

# Documentation

## Description:

Our project is called Nutri-Track and is a web application built using django. Through our project, we aim to help people monitor their health by helping them maintain a healthy weight. This is achieved through the use of a BMI calculator, Calorie counter, and statistical reports that detail the person's weekly progress which can be then shared.

## Contents of project directory:

1. Accounts: Contains code required for registration to the application.
2. Calc: Contains the code for the BMI calculator.
3. HP: Main project file.
4. Nutritrack: Project file.
5. Temp: Contains template files.

## Ways to host the project on the localhost:

The application can be run on the server by typing the following command in the terminal:

**python manage.py runserver**