

Event 1 70m Hurdles (68.5)		Heat 1	Guide Start Time : 12:50	
	1	118 Stopa (F13), Nelly	Team Bath	
	2	198 Kavanagh (F13), Erin	Yate & District AC	
	3	132 Hughes (F13), Matilda	North Somerset AC	
	4	160 Coote (F13), Madison	Cardiff AAC	
	5	159 Coote (F13), Olivia	Cardiff AAC	
	6	56 Proctor (F13), Immy	Team Bath	
	7	82 Scott-Harden (F13), Maisie	Marlborough AC	
	8	139 Rahim (F13), Nura	Yate & District AC	
Event 2 75m Hurdles (76.2)		Heat 1	Guide Start Time : 13:00	
	1	53 Wright (F15), Anna	Taunton AC	
	2	167 Raper-Thornell (F15), Trudie	Yate & District AC	
	3	162 Thurston (F15), Ella	North Somerset AC	
	4	153 Young (F15), Harriet	Neath Harriers	
	5	49 Vecchi (F15), Imogen	Cardiff AAC	
	6	129 Joynes (F15), Rosie	Yeovil Olympiads	
	7	106 Powell (M13), Charlie	Yate & District AC	
	8	84 Howell (M13), Henry	Gloucester AC	
Event 3 80m Hurdles (76.2)		Heat 1	Guide Start Time : 13:10	
	1	14 Gordon (F17), Annabel	Yate & District AC	
	2	63 Jakubowski (F17), Maya	Team Bath	
	3	131 Rodgers (F17), Nia	Taunton AC	
	4	57 Tarzey (F17), Kezia	Bristol & West AC	
	5	99 Redmond (F17), Celeste	Yate & District AC	
	6	9 Woods (F17), Jemima	Team Bath	
	7	44 Hallsworth (F17), Evie	Marlborough AC	
	8	147 Brown (F17), Eleri	Neath Harriers	
Event 4 80m Hurdles (84.0)		Heat 1	Guide Start Time : 13:15	
	3	41 Scherer-Cowell (M15), Harry	Yate & District AC	
	4	135 Yates (M15), Callum	Gloucester AC	
	5	217 Macleod (M15), Finn	Yate & District AC	
	6	42 Maley (M15), Ernest	Newport Harriers	
Event 5 100m Hurdles (84.0)		Heat 1	Guide Start Time : 13:25	
	1	78 Aitchison (F20), Evie	Neath Harriers	
	2	134 Lee (F34), Cerys	Taunton AC	
	3	32 Morgan (F23), Grace	Cardiff Archers	
	4	69 Evans (F34), Lauren	Cardiff AAC	
	5	146 Silcox (F34), Georgia	Yeovil Olympiads	
	6	119 McGee (F23), Ariyanna	Bath University	
	7	25 Brooks (F23), Stephanie	Yate & District AC	
	8	195 Carr (F20), Lauren	South Devon AC	
Event 6 100m Hurdles (91.4)		Heat 1	Guide Start Time : 13:30	
	3	178 Webb (M17), Daniel	Bristol & West AC	
	4	95 Hines (M17), Matthew	Swansea Harriers	
	5	45 Gutteridge (M17), Freddie	Marlborough AC	
Event 7 110m Hurdles (99.0)		Heat 1	Guide Start Time : 13:45	
	1	216 Dingley (M20), Adam	City of Plymouth AC	
	2	126 Wright (M20), Toby	Taunton AC	
	3	164 Grant (M20), Iolo	Cardiff Archers	
	4	137 Staddon (M20), Charlie	Team Bath	
	5	39 Eley (M20), Cameron	Newport Harriers	
	6	36 Isgrove (M20), George	Team Bath	
	7	197 Akanbi-Mortimer (M20), Toks	Cardiff AAC	
	8	85 Girling (M20), Joe	Neath Harriers	

Event 9 300 Metres		Heat 1	Guide Start Time : 14:00	
	2	167 Raper-Thornell (F15), Trudie	Yate & District AC	
	3	188 Guzman (M13), Sebastian	Yate & District AC	
	4	90 Thompson (F15), Ava	Neath Harriers	
	5	82 Scott-Harden (F13), Maisie	Marlborough AC	
	6	168 Rundle (M15), Jed	Yate & District AC	
	7	187 Humphries-Cuff (F15), Elasia	Gloucester AC	
Event 9 300 Metres		Heat 2	Guide Start Time : 14:05	
	1	154 House (F13), Abigail	North Somerset AC	
	2	44 Mitton (F15), Ffion	Cardiff AAC	
	3	181 Cowton (M60), Malcolm	South West Vets AC	
	4	166 Hodges (F15), Scarlett	Bridgend AC	
	5	165 Ellery (M60), Mark	Bristol & West AC	
	6	42 Maley (M15), Ernest	Newport Harriers	
	7	116 Phelps (F15), Sophie	Team Bath	
	8	196 Ball (F20), Louisa	Neath Harriers	
Event 9 300 Metres		Heat 3	Guide Start Time : 14:10	
	1	143 Warren (M15), Oscar	Unattached	
	2	11 Richards (F17), Jasmine	Yate & District AC	
	3	176 Vittle (F17), Holly	Cardiff AAC	
	4	204 Trueman (M34), Dan	Stroud & District AC	
	5	200 Shepperd (F17), Anais	Cardiff AAC	
	6	157 Howell (F17), Georgia	Cheltenham Harriers	
	7	21 Killourhey (F17), Lilia	Yate & District AC	
	8	135 Yates (M15), Callum	Gloucester AC	
Event 10 400 Metres		Heat 1	Guide Start Time : 14:15	
	1	141 Lazenbury (F20), Alice	Worcester AC	
	2	197 Akanbi-Mortimer (M20), Toks	Cardiff AAC	
	3	94 Jeffries (F65), Louise	Team Bath	
	4	192 Davis (M45), Andrew	Unattached	
	5	193 Davis (M15), Sidney	Yate & District AC	
	6	45 Gutteridge (M17), Freddie	Marlborough AC	
	7	89 Mullins (F20), Ellie	Team Bath	
	8	189 Wright (F20), Ellie	Yate & District AC	
Event 10 400 Metres		Heat 2	Guide Start Time : 14:20	
	1	152 Flavell (M34), Dominic	Team Bath	
	2	109 Sheffield (F15), Eleanor	Stroud & District AC	
	3	88 McFadden (F20), Freya	Stroud & District AC	
	4	54 Devereux (F20), Keira	North Somerset AC	
	5	73 Cossins (F17), Millie	Stroud & District AC	
	6	78 Aitchison (F20), Evie	Neath Harriers	
	7	42 Maley (M15), Ernest	Newport Harriers	
	8	182 Collins (M65), Callum	Bristol & West AC	
Event 10 400 Metres		Heat 3	Guide Start Time : 14:25	
	1	62 Robbins (F34), Katie	Yate & District AC	
	2	184 Haynes (M34), Corey	Bristol & West AC	
	3	210 Watson (M17), Henry	Yate & District AC	
	4	86 Carroll (M17), Rylan Shay	Neath Harriers	
	5	177 White (M17), Thomas	Team Bath	
	6	108 McIntosh (F20), Eleanor	Bristol & West AC	
	7	144 Fletcher (M20), Daniel	Cwmbran Harriers	
	8	51 Dyson (M20), Noah	Team Bath	

<b>Event 10 400 Metres</b>		<b>Heat 4</b>	<b>Guide Start Time : 14:30</b>	
	1	26 Edwards (M34), James	Yate & District AC	
	2	74 Lancett (M20), Max	Cheltenham Harriers	
	3	169 Gunning (M34), Scott	Basingstoke and Mid Hants AC	
	4	215 Onyewu (M34), Eli	Swansea Harriers	
	5	205 Wilson (M23), Edward	Yate & District AC	
	6	43 Wilkinson (M34), Jacob	Swansea Harriers	
	7	186 Boon (M17), Owen	Yate & District AC	
	8	24 Barnes (M17), Lewis	Cardiff AAC	
<b>Event 11 75 Metres</b>		<b>Heat 1</b>	<b>Guide Start Time : 14:45</b>	
	1	138 Jones (M13), George	North Somerset AC	
	2	142 Warren (F13), Millie	North Somerset AC	
	3	97 Arkwright (F13), Alba	Yate & District AC	
	4	130 Phillips (F13), Emily	Yate & District AC	
	5	84 Howell (M13), Henry	Gloucester AC	
	6	139 Rahim (F13), Nura	Yate & District AC	
	7	133 Hargrave (F13), Jess	North Somerset AC	
<b>Event 11 75 Metres</b>		<b>Heat 2</b>	<b>Guide Start Time : 14:50</b>	
	1	198 Kavanagh (F13), Erin	Yate & District AC	
	2	206 Neary (F13), Lara	Yate & District AC	
	3	180 Thurston (F13), Tess	North Somerset AC	
	4	118 Stopa (F13), Nelly	Team Bath	
	5	173 Grant (M13), Eli	Yate & District AC	
	6	199 Bowell (F13), Emily	Yate & District AC	
	7	191 Major (F13), Megan	Yate & District AC	
	8	106 Powell (M13), Charlie	Yate & District AC	
<b>Event 11 75 Metres</b>		<b>Heat 3</b>	<b>Guide Start Time : 14:54</b>	
	1	188 Guzman (M13), Sebastian	Yate & District AC	
	2	27 Swift-Smith (F13), Lucy	Yate & District AC	
	3	159 Coote (F13), Olivia	Cardiff AAC	
	4	83 Nugent (F13), Janae	Cardiff AAC	
	5	50 King (F13), Edith	Marlborough AC	
	6	82 Scott-Harden (F13), Maisie	Marlborough AC	
	7	154 House (F13), Abigail	North Somerset AC	
	8	65 Richards (M13), Lewis	Yate & District AC	
<b>Event 11 75 Metres</b>		<b>Heat 4</b>	<b>Guide Start Time : 14:59</b>	
	1	40 Bennett (F13), Beatrix	Yate & District AC	
	2	120 Wakefield-Paul (F13), Rosie	North Somerset AC	
	3	101 Powell (F13), Olivia	Yate & District AC	
	4	8 Barnes (M13), Jacob	Cardiff AAC	
	5	28 Sutherland (M13), Joseph	Yate & District AC	
	6	81 Marr (F13), Isabella	North Somerset AC	
	7	6 Ramsey (F13), Lauren	Yate & District AC	
	8	160 Coote (F13), Madison	Cardiff AAC	
<b>Event 12 100 Metres Para</b>		<b>Heat 1</b>	<b>Guide Start Time : 15:05</b>	
	2	213 Spry (M15), Harry	Yate & District AC	
	3	214 Jubb (F17), Nancy	Yate & District AC	
	4	207 Callow (M34), Chris	Yate & District AC	
	5	203 Richardson (M15), Toby	Yate & District AC	
	6	151 Hewitt (F35), Eleanor	Yate & District AC	

Event 13 100 Metres		Heat 1	Guide Start Time : 15:10
	1	20 Thompson (F15), Beatrice	Marlborough AC
	2	170 Lee (F15), Annabel	Yate & District AC
	3	41 Scherer-Cowell (M15), Harry	Yate & District AC
	4	112 Austin (M15), Finnley	Neath Harriers
	5	139 Rahim (F13), Nura	Yate & District AC
	6	168 Rundle (M15), Jed	Yate & District AC
	7	29 McMullan (F15), Mia	Team Bath
Event 13 100 Metres		Heat 2	Guide Start Time : 15:15
	1	4 Aliyu (F15), Fayola	Bristol & West AC
	2	208 Akinde (M17), Michael	Bath University
	3	19 Blackmore (F15), Erin	Marlborough AC
	4	96 Foster (F17), Rosie	Yate & District AC
	5	116 Phelps (F15), Sophie	Team Bath
	6	18 Warren (M50), Paul	Marlborough AC
	7	5 Bailey (F15), Prin	Bristol & West AC
	8	149 Richmond (F15), Frida	Yate & District AC
Event 13 100 Metres		Heat 3	Guide Start Time : 15:19
	1	115 Challis (F13), Serena-Summer	North Somerset AC
	2	132 Hughes (F13), Matilda	North Somerset AC
	3	153 Young (F15), Harriet	Neath Harriers
	4	46 Connorton (F15), Madelaine	Marlborough AC
	5	2 Walkey (F15), Lily	Yate & District AC
	6	122 Hart (F34), Katrina	Birchfield Harriers
	7	113 Nicoll (F15), Aaliyah	Yate & District AC
	8	75 Moore Bethel (F15), Sophie	Marlborough AC
Event 13 100 Metres		Heat 4	Guide Start Time : 15:24
	1	150 Lawal (F15), Naomi	Cheltenham Harriers
	2	38 Davies (M65), Roderick	Swansea Harriers
	3	185 Andrews (F17), Libby	Gloucester AC
	4	79 Aitchison (F17), Layla	Neath Harriers
	5	16 Bassett (F17), Alice	Team Bath
	6	10 Richards (F15), Summer	Yate & District AC
	7	172 Patterson (M35), Chris	Marlborough AC
	8	49 Vecchi (F15), Imogen	Cardiff AAC
Event 13 100 Metres		Heat 5	Guide Start Time : 15:28
	1	174 Pugh (F17), Scarlett	Marlborough AC
	2	165 Ellery (M60), Mark	Bristol & West AC
	3	128 Tapper (F17), Libby	Cwmbran Harriers
	4	72 Howell (F15), Bella	Yate & District AC
	5	105 Hibbert (F20), Tamar	Marlborough AC
	6	67 Marshall (M55), James	Bristol & West AC
	7	44 Mitton (F15), Ffion	Cardiff AAC
	8	91 Goodwin (F15), Anya-Rose	Cardiff AAC
Event 13 100 Metres		Heat 6	Guide Start Time : 15:33
	1	98 Hill (F17), Isabel	Yate & District AC
	2	92 Thomas (F17), Evey	Gloucester AC
	3	12 Wilkins (M15), Tristan	Yate & District AC
	4	59 Drennen (F17), Ruby-Mae	Yate & District AC
	5	171 Patterson (F15), Evie	Marlborough AC
	6	131 Rodgers (F17), Nia	Taunton AC
	7	66 Pope (F17), Anna	North Somerset AC
	8	143 Warren (M15), Oscar	Unattached

Event 13 100 Metres		Heat 7	Guide Start Time : 15:37	
	1	60 Imoh (F15), Chizorom		Bristol & West AC
	2	178 Webb (M17), Daniel		Bristol & West AC
	3	47 Nelson (M23), Louie		Yate & District AC
	4	70 Darby (F23), Hannah		University of Birmingham
	5	147 Brown (F17), Eleri		Neath Harriers
	6	102 Karekla (F23), Stefani		Swansea Harriers
	7	53 Wright (F15), Anna		Taunton AC
	8	135 Yates (M15), Callum		Gloucester AC
Event 13 100 Metres		Heat 8	Guide Start Time : 15:42	
	1	103 Pachula (F15), Olivia		Gloucester AC
	2	57 Tarzey (F17), Kezia		Bristol & West AC
	3	117 Murray (M17), Euan		Team Bath
	4	68 Cambridge (F15), Amari		Gloucester AC
	5	114 Turner (F15), Beth		Team Bath
	6	9 Woods (F17), Jemima		Team Bath
	7	31 Gibbs (F34), Sarah		Newport Harriers
	8	107 Tandy (F15), Amber		Gloucester AC
Event 13 100 Metres		Heat 9	Guide Start Time : 15:46	
	1	121 Grant (M15), Darius		Cheltenham Harriers
	2	48 Morgan (M50), James		Unattached
	3	100 Murray (F17), Elana		Cardiff AAC
	4	87 Herringshaw (F15), Martha		North Somerset AC
	5	13 Higginson (F17), Katie		Cardiff AAC
	6	183 Sharp (M17), Billy		North Somerset AC
	7	156 Anderson (F17), Mercedes		Cardiff AAC
	8	34 Moyes (F17), Natasha		Yate & District AC
Event 13 100 Metres		Heat 10	Guide Start Time : 15:51	
	1	144 Fletcher (M20), Daniel		Cwmbran Harriers
	2	77 Marchant (M17), Oliver		Cheltenham Harriers
	3	3 Treglown (F23), Kirsty		Yate & District AC
	4	17 Little (F17), Keeley		Torbay AAC
	5	127 Fields (M35), Alex		Bristol & West AC
	6	148 Mhlanga (M17), Sibusiso		Neath Harriers
	7	175 Roach (M17), Zac		Cardiff AAC
	8	111 Brown (M17), Jacob		Gloucester AC
Event 13 100 Metres		Heat 11	Guide Start Time : 15:55	
	1	71 Shearer (M15), Oliver		Cardiff AAC
	2	1 Walkey (F17), Isabelle		Yate & District AC
	3	51 Dyson (M20), Noah		Team Bath
	4	30 Williams (M17), Regan-Jack		Yate & District AC
	5	161 Gurtubay (M17), Noah		Yate & District AC
	6	145 Bryant (M20), Jasper		Cheltenham Harriers
	7	55 Morant (M45), Martyn		Team Bath
	8	32 Morgan (F23), Grace		Cardiff Archers
Event 13 100 Metres		Heat 12	Guide Start Time : 16:00	
	1	64 Tailor (M23), Carlos		North Somerset AC
	2	23 Van Beneden (M20), Nicholas		Team Bath
	3	110 Durran (M17), Adam		North Somerset AC
	4	136 Rabhi (M23), Youssef		Swansea Harriers
	5	37 Chinaka (M35), Samson		Newport Harriers
	6	61 Walsh (M20), Leon		Yate & District AC
	7	35 Eluyera (M23), Ayomide		Cardiff AAC
	8	58 Wigginton (M17), Zack		Yate & District AC

Event 13 100 Metres	Heat 13	Guide Start Time : 16:04	
	1	126 Wright (M20), Toby	Taunton AC
	2	179 Muhumuza (M34), Kenneth	Team Bath
	3	76 Brady (M20), Ryan	Bristol & West AC
	4	204 Trueman (M34), Dan	Stroud & District AC
	5	15 Maggs (M23), Josh	Bristol & West AC
	6	7 Brudney (M34), Sam	Yate & District AC
	7	104 Ritson (M20), Mack	Yate & District AC
	8	137 Staddon (M20), Charlie	Team Bath

#### Officials Break 20 mins

Event 14 150 Metres	Heat 1	Guide Start Time : 16:25	
	1	130 Phillips (F13), Emily	Yate & District AC
	2	50 King (F13), Edith	Marlborough AC
	3	97 Arkwright (F13), Alba	Yate & District AC
	4	188 Guzman (M13), Sebastian	Yate & District AC
	5	138 Jones (M13), George	North Somerset AC
	6	84 Howell (M13), Henry	Gloucester AC
	7	133 Hargrave (F13), Jess	North Somerset AC
	8	118 Stopa (F13), Nelly	Team Bath

Event 14 150 Metres	Heat 2	Guide Start Time : 16:30	
	1	198 Kavanagh (F13), Erin	Yate & District AC
	2	142 Warren (F13), Millie	North Somerset AC
	3	27 Swift-Smith (F13), Lucy	Yate & District AC
	4	81 Marr (F13), Isabella	North Somerset AC
	5	120 Wakefield-Paul (F13), Rosie	North Somerset AC
	6	65 Richards (M13), Lewis	Yate & District AC
	7	173 Grant (M13), Eli	Yate & District AC
	8	191 Major (F13), Megan	Yate & District AC

Event 14 150 Metres	Heat 3	Guide Start Time : 16:35	
	1	115 Challis (F13), Serena-Summer	North Somerset AC
	2	83 Nugent (F13), Janae	Cardiff AAC
	3	101 Powell (F13), Olivia	Yate & District AC
	4	8 Barnes (M13), Jacob	Cardiff AAC
	5	28 Sutherland (M13), Joseph	Yate & District AC
	6	40 Bennett (F13), Beatrix	Yate & District AC
	7	6 Ramsey (F13), Lauren	Yate & District AC
	8	154 House (F13), Abigail	North Somerset AC

Event 15 200 Metres Para	Heat 1	Guide Start Time : 16:40	
	3	214 Jubb (F17), Nancy	Yate & District AC
	4	207 Callow (M34), Chris	Yate & District AC
	5	203 Richardson (M15), Toby	Yate & District AC
	6	151 Hewitt (F35), Eleanor	Yate & District AC

Event 16 200 Metres	Heat 1	Guide Start Time : 16:45	
	2	149 Richmond (F15), Frida	Yate & District AC
	3	163 Nisbet (F15), Nico	Yate & District AC
	4	41 Scherer-Cowell (M15), Harry	Yate & District AC
	5	85 Girling (M20), Joe	Neath Harriers
	6	170 Lee (F15), Annabel	Yate & District AC
	7	60 Imoh (F15), Chizorom	Bristol & West AC

Event 16 200 Metres		Heat 2	Guide Start Time : 16:50	
	1	133 Hargrave (F13), Jess		North Somerset AC
	2	5 Bailey (F15), Prin		Bristol & West AC
	3	94 Jeffries (F65), Louise		Team Bath
	4	19 Blackmore (F15), Erin		Marlborough AC
	5	113 Nicoll (F15), Aaliyah		Yate & District AC
	6	208 Akinde (M17), Michael		Bath University
	7	189 Wright (F20), Ellie		Yate & District AC
	8	20 Thompson (F15), Beatrice		Marlborough AC
Event 16 200 Metres		Heat 3	Guide Start Time : 16:55	
	1	81 Marr (F13), Isabella		North Somerset AC
	2	153 Young (F15), Harriet		Neath Harriers
	3	83 Nugent (F13), Janae		Cardiff AAC
	4	75 Moore Bethel (F15), Sophie		Marlborough AC
	5	46 Connorton (F15), Madelaine		Marlborough AC
	6	4 Aliyu (F15), Fayola		Bristol & West AC
	7	132 Hughes (F13), Matilda		North Somerset AC
	8	116 Phelps (F15), Sophie		Team Bath
Event 16 200 Metres		Heat 4	Guide Start Time : 17:00	
	1	38 Davies (M65), Roderick		Swansea Harriers
	2	16 Bassett (F17), Alice		Team Bath
	3	171 Patterson (F15), Evie		Marlborough AC
	4	105 Hibbert (F20), Tamar		Marlborough AC
	5	2 Walkey (F15), Lily		Yate & District AC
	6	128 Tapper (F17), Libby		Cwmbran Harriers
	7	21 Killourhey (F17), Lilia		Yate & District AC
	8	185 Andrews (F17), Libby		Gloucester AC
Event 16 200 Metres		Heat 5	Guide Start Time : 17:05	
	1	10 Richards (F15), Summer		Yate & District AC
	2	72 Howell (F15), Bella		Yate & District AC
	3	92 Thomas (F17), Evey		Gloucester AC
	4	124 Ovens (F17), Reef		Team Bath
	5	67 Marshall (M55), James		Bristol & West AC
	6	174 Pugh (F17), Scarlett		Marlborough AC
	7	91 Goodwin (F15), Anya-Rose		Cardiff AAC
	8	114 Turner (F15), Beth		Team Bath
Event 16 200 Metres		Heat 6	Guide Start Time : 17:10	
	1	52 Ifill (F17), Eva		Cardiff AAC
	2	99 Redmond (F17), Celeste		Yate & District AC
	3	14 Gordon (F17), Annabel		Yate & District AC
	4	66 Pope (F17), Anna		North Somerset AC
	5	53 Wright (F15), Anna		Taunton AC
	6	165 Ellery (M60), Mark		Bristol & West AC
	7	12 Wilkins (M15), Tristan		Yate & District AC
	8	150 Lawal (F15), Naomi		Cheltenham Harriers
Event 16 200 Metres		Heat 7	Guide Start Time : 17:15	
	1	70 Darby (F23), Hannah		University of Birmingham
	2	98 Hill (F17), Isabel		Yate & District AC
	3	31 Gibbs (F34), Sarah		Newport Harriers
	4	68 Cambridge (F15), Amari		Gloucester AC
	5	107 Tandy (F15), Amber		Gloucester AC
	6	147 Brown (F17), Eleri		Neath Harriers
	7	121 Grant (M15), Darius		Cheltenham Harriers
	8	131 Rodgers (F17), Nia		Taunton AC

<b>Event 16 200 Metres</b>		<b>Heat 8</b>	<b>Guide Start Time : 17:20</b>	
	1	102 Karekla (F23), Stefani	Swansea Harriers	
	2	178 Webb (M17), Daniel	Bristol & West AC	
	3	156 Anderson (F17), Mercedes	Cardiff AAC	
	4	22 Bailey (F23), Lily	Yate & District AC	
	5	13 Higginson (F17), Katie	Cardiff AAC	
	6	117 Murray (M17), Euan	Team Bath	
	7	103 Pachula (F15), Olivia	Gloucester AC	
	8	33 Bell (F17), Charlotte	Stroud & District AC	
<b>Event 16 200 Metres</b>		<b>Heat 9</b>	<b>Guide Start Time : 17:25</b>	
	1	100 Murray (F17), Elana	Cardiff AAC	
	2	134 Lee (F34), Cerys	Taunton AC	
	3	3 Treglown (F23), Kirsty	Yate & District AC	
	4	77 Marchant (M17), Oliver	Cheltenham Harriers	
	5	183 Sharp (M17), Billy	North Somerset AC	
	6	87 Herringshaw (F15), Martha	North Somerset AC	
	7	200 Shepperd (F17), Anais	Cardiff AAC	
	8	48 Morgan (M50), James	Unattached	
<b>Event 16 200 Metres</b>		<b>Heat 10</b>	<b>Guide Start Time : 17:30</b>	
	1	112 Austin (M15), Finnley	Neath Harriers	
	2	71 Shearer (M15), Oliver	Cardiff AAC	
	3	69 Evans (F34), Lauren	Cardiff AAC	
	4	111 Brown (M17), Jacob	Gloucester AC	
	5	1 Walkey (F17), Isabelle	Yate & District AC	
	6	25 Brooks (F23), Stephanie	Yate & District AC	
	7	175 Roach (M17), Zac	Cardiff AAC	
	8	17 Little (F17), Keeley	Torbay AAC	
<b>Event 16 200 Metres</b>		<b>Heat 11</b>	<b>Guide Start Time : 17:35</b>	
	1	127 Fields (M35), Alex	Bristol & West AC	
	2	145 Bryant (M20), Jasper	Cheltenham Harriers	
	3	161 Gurtubay (M17), Noah	Yate & District AC	
	4	74 Lancett (M20), Max	Cheltenham Harriers	
	5	58 Wigginton (M17), Zack	Yate & District AC	
	6	55 Morant (M45), Martyn	Team Bath	
	7	148 Mhlanga (M17), Sibusiso	Neath Harriers	
	8	64 Tailor (M23), Carlos	North Somerset AC	
<b>Event 16 200 Metres</b>		<b>Heat 12</b>	<b>Guide Start Time : 17:40</b>	
	1	35 Eluyera (M23), Ayomide	Cardiff AAC	
	2	136 Rabhi (M23), Youssef	Swansea Harriers	
	3	37 Chinaka (M35), Samson	Newport Harriers	
	4	7 Brudney (M34), Sam	Yate & District AC	
	5	110 Durran (M17), Adam	North Somerset AC	
	6	158 Kumar (M34), Kanish	University of West England	
	7	61 Walsh (M20), Leon	Yate & District AC	
	8	30 Williams (M17), Regan-Jack	Yate & District AC	
<b>Event 16 200 Metres</b>		<b>Heat 13</b>	<b>Guide Start Time : 17:45</b>	
	1	76 Brady (M20), Ryan	Bristol & West AC	
	2	179 Muhumuza (M34), Kenneth	Team Bath	
	3	125 Webb (M20), Callum	Cardiff Archers	
	4	204 Trueman (M34), Dan	Stroud & District AC	
	5	15 Maggs (M23), Josh	Bristol & West AC	
	6	104 Ritson (M20), Mack	Yate & District AC	
	7	24 Barnes (M17), Lewis	Cardiff AAC	
	8	39 Eley (M20), Cameron	Newport Harriers	



Event 17 300m Hurdles (76.2)			Heat 1	Guide Start Time : 17:50
	1	140 Lazenbury (F17), Molly		Worcester AC
	2	63 Jakubowski (F17), Maya		Team Bath
	3	79 Aitchison (F17), Layla		Neath Harriers
	4	34 Moyes (F17), Natasha		Yate & District AC
	5	9 Woods (F17), Jemima		Team Bath
	6	80 Mills (F17), Ruby		Swansea Harriers
	7	182 Collins (M65), Callum		Bristol & West AC
Event 18 400m Hurdles (76.2)			Heat 1	Guide Start Time : 17:55
	2	196 Ball (F20), Louisa		Neath Harriers
	3	211 Bates (F23), Mia		Team Bath
	4	93 Mackintosh (F34), Katie		Team Bath
	5	25 Brooks (F23), Stephanie		Yate & District AC
	6	212 Koubkova (F34), Lenka		University of Worcester
	7	89 Mullins (F20), Ellie		Team Bath
	8	123 Turner (F20), Evie		Yate & District AC
Event 20 400m Hurdles (84.0/91.4)			Heat 1	Guide Start Time : 18:00
	1	95 Hines (M17), Matthew		Swansea Harriers
	2			
	3	194 Roberts (M23), Dafydd		
	4	152 Flavell (M34), Dominic		Team Bath
	5	209 Beresford (M20), Joseph		Swansea Harriers
	6	155 Jansen Van Rensburg (F34), Danel		Birchfield Harriers
	7	190 Callan (M23), Michael		Team Bath
	8	218 Welch (M23), Kester		Taunton AC