**CURRICULAM VITAE**

**GARIMA**

D\O : MR. RAVI KUMAR

DATE OF BIRTH : September18, 2001

**Contacts**: 78766-60254

**E-mail Id:** garimakapoor147@gmail.com

**PERMANENT ADDRESS :**

V.P.O Suan Teh. Jaisinghpur Distt kangra(H.P)

Pincode-176094

**PERSONAL DATA**

* **Date of Birth:**  September18,2001
* **Place of Birth:** Palampur, Himachal Pradesh
* **Sex:**  Female
* **Civil Status:** Single
* **Height:**  5’5”
* **Weight:** 47Kgs
* **Religion:**  Hinduism
* **Address:** V.P.O Suan Teh. Jaisinghpur Distt kangra (Himachal Pradesh)
* **Father’s Name:**  Mr. Ravi kumar
* **Mother’s Name:**  Mrs. Venus

**CAREER OBJECTIVE**

|  |
| --- |
| * To work in a medical facility where my nursing efficiency is an advantage in catering quality healthcare and humanitarian services to it’s general clientele. * To seek a position where professional along with personal skills can help maximize the spiritual growth in service of humanity, in dedication to my work.   **KEY SKILLS**  **Technical Skills and competence in clinical area:**  Have good skills of demonstrating community based procedure, family Care and good patient care.  **COMPUTER SKILLS:**   1. MS office , MS Word, Excel , Internet , Literature 2. Use of computer in teaching learning and research. |

**EDUCATIONAL QUALIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Course** | **Discipline/ specialization** | **University/ Board** | **Percentage** | **Year of Passing** |
| Higher Secondary | MEDICAL | HP BOARD | 77% | 2018 |
| Matriculation | COMMON | HP BOARD | 78% | 2016 |

**PROFESSIONAL QUALIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Course** | **Year of Passing** | **Institute** | **University** | **Marks obtained** |
| Bsc Nursing  1st Year | 2018-2019 | Guru Dronacharya College of Nursing | HPU | 72% |
| Bsc Nursing  2nd Year  Bsc Nursing  3rd Year | 2019-2021  2021-2022 | Guru Dronacharya College of Nursing  Guru Dronacharya College of Nursing | HPU  HPU | 66%  70% |  |

**HOBBIES**

Listing music, spending time with friends

**TRAINING UNDERGONE**

**MENTAL HEALTH NURSING:**

**Description:** Dr. Vidyasagar Institute of Mental Health, Amritsar, Punjab

**Duration:** 1 month (21/10/2021 – 19/11/2021)

**COMMUNITY HEALTH NURSING (field nursing):**

**Description:** Community area (**RURAL**: Ramhed, Tang, Serathana / **URBAN**: Nagrota Bagwan) Nagrota Bagwan Community Health Centre

**Duration:** 3months

**CLINICAL POSTINGS:**

**Description:** Zonal Hospital Dharamshala, Kangra (H.P)

Dr. RPGMC, Tanda, Kangra (H.P)

**Duration:** 8 months

**INTERNSHIP** **POSTING**:

**Description:** Zonal Hospital Dharamshala, Kangra (H.P)

**Duration:** 2 months

**THESIS DONE :**

A descriptive study to assess the knowledge regarding COVID 19 among adolescents

**PERSONAL SKILLS:**

**Declaration:** I hereby declare that all the above mentioned information is true and correct to the best of my knowledge.

**Name** : Garima

**Place :**