

<b>Event 1 70m Hurdles (68.5)</b>	<b>Heat 1</b>	<b>Guide Start Time : 12:30</b>	
	1 60	Scott-Harden (F13), Maisie	Marlborough AC
	2 8	Rahim (F13), Nura	Yate & District AC
	3 131	Reeves (F13), Lucy	Yate & District AC
	4 219	Brannigan (F13), Poppy	Swansea Harriers
	5 188	House (F13), Abigail	North Somerset AC
	6 83	Wilson (F13), Martha	Bath University
	7 44	Broomham (F13), Arabella	Marlborough AC
<b>Event 2 75m Hurdles (76.2)</b>	<b>Heat 1</b>	<b>Guide Start Time : 12:38</b>	
	1 203	Watts (F15), Bella	Cheltenham Harriers
	2 171	Harvey (F15), Isla	Cheltenham & County Harriers
	3 52	Oviatt (F15), Darcey	Yate & District AC
	6 39	Papuca (M13), Max	Yate & District AC
	7 21	Jones (M13), Jayden	Rhymney Valley
	8 154	Guzman (M13), Sebastian	Yate & District AC
<b>Event 2 75m Hurdles (76.2)</b>	<b>Heat 2</b>	<b>Guide Start Time : 12:45</b>	
	2 40	Powell (F15), Olivia	Yate & District AC
	3 31	Proctor (F15), Immy	Team Bath
	4 94	Coote (F15), Madison	Cardiff AAC
	5 179	Coote (F15), Olivia	Cardiff AAC
	6 16	Lambourne (F15), Cora	Bristol & West AC
	7 204	Harding (F15), Lottie	Swindon Harriers
<b>Event 3 80m Hurdles (76.2)</b>	<b>Heat 1</b>	<b>Guide Start Time : 12:52</b>	
	2 213	Young (F17), Harriet	Neath Harriers
	3 133	Redmond (F17), Celeste	Yate & District AC
	4 22	Tarzey (F17), Kezia	Bristol & West AC
	5 214	Placide (F17), Ava Lexi	Cardiff AAC
	6 12	Joynes (F17), Rosie	Yeovil Olympiads
<b>Event 4 80m Hurdles (84.0)</b>	<b>Heat 1</b>	<b>Guide Start Time : 13:00</b>	
	2 150	Fortnam (M15), Sam	Gloucester AC
	3 57	Scherer-Cowell (M15), Harry	Yate & District AC
	4 221	Tunstall (M60), Neil	Cornwall AC
	5 183	Belgrave (M15), Lewis	Swindon Harriers
	6 192	Watson (M15), Ted	Newport Harriers
<b>Event 5 100m Hurdles (84.0)</b>	<b>Heat 1</b>	<b>Guide Start Time : 13:10</b>	
	1 174	Mackintosh (F34), Katie	Team Bath
	2 209	Griffith (F23), Christina	Newport Harriers
	3 196	Grant (F20), Menna	Cardiff Archers
	4 162	Evans (F34), Lauren	Cardiff AAC
	5 186	Morgan (F34), Grace	Cardiff Archers
	6 165	Dawson (F23), Naomi	Yate & District AC
	7 182	Belgrave (F20), Laila-jae	Swindon Harriers
	8 199	Karekla (F34), Stefani	Swansea Harriers

<b>Event 6 100m Hurdles (91.4)</b>	<b>Heat 1</b>	<b>Guide Start Time : 13:17</b>	
	3 218	Lindsay (M17), Adam	Newport Harriers
	4 45	Webb (M17), Daniel	Bristol & West AC
	5 15	Gutteridge (M17), Freddie	Marlborough AC
	6 50	Mcgeoch (M17), Jack	Marlborough AC
<b>Event 7 110m Hurdles</b>	<b>Heat 1</b>	<b>Guide Start Time : 13:25</b>	
	3 195	Grant (M20), Iolo	Cardiff Archers
	6 128	Bowden (M23), Augustine	Winchester & District AC
<b>Event 9 300 Metres</b>	<b>Heat 1</b>	<b>Guide Start Time : 13:40</b>	
	1 154	Guzman (M13), Sebastian	Yate & District AC
	2 198	Schultz (F15), Tara	Cheltenham Harriers
	3 208	Jeffries (F65), Louise	Team Bath
	4 168	Bailey (M20), Joseph	Team Bath
	5 27	King (F13), Edith	Marlborough AC
	6 203	Watts (F15), Bella	Cheltenham Harriers
	7 194	Titman (F17), Sophie	Bristol & West AC
<b>Event 9 300 Metres</b>	<b>Heat 2</b>	<b>Guide Start Time : 13:45</b>	
	1 74	Riley-Elder (F15), Betty	Team Bath
	2 206	Hopton (M34), Matthew	Neath Harriers
	3 191	McKay (F17), Connie	Bristol & West AC
	4 79	Phelps (F15), Sophie	Team Bath
	5 147	Stoneman (M15), Jackson	Stroud & District AC
	6 188	House (F13), Abigail	North Somerset AC
	7 81	Bennett (F13), Beatrix	Yate & District AC
	8 131	Reeves (F13), Lucy	Yate & District AC
<b>Event 9 300 Metres</b>	<b>Heat 3</b>	<b>Guide Start Time : 13:50</b>	
	1 201	Knight-Lebel (F17), Emma	Bristol & West AC
	2 167	Benn (F17), Melody	Gloucester AC
	3 173	Killourhey (F17), Lilia	Yate & District AC
	4 129	Osborne (M15), Rory	Team Bath
	5 35	Southard (F17), Laila	Bristol & West AC
	6 171	Harvey (F15), Isla	Cheltenham & County Harriers
	7 130	Hathway (F15), Joselyn	Stroud & District AC
	8 23	Cullimore-Davies (F13), Zoe	Yate & District AC
<b>Event 9 300 Metres</b>	<b>Heat 4</b>	<b>Guide Start Time : 13:55</b>	
	1 220	Jones (F17), Imogen	Birchfield Harriers
	2 184	Le Page (M17), Jude	Team Bath
	3 163	Tugwell (M20), Aron	Cardiff Archers
	4 187	Cory (M34), Isaac	Yate & District AC
	5 148	Wilson (M23), Ed	Yate & District AC
	6 170	Onyewu (M34), Eli	Swansea Harriers
	7 67	Blewitt (F17), Gertie	Team Bath
	8 189	Lancett (M20), Max	Cheltenham Harriers

<b>Event 10 400 Metres</b>	<b>Heat 1</b>	<b>Guide Start Time : 14:10</b>	
	1 64	Austin (M17), Finnley	Neath Harriers
	2 84	Walsh (F17), Elsa	Yate & District AC
	3 80	Gamble (F15), Lucy	Team Bath
	4 25	Davis (M17), Sidney	Yate & District AC
	5 160	Huckett (F17), Laila	Yate & District AC
	6 190	Paton (M17), Archie	Bristol & West AC
	7 127	Muccilli (F15), Matilda	Team Bath
<b>Event 10 400 Metres</b>	<b>Heat 2</b>	<b>Guide Start Time : 14:15</b>	
	1 161	Huckett (M15), Rory	Yate & District AC
	2 100	Brown (M20/T20), Rory	Yate & District AC
	3 143	Cossins (F17), Millie	Stroud & District AC
	4 156	Flavell (M34), Dominic	Team Bath
	5 145	McFadden (F20), Freya	Stroud & District AC
	6 95	Coote (F40), Sarah	Cardiff AAC
	7 30	Hart (F23), Amelia	Guernsey AC
	8 24	Davis (M45), Andrew	Yate & District AC
<b>Event 10 400 Metres</b>	<b>Heat 3</b>	<b>Guide Start Time : 14:20</b>	
	1 65	Morant (M45), Martyn	Team Bath
	2 180	Freeman (F20), Ava	Birchfield Harriers
	3 159	Robbins (F34), Katie	Yate & District AC
	4 139	McIntosh (F20), Eleanor	Bristol & West AC
	5 197	Southgate (M17), Tom	Team Bath
	6 125	Willetts (M20), William	Team Bath
	7 189	Lancett (M20), Max	Cheltenham Harriers
	8 15	Gutteridge (M17), Freddie	Marlborough AC
<b>Event 10 400 Metres</b>	<b>Heat 4</b>	<b>Guide Start Time : 14:25</b>	
	1 18	Edwards (M34), James	Yate & District AC
	2 48	Boon (M17), Owen	Yate & District AC
	3 124	Carroll (M20), Rylan-Shay	Neath Harriers
	4 178	Roberts (M23), Dafydd	Swansea Harriers
	5 163	Tugwell (M20), Aron	Cardiff Archers
	6 93	Mamvura (M23), Mandipa-ishe	Team Bath
	7 88	Upton (M20), Oliver	Team Bath
	8 63	Fields (M35), Alex	Bristol & West AC
<b>Event 11 75 Metres</b>	<b>Heat 1</b>	<b>Guide Start Time : 14:35</b>	
	1 146	Hieron (M13), Archie	Yate & District AC
	2 205	Robertson (F13), Erin	Yate & District AC
	3 96	Grant (M13), Eli	Yate & District AC
	4 212	Presence (M13), Reuben	Yate & District AC
	5 21	Jones (M13), Jayden	Rhymney Valley
	6 83	Wilson (F13), Martha	Bath University
	7 177	Nicholls (F13), Esme	Yate & District AC

<b>Event 11 75 Metres</b>	<b>Heat 2</b>	<b>Guide Start Time : 14:40</b>	
	1 193	Day (F13), Lois	Yate & District AC
	2 28	King (F13), Cordelia	Marlborough AC
	3 126	Boulton (M13), Ewan	Unattached
	4 23	Cullimore-Davies (F13), Zoe	Yate & District AC
	5 200	Humphries (F13), Evalyn	Yate & District AC
	6 219	Brannigan (F13), Poppy	Swansea Harriers
	7 215	Stopa (F13), Nelly	Team Bath
	8 8	Rahim (F13), Nura	Yate & District AC
<b>Event 11 75 Metres</b>	<b>Heat 3</b>	<b>Guide Start Time : 14:44</b>	
	1 41	Powell (M13), Charles	Unattached
	2 207	Rowan (M13), Oscar	North Somerset AC
	3 39	Papuca (M13), Max	Yate & District AC
	4 137	Jones (F13), Olivia	Stroud & District AC
	5 216	Smith (F13), Martha	Bath University
	6 81	Bennett (F13), Beatrix	Yate & District AC
	7 217	Brace (M13), Riley	North Somerset AC
	8 98	Richards (M13), Lewis	Yate & District AC
<b>Event 12 100 Metres Para</b>	<b>Heat 1</b>	<b>Guide Start Time : 14:50</b>	
	1 210	Spry (M17/T36), Harry	Yate & District AC
	2 75	Callow (M34/T72), Chris	Yate & District AC
	3 11	Richardson (M17/T54), Toby	Yate & District AC
	4 100	Brown (M20/T20), Rory	Yate & District AC
	5 202	Bishop (M23/T35), Will	Cardiff Met Uni
	6 77	Moran (M15/T64), Alexander	Gloucester AC
	7 144	Hewitt (F35/T71), Eleanor	Yate & District AC
	8 13	Conway (F15/T35), Eloise	Yate & District AC
<b>Event 13 100 Metres</b>	<b>Heat 1</b>	<b>Guide Start Time : 14:55</b>	
	2 44	Broomham (F13), Arabella	Marlborough AC
	3 138	Atkins (F17), Rebekah	Team Bath
	4 52	Oviatt (F15), Darcey	Yate & District AC
	5 42	Monks (M17), Oskar	Marlborough AC
	6 152	Thompson (F15), Beatrice	Marlborough AC
	7 154	Guzman (M13), Sebastian	Yate & District AC
<b>Event 13 100 Metres</b>	<b>Heat 2</b>	<b>Guide Start Time : 15:00</b>	
	2 27	King (F13), Edith	Marlborough AC
	3 136	Burke (F17), Sophie	Yate & District AC
	4 127	Muccilli (F15), Matilda	Team Bath
	5 122	Clack (M15), Samuel	Team Bath
	6 60	Scott-Harden (F13), Maisie	Marlborough AC
	7 10	Pearce (M13), David	Bristol & West AC

<b>Event 13 100 Metres</b>	<b>Heat 3</b>	<b>Guide Start Time : 15:04</b>	
	2	57	Scherer-Cowell (M15), Harry Yate & District AC
	3	17	Grove (F15), Charlotte Yate & District AC
	4	79	Phelps (F15), Sophie Team Bath
	5	158	Marr (F13), Isabella North Somerset AC
	6	172	Mogan (M17), Max Marlborough AC
	7	68	Lydon (M20), James Team Bath
<b>Event 13 100 Metres</b>	<b>Heat 4</b>	<b>Guide Start Time : 15:09</b>	
	1	141	Amos (M65), Chris South West Vets AC
	2	71	Sands (F15), Olivia Marlborough AC
	3	40	Powell (F15), Olivia Yate & District AC
	4	38	Blackmore (F15), Erin Gloucester AC
	5	51	Weiss (M15), Isaac Team Bath
	6	74	Riley-Elder (F15), Betty Team Bath
	7	150	Fortnam (M15), Sam Gloucester AC
<b>Event 13 100 Metres</b>	<b>Heat 5</b>	<b>Guide Start Time : 15:14</b>	
	1	62	Connorton (F17), Madelaine Marlborough AC
	2	82	Marshall (M60), James Bristol & West AC
	3	29	Allison (F15), Sophie Team Bath
	4	9	Pearce (F15), Hannah Bristol & West AC
	5	164	Moore-Bethel (F17), Sophie Marlborough AC
	6	94	Coote (F15), Madison Cardiff AAC
	7	204	Harding (F15), Lottie Swindon Harriers
	8	3	Ramsey (F15), Lauren Yate & District AC
<b>Event 13 100 Metres</b>	<b>Heat 6</b>	<b>Guide Start Time : 15:18</b>	
	1	16	Lambourne (F15), Cora Bristol & West AC
	2	59	Aitchison (F17), Layla Neath Harriers
	3	90	lwhiwhu (M15), Edwin Yate & District AC
	4	19	Bell (F17), Charlotte Stroud & District AC
	5	132	Pavey (F17), Emma Bath University
	6	5	Richards (F17), Summer Yate & District AC
	7	166	Stanley (F20), Olivia Yate & District AC
	8	70	Matthews (F15), Amy Team Bath
<b>Event 13 100 Metres</b>	<b>Heat 7</b>	<b>Guide Start Time : 15:23</b>	
	1	165	Dawson (F23), Naomi Yate & District AC
	2	36	Goodger (F23), Cordelia Newport Harriers
	3	49	Drennen (F20), Ruby-Mae Yate & District AC
	4	58	Aitchison (F20), Evie Neath Harriers
	5	69	Hibbert (F20), Tamar Marlborough AC
	6	37	Patterson (F15), Evie Marlborough AC
	7	4	Richards (F20), Jasmine Yate & District AC
	8	66	James (M60), Adrian Kidderminster and Stourport AC

<b>Event 13 100 Metres</b>	<b>Heat 8</b>	<b>Guide Start Time : 15:27</b>	
	1	140 Johnson (F20), Sophia	Team Bath
	2	14 Tandy (F17), Amber	Gloucester AC
	3	72 Roberts (F23), Megan	Bath University
	4	56 Weiss (M17), Lucas	Team Bath
	5	92 Sutherland (M15), Joseph	Yate & District AC
	6	43 Herringshaw (F17), Martha	North Somerset AC
	7	22 Tarzey (F17), Kezia	Bristol & West AC
	8	33 Turner (F17), Beth	Team Bath
<b>Event 13 100 Metres</b>	<b>Heat 9</b>	<b>Guide Start Time : 15:32</b>	
	1	53 Woods (F20), Jemima	Team Bath
	2	123 Higginson (F17), Katie	Cardiff AAC
	3	55 Murray (F20), Elana	Cardiff AAC
	4	97 Callan (M23), Michael	Team Bath
	5	151 Rogers (M34), Joseff	Cardiff University
	6	26 Gibbs (F34), Sarah	Newport Harriers
	7	76 Cambridge (F15), Amari	Gloucester AC
	8	45 Webb (M17), Daniel	Bristol & West AC
<b>Event 13 100 Metres</b>	<b>Heat 10</b>	<b>Guide Start Time : 15:36</b>	
	1	20 Treglown (F23), Kirsty	Yate & District AC
	2	2 Ramsey (M20), Jack	Yate & District AC
	3	222 Hollier (M17), Freddie	Yate & District AC
	4	89 lwhiwhu (M17), Excel	Yate & District AC
	5	91 Reyes (M17), Eddie	Team Bath
	6	34 Kilgour (M20), Ben	Yate & District AC
	7	78 Johnson (M20), Kofi	Marlborough AC
	8	176 Carle (M17), Thomas	Bath University
<b>Event 13 100 Metres</b>	<b>Heat 11</b>	<b>Guide Start Time : 15:41</b>	
	1	99 Jarvis (M17), Oliver	Yate & District AC
	2	61 Wigginton (M20), Zack	Yate & District AC
	3	87 Semple (M20), Jamie	Team Bath
	4	223 Chinaka (M40), Samson	Newport Harriers
	5	50 Mcgeoch (M17), Jack	Marlborough AC
	6	155 Shetty (M17), Akash	Newport Harriers
	7	47 Gurtubay (M17), Noah	Yate & District AC
	8	157 Mhlanga (M20), Sibusiso	Bristol & West AC
<b>Event 13 100 Metres</b>	<b>Heat 12</b>	<b>Guide Start Time : 15:45</b>	
	1	54 Muhumuza (M34), Kenneth	Team Bath
	2	142 Ritson (M20), Mack	Yate & District AC
	3	149 Brady (M23), Ryan	Bristol & West AC
	4	7 Avis (M20), Ashley	Team Bath
	5	153 Roynon (M17), Finnley	Cwmbran Harriers
	6	134 Williams (M34), Evan	Wrexham AC
	7	1 Brudney (M34), Sam	Yate & District AC
	8	93 Mamvura (M23), Mandipa-ishe	Team Bath

**Officials Break 20 minutes**

Event 14 150 Metres		Heat 1	Guide Start Time : 16:10	
	1	126	Boulton (M13), Ewan	Unattached
	2	177	Nicholls (F13), Esme	Yate & District AC
	3	21	Jones (M13), Jayden	Rhymney Valley
	4	83	Wilson (F13), Martha	Bath University
	5	39	Papuca (M13), Max	Yate & District AC
	6	96	Grant (M13), Eli	Yate & District AC
	7	146	Hieron (M13), Archie	Yate & District AC
Event 14 150 Metres		Heat 2	Guide Start Time : 16:15	
	1	205	Robertson (F13), Erin	Yate & District AC
	2	215	Stopa (F13), Nelly	Team Bath
	3	200	Humphries (F13), Evalyn	Yate & District AC
	4	98	Richards (M13), Lewis	Yate & District AC
	5	32	Proctor (F13), Beth	Team Bath
	6	219	Brannigan (F13), Poppy	Swansea Harriers
	7	193	Day (F13), Lois	Yate & District AC
	8	212	Presence (M13), Reuben	Yate & District AC
Event 14 150 Metres		Heat 3	Guide Start Time : 16:20	
	1	41	Powell (M13), Charles	Unattached
	2	217	Brace (M13), Riley	North Somerset AC
	3	188	House (F13), Abigail	North Somerset AC
	4	81	Bennett (F13), Beatrix	Yate & District AC
	5	216	Smith (F13), Martha	Bath University
	6	137	Jones (F13), Olivia	Stroud & District AC
	7	207	Rowan (M13), Oscar	North Somerset AC
	8	23	Cullimore-Davies (F13), Zoe	Yate & District AC
Event 15 200 Metres Para		Heat 1	Guide Start Time : 16:25	
	2	144	Hewitt (F35/T71), Eleanor	Yate & District AC
	3	75	Callow (M34/T72), Chris	Yate & District AC
	4	202	Bishop (M23/T35), Will	Cardiff Met Uni
	5	11	Richardson (M17/T54), Toby	Yate & District AC
	6	77	Moran (M15/T64), Alexander	Gloucester AC
	7	13	Conway (F15/T35), Eloise	Yate & District AC
Event 16 200 Metres		Heat 1	Guide Start Time : 16:30	
	2	127	Muccilli (F15), Matilda	Team Bath
	3	138	Atkins (F17), Rebekah	Team Bath
	4	78	Johnson (M20), Kofi	Marlborough AC
	5	57	Scherer-Cowell (M15), Harry	Yate & District AC
	6	152	Thompson (F15), Beatrice	Marlborough AC
	7	136	Burke (F17), Sophie	Yate & District AC

<b>Event 16 200 Metres</b>	<b>Heat 2</b>	<b>Guide Start Time : 16:35</b>	
	1 51	Weiss (M15), Isaac	Team Bath
	2 17	Grove (F15), Charlotte	Yate & District AC
	3 79	Phelps (F15), Sophie	Team Bath
	4 84	Walsh (F17), Elsa	Yate & District AC
	5 12	Joynes (F17), Rosie	Yeovil Olympiads
	6 3	Ramsey (F15), Lauren	Yate & District AC
	7 160	Huckett (F17), Laila	Yate & District AC
	8 42	Monks (M17), Oskar	Marlborough AC
<b>Event 16 200 Metres</b>	<b>Heat 3</b>	<b>Guide Start Time : 16:40</b>	
	1 166	Stanley (F20), Olivia	Yate & District AC
	2 141	Amos (M65), Chris	South West Vets AC
	3 16	Lambourne (F15), Cora	Bristol & West AC
	4 158	Marr (F13), Isabella	North Somerset AC
	5 62	Connorton (F17), Madelaine	Marlborough AC
	6 82	Marshall (M60), James	Bristol & West AC
	7 161	Huckett (M15), Rory	Yate & District AC
	8 38	Blackmore (F15), Erin	Gloucester AC
<b>Event 16 200 Metres</b>	<b>Heat 4</b>	<b>Guide Start Time : 16:45</b>	
	1 29	Allison (F15), Sophie	Team Bath
	2 70	Matthews (F15), Amy	Team Bath
	3 37	Patterson (F15), Evie	Marlborough AC
	4 133	Redmond (F17), Celeste	Yate & District AC
	5 35	Southard (F17), Laila	Bristol & West AC
	6 5	Richards (F17), Summer	Yate & District AC
	7 185	Ovens (F17), Reef	Team Bath
	8 9	Pearce (F15), Hannah	Bristol & West AC
<b>Event 16 200 Metres</b>	<b>Heat 5</b>	<b>Guide Start Time : 16:50</b>	
	1 49	Drennen (F20), Ruby-Mae	Yate & District AC
	2 140	Johnson (F20), Sophia	Team Bath
	3 4	Richards (F20), Jasmine	Yate & District AC
	4 14	Tandy (F17), Amber	Gloucester AC
	5 30	Hart (F23), Amelia	Guernsey AC
	6 19	Bell (F17), Charlotte	Stroud & District AC
	7 33	Turner (F17), Beth	Team Bath
	8 90	lwhiwhu (M15), Edwin	Yate & District AC
<b>Event 16 200 Metres</b>	<b>Heat 6</b>	<b>Guide Start Time : 16:55</b>	
	1 123	Higginson (F17), Katie	Cardiff AAC
	2 76	Cambridge (F15), Amari	Gloucester AC
	3 139	McIntosh (F20), Eleanor	Bristol & West AC
	4 92	Sutherland (M15), Joseph	Yate & District AC
	5 56	Weiss (M17), Lucas	Team Bath
	6 20	Treglown (F23), Kirsty	Yate & District AC
	7 26	Gibbs (F34), Sarah	Newport Harriers
	8 72	Roberts (F23), Megan	Bath University



<b>Event 16 200 Metres</b>	<b>Heat 7</b>	<b>Guide Start Time : 17:00</b>	
	1 53	Woods (F20), Jemima	Team Bath
	2 151	Rogers (M34), Joseff	Cardiff University
	3 176	Carle (M17), Thomas	Bath University
	4 2	Ramsey (M20), Jack	Yate & District AC
	5 15	Gutteridge (M17), Freddie	Marlborough AC
	6 55	Murray (F20), Elana	Cardiff AAC
	7 186	Morgan (F34), Grace	Cardiff Archers
	8 43	Herringshaw (F17), Martha	North Somerset AC
<b>Event 16 200 Metres</b>	<b>Heat 8</b>	<b>Guide Start Time : 17:05</b>	
	1 34	Kilgour (M20), Ben	Yate & District AC
	2 86	Semple (M20), Will	Team Bath
	3 47	Gurtubay (M17), Noah	Yate & District AC
	4 64	Austin (M17), Finnley	Neath Harriers
	5 97	Callan (M23), Michael	Team Bath
	6 91	Reyes (M17), Eddie	Team Bath
	7 63	Fields (M35), Alex	Bristol & West AC
	8 222	Hollier (M17), Freddie	Yate & District AC
<b>Event 16 200 Metres</b>	<b>Heat 9</b>	<b>Guide Start Time : 17:10</b>	
	1 87	Semple (M20), Jamie	Team Bath
	2 155	Shetty (M17), Akash	Newport Harriers
	3 61	Wigginton (M20), Zack	Yate & District AC
	4 197	Southgate (M17), Tom	Team Bath
	5 124	Carroll (M20), Rylan-Shay	Neath Harriers
	6 89	lwhiwhu (M17), Excel	Yate & District AC
	7 99	Jarvis (M17), Oliver	Yate & District AC
	8 157	Mhlanga (M20), Sibusiso	Bristol & West AC
<b>Event 16 200 Metres</b>	<b>Heat 10</b>	<b>Guide Start Time : 17:15</b>	
	1 50	Mcgeoch (M17), Jack	Marlborough AC
	2 134	Williams (M34), Evan	Wrexham AC
	3 7	Avis (M20), Ashley	Team Bath
	4 153	Roynon (M17), Finnley	Cwmbran Harriers
	5 142	Ritson (M20), Mack	Yate & District AC
	6 54	Muhumuza (M34), Kenneth	Team Bath
	7 223	Chinaka (M40), Samson	Newport Harriers
	8 1	Brudney (M34), Sam	Yate & District AC
<b>Event 17 300m Hurdles (76.2)</b>	<b>Heat 1</b>	<b>Guide Start Time : 17:30</b>	
	1 224	Turton (F17), Poppy	Newport Harriers
	2 129	Osborne (M15), Rory	Team Bath
	3 221	Tunstall (M60), Neil	Cornwall AC
	4 67	Blewitt (F17), Gertie	Team Bath
	5 66	James (M60), Adrian	Kidderminster and Stourport AC
	6 73	White (M65), Richard	Worcester AC
	7 59	Aitchison (F17), Layla	Neath Harriers

Event	18 400m Hurdles (76.2)	Heat 1	Guide Start Time : 17:40		
		1	53	Woods (F20), Jemima	Team Bath
		2	209	Griffith (F23), Christina	Newport Harriers
		3	175	Bates (F34), Mia	Team Bath
		4	6	Brooks (F23), Stephanie	Yate & District AC
		5	174	Mackintosh (F34), Katie	Team Bath
		6	58	Aitchison (F20), Evie	Neath Harriers
		7	46	Harvey (F34), Daisy	Yate & District AC
		8	169	Moyes (F20), Natasha	Yate & District AC

Event	20 400m Hurdles	Heat 1	Guide Start Time : 17:50		
		1	85	Hines (M17), Matthew	Swansea Harriers
		2	211	Game (M17), William	Team Bath
		3	48	Boon (M17), Owen	Yate & District AC
		5	178	Roberts (M23), Dafydd	Swansea Harriers
		6	128	Bowden (M23), Augustine	Winchester & District AC
		7	125	Willetts (M20), William	Team Bath
		8	156	Flavell (M34), Dominic	Team Bath