

Visit Summary Report

- **Title**

Consultation for Fatigue, Headaches, and Dizziness

- **Description**

The patient presented with complaints of fatigue, frequent headaches, and occasional dizziness. The onset of symptoms began approximately two weeks ago, starting with mild fatigue and progressing to exhaustion even after adequate sleep. The patient also reported experiencing blurry vision, particularly in the afternoons. There was no reported fever or nausea. The patient acknowledged occasional meal skipping due to work commitments. Patient denied any history of diabetes, but reported low iron levels one year ago.

- **Results**: * Blood Pressure

110/70 mmHg (reported by the patient from a week prior).

- Heart Rate: Not measured during the consultation.

- **Overall Summary**

The doctor suspects either iron deficiency anemia or low blood sugar based on the presented symptoms and patient history. Further investigation through blood tests (CBC and iron panel) is required to confirm the diagnosis. The patient was advised to improve their diet by incorporating iron-rich foods.