In the "Hunger Games" Katniss' journey is from District 22, until the capitol shows how much she grew and changed as a person.

Katniss is a minimal type of person, she seends from hermelf on her family. Later down the line as the story continues, Katniss changes and develops into a new person. She became more than who she used to be. She becomes somebody with hope. She is someone who trying to fight for something that is bigger than herself.

At the start of the Hunger Games, she is only concerned with herself and is trying to survive. "The only other people she cares about is her family." "I volunteer!" "I volunteer as tribute!" (Collins, 21). Katniss sacrifices her life here to save her sister. This proves that clearly on of her motivations is her family. "The only person whom I can be myself." Gale" This quote shows how Katniss began to develop and show actual feelings.

Once Katniss enters the "Hunger Games", she begins to see life beyond minimal. In the "Hunger Games" nearing the end, Katniss and Peeta are the only ones left. Then tension arises as the capitol announces that their can be only one survivor left. In order to avoid this, Katniss suggests that they both eat poionous berries so they could both die and leave the Capitol with no victor. "I lift my hand to my mouth taking one last look at the world."

Another quote to demonstrate this would be: "without thinking I pull peeta to me, press my hand over his..." This moment is crucial to Katniss, because this shows that instead of trying to survive and be more independent, she is now openly defying the Capitol's control, by fighting back from the oppresive system. By threatening to die, Katniss makes a stand against the Capitol's control.

Throughout the "Hunger games" Katniss changed from a girl who focused on just herself to someone who is now fighting for everyone.

Katniss's journey from trying to protect herself to becoming the symbol of rebellion. Katniss and her actions inspire others to rise against injustice