



ARTHROBENTM

MEDICAL FOOD

A safe, effective, medical food for osteoarthritis (OA)

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MEDICAL FOOD

For the dietary management of osteoarthritis and musculoskeletal inflammation related to athletic or other physical activity

sito medica[®]

medical foods by designs for health

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THE FREEDOM TO MOVE.
THE POWER TO HEAL.



ARTHROBEN™: A SAFE, EFFECTIVE, MEDICAL FOOD FOR OSTEOARTHRITIS (OA)

ARTHROBEN™ provides a four-pronged approach for the dietary management of osteoarthritis

1. Reduces inflammation
2. Offers potent antioxidant protection to reduce joint deterioration
3. Increases joint mobility and function
4. Stimulates joint repair—providing nutritional building blocks for cartilage and ligaments

Key Ingredients

Flavocoxid

Flavocoxid is a special blend of flavonoids, which are natural, health-promoting compounds found in plants.

- **Reduces** inflammation associated with arthritis
- **Potent antioxidant activity**—reduces free radicals that damage arthritic joints
- **Proven as effective as the medication naproxin** in managing knee osteoarthritis.¹
- **Virtually no negative side effects**—unlike non-steroidal anti-inflammatory drugs (NSAIDs)
- **Gentle on the GI tract**
 - Little or no effect on prothrombin times (PT) in patients taking warfarin (Coumadin)

Verisol® and Fortigel®

Verisol® and Fortigel® are two patented forms of collagen, the main component of tendons, ligaments and cartilage in joints and intervertebral discs

- Provide **building blocks** for joint repair
- **Stimulate** synthesis of Collagen type I and II, and the renewal of other important components of joints
- Demonstrated **to improve Osteoarthritis** in over 16 human clinical trials

As an extra benefit Verisol® also boosts collagen metabolism of the skin, helping to improve the skin's structure and appearance.

- **Increases** skin hydration
- **Lessens** wrinkle formation
- **Promotes** skin regeneration.

ARTHROBEN™ is a medical food, not a drug

A medical food is an FDA regulated category of products intended for the dietary management of a disease or condition that has distinct nutritional requirements. Unlike drugs, the ingredients in medical foods must be Generally Recognized as Safe (GRAS). Typically, medical foods are not associated with negative side effects that are commonly seen with prescription or over the counter drugs.

The Problem with Most Arthritis Drugs

The most commonly prescribed arthritis medications are non-steroidal anti-inflammatory drugs (NSAIDs). NSAIDs include a range of medications such as over the counter aspirin, ibuprofen and prescription drugs such as naproxen and celecoxib. While these medications are effective for reduction of pain and inflammation, they are associated with a variety of serious side effects.

Side effects of non-steroidal anti-inflammatory drugs:

- GI complaints such as nausea, heartburn, indigestion, abdominal pain
- Bleeding ulcer^{6,7}
 - The risk of upper GI bleeding is 3 to 4 times higher in people taking NSAIDs than those not.
- Kidney damage that may persist even after drug withdrawal in some cases^{8,9}
- Cardiovascular events (heart attack, stroke, etc.)^{10,11}
- Congestive heart failure
 - NSAIDs were responsible for approximately 19% of hospital admissions with CHF¹²
- Hospitalization:
 - Approximately 107,000 patients are hospitalized annually for NSAID-related GI complications¹³

ARTHROBEN™ is not a drug and is virtually free of negative side effects.

Ask your practitioner about ARTHROBEN™, a medical food for osteoarthritis.

Find out how ARTHROBEN™ can help you find the freedom to move and the power to heal www.designsforhealth.com/sitomedica

Available only through licensed healthcare practitioners.