



# Integrative Cancer Care:

## Optimizing the Biological Terrain and Supporting Healthy Function

Nalini Chilkov, LAc, OMD

### Objectives

Cancer is a metabolic process that develops within a complex biological environment. We will review the unique differences between healthy cells and cancer cells.

Strategies will be provided for modulating immune function, supporting overall health and managing the bioterrain to prevent the development, growth and spread of cancer cells with the targeted use of nutritional and botanical therapies.

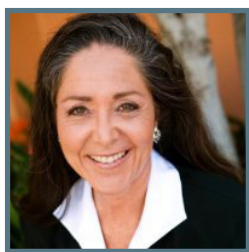
Examples of an integrative multidisciplinary team approach will be presented to demonstrate that the inclusion of a functional medicine plan, in collaboration and coordination with conventional oncology treatment during all stages of cancer care, may protect and support normal healthy function and enhance quality of life for cancer patients and cancer survivors.

### Continuing Education Credits

Approval will be sought for 4 hours of continuing education (CEU) credits for chiropractic and naturopathic physicians in surrounding states. Acupuncturist credits will be sought through NCCAOM and CA state board. Nutritionist credits sought through NANP.

### Overall Learning Objectives

- Define integrative cancer care
- Describe models of collaborative integrative cancer care teams
- Understand the role of functional medicine and Chinese medicine clinicians as part of an integrative cancer care team
- Demonstrate a basic understanding of the hallmarks of cancer and the unique differences between cancer cells and normal cells
- Demonstrate understanding of primary fundamental functional changes that occur in the bioterrain and factors that influence promotion of an environment in which cancer may develop, grow and progress
- Demonstrate knowledge of the influence of nutraceuticals, botanicals, acupuncture, and dietary and lifestyle factors on the cancer bioterrain and normal healthy function
- Demonstrate understanding of drug-herb and drug-nutrient interactions and contraindications as a member of a collaborative cancer care team
- Understand how to develop a treatment plan to support normal functions relevant to the cancer bioterrain using functional and Chinese medicine and including the appropriate use of acupuncture, nutraceuticals, and botanicals, as well as dietary, lifestyle and behavioral interventions



Dr. Nalini Chilkov, LAc, OMD is a leading authority and pioneer in the field of integrative cancer care, cancer prevention and immune enhancement. She is the Founder of IntegrativeCancerAnswers.com where she offers online programs and resources that empower and transform. Dr. Chilkov brings over 30 years of clinical experience, combining the best of modern functional medicine with the ancient wisdom of traditional Oriental and natural healing. She is a highly respected expert in her field, a frequent speaker at conferences and educational institutions, and a trusted resource to the media.

Dr. Chilkov is a regular contributor to the Healthy Living section of the Huffington Post. She has been featured as a cancer expert on NBC TV *Access Hollywood* and Veria TV *Where On Earth* television series. She has also been recognized as one of the top 10 Online Influencers for Breast Cancer by sharecare.com created by Dr. Mehmet Oz and WebMD.

Dr. Chilkov is a member of the Scientific Advisory Board of Mederi Foundation and the Advisory Board of Fran Drescher's Cancer Schmancer Foundation. She is the Founder of Pure Body Systems and the Amrita Institute for Integrative Cancer Research and Education.

Dr. Chilkov is listed as a go-to expert in the book *KnockOut: Interviews with Doctors Who Are Curing Cancer and How to Prevent Getting It In The First Place*. She has lectured at the School of Medicine at UCLA and UC Irvine in California as well as at many schools of traditional Oriental and naturopathic medicine over her long career. She is a seasoned clinician and an innovator, building bridges between modern and traditional healing paradigms, and partnering with physicians to provide the best outcomes for patients. She is a respected expert in collaborative integrative cancer care, known for her meticulous attention to detail and individualized treatment plans as well as her warmth and compassion.

## Times

All seminars are on Saturdays from 1:00pm - 5:00pm  
Hors d'oeuvres and cocktails to follow

## Locations/Dates

<b>SAN FRANCISCO, CA</b>	<b>MARCH 1, 2014</b>
THE WESTIN SAN FRANCISCO AIRPORT 1 Old Bayshore Highway, Millbrae, CA 94030 650-692-3500	
<b>DALLAS, TX</b>	<b>MARCH 22, 2014</b>
*DALLAS MARRIOTT LAS COLINAS 223 West Las Colinas Boulevard, Irving, TX 75039 972-831-0000	
<b>NEW YORK, NY</b>	<b>APRIL 5, 2014</b>
MILLENNIUM BROADWAY HOTEL NEW YORK 145 West 44th Street, New York, NY 10036 212-768-4400	
<b>ORLANDO, FL</b>	<b>APRIL 12, 2014</b>
*COURTYARD ORLANDO LAKE BUENA VISTA IN THE MARRIOTT VILLAGE 8623 Vineland Avenue, Orlando, FL 32821 407-938-9001	
<b>PHOENIX, AZ</b>	<b>APRIL 26, 2014</b>
POINTE HILTON TAPATIO CLIFFS RESORT 11111 North 7th Street, Phoenix, AZ 85020 602-866-7500	

<b>LOS ANGELES, CA</b>	<b>MAY 17, 2014</b>
*LOS ANGELES AIRPORT MARRIOTT 5855 West Century Boulevard, Los Angeles, CA 90045 310-641-5700	
<b>SEATTLE, WA</b>	<b>JUNE 7, 2014</b>
*DOUBLETREE SUITES BY HILTON HOTEL SEATTLE AIRPORT - SOUTHCENTER 16500 Southcenter Parkway, Seattle, WA 98188 206-575-8220	
<b>CHICAGO, IL</b>	<b>OCTOBER 18, 2014</b>
*CHICAGO MARRIOTT O'HARE 8535 West Higgins Road, Chicago, IL 60631 773-693-4444	
<b>SAN DIEGO, CA</b>	<b>OCTOBER 25, 2014</b>
THE WESTIN SAN DIEGO 400 West Broadway, San Diego, CA 92101 619-239-4500	

\*This hotel has a courtesy room block under Designs for Health

## Seminar Cost

Early registration price: **\$89**

Discounted price available until one month before scheduled seminar date

Regular price: **\$129**

**\$50 product credit to those who attend!**

**Please sign in at door to receive credit.**

## Registration

Choose from the following:

- Online: [designsforhealth.com/Integrative-Cancer-Care](http://designsforhealth.com/Integrative-Cancer-Care)
- Call Customer Service: 800-FOR-HEALTH (367-4325)
- Fax in registration: 206-339-5233
- Mail in registration to:  
Designs for Health  
980 South St.  
Suffield, CT 06078  
Attn: Events Department



Date(s) you would like to attend: \_\_\_\_\_

Name: \_\_\_\_\_

Degree: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Credit Card (visa/mc/amex) #: \_\_\_\_\_

Exp.: \_\_\_\_\_ / \_\_\_\_\_

Name on card: \_\_\_\_\_

Signature: \_\_\_\_\_