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Mrs. Graning

English 08

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Night

In *Night* by Elie Wiesel, Elie goes through physical, mental, and decision making troubles on this journey. Elie Wiesel, in the time of the Holocaust, was a fifteen year old child from Sighet, Romania. He was a Jew that was put into camps throughout the war, and he was split up from his mother and siblings and was sent to the men's camps with his father. He faced hard challenges throughout these times as portrayed in the novel.

When Elie and his father were in the camps, they went through hard challenges to keep their physical body working so they could survive. They were low on body weight because of their food. Without physical body health it was hard to maneuver and stay alive. There were challenges that pushed Elie and his father's physical abilities. Without the proper supplies to keep a human body functioning, Elie and his father had to run more than a marathon sprinting without stopping, but were going to get shot if they stopped. Elie repeated to himself "Don't think. Don't stop. Run." (Wiesel 77). So they kept on going through this torture, and these challenges also made it hard to keep a mental health during the holocaust.

Through all this struggle Elie had to keep his mind intact to survive. In the time of the holocaust he had to have his mental health on his side. If he did not keep his mind straight he could have made careless mistakes. These mistakes could have cost him his life, and plenty of

times he was close to making these mistakes. Elie was going to give up, but he persevered and fought hard to survive. Elie lost his faith and so did his father. (Wiesel 69). His father was a key part in keeping his head straight in the struggles of the camp. This helped him get through the mental weaknesses and made him a survivor, but with the mental issues he still had to make hard decisions to survive.

While he was moving from camp to camp making good decisions were key parts in survival. He had to make decisions that were not easy. Elie was going to have to decide if he wanted to see his father for longer or make out of the camps with a story to tell. By choosing to leave his father to die and taking his food Elie survived. (Wiesel 96) He had to take himself into another state of mind to make these decisions, but these decisions determined if he was going to make it out of there alive. He ended up taking his father's food rations to make it through. His father ended up dying and Elie was not even fazed by this. This showed how much these camps had changed him.

Elie Wiesel ended up making through all of the physical, mental, and decision making struggles to survive the holocaust! He pushed through hard times and wanted to survive, and he did with a story to tell. Elie Wiesel is a strongman to make through this. He persevered and survived through all of this because he had a heart and fought for it.

Works Cited

Wiesel, Elie. *Night*. MacGibbon & Kee 1960