

## 2019-1 Text 0

1- Today we live in a world where GPS systems, digital maps, and other navigation apps are available on our smart phones.

\_\_\_\_\_ of us just walk straight into the woods without a phone.

But phones \_\_\_\_\_ on batteries, and batteries can die faster than we realize.

\_\_\_\_\_ you get lost without a phone or a compass, and you \_\_\_\_\_ can't find north, a few tricks to help you navigate \_\_\_\_\_ to civilization, one of which is to follow the land...

2- When you find yourself well \_\_\_\_\_ a trail, but not in a completely \_\_\_\_\_ area, you have to answer two questions: Which \_\_\_\_\_ is downhill, in this particular area? And where is the nearest water source?

Humans overwhelmingly live in valleys, and on supplies of fresh water.

\_\_\_\_\_, if you head downhill, and follow any H<sub>2</sub>O you find, you should \_\_\_\_\_ see signs of people.

3- If you've explored the area before, keep an eye out for familiar sights - you may be \_\_\_\_\_ how quickly identifying a distinctive rock or tree can restore your bearings.

4- Another \_\_\_\_\_: Climb high and look for signs of human habitation.

\_\_\_\_\_, even in dense forest, you should be able to \_\_\_\_\_ gaps in the tree line due to roads, train tracks, and other paths people carve \_\_\_\_\_ the woods.

Head toward these \_\_\_\_\_ to find a way out.

At night, scan the horizon for \_\_\_\_\_ light sources, such as fires and streetlights, then walk toward the glow of light pollution.

5- \_\_\_\_\_, assuming you're lost in an area humans tend to frequent, look for the \_\_\_\_\_ we leave on the landscape. Trail blazes, tire tracks, and other features can \_\_\_\_\_ you to civilization.