Cherubim and Seraphim; all Saints of God, holy men and women, and you especially, my patrons: deign to plead for me that I may have the grace to offer worthily this sacrifice to almighty God, to the praise and glory of His Name, for my own welfare also and that of His Holy Church. Amen.</p>
<p><b>Prayer of St Thomas Aquinas before Mass</b></p> <p>Omnípotens sempiterne Deus, ecce accédo ad sacraméntum unigéniti Fílii tui, Dómini nostri, Iesu Christi; accédo tamquam infirmus ad médicum vitæ, immúndus ad fontem misericórdiæ, cæcus ad lumen claritátis ætérnæ, pauper et egénus ad Dóminum cæli et terræ. Rogo ergo immensæ largitátis tuæ abundántiam, quátenus meam curáre dignéris infirmitátem, laváre fœditátem, illumináre cæcitaté, ditáre paupertátem, vestíre nuditaté; ut panem Angelórum, Regem regum et Dóminum dominántium, tanta suscípiam</p>	<p>Almighty and everlasting God, behold I come to the Sacrament of Thine only-begotten Son, our Lord Jesus Christ: I come as one infirm to the physician of life, as one unclean to the fountain of mercy, as one blind to the light of everlasting brightness, as one poor and needy to the Lord of heaven and earth. Therefore I implore the abundance of Thy measureless bounty that Thou wouldst vouchsafe to heal my infirmity, wash my uncleanness, enlighten my blindness, enrich my poverty and clothe my nakedness, that I may receive the Bread</p>



reveréntia et humilitáte, tanta contritióne et devotióne, tanta puritáte et fide, tali propósito et intentiόne, sicut éxpedit salutí animæ meæ. Da mihi, quæso, Domínici Córporis et Sánguínis non solum suscípere sacraméntum, sed étiam rem et virtútem sacraménti. O mitíssime Deus, da mihi Corpus unigéniti Fílii tui, Dómini nostri, Iesu Christi, quod traxit de Vírgine María, sic suscípere, ut córpori suo mýstico mérear incorporári, et inter eius membra connumerári. O amantíssime Pater, concéde mihi diléctum Fílium tuum, quem nunc velátum in via suscípere propóno, reveláta tandem fácie perpétuo contemplári: Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

of Angels, the King of kings, the Lord of lords, with such reverence and humility, with such sorrow and devotion, with such purity and faith, with such purpose and intention as may be profitable to my soul's salvation. Grant unto me, I pray, the grace of receiving not only the Sacrament of our Lord's Body and Blood, but also the grace and power of the Sacrament. O most gracious God, grant me so to receive the Body of Thine only begotten Son, our Lord Jesus Christ, which He took from the Virgin Mary, as to merit to be incorporated into His mystical Body, and to be numbered amongst His members. O most loving Father, give me grace to behold forever Thy beloved Son with His face at last unveiled, whom I now purpose to receive under the sacramental veil here below. Amen.



# **Communion**

---

## Prayer of St Ambrose before Communion

Ad Mensam, dulcissimi convívii tui, pie Dómine Iesu Christe, ego peccátor de propriis meis méritis nihil præsúmens, sed de tua confídens misericórdia et bonitáte, accédere véreor et contremísco. Nam cor et corpus hábeo multis crimínibus maculátum, mentem et linguam non caute custodítam. Ergo, o pia Déitas, o treménda maiéstas, ego miser, inter angústias deprehénsus, ad te fontem misericórdiæ recúrro, ad te festíno sanándus, sub tuam protectiÓNem fúgio; et quem lúdicem sustinére néqueo, Salvatórem habére suspíro. Tibi, Dómine, plagas meas osténdo, tibi verecúndiam meam détego. Scio peccáta mea multa et magna, pro quibus tímeo; spero in misericórdias tuas, quarum non est númerus.

Réscipe ergo in me óculis misericórdiæ tuæ, Dómine, Iesu Christe, Rex ætérne, Deus et homo, crucifixus propter hóminem. Exáudi me sperántem in te; miserére mei pleni misériis et peccátis, tu qui fontem miseratiÓNis numquam manáre cessábis.

Salve, salutáris víctima, pro me et omnia húmano gènere in patíbulo Crucis obláta. Salve, nóbilis, et pretióse Sanguis, de vulnéribus crucifixi Dómini mei Iesu Christi prófluens, et peccáta totíus mundi ábluens.

Recordáre, Dómine, creatúræ tuæ, quam tuo Sanguine redemisti. Páenitet me peccásse, cúpio emendáre quod feci. Aufer ergo a me, clementíssime Pater, omnes iniquitátes et peccáta mea; ut, purificátus mente et corpore, digne degustáre mérear Sancta sanctorum. Et concéde, ut hæc sancta prælibátio Córporis et Sanguinis tui, quam ego indígnus súmere inténdo, sit peccatorum meórum remíssio, sit delictórum perfécta purgátio, sit túrpium cogitatiónum

O gracious Lord Jesus Christ, I, a sinner, nothing presuming on my own merits but trusting in Thy mercy and goodness, with fear and trembling approach to the Table of Thy most sweet Banquet. For my heart and body are stained with many sins; my thoughts and lips not diligently guarded. Wherefore, O gracious God, O awful Majesty, in my extremity I turn to Thee, the Fount of Mercy; to Thee I hasted to be healed, and take refuge under Thy protection; and Thee, before whom as my Judge I cannot stand, I long for as my Saviour. To Thee, O Lord, I show my wounds, to Thee I lay bare my shame. I know my sins are many and great, for which I am afraid. My trust is in Thy mercies, of which there is no end.

Look therefore upon me with the eyes of Thy mercy, O Lord Jesus Christ, God and Man, crucified for men; hearken unto me, whose trust is in Thee; have mercy upon me, who am full of sin and misery, O Thou fount of mercy, that wilt never cease to flow!

Hail, saving Victim, offered for me and all mankind on the Cross of suffering shame! Hail, noble and precious Blood, flowing from the wounds of my crucified Lord and Saviour Jesus Christ, and washing away the sins of the whole world!

Be mindful, O Lord, of Thy creature, whom Thou hast redeemed with Thine own Blood. I repent that I have sinned; I desire to amend what I have done amiss. Take therefore away from me, O most merciful Father, all my iniquities and sins: that, being cleansed both in body and soul, I may worthily taste the Holy of Holies; and grant that this holy reception of Thy Body and Blood, of which, unworthy as I am, I purpose to partake, may be for the remission of my sins, and

---

<p>effugátio ac bonórum sénsuum regenerátio, operúmque tibi placéntium salúbris effícíacia, ánimæ quoque et córporis contra inimicórum meórum insídias firmíssima tuítio. Amen.</p>	<p>the perfect cleansing of all my offences, for the driving away of all evil thoughts and the renewal of all holy desires, for the healthful bringing forth of fruit well- pleasing unto Thee, and the most sure protection of my soul and body against the wiles of all my enemies. Amen.</p>
<p><b>Prayer of St Thomas Aquinas after Communion</b></p> <p>Grátias tibi ago, Dómine, sancte Pater, omnípotens ætérne Deus, qui me peccatórem, indígnum fámulum tuum, nullis meis méritis, sed sola dignatíone misericórdiæ tuæ satiáre dignátus es pretióso Córpoze et Sáanguine Fílii tui, Dómini nostri Iesu Christi. Et precor, ut hæc sancta commúnio non sit mihi reátus ad pœnam, sed intercæssio salutáris ad véniam.</p> <p>Sit mihi armatúra fidei et scutum bonæ voluntátis. Sit vitiórum meórum evacuátio, concupiscéntiæ et libídinis exterminátio, caritátis et patientiæ, humilitátis et obœdiéntiæ omniúmque virtútum augmentátio: contra insídias inimicórum ómnium, tam visibílium quam invisibílium firma defénsio; mótuum meórum, tam carnálium quam spirituálium, perfecta quietátio: in te uno ac vero Deo firma adhæsió; atque finis mei felix consummátio.</p> <p>Et precor te, ut ad illud ineffábile convívium me peccatórem perducere dignéris, ubi tu, cum Filio tuo et Spíritu Sancto, Sanctis tuis es lux vera, satíetas plena, gáudium sempitérnum, iucúnditas consummáta et felícitas perfecta. Per eundem Christum Dóminum nostrum. Amen</p> <p>.</p>	<p>I give Thee thanks, O holy Lord, Father Almighty, eternal God, who in Thine own mercy hast vouchsafed to nourish me, a sinner and Thy unworthy servant, with the precious Body and Blood of Thy son, our Lord Jesus Christ. I had no claim upon Thy goodness: I had no merits, no deserts, which I could put forward in mine own behalf.</p> <p>But let not this Holy Communion, I pray Thee, turn to my judgment and condemnation: let it rather obtain for me pardon and salvation. Let it cleanse me from all my vices; let it destroy all my concupiscences and evil desires. Let it increase my charity, my patience, my humility, my obedience. Let it defend me from all my enemies, visible and invisible. Let it appease all the evil propensities of my mind and body; and guide me so straight to Thee, my true and only God, that I make look forward to Thee as the happy goal of all my endeavours.</p> <p>Therefore, I pray Thee, lead me to that unspeakable banquet, when Thou, and Thy Son, and the Holy Ghost, will be to me and all the Saints, the complete fullness, the end of hope, the everlasting joy, and the perfect happiness. Through the same Christ our Lord. Amen.</p>

---

**Short prayer of St Thomas  
Aquinas after Communion**

Sit, Iesu dulcissime, sacratissimum  
Corpus tuum et Sanguis, dulcedo et  
suávitás ánimæ meæ, salus et robur in  
omni tentatióne, gáudium et pax in omni  
tribulatióne, lumen et virtus in omni  
verbo et operatióne, et finális tutéla in  
morte.  
Amen.

My Sweet Jesus, Body and Blood most  
holy, be the delight and pleasure of my  
soul. Be my strength and salvation in  
every temptation, my joy and peace in  
every trial, my light and guide in every  
word and deed, and my final protection in  
death.  
Amen.

---

**Act of Spiritual Communion**

My Jesus, I believe that Thou art present in the Blessed Sacrament.

I love Thee above all things and I desire Thee in my soul.

Since I cannot now receive Thee sacramentally, come at least spiritually into my  
heart.

As though thou wert already there, I embrace Thee and unite myself wholly to Thee;  
permit not that I should ever be separated from Thee.

---



**After Mass**

---

## Leonine Prayers

**Sacerdos:** Ave María, grátia plena,  
Dóminus tecum; benedícta tu in  
mulieribus, et benedíctus fructus ventris  
tui, Iesus.

**Omnes:** Sancta María, Mater Dei, ora pro  
nobis peccatóribus, nunc et in hora  
mortis nostræ. Amen.  
(x3)

**Omnes:** Salve Regína, mater  
misericórdiæ: vita, dulcédo, et spes  
nostra, salve. Ad te clamámus, éxsules filii  
Hevæ. Ad te suspirámus, geméntes et  
flentes in hac lacrimárum valle. Eia ergo,  
Advocáta nostra, illos tuos misericórdes  
óculos ad nos convérte. Et Iesum,  
benedíctum fructum ventris tui, nobis  
post hoc exsílum osténde. O clemens, O  
pia, O dulcis Virgo María.

**Sacerdos:** Ora pro nobis sancta Dei  
Génitrix.

**Omnes:** Ut dígni efficiámur  
promissióibus Chrísti.

**Sacerdos:** Oremus. Deus, refúgium  
nostrum et virtus, pópulum ad te  
clamántem propítius réspice; et  
intercedénte gloriósa, et immaculáta  
VírGINE Dei Genetríce María, cum beato  
Ioseph, eius Sponso, ac beátis Apóstolis  
tuis Petro et Paulo, et ómnibus Sanctis,  
quas pro conversióne peccatórum, pro  
libertáte et exaltatióne sanctæ Matris  
Ecclésiæ, preces effúndimus, miséricors  
et benígnus exáudi. Per eundum Christum  
Dóminum nostrum.

**Omnes:** Amen.

**Priest:** Hail Mary, full of grace, the Lord is  
with thee; blessed art thou amongst  
women, and blessed is the fruit of thy  
womb, Jesus.

**All:** Holy Mary, Mother of God, pray for us  
sinners, now and at the hour of our death.  
Amen.

**All:** Hail, Holy Queen, Mother of Mercy,  
our life, our sweetness, and our hope. To  
thee to we cry, poor banished children of  
Eve. To thee do we send up our sighs,  
mourning and weeping in this valley of  
tears. Turn then, most gracious advocate,  
thine eyes of mercy toward us, and after  
this exile, show unto us the blessed Fruit  
of thy womb, Jesus. O clement, O loving, O  
sweet Virgin Mary.

**Priest:** Pray for us, O holy Mother of God.

**All:** That we may be made worthy of the  
promises of Christ.

**Priest:** Let us pray. O God, our refuge and  
our strength, look down with mercy upon  
the people who cry to Thee; and by the  
intercession of the glorious and  
immaculate Virgin Mary, Mother of God,  
of Saint Joseph her spouse, of the blessed  
Apostles Peter and Paul, and of all the  
saints, in Thy mercy and goodness hear  
our prayers for the conversion of sinners,  
and for the liberty and exaltation of the  
Holy Mother the Church. Through the  
same Christ Our Lord.

**All:** Amen

---

<p><b>Omnes:</b> Sáncte Michael Archángele, defénde nos in proélio, contra nequítiam et insídias diabóli esto præsídiu. Imperet illi Deus, súpplīces deprecámur: tuque, princeps milítiæ cæléstis, sátanam aliósque spíritus malignos, qui ad perditionem animárum pervagántur in mundo, divina virtúte, in inférnum detrúde. Amen</p> <p><b>Sacerdos:</b> Cor Iesu sacratíssimum.  <b>Omnes:</b> Miserére nobis.  <b>Sacerdos:</b> Cor Iesu sacratíssimum.  <b>Omnes:</b> Miserére nobis.  <b>Sacerdos:</b> Cor Iesu sacratíssimum.  <b>Omnes:</b> Miserére nobis.</p>	<p><b>All:</b> Saint Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray: and do thou, O Prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl around the world seeking the ruin of souls. Amen.</p> <p><b>Priest:</b> Most Sacred Heart of Jesus  <b>All:</b> Have mercy on us.  <b>Priest:</b> Most Sacred Heart of Jesus  <b>All:</b> Have mercy on us.  <b>Priest:</b> Most Sacred Heart of Jesus  <b>All:</b> Have mercy on us.</p> <p><i>Prescribed by Pope Leo XIII to be said after Low Masses.</i></p>
<p><b>Prayer of St Bonaventure after Mass</b></p> <p>Transfige, dulcíssime Dómine Iesu, medúllas et víscera ánimæ meæ suavíssimo ac salubérrimo amoris tui vúlnerē, vera serenáque et apostólica sanctíssima caritatē, ut lángueat et liquefiat ánima mea solo semper amore et desidério tui, te concupíscat et deficiat in átria tua, cúpiat dissólvi et esse tecum.</p> <p>Da ut ánima mea te esúriat, panem Angelórum, refectiónem animárum sanctárum; panem nostrum cotidiánum, supersubstantiálem, habéntem omnem dulcédinem et sapórem, et omne delectaméntum suavitátis.</p> <p>Te, in quem desidérant Angeli prospícere, semper esúriat et cómedat cor meum, et dulcédine sapóris tui repleántur víscera ánimæ meæ; te semper sítiat fontem vitæ, fontem sapiéntiæ et sciéntiæ, fontem ætéрни lúminis, torréntem voluptátis, ubertátem domus Dei.</p>	<p>Pierce, O most sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, and with true, calm and most holy apostolic charity, that my soul may ever languish and melt with entire love and longing for Thee, may yearn for Thee and for thy courts, may long to be dissolved and to be with Thee.</p> <p>Grant that my soul may hunger after Thee, the Bread of Angels, the refreshment of holy souls, our daily and super substantial bread, having all sweetness and savour and every delightful taste.</p> <p>May my heart ever hunger after and feed upon Thee, Whom the angels desire to look upon, and may my inmost soul be filled with the sweetness of Thy savour; may it ever thirst for Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the fullness of the house of God;</p>



<p>Te semper ámbiat, te quærat, te invéniat, ad te tendat, ad te pervéniat, te meditétur, te loquátur, et ómnia operétur in laudem et glóriam nóminis tui, cum humilitáte et discretiónē, cum dilectiónē, et delectatióne, cum facilitáte et afféctu, cum perseverántia usque in finem; ut tu sis solus semper spes mea, tota fidúcia mea, divítiæ meæ, delectátio mea, iucúnditas mea, gáudium meum, quies et tranquíllitas mea, pax mea, suávitās mea, odor meus, dulcédo mea, cibus meus, reféctio mea, refúgium meum, auxílium meum, sapiéntia mea, pórtio mea, posséssio mea, thesáurus meus, in quo fixa et firma et immobíliter semper sit radicáta mens mea et cor meum. Amen.</p>	<p>may it ever compass Thee, seek Thee, find Thee, run to Thee, come up to Thee, meditate on Thee, speak of Thee, and do all for the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, with perseverance to the end; and be Thou alone ever my hope, my entire confidence, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession, my treasure; in Whom may my mind and my heart be ever fixed and firm and rooted immovably. Amen.</p>
<p><b>Oblatio Sui</b>  Súscipe, Dómine, univérsam meam libertátem. Accipe memóriam, intelléctum atque voluntátem omnem. Quidquid hábeo vel possídeo mihi largítus es; id tibi totum restítuo, ac tuæ prorsus voluntáti trado gubernándum. Amórem tui solum cum grátia tua mihi dones, et dives sum satis, nec aliud quidquam ultra posco. Amen</p>	<p>Take, O Lord, and receive all my liberty, my memory, my understanding, and my entire will, all that I have and possess. Thou hast given all to me. To Thee, O Lord, I return it. All is Thine; dispose of it wholly according to Thy will. Give me Thy love and Thy grace. With these I am rich enough, and I ask for nothing more. Amen.</p>

# **Confession**

<p><b>Confiteor</b></p> <p>Confíteor Deo omnipoténti, beátæ Maríæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptístæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis, fratres (et tibi pater), quia peccávi nimis cogitatióne, verbo et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Maríam semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos, fratres (et te, pater), oráre pro me ad Dóminum Deum nostrum. Amen.</p>	<p>I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to you my brothers (and to thee, father) that I have sinned exceedingly in thought, word, and deed, through my fault, through my fault, through my most grievous fault. Therefore, I beseech blessed Mary ever Virgin, blessed Michael the archangel, blessed John the Baptist, the holy apostles Peter and Paul, and all the saints, to pray for me to the Lord our God. Amen.</p>
<p><b>Act of Contrition</b></p> <p>Deus meus, ex toto corde pánitet me ómnium meórum peccatórum, éaque detéstor, quia peccándo, non solum pœnas a Te iuste statútas proméritus sum, sed præsértim quia offéndi Te, summum bonum, ac dignum qui super ómnia diligáris. Ídeo firmiter propóno, adiuvánte grátia Tua, de cétero me non peccatúrum peccandíque occasiões próximas fugitúrum. Amen.</p>	<p>O My God, I am heartily sorry for having offended Thee and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and avoid the near occasions of sin. Amen.</p>
<p><b>My God, I believe in Thee</b></p> <p>Deus meus, credo in te, spero in te, amo te super ómnia ex tota ánima mea, ex toto corde meo, ex totis víribus meis: amo te quia es infiníte bonus et dignus qui améris; et quia amo te, me pánitet ex toto corde te offendísse: miserére mihi peccatóri. Amen.</p>	<p>My God, I believe in Thee, I hope in Thee, I love Thee above all things with all my soul, with all my heart and with all my strength; I love Thee because Thou art infinitely good and worthy of being loved; and because I love Thee, I repent with all my heart of having offended Thee; have mercy on me, a sinner. Amen.</p>

---

**En ego, o bone et dulcissime Iesu**

En ego, o bone et dulcissime Iesu, ante conspéctum tuum génibus me provólvo, ac máximo ánimí ardóre te oro atque obtéstor ut meum in cor vívidos fidei, spei et caritátis sensus, atque veram peccatórum meórum pæniténtiam, éaque emendándi firmíssimam voluntátem, velis imprímere; dum magno ánimí afféctu et dolóre tua quinque vúlnera mecum ipse consídero ac mente contéplor, illud præ óculis habens quod iam in ore ponébat tuo David prophéta de te, o bone Iesu: 'Fodérunt manus meas et pedes meos, dinumeravérunt ómnia ossa mea.'

Look down upon me, good and gentle Jesus, while before your face I humbly kneel, and with burning soul pray and beseech you to fix deep in my heart lively sentiments of faith, hope and charity, true contrition for my sins, and a firm purpose of amendment, while I contemplate with great love and tender pity your five wounds, pondering over them within me, calling to mind the words which David, your prophet, said of you, my good Jesus: 'They have pierced my hands and my feet; they have numbered all my bones.'

---

**Act of Reparation**

Iesu dulcissime, cuius effúsa in hómines caritas, tanta oblivíone, negligéntia, contemptióne, ingrátissime repénditur, en nos, ante altária tua provolúti, tam nefáriam hóminum socórdiam iniuriásque, quibus úndique amantíssimum Cor tuum affícitur, peculiári honóre resarcíre conténdimus.

Most sweet Jesus, whose overflowing charity for men is requited by so much forgetfulness, negligence and contempt, behold us prostrate before Thee, eager to repair by a special act of homage the cruel indifference and injuries to which Thy loving Heart is everywhere subject.

Attámen, mémores tantæ nos quoque indignitátis non expértes aliquándo fúisse, ín deque vehementíssimo dolóre commóti, tuam in primis misericórdiam nobis implorámus, parátis, voluntária expiatióne compensáre flagítia non modo quæ ipsi patrávimus, sed etiam illórum, qui, longe a salútis via aberrántes, vel te pastórem ducémque sectári detréctant, in sua infidelitáte obstináti, vel baptísmatis promíssa conculcántes, suavíssimum tuæ legis iugum excussérunt.

Mindful, alas! That we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask Thy pardon and declare our readiness to atone by voluntary expiation, not only for our own personal offenses, but also for the sins of those, who, straying far from the path of salvation, refuse in their obstinate infidelity to follow Thee, their Shepherd and Leader, or, renouncing the promises of their baptism, have cast off the sweet yoke of Thy law.

Quæ deploránda crómina, cum unívérsa expiáre conténdimus, tum nobis síngula resarciénda propónimus: vitæ cultúsque immodéstiam atque turpitúdines, tot corruptélæ pédicas innocéntium ánimis instrúctas, dies festos violátos, exsecránda in te tuósque Sanctos iactáta

We are now resolved to expiate each and every deplorable outrage committed against Thee; we are now determined to make amends for the manifold offenses against Christian modesty in unbecoming dress and behaviour, for all the foul seductions laid to ensnare the feet of the

---

---

maledícta atque in tuum Vicárium ordinémque sacerdotálem convícia irrogáta, ipsum dénique amóris divíni Sacraméntum, vel negléctum vel horréndis sacrilégiis profanátum, pública postrémo natiónum delícta, quæ Ecclésiæ a te institútæ iúribus magisteriódque reluctántur.

Quæ útinam crímina sángine ipsi nostro elúere possémus! Intérea ad violátum divínium honórem resarciéndum, quam Tu olim Patri in Cruce satisfactiónem obtulísti quamque quotídie in altáribus renováre pergis, hanc eándem nos tibi præstámus, cum Vírginis Matris, ómnium Sanctórum, piórum quoque fidélium expiatióibus coníunctam, ex ánimo spondéntes, cum prætérita nostra aliorúmque peccáta ac tanti amóris incúriam firma fide, cándidis vitæ móribus, perfécta legis evangélicæ, caritátis potíssimum, observántia, quantum in nobis erit, grátia tua favénte, nos esse compensatúros, tum iniúrias tibi inferéndas pro víribus prohibitúros, et quam plúrimos potuérimus ad tui sequélam convocatúros.

Excípias, quæsumus, benigníssime Iesu, beáta Vírgine María Reparatríce intercedénte, voluntárium huius expiatiónis obséquium nosque in offício tuíque sérvito fidíssimos ad mortem usque velis, magno illo perseverántiæ múnere, continére, ut ad illam tandem pátriam perveniámus omnes, ubi Tu cum Patre et Spíritu Sancto vivis et regnas in sæcula sæculórum.  
Amen.

innocent, for the frequent violations of Sundays and holydays, and the shocking blasphemies uttered against Thee and Thy Saints. We wish also to make amends for the insults to which Thy Vicar on earth and Thy priests are subjected, for the profanation, by conscious neglect or terrible acts of sacrilege, of the very crimes of nations who resist the rights and teaching authority of the Church which Thou hast founded.

Would that we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of Thy divine honour, the satisfaction Thou once made to Thy Eternal Father on the cross and which Thou continuest to renew daily on our altars; we offer it in union with the acts of atonement of Thy Virgin Mother and all the Saints and of the pious faithful on earth; and we sincerely promise to make recompense, as far as we can with the help of Thy grace, for all neglect of Thy great love and for the sins we and others have committed in the past. Henceforth, we will live a life of unswerving faith, of purity of conduct, of perfect observance of the precepts of the Gospel and especially that of charity. We promise to the best of our power to prevent others from offending Thee and to bring as many as possible to follow Thee.

O loving Jesus, through the intercession of the Blessed Virgin Mother, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to Thee, so that we may all one day come to that happy home, where with the Father and the Holy Spirit Thou livest and reignest, God, forever and ever.  
Amen.

---

---

**Miserere (Ps.50)**

Miserere mei, Deus, secundum magnam misericordiam tuam; et secundum multitudinem miserationum tuarum, dele iniquitatem meam.

Amplius lava me ab iniquitate mea, et a peccato meo munda me.

Quoniam iniquitatem meam ego cognosco, et peccatum meum contra me est semper.

Tibi soli peccavi, et malum coram te feci; ut iustificeris in sermonibus tuis, et vincas cum iudicaris.

Ecce enim in iniquitatibus conceptus sum, et in peccatis concepit me mater mea. Ecce enim veritatem dilexisti; incerta et occulta sapientiae tuae manifestasti mihi.

Asperges me hyssopo, et mundabor; lavabis me, et super nivem dealbabor.

Auditui meo dabis gaudium et letitiam, et exsultabunt ossa humiliata.

Averte faciem tuam a peccatis meis, et omnes iniquitates meas dele.

Cor mundum crea in me, Deus, et spiritum rectum innova in visceribus meis.

Ne proicias me a facie tua, et spiritum sanctum tuum ne auferas a me.

Redde mihi letitiam salutaris tui, et spiritu principali confirma me.

Docabo iniquos vias tuas, et impii ad te convertentur.

Have mercy on me, O God, according to Thy great mercy. And according to the multitude of thy tender mercies blot out my iniquity.

Wash me yet more from my iniquity, and cleanse me from my sin.

For I know my iniquity, and my sin is always before me.

To Thee only have I sinned and have done evil before Thee: that thou mayst be justified in thy words and mayst overcome when Thou art judged.

For behold I was conceived in iniquities; and in sins did my mother conceive me. For behold thou hast loved truth: the uncertain and hidden things of Thy wisdom Thou hast made manifest to me.

Thou shalt sprinkle me with hyssop, and I shall be cleansed: Thou shalt wash me, and I shall be made whiter than snow.

To my hearing Thou shalt give joy and gladness: and the bones that have been humbled shall rejoice.

Turn away thy face from my sins, and blot out all my iniquities.

Create a clean heart in me, O God: and renew a right spirit within my bowels.

Cast me not away from Thy face; and take not Thy holy spirit from me.

Restore unto me the joy of Thy salvation, and strengthen me with a perfect spirit.

I will teach the unjust Thy ways: and the wicked shall be converted to Thee.

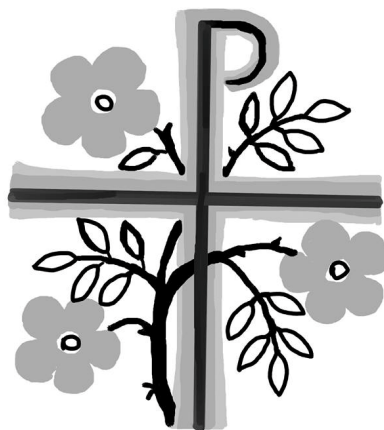
---

Líbera me de sanguínibus, Deus, Deus salútis meæ, et exsultábit lingua mea iustítiam tuam.	Deliver me from blood, O God, Thou God of my salvation: and my tongue shall extol Thy justice.
Dómine, lábia mea apéries, et os meum annuntiábit laudem tuam.	O Lord, Thou wilt open my lips: and my mouth shall declare Thy praise.
Quóniam si voluísse sacrificium, dedíssem útique; holocáustis non delectáberis.	For if Thou hadst desired sacrifice, I would indeed have given it: with burnt offerings Thou wilt not be delighted.
Sacrificium Deo Spíritus contribulátus; cor contrítum et humiliátum, Deus, non despícies.	A sacrifice to God is an afflicted spirit: a contrite and humbled heart, O God, Thou wilt not despise.
Benígne fac, Dómine, in bona voluntáte tua Sion, ut ædificéntur muri Ierúsalem.	Deal favourably, O Lord, in Thy good will with Sion; that the walls of Jerusalem may be built up.
Tunc acceptábis sacrificium iustítiae, oblatiões et holocáusta; tunc impónent super altáre tuum vítulos.	Then shalt Thou accept the sacrifice of justice, oblations and whole burnt offerings: then shall they lay calves upon Thy altar.

# **Acts of the Theological Virtues**



<p><b>Act of Faith</b></p> <p>Dómine Deus, firma fide credo et confíteor ómnia et síngula quæ sancta Ecclésia Cathólica propónit, quia tu, Deus, ea ómnia revelásti; qui es ætéRNA véritas et sapiéntia quæ nec fállere nec falli potest. In hac fide vívere et mori státuo. Amen.</p>	<p>O Lord God, I firmly believe and confess each and every truth which the holy Catholic Church teaches, because Thou, O God, hast revealed them all; Thou who art eternal truth and wisdom, who can neither deceive nor be deceived. In this faith I stand to live and die. Amen.</p>
<p><b>Act of Hope</b></p> <p>Dómine Deus, spero per grátiam tuam remissionem ómnium peccatórum, et post hanc vitam ætéRnam felicitátem me esse consecutúrum: quia tu promísísti, qui es infiníte potens, fidélis, benígnus, et miséricors. In hac spe vívere et mori státuo. Amen.</p>	<p>O Lord God, through Thy grace, I hope to obtain forgiveness of all my sins, and after this life eternal happiness that thou hast promised; Thou, who art infinitely powerful, faithful, kind, and merciful. In this hope I stand to live and die. Amen.</p>
<p><b>Act of Charity</b></p> <p>Dómine Deus, amo te super ómnia próximum meum propter te, quia tu es summum, infinítum, et perfectíssimum bonum, omni dilectióne dignum. In hac caritáte vívere et mori státuo. Amen.</p>	<p>O Lord God, I love Thee above all things, and I love my neighbor because of thee, because Thou art the highest, infinite and most perfect good, worthy of all love. In this love I stand to live and die. Amen.</p>



## **Other Prayers**

---

**Prayer before meetings  
(Saint Isidore of Seville)**

Ádsumus, Dómine, Sancte Spíritus,  
ádsumus peccáti quidem immanitáte  
deténti, sed in nómine tuo speciáliter  
congregáti.

Veni ad nos et esto nobíscum et dignáre  
illábi córdibus nostris. Doce nos quid  
ágamus, quo gradiámur et osténde quid  
effícere debeámus, ut, te auxiliánte, tibi in  
ómnibus placére valeámus.

Esto solus suggéstor et efféctor  
iudiciórum nostrórum, qui solus cum Deo  
Patre et eius Fílio nomen pössides  
gloriósum.

Non nos patiáris pertubatóres esse  
iustítiæ qui summam díligis æquitátem.  
Non in sinístrum nos ignorántia trahat,  
non favor infléctat, non accéptio múnieris  
vel persónæ corrúmpat.

Sed iunge nos tibi effícaciter solíus tuæ  
grátiae dono, ut simus in te unum et in  
nullo deviémus a vero: quátenus in  
nómine tuo collécti, sic in cunctis  
teneámus cum moderámine pietátis  
iustítiam, ut et hic a te in nullo disséntiat  
senténtia nostra et in futúrum pro bene  
gestis consequámur præmia sempitérna.  
Amen.

We have come, O Lord, Holy Spirit, we  
have come before you, encumbered by  
the immensity of our sins, but for a  
special purpose gathered together in your  
name.

Come to us and be with us and enter our  
hearts. Teach us what we are to do and  
where we must walk; and show us what  
we must accomplish, so that, with your  
help, we may please you in all things.

May you alone be the author and the  
finisher of our judgments, who alone with  
God the Father and His Son possess a  
glorious name.

Do not allow us to perturb justice, you  
who love equity above all. Do not let  
ignorance lead us into perversity, do not  
let partiality sway us; nor esteem of  
riches nor persons corrupt our judgment.

But unite us to you effectually by the gift  
of your grace alone, that we may be one  
in you, and that we may never stray from  
the truth. Insofar as we are gathered  
together in your name, may we in all  
things hold to justice moderated by  
mercy, so that in this life, our judgments  
may not dissent with you, and in the life  
to come, we may attain everlasting  
rewards for doing what is right.  
Amen.

---

**Before studying  
(Saint Thomas Aquinas)**

Concéde mihi, miséricors Deus, quæ tibi  
plácita sunt ardénter concupíscere,  
prudénter investigáre, veráciter  
agnóscere et perfécte adimplére ad  
laudem et glóriam nóminis tui.  
Amen.

O Merciful God, grant that I may eagerly  
desire, carefully search out, truthfully  
acknowledge, and ever perfectly fulfil all  
things which are pleasing to Thee, to the  
praise and glory of Thy Name.  
Amen.

---

<p><b>Prayer for our Sovereign Pontiff</b>  Orémus pro Pontífice nostro  Francisco.</p> <p>Dóminus consérvet eum, et vivíficet eum,  et beátum fáciat eum in terra, et non  tradat eum in ánimam inimicórum eius.</p> <p>Deus, ómnium fidélium pastor et rector,  fámulum tuum Francisco, quem pastórem  Ecclésiæ tuæ præesse voluísti, propítius  réspecte: da ei, quæsumus, verbo et  exémpló, quibus præest, profícere:  ut ad vitam, una cum grege sibi crédito,  pervéniat sempitérnam. Per Christum,  Dóminum nostrum.  Amen.</p>	<p>Let us pray for our Sovereign Pontiff,  Francis.</p> <p>May the Lord keep him and give him life,  may he make him blessed on earth,  and not allow him to be delivered into  the power of his enemies.</p> <p>O God, the shepherd and guide of the  faithful, look with favour on Thy servant  Francis, whom Thou hast been pleased to  place as pastor over Thy Church. Grant  him, we entreat Thee, to help by word  and example those over whom he rules,  so that, together with the flock entrusted  to him, he may reach eternal life.  Through Christ our Lord.  Amen.</p>
<p><b>Saint Benedict Medal Formula</b>  Crux sacra sit mihi lux  Non draco sit mihi dux  Vade retro Satana  Numquam suade mihi vana  Sunt mala quae libas  Ipse venene bibas</p>	<p>May the Holy Cross be my light  May the devil never be my guide  Begone Satan  Never tempt me with your vanities  What you show me is evil  Drink the poison yourself</p>

# **In Times of Pestilence**

---

### Prayer to send your Guardian Angel to Mass

O holy Angel at my side  
go to Church for me.  
Kneel in my place at Holy Mass  
where I desire to be.  
At Offertory in my stead  
take all I am and own  
And place it as a sacrifice  
upon the altar throne.  
At holy Consecration's bell  
adore with Seraph's love,  
My Jesus hidden in the Host  
come down from Heaven above.  
And when the Priest Communion takes,  
O bring my Lord to me,  
That His sweet Heart may rest on mine  
And I His temple be.  
Amen.

---

### Act of Spiritual Communion

My Jesus, I believe that Thou art present in the Blessed Sacrament.  
I love Thee above all things and I desire Thee in my soul.  
Since I cannot now receive Thee sacramentally, come at least spiritually into my heart.  
As though thou wert already there, I embrace Thee and unite myself wholly to Thee;  
permit not that I should ever be separated from Thee.

---

### Prayer in troubling times

Réspice, Dómine, sancte Pater, de  
sanctuário tuo et de excélsio cælórum  
habitáculum, et vide hanc sacrosánctam  
Hóstiam, quam tibi ófferat Magnus  
Póntifex noster sanctus, ínnocens,  
diléctus Fílus tuus Dóminus noster Iesus  
Christus pro peccátis fratrum suórum, et  
esto placábilis super multitúdinem  
malítiæ mundi.

Ecce vox Ságuinis fratris nostri  
Primogéniti Iesu clamat ad te de cruce.  
Exáudi Dómine, placáre Dómine, atténde,  
et fac; ne moréris propter temetípsum,  
Deus noster, quia nomen tuum invocátum  
est super domum et civitátem istam, et  
super univérsum pópulum tuum, et fac  
nobíscum secúndum infinítam  
misericórdiam tuam. Per eúndem  
Christum Dóminum nostrum. Amen.

Look down, O Lord, from Thy sanctuary,  
and from Heaven Thy dwelling-place on  
high, and behold this sacred Victim which  
our great High-Priest, Thy holy Child, our  
Lord Jesus, offers up to Thee for the sins  
of This brethren; and be appeased for the  
multitude of our transgressions.

Behold the voice of the Blood of Jesus, our  
Brother, cries to Thee from the Cross.  
Give ear, O Lord! Be appeased, O Lord!  
Hearken, and do not wait for Thine own  
sake, O my God, for Thy Name is invoked  
upon this city and upon all Thy people;  
and deal with us according to Thy infinite  
mercy. Through Christ our Lord.  
Amen.

<p> <i>Ÿ.</i> Ut ad veram pœniténtiam nos perducere dignéris.  <i>Ŕ.</i> Te rogámus audi nos.  <i>Ÿ.</i> Ut domum, civitátem istam, et univársum pópulum tuum, Dómine, deféndere, pacificáre, custodíre, conserváre, et piíssima misericórdia tua respicére dignéris,  <i>Ŕ.</i> Te rogámus audi nos.  <i>Ÿ.</i> Per sacrosáncta humánæ redemptiõnis Mystéria,  <i>Ŕ.</i> Cito antícipent nos, Dómine, misericórdia tuæ, et parce pópulo tuo.  <i>Ÿ.</i> Per mérita, et intercessiõnem Beatíssimæ Genetrícis tuæ, et ómnium Angelórum atque Sanctórum,  <i>Ŕ.</i> Cito antícipent nos, Dómine, misericórdia tuæ, et parce pópulo tuo.  <i>Ÿ.</i> Sancta María sine labe origináli concépta, et omnes Angeli et Sancti, intercédite pro nobis ad Dóminum,  <i>Ŕ.</i> Ut cito antícipent nos misericórdia Domini, et parcat pópulo suo; ut omnes cum ipso gaudére possímus in sœcula sæculórum.  Amen. </p> <p> Orémus.  Omnípotens et miséricors Deus, fiat semper et in ómnibus sanctíssima volúntas tua secúndum infinítam et ætérrnam misericórdiam tuam.  Per Christum Dóminum nostrum.  Amen. </p>	<p> <i>Ÿ.</i> That Thou wouldst vouchsafe to bring us to true penance,  <i>Ŕ.</i> We beseech Thee, hear us.  <i>Ÿ.</i> That Thou wouldst vouchsafe to defend this house and city, and all Thy people, to keep them in peace, to guard, preserve, and look down on them with Thy most tender pity,  <i>Ŕ.</i> We beseech Thee, hear us.  <i>Ÿ.</i> Through the holy Mysteries of the redemption of man.  <i>Ŕ.</i> Let Thy mercies come quickly to aid us, O Lord, and spare Thy people.  <i>Ÿ.</i> Through the merit and intercession of Thy most blessed Mother, and all the angels and saints.  <i>Ŕ.</i> Let Thy mercies come quickly to aid us, O Lord, and spare Thy people.  <i>Ÿ.</i> Holy Mary, conceived without original sin, and all ye Angels and Saints, intercede for us to our Lord.  <i>Ŕ.</i> That the mercies of our Lord may come quickly to aid us, and that He may spare His people; that so we all may rejoice with Him for ever and ever.  Amen. </p> <p> Let us pray.  Almighty and merciful God, may Thy most holy will be done, at all times and in all things, according to Thine infinite and eternal mercy.  Through Christ our Lord.  Amen. </p>
<p> <b>Prayer in times of plague I (Ps. 53)</b>  Deus, in nómine tuo salvum me fac: et in virtúte tua iúdica me.  Deus, exáudi oratióne meam: áuribus pèrcipe verba oris mei.  Quóniam aliéni insurrexérunt advèrsum me, et fortes quæsiérunt ánimam meam: et non proposuérunt Deum ante conspéctum suum.  Ecce enim Deus adiuvát me: et Dóminus suscèptor est ánimæ meæ. </p>	<p> Save me, O Lord, in Thy Name; and judge me in Thy strength.  O God, hear my prayer; give ear to the words of my mouth For strangers have risen up against me, and the mighty have sought after my soul, and they have not set God before their eyes.  For behold, God is my helper, and the Lord is the protector of my soul. </p>

<p>Avérte mala inimícis meis: et in veritéte tua dispérde illos. Voluntárie sacrificábo tibi: et confitébor nómini tuo, Dómine, quóniam bonum est. Quóniam ex omni tribulatióne eripuísti me: et super inimícos meos despéxit óculus meus.</p> <p>Glória Patri, et Fílio: et Spirítui Sancto. Sicut erat in princípío, et nunc, et semper: et in sácula sæculórum. Amen.</p> <p>Ÿ. Propter glóriam nóminis tui líbera nos. R̃. Et propítius esto peccátis nostris propter nomen tuum.</p> <p>Orémus. Preces populi tui, quæsumus, Dómine, cleménter exáudi: ut qui iuste pro peccátis nostris affligimur, pro glória nóminis tui misericórditer liberémur. Per Christum Dóminum nostrum. Amen.</p> <p>Te ergo quaesumus tuis famulis subveni, quos Pretioso Sanguine redemisti.</p>	<p>Turn away evil from me upon my enemies and scatter them in Thy truth. I will freely sacrifice to Thee; and will give praise, O God, to Thy Name, because it is good. For Thou hast delivered me out of all my trouble, and mine eye hath looked down upon mine enemies.</p> <p>Glory be to the Father, to the Son and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.</p> <p>Ÿ. For the glory of Thy Name, deliver us. R̃. And deal mercifully with our sins for Thy Name's sake.</p> <p>Let us pray. Lord, we beseech Thee, in Thy pity hear the prayers of Thy people; that we who suffer justly for our sins, may for the glory of Thy Name mercifully be delivered. Through Christ our Lord. Amen.</p> <p>We beseech Thee, therefore, help Thy servants, whom Thou hast redeemed with Thy Precious Blood.</p>
<p><b>Prayer in times of plague II</b> Ÿ. Dómine, non secúndum peccáta nostra fácias nostras. R̃. Neque secúndum iniquitátes nostras retríbuas nobis. Ÿ. Adiuva nos, Deus, salutáris noster. R̃. Et propter glóriam nóminis tui, Dómine, líbera nos. Ÿ. Dómine, ne memínaris iniquitátum nostrárum antiquárum. R̃. Cito antícipent nos misericórdiæ tuæ, quia páuperes facti sumus nimis. Ÿ. Ora pro nobis, sancte Sebastíane. R̃. Ut digni efficiámur promissionibus Christi Ÿ. Dómine, exáudi oratiónem meam.</p>	<p>Ÿ. Deal not with us, Lord, as our sins deserve. R̃. Nor take vengeance on our transgressions. Ÿ. Help us, O God, our Saviour. R̃. And deliver us, O Lord, for your name's sake. Ÿ. Lord, do not keep in mind our former ins. R̃. Let us soon know your compassion, for we are exceedingly poor. Ÿ. St Sebastian, pray for us. R̃. That we may be worthy of the promises of Christ. Ÿ. Lord, hear my prayer.</p>



<p>℞. Et clamor meus ad te véniat.          ℣. Dóminus vobíscum.          ℞. Et cum spírítu tuo.</p> <p>Orémus.          Exáudi nos, Deus, salutáris noster: et          intercedénte beáta et gloriósa Dei          Genetríce María semper Vírgine, et beáto          Sebastião Mártýre tuo, et ómnibus          Sanctis, pópulum tuum ab iracúndiæ tuæ          terróribus líbera, et misericórdiæ tuæ fac          largitáte secúrum.</p> <p>Propitiáre, Dómine, supplicatióibus          nostris: et animárum et córporum          medére languóribus: ut remissióne          percépta, in tua semper benedictióne          lætémur.</p> <p>Da nobis, quæsumus, Dómine, piæ          petitiónis efféctum: et pestiléntiam          mortalitatémque proitiátus avérte; et          mortálium corda cognóscant, et te          indignánte tália flagélla prodíre, et te          miseránte cessáre. Per Dóminum          nostrum Iesum Christum.          Amen.</p>	<p>℞. And let my cry unto Thee.          ℣. The Lord be with you.          ℞. And with your spirit.</p> <p>Let us pray.          Hear us, O God, our Saviour, and by the          prayers of glorious May, Mother of God,          and ever Virgin, of St Sebastian your          martyr, and of all the saints, deliver your          people from your wrath, and in your          bounty let them feel certain of your          mercy.</p> <p>Lord, mercifully hear our supplications,          and heal our infirmities of body and soul;          so that knowing your forgiveness we may          ever rejoice in your blessing.</p> <p>We beg you, Lord, to hear our sincere          pleas, and graciously to avert this plague          which afflicts us; so that mortal hearts          may acknowledge that such scourges          come from your wrath and cease only          when you are moved to pity; through          Christ our Lord.          Amen.</p>
<p><b>Stella Cæli</b>          Stella cæli exstirpávit,          quæ lactávit Dóminum:          mortis pestem quam plantávit          primus parens hóminum.          Ipsa stella nunc dignétur          sídera compéscere,          Quorum bella plebem cædunt          diræ mortis úlcere          o piíssima stella maris,          a peste succúre nobis          Audi nos, Dómina,          nam filius tuus          nihil negans te honorat.          Salva nos Iesu          pro qui bus virgo mater te orat.</p>	<p>The Star of Heaven that nourished the          Lord, drove away the plague of death          which the first parents of man brought          into the world. May this bright Star now          vouchsafe to extinguish that foul          constellation whose battles have slain the          people with the wound of death.          O most pious Star of the Sea preserve us          from pestilence; hear us, O lady, for Thy          Son honours Thee by denying Thee          nothing. Save us, O Jesus, for whom Thy          Virgin Mother supplicates thee.</p>

# **Appendix**

## **Ten Commandments**

1. I am the Lord thy God. Thou shalt not have strange gods before me.
2. Thou shalt not take the name of the Lord thy God in vain
3. Remember that thou keep holy the sabbath day.
4. Honour thy father and thy mother
5. Thou shalt not kill.
6. Thou shalt not commit adultery.
7. Thou shalt not steal.
8. Thou shalt not bear false witness against thy neighbour.
9. Thou shalt not covet thy neighbour's wife.
10. Thou shalt not covet thy neighbour's goods.

*Exodus 20:1-17.*

## **Precepts of the Church**

1. To hear mass on Sundays and holy days of obligation.
2. To fast and abstain on the days appointed.
3. To confess at least once a year.
4. To receive the Holy Eucharist during the Easter season.
5. To contribute to the needs of the Church.
6. Observe the Church's laws on marriage.

## **Seven Sacraments**

1. Baptism
2. Confirmation
3. Holy Eucharist
4. Reconciliation
5. Anointing of the Sick
6. Marriage
7. Holy Orders

## **Theological Virtues**

1. Faith
2. Hope
3. Charity

## **Cardinal Virtues**

1. Prudence
2. Temperance
3. Justice
4. Fortitude

## **Seven Capital Sins and Opposite Virtues**

1. Pride – Humility
2. Covetousness – Liberality
3. Lust – Chastity
4. Anger – Meekness
5. Gluttony – Temperance
6. Envy – Love
7. Sloth – Diligence

## **Seven Gifts of the Holy Spirit**

1. Wisdom
2. Knowledge
3. Counsel
4. Fortitude
5. Understanding
6. Piety
7. Fear of God

## **Twelve Fruits of the Holy Spirit**

1. Charity
2. Joy
3. Peace
4. Patience
5. Benignity
6. Goodness
7. Longanimity
8. Mildness
9. Faith
10. Modesty
11. Continency
12. Chastity

## **Seven Spiritual Works of Mercy**

1. To counsel the doubtful.
2. To instruct the ignorant.
3. To admonish sinners.
4. To comfort the afflicted.
5. To forgive offences.
6. To bear wrongs patiently.
7. To pray for the living and the dead.

## **The Beatitudes**

1. Blessed are the poor in spirit: for theirs is the kingdom of heaven.
2. Blessed are the meek: for they shall possess the land.
3. Blessed are they that mourn: for they shall be comforted.
4. Blessed are they that hunger and thirst after justice: for they shall have their fill.
5. Blessed are the merciful: for they shall obtain mercy.
6. Blessed are the clean of heart: for they shall see God.
7. Blessed are the peacemakers: for they shall be called children of God.
8. Blessed are they that suffer persecution for justice' sake: for theirs is the kingdom of heaven.

*Matthew 5:1 – 12*

## **Sins Against the Holy Spirit**

1. Presumption of God's mercy.
2. Despair.
3. Impugning the known truth.
4. Envy at another's spiritual good.
5. Obstinacy in sin.
6. Final impenitence.

## **Sins Crying to Heaven for Vengeance**

1. Defrauding workers of their wages.
2. The sin of Sodom.
3. Oppression of the poor.
4. Wilful murder.

## **Three Eminent Good Works**

1. Prayer
2. Fasting
3. Almsgiving

## **The Evangelical Counsels**

1. Voluntary poverty
2. Chastity
3. Obedience

## **Four Last Things to Be Remembered**

1. Death
2. Judgment
3. Hell
4. Heaven



Christus Vincit

Christus Regnat

Christus Imperat