Use each square of your fasting calendar to choose what foods or activities you	·						Day 1, Saturday
will be fasting during the 21 days.							John 1
Use each square of your fasting calendar to choose what foods or activities you will be fasting during the 21 days.	Day Z, Sunday John 2	Day 3, Monday John 3	Day 4, Tuesday John 4	Day 5, Wednesday John 5	Day b, Thursday John 6	Day 7, Friday John 7	Day 8, Saturday John 8
Use each square of our fasting calendar oo choose what foods or activities you will be fasting during the 21 days.	Day 9, Sunday John 9	Day 10, Monday John 10	Day 11, Tuesday John 11	Day 12 Wednesday John 12	Day 13, Thursday John 13	Day 14, Friday John 14	Day 15, Saturda John 15
Use each square of your fasting calendar to choose what foods or activities you will be fasting during the 21 days.	Day 16, Sunday	Day 17, Monday	Day 18, Tuesday	Day 19, Wednesday	Day 20, Thursday	Day 21, Friday	

My Fasting Prayers & Goals: