

General Physician 248, 19th Main Rd, Sector 4, HSR Layout, Bengaluru, Karnataka

Dr. Shasni S

Consultation Summary

Name: Gowtham Murugesan Consultation Date: 15 Mar 2025

Age: 32 Yrs Consultation Type: Virtual

Gender: Male Consultation ID: 4G0DATF16SGL

Symptoms:

fever ,loosestools since 1 day

Doctor Notes:

Light HOME BASED MEALS AVOID SPICY AND FIRED FOOD ITEMS AVOID ALCHOHOL AND SMOKING DRINK PLENTY OF WATER ORALLY 2-3L/DAY,ORS ,HOME BASED FLUIDS (RICE WATER ,COCONUT WATER AFTER EACH LOOSESTOOLS) REVIEW WITH PHYSICIAN IF SYMPTOMS PERSIST WITH CBC,CRP

Diagnosis:

AGE

Medicines:

Rx #	Medicine Name	Dosage	Frequency	Intake Instructions	Duration
1	C.Racecodotril 100	1 Capsule	2 times a Day - Morning, Night	After Food - can stop once loose stools settle	2 days
2	T.Pantop 40	1 Tablet	1 time a Day - Morning	Before Food	5 days
3	C.Vysilac	1 Capsule	2 times a Day - Morning, Night	After Food	5 days
4	T.Dolo 650	1 Tablet	3 times a Day - Morning, Afternoon, Night	After Food	3 days



Dr. Shasni S MBBS, DNB (Family Medicine)

Registration No.: KRL 2017 0000879KTK