



Team name  
**Hack Elite**

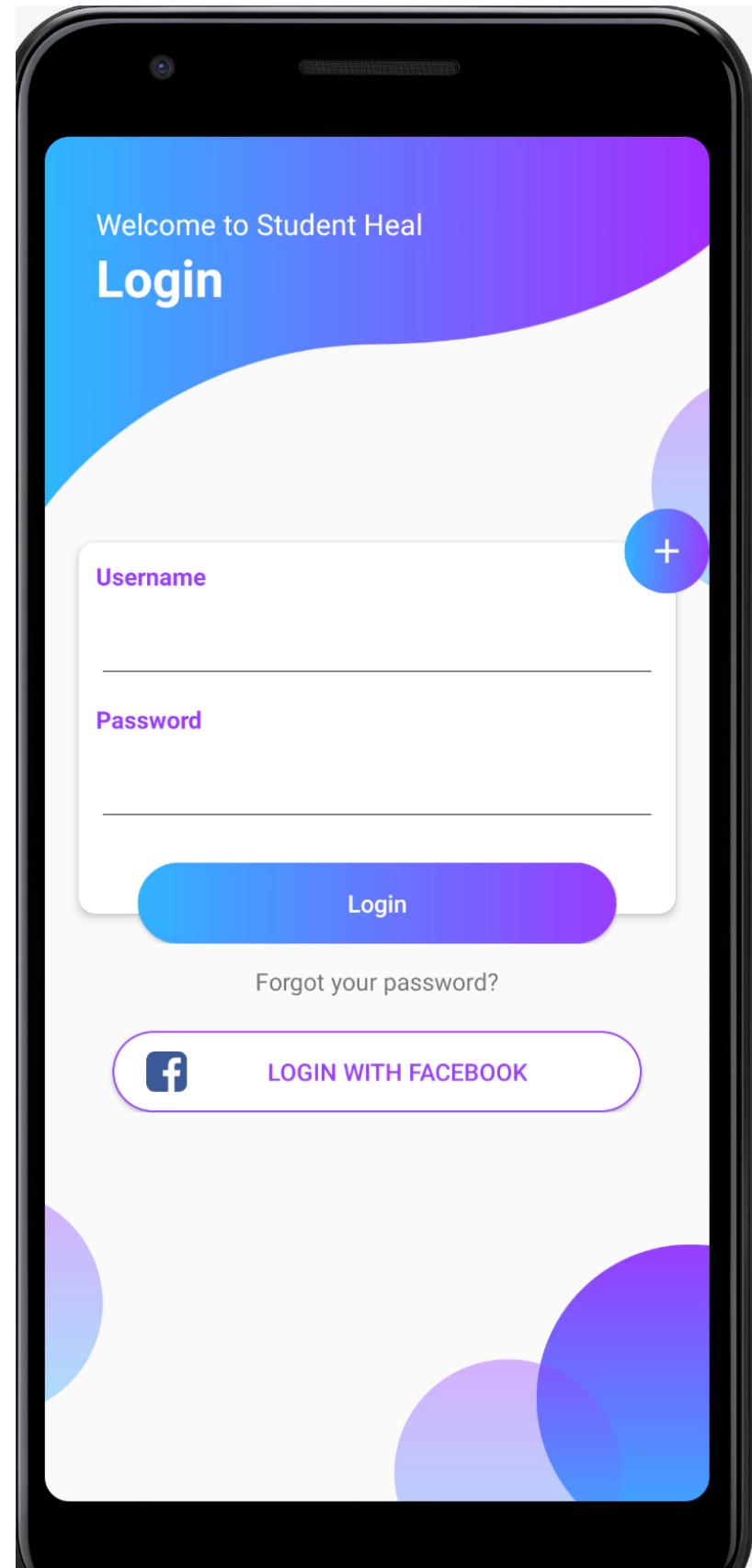
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Product name

# Student Health

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## Product Name: Student Heal

An android application to help students make their education a wholesome process with proper consideration given to their bodily health and even mind health !

This app is gives students a platform to plan their lifestyle such that it incorporates exercises, rest and routinely health check alongside scheduling their academic needs.

Tech Stack: Kotlin and Java

IDE: Android Studio

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## Why we chose this objective??

Todays world is rather competitive and survival means longevity and consistency .

Stress and improper planning makes this journey chaotic and the player cannot endure this for long because of degrading health and morals.

The curriculum that students get subjected to necessarily do not guide them through a holistic path where they not only give importance to the getting marks also take care of

the mental and physical strain they might come under by allocating proper activities as stress busters.

## Outlook

### Increasing Rate Of Suicides Indicates Youth At Grave Risk Of Losing Mental Equilibrium

Every hour one student commits suicide in India, with about 28 such suicides reported every day.

**mint**



Photo: HT

**India's schoolchildren suffer from abnormal BMI, vision, dental issues: report**

**Business Standard**

### School children in India lack in physical health and fitness, shows national study

The study conducted by EduSports covered about 100,000 children in the seven to 17 years age group, in 287 schools across 85 cities from 23 states

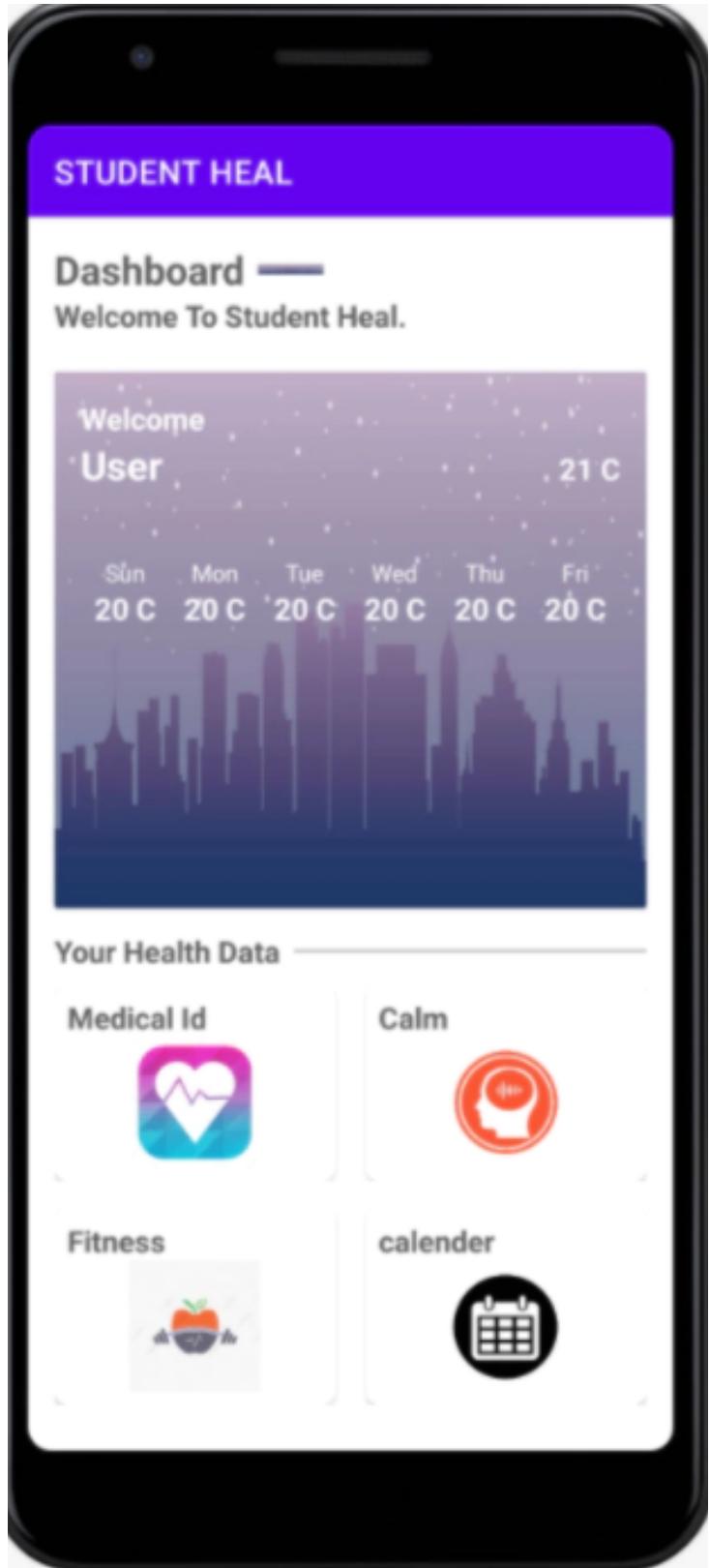
**Our objective is to provide for a platform that integrate all these unaddressed necessities of a modern day student in a single application.**

The features we included are explained in the upcoming slides



## OUR PRODUCT FEATURES

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### --> Planner

Helps you track through your deadlines. Add events. Understand your progress.

Realize the different extends to which you managed to obtain balance between academic and other non-curricular activities.

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### --> Medico

Handle and share your health records with doctors of your choice and get routinely advices from them

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### --> FastnFitness

Customize routines and sets for meeting body mass goals. Track your overall calorie goals.

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### --> De-Stressify

Find time to relax and unwind to restore your energy to improve your longevity by doing something you like. Maybe listen to some music or engage with some shows or even spend time reading a book

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## OUR PRODUCT



**Planner**



**Medico**



**FastnFitness**



**De-Stressify**

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## MEDICO -

This feature helps in digitising your medical data.

Chances are your phone goes everywhere you go. This feature will help you create a emergency medical id within your phone that allows emergency personnels to access your critical medical information.

The user can feed vital health data such as medicine prescription, doctor's visit and other medical test results and access to emergency contact.

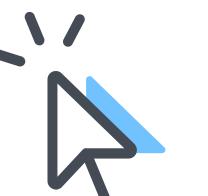
See Demo for Login Here:

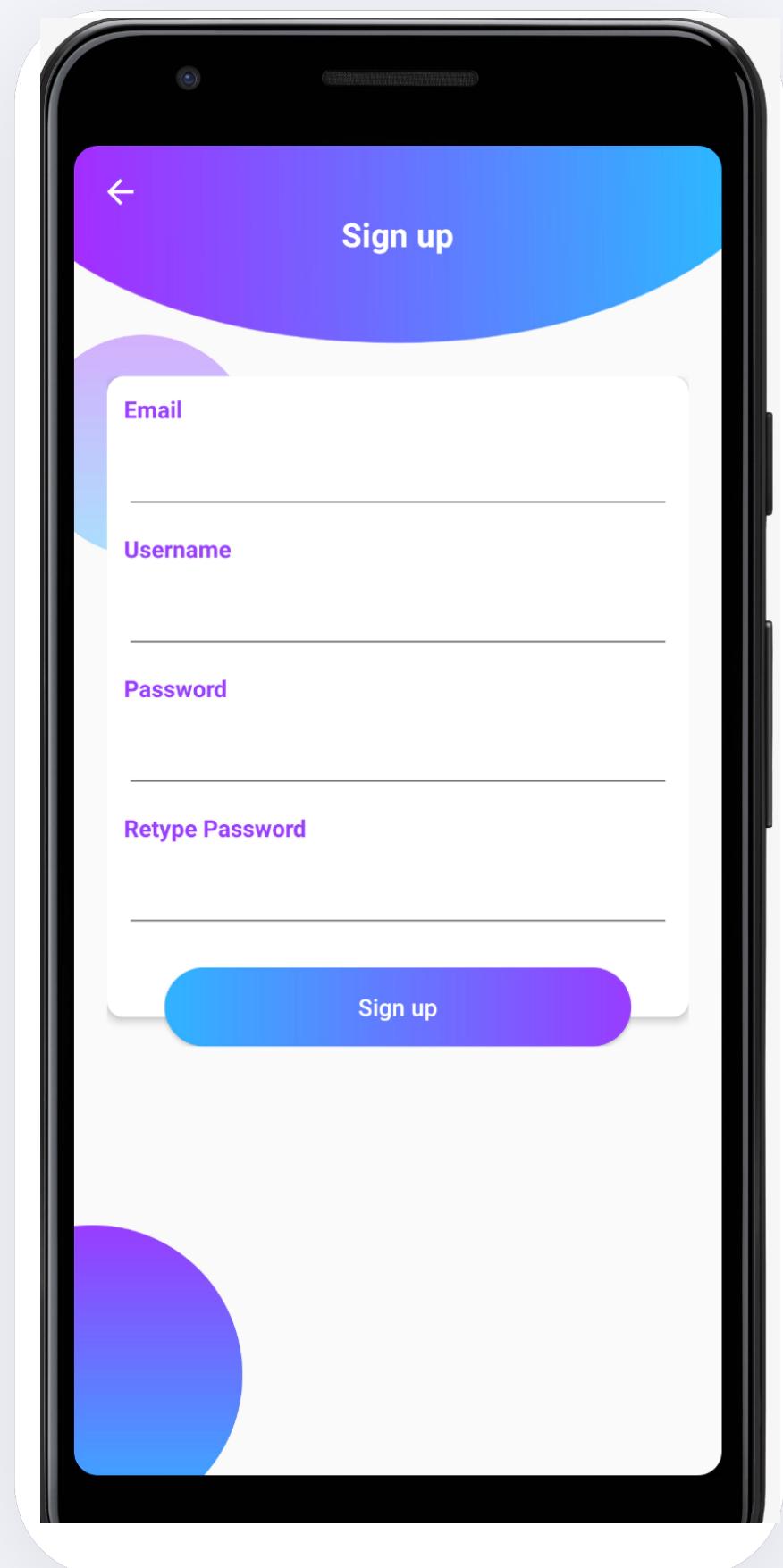
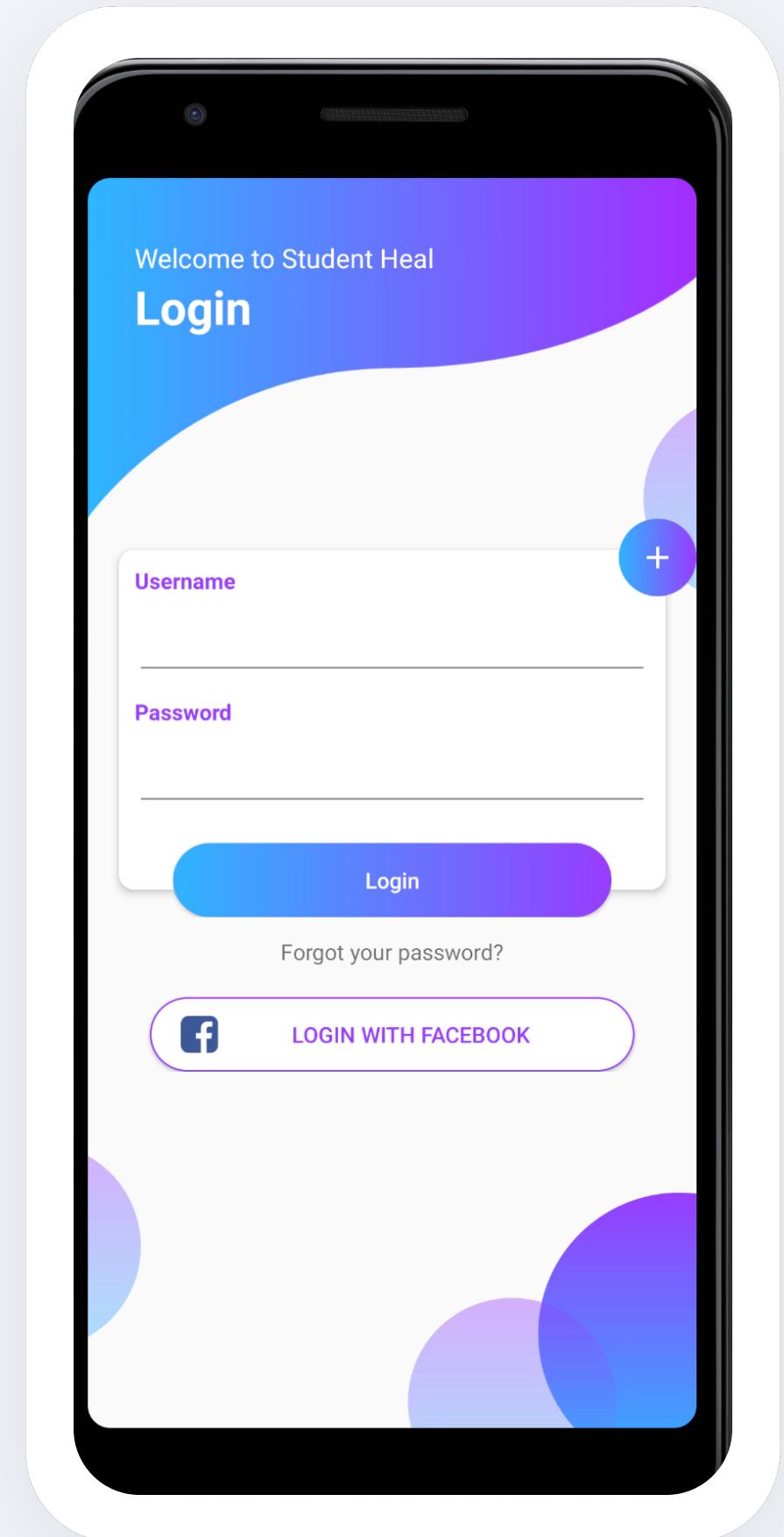
[Login](#)

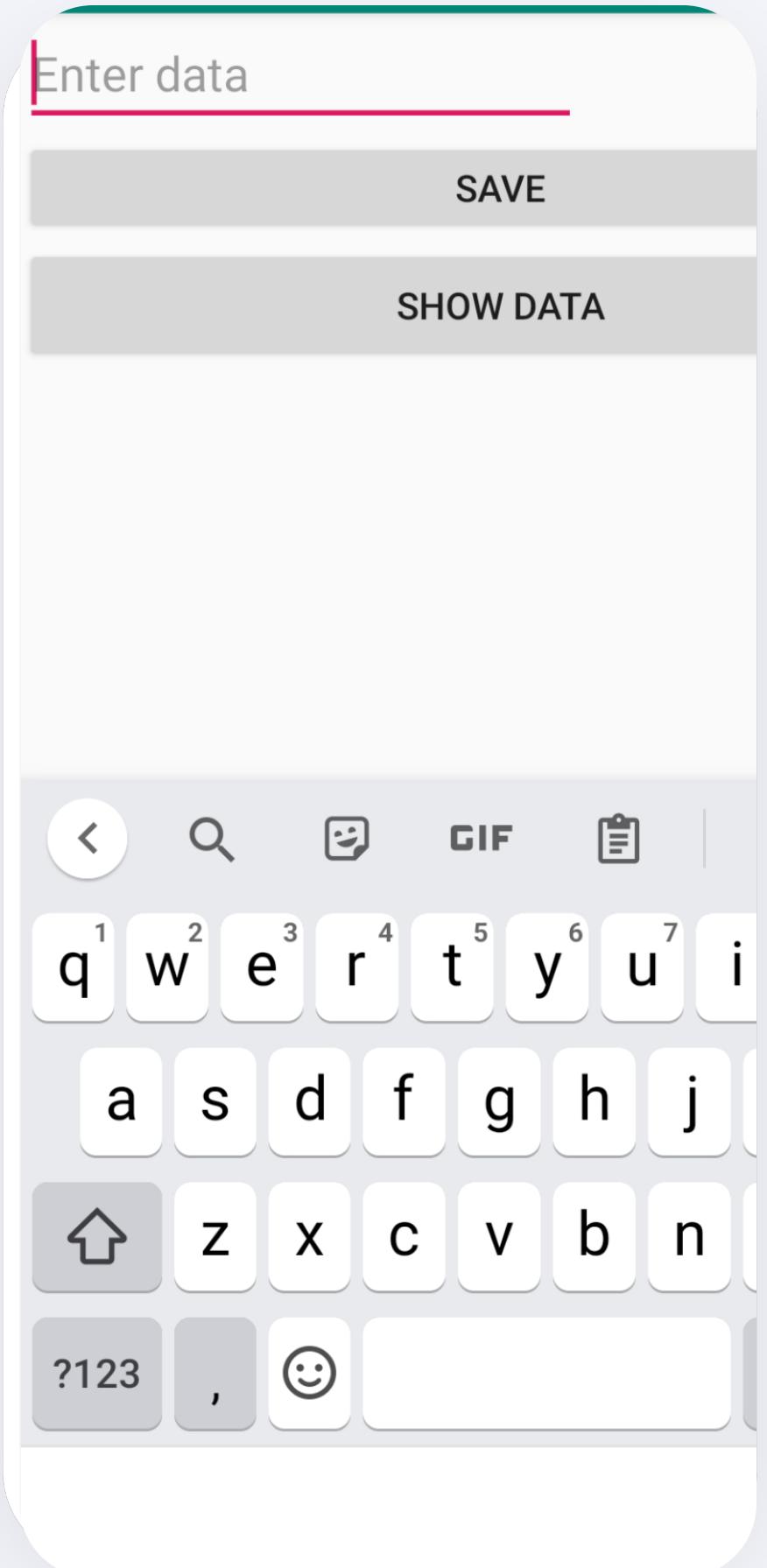
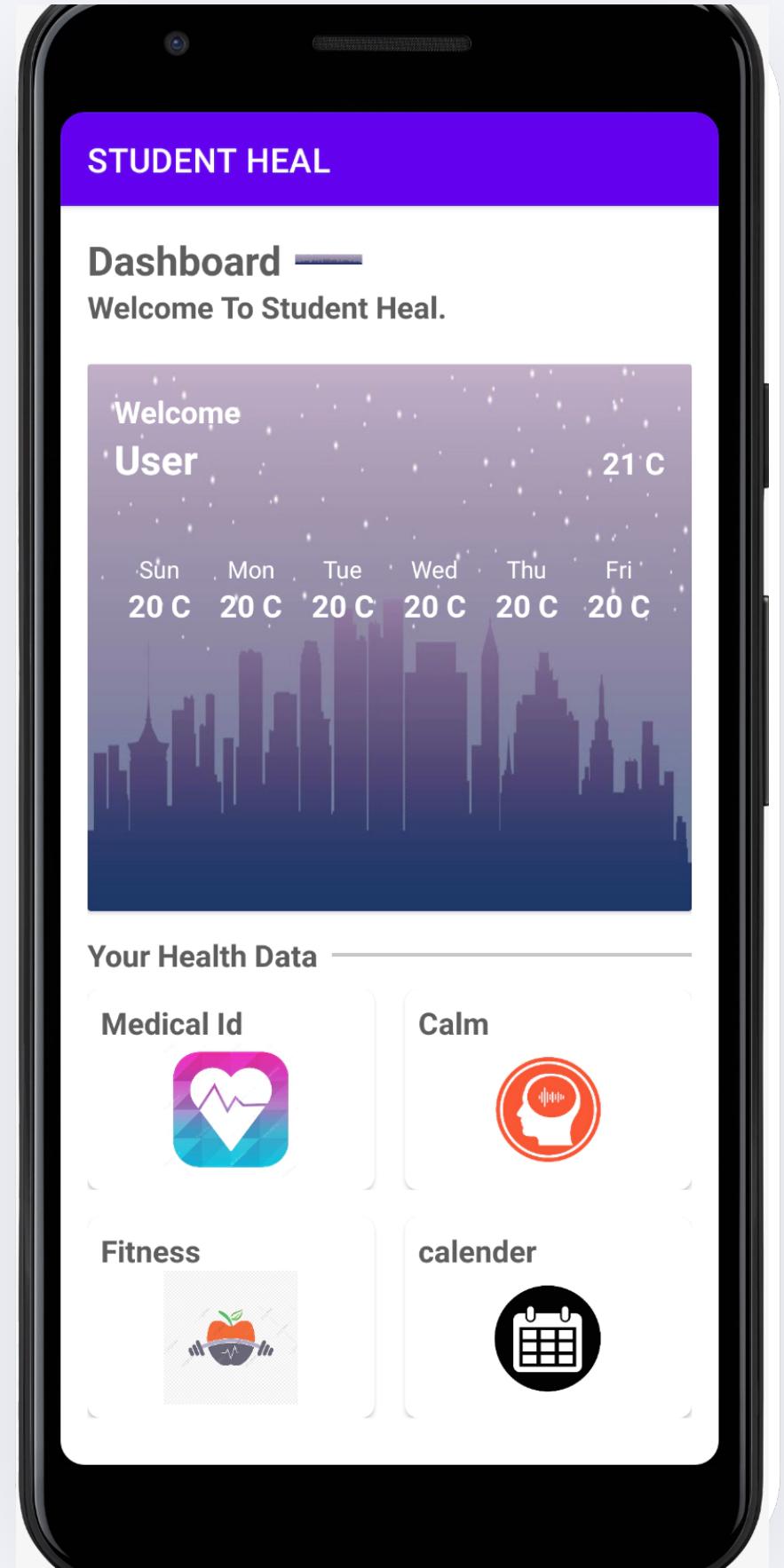


See demo for Medico Here:

[MEDICO](#)







## PLANNER -

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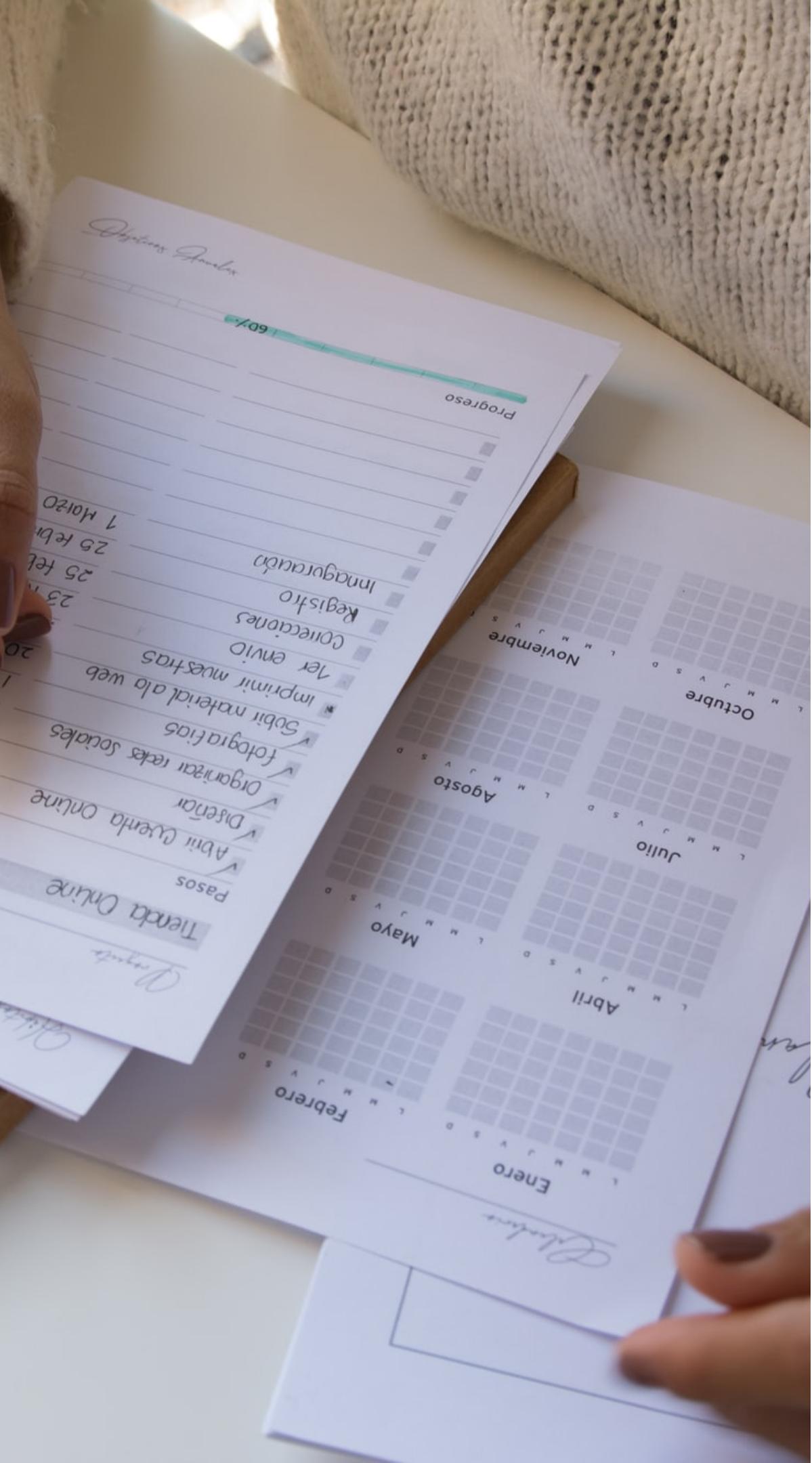
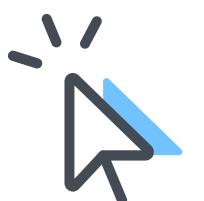
Planner basically consists of Task Manager & Time Table Manager, which allows the users to set their goals & know the progress simultaneously .

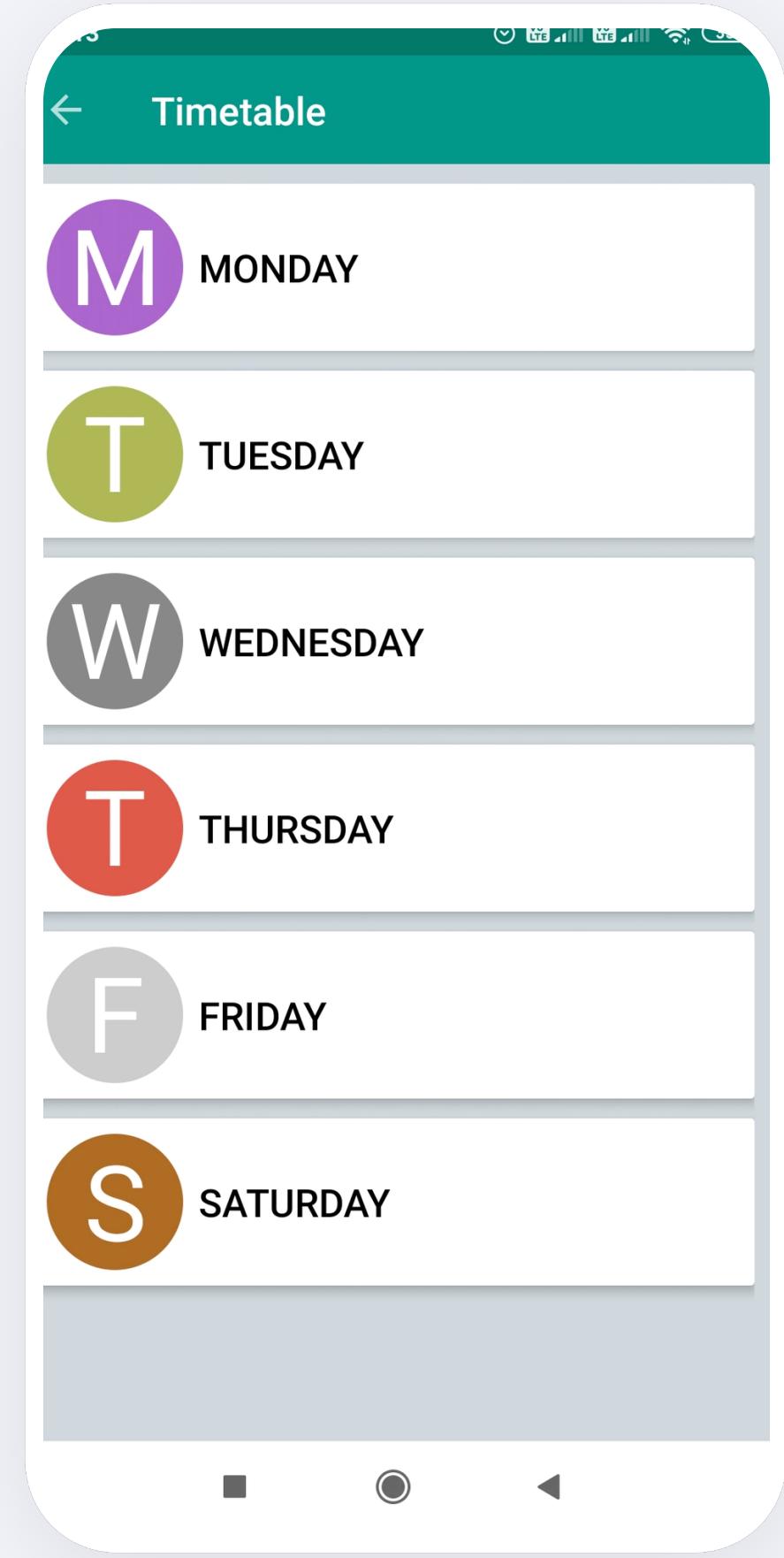
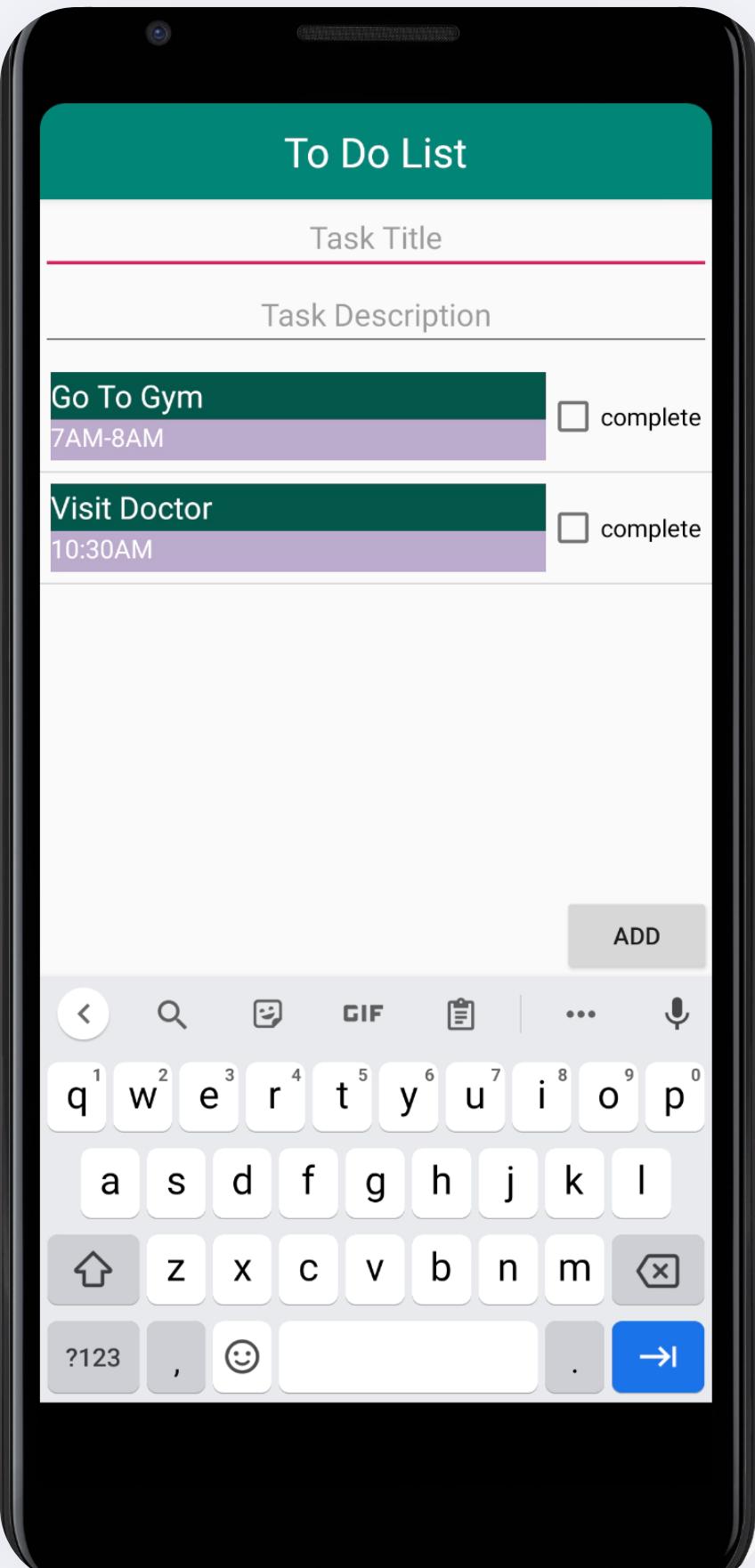
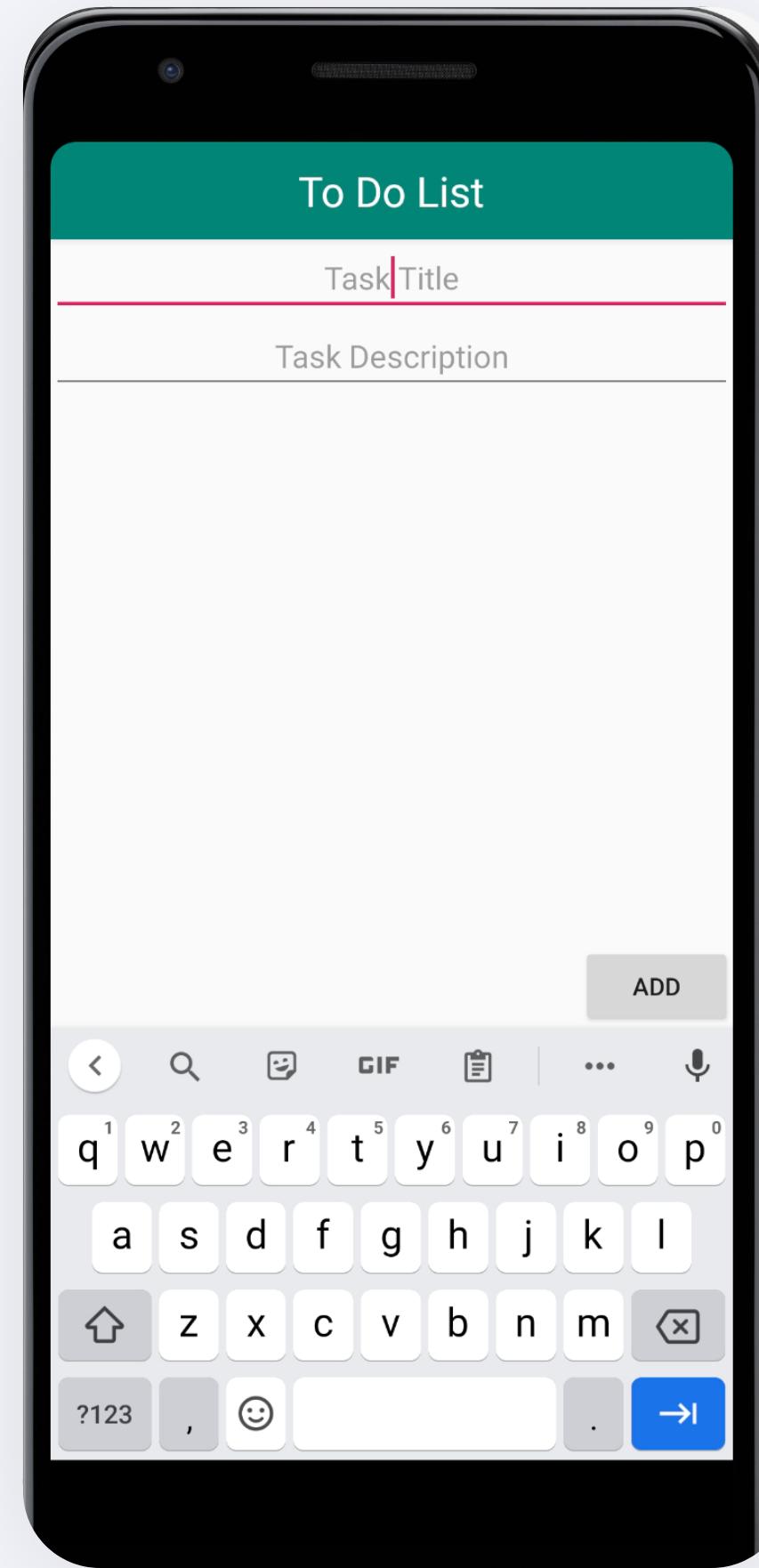
Task Manager basically allows the user to create multiple tasks and track its progress anytime.

Similar to Task Manager, the Time Table feature of *Student Heal* lets you create and follow the health routines for each user accordingly.

See This Feature's Demo here :

[Planner](#)





## **FAST N FITNESS -**

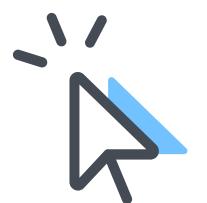
This feature is to ensure you stay fit, healthy and flexible despite of a busy schedule.

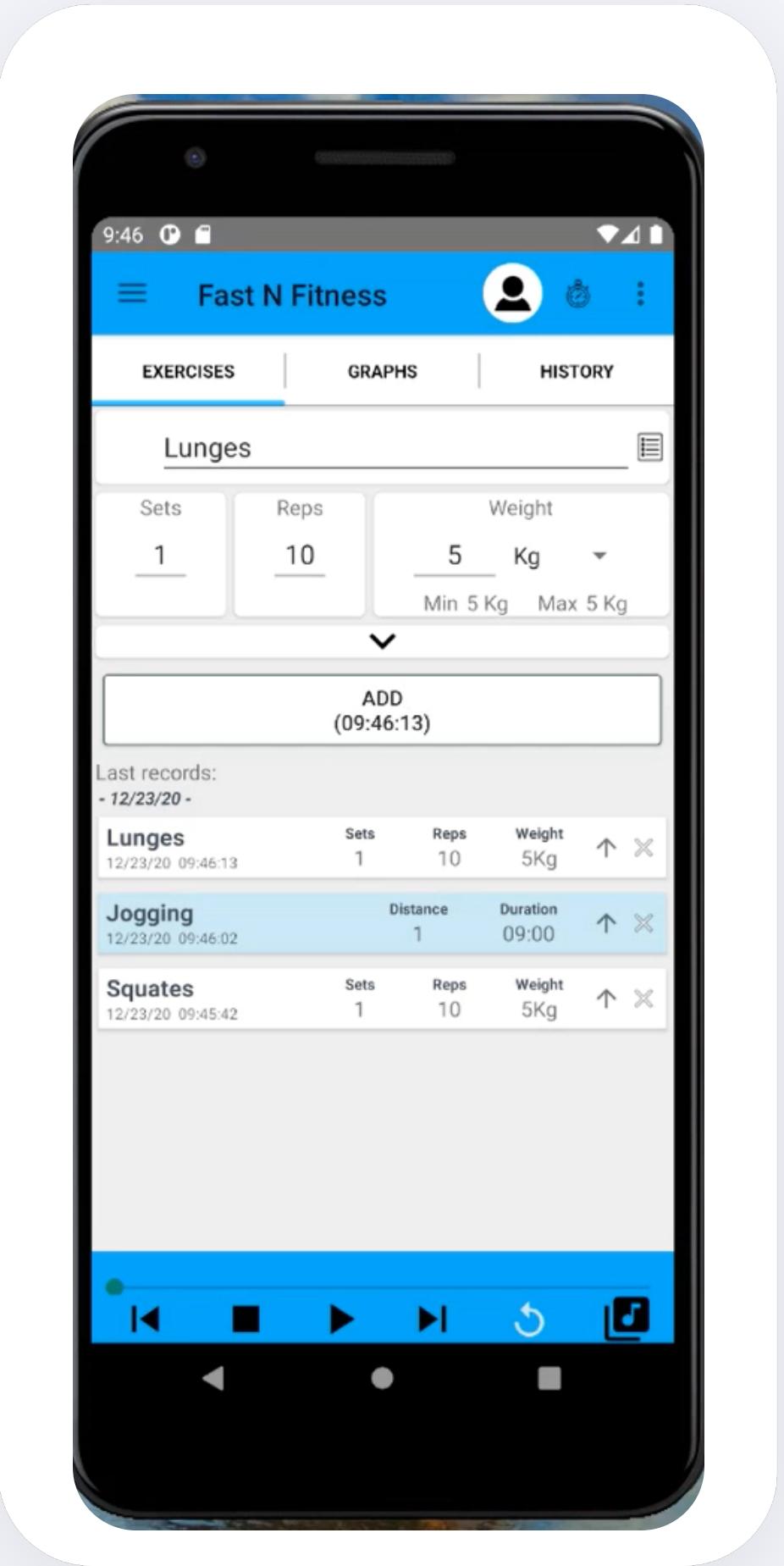
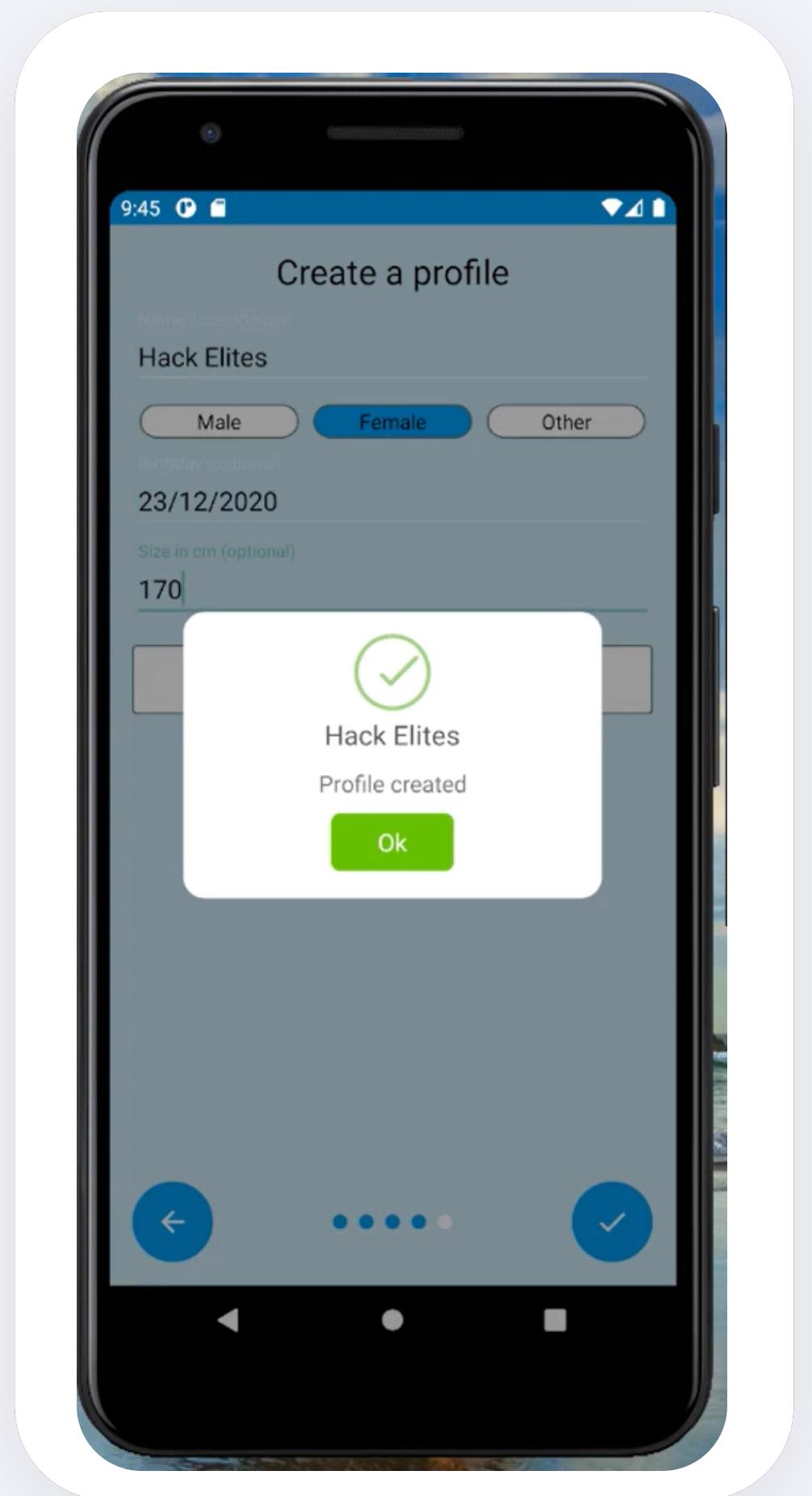
Add the repetitions and exercises of your choices whether it be a cardio routine or a session of weights edit, customize them to fit to your available time slots. Also track improvements on graphs.

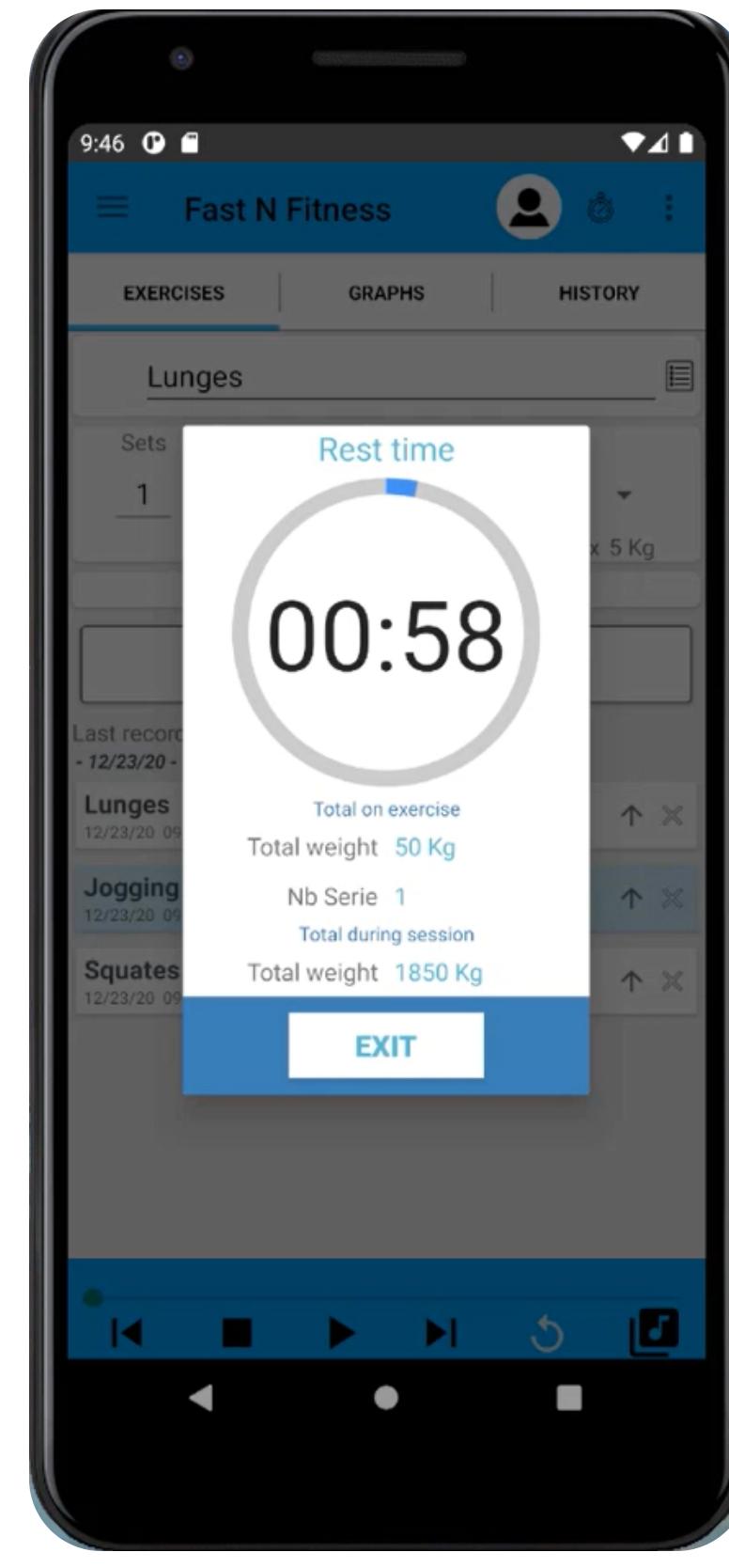
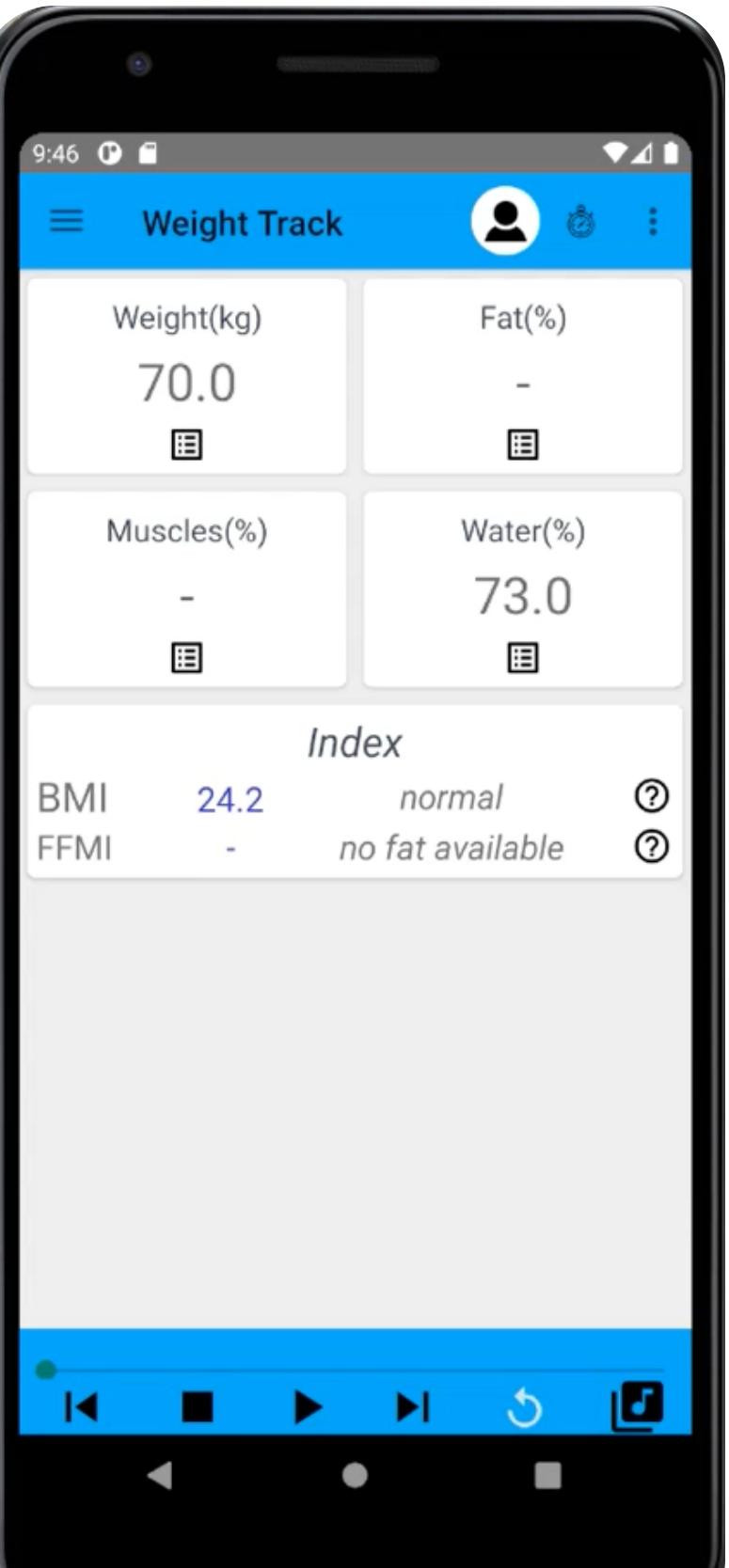
Also keep track of your body mass index by entering weight and height and keep it in check. This feature also allows you to document other bodily parameters like water content, size of body muscles etc..

See This Feature's Demo here :

[FastnFitness](#)







## DE-STRESSIFY-

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This feature helps you to de-stress or unwind yourselves in the middle of your busy schedule.

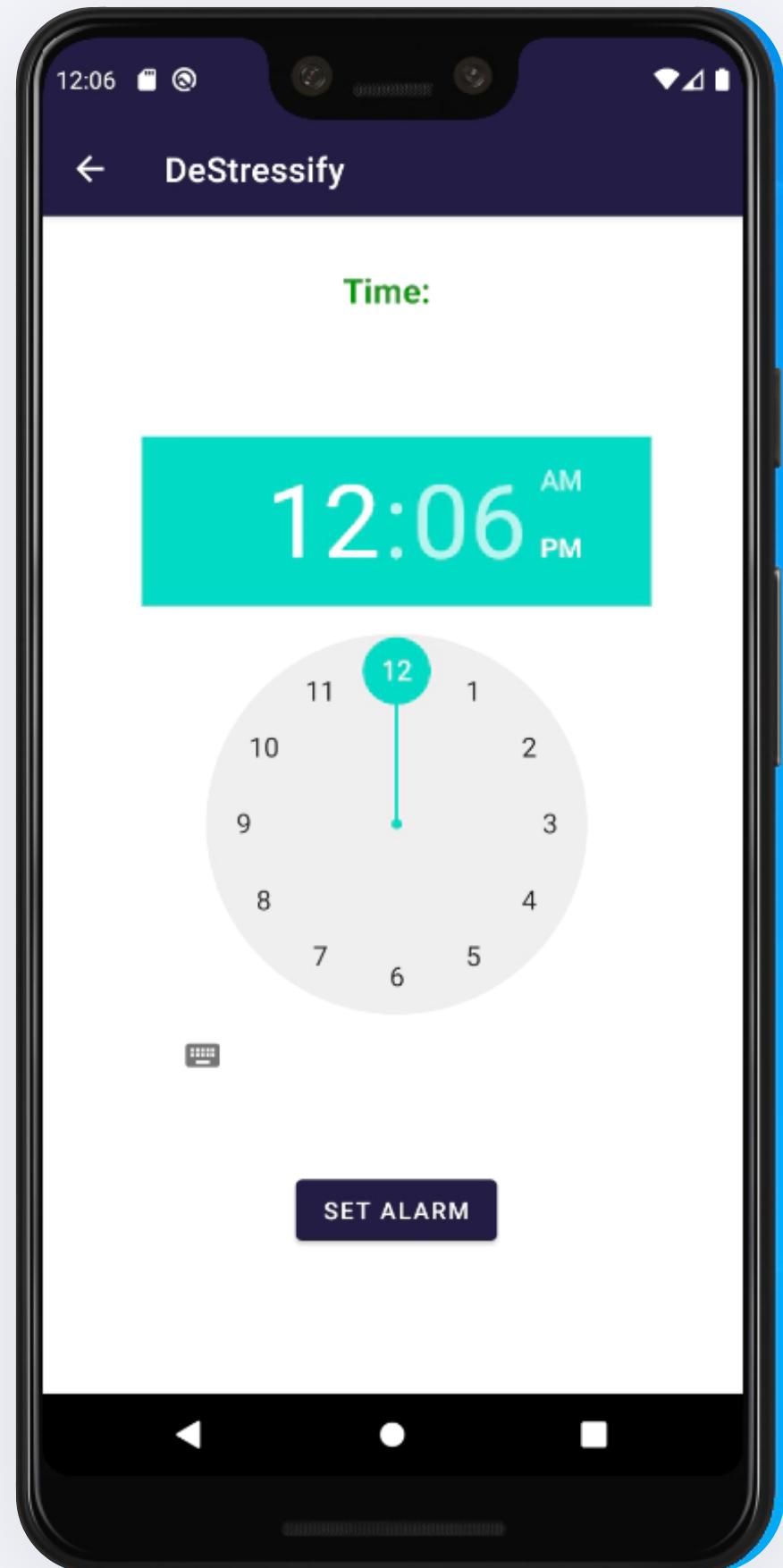
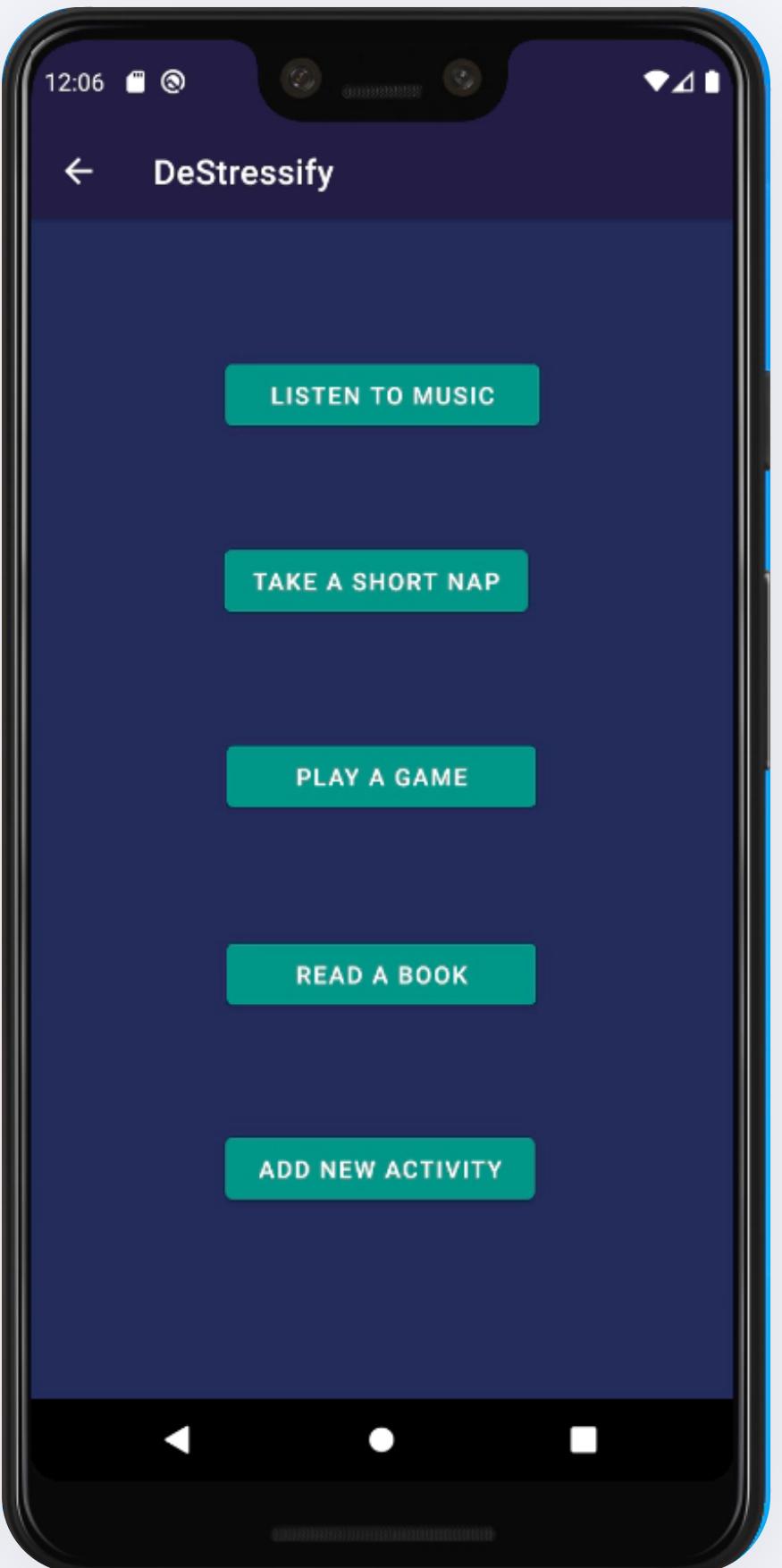
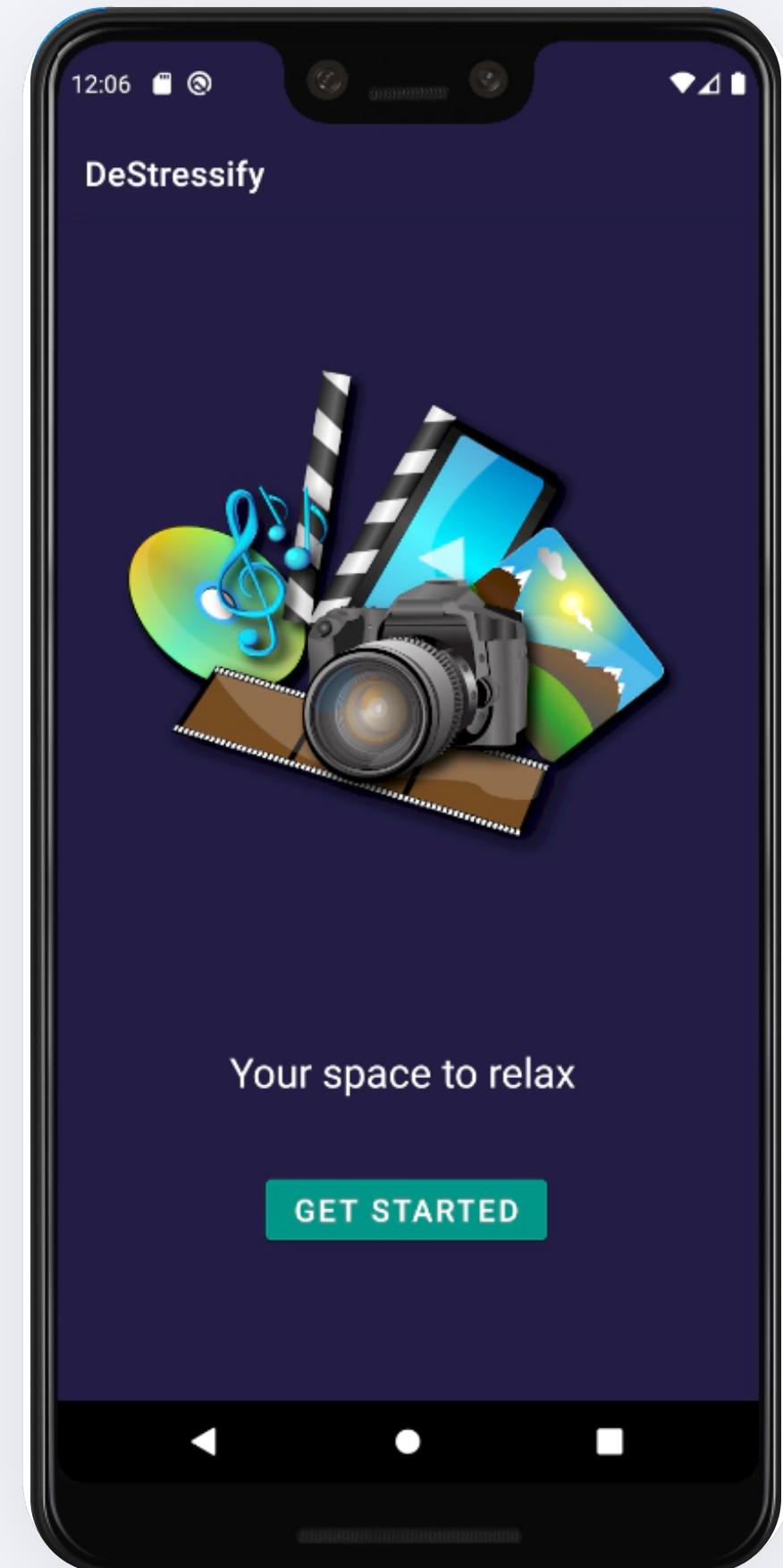
Some of the activities you can engage yourselves in, in order to relax are maybe listen to music, read a book, play a game, take a short nap or any other activity that helps you restore your energy.

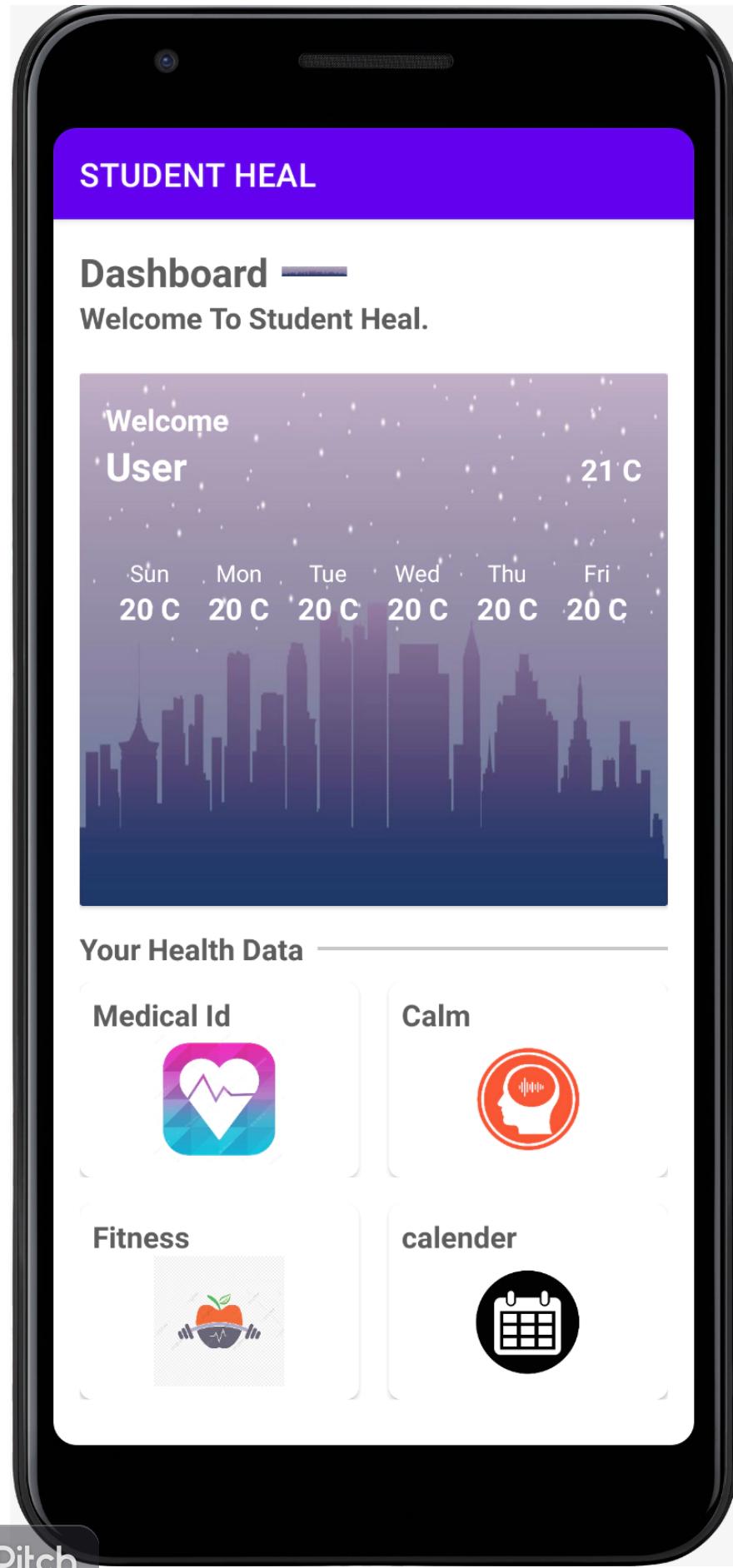
Using this feature you can set an alarm for any activity that you want to try out. This will help you to maintain a balance and manage your time efficiently.

See this feature's demo here:

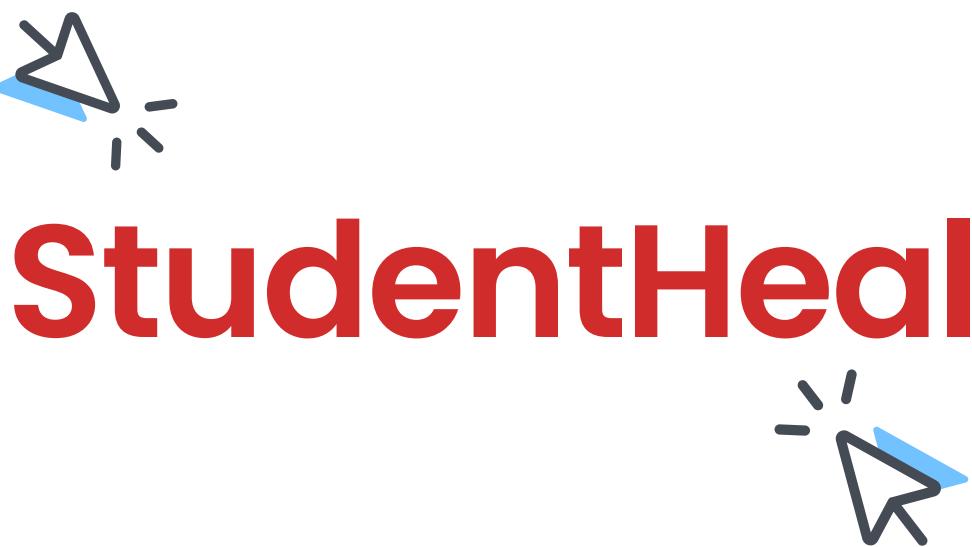
De-Stressify







To run the application's features, checkout:



Download that features apk file to your android device and tap it to see it running

## GO-TO-MARKET STRATEGY

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- **Marketing:** Advertising through most of the sites that engage students such as YouTube, Online Learning Platforms, Query Platforms etc..
- **Revenue:** The basic services we developed as of now could be run for free. In order to enhance features we may have to incorporate more service providers like mentors and content creators.  
To keep up with the running cost we may offer in-app advertising for brands that assists students like Byjus, UpGrad ,Internshala etc..
- **Traction:** We believe to be able to incorporate more services to make student life easier like adding.
  - > online workshops series to follow up with their favorite hobbies.
  - > providing mentors sessions in fields of their choice for one-o-one interaction to clear their queries .



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## GO-TO-MARKET STRATEGY

- **Partnerships:** As the platform is to uplift the student community, We hope to partner with brands that serve to do the same like discount on books and stationary /scholarships on learning platforms/ limited usage facility for online tools for students on unlocking certain levels of calories/progress or even for giving yourself the right amounts of rest .
- **Customers:** Students  
Initially we plan to extend this service to college students as they have expected levels of discretion and school students associated activities would require parental access and permission.



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# Thank you

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