



Nmap for Pentester

HOST DISCOVERY



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Introduction

Nmap has become one of the most popular tools in network scanning by leaving other scanners behind. Many times the hosts in some organisations are secured using firewalls or intrusion prevention systems which result in the failure of scanning due to the present set of rules which are used to block network traffic. In Nmap, a pentester can easily make use of alternate host discovery techniques to prevent this from happening. It consists of certain features that make the network traffic a little less suspicious. Hence, let us look at various techniques of Host Discovery.

Ping Sweep

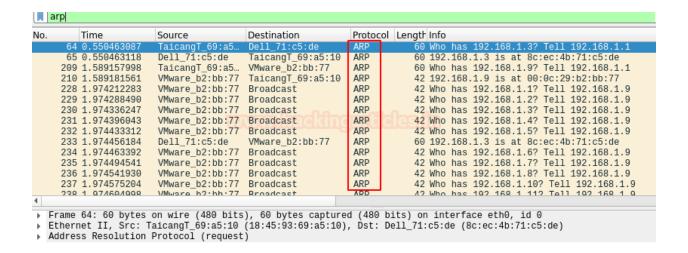
Let's begin by scanning the entire network by using the Ping sweep scan (-sP).

nmap -sP 192.168.1.0/24

```
i:~# nmap -sP 192.168.1.0/24
Starting Nmap 7.91 ( https://nmap.org ) at 2020-11-20 05:43 EST
Nmap scan report for dsldevice.lan (192.168.1.1)
Host is up (0.0012s latency).
MAC Address: 18:45:93:69:A5:10 (Taicang T&W Electronics)
Nmap scan report for 192.168.1.3
Host is up (0.00030s latency).
MAC Address: 8C:EC:4B:71:C5:DE (Dell)
Nmap scan report for 192.168.1.4
Host is up (0.024s latency).
MAC Address: 2A:84:98:9F:E5:5E (Unknown)
Nmap scan report for 192.168.1.5
Host is up (0.012s latency).
MAC Address: 30:24:32:1F:89:AC (Intel Corporate)
Nmap scan report for 192.168.1.8
Host is up (0.0058s latency).
MAC Address: 44:CB:8B:C2:20:DA (LG Innotek)
Nmap scan report for 192.168.1.12
Host is up (0.00027s latency).
MAC Address: 00:0C:29:78:20:90 (VMware)
Nmap scan report for 192.168.1.108
Host is up (0.00017s latency).
MAC Address: 00:0C:29:C8:9C:50 (VMware)
Nmap scan report for 192.168.1.9
Host is up.
Nmap done: 256 IP addresses (8 hosts up) scanned in 23.67 seconds
       li:~#
```

When you closely observe the packets in Wireshark, you see that here only ARP packets are being sent while scanning the network.





Note: Working of -sP and -sn is the same.

Let us try the same by using **the no port scanning (-sn)** option. In this option, we are also **using -packet-trace** option which will enable you to see the detailed packet transfer without making use of Wireshark. Here you can observe the ARP packets being received.

nmap -sn 192.168.1.0/24 --packet-trace



```
:~# nmap -sn 192.168.1.0/24 -- packet-trace
Starting Nmap 7.91 ( https://nmap.org ) at 2020-11-20 05:48 EST
SENT (0.0687s) ARP who-has 192.168.1.1 tell 192.168.1.9
SENT (0.0688s) ARP who-has 192.168.1.2 tell 192.168.1.9
SENT (0.0689s) ARP who-has 192.168.1.3 tell 192.168.1.9
SENT (0.0690s) ARP who-has 192.168.1.4 tell 192.168.1.9
     (0.0691s) ARP who-has 192.168.1.5 tell 192.168.1.9
SENT (0.0692s) ARP who-has 192.168.1.6 tell 192.168.1.9
SENT (0.0692s) ARP who-has 192.168.1.7 tell 192.168.1.9
SENT (0.0693s) ARP who-has 192.168.1.8 tell 192.168.1.9
SENT (0.0694s) ARP who-has 192.168.1.10 tell 192.168.1.9
SENT (0.0695s) ARP who-has 192.168.1.11 tell 192.168.1.9
RCVD (0.0690s) ARP reply 192.168.1.3 is-at 8C:EC:4B:71:C5:DE
RCVD (0.0699s) ARP reply 192.168.1.1 is-at 18:45:93:69:A5:10
SENT (0.0730s) ARP who-has 192.168.1.14 tell 192.168.1.9
SENT (0.0731s) ARP who-has 192.168.1.15 tell 192.168.1.9
SENT (0.0731s) ARP who-has 192.168.1.16 tell 192.168.1.9
SENT (0.0732s) ARP who-has 192.168.1.17 tell 192.168.1.9
RCVD (0.0791s) ARP reply 192.168.1.4 is-at 2A:84:98:9F:E5:5E
RCVD (0.0796s) ARP reply 192.168.1.5 is-at 30:24:32:1F:89:AC
SENT (0.0820s) ARP who-has 192.168.1.20 tell 192.168.1.9
SENT (0.0822s) ARP who-has 192.168.1.21 tell 192.168.1.9
SENT (0.0823s) ARP who-has 192.168.1.22 tell 192.168.1.9
SENT (0.0824s) ARP who-has 192.168.1.23 tell 192.168.1.9
SENT (0.1699s) ARP who-has 192.168.1.26 tell 192.168.1.9
SENT (0.1703s) ARP who-has 192.168.1.27 tell 192.168.1.9
SENT (0.1705s) ARP who-has 192.168.1.28 tell 192.168.1.9
SENT (0.1708s) ARP who-has 192.168.1.29 tell 192.168.1.9
SENT (0.1710s) ARP who-has 192.168.1.30 tell 192.168.1.9
SENT (0.1712s) ARP who-has 192.168.1.31 tell 192.168.1.9
```

Now that we've determined that ARP packets are present in the network, we'll use the **-disable-arp-ping** option, which shows that four packets are being sent.

Disable-arp-ping

To disable the ARP discovery, Nmap provides this option.

```
nmap -sn 192.168.1.108 --disable-arp-ping
```

```
root@kali:~# nmap -sn 192.168.1.108 --disable-arp-ping Starting Nmap 7.91 (https://nmap.org) at 2020-11-20 05:58 EST Nmap scan report for 192.168.1.108 Host is up (0.00027s latency).

MAC Address: 00:0C:29:C8:9C:50 (VMware)
Nmap done: 1 IP address (1 host up) scanned in 0.12 seconds root@kali:~#
```

And you will see that the ARP packets are not visible.

Note: Scanning local networks with Nmap sends an ARP packet with every scan. If an external network is to be scanned; Nmap sends the following request packets when -disable-arp-ping is used:

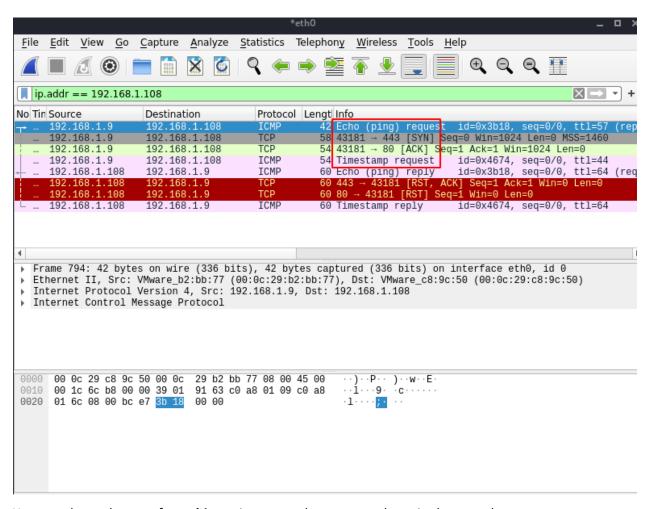


ICMP echo request (Type 8)

ICMP timestamp request(Type 13)

TCP SYN to port 443

TCP ACK to port 80



You can also make use of -send-ip option to get the same results as in the step above.

send-ip

nmap -sn 192.168.1.108 --packet-trace --send-ip



```
i:~# nmap -sn 192.168.1.108 --packet-trace --send-ip
Starting Nmap 7.91 ( https://nmap.org ) at 2020-11-20 05:55 EST
SENT (0.0588s) ICMP [192.168.1.9 > 192.168.1.108 Echo request (type=8/code=0) id=29
SENT (0.0589s) TCP 192.168.1.9:43573 > 192.168.1.108:443 S ttl=58 id=30850 iplen=44
SENT (0.0589s) TCP 192.168.1.9:43573 > 192.168.1.108:80 A ttl=55 id=52947 iplen=40
SENT (0.0590s) ICMP [192.168.1.9 > 192.168.1.108 Timestamp request (type=13/code=0)
RCVD (0.0590s) ICMP [192.168.1.108 > 192.168.1.9 Echo reply (type=0/code=0) id=2974
NSOCK INFO [0.1030s] nsock_iod_new2(): nsock_iod_new (IOD #1)
NSOCK INFO [0.1030s] nsock_connect_udp(): UDP connection requested to 192.168.1.1:53
NSOCK INFO [0.1030s] nsock_read(): Read request from IOD #1 [192.168.1.1:53] (timeou
NSOCK INFO [0.1030s] nsock_write(): Write request for 44 bytes to IOD #1 EID 27 [193
NSOCK INFO [0.1030s] nsock_trace_handler_callback(): Callback: CONNECT SUCCESS for
NSOCK INFO [0.1030s] nsock_trace_handler_callback(): Callback: WRITE SUCCESS for EIG
NSOCK INFO [0.1090s] nsock_trace_handler_callback(): Callback: READ SUCCESS for EID
NSOCK INFO [0.1090s] nsock_read(): Read request from IOD #1 [192.168.1.1:53] (timeou
NSOCK INFO [0.1090s] nsock_iod_delete(): nsock_iod_delete (IOD #1)
NSOCK INFO [0.1090s] nevent_delete(): nevent_delete on event #34 (type READ)
Nmap scan report for 192.168.1.108
Host is up (0.00024s latency).
MAC Address: 00:0C:29:C8:9C:50 (VMware)
Nmap done: 1 IP address (1 host up) scanned in 0.12 seconds
```

Host Discovery is the first step in gathering information and provides accurate results on active ports and IP addresses in a network.

TCP Flags

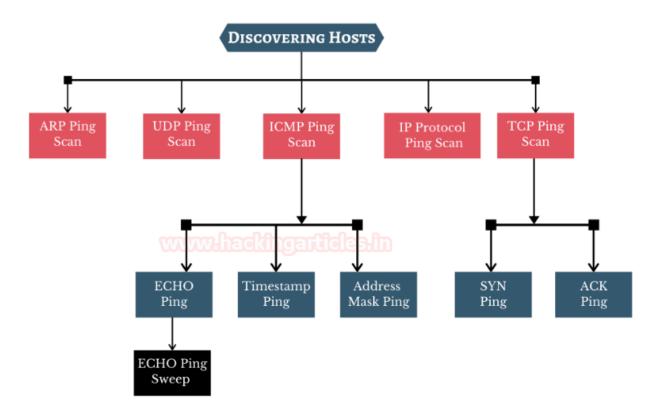
First, let's get to know the basics of the communication flags in TCP. The TCP header mainly consists of six flags which manage the connection between the systems and provide instructions to them. Hence, each flag is 1 bit, and hence the size of TCP Flags is 6 bits. Now let us briefly understand each flag.

FLAG	DESCRIPTION
SYN	It stands for Synchronize. It assists in notifying when a new
	sequence number is transmitted. The SYN flag usually represents the Three-Way Handshake.
ACK	It stands for Acknowledgement. It notifies the status of
	transmission of packets and also assists in identifying the what
	sequence number to expect next.
RST	It stands for Reset. This flag shows when there is any error in that
	connection and sets the flag to 1 and the connection is broken.
URG	It stands for Urgent. This flag usually commands to process the
	packets as soon as possible.
FIN	It stands for Finish. This flag is set as 1 to indicate no further
	transmission of packets.
PSH	It stands for Push. It is used to start and end data transfer and
	prevent occurrence of buffer deadlocks.



Types of Scans

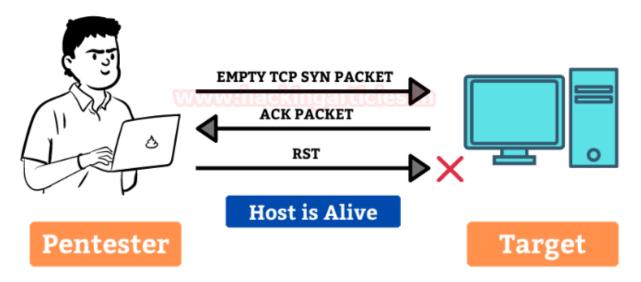
To discover the hosts in the network, various ping scan methods can be used.



TCP SYN Ping Scan

It is a method of host discovery that helps in discovering if the ports are open and also making sure if they match the rules of the firewall. The pentester can, hence, send an empty SYN flag to the target to check if it is alive. Multiple ports can be defined in this scan type.

TCP SYN PING SCAN

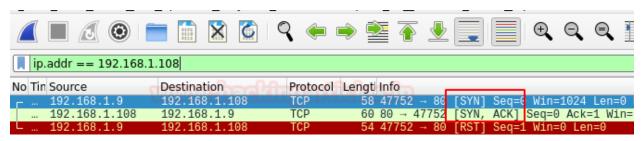


The -sP command in Nmap only enables discovering online hosts. Whereas SYN Ping (-PS) sends a TCP SYN packet to the ports and if they are closed, the host responds with an RST packet. And if the ports requested are open, there will be a response of TCP SYN/ACK and there will be a reset packet which will be sent to reset the connection.

nmap -sn -PS 192.168.1.108 --disable-arp-ping

```
root@kali:~# nmap -sn -PS 192.168.1.108 --disable-arp-ping Starting Nmap 7.91 (https://nmap.org) at 2020-11-20 07:13 EST
Nmap scan report for 192.168.1.108
Host is up (0.00030s latency).
MAC Address: 00:0C:29:C8:9C:50 (VMware)
Nmap done: 1 IP address (1 host up) scanned in 0.12 seconds
```

The packets captured using Wireshark can be overserved.



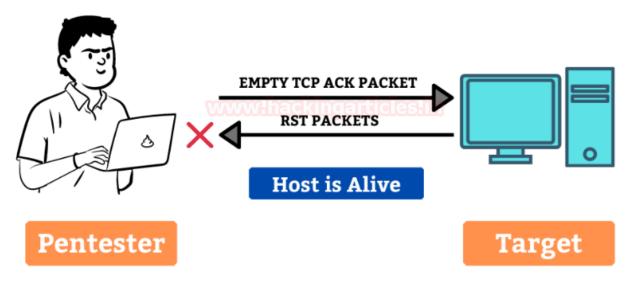
The advantage of the TCP SYN Ping scan is that the pentester can get the active/inactive status of the host without even creating a connection, hence it does not even create a log in the system or the network.



TCP ACK Ping Scan

It is a method of host discovery that is similar to the TCP SYN Ping scan but slightly different. This scan also makes use of Port 80. The pentester sends an empty TCP packet to the target, and as there is no connection between them, it will receive an acknowledgement packet and will then reset and terminate the request.

TCP ACK PING SCAN



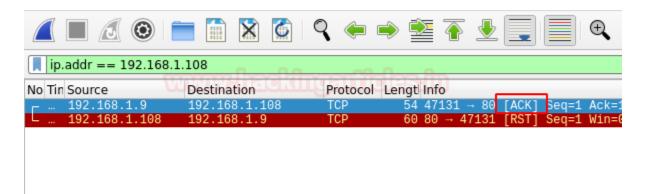
This command is used to determine the target's response and also check if the SYN packets or ICMP echo requests are blocked as of the latest firewalls.

nmap -sn -PA 192.168.1.108 --disable-arp-ping

```
roothkali:~# nmap -sn -PA 192.168.1.108 --disable-arp-ping Starting Nmap 7.91 (https://nmap.org) at 2020-11-20 07:14 EST Nmap scan report for 192.168.1.108
Host is up (0.00023s latency).
MAC Address: 00:0C:29:C8:9C:50 (VMware)
Nmap done: 1 IP address (1 host up) scanned in 0.12 seconds
roothkali:~#
```

The Packets captured in the Wireshark can be observed here.





Some firewalls are configured to block on SYN ping packets, hence, in this case, this scan would be effective to bypass the firewall easily.

ICMP Echo Ping Scan

The ICMP Ping scan can be used to gather information about the target systems, which makes it different from port scanning. The pentester can send an ICMP ECHO request to the target and get an ICMP Echo reply in return.



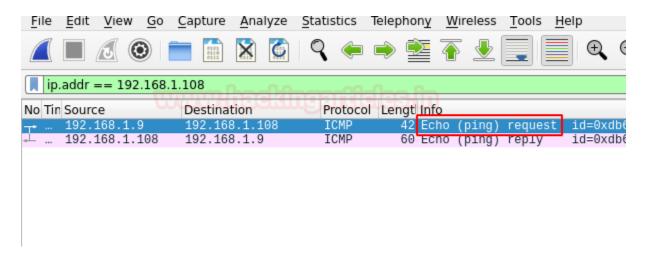
ICMP is now ineffective on remote ICMP packets which have been blocked by admins. It can still be used to monitor local networks.

```
nmap -sn -PE 192.168.1.108 --disable-arp-ping
```

```
Starting Nmap -sn -PE 192.168.1.108 --disable-arp-ping Starting Nmap 7.91 (https://nmap.org) at 2020-11-20 07:15 EST
Nmap scan report for 192.168.1.108
Host is up (0.00039s latency).
MAC Address: 00:0C:29:C8:9C:50 (VMware)
Nmap done: 1 IP address (1 host up) scanned in 0.10 seconds
```

The packets captured in the Wireshark can be observed.



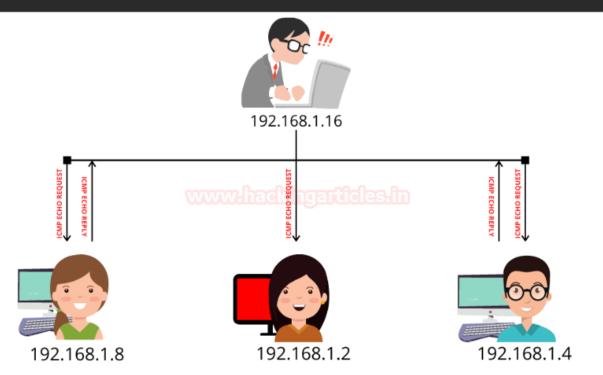


ICMP ECHO Ping Sweep

It is similar to the Echo Ping Scan and is used to scan the active hosts within a given range of IP addresses. It sends ICMP requests to a huge number of targets, and if a particular target is alive, it will return an ICMP reply.

nmap -sn -PE 192.168.1-10

ICMP ECHO PING SWEEP





ICMP Address Mask Scan

It is an older method of ICMP ECHO ping scanning. It gives out the information about the system and its subnet mask.

nmap -sn -PM 192.168.1.108

```
root@kali:~# nmap -sn -PM 192.168.1.108

Starting Nmap 7.91 ( https://nmap.org ) at 2020-11-20 12:15 EST

Nmap scan report for 192.168.1.108

Host is up (0.00026s latency).

MAC Address: 00:0C:29:C8:9C:50 (VMware)

Nmap done: 1 IP address (1 host up) scanned in 0.11 seconds

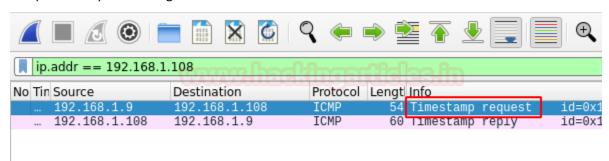
root@kali:~#
```

ICMP ECHO Timestamp scan

The pentester can adopt this technique in a particular condition when the system admin blocks the regular ICMP timestamp. It is usually used for synchronisation of time.

```
nmap -sn -PP 192.168.1.108 --disable-arp-ping
```

The packets captured using Wireshark can be observed.

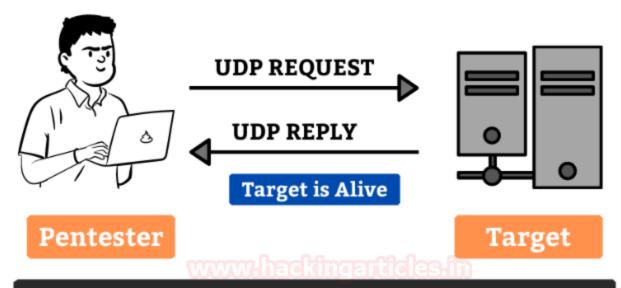


UDP Ping Scan

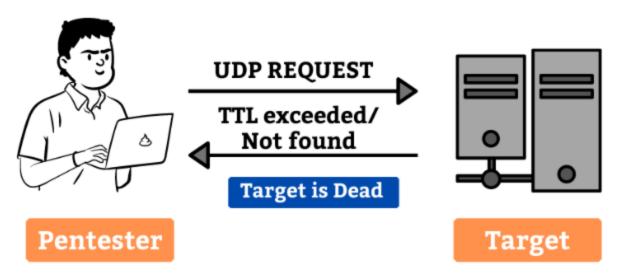
The UDP Ping Scans use a highly uncommon default port number of 40125 to send packets to the target. It is similar to a TCP Ping scan. The pentester will send the UDP packets to the target and if there is a response in return, it means that the host is alive, or else it is offline.



UDP PING SCAN WHEN TARGET IS ACTIVE



UDP PING SCAN WHEN TARGET IS INACTIVE

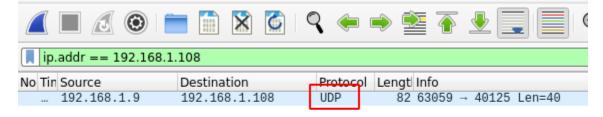


The advantage of a UDP scan is that it can detect systems that have firewalls with strict TCP rules, leaving UDP rules at ease.

nmap -sn -PU 192.168.1.108 --disable-arp-ping

```
rootokali:~# nmap -sn -PU 192.168.1.108 --disable-arp-ping
Starting Nmap 7.91 ( https://nmap.org ) at 2020-11-20 12:06 EST
Nmap scan report for 192.168.1.108
Host is up (0.00032s latency).
MAC Address: 00:0C:29:C8:9C:50 (VMware)
Nmap done: 1 IP address (1 host up) scanned in 0.12 seconds
rootokali:~#
```

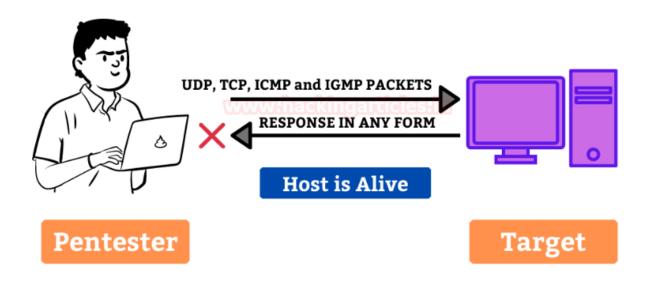
You can observe the packets sent using Wireshark.



IP protocol ping scan

In this method, the pentester sends various packets using different IP protocols and hopes to get a response in return if the target is alive.



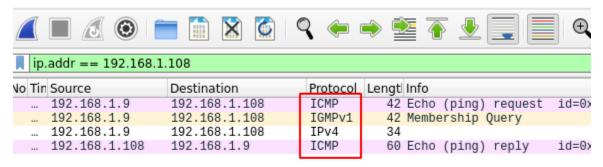


nmap -sn -PO 192.168.1.108 --disable-arp-ping



```
root@kali:~# nmap -sn -PO 192.168.1.108 --disable-arp-ping Starting Nmap 7.91 (https://nmap.org) at 2020-11-20 12:07 EST
Nmap scan report for 192.168.1.108
Host is up (0.00040s latency).
MAC Address: 00:0C:29:C8:9C:50 (VMware)
Nmap done: 1 IP address (1 host up) scanned in 0.11 seconds
```

The packets captured can be observed using Wireshark.



No ping scan

In this method, host discovery is completely skipped. The pentester can use it to determine active machines for heavier scanning and to increase the speed of the network.

```
nmap -sn -PN 192.168.1.108 --disable-arp-ping
```

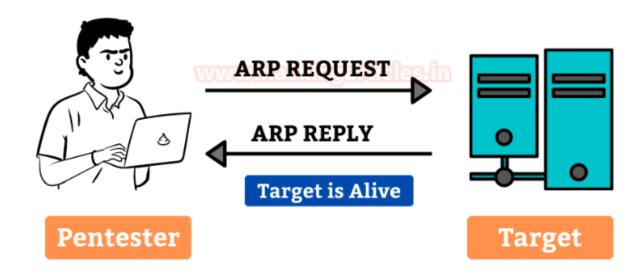
```
rootmkali:~# nmap -sn -PN 192.168.1.108 --disable-arp-ping Host discovery disabled (-Pn). All addresses will be marked 'up' and s Starting Nmap 7.91 (https://nmap.org) at 2020-11-20 12:10 EST Nmap scan report for 192.168.1.108 Host is up.
Nmap done: 1 IP address (1 host up) scanned in 0.01 seconds
```

ARP ping scan

In this method, the ARP packets are sent to all the devices on the network, although they are invisible due to the firewall. It is considered to be extremely efficient compared to other host discoveries. It is mainly used for system discovery. It also mentions latency.



ARP PING SCAN



nmap -sn -PR 192.168.1.108

```
Starting Nmap 7.91 (https://nmap.org) at 2020-11-20 12:12 EST
Nmap scan report for 192.168.1.108
Host is up (0.00029s latency).
MAC Address: 00:0C:29:C8:9C:50 (VMware)
Nmap done: 1 IP address (1 host up) scanned in 0.27 seconds
rootnkali:~#
```

You can see the packets being captured in wireshark.

	☐						
No	Tin	Source	Destination	Protoc	ol Lengt Info		
		VMware_b2:bb:77	Broadcast	ARP	42 Who has 192.168.1.10		
		VMware_c8:9c:50	VMware_b2:bb:77	ARP	60 192.168.1.108 is at		
		TaicangT_69:a5	VMware_b2:bb:77	ARP	60 Who has 192.168.1.9?		
		VMware_b2:bb:77	TaicangT_69:a5:10	ARP	42 192.168.1.9 is at 00		
		TaicangT_69:a5	VMware_c8:9c:50	ARP	60 Who has 192.168.1.10		
		VMware_c8:9c:50	TaicangT_69:a5:10	ARP	60 192.168.1.108 is at		

SCTP INIT Ping

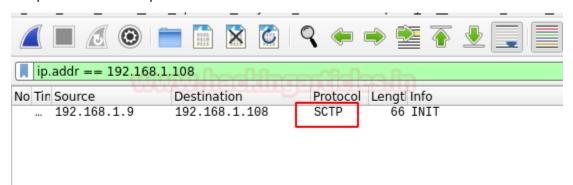
It sends an SCTP packet containing a minimal INIT chunk. Its default destination port is 80. The INIT chunk provides a suggestion to the remote system that the pentester is attempting to establish an association.

nmap -sn -PY 192.168.1.108 --disable-arp-ping



```
root@kali:~# nmap -sn -PY 192.168.1.108 --disable-arp-ping
Starting Nmap 7.91 ( https://nmap.org ) at 2020-11-20 12:13 EST
Nmap scan report for 192.168.1.108
Host is up (0.00030s latency).
MAC Address: 00:0C:29:C8:9C:50 (VMware)
Nmap done: 1 IP address (1 host up) scanned in 0.11 seconds
root@kali:~#
```

The packets that are captured can be observed.



Traceroute

Traceroutes are used after finishing scanning, by using the information from the scan results to determine the port and protocol that will reach the target.

```
nmap -sn --traceroute 8.8.8.8
```

```
TRACEROUTE (using port 80/tcp)
HOP RTT ADDRESS
1 1.85 ms dns.google (8.8.8.8)
2 2020-11-20 11:38 EST
Nmap scan report for dns.google (8.8.8.8)
Host is up (0.0014s latency).
```

To get more information Traceroute you can refer to

Working of Traceroute using Wireshark

Reference: https://nmap.org/book/man-host-discovery.html





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