

<b>Event 1 70m Hurdles (68.5)</b>		<b>Heat 1</b>	<b>Guide Start Time : 12:50</b>	
	3	82 Scott-Harden (F13), Maisie	Marlborough AC	
	4	139 Rahim (F13), Nura	Yate & District AC	
	5	198 Kavanagh (F13), Erin	Yate & District AC	
	6	118 Stopa (F13), Nelly	Team Bath	
<b>Event 1 70m Hurdles (68.5)</b>		<b>Heat 2</b>	<b>Guide Start Time : 12:55</b>	
	2	101 Powell (F13), Olivia	Yate & District AC	
	3	132 Hughes (F13), Matilda	North Somerset AC	
	4	160 Coote (F13), Madison	Cardiff AAC	
	5	159 Coote (F13), Olivia	Cardiff AAC	
	6	56 Proctor (F13), Immy	Team Bath	
<b>Event 2 75m Hurdles (76.2)</b>		<b>Heat 1</b>	<b>Guide Start Time : 13:00</b>	
	1	53 Wright (F15), Anna	Taunton AC	
	2	167 Raper-Thornell (F15), Trudie	Yate & District AC	
	3	162 Thurston (F15), Ella	North Somerset AC	
	4	153 Young (F15), Harriet	Neath Harriers	
	5	49 Vecchi (F15), Imogen	Cardiff AAC	
	6	129 Joynes (F15), Rosie	Yeovil Olympiads	
	7	106 Powell (M13), Charlie	Yate & District AC	
	8	84 Howell (M13), Henry	Gloucester AC	
<b>Event 3 80m Hurdles (76.2)</b>		<b>Heat 1</b>	<b>Guide Start Time : 13:10</b>	
	1	14 Gordon (F17), Annabel	Yate & District AC	
	2	63 Jakubowski (F17), Maya	Team Bath	
	3	131 Rodgers (F17), Nia	Taunton AC	
	4	57 Tarzey (F17), Kezia	Bristol & West AC	
	5	99 Redmond (F17), Celeste	Yate & District AC	
	6	9 Woods (F17), Jemima	Team Bath	
	7	44 Hallsworth (F17), Evie	Marlborough AC	
	8	147 Brown (F17), Eleri	Neath Harriers	
<b>Event 4 80m Hurdles (84.0)</b>		<b>Heat 1</b>	<b>Guide Start Time : 13:15</b>	
	3	41 Scherer-Cowell (M15), Harry	Yate & District AC	
	4	135 Yates (M15), Callum	Gloucester AC	
	5	217 Macleod (M15), Finn	Yate & District AC	
	6	42 Maley (M15), Ernest	Newport Harriers	
<b>Event 5 100m Hurdles (84.0)</b>		<b>Heat 1</b>	<b>Guide Start Time : 13:25</b>	
	1	78 Aitchison (F20), Evie	Neath Harriers	
	2	134 Lee (F34), Cerys	Taunton AC	
	3	32 Morgan (F23), Grace	Cardiff Archers	
	4	69 Evans (F34), Lauren	Cardiff AAC	
	5	146 Silcox (F34), Georgia	Yeovil Olympiads	
	6	119 McGee (F23), Ariyanna	Bath University	
	7	25 Brooks (F23), Stephanie	Yate & District AC	
	8	195 Carr (F20), Lauren	South Devon AC	
<b>Event 6 100m Hurdles (91.4)</b>		<b>Heat 1</b>	<b>Guide Start Time : 13:30</b>	
	3	178 Webb (M17), Daniel	Bristol & West AC	
	4	95 Hines (M17), Matthew	Swansea Harriers	
	5	45 Gutteridge (M17), Freddie	Marlborough AC	
<b>Event 7 110m Hurdles (99.0)</b>		<b>Heat 1</b>	<b>Guide Start Time : 13:45</b>	
	1	216 Dingley (M20), Adam	City of Plymouth AC	
	2	126 Wright (M20), Toby	Taunton AC	
	3	164 Grant (M20), Iolo	Cardiff Archers	
	4	137 Staddon (M20), Charlie	Team Bath	
	5	39 Eley (M20), Cameron	Newport Harriers	
	6	36 Isgrove (M20), George	Team Bath	
	7	197 Akanbi-Mortimer (M20), Toks	Cardiff AAC	
	8	85 Girling (M20), Joe	Neath Harriers	

<b>Event 9 300 Metres</b>		<b>Heat 1</b>	<b>Guide Start Time : 14:00</b>	
	2	82 Scott-Harden (F13), Maisie	Marlborough AC	
	3	90 Thompson (F15), Ava	Neath Harriers	
	4	188 Guzman (M13), Sebastian	Yate & District AC	
	5	187 Humphries-Cuff (F15), Elasia	Gloucester AC	
	6	168 Rundle (M15), Jed	Yate & District AC	
	7	196 Ball (F20), Louisa	Neath Harriers	
<b>Event 9 300 Metres</b>		<b>Heat 2</b>	<b>Guide Start Time : 14:05</b>	
	1	154 House (F13), Abigail	North Somerset AC	
	2	42 Maley (M15), Ernest	Newport Harriers	
	3	165 Ellery (M60), Mark	Bristol & West AC	
	4	135 Yates (M15), Callum	Gloucester AC	
	5	166 Hodges (F15), Scarlett	Bridgend AC	
	6	181 Cowton (M60), Malcolm	South West Vets AC	
	7	116 Phelps (F15), Sophie	Team Bath	
	8	167 Raper-Thornell (F15), Trudie	Yate & District AC	
<b>Event 9 300 Metres</b>		<b>Heat 3</b>	<b>Guide Start Time : 14:10</b>	
	1	21 Killourhey (F17), Lilia	Yate & District AC	
	2	157 Howell (F17), Georgia	Cheltenham Harriers	
	3	200 Shepperd (F17), Anais	Cardiff AAC	
	4	204 Trueman (M34), Dan	Stroud & District AC	
	5	66 Robbie (M20), Jon-Henry	Cardiff Archers	
	6	176 Vittle (F17), Holly	Cardiff AAC	
	7	11 Richards (F17), Jasmine	Yate & District AC	
	8	143 Warren (M15), Oscar	Unattached	
<b>Event 10 400 Metres</b>		<b>Heat 1</b>	<b>Guide Start Time : 14:15</b>	
	1	141 Lazenbury (F20), Alice	Worcester AC	
	2	89 Mullins (F20), Ellie	Team Bath	
	3	94 Jeffries (F65), Louise	Team Bath	
	4	192 Davis (M45), Andrew	Unattached	
	5	193 Davis (M15), Sidney	Yate & District AC	
	6	45 Gutteridge (M17), Freddie	Marlborough AC	
	7	189 Wright (F20), Ellie	Yate & District AC	
	8	197 Akanbi-Mortimer (M20), Toks	Cardiff AAC	
<b>Event 10 400 Metres</b>		<b>Heat 2</b>	<b>Guide Start Time : 14:20</b>	
	1	152 Flavell (M34), Dominic	Team Bath	
	2	109 Sheffield (F15), Eleanor	Stroud & District AC	
	3	88 McFadden (F20), Freya	Stroud & District AC	
	4	54 Devereux (F20), Keira	North Somerset AC	
	5	73 Cossins (F17), Millie	Stroud & District AC	
	6	78 Aitchison (F20), Evie	Neath Harriers	
	7	42 Maley (M15), Ernest	Newport Harriers	
	8	182 Collins (M65), Callum	Bristol & West AC	
<b>Event 10 400 Metres</b>		<b>Heat 3</b>	<b>Guide Start Time : 14:25</b>	
	1	144 Fletcher (M20), Daniel	Cwmbran Harriers	
	2	108 McIntosh (F20), Eleanor	Bristol & West AC	
	3	177 White (M17), Thomas	Team Bath	
	4	24 Barnes (M17), Lewis	Cardiff AAC	
	5	86 Carroll (M17), Rylan Shay	Neath Harriers	
	6	210 Watson (M17), Henry	Yate & District AC	
	7	184 Haynes (M34), Corey	Bristol & West AC	
	8	51 Dyson (M20), Noah	Team Bath	

<b>Event 10 400 Metres</b>		<b>Heat 4</b>	<b>Guide Start Time : 14:30</b>	
	1	186 Boon (M17), Owen	Yate & District AC	
	2	43 Wilkinson (M34), Jacob	Swansea Harriers	
	3	169 Gunning (M34), Scott	Basingstoke and Mid Hants AC	
	4	215 Onyewu (M34), Eli	Swansea Harriers	
	5	205 Wilson (M23), Edward	Yate & District AC	
	6	66 Robbie (M20), Jon-Henry	Cardiff Archers	
	7	74 Lancett (M20), Max	Cheltenham Harriers	
	8	26 Edwards (M34), James	Yate & District AC	
<b>Event 11 75 Metres</b>		<b>Heat 1</b>	<b>Guide Start Time : 14:45</b>	
	1	138 Jones (M13), George	North Somerset AC	
	2	142 Warren (F13), Millie	North Somerset AC	
	3	97 Arkwright (F13), Alba	Yate & District AC	
	4	130 Phillips (F13), Emily	Yate & District AC	
	5	84 Howell (M13), Henry	Gloucester AC	
	6	139 Rahim (F13), Nura	Yate & District AC	
	7	133 Hargrave (F13), Jess	North Somerset AC	
<b>Event 11 75 Metres</b>		<b>Heat 2</b>	<b>Guide Start Time : 14:50</b>	
	1	198 Kavanagh (F13), Erin	Yate & District AC	
	2	206 Neary (F13), Lara	Yate & District AC	
	3	180 Thurston (F13), Tess	North Somerset AC	
	4	118 Stopa (F13), Nelly	Team Bath	
	5	173 Grant (M13), Eli	Yate & District AC	
	6	199 Bowell (F13), Emily	Yate & District AC	
	7	191 Major (F13), Megan	Yate & District AC	
	8	106 Powell (M13), Charlie	Yate & District AC	
<b>Event 11 75 Metres</b>		<b>Heat 3</b>	<b>Guide Start Time : 14:54</b>	
	1	188 Guzman (M13), Sebastian	Yate & District AC	
	2	27 Swift-Smith (F13), Lucy	Yate & District AC	
	3	159 Coote (F13), Olivia	Cardiff AAC	
	4	83 Nugent (F13), Janae	Cardiff AAC	
	5	50 King (F13), Edith	Marlborough AC	
	6	82 Scott-Harden (F13), Maisie	Marlborough AC	
	7	154 House (F13), Abigail	North Somerset AC	
	8	65 Richards (M13), Lewis	Yate & District AC	
<b>Event 11 75 Metres</b>		<b>Heat 4</b>	<b>Guide Start Time : 14:59</b>	
	1	40 Bennett (F13), Beatrix	Yate & District AC	
	2	120 Wakefield-Paul (F13), Rosie	North Somerset AC	
	3	101 Powell (F13), Olivia	Yate & District AC	
	4	8 Barnes (M13), Jacob	Cardiff AAC	
	5	28 Sutherland (M13), Joseph	Yate & District AC	
	6	81 Marr (F13), Isabella	North Somerset AC	
	7	6 Ramsey (F13), Lauren	Yate & District AC	
	8	160 Coote (F13), Madison	Cardiff AAC	
<b>Event 12 100 Metres Para</b>		<b>Heat 1</b>	<b>Guide Start Time : 15:05</b>	
	2	213 Spry (M15), Harry	Yate & District AC	
	3	214 Jubb (F17), Nancy	Yate & District AC	
	4	207 Callow (M34), Chris	Yate & District AC	
	5	203 Richardson (M15), Toby	Yate & District AC	
	6	151 Hewitt (F35), Eleanor	Yate & District AC	

Event 13 100 Metres		Heat 1	Guide Start Time : 15:10	
	2	168 Rundle (M15), Jed		Yate & District AC
	3	20 Thompson (F15), Beatrice		Marlborough AC
	4	139 Rahim (F13), Nura		Yate & District AC
	5	170 Lee (F15), Annabel		Yate & District AC
	6	29 McMullan (F15), Mia		Team Bath
Event 13 100 Metres		Heat 2	Guide Start Time : 15:15	
	1	112 Austin (M15), Finnley		Neath Harriers
	2	4 Aliyu (F15), Fayola		Bristol & West AC
	3	18 Warren (M50), Paul		Marlborough AC
	4	116 Phelps (F15), Sophie		Team Bath
	5	19 Blackmore (F15), Erin		Marlborough AC
	6	208 Akinde (M17), Michael		Bath University
	7	41 Scherer-Cowell (M15), Harry		Yate & District AC
	8	149 Richmond (F15), Frida		Yate & District AC
Event 13 100 Metres		Heat 3	Guide Start Time : 15:19	
	1	75 Moore Bethel (F15), Sophie		Marlborough AC
	2	132 Hughes (F13), Matilda		North Somerset AC
	3	122 Hart (F34), Katrina		Birchfield Harriers
	4	2 Walkey (F15), Lily		Yate & District AC
	5	153 Young (F15), Harriet		Neath Harriers
	6	115 Challis (F13), Serena-Summer		North Somerset AC
	7	113 Nicoll (F15), Aaliyah		Yate & District AC
	8	96 Foster (F17), Rosie		Yate & District AC
Event 13 100 Metres		Heat 4	Guide Start Time : 15:24	
	1	150 Lawal (F15), Naomi		Cheltenham Harriers
	2	172 Patterson (M35), Chris		Marlborough AC
	3	10 Richards (F15), Summer		Yate & District AC
	4	79 Aitchison (F17), Layla		Neath Harriers
	5	185 Andrews (F17), Libby		Gloucester AC
	6	38 Davies (M65), Roderick		Swansea Harriers
	7	49 Vecchi (F15), Imogen		Cardiff AAC
	8	46 Connorton (F15), Madelaine		Marlborough AC
Event 13 100 Metres		Heat 5	Guide Start Time : 15:28	
	1	91 Goodwin (F15), Anya-Rose		Cardiff AAC
	2	165 Ellery (M60), Mark		Bristol & West AC
	3	128 Tapper (F17), Libby		Cwmbran Harriers
	4	72 Howell (F15), Bella		Yate & District AC
	5	105 Hibbert (F20), Tamar		Marlborough AC
	6	67 Marshall (M55), James		Bristol & West AC
	7	174 Pugh (F17), Scarlett		Marlborough AC
	8	16 Bassett (F17), Alice		Team Bath
Event 13 100 Metres		Heat 6	Guide Start Time : 15:33	
	1	98 Hill (F17), Isabel		Yate & District AC
	2	131 Rodgers (F17), Nia		Taunton AC
	3	12 Wilkins (M15), Tristan		Yate & District AC
	4	135 Yates (M15), Callum		Gloucester AC
	5	59 Drennen (F17), Ruby-Mae		Yate & District AC
	6	171 Patterson (F15), Evie		Marlborough AC
	7	143 Warren (M15), Oscar		Unattached
	8	92 Thomas (F17), Evey		Unattached

<b>Event 13 100 Metres</b>		<b>Heat 7</b>	<b>Guide Start Time : 15:37</b>	
	1	53 Wright (F15), Anna	Taunton AC	
	2	102 Karekla (F23), Stefani	Swansea Harriers	
	3	147 Brown (F17), Eleri	Neath Harriers	
	4	103 Pachula (F15), Olivia	Gloucester AC	
	5	70 Darby (F23), Hannah	University of Birmingham	
	6	47 Nelson (M23), Louie	Yate & District AC	
	7	178 Webb (M17), Daniel	Bristol & West AC	
	8	60 Imoh (F15), Chizorom	Bristol & West AC	
<b>Event 13 100 Metres</b>		<b>Heat 8</b>	<b>Guide Start Time : 15:42</b>	
	1	31 Gibbs (F34), Sarah	Newport Harriers	
	2	9 Woods (F17), Jemima	Team Bath	
	3	114 Turner (F15), Beth	Team Bath	
	4	34 Moyes (F17), Natasha	Yate & District AC	
	5	68 Cambridge (F15), Amari	Gloucester AC	
	6	117 Murray (M17), Euan	Team Bath	
	7	107 Tandy (F15), Amber	Gloucester AC	
	8	57 Tarzey (F17), Kezia	Bristol & West AC	
<b>Event 13 100 Metres</b>		<b>Heat 9</b>	<b>Guide Start Time : 15:46</b>	
	1	48 Morgan (M50), James	Unattached	
	2	100 Murray (F17), Elana	Cardiff AAC	
	3	87 Herringshaw (F15), Martha	North Somerset AC	
	4	144 Fletcher (M20), Daniel	Cwmbran Harriers	
	5	111 Brown (M17), Jacob	Gloucester AC	
	6	13 Higginson (F17), Katie	Cardiff AAC	
	7	183 Sharp (M17), Billy	North Somerset AC	
	8	156 Anderson (F17), Mercedes	Cardiff AAC	
<b>Event 13 100 Metres</b>		<b>Heat 10</b>	<b>Guide Start Time : 15:51</b>	
	1	77 Marchant (M17), Oliver	Cheltenham Harriers	
	2	3 Treglown (F23), Kirsty	Yate & District AC	
	3	17 Little (F17), Keeley	Torbay AAC	
	4	71 Shearer (M15), Oliver	Cardiff AAC	
	5	32 Morgan (F23), Grace	Cardiff Archers	
	6	127 Fields (M35), Alex	Bristol & West AC	
	7	148 Mhlanga (M17), Sibusiso	Neath Harriers	
	8	175 Roach (M17), Zac	Cardiff AAC	
<b>Event 13 100 Metres</b>		<b>Heat 11</b>	<b>Guide Start Time : 15:55</b>	
	1	55 Morant (M45), Martyn	Team Bath	
	2	145 Bryant (M20), Jasper	Cheltenham Harriers	
	3	30 Williams (M17), Regan-Jack	Yate & District AC	
	4	5 Ramsey (M17), Jack	Yate & District AC	
	5	161 Gurtubay (M17), Noah	Yate & District AC	
	6	51 Dyson (M20), Noah	Team Bath	
	7	1 Walkey (F17), Isabelle	Yate & District AC	
	8	62 Williams (M20), Charlie	Yate & District AC	
<b>Event 13 100 Metres</b>		<b>Heat 12</b>	<b>Guide Start Time : 16:00</b>	
	1	64 Tailor (M23), Carlos	North Somerset AC	
	2	23 Van Beneden (M20), Nicholas	Team Bath	
	3	110 Durran (M17), Adam	North Somerset AC	
	4	136 Rabhi (M23), Youssef	Swansea Harriers	
	5	37 Chinaka (M35), Samson	Newport Harriers	
	6	61 Walsh (M20), Leon	Yate & District AC	
	7	35 Eluyera (M23), Ayomide	Cardiff AAC	
	8	58 Wigginton (M17), Zack	Yate & District AC	

Event 13 100 Metres	Heat 13	Guide Start Time : 16:04	
	1	126 Wright (M20), Toby	Taunton AC
	2	179 Muhumuza (M34), Kenneth	Team Bath
	3	76 Brady (M20), Ryan	Bristol & West AC
	4	204 Trueman (M34), Dan	Stroud & District AC
	5	15 Maggs (M23), Josh	Bristol & West AC
	6	7 Brudney (M34), Sam	Yate & District AC
	7	104 Ritson (M20), Mack	Yate & District AC
	8	137 Staddon (M20), Charlie	Team Bath

#### Officials Break 20 mins

Event 14 150 Metres	Heat 1	Guide Start Time : 16:25	
	1	130 Phillips (F13), Emily	Yate & District AC
	2	50 King (F13), Edith	Marlborough AC
	3	97 Arkwright (F13), Alba	Yate & District AC
	4	188 Guzman (M13), Sebastian	Yate & District AC
	5	138 Jones (M13), George	North Somerset AC
	6	84 Howell (M13), Henry	Gloucester AC
	7	133 Hargrave (F13), Jess	North Somerset AC
	8	118 Stopa (F13), Nelly	Team Bath

Event 14 150 Metres	Heat 2	Guide Start Time : 16:30	
	1	198 Kavanagh (F13), Erin	Yate & District AC
	2	142 Warren (F13), Millie	North Somerset AC
	3	27 Swift-Smith (F13), Lucy	Yate & District AC
	4	81 Marr (F13), Isabella	North Somerset AC
	5	120 Wakefield-Paul (F13), Rosie	North Somerset AC
	6	65 Richards (M13), Lewis	Yate & District AC
	7	173 Grant (M13), Eli	Yate & District AC
	8	191 Major (F13), Megan	Yate & District AC

Event 14 150 Metres	Heat 3	Guide Start Time : 16:35	
	1	115 Challis (F13), Serena-Summer	North Somerset AC
	2	83 Nugent (F13), Janae	Cardiff AAC
	3	101 Powell (F13), Olivia	Yate & District AC
	4	8 Barnes (M13), Jacob	Cardiff AAC
	5	28 Sutherland (M13), Joseph	Yate & District AC
	6	40 Bennett (F13), Beatrix	Yate & District AC
	7	6 Ramsey (F13), Lauren	Yate & District AC
	8	154 House (F13), Abigail	North Somerset AC

Event 15 200 Metres Para	Heat 1	Guide Start Time : 16:40	
	3	214 Jubb (F17), Nancy	Yate & District AC
	4	207 Callow (M34), Chris	Yate & District AC
	5	203 Richardson (M15), Toby	Yate & District AC
	6	151 Hewitt (F35), Eleanor	Yate & District AC

Event 16 200 Metres	Heat 1	Guide Start Time : 16:45	
	2	133 Hargrave (F13), Jess	North Somerset AC
	3	163 Nisbet (F15), Nico	Yate & District AC
	4	20 Thompson (F15), Beatrice	Marlborough AC
	5	41 Scherer-Cowell (M15), Harry	Yate & District AC
	6	170 Lee (F15), Annabel	Yate & District AC
	7	149 Richmond (F15), Frida	Yate & District AC

<b>Event 16 200 Metres</b>		<b>Heat 2</b>	<b>Guide Start Time : 16:50</b>
	1	60 Imoh (F15), Chizorom	Bristol & West AC
	2	208 Akinde (M17), Michael	Bath University
	3	113 Nicoll (F15), Aaliyah	Yate & District AC
	4	116 Phelps (F15), Sophie	Team Bath
	5	19 Blackmore (F15), Erin	Marlborough AC
	6	94 Jeffries (F65), Louise	Team Bath
	7	189 Wright (F20), Ellie	Yate & District AC
	8	85 Girling (M20), Joe	Neath Harriers
<b>Event 16 200 Metres</b>		<b>Heat 3</b>	<b>Guide Start Time : 16:55</b>
	1	132 Hughes (F13), Matilda	North Somerset AC
	2	4 Aliyu (F15), Fayola	Bristol & West AC
	3	46 Connorton (F15), Madelaine	Marlborough AC
	4	185 Andrews (F17), Libby	Gloucester AC
	5	75 Moore Bethel (F15), Sophie	Marlborough AC
	6	83 Nugent (F13), Janae	Cardiff AAC
	7	153 Young (F15), Harriet	Neath Harriers
	8	81 Marr (F13), Isabella	North Somerset AC
<b>Event 16 200 Metres</b>		<b>Heat 4</b>	<b>Guide Start Time : 17:00</b>
	1	21 Killourhey (F17), Lilia	Yate & District AC
	2	128 Tapper (F17), Libby	Cwmbran Harriers
	3	2 Walkey (F15), Lily	Yate & District AC
	4	105 Hibbert (F20), Tamar	Marlborough AC
	5	114 Turner (F15), Beth	Team Bath
	6	171 Patterson (F15), Evie	Marlborough AC
	7	16 Bassett (F17), Alice	Team Bath
	8	38 Davies (M65), Roderick	Swansea Harriers
<b>Event 16 200 Metres</b>		<b>Heat 5</b>	<b>Guide Start Time : 17:05</b>
	1	91 Goodwin (F15), Anya-Rose	Cardiff AAC
	2	67 Marshall (M55), James	Bristol & West AC
	3	52 Ifill (F17), Eva	Cardiff AAC
	4	150 Lawal (F15), Naomi	Cheltenham Harriers
	5	124 Ovens (F17), Reef	Team Bath
	6	174 Pugh (F17), Scarlett	Marlborough AC
	7	72 Howell (F15), Bella	Yate & District AC
	8	10 Richards (F15), Summer	Yate & District AC
<b>Event 16 200 Metres</b>		<b>Heat 6</b>	<b>Guide Start Time : 17:10</b>
	1	12 Wilkins (M15), Tristan	Yate & District AC
	2	99 Redmond (F17), Celeste	Yate & District AC
	3	14 Gordon (F17), Annabel	Yate & District AC
	4	131 Rodgers (F17), Nia	Taunton AC
	5	53 Wright (F15), Anna	Taunton AC
	6	165 Ellery (M60), Mark	Bristol & West AC
	7	59 Drennen (F17), Ruby-Mae	Yate & District AC
	8	92 Thomas (F17), Evey	Unattached
<b>Event 16 200 Metres</b>		<b>Heat 7</b>	<b>Guide Start Time : 17:15</b>
	1	98 Hill (F17), Isabel	Yate & District AC
	2	31 Gibbs (F34), Sarah	Newport Harriers
	3	68 Cambridge (F15), Amari	Gloucester AC
	4	102 Karekla (F23), Stefani	Swansea Harriers
	5	33 Bell (F17), Charlotte	Stroud & District AC
	6	107 Tandy (F15), Amber	Gloucester AC
	7	147 Brown (F17), Eleri	Neath Harriers
	8	70 Darby (F23), Hannah	University of Birmingham

Event 16 200 Metres		Heat 8	Guide Start Time : 17:20	
	1	178 Webb (M17), Daniel		Bristol & West AC
	2	156 Anderson (F17), Mercedes		Cardiff AAC
	3	22 Bailey (F23), Lily		Yate & District AC
	4	100 Murray (F17), Elana		Cardiff AAC
	5	48 Morgan (M50), James		Unattached
	6	13 Higginson (F17), Katie		Cardiff AAC
	7	117 Murray (M17), Euan		Team Bath
	8	103 Pachula (F15), Olivia		Gloucester AC
Event 16 200 Metres		Heat 9	Guide Start Time : 17:25	
	1	87 Herringshaw (F15), Martha		North Somerset AC
	2	3 Treglown (F23), Kirsty		Yate & District AC
	3	5 Ramsey (M17), Jack		Yate & District AC
	4	62 Williams (M20), Charlie		Yate & District AC
	5	77 Marchant (M17), Oliver		Cheltenham Harriers
	6	183 Sharp (M17), Billy		North Somerset AC
	7	134 Lee (F34), Cerys		Taunton AC
	8	200 Shepperd (F17), Anais		Cardiff AAC
Event 16 200 Metres		Heat 10	Guide Start Time : 17:30	
	1	112 Austin (M15), Finnley		Neath Harriers
	2	71 Shearer (M15), Oliver		Cardiff AAC
	3	69 Evans (F34), Lauren		Cardiff AAC
	4	111 Brown (M17), Jacob		Gloucester AC
	5	1 Walkey (F17), Isabelle		Yate & District AC
	6	25 Brooks (F23), Stephanie		Yate & District AC
	7	175 Roach (M17), Zac		Cardiff AAC
	8	17 Little (F17), Keeley		Torbay AAC
Event 16 200 Metres		Heat 11	Guide Start Time : 17:35	
	1	127 Fields (M35), Alex		Bristol & West AC
	2	145 Bryant (M20), Jasper		Cheltenham Harriers
	3	161 Gurtubay (M17), Noah		Yate & District AC
	4	74 Lancett (M20), Max		Cheltenham Harriers
	5	58 Wigginton (M17), Zack		Yate & District AC
	6	55 Morant (M45), Martyn		Team Bath
	7	148 Mhlanga (M17), Sibusiso		Neath Harriers
	8	64 Tailor (M23), Carlos		North Somerset AC
Event 16 200 Metres		Heat 12	Guide Start Time : 17:40	
	1	35 Eluyera (M23), Ayomide		Cardiff AAC
	2	136 Rabhi (M23), Youssef		Swansea Harriers
	3	37 Chinaka (M35), Samson		Newport Harriers
	4	7 Brudney (M34), Sam		Yate & District AC
	5	110 Durran (M17), Adam		North Somerset AC
	6	158 Kumar (M34), Kanish		University of West England
	7	61 Walsh (M20), Leon		Yate & District AC
	8	30 Williams (M17), Regan-Jack		Yate & District AC
Event 16 200 Metres		Heat 13	Guide Start Time : 17:45	
	1	76 Brady (M20), Ryan		Bristol & West AC
	2	179 Muhumuza (M34), Kenneth		Team Bath
	3	125 Webb (M20), Callum		Cardiff Archers
	4	204 Trueman (M34), Dan		Stroud & District AC
	5	15 Maggs (M23), Josh		Bristol & West AC
	6	104 Ritson (M20), Mack		Yate & District AC
	7	24 Barnes (M17), Lewis		Cardiff AAC
	8	39 Eley (M20), Cameron		Newport Harriers



Event 17 300m Hurdles (76.2)			Heat 1	Guide Start Time : 17:50
	1	140 Lazenbury (F17), Molly		Worcester AC
	2	63 Jakubowski (F17), Maya		Team Bath
	3	79 Aitchison (F17), Layla		Neath Harriers
	4	34 Moyes (F17), Natasha		Yate & District AC
	5	9 Woods (F17), Jemima		Team Bath
	6	80 Mills (F17), Ruby		Swansea Harriers
	7	182 Collins (M65), Callum		Bristol & West AC
Event 18 400m Hurdles (76.2)			Heat 1	Guide Start Time : 17:55
	2	196 Ball (F20), Louisa		Neath Harriers
	3	211 Bates (F23), Mia		Team Bath
	4	93 Mackintosh (F34), Katie		Team Bath
	5	25 Brooks (F23), Stephanie		Yate & District AC
	6	212 Koubkova (F34), Lenka		University of Worcester
	7	89 Mullins (F20), Ellie		Team Bath
	8	123 Turner (F20), Evie		Yate & District AC
Event 20 400m Hurdles (84.0/91.4)			Heat 1	Guide Start Time : 18:00
	1	95 Hines (M17), Matthew		Swansea Harriers
	2			
	3	194 Roberts (M23), Dafydd		
	4	152 Flavell (M34), Dominic		Team Bath
	5	209 Beresford (M20), Joseph		Swansea Harriers
	6	155 Jansen Van Rensburg (F34), Danel		Birchfield Harriers
	7	190 Callan (M23), Michael		Team Bath
	8	218 Welch (M23), Kester		Taunton AC