

Patience on the Path of Sanctification

October 7, 2025

MEMORY VERSE:

Hebrews 10:14, "For by one offering he hath perfected forever them that are sanctified."

Psalm 103:13-14

Like as a father pitieth his children, so the LORD pitieth them that fear him. For he knoweth our frame; he remembereth that we are dust.

PITIETH: To love deeply, to have mercy, be compassionate, have tender affection

Philippians 1:6

Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:

Proverbs 21:5

The thoughts of the diligent tend only to plenteousness; but of every one that is hasty only to want.

Proverbs 24:16

For a just man falleth seven times, and riseth up again: but the wicked shall fall into mischief.

Here are some practical, biblical ways to cultivate patience with yourself as God sanctifies you:

1. Remember God's pace is not rushed.
 - Sanctification is compared to growth (2 Peter 3:18). Plants don't mature overnight, and neither do souls. When you feel slow,

remind yourself that God values steady, lasting growth over quick changes.

- 2 Peter 3:18 “But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and for ever. Amen.”

2. Preach grace to yourself daily. (1 Samuel 30:1-6)

- When you fall, instead of harsh self-criticism, return to the gospel: “If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness” (1 John 1:9). God’s grace is bigger than your failures.

3. Look at patterns, not just moments.

- One stumble doesn’t define your progress. Ask, “Am I more sensitive to sin than I was a year ago? Do I love Christ more now than I used to?” Growth is seen over seasons, not single days.

4. Rest in Christ’s finished work.

- Hebrews 10:14 says, “For by one offering he hath perfected for ever them that are sanctified.” You are already secure in Him, even as the Spirit continues to refine you.

5. Invite God into your weaknesses.

- Instead of hiding your shortcomings, bring them openly before the Lord in prayer. His power is made perfect in weakness (2 Corinthians 12:9). That perspective softens self-condemnation.
- 2 Corinthians 12:9 “And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.”

6. Keep eternity in view.

- One day, the struggle will end, and you will be like Christ (1 John 3:2). Every stumble now is temporary. God's goal is your eternal conformity to Jesus, and He will not fail.
- 1 John 3:2 "Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is."

When you catch yourself being impatient or hard on yourself, pause and ask: "How would my heavenly Father speak to me about this?" He's slow to anger, rich in mercy, and tender toward His children.

A Prayer for Patience with Myself

Heavenly Father,

I thank You that You are patient with me, even when I struggle to be patient with myself. You know my weaknesses and my failures, and yet You love me with an everlasting love.

Lord, help me to rest in the truth that You have begun a good work in me and You will complete it. Teach me to see progress the way You see it—not only in perfection, but in the small steps of growth.

When I stumble, remind me of Your mercy. When I grow discouraged, lift my eyes to Christ who has already finished the work of salvation. Give me grace to walk humbly, trusting Your timing and not my own.

Make me gentle with myself, as You are gentle with me. And keep me ever leaning on Jesus, until the day when I shall be like Him, for I shall see Him as He is. In His holy name I pray, Amen.

DISCUSSIONS QUESTIONS:

1. Please share with the class how you were able to show patience to yourself this week and encourage yourself in the Lord?
2. Which of the six points about sanctification was the most helpful to you?