2003-1 Text 0

1- Teachers need to be aware of the emotional, intellectual, and physical changes that young adults experience.
And they also need to give serious to how they can best such changes.
Growing bodies need movement and, but not just in ways that emphasize competition.
they are adjusting to their new bodies and a whole host of new intellectual and emotional challenges, teenagers are especially self-conscious and need the that comes from achieving success and knowing that their accomplishments are by others.
However, the typical teenage lifestyle is already filled with so much competition that it would be to plan activities in which there are more winners than losers,, publishing newsletters with many student-written book reviews, student artwork, and sponsoring book discussion clubs.
A variety of small clubs can provide opportunities for leadership, as well as for practice in successful dynamics.

Making friends is extremely important to teenagers, and many shy students need the of some				
kind of organization	on with a supportive adult	visible in the background.		
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2- In these activities	es, it is important to remember that	at the young teens have	attention spans.	
A variety of activities should be participants can remain active as long as they want and then go				
on to else without feeling guilty and without letting the other participants				
This does not mean that adults must accept irresponsibility.				
This does not mean that adults must accept mesponsionity.				
they can	help students acquire a sense of c	ommitment by for rol	es that are within their	
and their	attention spans and by having cle	early stated rules.		