| Heat 1 Guide Start Time : 12:50 | |
|---------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 118 Stopa (F13), Nelly | Team Bath |
| 198 Kavanagh (F13), Erin | Yate & District AC |
| 132 Hughes (F13), Matilda | North Somerset AC |
| 160 Coote (F13), Madison | Cardiff AAC |
| 159 Coote (F13), Olivia | Cardiff AAC |
| 56 Proctor (F13), Immy | Team Bath |
| 82 Scott-Harden (F13), Maisie | Marlborough AC |
| 139 Rahim (F13), Nura | Yate & District AC |
| | |
| | |
| | 198 Kavanagh (F13), Erin 132 Hughes (F13), Matilda 160 Coote (F13), Madison 159 Coote (F13), Olivia 56 Proctor (F13), Immy 82 Scott-Harden (F13), Maisie |

| Event 2 75m Hurdles (76.2) | Heat 1 | Guide Start Time : 13:00 | |
|----------------------------------------------------------|--------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | 1 53 | B Wright (F15), Anna | Taunton AC |
| | 2 167 | Raper-Thornell (F15), Trudie | Yate & District AC |
| | 3 162 | 2 Thurston (F15), Ella | North Somerset AC |
| | | 3 Young (F15), Harriet | Neath Harriers |
| | | 9 Vecchi (F15), Imogen | Cardiff AAC |
| | | Joynes (F15), Rosie | Yeovil Olympiads |
| | | 6 Powell (M13), Charlie | Yate & District AC |
| | | Howell (M13), Henry | Gloucester AC |
| | 0 | Trowell (Wro), Flering | Cloudedter 710 |
| Event 3 80m Hurdles (76.2) | Heat 1 | Guide Start Time : 13:10 | |
| | | l Gordon (F17), Annabel | Yate & District AC |
| | | 3 Jakubowski (F17), Maya | Team Bath |
| | 3 13 | Rodgers (F17), Nia | Taunton AC |
| | 4 57 | ⁷ Tarzey (F17), Kezia | Bristol & West AC |
| | 5 99 | Redmond (F17), Celeste | Yate & District AC |
| | | Woods (F17), Jemima | Team Bath |
| | | Hallsworth (F17), Evie | Marlborough AC |
| | | ⁷ Brown (F17), Eleri | Neath Harriers |
| | | | |
| Event 4 80m Hurdles (84.0) | Heat 1 | Guide Start Time : 13:15 | |
| | | Scherer-Cowell (M15), Harry | Yate & District AC |
| | | 5 Yates (M15), Callum | Gloucester AC |
| | | ⁷ Macleod (M15), Finn | Yate & District AC |
| | 6 42 | 2 Maley (M15), Ernest | Newport Harriers |
| Event 5 100m Hurdles (84.0) | Heat 1 | Guide Start Time : 13:25 | |
| | | 3 Aitchison (F20), Evie | Neath Harriers |
| | | Lee (F34), Cerys | Taunton AC |
| | | 2 Morgan (F23), Grace | Cardiff Archers |
| | | Evans (F34), Lauren | Cardiff AAC |
| | | S Silcox (F34), Georgia | Yeovil Olympiads |
| | J 140 | olicox (1 34), Georgia | I COVII OIVIIIDIAUS |
| | | McCoo (E23) Ariyanna | |
| | 6 119 | McGee (F23), Ariyanna | Bath University |
| | 6 119 7 29 | 5 Brooks (F23), Stephanie | Bath University Yate & District AC |
| | 6 119 7 29 | , , , | Bath University |
| Event 6 100m Hurdles (91.4) | 6 119 7 29 | 5 Brooks (F23), Stephanie | Bath University Yate & District AC |
| Event 6 100m Hurdles (91.4) | 6 119 7 29 8 199 Heat 1 | 5 Brooks (F23), Stephanie 5 Carr (F20), Lauren | Bath University Yate & District AC |
| Event 6 100m Hurdles (91.4) | 6 119 7 29 8 199 Heat 1 3 178 | 5 Brooks (F23), Stephanie 5 Carr (F20), Lauren Guide Start Time : 13:30 | Bath University Yate & District AC South Devon AC |
| Event 6 100m Hurdles (91.4) | 6 119 7 29 8 199 Heat 1 3 178 4 99 | G Brooks (F23), Stephanie G Carr (F20), Lauren Guide Start Time : 13:30 G Webb (M17), Daniel | Bath University Yate & District AC South Devon AC Bristol & West AC |
| | 6 119 7 29 8 199 Heat 1 3 178 4 99 5 49 | G Brooks (F23), Stephanie G Carr (F20), Lauren Guide Start Time: 13:30 Webb (M17), Daniel Hines (M17), Matthew G Gutteridge (M17), Freddie | Bath University Yate & District AC South Devon AC Bristol & West AC Swansea Harriers |
| Event 6 100m Hurdles (91.4) Event 7 110m Hurdles (99.0) | 6 1197 298 1998 Heat 1 995 49 | G Brooks (F23), Stephanie G Carr (F20), Lauren Guide Start Time: 13:30 B Webb (M17), Daniel G Hines (M17), Matthew G Gutteridge (M17), Freddie Guide Start Time: 13:45 | Bath University Yate & District AC South Devon AC Bristol & West AC Swansea Harriers Marlborough AC |
| | 6 1197 298 1998 Heat 1 995 495 495 1 216 | G Brooks (F23), Stephanie G Carr (F20), Lauren Guide Start Time: 13:30 B Webb (M17), Daniel Hines (M17), Matthew G Gutteridge (M17), Freddie Guide Start Time: 13:45 D Dingley (M20), Adam | Bath University Yate & District AC South Devon AC Bristol & West AC Swansea Harriers Marlborough AC City of Plymouth AC |
| | 6 119 7 29 8 199 Heat 1 3 178 4 99 5 49 Heat 1 1 216 2 126 | G Brooks (F23), Stephanie G Carr (F20), Lauren Guide Start Time: 13:30 B Webb (M17), Daniel Hines (M17), Matthew G Gutteridge (M17), Freddie Guide Start Time: 13:45 D Dingley (M20), Adam Wright (M20), Toby | Bath University Yate & District AC South Devon AC Bristol & West AC Swansea Harriers Marlborough AC City of Plymouth AC Taunton AC |
| | 6 119 7 29 8 199 Heat 1 3 178 4 99 5 49 Heat 1 1 216 2 126 3 164 | G Brooks (F23), Stephanie G Carr (F20), Lauren Guide Start Time: 13:30 Webb (M17), Daniel Hines (M17), Matthew Gutteridge (M17), Freddie Guide Start Time: 13:45 Dingley (M20), Adam Wright (M20), Toby Grant (M20), Iolo | Bath University Yate & District AC South Devon AC Bristol & West AC Swansea Harriers Marlborough AC City of Plymouth AC Taunton AC Cardiff Archers |
| | 6 119 7 29 8 199 Heat 1 3 178 4 99 5 49 Heat 1 1 216 2 126 3 164 4 13 | G Brooks (F23), Stephanie C Carr (F20), Lauren Guide Start Time: 13:30 Webb (M17), Daniel Hines (M17), Matthew Gutteridge (M17), Freddie Guide Start Time: 13:45 Dingley (M20), Adam Wright (M20), Toby Grant (M20), Iolo Staddon (M20), Charlie | Bath University Yate & District AC South Devon AC Bristol & West AC Swansea Harriers Marlborough AC City of Plymouth AC Taunton AC Cardiff Archers Team Bath |
| | 6 119 7 29 8 199 Heat 1 3 178 4 99 5 49 Heat 1 1 216 2 126 3 164 4 137 5 38 | G Brooks (F23), Stephanie C Carr (F20), Lauren Guide Start Time: 13:30 Webb (M17), Daniel Hines (M17), Matthew Gutteridge (M17), Freddie Guide Start Time: 13:45 Dingley (M20), Adam Wright (M20), Toby Grant (M20), Iolo Staddon (M20), Charlie Eley (M20), Cameron | Bath University Yate & District AC South Devon AC Bristol & West AC Swansea Harriers Marlborough AC City of Plymouth AC Taunton AC Cardiff Archers |
| | 6 119 7 29 8 199 Heat 1 3 178 4 99 5 49 Heat 1 1 216 2 126 3 164 4 137 5 38 6 36 | G Brooks (F23), Stephanie C Carr (F20), Lauren Guide Start Time: 13:30 Webb (M17), Daniel Hines (M17), Matthew Gutteridge (M17), Freddie Guide Start Time: 13:45 Dingley (M20), Adam Wright (M20), Toby Grant (M20), Iolo Staddon (M20), Charlie Eley (M20), Cameron Sigrove (M20), George | Bath University Yate & District AC South Devon AC Bristol & West AC Swansea Harriers Marlborough AC City of Plymouth AC Taunton AC Cardiff Archers Team Bath |
| | 6 119 7 29 8 199 Heat 1 3 178 4 99 5 49 Heat 1 1 216 2 126 3 164 4 137 5 38 6 36 | G Brooks (F23), Stephanie C Carr (F20), Lauren Guide Start Time: 13:30 Webb (M17), Daniel Hines (M17), Matthew Gutteridge (M17), Freddie Guide Start Time: 13:45 Dingley (M20), Adam Wright (M20), Toby Grant (M20), Iolo Staddon (M20), Charlie Eley (M20), Cameron | Bath University Yate & District AC South Devon AC Bristol & West AC Swansea Harriers Marlborough AC City of Plymouth AC Taunton AC Cardiff Archers Team Bath Newport Harriers |
| | 6 119 7 29 8 199 Heat 1 3 178 4 99 5 49 Heat 1 1 216 2 126 3 164 4 137 5 39 6 36 7 197 | G Brooks (F23), Stephanie C Carr (F20), Lauren Guide Start Time: 13:30 Webb (M17), Daniel Hines (M17), Matthew Gutteridge (M17), Freddie Guide Start Time: 13:45 Dingley (M20), Adam Wright (M20), Toby Grant (M20), Iolo Staddon (M20), Charlie Eley (M20), Cameron Sigrove (M20), George | Bath University Yate & District AC South Devon AC Bristol & West AC Swansea Harriers Marlborough AC City of Plymouth AC Taunton AC Cardiff Archers Team Bath Newport Harriers Team Bath |

| Event 9 300 Metres | Heat 1 | Guide Start Time : 14:00 | |
|---------------------|--------|-------------------------------|----------------------|
| 2 | | Raper-Thornell (F15), Trudie | Yate & District AC |
| 3 | | Guzman (M13), Sebastian | Yate & District AC |
| 4 | | Thompson (F15), Ava | Neath Harriers |
| 5 | | Scott-Harden (F13), Maisie | Marlborough AC |
| 6 | | Rundle (M15), Jed | Yate & District AC |
| 7 | | Humphries-Cuff (F15), Elasia | Gloucester AC |
| , | 107 | Tramprinos Gan (1 10), Liacia | Cloudoutel 710 |
| Event 9 300 Metres | Heat 2 | Guide Start Time : 14:05 | |
| 1 | 154 | House (F13), Abigail | North Somerset AC |
| 2 | 44 | Mitton (F15), Ffion | Cardiff AAC |
| 3 | | Cowton (M60), Malcolm | South West Vets AC |
| 4 | | Hodges (F15), Scarlett | Bridgend AC |
| 5 | | Ellery (M60), Mark | Bristol & West AC |
| 6 | | Maley (M15), Ernest | Newport Harriers |
| 7 | | Phelps (F15), Sophie | Team Bath |
| 8 | | Ball (F20), Louisa | Neath Harriers |
| | | | |
| Event 9 300 Metres | Heat 3 | Guide Start Time : 14:10 | l lu atta de a d |
| 1 | | Warren (M15), Oscar | Unattached |
| 2 | | Richards (F17), Jasmine | Yate & District AC |
| 3 | | Vittle (F17), Holly | Cardiff AAC |
| 4 | | Trueman (M34), Dan | Stroud & District AC |
| 5 | | Shepperd (F17), Anais | Cardiff AAC |
| 6 | | Howell (F17), Georgia | Cheltenham Harriers |
| 7 | | Killourhey (F17), Lilia | Yate & District AC |
| 8 | 135 | Yates (M15), Callum | Gloucester AC |
| Event 10 400 Metres | Heat 1 | Guide Start Time : 14:15 | |
| Event 10 400 Metres | | Lazenbury (F20), Alice | Worcester AC |
| 2 | | Akanbi-Mortimer (M20), Toks | Cardiff AAC |
| 3 | | Jeffries (F65), Louise | Team Bath |
| 4 | | Davis (M45), Andrew | Unattached |
| 5 | | Davis (M15), Sidney | Yate & District AC |
| 6 | | Gutteridge (M17), Freddie | Marlborough AC |
| 7 | | Mullins (F20), Ellie | Team Bath |
| 8 | | Wright (F20), Ellie | Yate & District AC |
| · · | .00 | | |
| Event 10 400 Metres | Heat 2 | Guide Start Time : 14:20 | |
| 1 | | Flavell (M34), Dominic | Team Bath |
| 2 | | Sheffield (F15), Eleanor | Stroud & District AC |
| 3 | | McFadden (F20), Freya | Stroud & District AC |
| 4 | | Devereux (F20), Keira | North Somerset AC |
| 5 | | Cossins (F17), Millie | Stroud & District AC |
| 6 | | Aitchison (F20), Evie | Neath Harriers |
| 7 | | Maley (M15), Ernest | Newport Harriers |
| 8 | 182 | Collins (M65), Callum | Bristol & West AC |
| Event 10 400 Metres | Heat 3 | Guide Start Time : 14:25 | |
| 1 | | Robbins (F34), Katie | Yate & District AC |
| 2 | | Haynes (M34), Corey | Bristol & West AC |
| 3 | | Watson (M17), Henry | Yate & District AC |
| 4 | | Carroll (M17), Rylan Shay | Neath Harriers |
| 5 | | White (M17), Thomas | Team Bath |
| 6 | | McIntosh (F20), Eleanor | Bristol & West AC |
| 7 | | Fletcher (M20), Daniel | Cwmbran Harriers |
| , | | | |
| 8 | | Dyson (M20), Noah | Team Bath |

| Event 10 400 Metres | Heat 4 | Guide Start Time : 14:30 | |
|--------------------------|--------|-------------------------------------------------|------------------------------|
| 1 | 26 | Edwards (M34), James | Yate & District AC |
| 2 | | Lancett (M20), Max | Cheltenham Harriers |
| 3 | 169 | Gunning (M34), Scott | Basingstoke and Mid Hants AC |
| 4 | 215 | Onyewu (M34), Eli | Swansea Harriers |
| 5 | 205 | Wilson (M23), Edward | Yate & District AC |
| 6 | 43 | Wilkinson (M34), Jacob | Swansea Harriers |
| 7 | | Boon (M17), Owen | Yate & District AC |
| 8 | | Barnes (M17), Lewis | Cardiff AAC |
| | | | |
| Event 11 75 Metres | Heat 1 | Guide Start Time : 14:45 | |
| 1 | | Jones (M13), George | North Somerset AC |
| 2 | | Warren (F13), Millie | North Somerset AC |
| 3 | | Arkwright (F13), Alba | Yate & District AC |
| 4 | | Phillips (F13), Emily | Yate & District AC |
| 5 | | Howell (M13), Henry | Gloucester AC |
| 6 | | Rahim (F13), Nura | Yate & District AC |
| 7 | 133 | Hargrave (F13), Jess | North Somerset AC |
| Event 11 75 Metres | Heat 0 | Cuido Start Timo : 44.50 | |
| Event 11 75 Metres | Heat 2 | Guide Start Time: 14:50 Kavanagh (F13), Erin | Yate & District AC |
| 2 | | Neary (F13), Lara | Yate & District AC |
| 3 | | Thurston (F13), Tess | North Somerset AC |
| 4 | | Stopa (F13), Nelly | Team Bath |
| 5 | | Grant (M13), Eli | Yate & District AC |
| 6 | | Bowell (F13), Emily | Yate & District AC |
| 7 | | Major (F13), Megan | Yate & District AC |
| 8 | | Powell (M13), Charlie | Yate & District AC |
| Ü | 100 | 1 owell (W13), Charlie | Tate & District AC |
| Event 11 75 Metres | Heat 3 | Guide Start Time : 14:54 | |
| 1 | 188 | Guzman (M13), Sebastian | Yate & District AC |
| 2 | 27 | Swift-Smith (F13), Lucy | Yate & District AC |
| 3 | 159 | Coote (F13), Olivia | Cardiff AAC |
| 4 | 83 | Nugent (F13), Janae | Cardiff AAC |
| 5 | 50 | King (F13), Edith | Marlborough AC |
| 6 | 82 | Scott-Harden (F13), Maisie | Marlborough AC |
| 7 | 154 | House (F13), Abigail | North Somerset AC |
| 8 | 65 | Richards (M13), Lewis | Yate & District AC |
| | | | |
| Event 11 75 Metres | Heat 4 | Guide Start Time: 14:59 Bennett (F13), Beatrix | Yate & District AC |
| 1 2 | | Wakefield-Paul (F13), Rosie | North Somerset AC |
| 3 | | Powell (F13), Olivia | Yate & District AC |
| | | Barnes (M13), Jacob | Cardiff AAC |
| 4 | | Sutherland (M13), Joseph | Yate & District AC |
| 5 6 | | Marr (F13), Isabella | North Somerset AC |
| 7 | | Ramsey (F13), Lauren | Yate & District AC |
| 8 | | Coote (F13), Madison | |
| 8 | 100 | Coole (i 10), iviauisuri | Cardiff AAC |
| Event 12 100 Metres Para | Heat 1 | Guide Start Time : 15:05 | |
| 2 | 213 | Spry (M15), Harry | Yate & District AC |
| 3 | 214 | Jubb (F17), Nancy | Yate & District AC |
| 4 | 207 | Callow (M34), Chris | Yate & District AC |
| 5 | 203 | Richardson (M15), Toby | Yate & District AC |
| 6 | 151 | Hewitt (F35), Eleanor | Yate & District AC |
| | | | |

| Event 13 100 Metres | Heat 1 | Guide Start Time : 15:10 | |
|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | | Thompson (F15), Beatrice | Marlborough AC |
| 2 | | Lee (F15), Annabel | Yate & District AC |
| 3 | | Scherer-Cowell (M15), Harry | Yate & District AC |
| 4 | | Austin (M15), Finnley | Neath Harriers |
| 5 | | Rahim (F13), Nura | Yate & District AC |
| 6 | | Rundle (M15), Jed | Yate & District AC |
| 7 | | McMullan (F15), Mia | Team Bath |
| • | 20 | Wiewianari (1 10), wha | roun Bun |
| Event 13 100 Metres | Heat 2 | Guide Start Time : 15:15 | |
| 1 | 4 | Aliyu (F15), Fayola | Bristol & West AC |
| 2 | | Akinde (M17), Michael | Bath University |
| 3 | | Blackmore (F15), Erin | Marlborough AC |
| 4 | | Foster (F17), Rosie | Yate & District AC |
| 5 | | Phelps (F15), Sophie | Team Bath |
| 6 | | Warren (M50), Paul | Marlborough AC |
| 7 | | Bailey (F15), Prin | Bristol & West AC |
| 8 | | Richmond (F15), Frida | Yate & District AC |
| • | | (1.0), 1.1.0 | |
| Event 13 100 Metres | Heat 3 | Guide Start Time : 15:19 | |
| 1 | 115 | Challis (F13), Serena-Summer | North Somerset AC |
| 2 | 132 | Hughes (F13), Matilda | North Somerset AC |
| 3 | | Young (F15), Harriet | Neath Harriers |
| 4 | | Connorton (F15), Madelaine | Marlborough AC |
| 5 | | Walkey (F15), Lily | Yate & District AC |
| 6 | | Hart (F34), Katrina | Birchfield Harriers |
| 7 | | Nicoll (F15), Aaliyah | Yate & District AC |
| 8 | | Moore Bethel (F15), Sophie | Marlborough AC |
| | | , ,, | 3 |
| Event 13 100 Metres | Heat 4 | Guide Start Time : 15:24 | |
| | | | |
| 1 | | Lawal (F15), Naomi | Cheltenham Harriers |
| 2 | 38 | Davies (M65), Roderick | Swansea Harriers |
| 2 3 | 38 185 | Davies (M65), Roderick Andrews (F17), Libby | Swansea Harriers Gloucester AC |
| 2 3 4 | 38 185 79 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla | Swansea Harriers Gloucester AC Neath Harriers |
| 2 3 4 5 | 38 185 79 16 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice | Swansea Harriers Gloucester AC Neath Harriers Team Bath |
| 2 3 4 5 6 | 38 185 79 16 10 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC |
| 2 3 4 5 6 7 | 38 185 79 16 10 172 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC |
| 2 3 4 5 6 | 38 185 79 16 10 172 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC |
| 2 3 4 5 6 7 8 | 38 185 79 16 10 172 49 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC |
| 2 3 4 5 6 7 8 Event 13 100 Metres | 38 185 79 16 10 172 49 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC |
| 2 3 4 5 6 7 8 Event 13 100 Metres | 38 185 79 16 10 172 49 Heat 5 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC |
| 2 3 4 5 6 7 8 Event 13 100 Metres | 38 185 79 16 10 172 49 Heat 5 174 165 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC |
| 2 3 4 5 6 7 8 Event 13 100 Metres | 38 185 79 16 10 172 49 Heat 5 174 165 128 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers |
| 2 3 4 5 6 7 8 Event 13 100 Metres | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC |
| 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC |
| 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC |
| 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 44 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James Mitton (F15), Ffion | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC Cardiff AAC |
| 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 44 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC |
| 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 44 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James Mitton (F15), Ffion | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC Cardiff AAC |
| 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 44 91 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James Mitton (F15), Ffion Goodwin (F15), Anya-Rose Guide Start Time: 15:33 | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC Cardiff AAC |
| 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 6 7 8 Event 13 100 Metres 1 | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 44 91 Heat 6 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James Mitton (F15), Ffion Goodwin (F15), Anya-Rose Guide Start Time: 15:33 Hill (F17), Isabel | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC Cardiff AAC Cardiff AAC Cardiff AAC |
| 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 44 91 Heat 6 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James Mitton (F15), Ffion Goodwin (F15), Anya-Rose Guide Start Time: 15:33 Hill (F17), Isabel Thomas (F17), Evey | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC Cardiff AAC Cardiff AAC Cardiff AAC |
| 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 3 4 5 6 7 8 | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 44 91 Heat 6 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James Mitton (F15), Ffion Goodwin (F15), Anya-Rose Guide Start Time: 15:33 Hill (F17), Isabel Thomas (F17), Evey Wilkins (M15), Tristan | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC Cardiff AAC Cardiff AAC Yate & District AC Gloucester AC Yate & District AC |
| 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 44 91 Heat 6 98 92 12 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James Mitton (F15), Ffion Goodwin (F15), Anya-Rose Guide Start Time: 15:33 Hill (F17), Isabel Thomas (F17), Evey Wilkins (M15), Tristan Drennen (F17), Ruby-Mae | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC Cardiff AAC Cardiff AAC Cardiff AAC Yate & District AC Gloucester AC Yate & District AC Yate & District AC |
| Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 44 91 Heat 6 98 92 12 59 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James Mitton (F15), Ffion Goodwin (F15), Anya-Rose Guide Start Time: 15:33 Hill (F17), Isabel Thomas (F17), Evey Wilkins (M15), Tristan Drennen (F17), Ruby-Mae Patterson (F15), Evie | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC Cardiff AAC Cardiff AAC Cardiff AAC Cardiff AAC Cardiff AAC Yate & District AC Gloucester AC Yate & District AC Yate & District AC Marlborough AC Marlborough AC |
| 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 44 91 Heat 6 98 92 12 59 171 131 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James Mitton (F15), Ffion Goodwin (F15), Anya-Rose Guide Start Time: 15:33 Hill (F17), Isabel Thomas (F17), Evey Wilkins (M15), Tristan Drennen (F17), Ruby-Mae Patterson (F15), Evie Rodgers (F17), Nia | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC Cardiff AAC Cardiff AAC Cardiff AAC Yate & District AC Gloucester AC Yate & District AC Yate & District AC |
| Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres | 38 185 79 16 10 172 49 Heat 5 174 165 128 72 105 67 44 91 Heat 6 98 92 12 59 171 131 66 | Davies (M65), Roderick Andrews (F17), Libby Aitchison (F17), Layla Bassett (F17), Alice Richards (F15), Summer Patterson (M35), Chris Vecchi (F15), Imogen Guide Start Time: 15:28 Pugh (F17), Scarlett Ellery (M60), Mark Tapper (F17), Libby Howell (F15), Bella Hibbert (F20), Tamar Marshall (M55), James Mitton (F15), Ffion Goodwin (F15), Anya-Rose Guide Start Time: 15:33 Hill (F17), Isabel Thomas (F17), Evey Wilkins (M15), Tristan Drennen (F17), Ruby-Mae Patterson (F15), Evie | Swansea Harriers Gloucester AC Neath Harriers Team Bath Yate & District AC Marlborough AC Cardiff AAC Marlborough AC Bristol & West AC Cwmbran Harriers Yate & District AC Marlborough AC Bristol & West AC Cardiff AAC Cardiff AAC Cardiff AAC Cardiff AAC Cardiff AAC Cardiff AAC Yate & District AC Gloucester AC Yate & District AC Yate & District AC Marlborough AC Taunton AC |

| Event 13 100 Metres | Heat 7 | Guide Start Time : 15:37 | |
|-------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | 60 | Imoh (F15), Chizorom | Bristol & West AC |
| 2 | 178 | Webb (M17), Daniel | Bristol & West AC |
| 3 | 47 | Nelson (M23), Louie | Yate & District AC |
| 4 | 70 | Darby (F23), Hannah | University of Birmingham |
| 5 | 147 | Brown (F17), Eleri | Neath Harriers |
| 6 | 102 | Karekla (F23), Stefani | Swansea Harriers |
| 7 | 53 | Wright (F15), Anna | Taunton AC |
| 8 | 135 | Yates (M15), Callum | Gloucester AC |
| | | | |
| Event 13 100 Metres | Heat 8 | Guide Start Time : 15:42 | |
| 1 | | Pachula (F15), Olivia | Gloucester AC |
| 2 | | Tarzey (F17), Kezia | Bristol & West AC |
| 3 | | Murray (M17), Euan | Team Bath |
| 4 | | Cambridge (F15), Amari | Gloucester AC |
| 5 | | Turner (F15), Beth | Team Bath |
| 6 | 9 | Woods (F17), Jemima | Team Bath |
| 7 | 31 | Gibbs (F34), Sarah | Newport Harriers |
| 8 | 107 | Tandy (F15), Amber | Gloucester AC |
| | | | |
| Event 13 100 Metres | Heat 9 | Guide Start Time : 15:46 | Ob although an 11 |
| 1 | | Grant (M15), Darius | Cheltenham Harriers |
| 2 | | Morgan (M50), James | Unattached |
| 3 | | Murray (F17), Elana | Cardiff AAC |
| 4 | | Herringshaw (F15), Martha | North Somerset AC |
| 5 | | Higginson (F17), Katie | Cardiff AAC |
| 6 | | Sharp (M17), Billy | North Somerset AC |
| 7 | | Anderson (F17), Mercedes | Cardiff AAC |
| 8 | 34 | Moyes (F17), Natasha | Yate & District AC |
| F | 114-40 | Outlibe Otalit Three AFIE4 | |
| Event 13 100 Metres | Heat 10 | Guide Start Time : 15:51 | |
| Event 13 100 Metres | | Fletcher (M20), Daniel | Cwmbran Harriers |
| | 144 | | Cwmbran Harriers Cheltenham Harriers |
| 1 | 144 77 | Fletcher (M20), Daniel | _ |
| 1 2 | 144 77 3 | Fletcher (M20), Daniel Marchant (M17), Oliver | Cheltenham Harriers |
| 1 2 3 | 144 77 3 17 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC |
| 1 2 3 4 | 144 77 3 17 127 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley | Cheltenham Harriers Yate & District AC Torbay AAC |
| 1 2 3 4 5 | 144 77 3 17 127 148 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC |
| 1 2 3 4 5 6 | 144 77 3 17 127 148 175 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers |
| 1 2 3 4 5 6 7 8 | 144 77 3 17 127 148 175 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC |
| 1 2 3 4 5 6 7 | 144 77 3 17 127 148 175 111 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC |
| 1 2 3 4 5 6 7 8 Event 13 100 Metres | 144 777 3 17 127 148 175 111 Heat 11 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC |
| 1 2 3 4 5 6 7 8 Event 13 100 Metres | 144 77 3 17 127 148 175 111 Heat 11 71 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC |
| 1 2 3 4 5 6 7 8 Event 13 100 Metres | 144 777 3 177 127 148 175 111 Heat 11 71 1 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC |
| 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 | 144 777 3 177 127 148 175 111 Heat 11 71 1 51 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath |
| 1 2 3 4 5 6 6 7 8 Event 13 100 Metres 1 2 3 4 5 5 | 144 777 3 177 127 148 175 111 Heat 11 71 1 51 30 161 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC |
| 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 | 144 777 3 177 127 148 175 111 Heat 11 71 1 51 30 161 145 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah Bryant (M20), Jasper | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Yate & District AC Yate & District AC |
| 1 2 3 4 5 6 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 6 | 144 77 3 17 127 148 175 111 Heat 11 71 1 51 30 161 145 55 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Yate & District AC Cheltenham Harriers |
| 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 6 7 8 | 144 777 3 17 127 148 175 111 Heat 11 71 51 30 161 145 55 32 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah Bryant (M20), Jasper Morant (M45), Martyn Morgan (F23), Grace | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Yate & District AC Cheltenham Harriers Team Bath |
| Event 13 100 Metres Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres | 144 777 3 17 127 148 175 111 Heat 11 71 51 30 161 145 55 32 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah Bryant (M20), Jasper Morant (M45), Martyn Morgan (F23), Grace Guide Start Time: 16:00 | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Yate & District AC Yate & District AC Cheltenham Harriers Team Bath Cardiff Archers |
| Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres | 144 777 3 17 127 148 175 111 Heat 11 71 51 30 161 145 55 32 Heat 12 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah Bryant (M20), Jasper Morant (M45), Martyn Morgan (F23), Grace Guide Start Time: 16:00 Tailor (M23), Carlos | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Yate & District AC Yate & District AC Cheltenham Harriers Team Bath Cardiff Archers |
| Event 13 100 Metres Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 | 144 777 3 17 127 148 175 111 Heat 11 71 51 30 161 145 55 32 Heat 12 64 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah Bryant (M20), Jasper Morant (M45), Martyn Morgan (F23), Grace Guide Start Time: 16:00 Tailor (M23), Carlos Van Beneden (M20), Nicholas | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Cheltenham Harriers Team Bath Cardiff Archers North Somerset AC Team Bath |
| Event 13 100 Metres Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 | 144 777 3 177 127 148 175 111 Heat 11 71 51 30 161 145 55 32 Heat 12 64 23 110 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah Bryant (M20), Jasper Morant (M45), Martyn Morgan (F23), Grace Guide Start Time: 16:00 Tailor (M23), Carlos Van Beneden (M20), Nicholas Durran (M17), Adam | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Yate & District AC Cheltenham Harriers Team Bath Cardiff Archers North Somerset AC Team Bath North Somerset AC |
| Event 13 100 Metres Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 | 144 777 3 177 127 148 175 111 Heat 11 71 51 30 161 145 55 32 Heat 12 64 23 110 136 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah Bryant (M20), Jasper Morant (M45), Martyn Morgan (F23), Grace Guide Start Time: 16:00 Tailor (M23), Carlos Van Beneden (M20), Nicholas Durran (M17), Adam Rabhi (M23), Youssef | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Yate & District AC Cheltenham Harriers Team Bath Cardiff Archers North Somerset AC Team Bath North Somerset AC Swansea Harriers |
| Event 13 100 Metres Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 | 144 77 3 17 127 148 175 111 Heat 11 71 51 30 161 145 55 32 Heat 12 64 23 110 136 37 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah Bryant (M20), Jasper Morant (M45), Martyn Morgan (F23), Grace Guide Start Time: 16:00 Tailor (M23), Carlos Van Beneden (M20), Nicholas Durran (M17), Adam Rabhi (M23), Youssef Chinaka (M35), Samson | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Yate & District AC Yate & District AC Cheltenham Harriers Team Bath Cardiff Archers North Somerset AC Team Bath North Somerset AC Swansea Harriers Newport Harriers |
| Event 13 100 Metres Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 | 144 77 3 17 127 148 175 111 Heat 11 71 51 30 161 145 55 32 Heat 12 64 23 110 136 37 61 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah Bryant (M20), Jasper Morant (M45), Martyn Morgan (F23), Grace Guide Start Time: 16:00 Tailor (M23), Carlos Van Beneden (M20), Nicholas Durran (M17), Adam Rabhi (M23), Youssef Chinaka (M35), Samson Walsh (M20), Leon | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Yate & District AC Cheltenham Harriers Team Bath Cardiff Archers North Somerset AC Team Bath North Somerset AC Swansea Harriers Yate & District AC |
| Event 13 100 Metres Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 | 144 77 3 17 127 148 175 111 Heat 11 71 51 30 161 145 55 32 Heat 12 64 23 110 136 37 61 35 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah Bryant (M20), Jasper Morant (M45), Martyn Morgan (F23), Grace Guide Start Time: 16:00 Tailor (M23), Carlos Van Beneden (M20), Nicholas Durran (M17), Adam Rabhi (M23), Youssef Chinaka (M35), Samson Walsh (M20), Leon Eluyera (M23), Ayomide | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Yate & District AC Cheltenham Harriers Team Bath Cardiff Archers North Somerset AC Team Bath North Somerset AC Swansea Harriers Newport Harriers Yate & District AC Cardiff AAC |
| Event 13 100 Metres Event 13 100 Metres 1 2 3 4 5 6 7 8 Event 13 100 Metres 1 2 3 4 5 6 7 8 | 144 77 3 17 127 148 175 111 Heat 11 71 51 30 161 145 55 32 Heat 12 64 23 110 136 37 61 35 | Fletcher (M20), Daniel Marchant (M17), Oliver Treglown (F23), Kirsty Little (F17), Keeley Fields (M35), Alex Mhlanga (M17), Sibusiso Roach (M17), Zac Brown (M17), Jacob Guide Start Time: 15:55 Shearer (M15), Oliver Walkey (F17), Isabelle Dyson (M20), Noah Williams (M17), Regan-Jack Gurtubay (M17), Noah Bryant (M20), Jasper Morant (M45), Martyn Morgan (F23), Grace Guide Start Time: 16:00 Tailor (M23), Carlos Van Beneden (M20), Nicholas Durran (M17), Adam Rabhi (M23), Youssef Chinaka (M35), Samson Walsh (M20), Leon | Cheltenham Harriers Yate & District AC Torbay AAC Bristol & West AC Neath Harriers Cardiff AAC Gloucester AC Cardiff AAC Yate & District AC Team Bath Yate & District AC Yate & District AC Cheltenham Harriers Team Bath Cardiff Archers North Somerset AC Team Bath North Somerset AC Swansea Harriers Yate & District AC |

| Event 13 100 Metres | Heat 13 | Guide Start Time : 16:04 | |
|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | | Wright (M20), Toby | Taunton AC |
| 2 | | Muhumuza (M34), Kenneth | Team Bath |
| 3 | | Brady (M20), Ryan | Bristol & West AC |
| 4 | | Trueman (M34), Dan | Stroud & District AC |
| 5 | | Maggs (M23), Josh | Bristol & West AC |
| 6 | | Brudney (M34), Sam | Yate & District AC |
| 7 | | Ritson (M20), Mack | Yate & District AC |
| | | Staddon (M20), Charlie | |
| 8 | 131 | Staddon (M20), Chanle | Team Bath |
| Officials Break 20 mins | | | |
| Officials Break 20 IIIIIIs | | | |
| Event 14 150 Metres | Heat 1 | Guide Start Time : 16:25 | |
| 1 | 130 | Phillips (F13), Emily | Yate & District AC |
| 2 | 50 | King (F13), Edith | Marlborough AC |
| 3 | 97 | Arkwright (F13), Alba | Yate & District AC |
| 4 | | Guzman (M13), Sebastian | Yate & District AC |
| 5 | | Jones (M13), George | North Somerset AC |
| 6 | | Howell (M13), Henry | Gloucester AC |
| 7 | | Hargrave (F13), Jess | North Somerset AC |
| 8 | | Stopa (F13), Nelly | Team Bath |
| 0 | 0 | | |
| Event 14 150 Metres | Heat 2 | Guide Start Time : 16:30 | |
| 1 | 198 | Kavanagh (F13), Erin | Yate & District AC |
| 2 | 142 | Warren (F13), Millie | North Somerset AC |
| 3 | 27 | Swift-Smith (F13), Lucy | Yate & District AC |
| 4 | 81 | Marr (F13), Isabella | North Somerset AC |
| 5 | 120 | Wakefield-Paul (F13), Rosie | North Somerset AC |
| | | , , |)/ / 0 D) / ! / 10 |
| 6 | 65 | Richards (M13), Lewis | Yate & District AC |
| 6 7 | | Richards (M13), Lewis Grant (M13), Eli | Yate & District AC Yate & District AC |
| | 173 | Richards (M13), Lewis Grant (M13), Eli Major (F13), Megan | |
| 7 8 | 173 191 | Grant (M13), Eli Major (F13), Megan | Yate & District AC |
| 7 8 Event 14 150 Metres | 173 191 Heat 3 | Grant (M13), Eli Major (F13), Megan Guide Start Time : 16:35 | Yate & District AC Yate & District AC |
| 7 8 Event 14 150 Metres | 173 191 Heat 3 115 | Grant (M13), Eli Major (F13), Megan Guide Start Time : 16:35 Challis (F13), Serena-Summer | Yate & District AC Yate & District AC North Somerset AC |
| 7 8 Event 14 150 Metres 1 2 | 173 191 Heat 3 115 83 | Grant (M13), Eli Major (F13), Megan Guide Start Time : 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC |
| 7 8 Event 14 150 Metres 1 2 3 | 173 191 Heat 3 115 83 101 | Grant (M13), Eli Major (F13), Megan Guide Start Time : 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC |
| Fvent 14 150 Metres 1 2 3 4 | 173 191 Heat 3 115 83 101 8 | Grant (M13), Eli Major (F13), Megan Guide Start Time : 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC |
| 7 8 Event 14 150 Metres 1 2 3 4 5 | 173 191 Heat 3 115 83 101 8 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC |
| Fvent 14 150 Metres 1 2 3 4 5 6 | 173 191 Heat 3 115 83 101 8 28 40 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC Yate & District AC Yate & District AC |
| Fvent 14 150 Metres 1 2 3 4 5 6 7 | 173 191 Heat 3 115 83 101 8 28 40 6 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC |
| Fvent 14 150 Metres 1 2 3 4 5 6 | 173 191 Heat 3 115 83 101 8 28 40 6 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC Yate & District AC Yate & District AC |
| Fvent 14 150 Metres 1 2 3 4 5 6 7 | 173 191 Heat 3 115 83 101 8 28 40 6 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC |
| 7 8 Event 14 150 Metres 1 2 3 4 5 6 7 8 | 173 191 Heat 3 115 83 101 8 28 40 6 154 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC |
| 7 8 Event 14 150 Metres 1 2 3 4 5 6 7 8 Event 15 200 Metres Para | 173 191 Heat 3 115 83 101 8 28 40 6 154 Heat 1 214 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail Guide Start Time: 16:40 Jubb (F17), Nancy | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC North Somerset AC |
| Fvent 14 150 Metres 1 2 3 4 5 6 7 8 | 173 191 Heat 3 115 83 101 8 28 40 6 154 Heat 1 214 207 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail Guide Start Time: 16:40 Jubb (F17), Nancy Callow (M34), Chris | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC North Somerset AC |
| Event 14 150 Metres 1 2 3 4 5 6 7 8 | 173 191 Heat 3 115 83 101 8 28 40 6 154 Heat 1 214 207 203 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail Guide Start Time: 16:40 Jubb (F17), Nancy | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC North Somerset AC |
| Event 14 150 Metres 1 2 3 4 5 6 7 8 Event 15 200 Metres Para 3 4 5 6 6 | 173 191 Heat 3 115 83 101 8 28 40 6 154 Heat 1 214 207 203 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail Guide Start Time: 16:40 Jubb (F17), Nancy Callow (M34), Chris Richardson (M15), Toby Hewitt (F35), Eleanor | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC |
| Event 14 150 Metres 1 2 3 4 5 6 6 7 8 Event 15 200 Metres Para 3 4 5 6 6 Event 16 200 Metres | 173 191 Heat 3 115 83 101 8 28 40 6 154 Heat 1 214 207 203 151 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail Guide Start Time: 16:40 Jubb (F17), Nancy Callow (M34), Chris Richardson (M15), Toby Hewitt (F35), Eleanor | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC North Somerset AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC |
| Event 14 150 Metres 1 2 3 4 5 6 6 7 7 8 Event 15 200 Metres Para 3 4 5 6 6 Event 16 200 Metres | 173 191 Heat 3 115 83 101 8 28 40 6 154 Heat 1 214 207 203 151 Heat 1 149 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail Guide Start Time: 16:40 Jubb (F17), Nancy Callow (M34), Chris Richardson (M15), Toby Hewitt (F35), Eleanor Guide Start Time: 16:45 Richmond (F15), Frida | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC |
| Event 14 150 Metres 1 2 3 4 5 6 6 7 8 8 Event 15 200 Metres Para 3 4 5 6 6 Event 16 200 Metres | 173 191 Heat 3 115 83 101 8 28 40 6 154 Heat 1 214 207 203 151 Heat 1 149 163 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail Guide Start Time: 16:40 Jubb (F17), Nancy Callow (M34), Chris Richardson (M15), Toby Hewitt (F35), Eleanor Guide Start Time: 16:45 Richmond (F15), Frida Nisbet (F15), Nico | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC |
| Event 14 150 Metres 1 2 3 4 5 6 6 7 7 8 Event 15 200 Metres Para 2 3 4 5 6 6 Event 16 200 Metres | 173 191 Heat 3 115 83 101 8 28 40 6 154 Heat 1 214 207 203 151 Heat 1 149 163 41 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail Guide Start Time: 16:40 Jubb (F17), Nancy Callow (M34), Chris Richardson (M15), Toby Hewitt (F35), Eleanor Guide Start Time: 16:45 Richmond (F15), Frida Nisbet (F15), Nico Scherer-Cowell (M15), Harry | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC North Somerset AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC |
| Event 14 150 Metres 1 2 3 4 5 6 6 7 8 8 Event 15 200 Metres Para 3 4 5 6 6 Event 16 200 Metres | 173 191 Heat 3 115 83 101 8 28 40 6 154 Heat 1 214 207 203 151 Heat 1 149 163 41 85 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail Guide Start Time: 16:40 Jubb (F17), Nancy Callow (M34), Chris Richardson (M15), Toby Hewitt (F35), Eleanor Guide Start Time: 16:45 Richmond (F15), Frida Nisbet (F15), Nico Scherer-Cowell (M15), Harry Girling (M20), Joe | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC |
| Event 14 150 Metres 1 2 3 4 5 6 6 7 7 8 Event 15 200 Metres Para 2 3 4 5 6 6 Event 16 200 Metres | 173 191 Heat 3 115 83 101 8 28 40 6 154 Heat 1 214 207 203 151 Heat 1 149 163 41 85 170 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail Guide Start Time: 16:40 Jubb (F17), Nancy Callow (M34), Chris Richardson (M15), Toby Hewitt (F35), Eleanor Guide Start Time: 16:45 Richmond (F15), Frida Nisbet (F15), Nico Scherer-Cowell (M15), Harry Girling (M20), Joe Lee (F15), Annabel | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC North Somerset AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC Yate & District AC |
| Event 14 150 Metres 1 2 3 4 5 6 7 7 8 8 Event 15 200 Metres Para 3 4 5 6 6 Event 16 200 Metres 2 3 4 5 6 | 173 191 Heat 3 115 83 101 8 28 40 6 154 Heat 1 214 207 203 151 Heat 1 149 163 41 85 170 | Grant (M13), Eli Major (F13), Megan Guide Start Time: 16:35 Challis (F13), Serena-Summer Nugent (F13), Janae Powell (F13), Olivia Barnes (M13), Jacob Sutherland (M13), Joseph Bennett (F13), Beatrix Ramsey (F13), Lauren House (F13), Abigail Guide Start Time: 16:40 Jubb (F17), Nancy Callow (M34), Chris Richardson (M15), Toby Hewitt (F35), Eleanor Guide Start Time: 16:45 Richmond (F15), Frida Nisbet (F15), Nico Scherer-Cowell (M15), Harry Girling (M20), Joe | Yate & District AC Yate & District AC North Somerset AC Cardiff AAC Yate & District AC Cardiff AAC Yate & District AC |

| Event 16 200 Metres | Heat 2 | Guide Start Time : 16:50 | |
|-------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | 133 | Hargrave (F13), Jess | North Somerset AC |
| 2 | 5 | Bailey (F15), Prin | Bristol & West AC |
| 3 | 94 | Jeffries (F65), Louise | Team Bath |
| 4 | 19 | Blackmore (F15), Erin | Marlborough AC |
| 5 | 113 | Nicoll (F15), Aaliyah | Yate & District AC |
| 6 | 208 | Akinde (M17), Michael | Bath University |
| 7 | 189 | Wright (F20), Ellie | Yate & District AC |
| 8 | 20 | Thompson (F15), Beatrice | Marlborough AC |
| | | 0 : 1 0: 4 = 1 | |
| Event 16 200 Metres | Heat 3 | Guide Start Time : 16:55 | North Somerset AC |
| 1 | | Marr (F13), Isabella | _ |
| 2 | | Young (F15), Harriet | Neath Harriers |
| 3 | | Nugent (F13), Janae | Cardiff AAC |
| 4 | | Moore Bethel (F15), Sophie | Marlborough AC |
| 5 | | Connorton (F15), Madelaine | Marlborough AC |
| 6 | | Aliyu (F15), Fayola | Bristol & West AC |
| 7 | | Hughes (F13), Matilda | North Somerset AC |
| 8 | 116 | Phelps (F15), Sophie | Team Bath |
| Event 16 200 Metres | Heat 4 | Guide Start Time : 17:00 | |
| 1 | | Davies (M65), Roderick | Swansea Harriers |
| 2 | | Bassett (F17), Alice | Team Bath |
| 3 | | Patterson (F15), Evie | Marlborough AC |
| 4 | | Hibbert (F20), Tamar | Marlborough AC |
| 5 | | Walkey (F15), Lily | Yate & District AC |
| 6 | | Tapper (F17), Libby | Cwmbran Harriers |
| 7 | | Killourhey (F17), Lilia | Yate & District AC |
| 8 | | Andrews (F17), Libby | Gloucester AC |
| | | , , | |
| F | | | |
| Event 16 200 Metres | Heat 5 | Guide Start Time : 17:05 | |
| 1 | 10 | Richards (F15), Summer | Yate & District AC |
| 1 2 | 10 72 | Richards (F15), Summer Howell (F15), Bella | Yate & District AC |
| 1 2 3 | 10 72 92 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey | Yate & District AC Gloucester AC |
| 1 2 3 4 | 10 72 92 124 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef | Yate & District AC Gloucester AC Team Bath |
| 1 2 3 4 5 | 10 72 92 124 67 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James | Yate & District AC Gloucester AC Team Bath Bristol & West AC |
| 1 2 3 4 5 6 | 10 72 92 124 67 174 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC |
| 1 2 3 4 5 6 7 | 10 72 92 124 67 174 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC |
| 1 2 3 4 5 6 | 10 72 92 124 67 174 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC |
| 1 2 3 4 5 6 7 | 10 72 92 124 67 174 91 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC |
| 1 2 3 4 5 6 7 8 | 10 72 92 124 67 174 91 114 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres | 10 72 92 124 67 174 91 114 Heat 6 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres | 10 72 92 124 67 174 91 114 Heat 6 52 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 | 10 72 92 124 67 174 91 114 Heat 6 52 99 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC North Somerset AC |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 6 7 | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark Wilkins (M15), Tristan | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC Yate & District AC |
| 1 2 3 4 5 6 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 6 | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 6 7 8 8 | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 12 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark Wilkins (M15), Tristan Lawal (F15), Naomi | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC Yate & District AC |
| Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 12 150 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark Wilkins (M15), Tristan Lawal (F15), Naomi | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC Yate & District AC Cheltenham Harriers |
| Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 12 150 Heat 7 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark Wilkins (M15), Tristan Lawal (F15), Naomi Guide Start Time: 17:15 Darby (F23), Hannah | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC Yate & District AC Cheltenham Harriers University of Birmingham |
| Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 12 150 Heat 7 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark Wilkins (M15), Tristan Lawal (F15), Naomi Guide Start Time: 17:15 Darby (F23), Hannah Hill (F17), Isabel | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC Yate & District AC Cheltenham Harriers University of Birmingham Yate & District AC |
| Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 12 150 Heat 7 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark Wilkins (M15), Tristan Lawal (F15), Naomi Guide Start Time: 17:15 Darby (F23), Hannah Hill (F17), Isabel Gibbs (F34), Sarah | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC Yate & District AC Cheltenham Harriers University of Birmingham Yate & District AC Newport Harriers |
| Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 12 150 Heat 7 70 98 31 68 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark Wilkins (M15), Tristan Lawal (F15), Naomi Guide Start Time: 17:15 Darby (F23), Hannah Hill (F17), Isabel Gibbs (F34), Sarah Cambridge (F15), Amari | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC Yate & District AC Cheltenham Harriers University of Birmingham Yate & District AC Newport Harriers Gloucester AC |
| Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 12 150 Heat 7 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark Wilkins (M15), Tristan Lawal (F15), Naomi Guide Start Time: 17:15 Darby (F23), Hannah Hill (F17), Isabel Gibbs (F34), Sarah Cambridge (F15), Amari Tandy (F15), Amber | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC Yate & District AC Cheltenham Harriers University of Birmingham Yate & District AC Newport Harriers Gloucester AC Gloucester AC |
| Event 16 200 Metres Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 12 150 Heat 7 70 98 31 68 107 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark Wilkins (M15), Tristan Lawal (F15), Naomi Guide Start Time: 17:15 Darby (F23), Hannah Hill (F17), Isabel Gibbs (F34), Sarah Cambridge (F15), Amber Brown (F17), Eleri | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC Yate & District AC Cheltenham Harriers University of Birmingham Yate & District AC Newport Harriers Gloucester AC Gloucester AC Neath Harriers |
| Event 16 200 Metres Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 12 150 Heat 7 70 98 31 68 107 147 121 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark Wilkins (M15), Tristan Lawal (F15), Naomi Guide Start Time: 17:15 Darby (F23), Hannah Hill (F17), Isabel Gibbs (F34), Sarah Cambridge (F15), Amber Brown (F17), Eleri Grant (M15), Darius | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC Yate & District AC Cheltenham Harriers University of Birmingham Yate & District AC Newport Harriers Gloucester AC Gloucester AC Neath Harriers Cheltenham Harriers |
| Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres | 10 72 92 124 67 174 91 114 Heat 6 52 99 14 66 53 165 12 150 Heat 7 70 98 31 68 107 147 121 | Richards (F15), Summer Howell (F15), Bella Thomas (F17), Evey Ovens (F17), Reef Marshall (M55), James Pugh (F17), Scarlett Goodwin (F15), Anya-Rose Turner (F15), Beth Guide Start Time: 17:10 Ifill (F17), Eva Redmond (F17), Celeste Gordon (F17), Annabel Pope (F17), Anna Wright (F15), Anna Ellery (M60), Mark Wilkins (M15), Tristan Lawal (F15), Naomi Guide Start Time: 17:15 Darby (F23), Hannah Hill (F17), Isabel Gibbs (F34), Sarah Cambridge (F15), Amber Brown (F17), Eleri | Yate & District AC Gloucester AC Team Bath Bristol & West AC Marlborough AC Cardiff AAC Team Bath Cardiff AAC Yate & District AC Yate & District AC North Somerset AC Taunton AC Bristol & West AC Yate & District AC Cheltenham Harriers University of Birmingham Yate & District AC Newport Harriers Gloucester AC Gloucester AC Neath Harriers |

| Event 16 200 Metres | Heat 8 | Guide Start Time : 17:20 | |
|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | 102 | Karekla (F23), Stefani | Swansea Harriers |
| 2 | 178 | Webb (M17), Daniel | Bristol & West AC |
| 3 | 156 | Anderson (F17), Mercedes | Cardiff AAC |
| 4 | 22 | Bailey (F23), Lily | Yate & District AC |
| 5 | 13 | Higginson (F17), Katie | Cardiff AAC |
| 6 | 117 | Murray (M17), Euan | Team Bath |
| 7 | | Pachula (F15), Olivia | Gloucester AC |
| 8 | | Bell (F17), Charlotte | Stroud & District AC |
| | | | |
| Event 16 200 Metres | Heat 9 | Guide Start Time : 17:25 | |
| 1 | | Murray (F17), Elana | Cardiff AAC |
| 2 | | Lee (F34), Cerys | Taunton AC |
| 3 | | Treglown (F23), Kirsty | Yate & District AC |
| 4 | | Marchant (M17), Oliver | Cheltenham Harriers |
| 5 | | Sharp (M17), Billy | North Somerset AC |
| 6 | | Herringshaw (F15), Martha | North Somerset AC |
| 7 | | Shepperd (F17), Anais | Cardiff AAC |
| 8 | 48 | Morgan (M50), James | Unattached |
| Event 46 200 Metres | Hoct 40 | Cuido Start Time : 47:20 | |
| Event 16 200 Metres | | Guide Start Time: 17:30 Austin (M15), Finnley | Neath Harriers |
| 2 | | , , | Cardiff AAC |
| 3 | | Shearer (M15), Oliver | Cardiff AAC |
| | | Evans (F34), Lauren | |
| 4 | | Brown (M17), Jacob | Gloucester AC |
| 5 | | Walkey (F17), Isabelle | Yate & District AC |
| 6 | | Brooks (F23), Stephanie | Yate & District AC |
| 7 | | Roach (M17), Zac | Cardiff AAC |
| 8 | 17 | Little (F17), Keeley | Torbay AAC |
| Event 46 200 Metres | Heat 44 | Ovide Otent Times : 47:05 | |
| Event 16 200 Metres | neat 11 | Guide Start Time : 17:35 | |
| Event 16 200 Metres | | Fields (M35), Alex | Bristol & West AC |
| | 127 | | Bristol & West AC Cheltenham Harriers |
| 1 | 127 145 | Fields (M35), Alex | |
| 1 2 | 127 145 161 | Fields (M35), Alex Bryant (M20), Jasper | Cheltenham Harriers |
| 1 2 3 | 127 145 161 74 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah | Cheltenham Harriers Yate & District AC |
| 1 2 3 4 | 127 145 161 74 58 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max | Cheltenham Harriers Yate & District AC Cheltenham Harriers |
| 1 2 3 4 5 | 127 145 161 74 58 55 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC |
| 1 2 3 4 5 6 | 127 145 161 74 58 55 148 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath |
| 1 2 3 4 5 6 7 8 | 127 145 161 74 58 55 148 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres | 127 145 161 74 58 55 148 64 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres | 127 145 161 74 58 55 148 64 Heat 12 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 | 127 145 161 74 58 55 148 64 Heat 12 35 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 | 127 145 161 74 58 55 148 64 Heat 12 35 136 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers |
| 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 | 127 145 161 74 58 55 148 64 Heat 12 35 136 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC |
| 1 2 3 4 5 6 6 7 8 Event 16 200 Metres 1 2 3 4 5 5 | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC |
| 1 2 3 4 4 5 6 6 7 8 Event 16 200 Metres 1 2 3 4 4 5 5 6 6 | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England |
| 1 2 3 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 3 4 5 6 6 7 | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 158 61 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish Walsh (M20), Leon | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England Yate & District AC |
| 1 2 3 4 4 5 6 6 7 8 Event 16 200 Metres 1 2 3 4 4 5 5 6 6 | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 158 61 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England |
| 1 2 3 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 3 4 5 6 6 7 | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 158 61 30 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish Walsh (M20), Leon Williams (M17), Regan-Jack Guide Start Time: 17:45 | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England Yate & District AC Yate & District AC |
| Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 158 61 30 Heat 13 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish Walsh (M20), Leon Williams (M17), Regan-Jack Guide Start Time: 17:45 Brady (M20), Ryan | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England Yate & District AC Yate & District AC Yate & District AC |
| Event 16 200 Metres Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 158 61 30 Heat 13 76 179 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish Walsh (M20), Leon Williams (M17), Regan-Jack Guide Start Time: 17:45 Brady (M20), Ryan Muhumuza (M34), Kenneth | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England Yate & District AC Yate & District AC Yate & District AC Team Bath |
| Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 158 61 30 Heat 13 76 179 125 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish Walsh (M20), Leon Williams (M17), Regan-Jack Guide Start Time: 17:45 Brady (M20), Ryan Muhumuza (M34), Kenneth Webb (M20), Callum | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England Yate & District AC Yate & District AC Yate & District AC Yate & District AC Team Bath Cardiff Archers |
| Event 16 200 Metres Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 158 61 30 Heat 13 76 179 125 204 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish Walsh (M20), Leon Williams (M17), Regan-Jack Guide Start Time: 17:45 Brady (M20), Ryan Muhumuza (M34), Kenneth Webb (M20), Callum Trueman (M34), Dan | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England Yate & District AC Yate & District AC Yate & District AC Team Bath |
| Event 16 200 Metres Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 158 61 30 Heat 13 76 179 125 204 15 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish Walsh (M20), Leon Williams (M17), Regan-Jack Guide Start Time: 17:45 Brady (M20), Ryan Muhumuza (M34), Kenneth Webb (M20), Callum Trueman (M34), Dan Maggs (M23), Josh | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England Yate & District AC Yate & District AC Yate & District AC Team Bath Cardiff Archers Stroud & District AC Bristol & West AC Bristol & West AC |
| Event 16 200 Metres Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 158 61 30 Heat 13 76 179 125 204 15 104 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish Walsh (M20), Leon Williams (M17), Regan-Jack Guide Start Time: 17:45 Brady (M20), Ryan Muhumuza (M34), Kenneth Webb (M20), Callum Trueman (M34), Dan Maggs (M23), Josh Ritson (M20), Mack | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England Yate & District AC Yate & District AC Yate & District AC Team Bath Cardiff Archers Stroud & District AC |
| Event 16 200 Metres Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 158 61 30 Heat 13 76 179 125 204 15 104 24 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish Walsh (M20), Leon Williams (M17), Regan-Jack Guide Start Time: 17:45 Brady (M20), Ryan Muhumuza (M34), Kenneth Webb (M20), Callum Trueman (M34), Dan Maggs (M23), Josh Ritson (M20), Mack Barnes (M17), Lewis | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England Yate & District AC Yate & District AC Yate & District AC Team Bath Cardiff Archers Stroud & District AC Bristol & West AC Team Bath Cardiff Archers Stroud & District AC Stroud & District AC Cardiff AAC |
| Event 16 200 Metres Event 16 200 Metres 1 2 3 4 5 6 7 8 Event 16 200 Metres 1 2 3 4 5 6 7 8 | 127 145 161 74 58 55 148 64 Heat 12 35 136 37 7 110 158 61 30 Heat 13 76 179 125 204 15 104 24 | Fields (M35), Alex Bryant (M20), Jasper Gurtubay (M17), Noah Lancett (M20), Max Wigginton (M17), Zack Morant (M45), Martyn Mhlanga (M17), Sibusiso Tailor (M23), Carlos Guide Start Time: 17:40 Eluyera (M23), Ayomide Rabhi (M23), Youssef Chinaka (M35), Samson Brudney (M34), Sam Durran (M17), Adam Kumar (M34), Kanish Walsh (M20), Leon Williams (M17), Regan-Jack Guide Start Time: 17:45 Brady (M20), Ryan Muhumuza (M34), Kenneth Webb (M20), Callum Trueman (M34), Dan Maggs (M23), Josh Ritson (M20), Mack | Cheltenham Harriers Yate & District AC Cheltenham Harriers Yate & District AC Team Bath Neath Harriers North Somerset AC Cardiff AAC Swansea Harriers Newport Harriers Yate & District AC North Somerset AC University of West England Yate & District AC Yate & District AC Yate & District AC Team Bath Cardiff Archers Stroud & District AC Bristol & West AC Team Bath Cardiff Archers Stroud & District AC Bristol & West AC Yate & District AC |

| Event 17 300m Hurdles (76.2) | Heat 1 Guide Start Time : 17:50 | |
|-----------------------------------|-------------------------------------|-------------------------|
| 1 | 140 Lazenbury (F17), Molly | Worcester AC |
| 2 | 63 Jakubowski (F17), Maya | Team Bath |
| 3 | 79 Aitchison (F17), Layla | Neath Harriers |
| 4 | 34 Moyes (F17), Natasha | Yate & District AC |
| 5 | 9 Woods (F17), Jemima | Team Bath |
| 6 | 80 Mills (F17), Ruby | Swansea Harriers |
| 7 | 182 Collins (M65), Callum | Bristol & West AC |
| | | |
| Event 18 400m Hurdles (76.2) | Heat 1 Guide Start Time : 17:55 | |
| 2 | 196 Ball (F20), Louisa | Neath Harriers |
| 3 | 211 Bates (F23), Mia | Team Bath |
| 4 | 93 Mackintosh (F34), Katie | Team Bath |
| 5 | 25 Brooks (F23), Stephanie | Yate & District AC |
| 6 | 212 Koubkova (F34), Lenka | University of Worcester |
| 7 | 89 Mullins (F20), Ellie | Team Bath |
| 8 | 123 Turner (F20), Evie | Yate & District AC |
| | | |
| Event 20 400m Hurdles (84.0/91.4) | Heat 1 Guide Start Time : 18:00 | |
| 1 | 95 Hines (M17), Matthew | Swansea Harriers |
| 2 | | |
| 3 | 194 Roberts (M23), Dafydd | |
| 4 | 152 Flavell (M34), Dominic | Team Bath |
| 5 | 209 Beresford (M20), Joseph | Swansea Harriers |
| 6 | 155 Jansen Van Rensburg (F34), Dane | Birchfield Harriers |
| 7 | 190 Callan (M23), Michael | Team Bath |
| 8 | 218 Welch (M23), Kester | Taunton AC |