		<u>Aı</u>	mount in 100	grams	of edib	le portio	<u>n</u>		edible portion	
			N	lumber				<u>m</u> e	easures of food	i
Nutrients and Uni	ts	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	q	77.90				4		11.69	88.03	88.03
Energy		96		0	NC	4		14	108	108
Energy		400		0	NC	4		60	452	452
Protein	=	0.80				5		0.12	0.90	0.90
Total lipid (fat)		1.60				5		0.24	1.81	1.81
Ash		0.20		0	0	4		0.03	0.23	0.23
Carbohydrate, by difference		19.50				9		2.93	22.04	22.04
Fiber, total dietary		0.5				4		0.1	0.6	0.6
Sugars, total		11.98		0	FLA	4		1.80	13.54	13.54
Starch										
Minerals:		_				_		_	_	_
Calcium, Ca		6				5		1	7	7
Iron, Fe.		0.00				5		0.00	0.00	0.00
Magnesium, Mg		15				4		2	17	17
Phosphorus, P.	_	31				4		5	35	35
Potassium, K		70				5 5		11	79 22	79
Sodium, Na		20				-		3	23	23
Zinc, Zn		0.28	,			4		0.04	0.32	0.32
Copper, Cu		0.050	)			4		0.008	0.057	0.05
Manganese, Mn		0.7		•				0.1	0.0	0.0
Selenium, Se	mcg	0.7		0	FLM	4		0.1	0.8	0.8
Vitamins:										
Vitamin C, total ascorbic acid	mg	35.1				5		5.3	39.7	39.7
Thiamin	_	1.560	)			5		0.234	1.763	1.76
Riboflavin	-	0.050	)			5		0.008	0.057	0.05
Niacin		0.000	)			5		0.000	0.000	0.00
Pantothenic acid	_									
Vitamin B-6	mg	0.020	)			4		0.003	0.023	0.02
Folate, total	mcg	9				4		1	10	10
Folic acid		0		0	z	7		0	0	0
Folate, food	mcg	9				4		1	10	10
Folate, DFE	mcg_DFE	9		0	NC	4		1	10	10
Vitamin B-12		0.50				4		0.08	0.57	0.57
Vitamin A, IU	IU	24		0	NC	4		4	27	27
Vitamin A, RAE		3		0	NC	4		0	4	4
Retinol		2		0	FLA	4		0	3	3
Vitamin E (alpha-tocopherol)		0.02		0	FLA	4		0.00	0.02	0.02
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg	0.2		0	FLA	4		0.0	0.3	0.3
Lipids:										
Fatty acids, total saturated	<b>a</b>	1.034				4		0.155	1.168	1.16
•		0.049				4		0.133	0.055	0.05
4:0 6:0		0.043				4		0.007	0.040	0.04
	-	0.033				4				0.04
8:0 10:0.	-	0.020				- <u></u>		0.003 0.007	0.023 0.050	0.02
12:0		0.044				4		0.007	0.050	0.0
13:0	-	0.054	•			-		0.006	0.001	0.00
14:0	-	0.167	7			А		0.025	0.189	0.18
15:0	-	0.167	•			4		0.025	0.109	0.10
16:0	-	0.438	2			А		0.066	0.495	0.49
	-	0.438	,			4		0.000	0.495	0.43
17:0	_	0.158	<b>.</b>			4		0.004	0 170	0.1
18:0		0.138	,			4		0.024	0.179	0.1
20:0 22:0	-									
7.7.0										

	<u>Aı</u>	mount in 10		of edil	ole portio	<u>n</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error	Number of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.438				4		0.066	0.495	0.495
14:1g	0.430				-		0.000	0.493	0.433
15:1									
16:1 undifferentiatedg	0.035				4		0.005	0.040	0.040
17:1g					_			****	
18:1 undifferentiated	0.364				4		0.055	0.411	0.411
20:1g	0.000	1			4		0.000	0.000	0.000
22:1 undifferentiated	0.000				4		0.000	0.000	0.000
24:1 cg									
Fatty acids, total polyunsaturated	0.044				4		0.007	0.050	0.050
18:2 undifferentiatedg	0.030	ı			4		0.005	0.034	0.034
18:3 undifferentiatedg	0.015	i			4		0.002	0.017	0.017
18:4g	0.000	ı			4		0.000	0.000	0.000
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000	1			4		0.000	0.000	0.000
20:5 n-3g	0.000	ı			4		0.000	0.000	0.000
22:5 n-3g	0.000	ı			4		0.000	0.000	0.000
22:6 n-3g	0.000	1			4		0.000	0.000	0.000
Fatty acids, total transg									
Cholesterolmg	6				4		1	7	7
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0				7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobrominemg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, betamcg	7		0	FLA	4		1.043	7.855	7.855
Carotene, alphamcg	0		0	FLA	4		0.000	0.000	0.000
Cryptoxanthin, betamcg	5		0	FLA	4		0.782	5.891	5.891
Lycopenemcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	7		0	FLA	4		1.105	8.322	8.322

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100 g	grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nι	umber				<u>m</u> e	easures of food	i	
			•	f Data		Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water		87.10		0	MA	12		27.18	114.10	108.88	
Energy	kcal	51		0	MC	9		16	67	64	
Energy	kj	213				9		67	280	267	
Protein		0.20		0	MA	12		0.06	0.26	0.25	
Total lipid (fat)	g	0.10		0	MA	12		0.03	0.13	0.13	
Ash		0.26		0	MA	12		0.08	0.34	0.33	
Carbohydrate, by difference		12.30		0	MC	9		3.84	16.11	15.38	
Fiber, total dietary		0.2		0	MA	12		0.1	0.3	0.3	
Sugars, total		11.00		0	FLA	4		3.43	14.40	13.74	
Starch	g										
Minerals:											
Calcium, Ca	mq	7		0	MA	12		2	9	9	
Iron, Fe		0.20		0	MA	12		0.06	0.26	0.25	
Magnesium, Mg.	-	6		0	MA	12		2	8	8	
Phosphorus, P		8		0	MA	12		2	10	10	
Potassium, K	_	123		0	MA	12		38	161	154	
Sodium, Na		4		0	MA	12		1	5	5	
Zinc, Zn	mg	0.04		0	MA	12		0.01	0.05	0.0	
Copper, Cu	mg	0.020	)	0	MA	12		0.006	0.026	0.02	
Manganese, Mn	mg	0.080	)	0	MA	12		0.025	0.105	0.10	
Selenium, Se	mcg	0.3		0	FLM	4		0.1	0.4	0.4	
Vitamins:											
Vitamin C, total ascorbic acid	ma	27.9		0	MA	12		8.7	36.5	34.9	
Thiamin	-	0.010	`	0	MA	12		0.003	0.013	0.01	
Riboflavin	_	0.010		0	MA	12		0.003	0.013	0.01	
Niacin		0.140		0	MA	12		0.044	0.183	0.01	
Pantothenic acid	_	0.140		0	BFSN	4		0.039	0.164	0.15	
Vitamin B-6		0.060		0	MA	12		0.019	0.079	0.07	
Folate, total	-	1	,	0	BFFN	4		0.013	1	1	
Folic acid		0		0	Z	7		0	0	0	
Folate, food		1		0	BFFN	4		0	1	1	
Folate, DFE		1		0	NC	4		0	1	1	
Vitamin B-12		0.00		0	z	7		0.00	0.00	0.00	
Vitamin A, IU		9		0	MA	12		3	12	11	
Vitamin A, RAE		0		0	NC	4		0	1	1	
Retinol		0		0	BNA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.02		0	FLA	4		0.00	0.02	0.02	
Tocopherol, beta		0.02		·		-		0.00	0.02	0.01	
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		0.0		0	FLA	4		0.0	0.0	0.0	
Lipids:											
Fatty acids, total saturated		0.018		0	BFFN	4		0.006	0.024	0.02	
4:0	<del>-</del>	0.000		0	BFFN	4		0.000	0.000	0.00	
6:0	-	0.000		0	BFFN	4		0.000	0.000	0.0	
8:0	-	0.000		0	BFFN	4		0.000	0.000	0.00	
10:0		0.000		0	BFFN	4		0.000	0.000	0.00	
12:0	-	0.000	J	0	BFFN	4		0.000	0.000	0.00	
13:0	-	0 00-		0	D===-	4		0.000	0 001		
14:0	-	0.001	_	U	BFFN	4		0.000	0.001	0.0	
15:0		0.01-		•	D			0 00=		2.2	
16:0		0.015	•	0	BFFN	4		0.005	0.020	0.0	
17:0	-	0.000	<b>.</b>	^	D===-			0 001	0 000	2 2	
18:0	-	0.002	2	0	BFFN	4		0.001	0.003	0.0	
20:0	-										
22:0	CI .										

	<u>Ar</u>	nount in 10			le portio	<u>on</u>		edible portion of easures of food	of common
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.004		0	BFFN	4		0.001	0.005	0.005
14:1g									
15:1g									
16:1 undifferentiatedg	0.000		0	BFFN	4		0.000	0.000	0.000
17:1g									
18:1 undifferentiatedg	0.004		0	BFFN	4		0.001	0.005	0.005
20:1g	0.000		0	BFFN	4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000		0	BFFN	4		0.000	0.000	0.000
24:1 cg									
Fatty acids, total polyunsaturatedg	0.034		0	BFFN	4		0.011	0.045	0.043
18:2 undifferentiatedg	0.028		0	BFFN	4		0.009	0.037	0.035
18:3 undifferentiatedg	0.006		0	BFFN	4		0.002	0.008	0.008
18:4g	0.000		0	BFFN	4		0.000	0.000	0.000
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	BFFN	4		0.000	0.000	0.000
20:5 n-3g	0.000		0	BFFN	4		0.000	0.000	0.000
22:5 n-3g	0.000		0	BFFN	4		0.000	0.000	0.000
22:6 n-3g	0.000		0	BFFN	4		0.000	0.000	0.000
Fatty acids, total transg									
Cholesterolmg	0		0	MA	12		0	0	0
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, betamcg	4		0	BNA	4		1.139	4.783	4.564
Carotene, alphamcg	3		0	BNA	4		1.091	4.582	4.372
Cryptoxanthin, betamcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	16		0	FLA	4		5.144	21.596	20.607

# **Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 131g: 1 bottle Earth's Best (4.2 fl oz)
Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

Proximates: Water	cal j l	88.30 47 197 0.00	Std. Error		Deriv	Source Code	Confidence		easures of food	
Proximates:  Water	cal j l	88.30 47 197	Std. Error							
Proximates:  Water	cal j l	88.30 47 197	Std. Error	Points	Code	Code	0-4-			
Water	cal j l	47 197					Code	Measure 1	Measure 2	Measure 3
Water	cal j l	47 197								
Energy	cal j l	197		0	MA	12				
Energy	j I I			0	MC	9				
Protein		0.00				9				
Ash				0	MA	12				
Carbohydrate, by difference		0.02		0	MA	12				
Fiber, total dietary		0.19		0	MA	12				
Sugars, total		11.40		0	MC	9				
Starch		0.0		0	MA	12				
Minerals:  Calcium, Ca		6.88		0	FLA	4				
Calcium, Ca										
Iron, Fe										
Magnesium, Mg	ng	6		0	MA	12				
Phosphorus, P	-	0.22		0	MA	12				
Potassium, K.         m           Sodium, Na.         m           Zinc, Zn.         m           Copper, Cu.         m           Manganese, Mn.         m           Selenium, Se.         m           Vitamins:         m           Vitamin C, total ascorbic acid.         m           Thiamin.         m           Riboflavin.         m           Niacin.         m           Pantothenic acid.         m           Vitamin B-6.         m           Folate, total.         m		3		0	MA	12				
Sodium, Na m Zinc, Zn m Copper, Cu m Manganese, Mn m Selenium, Se m  Vitamins:  Vitamin C, total ascorbic acid m Thiamin m Riboflavin m Niacin m Pantothenic acid m Vitamin B-6 m Folate, total m	-	7		0	MA	12				
Zinc, Zn		97		0	MA	12				
Copper, Cu		5		0	MA	12				
Manganese, Mn		0.05		0 0	LC	8 12				
Selenium, Se		0.010 0.160		0	MA MA	12				
Vitamins:		0.160		0	BFZN	4				
Vitamin C, total ascorbic acid m Thiamin m Riboflavin m Niacin m Pantothenic acid m Vitamin B-6 m Folate, total m	· ·									
Thiamin.         m           Riboflavin.         m           Niacin.         m           Pantothenic acid.         m           Vitamin B-6.         m           Folate, total.         m	na	27.9		0	MA	12				
Riboflavin.         m           Niacin.         m           Pantothenic acid.         m           Vitamin B-6.         m           Folate, total.         m		0.000		0	MA	12				
Niacin	-	0.020		0	MA	12				
Pantothenic acid		0.070		0	MA	12				
Folate, totalm										
· ·	ng	0.030		0	MA	12				
Folio acid m	ncg	0		0	FLM	4				
TOTIC aciu	ncg	0		0	Z	7				
Folate, foodm		0		0	FLM	4				
Folate, DFEm		0		0	NC	4				
Vitamin B-12m		0.00		0	FLM	4				
Vitamin A, IUIL	J	28		0	NC	4				
Vitamin A, RAEm		1		0	NC	4				
Retinol m		0		0	FLA	4				
Vitamin E (alpha-tocopherol)m		0.56		0	FLA	4				
Tocopherol, betam										
Tocopherol, gammam Tocopherol, deltam										
Vitamin D										
Vitamin K (phylloquinone)m		2.4		0	FLA	4				
Lipids:										
Fatty acids, total saturated9		0.007		0	FLM	4				
4:0g		0.000		0	FLM	4				
6:0g		0.000		0	FLM	4				
8:0g		0.000		0	FLM	4				
10:0g		0.000		0	FLM	4				
12:0g		0.000		0	FLM	4				
13:0g										
14:0g		0.000		0	FLM	4				
15:0g										
16:0g		0.006		0	FLM	4				
17:0g										
18:0g		0.001		0	FLM	4				
20:0g										
22:0g 24:0g										

		<u>Ar</u>	nount in 10	<u>00 grams</u> Number		ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Un	nits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated		0.001		0	FLM	4					
14:1	-										
15:1				_							
16:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000		0	FLM	4					
17:1	-										
18:1 undifferentiated		0.001		0	FLM	4					
20:1		0.000		0	FLM	4					
22:1 undifferentiated	•	0.000		0	FLM	4					
24:1 c											
Fatty acids, total polyunsaturated		0.012		0	FLM	4					
18:2 undifferentiated	-	0.010		0	FLM	4					
18:3 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.002		0	FLM	4					
18:4		0.000		0	FLM	4					
20:2 n-6 c,c	-										
20:3 undifferentiated											
20:4 undifferentiated	-	0.000		0	FLM	4					
20:5 n-3	-	0.000		0	FLM	4					
22:5 n-3	g	0.000		0	FLM	4					
22:6 n-3	g	0.000		0	FLM	4					
Fatty acids, total trans	g										
Cholesterol	-	0		0	Z	7					
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0		0	Z	7					
Caffeine	mg	0		0	FLA	4					
Theobromine	mg	0		0	FLA	4					
Carotenoids:											
Carotene, beta		17		0	FLA	4					
Carotene, alpha		0		0	FLA	4					
Cryptoxanthin, beta	mcg	0		0	FLA	4					
Lycopene	mcg	0		0	FLA	4					
Lutein + zeaxanthin	mcg	49		0	FLA	4					

# **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	0 grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common			
				Number	•			<u>m</u>	easures of food	<u>.</u>	
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	85.30		0	MA	12		12.80	96.39	96.39	
Energy	kcal	62		0	MC	9		9	70	70	
Energy	kj	259				9		39	293	293	
Protein	g	2.60		0	MA	12		0.39	2.94	2.94	
Total lipid (fat)	g	0.90		0	MA	12		0.14	1.02	1.02	
Ash	g	0.30		0	MA	12		0.05	0.34	0.34	
Carbohydrate, by difference	g	10.90		0	MC	9		1.64	12.32	12.32	
Fiber, total dietary	g	1.8		0	MA	12		0.3	2.0	2.0	
Sugars, total	g	7.98		0	FLA	4		1.20	9.01	9.01	
Starch	g										
Minorale.											
<u>Minerals:</u> Calcium, Ca	ma	4		0	MA	12		1	5	5	
Iron, Fe	_	0.30		0	MA	12		0.05	0.34	0.34	
Magnesium, Mg	_	7		0	MA	12		1	8	8	
Phosphorus, P		34		0	MA	12		5	38	38	
Potassium, K	_	120		0	MA	12		18	136	136	
Sodium, Na		9		0	MA	12		1	10	10	
Zine, Zn	-	0.40		0	MA	12		0.06	0.45	0.4	
Copper, Cu		0.040	)	0	MA	12		0.006	0.045	0.0	
Manganese, Mn		0.020		0	MA	12		0.003	0.023	0.0	
Selenium, Se		4.6		0	FLM	4		0.7	5.2	5.2	
<u>/itamins:</u>											
Vitamin C, total ascorbic acid	_	0.1		0	MA	12		0.0	0.1	0.1	
Thiamin	-	0.060		0	MA	12		0.009	0.068	0.0	
Riboflavin		0.060		0	MA	12		0.009	0.068	0.0	
Niacin	_	0.730		0	MA	12		0.110	0.825	0.8	
Pantothenic acid	-	0.097		0	FLM	4		0.015	0.110	0.1	
Vitamin B-6	-	0.070	)	0	MA	12		0.011	0.079	0.0	
Folate, total		2		0	FLM	4		0	2	2	
Folic acid		0		0	Z	7		0	0	0	
Folate, food		2		0	FLM	4		0	2	2	
Folate, DFE		2		0	NC	4		0	2	2	
Vitamin B-12		0.02		0	FLM	4		0.00	0.02	0.0	
Vitamin A, IU		6		0	MA	12		1	7	7	
Vitamin A, RAE		0		0	NC	4		0	0	0	
Retinol		0		0	Z	7		-	0	0	
Vitamin E (alpha-tocopherol)		0.07		0	FLA	4		0.01	0.07	0.0	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, deltaVitamin D											
Vitamin K (phylloquinone)		0.5		0	FLA	4		0.1	0.5	0.5	
<u> ipids:</u>	~	0.050		•				0.000	0.000	0.00	
Fatty acids, total saturated		0.250		0	FLM	4 4		0.038	0.283	0.2	
4:0		0.000		0	FLM	4		0.000	0.000	0.0	
6:0		0.000		-	FLM			0.000	0.000	0.0	
8:0	-	0.000		0 0	FLM	4 4		0.000	0.000	0.0	
10:0	-	0.002			FLM			0.000	0.002	0.0	
12:0		0.001	-	0	FLM	4		0.000	0.001	0.0	
13:0		0.010	,	0	347	12		0.000	0.014	0 0	
14:0		0.012	=	U	MA	12		0.002	0.014	0.0	
15:0		0.162	,	0	EL M	4		0.004	0 100	0 1	
16:0	=	0.162	<u> </u>	U	FLM	4		0.024	0.183	0.1	
17:0	-	0.070		0	EL M	4		0.010	0 000	0.0	
18:0	-	0.079	,	U	FLM	4		0.012	0.089	0.0	
20:0	-										
22:0 24:0	-										

	An	nount in 10	0 grams	of edib	ole portio	<u>on</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.360		0	FLM	4		0.054	0.407	0.407
14:1g									
15:1g									
16:1 undifferentiatedg	0.028		0	MA	12		0.004	0.032	0.032
17:1g									
18:1 undifferentiatedg	0.346		0	MA	12		0.052	0.391	0.391
20:1g	0.004		0	FLM	4		0.001	0.005	0.005
22:1 undifferentiatedg	0.000		0	FLM	4		0.000	0.000	0.000
24:1 cg									
Fatty acids, total polyunsaturatedg	0.111		0	FLM	4		0.017	0.125	0.125
18:2 undifferentiatedg	0.100		0	MA	12		0.015	0.113	0.113
18:3 undifferentiatedg	0.006		0	MA	12		0.001	0.007	0.007
18:4g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.005		0	FLM	4		0.001	0.006	0.006
20:5 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total transg									
Cholesterol mg	8		0	MA	12		1	9	9
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, betamcg	3		0	BNA	4		0.393	2.959	2.959
Carotene, alphamcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta mcg	2		0	BNA	4		0.295	2.219	2.219
Lycopene mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	14		0	FLA	4		2.109	15.889	15.889

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	00 grams	of edib	le portio	<u>on</u>		edible portion	
Nutrients and Un	its	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:	<b>a</b>	87.50		0	MA	12				
Water Energy	_	87.50 51		0	MC	9				
63		213		U	MC	9				
Energy Protein		0.20		0	MA	12				
	-	0.20		0	MA	12				
Total lipid (fat)		0.10		0	MA.	12				
Ash		12.10		0	MC	9				
Carbohydrate, by difference		0.9		0	MA.	9 12				
Fiber, total dietary				0	BFSN	4				
Sugars, total		10.83		U	Brsn	4				
Starch	y									
Minerals:										
Calcium, Ca	mg	10		0	MA	12				
Iron, Fe	mg	0.20		0	MA	12				
Magnesium, Mg		6		0	MA	12				
Phosphorus, P	mg	13		0	MA	12				
Potassium, K		50		0	MA	12				
Sodium, Na		13		0	MA	12				
Zinc, Zn		0.04		0	MA	12				
Copper, Cu	-	0.020		0	MA	12				
Manganese, Mn		0.040	)	0	MA	12				
Selenium, Se	rricg	0.3		0	BFZN	4				
Vitamins:										
Vitamin C, total ascorbic acid	mg	31.3		0	MA	12				
Thiamin	mg	0.010	)	0	MA	12				
Riboflavin	mg	0.020	)	0	MA	12				
Niacin	<u>mg</u>	0.080	)	0	MA	12				
Pantothenic acid	mg	0.039	•	0	FLM	4				
Vitamin B-6	mg	0.050	)	0	MA	12				
Folate, total	mcg	1		0	FLM	4				
Folic acid	mcg	0		0	Z	7				
Folate, food		1		0	FLM	4				
Folate, DFE		1		0	NC	4				
Vitamin B-12		0.00		0	Z	7				
Vitamin A, IU		31		0	NC	4				
Vitamin A, RAE		2		0	NC	4				
Retinol		0		0	Z	7				
Vitamin E (alpha-tocopherol)		0.23		0	BFSN	4				
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D Vitamin K (phylloquinone)		0.6		0	BFSN	4				
vitainiii K (phynoquinone)	IIIO9	0.0		Ū	DI SI	-				
Lipids:										
Fatty acids, total saturated	g	0.020	)	0	FLM	4				
4:0	g	0.000	)	0	FLM	4				
6:0	g	0.000	)	0	FLM	4				
8:0		0.000	)	0	FLM	4				
10:0		0.000		0	FLM	4				
12:0		0.000	)	0	FLM	4				
13:0										
14:0		0.001	L	0	FLM	4				
15:0										
16:0		0.014	l	0	FLM	4				
17:0	_									
18:0	_	0.003	3	0	FLM	4				
20:0	_									
22:0	_									
24:0	g									

		<u>Ar</u>	mount in 10	00 grams	of edib	ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Un	its	Mean	Std. Error		Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated.	g	0.004		0	FLM	4					
14:1	g										
15:1	g										
16:1 undifferentiated		0.000		0	FLM	4					
17:1	-										
18:1 undifferentiated		0.004		0	FLM	4					
20:1	-	0.000		0	FLM	4					
22:1 undifferentiated	g	0.000		0	FLM	4					
24:1 c	g										
Fatty acids, total polyunsaturated	g	0.030		0	FLM	4					
18:2 undifferentiated	-	0.025		0	FLM	4					
18:3 undifferentiated	g	0.005		0	FLM	4					
18:4	g	0.000		0	FLM	4					
20:2 n-6 c,c	g										
20:3 undifferentiated	g										
20:4 undifferentiated	g	0.000		0	FLM	4					
20:5 n-3	g	0.000		0	FLM	4					
22:5 n-3	g	0.000		0	FLM	4					
22:6 n-3	g	0.000		0	FLM	4					
Fatty acids, total trans	g										
Cholesterol	mg	0		0	MA	12					
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0		0	Z	7					
Caffeine	mg	0		0	BFSN	4					
Theobromine	mg	0		0	BFSN	4					
Carotenoids:											
Carotene, beta	mcg	14		0	BFSN	4					
Carotene, alpha	mcg	0		0	BFSN	4					
Cryptoxanthin, beta	mcg	10		0	BFSN	4					
Lycopene	mcg	0		0	BFSN	4					
Lutein + zeaxanthin	mcg	19		0	BFSN	4					

#### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 10	00 grams	of edil	ole portio	<u>n</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u>.</u>
				of Data	Deriv	Source	Confidence			
Nutrients and Unit	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	3.70		0	MA	12				
Energy	kcal	421		0	NC	4				
Energy	kj	1763		0	NC	4				
Protein	g	6.40		0	MA	12				
Total lipid (fat)	g	9.90		0	MA	12				
Ash	g	3.32		0	MA	12				
Carbohydrate, by difference	g	76.68		0	NC	4				
Fiber, total dietary	g	2.3		0	MA	12				
Sugars, total	g	28.00		0	MA	12				
Starch	g									
M:										
Minerals:	ma	400		0	MA	12				
Calcium, Ca	-	22.50		0	MA MA	12				
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	27		0	MA MA	12				
Phosphorus, P		709		0	MA	12				
Potassium, K	-	114		0	MA	12				
Sodium, Na	-	324		0	MA	12				
Zinc, Zn	-	4.00		0	MA	12				
Copper, Cu		0.220		0	MA	12				
Manganese, Mn		0.220								
Selenium, Se		37.5		0	BFZN	4				
<u> Vitamins:</u>										
Vitamin C, total ascorbic acid	-	10.0				4				
Thiamin	-	1.400		0	MA	12				
Riboflavin		1.600		0	MA	12				
Niacin	-	11.250	1	0	MA	12				
Pantothenic acid	-									
Vitamin B-6		0.050		0	MA	12				
Folate, total		114		0	0	4				
Folic acid		95		0	0	4				
Folate, food		18		0 0	0	4 4				
Folate, DFE		180 0.00		U	NC					
Vitamin B-12				•	***	7 4				
Vitamin A, IU		0		0	NC NC	4				
Vitamin A, RAE		0		0	NC Z	7				
Retinol		3.90		0	BNA	4				
Vitamin E (alpha-tocopherol)		3.90		U	DNA	4				
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta Vitamin D										
Vitamin K (phylloquinone)		15.0		0	FLA	4				
vitamin K (phynodumone)	9	20.0		•		-				
<u> Lipids:</u>										
Fatty acids, total saturated	g	1.646		0	NC	4				
4:0		0.000				4				
6:0	-	0.000				4				
8:0	-	0.000				4				
10:0	-	0.000				4				
12:0		0.041				4				
13:0		_				_				
14:0		0.020	1			4				
15:0						_				
16:0		1.484				4				
17:0						_				
18:0		0.102				4				
20:0	-									
22:0	~									

	<u>Ar</u>	mount in 10	00 grams	of edib	Amount in	Amount in edible portion of common			
			Number				<u>m</u>	easures of food	
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
En llevil	3.130		0	NC	4				
Fatty acids, total monounsaturatedg 14:1g	3.130		U	NC	4				
15:1									
16:1 undifferentiated	0.020				4				
17:1g	0.020				•				
18:1 undifferentiated	3.110				4				
20:1	0.000				4				
22:1 undifferentiatedg	0.000				4				
24:1 cg									
Fatty acids, total polyunsaturatedg	3.638		0	NC	4				
18:2 undifferentiatedg	3.476				4				
18:3 undifferentiatedg	0.163				4				
18:4g	0.000				4				
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000				4				
20:5 n-3g	0.000				4				
22:5 n-3g	0.000				4				
22:6 n-3g	0.000				4				
Fatty acids, total trans9									
Cholesterolmg	0				7				
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0				7				
Caffeineg	0		0	FLA	4				
Theobromine mg	0		0	FLA	4				
Carotenoids:									
Carotene, beta mcg	0		0	FLA	4				
Carotene, alphamcg	0		0	FLA	4				
Cryptoxanthin, betamcg	0		0	FLA	4				
Lycopenemcg	0		0	FLA	4				
Lutein + zeaxanthinmcg	11		0	FLA	4				

# **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100	grams	of edib	le portio	<u>n</u>		edible portion	
			Nu	umber				<u>m</u>	easures of food	
Nutrients and Uni	its	Mean	Std. Error P	f Data oints		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	83.10				1		12.47	93.90	93.90
Energy	kcal	67				4		10	76	76
Energy		280				4		42	317	317
Protein		0.30				1		0.05	0.34	0.34
Total lipid (fat)		0.20				1		0.03	0.23	0.23
Ash		0.29		0	FLA	4		0.04	0.33	0.33
Carbohydrate, by difference		16.30			NC	4		2.45	18.42	18.42
Fiber, total dietary		1.0				1		0.2	1.1	1.1
Sugars, total		14.66		0	FLA	4		2.20	16.57	16.57
Starch				·		-			10.57	
Starcii	9									
<u>Minerals:</u>										
Calcium, Ca	mg	3				1		0	3	3
Iron, Fe	mg	0.10				1		0.02	0.11	0.1
Magnesium, Mg		8				4		1	9	9
Phosphorus, P	mg	9				1		1	10	10
Potassium, K	mg	71				1		11	80	80
Sodium, Na	mg	7				1		1	8	8
Zinc, Zn	mg	0.05				4		0.01	0.06	0.0
Copper, Cu	mg	0.030	)			4		0.005	0.034	0.0
Manganese, Mn	mg									
Selenium, Se	mcg	0.6		0	BFZN	4		0.1	0.7	0.7
/itamins:										
	ma	12.3				1		1.8	13.9	13.9
Vitamin C, total ascorbic acid	-	0.020				1		0.003	0.023	0.0
Thiamin		0.020				1		0.003		
Riboflavin						1			0.023	0.0
Niacin	_	0.130	,			1		0.020	0.147	0.1
Pantothenic acid	_	0.060				1		0.009	0.000	0.0
Vitamin B-6	-	4	,			4		1	0.068 5	0.0 5
Foliate, total		0		0	Z	7		0	0	0
Folic acid		4		U	4	4		1	5	5
Folate, food		4		0	170	4				5 5
Folate, DFE		0.00		U	NC	7		1 0.00	5	_
Vitamin B-12				•	***				0.00	0.0
Vitamin A, IU		30 2		0	NC	4 4		5 0	34	34
Vitamin A, RAE				0	NC	_			2	2
Retinol		0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)	<del>-</del>	0.02		0	FLA	4		0.00	0.02	0.0
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		0.1		•				0.0	0.1	0.1
Vitamin K (phylloquinone)	riicg	0.1		0	FLA	4		0.0	0.1	0.1
Lipids:										
Fatty acids, total saturated	q	0.058	3			4		0.009	0.066	0.0
4:0		0.000				4		0.000	0.000	0.0
6:0		0.000	)			4		0.000	0.000	0.0
8:0		0.000				4		0.000	0.000	0.0
10:0	-	0.000				4		0.000	0.000	0.0
12:0	-	0.001				4		0.000	0.001	0.0
13:0	-									
14:0	-	0.001	L			4		0.000	0.001	0.0
15:0		0.001				-			0.001	2.0
16:0	-	0.042	2			4		0.006	0.047	0.0
17:0	-					-		0.000	0.047	2.0
18:0		0.003	3			4		0.000	0.003	0.0
20:0		0.000	-			-		0.000	0.003	0.0
22:0	-									
24:0	-									

	<u>Ar</u>	mount in 10		of edil	ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	Number of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.018				4		0.003	0.020	0.020	
14:1g	0.020				-		0.003	0.020	0.020	
15:1 9										
16:1 undifferentiatedg	0.003				4		0.000	0.003	0.003	
17:1g										
18:1 undifferentiatedg	0.015				4		0.002	0.017	0.017	
20:1g	0.000				4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000				4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturatedg	0.047				4		0.007	0.053	0.053	
18:2 undifferentiatedg	0.035				4		0.005	0.040	0.040	
18:3 undifferentiatedg	0.012				4		0.002	0.014	0.014	
18:4g	0.000				4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000				4		0.000	0.000	0.000	
20:5 n-3g	0.000				4		0.000	0.000	0.000	
22:5 n-3g	0.000				4		0.000	0.000	0.000	
22:6 n-3g	0.000				4		0.000	0.000	0.000	
Fatty acids, total transg										
Cholesterol mg	0				7		0	0	0	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0				7		0.0	0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	0	
Theobrominemg	0		0	FLA	4		0	0	0	
Carotenoids:										
Carotene, beta mcg	12		0	BNA	4		1.868	14.073	14.073	
Carotene, alphamcg	8		0	BNA	4		1.211	9.122	9.122	
Cryptoxanthin, betamcg	3		0	BNA	4		0.453	3.413	3.413	
Lycopenemcg	0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	10		0	FLA	4		1.531	11.537	11.537	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	0 grams	of edib	ole portio	<u>n</u>	Amount in edible portion of common			
				Number	•			<u>m</u>	easures of food		
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	78.50				5		24.73	98.91		
Energy	kcal	89				4		28	112		
Energy	kj	372				4		117	469		
Protein	g	2.50				5		0.79	3.15		
Total lipid (fat)	g	0.80				5		0.25	1.01		
Ash	g	0.66		0	T	4		0.21	0.83		
Carbohydrate, by difference	g	17.54		0	NC	4		5.53	22.10		
Fiber, total dietary	g	0.4				4		0.1	0.5		
Sugars, total	g	13.28		0	FLA	4		4.18	16.73		
Starch	g										
Minopole											
Minerals: Calcium, Ca	ma	79				5		25	100		
Iron, Fe	_	0.20				5		0.06	0.25		
Magnesium, Mg	_	10				4		3	13		
Phosphorus, P		65				5		20	82		
Potassium, K	_	160				5		50	202		
Sodium. Na		37				5		12	47		
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.14				4		0.04	0.18		
Copper, Cu		0.030	)			4		0.009	0.038		
Manganese, Mn											
Selenium, Se		1.6		0	FLM	4		0.5	2.0		
¥7*.											
Vitamins:						_		40.5			
Vitamin C, total ascorbic acid	_	33.9				5		10.7	42.7		
Thiamin	_	0.030				5		0.009	0.038		
Riboflavin	<del>-</del>	0.100				5		0.032	0.126		
Niacin	_	0.270	)			5		0.085	0.340		
Pantothenic acid	_	0 100				5		0.020	0 151		
Vitamin B-6	-	0.120 6	,			4		0.038 2	0.151 8		
Foliate, total		0		0	z	7		0	0		
Folic acid	_	6		U	4	4		2	8		
Folate, foodFolate, DFE	mca DEE	6		0	NC	4		2	8		
Vitamin B-12		0.43		U	NC	4		0.14	0.54		
		28		0	NC	4		9	35		
Vitamin A, IU Vitamin A, RAE		6		0	NC	4		2	33 7		
Retinol		5		0	BNA	4		2	6		
Vitamin E (alpha-tocopherol)		0.05		0	FLA	4		0.02	0.06		
Tocopherol, beta		0.03		Ū	LIIA	•		0.02	0.00		
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		0.4		0	FLA	4		0.1	0.4		
	•••••										
<u>Lipids:</u>											
Fatty acids, total saturated		0.517				4		0.163	0.651		
4:0		0.025				4		0.008	0.032		
6:0		0.017				4		0.005	0.021		
8:0	-	0.010				4		0.003	0.013		
10:0	-	0.022				4		0.007	0.028		
12:0	-	0.027				4		0.009	0.034		
13:0		0.00						0.000	0 100		
14:0		0.084	ı			4		0.026	0.106		
15:0		0.219				4		0.000	0.076		
16:0		0.219	•			4		0.069	0.276		
17:0		0.079				4		0 005	0 100		
18:0		0.079	•			4		0.025	0.100		
20:0	-										
22:0	y										

	<u>An</u>	ount in 10	0 grams	Amount in edible portion of common					
		!	Number				<u>m</u> .	easures of food	
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.219				4		0.069	0.276	
14:1g									
15:1g									
16:1 undifferentiated	0.017				4		0.005	0.021	
17:1g									
18:1 undifferentiatedg	0.182				4		0.057	0.229	
20:1g	0.000				4		0.000	0.000	
22:1 undifferentiatedg	0.000				4		0.000	0.000	
24:1 cg									
Fatty acids, total polyunsaturated	0.022				4		0.007	0.028	
18:2 undifferentiatedg	0.015				4		0.005	0.019	
18:3 undifferentiatedg	0.007				4		0.002	0.009	
18:4g	0.000				4		0.000	0.000	
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000				4		0.000	0.000	
20:5 n-3g	0.000				4		0.000	0.000	
22:5 n-3g	0.000				4		0.000	0.000	
22:6 n-3g	0.000				4		0.000	0.000	
Fatty acids, total trans									
Cholesterolmg	3				4		1	4	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0				7		0.0	0.0	
Caffeinemg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, betamcg	5		0	BNA	4		1.595	6.381	
Carotene, alpha mcg	3		0	BNA	4		1.048	4.194	
Cryptoxanthin, beta mcg	0		0	BNA	4		0.003	0.010	
Lycopene mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin mcg	16		0	FLA	4		5.010	20.039	

# **Common Measures:**

Measure 1 = 31.5g: 1 fl oz

Measure 2 = 126g: 1 bottle NFS

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100	grams	of edib	le portio	<u>n</u>		edible portion	
			N	Number				<u>m</u>	easures of food	
Nutrients and Unit	s	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	76.70				5		11.51	86.67	54.46
Energy	kcal	91		0	NC	4		14	103	65
Energy	kj	381		0	NC	4		57	431	271
Protein	g	1.00				5		0.15	1.13	0.71
Total lipid (fat)	g	0.20				5		0.03	0.23	0.14
Ash	g	0.76		0	BFSN	4		0.11	0.86	0.54
Carbohydrate, by difference	g	21.34		0	NC	4		3.20	24.11	15.15
Fiber, total dietary	g	1.6				4		0.2	1.8	1.1
Sugars, total	g	11.36		0	BFSN	4		1.70	12.84	8.07
Starch	g									
Minerals:	ma	4				E		1	5	3
Calcium, Ca		4 0.30				5 5		1 0.05	5 0.34	3 0.2
Iron, Fe		26				5 4		0.05 4	0.34 29	0.2 18
Magnesium, Mg		20				5		3	23	14
Phosphorus, P Potassium, K		20 290				5		3 44	23 328	206
Sodium, Na		3				5		0	328	206
Zinc, Zn	_	0.05				5		0.01	0.06	0.0
Copper, Cu	_	0.040	1			5		0.006	0.045	0.0
Manganese, Mn		0.040	,			3		0.000	0.045	0.0
Selenium, Se		1.1		0	BFFN	4		0.2	1.2	0.8
•										
<u> Vitamins:</u>										
Vitamin C, total ascorbic acid	_	21.9				5		3.3	24.7	15.5
Thiamin		0.020				5		0.003	0.023	0.0
Riboflavin		0.060				5		0.009	0.068	0.0
Niacin	-	0.540	)			5		0.081	0.610	0.3
Pantothenic acid	-					_				
Vitamin B-6	_	0.260	)			5		0.039	0.294	0.1
Folate, total		17		•	_	4		3	19	12
Folic acid		0		0	Z	7		0	0	0
Folate, food		17		•		4		3	19	12
Folate, DFE		17		0	NC	4		3	19	12
Vitamin B-12		0.00				7		0.00	0.00	0.00
Vitamin A, IU		5		•		5		1	6	4
Vitamin A, RAE		0		0	NC -	4		0	0	0
Retinol		0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	-	0.25		0	NR	4		0.04	0.28	0.1
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta Vitamin D										
Vitamin K (phylloquinone)		0.5		0	BFSN	4		0.1	0.6	0.3
viamin K (phynoquiione)	9	0.0		•	22 22.	-		V	0.0	0.0
Lipids:										
Fatty acids, total saturated	g	0.072	2			4		0.011	0.081	0.0
4:0		0.000				4		0.000	0.000	0.0
6:0	g	0.000				4		0.000	0.000	0.0
8:0	-	0.000				4		0.000	0.000	0.0
10:0		0.000				4		0.000	0.000	0.0
12:0		0.001	L			4		0.000	0.001	0.0
13:0										
14:0	-	0.001	L			4		0.000	0.001	0.0
15:0	-									
16:0	-	0.051	L			4		0.008	0.058	0.0
17:0										
18:0		0.003	3			4		0.000	0.003	0.0
20:0	-									
22:0										

	<u>Ar</u>	nount in 10			le portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.028				4		0.004	0.032	0.020	
14:1g										
15:1g										
16:1 undifferentiatedg	0.004				4		0.001	0.005	0.003	
17:1g										
18:1 undifferentiatedg	0.023				4		0.003	0.026	0.016	
20:1g	0.000				4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000				4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturatedg	0.041				4		0.006	0.046	0.029	
18:2 undifferentiatedg	0.028				4		0.004	0.032	0.020	
18:3 undifferentiatedg	0.013				4		0.002	0.015	0.009	
18:4g	0.000				4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000				4		0.000	0.000	0.000	
20:5 n-3g	0.000				4		0.000	0.000	0.000	
22:5 n-3g	0.000				4		0.000	0.000	0.000	
22:6 n-3g	0.000				4		0.000	0.000	0.000	
Fatty acids, total transg										
Cholesterolmg	0				7		0	0	0	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0				7		0.0	0.0	0.0	
Caffeine mg	0		0	Z	7		0	0	0	
Theobromine mg	0		0	Z	7		0	0	0	
Carotenoids:										
Carotene, betamcg	2		0	BNA	4		0.304	2.292	1.440	
Carotene, alphamcg	2		0	BNA	4		0.291	2.196	1.380	
Cryptoxanthin, betamcg	0		0	BNA	4		0.000	0.000	0.000	
Lycopene mcg	0		0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	20		0	BFSN	4		3.019	22.741	14.288	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 71g: 1 jar Beech-Nut Baby's First (2.5 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100	grams	of edik	le portio	<u>n</u>		edible portion	
			N	Number				<u>m</u>	easures of food	
Nutrients and Uni	its	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	а	87.30		0	MA	12		13.10	98.65	98.65
Energy	-	59		0	MC	9		9	67	67
Energy		247				9		37	279	279
Protein	' <del>-</del> '	3.40		0	MA	12		0.51	3.84	3.84
Total lipid (fat)		2.50		0	MA	12		0.38	2.83	2.83
Ash		0.70		0	MA	12		0.11	0.79	0.79
Carbohydrate, by difference		5.70		0	MC	9		0.86	6.44	6.44
Fiber, total dietary		2.6		0	MA	12		0.4	2.9	2.9
		2.04		0	FLA	4		0.4		2.3
Sugars, total		2.04		U	FLA	4		0.31	2.31	2.31
Starch	9									
Minerals:										
Calcium, Ca	mg	22		0	MA	12		3	25	25
Iron, Fe		0.50		0	MA	12		0.08	0.57	0.5
Magnesium, Mg		13		0	MA	12		2	15	15
Phosphorus, P		45		0	MA	12		7	51	51
Potassium, K		226		0	MA	12		34	255	255
Sodium, Na		58		0	MA	12		9	66	66
Zinc, Zn		0.80		0	MA	12		0.12	0.90	0.9
Copper, Cu	-	0.054	I	0	MA	12		0.008	0.061	0.0
Manganese, Mn		0.140		0	MA	12		0.021	0.158	0.1
Selenium, Se		2.8	,	0	FLM	4		0.4	3.2	3.2
Selemuni, Se	1110g	2.0		·	2 1101	-		0.4	3.2	3.2
<u> Vitamins:</u>										
Vitamin C, total ascorbic acid	mg	0.8		0	MA	12		0.1	0.9	0.9
Thiamin	mg	0.020	)	0	MA	12		0.003	0.023	0.0
Riboflavin		0.060	)	0	MA	12		0.009	0.068	0.0
Niacin		0.930	)	0	MA	12		0.140	1.051	1.0
Pantothenic acid	mg									
Vitamin B-6	mg	0.100	)	0	MA	12		0.015	0.113	0.1
Folate, total	-	17		0	FLM	4		3	19	19
Folic acid		0		0	z	7		0	0	0
Folate, food		17		0	FLM	4		3	19	19
Folate, DFE		17		0	NC	4		3	19	19
Vitamin B-12		0.30		0	FLM	4		0.05	0.34	0.3
Vitamin A, IU		14452		0	MA	12		2168	16331	16331
Vitamin A, RAE		723		0	NC	4		108	817	817
Retinol		0		0	BNA	4		0	0	0
Vitamin E (alpha-tocopherol)		0.50		0	FLA	4		0.07	0.56	0.5
(1 1 /	=	0.50		·	LIM	-		0.07	0.50	0.5
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		7.4		0	FLA	4		1.1	8.4	8.4
Vitamin K (phylloquinone)	riicg	7.4		U	FLA	*		1.1	0.4	0.4
Lipids:										
Fatty acids, total saturated	q	0.960	)	0	FLM	4		0.144	1.085	1.0
4:0		0.000		0	FLM	4		0.000	0.000	0.0
6:0	-	0.000		0	FLM	4		0.000	0.000	0.0
8:0	_	0.000		0	FLM	4		0.000	0.000	0.0
10:0	_	0.002		0	FLM	4		0.000	0.002	0.0
12:0	-	0.002		0	FLM	4		0.000	0.002	0.0
13:0		0.002	-	Ū	- 1111	7		0.000	0.002	0.0
14:0	-	0.068	1	0	FLM	4		0.010	0.077	0.0
	_	0.068	,	U	E LIM	4		0.010	0.077	0.0
15:0		0.544		0	FLM	4		0.000	0 617	^ -
16:0		0.546	,	U	r LM	4		0.082	0.617	0.6
17:0				_						
18:0		0.285	•	0	FLM	4		0.043	0.322	0.3
20:0	_									
22:0	g									

	An	nount in 100 gran	s of edi	ole portic	<u>on</u>	Amount in edible portion of common			
Nutrients and Units	Mean	Numb of Dat Std. Error Points	a Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	1.060	0	FLM	4		0.159	1.198	1.198	
14:1g									
15:1g									
16:1 undifferentiatedg	0.090	0	FLM	4		0.014	0.102	0.102	
17:1g									
18:1 undifferentiatedg	0.923	0	FLM	4		0.138	1.043	1.043	
20:1g	0.002	0	FLM	4		0.000	0.002	0.002	
22:1 undifferentiatedg	0.000	0	FLM	4		0.000	0.000	0.000	
24:1 cg									
Fatty acids, total polyunsaturatedg	0.130	0	FLM	4		0.020	0.147	0.147	
18:2 undifferentiatedg	0.067	0	FLM	4		0.010	0.076	0.076	
18:3 undifferentiatedg	0.010	0	FLM	4		0.002	0.011	0.011	
18:4g	0.000	0	FLM	4		0.000	0.000	0.000	
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.009	0	FLM	4		0.001	0.010	0.010	
20:5 n-3g	0.000	0	FLM	4		0.000	0.000	0.000	
22:5 n-3g	0.000	0	FLM	4		0.000	0.000	0.000	
22:6 n-3g	0.000	0	FLM	4		0.000	0.000	0.000	
Fatty acids, total trans									
Cholesterolmg	8	0	FLM	4		1	9	9	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0	0	Z	7		0.0	0.0	0.0	
Caffeine mg	0	0	FLA	4		0	0	0	
Theobrominemg	0	0	FLA	4		0	0	0	
Carotenoids:									
Carotene, betamcg	6813	0	BNA	4		1021.994	7699.022	7699.022	
Carotene, alpha mcg	3716	0	BNA	4		557.372	4198.868	4198.868	
Cryptoxanthin, betamcg	0	0	BNA	4		0.000	0.000	0.000	
Lycopene mcg	1	0	FLA	4		0.133	1.003	1.003	
Lutein + zeaxanthin mcg	139	0	FLA	4		20.855	157.105	157.105	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100	grams	of edik	ole portio	<u>on</u>	Amount in edible portion of common			
			N	Number				<u>m</u>	easures of food		
			(	of Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates: Water	а	93.50		0	т	4					
Energy	_	26		0	NC	4					
Energy		109		0	NC	4					
Protein	=	0.60		0	т	4					
Total lipid (fat)		0.30		0	T	4					
Ash		0.37		0	T	4					
Carbohydrate, by difference		5.23		0	NC	4					
Fiber, total dietary		2.3		0	Т	4					
Sugars, total		2.50		0	T	4					
Starch		2.00		•	_	-					
	9										
Minerals:		10				-					
Calcium, Ca	-	19				5 5					
Iron, Fe.	• • • • • • • • • • • • • • • • • • • •	0.20 6				5 4					
Magnesium, Mg		21				4 5					
Phosphorus, P Potassium, K	-	129				5					
Sodium, Na		26				5					
Zinc, Zn		0.20				4					
Copper, Cu		0.081	L			4					
Manganese, Mn		0.002	-			-					
Selenium, Se		0.8		0	BFZN	4					
Vitamina											
Vitamins:	ma	0.7				5					
Vitamin C, total ascorbic acid Thiamin		0.7	1			5					
Riboflavin	-	0.020				5					
Niacin		0.250				5					
Pantothenic acid		0.250	,			3					
Vitamin B-6	-	0.050	)			5					
Folate, total		7				5					
Folic acid		0		0	z	7					
Folate, food		7				5					
Folate, DFE		7		0	NC	4					
Vitamin B-12		0.00				7					
Vitamin A, IU		14710		0	NC	4					
Vitamin A, RAE	mcg_RAE	736		0	NC	4					
Retinol		0		0	Z	7					
Vitamin E (alpha-tocopherol)		0.59		0	BFSN	4					
Tocopherol, beta	mg										
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	7.9		0	BFSN	4					
Lipids:											
Fatty acids, total saturated	g	0.052	2	0	NC	4					
4:0		0.000	)			4					
6:0	g	0.000	)			4					
8:0	g	0.000	)			4					
10:0	g	0.000	)			4					
12:0	g	0.003	3			4					
13:0	g										
14:0		0.003	3			4					
15:0	g										
16:0	g	0.043	3			4					
17:0	g										
18:0	g	0.003	3			4					
20:0	g										
22:0	g										
24:0	g										

	<u>Ar</u>	mount in 10	00 grams	Amount in edible portion of common					
			Number	,			<u>m</u>	easures of food	•
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.012		0	NC	4				
14:1g									
15:1g									
16:1 undifferentiatedg	0.003				4				
17:1g									
18:1 undifferentiatedg	0.009				4				
20:1g	0.000				4				
22:1 undifferentiatedg	0.000				4				
24:1 cg									
Fatty acids, total polyunsaturated	0.148		0	NC	4				
18:2 undifferentiatedg	0.130				4				
18:3 undifferentiatedg	0.019				4				
18:4g	0.000				4				
20:2 n-6 c,cg									
20:3 undifferentiatedg	0.000				4				
20:4 undifferentiated	0.000 0.000				4				
<del>_</del>	0.000				4				
22:5 n-3g 22:6 n-3g	0.000				4				
Fatty acids, total trans	0.000				4				
Cholesterolg	0				7				
Phytosterolsmg	v				,				
Others:	0.0				-				
Alcohol, ethylg	0.0		•		7 <b>4</b>				
Caffeine mg	0		0 0	BFSN BFSN	4				
Theobrominemg  Carotenoids:	U		U	DFSN	4				
			_						
Carotene, beta mcg	7156		0	BNA	4				
Carotene, alpha mcg	3340 0		0	BNA BNA	4 4				
Cryptoxanthin, betamcg	1		0	BFSN	4				
Lycopenemcg Lutein + zeaxanthinmcg	167		0	BFSN	4				
Luteni + zeaxantiniiiiileg	107		U	DE 3N	*				

#### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	grams	of edib	ole portio	<u>n</u>	Amount in edible portion of common			
			Nu	ımber	•			<u>m</u>	easures of food	<u> </u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	6.80	0.200	22		1		0.16	1.02		
Energy	kcal	365		0	NC	4		9	55		
Energy	kj	1527				4		37	229		
Protein (N x 5.83)	g	11.10	0.100	23		1		0.27	1.67		
Total lipid (fat)	g	3.40	0.100	23		1		0.08	0.51		
Ash	g	3.40	0.100	22		1		0.08	0.51		
Carbohydrate, by difference	g	75.30		0	NC	4		1.81	11.30		
Fiber, total dietary	g	8.2		0		4		0.2	1.2		
Sugars, total	g	3.10		0	T	4		0.07	0.47		
Starch	g										
Minovolse											
Minerals:	ma	795	8.000	19		1		19	119		
Calcium, Ca	_	795 47.50	6.000	0		1		1.14	7.13		
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	115	5.000	3		1		3	7.13 17		
Phosphorus, P		439	3.000	6		1		3 11	66		
Potassium, K	-	439 395	3.000	16		1		9	59		
Sodium, Na		47		17		1		1	7		
Zinc, Zn		3.13	0.185	3		1		0.08	0.47		
Copper, Cu		0.467		5		1		0.011	0.070		
Manganese, Mn.		0.407		•		-		0.011	0.070		
Selenium, Se	-	30.2	4.400	3	A	1		0.7	4.5		
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid	_	2.2		15		1		0.1	0.3		
Thiamin		2.737		18		1		0.066	0.411		
Riboflavin	=	2.699		17		1		0.065	0.405		
Niacin	-	35.988		17		1		0.864	5.398		
Pantothenic acid	=	0.527		0		4		0.013	0.079		
Vitamin B-6		0.374		5		1		0.009	0.056		
Folate, total		29	2.800	6		1		1	4		
Folic acid		0		0	Z	7		0	0		
Folate, food	mcg	29	2.800	6		1		1	4		
Folate, DFE		29		0	NC	4		1	4		
Vitamin B-12		0.00		0		4		0.00	0.00		
Vitamin A, IU		16		0		4		0	2		
Vitamin A, RAE		0		0	NC	4		0	0		
Retinol		0		0	z	7		0	0		
Vitamin E (alpha-tocopherol)		5.00		0	T	4		0.12	0.75		
Tocopherol, beta											
Tocopherol, gamma Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		2.3		0	BFSN	4		0.1	0.3		
vitamin K (phynoquinone)	g	2.5		·	DION	•		0.1	0.5		
Lipids:											
Fatty acids, total saturated	g	0.418		0		4		0.010	0.063		
4:0		0.000		0		4		0.000	0.000		
6:0	g	0.000		0		4		0.000	0.000		
8:0	_	0.000		0		4		0.000	0.000		
10:0	-	0.000		0		4		0.000	0.000		
12:0		0.001		0		4		0.000	0.000		
13:0											
14:0		0.003		0		4		0.000	0.000		
15:0											
16:0		0.274		0		4		0.007	0.041		
17:0											
18:0		0.129		0		4		0.003	0.019		
20:0	_										
22:0	g										
24:0	a										

		<u>Ar</u>	nount in 10	0 grams	of edil	ole portio	<u>on</u>	Amount in	edible portion	of common
				Number		_			easures of food	
Nutrients and U	Inits	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
		0.666		•						
Fatty acids, total monounsaturate		0.666		0		4		0.016	0.100	
15:1	g									
16:1 undifferentiated	g	0.100		0		4		0.002	0.015	
17:1	g									
18:1 undifferentiated	_	0.558		0		4		0.013	0.084	
20:1	g	0.002		0		4		0.000	0.000	
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	
24:1 c	g									
Fatty acids, total polyunsaturated	lg	1.759		0		4		0.042	0.264	
18:2 undifferentiated		1.612		0		4		0.039	0.242	
18:3 undifferentiated	g	0.144		0		4		0.003	0.022	
18:4	g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.000		0		4		0.000	0.000	
20:5 n-3	g	0.000		0		4		0.000	0.000	
22:5 n-3	-	0.000		0		4		0.000	0.000	
22:6 n-3	g	0.000		0		4		0.000	0.000	
Fatty acids, total trans	g									
Cholesterol	mg	0		0		7		0	0	
Phytosterols	mg									
Amino Acids:										
Tryptophan	a	0.136		0		1		0.003	0.020	
Threonine		0.130		0		1		0.009	0.056	
Isoleucine	_	0.419		0		1		0.010	0.063	
Leucine	-	0.419		0		1		0.019	0.122	
Lysine		0.365		0		1		0.009	0.055	
Methionine		0.208		0		1		0.005	0.033	
Cystine		0.264		0		1		0.005	0.040	
Phenylalanine		0.657		0		1		0.016	0.099	
Tyrosine		0.409		0		1		0.010	0.061	
Valine	_	0.592		0		1		0.014	0.089	
Arginine	_	0.592		0		1		0.014	0.085	
Histidine		0.300		0		1		0.014	0.085	
	_	0.422		0		1		0.010	0.038	
AlanineAspartic acid		0.422		0		1		0.015	0.003	
Glutamic acid		3.184		0		1		0.015	0.478	
	-	0.422		0		1		0.010	0.478	
Glycine				0		1				
Proline	<del>-</del>	1.445 0.478		0		1		0.035 0.011	0.217 0.072	
Serine Hydroxyproline		0.476		U		1		0.011	0.072	
Hydroxypronne	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	
Caffeine	mg	0		0	BFSN	4		0	0	
Theobromine		0		0	BFSN	4		0	0	
Carotenoids:	**									
	mea	0		^	PHOT	4		0 000	0 000	
Carotene, beta	• • • • • • • • • • • • • • • • • • • •	0		0	BFSN BFSN	4 4		0.000 0.000	0.000 0.000	
, 1	-	0		0	BFSN	4		0.000	0.000	
Cryptoxanthin, beta		0				4		0.000	0.000	
Lycopene		170		0	BFSN	4		4.072	25.450	
Lutein + zeaxanthin	g	170		<u> </u>	BFSN	4		4.072	25.450	

#### **Common Measures:**

Measure 1 = 2.4g: 1 tbsp

Measure 2 = 15.0g: .5 oz

NDB No. 03181

Babyfood, cereal, barley, dry

Calories Factors: Protein 3.55 Fat 8.37 Carbohydrate 3.95

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	<u>0 grams</u>	of edil	ole portio	<u>n</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u>.</u>
						Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water		74.70		0		1		21.18		
Energy		111		0	NC	4		31		
Energy		464				4		132		
Protein (N x 0)		4.60		0		1		1.30		
Total lipid (fat)		3.30		0		1		0.94		
Ash		1.20		0		1		0.34		
Carbohydrate, by difference		16.30		0	NC	4		4.62		
Fiber, total dietary										
Sugars, total										
Starch	g									
Minerals:										
Calcium, Ca	mg	230		0		1		65		
Iron, Fe	-	12.34		0		1		3.50		
Magnesium, Mg	-	30		0		1		9		
Phosphorus, P		150		0		1		43		
Potassium, K	_	192		0		1		54		
Sodium, Na	_	49		0		1		14		
Zine, Zn	-	0.83		0		1		0.24		
Copper, Cu		0.084	Į.	0		4		0.024		
Manganese, Mn										
Selenium, Se	mcg									
Vitamins:										
	ma									
Vitamin C, total ascorbic acid Thiamin	_	0.481		0		1		0.136		
Riboflavin	-	0.401		0		1		0.164		
Niacin		5.984		0		1		1.696		
Pantothenic acid		0.348		0		4		0.099		
Vitamin B-6		0.096		0		1		0.027		
Folate, total		9		0		1		3		
Folic acid		0		0	z	7		0		
Folate, food		9		0		1		3		
Folate, DFE		9		0	NC	4		3		
Vitamin B-12		0.30		0		4		0.09		
Vitamin A, IU		105		0		4		30		
Vitamin A, RAE										
Retinol										
Vitamin E (alpha-tocopherol)										
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta	mg									
Vitamin D										
Vitamin K (phylloquinone)	mcg									
Amino Acids:										
Tryptophan	а	0.060	)	0		1		0.017		
Threonine		0.186		0		1		0.053		
Isoleucine		0.186		0		1		0.067		
Leucine	_	0.233		0		1		0.007		
Lysine	-	0.402		0		1		0.079		
Methionine		0.103		0		1		0.029		
Cystine		0.168		0		1		0.019		
Phenylalanine		0.240		0		1		0.068		
Tyrosine		0.240		0		1		0.057		
Valine		0.281		0		1		0.080		
Arginine	-	0.281		0		1		0.054		
Histidine		0.132		0		1		0.033		
Alanine		0.113		0		1		0.046		
Aspartic acid		0.163		0		1		0.046		
		0.314		U				0.089		

	Amo	ount in 100 grams o	Amount in edible portion of common measures of food				
Nutrients and Units	Mean S	of Data L Std. Error Points C	Deriv Source Code Code	Confidence	Measure 1	Measure 2	Measure 3
Glycine       9         Proline       9         Serine       9         Hydroxyproline       9	0.127 0.504 0.228	0 0 0	1 1 1		0.036 0.143 0.065		

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

	<del></del>	mount in 10	o gramo	Amount in edible portion of common					
			Number	,			<u>m</u>	easures of food	•
					Source	Confidence			
s	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure
g	1.00				5		0.04		
kcal	404		0	NC	4		15		
kj	1692		0	NC	4		63		
g	8.70				5		0.32		
	3.00				-		0.11		
				FLA	_				
			0	NC	_				
	0.92		0	FLA	4		0.03		
g									
mg	55				5		2		
	47.60				4		1.76		
mg	28				5		1		
	272				5		10		
	386				5		14		
	12				5		0		
	0.368	3			4		0.014		
	00.4		•				0.0		
mcg	23.4		U	BFZN	4		0.9		
mg	0.0				5		0.0		
mg	0.930	)			5		0.034		
	0.170	)			5		0.006		
	16.000	)			5		0.592		
_									
=		)			-				
			•		_				
			U	F.TA	_				
			0	NC					
			U	NC					
			0	NC	-				
mca RAF									
			0		4				
IU									
mcg	2.0		0	FLA	4		0.1		
а	0 . 600	)			4		0.022		
					4				
					4		0.000		
					4		0.000		
-					4		0.000		
-					4		0.000		
g									
	0.011	L			4		0.000		
g	0.512	2			4		0.019		
g									
g	0.053	3			4		0.002		
g g									
	g	S Mean    S	## Std. Error    Std. Error	S	Mean   Std. Error   Points   Code	Number of Data   Deriv of Data   Deriv of Data   Deriv	Number	Number	Number

Ar	mount in 10	00 grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common		
					0 51	<u>m</u>	easures of food	
Mean	Std. Error			Code	Confidence	Measure 1	Measure 2	Measure 3
1.080				4		0.040		
0.010						0.000		
0.010				4		0.000		
1 075				4		0.040		
				4				
				4				
0.000				4		0.000		
1 070				4		0.040		
				4				
				4				
				_				
0.000				4		0.000		
0 000				4		0 000		
				4				
				4				
				4				
0.000				-		0.000		
0				7		0		
v				,		v		
0.0				7		0.0		
0		0	FLA	4		0		
0		0	FLA	4		0		
0		0	FLA	4		0.000		
0		0	FLA	4		0.000		
0		0	FLA	4		0.000		
0		0	FLA	4		0.000		
0		0	FLA	4		0.000		
	Mean  1.080  0.010  1.075 0.000 0.000  1.070 1.027 0.045 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000	1.080  0.010  1.075 0.000 0.000  1.070 1.027 0.045 0.000  0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000	Mean Std. Error Points  1.080  0.010  1.075 0.000 0.000 1.070 1.027 0.045 0.000	Mean Std. Error Points Deriv Code  1.080  1.080  1.075 0.000 0.000 1.070 1.027 0.045 0.0000 0.00000 0.0000 0.00000 0.00000 0.00000 0.000000	Number	Mean         Std. Error         Points         Deriv Code         Source Code         Code           1.080         4 <td>  Number   Source   Confidence   Code   Code</td> <td>  Number</td>	Number   Source   Confidence   Code   Code	Number

# **Common Measures:**

Measure 1 = 3.7g: 1 tbsp

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g		of edil	ole portio	<u>n</u>	Amount in edible portion of common		
			Nu	mber				<u>m</u> e	easures of food	<u>l</u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Po	ints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	-	85.90	0.100	19		1		24.35	146.03	
Energy		79		0	NC	4		22	134	
Energy	kj	331				4		94	562	
Protein (N x 6.03)		2.50	0.000	16		1		0.71	4.25	
Total lipid (fat)	g	5.00	0.000	16		1		1.42	8.50	
Ash		0.40	0.000	16		1		0.11	0.68	
Carbohydrate, by difference	g	6.20		0	NC	4		1.76	10.54	
Fiber, total dietary	g	0.9		0		4		0.3	1.5	
Sugars, total										
Starch	g									
Minerals:										
Calcium, Ca	mg	28	4.000	17		1		8	48	
Iron, Fe	_	0.47		17		1		0.13	0.80	
Magnesium, Mg	_	5		1		1		1	9	
Phosphorus, P		50		0		4		14	85	
Potassium, K	-	35	1.000	13		1		10	60	
Sodium, Na	•••••	48	2.000	13		1		14	82	
Zinc, Zn	mg	0.27		1		1		0.08	0.46	
Copper, Cu	mg	0.020		1		1		0.006	0.034	
Manganese, Mn										
Selenium, Se	mcg									
/itamins:										
Vitamin C, total ascorbic acid	ma	0.9	0.000	15		1		0.3	1.5	
Thiamin	_	0.050		16		1		0.014	0.085	
Riboflavin	_	0.077		16		1		0.022	0.131	
Niacin		0.266	0.008	16		1		0.075	0.452	
Pantothenic acid	_	1.105		0		4		0.313	1.879	
Vitamin B-6	mg	0.026		0		4		0.007	0.044	
Folate, total	mcg	4	0.100	3		1		1	7	
Folic acid		0		0	Z	7		0	0	
Folate, food	mcg	4	0.100	3		1		1	7	
Folate, DFE	mcg_DFE	4		0	NC	4		1	7	
Vitamin B-12	mcg	0.09		0		4		0.03	0.15	
Vitamin A, IU	IU	94	13.000	13		1		27	160	
Vitamin A, RAE		28		0	NC	4		8	48	
Retinol		28		0	NC	4		8	48	
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D.										
Vitamin K (phylloquinone)	IIICY									
<u> ipids:</u>										
Fatty acids, total saturated	g	1.640		0		4		0.465	2.788	
4:0		0.000		0		4		0.000	0.000	
6:0	g	0.000		0		4		0.000	0.000	
8:0		0.000		0		4		0.000	0.000	
10:0	-	0.005		0		4		0.001	0.009	
12:0	•	0.004		0		4		0.001	0.007	
13:0	-	_		_		_				
14:0	-	0.042		0		4		0.012	0.071	
15:0				_		_			_	
16:0		1.104		0		4		0.313	1.877	
17:0				•						
18:0		0.483		0		4		0.137	0.821	
20:0	-									
22:0	g g									

		<u>Ar</u>	nount in 10	0 grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common		
				Number of Data	Deriv	Source	Confidence	<u>m</u> e	easures of food	
Nutrients and Units		Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated	а	2.207		0		4		0.626	3.752	
14:1	-									
15:1	0									
16:1 undifferentiated		0.168		0		4		0.048	0.286	
17:1										
18:1 undifferentiated		2.038		0		4		0.578	3.465	
20:1	g	0.000		0		4		0.000	0.000	
22:1 undifferentiated	g	0.000		0		4		0.000	0.000	
24:1 c	g									
Fatty acids, total polyunsaturated	g	0.641		0		4		0.182	1.090	
18:2 undifferentiated		0.546		0		4		0.155	0.928	
18:3 undifferentiated	g	0.051		0		4		0.014	0.087	
18:4	g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.025		0		4		0.007	0.043	
20:5 n-3	g	0.000		0		4		0.000	0.000	
22:5 n-3	g	0.000		0		4		0.000	0.000	
22:6 n-3	g	0.000		0		4		0.000	0.000	
Fatty acids, total trans	g									
Cholesterol	mg	94		0		4		27	160	
Phytosterols	<sub>.</sub> mg									
Others:										
Alcohol, ethyl	.g	0.0		0		7		0.0	0.0	
Caffeine	.mg									
Theobromine	.mg									

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.2 Fat 8.8 Carbohydrate 3.9

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	u grams	of edil	oie portio	<u>on</u>	Amount in edible portion of common		
				Number				m	easures of food	
				of Data		Source	Confidence			
Nutrients and Unit	ts	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure
Proximates:				•				01.10		
Water	_	74.50		0		1		21.12		
Energy		111		0	NC	4		31		
Energy	kj	464				4		132		
Protein (N x 0)	g	8.70		0		1		2.47		
Total lipid (fat)		3.80		0		1		1.08		
Ash	g	1.50		0		1		0.43		
Carbohydrate, by difference	g	11.60		0	NC	4		3.29		
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
<u>Minerals:</u>				_		_				
Calcium, Ca	_	218		0		1		62		
Iron, Fe	_	12.14		0		1		3.44		
Magnesium, Mg		48		0		1		14		
Phosphorus, P	_	177		0		1		50		
Potassium, K		349		0		1		99		
Sodium, Na	-	49		0		1		14		
Zinc, Zn		1.04		0		1		0.30		
Copper, Cu	mg	0.217	7	0		4		0.062		
Manganese, Mn	mg									
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	mg									
Thiamin	mg	0.470	)	0		1		0.133		
Riboflavin	mg	0.579	•	0		1		0.164		
Niacin	<u>mg</u>	5.668	3	0		1		1.607		
Pantothenic acid	mg	0.465	5	0		4		0.132		
Vitamin B-6	mg	0.113	3	0		1		0.032		
Folate, total	mcg	35		0		1		10		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	35		0		1		10		
Folate, DFE	mcg_DFE	35		0	NC	4		10		
Vitamin B-12	mcg	0.30		0		4		0.09		
Vitamin A, IU	IU -	105		0		4		30		
Vitamin A, RAE										
Retinol										
Vitamin E (alpha-tocopherol)										
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D	-									
Vitamin K (phylloquinone)										
Amino Acids:										
Tryptophan	g	0.129	•	0		1		0.037		
Threonine		0.364		0		1		0.103		
Isoleucine		0.454		0		1		0.129		
Leucine		0.752		0		1		0.213		
Lysine	_	0.607		0		1		0.172		
Methionine		0.169		0		1		0.048		
Cystine		0.144		0		1		0.041		
*	_	0.144		0		1		0.126		
Phenylalanine										
Tyrosine		0.363		0		1		0.103		
Valine	•	0.488		0		1		0.138		
Arginine		0.558		0		1		0.158		
	a	0.241	L	0		1		0.068		
Histidine			_	_						
AlanineAspartic acid	g	0.364 0.934		0		1 1		0.103 0.265		

	<u>Amour</u>	Number	me	Amount in edible portion of common measures of food			
Nutrients and Units	Mean Std.	of Data Deriv Error Points Code	/ Source Confidence e Code Code	Measure 1	Measure 2	Measure 3	
Glycine         g           Proline         g           Serine         g           Hydroxyproline         g	0.333 0.608 0.465	0 0 0	1 1 1	0.094 0.172 0.132			

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100 grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common		
			Number	r			<u>m</u>	easures of food	
			of Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water	g	5.30	1		1		0.13	0.75	
Energy	kcal	374	0	NC	4		9	53	
Energy		1565			4		38	222	
Protein (N x 5.85)	g	25.40	4		1		0.61	3.61	
Total lipid (fat)	g	6.50	4		1		0.16	0.92	
Ash	g	5.20	1		1		0.12	0.74	
Carbohydrate, by difference	g	57.60	0	NC	4		1.38	8.18	
Fiber, total dietary	g	7.1	0		4		0.2	1.0	
Sugars, total	g								
Starch	g								
Minorals									
Minerals: Calcium, Ca	ma	751	3		1		18	107	
Iron, Fe	-	47.50	0		1		1.14	6.75	
Magnesium, Mg		159	1		1		4	23	
Phosphorus, P		539	1		1		13	77	
Potassium, K	•	1330	1		1		32	189	
Sodium, Na		104	2		1		2	15	
Zinc, Zn	mg	2.70	1		1		0.06	0.38	
Copper, Cu	mg	0.964	. 0		4		0.023	0.137	
Manganese, Mn									
Selenium, Se	mcg	28.3	0	BFZN	4		0.7	4.0	
Vitamins:									
Vitamin C, total ascorbic acid	ma	3.1	3		1		0.1	0.4	
Thiamin		3.790			1		0.091	0.538	
Riboflavin		4.330			1		0.104	0.615	
Niacin		23.830			1		0.572	3.384	
Pantothenic acid	_								
Vitamin B-6		0.351	. 3		1		0.008	0.050	
Folate, total		190	0		4		5	27	
Folic acid	mcg	0	0	Z	7		0	0	
Folate, food	mcg	190	0		4		5	27	
Folate, DFE	mcg_DFE	190	0	NC	4		5	27	
Vitamin B-12		0.30	2		1		0.01	0.04	
Vitamin A, IU	IU	54	17.000 4		1		1	8	
Vitamin A, RAE		3	0	NC	4		0	0	
Retinol		0	0	Z	7		0	0	
Vitamin E (alpha-tocopherol)									
Tocopherol, beta									
Tocopherol, gamma									
Tocopherol, delta Vitamin D									
Vitamin K (phylloquinone)									
<u>Lipids:</u>	_		_		_				
Fatty acids, total saturated		0.960			4		0.023	0.136	
4:0	-	0.000			4		0.000	0.000	
6:0		0.000			4		0.000	0.000	
8:0		0.000			4		0.000 0.000	0.000 0.000	
10:0 12:0	-	0.000			4 ⊿		0.000	0.000	
13:0	-	0.001	. 0		-		0.000	0.000	
14:0	-	0.013	3 0		4		0.000	0.002	
15:0	-	0.015	•		•		3.000	0.002	
16:0	-	0.716	5 0		4		0.017	0.102	
17:0	-		•		•				
18:0	-	0.220	0		4		0.005	0.031	
20:0	-								
22:0	-								
24:0	-								

	<u>Ar</u>	nount in 100 grams	of edible portion	<u>on</u>	Amount in edible portion of common		
		Number	r		<u>m</u>	easures of food	
Nutrients and Units	Mean	of Data Std. Error Points	Deriv Source Code Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	1.231	0	4		0.030	0.175	
14:1g							
15:1	0.019	0	4		0.000	0.003	
18:1 undifferentiatedg	1.207	0	4		0.029	0.171	
20:1g	0.003	0	4		0.000	0.000	
22:1 undifferentiatedg	0.000	0	4		0.000	0.000	
24:1 cg							
Fatty acids, total polyunsaturated9	3.429	0	4		0.082	0.487	
18:2 undifferentiatedg	3.022	0	4		0.073	0.429	
18:3 undifferentiatedg	0.403	0	4		0.010	0.057	
18:4g	0.000	0	4		0.000	0.000	
20:2 n-6 c,cg							
20:3 undifferentiatedg							
20:4 undifferentiatedg	0.000	0	4		0.000	0.000	
20:5 n-3g	0.000	0	4		0.000	0.000	
22:5 n-3g	0.000	0	4		0.000	0.000	
22:6 n-3g	0.000	0	4		0.000	0.000	
Fatty acids, total transg							
Cholesterolmg	0	0	7		0	0	
Phytosterolsmg							
Others:							
Alcohol, ethylg	0.0	0	7		0.0	0.0	
Caffeine mg							
Theobrominemg							

#### **Common Measures:**

Measure 1 = 2.4g: 1 tbsp Measure 2 = 14.2g: .5 oz

Calories Factors: Protein 3.5 Fat 8.4 Carbohydrate 4

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	00 grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common			
				Number of Data	Deriv		Confidence	<u>m</u>	easures of food	<u>l</u>	
Nutrients and Un	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Duovimatos											
Proximates: Water	q	74.40		0		1		21.09			
Energy		112		0	NC	4		32			
Energy		469				4		133			
Protein (N x 0)		6.90		0		1		1.96			
Total lipid (fat)		3.90		0		1		1.11			
* ' '		1.50		0		1		0.43			
Ash						_					
Carbohydrate, by difference		13.40		0	NC	4		3.80			
Fiber, total dietary											
Sugars, total	-										
Starch	g										
Minerals:											
Calcium, Ca	mg	223		0		1		63			
Iron, Fe	-	14.42		0		1		4.09			
Magnesium, Mg	-	37		0		1		10			
Phosphorus, P		166		0		1		47			
Potassium, K	-	346		0		1		98			
Sodium. Na		58		0		1		16			
Zine, Zn		0.76		0		1		0.22			
Copper, Cu		0.166	5	0		4		0.047			
Manganese, Mn	-										
Selenium, Se											
Vitamins:											
	ma										
Vitamin C, total ascorbic acid	-	0.655		0		1		0.186			
Thiamin	-			0		1		0.186			
Riboflavin		0.847		0		1					
Niacin		3.987	•	U		1		1.130			
Pantothenic acid		0.000		0		1		0.026			
Vitamin B-6	-	0.092	1	0		4		0.026 8			
Folate, total		28 0		0	_	7		8			
Folic acid		-		-	Z	•		-			
Folate, food		28		0		4		8			
Folate, DFE		28		0	NC	4		8			
Vitamin B-12		0.35		0		1		0.10			
Vitamin A, IU											
Vitamin A, RAE											
Retinol											
Vitamin E (alpha-tocopherol)	-										
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg										

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	nount in 100	grams	of edib	le portio	<u>n</u>		edible portion	
			Nu	umber	•			<u>m</u>	easures of food	<u> </u>
			of	f Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	6.70	0.200	22		1		0.17	1.01	
Energy	kcal	379		0	NC	4		9	57	
Energy	kj	1586				4		40	238	
Protein (N x 5.9)	g	12.20	0.100	23		1		0.31	1.83	
Total lipid (fat)	g	4.40	0.100	23		1		0.11	0.66	
Ash		3.30	0.100	22		1		0.08	0.50	
Carbohydrate, by difference	g	73.30		0	NC	4		1.83	11.00	
Fiber, total dietary	g	7.5		0		4		0.2	1.1	
Sugars, total	g	0.87		0	FLA	4		0.02	0.13	
Starch	g									
3.61										
Minerals:	ma	733		1.4		1		18	110	
Calcium, Ca		47.50		14 0		1 1		18	110 7.13	
Iron, Fe		100	4.000	3		1		1.19 3	7.13 15	
Magnesium, Mg Phosphorus, P		392	8.000	3 15		1		3 10	15 59	
		437	11.000	15		1		11	66	
Potassium, KSodium, Na		39	11.000	17		1		1	6	
Zinc, Zn	-	2.40	0.173	3		1		0.06	0.36	
Copper, Cu		0.334		5		1		0.008	0.050	
Manganese, Mn		0.554		3		-		0.000	0.030	
Selenium, Se		25.9	3.500	4	A	1		0.6	3.9	
Scientini, Sc	g	23.3	3.300	•		-		0.0	3.3	
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.3		15		1		0.1	0.3	
Thiamin	mg	2.438		19		1		0.061	0.366	
Riboflavin	mg	2.717	0.127	18		1		0.068	0.408	
Niacin	mg	34.714	1.840	18		1		0.868	5.207	
Pantothenic acid	mg	1.074		0		4		0.027	0.161	
Vitamin B-6	mg	0.189		5		1		0.005	0.028	
Folate, total		43	2.400	6		1		1	6	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food		43	2.400	6		1		1	6	
Folate, DFE	mcg_DFE	43		0	NC	4		1	6	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU	IU	20		0		4		1	3	
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	0	
Retinol	mcg	0		0	FLA	4		0	0	
Vitamin E (alpha-tocopherol)	mg	3.68		0	BNA	4		0.09	0.55	
Tocopherol, beta	mg	0.21		0	BNA	4		0.01	0.03	
Tocopherol, gamma		0.00		0	BNA	4		0.00	0.00	
Tocopherol, delta		0.26		0	BNA	4		0.01	0.04	
Vitamin D										
Vitamin K (phylloquinone)	mcg	1.5		0	FLA	4		0.0	0.2	
Lipids:										
Fatty acids, total saturated	а	0.769		0		4		0.019	0.115	
4:0		0.000		0		4		0.019	0.000	
6:0		0.000		0		4		0.000	0.000	
8:0	-	0.006		0		4		0.000	0.001	
10:0	-	0.000		0		4		0.000	0.001	
12:0		0.009		0		4		0.000	0.001	
13:0				-		=		2.000	0.001	
14:0	_	0.007		0		4		0.000	0.001	
15:0	_	,		-		-		2.000	3.001	
16:0	•	0.654		0		4		0.016	0.098	
17:0	•	0.004		٠		-		2.020	0.000	
18:0	-	0.046		0		4		0.001	0.007	
20:0				-		=		2.00=	0.007	
22:0										
24:0	-									

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common		
				Number	•			<u>m</u>	easures of food	
				of Data	Deriv	Source	Confidence			
Nutrients and l	Jnits	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturat		1.206	i .	0		4		0.030	0.181	
15:1	g									
16:1 undifferentiated	g	0.010	)	0		4		0.000	0.002	
17:1	g									
18:1 undifferentiated	-	1.192		0		4		0.030	0.179	
20:1	-	0.000	)	0		4		0.000	0.000	
22:1 undifferentiated	g	0.000	)	0		4		0.000	0.000	
24:1 c	g									
Fatty acids, total polyunsaturate	dg	1.697	,	0		4		0.042	0.255	
18:2 undifferentiated	g	1.616		0		4		0.040	0.242	
18:3 undifferentiated		0.040		0		4		0.001	0.006	
18:4	-	0.000	)	0		4		0.000	0.000	
20:2 n-6 c,c	-									
20:3 undifferentiated	-									
20:4 undifferentiated		0.001		0		4		0.000	0.000	
20:5 n-3	-	0.000		0		4		0.000	0.000	
22:5 n-3	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	
22:6 n-3	-	0.000	)	0		4		0.000	0.000	
Fatty acids, total trans	g									
Cholesterol	-	0		0		7		0	0	
Phytosterols	mg									
Amino Acids:										
Tryptophan	а	0.158	3	0		1		0.004	0.024	
Threonine		0.400		0		1		0.010	0.060	
Isoleucine	-	0.477		0		1		0.012	0.072	
Leucine	-	1.041		0		1		0.026	0.156	
Lysine	-	0.404		0		1		0.010	0.061	
Methionine		0.240		0		1		0.006	0.036	
Cystine		0.346		0		1		0.009	0.052	
Phenylalanine		0.672		0		1		0.017	0.101	
Tyrosine		0.491		0		1		0.012	0.074	
Valine	-	0.653		0		1		0.016	0.098	
Arginine	-	0.703		0		1		0.018	0.105	
Histidine	•••••••••••••••••••••••••••••••••••••••	0.286		0		1		0.007	0.043	
Alanine	-	0.583		0		1		0.015	0.043	
Aspartic acid		0.726		0		1		0.018	0.109	
Glutamic acid		3.184		0		1		0.080	0.478	
Glycine	-	0.551		0		1		0.014	0.083	
Proline		1.047		0		1		0.026	0.157	
Serine	-	0.570		0		1		0.014	0.086	
Hydroxyproline		0.0.0		•		_		0.021	0.000	
11ydroxyprome										
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	
Caffeine	<u>mg</u>	0		0	FLA	4		0	0	
Theobromine	<u>m</u> g	0		0	FLA	4		0	0	
<u>Carotenoids:</u>										
Carotene, beta	mca	9		0	BNA	4		0.226	1.356	
Carotene, alpha		6		0	BNA	4		0.148	0.887	
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.001	
Lycopene		0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin		148		0	0	4		3.700	22.200	

# **Common Measures:**

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Babyfood, cereal, mixed, dry

Calories Factors: Protein 3.4 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 10	00 grams	of edib	ole portio	<u>n</u>		edible portion	
				Number				<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Units	•	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	74.60		0		1		21.15		
Energy	kcal	113		0	NC	4		32		
Energy	kj	473				4		134		
Protein (N x 0)	g	4.80		0		1		1.36		
Total lipid (fat)	g	3.50		0		1		0.99		
Ash		1.10		0		1		0.31		
Carbohydrate, by difference	g	15.90		0	NC	4		4.51		
Fiber, total dietary	g	1.3		0		4		0.4		
Sugars, total	g									
Starch	g									
Minerals:										
Vilnerals: Calcium, Ca	ma	220		0		1		62		
Iron, Fe	-	10.43		0		1		2.96		
Magnesium, Mg		27		0		1		8		
Phosphorus, P		142		0		1		40		
Potassium, K		199		0		1		56		
Sodium, Na		47		0		1		13		
Zinc, Zn	-	0.71		0		1		0.20		
Copper, Cu	mg	0.063	3	0		4		0.018		
Manganese, Mn	<sub>.</sub> mg									
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	ma	1.2		0		4		0.3		
Thiamin	-	0.432	•	0		1		0.122		
Riboflavin		0.432		0		1		0.165		
Niacin	-	5.775		0		1		1.637		
Pantothenic acid	-	0.438		0		4		0.124		
Vitamin B-6	-	0.066		0		1		0.019		
Folate, total		11		0		1		3		
Folic acid		0		0	Z	7		0		
Folate, food		11		0		1		3		
Folate, DFE	mcg_DFE	11		0	NC	4		3		
Vitamin B-12		0.30		0		4		0.09		
Vitamin A, IU	IU	105		0		4		30		
Vitamin A, RAE	mcg_RAE	25		0	NC	4		7		
Retinol	mcg	23		0	NC	4		7		
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg									
<u>Lipids:</u>										
Fatty acids, total saturated	g	1.927	1	0		4		0.546		
Fatty acids, total monounsaturated	g									
Fatty acids, total polyunsaturated	g									
Fatty acids, total trans										
Cholesterol		11		0		4		3		
Phytosterols	mg									
Amino Acids:										
Tryptophan	g	0.064	ļ	0		1		0.018		
Threonine		0.190		0		1		0.054		
Isoleucine		0.244		0		1		0.069		
Leucine	-	0.440		0		1		0.125		
Lysine	-	0.284		0		1		0.081		
Methionine		0.108		0		1		0.031		
Cystine		0.081		0		1		0.023		

	Amount in 100 grams of edible portion									
Nutrients and Units	Mean Std. E	Number of Data Deri rror Points Code	v Source Confidence e Code Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3				
Phenylalanineg	0.243	0	1	0.069						
Tyrosineg	0.213	0	1	0.060						
Valineg	0.291	0	1	0.082						
Arginineg	0.214	0	1	0.061						
Histidine	0.121	0	1	0.034						
Alanine	0.190	0	1	0.054						
Aspartic acidg	0.328	0	1	0.093						
Glutamic acid	1.099	0	1	0.312						
Glycineg	0.149	0	1	0.042						
Prolineg	0.438	0	1	0.124						
Serineg	0.243	0	1	0.069						
Hydroxyprolineg										

## **Common Measures:**

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

	<u>A</u> 1	mount in 100 gra	ams of edi	ble portic	<u>on</u>			
		Num	ber			<u>m</u>	easures of food	<u>l</u>
		of D	ata Deriv	Source	Confidence			
its	Mean	Std. Error Poir	nts Code	Code	Code	Measure 1	Measure 2	Measure
g	79.60	0.200	5	1		22.57	135.32	
kcal	83		0 NC	4		24	141	
kj	347			4		98	590	
g	1.20	0.000	6	1		0.34	2.04	
g	0.40	0.000	5	1		0.11	0.68	
g	0.40	0.000	5	1		0.11	0.68	
g	18.40		0 NC	4		5.22	31.28	
g	1.2		0	4		0.3	2.0	
g	7.79		0 T	4		2.21	13.24	
g	1.52		0 T	4		0.43	2.59	
g	3.17		0 T	4		0.90	5.40	
g	3.08		0 т	4		0.87	5.24	
g	0.00		0 т	4		0.00	0.00	
g	0.01		0 т	4		0.00	0.02	
g	0.00		0 т	4		0.00	0.00	
g								
ma	4	0.000	5	1		1	7	
-								
	29			1		8	49	
	32		1	1		9	54	
mg	36		5	1		10	61	
mg	0.22		1	1		0.06	0.37	
mg	0.055	5	0	4		0.016	0.094	
mg								
mcg	2.6		0 FLM	4		0.7	4.4	
				_				
•			-	_				
				_				
		,						
	-		-	1				
				4				
-			-	4				
				-				
				_				
	0.00		-	-		0.01	0.05	
mcg	0.3		0 т	4		0.1	0.5	
g				4		0.020	0.122	
g			-	4		0.000	0.000	
g				4		0.000	0.000	
g	0.001	L	0	4		0.000	0.002	
g	0.000		0	4		0.000	0.000	
g	0.000 0.001		0	4 4		0.000	0.000 0.002	
		L		4 4				
	g kcal kj 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	g 79.60 kcal 83 kj 347 g 1.20 g 0.40 g 0.40 g 18.40 g 1.2 g 7.79 g 1.52 g 3.17 g 3.08 g 0.00 g 0.01 g 0.00 g 0.10 g 0.00 g 0.01 lu 19 mcg 4 mcg 0 mcg 19	Num	Number of Data   Deriv			Number	Number   Of Data   Deriv   Source   Confidence   Its   Mean   Std. Error   Points   Code   Code   Code   Code   Measure 1   Measure 2

	<u>A</u>	mount in 100 grams		<u>on</u>		edible portion o	f common
		Number of Data		Confidence	<u></u>	<del>3404100 01 1004</del>	
Nutrients and Units	Mean	Std. Error Points		Code	Measure 1	Measure 2	Measure 3
16:0	.g 0.060	0	4		0.017	0.102	
17:0	=						
18:0	.g 0.004	0	4		0.001	0.007	
20:0	.g						
22:0	.g						
24:0	-						
Fatty acids, total monounsaturated		0	4		0.031	0.184	
14:1	=						
15:1							
16:1 undifferentiated		. 0	4		0.000	0.002	
17:1					0.000	0.100	
18:1 undifferentiated	=		4		0.030	0.180	
20:1	.0		4		0.000 0.000	0.000 0.000	
22:1 undifferentiated 24:1 c	_	U	4		0.000	0.000	
Fatty acids, total polyunsaturated		2 0	4		0.043	0.258	
18:2 undifferentiated			4		0.043	0.238	
18:3 undifferentiated			4		0.041	0.007	
18:4			4		0.000	0.000	
20:2 n-6 c,c		·	•		0.000	0.000	
20:3 undifferentiated.							
20:4 undifferentiated	. •	0	4		0.000	0.000	
20:5 n-3	-		4		0.000	0.000	
22:5 n-3	=		4		0.000	0.000	
22:6 n-3	=		4		0.000	0.000	
Fatty acids, total trans							
Cholesterol		0	4		0	0	
Phytosterols							
Amino Acids:							
Tryptophan	.g 0.013	0	1		0.004	0.022	
Threonine	.g 0.034	0	1		0.010	0.058	
Isoleucine	_		1		0.012	0.073	
Leucine			1		0.024	0.146	
Lysine			1		0.010	0.060	
Methionine			1		0.007	0.041	
Cystine			1		0.007	0.044	
Phenylalanine			1		0.018	0.105	
Tyrosine			1		0.012	0.073	
Valine	.g 0.058		1		0.016	0.099	
Arginine	=		1		0.018	0.111	
Histidine	=		1		0.008	0.046	
Alanine	-		1		0.013	0.078	
Aspartic acid	=		1 1		0.023	0.138	
Glutamic acid			1		0.086	0.513	
Glycine Proline			1		0.014 0.024	0.087	
	•		1		0.024	0.143 0.085	
SerineHydroxyproline		0	1		0.014	0.085	
Others:							
Alcohol, ethylg	0.0	0	7		0.0	0.0	
Caffeine		0	т 4		0.0	0.0	
Theobromine		0	T 4		0	0	
Carotenoids:	wa v	O			v	J	
Carotene, betan	ņcg 8	0	т 4		2.254	13.515	
Carotene, alphan		0	т 4		0.186	1.116	
Cryptoxanthin, betan		0	т 4		1.829	10.967	
Lycopene		0	т 4		0.000	0.000	
Lutein + zeaxanthin	ņcg 10	0	т 4		2.718	16.300	

Babyfood, cereal, mixed, with applesauce and bananas, junior

**Common Measures:** 

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.4 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

NDB No. 03187 Babyfood, cereal, mixed, with applesauce and bananas, strained

		<u>A</u> 1	mount in 100 g	rams o	of edik	ole portio	<u>n</u>	Amount in	edible portion	of common
			Nu	mber					easures of food	
					Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	ints	Code	Code	Code	Measure 1	Measure 2	Measure :
Proximates: Water	g	80.00	0.100	27		1		22.68	90.40	
Energy	kcal	82		0	NC	4		23	93	
Energy		343				4		97	388	
Protein (N x 6.1)	g	1.20	0.000	27		1		0.34	1.36	
Total lipid (fat)	g	0.50	0.000	27		1		0.14	0.57	
Ash	g	0.30	0.000	23		1		0.09	0.34	
Carbohydrate, by difference	g	17.90		0	NC	4		5.07	20.23	
Fiber, total dietary	g	1.2		0		4		0.3	1.4	
Sugars, total	g	7.79		0	T	4		2.21	8.80	
Sucrose	g	1.52		0	T	4		0.43	1.72	
Glucose (dextrose)	g	3.17		0	T	4		0.90	3.59	
Fructose	g	3.09		0	T	4		0.88	3.49	
Lactose	g	0.00		0	T	4		0.00	0.00	
Maltose	g	0.00		0	T	4		0.00	0.00	
Galactose		0.00		0	T	4		0.00	0.00	
Starch										
Minerals:										
Calcium, Ca	ma	6	0.000	23		1		2	7	
Iron, Fe.		6.62	0.620	23		1		1.88	7.48	
Magnesium, Mg		8		1		1		2	9	
Phosphorus, P		23		2		1		7	26	
Potassium, K		41		14		1		12	46	
Sodium, Na		2		18		1		1	2	
Zinc, Zn		0.19		1		1		0.05	0.21	
Copper, Cu		0.054		0		4		0.015	0.061	
Manganese, Mn	mg									
Selenium, Se	mcg	2.6		0	FLM	4		0.7	2.9	
Vitamins:										
Vitamin C, total ascorbic acid		25.5	3.300	22		1		7.2	28.8	
Thiamin		0.280		18		1		0.079	0.316	
Riboflavin	-	0.350		18		1		0.099	0.396	
Niacin	•	3.963		18		1		1.124	4.478	
Pantothenic acid		0.195		0		4		0.055	0.220	
Vitamin B-6		0.137		3		1		0.039	0.155	
Folate, total		4	0.100	9	_	1 7		1	4	
Folic acid	mcg	0		0 0	Z	4		0 1	0	
Folate, food		4			NR	4			4	
Folate, DFE		4		0	NC	4		1	4	
Vitamin B-12		0.00		0	NG	4		0.00 5	0.00 21	
Vitamin A, IU	IU mca DAE	18		0	NC NC	4				
Vitamin A, RAE		1 0		0	NC Z	7		0 0	1 0	
Retinol		0.03		0	T	4		0.01	0.03	
Vitamin E (alpha-tocopherol)		0.03		U	1	*		0.01	0.03	
Tocopherol, gamma										
Tocopherol, delta	_									
Vitamin D										
Vitamin K (phylloquinone)		0.3		0	T	4		0.1	0.3	
Lipids:										
Fatty acids, total saturated	a	0.090	1	0		Λ		0.026	0.102	
4:0		0.000		0		4		0.026	0.102	
6:0	-	0.000		0		т <u>.</u> Л		0.000	0.000	
8:0	_	0.000		0		- <u>-</u> -		0.000	0.000	
10:0	_	0.001		0		- <u>-</u> -		0.000	0.001	
	_	0.000		0		4		0.000		
12:0		0.001	•	U		4		0.000	0.001	
13:0		0.001		0		4		0.000	0.001	
14:0	g g	0.001	•	U		4		0.000	0.001	

	<u>Ar</u>	nount in 100 grams		<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	of Data Std. Error Points	Deriv Source	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0g	0.076	0	4		0.022	0.086		
17:0g								
18:0g	0.005	0	4		0.001	0.006		
20:0g 22:0g								
24:0g								
Fatty acids, total monounsaturatedg	0.135	0	4		0.038	0.153		
14:1g								
15:1g								
16:1 undifferentiatedg	0.001	0	4		0.000	0.001		
17:1g	0.133	0	4		0.038	0.150		
18:1 undifferentiatedg 20:1g	0.133	0	4		0.038	0.130		
22:1 undifferentiated	0.000	0	4		0.000	0.000		
24:1 cg		·	-					
Fatty acids, total polyunsaturated	0.191	0	4		0.054	0.216		
18:2 undifferentiatedg	0.181	0	4		0.051	0.205		
18:3 undifferentiatedg	0.005	0	4		0.001	0.006		
18:4g	0.000	0	4		0.000	0.000		
20:2 n-6 c,c								
20:3 undifferentiated	0.000	0	4		0.000	0.000		
20:5 n-3g	0.000	0	4		0.000	0.000		
22:5 n-3g	0.000	0	4		0.000	0.000		
22:6 n-3g	0.000	0	4		0.000	0.000		
Fatty acids, total transg								
Cholesterol mg	0	0	7		0	0		
Phytosterolsmg								
Amino Acids:								
Tryptophan9	0.013	0	1		0.004	0.015		
Threonineg	0.035	0	1		0.010	0.040		
Isoleucine	0.044 0.088	0	1 1		0.012 0.025	0.050 0.099		
Lysineg	0.036	0	1		0.010	0.041		
Methionine	0.025	0	1		0.007	0.028		
Cystineg	0.027	0	1		0.008	0.031		
Phenylalanineg	0.063	0	1		0.018	0.071		
Tyrosineg	0.044	0	1		0.012	0.050		
Valineg	0.059	0	1		0.017	0.067		
Arginine	0.067	0	1 1		0.019 0.008	0.076		
Histidine	0.028 0.047	0	1		0.008	0.032 0.053		
Aspartic acid	0.047	0	1		0.024	0.094		
Glutamic acid	0.310	0	1		0.088	0.350		
Glycineg	0.052	0	1		0.015	0.059		
Prolineg	0.086		1		0.024	0.097		
Serineg	0.051	0	1		0.014	0.058		
Hydroxyprolineg								
Others:								
Alcohol, ethyl	0.0	0	7		0.0	0.0		
Caffeinemg Theobrominemg	0	0	т 4 т 4		0	0 0		
Carotenoids:	U	U	1 4		U	J		
	8	0	т 4		2.255	8.986		
Carotene, beta mcg Carotene, alpha mcg	1	0	T 4		0.186	0.742		
Cryptoxanthin, betamcg	5	0	т 4		1.545	6.160		
Lycopene mcg	0	0	т 4		0.000	0.000		
Lutein + zeaxanthin mcg	10	0	т 4		2.718	10.835		

Babyfood, cereal, mixed, with applesauce and bananas, strained

**Common Measures:** 

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.4 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 g	rams	of edib	ole portio	<u>n</u>		edible portion	
			Nu	mber				<u>m</u>	easures of food	_
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	4.50	0.200	6		1		0.11	0.68	
Energy	kcal	391		0	NC	4		10	59	
Energy	kj	1636				4		41	245	
Protein (N x 6.1)	g	10.70	0.100	7		1		0.27	1.61	
Total lipid (fat)	g	4.60	0.000	7		1		0.12	0.69	
Ash	g	3.10	0.200	6		1		0.08	0.47	
Carbohydrate, by difference	g	77.10		0	NC	4		1.93	11.57	
Fiber, total dietary	g	7.8		0		4		0.2	1.2	
Sugars, total	g	6.68		0	FLA	4		0.17	1.00	
Sucrose	g	1.82		0	FLA	4		0.05	0.27	
Glucose (dextrose)		2.44		0	FLA	4		0.06	0.37	
Fructose	g	2.36		0	FLA	4		0.06	0.35	
Lactose	g	0.00		0	FLA	4		0.00	0.00	
Maltose	g	0.01		0	FLA	4		0.00	0.00	
Galactose		0.00		0	FLA	4		0.00	0.00	
Starch						_			0.00	
Minerals:										
Calcium, Ca	mg	696		1		1		17	104	
Iron, Fe	mg	47.50		0		5		1.19	7.13	
Magnesium, Mg	mg	90		2		1		2	14	
Phosphorus, P		367		2		1		9	55	
Potassium, K	mg	668		2		1		17	100	
Sodium, Na		118		3		1		3	18	
Zinc, Zn	mg	1.40		2		1		0.04	0.21	
Copper, Cu		0.256	5	0		4		0.006	0.038	
Manganese, Mn										
Selenium, Se	mcg	20.0		2	A	1		0.5	3.0	
Vitamins:										
Vitamin C, total ascorbic acid		3.6	0.500	5		1		0.1	0.5	
Thiamin	mg	3.780	)	1		1		0.095	0.567	
Riboflavin	mg	3.560		4		1		0.089	0.534	
Niacin	mg	20.560	0.390	4		1		0.514	3.084	
Pantothenic acid	<u>mg</u>									
Vitamin B-6	mg	0.408	0.031	6		1		0.010	0.061	
Folate, total		17		0		4		0	3	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food		17		0		4		0	3	
Folate, DFE		17		0	NC	4		0	3	
Vitamin B-12		0.24		2		1		0.01	0.04	
Vitamin A, IU		125	33.000	5		1		3	19	
Vitamin A, RAE	mcg_RAE	6		0	NC	4		0	1	
Retinol	mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)	mg	0.51		0	FLA	4		0.01	0.08	
Tocopherol, beta		0.00		0	FLA	4		0.00	0.00	
Tocopherol, gamma		0.01		0	FLA	4		0.00	0.00	
Tocopherol, delta	mg	0.00		0	FLA	4		0.00	0.00	
Vitamin D		2.5		•				0.1		
Vitamin K (phylloquinone)	Ilicy	3.5		0	FLA	4		0.1	0.5	
Lipids: Fatty acids, total saturated	a	0.846	5	0		А		0.021	0.127	
•		0.000		0		4		0.021	0.127	
4:0				0		4		0.000	0.000	
6:0		0.000		0		4				
8:0		0.006		-		4		0.000	0.001	
10:0		0.001		0		4		0.000	0.000	
12:0	-	0.010	J	0		4		0.000	0.002	
13:0	-	0 000	<b>.</b>	^				0 000	2 222	
14:0	-	0.008	•	0		4		0.000	0.001	
15:0	g									

	<u>A</u>	mount in 10	00 grams	of edib	ole portio	<u>on</u>		edible portion o	f common
			Number				me	easures of food	
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0g	0.706	i	0		4		0.018	0.106	
17:0g									
18:0g	0.049	)	0		4		0.001	0.007	
20:0g 22:0g									
24:0g									
Fatty acids, total monounsaturatedg	1.223	3	0		4		0.031	0.183	
14:1g									
15:1g									
16:1 undifferentiatedg	0.015	5	0		4		0.000	0.002	
17:1g									
18:1 undifferentiatedg	1.203		0		4		0.030	0.180	
20:1g	0.000		0		4		0.000	0.000	
22:1 undifferentiated	0.000	)	0		4		0.000	0.000	
24:1 cg	1.734		0		4		0.043	0.260	
Fatty acids, total polyunsaturated9 18:2 undifferentiatedg	1.639		0		4		0.043	0.246	
18:3 undifferentiatedg	0.054		0		4		0.041	0.248	
18:4g	0.000		0		4		0.000	0.000	
20:2 n-6 c,cg	0.00		•		-		0.000	0.000	
20:3 undifferentiatedg									
20:4 undifferentiated	0.001	_	0		4		0.000	0.000	
20:5 n-3g	0.000	)	0		4		0.000	0.000	
22:5 n-3g	0.000	)	0		4		0.000	0.000	
22:6 n-3g	0.000	)	0		4		0.000	0.000	
Fatty acids, total transg									
Cholesterolmg	0		0		7		0	0	
Phytosterolsmg									
Amino Acids:									
Tryptophan9	0.126	5	0		1		0.003	0.019	
Threonineg	0.363	3	0		1		0.009	0.054	
Isoleucineg	0.430	)	0		1		0.011	0.065	
Leucineg	0.956		0		1		0.024	0.143	
Lysineg	0.460		0		1		0.012	0.069	
Methionine	0.218		0		1		0.005	0.033	
Cystine	0.205		0		1		0.005	0.031	
Phenylalanine	0.546		0 0		1 1		0.014	0.082	
Tyrosine	0.433		0		1		0.011 0.015	0.066 0.091	
Valine	0.505		0		1		0.013	0.091	
Histidine	0.319		0		1		0.008	0.078	
Alanineg	0.43		0		1		0.011	0.048	
Aspartic acid	0.783		0		1		0.020	0.117	
Glutamic acidg	2.478	3	0		1		0.062	0.372	
Glycineg	0.369	)	0		1		0.009	0.055	
Prolineg	0.863	3	0		1		0.022	0.129	
Serineg	0.505	5	0		1		0.013	0.076	
Hydroxyprolineg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0	0.0	
Caffeinemg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, betamcg	51		0	BNA	4		1.268	7.607	
Carotene, alpha mcg	49		0	BNA	4		1.214	7.287	
Cryptoxanthin, betamcg	0		0	BNA	4		0.000	0.000	
Lycopenemcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin mcg	96		0	FLA	4		2.392	14.353	

Babyfood, cereal, mixed, with bananas, dry

**Common Measures:** 

Measure 1 = 2.5g: 1 tbsp Measure 2 = 15.0g: .5 oz

Calories Factors: Protein 3.4 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 10	00 grams	of edib	ole portio	<u>on</u>		edible portion	
				Number				<u>m</u>	easures of food	•
				of Data	Deriv	Source	Confidence			
Nutrients and Units	<b>i</b>	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	74.30		0		1		21.06		
Energy	kcal	115		0	NC	4		33		
Energy	kj	481				4		136		
Protein (N x 0)	g	4.50		0		1		1.28		
Total lipid (fat)		3.60		0		1		1.02		
Ash		1.10		0		1		0.31		
Carbohydrate, by difference		16.60		0	NC	4		4.71		
Fiber, total dietary		1.3		0		4		0.4		
Sugars, total										
Starch										
	5									
Minerals:										
Calcium, Ca		214		0		1		61		
Iron, Fe		11.15		0		1		3.16		
Magnesium, Mg		26		0		1		7		
Phosphorus, P	mg	138		0		1		39		
Potassium, K		237		0		1		67		
Sodium, Na	-	60		0		1		17		
Zinc, Zn		0.55		0		1		0.16		
Copper, Cu		0.050	1	0		4		0.014		
Manganese, Mn										
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	ma	1.4		0		4		0.4		
Thiamin	-	0.653	1	0		1		0.185		
Riboflavin		0.720		0		1		0.204		
Niacin	-	3.449		0		1		0.978		
Pantothenic acid	-			_		_				
Vitamin B-6	_	0.102	!	0		1		0.029		
Folate, total		7		0		4		2		
Folic acid		0		0	Z	7		0		
Folate, food		7		0		4		2		
Folate, DFE		7		0	NC	4		2		
Vitamin B-12		0.34		0		1		0.10		
Vitamin A, IU		108		0		1		31		
Vitamin A, RAE		22		0	NC	4		6		
Retinol		20		0	NC	4		6		
Vitamin E (alpha-tocopherol)	mq									
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)										
Lipids:	~	1 000		^				0		
Fatty acids, total saturated		1.982		0		4		0.562		
Fatty acids, total monounsaturated										
Fatty acids, total polyunsaturated										
Fatty acids, total trans		11		0		4		3		
Phytosterols		11		U		-		3		
1 11, 10301013										
Amino Acids:										
Tryptophan	g	0.059	)	0		1		0.017		
Threonine	g	0.184	l .	0		1		0.052		
Isoleucine	g	0.236	i	0		1		0.067		
Leucine	g	0.426	i	0		1		0.121		
Lysine	g	0.293		0		1		0.083		
Methionine	g	0.105	i	0		1		0.030		
Cystine	q	0.058	1	0		1		0.016		

		<u>n</u>	Amount in edible portion of common						
Nutrients and U	nits	Mean		Deriv		Confidence Code	Measure 1	easures of food Measure 2	Measure 3
Phenylalanine	g	0.222	0		1		0.063		
Tyrosine	g	0.205	0		1		0.058		
Valine	g	0.283	0		1		0.080		
Arginine	g	0.182	0		1		0.052		
Histidine	g	0.126	0		1		0.036		
Alanine	g	0.166	0		1		0.047		
Aspartic acid	g	0.337	0		1		0.096		
Glutamic acid		0.983	0		1		0.279		
Glycine	g	0.119	0		1		0.034		
Proline		0.408	0		1		0.116		
Serine	g	0.232	0		1		0.066		
Hydroxyproline	g								

## **Common Measures:**

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	00 grams Number		ole portio	<u>on</u>		edible portion easures of food	
Nutrients and Uni	ts	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water		74.20		0		1		21.04		
Energy		115		0	NC	4		33		
Energy		481				4		136		
Protein (N x 0)	g	5.00		0		1		1.42		
Total lipid (fat)	g	3.60		0		1		1.02		
Ash	g	1.20		0		1		0.34		
Carbohydrate, by difference	g	15.90		0	NC	4		4.51		
Fiber, total dietary	g									
Sugars, total	g									
Starch										
Minerals:										
Calcium, Ca	ma	294		0		1		83		
Iron, Fe		11.27		0		1		3.20		
Magnesium, Mg		28		0		4		8		
Phosphorus, P		184		0		1		52		
Potassium, K	-	171		0		1		48		
Sodium, Na		48		0		1		14		
Zinc, Zn	-	0.72		0		4		0.20		
Copper, Cu		0.064		0		4		0.018		
Manganese, Mn	-									
Selenium, Se										
Vitamins:										
Vitamin C, total ascorbic acid	ma									
Thiamin		0.447	,	0		1		0.127		
Riboflavin	• • • • • • • • • • • • • • • • • • • •	0.583		0		1		0.165		
Niacin		6.260		0		1		1.775		
Pantothenic acid		0.443		0		4		0.126		
Vitamin B-6	-	0.067		0		4		0.019		
Folate, total		11		0		4		3		
Folic acid	-	0		0	z	7		0		
Folate, food		11		0		4		3		
Folate, DFE		11		0	NC	4		3		
		0.30		0	NC	4		0.09		
Vitamin B-12 Vitamin A, IU		0.30		U		-		0.09		
Vitamin A, IU Vitamin A, RAE	mca RAF									
Retinol	mca_rov_									
Vitamin E (alpha-tocopherol)										
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D	IU									
Vitamin K (phylloquinone)										

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

# **Common Measures:**

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	ırams	of edib	le portio	<u>n</u>		edible portion	
			Nu	ımber	•			<u>m</u> e	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	6.20	0.200	24		1		0.16	0.93	
Energy	kcal	398		0	NC	4		10	60	
Energy	kj	1665				4		42	250	
Protein (N x 5.83)	g	13.60	0.300	10		1		0.34	2.04	
Total lipid (fat)	g	7.80	0.100	10		1		0.20	1.17	
Ash	g	3.20	0.100	9		1		0.08	0.48	
Carbohydrate, by difference	g	69.20		0	NC	4		1.73	10.38	
Fiber, total dietary	g	6.6		0		4		0.2	1.0	
Sugars, total	g	1.49		0	BFSN	4		0.04	0.22	
Starch	g									
Minerals:										
Calcium, Ca	ma	733		15		1		18	110	
Iron, Fe	-	47.50		0		1		1.19	7.13	
Magnesium, Mg	-	145	10.000	3		1		4	22	
Phosphorus, P		499	5.000	15		1		12	75	
Potassium, K	-	470		2		1		12	71	
Sodium, Na	-	33		9		1		1	5	
Zinc, Zn	mg	3.69	0.105	18		1		0.09	0.55	
Copper, Cu	mg	0.527		20		1		0.013	0.079	
Manganese, Mn	mg									
Selenium, Se	mcg	36.4	2.800	4	A	1		0.9	5.5	
/itamins:										
Vitamin C, total ascorbic acid	ma	3.2		2		1		0.1	0.5	
Thiamin	-	2.889		19		1		0.072	0.433	
Riboflavin		2.607		18		1		0.065	0.391	
Niacin		35.969	2.725	17		1		0.899	5.395	
Pantothenic acid		1.534		0		4		0.038	0.230	
Vitamin B-6		0.153		5		1		0.004	0.023	
Folate, total	mcg	35	2.700	6		1		1	5	
Folic acid		0		0	z	7		0	0	
Folate, food	mcg	35	2.700	6		1		1	5	
Folate, DFE	mcg_DFE	35		0	NC	4		1	5	
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin A, IU		0		0	NC	4		0	0	
Vitamin A, RAE		0		0	NC	4		0	0	
Retinol		0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)	mg	0.38		0	NR	4		0.01	0.06	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		3.3		0	BFSN	4		0.1	0.5	
Vitamin K (phylloquinone)	Ilicy	3.3		U	BFSN	4		0.1	0.5	
<u> ipids:</u>										
Fatty acids, total saturated	g	1.353		0		4		0.034	0.203	
4:0	g	0.000		0		4		0.000	0.000	
6:0	g	0.000		0		4		0.000	0.000	
8:0	g	0.000		0		4		0.000	0.000	
10:0	-	0.000		0		4		0.000	0.000	
12:0		0.024		0		4		0.001	0.004	
13:0										
14:0		0.012		0		4		0.000	0.002	
15:0										
16:0		1.138		0		4		0.028	0.171	
17:0				_		_			_	
18:0		0.082		0		4		0.002	0.012	
20:0	-									
22:0	q									

		<u>Aı</u>	mount in 10	0 grams	of edil	ole portio	<u>n</u>		edible portion of	of common
				Number				<u>m</u> e	easures of food	
Nutrients and	Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura	ated 0	2.442		0		4		0.061	0.366	
14:1				•		-		0.001	0.300	
15:1	g									
16:1 undifferentiated	g	0.027		0		4		0.001	0.004	
17:1	-									
18:1 undifferentiated	g	2.415		0		4		0.060	0.362	
20:1	g	0.000		0		4		0.000	0.000	
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	
24:1 c										
Fatty acids, total polyunsaturate		2.876		0		4		0.072	0.431	
18:2 undifferentiated		2.753		0		4		0.069	0.413	
18:3 undifferentiated	g	0.014		0		4		0.000	0.002	
18:4	-	0.000		0		4		0.000	0.000	
20:2 n-6 c,c	g									
20:3 undifferentiated										
20:4 undifferentiated	g	0.000		0		4		0.000	0.000	
20:5 n-3	-	0.000		0		4		0.000	0.000	
22:5 n-3	g	0.000		0		4		0.000	0.000	
22:6 n-3	g	0.000		0		4		0.000	0.000	
Fatty acids, total trans	g									
Cholesterol	mg	0		0		7		0	0	
Phytosterols	mg									
Amino Acids:										
Tryptophan	n	0.177		0		1		0.004	0.027	
Threonine		0.471		0		1		0.012	0.071	
Isoleucine	-	0.550		0		1		0.012	0.083	
Leucine	-	1.072		0		1		0.014	0.161	
Lysine	-	0.571		0		1		0.014	0.086	
Methionine		0.263		0		1		0.007	0.039	
Cystine		0.485		0		1		0.012	0.073	
Phenylalanine		0.545		0		1		0.012	0.082	
Tyrosine		0.550		0		1		0.014	0.083	
Valine	-	0.771		0		1		0.019	0.116	
Arginine	-	1.035		0		1		0.019	0.155	
Histidine		0.240		0		1		0.026	0.036	
Alanine		0.662		0		1		0.017	0.036	
Aspartic acid		1.156		0		1		0.029	0.173	
Glutamic acid		3.206		0		1		0.080	0.481	
Glycine		0.725		0		1		0.018	0.109	
Proline		0.697		0		1		0.013	0.105	
Serine	=	0.678		0		1		0.017	0.103	
Hydroxyproline	•••••••••••••••••••••••••••••••••••••••	0.070		Ū		-		0.017	0.102	
11ydroxypronne	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	
Caffeine	mg	0		0	BFSN	4		0	0	
Theobromine	mg	0		0	BFSN	4		0	0	
Carotenoids:										
Carotene, beta	mca	0		0	BFSN	4		0.000	0.000	
Carotene, alpha		0		0	BFSN	4		0.000	0.000	
Cryptoxanthin, beta		0		0	BFSN	4		0.000	0.000	
Lycopene		0		0	BFSN	4		0.000	0.000	
Lutein + zeaxanthin		185		0	BFSN	4		4.628	27.770	

# **Common Measures:**

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Babyfood, cereal, oatmeal, dry

Calories Factors: Protein 3.46 Fat 8.37 Carbohydrate 4.12

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 10	00 grams	of edil	ole portio	<u>n</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u>l</u>
				of Data	Deriv	Source	Confidence			
Nutrients and Units		Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water		74.50		0		1		21.12		
Energy	kcal	116		0	NC	4		33		
Energy		485				4		138		
Protein (N x 0)	g	5.00		0		1		1.42		
Total lipid (fat)	g	4.10		0		1		1.16		
Ash		1.10		0		1		0.31		
Carbohydrate, by difference		15.30		0	NC	4		4.34		
Fiber, total dietary		1.1		0		4		0.3		
Sugars, total				•		-		0.5		
Starch										
Starcn	9									
Minerals:										
Calcium, Ca	mg	220		0		1		62		
Iron, Fe	-	12.14		0		1		3.44		
Magnesium, Mg	_	35		0		1		10		
Phosphorus, P		160		0		1		45		
Potassium, K	-	204		0		1		58		
Sodium, Na		46		0		1		13		
Zinc, Zn	_	0.92		0		1		0.26		
Copper, Cu	-	0.094	ı	0		4		0.027		
Manganese, Mn		0.001		•		-		0.02.		
Selenium, Se	-									
Scientini, Sc	9									
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	mg	1.3		0		4		0.4		
Thiamin	mg	0.506	i	0		1		0.143		
Riboflavin	mg	0.563	<b>;</b>	0		1		0.160		
Niacin		5.981		0		1		1.696		
Pantothenic acid	-	0.514	ŀ	0		4		0.146		
Vitamin B-6	-	0.060	)	0		1		0.017		
Folate, total		10		0		1		3		
Folic acid		0		0	z	7		0		
Folate, food		10		0	_	1		3		
Folate, DFE		10		0	NC	4		3		
Vitamin B-12		0.30		0	110	4		0.09		
Vitamin A, IU		105		0		4		30		
Vitamin A, RAE		22		0	NC	4		6		
,		19		0	NC	4		5		
Retinol		19		U	NC	4		5		
Vitamin E (alpha-tocopherol)										
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D.										
Vitamin K (phylloquinone)	meg									
_ipids:										
Fatty acids, total saturated	g	2.258	}	0		4		0.640		
Fatty acids, total monounsaturated		30		-						
Fatty acids, total polyunsaturated										
Fatty acids, total trans										
Cholesterol		11		0		4		3		
Phytosterols				·		-		J		
1 11y 003001015	9									
amino Acids:										
Tryptophan	g	0.067	•	0		1		0.019		
Threonine		0.201		0		1		0.057		
Isoleucine		0.256	i	0		1		0.073		
Leucine	-	0.445		0		1		0.126		
Lysine		0.311		0		1		0.088		
Methionine		0.112		0		1		0.032		
TVICUIIOIIIIC	g g	0.112		0		1		0.032		

	Amount in 100 grams of edible portion										
Nutrients and Units	Mean Std. E	Number of Data Der rror Points Cod	iv Source Con le Code (	ifidence Code	mo Measure 1	easures of food Measure 2	Measure 3				
Phenylalanineg	0.222	0	1		0.063						
Tyrosineg	0.223	0	1		0.063						
Valineg	0.310	0	1		0.088						
Arginine9	0.269	0	1		0.076						
Histidineg	0.113	0	1		0.032						
Alanineg	0.203	0	1		0.058						
Aspartic acidg	0.398	0	1		0.113						
Glutamic acidg	1.102	0	1		0.312						
Glycineg	0.177	0	1		0.050						
Prolineg	0.381	0	1		0.108						
Serineg	0.261	0	1		0.074						
Hydroxyprolineg											

## **Common Measures:**

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03192 Babyfood, cereal, oatmeal, with applesauce and bananas, junior

Nutrients and Units			<u>A</u>	mount in 100 g	rams o	of edib	le portio	<u>n</u>	Amount in	edible portion	of common
Nutrients and Units				Nui	mber				<u>m</u>	easures of food	
Water				of	Data D	Deriv	Source	Confidence			
Water	Nutrients and Un	nits	Mean	Std. Error Po	ints C	Code	Code	Code	Measure 1	Measure 2	Measure
Water											
Energy		a	81 80	0.400	6		1		23 10	139 06	
		_		0.400		NC					
Protein (N s 604)	0.				U	NC					
Total Ipride (fag)				0.000	_		_				
Ash. 9											
Carbaly-date, by difference							_				
Fiber, total dietary				0.000							
Sugars, total						NC					
Minerals:	<u> </u>		9.48		0	FLA	4		2.69	16.11	
Calcium, Ca         mg         6         1.000         7         1         2         10           Inn, Fe         mg         5.51         0.230         6         1         1.55         9.37           Magnesium, Mg         mg         11         1         1         1         12         70           Plosphorus, P         mg         48         1         1         1         14         82           Sodium, Na         mg         31         6         1         1         14         82           Sodium, Na         mg         0.33         1         1         0.09         0.56           Copper, Cu         mg         0.075         0         1         0.09         0.51           Selenium, Se         mcg         3.0         2         1         A         1         0.09         5.1           Vitamins         mg         19.1         3.500         5         1         5.4         32.5           Vitamins         mg         19.1         3.500         5         1         5.4         32.5           Thiamin         mg         0.242         1         1         1         0.069         0.4<	Starch	g									
Calcium, Ca.         mg         6         1.000         7         1         2         10           Inn, F.         mg         5.51         0.230         6         1         1.55         9.37           Magnesium, Mg.         mg         11         1         1         1         2         1           Plosshorus, P.         mg         48         1         1         1         14         82           Sodium, Na.         mg         31         6         1         1         0.09         0.56           Copper, Cu.         mg         0.075         0         1         1         0.09         0.51           Copper, Cu.         mg         0.075         0         1         a         0         0.021         0.128           Maganese, Mrs.         mg         1         3.50         5         1         0.09         5.1         5         1         5         4         0.50         5         1         5         4         0.069         0.11         1         0.069         0.411         1         0.069         0.411         1         0.069         0.411         1         0.069         0.411         1         0.06	Minerals:										
Fon F.C.		ma	6	1.000	7		1		2	10	
Magnesium Mg.         mg         11         1         1         1         12         70           Plossium R.         mg         41         1         1         12         70           Plossium K.         mg         48         1         1         1         44         82           Sodium, Na.         mg         3.3         1         1         0.09         0.56           Copper, Cu.         mg         0.075         0         1         0.09         0.56           Copper, Cu.         mg         3.0         1         a         0.09         0.56           Magnases, Mn.         mg         19.1         3.50         5         1         0.09         0.51           Vitamines           Vitamines         mg         19.1         3.500         5         1         0.09         0.41           Vitamines         mg         0.242         1         1         0.069         0.41           Vitamines         mg         0.242         1         1         0.069         0.41           Vitamines         mg         0.227         0         4         0.06         0	*	-									
Phosphorus   P		-		3.230							
Potassium, K.         mg         48         1         1         14         82           Sodium, Na.         mg         0.33         1         1         0.09         0.56           Copper, Cu.         mg         0.075         0         1         0.021         0.128           Manganese, Mr.         mg         3.0         1         a         1         0.09         5.1           Zitamins:           Vitamin Cuba scorbic acid.         mg         19.1         3.500         5         1         5.4         32.5           Thiamin.         mg         0.242         1         1         0.069         0.411           Ribollavim         mg         0.242         1         1         0.069         0.411           Ribollavim         mg         0.242         1         1         0.069         0.411           Ribollavim         mg         0.242         1         1         0.069         0.411           Macin.         mg         0.227         0         4         0.064         0.386           Vitamin E. (ball         mg         0.240         1         1         1         6           F							_				
Sodium, Na	• '	-					_				
Zinc, Zn.         Mg         0.33         1         1         0.09         0.56           Copper, Co.         Mg         0.075         0         1         0.021         0.128           Mangames, Mm.         mg         3.0         1         A         1         0.9         5.1           Vitamines           Vitamines         Vitamines         Vitamines         Vitamines         Vitamines         Vitamines         S. 4         32.5           Thiamin         Mg         0.242         1         1         0.069         0.411           Ribolavin         Mg         0.484         1         1         0.137         0.823           Niacin         Mg         0.355         1         1         0.137         0.823           Niacin         Mg         0.227         0         4         0.068         0.488           Vitamin B-6         Mg         0.240         1         1         1         6           Folic scid         mcg         0         0         FLA         4         0         0           Folic scid         mcg         4         0	*						_				
Copper, Cu         mg         0.075         0         1         0.021         0.128           Manganese, Mn         mg         3.0         1         A         1         0.9         5.1           Vitamins:           Vitamins:         Witamins:         Witamins:         S.4         32.5           Vitamins:         mg         19.1         3.500         5         1         5.4         32.5           Thiamin.         mg         0.242         1         1         0.069         0.411           Riboflavin.         mg         0.484         1         1         0.137         0.823           Niacin.         mg         0.484         1         1         0.059         5.695           Pantothenic acid.         mg         0.227         0         4         0.064         0.386           Vitamin B-6.         mg         0.227         0         4         0.068         0.408           Folate, fold.         mG         0         FLA         4         0         0           Folate, fold.         mG         0         0         FLA         4         0         0           Folate, fold.         m	-						_				
Manganese, Mn.				5							
Selenium, Se         mcg         3.0         1         A         1         O.9         5.1           //itamins:         "Titamins."           Vitamin C, total ascorbic acid.         mg         19.1         3.500         5         1         5.4         32.5           Thiamin.         mg         0.242         1         1         0.069         0.411           Ribodlavin.         mg         0.484         1         1         0.069         0.411           Ribodlavin.         mg         0.484         1         1         0.069         0.411           Ribodlavin.         mg         0.484         1         1         0.056         5.695           Pathotheric acid.         mg         0.227         0         4         0.064         0.386           Vitamin B-6.         mg         0.227         0         4         0.068         0.408           Folate, food.         mcg         4         0         1         1         1         6           Folate, food.         mcg         4         0         NC         4         0.00         0           Folate, pDE         mcg         4         0         0	• • •		0.075	•	·		-		0.021	0.120	
Vitamins:         Vitamin C, total ascorbic acid.         mg         19.1         3.500         5         1         5.4         32.5           Thiamin.         mg         0.242         1         1         0.069         0.411           Riboflavin.         mg         0.484         1         1         0.056         0.623           Niacin.         mg         3.350         1         1         0.950         5.695           Pantothenic acid.         mg         0.227         0         4         0.064         0.386           Vitamin B-6.         mg         0.240         1         1         0.068         0.408           Folate, Lotal.         mcg         0         0         FLA         0         <			3.0		1	2	1		0.9	5 1	
Vitamin C, total ascorbic acid.	Scientini, Sc	9	3.0		-		-		0.5	3.1	
Thiamin	<u> Vitamins:</u>										
Riboflavin.         Mg         0.484         1         1         0.137         0.823           Niacin.         Mg         3.350         1         1         0.950         5.695           Niacin.         Mg         0.227         0         4         0.064         0.386           Vitamin B-6.         Mg         0.240         1         1         0.068         0.408           Folate, total.         Mcg         4         0         1         1         0.068         0.408           Folate, total.         Mcg         0         FLA         4         0         0         0           Folate, DFE.         Mcg         0         NC         4         1         6           Folate, DFE.         Mcg         0.00         0         NC         4         1         6           Folate, DFE.         Mcg         0.00         0         NC         4         0.00         0.00           Vitamin A, IU         IU         28         9.00         6         1         8         48           Vitamin E (alpha-tocopherol)         Mcg         0.10         PLA         4         0.03         0.17           Tocopherol, delta.<	· · · · · · · · · · · · · · · · · · ·		19.1	3.500	5		1		5.4	32.5	
Niacin         mg         3.350         1         1         0.950         5.695           Pantothenic acid         mg         0.227         0         4         0.064         0.386           Vitamin B-6         mg         0.240         1         1         0.068         0.408           Folate, Inclai         mcg         4         0         1         1         6           Folate, Food         mcg         0         0         FLA         4         0         0           Folate, Food         mcg         4         0         NC         4         1         6           Folate, Food         mcg         4         0         NC         4         1         6           Folate, Food         mcg         4         0         NC         4         1         6           Folate, Deff         mcg         0         0         NC         4         1         6           Vitamin B-12         mcg         0         0         FLA         4         0         0           Vitamin A, IU         U         28         9.00         0         FLA         4         0         0         2											
Pantothenic acid.         mg         0.227         0         4         0.064         0.386           Vitamin B-6.         mg         0.240         1         1         0.068         0.408           Folate, total.         mcg         4         0         1         1         6           Folic acid.         mcg         0         0         FLA         4         0         0           Folate, Food.         mcg         4         0         NC         4         0         0           Folate, FOE         mcg         DFE         4         0         NC         4         1         6           Folate, FOE         mcg         DFE         4         0         NC         4         1         6           Vitamin A, IU.         IU         28         9.000         6         1         8         48           Vitamin A, RAE         mcg         0         0         NC         4         0         0         0           Retinol.         mcg         0         1         1         4         0         0         0         1         4         0         0         0         1         4         0	Riboflavin	mg	0.484	1	1		1		0.137	0.823	
Vitamin B-6.         mg         0.240         1         1         0.068         0.408           Folate, total.         mcg         4         0         1         1         6           Folate, total.         mcg         0         0         FLA         4         0         0           Folate, food.         mcg         4         0         NC         4         1         6           Folate, DFE.         mcg         0.00         0         NC         4         1.0         6           Vitamin B-12.         mcg         0.00         0         4         0.00         0.00           Vitamin A, IU.         IU         28         9.000         6         1         8         48           Vitamin A, RAE.         mcg         0         NC         4         0         0         2           Retinol.         mcg         0         0         FLA         4         0.03         0.17           Tocopherol, beta.         mg         0         0         FLA         4         0.2         0.9           Vitamin K (aphla-tocopherol).         mcg         0.6         0         FLA         4         0.2         0.9			3.350	)	1		1		0.950	5.695	
Folate, total	Pantothenic acid	<u>mg</u>	0.227	7	0		4		0.064	0.386	
Folic acid.   mcg   0		-	0.240	)	1		1		0.068	0.408	
Folate, food	Folate, total	mcg	4		0		1		1	6	
Folate, DFE			0		0	FLA	4		0	0	
Vitamin B-12         mcg         0.00         0         4         0.00         0.00           Vitamin A, IU         IU         28         9.000         6         1         8         48           Vitamin A, RAE         mcg         0         NC         4         0         2           Retinol         mcg         0         0         FLA         4         0         0         0           Vitamin E (alpha-tocopherol)         mg         0.10         0         FLA         4         0.03         0.17           Tocopherol, beta         mg         0         FLA         4         0.03         0.17           Tocopherol, delta         mg         0         FLA         4         0.2         0.3         0.17           Vitamin D         IU         IU         Vitamin K (phylloquinone)         mcg         0.6         FLA         4         0.2         0.9           Ipidsts         Fatty acids, total saturated         g         0.126         0         4         0.036         0.214           4-0.         g         0.000         0         4         0.000         0.000           8:0.         g         0.000         0	Folate, food	mcg	4		0		1		1	6	
Vitamin A, IU         IU         28         9.000         6         1         8         48           Vitamin A, RAE         mcg_RAE         1         0         NC         4         0         2           Retinol         mcg         0         0         FLA         4         0.03         0.17           Vitamin E (alpha-tocopherol)         mg         0.10         FLA         4         0.03         0.17           Tocopherol, beta         mg         7         FLA         4         0.03         0.17           Tocopherol, gamma         mg         7         FLA         4         0.03         0.17           Tocopherol, delta         mg         7         FLA         4         0.2         0.9           Vitamin K (phylloquinone)         mcg         0.6         0         FLA         4         0.2         0.9           Lipids:         Estivaciós, total saturated         9         0.126         0         4         0.036         0.214         4         0.000         0.000         6:0         4         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000	Folate, DFE	mcg_DFE	4		0	NC	4		1	6	
Vitamin A, RAE         mcg_RAE         1         0         NC         4         0         2           Retinol         mcg         0         0         FLA         4         0         0         0           Vitamin E (alpha-tocopherol)         mg         0         FLA         4         0         0.03         0.17           Tocopherol, beta         mg         0         FLA         4         0         0.03         0.17           Tocopherol, gamma         mg         0         FLA         4         0         0.2         0.9           Vitamin D         IU         U         Vitamin K (phylloquinone)         mcg         0.6         0         FLA         4         0.2         0.9           Diptids:         Fatty acids, total saturated.         g         0         126         0         FLA         4         0.036         0.214         4         0.000         0.000         0.000         0         4         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000         0.000 <td< td=""><td></td><td></td><td>0.00</td><td></td><td>0</td><td></td><td>4</td><td></td><td>0.00</td><td>0.00</td><td></td></td<>			0.00		0		4		0.00	0.00	
Retinol         mcg         0         0         FLA         4         0         0           Vitamin E (alpha-tocopherol)         mg         0.10         0         FLA         4         0.03         0.17           Tocopherol, beta.         mg         Tocopherol, gamma.         mg           Tocopherol, delta.         mg           Vitamin D.         IU           Vitamin K (phylloquinone).         mcg         0.6         0         FLA         4         0.2         0.9           Lipids:         Fatty acids, total saturated         .9         0.126         0         FLA         4         0.036         0.214           4'0.         9         0.000         0         4         0.000         0.000           6:0.         9         0.000         0         4         0.000         0.000           8:0.         9         0.000         0         4         0.000         0.000           10:0.         9         0.000         0         4         0.000         0.000           12:0.         9         0.001         0         4         0.000         0.002	Vitamin A, IU	IU	28	9.000	6		1		8	48	
Retinol.         mcg         0         FILA         4         0         0           Vitamin E (alpha-tocopherol).         mg         0.10         0         FILA         4         0.03         0.17           Tocopherol, beta.         mg	Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	2	
Tocopherol, beta			0		0	FLA	4		0	0	
Tocopherol, beta			0.10		0	FLA	4		0.03	0.17	
Tocopherol, gamma											
Vitamin D.         IU           Vitamin K (phylloquinone)         mcg         0.6         0 FLA         4         0.2         0.9           Lipids:         Entry acids, total saturated.         g         0.126         0         4         0.036         0.214           4:0.         g         0.000         0         4         0.000         0.000           6:0.         g         0.000         0         4         0.000         0.000           8:0.         g         0.000         0         4         0.000         0.000           10:0.         g         0.000         0         4         0.000         0.000           12:0.         g         0.002         0         4         0.001         0.003           13:0.         g         0.001         0         4         0.000         0.002           15:0.         g         0.001         0         4         0.000         0.002           15:0.         g         0.106         0         4         0.030         0.180           17:0.         g         0.106         0         4         0.030         0.180	Tocopherol, gamma	mg									
Vitamin D.         IU           Vitamin K (phylloquinone)         mcg         0.6         0 FLA         4         0.2         0.9           Lipids:         Entry acids, total saturated.         g         0.126         0         4         0.036         0.214           4:0.         g         0.000         0         4         0.000         0.000           6:0.         g         0.000         0         4         0.000         0.000           8:0.         g         0.000         0         4         0.000         0.000           10:0.         g         0.000         0         4         0.000         0.000           12:0.         g         0.002         0         4         0.001         0.003           13:0.         g         0.001         0         4         0.000         0.002           15:0.         g         0.001         0         4         0.000         0.002           15:0.         g         0.106         0         4         0.030         0.180           17:0.         g         0.106         0         4         0.030         0.180	Tocopherol, delta	mg									
Lipids:       Fatty acids, total saturated     g     0.126     0     4     0.036     0.214       4:0     g     0.000     0     4     0.000     0.000       6:0     g     0.000     0     4     0.000     0.000       8:0     g     0.000     0     4     0.000     0.000       10:0     g     0.000     0     4     0.000     0.000       12:0     g     0.002     0     4     0.001     0.003       13:0     g       14:0     g     0.001     0     4     0.000     0.002       15:0     g       16:0     g     0.106     0     4     0.030     0.180       17:0     g											
Fatty acids, total saturated.         g         0.126         0         4         0.036         0.214           4:0	Vitamin K (phylloquinone)	mcg	0.6		0	FLA	4		0.2	0.9	
Fatty acids, total saturated.         g         0.126         0         4         0.036         0.214           4:0	114										
4:0       g       0.000       0       4       0.000       0.000         6:0       g       0.000       0       4       0.000       0.000         8:0       g       0.000       0       4       0.000       0.000         10:0       g       0.000       0       4       0.000       0.000         12:0       g       0.002       0       4       0.001       0.003         13:0       g       0.001       0       4       0.000       0.002         15:0       g       0.001       0       4       0.000       0.002         16:0       g       0.106       0       4       0.030       0.180         17:0       g		a	0 104	•	0		4		0.036	0.014	
6:0.							4				
8:0       g       0.000       0       4       0.000       0.000         10:0       g       0.000       0       4       0.000       0.000         12:0       g       0.002       0       4       0.001       0.003         13:0       g       0.001       0       4       0.000       0.002         15:0       g       0.106       0       4       0.030       0.180         17:0       g							4				
10:0       9       0.000       0       4       0.000       0.000         12:0       9       0.002       0       4       0.001       0.003         13:0       9       0.001       0       4       0.000       0.002         15:0       9       0.106       0       4       0.030       0.180         17:0       9		_			-		4				
12:0     g     0.002     0     4     0.001     0.003       13:0     g       14:0     g     0.001     0     4     0.000     0.002       15:0     g       16:0     g     0.106     0     4     0.030     0.180       17:0     g							4				
13:0							4				
14:0		-	0.002	2	U		4		0.001	0.003	
15:0		-			•						
16:0g 0.106 0 4 0.030 0.180 17:0g		_	0.001	L	U		4		0.000	0.002	
17:0g		_		-							
			0.106	Ď.	0		4		0.030	0.180	
18:0g 0.007 0 4 0.002 0.012				_	_		_		_		
			0.007	7	0		4		0.002	0.012	
20:0g		_									
22:0g	22:0	g									
24:0g	24:0	g									

		<u>A</u>	mount in 100			ole portio	<u>on</u>		edible portion of	
				Number of Data	Deriv		Confidence	<u>m</u> .	easures of food	
Nutrients and	Units	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura	itedg	0.216	5	0		4		0.061	0.367	
14:1 15:1	_									
16:1 undifferentiated	g	0.001		0		4		0.000	0.002	
17:1 18:1 undifferentiated	_	0.215	i	0		4		0.061	0.366	
20:1	g	0.000	)	0		4		0.000	0.000	
22:1 undifferentiated	g	0.000	)	0		4		0.000	0.000	
24:1 c	g									
Fatty acids, total polyunsaturate	edg	0.253	3	0		4		0.072	0.430	
18:2 undifferentiated		0.242		0		4		0.069	0.411	
18:3 undifferentiated	_	0.002		0		4		0.001	0.003	
18:4	• • • • • • • • • • • • • • • • • • • •	0.000	)	0		4		0.000	0.000	
20:2 n-6 c,c										
20:3 undifferentiated	_			_		_				
20:4 undifferentiated	_	0.000		0		4		0.000	0.000	
20:5 n-3	_	0.000		0		4		0.000	0.000	
22:5 n-3		0.000		0		4		0.000	0.000	
22:6 n-3		0.000	)	0		4		0.000	0.000	
Fatty acids, total trans		0		•				0	•	
Cholesterol	-	U		0		4		U	0	
Phytosterols	Ing									
Amino Acids:										
Tryptophan	g	0.017	,	0		1		0.005	0.029	
Threonine	g	0.046	5	0		1		0.013	0.078	
Isoleucine	g	0.049	)	0		1		0.014	0.083	
Leucine	g	0.100	)	0		1		0.028	0.170	
Lysine	g	0.054	ļ	0		1		0.015	0.092	
Methionine	g	0.031		0		1		0.009	0.053	
Cystine	g	0.030	)	0		1		0.009	0.051	
Phenylalanine		0.067		0		1		0.019	0.114	
Tyrosine	_	0.052		0		1		0.015	0.088	
Valine		0.069		0		1		0.020	0.117	
Arginine		0.094		0		1		0.027	0.160	
Histidine	_	0.034		0		1		0.010	0.058	
Alanine		0.060		0		1		0.017	0.102	
Aspartic acid		0.113		0		1		0.032	0.192	
Glutamic acid		0.291		0		1		0.082	0.495	
Glycine	<del>-</del>	0.071		0		1		0.020	0.121	
Proline	_	0.065		0		1		0.018	0.111	
Serine		0.063	•	0		1		0.018	0.107	
Hydroxyproline	g									
Others:										
Alcohol, ethyl		0.0		0		7		0.0	0.0	
Caffeine	-	0		0	FLA	4		0	0	
Theobromine	mg	0		0	FLA	4		0	0	
Carotenoids:										
Carotene, beta	mcg	12		0	BNA	4		3.314	19.872	
Carotene, alpha	mcg	7		0	BNA	4		1.900	11.395	
Cryptoxanthin, beta	mcg	4		0	BNA	4		0.998	5.982	
Lycopene	mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin	mcg	17		0	FLA	4		4.768	28.593	

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Babyfood, cereal, oatmeal, with applesauce and bananas, junior

Calories Factors: Protein 3.5 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

NDB No. 03191 Babyfood, cereal, oatmeal, with applesauce and bananas, strained

		<u>Aı</u>	mount in 100 g	rams	of edik	ole portio	<u>n</u>	Amount in	edible portion of	of common
			Nu	mber				<u>m</u>	easures of food	
						Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	ints	Code	Code	Code	Measure 1	Measure 2	Measure 3
D										
Proximates: Water	q	82.20	0.300	37		1		23.30	92.89	
Energy		73		0	NC	4		21	82	
Energy		305				4		87	345	
Protein (N x 6.04)		1.30	0.000	25		1		0.37	1.47	
Total lipid (fat)	-	0.70	0.000	25		1		0.20	0.79	
Ash		0.40	0.000	25		1		0.11	0.45	
Carbohydrate, by difference		15.40		0	NC	4		4.37	17.40	
Fiber, total dietary		0.8		0		4		0.2	0.9	
Sugars, total		10.49		0	FLA	4		2.97	11.85	
Starch				•		-			11.05	
Staren	9									
Minerals:										
Calcium, Ca	_	9	1.000	18		1		3	10	
Iron, Fe		5.65	0.180	18		1		1.60	6.38	
Magnesium, Mg		11		1		1		3	12	
Phosphorus, P	-	41		1		1		12	46	
Potassium, K		47		14		1		13	53	
Sodium, Na		2		18		1		1	2	
Zinc, Zn		0.35	0.010	4		1		0.10	0.40	
Copper, Cu		0.073	0.005	3		1		0.021	0.082	
Manganese, Mn				_	_	_				
Selenium, Se	mcg	3.0		1	A	1		0.9	3.4	
Vitamins:										
Vitamin C, total ascorbic acid	mg	21.8	3.000	4		1		6.2	24.6	
Thiamin		0.420	0.023	20		1		0.119	0.475	
Riboflavin		0.365	0.009	20		1		0.103	0.412	
Niacin		5.042	0.075	20		1		1.429	5.697	
Pantothenic acid	-	0.227		0		4		0.064	0.257	
Vitamin B-6		0.200	0.017	3		1		0.057	0.226	
Folate, total	-	4	0.100	9		1		1	4	
Folic acid		0		0	Z	7		0	0	
Folate, food		4	0.100	9		1		1	4	
Folate, DFE	mcg_DFE	4		0	NC	4		1	4	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU		30	7.000	18		1		9	34	
Vitamin A, RAE	mcg_RAE	2		0	NC	4		0	2	
Retinol		0		0	FLA	4		0	0	
Vitamin E (alpha-tocopherol)	mg	0.16		0	FLA	4		0.05	0.19	
Tocopherol, beta										
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D										
Vitamin K (phylloquinone)	mcg	2.2		0	FLA	4		0.6	2.4	
Lipids:										
Fatty acids, total saturated	а	0.125	1	0		4		0.035	0.141	
4:0		0.000		0		4		0.000	0.000	
6:0	-	0.000		0		4		0.000	0.000	
8:0		0.000		0		4		0.000	0.000	
10:0		0.000		0		4		0.000	0.000	
12:0		0.002		0		4		0.001	0.002	
13:0	-	0.002		-		•		3.001	0.002	
14:0	_	0.001		0		4		0.000	0.001	
15:0	_	3.301		-		-		3.000	0.001	
16:0	_	0.105	i	0		4		0.030	0.119	
17:0		3.200		-		-		3.000	0.229	
18:0		0.007		0		4		0.002	0.008	
20:0		2.207		-		-		3.002	0.000	
22:0	_									
24:0	-									

		<u>A</u>	mount in 100 g		of edib	le portio	<u>n</u>		edible portion o	of common
			of	mber Data [			Confidence	<u>m</u> .	easures of food	
Nutrients and	Units	Mean	Std. Error Po	oints (	Code	Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura	atedg	0.216	;	0		4		0.061	0.244	
14:1 15:1	_									
16:1 undifferentiated	g	0.001		0		4		0.000	0.001	
17:1 18:1 undifferentiated	_	0.215	i	0		4		0.061	0.243	
20:1	_	0.000		0		4		0.000	0.000	
22:1 undifferentiated	_	0.000		0		4		0.000	0.000	
24:1 c	•			-		_				
Fatty acids, total polyunsaturat		0.253	1	0		4		0.072	0.286	
18:2 undifferentiated	g	0.242		0		4		0.069	0.273	
18:3 undifferentiated	g	0.002		0		4		0.001	0.002	
18:4	g	0.000	)	0		4		0.000	0.000	
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.000	1	0		4		0.000	0.000	
20:5 n-3	g	0.000	1	0		4		0.000	0.000	
22:5 n-3	g	0.000	1	0		4		0.000	0.000	
22:6 n-3	g	0.000	1	0		4		0.000	0.000	
Fatty acids, total trans	g									
Cholesterol	mg	0		0		7		0	0	
Phytosterols	mg									
Amino Acids:										
Tryptophan	a	0.017		0		1		0.005	0.019	
Threonine		0.046		0		1		0.013	0.052	
Isoleucine	=	0.049		0		1		0.014	0.055	
Leucine	-	0.099		0		1		0.028	0.112	
Lysine	-	0.053		0		1		0.015	0.060	
Methionine		0.030		0		1		0.009	0.034	
Cystine		0.029		0		1		0.008	0.033	
Phenylalanine		0.066		0		1		0.019	0.075	
Tyrosine		0.052		0		1		0.015	0.059	
Valine	-	0.068		0		1		0.019	0.077	
Arginine	• • • • • • • • • • • • • • • • • • • •	0.093		0		1		0.026	0.105	
Histidine	-	0.034		0		1		0.010	0.038	
Alanine	-	0.059		0		1		0.017	0.067	
Aspartic acid		0.111		0		1		0.031	0.125	
Glutamic acid		0.287		0		1		0.081	0.324	
Glycine		0.070		0		1		0.020	0.079	
Proline	<del>-</del>	0.064		0		1		0.018	0.072	
Serine	-	0.062		0		1		0.018	0.070	
Hydroxyproline										
Others:										
Alcohol, ethyl	а	0.0		0		7		0.0	0.0	
Caffeine		0		0	FLA	4		0	0.0	
Theobromine	_	0		0	FLA	4		0	0	
Carotenoids:		-		-		=		-		
						_			4,	
Carotene, beta		13		0	BNA	4		3.662	14.598	
Carotene, alpha		2		0	BNA	4		0.619	2.466	
Cryptoxanthin, beta		8		0	BNA	4		2.262	9.018	
Lycopene		0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin	tiicā	90		0	FLA	4		25.631	102.162	

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Babyfood, cereal, oatmeal, with applesauce and bananas, strained

Calories Factors: Protein 3.5 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 gran	is or eail	ole portic	<u>on</u>	Amount in	edible portion	of common
			Numb	er			<u>m</u>	easures of food	<u> </u>
				a Deriv	Source	Confidence			
Nutrients and Unit	ts	Mean	Std. Error Points	s Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:									
Water	g	4.70	1		1		0.12	0.71	
Energy	_	393	0	NC	4		10	59	
Energy		1644			4		41	247	
Protein (N x 6.04)		12.00	5		1		0.30	1.80	
Total lipid (fat)		6.00	5		1		0.15	0.90	
Ash		3.90	1		1		0.10	0.59	
Carbohydrate, by difference		73.40	0	NC	4		1.84	11.01	
Fiber, total dietary		5.2	0		4		0.1	0.8	
Sugars, total		13.75	0	FLA	4		0.34	2.06	
Starch									
Survii	9								
<u>Minerals:</u>									
Calcium, Ca	_	651	1		1		16	98	
Iron, Fe	_	47.50	0		5		1.19	7.13	
Magnesium, Mg		118	2		1		3	18	
Phosphorus, P	_	444	2		1		11	67	
Potassium, K		731	2		1		18	110	
Sodium, Na	-	119	3		1		3	18	
Zinc, Zn		1.90	2		1		0.05	0.29	
Copper, Cu		0.391	. 0		4		0.010	0.059	
Manganese, Mn			_						
Selenium, Se	mcg	20.5	2	A	1		0.5	3.1	
Vitamins:									
Vitamin C, total ascorbic acid	ma	4.7	5		1		0.1	0.7	
Thiamin		3.600			1		0.090	0.540	
Riboflavin		3.710			1		0.093	0.557	
Niacin		20.110			1		0.503	3.017	
Pantothenic acid									
Vitamin B-6		0.423	5		1		0.011	0.063	
Folate, total		19	0		4		0	3	
Folic acid		0	0	Z	7		0	0	
Folate, food		19	0		4		0	3	
Folate, DFE		19	0	NC	4		0	3	
Vitamin B-12	mcq	0.22	2		1		0.01	0.03	
Vitamin A, IU		69	24.000 5		1		2	10	
Vitamin A, RAE	mcg RAE	3	0	NC	4		0	1	
Retinol		0	0	Z	7		0	0	
Vitamin E (alpha-tocopherol)		5.00	0	NR	4		0.13	0.75	
Tocopherol, beta									
Tocopherol, gamma									
Tocopherol, delta									
Vitamin D									
Vitamin K (phylloquinone)	mcg	3.0	0	FLA	4		0.1	0.4	
inida									
<u>lipids:</u>	0	1 267			4		0.022	0 100	
Fatty acids, total saturated		1.267			4		0.032 0.000	0.190 0.000	
4:0		0.001 0.001			4				
6:0					4		0.000	0.000	
8:0	-	0.001			4		0.000	0.000	
10:0	-	0.004			4		0.000 0.000	0.001	
		0.015	, 0		4		0.000	0.002	
13:0	-	0.016	3 0		4		0 000	0.003	
14:0	-	0.018	, 0		4		0.000	0.003	
15:0	-	0.972	2 0		4		0.034	0.146	
16:0		0.972	. 0		4		0.024	0.146	
17:0		0.097	0		4		0 000	0.015	
10.0		0.097			4		0.002	0.015	
18:0	_	0.00.							
18:0 20:0 22:0	g	0.00							

		<u>Aı</u>	mount in 10	0 grams	of edil	ole portio	<u>on</u>		edible portion	
				Number		_		<u>me</u>	easures of food	•
Nutrients and	Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura	ted	1.429		0		4		0.036	0.214	
14:1										
15:1	g									
16:1 undifferentiated	-	0.039		0		4		0.001	0.006	
17:1	-			_						
18:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	1.384		0		4		0.035	0.208	
20:1	-	0.001		0		4		0.000	0.000	
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	
24:1 c		0.100		•						
Fatty acids, total polyunsaturate		2.186		0 0		4 4		0.055	0.328	
18:2 undifferentiated		1.970		0		_		0.049	0.296	
18:3 undifferentiated	-	0.166		0		4 4		0.004	0.025	
18:4	• • • • • • • • • • • • • • • • • • • •	0.000		U		4		0.000	0.000	
20:2 n-6 c,c 20:3 undifferentiated	_									
20:3 undifferentiated		0.000		0		4		0.000	0.000	
20:5 n-3	_	0.000		0		4		0.000	0.000	
22:5 n-3	-	0.000		0		4		0.000	0.000	
22:6 n-3		0.000		0		4		0.000	0.000	
Fatty acids, total trans		0.000		v		•		0.000	0.000	
Cholesterol		0		0		7		0	0	
Phytosterols	_	·		·		•		·	·	
-										
Amino Acids:										
Tryptophan		0.157		0		1		0.004	0.024	
Threonine	-	0.417		0		1		0.010	0.063	
Isoleucine		0.501		0		1		0.013	0.075	
Leucine	-	0.978		0		1		0.024	0.147	
Lysine		0.558		0		1		0.014	0.084	
Methionine	=	0.266		0		1		0.007	0.040	
Cystine		0.272		0		1		0.007	0.041	
Phenylalanine		0.624		0		1		0.016	0.094	
Tyrosine	=	0.497		0		1		0.012	0.075	
Valine		0.699		0		1		0.017	0.105	
Arginine	-	0.711		0		1		0.018	0.107	
Histidine	=	0.362		0		1		0.009	0.054	
Alanine		0.491		0		1		0.012	0.074	
Aspartic acid	-	0.986		0		1		0.025	0.148	
Glutamic acid	-	2.603		0		1		0.065	0.390	
Glycine		0.505		0		1		0.013	0.076	
Proline	• • • • • • • • • • • • • • • • • • • •	0.807		0 0		1 1		0.020 0.015	0.121 0.087	
Serine	-	0.582		U		1		0.015	0.087	
Hydroxyproline	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	
Caffeine	mg	0		0	FLA	4		0	0	
Theobromine	<u>mg</u>	0		0	FLA	4		0	0	
Carotenoids:										
Carotene, beta	mca	28		0	BNA	4		0.700	4.199	
Carotene, alpha		27		0	BNA	4		0.670	4.022	
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	
Lycopene		0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin		157		0	FLA	4		3.928	23.569	

# **Common Measures:**

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Babyfood, cereal, oatmeal, with bananas, dry

Calories Factors: Protein 3.5 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10			ole portio	<u>on</u>		edible portion	
Nutrients and Uni	ts	Mean	Std. Error		Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food  Measure 2	Measure
Proximates:										
Water		74.30		0		1		21.06		
Energy	kcal	116		0	NC	4		33		
Energy		485				4		138		
Protein (N x 0)		4.70		0		1		1.33		
Total lipid (fat)		3.80		0		1		1.08		
Ash		1.20		0		1		0.34		
Carbohydrate, by difference		16.00		0	NC	4		4.54		
Fiber, total dietary										
Sugars, total										
Starch	9									
Minerals:										
Calcium, Ca	mg	206		0		1		58		
Iron, Fe	mg	11.23		0		1		3.18		
Magnesium, Mg		30		0		1		9		
Phosphorus, P		151		0		1		43		
Potassium, K		247		0		1		70		
Sodium, Na		61		0		1		17		
Zinc, Zn		0.63	,	0		1 4		0.18		
Copper, Cu		0.072	4	U		4		0.020		
Manganese, Mn Selenium, Se										
Selemum, Se	Thog									
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	mg	1.6		0		1		0.5		
Thiamin	-	0.623		0		1		0.177		
Riboflavin	_	0.745		0		1		0.211		
Niacin		3.375	5	0		1		0.957		
Pantothenic acid		0.104	•	•				0.000		
Vitamin B-6		0.104 7	•	0 0		1 4		0.029 2		
Foliate, total		0		0	Z	7		0		
Folate, food	-	7		0	2	4		2		
Folate, DFE		7		0	NC	4		2		
Vitamin B-12		0.33		0	2.0	1		0.09		
Vitamin A, IU		99		0		1		28		
Vitamin A, RAE	mcg RAE	23		0	NC	4		6		
Retinol		21		0	NC	4		6		
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg									
Amino Acids:										
Tryptophan	g	0.064	Į	0		1		0.018		
Threonine		0.193	3	0		1		0.055		
Isoleucine		0.248	3	0		1		0.070		
Leucine	g	0.429	)	0		1		0.122		
Lysine	g	0.309		0		1		0.088		
Methionine		0.113		0		1		0.032		
Cystine	_	0.069		0		1		0.020		
Phenylalanine		0.235		0		1		0.067		
Tyrosine		0.214		0		1		0.061		
Valine		0.298		0		1		0.084		
Arginine		0.216		0		1		0.061		
Histidine		0.133		0		1		0.038		
Alanine	g	0.175	)	0		1		0.050		
Aspartic acid	~	0.370	`	0		1		0.105		

	<u>Amoun</u>	t in 100 grams of ed	me	edible portion of easures of food					
Nutrients and Units	Mean Std.	Error Points Cod	v Source Confidence Code	Measure 1	Measure 2	Measure 3			
Glycine         9           Proline         9           Serine         9           Hydroxyproline         9	0.141 0.399 0.245	0 0 0	1 1 1	0.040 0.113 0.069					

# **Common Measures:**

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Al</u>	mount in 100	granis	or ear	ne portio	<u>,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,</u>	Amount in	edible portion	of common
			Number					measures of food		
Nutrients and Units		Mean	Std. Error P		Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	5.80	0.300	13		1		0.14	0.82	
Energy	kcal	391		0	NC	4		9	56	
Energy	kj	1636				4		39	232	
Protein (N x 5.83)	g	13.50	0.100	13		1		0.32	1.92	
Total lipid (fat)		7.00	0.100	13		1		0.17	0.99	
Ash		4.40	0.100	13		1		0.11	0.62	
Carbohydrate, by difference		69.30		0	NC	4		1.66	9.84	
Fiber, total dietary										
Sugars, total										
Starch										
Minerals:										
Calcium, Ca	mg	1154	13.000	13		1		28	164	
Iron, Fe.	mg	67.23	1.130	13		1		1.61	9.55	
Magnesium, Mg	mg	146		0		4		4	21	
Phosphorus, P	mg	733	29.000	14		1		18	104	
Potassium, K	mg	259	8.000	13		1		6	37	
Sodium, Na		47	2.000	13		1		1	7	
Zinc, Zn	mg	3.70		0		4		0.09	0.53	
Copper, Cu		0.529	1	0		4		0.013	0.075	
Manganese, Mn	mg									
Selenium, Se	mcg	36.4		0	BFZN	4		0.9	5.2	
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	-	0.0		13		1		0.0	0.0	
Thiamin	-	2.771		13		1		0.067	0.393	
Riboflavin	mg	2.842	0.030	13		1		0.068	0.404	
Niacin	-	36.292		13		1		0.871	5.153	
Pantothenic acid		1.540		0		4		0.037	0.219	
Vitamin B-6		0.154		0		4		0.004	0.022	
Folate, total		35		0		4		1	5	
Folic acid		0		0	Z	7		0	0	
Folate, food		35		0		4		1	5	
Folate, DFE		35		0	NC	4		1	5	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU		23	2.000	13		1		1	3	
Vitamin A, RAE		1		0	NC	4		0	0	
Retinol		0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)										
Tocopherol, beta	-									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

## **Common Measures:**

Measure 1 = 2.4g: 1 tbsp Measure 2 = 14.2g: .5 oz

Calories Factors: Protein 3.5 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>A</u>	00 grams of edible portion  Number				Amount in edible portion of common measures of food			
Nutrients and Units		Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water		74.50		0		1		21.12		
Energy		115		0	NC	4		33		
Energy	kj	481				4		136		
Protein (N x 0)	g	5.00		0		1		1.42		
Total lipid (fat)	g	3.90		0		1		1.11		
Ash	g	1.30		0		1		0.37		
Carbohydrate, by difference	g	15.30		0	NC	4		4.34		
Fiber, total dietary	g									
Sugars, total	g									
Starch										
Minerals:										
Calcium, Ca	ma	289		0		1		82		
Iron, Fe		11.09		0		1		3.14		
Magnesium, Mg		35		0		4		10		
Phosphorus, P		198		0		1		56		
Potassium, K	-	170		0		1		48		
Sodium, Na		49		0		1		14		
Zinc, Zn	-	0.93		0		4		0.26		
Copper, Cu		0.095	<b>i</b>	0		4		0.027		
Manganese, Mn	-									
Selenium, Se										
Vitamins:										
Vitamin C, total ascorbic acid	ma									
Thiamin		0.487	,	0		1		0.138		
Riboflavin	• • • • • • • • • • • • • • • • • • • •	0.602	2	0		1		0.171		
Niacin		6.034	ļ	0		1		1.711		
Pantothenic acid		0.514		0		4		0.146		
Vitamin B-6	-	0.060		0		4		0.017		
Folate, total		10		0		4		3		
Folic acid	-	0		0	z	7		0		
Folate, food		10		0		4		3		
Folate, DFE		10		0	NC	4		3		
Vitamin B-12		0.30		0		4		0.09		
Vitamin A, IU										
Vitamin A, RAE	mcg_RAE									
Retinol	mcg									
Vitamin E (alpha-tocopherol)										
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D	ÍU									
Vitamin K (phylloquinone)										

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

# **Common Measures:**

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		Amount in 100 grams of edible portion							Amount in edible portion of common		
			Nu	ımber	•			<u>m</u>	easures of food	<u> </u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Units		Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	6.70	0.100	37		1		0.17	1.01		
Energy	kcal	391		0	NC	4		10	59		
Energy	kj	1636				4		41	245		
Protein (N x 5.95)	g	7.10	0.300	23		1		0.18	1.07		
Total lipid (fat)	g	4.90	0.500	23		1		0.12	0.74		
Ash	g	3.60	0.400	22		1		0.09	0.54		
Carbohydrate, by difference	g	77.60		0	NC	4		1.94	11.64		
Fiber, total dietary	g	0.5		0		4		0.0	0.1		
Sugars, total	g	0.12		0	BFSN	4		0.00	0.02		
Starch	g										
Minerals:											
Calcium, Ca	mq	850		18		1		21	128		
Iron, Fe	-	47.50		0		5		1.19	7.13		
Magnesium, Mg	-	206	11.000	3		1		5	31		
Phosphorus, P		590	4.000	18		1		15	89		
Potassium, K	•	385		16		1		10	58		
Sodium, Na	• • • • • • • • • • • • • • • • • • • •	32		17		1		1	5		
Zinc, Zn		1.98	0.048	18		1		0.05	0.30		
Copper, Cu	mg	0.331		20		1		0.008	0.050		
Manganese, Mn											
Selenium, Se	mcg	11.6	1.400	4	A	1		0.3	1.7		
Vitamins:											
Vitamin C, total ascorbic acid	ma	2.4		15		1		0.1	0.4		
Thiamin	-	2.645		22		1		0.066	0.397		
Riboflavin		2.221	0.082	21		1		0.056	0.333		
Niacin		31.243		0		1		0.781	4.686		
Pantothenic acid											
Vitamin B-6	mg	0.479		5		1		0.012	0.072		
Folate, total	mcg	24	0.800	6		1		1	4		
Folic acid	mcg	0		0	Z	7		0	0		
Folate, food		24	0.800	6		1		1	4		
Folate, DFE		24		0	NC	4		1	4		
Vitamin B-12		0.00		0		4		0.00	0.00		
Vitamin A, IU		0		0	NC	4		0	0		
Vitamin A, RAE		0		0	NC	4		0	0		
Retinol		0		0	z	7		0	0		
Vitamin E (alpha-tocopherol)		5.00		0	NR	4		0.13	0.75		
Tocopherol, beta											
Tocopherol, gamma											
Vitamin D											
Vitamin K (phylloquinone)		0.0		0	BFSN	4		0.0	0.0		
		•		-		-		- · ·			
<u> Lipids:</u>											
Fatty acids, total saturated		0.919		0		4		0.023	0.138		
4:0		0.000		0		4		0.000	0.000		
6:0		0.000		0		4		0.000	0.000		
8:0	-	0.000		0		4		0.000	0.000		
10:0	-	0.000		0		4		0.000	0.000		
12:0 13:0	-	0.000		U		4		0.000	0.000		
14:0		0.013		0		4		0.000	0.002		
15:0		0.013		J		-		0.000	0.002		
16:0		0.767		0		4		0.019	0.115		
17:0				-		-		0.015	3.113		
18:0		0.126		0		4		0.003	0.019		
20:0	_	•		-							
22:0	-										
24:0	-										

		<u>Ar</u>	mount in 10			ole portio	<u>n</u>		edible portion of easures of food	
Nutrients and U	nite	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Nutrients and O	iiits	Wearr	Stu. Elloi	. 0				Weasure 1	Weasure 2	Weasure 3
Fatty acids, total monounsaturated	dg	1.260		0		4		0.032	0.189	
14:1	-									
16:1 undifferentiated		0.027		0		4		0.001	0.004	
17:1 18:1 undifferentiated	_	1.229		0		4		0.031	0.184	
20:1	• • • • • • • • • • • • • • • • • • • •	0.002		0		4		0.000	0.000	
22:1 undifferentiated	-	0.000		0		4		0.000	0.000	
24:1 c	g									
Fatty acids, total polyunsaturated.	g	2.016		0		4		0.050	0.302	
18:2 undifferentiated	g	1.799		0		4		0.045	0.270	
18:3 undifferentiated	g	0.215		0		4		0.005	0.032	
18:4	g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.000		0		4		0.000	0.000	
20:5 n-3	g	0.000		0		4		0.000	0.000	
22:5 n-3	g	0.000		0		4		0.000	0.000	
22:6 n-3	g	0.000		0		4		0.000	0.000	
Fatty acids, total trans	g									
Cholesterol	mg	0		0		7		0	0	
Phytosterols	mg									
Amino Acids:										
Tryptophan	a	0.094		0		1		0.002	0.014	
Threonine		0.316		0		1		0.008	0.047	
Isoleucine.	-	0.290		0		1		0.007	0.044	
Leucine		0.559		0		1		0.014	0.084	
Lysine	-	0.304		0		1		0.008	0.046	
Methionine		0.185		0		1		0.005	0.028	
Cystine	=	0.169		0		1		0.004	0.025	
Phenylalanine		0.364		0		1		0.009	0.055	
Tyrosine		0.324		0		1		0.008	0.049	
Valine	=	0.446		0		1		0.011	0.043	
Arginine		0.646		0		1		0.016	0.097	
Histidine	-	0.193		0		1		0.005	0.029	
Alanine	=	0.425		0		1		0.011	0.064	
Aspartic acid		0.696		0		1		0.017	0.104	
Glutamic acid	-	1.291		0		1		0.032	0.194	
Glycine	-	0.366		0		1		0.009	0.055	
Proline		0.316		0		1		0.008	0.047	
Serine		0.342		0		1		0.009	0.051	
Hydroxyproline	-	0.542		Ū		-		0.003	0.031	
	9									
Others:	~	0.0		•		7		0.0		
Alcohol, ethyl		0.0		0	_	7		0.0	0.0	
Caffeine		0 0		0 0	Z Z	7		0	0 0	
Theobromine	!!!9	U		U	z	,		U	U	
Carotenoids:										
Carotene, beta	mcg	0		0	BFSN	4		0.000	0.000	
Carotene, alpha		0		0	BFSN	4		0.000	0.000	
Cryptoxanthin, beta		0		0	BFSN	4		0.000	0.000	
Lycopene	mcg	0		0	BFSN	4		0.000	0.000	
Lutein + zeaxanthin	mcg	0		0	BFSN	4		0.000	0.000	

## **Common Measures:**

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

NDB No. 03194

Babyfood, cereal, rice, dry

Calories Factors: Protein 3.82 Fat 8.37 Carbohydrate 4.16

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 10	00 grams	of edib	ole portio	<u>n</u>		edible portion	
				Number				<u>m</u>	easures of food	_
				of Data	Deriv	Source	Confidence			
Nutrients and Units	•	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	74.60		0		1		21.15		
Energy	kcal	115		0	NC	4		33		
Energy	kj	481				4		136		
Protein (N x 0)	g	3.90		0		1		1.11		
Total lipid (fat)		3.60		0		1		1.02		
Ash	g	1.20		0		1		0.34		
Carbohydrate, by difference		16.70		0	NC	4		4.73		
Fiber, total dietary		0.1		0		4		0.0		
Sugars, total										
Starch										
	5									
Minerals:										
Calcium, Ca		239		0		1		68		
Iron, Fe		12.19		0		1		3.46		
Magnesium, Mg		45		0		1		13		
Phosphorus, P	mg	175		0		1		50		
Potassium, K		190		0		1		54		
Sodium, Na	-	46		0		1		13		
Zinc, Zn	-	0.64		0		1		0.18		
Copper, Cu		0.062	!	0		4		0.018		
Manganese, Mn										
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	ma	1.2		0		4		0.3		
Thiamin	-	0.466	;	0		1		0.132		
Riboflavin		0.500		0		1		0.142		
Niacin	-	5.205		0		1		1.476		
Pantothenic acid	-									
Vitamin B-6	-	0.113	1	0		1		0.032		
Folate, total		8		0		1		2		
Folic acid		0		0	Z	7		0		
Folate, food		8		0		1		2		
Folate, DFE		8		0	NC	4		2		
Vitamin B-12		0.30		0		4		0.09		
Vitamin A, IU		105		0		4		30		
Vitamin A, RAE		22		0	NC	4		6		
Retinol		19		0	NC	4		5		
Vitamin E (alpha-tocopherol)	•	-		-	-	•		-		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)										
Lipids:	~	0.00-		_						
Fatty acids, total saturated		2.325	)	0		4		0.659		
Fatty acids, total monounsaturated										
Fatty acids, total polyunsaturated										
Fatty acids, total trans		11		0		4		3		
Cholesterol.  Phytosterols		11		U		4		3		
Phytosterols	9									
Amino Acids:										
Tryptophan	g	0.053	}	0		1		0.015		
Threonine	g	0.176	i	0		1		0.050		
Isoleucine	9	0.213	1	0		1		0.060		
Leucine		0.360	)	0		1		0.102		
Lysine	g	0.268	1	0		1		0.076		
Methionine	g	0.099	)	0		1		0.028		
Cystine	q	0.052	!	0		1		0.015		

	Amount	in 100 grams of ec	lible portion	Amount in edible portion of common				
Nutrients and Units	Mean Std. E	Number of Data Deri error Points Code	v Source Confidence e Code Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3		
Phenylalanineg	0.192	0	1	0.054				
Tyrosineg	0.186	0	1	0.053				
Valineg	0.257	0	1	0.073				
Arginineg	0.205	0	1	0.058				
Histidineg	0.106	0	1	0.030				
Alanineg	0.164	0	1	0.046				
Aspartic acidg	0.323	0	1	0.092				
Glutamic acidg	0.787	0	1	0.223				
Glycineg	0.118	0	1	0.033				
Prolineg	0.318	0	1	0.090				
Serineg	0.205	0	1	0.058				
Hydroxyprolineg								

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03195 Babyfood, cereal, rice, with applesauce and bananas, strained

						Amount in edible portion of common				
			Nu	ımber	•			<u>me</u>	easures of food	•
			of	Data	Deriv	Source	Confidence			
Nutrients and Unit	s	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	-	81.00	0.800	24		1		12.96	22.96	91.53
Energy		79		0	NC	4		13	22	89
Energy		331				4		53	94	374
Protein (N x 6)	-	1.20	0.000	23		1		0.19	0.34	1.36
Total lipid (fat)		0.40	0.100	23		1		0.06	0.11	0.45
Ash		0.30	0.000	23		1		0.05	0.09	0.34
Carbohydrate, by difference		17.10		0	NC	4		2.74	4.85	19.32
Fiber, total dietary		1.0		0		4		0.2	0.3	1.1
Sugars, total		2.24		0	FLA	4		0.36	0.64	2.53
Starch	g									
Minerals:										
Calcium, Ca	mg	17	0.000	19		1		3	5	19
Iron, Fe	-	2.60		0	T	4		0.42	0.74	2.9
Magnesium, Mg	-	3		1		1		0	1	3
Phosphorus, P		12		1		1		2	3	14
Potassium, K	mg	28		14		1		4	8	32
Sodium, Na		28		19		1		4	8	32
Zinc, Zn	mg	0.08		1		1		0.01	0.02	0.0
Copper, Cu	mg	0.051		0		4		0.008	0.014	0.0
Manganese, Mn										
Selenium, Se	mcg	2.1		1	A	1		0.3	0.6	2.4
/itamins:										
Vitamin C, total ascorbic acid	ma	31.6	1.000	19		1		5.1	9.0	35.7
Thiamin	-	0.260		18		1		0.042	0.074	0.2
Riboflavin	-	0.422		18		1		0.068	0.120	0.4
Niacin		4.017		18		1		0.643	1.139	4.5
Pantothenic acid	-									
Vitamin B-6	mg	0.234		4		1		0.037	0.066	0.2
Folate, total		3	0.200	6		1		0	1	3
Folic acid		0		0	Z	7		0	0	0
Folate, food		3		0	NR	4		0	1	3
Folate, DFE	mcg_DFE	3		0	NC	4		0	1	3
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.0
Vitamin A, IU		21	5.000	19		1		3	6	24
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	0	1
Retinol	mcg	0		0	0	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.04		0	FLA	4		0.01	0.01	0.0
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta	mg									
Vitamin D		0.0		^				0.0	0.1	
Vitamin K (phylloquinone)	nicg	0.2		0	FLA	4		0.0	0.1	0.3
ipids:										
Fatty acids, total saturated	g	0.114		0		4		0.018	0.032	0.1
4:0	g	0.000	ı	0		4		0.000	0.000	0.0
6:0	g	0.000	1	0		4		0.000	0.000	0.0
8:0	g	0.000	1	0		4		0.000	0.000	0.0
10:0	g	0.000	1	0		4		0.000	0.000	0.0
12:0	g	0.000	1	0		4		0.000	0.000	0.0
13:0	g									
14:0	g	0.002		0		4		0.000	0.001	0.0
15:0	g									
16:0	g	0.096	i	0		4		0.015	0.027	0.1
17:0	g									
18:0	g	0.007		0		4		0.001	0.002	0.0
20:0	g									

		<u>A</u>	mount in 10	00 grams	of edil	ole portic	<u>on</u>	Amount in edible portion of common			
				Number	r			<u>m</u>	easures of food	•	
				of Data	Deriv	Source	Confidence				
Nutrients and	l Units	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsatur		0.104	<b>L</b>	0		4		0.017	0.029	0.118	
15:1 16:1 undifferentiated	-	0.003	3	0		4		0.000	0.001	0.003	
17:1 18:1 undifferentiated		0.101		0		4		0.016	0.029	0.114	
20:1	-	0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiated		0.000		0		4		0.000	0.000	0.000	
24:1 c	-	0.000	,			4		0.000	0.000	0.000	
Fatty acids, total polyunsatura	ted9	0.102	?	0		4		0.016	0.029	0.115	
18:2 undifferentiated	g	0.082	2	0		4		0.013	0.023	0.093	
18:3 undifferentiated	g	0.021	-	0		4		0.003	0.006	0.024	
18:4	g	0.000	)	0		4		0.000	0.000	0.000	
20:2 n-6 c,c	g										
20:3 undifferentiated	g										
20:4 undifferentiated	g	0.000	)	0		4		0.000	0.000	0.000	
20:5 n-3	g	0.000	)	0		4		0.000	0.000	0.000	
22:5 n-3	g	0.000	)	0		4		0.000	0.000	0.000	
22:6 n-3	-	0.000	)	0		4		0.000	0.000	0.000	
Fatty acids, total trans	-										
Cholesterol		0		0		7		0	0	0	
Phytosterols	-										
-											
Amino Acids:											
Tryptophan	g	0.012	2	0		1		0.002	0.003	0.014	
Threonine	g	0.040	)	0		1		0.006	0.011	0.045	
Isoleucine	g	0.048	3	0		1		0.008	0.014	0.054	
Leucine	g	0.116	5	0		1		0.019	0.033	0.131	
Lysine	g	0.068	3	0		1		0.011	0.019	0.077	
Methionine	g	0.020	)	0		1		0.003	0.006	0.023	
Cystine	g	0.014	Į	0		1		0.002	0.004	0.016	
Phenylalanine	g	0.058	3	0		1		0.009	0.016	0.066	
Tyrosine	g	0.056	5	0		1		0.009	0.016	0.063	
Valine	g	0.068	3	0		1		0.011	0.019	0.077	
Arginine	g	0.040	)	0		1		0.006	0.011	0.045	
Histidine	g	0.032	2	0		1		0.005	0.009	0.036	
Alanine	g	0.056	5	0		1		0.009	0.016	0.063	
Aspartic acid		0.076	5	0		1		0.012	0.022	0.086	
Glutamic acid		0.236	5	0		1		0.038	0.067	0.267	
Glycine	-	0.028		0		1		0.004	0.008	0.032	
Proline		0.104		0		1		0.017	0.029	0.118	
Serine	-	0.052		0		1		0.008	0.015	0.059	
Hydroxyproline		0.002	•	·		_		0.000	0.020	0.000	
Try droxy promite											
Others:											
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0	
Caffeine	mg	0		0	FLA	4		0	0	0	
Theobromine	mg	0		0	FLA	4		0	0	0	
Carotenoids:											
Carotene, beta	mca	9		0	BNA	4		1.466	2.597	10.351	
Carotene, alpha		0		0	BNA	4		0.007	0.012	0.047	
Cryptoxanthin, beta		7		0	BNA	4		1.094	1.939	7.727	
Lycopene		0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin		4		0	FLA	4		0.611	1.083	4.317	
Lutem   Zearanumi	9	-			- 111			J. 011	1.005	4.517	

## **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar NDB No. 03195

Babyfood, cereal, rice, with applesauce and bananas, strained

Calories Factors: Protein 3.8 Fat 8.4 Carbohydrate 4.2

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100	grams	of edib	ole portio	<u>n</u>	Amount in edible portion of common			
			N	Number	•			<u>m</u>	easures of food	<u> </u>	
				of Data	Deriv	Source	Confidence				
Nutrients and Un	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	4.70		1		1		0.12	0.71		
Energy	kcal	404		0	NC	4		10	61		
Energy	kj	1690				4		42	254		
Protein (N x 6)	g	8.70		4		1		0.22	1.31		
Total lipid (fat)	g	4.20		4		1		0.11	0.63		
Ash	g	2.50		1		1		0.06	0.38		
Carbohydrate, by difference	g	79.90		0	NC	4		2.00	11.99		
Fiber, total dietary		1.0		0		4		0.0	0.2		
Sugars, total		16.70		0	T	4		0.42	2.51		
Starch	g										
Minerals:											
Calcium, Ca	ma	691		1		1		17	104		
Iron, Fe	_	47.50		0		1		1.19	7.13		
Magnesium, Mg	_	141		1		1		4	21		
Phosphorus, P		410		1		1		10	62		
Potassium, K	-	769		1		1		19	115		
Sodium, Na	_	96		2		1		2	14		
Zinc, Zn	mg	1.50		1		1		0.04	0.23		
Copper, Cu		0.254	l	0		4		0.006	0.038		
Manganese, Mn	mg										
Selenium, Se	mcg	11.6		0	CAZN	4		0.3	1.7		
Vitamins:											
Vitamin C, total ascorbic acid	ma	2.0		2		1		0.1	0.3		
Thiamin	_	3.970	0.33			1		0.099	0.596		
Riboflavin	_	3.800				1		0.095	0.570		
Niacin	_	23.320				1		0.583	3.498		
Pantothenic acid	_			-		_		0.000	0.150		
Vitamin B-6	-	0.686	0.03	7 3		1		0.017	0.103		
Folate, total	-	12		0		4		0	2		
Folic acid		0		0	Z	7		0	0		
Folate, food		12		0		4		0	2		
Folate, DFE	mcg_DFE	12		0	NC	4		0	2		
Vitamin B-12		0.21		2		1		0.01	0.03		
Vitamin A, IU	IU	29	22.00	0 4		1		1	4		
Vitamin A, RAE		1		0	NC	4		0	0		
Retinol		0		0	Z	7		0	0		
Vitamin E (alpha-tocopherol)	mg	0.37		0	FLA	4		0.01	0.06		
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D		2.0		•				0.1	0.6		
Vitamin K (phylloquinone)	rricg	3.8		0	FLA	4		0.1	0.6		
Lipids:											
Fatty acids, total saturated	g	0.978	3	0		4		0.024	0.147		
4:0		0.001	L	0		4		0.000	0.000		
6:0	g	0.000	)	0		4		0.000	0.000		
8:0	g	0.000	)	0		4		0.000	0.000		
10:0	g	0.002	2	0		4		0.000	0.000		
12:0	g	0.002	2	0		4		0.000	0.000		
13:0	g										
14:0	g	0.018	3	0		4		0.000	0.003		
15:0											
16:0	g	0.790	)	0		4		0.020	0.119		
17:0	g										
18:0	g	0.098	3	0		4		0.002	0.015		
20:0	g										
22:0	g										
24:0	a										

		<u>An</u>	nount in 10	0 grams	of edil	ole portio	<u>n</u>	Amount in	edible portion	of common
				Number					easures of food	_
Nutrients and	Units	Mean	Std. Error	of Data Points		Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura	g	0.986		0		4		0.025	0.148	
15:1										
16:1 undifferentiated	-	0.026		0		4		0.001	0.004	
17:1	-	0.955		0		4		0.004	0 143	
18:1 undifferentiated	-	0.955		0		4		0.024	0.143	
20:1 22:1 undifferentiated		0.002		0		4		0.000 0.000	0.000 0.000	
24:1 c	•	0.000		U		4		0.000	0.000	
Fatty acids, total polyunsaturate		1.503		0		4		0.038	0.225	
18:2 undifferentiated		1.288		0		4		0.032	0.193	
18:3 undifferentiated		0.214		0		4		0.005	0.032	
18:4		0.000		0		4		0.000	0.000	
20:2 n-6 c.c	-	0.000		Ū		-		3.000	0.000	
20:3 undifferentiated										
20:4 undifferentiated	-	0.000		0		4		0.000	0.000	
20:5 n-3	-	0.000		0		4		0.000	0.000	
22:5 n-3	-	0.000		0		4		0.000	0.000	
22:6 n-3	-	0.000		0		4		0.000	0.000	
Fatty acids, total trans				-		_		0.000	0.000	
Cholesterol		0		0		4		0	0	
Phytosterols										
Amino Acids:										
Tryptophan		0.154		0		1		0.004	0.023	
Threonine	-	0.444		0		1		0.011	0.067	
Isoleucine	-	0.464		0		1		0.012	0.070	
Leucine		0.821		0		1		0.021	0.123	
Lysine		0.452		0		1		0.011	0.068	
Methionine		0.229		0		1		0.006	0.034	
Cystine		0.184		0		1		0.005	0.028	
Phenylalanine		0.400		0		1		0.010	0.060	
Tyrosine	-	0.368		0		1		0.009	0.055	
Valine	-	0.547		0		1		0.014	0.082	
Arginine		0.603		0		1		0.015	0.090	
Histidine		0.273		0		1		0.007	0.041	
Alanine		0.496		0		1		0.012	0.074	
Aspartic acid		0.857		0		1		0.021	0.129	
Glutamic acid	-	1.523		0		1		0.038	0.228	
Glycine	g	0.364		0		1		0.009	0.055	
Proline	<del>-</del>	0.418		0		1		0.010	0.063	
Serine		0.467		0		1		0.012	0.070	
Hydroxyproline	g									
Others:										
Alcohol, ethyl	q	0.0		0		7		0.0	0.0	
Caffeine		0		0	FLA	4		0	0	
Theobromine		0		0	FLA	4		0	0	
Carotenoids:										
	maa	10		^	P			0.004	1 765	
Carotene, beta	• • • • • • • • • • • • • • • • • • • •	12 11		0 0	BNA BNA	4 4		0.294 0.282	1.765 1.690	
Carotene, alpha	-	0		0	BNA	4		0.282	0.000	
Cryptoxanthin, beta		0		0	FLA	4		0.000	0.000	
Lycopene		39		0	FLA	4		0.000	5.861	
Lutein + zeaxanthin	iiicā	39			E LA	4		0.977	3.861	

## **Common Measures:**

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

NDB No. 03212

Babyfood, cereal, rice, with bananas, dry

Calories Factors: Protein 3.8 Fat 8.4 Carbohydrate 4.2

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100 gram	s of edi	ole portio	<u>on</u>	Amount in	edible portion	of common
			Numbe	er			<u>m</u>	easures of food	<u>l</u>
			of Dat	a Deriv	Source	Confidence			
Nutrients and Units	5	Mean	Std. Error Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water	g	74.30	0		1		21.06		
Energy	kcal	117	0	NC	4		33		
Energy	kj	490			4		139		
Protein (N x 0)	g	4.20	0		1		1.19		
Total lipid (fat)	g	3.50	0		1		0.99		
Ash		1.00	0		1		0.28		
Carbohydrate, by difference	g	17.00	0	NC	4		4.82		
Fiber, total dietary	g	0.2	0		4		0.0		
Sugars, total									
Starch	g								
Minerals:		010	_		_		66		
Calcium, Ca	-	213	0		1		60		
Iron, Fe	-	11.04 34	0		1 1		3.13 10		
Magnesium, Mg					1		10 41		
Phosphorus, P	_	145 253	0		1		41 72		
Potassium, KSodium, Na	-	253 57	0		1		16		
Zinc, Zn		0.56	0		1		0.16		
Copper, Cu		0.050			4		0.014		
Manganese, Mn		0.030	,		•		0.011		
Selenium, Se									
<u>Vitamins:</u>									
Vitamin C, total ascorbic acid		1.1	0		4		0.3		
Thiamin		0.684			1		0.194		
Riboflavin		0.759			1		0.215		
Niacin		3.902	2 0		1		1.106		
Pantothenic acid		0.145					0.040		
Vitamin B-6.		0.147	0 0		1 4		0.042		
Foliate, total		6 0	0	z	7		2 0		
Folic acid		6	0	4	4		2		
Folate, foodFolate, DFE		6	0	NC	4		2		
Vitamin B-12		0.33	0	II.C	1		0.09		
Vitamin A, IU	III	100	0	NC	4		28		
Vitamin A, RAE		23	0	NC	4		6		
Retinol		21	0	NR	4		6		
Vitamin E (alpha-tocopherol)			·		-		·		
Tocopherol, beta									
Tocopherol, gamma									
Tocopherol, delta									
Vitamin D									
Vitamin K (phylloquinone)									
Lipids:									
	a	2.261	. 0		4		0.641		
Fatty acids, total saturated Fatty acids, total monounsaturated		2.201	. 0		-		0.041		
Fatty acids, total polyunsaturated									
Fatty acids, total trans									
Cholesterol		11	0		4		3		
Phytosterols			· ·		-		-		
-	<del>.</del>								
Amino Acids:	_		_		_				
Tryptophan		0.063			1		0.018		
Threonine		0.197			1		0.056		
Isoleucine		0.242			1		0.069		
Leucine	_	0.404			1		0.115		
	a	0.292	2 0		1		0.083		
Lysine Methionine		0.106			1		0.030		

		<u>Amoı</u>	ınt in 100 grams		e portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and	l Units	Mean Sto	Number of Data d. Error Points	Deriv S	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Phenylalanine		0.198 0.193	0		1		0.056 0.055			
TyrosineValineArginine	g	0.193 0.273 0.198	0		1 1		0.055 0.077 0.056			
HistidineAlanine	g g	0.119 0.175	0		1 1		0.034 0.050			
Aspartic acidGlutamic acidGlycine	g	0.349 0.826 0.118	0 0 0		1		0.099 0.234 0.033			
ProlineSerine	g	0.335 0.226	0		1		0.095 0.064			
Hydroxyproline  Carotenoids:	g									
Carotene, beta	mcg mcg mcg	18	0	NR	4		5.103			

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

Nutrients and Units  Proximates: Water. Energy. Energy. Protein (N x 0) Total lipid (fat) Ash Carbohydrate, by difference	g kcal kj g	74.40 115 481	Std. Error		Deriv	Source Code	Confidence Code		edible portion of easures of food	<u> </u>
Proximates: Water	g kcal kj g	74.40 115	Std. Error	of Data	Deriv			Measure 1	Maga::ra 2	
Proximates: Water	g kcal kj g	74.40 115	Std. Error					Measure 1	Magazza 2	
Water	kcal kj g	115							Measure 2	Measure 3
Water	kcal kj g	115								
Energy Protein (N x 0) Total lipid (fat) Ash Carbohydrate, by difference	kj g			0		1		21.09		
Energy Protein (N x 0) Total lipid (fat) Ash Carbohydrate, by difference	kj g	481		0	NC	4		33		
Protein (N x 0)	g					4		136		
Total lipid (fat)AshCarbohydrate, by difference	_	3.90		0		1		1.11		
AshCarbohydrate, by difference		3.30		0		1		0.94		
Carbohydrate, by difference		1.30		0		1		0.37		
		17.10		0	NC	4		4.85		
Fiber, total dietary		17.10		·	NC	-		4.05		
Sugars, total										
Starch	9									
Minerals:										
Calcium, Ca	mg	291		0		1		82		
Iron, Fe	mg	10.81		0		1		3.06		
Magnesium, Mg	mg	45		0		4		13		
Phosphorus, P	mg	181		0		1		51		
Potassium, K	mg	141		0		1		40		
Sodium, Na		49		0		1		14		
Zine, Zn	mg	0.65		0		4		0.18		
Copper, Cu		0.063	1	0		4		0.018		
Manganese, Mn										
Selenium, Se										
\$7°4 •										
Vitamins:		0.0		•				0.0		
Vitamin C, total ascorbic acid		0.0		0		1		0.0		
Thiamin		0.476		0		1		0.135		
Riboflavin	-	0.608		0		1		0.172		
Niacin		6.083	•	0		1		1.725		
Pantothenic acid										
Vitamin B-6		0.115	•	0		4		0.033		
Folate, total		8		0	_	4		2		
Folic acid		0		0	Z	7		0		
Folate, food		8		0		4		2		
Folate, DFE		8		0	NC	4		2		
Vitamin B-12		0.30		0		4		0.09		
Vitamin A, IU		108		0	NC	4		31		
Vitamin A, RAE		21		0	NC	4		6		
Retinol		19		0	NR	4		5		
Vitamin E (alpha-tocopherol)										
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D Vitamin K (phylloquinone)										
	Inicg									
<u>Carotenoids:</u>				_		_				
Carotene, beta		27		0	NR	4		7.655		
Carotene, alpha										
Cryptoxanthin, beta										
LycopeneLutein + zeaxanthin										

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

## **Common Measures:**

Measure 1 = 28.35g: 1 oz

NDB No. 03696

Babyfood, cereal, rice, with honey, prepared with whole milk

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100 g	rams of	edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nui	mber				<u>m</u>	easures of food	_	
			of	Data De	eriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Po	ints Co	ode	Code	Code	Amount in edible portion of measures of food           Measure 1         Measure 2           12.06         22.79           12         23           51         96           0.14         0.26           0.03         0.06           0.06         0.11           2.72         5.13           0.1         0.2           1.58         2.98           2         5           0.39         0.74           1         1           3         6           8         14           2         3           0.02         0.04           0.004         0.007           0.3         0.6           1.4         2.6           0.020         0.037           0.024         0.045           0.318         0.601           0.041         0.077           0.017         0.031           0         0           0         0           0         0           0         0           0.001         0.012           4         0           0         0.000 </th <th>Measure 3</th>	Measure 3		
Proximates:											
Water	g	80.40		0		1		12.06	22.79	136.68	
Energy	kcal	81		0	NC	4		12	23	138	
Energy	kj	339		0	NC	4		51	96	577	
Protein (N x 6)	g	0.90		0		1		0.14	0.26	1.53	
Total lipid (fat)	g	0.20	0.000	6		1		0.03	0.06	0.34	
Ash	g	0.40	0.000	6		1		0.06	0.11	0.68	
Carbohydrate, by difference	g	18.10		0	NC	4		2.72	5.13	30.77	
Fiber, total dietary	g	0.6		0		4		0.1	0.2	1.0	
Sugars, total	g	10.50		0	0	4		1.58	2.98	17.85	
Starch	g										
Minerals:											
Calcium, Ca	mg	16		0		1		2	5	27	
Iron, Fe	-	2.60		0		5				4.42	
Magnesium, Mg	-	5		1		1				9	
Phosphorus, P		21		0		1				36	
Potassium, K	-	50		0		1		8	14	85	
Sodium, Na	-	10		0		1		2	3	17	
Zinc, Zn	mg	0.14		0		1		0.02	0.04	0.24	
Copper, Cu	mg	0.025	i	0		4		0.004	0.007	0.04	
Manganese, Mn											
Selenium, Se	mcg	2.1		0 E	BFZN	4		0.3	0.6	3.6	
Vitamins:											
Vitamin C, total ascorbic acid	ma	9.3		0		1		1.4	2.6	15.8	
Thiamin	-	0.130	1	0		1				0.22	
Riboflavin	-	0.160		0		1				0.27	
Niacin		2.120	)	0		1		0.318		3.60	
Pantothenic acid	-	0.272	!	0		4		0.041	0.077	0.46	
Vitamin B-6	-	0.110	1	0		1		0.017	0.031	0.18	
Folate, total		1		0		4		0	0	2	
Folic acid		0		0	Z	7		0	0	0	
Folate, food	mcg	1		0		4		0	0	2	
Folate, DFE	mcg_DFE	1		0	NC	4		0	0	2	
Vitamin B-12		0.02		0		4		0.00	0.01	0.03	
Vitamin A, IU		15	2.000	5		1		2	4	26	
Vitamin A, RAE		1		0	NC	4		0	0	1	
Retinol		0		0	Z	7		0	0	0	
Vitamin E (alpha-tocopherol)	mg	0.04		0	FLA	4		0.01	0.01	0.06	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta	mg										
Vitamin D Vitamin K (phylloquinone)		0.2		0	FLA	4		0.0	0 1	0.4	
vitamini K (priyrioquinone)	illog	0.2		0	FLIA	-		0.0	0.1	0.4	
<u>Lipids:</u>											
Fatty acids, total saturated	g	0.060	1	0		4		0.009	0.017	0.10	
4:0	g	0.001		0		4		0.000	0.000	0.00	
6:0	g	0.001	•	0		4		0.000	0.000	0.00	
8:0	-	0.000		0		4				0.00	
10:0	-	0.000		0		4				0.00	
12:0		0.001	-	0		4		0.000	0.000	0.00	
13:0				_		_		_		_	
14:0		0.003	1	0		4		0.000	0.001	0.00	
15:0				_		_				_	
16:0	_	0.042	!	0		4		0.006	0.012	0.07	
17:0						_				_	
18:0		0.006	1	0		4		0.001	0.002	0.01	
20:0	-										
22:0	a										

		<u>Ar</u>	nount in 10	Number	Amount in edible portion of common measures of food					
Nutrients and	Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura		0.040		0		4		0.006	0.011	0.068
14:1	• • • • • • • • • • • • • • • • • • • •									
15:1	• • • • • • • • • • • • • • • • • • • •									
16:1 undifferentiated	-	0.001		0		4		0.000	0.000	0.002
17:1				•						
18:1 undifferentiated		0.041		0		4		0.006	0.012	0.070
20:1	-	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000
24:1 c	-									
Fatty acids, total polyunsaturate		0.050		0 0		4		0.008	0.014	0.085
18:2 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.042		0		4		0.006	0.012	0.071
18:3 undifferentiated	-	0.009		-		4		0.001	0.003	0.015
18:4	-	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c										
20:3 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	0.000
	-	0.000		0		4		0.000	0.000	0.000
20:5 n-3		0.000		0		4		0.000	0.000	0.000
	-	0.000		0		4				0.000
22:6 n-3		0.000		U		4		0.000	0.000	0.000
Fatty acids, total trans Cholesterol		0		0		4		0	0	0
Phytosterols		U		U		4		Ü	O	U
Others:										
Alcohol, ethyl	α	0.0		0		7		0.0	0.0	0.0
Caffeine	=	0		0	FLA	4		0	0	0
Theobromine	-	0		0	FLA	4		0	0	0
Carotenoids:		ŭ		ŭ		•		ŭ	Ü	· ·
Carotene, beta	mcg	7		0	BNA	4		0.981	1.855	11.123
Carotene, alpha		0		0	BNA	4		0.004	0.008	0.050
Cryptoxanthin, beta		5		0	BNA	4		0.733	1.385	8.303
Lycopene		0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin		4		0	FLA	4		0.573	1.083	6.494

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.8 Fat 8.4 Carbohydrate 4.2

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100	grams	of edib	le portio	<u>n</u>		edible portion	
			N	lumber				<u>m</u>	easures of food	_
Nutrients and Uni	its	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	1.70		0	MA	12		0.26		
Energy	kcal	403		0	MC	9		60		
Energy	kj	1686				9		253		
Protein	g	12.60		0	MA	12		1.89		
Total lipid (fat)	g	4.80		0	MA	12		0.72		
Ash	g	3.70		0	MA	12		0.56		
Carbohydrate, by difference	g	77.10		0	MC	9		11.57		
Fiber, total dietary	g	12.2		0	MA	12		1.8		
Sugars, total	g	22.20		0	MA	12		3.33		
Starch	g									
Min and las										
Minerals:	ma	600		0	MA	12		90		
Calcium, Ca		45.00		0	MA MA	12		90 6.75		
Magnesium, Mg		140		0	MA	12		21		
Phosphorus, P		500		0	MA	12		75		
Potassium, K		516		0	MA	12		73 77		
Sodium, Na		25		0	MA	12		4		
Zinc, Zn		2.60		0	MA	12		0.39		
Copper, Cu	_	0.620	)	0	MA	12		0.093		
Manganese, Mn		2.520		0	MA	12		0.378		
Selenium, Se	_	64.7		0	FLM	4		9.7		
Vitamins:						_				
Vitamin C, total ascorbic acid	-	58.3		0	ML	5		8.7		
Thiamin		1.500		0	ML	5 5		0.225		
Riboflavin		1.800		0	ML			0.270		
Niacin		13.330		0 0	ML	5		2.000		
Pantothenic acid	_	0.953		-	FLM	4		0.143		
Vitamin B-6	-	0.300	,	0 0	MA	12 4		0.045 3		
Folate, total		20 0		0	FLM Z	7		0		
Folic acid		20		0	FLM	4		3		
Folate, foodFolate, DFE		20		0	NC	4		3		
Vitamin B-12		0.00		0	Z	7		0.00		
Vitamin B-12	IIICG	20		0	NC	4		3		
Vitamin A, RAE		1		0	NC	4		0		
Retinol		0		0	FLA	4		0		
Vitamin E (alpha-tocopherol)		1.13		0	FLA	4		0.17		
Tocopherol, beta	_	1.13		·		•		0.17		
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		8.3		0	FLA	4		1.2		
	-									
<u>Lipids:</u>										
Fatty acids, total saturated		0.639		0	FLM	4		0.096		
4:0		0.000		0	FLM	4		0.000		
6:0	-	0.000		0	FLM	4		0.000		
8:0	-	0.016		0	FLM	4		0.002		
10:0	-	0.000		0	FLM	4		0.000		
12:0		0.000	J	0	FLM	4		0.000		
13:0	-			^				0 001		
14:0	_	0.005	•	0	FLM	4		0.001		
15:0				_				==		
16:0		0.497	1	0	FLM	4		0.075		
17:0	-			_				0 010		
18:0	-	0.087	1	0	FLM	4		0.013		
20:0	-									
22:0	q									

	<u>Ar</u>	nount in 10	0 grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common		
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturatedg	1.277		0	FLM	4		0.192		
14:1g									
15:1g									
16:1 undifferentiatedg	0.021		0	FLM	4		0.003		
17:1g									
18:1 undifferentiatedg	1.216		0	FLM	4		0.182		
20:1g	0.026		0	FLM	4		0.004		
22:1 undifferentiatedg	0.009		0	FLM	4		0.001		
24:1 cg									
Fatty acids, total polyunsaturatedg	1.866		0	FLM	4		0.280		
18:2 undifferentiatedg	1.606		0	FLM	4		0.241		
18:3 undifferentiatedg	0.257		0	FLM	4		0.039		
18:4g	0.000		0	FLM	4		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.002		0	FLM	4		0.000		
20:5 n-3g	0.000		0	FLM	4		0.000		
22:5 n-3g	0.000		0	FLM	4		0.000		
22:6 n-3g	0.000		0	FLM	4		0.000		
Fatty acids, total transg									
Cholesterol mg	0		0	Z	7		0		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7		0.0		
Caffeinemg	0		0	FLA	4		0		
Theobromine mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta mcg	10		0	FLA	4		1.488		
Carotene, alphamcg	0		0	FLA	4		0.000		
Cryptoxanthin, betamcg	4		0	FLA	4		0.576		
Lycopenemcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin mcg	203		0	FLA	4		30.440		

## **Common Measures:**

Measure 1 = 15.0g:.5 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 gr	ams of ed	lible portio	<u>on</u>		edible portion	
			Nun	nber			<u>m</u>	easures of food	<u>l</u>
			of E	Data Deri	v Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Poi	nts Cod	e Code	Code	Measure 1	Measure 2	Measure
Proximates:									
Water	g	88.70	0.100	7	1		25.15	150.79	
Energy	kcal	52		0 N	2 4		15	88	
Energy	kj	218			4		62	370	
Protein (N x 6.03)	g	1.90	0.000	7	1		0.54	3.23	
Total lipid (fat)	g	1.80	0.000	7	1		0.51	3.06	
Ash	g	0.40	0.000	7	1		0.11	0.68	
Carbohydrate, by difference	g	7.10		0 N	2 4		2.01	12.07	
Fiber, total dietary	g	0.9		0	4		0.3	1.5	
Sugars, total	g								
Starch	g								
Minerals:									
Calcium, Ca	ma	24	0.000	7	1		7	41	
Iron, Fe	_	0.51	0.070	7	1		0.14	0.87	
Magnesium, Mg	_	3		1	1		1	5	
Phosphorus, P		40		1	1		11	68	
Potassium, K	•	35		1	1		10	60	
Sodium, Na	_	33		0	1		9	56	
Zinc, Zn	mg	0.29		1	1		0.08	0.49	
Copper, Cu	mg	0.022		0	1		0.006	0.037	
Manganese, Mn	mg								
Selenium, Se	mcg								
/itamins:									
Vitamin C, total ascorbic acid	mα	0.7	0.200	7	1		0.2	1.2	
Thiamin	_	0.008		7	1		0.002	0.014	
Riboflavin	_	0.045		7	1		0.013	0.077	
Niacin		0.048		7	1		0.014	0.082	
Pantothenic acid		0.878		0	4		0.249	1.493	
Vitamin B-6		0.020	0.000	7	1		0.006	0.034	
Folate, total	_	3		0	1		1	6	
Folic acid		0		0 z	7		0	0	
Folate, food		3		0	1		1	6	
Folate, DFE		3		0 NO	4		1	6	
Vitamin B-12		0.06		1	1		0.02	0.10	
Vitamin A, IU	IU	144	17.000	6	1		41	245	
Vitamin A, RAE	mcg_RAE	41		0 NO	4		11	69	
Retinol		40		0 NO	4		11	68	
Vitamin E (alpha-tocopherol)	mg								
Tocopherol, beta									
Tocopherol, gamma									
Tocopherol, delta									
Vitamin D.									
Vitamin K (phylloquinone)	nicg								
<u> ipids:</u>									
Fatty acids, total saturated	g	0.610		2	1		0.173	1.037	
4:0		0.000		0	1		0.000	0.000	
6:0	g	0.000		0	1		0.000	0.000	
8:0		0.000		0	1		0.000	0.000	
10:0	-	0.000		0	1		0.000	0.000	
12:0	•	0.000		0	1		0.000	0.000	
13:0	-								
14:0	-	0.010		2	1		0.003	0.017	
15:0									
16:0		0.440		2	1		0.125	0.748	
17:0									
18:0		0.150		2	1		0.043	0.255	
20:0	-								
22:0	a								

		<u>Aı</u>	mount in 10	00 grams Number	ole portio	<u>n</u>	Amount in edible portion of common measures of food		
Nutrients and Units		Mean	Std. Error	of Data Points	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
F		0.790		2	1		0.004	1 242	
Fatty acids, total monounsaturated		0.790		2	1		0.224	1.343	
15:1									
16:1 undifferentiated		0.050		2	1		0.014	0.085	
17:1		0.000		_	-		0.022	0.000	
18:1 undifferentiated		0.740		2	1		0.210	1.258	
20:1		0.000		2	1		0.000	0.000	
22:1 undifferentiated	-	0.000		0	1		0.000	0.000	
24:1 c	•			•	_				
Fatty acids, total polyunsaturated		0.300		2	1		0.085	0.510	
18:2 undifferentiated		0.260		2	1		0.074	0.442	
18:3 undifferentiated		0.010		2	1		0.003	0.017	
18:4		0.000		0	1		0.000	0.000	
20:2 n-6 c.c.				_	_				
20:3 undifferentiated									
20:4 undifferentiated		0.030		2	1		0.009	0.051	
20:5 n-3		0.000		0	1		0.000	0.000	
22:5 n-3		0.000		0	1		0.000	0.000	
22:6 n-3	_	0.000		0	1		0.000	0.000	
Fatty acids, total trans	_	0.000		·	_		0.000	0.000	
Cholesterol		63		0	1		18	107	
Phytosterols		03		·	-		10	107	
T ify to sterois	9								
Amino Acids:									
Tryptophan		0.027		0	1		0.008	0.046	
Threonine	g	0.082		0	1		0.023	0.139	
Isoleucine	g	0.100		0	1		0.028	0.170	
Leucine	g	0.172		0	1		0.049	0.292	
Lysine	g	0.127		0	1		0.036	0.216	
Methionine	g	0.051		0	1		0.014	0.087	
Cystine	g	0.028		0	1		0.008	0.048	
Phenylalanine	g	0.092		0	1		0.026	0.156	
Tyrosine	g	0.084		0	1		0.024	0.143	
Valine	g	0.122		0	1		0.035	0.207	
Arginine	g	0.104		0	1		0.029	0.177	
Histidine	<b>.</b> g	0.045		0	1		0.013	0.077	
Alanine	<b>.</b> g	0.084		0	1		0.024	0.143	
Aspartic acid		0.149		0	1		0.042	0.253	
Glutamic acid		0.421		0	1		0.119	0.716	
Glycine		0.056		0	1		0.016	0.095	
Proline		0.161		0	1		0.046	0.274	
Serine	=	0.118		0	1		0.033	0.201	
Hydroxyproline	-								
Others:	_			_	_				
Alcohol, ethyl		0.0		0	7		0.0	0.0	
Caffeine									
Theobromine	.mg								

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.2 Fat 8.8 Carbohydrate 3.9

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 gr	ams of ed	ible portic	<u>on</u>	Amount in	edible portion	of common
			Nun	nber			<u>m</u>	easures of food	<u> </u>
			of E	oata Deri	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Poi	nts Code	Code	Code	Measure 1	Measure 2	Measure :
<b>.</b>									
Proximates: Water	a	88.80	0.100	14	1		25.17	100.34	
Energy		51		0 No			14	58	
Energy		213			4		60	241	
Protein (N x 6.03)		1.90	0.000	11	1		0.54	2.15	
Total lipid (fat)		1.80	0.000	9	1		0.51	2.03	
Ash		0.50	0.000	7	1		0.14	0.57	
Carbohydrate, by difference		7.00		0 No	. 4		1.98	7.91	
Fiber, total dietary		0.9		0	4		0.3	1.0	
Sugars, total									
Starch									
Staren	9								
<u>Minerals:</u>									
Calcium, Ca	-	24	0.000	7	1		7	27	
Iron, Fe		0.47	0.050	12	1		0.13	0.53	
Magnesium, Mg		3		1	1		1	3	
Phosphorus, P	_	40		1	1		11	45	
Potassium, K		39		1	1		11	44	
Sodium, Na		33		1	1		9	37	
Zinc, Zn		0.29	0.014	4	1		0.08	0.32	
Copper, Cu		0.022	0.003	3	1		0.006	0.025	
Manganese, Mn									
Selenium, Se	mcg								
Vitamins:									
Vitamin C, total ascorbic acid	mg	0.7	0.200	7	1		0.2	0.8	
Thiamin		0.009	0.000	8	1		0.003	0.010	
Riboflavin		0.044	0.000	7	1		0.012	0.050	
Niacin		0.049	0.000	7	1		0.014	0.055	
Pantothenic acid	_	0.878	<b>!</b>	0	4		0.249	0.992	
Vitamin B-6		0.021	0.000	7	1		0.006	0.024	
Folate, total	_	3	0.400	3	1		1	4	
Folic acid		0		0 z	7		0	0	
Folate, food		3	0.400	3	1		1	4	
Folate, DFE		3		0 NC	4		1	4	
Vitamin B-12		0.07		1	1		0.02	0.08	
Vitamin A, IU		141	19.000	6	1		40	159	
Vitamin A, RAE		40		0 NC	4		11	45	
Retinol	mcg	39		0 NC	4		11	44	
Vitamin E (alpha-tocopherol)	mg								
Tocopherol, beta	mg								
Tocopherol, gamma	mg								
Tocopherol, delta	mg								
Vitamin D									
Vitamin K (phylloquinone)	mcg								
Lipids:									
Fatty acids, total saturated	a	0.610	1	2	1		0.173	0.689	
4:0		0.000		0	1		0.000	0.000	
6:0		0.000		0	1		0.000	0.000	
8:0		0.000		0	1		0.000	0.000	
10:0		0.000		0	1		0.000	0.000	
12:0		0.000		0	1		0.000	0.000	
13:0		5.000		•	-		0.000	0.000	
14:0	-	0.010	)	2	1		0.003	0.011	
15:0	-	0.010		_	-		3.003	0.011	
16:0	-	0.440	)	2	1		0.125	0.497	
17:0	-	0.440		-	-		V.123	0.457	
18:0	-	0.150	)	2	1		0.043	0.170	
20:0	-	0.130		-	-		0.045	0.170	
22:0	-								
24:0									

	<u>A</u> 1	mount in 100 grams Numbe		<u>on</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	of Data Std. Error Points		Confidence Code	Measure 1	Measure 2	Measure 3
	0.700						
Fatty acids, total monounsaturatedg	0.790	2	1		0.224	0.893	
14:1g 15:1							
16:1 undifferentiated	0.050	2	1		0.014	0.057	
17:1g	0.030	_	-		0.014	0.037	
18:1 undifferentiated	0.730	2	1		0.207	0.825	
20:1g	0.000		1		0.000	0.000	
22:1 undifferentiated	0.000		1		0.000	0.000	
24:1 cg	0.000	•	_		0.000	0.000	
Fatty acids, total polyunsaturatedg	0.300	2	1		0.085	0.339	
18:2 undifferentiatedg	0.260		1		0.074	0.294	
18:3 undifferentiated	0.010		1		0.003	0.011	
18:4g	0.000		1		0.000	0.000	
20:2 n-6 c.c. 9	0.000	•	_		0.000	0.000	
20:3 undifferentiatedg							
20:4 undifferentiated	0.030	2	1		0.009	0.034	
20:5 n-3	0.000	0	1		0.000	0.000	
22:5 n-3	0.000		1		0.000	0.000	
22:6 n-3g	0.000		1		0.000	0.000	
Fatty acids, total trans							
Cholesterolmg	63	1	1		18	72	
Phytosterols mg							
•							
Amino Acids:							
Tryptophan	0.027		1		0.008	0.031	
Threonineg	0.082		1		0.023	0.093	
Isoleucineg	0.100		1		0.028	0.113	
Leucine	0.172		1		0.049	0.194	
Lysine	0.127		1		0.036	0.144	
Methionine	0.051		1		0.014	0.058	
Cystine	0.028		1		0.008	0.032	
Phenylalanine	0.092		1		0.026	0.104	
Tyrosine9	0.084		1		0.024	0.095	
Valine	0.122		1		0.035	0.138	
Arginine	0.104		1		0.029	0.118	
Histidine	0.045		1		0.013	0.051	
Alanine	0.084		1		0.024	0.095	
Aspartic acid	0.149		1		0.042	0.168	
Glutamic acid	0.421		1		0.119	0.476	
Glycine 9	0.056				0.016	0.063	
Proline	0.161		1		0.046	0.182	
Serine	0.118	0	1		0.033	0.133	
Hydroxyprolineg							
Others:							
Alcohol, ethylg	0.0	0	7		0.0	0.0	
Caffeine mg							
Theobromine mg							

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.2 Fat 8.8 Carbohydrate 3.9

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	of edil	ole portio	<u>n</u>		edible portion	
			Nu	ımber				<u>me</u>	easures of food	<u>.</u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	87.20	0.100	4		1		24.72	98.54	
Energy	kcal	58		0		4		16	66	
Energy	kj	243				4		69	274	
Protein (N x 6.03)	g	2.20		0		4		0.62	2.49	
Total lipid (fat)	g	1.50		1		1		0.43	1.70	
Ash	g	0.60		0		4		0.17	0.68	
Carbohydrate, by difference	g	8.00		0		4		2.27	9.04	
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
Minerals:										
viinerais: Calcium, Ca	ma	27		0		4		8	31	
Iron, Fe	-	0.54		0		4		0.15	0.61	
Magnesium, Mg	-	3		0		4		1	3	
Phosphorus, P		46		0		4		13	52	
Potassium, K	•	44		0		4		12	50	
Sodium, Na	-	38		0		4		11	43	
Zinc, Zn	mg	0.33		0		4		0.09	0.37	
Copper, Cu	mg	0.025		0		4		0.007	0.028	
Manganese, Mn	mg									
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	ma	0.8		0		4		0.2	0.9	
Thiamin	-	0.010		0		4		0.003	0.011	
Riboflavin		0.010		0		4		0.014	0.057	
Niacin		0.056		0		4		0.014	0.063	
Pantothenic acid		1.003		0		4		0.284	1.133	
Vitamin B-6		0.024		0		4		0.007	0.027	
Folate, total		9	0.200	3		1		3	11	
Folic acid		0		0	z	7		0	0	
Folate, food		9	0.200	3		1		3	11	
Folate, DFE	mcg_DFE	9		0	NC	4		3	11	
Vitamin B-12		0.08		0		4		0.02	0.09	
Vitamin A, IU	IU	161		0		4		46	182	
Vitamin A, RAE										
Retinol	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	-									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D.										
Vitamin K (phylloquinone)	mcg									
Lipids:										
Fatty acids, total saturated	g	0.490		1		1		0.139	0.554	
4:0										
6:0	g									
8:0	g									
10:0	-									
12:0										
13:0	-									
14:0	-	0.010		1		1		0.003	0.011	
15:0	-									
16:0	-	0.350		1		1		0.099	0.396	
17:0	-	_		_						
18:0	-	0.120		1		1		0.034	0.136	
20:0	-									
22:0	a									

		<u>Amoun</u>	t in 100 grams of e	edible portion	<u>n</u>	Amount in edible portion of common			
				riv Source		<u>m</u>	easures of food		
Nutrients and Uni	ts	Mean Std.	Error Points Co	de Code	Code	Measure 1	Measure 2	Measure 3	
F " 11 441 4 4 4 1	2	0.610	1	1		0 172	0.600		
Fatty acids, total monounsaturated		0.610	ī	1		0.173	0.689		
15:1	-								
16:1 undifferentiated		0.040	1	1		0.011	0.045		
17:1									
18:1 undifferentiated	g	0.570	1	1		0.162	0.644		
20:1	g	0.000	1	1		0.000	0.000		
22:1 undifferentiated	g								
24:1 c	g								
Fatty acids, total polyunsaturated	g	0.330	1	1		0.094	0.373		
18:2 undifferentiated	g	0.290	1	1		0.082	0.328		
18:3 undifferentiated	g	0.020	1	1		0.006	0.023		
18:4	g								
20:2 n-6 c,c	g								
20:3 undifferentiated									
20:4 undifferentiated	-	0.020	1	1		0.006	0.023		
20:5 n-3	g								
22:5 n-3									
22:6 n-3									
Fatty acids, total trans									
Cholesterol		51	1	1		15	58		
Phytosterols	mg								

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.2 Fat 8.8 Carbohydrate 3.9

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	grams	of edib	le portio	<u>on</u>	Amount in	edible portion o	of common
			N	lumber				<u>m</u> :	easures of food	
			c	of Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error F	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates: Water	a	79.80		0	MA	12				
Energy	-	78		0	MC	9				
Energy		326		U	мс	9				
Protein		0.30		0	MA	12				
Total lipid (fat)		0.10		0	MA	12				
Ash		0.10		0	MA	12				
Carbohydrate, by difference		19.20		0	MC	9				
Fiber, total dietary		0.2		0	MA	12				
		10.39		0	FLA	4				
Sugars, total		10.39		U	FIIA	-				
Starcii	9									
Minerals:										
Calcium, Ca	_	5		0	MA	12				
Iron, Fe	-	0.10		0	MA	12				
Magnesium, Mg		2		0	MA	12				
Phosphorus, P	-	6		0	MA	12				
Potassium, K		45		0	MA	12				
Sodium, Na	_	43		0	MA	12 12				
Zinc, Zn		0.05 0.010	,	0	MA MA	12				
Copper, Cu		0.010		0	MA	12				
Selenium, Se		0.020	,	0	FLM	4				
Scientini, Sc	9	0.5		Ů		•				
Vitamins:										
Vitamin C, total ascorbic acid		9.3		0	MA	12				
Thiamin		0.010		0	MA	12				
Riboflavin		0.010		0	MA	12				
Niacin		0.060		0	MA	12				
Pantothenic acid		0.043		0	FLM	4				
Vitamin B-6		0.020	)	0	MA	12				
Folate, total		2		0	FLM	4				
Folic acid		0		0	z	7				
Folate, food		2 2		0	T NC	4 4				
Folate, DFE		0.00		0	NC Z	4 7				
Vitamin B-12		31		0	MA.	, 12				
Vitamin A, IU Vitamin A, RAE	mca BAE	2		0	NC	4				
Retinol		0		0	BNA	4				
Vitamin E (alpha-tocopherol)		0.03		0	FLA	4				
Tocopherol, beta		0.03		Ů		•				
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		0.5		0	FLA	4				
	-									
<u>Lipids:</u>	~			_						
Fatty acids, total saturated		0.020		0	FLM	4				
4:0		0.000		0	FLM	4				
6:0	-	0.000		0	FLM	4				
8:0	-	0.000		0	FLM	4 4				
10:0	-	0.000		0	FLM FLM	4				
12:0 13:0		0.000	,	U	E TIM	4				
14:0		0.001	i	0	FLM	4				
15:0		0.001	-	J	E LIM	-				
16:0		0.014	1	0	FLM	4				
17:0		0.014	•	U	T TIM	-				
18:0	-	0.005	5	0	FLM	4				
20:0	-	0.003	•	U	T TIM	-				
22:0	-									
24:0	-									

	<u>An</u>	ount in 10	00 grams	of edib	ole portio	<u>on</u>	Amount in edible portion of common			
			Number				<u>m</u>	easures of food		
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.020		0	FLM	4					
14:1g										
15:1g	0.000		0	777.14	4					
16:1 undifferentiatedg 17:1g	0.000		U	FLM	4					
18:1 undifferentiated	0.024		0	FLM	4					
20:1g	0.000		0	FLM	4					
22:1 undifferentiatedg	0.000		0	FLM	4					
24:1 cg	0.000		·		•					
Fatty acids, total polyunsaturatedg	0.030		0	FLM	4					
18:2 undifferentiated	0.014		0	FLM	4					
18:3 undifferentiated	0.013		0	FLM	4					
18:4g	0.000		0	FLM	4					
20:2 n-6 c,cg										
20:3 undifferentiated										
20:4 undifferentiatedg	0.000		0	FLM	4					
20:5 n-3g	0.000		0	FLM	4					
22:5 n-3g	0.000		0	FLM	4					
22:6 n-3g	0.000		0	FLM	4					
Fatty acids, total transg										
Cholesterolmg	0		0	MA	12					
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	Z	7					
Caffeine mg	0		0	FLA	4					
Theobromine mg	0		0	FLA	4					
Carotenoids:										
Carotene, betamcg	19		0	BNA	4					
Carotene, alphamcg	0		0	BNA	4					
Cryptoxanthin, betamcg	0		0	BNA	4					
Lycopenemcg	0		0	FLA	4					
Lutein + zeaxanthin mcg	20		0	FLA	4					

# **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	00 grams	of edil	ole portio	<u>n</u>		edible portion	
				Number				<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	5.70		0	MA	12		0.46		
Energy	kcal	435		0	MC	9		35		
Energy	kj	1820				9		146		
Protein		6.80		1	MA	12		0.54		
Total lipid (fat)	g	12.60		1	MA	12		1.01		
Ash	g	1.20		0	NC	4		0.10		
Carbohydrate, by difference	g	73.70		0	MC	9		5.90		
Fiber, total dietary	g	3.4		0	MA	12		0.3		
Sugars, total	g	24.20		0	MA	12		1.94		
Starch	g									
Min										
Minerals:	ma	63		^	147	10		7		
Calcium, Ca	_	83 2.90		0 0	MA MA	12 12		0.23		
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	30		0	MA MA	12 12		0.23 2		
Magnesium, Mg Phosphorus, P		189		0	MA MA	12		2 15		
Potassium, K	_	425		0	MA	12		34		
Sodium, Na	_	9		0	MA	12		1		
Zinc, Zn	-	0.80		0	MA	12		0.06		
Copper, Cu		0.040	1	0	MA	12		0.003		
Manganese, Mn.		0.220		0	MA	12		0.003		
Selenium, Se		20.5	,	0	BFZN	4		1.6		
Scientifi, Sci				_		_				
<u> Vitamins:</u>										
Vitamin C, total ascorbic acid	-	1.5		0	MA	12		0.1		
Thiamin	-	0.440		0	MA	12		0.035		
Riboflavin		0.420		0	MA	12		0.034		
Niacin		3.600		0	MA	12		0.288		
Pantothenic acid	_	0.389		0	FLM	4		0.031		
Vitamin B-6	_	0.210	)	0	MA	12		0.017		
Folate, total		110		0	FLA	4		9		
Folic acid		82		0	FLA	4		7		
Folate, food		28		0	FLA	4		2		
Folate, DFE		167		0	NC	4		13		
Vitamin B-12		0.22		0	FLM	4		0.02		
Vitamin A, IU		2348		0	NC	4		188		
Vitamin A, RAE		117		0	NC	4		9		
Retinol		0		0	BNA	4		0		
Vitamin E (alpha-tocopherol)		1.48		0	FLA	4		0.12		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, deltaVitamin D										
Vitamin K (phylloquinone)		3.2		0	FLA	4		0.3		
				•		-		3. <b>3</b>		
<u> Lipids:</u>										
Fatty acids, total saturated		2.700		0	MA	12		0.216		
4:0		0.015		0	FLM	4		0.001		
6:0		0.009		0	FLM	4		0.001		
8:0	-	0.005		0	FLM	4		0.000		
10:0		0.012		0	FLM	4		0.001		
12:0		0.013	5	0	FLM	4		0.001		
13:0		0 00-		_				• • • • •		
14:0		0.061		0	FLM	4		0.005		
15:0				_						
16:0		1.738	5	0	FLM	4		0.139		
17:0	_			_				• • • • •		
18:0	_	0.840	,	0	FLM	4		0.067		
20:0	_									
22:0										

		<u>An</u>	nount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food		
Nutrients and U	nits	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturate		4.865		0	FLM	4		0.389		
14:1										
15:1	_									
16:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.051		0	FLM	4		0.004		
17:1	_									
18:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	4.798		0	FLM	4		0.384		
20:1	_	0.000		0	FLM	4		0.000		
22:1 undifferentiated		0.000		0	FLM	4		0.000		
24:1 c										
Fatty acids, total polyunsaturated	g	4.334		0	FLM	4		0.347		
18:2 undifferentiated	g	4.020		0	FLM	4		0.322		
18:3 undifferentiated	g	0.300		0	FLM	4		0.024		
18:4	g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.000		0	FLM	4		0.000		
20:5 n-3	g	0.000		0	FLM	4		0.000		
22:5 n-3	g	0.000		0	FLM	4		0.000		
22:6 n-3	g	0.000		0	FLM	4		0.000		
Fatty acids, total trans	g									
Cholesterol	mg	4		0	FLM	4		0		
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0		0	Z	7		0.0		
Caffeine	mg	0		0	FLA	4		0		
Theobromine	mg	0		0	FLA	4		0		
Carotenoids:										
Carotene, beta	mcg	1002		0	BNA	4		80.196		
Carotene, alpha	mcg	810		0	BNA	4		64.830		
Cryptoxanthin, beta	mcg	2		0	BNA	4		0.187		
Lycopene	mcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin		175		0	FLA	4		14.011		

# **Common Measures:**

Measure 1 = 8.0g: 1 cookie

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Number					measures of food			
Nutrients and Uni	its	Mean	of Std. Error Po			Source Code	Confidence Code	Measure 1	Measure 2	Measure :	
Proximates:											
Water	g	5.90	0.700	7		1		1.67	0.38		
Energy	kcal	433		0	NC	4		123	28		
Energy	kj	1812				4		514	118		
Protein (N x 5.7)	g	11.80	0.200	11		1		3.35	0.77		
Total lipid (fat)	g	13.20	0.300	8		1		3.74	0.86		
Ash	g	2.00	0.200	7		1		0.57	0.13		
Carbohydrate, by difference	g	67.10		0	NC	4		19.02	4.36		
Fiber, total dietary	g	0.2		0		4		0.1	0.0		
Sugars, total	g	24.90		0	T	4		7.06	1.62		
Starch	g										
Minerals:											
Calcium, Ca	mg	101	4.000	11		1		29	7		
Iron, Fe	-	4.18	0.600	5		1		1.19	0.27		
Magnesium, Mg		49		2		1		14	3		
Phosphorus, P		179		2		1		51	12		
Potassium, K	mg	501		2		1		142	33		
Sodium, Na	•	192		3		1		54	12		
Zinc, Zn		1.10		2		1		0.31	0.07		
Copper, Cu		0.074	Į.	0		4		0.021	0.005		
Manganese, Mn				_							
Selenium, Se	mcg	17.2		0	BFZN	4		4.9	1.1		
Vitamins:											
Vitamin C, total ascorbic acid	mg	7.0	0.000	4		1		2.0	0.5		
Thiamin	mg	1.459	0.000	4		1		0.414	0.095		
Riboflavin		3.229	0.000	4		1		0.915	0.210		
Niacin	mg	15.966	0.797	5		1		4.526	1.038		
Pantothenic acid	mg	0.529	)	0		4		0.150	0.034		
Vitamin B-6	mg	5.899	0.286	11		1		1.672	0.383		
Folate, total		70		0	FLA	4		20	5		
Folic acid		54		0	FLA	4		15	4		
Folate, food	mcg	16		0	FLA	4		5	1		
Folate, DFE		108		0	NC	4		31	7		
Vitamin B-12		4.59		2		1		1.30	0.30		
Vitamin A, IU	IU	23	4.000	5		1		7	1		
Vitamin A, RAE		6		0	NC	4		2	0		
Retinol		6		0	BNA	4		2	0		
Vitamin E (alpha-tocopherol)	-	0.18		U	FLA	4		0.05	0.01		
Tocopherol, beta											
Tocopherol, gamma Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		5.5		0	FLA	4		1.5	0.4		
<u>Lipids:</u>											
Fatty acids, total saturated		3.700		3		1		1.049	0.241		
4:0		0.000		0		1		0.000	0.000		
6:0	_	0.000		0		1 1		0.000 0.000	0.000 0.000		
8:0	_			0		1					
10:0 12:0	_	0.000 0.010		3		1		0.000 0.003	0.000 0.001		
13:0	-	0.010	. 0.000	3		_		0.003	0.001		
14:0		0.040	0.000	3		1		0.011	0.003		
15:0		0.040	0.000	,		-		0.011	0.003		
16:0		2.420	0.030	3		1		0.686	0.157		
17:0	-		2.030	-		-		2.300	0.10,		
18:0		1.140	0.020	3		1		0.323	0.074		
20:0		<b></b>		-		_					
22:0	_										
24:0	_										

	<u>An</u>	nount in 100 g	grams umber		ole portio	<u>n</u>	Amount in edible portion of common measures of food				
Nutrients and Units	Mean	of Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3		
Fatty acids, total monounsaturatedg	7.380	0.110	3		1		2.092	0.480			
14:1g											
15:1g											
16:1 undifferentiatedg	0.010		1		1		0.003	0.001			
17:1g											
18:1 undifferentiated	7.370	0.110	3		1		2.089	0.479			
20:1g	0.000		0		1		0.000	0.000			
22:1 undifferentiatedg	0.000		0		1		0.000	0.000			
24:1 cg											
Fatty acids, total polyunsaturated9	1.110	0.030	3		1		0.315	0.072			
18:2 undifferentiatedg	0.990	0.020	3		1		0.281	0.064			
18:3 undifferentiated	0.040	0.000	3		1		0.011	0.003			
18:4g	0.000		0		1		0.000	0.000			
20:2 n-6 c,cg											
20:3 undifferentiatedg											
20:4 undifferentiatedg	0.000		0		1		0.000	0.000			
20:5 n-3g	0.000		0		1		0.000	0.000			
22:5 n-3g	0.000		0		1		0.000	0.000			
22:6 n-3g	0.000		0		1		0.000	0.000			
Fatty acids, total transg											
Cholesterolmg	0		0		7		0	0			
Phytosterolsmg											
Others:											
Alcohol, ethylg	0.0		0		7		0.0	0.0			
Caffeinemg	0		0	FLA	4		0	0			
Theobrominemg	0		0	FLA	4		0	0			
Carotenoids:											
Carotene, beta mcg	1		0	BNA	4		0.310	0.071			
Carotene, alphamcg	0		0	BNA	4		0.001	0.000			
Cryptoxanthin, betamcg	0		0	BNA	4		0.002	0.000			
Lycopene mcg	0		0	FLA	4		0.000	0.000			
Lutein + zeaxanthin mcg	6		0	FLA	4		1.804	0.414			

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 6.5g: 1 cookie

Calories Factors: Protein 4 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100	grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common				
			Nu	umber	•			measures of food				
			of	f Data	Deriv	Source	Confidence					
Nutrients and Units		Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3		
Proximates:												
Water	g	5.60	0.900	4		1		1.59	0.28			
Energy	kcal	442		0	NC	4		125	22			
Energy	kj	1849				4		524	92			
Protein (N x 5.75)	g	7.60		1		1		2.15	0.38			
Total lipid (fat)	g	14.30	0.000	4		1		4.05	0.72			
Ash	g	1.40		1		1		0.40	0.07			
Carbohydrate, by difference	g	71.20		0	NC	4		20.19	3.56			
Fiber, total dietary	g	0.2		0		4		0.1	0.0			
Sugars, total	g											
Starch	g											
Minerals:												
Calcium, Ca	ma	32		1		1		9	2			
Iron, Fe	_	3.00		1		1		0.85	0.15			
Magnesium, Mg	_	22		1		1		6	1			
Phosphorus, P		116		1		1		33	6			
Potassium, K	-	156		1		1		44	8			
Sodium, Na	_	370		2		1		105	19			
Zinc, Zn	mg	0.53		1		1		0.15	0.03			
Copper, Cu	mg	0.074	Į.	0		4		0.021	0.004			
Manganese, Mn	mg											
Selenium, Se	mcg	17.2		0	FLM	4		4.9	0.9			
Vitamins:												
Vitamin C, total ascorbic acid	ma	5.5		1		1		1.6	0.3			
Thiamin	_	0.499	)	1		1		0.141	0.025			
Riboflavin		0.429		1		1		0.122	0.021			
Niacin		5.739	)	1		1		1.627	0.287			
Pantothenic acid		0.531		0		4		0.151	0.027			
Vitamin B-6		0.040	)	1		1		0.011	0.002			
Folate, total	mcg	35		0	FLM	4		10	2			
Folic acid		25		0	NC	4		7	1			
Folate, food	mcg	10		0		4		3	1			
Folate, DFE	mcg_DFE	53		0	NC	4		15	3			
Vitamin B-12	mcg	0.07		1		1		0.02	0.00			
Vitamin A, IU		0		0		4		0	0			
Vitamin A, RAE	mcg_RAE											
Retinol	-											
Vitamin E (alpha-tocopherol)												
Tocopherol, beta												
Tocopherol, gamma												
Tocopherol, delta												
Vitamin D												
Vitamin K (phylloquinone)	IIICY											
<u>Lipids:</u>												
Fatty acids, total saturated	g	3.330	0.040	3		1		0.944	0.167			
4:0												
6:0	g											
8:0	g											
10:0	_											
12:0												
13:0	-			_		_		_				
14:0	-	0.020	)	3		1		0.006	0.001			
15:0	_			_		_						
16:0	_	1.540	0.030	3		1		0.437	0.077			
17:0	_			_		_						
18:0	-	1.670	0.010	3		1		0.473	0.084			
20:0	-											
22:0	a											

		<u>An</u>	nount in 100	grams umbe	<u>n</u>	Amount in edible portion of common measures of food				
Nutrients and Unit	s	Mean		f Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated 14:1	g	8.980	0.090	3		1		2.546	0.449	
16:1 undifferentiated	g g g	8.980	0.090	3		1		2.546	0.449	
22:1 undifferentiated	g g g	0.840 0.780	0.020 0.020			1		0.238 0.221	0.0 <b>4</b> 2 0.039	
18:3 undifferentiated	g g g	0.040	0.000			1		0.011	0.002	
20:3 undifferentiated	g g									
22:6 n-3	g g mg	1	0.290	3		1		0	0	
Phytosterols	mg									

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 5.0g: 1 cookie

Calories Factors: Protein 4 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100	grams	Amount in edible portion of common					
			N	umber				me	easures of food	
					Deriv	Source	Confidence			
Nutrients and Uni	te	Mean	Std. Error P			Code	Code	Measure 1	Measure 2	Measure
Nutrients and on		Wieari	Ota. Error					Measure 1	Wedsure 2	Wicasure
Proximates:										
Water	g	2.00		0	MA	12		0.01		
Energy	kcal	476		0	MC	9		3		
Energy	kj	1992				9		14		
Protein	g	8.40		0	MA	12		0.06		
Total lipid (fat)	g	19.60		0	MA	12		0.14		
Ash	g	3.15		0	MA	12		0.02		
Carbohydrate, by difference	g	66.90		0	MC	9		0.47		
Fiber, total dietary	g	4.0		0	MA	12		0.0		
Sugars, total	g	13.00		0	MA	12		0.09		
Starch	g									
Ainerals:										
Calcium. Ca	mq	41		0	MA	12		0		
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	4.20		0	MA	12		0.03		
Magnesium, Mg	-	37		0	MA	12		0		
Phosphorus, P		198		0	MA	12		1		
Potassium, K	mg	245		0	MA	12		2		
Sodium, Na	mg	1074		0	MA	12		8		
Zinc, Zn	mg	0.90		0	MA	12		0.01		
Copper, Cu	mg	0.130	)	0	MA	12		0.001		
Manganese, Mn	mg	0.770	)	0	MA	12		0.005		
Selenium, Se	mcg	13.7		0	FLM	4		0.1		
'itamins:										
Vitamin C, total ascorbic acid	mg	50.5		0	FLM	4		0.4		
Thiamin	mg	0.350	)	0	MA	12		0.002		
Riboflavin	mg	0.330	)	0	MA	12		0.002		
Niacin	<u>mg</u>	4.050	)	0	MA	12		0.028		
Pantothenic acid	mg	0.466	5	0	FLM	4		0.003		
Vitamin B-6	-	0.120	)	0	MA	12		0.001		
Folate, total		107		0	FLA	4		1		
Folic acid		76		0	FLA	4		1		
Folate, food		31		0	FLA	4		0		
Folate, DFE		160		0	NC	4		1		
Vitamin B-12		0.00		0	z NC	7 4		0.00 25		
Vitamin A, IU		3572 179		0	NC NC	4		25 1		
Vitamin A, RAERetinol		0		0	NC Z	7		0		
Vitamin E (alpha-tocopherol)		2.96		0	FLA	4		0.02		
Tocopherol, beta		2.50		·		-		0.02		
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		35.0		0	FLA	4		0.2		
inide										
<b>_ipids:</b> Fatty acids, total saturated	a	3.469	a	0	FLM	4		0.024		
4:0		0.000		0	FLM	4		0.024		
6:0	<del>-</del>	0.000		0	FLM	4		0.000		
8:0	-	0.000		0	FLM	4		0.000		
10:0		0.000		0	FLM	4		0.000		
12:0	-	0.001		0	FLM	4		0.000		
13:0	-									
14:0	-	0.057	7	0	FLM	4		0.000		
15:0	-									
16:0	-	2.709	•	0	FLM	4		0.019		
17:0										
18:0	g	0.702	2	0	FLM	4		0.005		
20:0	g									
22:0	~									

Nutrients and Units   Mean   Std. Error Points   Code   Code   Measure 1   Measure 2   Measure 3		<u>An</u>	nount in 10	00 grams Number		ole portic	<u>on</u>		edible portion o	f common
14:1	Nutrients and Units	Mean	Std. Error	of Data	Deriv			Measure 1	Measure 2	Measure 3
14:1	Fatty exide total managing tyrated (	5 728		0	ET.M	4		0.040		
15:1	-	3.720		·		•		0.040		
Fill undifferentiated	_									
17:1.	<del>_</del>	0.040		0	FLM	4		0.000		
20:1	=									
22:1 undifferentiated		5.687		0	FLM	4		0.040		
24:1 c       .9       9 .325       0 FIM 4 0.065         18:2 undifferentiated       .9       8 .776       0 FIM 4 0.061         18:3 undifferentiated       .9       0 .548       0 FIM 4 0.004         18:4       .9       0 .000       0 FIM 4 0.000         20:2 n-6 c,c.       .9          20:3 undifferentiated       .9       0 .000       0 FIM 4 0.000         20:5 n-3       .9       0 .000       0 FIM 4 0.000         22:5 n-3       .9       0 .000       0 FIM 4 0.000         22:5 n-3       .9       0 .000       0 FIM 4 0.000         22:5 n-3       .9       0 .000       0 FIM 4 0.000         Fatty acids, total trans.       .9       0 .000       0 FIM 4 0.000         Fatty acids, total trans.       .9       0 .00       0 FIM 4 0.000         Phytosterols.       .mg       0 .0 C       0 FIM 4 0.000         Others:         Alcohol, ethyl.       .9       0 .0 C       0 FIA 4 0.00         Carfeine       .mg       0 .0 FIA 4 0.00       0 FIA 4 0.00         Carotenoids:             Carotene, beta       .mg       636       0 FIA 4 0.00      <	20:1g	0.000		0	FLM	4		0.000		
Fatty acids, total polyunsaturated	22:1 undifferentiatedg	0.000		0	FLM	4		0.000		
18:2 undifferentiated	24:1 cg									
18:3 undifferentiated       9       0.548       0       FLM       4       0.004         18:4       .9       0.000       0       FLM       4       0.000         20:2 n-6 c,c       .9        9       0.000       0       FLM       4       0.000         20:3 undifferentiated       .9       0.000       0       FLM       4       0.000         20:5 n-3       .9       0.000       0       FLM       4       0.000         22:5 n-3       .9       0.000       0       FLM       4       0.000         Fatty acids, total trans       .9       0.000       0       FLM       4       0.000         Fatty acids, total trans       .9       0       0       0       Z       7       0         Phytosterols       .mg       0       0       Z       7       0         Others:         Alcohol, ethyl       .9       0       0       Z       7       0         Theobromine       .mg       0       0       FLA       4       0         Carotene, beta       .mcg       1825       0       FLA       4       12.775	Fatty acids, total polyunsaturated9	9.325		0	FLM	4		0.065		
18:4	18:2 undifferentiated	8.776		0	FLM	4		0.061		
20:2 n-6 c,c	18:3 undifferentiated	0.548		0	FLM	4		0.004		
20:3 undifferentiated   9	18:4g	0.000		0	FLM	4		0.000		
20:4 undifferentiated										
20:5 n-3       9       0.000       0       FLM       4       0.000         22:5 n-3       9       0.000       0       FLM       4       0.000         22:6 n-3       9       0.000       0       FLM       4       0.000         Fatty acids, total trans       9         Cholesterol.       mg       0       0       Z       7       0         Phytosterols.         mg       0       0       Z       7       0.0         Caffeine.       mg       0       0       Z       7       0.0         Caffeine.       mg       0       0       FLA       4       0         Theobromine.       mg       0       0       FLA       4       0         Carotene, beta.       mg       1825       0       FLA       4       12.775         Carotene, alpha.       mcg       636       0       FLA       4       4.450         Cryptoxanthin, beta.       mcg       1       0       FLA       4       0.004         Lycopene.       mcg       1883       0       FLA       4       13.181 <td>• • • • • • • • • • • • • • • • • • • •</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>	• • • • • • • • • • • • • • • • • • • •									
22:5 n-3         g         0.000         0         FLM         4         0.000           22:6 n-3         g         0.000         0         FLM         4         0.000           Fatty acids, total trans         g         Cholesterol.         mg         0         z         7         0           Phytosterols         mg         Others:           Alcohol, ethyl         g         0.0         0         z         7         0.0           Caffeine         mg         0         0         FLA         4         0           Theobromine         mg         0         0         FLA         4         0           Carotene, beta         mg         1825         0         FLA         4         12.775           Carotene, alpha         mcg         636         0         FLA         4         4.450           Cryptoxanthin, beta         mcg         1         0         FLA         4         0.004           Lycopene         mcg         1883         0         FLA         4         13.181					FLM	4		0.000		
22:6 n-3       g       0.000       0       FLM       4       0.000         Fatty acids, total trans       g       0       0       z       7       0         Cholesterol       mg       0       0       z       7       0         Phytosterols         mg       0       0       Z       7       0.0         Cholesterol       mg       0       0       Z       7       0.0         Caffeine       mg       0       0       FLA       4       0         Carotene, mg       0       0       FLA       4       0         Carotene, beta       mcg       1825       0       FLA       4       12.775         Carotene, alpha       mcg       636       0       FLA       4       4.450         Cryptoxanthin, beta       mcg       1       0       FLA       4       0.004         Lycopene       mcg       1883       0       FLA       4       13.181		0.000		0	FLM	4		0.000		
Fatty acids, total trans		0.000		0	FLM	4		0.000		
Cholesterol       mg       0       Z       7       0         Phytosterols       mg       0       Z       7       0         Cholesterol       mg       0       Z       7       0.0         Carfeine       mg       0       0       FLA       4       0         Carotene, mg       0       0       FLA       4       0         Carotene, beta       mcg       1825       0       FLA       4       12.775         Carotene, alpha       mcg       636       0       FLA       4       4.450         Cryptoxanthin, beta       mcg       1       0       FLA       4       0.004         Lycopene       mcg       1883       0       FLA       4       13.181	=	0.000		0	FLM	4		0.000		
Others:           Others:         Section of the procession of the process of the proc										
Others:       Alcohol, ethyl		0		0	Z	7		0		
Alcohol, ethyl.         g         0.0         Z         7         0.0           Caffeine.         mg         0         0         FLA         4         0           Theobromine.         mg         0         0         FLA         4         0           Carotenoids:           Carotene, beta.         mcg         1825         0         FLA         4         12.775           Carotene, alpha         mcg         636         0         FLA         4         4.450           Cryptoxanthin, beta.         mcg         1         0         FLA         4         0.004           Lycopene.         mcg         1883         0         FLA         4         13.181	Phytosterolsmg									
Alcohol, ethyl.         g         0.0         Z         7         0.0           Caffeine.         mg         0         0         FLA         4         0           Theobromine.         mg         0         0         FLA         4         0           Carotenoids:           Carotene, beta.         mcg         1825         0         FLA         4         12.775           Carotene, alpha         mcg         636         0         FLA         4         4.450           Cryptoxanthin, beta.         mcg         1         0         FLA         4         0.004           Lycopene.         mcg         1883         0         FLA         4         13.181	Others:									
Caffeine.       mg       0       0       FLA       4       0         Theobromine.       mg       0       0       FLA       4       0         Carotenoids:       Carotene, beta.       mcg       1825       0       FLA       4       12.775         Carotene, alpha       mcg       636       0       FLA       4       4.450         Cryptoxanthin, beta.       mcg       1       0       FLA       4       0.004         Lycopene.       mcg       1883       0       FLA       4       13.181	Alcohol, ethyl	0.0		0	z	7		0.0		
Theobromine         mg         0         0         FLA         4         0           Carotenoids:         Carotene, beta         mcg         1825         0         FLA         4         12.775           Carotene, alpha         mcg         636         0         FLA         4         4.450           Cryptoxanthin, beta         mcg         1         0         FLA         4         0.004           Lycopene         mcg         1883         0         FLA         4         13.181	, ,	0		0	FLA	4		0		
Carotenoids:       Carotene, beta	Theobromine mg	0		0	FLA	4		0		
Carotene, beta	_									
Carotene, alpha         mcg         636         0         FLA         4         4.450           Cryptoxanthin, beta         mcg         1         0         FLA         4         0.004           Lycopene         mcg         1883         0         FLA         4         13.181		1825		0	FT.A	4		12 775		
Cryptoxanthin, beta.         mcg         1         0         FLA         4         0.004           Lycopene.         mcg         1883         0         FLA         4         13.181				-						
Lycopene				-						
-) + · · · · · · · · · · · · · · · · · ·				-		_				
	Lutein + zeaxanthinmcg							2.510		

# **Common Measures:**

Measure 1 = 0.7g: 1 cracker

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100	grams	of edib	le portio	<u>n</u>		edible portion of easures of food	
			N	umber				<u>m</u>		
Nutrients and Units		Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	83.50				1		12.53	94.36	94.36
Energy	kcal	68		0	NC	4		10	77	77
Energy	kj	284		0	NC	4		43	320	320
Protein		1.00				1		0.15	1.13	1.13
Total lipid (fat)	g	0.80				1		0.12	0.90	0.90
Ash		0.56		0	T	4		0.08	0.63	0.63
Carbohydrate, by difference		14.14		0	NC	4		2.12	15.98	15.98
Fiber, total dietary		0.8				4		0.1	0.9	0.9
Sugars, total		10.55		0	FLA	4		1.58	11.92	11.92
Starch	9									
Minerals:										
Calcium, Ca	mg	11				1		2	12	12
Iron, Fe		0.30				1		0.05	0.34	0.3
Magnesium, Mg		5				4		1	6	6
Phosphorus, P		34				1		5	38	38
Potassium, K		90				1		14	102	102
Sodium, Na		30				1		5	34	34
Zinc, Zn	mg	0.12				1		0.02	0.14	0.1
Copper, Cu	mg	0.040	)			1		0.006	0.045	0.0
Manganese, Mn	mg									
Selenium, Se	mcg	1.1		0	FLM	4		0.2	1.2	1.2
Vitamins:										
Vitamin C, total ascorbic acid	ma	12.0				1		1.8	13.6	13.6
Thiamin	-	0.010	)			1		0.002	0.011	0.0
Riboflavin		0.060				1		0.009	0.068	0.00
Niacin		0.160	)			1		0.024	0.181	0.18
Pantothenic acid										
Vitamin B-6	mg	0.130	)			1		0.020	0.147	0.14
Folate, total	mcg	6				4		1	7	7
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food		6				4		1	7	7
Folate, DFE	mcg_DFE	6		0	NC	4		1	7	7
Vitamin B-12	mcg	0.01				4		0.00	0.01	0.0
Vitamin A, IU	IU	19		0	NC	4		3	21	21
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	1	1
Retinol	mcg	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.07		0	NR	4		0.01	0.08	0.08
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		0.0		•				0.0	0.0	0.0
Vitamin K (phylloquinone)	rncg	0.2		0	FLA	4		0.0	0.2	0.2
Lipids:										
Fatty acids, total saturated	g	0.264	1			4		0.040	0.298	0.2
4:0		0.002	2			4		0.000	0.002	0.00
6:0	g	0.000	)			4		0.000	0.000	0.0
8:0	g	0.001	L			4		0.000	0.001	0.0
10:0	g	0.001	L			4		0.000	0.001	0.0
12:0		0.001	L			4		0.000	0.001	0.0
13:0	-									
14:0	-	0.006	5			4		0.001	0.007	0.0
15:0	-									
16:0	-	0.183	3			4		0.027	0.207	0.2
17:0	-									
18:0		0.058	3			4		0.009	0.066	0.0
20:0	-									
22:0	a									

	<u>Ar</u>	nount in 10	00 grams Number	of edik	ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated	0.277				4		0.042	0.313	0.313	
14:1g										
15:1g										
16:1 undifferentiatedg	0.024				4		0.004	0.027	0.027	
17:1g										
18:1 undifferentiatedg	0.250				4		0.038	0.283	0.283	
20:1g	0.002				4		0.000	0.002	0.002	
22:1 undifferentiatedg	0.000				4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturatedg	0.111				4		0.017	0.125	0.125	
18:2 undifferentiatedg	0.090				4		0.014	0.102	0.102	
18:3 undifferentiatedg	0.008				4		0.001	0.009	0.009	
18:4g	0.000				4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.010				4		0.002	0.011	0.011	
20:5 n-3g	0.000				4		0.000	0.000	0.000	
22:5 n-3g	0.000				4		0.000	0.000	0.000	
22:6 n-3g	0.003				4		0.000	0.003	0.003	
Fatty acids, total transg										
Cholesterolmg	29				4		4	33	33	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0				7		0.0	0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	0	
Theobromine mg	0		0	FLA	4		0	0	0	
Carotenoids:										
Carotene, betamcg	8		0	BNA	4		1.147	8.639	8.639	
Carotene, alphamcg	7		0	BNA	4		1.028	7.745	7.745	
Cryptoxanthin, betamcg	0		0	BNA	4		0.050	0.377	0.377	
Lycopene mcg	0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	19		0	FLA	4		2.903	21.870	21.870	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 10	00 grams	of edib	le portio	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	_
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	-	80.70				4		12.11	91.19	91.19
Energy		78				4		12	88	88
Energy		326				4		49	369	369
Protein	_	1.10				4		0.17	1.24	1.24
Total lipid (fat)		0.50				4		0.08	0.57	0.57
Ash		0.33		0	T	4		0.05	0.37	0.37
Carbohydrate, by difference		17.40		0	T	4		2.61	19.66	19.66
Fiber, total dietary		0.5		0	T	4		0.1	0.6	0.6
Sugars, total		4.02		0	BFSN	4		0.60	4.54	4.54
Starch	g									
Minerals:										
Calcium, Ca	mg	30		0	T	4		5	34	34
Iron, Fe	-	0.14				4		0.02	0.16	0.16
Magnesium, Mg	-	10		0	T	4		1	11	11
Phosphorus, P		28		0	T	4		4	32	32
Potassium, K	mg	100		0	T	4		15	113	113
Sodium, Na	mg	14		0	T	4		2	16	16
Zinc, Zn	<u>mg</u>	0.26				4		0.04	0.29	0.29
Copper, Cu	mg	0.020	)	0	T	4		0.003	0.023	0.02
Manganese, Mn										
Selenium, Se	mcg	0.9		0	FLM	4		0.1	1.0	1.0
Vitamins:										
Vitamin C, total ascorbic acid	ma	13.9		0	т	4		2.1	15.7	15.7
Thiamin	-	0.010	)			4		0.002	0.011	0.01
Riboflavin	_	0.040		0	т	4		0.006	0.045	0.04
Niacin	-	0.190		0	т	4		0.029	0.215	0.21
Pantothenic acid	-									
Vitamin B-6	_	0.080	)	0	T	4		0.012	0.090	0.09
Folate, total		7				4		1	8	8
Folic acid		0		0	FLA	4		0	0	0
Folate, food		7				4		1	8	8
Folate, DFE	mcg_DFE	7		0	NC	4		1	8	8
Vitamin B-12	mcg	0.13				4		0.02	0.15	0.15
Vitamin A, IU		20		0	NC	4		3	22	22
Vitamin A, RAE		3		0	NC	4		0	4	4
Retinol	_	3		0	BNA	4		0	3	3
Vitamin E (alpha-tocopherol)	mg	0.02		0	BFSN	4		0.00	0.03	0.03
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D Vitamin K (phylloquinone)		0.1		0	BFSN	4		0.0	0.1	0.1
Vitamin K (phylloquinone)	nicg	0.1		U	BESN	4		0.0	0.1	0.1
<u>Lipids:</u>										
Fatty acids, total saturated	g	0.370	)			5		0.056	0.418	0.41
4:0	g	0.120	)			4		0.018	0.136	0.13
6:0	g	0.008	3			4		0.001	0.009	0.00
8:0	g	0.005	5			4		0.001	0.006	0.00
10:0	g	0.010	)			4		0.002	0.011	0.01
12:0	-	0.013	3			4		0.002	0.015	0.01
13:0										
14:0	g	0.041	L			4		0.006	0.046	0.04
15:0	g									
16:0	g	0.134	l			4		0.020	0.151	0.15
17:0										
18:0	-	0.039	)			4		0.006	0.044	0.04
20:0	-									
22:0										

		<u>Ar</u>	mount in 10	00 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and U	nits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
B		0.100							0.406	0.126	
Fatty acids, total monounsaturated		0.120				4		0.018	0.136	0.136	
14:1											
15:1 16:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.010				4		0.002	0.011	0.011	
17:1	• • • • • • • • • • • • • • • • • • • •	0.010				4		0.002	0.011	0.011	
18:1 undifferentiated	-	0.093				4		0.014	0.105	0.105	
20:1	• • • • • • • • • • • • • • • • • • • •	0.000				4		0.000	0.103	0.000	
22:1 undifferentiated	-	0.000				4		0.000	0.000	0.000	
24:1 c	•	0.000				-		0.000	0.000	0.000	
Fatty acids, total polyunsaturated.		0.030				4		0.005	0.034	0.034	
18:2 undifferentiated		0.021				4		0.003	0.024	0.024	
18:3 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.010				4		0.002	0.011	0.011	
18:4	-	0.000				4		0.000	0.000	0.000	
20:2 n-6 c.c.	-										
20:3 undifferentiated											
20:4 undifferentiated	-	0.000				4		0.000	0.000	0.000	
20:5 n-3	g	0.000				4		0.000	0.000	0.000	
22:5 n-3	q	0.000				4		0.000	0.000	0.000	
22:6 n-3		0.000				4		0.000	0.000	0.000	
Fatty acids, total trans	g										
Cholesterol		1				4		0	1	1	
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0				4		0.0	0.0	0.0	
Caffeine	mg	0		0	BFSN	4		0	0	0	
Theobromine	mg	0		0	BFSN	4		0	0	0	
Carotenoids:											
Carotene, beta	mcg	4		0	BNA	4		0.646	4.866	4.866	
Carotene, alpha	-	4		0	BNA	4		0.565	4.256	4.256	
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	0.000	
Lycopene		0		0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin		4		0	BFSN	4		0.558	4.204	4.204	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

Refuse: 0%

		<u>Ai</u>	mount in 100	grams	of edib	ie portio	<u>on</u>		edible portion of	
			N	umber				<u>m</u>	easures of food	ı
			o	f Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates: Water	a	81.40				1		12.21	91.98	91.98
Energy	_	77		0	NC	4		11	86	86
Energy		320		0	NC	4		48	362	362
Protein		0.50				1		0.08	0.57	0.57
Total lipid (fat)	_	0.70				1		0.11	0.79	0.79
Ash	_	0.35		0	FLA	4		0.05	0.39	0.39
Carbohydrate, by difference		17.05		0	NC	4		2.56	19.27	19.27
Fiber, total dietary		0.4				4		0.1	0.5	0.5
Sugars, total		13.62		0	FLA	4		2.04	15.39	15.39
Starch	g									
Minerals:										
Calcium, Ca	• • • • • • • • • • • • • • • • • • • •	25				1		4	28	28
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	0.20				1		0.03	0.23	0.23
Magnesium, Mg		13				4		2	15	15
Phosphorus, P		109				4		16	123	123
Potassium, K		62				4		9	70	70
Sodium, Na		14 0.14				1 4		2 0.02	16 0.16	16 0.16
Zinc, Zn		0.14	1			4		0.02	0.16	0.18
Copper, Cu		0.030	,			4		0.005	0.034	0.03
Selenium, Se		0.8		0	BFZN	4		0.1	0.9	0.9
Vitamins:										
Vitamin C, total ascorbic acid	mg	12.4				1		1.9	14.0	14.0
Thiamin		0.000	)			1		0.000	0.000	0.00
Riboflavin		0.040	)			1		0.006	0.045	0.04
Niacin	mg	0.140	)			1		0.021	0.158	0.15
Pantothenic acid	<u>mg</u>									
Vitamin B-6	mg	0.400	)			4		0.060	0.452	0.45
Folate, total		8				4		1	9	9
Folic acid		0		0	Z	7		0	0	0
Folate, food		8		•		4		1	9	9
Folate, DFE		8		0	NC	4		1	9	9
Vitamin B-12		0.43		•	***	4		0.06	0.49	0.49
Vitamin A, IU		41 3		0 0	NC NC	4 4		6 0	46 3	46 3
Vitamin A, RAERetinol.		1		0	FLA	4		0	3 1	1
Vitamin E (alpha-tocopherol)		0.40		0	FLA	4		0.06	0.45	0.45
Tocopherol, beta		0.40		·		-		0.00	0.45	0.45
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	13.3		0	FLA	4		2.0	15.0	15.0
<u>Lipids:</u>										
Fatty acids, total saturated	g	0.452				4		0.068	0.511	0.53
4:0		0.022				4		0.003	0.025	0.02
6:0	-	0.015				4		0.002	0.017	0.0
8:0	-	0.009				4		0.001	0.010	0.0
10:0	-	0.019				4		0.003	0.021	0.02
12:0	-	0.024	ı			4		0.004	0.027	0.0
13:0		0.070	,			4		0 011	0 000	0.00
14:0		0.073	•			4		0.011	0.082	0.0
15:0		0.192	•			4		0.020	0 017	0.2
16:0		0.192	<u> </u>			4		0.029	0.217	0.2
17:0 18:0		0.069	<b>1</b>			4		0.010	0.078	0.0
20:0	-	0.069	•			4		0.010	0.078	0.0
22:0	-									
24:0	-									

	<u>Ar</u>	mount in 10			ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated	0.192				4		0.029	0.217	0.217	
14:1g										
15:1g										
16:1 undifferentiatedg	0.015				4		0.002	0.017	0.017	
17:1g										
18:1 undifferentiatedg	0.159				4		0.024	0.180	0.180	
20:1g	0.000				4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000				4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturated	0.019				4		0.003	0.021	0.021	
18:2 undifferentiatedg	0.013				4		0.002	0.015	0.015	
18:3 undifferentiatedg	0.007				4		0.001	0.008	0.008	
18:4g	0.000				4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000				4		0.000	0.000	0.000	
20:5 n-3g	0.000				4		0.000	0.000	0.000	
22:5 n-3g	0.000				4		0.000	0.000	0.000	
22:6 n-3g	0.000				4		0.000	0.000	0.000	
Fatty acids, total transg										
Cholesterolmg	4				4		1	5	5	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0				7		0.0	0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	0	
Theobromine mg	0		0	FLA	4		0	0	0	
Carotenoids:										
Carotene, betamcg	23		0	FLA	4		3.379	25.452	25.452	
Carotene, alphamcg	0		0	FLA	4		0.000	0.000	0.000	
Cryptoxanthin, betamcg	0		0	FLA	4		0.000	0.000	0.000	
Lycopenemcg	0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthinmcg	64		0	FLA	4		9.647	72.673	72.673	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Heinz Strained-2 (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100 g	grams	of edib	le portio	<u>n</u>		edible portion	
			Nι	umber	•			<u>m</u>	easures of food	<u> </u>
			of	f Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.00		1		1		22.96	137.70	
Energy	kcal	69		0	NC	4		20	117	
Energy	kj	289				4		82	491	
Protein (N x 6.25)	g	0.20		3		1		0.06	0.34	
Total lipid (fat)	g	0.20		3		1		0.06	0.34	
Ash	g	0.20	0.000	5		1		0.06	0.34	
Carbohydrate, by difference	g	18.40		0	NC	4		5.22	31.28	
Fiber, total dietary		0.3		0		4		0.1	0.5	
Sugars, total		17.49		0	FLA	4		4.96	29.73	
Starch	g									
Minerals:										
Calcium, Ca	mg	5		6		1		1	9	
Iron. Fe.	_	0.17		6		1		0.05	0.29	
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	2		1		1		1	3	
Phosphorus, P		7		1		1		2	12	
Potassium, K	_	33		1		1		9	56	
Sodium, Na	mg	15		7		1		4	26	
Zinc, Zn	mg	0.03		1		1		0.01	0.05	
Copper, Cu	mg	0.051		0		4		0.014	0.087	
Manganese, Mn										
Selenium, Se	mcg	0.6		0	FLM	4		0.2	1.0	
Vitamins:										
Vitamin C, total ascorbic acid	ma	1.1		6		1		0.3	1.9	
Thiamin	-	0.007	,	6		1		0.002	0.012	
Riboflavin	-	0.011		6		1		0.003	0.019	
Niacin	=	0.038	3	6		1		0.011	0.065	
Pantothenic acid	mg									
Vitamin B-6	mg	0.012	2	6		1		0.003	0.020	
Folate, total	mcg	0		0		1		0	1	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	0		0		1		0	1	
Folate, DFE		0		0	NC	4		0	1	
Vitamin B-12		0.01		0		4		0.00	0.02	
Vitamin A, IU		261		0	NC	4		74	443	
Vitamin A, RAE		18		0	NC	4		5	30	
Retinol		6		0	BNA	4		2	9	
Vitamin E (alpha-tocopherol)		0.01		0	FLA	4		0.00	0.02	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, deltaVitamin D										
Vitamin K (phylloquinone)		0.2		0	FLA	4		0.1	0.4	
vitanini K (phynoquinone)	9	0.2		·		•		0.1	0.4	
<u>Lipids:</u>										
Fatty acids, total saturated		0.058		0		4		0.016	0.099	
4:0		0.000		0		4		0.000	0.000	
6:0		0.000		0		4		0.000	0.000	
8:0	_	0.000		0		4		0.000	0.000	
10:0	_	0.000		0		4		0.000	0.000	
12:0	-	0.000	,	0		4		0.000	0.000	
13:0		0 001		0		4		0 000	0.000	
14:0		0.001	-	U		4		0.000	0.002	
15:0 16:0		0.041		0		4		0.012	0.070	
17:0		0.041	-	U		*		0.012	0.070	
18:0		0.014	L	0		4		0.004	0.024	
20:0		0.014	•	J		-		0.004	0.024	
22:0	_									
	g g									

	<u>Ar</u>	mount in 100	) grams	of edil	ole portio	<u>n</u>		edible portion	
Nutrients and Units	Mean		Number of Data Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.070		0		4		0.020	0.119	
14:1g									
15:1g									
16:1 undifferentiatedg	0.004		0		4		0.001	0.007	
17:1g									
18:1 undifferentiatedg	0.065		0		4		0.018	0.111	
20:1g	0.000		0		4		0.000	0.000	
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	
24:1 cg									
Fatty acids, total polyunsaturated	0.036		0		4		0.010	0.061	
18:2 undifferentiatedg	0.025		0		4		0.007	0.043	
18:3 undifferentiatedg	0.008		0		4		0.002	0.014	
18:4g	0.000		0		4		0.000	0.000	
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.002		0		4		0.001	0.003	
20:5 n-3g	0.000		0		4		0.000	0.000	
22:5 n-3g	0.000		0		4		0.000	0.000	
22:6 n-3g	0.001		0		4		0.000	0.002	
Fatty acids, total transg									
Cholesterol mg	10		0		4		3	17	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0	0.0	
Caffeinemg	0		0	FLA	4		0	0	
Theobrominemg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta mcg	145		0	BNA	4		41.172	246.884	
Carotene, alphamcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, betamcg	0		0	BNA	4		0.000	0.000	
Lycopene mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin mcg	9		0	FLA	4		2.580	15.470	

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.3 Fat 8.9 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100 g	rams	of edib	le portio	<u>n</u>		edible portion	
			Nu	mber				<u>m</u>	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.50	0.200	4		1		23.11	92.10	
Energy	kcal	68		0	NC	4		19	77	
Energy	kj	285				4		81	321	
Protein (N x 6.25)	g	0.20		4		1		0.06	0.23	
Total lipid (fat)	g	0.30		4		1		0.09	0.34	
Ash	g	0.20	0.000	5		1		0.06	0.23	
Carbohydrate, by difference	g	17.80		0	NC	4		5.05	20.11	
Fiber, total dietary	g	0.3		0		4		0.1	0.3	
Sugars, total	g	17.49		0	FLA	4		4.96	19.76	
Starch	g									
Minopole										
Minerals: Calcium, Ca	ma	5	1.000	5		1		1	6	
Iron. Fe.	-	0.19	0.030	6		1		0.05	0.21	
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	2	0.030	1		1		1	2	
Phosphorus, P		7		1		1		2	8	
Potassium, K	-	34		1		1		10	38	
Sodium. Na.	_	16		6		1		5	18	
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.04		1		1		0.01	0.05	
Copper, Cu		0.050	1	0		4		0.014	0.057	
Manganese, Mn										
Selenium, Se	mcg	0.6		0	FLM	4		0.2	0.7	
Vitamins:										
	ma	1.1	0.000	6		1		0.3	1.2	
Vitamin C, total ascorbic acid Thiamin	_	0.008		5		1		0.002	0.009	
Riboflavin	_	0.008		5		1		0.002	0.012	
Niacin	<u>-</u>	0.011		6		1		0.003	0.043	
Pantothenic acid	_	0.030	0.000	Ü		-		0.011	0.045	
Vitamin B-6	_	0.011	0.000	6		1		0.003	0.012	
Folate, total	-	0		3		1		0	0	
Folic acid		0		0	z	7		0	0	
Folate, food		0		3		1		0	0	
Folate, DFE	mcg DFE	0		0	NC	4		0	0	
Vitamin B-12		0.01		0		4		0.00	0.01	
Vitamin A, IU		261		0	NC	4		74	294	
Vitamin A, RAE		18		0	NC	4		5	20	
Retinol		6		0	BNA	4		2	6	
Vitamin E (alpha-tocopherol)		0.01		0	FLA	4		0.00	0.02	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	0.2		0	FLA	4		0.1	0.3	
Lipids:										
Fatty acids, total saturated	а	0.087	,	0		4		0.025	0.098	
4:0		0.000		0		4		0.000	0.000	
6:0		0.000		0		4		0.000	0.000	
8:0		0.000		0		4		0.000	0.000	
10:0	-	0.000		0		4		0.000	0.000	
12:0	-	0.000		0		4		0.000	0.000	
13:0	-									
14:0		0.002	!	0		4		0.001	0.002	
15:0										
16:0		0.062	!	0		4		0.018	0.070	
17:0										
18:0		0.021	<u>.</u>	0		4		0.006	0.024	
20:0										
22:0	-									
24:0	-									

	Ar	nount in 100 g	grams	of edib	le portio	<u>n</u>		edible portion of	
Nutrients and Units	Mean		umber Data oints		Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.105		0		4		0.030	0.119	
14:1g									
15:1g									
16:1 undifferentiatedg	0.007		0		4		0.002	0.008	
17:1g									
18:1 undifferentiatedg	0.098		0		4		0.028	0.111	
20:1g	0.001		0		4		0.000	0.001	
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	
24:1 cg									
Fatty acids, total polyunsaturatedg	0.053		0		4		0.015	0.060	
18:2 undifferentiatedg	0.037		0		4		0.010	0.042	
18:3 undifferentiatedg	0.012		0		4		0.003	0.014	
18:4g	0.000		0		4		0.000	0.000	
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.003		0		4		0.001	0.003	
20:5 n-3g	0.000		0		4		0.000	0.000	
22:5 n-3g	0.000		0		4		0.000	0.000	
22:6 n-3g	0.001		0		4		0.000	0.001	
Fatty acids, total trans									
Cholesterol mg	10		0		4		3	11	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0	0.0	
Caffeinemg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	
<u>Carotenoids:</u>									
Carotene, betamcg	145		0	BNA	4		41.172	164.106	
Carotene, alphamcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, betamcg	0		0	BNA	4		0.000	0.000	
Lycopenemcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin mcg	9		0	FLA	4		2.580	10.283	

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.3 Fat 8.9 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	grams	of edit	ole portio	<u>on</u>		edible portion	
			N	umber	•			<u>m</u>	easures of food	_
			0	f Data	Deriv	Source	Confidence			
Nutrients and Ur	nits	Mean	Std. Error P	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	_	79.31		0	MA	12		181.62	11.10	22.48
Energy	kcal	86		0	MC	9		197	12	24
Energy	kj	360				9		824	50	102
Protein	g	1.76		0	MA	12		4.03	0.25	0.50
Total lipid (fat)	g	0.98		0	MA	12		2.24	0.14	0.28
Ash	g	0.37		0	MA	12		0.85	0.05	0.10
Carbohydrate, by difference	g	17.59		0	MC	9		40.28	2.46	4.99
Fiber, total dietary	g	0.2		0	MA	12		0.5	0.0	0.1
Sugars, total		12.20		0	T	4		27.94	1.71	3.46
Sucrose		9.85		0	MA	12		22.57	1.38	2.79
Glucose (dextrose)	g	0.27		0	MA	12		0.63	0.04	0.08
Fructose	g	0.27		0	MA	12		0.63	0.04	0.08
Lactose	g	1.79		0	MA	12		4.11	0.25	0.51
Maltose	g	0.00		0	MA	12		0.00	0.00	0.00
Galactose		0.00		0	FLA	4		0.01	0.00	0.00
Starch	g									
Minerals: Calcium, Ca	ma	54		0	MA	12		124	8	15
Iron, Fe	-	0.22		0	MA	12		0.50	0.03	0.06
Magnesium, Mg		5		0	MA	12		11	1	1
Phosphorus, P		55		0	MA	12		126	8	16
Potassium, K		68		0	MA	12		156	10	19
Sodium, Na		26		0	MA	12		60	4	7
Zinc, Zn	mg	0.30		0	MA	12		0.69	0.04	0.09
Copper, Cu	mg	0.010	)	0	MA	12		0.023	0.001	0.00
Manganese, Mn	mg	0.010	)	0	MA	12		0.023	0.001	0.00
Selenium, Se	mcg	2.4		0	FLM	4		5.5	0.3	0.7
Vitamins:		2.4		•				0.0	0.4	
Vitamin C, total ascorbic acid		0.4		0	FLM	4		0.9	0.1	0.1
Thiamin		0.012		0 0	MA MA	12 12		0.027 0.124	0.002	0.00
Riboflavin		0.054		0	MA MA	12		0.124	0.008 0.011	0.01
Niacin Pantothenic acid		0.076		0	FLM	4		0.174	0.011	0.02
Vitamin B-6		0.232		0	MA	12		0.069	0.032	0.00
Folate, total		6	,	0	FLM	4		14	1	2
Folic acid		0		0	Z	7		0	0	0
Folate, food		6		0	FLM	4		14	1	2
Folate, DFE		6		0	NC	4		14	1	2
Vitamin B-12		0.23		0	FLM	4		0.53	0.03	0.07
Vitamin A, IU	-	47		0	MA	12		108	7	13
Vitamin A, RAE		13		0	NC	4		30	2	4
Retinol		13		0	BNA	4		30	2	4
Vitamin E (alpha-tocopherol)		0.09		0	FLA	4		0.21	0.01	0.03
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta	mg									
Vitamin D		0.0		0	ET N	4		0 1	0.0	0.0
Vitamin K (phylloquinone)	nicg	0.0		0	FLA	4		0.1	0.0	0.0
Lipids: Fatty acids, total saturated	q	0.325	5	0	FLM	4		0.744	0.046	0.09
4:0		0.003		0	FLM	4		0.007	0.000	0.00
6:0		0.000		0	FLM	4		0.000	0.000	0.00
8:0	_	0.001		Ö	FLM	4		0.002	0.000	0.00
10:0	-	0.002		0	FLM	4		0.002	0.000	0.00
12:0		0.001		0	FLM	4		0.002	0.000	0.00
13:0		5.50		•		-		3.00=	0.000	2.30
14:0		0.009	9	0	FLM	4		0.021	0.001	0.00
15:0										

					of edik	ole portio	<u>n</u>		edible portion o	
Nutrients and Uni	its	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.222		0	FLM	4		0.508	0.031	0.063
17:0 18:0	g	0.078		0	FLM	4		0.179	0.011	0.022
20:0 22:0 24:0.	g									
Fatty acids, total monounsaturated	g g	0.364		0	FLM	4		0.834	0.051	0.103
15:1 16:1 undifferentiated 17:1	g	0.030		0	FLM	4		0.069	0.004	0.009
18:1 undifferentiated		0.331		0	FLM	4		0.758	0.046	0.094
20:1		0.003		0	FLM	4		0.007	0.000	0.001
22:1 undifferentiated	-	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c	-	0.000		·		-		0.000	0.000	0.000
Fatty acids, total polyunsaturated		0.128		0	FLM	4		0.293	0.018	0.036
18:2 undifferentiated		0.108		0	FLM	4		0.247	0.015	0.031
18:3 undifferentiated		0.004		0	FLM	4		0.009	0.001	0.001
18:4	-	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c	-									
20:3 undifferentiated										
20:4 undifferentiated		0.013		0	FLM	4		0.030	0.002	0.004
20:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3		0.003		0	FLM	4		0.007	0.000	0.001
Fatty acids, total trans										
Cholesterol	mg	38		0	FLM	4		87	5	11
Phytosterols	mg									
Oth awar										
Others:	~	0.0		•		7			0.0	0.0
Alcohol, ethyl		0.0		0	Z	7 4		0.0	0.0	0.0
Caffeine	-	0		0	FLA FLA	4		0	0	0
Theobromine	IIIg	U		U	F.LA	4		U	U	U
Carotenoids:										
Carotene, beta	mcg	1		0	BNA	4		3.147	0.192	0.390
Carotene, alpha	mcg	1		0	BNA	4		1.329	0.081	0.165
Cryptoxanthin, beta	mcg	1		0	BNA	4		1.176	0.072	0.146
Lycopene	<u>m</u> cg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin	mcg	39		0	FLA	4		88.814	5.430	10.995

#### **Common Measures:**

Measure 1 = 229g: 1 cup Measure 2 = 14.0g: 1 tbsp Measure 3 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	grams	of edib	ole portion	<u>1</u>		edible portion of	
			Nu	umber	•			<u>m</u> e	easures of food	_
			of	f Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error P			Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	а	79.90	0.100	19		1		182.97	11.19	22.65
Energy	_	85		0	NC	4		195	12	24
Energy		356				4		814	50	101
Protein (N x 6.33)		1.60		14		1		3.66	0.22	0.45
Total lipid (fat)		2.00	0.200	16		1		4.58	0.28	0.57
Ash		0.50	0.000	37		1		1.15	0.07	0.14
Carbohydrate, by difference		16.10		0	NC	4		36.87	2.25	4.56
Fiber, total dietary		0.0		0		4		0.0	0.0	0.0
Sugars, total		8.88		0	FLA	4		20.33	1.24	2.52
Starch		0.00		Ū	LIM	-		20.55	1.24	2.52
Starcii	9									
<u> Minerals:</u>										
Calcium, Ca	mg	55	1.000	36		1		126	8	16
Iron, Fe.	mg	0.24	0.010	36		1		0.55	0.03	0.0
Magnesium, Mg		5		2		1		11	1	1
Phosphorus, P	mg	45		2		1		103	6	13
Potassium, K	mg	66		15		1		151	9	19
Sodium, Na	mg	28		15		1		64	4	8
Zinc, Zn	mg	0.28		1		1		0.64	0.04	0.0
Copper, Cu	mg	0.050		1		1		0.115	0.007	0.0
Manganese, Mn	mg									
Selenium, Se	mcg	2.4		0	FLM	4		5.5	0.3	0.7
/itamins:										
	ma	0.8	0.000	33		1		1.8	0.1	0.2
Vitamin C, total ascorbic acid	-	0.012		36		1		0.027	0.1	0.2
ThiaminRiboflavin		0.012		36		1		0.183	0.002	0.0
Niacin		0.040		11		1		0.183	0.006	0.0
Pantothenic acid	-	0.040		4		1		0.573	0.035	0.0
Vitamin B-6	-	0.230		18		1		0.046	0.003	0.0
Folate, total	_	6	0.200	3		1		14	1	2
Folic acid		0	0.200	0	z	7		0	0	0
Folate, food		6	0.200	3	2	1		14	1	2
Folate, DFE		6	0.200	0	NC	4		14	1	2
Vitamin B-12		0.01		0	NC	4		0.02	0.00	0.0
Vitamin A, IU		64		7		1		147	9	18
		18		0	NC	4		41	3	5
Vitamin A, RAE		18		0	BNA	4		41	3	5
		0.09		0	FLA	4		0.21	0.01	0.0
Vitamin E (alpha-tocopherol)	-	0.09		U	FLIA	4		0.21	0.01	0.0
Tocopherol, beta Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		0.0		0	FLA	4		0.1	0.0	0.0
vitanini K (phynoquinone)	9	0.0		·		-		V	0.0	0.0
<u> ipids:</u>										
Fatty acids, total saturated	g	1.010		2		1		2.313	0.141	0.2
4:0	g	0.050		2		1		0.115	0.007	0.0
6:0	g	0.020		2		1		0.046	0.003	0.0
8:0	g	0.010		2		1		0.023	0.001	0.0
10:0	g	0.030		2		1		0.069	0.004	0.0
12:0	g	0.040		2		1		0.092	0.006	0.0
13:0	g									
14:0	g	0.110		2		1		0.252	0.015	0.0
15:0	g									
16:0	g	0.520		2		1		1.191	0.073	0.1
17:0	g									
18:0	g	0.190		2		1		0.435	0.027	0.0
20:0	g									
22:0	g									
24:0	q									

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>	_	edible portion of	of common
Nutrients and	Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura	atedg	0.680		2		1		1.557	0.095	0.193
14:1	g									
15:1	g									
16:1 undifferentiated	_	0.050		2		1		0.115	0.007	0.014
17:1	_									
18:1 undifferentiated		0.620		2		1		1.420	0.087	0.176
20:1		0.000		2		1		0.000	0.000	0.000
22:1 undifferentiated	_	0.000		0		1		0.000	0.000	0.000
24:1 c	g									
Fatty acids, total polyunsaturat	tedg	0.160		2		1		0.366	0.022	0.045
18:2 undifferentiated	g	0.130		2		1		0.298	0.018	0.037
18:3 undifferentiated		0.010		2		1		0.023	0.001	0.003
18:4	g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.020		2		1		0.046	0.003	0.006
20:5 n-3	g	0.000		0		1		0.000	0.000	0.000
22:5 n-3	g	0.000		0		1		0.000	0.000	0.000
22:6 n-3	g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans	g									
Cholesterol	mg	8		0		4		18	1	2
Phytosterols	mg									
Amino Acids:	_									
Tryptophan		0.050		•				0.105		
Threonine		0.059		0		1		0.135	0.008	0.017
Isoleucine	_	0.075		0		1		0.172	0.011	0.021
Leucine	_	0.059		0		1		0.135	0.008	0.017
Lysine	=	0.114		0		1		0.261	0.016	0.032
Methionine		0.046		0		1		0.105	0.006	0.013
Cystine				_						
Phenylalanine		0.073		0		1		0.167	0.010	0.021
Tyrosine		0.059		0		1		0.135	0.008	0.017
Valine		0.088		0		1		0.202	0.012	0.025
Arginine	_	0.062		0		1		0.142	0.009	0.018
Histidine		0.041		0		1		0.094	0.006	0.012
Alanine		0.050		0		1		0.115	0.007	0.014
Aspartic acid	g	0.130		0		1		0.298	0.018	0.037
Glutamic acid	g	0.291		0		1		0.666	0.041	0.082
Glycine	g	0.033		0		1		0.076	0.005	0.009
Proline	g	0.098		0		1		0.224	0.014	0.028
Serine	g	0.082		0		1		0.188	0.011	0.023
Hydroxyproline	g									
Others:										
Alcohol, ethyl	а	0.0		0		7		0.0	0.0	0.0
Caffeine		0		0	FLA	4		0	0	0
Theobromine		0		0	FLA	4		0	0	0
Carotenoids:		·		•		-		-	•	Ŭ
		_		_	_	_				
Carotene, beta		2		0	BNA	4		4.285	0.262	0.530
Carotene, alpha		1		0	BNA	4		1.810	0.111	0.224
Cryptoxanthin, beta		1		0	BNA	4		1.601	0.098	0.198
Lycopene		0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin	mcg	39		0	FLA	4		88.814	5.430	10.995

# Common Measures:

Measure 1 = 229g: 1 cup Measure 2 = 14.0g: 1 tbsp Measure 3 = 28.35g: 1 oz NDB No. 03245

Babyfood, dessert, custard pudding, vanilla, strained

Calories Factors: Protein 4.3 Fat 8.9 Carbohydrate 3.8

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	grams	of edil	ole portic	<u>on</u>		edible portion	
			N	Number	•			<u>m</u>	easures of food	<u>.</u>
			(	of Data	Deriv	Source	Confidence			
Nutrients and U	nits	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	-	80.32		0	MA	12		22.77	136.54	
Energy		79		0	MC	9		22	134	
Energy	kj	331				9		94	562	
Protein	-	0.20		0	MA	12		0.06	0.34	
Total lipid (fat)		0.16		0	MA	12		0.05	0.27	
Ash		0.14		0	MA	12		0.04	0.24	
Carbohydrate, by difference		19.18		0	MC	9		5.44	32.61	
Fiber, total dietary		1.4		0	MA	12		0.4	2.4	
Sugars, total		16.20		0	MA	12		4.59	27.54	
Sucrose	g	8.80		0	MA	12		2.49	14.96	
Glucose (dextrose)	g	2.10		0	MA	12		0.60	3.57	
Fructose	g	5.30		0	MA	12		1.50	9.01	
Lactose	<u>g</u>	0.00		0	MA	12		0.00	0.00	
Maltose		0.00		0	MA	12		0.00	0.00	
Galactose										
Starch	g									
<u>finerals:</u>		•		•		10			_	
Calcium, Ca	_	3		0	MA	12		1	5	
Iron, Fe		0.11 4		0 0	MA	12 12		0.03 1	0.19 7	
Magnesium, Mg		7		0	MA MA	12		2	12	
Phosphorus, P Potassium, K		67		0	MA	12		19	114	
Sodium, Na		3		0	MA	12		1	5	
Zinc, Zn		0.03		0	FLM	4		0.01	0.05	
Copper, Cu		0.03	)	0	FLM	4		0.009	0.051	
Manganese, Mn		0.020		0	MA	12		0.006	0.034	
Selenium, Se		0.2		0	FLM	4		0.1	0.3	
<del>'itamins:</del>										
Vitamin C, total ascorbic acid		18.0		0	MA	12		5.1	30.6	
Thiamin		0.010		0	MA	12		0.003	0.017	
Riboflavin		0.012		0	MA	12		0.003	0.020	
Niacin	_	0.048		0	MA	12		0.014	0.082	
Pantothenic acid		0.017		0	FLM	4		0.005	0.029	
Vitamin B-6		0.017	1	0	FLM	4		0.005	0.029	
Folate, total		0		0	FLM	4		0	0	
Folic acid		0		0	Z T	7		0	0	
Folate, foodFolate, DFE		0		0	_	4 4		0	0 0	
Vitamin B-12		0.00		0	NC FLM	4		0.00	0.00	
Vitamin A, IU	-	18		0	MA	12		5	31	
Vitamin A, RAE		1		0	NC	4		0	2	
Retinol		0		0	BNA	4		0	0	
Vitamin E (alpha-tocopherol)		0.04		0	FLA	4		0.01	0.06	
Tocopherol, beta		0.04		·		•		0.01	0.00	
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		0.5		0	FLA	4		0.1	0.8	
<u>ipids:</u>										
Fatty acids, total saturated	g	0.025	5	0	FLM	4		0.007	0.043	
4:0	g	0.000	)	0	FLM	4		0.000	0.000	
6:0	g	0.000	)	0	FLM	4		0.000	0.000	
8:0	-	0.000	)	0	FLM	4		0.000	0.000	
10:0	g	0.000	)	0	FLM	4		0.000	0.000	
12:0		0.000	)	0	FLM	4		0.000	0.000	
13:0	g									
14:0	g	0.001	L	0	FLM	4		0.000	0.002	
15:0	g									

		<u>Aı</u>	mount in 10	00 grams Number		ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and L	Jnits	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.021		0	FLM	4		0.006	0.036		
17:0 18:0.		0.003		0	FLM	4		0.001	0.005		
20:0 22:0	g g	0.003		Ū	1111	•		0.001	0.003		
24:0Fatty acids, total monounsaturate	edg	0.006		0	FLM	4		0.002	0.010		
15:1 16:1 undifferentiated 17:1	g	0.000		0	FLM	4		0.000	0.000		
18:1 undifferentiated	•	0.006		0	FLM	4		0.002	0.010		
20:1	g	0.000		0	FLM	4		0.000	0.000		
22:1 undifferentiated	g	0.000		0	FLM	4		0.000	0.000		
24:1 c											
Fatty acids, total polyunsaturated	lg	0.045		0	FLM	4		0.013	0.077		
18:2 undifferentiated	g	0.038		0	FLM	4		0.011	0.065		
18:3 undifferentiated	g	0.008		0	FLM	4		0.002	0.014		
18:4	g	0.000		0	FLM	4		0.000	0.000		
20:2 n-6 c,c	g										
20:3 undifferentiated	g										
20:4 undifferentiated		0.000		0	FLM	4		0.000	0.000		
20:5 n-3		0.000		0	FLM	4		0.000	0.000		
22:5 n-3		0.000		0	FLM	4		0.000	0.000		
22:6 n-3	_	0.000		0	FLM	4		0.000	0.000		
Fatty acids, total trans											
Cholesterol		0		0	Z	7		0	0		
Phytosterols	mg										
Others:											
Alcohol, ethyl	q	0.0		0	z	7		0.0	0.0		
Caffeine		0		0	FLA	4		0	0		
Theobromine	_	0		0	FLA	4		0	0		
Carotenoids:	<b>y</b>										
Carotene, beta	mcg	8		0	BNA	4		2.227	13.353		
Carotene, alpha		0		0	BNA	4		0.000	0.000		
Cryptoxanthin, beta		6		0	BNA	4		1.670	10.015		
Lycopene		0		0	FLA	4		0.000	0.000		
Lutein + zeaxanthin		11		0	FLA	4		3.117	18.693		

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100	grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common			
			N	umber	•			<u>m</u>	easures of food	<u>.</u>	
						Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error F	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	79.50		0	T	4		22.54	89.84		
Energy	kcal	75		0	NC	4		21	85		
Energy	kj	314		0	NC	4		89	355		
Protein (N x 6.25)	g	0.20		0	T	4		0.06	0.23		
Total lipid (fat)	g	0.40		0	T	4		0.11	0.45		
Ash	g	0.16		0	T	4		0.05	0.18		
Carbohydrate, by difference	g	19.74		0	NC	4		5.60	22.31		
Fiber, total dietary	g	1.4		0	T	4		0.4	1.6		
Sugars, total	g	17.10		0	T	4		4.85	19.32		
Starch	g										
Minorals											
Minerals: Calcium, Ca	ma	5		1		1		1	6		
Iron, Fe	_	0.20		1		1		0.06	0.23		
Magnesium, Mg	_	2		2		1		1	2		
Phosphorus, P		3		2		1		1	3		
Potassium, K	_	33		2		1		9	37		
Sodium, Na		16		5		1		5	18		
Zinc, Zn	_	0.01		2		1		0.00	0.01		
Copper, Cu		0.059	)	0		4		0.017	0.067		
Manganese, Mn											
Selenium, Se		0.2		0	FLM	4		0.1	0.2		
•	•										
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid	_	21.4		1		1		6.1	24.2		
Thiamin	_	0.011		1		1		0.003	0.012		
Riboflavin	<del>-</del>	0.013		1		1		0.004	0.015		
Niacin	_	0.048	3	1		1		0.014	0.054		
Pantothenic acid	_			_							
Vitamin B-6		0.011		1		1		0.003	0.012		
Folate, total		1 0	0.100		Z	1 7		0	1		
Folic acid		1		0		4		0	0 1		
Folate, food		1		0	NR NC	4		0	1		
Folate, DFE		0.00		0	NC	4		0.00	0.00		
Vitamin B-12		49		0	NC	4		14	55		
Vitamin A, IU		2		0	NC NC	4		14	3		
Vitamin A, RAE		0		0	BNA	4		0	0		
Vitamin E (alpha-tocopherol)		0.04		0	FLA	4		0.01	0.04		
• • • •		0.04		U	FIL	-		0.01	0.04		
Tocopherol, beta Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		0.5		0	FLA	4		0.1	0.5		
<u>Lipids:</u>											
Fatty acids, total saturated		0.190		0	NC	4		0.054	0.215		
4:0		0.014		2		1		0.004	0.016		
6:0		0.003		2		1		0.001	0.004		
8:0	-	0.003		2		1		0.001	0.004		
10:0	-	0.010		2		1		0.003	0.012		
12:0	-	0.010	,	2		1		0.003	0.012		
13:0		0 001		^				0 000	0.005		
14:0		0.031	L	2		1		0.009	0.035		
15:0		0.000	•	2		1		0.005	0.000		
16:0		0.086	,	2		1		0.025	0.098		
17:0		0 021		2		1		0 000	0 035		
18:0		0.031	<u>.</u>	2		1		0.009	0.035		
20:0 22:0	-										
7.7.0	ч										

	<u>Ar</u>	mount in 100 grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common			
		Number of Data		Source	Confidence	<u>m</u>	easures of food		
Nutrients and Units	Mean	Std. Error Points		Code	Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.080	0	NC	4		0.023	0.090		
14:1g									
15:1g		•		_					
16:1 undifferentiatedg	0.007	2		1		0.002	0.008		
17:1	0.070	2		1					
18:1 undifferentiated	0.073			_		0.021	0.082		
20:1g	0.000			1 1		0.000	0.000		
22:1 undifferentiatedg	0.000	U		1		0.000	0.000		
24:1 c	0.010	0	NC	4		0 003	0.012		
Fatty acids, total polyunsaturated9			NC	1		0.003 0.002			
18:2 undifferentiated	0.007 0.003			1		0.002	0.008 0.004		
	0.003			1		0.001	0.004		
18:4g 20:2 n-6 c,cg	0.000	U		_		0.000	0.000		
20:2 ii-6 c,cg									
20:3 undifferentiated	0.000	2		1		0.000	0.000		
20:5 n-3	0.000			1		0.000	0.000		
20.5 n-3	0.000	•		1		0.000	0.000		
22:6 n-3	0.000			1		0.000	0.000		
Fatty acids, total trans	0.000	v		-		0.000	0.000		
Cholesterol m	a 0	0		7		0	0		
Phytosterols m		· ·		,		·	·		
Others:									
Alcohol, ethylg	0.0	0		7		0.0	0.0		
Caffeine mg		0	FLA	4		0	0		
Theobrominemg	0	0	FLA	4		0	0		
Carotenoids:									
Carotene, betamc	g 21	0	BNA	4		6.062	24.161		
Carotene, alphamc		0	BNA	4		0.000	0.000		
Cryptoxanthin, betamc		0	BNA	4		4.546	18.121		
Lycopene mc		0	FLA	4		0.000	0.000		
Lutein + zeaxanthin mc	g 15	0	FLA	4		4.156	16.567		

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.4 Fat 8.4 Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03236 Babyfood, dessert, fruit dessert, without ascorbic acid, junior

		<u>Aı</u>	mount in 100 g	rams	of edil	ole portio	<u>n</u>	Amount in edible portion of common			
			Nu	mber	•			<u>m</u>	easures of food		
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Po	ints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water		82.20		14		1		12.33	23.30	139.74	
Energy		63		0	NC	4		9	18	107	
Energy	kj	264				4		40	75	448	
Protein (N x 6.25)		0.30	0.000	15		1		0.05	0.09	0.51	
Total lipid (fat)		0.00		15		1		0.00	0.00	0.00	
Ash		0.30	0.000	42		1		0.05	0.09	0.51	
Carbohydrate, by difference		17.20		0	NC	4		2.58	4.88	29.24	
Fiber, total dietary		0.6		0		4		0.1	0.2	1.0	
Sugars, total		12.60		0	MA	12		1.89	3.57	21.42	
Starch	g										
Minerals:											
Calcium, Ca	mg	9	2.000	7		1		1	3	15	
Iron, Fe	-	0.21	0.040	7		1		0.03	0.06	0.36	
Magnesium, Mg	-	5		1		1		1	1	9	
Phosphorus, P		8		1		1		1	2	14	
Potassium, K	-	95		14		1		14	27	162	
Sodium, Na	mg	13		19		1		2	4	22	
Zinc, Zn	mg	0.05		1		1		0.01	0.01	0.09	
Copper, Cu	mg	0.030	1	1		1		0.005	0.009	0.05	
Manganese, Mn											
Selenium, Se	mcg	0.4		0	FLM	4		0.1	0.1	0.7	
Vitamins:											
Vitamin C, total ascorbic acid	ma	3.0		2		1		0.5	0.9	5.1	
Thiamin	-	0.021	0.000	11		1		0.003	0.006	0.03	
Riboflavin	-	0.012		11		1		0.002	0.003	0.02	
Niacin		0.144	0.007	10		1		0.022	0.041	0.24	
Pantothenic acid	-	0.100	ı	0		4		0.015	0.028	0.17	
Vitamin B-6	mg	0.033		2		1		0.005	0.009	0.05	
Folate, total		4		0		1		1	1	6	
Folic acid		0		0	z	7		0	0	0	
Folate, food	mcg	4		0	NR	4		1	1	6	
Folate, DFE		4		0	NC	4		1	1	6	
Vitamin B-12		0.00		0		4		0.00	0.00	0.00	
Vitamin A, IU	IU	132		0	MA	12		20	37	224	
Vitamin A, RAE		7		0	NC	4		1	2	11	
Retinol		0		0	Z	7		0	0	0	
Vitamin E (alpha-tocopherol)	mg	0.29		0	FLA	4		0.04	0.08	0.49	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D Vitamin K (phylloquinone)		1.5		0	FLA	4		0.2	0.4	2.6	
vitamin K (phynoquinone)	9	1.5		·		-		0.2	0.4	2.0	
Lipids:											
Fatty acids, total saturated	g	0.000	1	0		7		0.000	0.000	0.00	
4:0	g	0.000		0		4		0.000	0.000	0.00	
6:0	_	0.000		0		4		0.000	0.000	0.00	
8:0	_	0.000		0		4		0.000	0.000	0.00	
10:0	-	0.000		0		4		0.000	0.000	0.00	
12:0		0.000		0		4		0.000	0.000	0.00	
13:0				_		_					
14:0		0.000		0		4		0.000	0.000	0.00	
15:0				_							
16:0	-	0.000		0		4		0.000	0.000	0.00	
17:0				^				0.000			
18:0		0.000		0		4		0.000	0.000	0.00	
20:0	_										
22:0	П										

		<u>Ar</u>	nount in 10	00 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and	Units	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
P	. 1	0.000		0		-				0.000	
Fatty acids, total monounsatura		0.000		U		7		0.000	0.000	0.000	
14:1											
15:1 16:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	0.000	
17:1	-	0.000		U		*		0.000	0.000	0.000	
18:1 undifferentiated		0.000		0		4		0.000	0.000	0.000	
20:1		0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiated	-	0.000		0		4		0.000	0.000	0.000	
24:1 c	•	0.000		•		•		0.000	0.000	0.000	
Fatty acids, total polyunsaturat		0.000		0		7		0.000	0.000	0.000	
18:2 undifferentiated		0.000		0		4		0.000	0.000	0.000	
18:3 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	0.000	
18:4	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c.c.	-										
20:3 undifferentiated											
20:4 undifferentiated	g	0.000		0		4		0.000	0.000	0.000	
20:5 n-3	g	0.000		0		4		0.000	0.000	0.000	
22:5 n-3	g	0.000		0		4		0.000	0.000	0.000	
22:6 n-3	g	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total trans	g										
Cholesterol		0		0		7		0	0	0	
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0	
Caffeine	mg	0		0	FLA	4		0	0	0	
Theobromine	mg	0		0	FLA	4		0	0	0	
Carotenoids:											
Carotene, beta	mcg	64		0	FLA	4		9.670	18.275	109.588	
Carotene, alpha	mcg	2		0	FLA	4		0.354	0.670	4.015	
Cryptoxanthin, beta	mcg	27		0	FLA	4		4.069	7.690	46.111	
Lycopene	mcg	0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin	mcg	43		0	FLA	4		6.489	12.265	73.547	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.4 Fat 8.4 Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03235 Babyfood, dessert, fruit dessert, without ascorbic acid, strained

		<u>Aı</u>	mount in 100 g	rams	of edil	ole portio	<u>n</u>	Amount in edible portion of common			
			Nu	ımber	r			<u>m</u> e	easures of food		
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water		83.40	0.400	17		1		12.51	23.64	94.24	
Energy	kcal	59		0	NC	4		9	17	67	
Energy	kj	247				4		37	70	279	
Protein (N x 6.25)		0.30	0.000	15		1		0.05	0.09	0.34	
Total lipid (fat)	g	0.00		15		1		0.00	0.00	0.00	
Ash		0.30	0.000	42		1		0.05	0.09	0.34	
Carbohydrate, by difference	g	16.00		0	NC	4		2.40	4.54	18.08	
Fiber, total dietary		0.6		0		4		0.1	0.2	0.7	
Sugars, total	g	12.60		0	MA	12		1.89	3.57	14.24	
Starch	g										
Ainerals:											
Calcium, Ca	ma	9	2.000	7		1		1	3	10	
Iron, Fe	-	0.22	0.010	35		1		0.03	0.06	0.25	
Magnesium, Mg	-	5	0.010	1		1		1	1	6	
Phosphorus, P		7		1		1		1	2	8	
Potassium, K	-	, 94		14		1		14	27	106	
Sodium, Na		14		20		1		2	4	16	
Zinc, Zn	-	0.04		1		1		0.01	0.01	0.0	
Copper, Cu		0.030		1		1		0.005	0.009	0.0	
Manganese, Mn											
Selenium, Se		0.4		0	FLM	4		0.1	0.1	0.5	
	_										
<u>'itamins:</u>						_					
Vitamin C, total ascorbic acid	-	2.5	0.200	29		1		0.4	0.7	2.8	
Thiamin	-	0.016		38		1		0.002	0.005	0.0	
Riboflavin		0.009		38		1		0.001	0.003	0.0	
Niacin	-	0.143		10		1		0.021	0.041	0.1	
Pantothenic acid	-	0.104		0		4		0.016	0.029	0.1	
Vitamin B-6		0.037		29		1		0.006	0.010	0.0	
Folate, total		3 0	0.200	9	_	1 7		0 0	1 0	<b>4</b> 0	
Folic acid		3	0.200	0 9	z	1					
Folate, food		3	0.200	0	NG.	4		0 0	1	4 4	
Folate, DFE					NC				1	-	
Vitamin B-12		0.00 132		0	NC	4 4		0.00 20	0.00	0.00	
Vitamin A, IU	IU	132 7		0		4		1	37 2	149 7	
Vitamin A, RAE		0		0	NC Z	7		0		0	
Retinol		-		0				-	0	-	
Vitamin E (alpha-tocopherol)		0.29		0	FLA	4		0.04	0.08	0.3	
Tocopherol, beta		0.00			FLA	4		0.00	0.00	0.0	
Tocopherol, gamma		0.01		0	FLA	4		0.00	0.00	0.0	
Tocopherol, delta		0.00		U	FLA	4		0.00	0.00	0.0	
Vitamin D Vitamin K (phylloquinone)		1.5		0	FLA	4		0.2	0.4	1.7	
• • • •											
<u>ipids:</u>				_		_					
Fatty acids, total saturated		0.000		0		7		0.000	0.000	0.0	
4:0		0.000		0		4		0.000	0.000	0.0	
6:0		0.000		0		4		0.000	0.000	0.0	
8:0		0.000		0		4		0.000	0.000	0.0	
10:0	-	0.000		0		4		0.000	0.000	0.0	
12:0		0.000		0		4		0.000	0.000	0.0	
13:0	-	2 222		^						• •	
14:0		0.000		0		4		0.000	0.000	0.0	
15:0	•			_				0 000			
16:0	•	0.000		0		4		0.000	0.000	0.0	
17:0	-	2 222		^				0 000			
18:0	-	0.000		0		4		0.000	0.000	0.0	
20:0	-										
22:0	g										

	<u>An</u>	nount in 10			ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated	0.000		0		7		0.000	0.000	0.000	
14:1g										
15:1g										
16:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
17:1g										
18:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
20:1g	0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturatedg	0.000		0		7		0.000	0.000	0.000	
18:2 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
18:3 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
18:4g	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
20:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:6 n-3g	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total trans										
Cholesterol mg	0		0		7		0	0	0	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0		7		0.0	0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	0	
Theobromine mg	0		0	FLA	4		0	0	0	
Carotenoids:										
Carotene, beta mcg	64		0	FLA	4		9.670	18.275	72.844	
Carotene, alphamcg	2		0	FLA	4		0.354	0.670	2.669	
Cryptoxanthin, betamcg	27		0	FLA	4		4.069	7.690	30.650	
Lycopenemcg	0		0	Z	7		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	43		0	FLA	4		6.489	12.265	48.887	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.4 Fat 8.4 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100 gra	ms of edi	ble portic	<u>on</u>	Amount in edible portion of common			
			Num	ber			<u>m</u>	easures of food	<u> </u>	
			of D	ata Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Poir	ts Code	Code	Code	Measure 1	Measure 2	Measure 3	
Duranian adams										
Proximates: Water	q	79.80	0.100	4	1		22.62	90.17		
Energy		80		0 NC	4		23	90		
Energy		335			4		95	378		
Protein (N x 6.33)		1.10		3	1		0.31	1.24		
Total lipid (fat)		0.90		3	1		0.26	1.02		
Ash		0.60	0.000	5	1		0.17	0.68		
Carbohydrate, by difference	g	17.70		0 NC	4		5.02	20.00		
Fiber, total dietary	g	0.6		0	4		0.2	0.7		
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	ma	32		1	1		9	36		
Iron, Fe	_	0.10		1	1		0.03	0.11		
Magnesium, Mg		5		1	1		1	6		
Phosphorus, P		28		1	1		8	32		
Potassium, K	•	86		1	1		24	97		
Sodium, Na		20		0	4		6	23		
Zinc, Zn	mg	0.17		1	1		0.05	0.19		
Copper, Cu	mg	0.050	)	0	4		0.014	0.057		
Manganese, Mn										
Selenium, Se	mcg	0.6		0 BFZN	4		0.2	0.7		
Vitamins:										
Vitamin C, total ascorbic acid	mg	9.1		1	1		2.6	10.3		
Thiamin		0.040	)	1	1		0.011	0.045		
Riboflavin		0.057	1	1	1		0.016	0.064		
Niacin	mg	0.119	)	1	1		0.034	0.134		
Pantothenic acid	mg	0.251		0	4		0.071	0.284		
Vitamin B-6	-	0.027	1	1	1		0.008	0.031		
Folate, total		8		3	1		2	9		
Folic acid		0		0 z	7		0	0		
Folate, food	mcg	8		3	1		2	9		
Folate, DFE		8		0 NC	4		2	9		
Vitamin B-12		0.01		0	4		0.00	0.01		
Vitamin A, IU		115		1 0 NC	1		33	130		
Vitamin A, RAE		6 0		0 NC 0 Z	4 7		2 0	6 0		
Retinol Vitamin E (alpha-tocopherol)		U		0 2	,		U	U		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)										
Lipids:										
	a	0.545	:	0	4		0.155	0.616		
Fatty acids, total saturated		0.029		0	4		0.133	0.033		
6:0		0.015		0	4		0.004	0.017		
8:0.	_	0.010		0	4		0.003	0.011		
10:0	<del>-</del>	0.021		0	4		0.006	0.024		
12:0	_	0.023		0	4		0.007	0.026		
13:0	_									
14:0	_	0.088	3	0	4		0.025	0.099		
15:0	g									
16:0	g	0.233	3	0	4		0.066	0.263		
17:0	_									
18:0	_	0.104	Į.	0	4		0.029	0.118		
20:0	_									
22:0	g									

	<u>A</u>	mount in 100 grams	of edible portic	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Number of Data Std. Error Points	Deriv Source Code Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.257	0	4		0.073	0.290		
14:1g								
15:1g								
16:1 undifferentiatedg	0.022	. 0	4		0.006	0.025		
17:1g								
18:1 undifferentiatedg	0.225		4		0.064	0.254		
20:1g	0.000		4		0.000	0.000		
22:1 undifferentiatedg	0.000	0	4		0.000	0.000		
24:1 cg								
Fatty acids, total polyunsaturated9	0.038		4		0.011	0.043		
18:2 undifferentiatedg	0.027		4		0.008	0.031		
18:3 undifferentiatedg	0.014		4		0.004	0.016		
18:4g	0.000	0	4		0.000	0.000		
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000		4		0.000	0.000		
20:5 n-3g	0.000		4		0.000	0.000		
22:5 n-3g	0.000	0	4		0.000	0.000		
22:6 n-3g	0.000	0	4		0.000	0.000		
Fatty acids, total transg								
Cholesterolmg	3	0	4		1	3		
Phytosterolsmg								
Amino Acids:								
Tryptophang								
Threonineg	0.045		1		0.013	0.051		
Isoleucineg	0.057	0	1		0.016	0.064		
Leucineg	0.113	0	1		0.032	0.128		
Lysineg	0.090	0	1		0.026	0.102		
Methionineg	0.015	0	1		0.004	0.017		
Cystineg								
Phenylalanineg	0.042	. 0	1		0.012	0.047		
Tyrosineg	0.045	0	1		0.013	0.051		
Valineg	0.070	0	1		0.020	0.079		
Arginineg	0.085	0	1		0.024	0.096		
Histidineg	0.031	. 0	1		0.009	0.035		
Alanineg	0.044	0	1		0.012	0.050		
Aspartic acidg	0.132	. 0	1		0.037	0.149		
Glutamic acid	0.225		1		0.064	0.254		
Glycine	0.027		1		0.008	0.031		
Proline	0.118		1		0.033	0.133		
Serine	0.062		1		0.018	0.070		
Hydroxyproline		-	_					
Others:								
Alcohol, ethylg	0.0	0	7		0.0	0.0		
Caffeine mg								
Theobromine mg								

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.3 Fat 8.9 Carbohydrate 3.8

Food Group: 03 Baby Foods

		<u>Aı</u>	nount in 100 g	ırams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	mber	•			<u>m</u>	easures of food	_	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	77.60	1.300	17		1		11.64	22.00	87.69	
Energy	kcal	81		0	NC	4		12	23	92	
Energy	kj	339				4		51	96	383	
Protein (N x 6.2)	g	1.30	0.000	17		1		0.20	0.37	1.47	
Total lipid (fat)	g	0.30	0.100	17		1		0.05	0.09	0.34	
Ash		0.50	0.000	16		1		0.08	0.14	0.57	
Carbohydrate, by difference	g	20.30		0	NC	4		3.05	5.76	22.94	
Fiber, total dietary	g	0.7		0		4		0.1	0.2	0.8	
Sugars, total	g	10.28		0	FLA	4		1.54	2.91	11.61	
Starch	g										
Minerals:											
Calcium, Ca	ma	31	4.000	16		1		5	9	35	
Iron, Fe	-	0.18	0.020	16		1		0.03	0.05	0.20	
Magnesium, Mg	-	9	0.020	1		1		1	3	10	
Phosphorus, P		31		1		1		5	9	35	
Potassium, K	-	81		14		1		12	23	92	
Sodium, Na		19	1.000	15		1		3	5	21	
Zinc, Zn	mg	0.20		1		1		0.03	0.06	0.23	
Copper, Cu	mg	0.023		0		4		0.003	0.007	0.02	
Manganese, Mn	mg										
Selenium, Se	mcg	1.2		0	FLM	4		0.2	0.3	1.4	
Vitamins:											
Vitamin C, total ascorbic acid	ma	27.2	0.900	16		1		4.1	7.7	30.7	
Thiamin	-	0.038		16		1		0.006	0.011	0.043	
Riboflavin	-	0.036		16		1		0.000	0.011	0.052	
Niacin		0.107		16		1		0.016	0.030	0.121	
Pantothenic acid	-	0.192		0		4		0.029	0.054	0.21	
Vitamin B-6	-	0.040		3		1		0.006	0.011	0.045	
Folate, total		5	0.200	3		1		1	1	6	
Folic acid		0		0	z	7		0	0	0	
Folate, food		5	0.200	3		1		1	1	6	
Folate, DFE		5		0	NC	4		1	1	6	
Vitamin B-12		0.06		1		1		0.01	0.02	0.07	
Vitamin A, IU		40	13.000	16		1		6	11	45	
Vitamin A, RAE		11		0	NC	4		2	3	13	
Retinol		11		0	BNA	4		2	3	13	
Vitamin E (alpha-tocopherol)	mg	0.00		0	FLA	4		0.00	0.00	0.00	
Tocopherol, beta	mg										
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D Vitamin K (phylloquinone)		0.0		0	FLA	4		0.0	0.0	0.0	
<u>Lipids:</u>											
Fatty acids, total saturated		0.099		0		4		0.015	0.028	0.112	
4:0		0.001		0		4		0.000	0.000	0.00	
6:0	-	0.000		0		4		0.000	0.000	0.000	
8:0	-	0.000		0		4		0.000	0.000	0.000	
10:0	-	0.001		0		4		0.000 0.000	0.000	0.00	
12:0		0.001		U		4		0.000	0.000	0.00	
13:0		0.003		0		4		0 000	0 001	0.00	
14:0		0.003		U		4		0.000	0.001	0.00.	
15:0 16:0		0.067		0		4		0.010	0.019	0.07	
17:0	-	0.007		U		*		0.010	0.019	0.07	
18:0		0.024		0		4		0.004	0.007	0.02	
20:0		0.024		3		7		0.004	0.007	0.02	
22:0	-										
24:0	-										

	Am	ount in 100 grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
Nutrients and Units	Mean	Number of Data Std. Error Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.109	0		4		0.016	0.031	0.123	
14:1g									
15:1g									
16:1 undifferentiatedg	0.009	0		4		0.001	0.003	0.010	
17:1g									
18:1 undifferentiated	0.098	0		4		0.015	0.028	0.111	
20:1g	0.001	0		4		0.000	0.000	0.001	
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	0.000	
24:1 cg									
Fatty acids, total polyunsaturated	0.041	0		4		0.006	0.012	0.046	
18:2 undifferentiatedg	0.033	0		4		0.005	0.009	0.037	
18:3 undifferentiatedg	0.003	0		4		0.000	0.001	0.003	
18:4g	0.000	0		4		0.000	0.000	0.000	
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.004	0		4		0.001	0.001	0.005	
20:5 n-3g	0.000	0		4		0.000	0.000	0.000	
22:5 n-3g	0.000	0		4		0.000	0.000	0.000	
22:6 n-3g	0.001	0		4		0.000	0.000	0.001	
Fatty acids, total transg									
Cholesterolmg	0	0		7		0	0	0	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0	0		7		0.0	0.0	0.0	
Caffeine mg	0	0	FLA	4		0	0	0	
Theobrominemg	0	0	FLA	4		0	0	0	
Carotenoids:									
Carotene, betamcg	0	0	BNA	4		0.000	0.000	0.000	
Carotene, alphamcg	0	0	BNA	4		0.000	0.000	0.000	
Cryptoxanthin, betamcg	0	0	BNA	4		0.000	0.000	0.000	
Lycopene mcg	0	0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthinmcg	0	0	FLA	4		0.000	0.000	0.000	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 4.3 Fat 8.9 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100	grams	of edib	le portio	Amount in edible portion of common			
			N	umber				<u>m</u>	easures of food	<u> </u>
Nutrients and Uni	its	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	81.20		1		1		12.18	23.02	178.64
Energy	kcal	67		0	NC	4		10	19	147
Energy	kj	280				4		42	79	617
Protein (N x 6.2)	g	0.30		1		1		0.05	0.09	0.66
Total lipid (fat)	g	0.00		1		1		0.00	0.00	0.00
Ash	g	0.24		0	FLA	4		0.04	0.07	0.52
Carbohydrate, by difference	g	18.30		0	NC	4		2.75	5.19	40.26
Fiber, total dietary	g	0.7		0		4		0.1	0.2	1.5
Sugars, total	g	11.90		0	MA	12		1.79	3.37	26.18
Starch	g									
Minorals:										
<u>Minerals:</u> Calcium, Ca	ma	4		1		1		1	1	9
Iron, Fe		0.10		1		1		0.02	0.03	0.2
Magnesium, Mg		2		0		4		0.02	1	4
Phosphorus, P		6		1		1		1	2	13
Potassium, K		56		1		1		8	16	123
Sodium, Na		9		6		1		1	3	20
Zinc, Zn		0.03		1		1		0.00	0.01	0.0
Copper, Cu		0.196	5	0		4		0.029	0.056	0.4
Manganese, Mn										
Selenium, Se		1.0		0	FLM	4		0.2	0.3	2.2
7*4*										
<u>Vitamins:</u>	ma m	00 5						2.1		
Vitamin C, total ascorbic acid	-	20.5 0.010	,	1 1		1 1		3.1 0.002	5.8 0.003	45.1 0.0
Thiamin		0.010		1		1		0.002		
Riboflavin		0.013		1		1		0.002	0.004 0.073	0.0
Niacin Pantothenic acid	_	0.253	•	1		1		0.039	0.073	0.5
Vitamin B-6	-	0.007	7	1		1		0.001	0.002	0.0
Folate, total		3	•	0	FLA	4		0.001	1	7
Folic acid		1		0	FLA	4		0	0	3
Folate, food		2		0	FLA	4		0	0	4
Folate, DFE		4		0	NC	4		1	1	9
Vitamin B-12		0.00		0	2.0	4		0.00	0.00	0.0
Vitamin A, IU		138		0	NC	4		21	39	303
Vitamin A, RAE		7		0	NC	4		1	2	15
Retinol		0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)		0.31		0	FLA	4		0.05	0.09	0.6
Tocopherol, beta	<del>-</del>									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	1.1		0	FLA	4		0.2	0.3	2.4
Lipids:										
Fatty acids, total saturated	n	0.000	1	0		7		0.000	0.000	0.0
4:0		0.000		0		4		0.000	0.000	0.0
6:0	-	0.000		0		4		0.000	0.000	0.0
8:0		0.000		0		4		0.000	0.000	0.0
10:0		0.000		0		4		0.000	0.000	0.0
12:0	-	0.000		0		4		0.000	0.000	0.0
13:0	-			-		=			0.000	
14:0	-	0.000	)	0		4		0.000	0.000	0.0
15:0	-			-					- /	2.7
16:0	-	0.000	)	0		4		0.000	0.000	0.0
17:0	-									
18:0		0.000	)	0		4		0.000	0.000	0.0
20:0										
22:0	-									
24:0	-									

	<u>Am</u>	nount in 100 grams		le portio	<u>n</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Number of Data Std. Error Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated	0.000	0		7		0.000	0.000	0.000
14:19								
15:1 9								
16:1 undifferentiated	0.000	0		4		0.000	0.000	0.000
17:1g								
18:1 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
20:1g	0.000	0		4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
24:1 cg								
Fatty acids, total polyunsaturated	0.000	0		7		0.000	0.000	0.000
18:2 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
18:3 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
18:4g	0.000	0		4		0.000	0.000	0.000
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
20:5 n-3g	0.000	0		4		0.000	0.000	0.000
22:5 n-3g	0.000	0		4		0.000	0.000	0.000
22:6 n-3g	0.000	0		4		0.000	0.000	0.000
Fatty acids, total trans								
Cholesterol mg	0	0		4		0	0	0
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	0		7		0.0	0.0	0.0
Caffeinemg	0	0	FLA	4		0	0	0
Theobrominemg	0	0	FLA	4		0	0	0
Carotenoids:								
Carotene, betamcg	68	0	FLA	4		10.273	19.415	150.667
Carotene, alphamcg	0	0	FLA	4		0.031	0.058	0.449
Cryptoxanthin, betamcg	28	0	FLA	4		4.244	8.021	62.246
Lycopenemcg	0	0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthinmcg	39	0	FLA	4		5.827	11.012	85.458

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 220g: 1 jar

Calories Factors: Protein 3.4 Fat 8.4 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100 grams	of edil	<u>n</u>	Amount in edible portion of common			
			Numbe	r			<u>m</u>	easures of food	<u> </u>
Nutrients and Uni	its	Mean	of Data Std. Error Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure :
Proximates: Water	a	81.80	0.400 4		1		12.27	23.19	92.43
Energy.	_	65	0.400 4	NC	4		10	18	73
Energy		272	Ü	110	4		41	77	307
Protein (N x 6.2)		0.30	1		1		0.05	0.09	0.34
Total lipid (fat)		0.00	1		1		0.00	0.00	0.00
Ash		0.24	0	FLA	4		0.04	0.07	0.27
Carbohydrate, by difference		17.80	0	NC	4		2.67	5.05	20.11
Fiber, total dietary		0.7	0		4		0.1	0.2	0.8
Sugars, total		10.62	0	FLA	4		1.59	3.01	12.00
Sucrose		2.02	0	FLA	4		0.30	0.57	2.28
Glucose (dextrose)		0.83	0	FLA	4		0.12	0.23	0.94
Fructose		0.65	0	FLA	4		0.10	0.18	0.74
Lactose		0.00	0	FLA	4		0.00	0.00	0.00
Maltose	g	0.04	0	FLA	4		0.01	0.01	0.04
Galactose	g	0.03	0	FLA	4		0.00	0.01	0.03
Starch									
Minerals:			_					_	_
Calcium, Ca		4 0.10	1		1 4		1 0.02	1 0.03	5 0.11
Iron, Fe		2	0		4		0.02	1	2
Phosphorus, P		5	1		1		1	1	6
Potassium, K		54	1		1		8	15	61
Sodium, Na		7	4		1		1	2	8
Zinc, Zn		0.30	1		1		0.05	0.09	0.34
Copper, Cu		0.190	) 1		1		0.029	0.054	0.21
Manganese, Mn									
Selenium, Se	mcg	1.0	0	FLM	4		0.2	0.3	1.1
Vitamins:									
Vitamin C, total ascorbic acid		20.5	1		1 1		3.1	5.8	23.2
Thiamin		0.009			1		0.001	0.003	0.01
Riboflavin		0.014			1		0.002 0.039	0.004 0.073	0.01 0.29
Niacin Pantothenic acid	•	0.259	, 1		_		0.039	0.073	0.29
Vitamin B-6	-	0.007	1		1		0.001	0.002	0.00
Folate, total	-	2	0	FLA	4		0	0.002	2
Folic acid		0	0	FLA	4		0	0	0
Folate, food		2	0	FLA	4		0	0	2
Folate, DFE		2	0	NC	4		0	0	2
Vitamin B-12		0.00	0		4		0.00	0.00	0.00
Vitamin A, IU		138	0	NC	4		21	39	156
Vitamin A, RAE		7	0	NC	4		1	2	8
Retinol	mcg	0	0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.31	0	FLA	4		0.05	0.09	0.35
Tocopherol, beta	mg								
Tocopherol, gamma	mg								
Tocopherol, delta									
Vitamin D Vitamin K (phylloquinone)		1.1	0	FLA	4		0.2	0.3	1.2
	y		· ·	LIIA	-		٧.٤	0.5	1.2
<b>Lipids:</b> Fatty acids, total saturated	ď	0.000	0		7		0.000	0.000	0.00
4:0		0.000			4		0.000	0.000	0.00
6:0	-	0.000			4		0.000	0.000	0.00
8:0	-	0.000			- <del>-</del> - /		0.000	0.000	0.00
10:0	-	0.000			-≖ ⊿		0.000	0.000	0.00
12:0	-	0.000			4		0.000	0.000	0.00
13:0		0.000	. 0		-		0.000	0.000	0.00
14:0		0.000	0		4		0.000	0.000	0.00
15:0		5.000	v		-		0.000	3.000	0.00

		<u>A</u> 1	mount in 10	0 grams Number		ole portio	<u>n</u>		Amount in edible portion of common measures of food		
Nutrients and Unit	ts	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0		0.000		0		4		0.000	0.000	0.000	
17:0 18:0		0.000		0		4		0.000	0.000	0.000	
20:0 22:0	g g	0.000		v		-		0.000	0.000	0.000	
24:0 Fatty acids, total monounsaturated	g	0.000		0		7		0.000	0.000	0.000	
15:1 16:1 undifferentiated	g g	0.000		0		4		0.000	0.000	0.000	
17:1	•	0.000		0		4		0.000	0.000	0.000	
20:1	•	0.000		0		4		0.000	0.000	0.00	
22:1 undifferentiated	-	0.000		0		4		0.000	0.000	0.00	
24:1 c	-										
Fatty acids, total polyunsaturated		0.000		0		7		0.000	0.000	0.00	
18:2 undifferentiated		0.000		0		4		0.000	0.000	0.00	
18:3 undifferentiated	g	0.000		0		4		0.000	0.000	0.00	
18:4	g	0.000		0		4		0.000	0.000	0.00	
20:2 n-6 c,c	g										
20:3 undifferentiated											
20:4 undifferentiated	g	0.000		0		4		0.000	0.000	0.00	
20:5 n-3	g	0.000		0		4		0.000	0.000	0.00	
22:5 n-3	g	0.000		0		4		0.000	0.000	0.00	
22:6 n-3	g	0.000		0		4		0.000	0.000	0.00	
Fatty acids, total trans	g										
Cholesterol	mg	0		0		4		0	0	0	
Phytosterols	mg										
Others:											
Alcohol, ethyl	a	0.0		0		7		0.0	0.0	0.0	
Caffeine		0.0		0	FLA	4		0.0	0.0	0.0	
Theobromine		0		0	FLA	4		0	0	0	
Carotenoids:	ilig	U		U	ELIA	*		U	U	U	
Carotene, beta	mcg	69		0	BNA	4		10.307	19.480	77.644	
Carotene, alpha		0		0	BNA	4		0.031	0.058	0.231	
Cryptoxanthin, beta		28		0	BNA	4		4.258	8.048	32.078	
Lycopene	mcg	0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin	mcg	39		0	FLA	4		5.846	11.048	44.038	

#### **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.4 Fat 8.4 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100	grams	of edib	le portio	Amount in edible portion of common				
			N	lumber				measures of food			
				of Data		Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water		80.87		0	FLA	4		12.13	91.38	91.38	
Energy		76		0	NC	4		11	85	85	
Energy		316		0	NC	4		47	358	358	
Protein		0.90		_		1		0.14	1.02	1.02	
Total lipid (fat)		0.18		0	FLA	4		0.03	0.21	0.21	
Ash		0.45		0	FLA	4		0.07	0.51	0.51	
Carbohydrate, by difference		17.60		0	NC	4		2.64	19.89	19.89	
Fiber, total dietary		0.4		•		4 4		0.1	0.5	0.5	
Sugars, total		6.63		0	FLA	4		0.99	7.49	7.49	
Starch	9										
<u>Minerals:</u>											
Calcium, Ca		27				1		4	31	31	
Iron, Fe		0.40				1		0.06	0.45	0.4	
Magnesium, Mg		13				4		2	15	15	
Phosphorus, P	_	27				1		4	31	31	
Potassium, K		102				1		15	115	115	
Sodium, Na		14				1		2	16	16	
Zinc, Zn		0.18				1		0.03	0.20	0.2	
Copper, Cu		0.040	,			1		0.006	0.045	0.0	
Manganese, Mn		0.8		0	BFZN	4		0.1	0.9	0.9	
Selenium, Se	nog	0.8		O	DE ZN	•		0.1	0.9	0.9	
Vitamins:	ma	11.7				1		1.8	12.0	12.0	
Vitamin C, total ascorbic acid Thiamin		0.010	,			1		0.002	13.2 0.011	13.2	
Riboflavin		0.010				1		0.002	0.011	0.0	
Niacin		0.400				1		0.060	0.452	0.0	
Pantothenic acid		0.400	,			-		0.000	0.432	0.4	
Vitamin B-6		0.020	)			1		0.003	0.023	0.0	
Folate, total		8				4		1	9	9	
Folic acid		0		0	FLA	4		0	0	0	
Folate, food	mcg	8				4		1	9	9	
Folate, DFE		8		0	NC	4		1	9	9	
Vitamin B-12	mcg	0.43				4		0.06	0.49	0.4	
Vitamin A, IU	IU	3		0	NC	4		0	4	4	
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	1	1	
Retinol	mcg	1		0	FLA	4		0	1	1	
Vitamin E (alpha-tocopherol)	mg	0.00		0	FLA	4		0.00	0.00	0.0	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D Vitamin K (phylloquinone)		0.0		0	FLA	4		0.0	0.0	0.0	
	9	0.0		Ü		•		0.0	0.0	0.0	
<u>ipids:</u>	a	0.117	1	0	NC	4		0.018	0.132	0.1	
Fatty acids, total saturated		0.117		U	NC	4		0.018	0.132	0.1	
4:0 6:0	-	0.004				4		0.001	0.007	0.0	
8:0		0.004				4		0.001	0.003	0.0	
10:0	-	0.002				4		0.001	0.006	0.0	
12:0		0.005				4		0.001	0.008	0.0	
13:0						=			0.000	•	
14:0		0.020	)			4		0.003	0.023	0.0	
15:0	-								<del>-</del>		
16:0	-	0.053	3			4		0.008	0.060	0.0	
17:0	-										
18:0		0.019	)			4		0.003	0.022	0.0	
20:0											
22:0	-										
24:0	-										

	<u>Ar</u>	mount in 10			ole portio	Amount in 100 grams of edible portion							
Nutrients and Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	easures of food Measure 2	Measure 3				
Fatty acids, total monounsaturated	0.048		0	NC	4		0.007	0.054	0.054				
14:1g													
15:1g													
16:1 undifferentiatedg	0.004				4		0.001	0.005	0.005				
17:1g													
18:1 undifferentiatedg	0.044				4		0.007	0.050	0.050				
20:1g	0.000				4		0.000	0.000	0.000				
22:1 undifferentiatedg	0.000				4		0.000	0.000	0.000				
24:1 cg													
Fatty acids, total polyunsaturatedg	0.005		0	NC	4		0.001	0.006	0.006				
18:2 undifferentiatedg	0.004				4		0.001	0.004	0.004				
18:3 undifferentiatedg	0.002				4		0.000	0.002	0.002				
18:4g	0.000				4		0.000	0.000	0.000				
20:2 n-6 c,cg													
20:3 undifferentiatedg													
20:4 undifferentiatedg	0.000				4		0.000	0.000	0.000				
20:5 n-3g	0.000				4		0.000	0.000	0.000				
22:5 n-3g	0.000				4		0.000	0.000	0.000				
22:6 n-3g	0.000				4		0.000	0.000	0.000				
Fatty acids, total transg													
Cholesterolmg	4				4		1	5	5				
Phytosterolsmg													
Others:													
Alcohol, ethylg	0.0				7		0.0	0.0	0.0				
Caffeine mg	0		0	FLA	4		0	0	0				
Theobromine mg	0		0	FLA	4		0	0	0				
Carotenoids:													
Carotene, betamcg	0		0	FLA	4		0.023	0.171	0.171				
Carotene, alphamcg	0		0	FLA	4		0.000	0.000	0.000				
Cryptoxanthin, betamcg	0		0	FLA	4		0.000	0.000	0.000				
Lycopenemcg	0		0	FLA	4		0.000	0.000	0.000				
Lutein + zeaxanthin mcg	0		0	FLA	4		0.000	0.000	0.000				

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

			mount in 100 g	<u>,,</u>		ло рогио	-	Amount in edible portion of common			
				ımber		_		<u>m</u>	easures of food		
Nutrients and Un	its	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	83.20	0.300	13		1		23.59	94.02		
Energy	kcal	60		0	NC	4		17	68		
Energy	kj	251				4		71	284		
Protein (N x 6.25)	g	0.20	0.000	13		1		0.06	0.23		
Total lipid (fat)		0.00		13		1		0.00	0.00		
Ash		0.20	0.000	13		1		0.06	0.23		
Carbohydrate, by difference		16.40		0	NC	4		4.65	18.53		
Fiber, total dietary											
Sugars, total											
Starch											
Minerals: Calcium, Ca	ma	10	1.000	13		1		3	11		
Iron, Fe	-	0.26	0.040	13		1		0.07	0.29		
Magnesium, Mg	_	5	0.040	0		4		1	6		
Phosphorus, P		8		0		4		2	9		
Potassium, K	_	58	2.000	13		1		16	66		
Sodium. Na		7	1.000	13		1		2	8		
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.05	1.000	0		4		0.01	0.05		
Copper, Cu		0.028		0		4		0.008	0.032		
Manganese, Mn		0.020		Ŭ		•		0.000	0.032		
Selenium, Se		0.4		0	FLM	4		0.1	0.5		
Vitamins:											
	ma	18.8	2.900	13		1		5.3	21.2		
Vitamin C, total ascorbic acid	-	0.011		13		1		0.003	0.012		
Thiamin	• • • • • • • • • • • • • • • • • • • •	0.011		13		1		0.003	0.012		
Riboflavin	-	0.031		13		1		0.009	0.035		
Niacin Pantothenic acid.		0.080		0		4		0.023	0.090		
	• • • • • • • • • • • • • • • • • • • •	0.094		0		4		0.027	0.106		
Vitamin B-6		3		0		4		0.009	0.035 4		
Foliate, total		0		0	Z	7		0	0		
Folic acid		3		0	Z	4		1	4		
Folate, food		3		0	NC	4		1	4		
Folate, DFE		0.00		0	NC	4		0.00	0.00		
Vitamin B-12	-	20	2.000	13		1		6	23		
Vitamin A, IU		1	2.000	0	NC	4		0	23 1		
Vitamin A, RAE		0		0	NC Z	7		0	0		
Retinol		U		U	4	,		U	U		
Vitamin E (alpha-tocopherol) Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)											

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.4 Fat 8.4 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 gr	ams of	edible	e portio	Amount in edible portion of common			
			Nur	nber				<u>m</u> e	easures of food	_
Nutrients and Un	its	Mean	of I Std. Error Poi	Data De Ints Co		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	85.40		0	MA	12		24.21	96.50	96.50
Energy	kcal	65		0	MC	9		18	73	73
Energy	kj	272				9		77	307	307
Protein	g	2.16		0	MA	12		0.61	2.44	2.44
Total lipid (fat)	g	1.38		0	MA	12		0.39	1.56	1.56
Ash	g	0.18		0	MA	12		0.05	0.20	0.20
Carbohydrate, by difference	g	10.87		0	MC	9		3.08	12.28	12.28
Fiber, total dietary	g	1.8		0	MA	12		0.5	2.0	2.0
Sugars, total		7.90		0	MA	12		2.24	8.93	8.93
Sucrose	g	0.93			MA	12		0.26	1.05	1.05
Glucose (dextrose)	g	1.87			MA	12		0.53	2.11	2.11
Fructose		5.10			MA	12		1.45	5.76	5.76
Lactose	g	0.00			MA	12		0.00	0.00	0.00
Maltose	g	0.00		0	MA	12		0.00	0.00	0.00
Galactose	g									
Starch	g									
<u>finerals:</u> Calcium, Ca	ma	18		0 1	MA	12		5	20	20
Iron, Fe.	-	0.38			MA	12		0.11	0.43	0.4
Magnesium, Mg		6			MA	12		2	7	7
Phosphorus, P		32			MA	12		9	36	36
Potassium, K		95		0 1	MA	12		27	107	107
Sodium, Na	mg	12		0 1	MA	12		3	14	14
Zinc, Zn	mg	0.36		0 1	MA	12		0.10	0.41	0.43
Copper, Cu	mg	0.040	)	0 1	MA	12		0.011	0.045	0.04
Manganese, Mn	<u>mg</u>	0.030	)	0 1	MA	12		0.009	0.034	0.03
Selenium, Se	mcg	2.5		0 E	LM	4		0.7	2.8	2.8
Vitamins:										
Vitamin C, total ascorbic acid		0.2			MA	12		0.1	0.2	0.2
Thiamin		0.020			MA	12		0.006	0.023	0.02
Riboflavin		0.057			MA	12		0.016	0.064	0.06
Niacin	-	0.577			MA	12		0.164	0.652	0.65
Pantothenic acid	-	0.098			LM	4		0.028	0.111	0.11
Vitamin B-6		0.083 1	3		MA LM	12 4		0.024 0	0.094 1	0.09
Foliate, total		0			LA	4		0	0	0
Folic acidFolate. food.		1			LA LA	4		0	1	1
Folate, DFE		1		-	NC	4		0	1	1
Vitamin B-12		0.02			LM	4		0.01	0.02	0.0
Vitamin A, IU		30		-	MA	12		9	34	34
Vitamin A, RAE		2			NC	4		0	2	2
Retinol		0			LA	4		0	0	0
Vitamin E (alpha-tocopherol)		0.07			LA	4		0.02	0.08	0.08
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	0.6		0 E	LA	4		0.2	0.7	0.7
<u>ipids:</u>										
Fatty acids, total saturated		0.347			LM	4		0.098	0.392	0.3
4:0	-	0.000			LM	4		0.000	0.000	0.0
6:0	-	0.000			LM	4		0.000	0.000	0.0
8:0	-	0.000			LM	4		0.000	0.000	0.00
10:0	-	0.000			LM	4		0.000	0.000	0.0
12:0		0.001	L	0 E	LM	4		0.000	0.001	0.0
13:0			_	_						
14:0	g	0.012	2	0 E	LM	4		0.003	0.014	0.0

					of edib	ole portio	<u>n</u>	Amount in edible portion of common measures of food		
Nutrients and Uni	ts	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.226		0	FLM	4		0.064	0.255	0.255
17:0 18:0	g	0.078		0	FLM	4		0.022	0.088	0.088
20:0	g									
Fatty acids, total monounsaturated	g	0.411		0	FLM	4		0.117	0.464	0.464
15:1	g	0.047		0	FLM	4		0.013	0.053	0.053
17:1		0.350		0	FLM	4		0.099	0.396	0.396
20:1		0.003		0	FLM	4		0.001	0.003	0.003
22:1 undifferentiated	-	0.000		0	FLM	4		0.001	0.003	0.000
24:1 c	-	0.000		Ū	2 1101	-		0.000	0.000	0.000
Fatty acids, total polyunsaturated		0.350		0	FLM	4		0.099	0.396	0.396
18:2 undifferentiated		0.304		0	FLM	4		0.086	0.344	0.344
18:3 undifferentiated		0.027		0	FLM	4		0.008	0.031	0.031
18:4	-	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c	-			_		_		0.000	0.000	
20:3 undifferentiated										
20:4 undifferentiated		0.010		0	FLM	4		0.003	0.011	0.011
20:5 n-3		0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3		0.002		0	FLM	4		0.001	0.002	0.002
22:6 n-3		0.002		0	FLM	4		0.001	0.002	0.002
Fatty acids, total trans										
Cholesterol	-	5		0	FLM	4		1	6	6
Phytosterols	-									
Others:					_	_				
Alcohol, ethyl		0.0		0	Z	7		0.0	0.0	0.0
Caffeine	-	0		0	FLA	4		0	0	0
Theobromine	mg	0		0	FLA	4		0	0	0
Carotenoids:										
Carotene, beta	mcg	13		0	BNA	4		3.711	14.793	14.793
Carotene, alpha	-	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta	-	10		0	BNA	4		2.783	11.095	11.095
Lycopene		0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin		16		0	FLA	4		4.615	18.396	18.396

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	of edib	ole portio	<u>n</u>	Amount in edible portion of common		
			Nu	mber	•			<u>m</u>	easures of food	<u>l</u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.90	1.000	7		1		23.22	139.23	
Energy	kcal	82		0	NC	4		23	139	
Energy	kj	343				4		97	583	
Protein (N x 6.14)	g	5.00	0.200	3		1		1.42	8.50	
Total lipid (fat)	g	2.90	0.200	4		1		0.82	4.93	
Ash	g	1.40	0.000	3		1		0.40	2.38	
Carbohydrate, by difference	g	8.80		0	NC	4		2.49	14.96	
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	ma	11	1.000	3		1		3	19	
Iron, Fe		0.69	0.010	3		1		0.20	1.17	
Magnesium, Mg		8	0.010	1		1		2	14	
Phosphorus, P		35		1		1		10	60	
Potassium, K	-	120		1		1		34	204	
Sodium, Na		357		1		1		101	607	
Zine, Zn	-	0.92	0.013	3		1		0.26	1.56	
Copper, Cu		0.054	0.004	3		1		0.015	0.092	
Manganese, Mn	mg									
Selenium, Se	mcg	8.4		0	FLM	4		2.4	14.3	
Vitamins:										
Vitamin C, total ascorbic acid	ma	3.9	0.500	9		1		1.1	6.6	
Thiamin	-	0.016		6		1		0.005	0.027	
Riboflavin		0.010		3		1		0.020	0.117	
Niacin	=	1.343		3		1		0.381	2.283	
Pantothenic acid	-			-		_				
Vitamin B-6	-	0.139	0.021	3		1		0.039	0.236	
Folate, total	-	6		0		4		2	10	
Folic acid		0		0	z	7		0	0	
Folate, food		6		0		4		2	10	
Folate, DFE	mcg_DFE	6		0	NC	4		2	10	
Vitamin B-12		0.51		0		4		0.14	0.87	
Vitamin A, IU	IU	502	100.000	3		1		142	853	
Vitamin A, RAE	mcg_RAE	25		0	NC	4		7	43	
Retinol	mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	nicg									
Amino Acids:										
Tryptophan	g	0.046	;	0		1		0.013	0.078	
Threonine		0.200	1	0		1		0.057	0.340	
Isoleucine	g	0.245	i	0		1		0.069	0.417	
Leucine	g	0.392		0		1		0.111	0.666	
Lysine	g	0.376	i	0		1		0.107	0.639	
Methionine	g	0.123	i	0		1		0.035	0.209	
Cystine		0.054		0		1		0.015	0.092	
Phenylalanine	g	0.197		0		1		0.056	0.335	
Tyrosine	g	0.161		0		1		0.046	0.274	
Valine	g	0.275		0		1		0.078	0.468	
Arginine		0.338		0		1		0.096	0.575	
Histidine	_	0.128		0		1		0.036	0.218	
Alanine	-	0.339		0		1		0.096	0.576	
Aspartic acid	g	0.464		0		1		0.132	0.789	
Glutamic acid	α .	0.870	ı	0		1		0.247	1.479	

	<u>Am</u>	ount in 100 grams o	Amount in edible portion of common measures of food				
Nutrients and Units	Mean	of Data I Std. Error Points (	Deriv Source Code Code	Confidence Code	Measure 1	Measure 2	Measure 3
Glycineg Prolineg	0.364 0.306	0 0	1		0.103 0.087	0.619 0.520	
Serineg Hydroxyprolineg	0.179	0	1		0.051	0.304	

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 Fat 8.9 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 gr	ams of e	dible por	tion	Amount in edible portion of common			
			Nun	nber			<u>m</u>	easures of food	<u> </u>	
			of D	Data De	riv Sour	ce Confidence				
Nutrients and Uni	ts	Mean	Std. Error Poi	nts Co	de Cod	e Code	Measure 1	Measure 2	Measure 3	
Proximates: Water	a	82.30	0.300	3	1		23.33	139.91		
Energy		77			NC 4		22	131		
Energy		322			4		91	548		
Protein (N x 5.98)	· · · · · · · · · · · · · · · · · · ·	4.20	0.300	3	1		1.19	7.14		
,	-	2.10	0.100	3	1		0.60	7.14 3.57		
Total lipid (fat)					1					
Ash		1.40	0.000	3			0.40	2.38		
Carbohydrate, by difference		10.00		0	NC 4		2.84	17.00		
Fiber, total dietary										
Sugars, total										
Starch	g									
Minerals:										
Calcium, Ca	mg	18	0.000	3	1		5	31		
Iron, Fe	mg	0.87	0.020	3	1		0.25	1.48		
Magnesium, Mg	mg	11		1	1		3	19		
Phosphorus, P		40		1	1		11	68		
Potassium, K	_	122		1	1		35	207		
Sodium, Na		454		1	1		129	772		
Zinc, Zn	mg	0.70		1	1		0.20	1.19		
Copper, Cu		0.097		0	4		0.027	0.165		
Manganese, Mn										
Selenium, Se		8.4		0 в	zn 4		2.4	14.3		
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.9	0.200	3	1		0.5	3.2		
Thiamin		0.072	0.009	3	1		0.020	0.122		
Riboflavin		0.089	0.007	3	1		0.025	0.151		
Niacin		1.353	0.050	3	1		0.384	2.300		
Pantothenic acid	_									
Vitamin B-6		0.071	0.000	3	1		0.020	0.121		
Folate, total		6		0	4		2	10		
Folic acid		0			z 7		0	0		
Folate, food	_	6		0	4		2	10		
Folate, DFE	mca DFE	6			ic 4		2	10		
Vitamin B-12		0.51		0	4		0.14	0.87		
Vitamin A, IU		1163	227.000	3	1		330	1977		
Vitamin A, RAE	mca RAF	58			IC 4		16	99		
Retinol		0			z 7		0	0		
Vitamin E (alpha-tocopherol)		· ·		•	- '		·	·		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)										
Amino Acids:	-									
Tryptophan	a	0.047		0	1		0.013	0.080		
Threonine		0.163		0	1		0.046	0.277		
Isoleucine		0.206		0	1		0.058	0.350		
Leucine		0.324		0	1		0.092	0.551		
Lysine		0.324		0	1		0.084	0.505		
<b>7</b>		0.237		0	1		0.023			
Methionine	-	0.082		0	1		0.023	0.139 0.082		
Cystine				0	1		0.014			
Phenylalanine	-	0.182						0.309		
Tyrosine		0.132		0	1		0.037	0.224		
Valine		0.231		0	1		0.065	0.393		
Arginine		0.253		0	1		0.072	0.430		
Histidine		0.102		0	1		0.029	0.173		
Alanine	•	0.265		0	1		0.075	0.451		
Aspartic acid	g	0.353		0	1		0.100	0.600		
Glutamic acid	g	0.889		0	1		0.252	1.511		

	Amou	nt in 100 grams of e	Amount in edible portion of common measures of food				
Nutrients and Units	Mean Sto		v Source Co e Code	onfidence Code	Measure 1	Measure 2	Measure 3
Glycineg	0.279	0	1		0.079	0.474	
Proline	0.326 0.120	0 0	1 1		0.092 0.034	0.554 0.204	

## **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 Fat 8.9 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nι	ımber				<u>m</u> e	easures of food		
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	87.80	0.200	21		1		14.05	24.89	149.26	
Energy	kcal	57		0	NC	4		9	16	97	
Energy	kj	238				4		38	68	405	
Protein (N x 5.98)	g	2.50	0.000	22		1		0.40	0.71	4.25	
Total lipid (fat)	g	1.90	0.100	23		1		0.30	0.54	3.23	
Ash	g	0.50	0.000	21		1		0.08	0.14	0.85	
Carbohydrate, by difference	g	7.40		0	NC	4		1.18	2.10	12.58	
Fiber, total dietary	g	1.1		0		4		0.2	0.3	1.9	
Sugars, total	g	1.45		0	FLA	4		0.23	0.41	2.47	
Starch	g										
Minorals.											
<u>Minerals:</u> Calcium, Ca	ma	8	0.000	22		1		1	2	14	
Iron, Fe		0.43	0.020	23		1		0.07	0.12	0.73	
Magnesium, Mg		7		0		1		1	2	12	
Phosphorus, P		30		1		1		5	9	51	
Potassium, K		46	2.000	13		1		7	13	78	
Sodium, Na		17		14		1		3	5	29	
Zinc, Zn	mg	0.40		0		1		0.06	0.11	0.6	
Copper, Cu	mg	0.032		0		1		0.005	0.009	0.0	
Manganese, Mn	mg										
Selenium, Se	mcg	5.7		0	FLM	4		0.9	1.6	9.7	
Vitamins:											
Vitamin C, total ascorbic acid	ma	1.4	0.100	19		1		0.2	0.4	2.4	
Thiamin	_	0.028		18		1		0.004	0.008	0.04	
Riboflavin		0.036		19		1		0.004	0.010	0.00	
Niacin		0.582		18		1		0.093	0.165	0.98	
Pantothenic acid	-	0.230		4		1		0.037	0.065	0.39	
Vitamin B-6	_	0.031	0.002	6		1		0.005	0.009	0.0	
Folate, total	-	12		0	FLM	4		2	3	20	
Folic acid	mcg	7		0	NC	4		1	2	11	
Folate, food		6		0		1		1	2	9	
Folate, DFE	mcg_DFE	17		0	NC	4		3	5	28	
Vitamin B-12	mcg	0.10		0		1		0.02	0.03	0.17	
Vitamin A, IU	IU	656	38.000	18		1		105	186	1115	
Vitamin A, RAE	mcg_RAE	33		0	NC	4		5	9	56	
Retinol	mcg	0		0	BNA	4		0	0	0	
Vitamin E (alpha-tocopherol)	-	0.47		0	FLA	4		0.07	0.13	0.79	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D		4.6		0	FLA	4		0.7	1.3	7.8	
Vitamin K (phylloquinone)	nicg	4.6		U	FLA	4		0.7	1.3	7.8	
<u> ipids:</u>											
Fatty acids, total saturated	g	0.766	i	0		4		0.123	0.217	1.30	
4:0	g	0.000	1	0		4		0.000	0.000	0.00	
6:0	g	0.000	ı	0		4		0.000	0.000	0.00	
8:0	-	0.000		0		4		0.000	0.000	0.0	
10:0		0.006		0		4		0.001	0.002	0.0	
12:0	-	0.005	i	0		4		0.001	0.001	0.0	
13:0	-										
14:0	-	0.058		0		4		0.009	0.016	0.0	
15:0	_										
16:0		0.455	i	0		4		0.073	0.129	0.7	
17:0		_		_		_					
18:0		0.211		0		4		0.034	0.060	0.3	
20:0	_										
22:0	a										

		<u>Aı</u>	mount in 10		Amount in edible portion of common measures of food					
Nutrients and	Unito	Mean	Std. Error	Number of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Nutrients and	Units	Mean	Siu. Error	1 Ollits	Joue	Oode	Oode	Weasure 1	Weasure 2	Measure 3
Fatty acids, total monounsatura	tedg	0.838		0		4		0.134	0.238	1.425
14:1										
15:1	g									
16:1 undifferentiated	-	0.079		0		4		0.013	0.022	0.134
17:1				_		_				
18:1 undifferentiated	-	0.720		0		4		0.115	0.204	1.224
20:1		0.004		0		4		0.001	0.001	0.007
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000
24:1 c		0.094		0		4		0.015	0 007	0.160
Fatty acids, total polyunsaturate				0		4		0.015 0.011	0.027 0.019	0.160
18:2 undifferentiated		0.066		0		4				
18:3 undifferentiated	=	0.023		0		4		0.004	0.007	0.039
18:4	-	0.000		U		4		0.000	0.000	0.000
20:2 n-6 c,c	-									
20:3 undifferentiated		0.003		0		4		0.000	0.001	0.005
20:4 undifferentiated 20:5 n-3	-	0.003		0		4		0.000	0.001	0.005
				0		_		0.000		
22:5 n-3		0.000		0		4 4			0.000	0.000
22:6 n-3	-	0.000		U		4		0.000	0.000	0.000
Fatty acids, total trans		8		0		4		1	2	14
Cholesterol	_	8		U		4		1	2	14
Phytosterols	IIIg									
Amino Acids:										
Tryptophan	g	0.027		0		1		0.004	0.008	0.046
Threonine	g	0.099		0		1		0.016	0.028	0.168
Isoleucine	g	0.138		0		1		0.022	0.039	0.235
Leucine	g	0.208		0		1		0.033	0.059	0.354
Lysine	g	0.185		0		1		0.030	0.052	0.315
Methionine	g	0.053		0		1		0.008	0.015	0.090
Cystine	g	0.029		0		1		0.005	0.008	0.049
Phenylalanine	g	0.117		0		1		0.019	0.033	0.199
Tyrosine	g	0.093		0		1		0.015	0.026	0.158
Valine	g	0.132		0		1		0.021	0.037	0.224
Arginine	g	0.157		0		1		0.025	0.045	0.267
Histidine	g	0.074		0		1		0.012	0.021	0.126
Alanine	g	0.149		0		1		0.024	0.042	0.253
Aspartic acid	g	0.220		0		1		0.035	0.062	0.374
Glutamic acid	g	0.517		0		1		0.083	0.147	0.879
Glycine	g	0.153		0		1		0.024	0.043	0.260
Proline	g	0.186		0		1		0.030	0.053	0.316
Serine	g	0.098		0		1		0.016	0.028	0.167
Hydroxyproline	g									
04										
Others:				_		_				
Alcohol, ethyl		0.0		0		7		0.0	0.0	0.0
Caffeine		0		0	FLA	4		0	0	0
Theobromine	g	0		0	FLA	4		0	0	0
<u>Carotenoids:</u>										
Carotene, beta	mcg	320		0	BNA	4		51.267	90.839	544.715
Carotene, alpha		146		0	BNA	4		23.377	41.421	248.378
Cryptoxanthin, beta	-	0		0	BNA	4		0.001	0.001	0.009
Lycopene		1030		0	FLA	4		164.738	291.895	1750.339
Lutein + zeaxanthin		163		0	FLA	4		26.136	46.310	277.699

## **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar NDB No. 03287

Babyfood, dinner, beef noodle, junior

Calories Factors: Protein 4.1 Fat 8.9 Carbohydrate 4.1

Food Group: 03 Baby Foods

	<u>A</u>	mount in 100	grams	of edil	ole portic	<u>on</u>	Amount in edible portion of common			
		N	umber				<u>m</u>	easures of food	_	
		o	f Data	Deriv	Source	Confidence				
its	Mean	Std. Error F	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
-	86.84		0	MA	12		13.89	24.62	98.13	
kcal	63		0	MC	9		10	18	71	
kj	264				9		42	75	298	
g	2.44		0	MA	12		0.39	0.69	2.76	
g	2.26		0	MA	12		0.36	0.64	2.55	
g	0.28		0	MA	12		0.04	0.08	0.32	
g	8.18		0	MC	9		1.31	2.32	9.24	
g	1.3		0	MA	12		0.2	0.4	1.5	
g	1.42		0	MA	12		0.23	0.40	1.60	
g	0.50		0	MA	12		0.08	0.14	0.56	
	0.23		0	MA	12		0.04	0.06	0.25	
g	0.18		0	MA	12		0.03	0.05	0.21	
g	0.00		0	MA	12		0.00	0.00	0.00	
g	0.51		0	MA	12		0.08	0.15	0.58	
	10		•		10		•	2		
-									11 0.46	
									11	
									43	
									43 98	
									98 17	
								· <del>-</del>	0.68	
		`							0.68	
									0.13	
	3.6	,	0	FLM	4		0.019	1.0	4.1	
mg	0.1		0	MA	12		0.0	0.0	0.1	
mg	0.035	5	0	MA	12		0.006	0.010	0.04	
mg	0.035	5	0	MA	12		0.006	0.010	0.04	
mg	0.616	5	0	MA	12		0.099	0.175	0.69	
mg	0.101	L	0	FLM	4		0.016	0.029	0.114	
mg	0.036	5	0	MA	12		0.006	0.010	0.04	
mcg	8		0	FLM	4		1	2	9	
mcg	4		0	NC	4		1	1	5	
mcg	4		0		4		1	1	5	
mcg_DFE	11		0	NC	4		2	3	12	
mcg	0.19		0	FLM	4		0.03	0.05	0.21	
IU	716		0	MA	12		115	203	809	
mcg_RAE	36		0	NC	4		6	10	41	
	0		0	FLA	4		0	0	0	
	0.31		0	FLA	4		0.05	0.09	0.35	
IU	1.6		0	ET A	4		0.3	0.5	1 0	
Illog	1.0		U	гLА	4		0.3	0.5	1.8	
а	0.935	7	0	<b>Г</b> Т.М	4		0.150	0.266	1.059	
			0		4				0.00	
									0.000	
-									0.00	
-									0.000	
									0.00	
	0.008	,	U	E TIM	4		0.001	0.002	0.00	
g	0.066	\$	0	FLM	4		0.011	0.019	0.07	
	### g	g 86.84 kcal 63 kj 264 g 2.44 g 2.26 g 0.28 g 8.18 g 1.3 g 1.42 g 0.50 g 0.23 g 0.18 g 0.00 g 0.51 g 9 g 0.51 g 9 g 0.51 g 0.60 mg 0.60 mg 0.60 mg 0.120 mcg 3.6 mg 0.120 mcg 3.6 mg 0.032 mcg 8 mcg 4 mcg 4 mcg 4 mcg 4 mcg 4 mcg 10 mcg 0.31 mg mcg 10 mg 0.32 mcg 3.6 mg 0.032 mcg 3.6 mg 0.033 mg 0.034 mg 0.034 mg 0.035 mg 0.035 mg 0.036 mg 0.036 mg 0.036 mg 0.031 mg 0.036	Std. Error F   Std.	Std. Error   Std. Error   Points	Number   Of Data   Deriv   Of Data   Of Da			Number   Of Data   Deriv   Source   Code   Code   Measure   1	Number   Of Data   Dark   Source   Code   Code   Measure   Measu	

	<u>Ar</u>	mount in 10	00 grams Number		Amount in edible portion of common measures of food					
Nutrients and Uni	ts	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.522		0	FLM	4		0.084	0.148	0.590
17:0 18:0 20:0	g	0.303		0	FLM	4		0.048	0.086	0.342
22:0 24:0	g									
Fatty acids, total monounsaturated	g	0.941		0	FLM	4		0.151	0.267	1.063
15:1 16:1 undifferentiated 17:1	g	0.083		0	FLM	4		0.013	0.024	0.094
18:1 undifferentiated		0.822		0	FLM	4		0.132	0.233	0.929
20:1	g	0.004		0	FLM	4		0.001	0.001	0.005
22:1 undifferentiated	g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c	-									
Fatty acids, total polyunsaturated	g	0.141		0	FLM	4		0.023	0.040	0.159
18:2 undifferentiated		0.112		0	FLM	4		0.018	0.032	0.127
18:3 undifferentiated	g	0.017		0	FLM	4		0.003	0.005	0.019
18:4		0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.005		0	FLM	4		0.001	0.001	0.006
20:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans	g									
Cholesterol	mg	8		0	MA	12		1	2	9
Phytosterols	mg									
Others:										
Alcohol, ethyl	a	0.0		0	z	7		0.0	0.0	0.0
Caffeine		0.0		0	FLA	4		0.0	0.0	0.0
Theobromine	-	0		0	FLA	4		0	0	0
Carotenoids:	!wg	v		·	LIM	-		·	•	v
Carotene, beta	-	350		0	BNA	4		55.931	99.102	395.010
Carotene, alpha		159		0	BNA	4		25.503	45.188	180.113
Cryptoxanthin, beta		0		0	BNA	4		0.002	0.004	0.015
Lycopene	-	476		0	FLA	4		76.097	134.835	537.436
Lutein + zeaxanthin	mcg	23		0	FLA	4		3.645	6.458	25.741

### **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	mber				<u>m</u>	easures of food	•	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Po	ints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	86.90	0.600	7		1		24.64	147.73	147.73	
Energy	kcal	51		0	NC	4		14	87	87	
Energy	kj	213				4		60	363	363	
Protein (N x 6.25)	g	5.10	0.500	3		1		1.45	8.67	8.67	
Total lipid (fat)	g	1.20	0.100	7		1		0.34	2.04	2.04	
Ash		1.40	0.000	3		1		0.40	2.38	2.38	
Carbohydrate, by difference	g	5.50		0	NC	4		1.56	9.35	9.35	
Fiber, total dietary	g	1.1		0		4		0.3	1.9	1.9	
Sugars, total	g	1.39		0	FLA	4		0.39	2.37	2.37	
Starch	g										
Ainerals:											
Calcium, Ca	mg	9	0.000	3		1		3	15	15	
Iron, Fe	_	0.72	0.030	3		1		0.20	1.22	1.2	
Magnesium, Mg	_	11		1		1		3	19	19	
Phosphorus, P	mg	44		1		1		12	75	75	
Potassium, K	mg	142		1		1		40	241	241	
Sodium, Na	mg	345		1		1		98	587	587	
Zinc, Zn	mg	0.87		1		1		0.25	1.48	1.4	
Copper, Cu	mg	0.072	?	0		4		0.020	0.122	0.1	
Manganese, Mn	mg										
Selenium, Se	mcg	4.5		0	FLM	4		1.3	7.7	7.7	
itamins:											
Vitamin C, total ascorbic acid	mg	3.0	0.200	3		1		0.9	5.1	5.1	
Thiamin	mg	0.014	0.000	3		1		0.004	0.024	0.0	
Riboflavin	mg	0.065	0.000	3		1		0.018	0.111	0.1	
Niacin	<u>mg</u>	1.313	0.014	3		1		0.372	2.232	2.2	
Pantothenic acid	<u>mg</u>										
Vitamin B-6	mg	0.074	0.000	3		1		0.021	0.126	0.1	
Folate, total	mcg	6		0		4		2	10	10	
Folic acid	mcg	0		0	Z	7		0	0	0	
Folate, food		6		0		4		2	10	10	
Folate, DFE		6		0	NC	4		2	10	10	
Vitamin B-12		0.51		0		4		0.14	0.87	0.8	
Vitamin A, IU		1649		0	NC	4		467	2803	2803	
Vitamin A, RAE		82		0	NC	4		23	140	140	
Retinol		0		0	FLA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.50		0	FLA	4		0.14	0.85	0.8	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D Vitamin K (phylloquinone)		2.5		0	FLA	4		0.7	4.2	4.2	
		2.3		·		-		0.,	***		
<u>ipids:</u>	_					_					
Fatty acids, total saturated		0.580		4		1		0.164	0.986	0.9	
4:0	_	0.000		0		1		0.000	0.000	0.0	
6:0		0.000		0		1		0.000	0.000	0.0	
8:0	-	0.000		0		1		0.000	0.000	0.0	
10:0	-	0.000		3 4		1 1		0.000	0.000	0.0	
12:0		0.000	,	4		1		0.000	0.000	0.0	
13:0		0.000	0 000	4		-		0 000	0.051	^ ^	
14:0		0.030	0.000	4		1		0.009	0.051	0.0	
15:0		0.280	0.020	4		1		0.079	0.476	0.4	
16:0		0.280	0.020	4		1		0.079	0.4/6	0.4	
17:0		0.220	0.020	4		1		0.063	0 274	0.3	
18:0	-	0.220	0.020	4		1		0.062	0.374	0.3	
20:0	-										
22:0 24:0	-										

		<u>Aı</u>	mount in 100 g	Amount in edible portion of common measures of food						
Nutrients and U	Jnits	Mean			Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturate 14:1		0.440	0.050	4		1		0.125	0.748	0.748
15:1	g	0.030	0.000	4		1		0.009	0.051	0.051
17:1 18:1 undifferentiated	g	0.400		4		1		0.113	0.680	0.680
20:1 undifferentiated	g	0.000 0.000		<b>4</b> 0		1 1		0.000 0.000	0.000 0.000	0.000
24:1 cFatty acids, total polyunsaturated	dg	0.100		4		1		0.028	0.170	0.170
18:2 undifferentiated	g	0.090 0.010	0.000	4 4		1 1		0.026 0.003	0.153 0.017	0.153 0.017
18:4 20:2 n-6 c,c	g	0.000		0		1		0.000	0.000	0.000
20:3 undifferentiated	g	0.010		4		1 1		0.003	0.017	0.017
20:5 n-3	g	0.000 0.000 0.000		0 0 0		1 1 1		0.000	0.000	0.000 0.000 0.000
22:6 n-3Fatty acids, total trans	g	13	0.840	3		1		0.000 4	0.000	21
CholesterolPhytosterols		13	0.640	3		_		4	21	21
Amino Acids: Tryptophan	g	0.053		0		1		0.015	0.090	0.090
Threonine	-	0.210 0.246		0		1 1		0.060 0.070	0.357 0.418	0.357 0.418
Leucine	=	0.388 0.394		0 0		1 1		0.110 0.112	0.660 0.670	0.660 0.670
Methionine	g	0.142 0.053		0		1 1		0.0 <b>4</b> 0 0.015	0.2 <b>41</b> 0.090	0.2 <b>41</b> 0.090
Phenylalanine Tyrosine		0.201 0.159		0		1 1		0.057 0.0 <b>4</b> 5	0.3 <b>4</b> 2 0.270	0.3 <b>4</b> 2 0.270
Valine		0.272 0.353		0		1 1		0.077 0.100	0. <b>4</b> 62 0.600	0.462 0.600
HistidineAlanine	=	0.128 0.332		0 0		1 1		0.036 0.09 <b>4</b>	0.218 0.564	0.218 0.564
Aspartic acidGlutamic acid	-	0.485 0.823		0 0		1 1		0.137 0.233	0.825 1.399	0.825 1.399
Glycine		0.351 0.321		0 0		1 1		0.100 0.091	0.597 0.546	0.597 0.546
Serine Hydroxyproline	-	0.192		0		1		0.054	0.326	0.326
Others:	a	0.0		0		7		0.0	0.0	0.0
Alcohol, ethyl  Caffeine  Theobromine	mg	0		0	FLA FLA	4 4		0	0	0
Carotenoids:								•	•	
Carotene, beta	mcg	816 346		0	FLA FLA	4 4		231.440 98.086	1387.824 588.170	1387.824 588.170
Cryptoxanthin, beta Lycopene	mcg	0 2575		0	FLA FLA	4		0.000 730.054	0.000 4377.750	0.000 <b>4377.75</b> 0
Lutein + zeaxanthin	mcg	26		0	FLA	4		7.460	44.734	44.734

## **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Measure 3 = 170g: 1 jar Beech-Nut Table Time (6 oz)

NDB No. 03052

Babyfood, dinner, beef stew, toddler

Calories Factors: Protein 3.7 Fat 8.9 Carbohydrate 3.9

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 g	rams	of edib	ole portio	<u>n</u>	Amount in edible portion of common			
				mber	Deriv	Source	Confidence	<u>m</u>	easures of food		
Nutrients and Uni	its	Mean	Std. Error Po			Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water		84.30		1	MA	12		95.26			
Energy	kcal	96		0	MC	9		108			
Energy	kj	402				9		454			
Protein	g	2.03		1	MA	12		2.29			
Total lipid (fat)	g	6.93		1	MA	12		7.83			
Ash	g	0.38		1	MA	12		0.43			
Carbohydrate, by difference	g	6.36		1	MC	9		7.19			
Fiber, total dietary	g	1.8		1	MA	12		2.0			
Sugars, total	g	2.16		0	MA	12		2.44			
Sucrose	g	1.35		0	MA	12		1.53			
Glucose (dextrose)		0.32		0	MA	12		0.36			
Fructose	g	0.49		0	MA	12		0.55			
Lactose		0.00		0	MA	12		0.00			
Maltose		0.00		0	MA	12		0.00			
Galactose											
Starch											
Minerals:				_							
Calcium, Ca		19		1	MA	12		21			
Iron, Fe		0.33		1	MA	12		0.37			
Magnesium, Mg		15		1	MA	12		17			
Phosphorus, P		24 127		1 1	FLM	4 12		27 144			
Potassium, K Sodium, Na		23		1	MA MA	12		26			
Zinc, Zn		0.35		1	MA	12		0.40			
Copper, Cu		0.036	5	0	FLM	4		0.041			
Manganese, Mn		0.006		0	FLM	4		0.007			
Selenium, Se		2.2	•	0	FLM	4		2.5			
Vitamins:											
Vitamin C, total ascorbic acid	mg	0.0		1	MA	12		0.0			
Thiamin		0.030	)	1	MA	12		0.034			
Riboflavin		0.060	)	1	MA	12		0.068			
Niacin	mg	0.700	)	1	MA	12		0.791			
Pantothenic acid	mg	0.259	9	0	FLM	4		0.293			
Vitamin B-6	mg	0.083	3	0	FLM	4		0.094			
Folate, total	mcg	11		0	FLM	4		12			
Folic acid	mcg	0		0	Z	7		0			
Folate, food		11		0	FLM	4		12			
Folate, DFE	mcg_DFE	11		0	NC	4		12			
Vitamin B-12		0.09		0	FLM	4		0.10			
Vitamin A, IU	IU	4436		1	MA	12		5013			
Vitamin A, RAE	mcg_RAE	222		0	NC	4		251			
Retinol	mcg	0		0	BNA	4		0			
Vitamin E (alpha-tocopherol)	mg	0.57		0	FLA	4		0.64			
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta	-										
Vitamin D		11 6		0	FLA	4		13.1			
Vitamin K (phylloquinone)	nicg	11.6		0	гцΑ	4		13.1			
Lipids:	a	2.840	1	1	MA	12		3.209			
Fatty acids, total saturated		0.000		0	FLM	4		0.000			
6:0	-	0.000		0	FLM	4		0.000			
8:0	-	0.000		0	FLM	4		0.000			
10:0	-	0.000		0	FLM	4		0.000			
		0.000		0	FLM	4		0.000			
12:0		0.051	•	J	E TIM	4		0.056			
13:0 14:0		0.214	1	0	FLM	4		0.242			
15:0		0.215	-	•	- 1111	-		V. 242			

		<u>A</u> 1	mount in 10	00 grams Number	Amount in edible portion of common measures of food					
Nutrients and U	nits	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	1.463	<b>.</b>	0	FLM	4		1.653		
17:0 18:0		1.112	<b>!</b>	0	FLM	4		1.257		
20:0	g									
24:0Fatty acids, total monounsaturated	dg	3.120		0	MA	12		3.526		
15:1	g	0.321		0	FLM	4		0.363		
17:1 18:1 undifferentiated	•	2.778	<b>.</b>	0	FLM	4		3.139		
20:1	g	0.022	!	0	FLM	4		0.025		
22:1 undifferentiated	g	0.000	)	0	FLM	4		0.000		
24:1 c	g									
Fatty acids, total polyunsaturated.	g	0.900	)	0	MA	12		1.017		
18:2 undifferentiated	g	0.747	,	0	FLM	4		0.844		
18:3 undifferentiated	g	0.149	)	0	FLM	4		0.168		
18:4	g	0.000	)	0	FLM	4		0.000		
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.004	ŀ	0	FLM	4		0.005		
20:5 n-3	g	0.000	)	0	FLM	4		0.000		
22:5 n-3	g	0.000		0	FLM	4		0.000		
22:6 n-3	g	0.000	)	0	FLM	4		0.000		
Fatty acids, total trans										
Cholesterol	mg	12		1	MA	12		14		
Phytosterols	mg									
Others:										
Alcohol, ethyl	а	0.0		0	z	7		0.0		
Caffeine		0		0	FLA	4		0		
Theobromine	-	0		0	FLA	4		0		
Carotenoids:	J	-		-	· <b>-</b>	-		-		
Carotene, beta	mcg	2165		0	BNA	4		2446.366		
Carotene, alpha	mcg	993		0	BNA	4		1122.381		
Cryptoxanthin, beta	_	0		0	BNA	4		0.000		
Lycopene		0		0	FLA	4		0.105		
Lutein + zeaxanthin		58		0	FLA	4		65.478		

### **Common Measures:**

Measure 1 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

Nutrients and Units	cal :	90.84 42 176 3.93 1.47 0.53 3.22 2.3 1.00 0.14 0.43 0.45 0.00 0.00	Std. Error	Number of Data Points  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	MA MC MA MA MA MA MA MA MA	Source Code  12 9 9 12 12 12 12 12 12 12 12	Confidence Code	25.75 12 50 1.11 0.42 0.15 0.91 0.7	102.65 47 199 4.44 1.66 0.60 3.64 2.6	102.65 47 199 4.44 1.66 0.60 3.64
Proximates:         9           Energy         kc           Energy         kj           Protein         9           Total lipid (fat)         9           Ash         9           Carbohydrate, by difference         9           Fiber, total dietary         9           Sugars, total         9           Sucrose         9           Glucose (dextrose)         9           Fructose         9           Lactose         9           Maltose         9           Galactose         9           Starch         9           Minerals:           Calcium, Ca         m           Iron, Fe         m           Magnesium, Mg         m           Phosphorus, P         m           Potassium, K         m           Sodium, Na         m           Zinc, Zn         m           Copper, Cu         m           Manganese, Mn         m           Selenium, Se         m           Vitamins:         m           Vitaminon         m           Riboflavin         m	cal :	90.84 42 176 3.93 1.47 0.53 3.22 2.3 1.00 0.14 0.43 0.45 0.00	Std. Error	Points  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	MA MC MA MA MA MA MA MA	12 9 9 12 12 12 12 12 12		25.75 12 50 1.11 0.42 0.15 0.91	102.65 47 199 4.44 1.66 0.60 3.64	102.65 47 199 4.44 1.66 0.60 3.64
Water.         9           Energy.         ko           Energy.         ko           Energy.         ko           Energy.         ko           Forein.         9           Total lipid (fat).         9           Ash.         9           Carbohydrate, by difference.         9           Fiber, total dietary.         9           Sugars, total.         9           Sucrose.         9           Glucose (dextrose).         9           Fructose.         9           Lactose.         9           Maltose.         9           Galactose.         9           Starch.         9           Minerals:         2           Calcium, Ca.         m           Iron, Fe.         m           Magnesium, Mg.         m           Phosphorus, P.         m           Potassium, K.         m           Sodium, Na.         m           Zinc, Zn.         m           Copper, Cu.         m           Manganese, Mn.         m           Selenium, Se.         m           Vitamins.         m           Vitami	9	42 176 3.93 1.47 0.53 3.22 2.3 1.00 0.14 0.43 0.45 0.00		0 0 0 0 0 0 0	MC MA MA MC MA MA MA	9 9 12 12 12 9 12 12		12 50 1.11 0.42 0.15 0.91	47 199 4.44 1.66 0.60 3.64	47 199 4.44 1.66 0.60 3.64
Water         9           Energy         ko           Energy         ko           Energy         ko           Protein         9           Total lipid (fat)         9           Ash         9           Carbohydrate, by difference         9           Fiber, total dietary         9           Sugars, total         9           Sucrose         9           Glucose (dextrose)         9           Fructose         9           Lactose         9           Maltose         9           Galactose         9           Starch         9           Winerals:           Calcium, Ca         m           Iron, Fe         m           Magnesium, Mg         m           Potassium, K         m           Sodium, Na         m           Zinc, Zn         m           Copper, Cu         m           Manganese, Mn         m           Selenium, Se         m           Vitamins:         vitamins           Vitamins         m	9	42 176 3.93 1.47 0.53 3.22 2.3 1.00 0.14 0.43 0.45 0.00		0 0 0 0 0 0 0	MC MA MA MC MA MA MA	9 9 12 12 12 9 12 12		12 50 1.11 0.42 0.15 0.91	47 199 4.44 1.66 0.60 3.64	47 199 4.44 1.66 0.60 3.64
Energy         kj           Protein         9           Total lipid (fat)         9           Ash         9           Carbohydrate, by difference         9           Fiber, total dietary         9           Sugars, total         9           Sucrose         9           Glucose (dextrose)         9           Fructose         9           Lactose         9           Maltose         9           Galactose         9           Starch         9           Minerals:         Calcium, Ca         m           Iron, Fe         m           Magnesium, Mg         m           Phosphorus, P         m           Potassium, K         m           Sodium, Na         m           Zinc, Zn         m           Copper, Cu         m           Manganese, Mn         m           Selenium, Se         m           Vitamins:         Vitamins:	9	3.93 1.47 0.53 3.22 2.3 1.00 0.14 0.43 0.45		0 0 0 0 0 0	MA MA MA MC MA MA MA	9 12 12 12 12 9 12 12		50 1.11 0.42 0.15 0.91	199 4.44 1.66 0.60 3.64	199 4.44 1.66 0.60 3.64
Protein.         9           Total lipid (fat)         9           Ash         9           Carbohydrate, by difference.         9           Fiber, total dietary.         9           Sugars, total.         9           Sucrose.         9           Glucose (dextrose).         9           Fructose.         9           Lactose.         9           Maltose.         9           Galactose.         9           Starch.         9           Minerals:         Calcium, Ca.         m           Iron, Fe.         m         m           Magnesium, Mg.         m         m           Potassium, K         m         m           Sodium, Na         m         m           Zinc, Zn.         m         m           Copper, Cu.         m         m           Manganese, Mn.         m         m           Selenium, Se.         m         m           Vitamins:         Thiamin.         m	g	3.93 1.47 0.53 3.22 2.3 1.00 0.14 0.43 0.45		0 0 0 0 0 0	MA MA MC MA MA MA	12 12 12 9 12 12		1.11 0.42 0.15 0.91	4.44 1.66 0.60 3.64	4.44 1.66 0.60 3.64
Total lipid (fat)		1.47 0.53 3.22 2.3 1.00 0.14 0.43 0.45 0.00		0 0 0 0 0 0	MA MA MC MA MA MA	12 12 9 12 12		0.42 0.15 0.91 0.7	1.66 0.60 3.64	1.66 0.60 3.64
Ash.       9         Carbohydrate, by difference.       9         Fiber, total dietary.       9         Sugars, total.       9         Sucrose.       9         Glucose (dextrose).       9         Fructose.       9         Lactose.       9         Maltose.       9         Starch.       9         Minerals:       Calcium, Ca.       m         Iron, Fe.       m         Magnesium, Mg.       m         Phosphorus, P.       m         Potassium, K.       m         Sodium, Na       m         Zinc, Zn       m         Copper, Cu.       m         Manganese, Mn       m         Selenium, Se       m         Vitamins:       Vitamins:         Vitamin C, total ascorbic acid.       m         Riboflavin.       m		0.53 3.22 2.3 1.00 0.14 0.43 0.45 0.00		0 0 0 0 0	MA MC MA MA MA	12 9 12 12 12		0.15 0.91 0.7	0.60 3.64	0.60 3.64
Carbohydrate, by difference.         9           Fiber, total dietary.         9           Sugars, total.         9           Sucrose.         9           Glucose (dextrose).         9           Fructose.         9           Lactose.         9           Maltose.         9           Galactose.         9           Starch.         9           Minerals:         Calcium, Ca.         m           Iron, Fe.         m           Magnesium, Mg.         m           Phosphorus, P.         m           Potassium, K.         m           Sodium, Na         m           Zinc, Zn         m           Copper, Cu.         m           Manganese, Mn         m           Selenium, Se         m           Vitamins:         Vitamins:           Vitamin C, total ascorbic acid.         m           Riboflavin.         m		3.22 2.3 1.00 0.14 0.43 0.45 0.00		0 0 0 0 0 0	MC MA MA MA MA	9 12 12 12		0.91 0.7	3.64	3.64
Fiber, total dietary.         9           Sugars, total.         9           Sucrose.         9           Glucose (dextrose).         9           Fructose.         9           Lactose.         9           Maltose.         9           Galactose.         9           Starch.         9           Minerals:         2           Calcium, Ca.         m           Iron, Fe.         m           Magnesium, Mg.         m           Phosphorus, P.         m           Potassium, K.         m           Sodium, Na.         m           Zinc, Zn.         m           Copper, Cu.         m           Manganese, Mn.         m           Selenium, Se.         m           Vitamins:         Vitamins:           Vitamin C, total ascorbic acid.         m           Riboflavin.         m		2.3 1.00 0.14 0.43 0.45 0.00		0 0 0 0	MA MA MA MA	12 12 12		0.7		
Sugars, total         9           Sucrose         9           Glucose (dextrose)         9           Fructose         9           Lactose         9           Maltose         9           Galactose         9           Starch         9           Minerals:         Calcium, Ca         m           Iron, Fe         m           Magnesium, Mg         m           Phosphorus, P         m           Potassium, K         m           Sodium, Na         m           Zinc, Zn         m           Manganese, Mn         m           Selenium, Se         m           Vitamins:         Vitamins:           Vitamin C, total ascorbic acid         m           Riboflavin         m		1.00 0.14 0.43 0.45 0.00		0 0 0	MA MA MA	12 12			2.6	
Sucrose.         9           Glucose (dextrose).         9           Fructose.         9           Lactose.         9           Maltose.         9           Galactose.         9           Starch.         9           Minerals:         Calcium, Ca.         m           Iron, Fe.         m           Magnesium, Mg.         m           Phosphorus, P.         m           Potassium, K.         m           Sodium, Na.         m           Zinc, Zn.         m           Manganese, Mn.         m           Selenium, Se.         m           Vitamins:         Vitamin C, total ascorbic acid.         m           Riboflavin.         m		0.14 0.43 0.45 0.00		0 0	MA MA	12		0.28		2.6
Glucose (dextrose)         9           Fructose         9           Lactose         9           Maltose         9           Galactose         9           Starch         9           Minerals:         Calcium, Ca         m           Iron, Fe         m           Magnesium, Mg         m           Phosphorus, P         m           Potassium, K         m           Sodium, Na         m           Zinc, Zn         m           Copper, Cu         m           Manganese, Mn         m           Selenium, Se         m           Vitamins:         Vitamins:           Vitamin C, total ascorbic acid         m           Riboflavin         m		0.43 0.45 0.00		0	MA				1.13	1.13
Fructose         9           Lactose         9           Maltose         9           Galactose         9           Starch         9           Minerals:         Starch           Calcium, Ca         m           Iron, Fe         m           Magnesium, Mg         m           Potassium, K         m           Sodium, Na         m           Zinc, Zn         m           Copper, Cu         m           Manganese, Mn         m           Selenium, Se         m           Vitamins:         Vitamins:           Vitamin C, total ascorbic acid         m           Riboflavin         m		0.45 0.00		0		10		0.04	0.16	0.16
Lactose		0.00				12		0.12	0.49	0.49
Lactose         9           Maltose         9           Galactose         9           Starch         9           Minerals:         Calcium, Ca         m           Iron, Fe         m           Magnesium, Mg         m           Potassium, K         m           Sodium, Na         m           Copper, Cu         m           Manganese, Mn         m           Vitamins:         Vitamins:           Vitamin C, total ascorbic acid         m           Riboflavin         m				0	MA	12		0.13	0.51	0.51
Maltose         9           Galactose         9           Starch         9           Starch         9           Minerals:         Calcium, Ca         m           Iron, Fe         m           Magnesium, Mg         m           Potassium, K         m           Sodium, Na         m           Zinc, Zn         m           Copper, Cu         m           Manganese, Mn         m           Vitamins:           Vitamin C, total ascorbic acid         m           Thiamin         m		0.00			MA	12		0.00	0.00	0.00
Galactose         9           Starch         g           Vinerals:				0	MA	12		0.00	0.00	0.00
Starch										
Calcium, Ca										
Iron, Fe.         m           Magnesium, Mg.         m           Phosphorus, P.         m           Potassium, K.         m           Sodium, Na.         m           Zinc, Zn.         m           Copper, Cu.         m           Manganese, Mn.         m           Selenium, Se.         m           Vitamins:         m           Vitamin C, total ascorbic acid.         m           Riboflavin.         m		41		0	MA	12		12	46	46
Magnesium, Mg	a	0.57		0	MA	12		0.16	0.64	0.64
Phosphorus, P	-	12		0	MA	12		3	14	14
Potassium, K.         m           Sodium, Na.         m           Zinc, Zn.         m           Copper, Cu.         m           Manganese, Mn.         m           Selenium, Se.         m           Vitamins:         m           Vitamin C, total ascorbic acid.         m           Thiamin.         m           Riboflavin.         m		59		0	MA	12		17	67	67
Zinc, Zn		169		0	MA	12		48	191	191
Copper, Cu	g	19		0	MA	12		5	21	21
Manganese, Mn	g	0.60		0	MA	12		0.17	0.68	0.68
Selenium, Se	g	0.040		0	MA	12		0.011	0.045	0.04
Vitamins: Vitamin C, total ascorbic acid	g	0.130		0	MA	12		0.037	0.147	0.14
Vitamin C, total ascorbic acid	cg	3.8		0	FLM	4		1.1	4.3	4.3
Thiamin m Riboflavin m										
Riboflavinm		19.0		0	MA	12		5.4	21.5	21.5
		0.020		0	MA	12		0.006	0.023	0.02
		0.084		0	MA	12		0.024	0.095	0.09
Niacin m	•	0.776 0.227		0 0	MA FLM	12 4		0.220 0.064	0.877	0.87
Pantothenic acid	-	0.227		0	MA	12		0.064	0.257 0.099	0.25
Folate, total	-	45		0	FLM	4		13	51	51
Folic acid m		0		0	Z	7		0	0	0
Folate food m		45		0	T	4		13	51	51
Folate, DFE	-9	45		0	NC	4		13	51	51
Vitamin B-12m		0.01		0	FLM	4		0.00	0.01	0.01
Vitamin A, IUIU		455		0	MA	12		129	514	514
Vitamin A, RAEm		23		0	NC	4		6	26	26
Retinolm		0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)m		0.86		0	FLA	4		0.24	0.97	0.9
Tocopherol, betam										
Tocopherol, gammam										
Tocopherol, deltam	g									
Vitamin DIU	J									
Vitamin K (phylloquinone)m	cg	61.3		0	FLA	4		17.4	69.3	69.3
ipids:		0 41 4		^				0 117	0.460	
Fatty acids, total saturated9		0.414		0	FLM	4		0.117	0.468	0.4
4:0g		0.000		0	FLM	4		0.000	0.000	0.00
6:0g		0.000		0	FLM	4		0.000	0.000	0.0
8:0g		0.000		0 0	FLM	4		0.000	0.000	0.00
10:0g		0.000			FLM	4		0.000	0.000	0.0
12:0g		0.002		0	FLM	4		0.001	0.002	0.00
13:0g 14:0g		0.011		0	FLM	4		0.003	0.012	0.0

		<u>Ar</u>	nount in 10	00 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Unit	ts	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.302		0	FLM	4		0.086	0.341	0.341	
17:0 18:0 20:0.	g	0.085		0	FLM	4		0.024	0.096	0.096	
22:0 24:0	g g										
Fatty acids, total monounsaturated 14:1	g	0.568		0	FLM	4		0.161	0.642	0.642	
15:1 16:1 undifferentiated 17:1	g	0.070		0	FLM	4		0.020	0.079	0.079	
18:1 undifferentiated	g	0.477		0	FLM	4		0.135	0.539	0.539	
20:1	g	0.013		0	FLM	4		0.004	0.015	0.015	
22:1 undifferentiated	g	0.000		0	FLM	4		0.000	0.000	0.000	
24:1 c											
Fatty acids, total polyunsaturated	g	0.367		0	FLM	4		0.104	0.415	0.415	
18:2 undifferentiated		0.267		0	FLM	4		0.076	0.302	0.302	
18:3 undifferentiated	g	0.083		0	FLM	4		0.024	0.094	0.094	
18:4	g	0.000		0	FLM	4		0.000	0.000	0.000	
20:2 n-6 c,c	g										
20:3 undifferentiated	g										
20:4 undifferentiated	g	0.006		0	FLM	4		0.002	0.007	0.007	
20:5 n-3	g	0.001		0	FLM	4		0.000	0.001	0.001	
22:5 n-3	g	0.001		0	FLM	4		0.000	0.001	0.001	
22:6 n-3	g	0.002		0	FLM	4		0.001	0.002	0.002	
Fatty acids, total trans	g										
Cholesterol	mg	6		0	FLM	4		2	7	7	
Phytosterols	mg										
Others:											
Alcohol, ethyl	a	0.0		0	z	7		0.0	0.0	0.0	
Caffeine		0.0		0	FLA	4		0.0	0.0	0.0	
Theobromine		0		0	FLA	4		0	0	0	
Carotenoids:		v		·	2 1161	-		v	•	v	
				_							
Carotene, beta	-	269		0	BNA	4		76.281	304.049	304.049	
Carotene, alpha		6		0	BNA	4		1.724	6.873	6.873	
Cryptoxanthin, beta		0		0	BNA	4		0.086	0.344	0.344	
Lycopene		0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin	mcg	923		0	FLA	4		261.599	1042.704	1042.704	

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 43373
Babyfood, dinner, chicken and noodle with vegetables, toddler

		<u>A</u> :	mount in 100 grams	s of edil	ole portio	<u>on</u>	Amount in	edible portion of	of common
			Numbe	r			<u>m</u>	easures of food	
			of Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water	g	85.30			1		13.65	145.01	
Energy	kcal	66	0	NC	4		11	112	
Energy		276	0	NC	4		44	470	
Protein	g	3.80			1		0.61	6.46	
Total lipid (fat)	g	1.70			1		0.27	2.89	
Ash	g	0.31	0	FLA	4		0.05	0.53	
Carbohydrate, by difference	g	8.89	0	NC	4		1.42	15.11	
Fiber, total dietary	g	0.6			1		0.1	1.0	
Sugars, total	g	0.82	0	FLA	4		0.13	1.39	
Starch	g								
M. 1									
Minerals:	ma	11			1		2	19	
Calcium, Ca Iron, Fe	_	0.40			1		0.06	0.68	
Magnesium, Mg		10			4		2	17	
Phosphorus, P		42			1		7	71	
Potassium, K	-	95			1		15	162	
Sodium, Na		186			1		30	316	
Zinc, Zn		0.41			4		0.07	0.70	
Copper, Cu		0.020	)		4		0.003	0.034	
Manganese, Mn									
Selenium, Se		3.7	0	BFZN	4		0.6	6.3	
¥7:4									
<u>Vitamins:</u>							0.0		
Vitamin C, total ascorbic acid		1.7 0.040			1 1		0.3 0.006	2.9 0.068	
ThiaminRiboflavin		0.040			1		0.008	0.085	
Niacin		1.230			1		0.197	2.091	
Pantothenic acid	-	1.230	,		_		0.197	2.031	
Vitamin B-6		0.060	)		1		0.010	0.102	
Folate, total		9	0	FLA	4		1	16	
Folic acid		4	0	FLA	4		1	7	
Folate, food	-	5	0	FLA	4		1	9	
Folate, DFE	mcg DFE	12	0	NC	4		2	20	
Vitamin B-12		0.14			4		0.02	0.24	
Vitamin A, IU		1950	0	NC	4		312	3315	
Vitamin A, RAE	mcg_RAE	98	0	NC	4		16	167	
Retinol		1	0	FLA	4		0	2	
Vitamin E (alpha-tocopherol)	mg	0.19	0	FLA	4		0.03	0.32	
Tocopherol, beta	mg								
Tocopherol, gamma									
Tocopherol, delta									
Vitamin D									
Vitamin K (phylloquinone)	mcg	3.3	0	FLA	4		0.5	5.6	
Lipids:									
Fatty acids, total saturated	g	0.461			4		0.074	0.784	
4:0		0.000			4		0.000	0.000	
6:0	g	0.000	)		4		0.000	0.000	
8:0	g	0.000	)		4		0.000	0.000	
10:0	g	0.000	)		4		0.000	0.000	
12:0	g	0.002	!		4		0.000	0.003	
13:0	g								
14:0	g	0.012	!		4		0.002	0.020	
15:0	g								
16:0	g	0.343	3		4		0.055	0.583	
17:0	g								
18:0	g	0.091			4		0.015	0.155	
20:0	g								
22:0	-								
24:0	g								

		<u>Aı</u>	mount in 10			ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and l	Jnits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturate		0.632				4		0.101	1.074		
14:1	<u>-</u>										
15:1	_										
16:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.081				4		0.013	0.138		
17:1						_					
18:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.529				4		0.085	0.899		
20:1	_	0.014				4		0.002	0.024		
22:1 undifferentiated	•	0.000				4		0.000	0.000		
24:1 c	_										
Fatty acids, total polyunsaturated		0.392				4		0.063	0.666		
18:2 undifferentiated		0.340				4		0.054	0.578		
18:3 undifferentiated		0.020				4		0.003	0.034		
18:4		0.000				4		0.000	0.000		
20:2 n-6 c,c											
20:3 undifferentiated	• • • • • • • • • • • • • • • • • • • •										
20:4 undifferentiated	<u>-</u>	0.013				4		0.002	0.022		
20:5 n-3	_	0.001				4		0.000	0.002		
22:5 n-3	_	0.002				4		0.000	0.003		
22:6 n-3		0.004				4		0.001	0.007		
Fatty acids, total trans											
Cholesterol	-	28				4		4	48		
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0				7		0.0	0.0		
Caffeine	mg	0		0	FLA	4		0	0		
Theobromine	mg	0		0	FLA	4		0	0		
Carotenoids:											
Carotene, beta	mcg	952		0	FLA	4		152.393	1619.179		
Carotene, alpha		431		0	FLA	4		68.999	733.118		
Cryptoxanthin, beta		0		0	FLA	4		0.005	0.056		
Lycopene	mcg	0		0	FLA	4		0.034	0.357		
Lutein + zeaxanthin		211		0	FLA	4		33.715	358.221		

## **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 170g: 1 jar NFS

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		Al	mount in 100	grams	of ear	ie portio	<u>n</u>	Amount in edible portion of common			
			N	lumber				<u>m</u>	easures of food		
			o	of Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error F	Points	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates: Water	a	88.00				1		14.08	99.44	99.44	
Energy	-	51		0	NC	4		8	58	58	
Energy		215		0	NC	4		34	243	243	
Protein	·=	1.60		·	110	1		0.26	1.81	1.81	
Total lipid (fat)	-	0.90				1		0.14	1.02	1.02	
Ash		0.30		0	0	4		0.05	0.34	0.34	
Carbohydrate, by difference		9.20		0	NC	4		1.47	10.40	10.40	
Fiber, total dietary		1.1		•	2.0	4		0.2	1.2	1.2	
Sugars, total		0.55		0	FLA	4		0.09	0.62	0.62	
Starch	_	0.33		Ů		•		0.03	0.02	0.02	
Ainerals:											
Calcium, Ca	mg	18				1		3	20	20	
Iron, Fe	-	0.20				1		0.03	0.23	0.2	
Magnesium, Mg	mg	8				4		1	9	9	
Phosphorus, P	mg	20				4		3	23	23	
Potassium, K	mg	60				1		10	68	68	
Sodium, Na	mg	15				1		2	17	17	
Zine, Zn	mg	0.25				4		0.04	0.28	0.2	
Copper, Cu		0.025	5			4		0.004	0.028	0.0	
Manganese, Mn											
Selenium, Se	mcg	3.0		0	BFZN	4		0.5	3.4	3.4	
<u>'itamins:</u>											
Vitamin C, total ascorbic acid		1.0				1		0.2	1.1	1.1	
Thiamin		0.010				1		0.002	0.011	0.0	
Riboflavin		0.020				1		0.003	0.023	0.0	
Niacin		0.300	)			1		0.048	0.339	0.3	
Pantothenic acid	_	0.030	,			4		0.005	0.034	0.0	
Vitamin B-6	-	3	,			4		0.005	0.034 3	0.0 3	
Folic acid		0		0	z	7		0	0	0	
Folate, food		3		Ū	_	4		0	3	3	
Folate, DFE		3		0	NC	4		0	3	3	
Vitamin B-12		0.10		Ū	110	4		0.02	0.11	0.1	
Vitamin A, IU		1170		0	FLA	4		187	1322	1322	
Vitamin A, RAE		58		0	NC	4		9	66	66	
Retinol		0		0	Z	7		0	0	0	
Vitamin E (alpha-tocopherol)		0.11		0	FLA	4		0.02	0.13	0.1	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta	mg										
Vitamin D											
Vitamin K (phylloquinone)	mcg	1.8		0	FLA	4		0.3	2.0	2.0	
<u> ipids:</u>		_				_					
Fatty acids, total saturated		0.211				4		0.034	0.238	0.2	
4:0	-	0.000				4		0.000	0.000	0.0	
6:0	-	0.000				4		0.000	0.000	0.0	
8:0	-	0.000				4		0.000	0.000	0.0	
10:0	-	0.000				4		0.000	0.000	0.0	
12:0	-	0.001	L			4		0.000	0.001	0.0	
13:0		0.000	•			4		0 001	0 007	^ ^	
14:0		0.006	)			4		0.001	0.007	0.0	
15:0		0.152	•			4		0.004	0 170	0 1	
16:0		0.152	<u> </u>			4		0.024	0.172	0.1	
17:0		0.043	1			4		0 007	0 040	0.0	
18:0	_	0.043	,			4		0.007	0.049	0.0	
20:0	-										
22:0 24:0	-										

	<u>Aı</u>	mount in 10			ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated	0.392				4		0.063	0.443	0.443	
14:1g										
15:1g										
16:1 undifferentiatedg	0.038				4		0.006	0.043	0.043	
17:1g										
18:1 undifferentiatedg	0.342				4		0.055	0.386	0.386	
20:1g	0.008				4		0.001	0.009	0.009	
22:1 undifferentiatedg	0.000				4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturatedg	0.188				4		0.030	0.212	0.212	
18:2 undifferentiatedg	0.165				4		0.026	0.186	0.186	
18:3 undifferentiatedg	0.008				4		0.001	0.009	0.009	
18:4g	0.000				4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.006				4		0.001	0.007	0.007	
20:5 n-3g	0.001				4		0.000	0.001	0.001	
22:5 n-3g	0.001				4		0.000	0.001	0.001	
22:6 n-3g	0.002				4		0.000	0.002	0.002	
Fatty acids, total transg										
Cholesterolmg	10				4		2	11	11	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0				7		0.0	0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	0	
Theobromine mg	0		0	FLA	4		0	0	0	
Carotenoids:										
Carotene, beta mcg	571		0	FLA	4		91.412	645.598	645.598	
Carotene, alphamcg	260		0	FLA	4		41.641	294.087	294.087	
Cryptoxanthin, betamcg	0		0	FLA	4		0.001	0.004	0.004	
Lycopenemcg	0		0	FLA	4		0.020	0.143	0.143	
Lutein + zeaxanthinmcg	105		0	FLA	4		16.800	118.647	118.647	

# **Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 113g: 1 jar, Gerber (4 oz)

Measure 3 = 113g: 1 jar NFS

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 gra	ms of edi	ble portic	<u>on</u>	Amount in edible portion of common			
			Num	oer			<u>m</u> .	easures of food	_	
Nutrients and Un	its	Mean	of Do	ta Deriv ts Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure	
Proximates:										
Water	g	87.25		) MA	12		13.96	24.74	148.33	
Energy	kcal	55		) MC	9		9	16	94	
Energy	kj	230			9		37	65	391	
Protein	-	2.37		MA C	12		0.38	0.67	4.03	
Total lipid (fat)	g	1.18		AM C	12		0.19	0.33	2.01	
Ash		0.41		) MA			0.07	0.12	0.70	
Carbohydrate, by difference		8.79		) MC	9		1.41	2.49	14.94	
Fiber, total dietary		0.9		) MA	12		0.1	0.3	1.5	
Sugars, total		1.07		) MA			0.17	0.30	1.82	
Sucrose	g	0.44		) MA			0.07	0.12	0.75	
Glucose (dextrose)		0.16		) MA			0.03	0.05	0.27	
Fructose		0.16		) MA	12		0.03	0.05	0.27	
Lactose	g	0.00		) MA	12		0.00	0.00	0.00	
Maltose	g	0.31		) MA	12		0.05	0.09	0.53	
Galactose	g									
Starch	g									
<u>/Iinerals:</u> Calcium, Ca	ma	21		) MA	12		3	6	36	
Iron, Fe		0.38		) MA	12		0.06	0.11	0.6	
Magnesium, Mg.	-	7		) MA	12		1	2	12	
Phosphorus, P		79		) MA	12		13	22	134	
Potassium, K		39		) MA	12		6	11	66	
Sodium, Na		78		) MA	12		12	22	133	
Zinc, Zn		0.40		) MA	12		0.06	0.11	0.68	
Copper, Cu		0.030	)	) MA	12		0.005	0.009	0.05	
Manganese, Mn		0.100	)	) MA	12		0.016	0.028	0.1	
Selenium, Se		3.7		) FLM	4		0.6	1.0	6.3	
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.1		) MA	12		0.0	0.0	0.2	
Thiamin	mg	0.032	2	) MA	12		0.005	0.009	0.05	
Riboflavin	mg	0.040	)	) MA	12		0.006	0.011	0.06	
Niacin	mg	0.703	3	) MA	12		0.112	0.199	1.19	
Pantothenic acid	mg	0.178	3	) FLM	4		0.028	0.050	0.30	
Vitamin B-6	mg	0.052	2	) MA	12		0.008	0.015	0.08	
Folate, total	mcg	7		) FLM	4		1	2	12	
Folic acid	mcg	2		) NC	4		0	1	3	
Folate, food		5		)	4		1	1	9	
Folate, DFE	mcg_DFE	8		) NC	4		1	2	14	
Vitamin B-12	mcg	0.01		) FLM	4		0.00	0.00	0.0	
Vitamin A, IU (1)	IU	1729		) NC	4		277	490	2939	
Vitamin A, RAE (2)	mcg_RAE	87		) NC	4		14	25	148	
Retinol	mcg	1		) FLA	4		0	0	1	
Vitamin E (alpha-tocopherol)	mg	0.15		) FLA	4		0.02	0.04	0.2	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D										
Vitamin K (phylloquinone)	mcg	1.6		) FLA	4		0.3	0.4	2.7	
<u>ipids:</u>		0.00						2 225	• -	
Fatty acids, total saturated		0.338		) FLM	4		0.054	0.096	0.5	
4:0	_	0.000		) FLM	4		0.000	0.000	0.0	
6:0	_	0.000		) FLM	4		0.000	0.000	0.0	
8:0	_	0.000		) FLM	4		0.000	0.000	0.0	
10:0	-	0.000		) FLM	4		0.000	0.000	0.0	
12:0		0.002	<u> </u>	) FLM	4		0.000	0.001	0.0	
13:0					_					
14:0	y	0.010	J	) FLM	4		0.002	0.003	0.0	

		<u>Ar</u>	mount in 10	Number	•		_	Amount in edible portion of common measures of food			
Nutrients and Unit	ts	Mean	Std. Error	of Data Points		Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.247		0	FLM	4		0.040	0.070	0.420	
17:0 18:0.		0.066		0	FLM	4		0.011	0.019	0.112	
20:0				_		_					
22:0	-										
24:0		0.46		•						0.50	
Fatty acids, total monounsaturated 14:1		0.467		0	FLM	4		0.075	0.132	0.794	
15:1	-										
16:1 undifferentiated		0.056		0	FLM	4		0.009	0.016	0.095	
17:1	g										
18:1 undifferentiated		0.394		0	FLM	4		0.063	0.112	0.670	
20:1		0.011		0	FLM	4		0.002	0.003	0.01	
22:1 undifferentiated	_	0.000		0	FLM	4		0.000	0.000	0.00	
24:1 c		0.070		•						0.46	
Fatty acids, total polyunsaturated		0.272 0.241		0 0	FLM FLM	4 4		0.044 0.039	0.077 0.068	0.46	
18:2 undifferentiated		0.241		0	FLM	4		0.003	0.005	0.41	
18:4	-	0.000		0	FLM	4		0.003	0.000	0.02	
20:2 n-6 c.c.	-	0.000		•		-		0.000	0.000	0.00	
20:3 undifferentiated	-										
20:4 undifferentiated	g	0.005		0	FLM	4		0.001	0.001	0.00	
20:5 n-3	g	0.001		0	FLM	4		0.000	0.000	0.00	
22:5 n-3	g	0.001		0	FLM	4		0.000	0.000	0.00	
22:6 n-3		0.002		0	FLM	4		0.000	0.001	0.00	
Fatty acids, total trans	_								_		
Cholesterol	_	9		0	MA	12		1	3	15	
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0		0	Z	7		0.0	0.0	0.0	
Caffeine	mg	0		0	FLA	4		0	0	0	
Theobromine	mg	0		0	FLA	4		0	0	0	
Carotenoids:											
Carotene, beta	mcg	840		0	FLA	4		134.427	238.187	1428.282	
Carotene, alpha	mcg	392		0	FLA	4		62.738	111.164	666.590	
Cryptoxanthin, beta		0		0	FLA	4		0.003	0.006	0.035	
Lycopene		0		0	FLA	4		0.031	0.054	0.326	
Lutein + zeaxanthin	mcg	32		0	FLA	4		5.172	9.164	54.952	

### **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

#### **Footnotes**

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 g	rams o	of edib	ole portio	<u>n</u>	Amount in edible portion of common			
			Nui	mber				<u>m</u> e	easures of food	_	
Nutrients and Uni	its	Mean	of Std. Error Po	Data D ints C		Source Code	Confidence Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	85.64		0	MA	12		13.70	24.28	96.77	
Energy	kcal	66		0	MC	9		11	19	75	
Energy	kj	276				9		44	78	312	
Protein	g	2.69		0	MA	12		0.43	0.76	3.04	
Total lipid (fat)	g	2.06		0	MA	12		0.33	0.58	2.33	
Ash	g	0.53		0	MA	12		0.08	0.15	0.60	
Carbohydrate, by difference	g	9.08		0	MC	9		1.45	2.57	10.26	
Fiber, total dietary	g	2.1		0	MA	12		0.3	0.6	2.4	
Sugars, total	g	2.50		0	MA	12		0.40	0.71	2.83	
Sucrose	g	1.61		0	MA	12		0.26	0.46	1.82	
Glucose (dextrose)		0.36		0	MA	12		0.06	0.10	0.41	
Fructose		0.40		0	MA	12		0.06	0.11	0.45	
Lactose		0.00		0	MA	12		0.00	0.00	0.00	
Maltose	g	0.08		0	MA	12		0.01	0.02	0.09	
Galactose	g										
Starch											
<u> Minerals:</u>									_		
Calcium, Ca		27		0	MA	12		4	8	31	
Iron, Fe	-	0.64		0	MA	12		0.10	0.18	0.72	
Magnesium, Mg		14		0	MA	12		2	4	16	
Phosphorus, P		46		0	MA	12		7	13	52	
Potassium, K		139		0	MA	12		22	39	157	
Sodium, Na		23		0	MA	12		4	7	26	
Zinc, Zn		0.55	_	0	MA	12		0.09	0.16	0.6	
Copper, Cu		0.070		0	MA	12		0.011	0.020	0.07	
Manganese, Mn		0.160	)	0	MA	12		0.026	0.045	0.18	
Selenium, Se	mcg	3.7		0	FLM	4		0.6	1.0	4.2	
Vitamins:	ma	0.1		0	MA	12		0.0	0.0	0.1	
Vitamin C, total ascorbic acid		0.1	4	0	MA	12		0.007	0.012	0.0	
Thiamin		0.044		0	MA	12		0.007			
Riboflavin		0.061		0	MA MA	12		0.010	0.017 0.205	0.06	
Niacin		0.723		0	FLM	4		0.116		0.8	
Pantothenic acid	_			0		12			0.056		
Vitamin B-6	-	0.064	±	0	MA	4		0.010 2	0.018	0.0	
Folate, total		11		0	FLM			0	3 1	12 3	
Folic acid		3 8		0	NC	4 12		1			
Folate, food		_		-					2	9	
Folate, DFE		13		0	NC	4		2	4	15	
Vitamin B-12		0.02		0	FLM	4		0.00	0.01	0.0	
Vitamin A, IU		2182		0	NC	4		349	619	2466	
Vitamin A, RAE		110		0	NC	4		18	31	124	
Retinol		1		0	FLA	4		0	0	1	
Vitamin E (alpha-tocopherol)		0.21		0	FLA	4		0.03	0.06	0.2	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D Vitamin K (phylloquinone)		1.9		0	FLA	4		0.3	0.5	2.1	
ipids:											
Fatty acids, total saturated	a	0.595	5	0	FLM	4		0.095	0.169	0.6	
4:0		0.000		0	FLM	4		0.000	0.000	0.0	
6:0	_	0.000		0	FLM	4		0.000	0.000	0.0	
8:0	_	0.000		0	FLM	4		0.000	0.000	0.0	
10:0	_	0.000		0	FLM	4		0.000		0.00	
	-			0	FLM	4			0.000		
12:0		0.003	•	U	гъм	4		0.000	0.001	0.0	
13:0		0 01-	•	0	TIT 1.4			0.000	2 225		
14:0	g g	0.017	•	U	FLM	4		0.003	0.005	0.03	

		<u>Ar</u>		Number	•		_	Amount in edible portion of common measures of food			
Nutrients and Uni	ts	Mean	Std. Error	of Data Points		Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.434		0	FLM	4		0.069	0.123	0.490	
17:0		0.118		0	FLM	4		0.019	0.033	0.133	
18:0 20:0		0.118		U	F.TW	4		0.019	0.033	0.133	
22:0	_										
24:0	_										
Fatty acids, total monounsaturated		0.854		0	FLM	4		0.137	0.242	0.965	
14:1	g										
15:1											
16:1 undifferentiated		0.105		0	FLM	4		0.017	0.030	0.119	
17:1 18:1 undifferentiated		0.718		0				0.115	0.004	0.811	
20:1		0.718		0	FLM FLM	4 4		0.115	0.204 0.006	0.811	
22:1 undifferentiated		0.020		0	FLM	4		0.003	0.000	0.023	
24:1 c	-	0.000		ŭ		•		0.000	0.000	0.000	
Fatty acids, total polyunsaturated		0.461		0	FLM	4		0.074	0.131	0.521	
18:2 undifferentiated		0.418		0	FLM	4		0.067	0.119	0.472	
18:3 undifferentiated		0.027		0	FLM	4		0.004	0.008	0.031	
18:4	g	0.000		0	FLM	4		0.000	0.000	0.000	
20:2 n-6 c,c	-										
20:3 undifferentiated											
20:4 undifferentiated		0.005 0.001		0	FLM FLM	4 4		0.001 0.000	0.001	0.006	
20:5 n-3 22:5 n-3		0.001		0	FLM	4		0.000	0.000 0.000	0.001	
22:6 n-3		0.001		0	FLM	4		0.000	0.001	0.001	
Fatty acids, total trans		0.002		·		-		0.000	0.001	0.002	
Cholesterol	-	16		0	MA	12		3	5	18	
Phytosterols	mg										
Others:											
Alcohol, ethyl	a	0.0		0	z	7		0.0	0.0	0.0	
Caffeine		0		0	FLA	4		0.0	0.0	0.0	
Theobromine	-	0		0	FLA	4		0	0	0	
Carotenoids:											
Carotene, beta	mca	1060		0	FLA	4		169.643	300.587	1198.106	
Carotene, alpha	_	495		0	FLA	4		79.182	140.300	559.220	
Cryptoxanthin, beta	_	0		0	FLA	4		0.005	0.008	0.034	
Lycopene		0		0	FLA	4		0.039	0.069	0.274	
Lutein + zeaxanthin		40		0	FLA	4		6.441	11.412	45.486	

### **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 gr	rams c	of edib	ole portio	<u>n</u>	Amount in edible portion of common			
			Nur	nber				<u>m</u>	easures of food	_	
			of I	Data I	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Poi	ints (	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	89.10	0.100	6		1		204.04	14.26	25.26	
Energy	kcal	50		0	NC	4		115	8	14	
Energy	kj	209				4		479	33	59	
Protein (N x 6.25)	g	1.60	0.000	3		1		3.66	0.26	0.45	
Total lipid (fat)	g	1.70	0.200	3		1		3.89	0.27	0.48	
Ash		0.40	0.100	3		1		0.92	0.06	0.11	
Carbohydrate, by difference	g	7.20		0	NC	4		16.49	1.15	2.04	
Fiber, total dietary	g	1.1		0		4		2.5	0.2	0.3	
Sugars, total	g	1.72		0	FLA	4		3.95	0.28	0.49	
Starch	g										
Minerals:											
Calcium, Ca	ma	37	1.000	3		1		85	6	10	
Iron, Fe	-	0.27	0.010	3		1		0.62	0.04	0.08	
Magnesium, Mg	-	5		0		4		11	1	1	
Phosphorus, P		24		0		4		55	4	7	
Potassium, K	_	66		0		4		151	11	19	
Sodium, Na	mg	16		1		1		37	3	5	
Zinc, Zn	mg	0.22		0		4		0.50	0.04	0.06	
Copper, Cu	mg	0.279		0		4		0.639	0.045	0.07	
Manganese, Mn	mg										
Selenium, Se	mcg	1.4		0	FLM	4		3.2	0.2	0.4	
Vitamins:											
Vitamin C, total ascorbic acid	ma	1.0	0.000	3		1		2.3	0.2	0.3	
Thiamin	-	0.017		3		1		0.039	0.003	0.00	
Riboflavin	-	0.032		3		1		0.073	0.005	0.00	
Niacin		0.293	0.020	3		1		0.671	0.047	0.08	
Pantothenic acid	-										
Vitamin B-6	-	0.037		0		4		0.085	0.006	0.01	
Folate, total	mcg	5	0.600	3		1		12	1	1	
Folic acid		0		0	Z	7		0	0	0	
Folate, food		5	0.600	3		1		12	1	1	
Folate, DFE	mcg_DFE	5		0	NC	4		12	1	1	
Vitamin B-12	mcg	0.12		0		4		0.27	0.02	0.03	
Vitamin A, IU		1384	119.000	3		1		3169	221	392	
Vitamin A, RAE	mcg_RAE	69		0	NC	4		159	11	20	
Retinol		0		0	BNA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.51		0	FLA	4		1.16	0.08	0.14	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D Vitamin K (phylloquinone)		6.9		0	FLA	4		15.8	1.1	2.0	
Vitamin K (phylloquinone)	Ilicg	6.9		U	FLA	4		15.8	1.1	2.0	
<u>Lipids:</u>											
Fatty acids, total saturated	g	0.278		0		4		0.637	0.044	0.07	
4:0	g	0.000		0		4		0.000	0.000	0.00	
6:0	g	0.000		0		4		0.000	0.000	0.00	
8:0	g	0.000		0		4		0.000	0.000	0.00	
10:0	-	0.000		0		4		0.000	0.000	0.00	
12:0		0.001		0		4		0.002	0.000	0.00	
13:0											
14:0		0.004		0		4		0.009	0.001	0.00	
15:0											
16:0		0.200		0		4		0.458	0.032	0.05	
17:0	_										
18:0	-	0.068		0		4		0.156	0.011	0.01	
20:0	_										
22:0											

	<u>Am</u>	ount in 100 grams Number	Amount in edible portion of common measures of food					
Nutrients and Units	Mean S	of Data Std. Error Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.425	0		4		0.973	0.068	0.120
14:1g								
15:1g								
16:1 undifferentiatedg	0.014	0		4		0.032	0.002	0.004
17:1g								
18:1 undifferentiated	0.404	0		4		0.925	0.065	0.115
20:1g	0.005	0		4		0.011	0.001	0.001
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
24:1 cg								
Fatty acids, total polyunsaturatedg	0.900	0		4		2.061	0.144	0.255
18:2 undifferentiated	0.792	0		4		1.814	0.127	0.225
18:3 undifferentiatedg	0.103	0		4		0.236	0.016	0.029
18:4g	0.000	0		4		0.000	0.000	0.000
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.002	0		4		0.005	0.000	0.001
20:5 n-3g	0.000	0		4		0.000	0.000	0.000
22:5 n-3g	0.000	0		4		0.000	0.000	0.000
22:6 n-3g	0.001	0		4		0.002	0.000	0.000
Fatty acids, total trans								
Cholesterol mg	4	0		4		9	1	1
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	0		7		0.0	0.0	0.0
Caffeine mg	0	0	FLA	4		0	0	0
Theobrominemg	0	0	FLA	4		0	0	0
Carotenoids:								
Carotene, betamcg	674	0	BNA	4		1542.724	107.789	190.988
Carotene, alpha mcg	313	0	BNA	4		717.335	50.120	88.806
Cryptoxanthin, betamcg	0	0	BNA	4		0.000	0.000	0.000
Lycopenemcg	0	0	0	4		0.353	0.025	0.044
Lutein + zeaxanthin mcg	40	0	0	4		91.600	6.400	11.340

# **Common Measures:**

Measure 1 = 229g: 1 cup Measure 2 = 16g: 1 tbsp Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate 3.84

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	ırams	of edib	ole portio	<u>n</u>		edible portion	
			Nu	mber	•			<u>me</u>	easures of food	•
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	83.30	0.500	14		1		13.33	23.62	147.44
Energy	kcal	78		0	NC	4		12	22	138
Energy	kj	326				4		52	93	578
Protein (N x 6.25)	g	5.20	0.200	3		1		0.83	1.47	9.20
Total lipid (fat)	g	3.70	0.200	17		1		0.59	1.05	6.55
Ash		1.40	0.000	3		1		0.22	0.40	2.48
Carbohydrate, by difference	g	6.40		0	NC	4		1.02	1.81	11.33
Fiber, total dietary	g	0.6		0		4		0.1	0.2	1.1
Sugars, total	g	1.68		0	FLA	4		0.27	0.48	2.98
Starch	g									
Ainerals:										
Calcium, Ca	ma	36	0.000	3		1		6	10	64
Iron, Fe	-	0.66	0.020	3		1		0.11	0.19	1.1
Magnesium, Mg	-	10	0.020	1		1		2	3	18
Phosphorus, P		51		1		1		8	14	90
Potassium, K	-	92		1		1		15	26	163
Sodium, Na	_	200		0		1		32	57	354
Zinc, Zn	mg	0.41		1		1		0.07	0.12	0.7
Copper, Cu	mg	0.020	)	1		1		0.003	0.006	0.0
Manganese, Mn	mg									
Selenium, Se	mcg	5.5		0	FLM	4		0.9	1.6	9.7
itamins:										
Vitamin C, total ascorbic acid	ma	1.9	0.100	6		1		0.3	0.5	3.4
Thiamin	-	0.031		3		1		0.005	0.009	0.0
Riboflavin	_	0.031		3		1		0.012	0.009	0.0
Niacin		1.153		3		1		0.184	0.327	2.0
Pantothenic acid	-	2.200		J		-		0.101	0.02.	
Vitamin B-6	_	0.046	0.000	3		1		0.007	0.013	0.0
Folate, total		16		0	FLM	4		3	5	28
Folic acid		15		0	NC	4		2	4	27
Folate, food		1		0		4		0	0	2
Folate, DFE		27		0	NC	4		4	8	47
Vitamin B-12		0.14		0		4		0.02	0.04	0.2
Vitamin A, IU	IU	1010		0	NC	4		162	286	1788
Vitamin A, RAE		52		0	NC	4		8	15	92
Retinol	mcg	2		0	BNA	4		0	0	3
Vitamin E (alpha-tocopherol)	mg	0.22		0	FLA	4		0.03	0.06	0.3
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	3.7		0	FLA	4		0.6	1.1	6.6
ipids:										
Fatty acids, total saturated	g	1.100	0.090	11		1		0.176	0.312	1.9
4:0		0.000		0		1		0.000	0.000	0.0
6:0	g	0.000	1	0		1		0.000	0.000	0.0
8:0	-	0.000	1	11		1		0.000	0.000	0.0
10:0	-	0.010	1	11		1		0.002	0.003	0.0
12:0	g	0.010	)	11		1		0.002	0.003	0.0
13:0	g									
14:0		0.050	0.000	11		1		0.008	0.014	0.0
15:0										
16:0	g	0.740	0.060	11		1		0.118	0.210	1.3
17:0	g									
18:0	g	0.220	0.020	11		1		0.035	0.062	0.3
20:0	g									
22:0										

		<u>Ar</u>	mount in 100 g			ole portic	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and	Units	Mean			Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsatura		1.700	0.160	11		1		0.272	0.482	3.009	
14:1	-										
15:1	-										
16:1 undifferentiated	-	0.140	0.020	11		1		0.022	0.040	0.248	
17:1	-	4 - 40				_					
18:1 undifferentiated	-	1.540	0.140	11		1		0.246	0.437	2.726	
20:1		0.010	0.000	11		1		0.002	0.003	0.018	
22:1 undifferentiated	-	0.000		0		1		0.000	0.000	0.000	
24:1 c											
Fatty acids, total polyunsaturat	edg	0.770	0.070	11		1		0.123	0.218	1.363	
18:2 undifferentiated	g	0.730	0.070	11		1		0.117	0.207	1.292	
18:3 undifferentiated	g	0.030	0.000	11		1		0.005	0.009	0.053	
18:4	g	0.000		0		1		0.000	0.000	0.000	
20:2 n-6 c,c	g										
20:3 undifferentiated	g										
20:4 undifferentiated	g	0.020	0.000	11		1		0.003	0.006	0.035	
20:5 n-3	g	0.000		0		1		0.000	0.000	0.000	
22:5 n-3	g	0.000		0		1		0.000	0.000	0.000	
22:6 n-3	-	0.000		0		1		0.000	0.000	0.000	
Fatty acids, total trans											
Cholesterol	-	29	1.500	11		1		5	8	51	
Phytosterols	-					_		-	-		
1 ny tosterois											
Amino Acids:											
Tryptophan	g	0.057		0		1		0.009	0.016	0.101	
Threonine	g	0.221		0		1		0.035	0.063	0.391	
Isoleucine	g	0.257		0		1		0.041	0.073	0.455	
Leucine	g	0.405		0		1		0.065	0.115	0.717	
Lysine	g	0.410		0		1		0.066	0.116	0.726	
Methionine	g	0.112		0		1		0.018	0.032	0.198	
Cystine		0.052		0		1		0.008	0.015	0.092	
Phenylalanine		0.213		0		1		0.034	0.060	0.377	
Tyrosine		0.172		0		1		0.028	0.049	0.304	
Valine	-	0.292		0		1		0.047	0.083	0.517	
Arginine	-	0.331		0		1		0.053	0.094	0.586	
Histidine		0.128		0		1		0.020	0.036	0.227	
	-	0.120		0		1		0.020	0.084	0.527	
Alanine		0.238		0		1		0.048			
Aspartic acid				0		1			0.134	0.834	
Glutamic acid	-	0.898		0		1		0.144	0.255	1.589	
Glycine		0.295		-		_		0.047	0.084	0.522	
Proline	-	0.354		0		1		0.057	0.100	0.627	
Serine		0.209		0		1		0.033	0.059	0.370	
Hydroxyproline	g										
Others:											
Alcohol, ethyl	α	0.0		0		7		0.0	0.0	0.0	
Caffeine		0		0	z	7		0	0	0	
Theobromine		0		0	Z	7		0	0	0	
	9	v		•		•		U	3	U	
Carotenoids:											
Carotene, beta	mcg	495		0	BNA	4		79.250	140.421	876.702	
Carotene, alpha	mcg	214		0	BNA	4		34.301	60.777	379.457	
Cryptoxanthin, beta	mcg	0		0	BNA	4		0.008	0.014	0.090	
Lycopene	mcg	0		0	FLA	4		0.017	0.030	0.185	
Lutein + zeaxanthin		178		0	FLA	4		28.402	50.326	314.202	

## **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz

Measure 3 = 177g: 1 jar (6.25 oz)

NDB No. 03072

Babyfood, dinner, chicken stew, toddler

Calories Factors: Protein 3.7 Fat 8.9 Carbohydrate 3.9

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	0 grams	Amount in edible portion of common					
			I	Number				<u>m</u>	easures of food	_
				of Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	86.50		1		1		24.52	147.05	
Energy	kcal	61		0	NC	4		17	104	
Energy	kj	255				4		72	434	
Protein (N x 6)	g	2.60		6		1		0.74	4.42	
Total lipid (fat)	g	2.00		6		1		0.57	3.40	
Ash	g	0.70		1		1		0.20	1.19	
Carbohydrate, by difference	g	8.20		0	NC	4		2.32	13.94	
Fiber, total dietary	g	0.3		0		4		0.1	0.5	
Sugars, total	g	1.32		0	FLA	4		0.37	2.24	
Starch	g									
Minorals										
Minerals: Calcium, Ca	ma	51		6		1		14	87	
Iron. Fe	-	0.30		6		1		0.09	0.51	
Magnesium, Mg	•	7		1		1		2	12	
Phosphorus, P		, 59		1		1		17	100	
Potassium, K	-	44		1		1		12	75	
Sodium, Na	-	76		0		1		22	129	
Zinc, Zn	-	0.32		1		1		0.09	0.54	
Copper, Cu		0.021	L	0		1		0.006	0.036	
Manganese, Mn										
Selenium, Se	mcg	3.8		0	BFZN	4		1.1	6.5	
¥7:4										
Vitamins:				_				2.4		
Vitamin C, total ascorbic acid	-	1.3	-	6 6		1 1		0.4	2.2	
ThiaminRiboflavin	-	0.056		6		1		0.016 0.018	0.095	
	=	0.064		4		1		0.018	0.109 0.927	
Niacin Pantothenic acid	-	0.543	,	4		_		0.155	0.927	
Vitamin B-6	-	0.016	:	6		1		0.005	0.027	
Folate, total	-	11	,	0	FLM	4		3	19	
Folic acid		10		0	NC	4		3	16	
Folate, food		2		0		1		0	3	
Folate, DFE	mca DFE	18		0	NC	4		5	30	
Vitamin B-12		0.03		1		1		0.01	0.05	
Vitamin A, IU		106		0	NC	4		30	180	
Vitamin A, RAE		30		0	NC	4		8	50	
Retinol		29		0	FLA	4		8	50	
Vitamin E (alpha-tocopherol)		0.03		0	FLA	4		0.01	0.05	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	0.2		0	FLA	4		0.1	0.3	
Lipids:										
Fatty acids, total saturated	а	1.175	,	0		4		0.333	1.998	
4:0		0.057		0		4		0.016	0.097	
6:0		0.029		0		4		0.008	0.049	
8:0		0.015		0		4		0.004	0.026	
10:0	-	0.033		0		4		0.009	0.056	
12:0	-	0.029		0		4		0.008	0.049	
13:0	-			-		=		3.000	0.013	
14:0		0.181	L	0		4		0.051	0.308	
15:0				-		-			2.000	
16:0		0.557	,	0		4		0.158	0.947	
17:0										
18:0		0.221	L	0		4		0.063	0.376	
20:0				-					2.0.0	
22:0	-									
24:0	-									

	<u>Aı</u>	mount in 100 g		of edik	<u>on</u>	Amount in edible portion of common measures of food			
			umber f Data		Source Code	Confidence Code			•
Nutrients and Units	Mean	Std. Error	OIIIIS	Code	Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.534		0		4		0.151	0.908	
14:1g									
15:1g									
16:1 undifferentiatedg	0.055		0		4		0.016	0.094	
17:1g	0.450		•				0.100		
18:1 undifferentiatedg	0.453		0		4		0.128	0.770	
20:1	0.000		0		4		0.000	0.000	
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	
24:1 cg	0.132		0		4		0 027	0 224	
Fatty acids, total polyunsaturated9	0.132		0		4		0.037 0.030	0.224 0.179	
18:2 undifferentiated	0.103		0		4				
18:3 undifferentiated	0.027		0		4		0.008 0.000	0.046 0.000	
20:2 n-6 c.c	0.000		U		4		0.000	0.000	
20:3 undifferentiatedg									
20:4 undifferentiated	0.000		0		4		0.000	0.000	
20:5 n-3g	0.000		0		4		0.000	0.000	
22:5 n-3g	0.000		0		4		0.000	0.000	
22:6 n-3g	0.000		0		4		0.000	0.000	
Fatty acids, total trans	0.000		·		-		0.000	0.000	
Cholesterolmg	6		0		4		2	10	
Phytosterols mg	-				_		_		
1 hytosterois									
Amino Acids:									
Tryptophang	0.032		0		1		0.009	0.054	
Threonineg	0.078		0		1		0.022	0.133	
Isoleucineg	0.130		0		1		0.037	0.221	
Leucineg	0.234		0		1		0.066	0.398	
Lysineg	0.148		0		1		0.042	0.252	
Methionineg	0.090		0		1		0.026	0.153	
Cystineg	0.032		0		1		0.009	0.054	
Phenylalanineg	0.132		0		1		0.037	0.224	
Tyrosine	0.123		0		1		0.035	0.209	
Valineg	0.147		0		1		0.042	0.250	
Arginine	0.102		0		1		0.029	0.173	
Histidine	0.062		0		1 1		0.018	0.105	
Alanineg	0.085 0.167		0		1		0.024 0.047	0.145	
Aspartic acid					1			0.284	
Glutamic acid	0.665 0.058		0		1		0.189	1.131	
Glycine9 Proline9			0		1		0.016	0.099	
-	0.293 0.104		0		1		0.083 0.029	0.498 0.177	
Serine	0.104		U		1		0.029	0.177	
nydroxypromeg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0	0.0	
Caffeinemg	0		0	FLA	4		0	0	
Theobrominemg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta mcg	5		0	FLA	4		1.454	8.717	
Carotene, alphamcg	0		0	FLA	4		0.001	0.006	
Cryptoxanthin, betamcg	0		0	FLA	4		0.001	0.008	
Lycopene mcg	0		0	FLA	4		0.000	0.000	
L, copenc	•		•		-		2.000	3.000	

## **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar NDB No. 03090

Babyfood, dinner, macaroni and cheese, junior

Calories Factors: Protein 4.2 Fat 8.7 Carbohydrate 4

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 g	grams	Amount in edible portion of common					
			Nι	umber				<u>m</u>	easures of food	
			of	f Data	Deriv	Source	Confidence			
Nutrients and Ur	nits	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water		85.25		0	MA	12		24.17	96.33	
Energy	kcal	67		0	MC	9		19	76	
Energy	kj	280				9		79	317	
Protein	-	3.14		0	MA	12		0.89	3.55	
Total lipid (fat)	g	2.11		0	MA	12		0.60	2.38	
Ash		0.55		0	MA	12		0.16	0.62	
Carbohydrate, by difference	g	8.95		0	MC	9		2.54	10.11	
Fiber, total dietary	g	0.7		0	MA	12		0.2	0.8	
Sugars, total	g	1.27		0	MA	12		0.36	1.44	
Sucrose	g	0.07		0	MA	12		0.02	0.08	
Glucose (dextrose)	g	0.10		0	MA	12		0.03	0.11	
Fructose	g	0.00		0	MA	12		0.00	0.00	
Lactose	g	0.50		0	MA	12		0.14	0.57	
Maltose	g	0.60		0	MA	12		0.17	0.68	
Galactose										
Starch										
Minerals:										
Calcium, Ca		66		0	MA	12		19	75	
Iron, Fe		0.21		0	MA	12		0.06	0.24	
Magnesium, Mg	_	8		0	MA	12		2	9	
Phosphorus, P		86		0	MA	12		24	97	
Potassium, K		67		0	MA	12		19	76	
Sodium, Na		87		0	MA	12		25	98	
Zinc, Zn		0.40		0	MA	12		0.11	0.45	
Copper, Cu		0.020		0	MA	12		0.006	0.023	
Manganese, Mn		0.090	)	0	MA	12		0.026	0.102	
Selenium, Se	mcg	3.8		0	FLM	4		1.1	4.3	
Vitamins:										
Vitamin C, total ascorbic acid		0.1		0	MA	12		0.0	0.1	
Thiamin	-	0.038		0	MA	12		0.011	0.043	
Riboflavin	• • • • • • • • • • • • • • • • • • • •	0.076		0	MA	12		0.022	0.086	
Niacin		0.516		0	MA	12		0.146	0.583	
Pantothenic acid		0.176		0	FLM	4		0.050	0.199	
Vitamin B-6		0.036	5	0	MA	12		0.010	0.041	
Folate, total		11		0	FLM	4		3	12	
Folic acid		6		0	NC	4		2	7	
Folate, food		5		0		4		1	6	
Folate, DFE		15		0	NC	4		4	17	
Vitamin B-12		0.13		0	FLM	4		0.04	0.15	
Vitamin A, IU		86		0	MA	12		24	97	
Vitamin A, RAE		24		0	NC	4		7	27	
Retinol	_	23		0	FLA	4		7	26	
Vitamin E (alpha-tocopherol)		0.03		0	FLA	4		0.01	0.03	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D Vitamin K (phylloquinone)		0.2		0	FLA	4		0.1	0.2	
Lipids:	<b>3</b>									
Fatty acids, total saturated	а	1.291	L	0	FLM	4		0.366	1.459	
4:0		0.063		0	FLM	4		0.018	0.071	
6:0	-	0.031		0	FLM	4		0.018	0.035	
8:0	-	0.01		0	FLM	4		0.005	0.019	
10:0		0.01		0	FLM	4		0.005	0.019	
12:0		0.03		0	FLM	4		0.010	0.041	
13:0		0.033	•	U	E LIM	-		0.009	0.037	
14:0		0.200	)	0	FLM	4		0.057	0.226	
	-	0.200	•	J	T TIM	-		0.057	0.220	
15:0	9									

		<u>Aı</u>	mount in 10	0 grams Number		ole portio	<u>on</u>		Amount in edible portion of common measures of food			
Nutrients and Ur	nits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3		
16:0	g	0.609		0	FLM	4		0.173	0.688			
17:0	• • • • • • • • • • • • • • • • • • • •											
18:0		0.242		0	FLM	4		0.069	0.273			
20:0	-											
22:0	-											
24:0 Fatty acids, total monounsaturated		0.581		0	FLM	4		0.165	0.657			
14:1		0.561		U	E LIM	4		0.165	0.657			
15:1												
16:1 undifferentiated	-	0.061		0	FLM	4		0.017	0.069			
17:1	_							****				
18:1 undifferentiated	•	0.491		0	FLM	4		0.139	0.555			
20:1	g	0.000	)	0	FLM	4		0.000	0.000			
22:1 undifferentiated	g	0.000	)	0	FLM	4		0.000	0.000			
24:1 c	g											
Fatty acids, total polyunsaturated	g	0.103	1	0	FLM	4		0.029	0.116			
18:2 undifferentiated	g	0.075	i	0	FLM	4		0.021	0.085			
18:3 undifferentiated	_	0.028		0	FLM	4		0.008	0.032			
18:4	-	0.000	)	0	FLM	4		0.000	0.000			
20:2 n-6 c,c												
20:3 undifferentiated												
20:4 undifferentiated		0.000		0	FLM	4		0.000	0.000			
20:5 n-3		0.000		0	FLM	4 4		0.000	0.000			
22:5 n-3		0.000		0	FLM FLM	4		0.000 0.000	0.000 0.000			
22:6 n-3Fatty acids, total trans		0.000		U	F LIM	4		0.000	0.000			
Cholesterol		7		0	FLM	4		2	8			
Phytosterols	-	·		ŭ		-		_	· ·			
Others:	_											
Alcohol, ethyl	g	0.0		0	Z	7		0.0	0.0			
Caffeine	mg	0		0	FLA	4		0	0			
Theobromine	mg	0		0	FLA	4		0	0			
Carotenoids:												
Carotene, beta	mcg	5		0	FLA	4		1.420	5.660			
Carotene, alpha		0		0	FLA	4		0.002	0.006			
Cryptoxanthin, beta		0		0	FLA	4		0.002	0.009			
Lycopene	mcg	0		0	FLA	4		0.000	0.000			
Lutein + zeaxanthin	mcg	1		0	FLA	4		0.412	1.641			

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03045 Babyfood, dinner, macaroni and tomato and beef, junior

		<u>Aı</u>	mount in 100 g	rams	Amount in edible portion of common					
			Nu	ımber	•			<u>m</u>	easures of food	•
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
D										
Proximates: Water	a	86.70	0.100	20		1		13.87	24.58	147.39
Energy	-	59		0	NC	4		9	17	100
Energy		247				4		39	70	420
Protein (N x 5.98)		2.50	0.200	28		1		0.40	0.71	4.25
Total lipid (fat)		1.10	0.000	22		1		0.18	0.31	1.87
Ash		0.30	0.000	17		1		0.05	0.09	0.51
Carbohydrate, by difference		9.40		0	NC	4		1.50	2.66	15.98
Fiber, total dietary		1.1		0		4		0.2	0.3	1.9
Sugars, total		2.43		0	FLA	4		0.39	0.69	4.12
Starch										
Minerals:						_		•		•
Calcium, Ca		14	1.000	19		1		2	4	24
Iron, Fe.	-	0.36 7	0.020 1.000	19 3		1 1		0.06 1	0.10 2	0.61 12
Magnesium, Mg Phosphorus, P		44	1.000	0		1		7	12	75
Potassium, K	•	72	2.000	13		1		12	20	122
Sodium, Na		17	2.000	15		1		3	5	29
Zinc, Zn	-	0.36	0.010	7		1		0.06	0.10	0.62
Copper, Cu		0.039		3		1		0.006	0.011	0.06
Manganese, Mn										
Selenium, Se		8.4		0	BFZN	4		1.3	2.4	14.3
¥7:4										
Vitamins:				1.0				0.0		
Vitamin C, total ascorbic acid		1.5 0.048	0.000	16 20		1 1		0.2 0.008	0.4 0.014	2.6 0.08
ThiaminRiboflavin		0.048		19		1		0.008	0.014	0.08
Niacin		0.053		19		1		0.120	0.016	1.27
Pantothenic acid	-	0.751	0.013	13		-		0.120	0.213	1.27
Vitamin B-6		0.047		5		1		0.008	0.013	0.08
Folate, total		9		0	BFZN	4		1	3	15
Folic acid		3		0	NC	4		0	1	4
Folate, food		7		0		4		1	2	11
Folate, DFE	mcg_DFE	11		0	NC	4		2	3	18
Vitamin B-12	mcg	0.24		0		1		0.04	0.07	0.41
Vitamin A, IU		691	24.000	19		1		111	196	1175
Vitamin A, RAE		35		0	NC	4		6	10	59
Retinol	mcg	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.81		0	FLA	4		0.13	0.23	1.37
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D				_						
Vitamin K (phylloquinone)	mcg	6.7		0	FLA	4		1.1	1.9	11.3
Lipids:										
Fatty acids, total saturated	g	0.411		0		4		0.066	0.117	0.69
4:0	g	0.001		0		4		0.000	0.000	0.00
6:0	g	0.000		0		4		0.000	0.000	0.00
8:0		0.000		0		4		0.000	0.000	0.00
10:0		0.001		0		4		0.000	0.000	0.00
12:0	g	0.001		0		4		0.000	0.000	0.00
13:0	g									
14:0	-	0.029		0		4		0.005	0.008	0.04
15:0	-									
16:0	-	0.241		0		4		0.039	0.068	0.41
17:0	-									
18:0	=	0.119		0		4		0.019	0.034	0.20
20:0	-									
22:0	g									
24:0	g									

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nodelanda and	11-16-		Std. Error	of Data	Deriv	Source Code	Confidence Code				
Nutrients and	Units	Mean	Sta. Error	romis	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsatura	itedg	0.447		0		4		0.072	0.127	0.760	
14:1	g										
15:1	-										
16:1 undifferentiated	-	0.038		0		4		0.006	0.011	0.065	
17:1	• • • • • • • • • • • • • • • • • • • •			_		_					
18:1 undifferentiated		0.392		0		4		0.063	0.111	0.666	
20:1	-	0.001		0		4		0.000	0.000	0.002	
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000	
24:1 c		0.079		0		4		0.013	0 000	0.134	
Fatty acids, total polyunsaturate				0		4		0.013 0.011	0.022 0.019	0.134	
18:2 undifferentiated		0.066		0		4					
18:3 undifferentiated		0.007		0		4		0.001	0.002	0.012	
18:4	_	0.000		U		4		0.000	0.000	0.000	
20:2 n-6 c,c	_										
20:3 undifferentiated		0.004		0		4		0.001	0.001	0.007	
20:4 undifferentiated 20:5 n-3	-	0.004		0		4		0.001	0.001	0.007	
				0		_		0.000			
22:5 n-3		0.000		0		4 4			0.000	0.000	
22:6 n-3	_	0.000		U		4		0.000	0.000	0.000	
Fatty acids, total trans		4		0		4		1	1	7	
Cholesterol		4		U		4		1	1	,	
Phytosterols	Ing										
Amino Acids:											
Tryptophan	g	0.028		0		1		0.004	0.008	0.048	
Threonine	g	0.090		0		1		0.014	0.026	0.153	
Isoleucine	g	0.118		0		1		0.019	0.033	0.201	
Leucine	g	0.198		0		1		0.032	0.056	0.337	
Lysine	g	0.149		0		1		0.024	0.042	0.253	
Methionine	g	0.039		0		1		0.006	0.011	0.066	
Cystine	g	0.034		0		1		0.005	0.010	0.058	
Phenylalanine	g	0.112		0		1		0.018	0.032	0.190	
Tyrosine	g	0.082		0		1		0.013	0.023	0.139	
Valine	g	0.127		0		1		0.020	0.036	0.216	
Arginine	g	0.133		0		1		0.021	0.038	0.226	
Histidine	g	0.064		0		1		0.010	0.018	0.109	
Alanine	g	0.128		0		1		0.020	0.036	0.218	
Aspartic acid	g	0.198		0		1		0.032	0.056	0.337	
Glutamic acid	g	0.619		0		1		0.099	0.175	1.052	
Glycine	g	0.126		0		1		0.020	0.036	0.214	
Proline		0.201		0		1		0.032	0.057	0.342	
Serine	g	0.104		0		1		0.017	0.029	0.177	
Hydroxyproline	g										
04											
Others:	~	2.2		^		-		0.0	2 2		
Alcohol, ethyl		0.0		0		7		0.0	0.0	0.0	
Caffeine		0		0 0	FLA	4		0	0	0	
Theobromine	9	U		U	FLA	4		0	U	0	
Carotenoids:											
Carotene, beta	mcg	338		0	BNA	4		54.001	95.682	573.757	
Carotene, alpha		154		0	BNA	4		24.671	43.714	262.129	
Cryptoxanthin, beta	mcg	0		0	BNA	4		0.000	0.000	0.001	
Lycopene	mcg	250		0	0	4		40.000	70.875	425.000	
Lutein + zeaxanthin		12		0	0	4		1.920	3.402	20.400	

### **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar NDB No. 03045

Babyfood, dinner, macaroni and tomato and beef, junior

Calories Factors: Protein 4.1 Fat 8.9 Carbohydrate 4.1

Food Group: 03 Baby Foods

NDB No. 03044 Babyfood, dinner, macaroni and tomato and beef, strained

							of common			
			Nu	umber				<u>m</u>	easures of food	
			of	f Data	Deriv	Source	Confidence			
Nutrients and Units	S	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:	_	06.04		•				40.04		0.7.56
Water	-	86.34		0	MA	12		13.81	24.48	97.56
Energy		61 255		0	MC	9 9		10	17	69
Energy	=			•				41	72	288
Protein	-	2.36		0	MA	12		0.38	0.67	2.67
Total lipid (fat)	-	1.47		0	MA	12 12		0.24 0.06	0.42	1.66
Ash		0.37		0	MA MC	9			0.10	0.42
Carbohydrate, by difference		9.45 1.2		0	MA	12		1.51 0.2	2.68 0.3	10.68 1.4
Fiber, total dietary				0	NC	4				
Sugars, total		2.09 0.47		0	MA	4 12		0.33 0.08	0.59	2.36 0.53
Sucrose	9			0		12			0.13	
Glucose (dextrose)	9	0.52 0.57		0	MA MA	12		0.08 0.09	0.15	0.59 0.65
Fructose	9			-					0.16	
Lactose		0.00		0	MA MA	12 12		0.00	0.00	0.00
Maltose		0.52		0		12 4		0.08	0.15	0.59
Galactose	9	0.00		0	FLA	4		0.00	0.00	0.00
Starch	9	0.03		U	FLA	4		0.00	0.01	0.03
Minerals:										
Calcium, Ca	mg	17		0	MA	12		3	5	19
Iron, Fe	mg	0.46		0	MA	12		0.07	0.13	0.52
Magnesium, Mg	mg	12		0	MA	12		2	3	14
Phosphorus, P	mg	39		0	MA	12		6	11	44
Potassium, K	mg	112		0	MA	12		18	32	127
Sodium, Na	mg	38		0	MA	12		6	11	43
Zinc, Zn		0.54		0	MA	12		0.09	0.15	0.61
Copper, Cu		0.050		0	MA	12		0.008	0.014	0.05
Manganese, Mn		0.130	)	0	MA	12		0.021	0.037	0.14
Selenium, Se	mcg	8.4		0	BFZN	4		1.3	2.4	9.5
Vitamins:	ma	0.3		0	MA	12		0.0	0.1	0.2
Vitamin C, total ascorbic acid Thiamin		0.038		0	MA	12		0.006	0.1	0.3 0.04
Riboflavin	-	0.036		0	MA	12		0.000	0.011	0.04
Niacin	_	0.715		0	MA	12		0.114	0.203	0.80
Pantothenic acid.	• • • • • • • • • • • • • • • • • • • •	0.71		0	FLM	4		0.022	0.040	0.30
Vitamin B-6	• • • • • • • • • • • • • • • • • • • •	0.056		0	MA	12		0.009	0.016	0.15
Folate, total		9	•	0	FLM	4		1	3	10
Folic acid		4		0	NC	4		1	1	5
Folate, food	mca	5		Ö	110	4		1	1	6
Folate, DFE		12		0	NC	4		2	3	13
Vitamin B-12		0.15		o	FLM	4		0.02	0.04	0.17
Vitamin A, IU (1)	-	878		0	MA	12		140	249	992
Vitamin A, RAE (2)		44		0	NC	4		7	12	50
Retinol		0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)		2.62		0	FLA	4		0.42	0.74	2.96
Tocopherol, beta		0.00		0	FLA	4		0.00	0.00	0.00
Tocopherol, gamma		0.08		0	FLA	4		0.01	0.02	0.09
Tocopherol, delta		0.00		0	FLA	4		0.00	0.00	0.00
Vitamin D										
Vitamin K (phylloquinone)		29.3		0	FLA	4		4.7	8.3	33.1
Lipids:										
Fatty acids, total saturated	g	0.486	6	0	FLM	4		0.078	0.138	0.54
4:0		0.000	)	0	FLM	4		0.000	0.000	0.00
6:0	g	0.000	)	0	FLM	4		0.000	0.000	0.00
8:0	g	0.000	)	0	FLM	4		0.000	0.000	0.00
10:0	g	0.001	L	0	FLM	4		0.000	0.000	0.00
10.0				^	TIT 14	4		0 000	0 000	0.00
12:0	g	0.001	L	0	FLM	4		0.000	0.000	0.00
	-	0.001	L	U	FLM	4		0.000	0.000	0.00

					i	ole portio	_	Amount in edible portion of common measures of food		
Nutrients and Unit	s	Mean	Std. Error	of Data Points		Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.292		0	FLM	4		0.047	0.083	0.33
17:0										
18:0		0.140		0	FLM	4		0.022	0.040	0.15
20:0	-									
22:0										
24:0	-			•						
Fatty acids, total monounsaturated		0.594		0	FLM	4		0.095	0.168	0.67
14:1										
15:1	-	0.041		0	FLM	4		0 007	0.010	0.04
16:1 undifferentiated	-	0.041		U	F TW	4		0.007	0.012	0.04
17:1 18:1 undifferentiated	•	0.533		0	FLM	4		0.085	0.151	0.60
20:1	•	0.533		0	FLM	4		0.085	0.151	0.00
22:1 undifferentiated		0.001		0	FLM	4		0.000	0.000	0.00
	-	0.000		U	E TIM	4		0.000	0.000	0.00
24:1 c Fatty acids, total polyunsaturated		0.193		0	FLM	4		0.031	0.055	0.21
18:2 undifferentiated		0.170		0	FLM	4		0.031	0.048	0.19
18:3 undifferentiated		0.170		0	FLM	4		0.027	0.005	0.13
18:4	-	0.000		0	FLM	4		0.003	0.000	0.01
20:2 n-6 c.c		0.000		v		-		0.000	0.000	0.00
20:3 undifferentiated	-									
20:4 undifferentiated	-	0.004		0	FLM	4		0.001	0.001	0.00
20:5 n-3	-	0.000		0	FLM	4		0.000	0.000	0.00
22:5 n-3	-	0.000		0	FLM	4		0.000	0.000	0.00
22:6 n-3		0.000		0	FLM	4		0.000	0.000	0.00
Fatty acids, total trans	-							0.000	0.000	
Cholesterol	-	7		0	MA	12		1	2	8
Phytosterols										
Others:	•									
Alcohol, ethyl	a	0.0		0	z	7		0.0	0.0	0.0
Caffeine		0.0		0	FLA	4		0.0	0.0	0.0
Theobromine		0		0	FLA	4		0	0	0
	1119	U		U	ЕЦА	-		U	U	U
Carotenoids:										
Carotene, beta	-	420		0	BNA	4		67.250	119.158	474.95
Carotene, alpha	-	213		0	BNA	4		34.077	60.380	240.66
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	0.00
Lycopene		42		0	0	4		6.720	11.907	47.46
Lutein + zeaxanthin	mcg	0		0	FLA	4		0.036	0.064	0.25

### **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

#### **Footnotes**

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	0 grams	of edib	ole portio	<u>n</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.81		0	FLA	4		13.09		
Energy	kcal	81		0	NC	4		13		
Energy	kj	337		0	NC	4		54		
Protein	g	4.34		0	FLA	4		0.69		
Total lipid (fat)	g	1.90				1		0.30		
Ash	g	0.43		0	NR	4		0.07		
Carbohydrate, by difference	g	11.53		0	NC	4		1.84		
Fiber, total dietary	g	1.1				4		0.2		
Sugars, total	g	0.37		0	FLA	4		0.06		
Starch	g									
Minorals:										
Minerals: Calcium, Ca	ma	12				1		2		
Iron, Fe	-	0.80				1		0.13		
Magnesium, Mg	-	15				4		2		
Phosphorus, P		49				1		8		
Potassium, K	-	148				1		24		
Sodium, Na	-	201				1		32		
Zinc, Zn	mg	0.48				4		0.08		
Copper, Cu	mg	0.020	)			4		0.003		
Manganese, Mn	mg									
Selenium, Se	mcg	1.8		0	BFZN	4		0.3		
Vitamins:										
Vitamin C, total ascorbic acid	ma	1.9				1		0.3		
Thiamin	-	0.060	1			1		0.010		
Riboflavin	-	0.060				1		0.010		
Niacin		1.340				1		0.214		
Pantothenic acid	-		•			_		V		
Vitamin B-6	-	0.090	)			1		0.014		
Folate, total		10		0	FLA	4		2		
Folic acid		6		0	FLA	4		1		
Folate, food		4		0	FLA	4		1		
Folate, DFE	mcg_DFE	14		0	NC	4		2		
Vitamin B-12		0.23				4		0.04		
Vitamin A, IU	IU	60		0	NC	4		10		
Vitamin A, RAE	mcg_RAE	3		0	NC	4		0		
Retinol	mcg	0		0	FLA	4		0		
Vitamin E (alpha-tocopherol)	mg	0.09		0	FLA	4		0.01		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta	mg									
Vitamin D										
Vitamin K (phylloquinone)	nicy	0.4		0	FLA	4		0.1		
<u>Lipids:</u>										
Fatty acids, total saturated	g	0.705	5			4		0.113		
4:0		0.000	)			4		0.000		
6:0		0.000	)			4		0.000		
8:0		0.000	)			4		0.000		
10:0	g	0.002	2			4		0.000		
12:0	g	0.002	2			4		0.000		
13:0	g									
14:0	g	0.048	3			4		0.008		
15:0										
16:0	g	0.417	7			4		0.067		
17:0	g									
18:0	g	0.204	l			4		0.033		
20:0	g									
22:0	g									
24:0	-									

		<u>Ar</u>	mount in 10		<u>n</u>	Amount in edible portion of common measures of food				
Nutrients and	Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura		0.782				4		0.125		
14:1	=									
15:1	• • • • • • • • • • • • • • • • • • • •									
16:1 undifferentiated	-	0.064				4		0.010		
17:1										
18:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.689				4		0.110		
20:1	-	0.002				4		0.000		
22:1 undifferentiated	•	0.000				4		0.000		
24:1 c	-									
Fatty acids, total polyunsaturat		0.140				4		0.022		
18:2 undifferentiated		0.115				4		0.018		
18:3 undifferentiated		0.015				4		0.002		
18:4	-	0.000				4		0.000		
20:2 n-6 c,c	• • • • • • • • • • • • • • • • • • • •									
20:3 undifferentiated		0.007								
20:4 undifferentiated	-					4		0.001		
20:5 n-3	-	0.000				4		0.000		
22:5 n-3	• • • • • • • • • • • • • • • • • • • •	0.000				4		0.000		
22:6 n-3	-	0.000				4		0.000		
Fatty acids, total trans		_						_		
Cholesterol	_	7				4		1		
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0				7		0.0		
Caffeine	mg	0		0	FLA	4		0		
Theobromine	mg	0		0	FLA	4		0		
Carotenoids:										
Carotene, beta	mca	36		0	FLA	4		5.759		
Carotene, alpha		0		0	FLA	4		0.000		
Cryptoxanthin, beta		0		0	FLA	4		0.001		
Lycopene		333		0	FLA	4		53.312		
Lutein + zeaxanthin		11		0	FLA	4		1.682		

## **Common Measures:**

Measure 1 = 16g: 1 tbsp

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	<u>nount in 100 g</u>	rams	of edil	ole portio	<u>n</u>	Amount in	edible portion	of common
			of		Deriv	Source	Confidence		easures of food	
Nutrients and Unit	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water		90.60	0.100	13		1		25.69	154.02	
Energy		33		0	NC	4		9	56	
Energy		138				4		39	235	
Protein (N x 6.07)		1.00	0.000	13		1		0.28	1.70	
Total lipid (fat)		0.00	0.000	13		1		0.00	0.00	
Ash		0.40	0.000	13		1		0.11	0.68	
Carbohydrate, by difference		7.90		0	NC	4		2.24	13.43	
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	17	1.000	13		1		5	29	
Iron, Fe	mg	0.31	0.030	13		1		0.09	0.53	
Magnesium, Mg	mg	10		0		4		3	17	
Phosphorus, P	mg	22		0		4		6	37	
Potassium, K	mg	112	3.000	13		1		32	190	
Sodium, Na	mg	9	1.000	13		1		3	15	
Zinc, Zn		0.24		0		4		0.07	0.41	
Copper, Cu	-	0.036		0		4		0.010	0.061	
Manganese, Mn										
Selenium, Se	mcg	0.7		1	A	1		0.2	1.2	
Vitamins:										
Vitamin C, total ascorbic acid	mg	3.3	0.600	13		1		0.9	5.6	
Thiamin	mg	0.014	0.000	13		1		0.004	0.024	
Riboflavin	mg	0.024	0.000	13		1		0.007	0.041	
Niacin	mg	0.414	0.016	13		1		0.117	0.704	
Pantothenic acid	mg	0.230		0		4		0.065	0.391	
Vitamin B-6		0.075		0		4		0.021	0.128	
Folate, total	mcg	7		0		1		2	11	
Folic acid		0		0	Z	7		0	0	
Folate, food		7		0		1		2	11	
Folate, DFE		7		0	NC	4		2	11	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU		2444	243.000	13		1		693	4155	
Vitamin A, RAE		122		0	NC	4		35	208	
Retinol		0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)										
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta	-									
Vitamin D Vitamin K (phylloquinone)										

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 3 Fat 8.4 Carbohydrate 3.8

Food Group: 03 Baby Foods

		<u>Ar</u>	nount in 100 g	grams	of edil	ole portion	<u>n</u>	Amount in	edible portion	of common
			of		Deriv		Confidence		easures of food	
Nutrients and Uni	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water		88.70	0.200	16		1		25.15	100.23	
Energy	kcal	41		0	NC	4		12	46	
Energy	kj	172				4		49	194	
Protein (N x 6.07)	g	1.20	0.000	13		1		0.34	1.36	
Total lipid (fat)	g	0.10	0.000	13		1		0.03	0.11	
Ash	g	0.50	0.000	13		1		0.14	0.57	
Carbohydrate, by difference	g	9.50		0	NC	4		2.69	10.74	
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	22	2.000	13		1		6	25	
Iron, Fe	mg	0.33	0.030	13		1		0.09	0.37	
Magnesium, Mg	mg	11		0		4		3	12	
Phosphorus, P	mg	24		0		4		7	27	
Potassium, K	mg	121	4.000	13		1		34	137	
Sodium, Na	• • • • • • • • • • • • • • • • • • • •	8	0.000	13		1		2	9	
Zinc, Zn		0.16		0		4		0.05	0.18	
Copper, Cu	_	0.044		0		4		0.012	0.050	
Manganese, Mn						_				
Selenium, Se	mcg	0.7		1	A	1		0.2	0.8	
<u>'itamins:</u>										
Vitamin C, total ascorbic acid	-	2.8	0.200	13		1		0.8	3.2	
Thiamin	• • • • • • • • • • • • • • • • • • • •	0.015		13		1		0.004	0.017	
Riboflavin		0.031		13		1		0.009	0.035	
Niacin		0.502		13		1		0.142	0.567	
Pantothenic acid		0.277		0		4		0.079	0.313	
Vitamin B-6		0.075		0		4		0.021	0.085	
Folate, total		8 0	1.400	3	_	1 7		2 0	9 0	
Folic acid		8	1.400	0 3	Z	1			9	
Folate, food		8	1.400	0	NC	4		2 2	9	
Folate, DFE		0.00		0	NC	4		0.00	0.00	
Vitamin B-12		2728	274.000	13		1		773	3083	
Vitamin A, IU Vitamin A, RAE		136	2/4.000	0	NC	4		39	3083 154	
Retinol	mca_IVAL	0		0	NC Z	7		0	0	
Vitamin E (alpha-tocopherol)		v		3		•		•	U	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D	-									
Vitamin K (phylloquinone)										

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 3 Fat 8.4 Carbohydrate 3.8

Food Group: 03 Baby Foods

Nutrients and Units  Proximates: Water Energy Energy Protein Total lipid (fat) Ash	g kcal	Mean	Std. Error		Deriv	Source	Confidence	<u>m</u> e	easures of food	<u>[</u>
Proximates: Water	g kcal	Mean	Std. Error			Source	Confidence			
Proximates: Water	g kcal	Mean	Std. Error	Points	-					
Water Energy Energy Protein Total lipid (fat) Ash	kcal				Code	Code	Code	Measure 1	Measure 2	Measure
Energy Energy Protein Total lipid (fat) Ash	kcal									
Energy		87.30		0	FLM	4		98.65		
EnergyProtein		60		1	MC	9		68		
Protein	kj	251				9		284		
Ash		1.70		1	MA	12		1.92		
Ash	g	2.10		1	MA	12		2.37		
		0.41		1	MA	12		0.46		
Carbohydrate, by difference		8.40		1	MC	9		9.49		
Fiber, total dietary		1.5		1	MA	12		1.7		
Sugars, total		1.20		1	MA	12		1.36		
Starch		1.20		-	PIFE			1.50		
Starcn	9									
<u>Minerals:</u>										
Calcium, Ca	mg	14		1	MA	12		16		
Iron, Fe	-	0.50		1	MA	12		0.57		
Magnesium, Mg	mg	24		1	MA	12		27		
Phosphorus, P		50		1	MA	12		57		
Potassium, K	mg	133		1	MA	12		150		
Sodium, Na	-	11		1	MA	12		12		
Zinc, Zn	-	0.40		1	MA	12		0.45		
Copper, Cu		0.110	)	1	MA	12		0.124		
Manganese, Mn		0.390	)	1	MA	12		0.441		
Selenium, Se		6.4		0	FLM	4		7.2		
**.										
<u>'itamins:</u>										
Vitamin C, total ascorbic acid	_	2.9		0	FLM	4		3.3		
Thiamin	-	0.060		1	MA	12		0.068		
Riboflavin		0.050		1	MA	12		0.057		
Niacin	_	0.560		1	MA	12		0.633		
Pantothenic acid	-	0.178		0	FLM	4		0.201		
Vitamin B-6	-	0.110	)	1	MA	12		0.124		
Folate, total		9		0	FLM	4		10		
Folic acid	mcg	0		0	FLA	4		0		
Folate, food		9		0	FLM	4		10		
Folate, DFE	mcg_DFE	9		0	NC	4		10		
Vitamin B-12		0.00		0	FLM	4		0.00		
Vitamin A, IU		555		1	MA	12		627		
Vitamin A, RAE	mcg_RAE	41		0	NC	4		46		
Retinol	mcg	16		0	FLA	4		18		
Vitamin E (alpha-tocopherol)	mg	0.23		0	FLA	4		0.26		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg	2.1		0	FLA	4		2.4		
ipids:	~			_						
Fatty acids, total saturated		1.230		0	FLM	4		1.390		
4:0		0.062		0	FLM	4		0.070		
6:0		0.037		0	FLM	4		0.042		
8:0	-	0.021		0	FLM	4		0.024		
10:0		0.048		0	FLM	4		0.054		
12:0		0.054	ŀ	0	FLM	4		0.061		
13:0				_		_				
14:0		0.194	ŀ	0	FLM	4		0.219		
15:0				_	_	_		_		
16:0		0.534	<u> </u>	0	FLM	4		0.603		
17:0	-							_		
18:0	-	0.235	5	0	FLM	4		0.266		
20:0	-									
22:0	g									

	<u>Ar</u>	nount in 10	0 grams	of edil	<u>en</u>		edible portion o	of common	
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.580		0	FLM	4		0.655		
14:1g									
15:1g									
16:1 undifferentiatedg	0.044		0	FLM	4		0.050		
17:1g									
18:1 undifferentiatedg	0.507		0	FLM	4		0.573		
20:1g	0.000		0	FLM	4		0.000		
22:1 undifferentiatedg	0.000		0	FLM	4		0.000		
24:1 cg									
Fatty acids, total polyunsaturatedg	0.144		0	FLM	4		0.163		
18:2 undifferentiatedg	0.110		0	FLM	4		0.124		
18:3 undifferentiatedg	0.034		0	FLM	4		0.038		
18:4g	0.000		0	FLM	4		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	FLM	4		0.000		
20:5 n-3g	0.000		0	FLM	4		0.000		
22:5 n-3g	0.000		0	FLM	4		0.000		
22:6 n-3g	0.000		0	FLM	4		0.000		
Fatty acids, total transg									
Cholesterol mg	5		0	FLM	4		6		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	FLM	4		0.0		
Caffeine mg	0		0	FLA	4		0		
Theobrominemg	0		0	FLA	4		0		
Carotenoids:									
Carotene, betamcg	282		0	FLA	4		318.128		
Carotene, alphamcg	39		0	FLA	4		44.022		
Cryptoxanthin, betamcg	0		0	FLA	4		0.000		
Lycopenemcg	290		0	FLA	4		327.655		
Lutein + zeaxanthin mcg	341		0	FLA	4		384.863		

# **Common Measures:**

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	<u>0 grams</u>	of edib	le portio	<u>n</u>		edible portion	
Nutrients and Un	its	Mean				Source Code	Confidence Code	<u>m</u> Measure 1	Measure 2	Measure
Proximates:										
Water	g	81.50		1	MA	12				
Energy	kcal	78		0	MC	9				
Energy	kj	326				9				
Protein		3.50		1	MA	12				
Total lipid (fat)	-	2.00		1	MA	12				
Ash		1.03		1	MA	12				
Carbohydrate, by difference		11.50		0	MC	9				
Fiber, total dietary		1.2		1	MA	12				
				1						
Sugars, total		0.80		1	MA	12				
Starch	g									
Minerals:										
Calcium, Ca	ma	53		1	MA	12				
Iron, Fe		0.40		1	MA	12				
· · · · · · · · · · · · · · · · · · ·	_	14		1	MA	12				
Magnesium, Mg		108		1	MA MA	12				
Phosphorus, P										
Potassium, K		143		1	MA	12				
Sodium, Na		205		1	MA	12				
Zinc, Zn		0.60		1	MA	12				
Copper, Cu		0.060		1	MA	12				
Manganese, Mn	mg	0.018	3	0	FLM	4				
Selenium, Se	mcg	5.5		0	FLM	4				
Vitamins:										
		0.1				10				
Vitamin C, total ascorbic acid	_	0.1		1	MA	12				
Thiamin		0.050		1	MA	12				
Riboflavin		0.100		1	MA	12				
Niacin	mg	1.060		1	MA	12				
Pantothenic acid	mg	0.345	5	0	FLM	4				
Vitamin B-6	mg	0.160	)	1	MA	12				
Folate, total	mcg	6		0	FLM	4				
Folic acid	mcg	0		0	Z	7				
Folate, food	mcg	6		0	FLM	4				
Folate, DFE		6		0	NC	4				
Vitamin B-12		0.10		0	FLM	4				
Vitamin A, IU		31		0	FLM	4				
Vitamin A, RAE		8		0	NC	4				
Retinol		8		0	BNA	4				
Vitamin E (alpha-tocopherol)		0.02		0	FLA	4				
(rr)	• • • • • • • • • • • • • • • • • • • •	0.02		U	FLA	4				
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D				•						
Vitamin K (phylloquinone)	ıncg	1.3		0	FLA	4				
Lipids:										
Fatty acids, total saturated	а	1.100	)	1	MA	12				
4:0	_	0.031		0	FLM	4				
6:0		0.015		0	FLM	4				
	_			0		4				
8:0	-	0.008			FLM					
10:0		0.020		0	FLM	4				
12:0		0.020	J	0	FLM	4				
13:0										
14:0	g	0.112	2	0	FLM	4				
15:0	g									
16:0	g	0.493	3	0	FLM	4				
17:0	g									
18:0	-	0.219	9	0	FLM	4				
20:0	_									
22:0	_									
24:0	_									

	<u>An</u>	nount in 10	00 grams	of edib	ole portio	<u>on</u>		edible portion of	of common
			Number				<u>m</u>	easures of food	
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.733		0	FLM	4				
14:1g 15:1g									
16:1 undifferentiated	0.070		0	FLM	4				
17:1g	0.070		Ū	2 1101	-				
18:1 undifferentiated	0.650		0	FLM	4				
20:1g	0.000		0	FLM	4				
22:1 undifferentiated	0.000		0	FLM	4				
24:1 cg									
Fatty acids, total polyunsaturatedg	0.163		0	FLM	4				
18:2 undifferentiatedg	0.131		0	FLM	4				
18:3 undifferentiatedg	0.032		0	FLM	4				
18:4g	0.000		0	FLM	4				
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	FLM	4				
20:5 n-3g	0.000		0	FLM	4				
22:5 n-3g	0.000		0	FLM	4				
22:6 n-3g	0.000		0	FLM	4				
Fatty acids, total transg									
Cholesterolmg	6		1	MA	12				
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7				
Caffeine mg	0		0	Z	7				
Theobromine mg	0		0	Z	7				
Carotenoids:									
Carotene, betamcg	3		0	BNA	4				
Carotene, alpha mcg	0		0	BNA	4				
Cryptoxanthin, betamcg	0		0	BNA	4				
Lycopenemcg	0		0	FLA	4				
Lutein + zeaxanthinmcg	5		0	FLA	4				

# **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03050 Babyfood, dinner, spaghetti and tomato and meat, junior

Refuse: 0%

		<u>A</u>	mount in 10	0 grams	of edil	ole portio	<u>on</u>		edible portion	
				Number of Data	Deriv		Confidence	_	easures of food	•
Nutrients and Units	s 	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	84.17		0	MA	12		13.47	23.86	143.09
Energy		68		0	MC	9		11	19	116
Energy	kj	285				9		46	81	484
Protein	g	2.57		0	MA	12		0.41	0.73	4.37
Total lipid (fat)	g	1.37		0	MA	12		0.22	0.39	2.33
Ash	g	0.47		0	MA	12		0.08	0.13	0.80
Carbohydrate, by difference	g	11.42		0	MC	9		1.83	3.24	19.41
Fiber, total dietary	g	1.1		0	MA	12		0.2	0.3	1.9
Sugars, total	g	2.72		0	MA	12		0.44	0.77	4.62
Sucrose	g	1.37		0	MA	12		0.22	0.39	2.34
Glucose (dextrose)		0.50		0	MA	12		0.08	0.14	0.84
Fructose		0.54		0	MA	12		0.09	0.15	0.92
Lactose	5 a	0.00		0	MA	12		0.00	0.00	0.00
Maltose	<del>.</del>	0.31		0	MA	12		0.05	0.09	0.53
Maltose	9	0.51		·				0.05	0.03	0.55
Galactose										
Starcii	9									
Minerals:										
Calcium, Ca	mg	15		0	MA	12		2	4	26
Iron, Fe		0.53		0	MA	12		0.08	0.15	0.90
Magnesium, Mg		11		0	MA	12		2	3	19
Phosphorus, P		35		0	MA	12		6	10	60
Potassium, K	mg	122		0	MA	12		20	35	207
Sodium, Na	mg	75		0	MA	12		12	21	128
Zinc, Zn	mg	0.53		0	MA	12		0.08	0.15	0.90
Copper, Cu	mg	0.030	)	0	MA	12		0.005	0.009	0.051
Manganese, Mn	mg	0.120	)	0	MA	12		0.019	0.034	0.204
Selenium, Se	mcg	8.4		0	FLM	4		1.3	2.4	14.3
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.2		0	MA	12		0.0	0.1	0.3
Thiamin	-	0.048	3	0	MA	12		0.008	0.014	0.082
Riboflavin	mg	0.068	3	0	MA	12		0.011	0.019	0.116
Niacin	<sub>.</sub> mg	0.967	7	0	MA	12		0.155	0.274	1.644
Pantothenic acid	<sub>.</sub> mg	0.086	6	0	FLM	4		0.014	0.024	0.146
Vitamin B-6	mg	0.064	1	0	MA	12		0.010	0.018	0.109
Folate, total		27		0	FLM	4		4	8	46
Folic acid	mcg	24		0	NC	4		4	7	41
Folate, food		3		0		4		0	1	5
Folate, DFE	mcg_DFE	44		0	NC	4		7	12	74
Vitamin B-12	mcg	0.03		0	FLM	4		0.00	0.01	0.05
Vitamin A, IU (1)	IU	1255		0	MA	12		201	356	2134
Vitamin A, RAE (2)	mcg_RAE	63		0	NC	4		10	18	107
Retinol	mcg	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.07		0	NR	4		0.01	0.02	0.12
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg	0.8		0	0	4		0.1	0.2	1.4
<u>Lipids:</u>										
Fatty acids, total saturated	g	0.543	3	0	FLM	4		0.087	0.154	0.923
4:0	g	0.013	3	0	FLM	4		0.002	0.004	0.022
6:0	g	0.005	5	0	FLM	4		0.001	0.001	0.009
8:0	g	0.003	3	0	FLM	4		0.000	0.001	0.005
10:0	g	0.007	7	0	FLM	4		0.001	0.002	0.012
			_	_				0 000	0 000	0.015
12:0	g	0.010	)	0	FLM	4		0.002	0.003	0.017
		0.010	)	0	FLM	4		0.002	0.003	0.01

		<u>A</u> 1	mount in 10	00 grams Number		ole portio	<u>on</u>		edible portion o	of common
Nutrients and U	Inits	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.306	i	0	FLM	4		0.049	0.087	0.520
17:0 18:0		0.142		0	FLM	4		0.023	0.040	0.241
20:0 22:0	g g	0.141		v	1 22.3	•		0.023	0.040	0.241
24:0Fatty acids, total monounsaturate	edg	0.497		0	FLM	4		0.080	0.141	0.845
15:1 16:1 undifferentiated 17:1	g	0.030	1	0	FLM	4		0.005	0.009	0.051
18:1 undifferentiated	g	0.451		0	FLM	4		0.072	0.128	0.767
20:1	g	0.007		0	FLM	4		0.001	0.002	0.012
22:1 undifferentiated	g	0.000	)	0	FLM	4		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturated	lg	0.185		0	FLM	4		0.030	0.052	0.315
18:2 undifferentiated	-	0.165		0	FLM	4		0.026	0.047	0.281
18:3 undifferentiated	g	0.019		0	FLM	4		0.003	0.005	0.032
18:4	g	0.000	)	0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.001		0	FLM	4		0.000	0.000	0.002
20:5 n-3	g	0.000	)	0	FLM	4		0.000	0.000	0.000
22:5 n-3		0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3	g	0.000	)	0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans										
Cholesterol		5		0	FLM	4		1	1	9
Phytosterols	mg									
Others:										
Alcohol, ethyl	a	0.0		0	z	7		0.0	0.0	0.0
Caffeine		0		0	z	7		0	0	0
Theobromine	-	0		0	z	7		0	0	0
Carotenoids:	9	·		·	_	•		·	·	·
Carotene, beta	mca	601		0	BNA	4		96.126	170.323	1021.338
Carotene, alpha		304		0	BNA	4		48.709	86.307	517.535
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	0.003
Lycopene		0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin		0		0	0	4		0.074	0.131	0.784

### **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

#### **Footnotes**

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 gran	ns of edi	ble portic	<u>on</u>	Amount in	edible portion	of common
			Numb	er			<u>m</u>	easures of food	_
			of Da	a Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Point	s Code	Code	Code	Measure 1	Measure 2	Measure 3
Durationators									
Proximates: Water	g	81.60	1		1		23.13	138.72	
Energy		75	0	NC	4		21	128	
Energy		314			4		89	533	
Protein (N x 5.98)		5.30	6		1		1.50	9.01	
Total lipid (fat)	-	1.00	6		1		0.28	1.70	
Ash		1.30	1		1		0.37	2.21	
Carbohydrate, by difference		10.80	0	NC	4		3.06	18.36	
Fiber, total dietary									
Sugars, total									
Starch									
Minerals:									
Calcium, Ca	-	22	6		1		6	37	
Iron, Fe	_	0.90	6		1		0.26	1.53	
Magnesium, Mg		15	1		1		4	26	
Phosphorus, P	-	45 163	1		1 1		13 46	77 277	
Potassium, K	_		1		1		46 101	609	
Sodium, Na		358 0.48	1		1		0.14	0.82	
Zinc, Zn		0.48			1		0.14	0.82	
Copper, Cu		0.020	, 1		_		0.006	0.034	
Manganese, Mn Selenium, Se		8.4	0	BFZN	4		2.4	14.3	
Selemum, Se	Illog	0.4	v	DI ZI	-		2.4	14.5	
Vitamins:									
Vitamin C, total ascorbic acid	mg	4.1	6		1		1.2	7.0	
Thiamin	mg	0.062	2 6		1		0.018	0.105	
Riboflavin	mg	0.101	. 6		1		0.029	0.172	
Niacin	mg	1.558	6		1		0.442	2.649	
Pantothenic acid									
Vitamin B-6		0.083			1		0.024	0.141	
Folate, total		32	0	FLM	4		9	54	
Folic acid	-	26	0	NC	4		7	44	
Folate, food		6	0		4		2	10	
Folate, DFE	mcg_DFE	50	0	NC	4		14	85	
Vitamin B-12		0.23	0		4		0.07	0.39	
Vitamin A, IU		443	116.000 6		1		126	753	
Vitamin A, RAE		22	0	NC	4		6	38	
Retinol		0	0	Z	7		0	0	
Vitamin E (alpha-tocopherol)									
Tocopherol, beta									
Tocopherol, gamma									
Tocopherol, deltaVitamin D									
Vitamin K (phylloquinone)									
vitamin K (phynoquinone)	g								
Amino Acids:									
Tryptophan		0.065			1		0.018	0.111	
Threonine		0.197			1		0.056	0.335	
Isoleucine		0.268			1		0.076	0.456	
Leucine		0.413			1		0.117	0.702	
Lysine		0.313			1		0.089	0.532	
Methionine		0.104			1		0.029	0.177	
Cystine		0.066			1		0.019	0.112	
Phenylalanine	-	0.241			1		0.068	0.410	
Tyrosine		0.184			1		0.052	0.313	
Valine		0.286			1		0.081	0.486	
Arginine		0.284			1		0.081	0.483	
Histidine		0.141			1		0.040	0.240	
Alanine	•	0.269			1		0.076	0.457	
Aspartic acid	g	0.470			1		0.133	0.799	
Glutamic acid	g	1.297	0		1		0.368	2.205	

	<u>Am</u>	ount in 100 grams		Amount in edible portion of common measures of food			
Nutrients and Units	Mean S	Number of Data Std. Error Points	Deriv Source	Confidence Code	Measure 1	Measure 2	Measure 3
	0.254	•	1		0.072	0.420	
Glycine         9           Proline         9           Serine         9	0.254 0.442 0.202	0 0 0	1 1 1		0.072 0.125 0.057	0.432 0.751 0.343	

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 Fat 8.9 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	<u>0 grams</u>	of edil	ole portio	<u>on</u>	Amount in edible portion of common			
				Number				<u>m</u>	easures of food		
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	83.70		1	MA	12		13.39	94.58		
Energy	kcal	74		0	MC	9		12	84		
Energy	kj	310				9		50	350		
Protein	g	2.51		1	MA	12		0.40	2.84		
Total lipid (fat)	g	2.17		1	MA	12		0.35	2.45		
Ash	g	0.58		1	MA	12		0.09	0.66		
Carbohydrate, by difference	g	11.04		0	MC	9		1.77	12.48		
Fiber, total dietary	g	1.3		1	MA	12		0.2	1.5		
Sugars, total	g	5.37		1	MA	12		0.86	6.07		
Starch	g										
Minorals											
Minerals:	ma	30		1	MA	12		5	34		
Calcium, CaIron, Fe	-	0.45		1	MA MA	12		0.07	0.51		
Magnesium, Mg	-	13		1	MA MA	12		2	15		
Phosphorus, P		25		0	FLM	4		4	28		
Potassium, K	-	200		1	MA	12		32	226		
Sodium, Na		22		1	MA	12		4	25		
Zinc, Zn	-	0.37		1	MA	12		0.06	0.42		
Copper, Cu		0.081	L	0	FLM	4		0.013	0.092		
Manganese, Mn.		0.153		0	FLM	4		0.024	0.173		
Selenium, Se		1.7		0	FLM	4		0.3	1.9		
·	-										
Vitamins:				_							
Vitamin C, total ascorbic acid	-	0.0		1	MA	12		0.0	0.0		
Thiamin	-	0.020		1	MA	12		0.003	0.023		
Riboflavin		0.040		1	MA	12		0.006	0.045		
Niacin	-	1.040		1	MA	12		0.166	1.175		
Pantothenic acid	=	0.329		0	FLM	4		0.053	0.372		
Vitamin B-6	_	0.137	<b>'</b>	0	FLM	4		0.022 1	0.155 7		
Foliate, total		6 0		0 0	FLM Z	<b>4</b> 7		0	0		
Folic acid		6		0	FLM	4		1	7		
Folate, foodFolate, DFE		6		0	NC	4		1	7		
Vitamin B-12		0.05		0	FLM	4		0.01	0.06		
Vitamin A, IU		4318		1	MA	12		691	4879		
Vitamin A, RAE		216		0	NC	4		35	245		
Retinol		1		0	BNA	4		0	1		
Vitamin E (alpha-tocopherol)		0.58		0	FLA	4		0.09	0.65		
Tocopherol, beta		0.00		·		-		0.05	0.00		
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	1.3		0	FLA	4		0.2	1.5		
Linida											
Lipids:	0	0.572	,	0	ETM	4		0 002	0.646		
Fatty acids, total saturated		0.000		0	FLM FLM	4		0.092 0.000	0.000		
4:0 6:0		0.000		0	FLM	4		0.000	0.000		
8:0	_	0.000		0	FLM	4		0.000	0.000		
10:0	_	0.000		0	FLM	4		0.000	0.000		
12:0	-	0.001		0	FLM	4		0.000	0.001		
13:0		5.001		J		-		2.000	2.001		
14:0		0.016	5	0	FLM	4		0.003	0.018		
15:0				-		-		2.005	3.010		
16:0		0.437	,	0	FLM	4		0.070	0.494		
17:0				-		=		3.0.0	v		
18:0	_	0.118	3	0	FLM	4		0.019	0.133		
20:0	_			-		-					
22:0	_										
24:0	_										

	<u>Ar</u>	mount in 10	0 grams		ole portio	<u>n</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
	0.000				10				
Fatty acids, total monounsaturatedg	0.980		1	MA	12		0.157	1.107	
14:1g									
15:1	0.095		0	FLM	4		0.015	0.107	
16:1 undifferentiated	0.095		U	E TWI	4		0.015	0.107	
18:1 undifferentiatedg	0.803		0	FLM	4		0.128	0.907	
20:1g	0.003		0	FLM	4		0.128	0.016	
22:1 undifferentiatedg	0.000		0	FLM	4		0.002	0.000	
24:1 cg	0.000		Ū	2 1101	-		0.000	0.000	
Fatty acids, total polyunsaturatedg	0.480		1	MA	12		0.077	0.542	
18:2 undifferentiatedg	0.487		0	FLM	4		0.078	0.550	
18:3 undifferentiated	0.024		0	FLM	4		0.004	0.027	
18:4g	0.000		0	FLM	4		0.000	0.000	
20:2 n-6 c.cg									
20:3 undifferentiated									
20:4 undifferentiated	0.005		0	FLM	4		0.001	0.006	
20:5 n-3g	0.000		0	FLM	4		0.000	0.000	
22:5 n-3g	0.000		0	FLM	4		0.000	0.000	
22:6 n-3g	0.000		0	FLM	4		0.000	0.000	
Fatty acids, total trans									
Cholesterolmg	11		1	MA	12		2	12	
Phytosterolsmg	0		0	FLM	4		0	0	
Others:									
Alcohol, ethylg	0.0		0	Z	7		0.0	0.0	
Caffeinemg	0		0	Z	7		0	0	
Theobrominemg	0		0	Z	7		0	0	
<u>Carotenoids:</u>									
Carotene, betamcg	2590		0	BNA	4		414.320	2926.138	
Carotene, alphamcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, betamcg	0		0	BNA	4		0.000	0.000	
Lycopenemcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin mcg	0		0	FLA	4		0.000	0.000	

## **Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	) grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			ı	Number				<u>me</u>	easures of food		
Nutrients and Uni	ts	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	86.64		0	MA	12		13.86	24.56	147.29	
Energy	kcal	56		0	MC	9		9	16	95	
Energy	kj	234				9		37	66	398	
Protein	_	2.37		0	MA	12		0.38	0.67	4.03	
Total lipid (fat)	g	0.92		0	MA	12		0.15	0.26	1.56	
Ash		0.50		0	MA	12		0.08	0.14	0.85	
Carbohydrate, by difference		9.57		0	MC	9		1.53	2.71	16.27	
Fiber, total dietary		1.0		0	MA	12		0.2	0.3	1.7	
Sugars, total		1.25		0	MA	12		0.20	0.35	2.13	
Sucrose	g	0.68		0	MA	12		0.11	0.19	1.16	
Glucose (dextrose)	g	0.24		0	MA	12		0.04	0.07	0.41	
Fructose		0.23		0	FLM	4		0.04	0.07	0.39	
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00	
Maltose	g	0.11		0	MA	12		0.02	0.03	0.19	
Galactose	g										
Starch	g										
<u>/Iinerals:</u> Calcium, Ca	ma	24		0	MA	12		4	7	41	
Iron, Fe	-	0.41		0	MA	12		0.07	0.12	0.70	
Magnesium, Mg	-	9		0	MA	12		1	3	15	
Phosphorus, P		37		0	MA	12		6	10	63	
Potassium, K		86		0	MA	12		14	24	146	
Sodium, Na		80		0	MA	12		13	23	136	
Zine, Zn		0.47		0	MA	12		0.08	0.13	0.80	
Copper, Cu		0.030	0	0	MA	12		0.005	0.009	0.05	
Manganese, Mn		0.120	0	0	MA	12		0.019	0.034	0.20	
Selenium, Se		3.3		0	FLM	4		0.5	0.9	5.6	
/itamins:											
Vitamin C, total ascorbic acid	mg	0.3		0	MA	12		0.0	0.1	0.5	
Thiamin		0.033		0	MA	12		0.005	0.009	0.05	
Riboflavin		0.044		0	MA	12		0.007	0.012	0.07	
Niacin	• • • • • • • • • • • • • • • • • • • •	0.692		0	MA	12		0.111	0.196	1.17	
Pantothenic acid	• • • • • • • • • • • • • • • • • • • •	0.200		0	FLM	4		0.032	0.057	0.34	
Vitamin B-6		0.052	2	0	MA	12		0.008	0.015	0.08	
Folate, total		8		0	FLM	4		1	2	14	
Folic acid		0		0	Z	7		0	0	0	
Folate, food		8		0	FLM	4		1	2	14	
Folate, DFE		8		0	NC	4		1	2	14	
Vitamin B-12	-	0.02		0	FLM	4		0.00	0.01	0.03	
Vitamin A, IU (1)		1886		0	MA	12		302	535	3206	
Vitamin A, RAE (2)		94		0	NC	4		15	27	160	
Retinol		0		0	FLA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.31		0	FLA	4		0.05	0.09	0.53	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D Vitamin K (phylloquinone)		3.0		0	FLA	4		0.5	0.8	5.1	
ipids:											
Fatty acids, total saturated	a	0.239	9	0	FLM	4		0.038	0.068	0.40	
4:0		0.000		0	FLM	4		0.000	0.000	0.00	
6:0	-	0.000		0	FLM	4		0.000	0.000	0.00	
8:0	-	0.000		0	FLM	4		0.000	0.000	0.00	
	-	0.000		0	FLM	4		0.000	0.000	0.00	
			-	•		-		0.000	0.000	0.0	
10:0	_		1	n	FT.M	4		0.000	0.000	0.00	
12:0 13:0	g	0.001	1	0	FLM	4		0.000	0.000	0.0	

		<u>Aı</u>	nount in 10	00 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Uni	ts	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.157		0	FLM	4		0.025	0.045	0.267	
17:0 18:0 20:0.	g	0.052		0	FLM	4		0.008	0.015	0.088	
22:0 24:0	g g										
Fatty acids, total monounsaturated	g	0.304		0	FLM	4		0.049	0.086	0.517	
15:1 16:1 undifferentiated 17:1	g	0.032		0	FLM	4		0.005	0.009	0.054	
18:1 undifferentiated	g	0.261		0	FLM	4		0.042	0.074	0.444	
20:1	g	0.002		0	FLM	4		0.000	0.001	0.003	
22:1 undifferentiated	g	0.000		0	FLM	4		0.000	0.000	0.000	
24:1 c											
Fatty acids, total polyunsaturated	g	0.233		0	FLM	4		0.037	0.066	0.396	
18:2 undifferentiated		0.203		0	FLM	4		0.032	0.058	0.345	
18:3 undifferentiated	g	0.016		0	FLM	4		0.003	0.005	0.027	
18:4	g	0.000		0	FLM	4		0.000	0.000	0.000	
20:2 n-6 c,c	g										
20:3 undifferentiated	g										
20:4 undifferentiated	g	0.007		0	FLM	4		0.001	0.002	0.012	
20:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000	
22:5 n-3	g	0.001		0	FLM	4		0.000	0.000	0.002	
22:6 n-3	g	0.002		0	FLM	4		0.000	0.001	0.003	
Fatty acids, total trans	g										
Cholesterol	mg	4		0	FLM	4		1	1	7	
Phytosterols	mg										
Others:											
Alcohol, ethyl	a	0.0		0	z	7		0.0	0.0	0.0	
Caffeine		0.0		0	FLA	4		0.0	0.0	0.0	
Theobromine		0		0	FLA	4		0	0	0	
Carotenoids:	y	ŭ		Ū	гши	-		Ŭ	v	Ü	
	mod	007		^				140 201	060 771	1555 605	
Carotene, beta	_	927		0	FLA	4		148.301	262.771	1575.699	
Carotene, alpha		410		0	FLA	4		65.530	116.111	696.255	
Cryptoxanthin, beta		0		0	FLA	4		0.001	0.001	0.007	
Lycopene		1127		0	FLA	4		180.397	319.641	1916.721	
Lutein + zeaxanthin	rincg	134		0	FLA	4		21.372	37.869	227.079	

### **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

#### **Footnotes**

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

Proximates:	t in edible porti	
Nutrients and Units	measures of fo	<u>ood</u>
Water.	1 Measure	2 Measure
Water		
Energy	25.01	99.69
Protein	15	59
Total lipid (int).	62	246
Ash.		2.5
Carbohydrate, by difference		1.40
Fiber, total dietary. 9 0.9 0 MA 12 0.1 Sugars, total. 9 1.66 0 MA 12 0.27 Sugars, total. 9 1.66 0 MA 12 0.27 Sucrose. 9 0.67 0 MA 12 0.11 Glucose (dextrose). 9 0.33 0 MA 12 0.06 Fructose. 9 0.30 0 MA 12 0.06 Incrose. 9 0.30 0 MA 12 0.06 Maltose. 9 0.37 0 MA 12 0.06 Maltose. 9 0.37 0 MA 12 0.06 Galactose. 9 Starch. 9  ***********************************		0.3
Sugars, total		8.9
Sucrose   9	0.3	1.0
Glucose (dextrose)		1.88
Fructose   9		0.70
Lactose		0.3
Mallose		0.34
Matlose         g         0.37         0 MA         12         0.66           Galactose         g           Starch         g           Minerals:         S           Calcium, Ca.         mg         18         0 MA         12         3           Iron, Fe.         mg         0.29         0 MA         12         1           Magnesium, Mg.         mg         8         0 MA         12         1           Phosphorus, P.         mg         34         0 MA         12         1           Potassium, K.         mg         91         0 MA         12         15           Soddium, Na.         mg         20         0 MA         12         3           Zinc, Zn.         mg         0.40         0 MA         12         0.0           Copper, Cu.         mg         0.100         0 MA         12         0.0           Manganese, Mn.         mg         0.130         0 MA         12         0.0           Selenium, Sc.         mcg         3.0         0 FIM         4         0.5           Vitaminis C, total ascorbic acid         mg         0.2         0 MA         12         0.0		0.00
Minerals:	0.10	0.42
Calcium, Ca.		
Calcium, Ca		
Iron, Fe.         mg         0.29         0         MA         12         0.0           Magnesium, Mg.         mg         8         0         MA         12         1           Phossphorus, P.         mg         34         0         MA         12         5           Potassium, K.         mg         91         0         MA         12         15           Sodium, Na.         mg         20         0         MA         12         3           Zinc, Zn.         mg         0.40         0         MA         12         0.0           Copper, Cu.         mg         0.430         0         MA         12         0.0           Manganese, Mn.         mg         0.130         0         MA         12         0.0           Selenium, Se.         mcg         0.130         0         MA         12         0.0           Selenium, Se.         mcg         0.130         0         MA         12         0.0           Selenium, Se.         mcg         0.120         0         MA         12         0.0           Titamins.         mg         0.22         0         MA         12         0.0	5	20
Magnesium, Mg.         mg         8         0         MA         12         1           Phosphorus, P.         mg         34         0         MA         12         5           Potassium, K.         mg         91         0         MA         12         15           Sodium, Na.         mg         0.40         0         MA         12         0.0           Copper, Cu.         mg         0.030         0         MA         12         0.0           Manganese, Mn.         mg         0.130         0         MA         12         0.0           Selenium, Se.         mcg         3.0         0         FIM         4         0.5           Stelnium, Se.         mcg         3.0         0         FIM         4         0.5           Stelnium, Se.         mcg         0.2         0         MA         12         0.0           Manganese, Mn.         mg         0.2         0         MA         12         0.0           Stelnium, Se.         mcg         3.0         0         FIM         4         0.5           Titamins.         mg         0.2         0         MA         12         0.0 </td <td></td> <td></td>		
Phosphorus, P.         mg         34         0         MA         12         5           Potassium, K.         mg         91         0         MA         12         15           Soddium, Na         mg         20         0         MA         12         3           Zinc, Zn.         mg         0.40         0         MA         12         0.0           Copper, Cu.         mg         0.033         0         MA         12         0.0           Manganese, Mn.         mg         0.030         0         MA         12         0.0           Selenium, Se.         mcg         0.130         0         MA         12         0.0           Selenium, Se.         mcg         0.2         0         MA         12         0.0           Selenium, Se.         mcg         0.2         0         MA         12         0.0           Titamins.         mg         0.2         0         MA         12         0.0           Titamins.         mg         0.022         0         MA         12         0.0           Nicain.         mg         0.044         0         MA         12         0.0 <t< td=""><td>2</td><td>9</td></t<>	2	9
Potassium, K.	10	38
Sodium, Na.	26	103
Zinc, Zn.         mg         0.40         0         MA         12         0.0           Copper, Cu.         mg         0.030         0         MA         12         0.0           Manganese, Mn.         mg         0.130         0         MA         12         0.0           Selenium, Se.         mcg         3.0         0         FLM         4         0.5           Vitamins C, total ascorbic acid.         mg         0.2         0         MA         12         0.0           Riboflavin.         mg         0.022         0         MA         12         0.0           Riboflavin.         mg         0.042         0         MA         12         0.0           Riboflavin.         mg         0.042         0         MA         12         0.0           Riboflavin.         mg         0.040         0         MA         12         0.0           Riboflavin.         mg         0.042         0         MA         12         0.0           Niacin         mg         0.044         0         MA         12         0.0           Vitamin B-6         mg         0.052         0         MA         12 </td <td>6</td> <td>23</td>	6	23
Copper, Cu         mg         0.030         0         MA         12         0.0           Manganese, Mn         mg         0.130         0         MA         12         0.0           Selenium, Se         mcg         3.0         0         FLM         4         0.5           // Itamins:           Vitamin C, total ascorbic acid         mg         0.2         0         MA         12         0.0           Thiamin         mg         0.022         0         MA         12         0.0           Riboflavin         mg         0.040         0         MA         12         0.0           Niacin         mg         0.648         0         MA         12         0.1           Pantothenic acid         mg         0.177         0         FLM         4         0.0           Vitamin B-6         mg         0.052         0         MA         12         0.0           Folate, Def.         mcg         4         0         FLM         4         1           Folate, Def.         mcg         4         0         FLM         4         1           Folate, Def.         mcg_Def.         8	0.11	0.4
Manganese, Mn         mg         0.130         0         MA         12         0.05           Selenium, Se         mcg         3.0         0         FIM         4         0.5           Zitamins:         "Titamins."           Vitamin C, total ascorbic acid         mg         0.2         0         MA         12         0.0           Riboflavin         mg         0.040         0         MA         12         0.0           Niacin         mg         0.648         0         MA         12         0.0           Niacin         mg         0.648         0         MA         12         0.0           Pantothenic acid         mg         0.177         0         FIM         4         0.0           Vitatin B-6         mg         0.052         0         MA         12         0.0           Folate, total         mcg         4         0         FIM         4         1           Folic acid         mcg         0         0         z         7         0           Folate, total         mcg_DFE         4         0         NC         4         1           Vitamin A, IU (I)         U <t< td=""><td>0.00</td><td>9 0.0</td></t<>	0.00	9 0.0
Selenium, Se	0.03	7 0.1
Vitamin C, total ascorbic acid.   mg   0.2   0   MA   12   0.0	0.9	3.4
Thiamin		
Riboflavin         mg         0.040         0         MA         12         0.06           Niacin         mg         0.648         0         MA         12         0.14           Pantothenic acid         mg         0.177         0         FLM         4         0.01           Vitamin B-6         mg         0.052         0         MA         12         0.06           Folate, total         mcg         4         0         FLM         4         1           Folate, total         mcg         4         0         FLM         4         1           Folate, food         mcg         4         0         FLM         4         1           Folate, DFE         mcg         4         0         NC         4         1           Vitamin B-12         mcg         0.02         0         FLM         4         0.00           Vitamin A, IU (1)         IU         1622         0         MA         12         260           Vitamin A, RAE (2)         mcg_RAE         81         0         NC         4         0           Vitamin E (alpha-tocopherol)         mg         0.14         0         FLA         4	0.1	0.2
Niacin.         mg         0.648         0         MA         12         0.10           Pantothenic acid.         mg         0.177         0         FLM         4         0.02           Vitamin B-6.         mg         0.052         0         MA         12         0.00           Folate, total.         mcg         4         0         FLM         4         1           Folate, total.         mcg         0         0         Z         7         0           Folate, food.         mcg         4         0         FLM         4         1           Folate, DFE.         mcg_DFE         4         0         NC         4         1           Vitamin B-12.         mcg         0.02         0         FLM         4         0.00           Vitamin A, IU (1)         IU         1622         0         MA         12         260           Vitamin A, RAE (2)         mcg_RAE         81         0         NC         4         13           Retinol.         mcg         0         0         FLA         4         0.00           Vitamin E (alpha-tocopherol)         mg         0.14         0         FLA         4	0.00	0.0
Pantothenic acid.         mg         0.177         0         FLM         4         0.00           Vitamin B-6.         mg         0.052         0         MA         12         0.00           Folate, total.         mcg         4         0         FLM         4         1           Folic acid.         mcg         0         0         7         7         0           Folate, food.         mcg         4         0         FLM         4         1           Folate, food.         mcg         4         0         NC         4         1           Folate, food.         mcg         4         0         NC         4         1           Folate, food.         mcg         0.02         0         FLM         4         0.00           Vitamin B-12.         mcg         0.02         0         FLM         4         0.00           Vitamin A, IU (1)         IU         1622         0         MA         12         260           Vitamin E, (alpha-tocopherol)         mg         0.14         0         FLA         4         0.02           Tocopherol, delta         mg         0         TLA         4         0.2	0.01	.1 0.0
Vitamin B-6.         mg         0.052         0         MA         12         0.00           Folate, total.         mcg         4         0         FLM         4         1           Folate, total.         mcg         4         0         FLM         4         1           Folate, food.         mcg         4         0         FLM         4         1           Folate, DFE.         mcg_DFE         4         0         NC         4         1           Folate, DFE.         mcg_DFE         4         0         NC         4         1           Vitamin B-12.         mcg         0.02         0         FLM         4         0.00           Vitamin A, RAE (2)         mcg_RAE         81         0         NC         4         13           Retinol.         mcg         0         0         FLA         4         0         0           Vitamin E (alpha-tocopherol).         mg         0.14         0         FLA         4         0.02           Tocopherol, beta.         mg         0         FLA         4         0.2           Vitamin K (phylloquinone).         mcg         1.5         0         FLA         4	0.18	0.7
Folate, total	0.05	0.2
Folic acid	0.01	.5 0.0
Folate, food.	1	5
Folate, DFE	0	0
Vitamin B-12         mcg         0.02         0         FLM         4         0.00           Vitamin A, IU (1)         IU         1622         0         MA         12         260           Vitamin A, RAE (2)         mcg_RAE         81         0         NC         4         13           Retinol         mcg         0         0         FLA         4         0           Vitamin E (alpha-tocopherol)         mg         0.14         0         FLA         4         0.02           Tocopherol, beta         mg         Tocopherol, gamma         mg         Tocopherol, delta         Tocopherol, delta         mg         Tocopherol, delta         4         0.2         3	1	5
Vitamin A, IU (1)         IU         1622         0         MA         12         260           Vitamin A, RAE (2)         mcg_RAE         81         0         NC         4         13           Retinol         mcg         0         0         FLA         4         0           Vitamin E (alpha-tocopherol)         mg         0.14         0         FLA         4         0.02           Tocopherol, beta         mg         mg         0         FLA         4         0.02           Tocopherol, gamma         mg         0         FLA         4         0.02           Vitamin D         IU         Vitamin K (phylloquinone)         mcg         1.5         0         FLA         4         0.2           Lipids:         Fatty acids, total saturated         9         0.338         0         FLM         4         0.06           4:0         g         0.000         0         FLM         4         0.06           6:0         g         0.000         0         FLM         4         0.06           8:0         g         0.000         0         FLM         4         0.06           10:0         g         0.00	1	5
Vitamin A, RAE (2)         mcg_RAE         81         0         NC         4         13           Retinol         mcg         0         0         FLA         4         0           Vitamin E (alpha-tocopherol)         mg         0.14         0         FLA         4         0.02           Tocopherol, beta         mg	0.01	. 0.0
Retinol         mcg         0         0         FLA         4         0           Vitamin E (alpha-tocopherol)         mg         0.14         0         FLA         4         0.02           Tocopherol, beta         mg         Tocopherol, gamma         mg           Tocopherol, delta         mg         Vitamin D         IU           Vitamin K (phylloquinone)         mcg         1.5         0         FLA         4         0.2           zipids:           Fatty acids, total saturated         g         0.338         0         FLM         4         0.06           4:0         g         0.000         0         FLM         4         0.06           6:0         g         0.000         0         FLM         4         0.06           8:0         g         0.000         0         FLM         4         0.06           10:0         g         0.000         0         FLM         4         0.06	460	1833
Vitamin E (alpha-tocopherol)         mg         0.14         0 FLA 4         4 0.03           Tocopherol, beta         mg         70copherol, gamma         mg         70copherol, gamma         mg         70copherol, delta         mg         70copherol, delta         70c	23	92
Tocopherol, beta	0	0
Tocopherol, gamma	0.04	0.1
Tocopherol, deltamg Vitamin D		
Vitamin D.         IU           Vitamin K (phylloquinone)         mcg         1.5         0         FLA         4         0.2           Lipids:         Stativated         9         0.338         0         FIM         4         0.09           4:0.         9         0.000         0         FIM         4         0.00           6:0.         9         0.000         0         FIM         4         0.00           8:0.         9         0.000         0         FIM         4         0.00           10:0.         9         0.000         0         FIM         4         0.00		
Vitamin K (phylloquinone)         mcg         1.5         0         FLA         4         0.2           sipids:         Fatty acids, total saturated         g         0.338         0         FLM         4         0.09           4:0         g         0.000         0         FLM         4         0.00           6:0         g         0.000         0         FLM         4         0.00           8:0         g         0.000         0         FLM         4         0.00           10:0         g         0.000         0         FLM         4         0.00		
ipids:       Fatty acids, total saturated     g     0.338     0     FIM     4     0.09       4:0     g     0.000     0     FIM     4     0.00       6:0     g     0.000     0     FIM     4     0.00       8:0     g     0.000     0     FIM     4     0.00       10:0     g     0.000     0     FIM     4     0.00		
Fatty acids, total saturated     9     0.338     0     FLM     4     0.09       4:0     9     0.000     0     FLM     4     0.00       6:0     9     0.000     0     FLM     4     0.00       8:0     9     0.000     0     FLM     4     0.00       10:0     9     0.000     0     FLM     4     0.00	0.4	1.7
4:0	64 0.09	96 0.3
6:0		
8:0g 0.000 0 FLM 4 0.00 10:0g 0.000 0 FLM 4 0.00		
10:0		
200		
12:0g 0.000 0 FLM 4 0.00		
13:0	0.00	0.0
13:0	0.00	0.0

		<u>Ar</u>	mount in 10	Number	•		_	Amount in edible portion of common measures of food			
Nutrients and Unit	ts	Mean	Std. Error	of Data Points		Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.223		0	FLM	4		0.036	0.063	0.252	
17:0 18:0	g	0.074		0	FLM	4		0.012	0.021	0.084	
20:0 22:0	g										
24:0 Fatty acids, total monounsaturated	g	0.446		0	FLM	4		0.071	0.126	0.504	
15:1	g	0.051		0	FLM	4		0.008	0.014	0.058	
17:1		0.380		0	FLM	4		0.061	0.108	0.429	
20:1	g	0.003		0	FLM	4		0.000	0.001	0.003	
22:1 undifferentiated		0.000		0	FLM	4		0.000	0.000	0.000	
24:1 c	-										
Fatty acids, total polyunsaturated		0.308		0	FLM	4		0.049	0.087	0.348	
18:2 undifferentiated		0.272		0	FLM	4		0.044	0.077	0.30	
18:3 undifferentiated		0.020		0	FLM	4		0.003	0.006	0.02	
18:4	g	0.000		0	FLM	4		0.000	0.000	0.00	
20:2 n-6 c,c	g										
20:3 undifferentiated	g										
20:4 undifferentiated	g	0.008		0	FLM	4		0.001	0.002	0.00	
20:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.00	
22:5 n-3	g	0.001		0	FLM	4		0.000	0.000	0.00	
22:6 n-3	g	0.002		0	FLM	4		0.000	0.001	0.00	
Fatty acids, total trans	g										
Cholesterol	mg	5		0	FLM	4		1	1	6	
Phytosterols	<sub>.</sub> mg										
Others:											
Alcohol, ethyl	a	0.0		0	z	7		0.0	0.0	0.0	
Caffeine		0.0		0	FLA	4		0.0	0.0	0.0	
Theobromine	_	0		0	FLA	4		0	0	0	
arotenoids:	ina	· ·		J	T. TIEV	-		J	J	· ·	
		_									
Carotene, beta	_	789		0	FLA	4		126.290	223.770	891.922	
Carotene, alpha	_	368		0	FLA	4		58.833	104.245	415.508	
Cryptoxanthin, beta		0		0	FLA	4		0.000	0.000	0.002	
Lycopene		0		0	FLA	4		0.029	0.051	0.203	
Lutein + zeaxanthin	mcg	38		0	FLA	4		6.065	10.747	42.837	

### **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

#### **Footnotes**

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	grams	of edik	ole portio	<u>n</u>	Amount in edible portion of common			
			N	umber				<u>m</u>	easures of food	_	
					Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Duranian											
Proximates: Water	a	86.30		0	MA	12					
Energy	_	59		0	MC	9					
Energy		247		•		9					
Protein		3.80		0	MA	12					
Total lipid (fat)		1.60		0	MA	12					
Ash		0.80		0	MA	12					
Carbohydrate, by difference		7.50		0	MC	9					
Fiber, total dietary		0.8		0	MA	12					
Sugars, total		0.66		0	FLA	4					
Starch		0.00		Ū	LIM	-					
Starcii	9										
Minerals:											
Calcium, Ca	-	11		0	MA	12					
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	0.40		0	MA	12					
Magnesium, Mg		14		0	MA	12					
Phosphorus, P	-	63		0	MA	12					
Potassium, K		107		0	MA	12					
Sodium, Na	-	183		0	MA	12					
Zinc, Zn		0.61		0	MA	12					
Copper, Cu		0.100		0	MA	12					
Manganese, Mn		0.230	)	0	MA	12					
Selenium, Se	mcg	3.3		0	FLM	4					
Vitamins:											
Vitamin C, total ascorbic acid	mg	0.3		0	MA	12					
Thiamin		0.070	)	0	MA	12					
Riboflavin		0.070	)	0	MA	12					
Niacin		2.110	)	0	MA	12					
Pantothenic acid	_	0.264	1	0	FLM	4					
Vitamin B-6		0.130	)	0	MA	12					
Folate, total	-	3		0		4					
Folic acid		0		0	z	7					
Folate, food		3		0		4					
Folate, DFE		3		0	NC	4					
Vitamin B-12		0.10		0		4					
Vitamin A, IU		2268		0	NC	4					
Vitamin A, RAE		113		0	NC	4					
Retinol		0		0	BNA	4					
Vitamin E (alpha-tocopherol)		0.15		0	FLA	4					
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta	mg										
Vitamin D	IU										
Vitamin K (phylloquinone)	mcg	3.9		0	FLA	4					
Lipids:											
Fatty acids, total saturated	a	0.500	1	0	MA	12					
4:0		0.000		0	BFFN	4					
6:0	·····	0.000		0	BFFN	4					
8:0	-	0.000		0	BFFN	4					
10:0		0.000		0	BFFN	4					
12:0	-	0.000		0	BFFN	4					
13:0		3.000	-	9	DE E IA	-					
14:0		0.007	7	0	BFFN	4					
15:0		3.00	•	9	DE E IA	-					
16:0		0.310	)	0	MC	9					
17:0		0.510	•	Ū	H	,					
18:0	_	0.078	2	0	MC	9					
20:0	_	0.076	•	U	PIC	9					
22:0	_										
44.V	g										

	<u>Ar</u>	mount in 10	00 grams	of edib	ole portio	<u>on</u>	Amount in edible portion of common			
Nutrients and Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.555		0	BFFN	4					
14:1g										
15:1			•		•					
16:1 undifferentiatedg	0.058		0	MC	9					
17:1g	0.407		•		•					
18:1 undifferentiatedg	0.497		0	MC	9					
20:1g	0.000		0 0	BFFN	4					
22:1 undifferentiatedg	0.000		U	BFFN	4					
24:1 cg	0.309		0	DEEM	4					
Fatty acids, total polyunsaturatedg	0.309		0	BFFN MC	9					
18:2 undifferentiated	0.299		0	MC MC	9					
18:3 undifferentiatedg			0	BFFN	4					
18:4g	0.000		U	BFFN	4					
20:2 n-6 c,cg										
20:3 undifferentiated	0.000		0	BFFN	4					
	0.000		0	BFFN	4					
20:5 n-3g	0.000		0	BFFN	4					
22:5 n-3g	0.000		0	BFFN	4					
22:6 n-3	0.000		U	BFFN	4					
Fatty acids, total trans	7		0	MA	12					
Cholesterol mg	,		U	MA	12					
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	Z	7					
Caffeine mg	0		0	FLA	4					
Theobrominemg	0		0	FLA	4					
Carotenoids:										
Carotene, betamcg	1116		0	BNA	4					
Carotene, alphamcg	489		0	BNA	4					
Cryptoxanthin, beta mcg	0		0	BNA	4					
Lycopene mcg	65		0	FLA	4					
Lutein + zeaxanthin mcg	153		0	FLA	4					

# **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 gr	ams of e	dible port	ion		Amount in edible portion of common			
			Nun	nber			<u>m</u>	easures of food			
Nutrients and Uni	its	Mean	of E Std. Error Poi	Data Der		e Confidence Code	Measure 1	Measure 2	Measure		
Proximates:											
Water	g	85.75		0 1	IA 12		219.52	13.72	24.31		
Energy	kcal	71		0 1	IC 9		182	11	20		
Energy	kj	297			9		760	48	84		
Protein	-	1.92			IA 12		4.92	0.31	0.54		
Total lipid (fat)	g	2.95			IA 12		7.55	0.47	0.84		
Ash		0.40			IA 12		1.02	0.06	0.11		
Carbohydrate, by difference		8.81			IC 9		22.55	1.41	2.50		
Fiber, total dietary		1.7			IA 12		4.4	0.3	0.5		
Sugars, total		1.77			IA 12		4.53	0.28	0.50		
Sucrose		0.60			IA 12		1.54	0.10	0.17		
Glucose (dextrose)		0.41			IA 12		1.05	0.07	0.12		
Fructose		0.36			IA 12		0.92	0.06	0.10		
Lactose	g	0.00			IA 12		0.00	0.00	0.00		
Maltose	g	0.40		0 1	IA 12		1.02	0.06	0.11		
Galactose											
Starch	g										
Minerals:	ma	14		0 м	A 12		36	2	4		
Calcium, Ca		0.30		0 M			0.77	0.05	0.09		
Magnesium, Mg		10		0 M			26	2	3		
Phosphorus, P		28		0 M			72	4	8		
Potassium, K		116		0 M			297	19	33		
Sodium, Na		49		0 м	A 12		125	8	14		
Zinc, Zn		0.30		0 M	A 12		0.77	0.05	0.09		
Copper, Cu	mg	0.040	)	0 M	A 12		0.102	0.006	0.01		
Manganese, Mn	mg	0.140	)	0 M	A 12		0.358	0.022	0.04		
Selenium, Se	mcg	1.7		0 F1	M 4		4.4	0.3	0.5		
Vitamins:											
Vitamin C, total ascorbic acid	mg	0.3		0 м	A 12		0.8	0.0	0.1		
Thiamin		0.032	2	0 м	A 12		0.082	0.005	0.00		
Riboflavin		0.039	)	0 M	A 12		0.100	0.006	0.01		
Niacin	mg	0.474	1	0 M	A 12		1.213	0.076	0.13		
Pantothenic acid	mg	0.160	)	0 F1	м 4		0.410	0.026	0.04		
Vitamin B-6	mg	0.058	3	0 M	A 12		0.148	0.009	0.01		
Folate, total	mcg	3		0 F1			8	0	1		
Folic acid		0			7		0	0	0		
Folate, food		3		0 F1			8	0	1		
Folate, DFE		3		0 N			8	0	1		
Vitamin B-12		0.06		0 F1			0.15	0.01	0.02		
Vitamin A, IU		2284		0 M			5847	365	648		
Vitamin A, RAE		114		0 N			293	18	32		
Retinol		0		0 Bi			0	0	0		
Vitamin E (alpha-tocopherol)		0.51		0 BF	SN 4		1.29	0.08	0.14		
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta Vitamin D											
Vitamin K (phylloquinone)		9.1		0 BF	SN 4		23.3	1.5	2.6		
ipids:											
Fatty acids, total saturated	g	1.063	3	0 F1	м 4		2.721	0.170	0.30		
4:0		0.000	)	0 F1	м 4		0.000	0.000	0.00		
6:0	g	0.000	)	0 F1	м 4		0.000	0.000	0.0		
8:0	g	0.000	)	0 F1	м 4		0.000	0.000	0.0		
10:0	g	0.004	1	0 F1	м 4		0.010	0.001	0.0		
12:0	g	0.005	5	0 F1	м 4		0.013	0.001	0.00		
13:0	g										
14:0	~	0.036	-	0 F1	м 4		0.092	0.006	0.0		

		<u>Aı</u>	mount in 10	00 grams Number			_	Amount in edible portion of common measures of food			
Nutrients and Unit	s	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.670	ı	0	FLM	4		1.715	0.107	0.190	
17:0 18:0		0.345		0	FLM	4		0.883	0.055	0.098	
20:0	g	0.343	'	Ū	FIM	•		0.883	0.033	0.098	
24:0	g										
Fatty acids, total monounsaturated	g	1.347		0	FLM	4		3.448	0.216	0.382	
15:1 16:1 undifferentiated 17:1	g	0.090		0	FLM	4		0.230	0.014	0.026	
18:1 undifferentiated	•	1.244		0	FLM	4		3.185	0.199	0.353	
20:1	g	0.011		0	FLM	4		0.028	0.002	0.003	
22:1 undifferentiated	g	0.000	1	0	FLM	4		0.000	0.000	0.000	
24:1 c											
Fatty acids, total polyunsaturated	g	0.377		0	FLM	4		0.965	0.060	0.107	
18:2 undifferentiated	g	0.327		0	FLM	4		0.837	0.052	0.093	
18:3 undifferentiated		0.045		0	FLM	4		0.115	0.007	0.013	
18:4		0.000		0	FLM	4		0.000	0.000	0.00	
20:2 n-6 c,c											
20:3 undifferentiated											
20:4 undifferentiated	-	0.005		0	FLM	4		0.013	0.001	0.00	
20:5 n-3		0.000		0	FLM	4		0.000	0.000	0.00	
22:5 n-3	-	0.000		0	FLM	4		0.000	0.000	0.00	
22:6 n-3	-	0.000	1	0	FLM	4		0.000	0.000	0.00	
Fatty acids, total trans											
Cholesterol	• • • • • • • • • • • • • • • • • • • •	4		0	FLM	4		10	1	1	
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0		0	z	7		0.0	0.0	0.0	
Caffeine		0		0	BFSN	4		0	0	0	
Theobromine		0		0	BFSN	4		0	0	0	
Carotenoids:	-										
Carotene, beta	mcg	1112		0	BNA	4		2847.711	177.982	315.362	
Carotene, alpha		515		0	BNA	4		1319.625	82.477	146.138	
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	0.000	
Lycopene	mcg	1		0	BFSN	4		1.633	0.102	0.181	
Lutein + zeaxanthin		225		0	BFSN	4		575.192	35.949	63.698	

### **Common Measures:**

Measure 1 = 256g: 1 cup Measure 2 = 16g: 1 tbsp Measure 3 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	0 grams	of edil	ole portic	<u>on</u>	Amount in edible portion of common			
				Number	•			<u>m</u>	easures of food		
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	86.44		0	MA	12		221.29	13.83	24.51	
Energy	kcal	62		0	MC	9		159	10	18	
Energy	kj	259				9		664	42	74	
Protein	g	2.30		0	MA	12		5.89	0.37	0.65	
Total lipid (fat)	g	1.85		0	MA	12		4.74	0.30	0.52	
Ash		0.42		0	MA	12		1.08	0.07	0.12	
Carbohydrate, by difference	g	9.00		0	MC	9		23.04	1.44	2.55	
Fiber, total dietary	g	1.4		0	MA	12		3.6	0.2	0.4	
Sugars, total	g	1.35		0	MA	12		3.46	0.22	0.38	
Starch	g										
Mr. I											
Minerals:	ma	12		0	MA	12		31	2	3	
Calcium, CaIron. Fe	-	0.39		0	MA MA	12		1.00	0.06	0.11	
Magnesium, Mg		11		0	MA MA	12		28	2	3	
Phosphorus, P		35		0	MA	12		28 90	6	10	
Potassium, K	-	122		0	MA	12		312	20	35	
Sodium. Na		75		0	MA	12		192	12	21	
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.50		0	MA	12		1.28	0.08	0.14	
Copper, Cu	-	0.040	)	0	MA	12		0.102	0.006	0.011	
Manganese, Mn		0.140		0	MA	12		0.358	0.022	0.040	
Selenium, Se		2.1		0	BFZN	4		5.4	0.3	0.6	
·											
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid	-	0.3		0	MA	12		0.8	0.0	0.1	
Thiamin	-	0.028		0	MA	12		0.072	0.004	0.008	
Riboflavin		0.041		0	MA	12		0.105	0.007	0.012	
Niacin	-	0.612		0	MA	12		1.567	0.098	0.174	
Pantothenic acid	=	0.155		0	FLM	4		0.397	0.025	0.044	
Vitamin B-6	-	0.072	2	0	MA	12		0.184	0.012	0.020	
Folate, total		4		0	FLM	4		10	1	1	
Folic acid		0		0	Z	7		0	0	0	
Folate, food		4		0	FLM	4		10	1	1	
Folate, DFE		4		0	NC	4		10	1	1	
Vitamin B-12		0.17		0	FLM	4		0.44	0.03	0.05	
Vitamin A, IU (1)		2544		0	NC	4		6513	407	721	
Vitamin A, RAE (2)		127		0	NC	4		326	20	36	
Retinol		0		0	FLA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.42		0	FLA	4		1.07	0.07	0.12	
Tocopherol, beta Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		2.7		0	FLA	4		6.9	0.4	0.8	
									V	0.0	
<u>Lipids:</u>											
Fatty acids, total saturated		0.683		0	FLM	4		1.748	0.109	0.194	
4:0		0.000		0	FLM	4		0.000	0.000	0.000	
6:0		0.000		0	FLM	4		0.000	0.000	0.000	
8:0	-	0.000		0	FLM	4		0.000	0.000	0.000	
10:0		0.002		0	FLM	4		0.005	0.000	0.001	
12:0		0.002	2	0	FLM	4		0.005	0.000	0.001	
13:0				_		_		_	_		
14:0	_	0.041	L	0	FLM	4		0.105	0.007	0.012	
15:0				_							
16:0	_	0.408	5	0	FLM	4		1.044	0.065	0.116	
17:0	_			_							
18:0	_	0.205	•	0	FLM	4		0.525	0.033	0.058	
20:0	_										
22:0	_										
24:0	g										

	<u>Ar</u>	nount in 10	<u>0 grams</u> Number		ole portio	<u>on</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.761		0	FLM	4		1.948	0.122	0.216
14:1g									
15:1g	0.050		0				0 140	0.000	0.016
16:1 undifferentiated	0.058		U	FLM	4		0.148	0.009	0.016
17:1	0.676		0	FLM	4		1.731	0.108	0.192
20:1g	0.005		0	FLM	4		0.013	0.108	0.192
20:1g	0.003		0	FLM	4		0.013	0.001	0.001
24:1 cg	0.000		U	FIM	-		0.000	0.000	0.000
Fatty acids, total polyunsaturatedg	0.143		0	FLM	4		0.366	0.023	0.041
18:2 undifferentiatedg	0.120		0	FLM	4		0.307	0.019	0.034
18:3 undifferentiatedg	0.016		0	FLM	4		0.041	0.003	0.005
18:4g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c.cg	0.000		·		-		0.000	0.000	0.000
20:3 undifferentiated									
20:4 undifferentiated	0.005		0	FLM	4		0.013	0.001	0.001
20:5 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total transg									
Cholesterolmg	8		0	MA	12		20	1	2
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, betamcg	1246		0	FLA	4		3188.861	199.304	353.141
Carotene, alphamcg	562		0	FLA	4		1437.561	89.848	159.199
Cryptoxanthin, betamcg	0		0	FLA	4		0.000	0.000	0.000
Lycopenemcg	1460		0	FLA	4		3737.646	233.603	413.915
Lutein + zeaxanthin mcg	43		0	FLA	4		109.866	6.867	12.167

# **Common Measures:**

Measure 1 = 256g: 1 cup Measure 2 = 16g: 1 tbsp Measure 3 = 28.35g: 1 oz

## **Footnotes**

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	grams	of edil	ole portic	<u>on</u>		edible portion	
			N	lumber	•			<u>m</u>	easures of food	_
			C	of Data	Deriv	Source	Confidence			
Nutrients and U	nits	Mean	Std. Error F	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	-	87.04		0	MA	12		222.82	13.93	24.68
Energy	kcal	63		0	MC	9		161	10	18
Energy	kj	264				9		675	42	75
Protein	-	2.59		0	MA	12		6.63	0.41	0.73
Total lipid (fat)		2.43		0	MA	12		6.22	0.39	0.69
Ash		0.24		0	MA	12		0.61	0.04	0.07
Carbohydrate, by difference		7.70		0	MC	9		19.71	1.23	2.18
Fiber, total dietary		2.2		0	MA	12		5.6	0.4	0.6
Sugars, total		1.84		0	MA	12		4.71	0.29	0.52
Sucrose		0.91		0	MA	12		2.32	0.14	0.26
Glucose (dextrose)	g	0.44		0	MA	12		1.13	0.07	0.13
Fructose	g	0.49		0	MA	12		1.25	0.08	0.14
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.00		0	MA	12		0.00	0.00	0.00
Galactose										
Starch	g									
Minerals: Calcium, Ca	ma	17		0	MA	12		44	3	5
Iron, Fe	_	0.58		0	MA	12		1.48	0.09	0.16
Magnesium, Mg		15		0	MA	12		38	2	4
Phosphorus, P		45		0	MA	12		115	7	13
Potassium, K		158		0	MA	12		404	25	45
Sodium, Na		19		0	MA	12		49	3	5
Zine, Zn		0.56		0	MA	12		1.43	0.09	0.16
Copper, Cu		0.080	)	0	MA	12		0.205	0.013	0.023
Manganese, Mn	mg	0.180	)	0	MA	12		0.461	0.029	0.05
Selenium, Se	mcg	2.1		0	FLM	4		5. <b>4</b>	0.3	0.6
Vitamins:										
Vitamin C, total ascorbic acid		0.2		0	MA	12		0.5	0.0	0.1
Thiamin		0.034		0	MA	12		0.087	0.005	0.010
Riboflavin		0.048		0	MA	12		0.123	0.008	0.014
Niacin		0.827		0	MA	12		2.117	0.132	0.23
Pantothenic acid		0.152		0	FLM	4		0.389	0.024	0.043
Vitamin B-6		0.072	2	0	MA	12		0.184	0.012	0.02
Folate, total		8		0	FLM	4		20	1	2
Folic acid		0		0	z	7		0	0	0
Folate, food		8		0	FLM	4		20	1	2
Folate, DFE		8		0	NC	4		20	1	2
Vitamin B-12	-	0.18		0	FLM	4		0.46 7478	0.03	0.05
Vitamin A, IU (1) Vitamin A, RAE (2)		2921 146		0	NC NC	4		7478 374	467 23	828 41
Retinol		0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)		0.24		0	FLA	4		0.61	0.04	0.07
Tocopherol, beta		0.24		U	FLIA	-		0.01	0.04	0.07
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		2.5		0	FLA	4		6.4	0.4	0.7
Lipids:										
Fatty acids, total saturated	g	1.029	9	0	FLM	4		2.634	0.165	0.292
4:0		0.000	)	0	FLM	4		0.000	0.000	0.00
6:0	g	0.000	)	0	FLM	4		0.000	0.000	0.00
8:0	-	0.000	)	0	FLM	4		0.000	0.000	0.000
10:0	g	0.001	L	0	FLM	4		0.003	0.000	0.00
12:0	g	0.010	)	0	FLM	4		0.026	0.002	0.00
13:0	g									
14:0	g	0.074	1	0	FLM	4		0.189	0.012	0.02
15:0	g									

		<u>Aı</u>	mount in 10	Number	•		_	Amount in edible portion of common measures of food		
Nutrients and U	nits	Mean	Std. Error	of Data Points		Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.562		0	FLM	4		1.439	0.090	0.159
17:0				_						
18:0		0.342		0	FLM	4		0.876	0.055	0.097
20:0	_									
22:0 24:0	_									
Fatty acids, total monounsaturated	-	1.010		0	FLM	4		2.586	0.162	0.286
14:1		2.020		•		-		2.300	0.102	0.200
15:1	-									
16:1 undifferentiated		0.090		0	FLM	4		0.230	0.014	0.026
17:1	g									
18:1 undifferentiated	g	0.879		0	FLM	4		2.250	0.141	0.249
20:1		0.004		0	FLM	4		0.010	0.001	0.001
22:1 undifferentiated	-	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturated.		0.144		0	FLM	4		0.369	0.023	0.041
18:2 undifferentiated		0.112		0	FLM	4		0.287	0.018	0.032
18:3 undifferentiated		0.018		0	FLM	4		0.046	0.003	0.005
18:4	_	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c	-									
20:3 undifferentiated 20:4 undifferentiated		0.005		0	FLM	4		0.013	0.001	0.001
20:5 n-3		0.003		0	FLM	4		0.013	0.001	0.001
22:5 n-3		0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3	-	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans		0.000		•		-		0.000	0.000	0.000
Cholesterol	-	6		0	FLM	4		15	1	2
Phytosterols	-									
-										
Others:	~	0.0		0	FLA	4		0.0	0.0	0.0
Alcohol, ethyl		0.0		0	FLA	4		0.0	0.0	0.0
Caffeine Theobromine		0		0	FLA	4		0	0	0
Carotenoids:		v		Ū	- LIA	-		•	•	v
				_						
Carotene, beta	-	1421		0	FLA	4		3637.606	227.350	402.836
Carotene, alpha	-	663 0		0 0	FLA	4 4		1697.918	106.120 0.000	188.031
Cryptoxanthin, beta		0		0	FLA FLA	4		0.000 0.831	0.000	0.000
LycopeneLutein + zeaxanthin	-	51		0	FLA	4		130.100	0.052 8.131	14.408
Lutein + zeaxanthin	g	21		<u> </u>	r LA	4		130.100	0.131	14.408

### **Common Measures:**

Measure 1 = 256g: 1 cup Measure 2 = 16g: 1 tbsp Measure 3 = 28.35g: 1 oz

#### **Footnotes**

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

Refuse: 0%

		<u>A</u>	mount in 100 grams	of edi	ble portic	<u>on</u>	Amount in	edible portion	of common
			Numbe	•			<u>m</u>	easures of food	
			of Data		Source	Confidence			
Nutrients and Unit	s	Mean	Std. Error Points		Code	Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water	g	87.76	0	MA	12		224.67	14.04	24.88
Energy	kcal	53	0	MC	9		136	8	15
Energy	kj	222			9		568	35	63
Protein		2.04	0	MA	12		5.22	0.33	0.58
Total lipid (fat)	g	1.12	0	MA	12		2.87	0.18	0.32
Ash	g	0.42	0	MA	12		1.08	0.07	0.12
Carbohydrate, by difference	g	8.66	0	MC	9		22.17	1.39	2.46
Fiber, total dietary	g	1.1	0	MA	12		2.8	0.2	0.3
Sugars, total		1.46	0	MA	12		3.74	0.23	0.41
Sucrose	g	0.84	0	MA	12		2.15	0.13	0.24
Glucose (dextrose)	g	0.23	0	MA	12		0.59	0.04	0.07
Fructose		0.24	0	MA	12		0.61	0.04	0.07
Lactose		0.00	0	MA	12		0.00	0.00	0.00
Maltose	g	0.15	0	MA	12		0.38	0.02	0.04
Galactose									
Starch									
M:I									
Minerals:		0.77	•		10		60		•
Calcium, Ca		27	0	MA	12		69	4	8
Iron, Fe		0.33	0	MA	12		0.84	0.05	0.09
Magnesium, Mg		8	0	MA	12		20	1	2
Phosphorus, P		32	0	MA	12		82	5	9
Potassium, K		83	0	MA	12		212	13	24
Sodium, Na		76		MA	12		195	12	22
Zinc, Zn		0.30	0	MA	12 12		0.77	0.05	0.09
Copper, Cu		0.020		MA MA	12		0.051 0.282	0.003 0.018	0.00
Manganese, Mn Selenium, Se		2.1	0	FLM	4		5.4	0.018	0.03
		2.1	· ·	LIM	•		3.4	0.5	0.0
Vitamins:	ma	0.2	0	M2	10		0.5	0.0	0.1
Vitamin C, total ascorbic acid				MA	12 12			0.0	0.1
Thiamin	-	0.025		MA MA			0.064	0.004	0.00
Riboflavin	_	0.046			12 12		0.118	0.007	0.01
Niacin	-	0.628 0.127		MA FLM	4		1.608 0.325	0.100	0.17
Pantothenic acid	_				12			0.020 0.007	0.03 0.01
Vitamin B-6		0.046 3	0	MA FLM	4		0.118 8		1
Folate, total		0	0	r LM Z	7		0	0 0	0
Folic acid	Tilicg	3	0	FLM	4		8	0	
Folate, food					=			-	1
Folate, DFE		3	0	NC	4 4		8	0	1
Vitamin B-12		0.02		FLM			0.05	0.00	0.01
Vitamin A, IU		2612	0	MA	12		6687	418	741
Vitamin A, RAE		131	0	NC	4		334	21	37
Retinol		0	0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)		0.16	0	FLA	4		0.40	0.03	0.04
Tocopherol, beta									
Tocopherol, gamma									
Tocopherol, delta									
Vitamin D Vitamin K (phylloquinone)		2.1	0	FLA	4		5.4	0.3	0.6
		2.1	v	1111	•		3.4	0.3	0.0
<u>Lipids:</u>									
Fatty acids, total saturated	g	0.302		MA	12		0.773	0.048	0.08
4:0	g	0.000	0	FLM	4		0.000	0.000	0.00
6:0		0.000		FLM	4		0.000	0.000	0.00
8:0	_	0.000		FLM	4		0.000	0.000	0.00
10:0	g	0.000	0	FLM	4		0.000	0.000	0.00
12:0	g	0.000	0	FLM	4		0.000	0.000	0.00
	0								
13:0	9	0.010	0						

		<u>Aı</u>	mount in 10	00 grams Number		ole portio	<u>n</u>		edible portion of easures of food	of common
Nutrients and Unit	ts	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.191		0	FLM	4		0.489	0.031	0.054
17:0 18:0 20:0.	g	0.071		0	FLM	4		0.182	0.011	0.020
22:0 24:0	g g									
Fatty acids, total monounsaturated	g	0.402		0	FLM	4		1.029	0.064	0.114
15:1 16:1 undifferentiated 17:1	g	0.047		0	FLM	4		0.120	0.008	0.013
18:1 undifferentiated	g	0.340		0	FLM	4		0.870	0.054	0.096
20:1	g	0.004		0	FLM	4		0.010	0.001	0.001
22:1 undifferentiated	g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c	g									
Fatty acids, total polyunsaturated	g	0.269		0	FLM	4		0.689	0.043	0.076
18:2 undifferentiated		0.238		0	FLM	4		0.609	0.038	0.067
18:3 undifferentiated	g	0.013		0	FLM	4		0.033	0.002	0.004
18:4	g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.009		0	FLM	4		0.023	0.001	0.003
20:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3	g	0.002		0	FLM	4		0.005	0.000	0.001
Fatty acids, total trans										
Cholesterol	mg	7		0	MA	12		18	1	2
Phytosterols	mg									
Others:										
Alcohol, ethyl	a	0.0		0	z	7		0.0	0.0	0.0
Caffeine		0		0	FLA	4		0	0	0
Theobromine		0		0	FLA	4		0	0	0
Carotenoids:		-		-		=		-	-	-
	mea	1270		0	BNA	4		3250.863	203.179	360.008
Carotene, beta	_	1270 592		0	BNA	4		1516.782	203.179 94.799	360.008 167.972
Carotene, alpha Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	0.000
Lycopene		0		0	FLA	4		0.556	0.000	0.062
Lutein + zeaxanthin		36		0	FLA	4		92.734	5.796	10.270
Luteni + zeaxantinii	tiog	30		U	ELIA	-		32.134	3.130	10.270

### **Common Measures:**

Measure 1 = 256g: 1 cup Measure 2 = 16g: 1 tbsp Measure 3 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		AI	mount in 100 g	41 alliS	or ear	ne portio	<u>""</u>	Amount in	edible portion	of common
			Nι	ımber				<u>m</u>	easures of food	_
Nutrients and Un	its	Mean	of Std. Error Po		Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure :
Proximates:										
Water	g	88.60	0.100	3		1		25.12	150.62	
Energy	kcal	48		0	NC	4		14	82	
Energy	kj	201				4		57	341	
Protein (N x 6.03)	g	2.10	0.100	3		1		0.60	3.57	
Total lipid (fat)		0.80	0.100	3		1		0.23	1.36	
Ash		0.60	0.000	3		1		0.17	1.02	
Carbohydrate, by difference		8.00		0	NC	4		2.27	13.60	
Fiber, total dietary										
Sugars, total										
Starch.										
Ainerals:										
Calcium, Ca	ma	14	1.000	3		1		4	24	
Iron, Fe	-	0.47	0.040	3		1		0.13	0.80	
Magnesium, Mg.		7	0.000	3		1		2	12	
Phosphorus, P		29	0.000	0		4		8	49	
Potassium, K	-	47		0		4		13	80	
Sodium, Na		52		1		1		15	88	
Zinc, Zn	-	0.33	0.027	3		1		0.09	0.56	
Copper, Cu		0.030		0		4		0.009	0.051	
Manganese, Mn	-	0.030		·		•		0.005	0.031	
Selenium, Se		2.1		0	BFZN	4		0.6	3.6	
Vitamins:	9			·		-			5.0	
Vitamin C, total ascorbic acid	ma	0.8		0		1		0.2	1.4	
Thiamin	-	0.039	0.000	3		1		0.011	0.066	
Riboflavin	-	0.039		3		1		0.011	0.061	
		0.036		3		1		0.010	0.061	
Niacin	-	0.490		0		4		0.139	0.833	
Pantothenic acid		0.214		0		4		0.014	0.364	
Vitamin B-6		0.048 7		0		1		0.014 2	13	
Folate, total		0		0	Z	7		0	0	
Folic acid		7			Z					
Folate, food		7		0		1		2	13	
Folate, DFE		=		0	NC	4		2	13	
Vitamin B-12		0.09	40.05-	0		4		0.03	0.15	
Vitamin A, IU		660	49.000	3		1		187	1122	
Vitamin A, RAE		33		0	NC	4		9	56	
Retinol		0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)										
Tocopherol, beta	-									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 Fat 8.9 Carbohydrate 4.1

Food Group: 03 Baby Foods

									edible portion	
				Number of Data		Source	Confidence	<u>m</u>	easures of food	<u> </u>
Nutrients and Uni	its	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water		88.90	0.20			1		25.20	100.46	
Energy	kcal	48		0	NC	4		14	54	
Energy	kj	201				4		57	227	
Protein (N x 6.03)	g	2.00		2		1		0.57	2.26	
Total lipid (fat)	g	0.90		2		1		0.26	1.02	
Ash	g	0.50		2		1		0.14	0.57	
Carbohydrate, by difference		7.70		0	NC	4		2.18	8.70	
Fiber, total dietary	g									
Sugars, total										
Starch										
Minerals:										
Calcium, Ca	ma	14		2		1		4	16	
Iron, Fe	-	0.39		2		1		0.11	0.44	
Magnesium, Mg.		6		0		1		2	7	
Phosphorus, P		28		0		4		8	32	
Potassium, K	•	46		0		4		13	52	
Sodium. Na		49		1		1		14	55	
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.40		1		1		0.11	0.45	
Copper, Cu		0.029	)	0		4		0.008	0.033	
Manganese, Mn										
Selenium, Se		2.1		0	BFZN	4		0.6	2.4	
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.8		2		1		0.2	0.9	
Thiamin	mg	0.049	)	2		1		0.014	0.055	
Riboflavin	mg	0.040	)	2		1		0.011	0.045	
Niacin		0.574	Į	2		1		0.163	0.649	
Pantothenic acid		0.208	3	0		4		0.059	0.235	
Vitamin B-6	mg	0.047	,	0		4		0.013	0.053	
Folate, total		7	1.40	00 3		1		2	8	
Folic acid		0		0	z	7		0	0	
Folate, food		7	1.40	00 3		1		2	8	
Folate, DFE		7		0	NC	4		2	8	
Vitamin B-12		0.09		0		4		0.03	0.10	
Vitamin A, IU	-	416		2		1		118	470	
Vitamin A, RAE		21		0	NC	4		6	24	
Retinol		0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)									-	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)										

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.1 Fat 8.9 Carbohydrate 4.1

Food Group: 03 Baby Foods

Water			<u>A</u>	mount in 100 gram	s of edil	ble portio	<u>on</u>		edible portion	
Nutrients and Units				Numbe	r			<u>m</u>	easures of food	
Water	Nutrients and Un	its	Mean	V W.				Measure 1	Measure 2	Measure :
Exergy	Proximates:									
Foreign	Water	g			MA			222.72	13.92	24.66
Protein	Energy	kcal		0	MC					
Total lipid (far)	0,									
Ash. 9 0.45 0 Max 12 1.15 0.07 0.1 Carbohydrate, by difference 9 9.8.65 0 Max 9 22.14 1.38 2.4 f. Piber, Itolal dictary. 9 1.0 0 Max 12 2.6 0.2 0.3 Nagara, Itolal 9 9 0.99 10.45 0 Max 12 2.5 3 0.16 0.2 0.3 Nagara, Itolal dictary. 9 0.45 0 Max 12 2.5 3 0.16 0.2 Nagara, Itolal dictary. 9 0.45 0 Max 12 1.15 0.07 0.1 Glacose (dectrose). 9 0.45 0 Max 12 0.69 0.04 0.0 Increase. 9 0.27 0 Max 12 0.69 0.04 0.0 Nagara, Itolal 12 0.69 0.04 0.0 Nagara, Itolal 12 0.69 0.04 0.0 Nagara, Itolal 12 0.69 0.00 0.00 0.0 Nagara, Itolal 12 0.69 0.00 0.00 0.0 Nagara, Itolal 12 0.69 0.00 0.00 0.0 Nagara, Itolal 12 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0										0.57
Car-belly difference	• • •									0.54
Fibr., total dictary										
Sugers, field				•						
Sucrose										
Officeose (destrose)	<u> </u>			•						
Finations										
Lactobe				-						
Mallose				-						0.08
Same	Lactose	g								0.00
	Maltose	g	0.00	0	MA	12		0.00	0.00	0.00
Calcium, Ca.										
Calcium, Ca		g								
Iron, Fc.			1.4	•		10		26	•	
Magnesium, Mg.         mg         8         0         Ma         12         20         1         2           Phosphorus, P.         mg         33         0         Ma         12         84         5         9           Postasium, K.         mg         97         0         Ma         12         248         16         27           Sodium, Na         mg         0.30         0         Ma         12         2.077         0.05         0.0           Copper, Cu         mg         0.030         0         Ma         12         0.077         0.05         0.0           Magnases, Mn.         mg         0.070         0         Ma         12         0.179         0.011         0.0           Sclenium, Se         mcg         2.4         0         FIM         4         6.1         0.4         0.7           Vlatamin, Cotal ascorbic acid         mg         1.1         0         FIM         4         2.8         0.2         0.3           Thiarini         mg         0.032         0         Ma         12         0.102         0.05         0.0           Stamini         mg         0.12         0         Ma	-									
Phosphorus, P.										
Potassium, K.										
Sodium, Na.	• .									
Zinc, Zn.         Mg         0.30         0         Ma         12         0.77         0.05         0.0           Copper, Cu.         Mg         0.030         0         Ma         12         0.077         0.05         0.0           Manganese, Mn         Mg         0.070         0         Ma         12         0.179         0.011         0.0           Selenium, Se         mcg         2.4         0         FIM         4         6.1         0.4         0.7           Vitamin, Selenium, Se         mcg         1.1         0         FIM         4         2.8         0.2         0.3           Vitamin, Selenium, Se         mg         1.1         0         FIM         4         2.8         0.2         0.3           Vitamin, Belloum, Selenium, Se	*									
Copper, Cu.         mg         0.030         0         Ma         12         0.077         0.005         0.0           Manganese, Mn.         mg         0.070         0         MA         12         0.179         0.011         0.0           Sclenium, Se.         mog         2.4         0         FIM         4         6.1         0.4         0.7           Vitamins:         Vitamin C, total ascorbic acid         mg         1.1         0         FIM         4         2.8         0.2         0.3           Riboflavin.         mg         0.032         0         MA         12         0.102         0.006         0.0           Riboflavin.         mg         0.512         0         MA         12         0.102         0.006         0.0           Riboflavin.         mg         0.512         0         MA         12         0.118         0.002         0.0         0.0           Riboflavin.         mg         0.512         0         MA         12         0.118         0.007         0.0           Patrothenic acid.         mg         0         5         MA         12         0.118         0.007         0.0           Floate,	*									
Manganese, Mn										0.00
Selenium, Se.										0.02
Vitamin C, total ascorbic acid										0.7
Vitamin C, total ascorbic acid.	ŕ									
Thiamin         mg         0.032         0         MA         12         0.082         0.005         0.0           Riboflavin         mg         0.040         0         MA         12         0.102         0.006         0.0           Niacin         mg         0.512         0         MA         12         1.311         0.082         0.1           Pantothenic acid         mg         0         0         MA         12         0.118         0.007         0.0           Plate, food         mg         0.046         0         MA         12         0.118         0.007         0.0           Folate, food         mcg         8         0         FIM         4         20         1         2         6         12         7         0         0         0         0         0         1         2         1         2         0         0         0         1         2         1         2         1         2         1         2         1         2         1         2         1         2         1         2         1         2         1         2         1         2         1         2         1 <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>										
Riboflavin										
Niacin										
Pantothenic acid.   mg										
Vitamin B-6.         mg         0.046         0         MA         12         0.118         0.007         0.0           Folate, total.         mcg         8         0         FLM         4         20         1         2           Folate, food.         mcg         8         0         FLM         4         20         1         2           Folate, DFE.         mcg_DFE         8         0         NC         4         20         1         2           Vitamin B-12.         mcg         0.03         0         FLM         4         20         1         2           Vitamin B-12.         mcg         0.03         0         FLM         4         0.08         0.00         0.00           Vitamin A, IU.         IU         2872         0         NC         4         368         23         41           Retinol.         mcg         0         0         FLA         4         0         0         0           Vitamin E (alpha-tocopherol)         mg         0.31         9         FLA         4         0.80         0.05         0.00           Tocopherol, detta.         mg         10         1         1		_	0.512	2 0	MA	12		1.311	0.082	0.14
Folate, total		-	0.044			10		0 110		
Folic acid										
Folate, food										
Folate, DFE										
Vitamin B-12         mcg         0.03         0         FLM         4         0.08         0.00         0.00           Vitamin A, IU         IU         2872         0         NC         4         7352         460         814           Vitamin A, RAE         mcg         0         0         NC         4         368         23         41           Retinol         mcg         0         0         FLA         4         0         0         0         0           Vitamin E (alpha-tocopherol)         mg         0         31         0         FLA         4         0         0         0         0           Tocopherol, beta         mg         0         31         0         FLA         4         0         80         0.05         0         0           Tocopherol, beta         mg         10			ū			4			=	_
Vitamin A, IU         IU         2872         0         NC         4         7352         460         814           Vitamin A, RAE         mcg_RAE         144         0         NC         4         368         23         41           Retinol         mcg         0         0         FLA         4         0         0         0         0           Vitamin E (alpha-tocopherol)         mg         0.31         0         FLA         4         0.80         0.05         0.05         0.00           Tocopherol, gamma         mg         0         FLA         4         0.80         0.05         0.05         0.00           Tocopherol, gamma         mg         0         FLA         4         6.9         0.4         0.8           Vitamin D         IU         Vitamin K (phylloquinone)         mcg         2.7         0         FLA         4         6.9         0.4         0.8           ipids:         Ently acids, total saturated         9         0.483         0         FLM         4         1.236         0.077         0.1         4           4:0         9         0.000         0         FLM         4         0.000         <						4				
Vitamin A, RAE         mcg_RAE         144         0         NC         4         368         23         41           Retinol         mcg         0         0         FLA         4         0         0         0           Vitamin E (alpha-tocopherol)         mg         0.31         0         FLA         4         0.80         0.05         0.0           Tocopherol, beta         mg         0         FLA         4         0.80         0.05         0.0           Tocopherol, gamma         mg         0         FLA         4         6.9         0.4         0.8           Vitamin D         IU         Vitamin K (phylloquinone)         mcg         2.7         0         FLA         4         6.9         0.4         0.8           Sipids:         Fatty acids, total saturated         9         0.483         0         FLM         4         1.236         0.077         0.1         4.0         0.000         0.000         0.00         0.00         0.00         0.00         0.00         0.00         0.00         0.00         0.00         0.00         0.00         0.00         0.00         0.00         0.00         0.00         0.00         0.00		_				-				
Retinol         mcg         0         FLA         4         0         0         0           Vitamin E (alpha-tocopherol)         mg         0.31         0         FLA         4         0.80         0.05         0.0           Tocopherol, beta         mg         10         <	,									
Vitamin E (alpha-tocopherol)         mg         0.31         0 FLA 4         0.80         0.05         0.00           Tocopherol, beta.         mg										
Tocopherol, beta										
Tocopherol, gamma mg Tocopherol, delta mg Vitamin D. IU Vitamin K (phylloquinone) mcg 2.7 0 FLA 4 6.9 0.4 0.8  ipids:  Fatty acids, total saturated g 0.000 0 FLM 4 0.000 0.000 0.00 6:0. g 0.000 0 FLM 4 0.000 0.000 0.00 8:0. g 0.000 0 FLM 4 0.000 0.000 0.00 10:0. g 0.001 0 FLM 4 0.000 0.000 0.00 10:0. g 0.001 0 FLM 4 0.000 0.000 0.00 12:0. g 0.003 0 FLM 4 0.003 0.000 0.00 13:0. g			0.31	U	FLA	4		0.80	0.05	0.0
Tocopherol, delta	. ,	_								
Vitamin D.         IU           Vitamin K (phylloquinone)         mcg         2.7         0         FLA         4         6.9         0.4         0.8           sipids:         Fatty acids, total saturated         g         0.483         0         FLM         4         1.236         0.077         0.1           4:0.         g         0.000         0         FLM         4         0.000         0.000         0.0           6:0.         g         0.000         0         FLM         4         0.000         0.000         0.0           8:0.         g         0.000         0         FLM         4         0.000         0.000         0.0           10:0.         g         0.001         0         FLM         4         0.003         0.000         0.0           12:0.         g         0.003         0         FLM         4         0.008         0.000         0.0           13:0.         g         0.003         0         FLM         4         0.008         0.000         0.00										
Vitamin K (phylloquinone)         mcg         2.7         0         FLA         4         6.9         0.4         0.8           sipids:         Fatty acids, total saturated         g         0.483         0         FLM         4         1.236         0.077         0.1           4:0         g         0.000         0         FLM         4         0.000         0.000         0.0           6:0         g         0.000         0         FLM         4         0.000         0.000         0.0           8:0         g         0.000         0         FLM         4         0.000         0.000         0.0           10:0         g         0.001         0         FLM         4         0.003         0.000         0.0           12:0         g         0.003         0         FLM         4         0.008         0.000         0.0           13:0         g         0.003         0         FLM         4         0.008         0.000         0.0										
Fatty acids, total saturated.       9       0.483       0       FLM       4       1.236       0.077       0.1         4:0       9       0.000       0       FLM       4       0.000       0.000       0.0         6:0       9       0.000       0       FLM       4       0.000       0.000       0.0         8:0       9       0.000       0       FLM       4       0.000       0.000       0.0         10:0       9       0.001       0       FLM       4       0.003       0.000       0.0         12:0       9       0.003       0       FLM       4       0.008       0.000       0.0         13:0       9       0       0       0       FLM       4       0.008       0.000       0.0			2.7	0	FLA	4		6.9	0.4	0.8
Fatty acids, total saturated.       9       0.483       0       FLM       4       1.236       0.077       0.1         4:0       9       0.000       0       FLM       4       0.000       0.000       0.0         6:0       9       0.000       0       FLM       4       0.000       0.000       0.0         8:0       9       0.000       0       FLM       4       0.000       0.000       0.0         10:0       9       0.001       0       FLM       4       0.003       0.000       0.0         12:0       9       0.003       0       FLM       4       0.008       0.000       0.0         13:0       9       0       0       0       FLM       4       0.008       0.000       0.0	ipids:									
4:0         g         0.000         0         FLM         4         0.000         0.000         0.00           6:0         g         0.000         0         FLM         4         0.000         0.000         0.00           8:0         g         0.000         0         FLM         4         0.000         0.000         0.00           10:0         g         0.001         0         FLM         4         0.003         0.000         0.00           12:0         g         0.003         0         FLM         4         0.008         0.000         0.00           13:0         g         0 <td></td> <td>g</td> <td>0.483</td> <td>3 0</td> <td>FLM</td> <td>4</td> <td></td> <td>1.236</td> <td>0.077</td> <td>0.1</td>		g	0.483	3 0	FLM	4		1.236	0.077	0.1
6:0										0.00
8:0.		_								0.00
10:0g     0.001     0 FLM 4     0.003     0.000     0.00       12:0g     0.003     0 FLM 4     0.008     0.000     0.0       13:0g		_				4				0.0
12:0g 0.003 0 FLM 4 0.008 0.000 0.00 13:0g		-								0.0
13:0g		-								0.0
		-		-	-					
			0.013	3 0	FLM	4		0.033	0.002	0.0
15:0	v									

		<u>Aı</u>	mount in 10			ole portio	<u>n</u>		edible portion of easures of food	of common
Nutrients and Uni	its	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.314		0	FLM	4		0.804	0.050	0.089
17:0 18:0 20:0.	g	0.151		0	FLM	4		0.387	0.024	0.043
22:0 24:0	g g	0.011		•				0.076	0.100	0.000
Fatty acids, total monounsaturated 14:1	g	0.811		0	FLM	4		2.076	0.130	0.230
16:1 undifferentiated		0.033		0	FLM	4		0.084	0.005	0.009
18:1 undifferentiated	g	0.777		0	FLM	4		1.989	0.124	0.220
20:1	g	0.000		0	FLM	4		0.000	0.000	0.000
22:1 undifferentiated	g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturated	g	0.448		0	FLM	4		1.147	0.072	0.127
18:2 undifferentiated		0.403		0	FLM	4		1.032	0.064	0.114
18:3 undifferentiated	g	0.039		0	FLM	4		0.100	0.006	0.011
18:4	g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.004		0	FLM	4		0.010	0.001	0.001
20:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans	g									
Cholesterol	mg	3		0	FLM	4		8	0	1
Phytosterols	mg									
Others:										
Alcohol, ethyl	q	0.0		0	z	7		0.0	0.0	0.0
Caffeine		0		0	FLA	4		0	0	0
Theobromine		0		0	FLA	4		0	0	0
Carotenoids:										
Carotene, beta	mcg	1401		0	FLA	4		3586.179	224.136	397.141
Carotene, alpha	mcg	645		0	FLA	4		1650.054	103.128	182.731
Cryptoxanthin, beta		0		0	FLA	4		0.000	0.000	0.000
Lycopene	mcg	685		0	FLA	4		1752.621	109.539	194.089
Lutein + zeaxanthin		49		0	FLA	4		126.299	7.894	13.987

### **Common Measures:**

Measure 1 = 256g: 1 cup Measure 2 = 16g: 1 tbsp Measure 3 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 gran	s of edi	ble portic	<u>on</u>		edible portion	
			Numb	er			<u>m</u>	easures of food	<u> </u>
Nutrients and Uni	its	Mean	of Dat Std. Error Points	a Deriv S Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:									
Water	g	87.47	0	MA	12		223.92	14.00	24.80
Energy	kcal	59	0	MC	9		151	9	17
Energy	kj	247			9		632	39	70
Protein	g	2.19	0	MA	12		5.61	0.35	0.62
Total lipid (fat)	g	2.14	0	MA	12		5.48	0.34	0.61
Ash	g	0.41	0	MA	12		1.05	0.07	0.12
Carbohydrate, by difference		7.80	0	MC	9		19.97	1.25	2.21
Fiber, total dietary	g	1.6	0	MA	12		4.1	0.3	0.5
Sugars, total	g	1.37	0	MA	12		3.51	0.22	0.39
Sucrose	g	0.61	0	MA	12		1.56	0.10	0.17
Glucose (dextrose)		0.39	0	MA	12		1.00	0.06	0.11
Fructose		0.37	0	MA	12		0.95	0.06	0.10
Lactose	g	0.00	0	MA	12		0.00	0.00	0.00
Maltose	g	0.00	0	MA	12		0.00	0.00	0.00
Galactose	g								
Starch									
<u>Minerals:</u>	ma	16	0	WA	12		41	3	5
Calcium, Ca		0.41	0	MA MA	12		1.05	0.07	0.1
Iron, Fe		12	0	MA MA	12		31	2	3
Magnesium, Mg		33	0	MA MA	12		84	5	9
Phosphorus, P		141	0	MA MA	12		361	23	40
Potassium, K		16	0	MA	12		41	3	5
Zinc, Zn		0.32	0	MA	12		0.82	0.05	0.0
*		0.32		MA.	12		0.82	0.01	0.0
Copper, Cu		0.070		MA.	12		0.179	0.022	0.0
Selenium, Se		2.4	, 0	FLM	4		6.1	0.022	0.0
Vitamins:									
Vitamin C, total ascorbic acid	mg	1.6	0	MA	12		4.1	0.3	0.5
Thiamin		0.035	5 0	MA	12		0.090	0.006	0.03
Riboflavin		0.054	. 0	MA	12		0.138	0.009	0.0
Niacin		0.676	5 0	MA	12		1.731	0.108	0.19
Pantothenic acid	_	0.151	. 0	FLM	4		0.387	0.024	0.0
Vitamin B-6	mg	0.072	2 0	MA	12		0.184	0.012	0.0
Folate, total	mcg	3	0	FLM	4		8	0	1
Folic acid		0	0	Z	7		0	0	0
Folate, food		3	0	FLM	4		8	0	1
Folate, DFE	mcg_DFE	3	0	NC	4		8	0	1
Vitamin B-12		0.06	0	FLM	4		0.15	0.01	0.0
Vitamin A, IU		2872	0	NC	4		7352	460	814
Vitamin A, RAE		144	0	NC	4		368	23	41
Retinol		0	0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)		0.31	0	FLA	4		0.80	0.05	0.0
Tocopherol, beta									
Tocopherol, gamma									
Tocopherol, delta									
Vitamin D									
Vitamin K (phylloquinone)	mcg	2.7	0	FLA	4		6.9	0.4	0.8
<u>ipids:</u>			_						
Fatty acids, total saturated		0.764		FLM	4		1.956	0.122	0.2
4:0	-	0.000		FLM	4		0.000	0.000	0.0
6:0	-	0.000		FLM	4		0.000	0.000	0.0
8:0	-	0.000		FLM	4		0.000	0.000	0.0
10:0	g	0.002		FLM	4		0.005	0.000	0.0
12:0	g	0.004	1 0	FLM	4		0.010	0.001	0.0
	~								
13:0	9		7 0		4				0.0

		<u>Ar</u>	nount in 10	00 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food		
Nutrients and Uni	ts	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.482		0	FLM	4		1.234	0.077	0.137
17:0 18:0 20:0.	g	0.245		0	FLM	4		0.627	0.039	0.069
22:0 24:0	g g									
Fatty acids, total monounsaturated 14:1	g	0.963		0	FLM	4		2.465	0.154	0.273
16:1 undifferentiated	g g	0.061		0	FLM	4		0.156	0.010	0.017
18:1 undifferentiated	•	0.895		0	FLM	4		2.291	0.143	0.254
20:1	-	0.005		0	FLM	4		0.013	0.001	0.001
22:1 undifferentiated	-	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturated	g	0.234		0	FLM	4		0.599	0.037	0.066
18:2 undifferentiated	-	0.198		0	FLM	4		0.507	0.032	0.056
18:3 undifferentiated	g	0.026		0	FLM	4		0.067	0.004	0.007
18:4	g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.007		0	FLM	4		0.018	0.001	0.002
20:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3	g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans	g									
Cholesterol	mg	5		0	MA	12		13	1	1
Phytosterols	mg									
Others:										
Alcohol, ethyl	0	0.0		0	z	7		0.0	0.0	0.0
Caffeine		0.0		0	FLA	4		0.0	0.0	0.0
Theobromine		0		0	FLA	4		0	0	0
Carotenoids:	!!!/9	· ·		U	T. TIEV	-		J	J	Ū
				_		_				
Carotene, beta	_	1401		0	FLA	4		3586.179	224.136	397.141
Carotene, alpha		645		0	FLA	4		1650.054	103.128	182.731
Cryptoxanthin, beta		0		0	FLA	4		0.000	0.000	0.000
Lycopene		685		0	FLA	4		1752.621	109.539	194.089
Lutein + zeaxanthin	mcg	49		0	FLA	4		126.299	7.894	13.987

### **Common Measures:**

Measure 1 = 256g: 1 cup Measure 2 = 16g: 1 tbsp Measure 3 = 28.35g: 1 oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	nount in 100 g	rams	of edib	ole portio	<u>n</u>	Amount in	edible portion	of common
			Nu	mbei	r			m	easures of food	
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
D										
Proximates: Water	q	88.60	0.200	25		1		25.12	150.62	
Energy		51		0	NC	4		14	87	
Energy		213				4		60	363	
Protein (N x 6.25)	-	2.10	0.100	23		1		0.60	3.57	
Total lipid (fat)	-	1.70	0.100	23		1		0.48	2.89	
Ash		0.50	0.000	22		1		0.14	0.85	
Carbohydrate, by difference		7.10		0	NC	4		2.01	12.07	
Fiber, total dietary		1.1		0		4		0.3	1.9	
Sugars, total	g									
Starch										
Minerals:	ma	13	0.000	21		1		4	22	
Calcium, Ca		0.34	0.000 0.010	21 21		1 1		4 0.10	22 0.58	
Iron, Fe		7	0.010	3		1		0.10 2	12	
Phosphorus, P		, 49	0.000	1		1		2 14	83	
Potassium, K	_	95		14		1		27	162	
Sodium, Na		13	1.000	15		1		4	22	
Zinc, Zn		0.22		7		1		0.06	0.38	
Copper, Cu		0.029	0.003	3		1		0.008	0.049	
Manganese, Mn										
Selenium, Se		2.4		0	BFZN	4		0.7	4.1	
Vitamins:										
	ma	1.7	0.100	22		1		0.5	2.9	
Vitamin C, total ascorbic acid Thiamin		0.021		20		1		0.006	0.036	
Riboflavin		0.021		22		1		0.009	0.054	
Niacin		0.554		21		1		0.157	0.942	
Pantothenic acid	_	0.159		0		1		0.045	0.270	
Vitamin B-6		0.044		7		1		0.012	0.075	
Folate, total	_	4		0		1		1	6	
Folic acid		0		0	Z	7		0	0	
Folate, food		4		0		1		1	6	
Folate, DFE	mcg_DFE	4		0	NC	4		1	6	
Vitamin B-12		0.16		1		1		0.05	0.27	
Vitamin A, IU		1483	129.000	23		1		420	2521	
Vitamin A, RAE	mcg_RAE	138		0	NC	4		39	234	
Retinol		76		0	NC	4		22	129	
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D Vitamin K (phylloquinone)										
Vitamin K (pnylloquinone)	inog									
<u>Lipids:</u>										
Fatty acids, total saturated	g	0.696		0		4		0.197	1.183	
4:0	g	0.000		0		4		0.000	0.000	
6:0		0.000		0		4		0.000	0.000	
8:0	·····	0.000		0		4		0.000	0.000	
10:0	_	0.004		0		4		0.001	0.007	
12:0	_	0.007		0		4		0.002	0.012	
13:0	_			_						
14:0	-	0.064		0		4		0.018	0.109	
15:0	_	0.350		0		4		0 101	0.600	
16:0	_	0.358		0		4		0.101	0.609	
17:0 18:0	_	0.221		0		4		0.063	0.376	
20:0	-	0.221		J		4		0.063	0.376	
22:0	_									
24:0	_									

		<u>Am</u>	ount in 100 grams	of edible portion	<u>on</u>		edible portion of	of common
			Numbei	•		<u>m</u>	easures of food	
Nutrients and Un	its	Mean	of Data Std. Error Points		Confidence Code	Measure 1	Measure 2	Measure 3
P	_	0.600	0	4			4 450	
Fatty acids, total monounsaturated	g	0.690	U	4		0.196	1.173	
16:1 undifferentiated	g	0.047	0	4		0.013	0.080	
18:1 undifferentiated	-	0.626	0	4		0.177	1.064	
20:1		0.000	0	4		0.000	0.000	
22:1 undifferentiated	-	0.000	0	4		0.000	0.000	
24:1 c	•							
Fatty acids, total polyunsaturated		0.154	0	4		0.044	0.262	
18:2 undifferentiated		0.122	0	4		0.035	0.207	
18:3 undifferentiated		0.026	0	4		0.007	0.044	
18:4	-	0.000	0	4		0.000	0.000	
20:2 n-6 c,c								
20:3 undifferentiated								
20:4 undifferentiated		0.005	0	4		0.001	0.009	
20:5 n-3	g	0.000	0	4		0.000	0.000	
22:5 n-3	g	0.000	0	4		0.000	0.000	
22:6 n-3	g	0.000	0	4		0.000	0.000	
Fatty acids, total trans	g							
Cholesterol		5	0	4		1	9	
Phytosterols	mg							
Amino Acids:								
Tryptophan	g	0.024	0	1		0.007	0.041	
Threonine	g	0.077	0	1		0.022	0.131	
Isoleucine	g	0.095	0	1		0.027	0.162	
Leucine	_	0.155	0	1		0.044	0.264	
Lysine		0.154	0	1		0.044	0.262	
Methionine	-	0.031	0	1		0.009	0.053	
Cystine		0.018	0	1		0.005	0.031	
Phenylalanine		0.083	0	1		0.024	0.141	
Tyrosine		0.066	0	1		0.019	0.112	
Valine		0.102	0	1		0.029	0.173	
Arginine		0.141	0	1		0.040	0.240	
Histidine	_	0.048	0	1		0.014	0.082	
Alanine		0.120	0	1		0.034	0.204	
Aspartic acid		0.209	0	1		0.059	0.355	
Glutamic acid		0.418	0	1		0.119	0.711	
Glycine		0.105	0	1		0.030	0.179	
Proline		0.115	0	1		0.033	0.196	
Serine		0.077	0	1		0.022	0.131	
Hydroxyproline	g							
Others:	•	2.2	•	-		0.0	0.0	
Alcohol, ethyl		0.0	0	7		0.0	0.0	
Caffeine	-							
Theobromine	IIIY							

## **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.7 Fat 8.9 Carbohydrate 3.9

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nι	umber	•			<u>m</u>	easures of food	<u> </u>	
			of	f Data	Deriv	Source	Confidence				
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	88.60	0.200	30		1		226.82	14.18	25.12	
Energy	kcal	52		0	NC	4		133	8	15	
Energy	kj	218				4		557	35	62	
Protein (N x 6.25)	g	2.00	0.000	27		1		5.12	0.32	0.57	
Total lipid (fat)		2.00	0.100	21		1		5.12	0.32	0.57	
Ash		0.50	0.000	21		1		1.28	0.08	0.14	
Carbohydrate, by difference	g	6.90		0	NC	4		17.66	1.10	1.96	
Fiber, total dietary	g	1.1		0		4		2.8	0.2	0.3	
Sugars, total		0.94		0	FLA	4		2.41	0.15	0.27	
Starch											
	······································										
Minerals:			_			_			_		
Calcium, Ca		12	1.000	25		1		31	2	3	
Iron, Fe		0.35	0.030	26		1		0.90	0.06	0.1	
Magnesium, Mg		7		0		1		18	1	2	
Phosphorus, P		49	0 00-	0		1		125	8	14	
Potassium, K		94	2.000	13		1		241	15	27	
Sodium, Na	_	20		16		1		51	3	6	
Zinc, Zn		0.22		0		1		0.55	0.03	0.0	
Copper, Cu		0.029		0		1		0.074	0.005	0.0	
Manganese, Mn				0					2.4		
Selenium, Se	Tricg	2.4		U	BFZN	4		6.1	0.4	0.7	
/itamins:											
Vitamin C, total ascorbic acid	mg	1.2	0.100	21		1		3.1	0.2	0.3	
Thiamin	mg	0.018	0.000	26		1		0.046	0.003	0.0	
Riboflavin	mg	0.034	0.003	26		1		0.087	0.005	0.0	
Niacin	mg	0.529	0.017	25		1		1.354	0.085	0.1	
Pantothenic acid	mg	0.160		4		1		0.410	0.026	0.0	
Vitamin B-6	mg	0.046	0.000	11		1		0.118	0.007	0.0	
Folate, total	mcg	4	0.500	9		1		9	1	1	
Folic acid	mcg	0		0	FLA	4		0	0	0	
Folate, food		4	0.500	9		1		9	1	1	
Folate, DFE	mcg_DFE	4		0	NC	4		9	1	1	
Vitamin B-12		0.16		0		1		0.41	0.03	0.0	
Vitamin A, IU	IU	1995		0	NC	4		5107	319	566	
Vitamin A, RAE	mcg_RAE	100		0	NC	4		255	16	28	
Retinol	mcg	0		0	FLA	4		0	0	0	
Vitamin E (alpha-tocopherol)	mg	0.24		0	NR	4		0.61	0.04	0.0	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	2.3		0	FLA	4		5.8	0.4	0.6	
ipids:											
Fatty acids, total saturated	а	0.828		0		4		2.120	0.132	0.2	
4:0		0.000		0		4		0.000	0.000	0.2	
6:0		0.000		0		4		0.000	0.000	0.0	
8:0		0.000		0		4		0.000	0.000	0.0	
10:0		0.005		0		4		0.013	0.001	0.0	
12:0	-	0.009		0		4		0.023	0.001	0.0	
13:0	_			-		=					
14:0	_	0.076		0		4		0.195	0.012	0.0	
15:0	_								- /		
16:0	-	0.423		0		4		1.083	0.068	0.1	
17:0				-							
18:0		0.264		0		4		0.676	0.042	0.0	
20:0									<del>-</del>		
22:0	-										
24:0	-										

	<u>Aı</u>	mount in 100 g		of edil	ole portio	<u>n</u>	Amount in edible portion of common measures of food			
		of		Deriv		Confidence	<u> </u>	easures or roou		
Nutrients and Units	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.822		0		4		2.104	0.132	0.233	
14:1g										
15:1g 16:1 undifferentiatedg	0.057		0		4		0.146	0.009	0.016	
17:1	0.037		U		-		0.140	0.009	0.010	
18:1 undifferentiated	0.746		0		4		1.910	0.119	0.211	
20:1g	0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturated	0.167		0		4		0.428	0.027	0.047	
18:2 undifferentiatedg	0.130		0		4		0.333	0.021	0.037	
18:3 undifferentiatedg	0.031		0		4		0.079	0.005	0.009	
18:4g	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiated			_		_					
20:4 undifferentiated	0.006		0		4		0.015	0.001	0.002	
20:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:5 n-3	0.000		0		4		0.000	0.000	0.000	
22:6 n-3	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total trans	1 6		0		4		15	1	2	
Cholesterolmg Phytosterolsmg	•		U		4		15	1	2	
Filytosterois	•									
Amino Acids:										
Tryptophang	0.023		0		1		0.059	0.004	0.007	
Threonineg										
Isoleucineg										
Leucine										
Lysine	0.044		•				0.114			
Methionine	0.044		0	FLA	4		0.114	0.007	0.013	
Cystine	0.023		0 0	FLA FLA	4 4		0.060 0.211	0.004	0.007	
Phenylalanine	0.083		0		4		0.211	0.013 0.011	0.023 0.019	
Tyrosine	0.067 0.102		0	FLA FLA	4		0.171	0.011	0.019	
Valine	0.102		0	FLA	4		0.296	0.016	0.029	
Histidine 9	0.110		0	FLA	4		0.145	0.019	0.033	
Alanine	0.037		0	FLA	4		0.143	0.018	0.010	
Aspartic acid	0.209		0	FLA	4		0.535	0.033	0.052	
Glutamic acid	0.341		0	FLA	4		0.872	0.055	0.097	
Glycine	0.088		0	FLA	4		0.225	0.014	0.025	
Proline 9	0.080		0	FLA	4		0.204	0.013	0.023	
Serine 9	0.075		0	FLA	4		0.191	0.012	0.021	
Hydroxyproline								****		
Others:					_					
Alcohol, ethyl	0.0		0		7		0.0	0.0	0.0	
Caffeine mg Theobromine mg	0		0	FLA FLA	4 4		0	0 0	0	
	U		U	гLА	4		U	U	U	
Carotenoids:										
Carotene, beta mcg			0	FLA	4		2497.803	156.113	276.612	
Carotene, alphamcg			0	FLA	4		1132.878	70.805	125.457	
Cryptoxanthin, beta mcg			0	FLA	4		0.000	0.000	0.000	
Lycopene mcg			0	FLA	4		2424.669	151.542	268.513	
Lutein + zeaxanthin mcg	34		0	FLA	4		86.620	5.414	9.592	

# **Common Measures:**

Measure 1 = 256g: 1 cup Measure 2 = 16g: 1 tbsp Measure 3 = 28.35g: 1 oz NDB No. 03066

Babyfood, dinner, vegetables and lamb, strained

Calories Factors: Protein 3.7 Fat 8.9 Carbohydrate 3.9

Food Group: 03 Baby Foods

		<u>Aı</u>	nount in 100 g	rams	of edil	ole portion	<u>n</u>	Amount in edible portion of common			
			of		Deriv		Confidence		easures of food		
Nutrients and Uni	ts	Mean	Std. Error Po	ints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water		88.70	0.000	4		1		25.15	150.79		
Energy		52		0	NC	4		15	88		
Energy		218				4		62	370		
Protein (N x 5.98)	g	1.80	0.000	4		1		0.51	3.06		
Total lipid (fat)	g	1.50	0.100	4		1		0.43	2.55		
Ash	g	0.40	0.000	4		1		0.11	0.68		
Carbohydrate, by difference	g	7.60		0	NC	4		2.15	12.92		
Fiber, total dietary	g	1.1		0		4		0.3	1.9		
Sugars, total	g										
Starch	g										
Minerals:											
Calcium, Ca	mg	32	2.000	4		1		9	54		
Iron, Fe	mg	0.26	0.020	4		1		0.07	0.44		
Magnesium, Mg	mg	9		0		1		3	15		
Phosphorus, P	mg	29		0		1		8	49		
Potassium, K	mg	73		0		1		21	124		
Sodium, Na	mg	17		1		1		5	29		
Zinc, Zn	mg	0.30		1		1		0.09	0.51		
Copper, Cu	mg	0.026		0		4		0.007	0.044		
Manganese, Mn											
Selenium, Se	mcg	2.8		0	FLM	4		0.8	4.8		
Vitamins:											
Vitamin C, total ascorbic acid	mg	0.8	0.100	4		1		0.2	1.4		
Thiamin	mg	0.024	0.000	4		1		0.007	0.041		
Riboflavin	mg	0.040	0.003	4		1		0.011	0.068		
Niacin		0.299	0.034	4		1		0.085	0.508		
Pantothenic acid		0.217		0		4		0.062	0.369		
Vitamin B-6		0.018		0		1		0.005	0.031		
Folate, total		3		0		1		1	5		
Folic acid		0		0	Z	7		0	0		
Folate, food		3		0		1		1	5		
Folate, DFE		3		0	NC	4		1	5		
Vitamin B-12		0.12		0		1		0.03	0.20		
Vitamin A, IU		994	84.000	4		1		282	1690		
Vitamin A, RAE	mcg_RAE	50		0	NC	4		14	84		
Retinol		0		0	Z	7		0	0		
Vitamin E (alpha-tocopherol)											
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta	-										
Vitamin D Vitamin K (phylloquinone)											

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

## **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 Fat 8.9 Carbohydrate 4.1

Food Group: 03 Baby Foods

		AI	mount in 100 g	11 41113	or Euli	ne portio	<u></u>		edible portion	
			Nι	ımber	•			<u>m</u>	easures of food	<u>l</u>
Nutrients and Un	its	Mean	of Std. Error		Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	90.30	0.100	7		1		25.60	102.04	
Energy	kcal	44		0	NC	4		12	50	
Energy	kj	184				4		52	208	
Protein (N x 5.98)	g	1.20	0.100	4		1		0.34	1.36	
Total lipid (fat)		1.20	0.000	4		1		0.34	1.36	
Ash		0.40	0.000	4		1		0.11	0.45	
Carbohydrate, by difference		6.80		0	NC	4		1.93	7.68	
Fiber, total dietary		1.1		0		4		0.3	1.2	
Sugars, total										
Starch.										
Ainerals:	9									
Calcium, Ca	ma	32	2.000	4		1		9	36	
Iron, Fe	-	0.19	0.010	4		1		0.05	0.21	
Magnesium, Mg		8	0.010	1		1		2	9	
Phosphorus, P		25		1		1		7	28	
•	-	63		1		1		18	71	
Potassium, K		21		1		1		6	24	
Zinc, Zn	-	0.27		1		1		0.08	0.31	
Copper, Cu		0.27		0		4		0.006	0.025	
		0.022		U		-		0.000	0.023	
Manganese, Mn Selenium, Se		2.8		0	FLM	4		0.8	3.2	
,	9	2.0		Ü		•		0.0	3.2	
Vitamins:	ma	0.8	0.200	4		1		0.2	0.9	
Vitamin C, total ascorbic acid	-	0.8		4		1		0.2	0.9	
Thiamin				_		1				
Riboflavin		0.044		4		1		0.012	0.050	
Niacin	• • • • • • • • • • • • • • • • • • • •	0.250		4		4		0.071	0.283	
Pantothenic acid		0.186		0		-		0.053	0.210	
Vitamin B-6		0.016		1		1		0.005	0.018	
Folate, total		2	0.800	3	_	1		1	3	
Folic acid		0		0	Z	7		0	0	
Folate, food		2	0.800	3		1		1	3	
Folate, DFE		2		0	NC	4		1	3	
Vitamin B-12		0.10		1		1		0.03	0.11	
Vitamin A, IU	IU	991	87.000	4		1		281	1120	
Vitamin A, RAE		50		0	NC	4		14	56	
Retinol		0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)										
Tocopherol, beta	-									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

## **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.1 Fat 8.9 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 gran	ns of edi	ble portic	<u>on</u>		edible portion	
			Numb	er			<u>m</u> e	easures of food	<u>l</u>
Nutrients and Uni	ts	Mean	of Dar Std. Error Point	a Deriv s Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:									
Water	g	88.50	0	MA	12		226.56	14.16	25.09
Energy	kcal	53	0	MC	9		136	8	15
Energy	kj	222			9		568	35	63
Protein	g	1.72	0	MA	12		4.40	0.28	0.49
Total lipid (fat)	g	1.74	0	MA	12		4.45	0.28	0.49
Ash	g	0.49	0	MA	12		1.25	0.08	0.14
Carbohydrate, by difference	g	7.55	0	MC	9		19.33	1.21	2.14
Fiber, total dietary	g	0.9	0	MA	12		2.3	0.1	0.3
Sugars, total	g	1.36	0	MA	12		3.48	0.22	0.39
Sucrose	g	0.81	0	MA	12		2.07	0.13	0.23
Glucose (dextrose)		0.23	0	MA	12		0.59	0.04	0.07
Fructose	g	0.23	0	MA	12		0.59	0.04	0.07
Lactose	g	0.00	0	MA	12		0.00	0.00	0.00
Maltose	g	0.09	0	MA	12		0.23	0.01	0.03
Galactose	g								
Starch									
<u>Minerals:</u> Calcium, Ca	ma	16	0	MA	12		41	3	5
Iron, Fe		0.36	0	MA	12		0.92	0.06	0.1
Magnesium, Mg		9	0	MA	12		23	1	3
Phosphorus, P		32	0	MA	12		82	5	9
Potassium, K		98	0	MA	12		251	16	28
Sodium, Na		89	0	MA	12		228	14	25
Zinc, Zn		0.30	0	MA	12		0.77	0.05	0.0
Copper, Cu		0.020	0	MA	12		0.051	0.003	0.00
Manganese, Mn		0.060	0	MA	12		0.154	0.010	0.0
Selenium, Se		1.9	0	FLM	4		4.9	0.3	0.5
<u>Vitamins:</u>									
Vitamin C, total ascorbic acid		0.4	0	MA	12		1.0	0.1	0.1
Thiamin		0.022		MA	12		0.056	0.004	0.00
Riboflavin		0.032		MA	12		0.082	0.005	0.00
Niacin	_	0.539		MA	12		1.380	0.086	0.1
Pantothenic acid	_	0.162		FLM	4		0.415	0.026	0.04
Vitamin B-6	-	0.052		MA	12		0.133	0.008	0.0
Folate, total		7	0	FLM	4		18	1	2
Folic acid		0	0	Z	7		0	0	0
Folate, food		7	0	FLM	4		18	1	2
Folate, DFE		7	0	NC	4		18	1	2
Vitamin B-12	-	0.01	0	FLM	4		0.03	0.00	0.0
Vitamin A, IU (1)		4325	0	NC	4		11072	692	1226
Vitamin A, RAE (2)		216	0	NC	4		554	35	61
Retinol		0	0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)		0.31	0	FLA	4		0.80	0.05	0.0
Tocopherol, beta									
Tocopherol, gamma									
Tocopherol, delta									
Vitamin D Vitamin K (phylloquinone)		4.8	0	FLA	4		12.2	0.8	1.4
ipids:									
Fatty acids, total saturated	g	0.485	5 0	FLM	4		1.242	0.078	0.1
4:0		0.000	0	FLM	4		0.000	0.000	0.0
6:0	_	0.000	0	FLM	4		0.000	0.000	0.0
8:0	_	0.000		FLM	4		0.000	0.000	0.0
10:0	_	0.000	0	FLM	4		0.000	0.000	0.0
12:0	_	0.002		FLM	4		0.005	0.000	0.0
	-								
13:0	g								

		<u>A</u> 1	mount in 10	Number	•		_		Amount in edible portion of common measures of food		
Nutrients and Unit	ts	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0		0.336		0	FLM	4		0.860	0.054	0.095	
17:0 18:0		0.102		0	FLM	4		0.261	0.016	0.029	
20:0 22:0	g g	0.102		Ū	1111	•		0.201	0.010	0.023	
24:0 Fatty acids, total monounsaturated 14:1	g	0.687		0	FLM	4		1.759	0.110	0.195	
15:1 16:1 undifferentiated 17:1	g	0.085		0	FLM	4		0.218	0.014	0.024	
18:1 undifferentiated	•	0.576		0	FLM	4		1.475	0.092	0.163	
20:1	g	0.013		0	FLM	4		0.033	0.002	0.004	
22:1 undifferentiated	g	0.000		0	FLM	4		0.000	0.000	0.000	
24:1 c											
Fatty acids, total polyunsaturated		0.391		0	FLM	4		1.001	0.063	0.11	
18:2 undifferentiated	-	0.355		0	FLM	4		0.909	0.057	0.10	
18:3 undifferentiated		0.021		0	FLM	4		0.054	0.003	0.00	
18:4		0.000		0	FLM	4		0.000	0.000	0.00	
20:2 n-6 c,c											
20:3 undifferentiated											
20:4 undifferentiated	-	0.006		0	FLM	4		0.015	0.001	0.00	
20:5 n-3		0.000		0	FLM	4		0.000	0.000	0.00	
22:5 n-3	-	0.001		0	FLM	4		0.003	0.000	0.00	
22:6 n-3	-	0.001		0	FLM	4		0.003	0.000	0.00	
Fatty acids, total trans											
Cholesterol		4		0	FLM	4		10	1	1	
Phytosterols	mg										
Others:											
Alcohol, ethyl	a	0.0		0	z	7		0.0	0.0	0.0	
Caffeine		0		0	FLA	4		0	0	0	
Theobromine		0		0	FLA	4		0	0	0	
Carotenoids:											
Carotene, beta	mcg	2107		0	FLA	4		5393.926	337.120	597.335	
Carotene, alpha	_	976		0	FLA	4		2498.306	156.144	276.668	
Cryptoxanthin, beta		0		0	FLA	4		0.000	0.000	0.000	
Lycopene		0		0	FLA	4		1.221	0.076	0.135	
Lutein + zeaxanthin		174		0	FLA	4		446.427	27.902	49.438	

## **Common Measures:**

Measure 1 = 256g: 1 cup Measure 2 = 16g: 1 tbsp Measure 3 = 28.35g: 1 oz

#### **Footnotes**

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 gra	ms of edi	ble portic	<u>on</u>	Amount in edible portion of common			
			Num	ber			<u>m</u> e	easures of food	_	
Nutrients and Uni	its	Mean	of D Std. Error Poir	ata Deriv ts Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure	
Proximates:										
Water	g	88.82		0 <b>MA</b>	12		227.38	14.21	25.18	
Energy	kcal	48		0 MC	9		123	8	14	
Energy	kj	201			9		514	32	57	
Protein		2.32		0 <b>MA</b>	12		5.94	0.37	0.66	
Total lipid (fat)	g	0.90		0 <b>MA</b>	12		2.30	0.14	0.26	
Ash		0.35		0 MA			0.90	0.06	0.10	
Carbohydrate, by difference		7.62		0 MC	9		19.51	1.22	2.16	
Fiber, total dietary		1.5		0 <b>MA</b>	12		3.8	0.2	0.4	
Sugars, total		1.54		0 <b>M</b> A			3.94	0.25	0.44	
Sucrose	g	1.08		0 <b>M</b> A			2.76	0.17	0.31	
Glucose (dextrose)	g	0.24		0 MA			0.61	0.04	0.07	
Fructose		0.22		0 <b>MA</b>	12		0.56	0.04	0.06	
Lactose	g	0.00		0 <b>M</b> A	12		0.00	0.00	0.00	
Maltose	g	0.00		0 <b>MA</b>	12		0.00	0.00	0.00	
Galactose	g									
Starch	g									
<u>Ainerals:</u> Calcium, Ca	ma	27		O MA	12		69	4	8	
Iron, Fe		0.37		) MA	12		0.95	0.06	0.10	
Magnesium, Mg		13		) MA	12		33	2	4	
Phosphorus, P		44		) MA	12		113	7	12	
Potassium, K		102		AM C	12		261	16	29	
Sodium, Na	mg	20		MA C	12		51	3	6	
Zinc, Zn	mg	0.70		AM C	12		1.79	0.11	0.20	
Copper, Cu	mg	0.090	)	MA C	12		0.230	0.014	0.02	
Manganese, Mn	mg	0.140	)	AM C	12		0.358	0.022	0.04	
Selenium, Se	mcg	1.9		) FLM	4		4.9	0.3	0.5	
Vitamins:										
Vitamin C, total ascorbic acid		0.7		AM C	12		1.8	0.1	0.2	
Thiamin		0.020		AM C	12		0.051	0.003	0.00	
Riboflavin		0.024		AM C	12		0.061	0.004	0.00	
Niacin	-	0.466		AM C	12		1.193	0.075	0.13	
Pantothenic acid	_	0.224		) FLM	4		0.573	0.036	0.06	
Vitamin B-6		0.044		) MA	12		0.113	0.007	0.0	
Folate, total		10		) FLM	<b>4</b> 7		26	2	3	
Folic acid		0 10		O Z O FLM	4		0 26	0 2	0	
Folate, food		10		) NC	4		26	2	3 3	
Vitamin B-12		0.02		) NC	4		0.05	0.00	0.03	
Vitamin A, IU (1)	_	4396		) MA	12		11254	703	1246	
Vitamin A, RAE (2)		220		) NC	4		563	703 35	62	
Retinol		0		) FLA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.30		) FLA	4		0.76	0.05	0.08	
Tocopherol, beta		0.50		,	•		0.70	0.05	0.0	
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		3.9		) FLA	4		10.0	0.6	1.1	
<u>ipids:</u>										
Fatty acids, total saturated		0.236		) FLM	4		0.604	0.038	0.0	
4:0	-	0.000		) FLM	4		0.000	0.000	0.0	
6:0	-	0.000		) FLM	4		0.000	0.000	0.0	
8:0	-	0.000		) FLM	4		0.000	0.000	0.00	
10:0	_	0.000		) FLM	4		0.000	0.000	0.0	
12:0		0.001	L	) FLM	4		0.003	0.000	0.00	
13:0				_						
14:0	g	0.008	3	) FLM	4		0.020	0.001	0.0	

		<u>A</u>	mount in 10	00 grams Number		ole portic	<u>on</u>		edible portion o	f common
Nutrients and Uni	ts	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.149	ı	0	FLM	4		0.381	0.024	0.042
17:0 18:0.		0.053	i	0	FLM	4		0.136	0.008	0.015
20:0 22:0	g g			-						
24:0Fatty acids, total monounsaturated	g	0.294		0	FLM	4		0.753	0.047	0.083
15:1 16:1 undifferentiated 17:1	g	0.034		0	FLM	4		0.087	0.005	0.010
18:1 undifferentiated	•	0.247		0	FLM	4		0.632	0.040	0.070
20:1	•	0.002		0	FLM	4		0.005	0.000	0.001
22:1 undifferentiated	g	0.000	ı	0	FLM	4		0.000	0.000	0.000
24:1 c	g									
Fatty acids, total polyunsaturated		0.241		0	FLM	4		0.617	0.039	0.068
18:2 undifferentiated		0.207		0	FLM	4		0.530	0.033	0.059
18:3 undifferentiated	g	0.015	i	0	FLM	4		0.038	0.002	0.004
18:4	g	0.000	ı	0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.007		0	FLM	4		0.018	0.001	0.002
20:5 n-3	g	0.000	1	0	FLM	4		0.000	0.000	0.000
22:5 n-3	g	0.001		0	FLM	4		0.003	0.000	0.000
22:6 n-3	g	0.002		0	FLM	4		0.005	0.000	0.001
Fatty acids, total trans	g									
Cholesterol	mg	4		0	FLM	4		10	1	1
Phytosterols	mg									
Others:										
Alcohol, ethyl	a	0.0		0	z	7		0.0	0.0	0.0
Caffeine		0.0		0	FLA	4		0.0	0.0	0.0
Theobromine	-	0		0	FLA	4		0	0	0
Carotenoids:	9	Ü		ŭ		•		ŭ	ŭ	ŭ
Carotene, beta	mca	2139		0	FLA	4		5474.576	342.161	606.267
Carotene, alpha		998		0	FLA	4		2555.150	159.697	282.963
Cryptoxanthin, beta		0		0	FLA	4		0.000	0.000	0.000
Lycopene		0		0	FLA	4		1.250	0.078	0.000
Lutein + zeaxanthin		76		0	FLA	4		195.783	12.236	21.681
Luteni + zeaxantinii	ticg	70		U	ELIA	*		193.703	12.230	21.001

## **Common Measures:**

Measure 1 = 256g: 1 cup Measure 2 = 16g: 1 tbsp Measure 3 = 28.35g: 1 oz

#### **Footnotes**

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	nount in 100 gr		f edib	ole portion	<u>n</u>		edible portion	
			Nun	nber				<u>m</u>	easures of food	<u> </u>
			of E	Data D	)eriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Poi	nts C	ode	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	82.30	0.300	3		1		23.33	139.91	
Energy	kcal	80		0	NC	4		23	136	
Energy	kj	335				4		95	569	
Protein (N x 6.25)	g	4.80	0.200	4		1		1.36	8.16	
Total lipid (fat)	g	3.40	0.200	4		1		0.96	5.78	
Ash	g	1.40	0.000	3		1		0.40	2.38	
Carbohydrate, by difference	g	8.00		0	NC	4		2.27	13.60	
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
Minerals:										
Calcium. Ca	ma	46	1.000	4		1		13	78	
Iron, Fe		0.60	0.020	4		1		0.17	1.02	
Magnesium, Mg	-	16	0.020	1		1		5	27	
Phosphorus, P		57		1		1		16	97	
Potassium, K	-	166		1		1		47	282	
Sodium, Na		334		1		1		95	568	
Zinc, Zn	mg	0.32		1		1		0.09	0.54	
Copper, Cu	mg	0.042		0		4		0.012	0.071	
Manganese, Mn	mg									
Selenium, Se	mcg	1.9		0 :	BFZN	4		0.5	3.2	
Vitamins:										
Vitamin C, total ascorbic acid	ma	3.4	0.700	4		1		1.0	5.8	
Thiamin	-	0.020		4		1		0.006	0.034	
Riboflavin	-	0.020		4		1		0.026	0.153	
Niacin	=	0.586		4		1		0.166	0.996	
Pantothenic acid	-	0.000	0.000	-		_		0.200	0.550	
Vitamin B-6	-	0.060	0.003	4		1		0.017	0.102	
Folate, total	-	3		0		4		1	5	
Folic acid		0		0	z	7		0	0	
Folate, food		3		0		4		1	5	
Folate, DFE		3		0	NC	4		1	5	
Vitamin B-12		0.44		0		4		0.12	0.75	
Vitamin A, IU	IU	2099	166.000	3		1		595	3568	
Vitamin A, RAE		105		0	NC	4		30	178	
Retinol	mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg									
Amino Acids:										
Tryptophan	g	0.060		0		1		0.017	0.102	
Threonine	g	0.186		0		1		0.053	0.316	
Isoleucine	g	0.249		0		1		0.071	0.423	
Leucine	g	0.389		0		1		0.110	0.661	
Lysine	g	0.331		0		1		0.094	0.563	
Methionine	_	0.088		0		1		0.025	0.150	
Cystine	g	0.052		0		1		0.015	0.088	
Phenylalanine	g	0.200		0		1		0.057	0.340	
Tyrosine	g	0.174		0		1		0.049	0.296	
Valine	g	0.278		0		1		0.079	0.473	
Arginine	g	0.295		0		1		0.084	0.502	
Histidine	_	0.114		0		1		0.032	0.194	
Alanine	g	0.229		0		1		0.065	0.389	
Aspartic acid	g	0.480		0		1		0.136	0.816	
Glutamic acid	q	0.915		0		1		0.259	1.556	

	Amo	ount in 100 grams of Number	_	Amount in edible portion of common measures of food			
Nutrients and Units	Mean S	of Data De itd. Error Points Co	eriv Source ode Code	Confidence Code	Measure 1	Measure 2	Measure 3
Glycineg Prolineg	0.192 0.333	0 0	1 1		0.05 <b>4</b> 0.09 <b>4</b>	0.326 0.566	
Serine	0.193	0	1		0.055	0.328	

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.7 Fat 8.9 Carbohydrate 3.9

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 gı	rams o	f edib	le portio	<u>n</u>		edible portion	
			Nur	nber				<u>me</u>	easures of food	•
Nutrients and Uni	its	Mean	of I Std. Error Po	Data D ints C		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	86.90		0	MA	12		222.46	13.90	24.64
Energy	kcal	59		0	MC	9		151	9	17
Energy	kj	247				9		632	39	70
Protein	_	2.47		0	MA	12		6.32	0.40	0.70
Total lipid (fat)	g	1.73		0	MA	12		4.43	0.28	0.49
Ash		0.49		0	MA	12		1.25	0.08	0.14
Carbohydrate, by difference		8.42		0	MC	9		21.56	1.35	2.39
Fiber, total dietary		2.1		0	MA	12		5.4	0.3	0.6
Sugars, total		1.58		0	MA	12		4.04	0.25	0.45
Sucrose	g	0.99		0	MA	12		2.53	0.16	0.28
Glucose (dextrose)		0.32		0	MA	12		0.82	0.05	0.09
Fructose		0.27		0	MA	12		0.69	0.04	0.08
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.00		0	MA	12		0.00	0.00	0.00
Galactose	g									
Starch	g									
<u>/Iinerals:</u> Calcium, Ca	ma	27		0	MA	12		69	4	8
Iron, Fe		0.53		0	MA	12		1.36	0.08	0.1
Magnesium, Mg		14		0	MA	12		36	2	4
Phosphorus, P		47		0	MA	12		120	8	13
Potassium, K		158		0	MA	12		404	25	45
Sodium, Na		24		0	MA	12		61	4	7
Zinc, Zn		0.48		0	MA	12		1.23	0.08	0.14
Copper, Cu		0.070	)	0	MA	12		0.179	0.011	0.02
Manganese, Mn	mg	0.150	)	0	FLM	4		0.384	0.024	0.04
Selenium, Se	mcg	2.8		0	FLM	4		7.2	0.4	0.8
/itamins:										
Vitamin C, total ascorbic acid		0.1		0	MA	12		0.3	0.0	0.0
Thiamin		0.032		0	MA	12		0.082	0.005	0.00
Riboflavin		0.052		0	MA	12		0.133	0.008	0.01
Niacin	_	0.720		0	MA	12		1.843	0.115	0.20
Pantothenic acid		0.107		0	FLM	4		0.274	0.017	0.03
Vitamin B-6		0.072	2	0	MA	12		0.184	0.012	0.02
Folate, total		5		0	FLM	4 7		13	1	1
Folic acid		0 5		0	Z FLM	4		0 13	0 1	0
Folate, foodFolate, DFE		5		0	NC	4		13	1	1 1
Vitamin B-12		0.01		0	FLM	4		0.03	0.00	0.00
Vitamin A, IU (1)	_	4132		0	MA	12		10578	661	1171
Vitamin A, RAE (2)		207		0	NC	4		530	33	59
Retinol		0		0	FLA	4		1	0	0
Vitamin E (alpha-tocopherol)		0.32		0	FLA	4		0.81	0.05	0.0
Tocopherol, beta		0.32		Ū		-		0.01	0.03	0.0.
Tocopherol, gamma	_									
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		3.4		0	FLA	4		8.8	0.5	1.0
<u>ipids:</u>										
Fatty acids, total saturated	g	0.496	5	0	FLM	4		1.270	0.079	0.1
4:0	g	0.000	)	0	FLM	4		0.000	0.000	0.0
6:0	g	0.000	)	0	FLM	4		0.000	0.000	0.0
8:0	g	0.000	)	0	FLM	4		0.000	0.000	0.0
10:0	g	0.000	)	0	FLM	4		0.000	0.000	0.0
12:0	g	0.002	2	0	FLM	4		0.005	0.000	0.0
13:0	g									
	g	0.014		0	FLM	4		0.036	0.002	0.0

		<u>Ar</u>	=	Number	,		_	Amount in edible portion of common measures of food		
Nutrients and Uni	ts	Mean	Std. Error	of Data Points		Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.359		0	FLM	4		0.919	0.057	0.102
17:0 18:0.		0.098		0	FLM	4		0.251	0.016	0.028
20:0		0.030		Ū	2 1101	-		0.231	0.010	0.020
22:0	-									
24:0	-									
Fatty acids, total monounsaturated	g	0.712		0	FLM	4		1.823	0.114	0.202
14:1	_									
15:1				_						
16:1 undifferentiated		0.088		0	FLM	4		0.225	0.014	0.025
17:1 18:1 undifferentiated		0.596		0	FLM	4		1.526	0.095	0.169
20:1		0.017		0	FLM	4		0.044	0.003	0.005
22:1 undifferentiated		0.000		0	FLM	4		0.000	0.000	0.000
24:1 c	-			-		=				
Fatty acids, total polyunsaturated		0.374		0	FLM	4		0.957	0.060	0.106
18:2 undifferentiated		0.334		0	FLM	4		0.855	0.053	0.095
18:3 undifferentiated	g	0.021		0	FLM	4		0.054	0.003	0.006
18:4	g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c	_									
20:3 undifferentiated										
20:4 undifferentiated		0.004		0	FLM	4		0.010	0.001	0.00
20:5 n-3		0.000 0.001		0	FLM FLM	4 4		0.000 0.003	0.000 0.000	0.000
22:5 n-3 22:6 n-3	_	0.001		0	FLM	4		0.003	0.000	0.000
Fatty acids, total trans		0.001		U	FIM	-		0.003	0.000	0.000
Cholesterol	-	11		0	MA	12		28	2	3
Phytosterols	-									
Others:	a	0.0		0	Z	7		0.0	0.0	0.0
Alcohol, ethyl		0.0		0	FLA	4		0.0	0.0	0.0
Theobromine	_	0		0	FLA	4		0	0	0
Carotenoids:	9	•		•		-		·	ū	ŭ
	mag	2000		0				E142 012	201 400	F.CO. CO.
Carotene, beta	_	2009 938		0	FLA FLA	4 4		5143.813 2400.968	321.488 150.060	569.637 265.888
Carotene, alphaCryptoxanthin, beta	_	938		0	FLA	4		0.004	0.000	0.000
Lycopene		0		0	FLA	4		1.175	0.000	0.130
Lutein + zeaxanthin.		72		0	FLA	4		184.651	11.541	20.449

## **Common Measures:**

Measure 1 = 256g: 1 cup Measure 2 = 16g: 1 tbsp Measure 3 = 28.35g: 1 oz

#### **Footnotes**

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		Al	mount in 100 g	gi airis	or ear	ne portio	<u>'''</u>	Amount in	edible portion	of common
			Nu	ımber				<u>m</u>	easures of food	
Nutrients and Un	its	Mean	of Std. Error		Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure :
Proximates:										
Water	g	86.20	0.300	4		1		24.44	146.54	
Energy	kcal	64		0	NC	4		18	109	
Energy	kj	268				4		76	455	
Protein (N x 5.98)	g	1.70	0.100	4		1		0.48	2.89	
Total lipid (fat)		2.20	0.300	4		1		0.62	3.74	
Ash		0.70	0.200	4		1		0.20	1.19	
Carbohydrate, by difference		9.10		0	NC	4		2.58	15.47	
Fiber, total dietary		1.1		0		4		0.3	1.9	
Sugars, total										
Starch.										
Ainerals:										
Calcium, Ca	mα	26	2.000	4		1		7	44	
Iron, Fe	-	0.49	0.060	4		1		0.14	0.83	
Magnesium, Mg.		11	0.000	0		4		3	19	
Phosphorus, P		33		1		1		9	56	
Potassium, K	-	59		1		1		17	100	
Sodium, Na		26		1		1		7	44	
Zinc, Zn	-	0.32		1		1		0.09	0.54	
Copper, Cu		0.058		0		1		0.016	0.099	
Manganese, Mn	-	0.050		·		-		0.010	0.055	
Selenium, Se		3.2		0	FLM	4		0.9	5.4	
Vitamins:	9	5.2		·		-		0.0	0.1	
	ma	0.8	0.100	3		1		0.2	1.4	
Vitamin C, total ascorbic acid	-	0.042		4		1		0.012	0.071	
Thiamin	-	0.042		4		1		0.012	0.071	
Riboflavin		0.675		4		1		0.010		
Niacin	-	0.675		0		1		0.191	1.148	
Pantothenic acid		0.204		1		1		0.038	0.347 0.039	
Vitamin B-6		3	•	0		1				
Folate, total		0			_	7		1	6	
Folic acid				0	Z			0	0	
Folate, food		3		0		1		1	6	
Folate, DFE		3		0	NC	4		1	6	
Vitamin B-12		0.09		1		1		0.03	0.15	
Vitamin A, IU	IU	1051	72.000	4		1		298	1787	
Vitamin A, RAE		53		0	NC	4		15	89	
Retinol		0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)										
Tocopherol, beta	-									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

## **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 Fat 8.9 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>Aı</u>	nount in 100	grams	of edil	ole portion	<u>n</u>	Amount in	edible portion	of common
			0		Deriv	Source	Confidence		easures of food	
Nutrients and Uni	ts	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water		87.20	0.500	8		1		24.72	98.54	
Energy		63		0	NC	4		18	71	
Energy		264				4		75	298	
Protein (N x 5.98)		2.00		2		1		0.57	2.26	
Total lipid (fat)	g	2.50		2		1		0.71	2.83	
Ash	g	0.40		2		1		0.11	0.45	
Carbohydrate, by difference	g	7.90		0	NC	4		2.24	8.93	
Fiber, total dietary	g	1.1		0		4		0.3	1.2	
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	28		2		1		8	32	
Iron, Fe	mg	0.35		2		1		0.10	0.40	
Magnesium, Mg	mg	10		0		4		3	11	
Phosphorus, P	mg	31		0		1		9	35	
Potassium, K	mg	55		0		1		16	62	
Sodium, Na	• • • • • • • • • • • • • • • • • • • •	20		1		1		6	23	
Zinc, Zn		0.25	0.010	9		1		0.07	0.28	
Copper, Cu	_	0.054	0.002	9		1		0.015	0.061	
Manganese, Mn										
Selenium, Se	mcg	3.2		0	FLM	4		0.9	3.6	
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	-	0.7		0		1		0.2	0.8	
Thiamin	• • • • • • • • • • • • • • • • • • • •	0.032		2		1		0.009	0.036	
Riboflavin		0.049		2		1		0.014	0.055	
Niacin		0.407		1		1		0.115	0.460	
Pantothenic acid		0.190		4		1		0.054	0.215	
Vitamin B-6		0.021		0		1		0.006	0.024	
Folate, total		3	0.400	3		1		1	4	
Folic acid		0		0	Z	7		0	0	
Folate, food		3	0.400	3		1		1	4	
Folate, DFE		3		0	NC	4		1	4	
Vitamin B-12		0.08		0		1		0.02	0.09	
Vitamin A, IU		1417		2		1		402	1601	
Vitamin A, RAE	mcg_KAE	71		0	NC	4		20	80	
Retinol		0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)										
Tocopherol, beta										
Tocopherol, gamma Tocopherol, delta										
Vitamin D	-									
Vitamin K (phylloquinone)										

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

## **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.1 Fat 8.9 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	0 grams	of edib	ole portio	<u>on</u>		edible portion	
				Number				<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Ur	nits	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	84.00		1	MA	12		94.92		
Energy	kcal	63		1	MC	9		71		
Energy	kj	264				9		298		
Protein	g	0.30		1	MA	12		0.34		
Total lipid (fat)	g	0.22		0	FLM	4		0.25		
Ash	g	0.30		1	MA	12		0.34		
Carbohydrate, by difference	g	15.30		1	MC	9		17.29		
Fiber, total dietary	g	1.4		1	MA	12		1.6		
Sugars, total	g	11.60		1	MA	12		13.11		
Sucrose	g	0.65		1	MA	12		0.73		
Glucose (dextrose)		3.12		1	MA	12		3.53		
Fructose	g	7.06		1	MA	12		7.98		
Lactose	g									
Maltose	g	0.78		1	MA	12		0.88		
Galactose										
Starch										
Minerals:		_		_						
Calcium, Ca	-	8		1	MA	12		9		
Iron, Fe		0.20		1	MA	12		0.23		
Magnesium, Mg		6 17		1	MA	12		7 19		
Phosphorus, P		17 149		1 1	MA MA	12 12		168		
Potassium, K Sodium, Na		2		0	FLM	4		3		
Zinc, Zn		0.10		1	MA	12		0.11		
Copper, Cu		0.10	1	1	MA	12		0.102		
Manganese, Mn		0.060		1	MA	12		0.162		
Selenium, Se		0.3		0	FLM	4		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	6.4		1	MA	12		7.2		
Thiamin	mg	0.010	)	1	MA	12		0.011		
Riboflavin	mg	0.020	)	1	MA	12		0.023		
Niacin	<u>mg</u>	0.100	)	1	MA	12		0.113		
Pantothenic acid	mg	0.103	3	0	FLM	4		0.116		
Vitamin B-6		0.050	)	1	MA	12		0.057		
Folate, total		2		0	FLM	4		2		
Folic acid		0		0	Z	7		0		
Folate, food		2		0	FLM	4		2		
Folate, DFE		2		0	NC	4		2		
Vitamin B-12	-	0.00		0	FLM	4		0.00		
Vitamin A, IU		2050		1	MA	12		2317		
Vitamin A, RAE		103		0	NC	4		116		
Retinol		0		0	Z	7		0		
Vitamin E (alpha-tocopherol)		0.16		0	FLA	4		0.18		
Tocopherol, beta										
Tocopherol, gamma Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		0.8		0	FLA	4		0.9		
Lipids:										
Fatty acids, total saturated	а	0.041	L	0	FLM	4		0.046		
4:0		0.000		0	FLM	4		0.000		
6:0		0.000		0	FLM	4		0.000		
8:0	_	0.000		0	FLM	4		0.000		
10:0	-	0.000		0	FLM	4		0.000		
12:0		0.001		0	FLM	4		0.001		
13:0		2.002		•		-				
14:0		0.001	L	0	FLM	4		0.001		
15:0										
1 J.U	9									

		<u>A</u> 1	mount in 10			ole portio	<u>on</u>		edible portion o	f common
Nutrients and Uni	its	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.035		0	FLM	4		0.040		
17:0	g									
18:0	-	0.004		0	FLM	4		0.005		
20:0	-									
22:0	-									
24:0		0.008		0	FLM	4		0.009		
Fatty acids, total monounsaturated		0.008		U	E LIM	4		0.009		
15:1										
16:1 undifferentiated		0.000		0	FLM	4		0.000		
17:1	_									
18:1 undifferentiated	g	0.008		0	FLM	4		0.009		
20:1	g	0.000		0	FLM	4		0.000		
22:1 undifferentiated	g	0.000		0	FLM	4		0.000		
24:1 c										
Fatty acids, total polyunsaturated	g	0.079		0	FLM	4		0.089		
18:2 undifferentiated	-	0.066		0	FLM	4		0.075		
18:3 undifferentiated	_	0.013		0	FLM	4		0.015		
18:4	-	0.000		0	FLM	4		0.000		
20:2 n-6 c,c										
20:3 undifferentiated	-	0.000		0				0.000		
20:4 undifferentiated		0.000		0	FLM FLM	4 4		0.000 0.000		
20:5 n-3	_	0.000		0	FLM	4		0.000		
22:6 n-3		0.000		0	FLM	4		0.000		
Fatty acids, total trans	_	0.000		v		•		0.000		
Cholesterol		0		0	FLM	4		0		
Phytosterols	_									
Others:										
Alcohol, ethyl	ď	0.0		0	FLM	4		0.0		
Caffeine		0		0	FLA	4		0.0		
Theobromine		0		0	FLA	4		0		
Carotenoids:		-		-		-		-		
Carotene, beta	mcg	1225		0	FLA	4		1384.606		
Carotene, alpha		0		0	FLA	4		0.000		
Cryptoxanthin, beta		9		0	FLA	4		10.680		
Lycopene		0		0	FLA	4		0.000		
Lutein + zeaxanthin	mcg	13		0	FLA	4		14.391		

## **Common Measures:**

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100	grams	of edib	le portio	<u>n</u>		edible portion	
			N	lumber				<u>m</u>	easures of food	<u>[</u>
Nutrients and Uni	its	Mean	Std. Error F			Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	81.60				1		12.24		
Energy	kcal	73		0	NC	4		11		
Energy	kj	303		0	NC	4		46		
Protein	g	0.50				4		0.08		
Total lipid (fat)	g	0.20				4		0.03		
Ash	g	0.52		0	BFSN	4		0.08		
Carbohydrate, by difference	g	17.18		0	NC	4		2.58		
Fiber, total dietary		2.0				4		0.3		
Sugars, total		14.87		0	BFNN	4		2.23		
Starch										
Minerals:										
Calcium, Ca		6				4		1		
Iron, Fe		0.17				4		0.03		
Magnesium, Mg		7				4		1		
Phosphorus, P		9				4		1		
Potassium, K		129				4		19		
Sodium, Na		1				4		0		
Zinc, Zn		0.08				4		0.01		
Copper, Cu		0.035	5			4		0.005		
Manganese, Mn										
Selenium, Se	mcg	0.4		0	CAZN	4		0.1		
Vitamins:										
Vitamin C, total ascorbic acid	ma	12.7				1		1.9		
Thiamin	_	0.010	`			1		0.002		
Riboflavin		0.010				1		0.002		
Niacin		0.280				1		0.000		
Pantothenic acid		0.280	,			_		0.042		
Vitamin B-6	-	0.070	`			4		0.011		
Folate, total		6	,			4		1		
Folic acid		0		0	z	7		0		
Folate, food		6		Ū	4	4		1		
Folate, DFE		6		0	NC	4		1		
		0.00		U	NC	7		0.00		
Vitamin B-12		50				1		8		
Vitamin A, IU		3		0	NC	4		0		
Vitamin A, RAE		0		0		4		0		
Retinol		-		0	BNA BFNN	4		0.12		
Vitamin E (alpha-tocopherol)	-	0.79		U	BENN	4		0.12		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		5.1		0	BFNN	4		0.8		
Vitamin K (phylloquinone)	Ilicg	5.1		U	BFNN	4		0.8		
Lipids:										
Fatty acids, total saturated	g	0.030	)			4		0.005		
4:0		0.000	)			4		0.000		
6:0	-	0.000				4		0.000		
8:0		0.000	)			4		0.000		
10:0	-	0.000				4		0.000		
12:0	-	0.000				4		0.000		
13:0	-									
14:0	-	0.001	L			4		0.000		
15:0	_									
16:0		0.023	3			4		0.003		
17:0	-									
18:0		0.003	3			4		0.000		
20:0		3.000				-		2.300		
22:0	-									
24:0	-									

	<u>Aı</u>	mount in 10	00 grams Number		ole portio	<u>on</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated	0.025				4		0.004		
14:1g	0.023				7		0.004		
15:1g									
16:1 undifferentiated	0.002				4		0.000		
17:1g	0.002				-		0.000		
18:1 undifferentiatedg	0.023				4		0.003		
20:1g	0.000				4		0.000		
22:1 undifferentiated	0.000				4		0.000		
24:1 cg									
Fatty acids, total polyunsaturated	0.068				4		0.010		
18:2 undifferentiatedg	0.050				4		0.008		
18:3 undifferentiatedg	0.018				4		0.003		
18:4g	0.000				4		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000				4		0.000		
20:5 n-3g	0.000				4		0.000		
22:5 n-3g	0.000				4		0.000		
22:6 n-3g	0.000				4		0.000		
Fatty acids, total transg									
Cholesterolmg	0				7		0		
Phytosterols mg									
Others:									
Alcohol, ethylg	0.0				7		0.0		
Caffeine mg	0		0	BFNN	4		0		
Theobromine mg	0		0	BFNN	4		0		
Carotenoids:									
Carotene, betamcg	25		0	BNA	4		3.787		
Carotene, alphamcg	0		0	BNA	4		0.000		
Cryptoxanthin, betamcg	10		0	BNA	4		1.427		
Lycopenemcg	0		0	BFNN	4		0.000		
Lutein + zeaxanthin mcg	149		0	BFNN	4		22.329		

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	<u>grams</u>	of edib	ole portio	<u>n</u>		edible portion	
				Number				<u>m</u>	easures of food	-
Nutrients and Uni	ts	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water		82.80		1		1		23.47	140.76	
Energy	kcal	62		0	NC	4		18	105	
Energy	kj	259				4		74	441	
Protein (N x 6.25)		0.20		5		1		0.06	0.34	
Total lipid (fat)		0.20		6		1		0.06	0.34	
Ash		0.19		0	FLA	4		0.05	0.33	
Carbohydrate, by difference		16.60		0	NC	4		4.71	28.22	
Fiber, total dietary		1.8		0		4		0.5	3.1	
Sugars, total		8.83		0	FLA	4		2.50	15.02	
Sucrose		0.41		0	FLA	4		0.12	0.69	
Glucose (dextrose)	g	3.58		0	FLA	4		1.02	6.09	
Fructose	g	4.84		0	FLA	4		1.37	8.23	
Lactose	g	0.00		0	FLA	4		0.00	0.00	
Maltose	g	0.00		0	FLA	4		0.00	0.00	
Galactose		0.00		0	FLA	4		0.00	0.00	
Starch	g									
Minerals:		_		_					•	
Calcium, Ca		5 0.40		6		1 1		1 0.11	9 0.68	
Iron, Fe.		3		6 0		4		1	5	
Magnesium, Mg Phosphorus, P		3 7	2.00			1		2	12	
Potassium, K		65	5.00			1		18	111	
Sodium, Na		13	2.00	6		1		4	22	
Zinc, Zn		0.04		0		4		0.01	0.06	
Copper, Cu		0.057	7	0		4		0.016	0.097	
Manganese, Mn										
Selenium, Se		0.4		0	FLM	4		0.1	0.7	
Vitamins:										
Vitamin C, total ascorbic acid	mg	13.9		2		1		3.9	23.6	
Thiamin	mg	0.018	3	6		1		0.005	0.031	
Riboflavin	mg	0.043	3	6		1		0.012	0.073	
Niacin	mg	0.103	3	6		1		0.029	0.175	
Pantothenic acid	mg	0.164	4	0		4		0.046	0.279	
Vitamin B-6		0.042	2	5		1		0.012	0.071	
Folate, total		3		0	FLA	4		1	5	
Folic acid		0		0	FLA	4		0	0	
Folate, food		3		0	FLA	4		1	5	
Folate, DFE		3		0	NC	4		1	5	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU		41		0	FLA	4		12	69	
Vitamin A, RAE		2		0	NC	4		1 0	3 0	
Retinol		0		0	FLA	4				
Vitamin E (alpha-tocopherol)		0.27		0	FLA	4		0.08	0.46	
Tocopherol, beta Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		8.8		0	FLA	4		2.5	14.9	
Lipids:										
Fatty acids, total saturated	g	0.024	4	0		4		0.007	0.041	
4:0	g	0.000	)	0		4		0.000	0.000	
6:0	g	0.000	)	0		4		0.000	0.000	
8:0	g	0.000	)	0		4		0.000	0.000	
10:0	g	0.000	)	0		4		0.000	0.000	
12:0	g	0.000	)	0		4		0.000	0.000	
13:0	g									

		<u>Aı</u>	mount in 10	00 grams Number			_	Amount in edible portion of common measures of food		
Nutrients and Uni	ts	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0		0.018		0		4		0.005	0.031	
17:0 18:0		0.004		0		4		0.001	0.007	
20:0 22:0	g g									
24:0Fatty acids, total monounsaturated	g	0.019		0		4		0.005	0.032	
15:116:1 undifferentiated	g g	0.001		0		4		0.000	0.002	
17:1 18:1 undifferentiated	•	0.018		0		4		0.005	0.031	
20:1	•	0.000		0		4		0.000	0.000	
22:1 undifferentiated	g	0.000		0		4		0.000	0.000	
24:1 c	g									
Fatty acids, total polyunsaturated	g	0.073		0		4		0.021	0.124	
18:2 undifferentiated		0.050		0		4		0.014	0.085	
18:3 undifferentiated	g	0.023		0		4		0.007	0.039	
18:4	g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated		0.000		0		4		0.000	0.000	
20:5 n-3		0.000		0		4		0.000	0.000	
22:5 n-3		0.000		0		4		0.000	0.000	
22:6 n-3	-	0.000		0		4		0.000	0.000	
Fatty acids, total trans										
Cholesterol		0		0		4		0	0	
Phytosterols	mg									
Others:										
Alcohol, ethyl	a	0.0		0		7		0.0	0.0	
Caffeine		0		0	FLA	4		0	0	
Theobromine	-	0		0	FLA	4		0	0	
Carotenoids:										
Carotene, beta	mcg	22		0	FLA	4		6.147	36.861	
Carotene, alpha		0		0	FLA	4		0.000	0.000	
Cryptoxanthin, beta		6		0	FLA	4		1.573	9.435	
Lycopene		0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin		43		0	FLA	4		12.171	72.981	

## **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams (	of edib	le portio	<u>n</u>		edible portion	
			Nu	mber				<u>m</u>	easures of food	
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	ints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	83.10		1		1		23.56	93.90	
Energy	kcal	61		0	NC	4		17	69	
Energy	kj	255				4		72	288	
Protein (N x 6.25)	g	0.20		6		1		0.06	0.23	
Total lipid (fat)	g	0.20	0.000	7		1		0.06	0.23	
Ash	g	0.20		1		1		0.06	0.23	
Carbohydrate, by difference	g	16.30		0	NC	4		4.62	18.42	
Fiber, total dietary	g	1.8		0		4		0.5	2.0	
Sugars, total	g	13.93		0	FLA	4		3.95	15.74	
Starch	g									
Minl.										
Minerals:	ma	4	0.000	7		1		1	5	
Calcium, Ca	-	0.20	0.000	7		1		0.06	0.23	
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	3		0		4		1	3	
Phosphorus, P		8	1.000	5		1		2	9	
Prospriorus, P	•	69	5.000	5 5		1		20	78	
Sodium, Na	-	2	3.000	6		1		1	2	
Zinc, Zn	-	0.03		0		4		0.01	0.04	
Copper, Cu		0.056		0		4		0.016	0.063	
Manganese, Mn		0.050	'	Ū		•		0.010	0.003	
Selenium, Se	-	0.4		0	FLM	4		0.1	0.5	
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	-	27.8		2		1		7.9	31.4	
Thiamin	-	0.017		7		1		0.005	0.019	
Riboflavin	=	0.034		7		1		0.010	0.038	
Niacin	-	0.120		7		1		0.034	0.136	
Pantothenic acid	=	0.163		0		4		0.046	0.184	
Vitamin B-6		0.037		7		1		0.010	0.042	
Folate, total		4	0.300	3		1		1	4	
Folic acid		0		0	Z	7		0	0	
Folate, food	mcg	4	0.300	3		1		1	4	
Folate, DFE		4		0	NC	4		1	4	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU		20	6.000	6		1		6	23	
Vitamin A, RAE		1		0	NC	4		0	1	
Retinol		0		0	BNA	4		0	0	
Vitamin E (alpha-tocopherol)		0.12		0	FLA	4		0.03	0.14	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta Vitamin D										
Vitamin K (phylloquinone)		3.5		0	FLA	4		1.0	3.9	
	g	5.5		Ū		-			3.3	
<u>Lipids:</u>										
Fatty acids, total saturated	g	0.024		0		4		0.007	0.027	
4:0		0.000		0		4		0.000	0.000	
6:0		0.000		0		4		0.000	0.000	
8:0	-	0.000		0		4		0.000	0.000	
10:0	-	0.000		0		4		0.000	0.000	
12:0		0.000		0		4		0.000	0.000	
13:0				_		_		_	_	
14:0		0.001		0		4		0.000	0.001	
15:0						_				
16:0		0.018		0		4		0.005	0.020	
17:0				•		_				
18:0		0.004		0		4		0.001	0.005	
20:0	-									
22:0	-									
24:0	g									

	<u>Am</u>	ount in 100 grams	of edib	le portio	<u>n</u>		edible portion of	
Nutrients and Units	Maan	Number of Data Std. Error Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food  Measure 2	Measure 3
Nutrients and Units	Mean S	Sta. Error Follits	Code	Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.019	0		4		0.005	0.021	
14:1	0.015	· ·		•		0.003	0.021	
15:1								
16:1 undifferentiated	0.001	0		4		0.000	0.001	
17:1g	****	-		_			****	
18:1 undifferentiated	0.018	0		4		0.005	0.020	
20:1g	0.000	0		4		0.000	0.000	
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	
24:1 cg								
Fatty acids, total polyunsaturated9	0.073	0		4		0.021	0.082	
18:2 undifferentiated	0.050	0		4		0.014	0.057	
18:3 undifferentiated	0.023	0		4		0.007	0.026	
18:4g	0.000	0		4		0.000	0.000	
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	0		4		0.000	0.000	
20:5 n-3g	0.000	0		4		0.000	0.000	
22:5 n-3g	0.000	0		4		0.000	0.000	
22:6 n-3g	0.000	0		4		0.000	0.000	
Fatty acids, total transg								
Cholesterol mg	0	0		4		0	0	
Phytosterolsmg								
Others:				_				
Alcohol, ethylg	0.0	0		7		0.0	0.0	
Caffeine mg	0	0	FLA	4		0	0	
Theobromine mg	0	0	FLA	4		0	0	
Carotenoids:								
Carotene, beta mcg	10	0	BNA	4		2.725	10.860	
Carotene, alpha mcg	0	0	BNA	4		0.000	0.000	
Cryptoxanthin, betamcg	5	0	BNA	4		1.355	5.401	
Lycopene mcg	0	0	FLA	4		0.000	0.000	
Lutein + zeaxanthin mcg	24	0	FLA	4		6.761	26.948	

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	of edib	ole portio	<u>n</u>	Amount in	edible portion	of common
			Nu	mber				<u>m</u>	easures of food	
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	84.00		1		1		23.81	142.80	
Energy	kcal	58		0	NC	4		16	98	
Energy		242		0	NC	4		69	411	
Protein (N x 6.25)		0.20	0.000	19		1		0.06	0.34	
Total lipid (fat)		0.20	0.000	19		1		0.06	0.34	
Ash		0.20	0.000	13		1		0.06	0.34	
Carbohydrate, by difference		15.40		0	NC	4		4.37	26.18	
Fiber, total dietary		2.1		0		4		0.6	3.6	
Sugars, total	g	12.96		0	FLA	4		3.67	22.02	
Starch										
X.C. 1										
Minerals:	ma	-	0.000	10		4		1	•	
Calcium, Ca	-	5 0.22	0.000 0.020	12 12		1 1		1 0.06	9 0.37	
Iron, Fe		4	0.020	0		4		0.06	0.37 7	
Phosphorus, P		8	0.000	5		1		2	, 14	
Potassium, K	-	72	3.000	18		1		20	122	
Sodium, Na		2	0.000	19		1		1	3	
Zinc, Zn		0.03	0.000	0		4		0.01	0.05	
Copper, Cu		0.053	1	0		4		0.015	0.090	
Manganese, Mn										
Selenium, Se		0.3		0	FLM	4		0.1	0.5	
Vitamins:						_				
Vitamin C, total ascorbic acid		28.9		14		1		8.2	49.1	
Thiamin		0.012		19		1 1		0.003	0.020	
Riboflavin		0.029		19 19		1		0.008	0.049	
Niacin	-	0.104		0		1		0.029 0.025	0.177	
Pantothenic acid		0.034		6		1		0.025	0.150 0.058	
Vitamin B-6 Folate, total	-	1		0	FLA	4		0.010	2	
Folic acid		0		0	FLA	4		0	0	
Folate, food		1		0	FLA	4		0	2	
Folate, DFE	mca DFF	1		0	NC	4		0	2	
Vitamin B-12		0.00		0	NO	4		0.00	0.00	
Vitamin A, IU		34		0	NC	4		10	58	
Vitamin A, RAE		2		0	NC	4		0	3	
Retinol		0		0	BNA	4		0	0	
Vitamin E (alpha-tocopherol)		0.07		0	FLA	4		0.02	0.12	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	0.8		0	FLA	4		0.2	1.4	
Lipids:										
Fatty acids, total saturated	a	0.032		0		4		0.009	0.054	
4:0		0.000		0		4		0.000	0.000	
6:0	-	0.000		0		4		0.000	0.000	
8:0	-	0.000		0		4		0.000	0.000	
10:0		0.000		0		4		0.000	0.000	
12:0		0.001		0		4		0.000	0.002	
13:0	-			-						
14:0	_	0.001		0		4		0.000	0.002	
15:0	_									
16:0	_	0.027		0		4		0.008	0.046	
17:0										
18:0		0.004		0		4		0.001	0.007	
20:0										
22:0	_									
24:0	-									

	<u>Am</u>	ount in 100 grams Number	Amount in edible portion of common measures of food					
Nutrients and Units	Mean S	of Data Std. Error Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
	0.000	•					0.014	
Fatty acids, total monounsaturatedg	0.008	0		4		0.002	0.014	
14:1g 15:1g								
16:1 undifferentiatedg	0.000	0		4		0.000	0.000	
17:1g	0.000	v		-		0.000	0.000	
18:1 undifferentiated	0.008	0		4		0.002	0.014	
20:1g	0.000	0		4		0.000	0.000	
22:1 undifferentiated	0.000	0		4		0.000	0.000	
24:1 cg								
Fatty acids, total polyunsaturated	0.063	0		4		0.018	0.107	
18:2 undifferentiatedg	0.051	0		4		0.014	0.087	
18:3 undifferentiatedg	0.011	0		4		0.003	0.019	
18:4g	0.000	0		4		0.000	0.000	
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	0		4		0.000	0.000	
20:5 n-3g	0.000	0		4		0.000	0.000	
22:5 n-3g	0.000	0		4		0.000	0.000	
22:6 n-3g	0.000	0		4		0.000	0.000	
Fatty acids, total transg								
Cholesterolmg	0	0		7		0	0	
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	0		7		0.0	0.0	
Caffeine mg	0	0	FLA	4		0	0	
Theobrominemg	0	0	FLA	4		0	0	
Carotenoids:								
Carotene, betamcg	15	0	FLA	4		4.338	26.015	
Carotene, alphamcg	1	0	BNA	4		0.148	0.888	
Cryptoxanthin, betamcg	9	0	BNA	4		2.684	16.095	
Lycopene mcg	0	0	FLA	4		0.000	0.000	
Lutein + zeaxanthin mcg	21	0	FLA	4		5.953	35.699	

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 g	grams	of edib	ole portio	<u>on</u>		edible portion	
			Nι	ımbeı	r			<u>m</u>	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water		83.80		1		1		23.76	94.69	
Energy	kcal	58		0	NC	4		16	66	
Energy	kj	243				4		69	274	
Protein (N x 6.25)		0.20	0.000	19		1		0.06	0.23	
Total lipid (fat)	g	0.20	0.000	20		1		0.06	0.23	
Ash		0.20		14		1		0.06	0.23	
Carbohydrate, by difference	g	15.70		0	NC	4		4.45	17.74	
Fiber, total dietary	g	2.1		0		4		0.6	2.4	
Sugars, total	g	12.96		0	FLA	4		3.67	14.64	
Sucrose	g	0.73		0	FLA	4		0.21	0.82	
Glucose (dextrose)	g									
Fructose	g									
Lactose	g									
Maltose	g									
Galactose										
Starch										
Minerals:										
Calcium, Ca		5	0.000	13		1		1	6	
Iron, Fe		0.22	0.020	14		1		0.06	0.25	
Magnesium, Mg		4		0		4		1	5	
Phosphorus, P		8	1.000	5		1		2	9	
Potassium, K		80	2.000	18		1		23	90	
Sodium, Na		2	0.000	19		1		1	2	
Zinc, Zn		0.03		0		4		0.01	0.04	
Copper, Cu		0.054	1	0		4		0.015	0.061	
Manganese, Mn										
Selenium, Se	mcg	0.3		0	FLM	4		0.1	0.3	
Vitamins:										
Vitamin C, total ascorbic acid	mg	26.8		3		1		7.6	30.3	
Thiamin	mg	0.014	0.000	13		1		0.004	0.016	
Riboflavin		0.028	0.000	13		1		0.008	0.032	
Niacin	mg	0.106	0.006	13		1		0.030	0.120	
Pantothenic acid	mg	0.090	)	4		1		0.026	0.102	
Vitamin B-6	mg	0.034	1	7		1		0.010	0.038	
Folate, total	mcg	1		0	FLA	4		0	1	
Folic acid	mcg	0		0	FLA	4		0	0	
Folate, food	mcg	1		0	FLA	4		0	1	
Folate, DFE		1		0	NC	4		0	1	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU		22	2.000	12		1		6	25	
Vitamin A, RAE		1		0	NC	4		0	1	
Retinol		0		0	BNA	4		0	0	
Vitamin E (alpha-tocopherol)		0.21		0	0	4		0.06	0.24	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	0.8		0	FLA	4		0.2	0.9	
Lipids:										
Fatty acids, total saturated		0.033		0		4		0.009	0.037	
4:0		0.000		0		4		0.000	0.000	
6:0	g	0.000		0		4		0.000	0.000	
8:0		0.000	)	0		4		0.000	0.000	
10:0	g	0.000	)	0		4		0.000	0.000	
12:0	g	0.001	L	0		4		0.000	0.001	
13:0	g									
14:0	g	0.001	L	0		4		0.000	0.001	
15:0	g									

		<u>Aı</u>	mount in 10	0 grams Number	Amount in edible portion of common measures of food					
Nutrients and Un	nits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.027		0		4		0.008	0.031	
17:0		0.004		0		4		0 001	0.005	
18:0 20:0	-	0.004		U		4		0.001	0.005	
22:0	-									
24:0	-									
Fatty acids, total monounsaturated		0.008		0		4		0.002	0.009	
14:1										
15:1										
16:1 undifferentiated	g	0.000	1	0		4		0.000	0.000	
17:1	g									
18:1 undifferentiated	g	0.008		0		4		0.002	0.009	
20:1	g	0.000	1	0		4		0.000	0.000	
22:1 undifferentiated	g	0.000	1	0		4		0.000	0.000	
24:1 c										
Fatty acids, total polyunsaturated		0.062		0		4		0.018	0.070	
18:2 undifferentiated	-	0.051		0		4		0.014	0.058	
18:3 undifferentiated	-	0.011		0		4		0.003	0.012	
18:4	-	0.000		0		4		0.000	0.000	
20:2 n-6 c,c										
20:3 undifferentiated	-	0.000		0				0.000	0.000	
20:4 undifferentiated		0.000		0		4 4		0.000	0.000	
20:5 n-3	-	0.000		0		4		0.000	0.000 0.000	
22:6 n-3		0.000		0		4		0.000	0.000	
Fatty acids, total trans	-	0.000		Ū		-		0.000	0.000	
Cholesterol		0		0		4		0	0	
Phytosterols	_			-		_				
Others:										
Alcohol, ethyl	q	0.0		0		7		0.0	0.0	
Caffeine		0		0	FLA	4		0	0	
Theobromine	•	0		0	FLA	4		0	0	
Carotenoids:										
Carotene, beta	mcg	10		0	BNA	4		2.704	10.777	
Carotene, alpha		0		0	BNA	4		0.109	0.433	
Cryptoxanthin, beta		7		0	BNA	4		1.968	7.845	
Lycopene	mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin		21		0	FLA	4		5.953	23.730	

## **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100 g	rams o	of edib		edible portion			
			Nui	mber				<u>me</u>	easures of food	
Nutrients and Un	its	Mean	of Std. Error Po	Data l		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	86.90		14		1		13.90	24.64	147.73
Energy	kcal	47		0	NC	4		8	13	80
Energy	kj	197				4		31	56	334
Protein (N x 6.25)		0.20		14		1		0.03	0.06	0.34
Total lipid (fat)	g	0.20		14		1		0.03	0.06	0.34
Ash		0.24		0	FLA	4		0.04	0.07	0.40
Carbohydrate, by difference		12.40		0	NC	4		1.98	3.52	21.08
Fiber, total dietary		1.8		0		4		0.3	0.5	3.1
Sugars, total		8.72		0	FLA	4		1.40	2.47	14.83
Sucrose		0.70		0	FLA	4		0.11	0.20	1.20
Glucose (dextrose)		2.81		0	FLA	4 4		0.45	0.80	4.77
Fructose		5.21 0.00		0	FLA FLA	4		0.83	1.48	8.86 0.00
Lactose	9	0.00		0	FLA	4		0.00	0.00 0.00	0.00
Maltose	9	0.00		0	FLA	4		0.00	0.00	0.00
GalactoseStarch		0.00		Ū	FIIA	*		0.00	0.00	0.00
Minerals:										
Calcium, Ca		6	0.000	18		1		1	2	10
Iron, Fe	_	0.26	0.020	19		1		0.04	0.07	0.44
Magnesium, Mg		4 10		1 2		1 1		1 2	1 3	7 17
Phosphorus, P Potassium, K		109		15		1		17	31	185
Sodium, Na		3		16		1		0	1	5
Zinc, Zn		0.03		1		1		0.00	0.01	0.05
Copper, Cu		0.044	l	0		4		0.007	0.012	0.07
Manganese, Mn										
Selenium, Se		0.3		0	BFZN	4		0.0	0.1	0.5
<del>'itamins:</del>										
Vitamin C, total ascorbic acid		17.9		10		1 1		2.9	5.1	30.4
Thiamin		0.014		18		1		0.002	0.004	0.02
Riboflavin		0.030 0.145		17 18		1		0.005 0.023	0.009 0.041	0.05
Pantothenic acid		0.145		0		4		0.023	0.035	0.24
Vitamin B-6	_	0.030		7		1		0.005	0.009	0.05
Folate, total	-	1		0	FLA	4		0	0	2
Folic acid		0		0	FLA	4		0	0	0
Folate, food		1		0	FLA	4		0	0	2
Folate, DFE	mcg_DFE	1		0	NC	4		0	0	2
Vitamin B-12		0.00		0		4		0.00	0.00	0.00
Vitamin A, IU	IU	33		0	NC	4		5	9	57
Vitamin A, RAE	mcg_RAE	2		0	NC	4		0	0	3
Retinol		0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)		0.04		0	FLA	4		0.01	0.01	0.07
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D Vitamin K (phylloquinone)		0.5		0	FLA	4		0.1	0.1	0.9
ipids:										
Fatty acids, total saturated	g	0.028		0		4		0.004	0.008	0.0
4:0	_	0.000		0		4		0.000	0.000	0.00
6:0	_	0.000		0		4		0.000	0.000	0.0
8:0	_	0.000		0		4		0.000	0.000	0.00
10:0	_	0.000		0		4		0.000	0.000	0.0
12:0		0.000	)	0		4		0.000	0.000	0.00
13:0				_		_			_	=
14:0	g g	0.000	,	0		4		0.000	0.000	0.0

		<u>An</u>	nount in 10	00 grams Number	Amount in edible portion of common measures of food					
Nutrients and Ur	its	Mean	Std. Error	of Data		Source ( Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.023		0		4		0.004	0.007	0.039
17:0 18:0 20:0	g	0.003		0		4		0.000	0.001	0.005
22:0 24:0	g g	0.000		•						0.051
Fatty acids, total monounsaturated 14:1	g	0.030		0		4		0.005	0.009	0.051
16:1 undifferentiated17:1	g	0.000		0		4		0.000	0.000	0.000
18:1 undifferentiated	•	0.030		0		4		0.005	0.009	0.051
20:1	-	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	-	0.000		0		4		0.000	0.000	0.000
24:1 c						_				
Fatty acids, total polyunsaturated		0.051		0		4		0.008	0.014	0.087
18:2 undifferentiated	-	0.044		0		4		0.007	0.012	0.075
18:3 undifferentiated	_	0.009		0		4		0.001	0.003	0.015
18:4		0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c										
20:3 undifferentiated						_				
20:4 undifferentiated		0.000		0		4		0.000	0.000	0.000
20:5 n-3		0.000		0		4		0.000	0.000	0.000
22:5 n-3		0.000		0		4		0.000	0.000	0.000
22:6 n-3	_	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans		•		•		7		•	•	•
Cholesterol	-	0		0		,		0	0	0
Phytosterols	IIIg									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine	mg	0		0	FLA	4		0	0	0
Theobromine	mg	0		0	FLA	4		0	0	0
Carotenoids:										
Carotene, beta	mca	15		0	FLA	4		2.322	4.114	24.670
Carotene, alpha	-	0		0	FLA	4		0.000	0.000	0.000
Cryptoxanthin, beta		11		0	FLA	4		1.741	3.086	18.503
Lycopene		0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin		15		0	FLA	4		2.460	4.359	26.139

## **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03142 Babyfood, fruit, applesauce and apricots, strained

		<u>A</u>	mount in 100 grar	ns of edil	ole portic	<u>on</u>	Amount in edible portion of common			
			Numb	er			m	easures of food	<u></u>	
				ta Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Point		Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:	α.	87.70	1		1		14.03	24.06	99.10	
Water	-	87.70 44	1		1 4		14.03 7	24.86		
Energy		188		NC	4		, 30	13	50 213	
Energy					-			53		
Protein (N x 6.25)		0.20	1		1		0.03	0.06	0.23	
Total lipid (fat)		0.20	1		1		0.03	0.06	0.23	
Ash		0.26	0		4		0.04	0.07	0.29	
Carbohydrate, by difference		11.64	(		4		1.86	3.30	13.15	
Fiber, total dietary		1.8	C		4		0.3	0.5	2.0	
Sugars, total		9.25	C				1.48	2.62	10.45	
Sucrose	g	1.57	C		4		0.25	0.45	1.78	
Glucose (dextrose)	g	2.88	C				0.46	0.82	3.25	
Fructose	g	4.79	C				0.77	1.36	5.41	
Lactose	g	0.00	C		4		0.00	0.00	0.00	
Maltose	g	0.01	C	FLA	4		0.00	0.00	0.01	
Galactose	g	0.00	C	FLA	4		0.00	0.00	0.00	
Starch										
M:l										
Minerals:	ma	6	0 000 1		1		1	2	7	
Calcium, Ca		0.25	0.000 1		1		0.04	0.07	0.28	
Iron, Fe.		0.25 4	0.020 1: 1		1		0.04	0.07		
Magnesium, Mg		9	2		1		1	3	5 10	
Phosphorus, P		120	1!		1		19	3 34	136	
Potassium, K		3	1:		1		0	34 1	136	
Sodium, Na		0.04	2		1		0.01	0.01	0.05	
Zinc, Zn		0.04			4		0.01	0.01	0.03	
Copper, Cu		0.041			4		0.007	0.012	0.04	
Selenium, Se		0.3	O	BFZN	4		0.0	0.1	0.3	
Vitamins:										
Vitamin C, total ascorbic acid	mg	18.9	1.900 1	_	1		3.0	5.4	21.4	
Thiamin	mg	0.014	0.000 1	5	1		0.002	0.004	0.01	
Riboflavin	mg	0.029	0.000 1	5	1		0.005	0.008	0.03	
Niacin	mg	0.140	0.003 1	5	1		0.022	0.040	0.15	
Pantothenic acid	mg	0.119	0		4		0.019	0.034	0.13	
Vitamin B-6	mg	0.030	) 7		1		0.005	0.009	0.03	
Folate, total	mcg	2	0	FLA	4		0	0	2	
Folic acid	mcg	0	0	FLA	4		0	0	0	
Folate, food	mcg	2	0	FLA	4		0	0	2	
Folate, DFE		2	0	NC	4		0	0	2	
Vitamin B-12		0.00	0		4		0.00	0.00	0.00	
Vitamin A, IU	IU	339	0	NC	4		54	96	383	
Vitamin A, RAE		17	0	NC	4		3	5	19	
Retinol		0	0	FLA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.18	0	FLA	4		0.03	0.05	0.20	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	1.0	0	FLA	4		0.2	0.3	1.1	
Lipids:										
Fatty acids, total saturated	g	0.024	. 0		4		0.004	0.007	0.02	
4:0		0.000			4		0.000	0.000	0.00	
6:0		0.000			4		0.000	0.000	0.00	
8:0		0.000			4		0.000	0.000	0.00	
10:0	-	0.000			4		0.000	0.000	0.00	
12:0	_	0.000			4		0.000	0.000	0.00	
13:0			_				2			
14:0		0.000	0		4		0.000	0.000	0.00	
15:0	-		·		-		0.000	5.000	5.50	

		<u>Ar</u>	nount in 10	00 grams Number		ole portion	!	Amount in edible portion of common measures of food			
Nutrients and Uni	ts	Mean	Std. Error	of Data	Deriv	Source ( Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.020		0		4		0.003	0.006	0.023	
17:0 18:0 20:0.	g	0.003		0		4		0.000	0.001	0.003	
22:0 24:0	g g										
Fatty acids, total monounsaturated 14:1	g	0.037		0		4		0.006	0.010	0.042	
16:1 undifferentiated	g g	0.000		0		4		0.000	0.000	0.000	
18:1 undifferentiated	•	0.037		0		4		0.006	0.010	0.042	
20:1	-	0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiated	-	0.000		0		4		0.000	0.000	0.000	
24:1 c											
Fatty acids, total polyunsaturated	g	0.045		0		4		0.007	0.013	0.051	
18:2 undifferentiated	-	0.041		0		4		0.007	0.012	0.046	
18:3 undifferentiated	g	0.007		0		4		0.001	0.002	0.008	
18:4	g	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c,c	g										
20:3 undifferentiated	g										
20:4 undifferentiated	g	0.000		0		4		0.000	0.000	0.000	
20:5 n-3	g	0.000		0		4		0.000	0.000	0.000	
22:5 n-3	g	0.000		0		4		0.000	0.000	0.000	
22:6 n-3	g	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total trans	g										
Cholesterol	mg	0		0		7		0	0	0	
Phytosterols	mg										
Others:											
Alcohol, ethyl	a	0.0		0		7		0.0	0.0	0.0	
Caffeine		0		0	FLA	4		0	0	0.0	
Theobromine		0		0	FLA	4		0	0	0	
Carotenoids:		-		-		-		-	-	-	
Carotene, beta	mca	189		0	FLA	4		30.181	53.477	213.152	
Carotene, alpha	_	3		0	FLA	4		0.488	0.865	3.449	
Cryptoxanthin, beta		26		0	FLA	4		4.237	7.507	29.921	
Lycopene		0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin		28		0	FLA	4		4.479	7.936	31.630	
Luteni + zeaxantinin	<u>III</u> IO9	20		U	FLIA	4		4.4/3	1.930	31.030	

## **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100	grams	Amount in edible portion of common					
			N	umber				<u>m</u>	easures of food	<u>.</u>
			o	f Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	85.60		0		1		24.27	145.52	
Energy	kcal	51		0	NC	4		14	86	
Energy	kj	212		0	NC	4		60	361	
Protein (N x 6.25)	g	0.00		0		1		0.00	0.00	
Total lipid (fat)	g	0.00		13		1		0.00	0.00	
Ash	g	0.30	0.000	13		1		0.09	0.51	
Carbohydrate, by difference	g	14.10		0		4		4.00	23.97	
Fiber, total dietary	g	1.1		0		4		0.3	1.9	
Sugars, total	g	10.61		0	BFSN	4		3.01	18.04	
Starch	g									
Minanala										
Minerals: Calcium, Ca	ma	1		0		1		0	2	
Iron. Fe.	_	0.30		0		1		0.09	0.51	
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	4		0		4		1	7	
Phosphorus, P		8		0		4		2	14	
Potassium, K	-	132		0		1		37	224	
Sodium, Na		1		0		1		0	2	
Zine, Zn	-	0.03		0		4		0.01	0.05	
Copper, Cu		0.046	5	0		4		0.013	0.078	
Manganese, Mn										
Selenium, Se	mcg	0.3		0	FLM	4		0.1	0.5	
Vitamina										
Vitamins:	ma	42.8		0		1		12.1	72.8	
Vitamin C, total ascorbic acid Thiamin	-	0.010	,	0		1		0.003	0.017	
Riboflavin	-	0.010		0		1		0.003	0.017	
Niacin	=	0.140		0		1		0.040	0.238	
Pantothenic acid	-	0.140		0		4		0.040	0.221	
Vitamin B-6	_	0.039		0		4		0.011	0.066	
Folate, total		0	•	0		1		0	1	
Folic acid		0		0	FLA	4		0	0	
Folate, food		0		0	NR	4		0	1	
Folate, DFE	mcg DFE	0		0	NC	4		0	1	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU		45		0	NC	4		13	77	
Vitamin A, RAE		2		0	NC	4		1	4	
Retinol		0		0	BNA	4		0	0	
Vitamin E (alpha-tocopherol)	mg	0.06		0	FLA	4		0.02	0.09	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta										
Vitamin D				_		_				
Vitamin K (phylloquinone)	mcg	1.2		0	BFSN	4		0.4	2.1	
Lipids:										
Fatty acids, total saturated	g	0.000	)	0		4		0.000	0.000	
4:0		0.000	)	0		4		0.000	0.000	
6:0	g	0.000	)	0		4		0.000	0.000	
8:0	g	0.000	)	0		4		0.000	0.000	
10:0	g	0.000	)	0		4		0.000	0.000	
12:0		0.000	)	0		4		0.000	0.000	
13:0										
14:0	g	0.000	)	0		4		0.000	0.000	
15:0										
16:0		0.000	)	0		4		0.000	0.000	
17:0										
18:0		0.000	)	0		4		0.000	0.000	
20:0	_									
22:0	_									
24:0	g									

	<u>Ar</u>	mount in 10	0 grams	Amount in edible portion of common measures of food					
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
	0.000		•						
Fatty acids, total monounsaturatedg	0.000		0		4		0.000	0.000	
14:1g									
15:1g 16:1 undifferentiatedg	0.000		0		4		0.000	0.000	
16:1 undifferentiated	0.000		U		4		0.000	0.000	
18:1 undifferentiated	0.000		0		4		0.000	0.000	
20:1g	0.000		0		4		0.000	0.000	
22:1 undifferentiated q	0.000		0		4		0.000	0.000	
24:1 cg	0.000		v		-		0.000	0.000	
Fatty acids, total polyunsaturated9	0.000		0		4		0.000	0.000	
18:2 undifferentiated	0.000		0		4		0.000	0.000	
18:3 undifferentiated	0.000		0		4		0.000	0.000	
18:4g	0.000		0		4		0.000	0.000	
20:2 n-6 c.cg									
20:3 undifferentiated									
20:4 undifferentiated	0.000		0		4		0.000	0.000	
20:5 n-3g	0.000		0		4		0.000	0.000	
22:5 n-3g	0.000		0		4		0.000	0.000	
22:6 n-3g	0.000		0		4		0.000	0.000	
Fatty acids, total trans									
Cholesterolmg	0		0		4		0	0	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0	0.0	
Caffeinemg	0		0	BFSN	4		0	0	
Theobrominemg	0		0	BFSN	4		0	0	
<u>Carotenoids:</u>									
Carotene, betamcg	24		0	BNA	4		6.870	41.193	
Carotene, alphamcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, betamcg	6		0	BNA	4		1.570	9.414	
Lycopenemcg	0		0	BFSN	4		0.000	0.000	
Lutein + zeaxanthinmcg	47		0	BFSN	4		13.433	80.550	

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 10	0 grams	of edib	ole portio	<u>n</u>		edible portion	
				Number	•			<u>m</u>	easures of food	
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	85.63		0		1		24.28	96.76	
Energy	kcal	51		0	NC	4		14	58	
Energy	kj	213				4		60	241	
Protein (N x 6.25)	g	0.00		0		1		0.00	0.00	
Total lipid (fat)	g	0.00		13		1		0.00	0.00	
Ash	g	0.25		0		1		0.07	0.28	
Carbohydrate, by difference	g	14.10		0	NC	4		4.00	15.93	
Fiber, total dietary	g	1.1		0		4		0.3	1.2	
Sugars, total	g	10.81		0	FLA	4		3.07	12.22	
Starch	g									
Minouala										
Minerals:	ma	1		0		1		0	1	
Calcium, Ca Iron, Fe	-	0.30		0		1		0.09	0.34	
Magnesium, Mg	-	4		0		4		1	0.34 5	
Phosphorus, P		8		0		4		2	9	
Potassium, K	-	132		0		1		37	149	
Sodium. Na		1		0		1		0	1	
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.03		0		4		0.01	0.03	
Copper, Cu		0.045	5	0		4		0.013	0.051	
Manganese, Mn		0.010	•	·		•		0.015	0.031	
Selenium, Se		0.3		0	FLM	4		0.1	0.3	
•										
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	-	42.8		0		1		12.1	48.4	
Thiamin	-	0.010		0		1		0.003	0.011	
Riboflavin	_	0.030		0		1		0.009	0.034	
Niacin	-	0.140		0		1		0.040	0.158	
Pantothenic acid		0.131		0		4		0.037	0.148	
Vitamin B-6		0.037	1	0		4		0.010	0.042	
Folate, total		0		3	_	1		0	0	
Folic acid		0		0	Z	7		0	0	
Folate, food	mcg	0		3		1		0	0	
Folate, DFE		0		0	NC	4		0	0	
Vitamin B-12		0.00		0 0		4		0.00	0.00	
Vitamin A, IU		45 2		-		1		13 1	51	
Vitamin A, RAE		0		0 0	NC FLA	4 4		0	3 0	
Retinol		0.12		0	FLA	4		0.04	0.14	
Vitamin E (alpha-tocopherol)		0.12		U	FLA	4		0.04	0.14	
Tocopherol, beta Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		2.0		0	FLA	4		0.6	2.2	
<u>Lipids:</u>										
Fatty acids, total saturated		0.000		0		7		0.000	0.000	
4:0		0.000		0		4		0.000	0.000	
6:0	-	0.000		0		4		0.000	0.000	
8:0	-	0.000		0		4		0.000	0.000	
10:0		0.000		0		4		0.000	0.000	
12:0		0.000	)	0		4		0.000	0.000	
13:0				^					2 22-	
14:0		0.000	,	0		4		0.000	0.000	
15:0				^				0 000	2 222	
16:0		0.000	,	0		4		0.000	0.000	
17:0		0.000	1	0		4		0 000	0.000	
18:0		0.000	,	U		4		0.000	0.000	
20:0 22:0	-									
7.7.*U	y									

	<u>Ar</u>	mount in 100 gr	ams of edi	Amount in edible portion of common				
Nutrients and Units	Mean	Nun of I Std. Error Poi	ata Deriv		Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.000		0	7		0.000	0.000	
14:1g								
15:1g								
16:1 undifferentiatedg	0.000		0	4		0.000	0.000	
17:1g								
18:1 undifferentiatedg	0.000		0	4		0.000	0.000	
20:1g	0.000		0	4		0.000	0.000	
22:1 undifferentiatedg	0.000		0	4		0.000	0.000	
24:1 cg								
Fatty acids, total polyunsaturated	0.000		0	7		0.000	0.000	
18:2 undifferentiatedg	0.000		0	4		0.000	0.000	
18:3 undifferentiatedg	0.000		0	4		0.000	0.000	
18:4g	0.000		0	4		0.000	0.000	
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000		0	4		0.000	0.000	
20:5 n-3g	0.000		0	4		0.000	0.000	
22:5 n-3g	0.000		0	4		0.000	0.000	
22:6 n-3g	0.000		0	4		0.000	0.000	
Fatty acids, total transg								
Cholesterolmg	0		0	7		0	0	
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0		0	7		0.0	0.0	
Caffeinemg	0		0 FLA			0	0	
Theobrominemg	0		0 FLA	. 4		0	0	
Carotenoids:								
Carotene, betamcg	25		0 BNA	. 4		7.143	28.472	
Carotene, alphamcg	0		0 BNA	. 4		0.000	0.000	
Cryptoxanthin, betamcg	4		0 BNA	. 4		1.023	4.076	
Lycopenemcg	0		0 FLA	. 4		0.000	0.000	
Lutein + zeaxanthin mcg	56		0 FLA	. 4		15.838	63.130	

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	grams	of edik	ole portio	<u>n</u>	Amount in edible portion of common		
			Nι	ımber				<u>m</u>	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Unit	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	89.10		1		1		25.26	151.47	
Energy	kcal	39		0	NC	4		11	66	
Energy	kj	163				4		46	277	
Protein (N x 6.25)	g	0.10		6		1		0.03	0.17	
Total lipid (fat)	g	0.10		6		1		0.03	0.17	
Ash	g	0.20	0.000	6		1		0.06	0.34	
Carbohydrate, by difference	g	10.50		0	NC	4		2.98	17.85	
Fiber, total dietary	g	1.5		0		4		0.4	2.6	
Sugars, total	g									
Starch	g									
Minorale.										
<u>Minerals:</u> Calcium, Ca	ma	4		6		1		1	7	
Iron, Fe	-	0.10		6		1		0.03	0.17	
Magnesium, Mg	-	4		2		1		1	7	
Phosphorus, P		6		2		1		2	10	
Potassium, K	•	76		2		1		22	129	
Sodium, Na	_	2		2		1		1	3	
Zinc, Zn	-	0.03		2		1		0.01	0.05	
Copper, Cu		0.036	i	0		4		0.010	0.061	
Manganese, Mn	<u>mg</u>									
Selenium, Se	mcg	0.3		0	FLM	4		0.1	0.5	
Vitamins:										
Vitamin C, total ascorbic acid	ma	26.8		6		1		7.6	45.6	
Thiamin	-	0.022	•	6		1		0.006	0.037	
Riboflavin		0.022		6		1		0.008	0.046	
Niacin		0.027		6		1		0.022	0.134	
Pantothenic acid		0.104		0		4		0.029	0.177	
Vitamin B-6		0.039		6		1		0.011	0.066	
Folate, total		2		0		1		1	3	
Folic acid		0		0	z	7		0	0	
Folate, food		2		0		1		1	3	
Folate, DFE		2		0	NC	4		1	3	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU		21	6.000	6		1		6	36	
Vitamin A, RAE		1		0	NC	4		0	2	
Retinol	mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	nicg									
<u> </u>										
Fatty acids, total saturated	g	0.011		0		4		0.003	0.019	
4:0	g	0.000	)	0		4		0.000	0.000	
6:0	g	0.000	)	0		4		0.000	0.000	
8:0		0.000	)	0		4		0.000	0.000	
10:0	g	0.000		0		4		0.000	0.000	
12:0	_	0.000	)	0		4		0.000	0.000	
13:0	-									
14:0	_	0.000	)	0		4		0.000	0.000	
15:0										
16:0		0.008	3	0		4		0.002	0.014	
17:0						_		_		
18:0		0.002	?	0		4		0.001	0.003	
20:0	_									
22:0	g									

	<u>Ar</u>	mount in 100 grams	of edible portion	<u>on</u>	Amount in edible portion of common		
		Numbe of Data	r Deriv Source	Confidence	<u>m</u>	easures of food	
Nutrients and Units	Mean	Std. Error Points	Code Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.009	0	4		0.003	0.015	
14:1							
15:1g							
16:1 undifferentiatedg	0.000	0	4		0.000	0.000	
17:1g							
18:1 undifferentiatedg	0.008	0	4		0.002	0.014	
20:1g	0.000	0	4		0.000	0.000	
22:1 undifferentiatedg	0.000	0	4		0.000	0.000	
24:1 cg							
Fatty acids, total polyunsaturatedg	0.032	0	4		0.009	0.054	
18:2 undifferentiatedg	0.021	0	4		0.006	0.036	
18:3 undifferentiatedg	0.011	0	4		0.003	0.019	
18:4g	0.000	0	4		0.000	0.000	
20:2 n-6 c,cg							
20:3 undifferentiatedg							
20:4 undifferentiatedg	0.000	0	4		0.000	0.000	
20:5 n-3g	0.000	0	4		0.000	0.000	
22:5 n-3g	0.000	0	4		0.000	0.000	
22:6 n-3g	0.000	0	4		0.000	0.000	
Fatty acids, total trans							
Cholesterolmg	0	0	4		0	0	
Phytosterolsmg							
Others:							
Alcohol, ethylg	0.0	0	7		0.0	0.0	
Caffeine mg							
Theobromine mg							

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 g	<u>rams</u>	of edil	ole portio	<u>n</u>	Amount in edible portion of common			
			Nu	ımber				<u>m</u>	easures of food	<u> </u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Unit	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	89.50		1		1		25.37	101.14		
Energy	kcal	37		0	NC	4		10	42		
Energy	kj	155				4		44	175		
Protein (N x 6.25)	g	0.10		6		1		0.03	0.11		
Total lipid (fat)	g	0.10		6		1		0.03	0.11		
Ash	g	0.20	0.000	6		1		0.06	0.23		
Carbohydrate, by difference	g	10.10		0	NC	4		2.86	11.41		
Fiber, total dietary	g	1.5		0		4		0.4	1.7		
Sugars, total	g										
Starch	g										
Minerals:											
viinerais: Calcium, Ca	ma	4		6		1		1	5		
Iron, Fe	-	0.10		12		1		0.03	0.11		
Magnesium, Mg	-	3		2		1		1	3		
Phosphorus, P		6		2		1		2	7		
Potassium, K	_	78		2		1		22	88		
Sodium, Na	_	2		2		1		1	2		
Zinc, Zn	-	0.02		2		1		0.00	0.02		
Copper, Cu		0.035	5	0		4		0.010	0.040		
Manganese, Mn											
Selenium, Se	mcg	0.3		0	FLM	4		0.1	0.3		
vitamins:											
Vitamin C, total ascorbic acid	ma	28.1		6		1		8.0	31.8		
Thiamin	-	0.021		6		1		0.006	0.024		
Riboflavin		0.021		6		1		0.007	0.029		
Niacin		0.028		6		1		0.022	0.088		
Pantothenic acid		0.101		0		4		0.029	0.114		
Vitamin B-6		0.039		6		1		0.011	0.044		
Folate, total		2	0.100	3		1		1	2		
Folic acid		0		0	z	7		0	0		
Folate, food		2	0.100	3		1		1	2		
Folate, DFE		2		0	NC	4		1	2		
Vitamin B-12		0.00		0		4		0.00	0.00		
Vitamin A, IU		20	6.000	6		1		6	23		
Vitamin A, RAE		1		0	NC	4		0	1		
Retinol	mcg	0		0	Z	7		0	0		
Vitamin E (alpha-tocopherol)	mg										
Tocopherol, beta	mg										
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	Incy										
<u> ipids:</u>											
Fatty acids, total saturated	g	0.010	)	0		4		0.003	0.011		
4:0		0.000	)	0		4		0.000	0.000		
6:0	g	0.000	)	0		4		0.000	0.000		
8:0	g	0.000		0		4		0.000	0.000		
10:0	_	0.000		0		4		0.000	0.000		
12:0		0.000	)	0		4		0.000	0.000		
13:0											
14:0	g	0.000	)	0		4		0.000	0.000		
15:0											
16:0		0.008	3	0		4		0.002	0.009		
17:0											
18:0		0.002	2	0		4		0.001	0.002		
20:0	_										
22:0	a										

	<u>An</u>	nount in 100 grams	of edible portion	<u>on</u>	Amount in edible portion of common			
		Numbei	r		<u>m</u>	easures of food	·	
Nutrients and Units	Mean	of Data Std. Error Points		Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.009	0	4		0.003	0.010		
14:1g								
15:1	0.001	0	4		0.000	0.001		
18:1 undifferentiatedg	0.008	0	4		0.002	0.009		
20:1g	0.000	0	4		0.000	0.000		
22:1 undifferentiatedg	0.000	0	4		0.000	0.000		
24:1 cg								
Fatty acids, total polyunsaturated	0.032	0	4		0.009	0.036		
18:2 undifferentiatedg	0.021	0	4		0.006	0.024		
18:3 undifferentiatedg	0.012	0	4		0.003	0.014		
18:4g	0.000	0	4		0.000	0.000		
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	0	4		0.000	0.000		
20:5 n-3g	0.000	0	4		0.000	0.000		
22:5 n-3g	0.000	0	4		0.000	0.000		
22:6 n-3g	0.000	0	4		0.000	0.000		
Fatty acids, total transg								
Cholesterol mg	0	0	4		0	0		
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	0	7		0.0	0.0		
Caffeine mg								
Theobromine mg								

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	) grams	of edib	le portio	<u>n</u>		edible portion	
			ı	Number				<u>m</u> e	easures of food	
Nutrients and Un	its	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	83.14		0	PAE	4		13.30	141.34	141.34
Energy	kcal	66		0	PAE	4		11	112	112
Energy	kj	276				4		44	469	469
Protein	g	0.37		0	PAE	4		0.06	0.63	0.63
Total lipid (fat)	g	0.10		0	PAE	4		0.02	0.17	0.17
Ash	g	0.26		0	PAE	4		0.04	0.44	0.44
Carbohydrate, by difference	g	16.16		0	PAE	4		2.59	27.47	27.47
Fiber, total dietary	g	1.6		0	PAE	4		0.3	2.7	2.7
Sugars, total	g	4.35		0	BFSN	4		0.70	7.39	7.39
Starch	g									
Minavalse										
<u>Minerals:</u> Calcium, Ca	ma	5		0	PAE	4		1	9	9
Iron, Fe		0.24		0	PAE	4		0.04	0.41	0.4
Magnesium, Mg		9		0	PAE	4		1	15	15
Phosphorus, P		12		0	MA	12		2	20	20
Potassium, K		131		0	PAE	4		21	223	223
Sodium, Na		3		0	PAE	4		0	5	5
Zinc, Zn		0.05		0	PAE	4		0.01	0.09	0.0
Copper, Cu	mg	0.040	)	0	MA	12		0.006	0.068	0.0
Manganese, Mn	mg	0.100	)	0	MA	12		0.016	0.170	0.1
Selenium, Se	mcg	0.4		0	FLM	4		0.1	0.7	0.7
Vitamins:										
Vitamin C, total ascorbic acid	ma	17.3		0	PAE	4		2.8	29.4	29.4
Thiamin	-	0.010	)	0	PAE	4		0.002	0.017	0.0
Riboflavin		0.010		0	PAE	4		0.002	0.053	0.0
Niacin		0.163		0	PAE	4		0.026	0.277	0.2
Pantothenic acid		0.135		0	FLM	4		0.022	0.230	0.23
Vitamin B-6	-	0.100	)	0	MA	12		0.016	0.170	0.1
Folate, total	-	3		0	FLM	4		0	5	5
Folic acid		0		0	z	7		0	0	0
Folate, food		3		0	FLM	4		0	5	5
Folate, DFE	mcg_DFE	3		0	NC	4		0	5	5
Vitamin B-12	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, IU	IU	6		0	NC	4		1	10	10
Vitamin A, RAE		0		0	NC	4		0	0	0
Retinol		0		0	BNA	4		0	0	0
Vitamin E (alpha-tocopherol)	• • • • • • • • • • • • • • • • • • • •	0.02		0	FLA	4		0.00	0.03	0.03
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D.		0.3		0	BFSN	4		0.0	0.4	0.4
Vitamin K (phylloquinone)	nicg	0.3		U	DESN	4		0.0	0.4	0.4
<u>Lipids:</u>										
Fatty acids, total saturated	g	0.040	)	0	FLM	4		0.006	0.068	0.00
4:0	g	0.000	)	0	FLM	4		0.000	0.000	0.00
6:0	g	0.000	)	0	FLM	4		0.000	0.000	0.0
8:0	-	0.000		0	FLM	4		0.000	0.000	0.0
10:0		0.000		0	FLM	4		0.000	0.000	0.0
12:0		0.001	Ĺ	0	FLM	4		0.000	0.002	0.0
13:0	-									
14:0	_	0.001	L	0	FLM	4		0.000	0.002	0.0
15:0	_		_							
16:0		0.034	1	0	FLM	4		0.005	0.058	0.0
17:0	_			-		_				_
18:0	_	0.003	3	0	FLM	4		0.000	0.005	0.0
20:0	_									
22:0	g									

	<u>Ar</u>	nount in 10	0 grams	Amount in edible portion of common					
				Deriv	Source Code	Confidence Code	_	easures of food	
Nutrients and Units	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.010		0	FLM	4		0.002	0.017	0.017
14:1g	0.010		v		•		0.002	0.017	0.017
15:1g									
16:1 undifferentiated 9	0.002		0	FLM	4		0.000	0.003	0.003
17:1g									
18:1 undifferentiated	0.009		0	FLM	4		0.001	0.015	0.015
20:1g	0.000		0	FLM	4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000		0	FLM	4		0.000	0.000	0.000
24:1 cg									
Fatty acids, total polyunsaturated	0.050		0	FLM	4		0.008	0.085	0.085
18:2 undifferentiatedg	0.040		0	FLM	4		0.006	0.068	0.068
18:3 undifferentiatedg	0.011		0	FLM	4		0.002	0.019	0.019
18:4g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	FLM	4		0.000	0.000	0.000
20:5 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans									
Cholesterolmg	0		0	Z	7		0	0	0
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7		0.0	0.0	0.0
Caffeine mg	0		0	Z	7		0	0	0
Theobromine mg	0		0	Z	7		0	0	0
Carotenoids:									
Carotene, betamcg	3		0	BNA	4		0.405	4.302	4.302
Carotene, alphamcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta mcg	2		0	BNA	4		0.304	3.226	3.226
Lycopenemcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	8		0	BFSN	4		1.226	13.029	13.029

# **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 170g: 1 jar NFS

Measure 3 = 170g: 1 jar Beech-Nut Stage 3 (6 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	ırams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	ımber	•			<u>m</u>	easures of food	_	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	89.50		14		1		14.32	25.37	152.15	
Energy	kcal	37		0	NC	4		6	10	63	
Energy	kj	155				4		25	44	263	
Protein (N x 6.25)	g	0.00	0.000	43		1		0.00	0.00	0.00	
Total lipid (fat)	g	0.00	0.000	43		1		0.00	0.00	0.00	
Ash		0.20	0.000	42		1		0.03	0.06	0.34	
Carbohydrate, by difference	g	10.30		0	NC	4		1.65	2.92	17.51	
Fiber, total dietary	g	1.7		0		4		0.3	0.5	2.9	
Sugars, total	g	8.48		0	BFSN	4		1.36	2.41	14.42	
Starch	g										
Minerals:											
Calcium, Ca	ma	5	0.000	46		1		1	1	9	
Iron, Fe	_	0.22	0.010	40		1		0.04	0.06	0.37	
Magnesium, Mg	_	3		2		1		0	1	5	
Phosphorus, P		6		3		1		1	2	10	
Potassium, K	_	77		16		1		12	22	131	
Sodium, Na		2	1.000	17		1		0	1	3	
Zinc, Zn	mg	0.04		3		1		0.01	0.01	0.07	
Copper, Cu		0.035		0		1		0.006	0.010	0.06	
Manganese, Mn	mg										
Selenium, Se	mcg	0.3		0	BFZN	4		0.0	0.1	0.5	
Vitamins:											
Vitamin C, total ascorbic acid	ma	37.8	1.300	35		1		6.0	10.7	64.3	
Thiamin	_	0.012		37		1		0.002	0.003	0.02	
Riboflavin	-	0.012		34		1		0.002	0.003	0.02	
Niacin		0.063		18		1		0.010	0.018	0.10	
Pantothenic acid	_	0.100		0		1		0.016	0.028	0.17	
Vitamin B-6	-	0.030		31		1		0.005	0.009	0.05	
Folate, total		2		0		1		0	0	3	
Folic acid		0		0	z	7		0	0	0	
Folate, food		2		0		1		0	0	3	
Folate, DFE		2		0	NC	4		0	0	3	
Vitamin B-12		0.00		0		4		0.00	0.00	0.00	
Vitamin A, IU		6		0	NC	4		1	2	10	
Vitamin A, RAE	mcg_RAE	0		0	NC	4		0	0	0	
Retinol		0		0	Z	7		0	0	0	
Vitamin E (alpha-tocopherol)	mg	0.11		0	BFSN	4		0.02	0.03	0.18	
Tocopherol, beta	mg										
Tocopherol, gamma	mg										
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	0.3		0	BFSN	4		0.0	0.1	0.5	
Lipids:											
Fatty acids, total saturated	а	0.000		0		7		0.000	0.000	0.00	
4:0		0.000		0		4		0.000	0.000	0.00	
6:0		0.000		0		4		0.000	0.000	0.00	
8:0	-	0.000		0		4		0.000	0.000	0.00	
10:0	-	0.000		0		4		0.000	0.000	0.00	
12:0	_	0.000		0		4		0.000	0.000	0.00	
13:0											
14:0	_	0.000		0		4		0.000	0.000	0.00	
15:0											
16:0		0.000		0		4		0.000	0.000	0.00	
17:0	_										
18:0		0.000		0		4		0.000	0.000	0.00	
20:0											
22:0	-										
24:0	q										

		<u>Ar</u>	nount in 10	00 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Un	its	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated.		0.000		0		7		0.000	0.000	0.000	
14:1											
15:1		0.000		0		4		0.000	0.000	0.000	
16:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000		U		4		0.000	0.000	0.000	
18:1 undifferentiated	-	0.000		0		4		0.000	0.000	0.000	
20:1		0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiated	-	0.000		0		4		0.000	0.000	0.000	
24:1 c	•	0.000		U		-		0.000	0.000	0.000	
Fatty acids, total polyunsaturated		0.000		0		7		0.000	0.000	0.000	
18:2 undifferentiated		0.000		0		4		0.000	0.000	0.000	
18:3 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	0.000	
18:4	-	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c.c.	-	0.000		·		-		0.000	0.000	0.000	
20:3 undifferentiated											
20:4 undifferentiated	-	0.000		0		4		0.000	0.000	0.000	
20:5 n-3	g	0.000		0		4		0.000	0.000	0.000	
22:5 n-3	g	0.000		0		4		0.000	0.000	0.000	
22:6 n-3	g	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total trans	g										
Cholesterol	mg	0		0		7		0	0	0	
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0	
Caffeine	mg	0		0	BFSN	4		0	0	0	
Theobromine	mg	0		0	BFSN	4		0	0	0	
Carotenoids:											
Carotene, beta	mcg	2		0	BFSN	4		0.395	0.700	4.196	
Carotene, alpha	-	0		0	BFSN	4		0.000	0.000	0.000	
Cryptoxanthin, beta		2		0	BFSN	4		0.296	0.525	3.147	
Lycopene		0		0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin		9		0	BFSN	4		1.464	2.595	15.560	

# **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	ırams	of edib	le portio	<u>n</u>		edible portion	
			Nu	mber	r			<u>m</u>	easures of food	<u>.</u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	86.70		0	T	4		13.87	24.58	97.97
Energy	kcal	48		0	NC	4		8	14	54
Energy	kj	201		0	NC	4		32	57	227
Protein (N x 6.25)	g	0.20	0.000	18		1		0.03	0.06	0.23
Total lipid (fat)	g	0.20	0.000	18		1		0.03	0.06	0.23
Ash		0.20	0.000	42		1		0.03	0.06	0.23
Carbohydrate, by difference	g	12.70		0	NC	4		2.03	3.60	14.35
Fiber, total dietary	g	1.7		0		4		0.3	0.5	1.9
Sugars, total	g	9.87		0	BFSN	4		1.58	2.80	11.16
Starch	g									
Minerals:										
Calcium, Ca	mg	4		43		1		1	1	5
Iron, Fe	-	0.22	0.010	41		1		0.04	0.06	0.25
Magnesium, Mg	-	3	0.000	4		1		0	1	3
Phosphorus, P		7		5		1		1	2	8
Potassium, K	-	71		18		1		11	20	80
Sodium, Na		2	0.000	19		1		0	1	2
Zine, Zn	mg	0.02	0.003	19		1		0.00	0.01	0.03
Copper, Cu		0.038	1	16		1		0.006	0.011	0.04
Manganese, Mn	mg									
Selenium, Se	mcg	0.3		0	BFZN	4		0.0	0.1	0.3
Vitamins:										
Vitamin C, total ascorbic acid	ma	38.3	1.300	36		1		6.1	10.9	43.3
Thiamin	-	0.012		34		1		0.002	0.003	0.01
Riboflavin	-	0.028		34		1		0.004	0.008	0.03
Niacin		0.061		18		1		0.010	0.017	0.06
Pantothenic acid	-	0.110		4		1		0.018	0.031	0.12
Vitamin B-6	-	0.031		35		1		0.005	0.009	0.03
Folate, total		2	0.100	6		1		0	1	2
Folic acid		0		0	Z	7		0	0	0
Folate, food		2	0.100	6		1		0	1	2
Folate, DFE		2		0	NC	4		0	1	2
Vitamin B-12		0.00		0		4		0.00	0.00	0.00
Vitamin A, IU		28		0	NC	4		5	8	32
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	0	2
Retinol		0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.21		0	BFSN	4		0.03	0.06	0.23
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta										
Vitamin D						_				
Vitamin K (phylloquinone)	mcg	0.5		0	BFSN	4		0.1	0.2	0.6
Lipids:										
Fatty acids, total saturated	g	0.032	!	0		4		0.005	0.009	0.03
4:0		0.000	1	0		4		0.000	0.000	0.00
6:0		0.000	1	0		4		0.000	0.000	0.00
8:0	g	0.000	1	0		4		0.000	0.000	0.00
10:0	g	0.000	1	0		4		0.000	0.000	0.00
12:0	g	0.000	)	0		4		0.000	0.000	0.00
13:0										
14:0	g	0.000	1	0		4		0.000	0.000	0.00
15:0										
16:0		0.028	1	0		4		0.004	0.008	0.03
17:0	g									
18:0		0.004	ŀ	0		4		0.001	0.001	0.00
20:0	g									
22:0	g									
24:0	a									

	<u>An</u>	ount in 10	Number	Amount in edible portion of common measures of food					
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.008		0		4		0.001	0.002	0.009
14:1g	0.000		·		-		0.001	0.002	0.005
15:1g									
16:1 undifferentiated	0.000		0		4		0.000	0.000	0.000
17:1g									
18:1 undifferentiatedg	0.008		0		4		0.001	0.002	0.009
20:1g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
24:1 cg									
Fatty acids, total polyunsaturatedg	0.056		0		4		0.009	0.016	0.063
18:2 undifferentiatedg	0.048		0		4		0.008	0.014	0.054
18:3 undifferentiatedg	0.012		0		4		0.002	0.003	0.014
18:4g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
20:5 n-3g	0.000		0		4		0.000	0.000	0.000
22:5 n-3g	0.000		0		4		0.000	0.000	0.000
22:6 n-3g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total transg									
Cholesterolmg	0		0		7		0	0	0
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobrominemg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene beta mcg	12		0	BFSN	4		1.981	3.511	13.993
Carotene, alphamcg	0		0	BFSN	4		0.000	0.000	0.000
Cryptoxanthin, beta mcg	9		0	BFSN	4		1.486	2.633	10.495
Lycopene mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	17		0	BFSN	4		2.787	4.938	19.682

# **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

Nutrients and Units  Proximates: Water Energy Energy Protein (N x 6.25) Total lipid (fat) Ash Carbohydrate, by difference Fiber, total dietary Sugars, total.	g kcal kj g g	82.10 63 264 0.30 0.00		oints	Deriv	Source Code	Confidence Code	Measure 1	easures of food Measure 2	•
Proximates:  Water	g kcal kj g g	82.10 63 264 0.30		oints				Measure 1	Measure 2	Measure 3
Proximates:  Water	g kcal kj g g	82.10 63 264 0.30	Std. Error Po	14	Code	Code	Code	Measure 1	Measure 2	Measure 3
Water	kj g g g	63 264 0.30								
Energy	kj g g g	63 264 0.30								
Energy	kj g g	264 0.30		_		1		12.32	23.28	139.57
Protein (N x 6.25)	g g g	0.30		0	NC	4		9	18	107
Total lipid (fat)	g g					4		40	75	448
AshCarbohydrate, by differenceFiber, total dietary	g	0 00		14		1		0.05	0.09	0.51
Carbohydrate, by difference		0.00		14		1		0.00	0.00	0.00
Fiber, total dietary	q	0.40	0.000	24		1		0.06	0.11	0.68
		17.30		0	NC	4		2.60	4.90	29.41
Sugars, total	g	1.5		0		4		0.2	0.4	2.6
	g	11.80		0	0	4		1.77	3.35	20.06
Starch	g									
Minorals:										
Minerals: Calcium, Ca	ma	8	1.000	22		1		1	2	14
Iron, Fe	-	0.27	0.020	22		1		0.04	0.08	0.46
Magnesium, Mg	-	4	0.020	1		1		1	1	7
Phosphorus, P		10		2		1		2	3	17
Potassium, K	-	125		15		1		19	35	213
Sodium, Na		6	1.000	17		1		1	2	10
Zinc, Zn	mg	0.04		1		1		0.01	0.01	0.07
Copper, Cu	mg	0.036		0		4		0.005	0.010	0.06
Manganese, Mn	mg									
Selenium, Se	mcg	0.3		0	FLM	4		0.0	0.1	0.5
Vitamins:										
Vitamin C, total ascorbic acid	ma	17.9	1.400	23		1		2.7	5.1	30.4
Thiamin	-	0.008		28		1		0.001	0.002	0.01
Riboflavin	-	0.000		29		1		0.001	0.002	0.02
Niacin		0.196		29		1		0.029	0.056	0.33
Pantothenic acid	-	0.138		0		1		0.021	0.039	0.23
Vitamin B-6	_	0.028		13		1		0.004	0.008	0.04
Folate, total		2		0		1		0	0	3
Folic acid		0		0	z	7		0	0	0
Folate, food		2		0		1		0	0	3
Folate, DFE		2		0	NC	4		0	0	3
Vitamin B-12		0.00		0		4		0.00	0.00	0.00
Vitamin A, IU		723		16		1		108	205	1229
Vitamin A, RAE	mcg_RAE	36		0	NC	4		5	10	61
Retinol		0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.60		0	NR	4		0.09	0.17	1.02
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		0.4		•				0.1		
Vitamin K (phylloquinone)	mcg	0.4		0	BFSN	4		0.1	0.1	0.7
<u>Lipids:</u>										
Fatty acids, total saturated	g	0.000		0		7		0.000	0.000	0.00
4:0		0.000		0		4		0.000	0.000	0.00
6:0	g	0.000		0		4		0.000	0.000	0.00
8:0	g	0.000		0		4		0.000	0.000	0.00
10:0	g	0.000		0		4		0.000	0.000	0.00
12:0		0.000		0		4		0.000	0.000	0.00
13:0										
14:0	g	0.000		0		4		0.000	0.000	0.00
15:0										
16:0	g	0.000		0		4		0.000	0.000	0.00
17:0										
18:0		0.000		0		4		0.000	0.000	0.00
20:0	_									
22:0 24:0	_									

	<u>Am</u>		mber	Amount in edible portion of common measures of food					
Nutrients and Units	Mean	of Std. Error Po			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.000		0		7		0.000	0.000	0.000
14:1g	0.000		U		,		0.000	0.000	0.000
15:1g									
16:1 undifferentiated	0.000		0		4		0.000	0.000	0.000
17:1g									
18:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
20:1g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
24:1 cg									
Fatty acids, total polyunsaturated	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
18:4g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
20:5 n-3g	0.000		0		4		0.000	0.000	0.000
22:5 n-3g	0.000		0		4		0.000	0.000	0.000
22:6 n-3g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total transg									
Cholesterolmg	0		0		7		0	0	0
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobrominemg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, betamcg	411		0	BNA	4		61.593	116.411	698.053
Carotene, alphamcg	7		0	BNA	4		1.070	2.022	12.127
Cryptoxanthin, betamcg	39		0	BNA	4		5.884	11.121	66.687
Lycopene mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	12		0	BFSN	4		1.727	3.265	19.577

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	<u>rams</u>	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	ımber				<u>m</u>	easures of food	<u> </u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	83.10	0.400	17		1		12.47	23.56	93.90	
Energy	kcal	60		0	NC	4		9	17	67	
Energy	kj	250		0	NC	4		37	71	282	
Protein (N x 6.25)	g	0.30		14		1		0.05	0.09	0.34	
Total lipid (fat)	g	0.00		14		1		0.00	0.00	0.00	
Ash	g	0.30	0.000	18		1		0.05	0.09	0.34	
Carbohydrate, by difference	g	16.30		0	NC	4		2.45	4.62	18.42	
Fiber, total dietary		1.5		0		4		0.2	0.4	1.7	
Sugars, total	g	1.41		0	BFSN	4		0.21	0.40	1.59	
Starch	g										
Ainerals:											
Calcium, Ca	mg	9	1.000	16		1		1	3	10	
Iron, Fe	_	0.30	0.040	17		1		0.05	0.09	0.3	
Magnesium, Mg	_	4		2		1		1	1	5	
Phosphorus, P		10		2		1		2	3	11	
Potassium, K	mg	121		15		1		18	34	137	
Sodium, Na	mg	8	1.000	20		1		1	2	9	
Zinc, Zn	mg	0.05		2		1		0.01	0.01	0.0	
Copper, Cu	mg	0.034		2		1		0.005	0.010	0.0	
Manganese, Mn	mg										
Selenium, Se	mcg	0.3		1	FLM	4		0.0	0.1	0.3	
<u>'itamins:</u>											
Vitamin C, total ascorbic acid	mg	21.6	1.800	11		1		3.2	6.1	24.4	
Thiamin	mg	0.008		13		1		0.001	0.002	0.0	
Riboflavin	mg	0.013	0.000	15		1		0.002	0.004	0.0	
Niacin	mg	0.195	0.003	16		1		0.029	0.055	0.2	
Pantothenic acid	<u>mg</u>	0.130		4		1		0.020	0.037	0.1	
Vitamin B-6	mg	0.030	0.000	8		1		0.005	0.009	0.0	
Folate, total	mcg	2	0.100	9		1		0	0	2	
Folic acid	mcg	0		0	Z	7		0	0	0	
Folate, food		2		0	NR	4		0	0	2	
Folate, DFE	mcg_DFE	2		0	NC	4		0	0	2	
Vitamin B-12		0.00		0		4		0.00	0.00	0.0	
Vitamin A, IU	IU	725		0	NC	4		109	206	819	
Vitamin A, RAE		36		0	NC	4		5	10	41	
Retinol	mcg	0		0	Z	7		0	0	0	
Vitamin E (alpha-tocopherol)	mg	0.10		0	FLA	4		0.02	0.03	0.1	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta	mg										
Vitamin D Vitamin K (phylloquinone)		0.4		0	BFSN	4		0.1	0.1	0.5	
	g	0.4		Ü	DISN	-		0.1	0.1	0.5	
ipids:	<b>a</b>	0 000		0	NC	4		0.000	0.000	0.0	
Fatty acids, total saturated 4:0		0.000		0	NC	4		0.000	0.000	0.0	
6:0	-	0.000		0		4		0.000	0.000	0.0	
8:0	-	0.000		0		4		0.000	0.000	0.0	
8:0 10:0		0.000		0		<u>4</u> 1		0.000	0.000	0.0	
12:0	-	0.000		0		4		0.000	0.000	0.0	
13:0		0.000		J		4		0.000	0.000	0.0	
14:0		0.000		0		4		0.000	0.000	0.0	
		0.000		U		-		0.000	0.000	0.0	
15:0 16:0		0.000		0		4		0.000	0.000	0.0	
	_	0.000		J		-		0.000	0.000	0.0	
17:0 18:0		0.000		0		4		0.000	0.000	0.0	
		0.000		J		4		0.000	0.000	0.0	
20:0	-										
22:0 24:0	-										

	<u>Ar</u>	nount in 10	00 grams Number		e portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.000		0	NC	4		0.000	0.000	0.000	
14:1g	0.000		•		-		0.000	0.000	0.000	
15:1g										
16:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
17:1g										
18:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
20:1g	0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturated	0.000		0	FLM	4		0.000	0.000	0.000	
18:2 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
18:3 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
18:4g	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
20:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:6 n-3g	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total transg										
Cholesterolmg	0		0		7		0	0	0	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0		7		0.0	0.0	0.0	
Caffeine mg	0		0	BFSN	4		0	0	0	
Theobrominemg	0		0	BFSN	4		0	0	0	
Carotenoids:										
Carotene beta mcg	412		0	BNA	4		61.763	116.733	465.284	
Carotene, alphamcg	7		0	BNA	4		1.073	2.028	8.083	
Cryptoxanthin, betamcg	39		0	BNA	4		5.900	11.152	44.450	
Lycopene mcg	0		0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	11		0	BFSN	4		1.631	3.082	12.286	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03156 Babyfood, fruit, bananas and pineapple with tapioca, junior

		<u>Aı</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	ımber	r			<u>m</u>	easures of food	<u> </u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	81.10		14		1		12.17	22.99	137.87	
Energy	kcal	68		0	NC	4		10	19	116	
Energy	kj	285				4		43	81	484	
Protein (N x 6.25)	g	0.20	0.000	17		1		0.03	0.06	0.34	
Total lipid (fat)	g	0.10	0.000	17		1		0.02	0.03	0.17	
Ash		0.20	0.000	18		1		0.03	0.06	0.34	
Carbohydrate, by difference	g	18.40		0	NC	4		2.76	5.22	31.28	
Fiber, total dietary	g	1.6		0		4		0.2	0.5	2.7	
Sugars, total	g	8.41		0	FLA	4		1.26	2.38	14.29	
Starch	g										
Ainerals:											
Calcium, Ca	mg	7	1.000	12		1		1	2	12	
Iron, Fe	_	0.13	0.010	12		1		0.02	0.04	0.2	
Magnesium, Mg	_	6		2		1		1	2	10	
Phosphorus, P		5		2		1		1	1	9	
Potassium, K	_	78		15		1		12	22	133	
Sodium, Na		8	1.000	21		1		1	2	14	
Zinc, Zn	-	0.03		2		1		0.00	0.01	0.0	
Copper, Cu		0.040	ı	1		1		0.006	0.011	0.0	
Manganese, Mn											
Selenium, Se		0.6		0	BFZN	4		0.1	0.2	1.0	
itamins:											
Vitamin C, total ascorbic acid	ma	21.2	1.400	14		1		3.2	6.0	36.0	
Thiamin	_	0.015		14		1		0.002	0.004	0.0	
Riboflavin	-	0.013		15		1		0.002	0.004	0.0	
		0.019		14		1		0.003	0.005	0.0	
Niacin Pantothenic acid	_	0.182		0		4		0.027	0.032	0.3	
Vitamin B-6	-	0.140		6		1		0.022	0.042	0.2	
Folate, total		6	0.700	9		1		1	2	9	
Folic acid		0	0.700	0	z	7		0	0	0	
Folate, food		6	0.700	9	_	1		1	2	9	
Folate, DFE		6	0.700	0	NC	4		1	2	9	
Vitamin B-12		0.00		0	NC	4		0.00	0.00	0.0	
Vitamin A, IU		40		7		1		6	11	68	
Vitamin A, RAE	mca RAF	2		0	NC	4		0	1	3	
Retinol		0		0	BNA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.02		0	FLA	4		0.00	0.01	0.0	
Tocopherol, beta		0.02		·		-		0.00	0.02		
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D	IU										
Vitamin K (phylloquinone)	<u>mcg</u>	0.6		0	FLA	4		0.1	0.2	1.0	
ipids:											
Fatty acids, total saturated	a	0.036		0		4		0.005	0.010	0.0	
4:0		0.000		0		4		0.000	0.000	0.0	
6:0		0.000		0		4		0.000	0.000	0.0	
8:0	-	0.000		0		4		0.000	0.000	0.0	
10:0	-	0.000		0		4		0.000	0.000	0.0	
12:0		0.000		0		4		0.000	0.000	0.0	
13:0		5.000		•		-		2.000	3.000	0.0	
14:0		0.001		0		4		0.000	0.000	0.0	
15:0				-		=		2.000	0.000		
16:0		0.024		0		4		0.004	0.007	0.0	
17:0	_			-		=					
18:0		0.001		0		4		0.000	0.000	0.0	
20:0				-							
22:0	-										
24:0	-										

	<u>Am</u>	ount in 100 grams	of edib	ole portio	<u>n</u>	Amount in edible portion of common			
Nutrients and Units	Mean	Number of Data Std. Error Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.009	0		4		0.001	0.003	0.015	
14:1g	0.005	•		-		0.001	0.003	0.020	
15:1g									
16:1 undifferentiated 9	0.002	0		4		0.000	0.001	0.003	
17:1g									
18:1 undifferentiated	0.006	0		4		0.001	0.002	0.010	
20:1g	0.000	0		4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	0.000	
24:1 cg									
Fatty acids, total polyunsaturated	0.020	0		4		0.003	0.006	0.034	
18:2 undifferentiatedg	0.012	0		4		0.002	0.003	0.020	
18:3 undifferentiatedg	0.008	0		4		0.001	0.002	0.014	
18:4g	0.000	0		4		0.000	0.000	0.000	
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000	0		4		0.000	0.000	0.000	
20:5 n-3g	0.000	0		4		0.000	0.000	0.000	
22:5 n-3g	0.000	0		4		0.000	0.000	0.000	
22:6 n-3g	0.000	0		4		0.000	0.000	0.000	
Fatty acids, total transg									
Cholesterolmg	0	0		7		0	0	0	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0	0		7		0.0	0.0	0.0	
Caffeinemg	0	0	FLA	4		0	0	0	
Theobrominemg	0	0	FLA	4		0	0	0	
Carotenoids:									
Carotene, betamcg	23	0	BNA	4		3.492	6.600	39.579	
Carotene, alphamcg	1	0	BNA	4		0.215	0.407	2.441	
Cryptoxanthin, betamcg	0	0	BNA	4		0.000	0.000	0.000	
Lycopene mcg	0	0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	2	0	FLA	4		0.228	0.431	2.585	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03157 Babyfood, fruit, bananas and pineapple with tapioca, strained

		<u>A</u>	mount in 100 g	rams	oi eail	ne portic	<u>лі</u>	Amount in edible portion of common			
			Nu	mber				<u>m</u>	easures of food	_	
			of	Data	Deriv	Source	Confidence				
Nutrients and Un	its	Mean	Std. Error Po	ints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:		01 70						10.06			
Water	=	81.70		14		1		12.26	23.16	92.32	
Energy		65		0	NC	4		10	18	73	
Energy		272	0.000			4		41	77	307	
Protein (N x 6.25)		0.20	0.000	17		1		0.03	0.06	0.23	
Total lipid (fat)		0.00 0.53		17 0	FLA	1 4		0.00	0.00	0.00	
Ash				0	NC	4		0.08	0.15		
Carbohydrate, by difference		17.80 1.6		0	NC	4		2.67 0.2	5.05 0.5	20.11 1.8	
Fiber, total dietary				0		4		1.61		12.12	
Sugars, total		10.73 3.92		0	FLA FLA	4		0.59	3.04	4.43	
Sucrose	9			0		4			1.11	3.79	
Glucose (dextrose)	9	3.35		0	FLA			0.50	0.95		
Fructose	y	3.44		-	FLA	4		0.52	0.98	3.89	
Lactose		0.00 0.01		0	FLA FLA	4 4		0.00 0.00	0.00	0.00 0.01	
Maltose				0					0.00		
Galactose		0.00		U	FLA	4		0.00	0.00	0.00	
Starch	g										
Minerals:											
Calcium, Ca	-	7	0.000	28		1		1	2	8	
Iron, Fe		0.23	0.020	28		1		0.03	0.07	0.26	
Magnesium, Mg		6		1		1		1	2	7	
Phosphorus, P		5		2		1		1	1	6	
Potassium, K		68 6	1.000	15 19		1 1		10 1	19 2	77 7	
Sodium, Na		0.04	1.000	19		1		0.01	0.01	0.05	
Zinc, Zn Copper, Cu		0.04	2	0		1		0.01	0.01	0.03	
Manganese, Mn		0.033	•	U		1		0.006	0.011	0.04	
Selenium, Se		0.6		0	BFZN	4		0.1	0.2	0.7	
Vitamins:											
Vitamin C, total ascorbic acid	mg	19.2		30		1		2.9	5.4	21.7	
Thiamin	mg	0.019	0.000	29		1		0.003	0.005	0.02	
Riboflavin	mg	0.019	0.000	29		1		0.003	0.005	0.02	
Niacin	<u>mg</u>	0.168	0.016	29		1		0.025	0.048	0.19	
Pantothenic acid	mg	0.143	3	0		4		0.021	0.041	0.16	
Vitamin B-6		0.082	2	5		1		0.012	0.023	0.09	
Folate, total		18		0	FLA	4		3	5	20	
Folic acid	mcg	0		0	FLA	4		0	0	0	
Folate, food		18		0	FLA	4		3	5	20	
Folate, DFE		18		0	NC	4		3	5	20	
Vitamin B-12	-	0.00		0		4		0.00	0.00	0.00	
Vitamin A, IU		60		0	NC	4		9	17	68	
Vitamin A, RAE		3		0	NC	4		0	1	3	
Retinol		0		0	Z	7		0	0	0	
Vitamin E (alpha-tocopherol)		0.06		0	FLA	4		0.01	0.02	0.07	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, deltaVitamin D											
Vitamin K (phylloquinone)		0.6		0	FLA	4		0.1	0.2	0.7	
	-										
Lipids: Fatty acids, total saturated	a	0.000	1	0		7		0.000	0.000	0.00	
4:0	_	0.000		0		4		0.000	0.000	0.00	
6:0		0.000		0		4		0.000	0.000	0.00	
8:0	_	0.000		0		4		0.000	0.000	0.00	
10:0		0.000		0		4		0.000	0.000	0.00	
12:0		0.000		0		4		0.000	0.000	0.00	
13:0		0.000	-	•		-		0.000	0.000	0.00	
14:0		0.000	1	0		4		0.000	0.000	0.00	
14.0	g	0.000	•	v		-		0.000	0.000	0.00	

Nutrients and Units		Number	of edib	Amount in edible portion of common measures of food				
17:0       9         18:0       9       0.0         20:0       9         22:0       9         24:0       9         Fatty acids, total monounsaturated       9         14:1       9         15:1       9         16:1 undifferentiated       9       0.0         17:1       9         18:1 undifferentiated       9       0.0         20:1       9       0.0         22:1 undifferentiated       9       0.0         24:1 c       9       0.0         Fatty acids, total polyunsaturated       9       0.0         18:2 undifferentiated       9       0.0         18:3 undifferentiated       9       0.0         18:4       9       0.0         20:2 n-6 c,c       9       9         20:3 undifferentiated       9       0.0         20:2 n-6 c,c       9       0.0         20:2 n-6 c,c       9       0.0         20:2 n-6 c,c       9       0.0         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3 <th>Std. Erro</th> <th>of Data or Points</th> <th></th> <th>Code</th> <th>Confidence Code</th> <th>Measure 1</th> <th>Measure 2</th> <th>Measure 3</th>	Std. Erro	of Data or Points		Code	Confidence Code	Measure 1	Measure 2	Measure 3
18:0       9       0.0         20:0       9         22:0       9         24:0       9         Fatty acids, total monounsaturated       9         15:1       9         15:1       9         16:1 undifferentiated       9         17:1       9         18:1 undifferentiated       9         20:1       9         20:1       9         22:1 undifferentiated       9         24:1 c       9         Fatty acids, total polyunsaturated       9         18:2 undifferentiated       9         18:3 undifferentiated       9         20:2 n-6 c,c       9         20:3 undifferentiated       9         20:4 undifferentiated       9         20:4 undifferentiated       9         20:5 n-3       9         22:5 n-3       9         22:5 n-3       9         22:6 n-3       9         22:6 n-3       9         Phytosterols       mg         Others:         Alcohol, ethyl       9         Caffeine       mg         O       0         0       0	00	0		4		0.000	0.000	0.000
20:0	00	0		4		0.000	0.000	0.000
24:0		•		-		0.000	0.000	
Fatty acids, total monounsaturated								
14:1	20	0		7		0.000	0.000	0.000
16:1 undifferentiated       9       0.0         17:1       9         18:1 undifferentiated       9       0.0         20:1       9       0.0         22:1 undifferentiated       9       0.0         24:1 c       9       0.0         Fatty acids, total polyunsaturated       9       0.0         18:2 undifferentiated       9       0.0         18:3 undifferentiated       9       0.0         18:4       9       0.0         20:2 n-6 c,c       9       0.0         20:3 undifferentiated       9       0.0         20:4 undifferentiated       9       0.0         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       0.0         Cholesterol       mg       0         Phytosterols       mg       0         Others:       Alcohol, ethyl       9       0.0         Caffeine       mg       0         Theobromine       mg       0	70	U		,		0.000	0.000	0.000
18:1 undifferentiated       g       0.0         20:1       g       0.0         22:1 undifferentiated       g       0.0         24:1 c       g       0.0         Fatty acids, total polyunsaturated       g       0.0         18:2 undifferentiated       g       0.0         18:3 undifferentiated       g       0.0         18:4       g       0.0         20:2 n-6 c,c       g       g         20:3 undifferentiated       g       0.0         20:4 undifferentiated       g       0.0         20:5 n-3       g       0.0         22:5 n-3       g       0.0         22:6 n-3       g       0.0         Fatty acids, total trans       g       0         Cholesterol       mg       0         Phytosterols       mg       0         Others:       Alcohol, ethyl       g       0.0         Caffeine       mg       0         Theobromine       mg       0	)0	0		4		0.000	0.000	0.000
22:1 undifferentiated       9       0.0         24:1 c       9         Fatty acids, total polyunsaturated       9       0.0         18:2 undifferentiated       9       0.0         18:3 undifferentiated       9       0.0         18:4       9       0.0         20:2 n-6 c,c       9       20:3 undifferentiated       9         20:4 undifferentiated       9       0.0         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       0         Cholesterol       mg       0         Phytosterols       mg       0         Others:       Alcohol, ethyl       9       0.0         Caffeine       mg       0         Theobromine       mg       0         Carotenoids:       0       0	00	0		4		0.000	0.000	0.000
24:1 c	00	0		4		0.000	0.000	0.000
Fatty acids, total polyunsaturated	00	0		4		0.000	0.000	0.000
18:2 undifferentiated       9       0.0         18:3 undifferentiated       9       0.0         18:4       9       0.0         20:2 n-6 c,c.       9         20:3 undifferentiated       9         20:4 undifferentiated       9         20:5 n-3       9         22:5 n-3       9         22:6 n-3       9         Cholesterol       mg         Phytosterols       mg         Others:         Alcohol, ethyl       9         Caffeine       mg         Theobromine       mg         Otheroids:								
18:3 undifferentiated.       9       0.0         18:4	57	0	FLA	4		0.009	0.016	0.064
18:4	)0	0		4		0.000	0.000	0.000
20:2 n-6 c,c	)0	0		4		0.000	0.000	0.000
20:3 undifferentiated	)0	0		4		0.000	0.000	0.00
20:4 undifferentiated								
20:5 n-3.								
22:5 n-3       g       0.0         22:6 n-3       g       0.0         Fatty acids, total trans       g         Cholesterol       mg       0         Phytosterols       mg         Others:         Alcohol, ethyl       g       0.0         Caffeine       mg       0         Theobromine       mg       0         Carotenoids:       0       0		0		4		0.000	0.000	0.00
22:6 n-3       g       0.0         Fatty acids, total trans.       g         Cholesterol.       mg       0         Phytosterols.       mg         Others:       S         Alcohol, ethyl.       g       0.0         Caffeine.       mg       0         Theobromine.       mg       0         Carotenoids:       0		0		4		0.000	0.000	0.00
Fatty acids, total trans.       g         Cholesterol.       mg         Phytosterols       mg         Dthers:       State of the property of		0		4		0.000	0.000	0.00
Cholesterol.         mg         0           Phytosterols.         mg           Dthers:         State of the properties of the propertie	)0	0		4		0.000	0.000	0.00
Phytosterols         mg           Others:         State of the control of								
Others:         9         0.0           Alcohol, ethyl		0		7		0	0	0
Alcohol, ethyl.         g         0.0           Caffeine.         mg         0           Theobromine.         mg         0           Carotenoids:         0								
Alcohol, ethyl.         g         0.0           Caffeine.         mg         0           Theobromine.         mg         0           Carotenoids:         0								
Caffeine         mg         0           Theobromine         mg         0           Carotenoids:         0		0		7		0.0	0.0	0.0
Theobrominemg 0 Carotenoids:		0	FLA	4		0	0	0
Carotenoids:		0	FLA	4		0	0	0
		-				-	-	-
Carotene, beta mcg 30		0	FLA	4		4.464	8.437	33.628
Carotene, alphamcg 12		0	FLA	4		1.866	3.527	14.057
Cryptoxanthin, betamcg 0		0	FLA	4		0.000	0.000	0.000
Lycopene mcg 0		Ö	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin. mcg 11		0	FLA	4		1.621	3.064	12.213

#### **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

Refuse: 0%

		<u>A</u> 1	mount in 100	0 grams	of edib	ole portio	<u>on</u>	Amount in edible portion of common			
			ļ	Number				<u>m</u>	easures of food	<u>.</u>	
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	-	79.00		1	MA	12		11.85	89.27	89.27	
Energy		83		0	MC	9		12	94	94	
Energy	kj	347				9		52	392	392	
Protein	-	0.90		1	MA	12		0.14	1.02	1.02	
Total lipid (fat)		0.22		0	FLM			0.03	0.25	0.25	
Ash		0.57		1	MA	12		0.09	0.64	0.64	
Carbohydrate, by difference		19.70		0	MC	9		2.96	22.26	22.26	
Fiber, total dietary		1.4		1	MA	12		0.2	1.6	1.6	
Sugars, total		12.76		0	FLA	4		1.91	14.42	14.42	
Starch	g										
Minerals:											
Calcium, Ca	mg	5		1	MA	12		1	6	6	
Iron, Fe	-	0.30		1	MA	12		0.05	0.34	0.34	
Magnesium, Mg	-	25		1	MA	12		4	28	28	
Phosphorus, P		19		1	MA	12		3	21	21	
Potassium, K	-	233		1	MA	12		35	263	263	
Sodium, Na	mg	7		1	MA	12		1	8	8	
Zinc, Zn	mg	0.10		1	MA	12		0.02	0.11	0.13	
Copper, Cu	mg	0.080	)	1	MA	12		0.012	0.090	0.09	
Manganese, Mn	mg	0.082	?	0	FLM	4		0.012	0.093	0.09	
Selenium, Se	mcg	0.6		0	FLM	4		0.1	0.7	0.7	
Vitamins:											
Vitamin C, total ascorbic acid	ma	13.9		1	MA	12		2.1	15.7	15.7	
Thiamin	-	0.010	)	1	MA	12		0.002	0.011	0.0	
Riboflavin	-	0.030		1	MA	12		0.005	0.034	0.03	
Niacin		0.550		1	MA	12		0.083	0.622	0.62	
Pantothenic acid	-	0.145		0	FLM	4		0.022	0.164	0.10	
Vitamin B-6	-	0.290		1	MA	12		0.044	0.328	0.32	
Folate, total	-	5		0	FLM	4		1	6	6	
Folic acid		0		0	z	7		0	0	0	
Folate, food		5		0	FLM	4		1	6	6	
Folate, DFE		5		0	NC	4		1	6	6	
Vitamin B-12		0.00		0	z	7		0.00	0.00	0.00	
Vitamin A, IU		56		0	NC	4		8	63	63	
Vitamin A, RAE		3		0	NC	4		0	3	3	
Retinol		0		0	z	7		0	0	0	
Vitamin E (alpha-tocopherol)		0.08		0	FLA	4		0.01	0.09	0.0	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta	mg										
Vitamin D											
Vitamin K (phylloquinone)	mcg	0.6		0	FLA	4		0.1	0.7	0.7	
ipids:											
Fatty acids, total saturated	a	0.106	;	0	FLM	4		0.016	0.120	0.12	
4:0		0.000		0	FLM	4		0.000	0.000	0.00	
6:0		0.000		0	FLM	4		0.000	0.000	0.00	
8:0	-	0.000		0	FLM	4		0.000	0.000	0.0	
10:0	-	0.000		0	FLM	4		0.000	0.000	0.0	
12:0	-	0.001		0	FLM	4		0.000	0.001	0.0	
13:0				-	-				- · · · <del>-</del>		
14:0		0.002	!	0	FLM	4		0.000	0.002	0.0	
15:0											
16:0		0.075	5	0	FLM	4		0.011	0.085	0.0	
17:0	-										
18:0	-	0.005	5	0	FLM	4		0.001	0.006	0.0	
20:0	-										
22:0	-										
	g										

	<u>Ar</u>	nount in 10	00 grams Number			_	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
	0.028		0	FLM	4		0.004	0.032	0.032
Fatty acids, total monounsaturatedg 14:1g	0.028		U	F LIM	4		0.004	0.032	0.032
14:1g 15:1g									
16:1 undifferentiated	0.006		0	FLM	4		0.001	0.007	0.007
17:1g	0.000		•		-		0.002	0.00.	0.007
18:1 undifferentiated.	0.021		0	FLM	4		0.003	0.024	0.024
20:1g	0.000		0	FLM	4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000		0	FLM	4		0.000	0.000	0.000
24:1 cg									
Fatty acids, total polyunsaturated	0.085		0	FLM	4		0.013	0.096	0.096
18:2 undifferentiatedg	0.063		0	FLM	4		0.009	0.071	0.071
18:3 undifferentiatedg	0.022		0	FLM	4		0.003	0.025	0.025
18:4g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	FLM	4		0.000	0.000	0.000
20:5 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total transg									
Cholesterolmg	0		0	Z	7		0	0	0
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	z	7		0.0	0.0	0.0
Caffeine mg	0		0	Z	7		0	0	0
Theobrominemg	0		0	Z	7		0	0	0
Carotenoids:									
Carotene, betamcg	23		0	BNA	4		3.497	26.345	26.345
Carotene, alphamcg	15		0	BNA	4		2.247	16.928	16.928
Cryptoxanthin, betamcg	6		0	BNA	4		0.839	6.320	6.320
Lycopene mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	10		0	FLA	4		1.488	11.210	11.210

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	of edit	ole portio	<u>n</u>	Amount in edible portion of common			
			Nu	ımber	,			<u>m</u>	easures of food	<u> </u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	81.50	0.100	26		1		12.23	23.11	138.55	
Energy	kcal	67		0	NC	4		10	19	114	
Energy	kj	280				4		42	79	477	
Protein (N x 6.25)	g	0.40		27		1		0.06	0.11	0.68	
Total lipid (fat)	g	0.20		27		1		0.03	0.06	0.34	
Ash	g	0.20	0.000	26		1		0.03	0.06	0.34	
Carbohydrate, by difference	g	17.80		0	NC	4		2.67	5.05	30.26	
Fiber, total dietary	g	1.6		0		4		0.2	0.5	2.7	
Sugars, total	g	7.10		0	T	4		1.07	2.01	12.07	
Starch	g										
Inerals:											
Calcium, Ca	mg	8		14		1		1	2	14	
Iron, Fe.	-	0.30		14		1		0.05	0.09	0.5	
Magnesium, Mg	-	12		0		1		2	3	20	
Phosphorus, P		9		1		1		1	3	15	
Potassium, K	mg	108		14		1		16	31	184	
Sodium, Na	mg	9	5.000	17		1		1	3	15	
Zinc, Zn	mg	0.07		0		1		0.01	0.02	0.1	
Copper, Cu	mg	0.046		0		1		0.007	0.013	0.0	
Manganese, Mn	mg										
Selenium, Se	mcg	0.6		0	FLM	4		0.1	0.2	1.0	
itamins:											
Vitamin C, total ascorbic acid	mg	25.7		14		1		3.9	7.3	43.7	
Thiamin	-	0.015		14		1		0.002	0.004	0.0	
Riboflavin	-	0.020		14		1		0.003	0.006	0.0	
Niacin		0.218		14		1		0.033	0.062	0.3	
Pantothenic acid	-	0.173		0		1		0.026	0.049	0.2	
Vitamin B-6	mg	0.139		1		1		0.021	0.039	0.2	
Folate, total	mcg	6		0		1		1	2	11	
Folic acid		0		0	FLA	4		0	0	0	
Folate, food	mcg	6		0	FLA	4		1	2	11	
Folate, DFE		6		0	NC	4		1	2	11	
Vitamin B-12		0.00		0		4		0.00	0.00	0.0	
Vitamin A, IU	IU	44		14		1		7	12	75	
Vitamin A, RAE	mcg_RAE	2		0	NC	4		0	1	4	
Retinol	mcg	0		0	Z	7		0	0	0	
Vitamin E (alpha-tocopherol)	mg	0.50		0	BNA	4		0.07	0.14	0.8	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D Vitamin K (phylloquinone)		0.2		0	FLA	4		0.0	0.0	0.0	
Vitamin K (pnylloquinone)	Ilicg	0.2		U	FLIA	4		0.0	0.0	0.3	
<u>ipids:</u>											
Fatty acids, total saturated		0.076		0		4		0.011	0.022	0.1	
4:0		0.000		0		4		0.000	0.000	0.0	
6:0	_	0.000		0		4		0.000	0.000	0.0	
8:0	_	0.000		0		4		0.000	0.000	0.0	
10:0	-	0.000		0		4		0.000	0.000	0.0	
12:0		0.001		0		4		0.000	0.000	0.0	
13:0				_						<u> </u>	
14:0		0.001		0		4		0.000	0.000	0.0	
15:0				_							
16:0	-	0.052		0		4		0.008	0.015	0.0	
17:0				^							
18:0		0.003		0		4		0.000	0.001	0.0	
20:0	_										
22:0	9										

	<u>An</u>	ount in 10	Number	,		_	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.018		0		4		0.003	0.005	0.031	
14:1g	0.010		·		-		0.005	0.005	0.031	
15:1g										
16:1 undifferentiatedg	0.005		0		4		0.001	0.001	0.009	
17:1g										
18:1 undifferentiated	0.012		0		4		0.002	0.003	0.020	
20:1g	0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturated	0.037		0		4		0.006	0.010	0.063	
18:2 undifferentiatedg	0.024		0		4		0.004	0.007	0.041	
18:3 undifferentiatedg	0.014		0		4		0.002	0.004	0.024	
18:4g	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
20:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:6 n-3g	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total transg										
Cholesterolmg	0		0		4		0	0	0	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0		7		0.0	0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	0	
Theobromine mg	0		0	FLA	4		0	0	0	
Carotenoids:										
Carotene beta mcg	18		0	BNA	4		2.678	5.061	30.346	
Carotene, alphamcg	17		0	BNA	4		2.565	4.848	29.068	
Cryptoxanthin, beta mcg	0		0	BNA	4		0.000	0.000	0.000	
Lycopene mcg	0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	6		0	FLA	4		0.967	1.827	10.958	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

Refuse: 0%

		<u>Aı</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	mber	r			<u>m</u>	easures of food	<u>.</u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	84.00	0.500	17		1		12.60	23.81	94.92	
Energy	kcal	57		0	NC	4		9	16	64	
Energy	kj	238				4		36	68	269	
Protein (N x 6.25)	g	0.40	0.000	15		1		0.06	0.11	0.45	
Total lipid (fat)	g	0.10	0.100	15		1		0.02	0.03	0.11	
Ash		0.30	0.000	18		1		0.05	0.09	0.34	
Carbohydrate, by difference	g	15.30		0	NC	4		2.30	4.34	17.29	
Fiber, total dietary	g	1.6		0		4		0.2	0.5	1.8	
Sugars, total	g	0.38		0	BFSN	4		0.06	0.11	0.42	
Starch	g										
Minerals:											
Calcium, Ca	ma	5	0.000	21		1		1	1	6	
Iron, Fe	-	0.20	0.010	24		1		0.03	0.06	0.23	
Magnesium, Mg	-	10	· · ·	1		1		2	3	11	
Phosphorus, P		7		1		1		1	2	8	
Potassium, K	-	88		14		1		13	25	99	
Sodium, Na		9	1.000	15		1		1	3	10	
Zinc, Zn	mg	0.06		1		1		0.01	0.02	0.0	
Copper, Cu	mg	0.040		1		1		0.006	0.011	0.0	
Manganese, Mn	mg										
Selenium, Se	mcg	0.6		0	FLM	4		0.1	0.2	0.7	
itamins:											
Vitamin C, total ascorbic acid	ma	16.7		9		1		2.5	4.7	18.9	
Thiamin	-	0.012	0.000	22		1		0.002	0.003	0.0	
Riboflavin	-	0.031		23		1		0.005	0.009	0.03	
Niacin		0.183	0.005	24		1		0.027	0.052	0.20	
Pantothenic acid	-	0.150		4		1		0.023	0.043	0.1	
Vitamin B-6	-	0.115	0.008	8		1		0.017	0.033	0.13	
Folate, total		6	0.400	9		1		1	2	6	
Folic acid		0		0	Z	7		0	0	0	
Folate, food	mcg	6	0.400	9		1		1	2	6	
Folate, DFE	mcg_DFE	6		0	NC	4		1	2	6	
Vitamin B-12		0.00		0		4		0.00	0.00	0.00	
Vitamin A, IU	IU	43	8.000	22		1		6	12	49	
Vitamin A, RAE		2		0	NC	4		0	1	2	
Retinol	mcg	0		0	Z	7		0	0	0	
Vitamin E (alpha-tocopherol)	mg	0.06		0	BFSN	4		0.01	0.02	0.0	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta	mg										
Vitamin D Vitamin K (phylloquinone)		0.0		0	BFSN	4		0.0	0.0	0.0	
	9	0.0		·		-			0.0	0.0	
<u> ipids:</u>											
Fatty acids, total saturated		0.035		0		4		0.005	0.010	0.0	
4:0		0.000		0		4		0.000	0.000	0.0	
6:0	-	0.000		0		4		0.000	0.000	0.0	
8:0	-	0.000		0		4		0.000	0.000	0.0	
10:0	-	0.000		0		4		0.000	0.000	0.0	
12:0		0.000		0		4		0.000	0.000	0.0	
13:0		0.001		^		4		0.000	2 222	^ ^	
14:0		0.001		0		4		0.000	0.000	0.0	
15:0		0.00=		^		4		0.004	0 007	^ ^	
16:0	-	0.025		0		4		0.004	0.007	0.0	
17:0		0.001		0		4		0.000	0 000	0 0	
18:0		0.001		U		4		0.000	0.000	0.0	
20:0	-										
22:0 24:0	-										

	<u>Am</u>	ount in 100 grams Number	Amount in edible portion of common measures of food					
Nutrients and Units	Mean		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated	0.010	0		4		0.002	0.003	0.011
14:1g								
15:1g								
16:1 undifferentiatedg	0.002	0		4		0.000	0.001	0.002
17:1g								
18:1 undifferentiatedg	0.007	0		4		0.001	0.002	0.008
20:1g	0.000	0		4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
24:1 cg								
Fatty acids, total polyunsaturated	0.019	0		4		0.003	0.005	0.021
18:2 undifferentiatedg	0.012	0		4		0.002	0.003	0.014
18:3 undifferentiatedg	0.007	0		4		0.001	0.002	0.008
18:4g	0.000	0		4		0.000	0.000	0.000
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
20:5 n-3g	0.000	0		4		0.000	0.000	0.000
22:5 n-3g	0.000	0		4		0.000	0.000	0.000
22:6 n-3g	0.000	0		4		0.000	0.000	0.000
Fatty acids, total trans9								
Cholesterol mg	0	0		7		0	0	0
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	0		7		0.0	0.0	0.0
Caffeine mg	0	0	BFSN	4		0	0	0
Theobromine mg	0	0	BFSN	4		0	0	0
Carotenoids:								
Carotene, beta mcg	17	0	BNA	4		2.617	4.946	19.713
Carotene, alpha mcg	17	0	BNA	4		2.507	4.737	18.883
Cryptoxanthin, betamcg	0	0	BNA	4		0.000	0.000	0.000
Lycopene mcg	0	0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	0	0	BFSN	4		0.000	0.000	0.000

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

Refuse: 0%

		<u>A</u>	mount in 10	o grains	or ear	ne portio	<u>,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,</u>	Amount in	edible portion	of common
				Number	•			<u>m</u>	easures of food	_
Nutrients and Un	its	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water		82.50		1		1		23.39	93.23	
Energy	kcal	63		0	NC	4		18	71	
Energy	kj	264				4		75	298	
Protein (N x 6.25)	g	0.20		1		1		0.06	0.23	
Total lipid (fat)	g	0.10		1		1		0.03	0.11	
Ash	g	0.20		1		1		0.06	0.23	
Carbohydrate, by difference	g	17.00		0	NC	4		4.82	19.21	
Fiber, total dietary	g									
Sugars, total	g									
Starch										
<u> Minerals:</u>										
Calcium, Ca	mg	7		6		1		2	8	
Iron, Fe	mg	0.20		6		1		0.06	0.23	
Magnesium, Mg	mg	5		2		1		1	6	
Phosphorus, P	mg	6		2		1		2	7	
Potassium, K	mg	74		2		1		21	84	
Sodium, Na	mg	4		2		1		1	5	
Zinc, Zn	mg	0.06		2		1		0.02	0.07	
Copper, Cu	mg									
Manganese, Mn	mg									
Selenium, Se	mcg	0.4		0	BFZN	4		0.1	0.5	
<u>'itamins:</u>				_						
Vitamin C, total ascorbic acid	_	80.9		6		1		22.9	91.4	
Thiamin	-	0.010		6		1		0.003	0.011	
Riboflavin		0.022		6		1		0.006	0.025	
Niacin	-	0.263	3	6		1		0.075	0.297	
Pantothenic acid	_									
Vitamin B-6	_	0.014	_	6		1		0.004	0.016	
Folate, total		2		0	_	4		1	2	
Folic acid	• • • • • • • • • • • • • • • • • • • •	0		0	Z	7		0	0	
Folate, food		2		0		4		1	2	
Folate, DFE		2		0	NC	4		1	2	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU		184	18.0			1		52	208	
Vitamin A, RAE		9		0	NC	4		3	10	
Retinol	-	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)										
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg									

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		2	mount in 10	<u> </u>	or our	olo portio	<u></u>	_	edible portion	
				Number				<u>m</u>	easures of food	_
Nutrients and Uni	its	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water		81.20		1		1		23.02	91.76	
Energy	kcal	67		0	NC	4		19	76	
Energy	kj	280				4		79	317	
Protein (N x 6.25)	g	0.30		1		1		0.09	0.34	
Total lipid (fat)	g	0.00		1		1		0.00	0.00	
Ash	g	0.20		1		1		0.06	0.23	
Carbohydrate, by difference	g	18.30		0	NC	4		5.19	20.68	
Fiber, total dietary	g	1.8		0		4		0.5	2.0	
Sugars, total.	g									
Starch	g									
<u> finerals:</u>										
Calcium, Ca	mg	7		5		1		2	8	
Iron, Fe	mg	0.20		5		1		0.06	0.23	
Magnesium, Mg	mg	2		2		1		1	2	
Phosphorus, P	mg	5		2		1		1	6	
Potassium, K	mg	73		1		1		21	82	
Sodium, Na	-	2		3		1		1	2	
Zinc, Zn	mg	0.08		2		1		0.02	0.08	
Copper, Cu	-									
Manganese, Mn										
Selenium, Se	mcg	0.4		0	BFZN	4		0.1	0.5	
<u>'itamins:</u>		4		_		_				
Vitamin C, total ascorbic acid	-	75.4		5		1		21.4	85.2	
Thiamin	-	0.014		5 5		1 1		0.004	0.016	
Riboflavin		0.070						0.020	0.079	
Niacin	-	0.389		5		1 4		0.110	0.440	
Pantothenic acid		0.166		0		_		0.047	0.188	
Vitamin B-6		0.042	2	5		1		0.012	0.047	
Folate, total		2 0		0	_	<b>4</b> 7		1	2	
Folic acid		2		0	Z			0 1	0	
Folate, food		2		0		4		=	2	
Folate, DFE		0.00		0	NC	4 4		1	2	
Vitamin B-12		299	100.0	0 00 5		4 1		0.00 85	0.00	
Vitamin A, IU Vitamin A, RAE		299 15	108.0	00 5	370	4		85 4	338 17	
		15 0		0	NC Z	4 7		4 0	0	
Retinol		U		U	4	,		U	U	
Vitamin E (alpha-tocopherol)										
Tocopherol, beta	-									
Tocopherol, gamma Tocopherol, delta										
Vitamin D										
Vitamin D Vitamin K (phylloquinone)										

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100	0 grams	of edib	le portio	<u>n</u>		edible portion	
			1	Number				<u>m</u> e	easures of food	
				of Data	Deriv	Source	Confidence			
Nutrients and Unit	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	77.70		1		1		11.66	22.03	87.80
Energy	kcal	80		0	NC	4		12	23	90
Energy	kj	335				4		50	95	378
Protein (N x 6.25)	g	0.30		2		1		0.05	0.09	0.34
Total lipid (fat)	g	0.20		2		1		0.03	0.06	0.23
Ash	g	0.44		0	FLA	4		0.07	0.12	0.50
Carbohydrate, by difference	g	21.60		0	NC	4		3.24	6.12	24.41
Fiber, total dietary		1.0		0		4		0.2	0.3	1.1
Sugars, total	g	12.60		0	0	4		1.89	3.57	14.24
Starch	g									
Ainerals:										
Calcium, Ca	ma	4		2		1		1	1	5
Iron, Fe	_	0.10		2		1		0.02	0.03	0.11
Magnesium, Mg	_	4		2		1		1	1	5
Phosphorus, P		6		2		1		1	2	7
Potassium, K	_	59		2		1		9	17	67
Sodium, Na		4		2		1		1	1	5
Zinc, Zn	<u>mg</u>	0.06		2		1		0.01	0.02	0.07
Copper, Cu	mg	0.027	1	0		4		0.004	0.008	0.03
Manganese, Mn										
Selenium, Se	mcg	0.5		0	BFZN	4		0.1	0.1	0.6
/itamins:										
Vitamin C, total ascorbic acid	ma	124.4		2		1		18.7	35.3	140.6
Thiamin	_	0.023	1	2		1		0.003	0.007	0.02
Riboflavin	-	0.027		2		1		0.004	0.008	0.03
Niacin		0.253		2		1		0.038	0.072	0.28
Pantothenic acid	_	0.195		0		4		0.029	0.055	0.22
Vitamin B-6	-	0.117	,	2		1		0.018	0.033	0.13
Folate, total		12		0	FLA	4		2	3	14
Folic acid		0		0	FLA	4		0	0	0
Folate, food		12		0	FLA	4		2	3	14
Folate, DFE		12		0	NC	4		2	3	14
Vitamin B-12		0.00		0		4		0.00	0.00	0.00
Vitamin A, IU	IU	3299		0	NC	4		495	935	3728
Vitamin A, RAE	mcg_RAE	165		0	NC	4		25	47	186
Retinol	mcg	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.95		0	FLA	4		0.14	0.27	1.07
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta	mg									
Vitamin D Vitamin K (phylloquinone)		0.0		0	FLA	4		0.0	0.0	0.0
Vitamin K (phylloquinone)	Ilicy	0.0		U	FLA	4		0.0	0.0	0.0
<u> ipids:</u>										
Fatty acids, total saturated	g	0.049	)	0		4		0.007	0.014	0.05
4:0	g	0.000	)	0		4		0.000	0.000	0.00
6:0	g	0.000	)	0		4		0.000	0.000	0.00
8:0	g	0.000	)	0		4		0.000	0.000	0.00
10:0	g	0.000	)	0		4		0.000	0.000	0.00
12:0		0.001	=	0		4		0.000	0.000	0.00
13:0										
14:0	g	0.007	•	0		4		0.001	0.002	0.00
15:0										
16:0	g	0.039	)	0		4		0.006	0.011	0.04
17:0										
18:0		0.002	!	0		4		0.000	0.001	0.0
20:0	-									
22:0	~									

	<u>Am</u>	ount in 100 gram	<u>n</u>	Amount in edible portion of common				
Nutrients and Units	Mean	Numbe of Data Std. Error Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.074	0		4		0.011	0.021	0.084
14:1g								
15:1g								
16:1 undifferentiatedg	0.035	0		4		0.005	0.010	0.040
17:1g								
18:1 undifferentiatedg	0.040	0		4		0.006	0.011	0.045
20:1g	0.000	0		4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
24:1 cg								
Fatty acids, total polyunsaturated	0.038	0		4		0.006	0.011	0.043
18:2 undifferentiatedg	0.011	0		4		0.002	0.003	0.012
18:3 undifferentiatedg	0.027	0		4		0.004	0.008	0.031
18:4g	0.000	0		4		0.000	0.000	0.000
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
20:5 n-3g	0.000	0		4		0.000	0.000	0.000
22:5 n-3g	0.000	0		4		0.000	0.000	0.000
22:6 n-3g	0.000	0		4		0.000	0.000	0.000
Fatty acids, total trans9								
Cholesterolmg	0	0		7		0	0	0
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	0		7		0.0	0.0	0.0
Caffeinemg	0	0	FLA	4		0	0	0
Theobrominemg	0	0	FLA	4		0	0	0
Carotenoids:								
Carotene, betamcg	1919	0	BNA	4		287.895	544.121	2168.808
Carotene, alphamcg	73	0	BNA	4		10.998	20.787	82.853
Cryptoxanthin, betamcg	47	0	BNA	4		7.117	13.450	53.611
Lycopenemcg	0	0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	0	0	FLA	4		0.000	0.000	0.000

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

Proximates:			<u>A</u> 1	mount in 10	0 grams	of edib	le portio	<u>on</u>	Amount in	edible portion	of common
Paximates:					of Data	Deriv					
Water	Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Energy											
Energy											
Protein (N x 6.25)					0	NC					
Total lipid (fat)							_				
Ash. 9 0.20 1 1 1 1 0.06 0.23 Carbohydrate, by difference. 9 18.90 0 NC 4 5.36 21.36 Fiber, total dietary. 9 1.4 0 4 0.4 1.6 Sugars, total. 9 Starch. 9  Winerals:  Calcium, Ca. mg 7 2 1 1 2 8 8 Fron, Fee mg 0.44 0 4 0.12 0.50 Magnesium, Mg. mg 5 2 1 1 1 6 Phosphorus, P. mg 5 2 1 1 1 6 Phosphorus, P. mg 79 2 1 1 1 6 Phosphorus, P. mg 79 2 1 1 1 6 Phosphorus, P. mg 79 2 1 1 22 89 Sodium, Na mg 79 2 1 1 22 89 Sodium, Na mg 79 2 1 1 2 2 89 Sodium, Na mg 5 2 1 1 1 6 Copper, Cu. mg 0.03 2 1 1 0.01 0.03 Copper, Cu. mg 0.044 0 BFEN 4 0.012 0.50 Magnanesum, Mg. mg Selenium, Se mcg 0.44 0 BFEN 4 0.12 0.50 Witamins:  Vitamins:  Vitamins:  Name of the decision of the decisi							_				
Carbohydrate, by difference.         9         18.90         0         NC         4         0.4         1.6           Fiber, total dictary         9         1.4         0         4         0.4         1.6           Sugars, total         9         9         1.7         2         1         2         8           Iron, Fe.         mg         0.44         0         4         0.12         0.50           Magnesium, Mg.         mg         5         2         1         1         6           Posphorus, P.         mg         5         2         1         1         6           Pospstium, K.         mg         75         2         1         1         6           Potassium, K.         mg         5         2         1         1         6           Sodium, Na.         mg         5         2         1         2         8           Sodium, Na.         mg         0.03         2         1         0.01         0.3           Coper, Cu.         mg         0.03         2         1         0.01         0.05           Witamin E.         mg         0.4         0         bEZN         4	Total lipid (fat)	g	0.10		1		-			0.11	
Fiber, total dietary	Ash	g	0.20		1		1		0.06	0.23	
Sugars, total	Carbohydrate, by difference	g	18.90		0	NC	4		5.36	21.36	
Minerals:   Calcium, Ca	Fiber, total dietary	g	1.4		0		4		0.4	1.6	
Minerals:	Sugars, total	g									
Calcium, Ca	Starch	g									
Iron, Fe.	Minerals:										
Magnesium, Mg.         mg         5         2         1         1         6           Phosphorus, P.         mg         5         2         1         1         6           Potassium, K.         mg         79         2         1         22         89           Sodium, Na.         mg         5         2         1         0.01         0.03           Sodium, Na.         mg         0.03         2         1         0.01         0.03           Zinc, Zn         mg         0.044         0         4         0.012         0.050           Manganese, Mn         mg                Selenium, Se         mCg         0.4         0         BFZN         4         0.1         0.55           Vitamins C, total ascorbic acid         mg         113.1         2         1         0.01         0.5           Vitamins C, total ascorbic acid         mg         0.010         2         1         0.003         0.011         127.8           Thiamin C, total ascorbic acid         mg         0.028         2         1         0.008         0.032         1         0	Calcium, Ca	mg	7		2		1		2	8	
Phosphorus	Iron, Fe	mg	0.44		0		4		0.12	0.50	
Potassium, K.         mg         79         2         1         22         89           Sodium, Na         mg         5         2         1         1         6           Zinc, Zn.         mg         0.003         2         1         0.01         0.03           Copper, Cu.         mg         0.044         0         4         0.012         0.050           Manganese, Mn.         mg	Magnesium, Mg	mg	5		2		1		1	6	
Sodium, Na.         mg         5         2         1         1         6           Zinc, Zn.         mg         0.03         2         1         0.01         0.03           Copper, Cu.         mg         0.044         0         4         0.012         0.050           Manganese, Mn.         mg         1         0         BFZN         4         0.1         0.5           Vitamine, Se.         mcg         0.4         0         BFZN         4         0.1         0.5           Vitamine, Se.         mcg         0.4         0         BFZN         4         0.1         0.5           Vitamine, Se.         mcg         0.4         0         BFZN         4         0.1         0.5           Vitamine, Se.         mcg         0.4         0         1         0.5         0.1         0.1         0.5           Vitamine, Se.         mg         0.13         0.1         0.2         1         0.00         0.0         0.0         0.0         0.0         0.0         0.0         0.0         0.0         0.0         0.0         0.0         0.0         0.0         0.0         0.0	Phosphorus, P	mg	5		2		1		1	6	
Zine, Zn.         mg         0.03         2         1         0.01         0.03           Copper, Cu.         mg         0.044         0         4         0.012         0.050           Manganese, Mn.         mg         1         0         BFZN         4         0.1         0.5           Vitamins:           Vitamin C, total ascorbic acid.         mg         113.1         2         1         0.003         0.011           Riboflavin.         mg         0.010         2         1         0.003         0.011           Riboflavin.         mg         0.108         2         1         0.008         0.032           Niacin.         mg         0.108         2         1         0.008         0.032           Niacin.         mg         0.108         2         1         0.001         0.031         0.122           Pantothenic acid.         mg         0.280         0         4         0.079         0.316           Vitamin B-6.         mg         0.023         2         1         0.007         0.26           Folate, total         mcg         2         0         4         1         2	Potassium, K	mg	79		2		1		22	89	
Copper, Cu.         mg         0.044         0         4         0.012         0.050           Manganese, Mn.         mg         0         BFZN         4         0.1         0.5           Vitamins:           Vitamin C, total ascorbic acid         mg         113.1         2         1         32.1         127.8           Thiamin.         mg         0.010         2         1         0.003         0.011           Riboflavin.         mg         0.028         2         1         0.008         0.032           Niacin.         mg         0.108         2         1         0.008         0.032           Niacin.         mg         0.108         2         1         0.031         0.122           Pantothenic acid.         mg         0.280         0         4         0.079         0.316           Vitamin B-6.         mg         0.023         2         1         0.0079         0.316           Folate, total.         mcg         0         2         7         0         0           Folate, total.         mcg         0         2         7         0         0           Folate, total. <td< td=""><td>Sodium, Na</td><td>mg</td><td>5</td><td></td><td>2</td><td></td><td>1</td><td></td><td>1</td><td>6</td><td></td></td<>	Sodium, Na	mg	5		2		1		1	6	
Manganese, Mn. mg Selenium, Se. mcg 0.4 0 BFZN 4 0.1 0.5  Vitamins:  Vitamin C, total ascorbic acid. mg 113.1 2 1 0.003 0.011 Riboflavin. mg 0.010 2 1 0.008 0.032 Niacin. mg 0.108 2 1 0.0031 0.122 Pantothenic acid. mg 0.280 0 4 0.079 0.316 Vitamin B-6. mg 0.023 2 1 0.007 0.026 Folate, total mcg 2 0 4 1 2 Folic acid. mcg 2 0 4 1 2 Folate, food. mcg 2 0 4 1 2 Folate, Fold. mcg 0 0.00 0 4 1 2 Folate, DFE mcg_DFE 2 0 NC 4 1 2 Vitamin B-12 mcg 0.00 0 4 0.00 0.00 Vitamin A, RAE mcg_RAE 4 0 NC 4 1 4 Retinol. mcg 0 0 0 Z 7 0 0 0 Vitamin E (alpha-tocopherol) mg Tocopherol, gamma mg Tocopherol, detta mg	Zinc, Zn	<u>mg</u>	0.03		2		1				
Selenium, Se	11 /	-	0.044	ļ	0		4		0.012	0.050	
Vitamins:           Vitamin C, total ascorbic acid         mg         113.1         2         1         32.1         127.8           Thiamin         mg         0.010         2         1         0.003         0.011           Riboflavin         mg         0.028         2         1         0.008         0.032           Niacin         mg         0.108         2         1         0.031         0.122           Pantothenic acid         mg         0.280         0         4         0.079         0.316           Vitamin B-6         mg         0.023         2         1         0.007         0.026           Folate, total         mcg         2         0         4         1         2           Folic acid         mcg         2         0         4         1         2           Folic pfood         mcg         2         0         4         1         2           Folate, food         mcg         2         0         NC         4         1         2           Folate, food         mcg         0         NC         4         1         2         2           Vitamin A, IU         IU											
Vitamin C, total ascorbic acid.         mg         113.1         2         1         32.1         127.8           Thiamin	Selenium, Se	mcg	0.4		0	BFZN	4		0.1	0.5	
Thiamin         mg         0.010         2         1         0.003         0.011           Riboflavin         mg         0.028         2         1         0.008         0.032           Niacin         mg         0.108         2         1         0.031         0.122           Pantothenic acid         mg         0.280         0         4         0.079         0.316           Vitamin B-6         mg         0.023         2         1         0.007         0.026           Folate, total         mcg         2         0         4         1         2           Folic acid         mcg         0         0         Z         7         0         0           Folice, food         mcg         2         0         4         1         2           Folate, DFE         mcg_DFE         2         0         NC         4         1         2           Vitamin B-12         mcg         0.00         0         4         0.00         0.00           Vitamin A, RAE         mcg_RAE         4         0         NC         4         1         4           Retinol         mcg         0         0         Z </td <td>Vitamins:</td> <td></td>	Vitamins:										
Riboflavin.         mg         0.028         2         1         0.008         0.032           Niacin.         mg         0.108         2         1         0.031         0.122           Pantothenic acid.         mg         0.280         0         4         0.079         0.316           Vitamin B-6.         mg         0.023         2         1         0.007         0.026           Folate, total.         mcg         2         0         4         1         2           Folic acid.         mcg         0         0         z         7         0         0           Folate, food.         mcg         2         0         4         1         2           Folate, DFE.         mcg_DFE         2         0         NC         4         1         2           Vitamin B-12.         mcg         0.00         0         4         0.00         0.00           Vitamin A, RE.         mcg_RAE         4         0         NC         4         1         4           Vitamin E (alpha-tocopherol).         mg         7         0         0         0           Vitamin E (alpha-tocopherol).         mg         1         4	Vitamin C, total ascorbic acid	mg	113.1		2		1		32.1	127.8	
Niacin.         mg         0.108         2         1         0.031         0.122           Pantothenic acid.         mg         0.280         0         4         0.079         0.316           Vitamin B-6.         mg         0.023         2         1         0.007         0.026           Folate, total.         mcg         2         0         4         1         2           Folic acid.         mcg         0         0         z         7         0         0           Folate, food.         mcg         2         0         4         1         2           Folate, DFE.         mcg_DFE         2         0         NC         4         1         2           Vitamin B-12.         mcg         0.00         0         4         0.00         0.00           Vitamin A, IU.         IU         76         2         1         22         86           Vitamin A, RAE         mcg_RAE         4         0         NC         4         1         4           Retinol.         mcg         0         0         z         7         0         0           Vitamin E (alpha-tocopherol).         mg         7	Thiamin	mg	0.010	)			1		0.003	0.011	
Pantothenic acid         mg         0.280         0         4         0.079         0.316           Vitamin B-6         mg         0.023         2         1         0.007         0.026           Folate, total         mcg         2         0         4         1         2           Folic acid         mcg         0         0         z         7         0         0           Folate, food         mcg         2         0         Mc         4         1         2           Folate, DFE         mcg         2         0         NC         4         1         2           Folate, food         mcg         2         0         NC         4         1         2           Folate, food         mcg         2         0         NC         4         1         2           Folate, food         mcg         0         0         NC         4         1         2           Vitamin B-12         mcg         0         0         4         0         0         0         0           Vitamin A, IU         IU         76         2         1         2         2         86           Vitamin	Riboflavin	mg	0.028	3			_		0.008		
Vitamin B-6.         mg         0.023         2         1         0.007         0.026           Folate, total.         mcg         2         0         4         1         2           Folic acid.         mcg         0         0         z         7         0         0           Folate, food.         mcg         2         0         4         1         2           Folate, DFE.         mcg_DFE         2         0         NC         4         1         2           Vitamin B-12.         mcg         0.00         0         4         0.00         0.00           Vitamin A, IU.         IU         76         2         1         22         86           Vitamin A, RAE         mcg_RAE         4         0         NC         4         1         4           Retinol.         mcg         0         0         z         7         0         0           Vitamin E (alpha-tocopherol).         mg         1         4         1         4         4         1         4         1         4         1         4         1         1         4         1         4         1         1         4 <td< td=""><td>Niacin</td><td>mg</td><td>0.108</td><td>3</td><td></td><td></td><td>1</td><td></td><td></td><td>0.122</td><td></td></td<>	Niacin	mg	0.108	3			1			0.122	
Folate, total. mcg 2 0 4 1 2 Folic acid. mcg 0 0 2 7 0 0 0 Folate, food. mcg 2 0 4 1 2 Folate, food. mcg 2 0 NC 4 1 2 Folate, DFE. mcg_DFE 2 0 NC 4 1 2 Vitamin B-12. mcg 0.00 0 4 0.00 0.00 Vitamin A, IU. IU 76 2 1 22 86 Vitamin A, RAE mcg_RAE 4 0 NC 4 1 4 Retinol. mcg 0 0 0 z 7 0 0 0 Vitamin E (alpha-tocopherol). mg Tocopherol, beta mg Tocopherol, delta mg	Pantothenic acid	mg	0.280	)			4		0.079	0.316	
Folic acid         mcg         0         0         z         7         0         0           Folate, food         mcg         2         0         4         1         2           Folate, DFE         mcg_DFE         2         0         NC         4         1         2           Vitamin B-12         mcg         0.00         0         4         0.00         0.00         0           Vitamin A, IU         IU         76         2         1         22         86           Vitamin A, RAE         mcg_RAE         4         0         NC         4         1         4           Retinol         mcg         0         0         z         7         0         0           Vitamin E (alpha-tocopherol)         mg         7         0         0         0           Tocopherol, beta         mg         9         1         1         4         1         4           Tocopherol, delta         mg         1         2         1         2         1         2         1         2         1         4         1         4         1         4         1         4         1         4         1				3					0.007	0.026	
Folate, food mcg 2 0 4 1 2 Folate, DFE mcg_DFE 2 0 NC 4 1 2 Vitamin B-12 mcg 0.00 0 4 0.00 0.00 Vitamin A, IU IU 76 2 1 22 86 Vitamin A, RAE mcg_RAE 4 0 NC 4 1 4 Retinol mcg 0 0 0 z 7 0 0 0 Vitamin E (alpha-tocopherol) mg Tocopherol, beta mg Tocopherol, gamma mg Tocopherol, delta mg			_		-		_		=	<del>-</del>	
Folate, DFE						Z					
Vitamin B-12       mcg       0.00       0       4       0.00       0.00         Vitamin A, IU       IU       76       2       1       22       86         Vitamin A, RAE       mcg_RAE       4       0       NC       4       1       4         Retinol       mcg       0       0       z       7       0       0         Vitamin E (alpha-tocopherol)       mg         Tocopherol, beta       mg         Tocopherol, gamma       mg         Tocopherol, delta       mg											
Vitamin A, IU.     IU     76     2     1     22     86       Vitamin A, RAE.     mcg_RAE     4     0     NC     4     1     4       Retinol.     mcg     0     0     z     7     0     0       Vitamin E (alpha-tocopherol).     mg       Tocopherol, beta.     mg       Tocopherol, gamma.     mg       Tocopherol, delta.     mg			_			NC	_		<del>-</del>	<del>-</del>	
Vitamin A, RAE       mcg_RAE       4       0       NC       4       1       4         Retinol       mcg       0       0       z       7       0       0         Vitamin E (alpha-tocopherol)       mg         Tocopherol, beta       mg         Tocopherol, gamma       mg         Tocopherol, delta       mg							_				
Retinol											
Vitamin E (alpha-tocopherol)mg Tocopherol, betamg Tocopherol, gammamg Tocopherol, deltamg											
Tocopherol, beta			0		0	Z	7		0	0	
Tocopherol, gammamg Tocopherol, deltamg											
Tocopherol, deltamg											
Vitamin DIU	1 ,	-									
Vitamin K (phylloquinone)mcg											

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

#### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

Vitamin C, total ascorbic acid	rcal cy g g g g g g g g g g g g g g g g g g	80.10 71 297 0.50 0.20 0.30 18.90 1.5 14.99		1 0 20 19 19 0	Deriv Code	Source Code	Confidence Code	12.82 11 48 0.08	Measure 2  22.71 20 84	•
Proximates:         Water	rcal cy g g g g g g g g g g g g g g g g g g	80.10 71 297 0.50 0.20 0.30 18.90 1.5 14.99	0.000 0.100	1 0 20 19 19 0	Code	1 4 4 1		12.82 11 48	22.71 20 84	90.51 80
Proximates:         Water	rcal cy g g g g g g g g g g g g g g g g g g	80.10 71 297 0.50 0.20 0.30 18.90 1.5 14.99	0.000 0.100	1 0 20 19 19 0	NC	1 4 4	Code	12.82 11 48	22.71 20 84	80
Water	rcal cy g g g g g g g g g g g g g g g g g g	71 297 0.50 0.20 0.30 18.90 1.5 14.99	0.100	0 20 19 19 0		4 4 1		11 48	20 84	80
Energy	rcal cy g g g g g g g g g g g g g g g g g g	71 297 0.50 0.20 0.30 18.90 1.5 14.99	0.100	0 20 19 19 0		4 4 1		11 48	20 84	80
Energy	ký 3 3 3 3 3 3 3 3 9 mg mg	297 0.50 0.20 0.30 18.90 1.5 14.99	0.100	20 19 19 0 0		4 1		48	84	
Protein (N x 6.25)	eg eg eg eg eg eg eg eg	0.50 0.20 0.30 18.90 1.5 14.99	0.100	19 19 0 0		1				336
Total lipid (fat)	g g g g g mg mg	0.20 0.30 18.90 1.5 14.99	0.100	19 19 0 0				0.08		
Ash	e e e e e e e e e e e e e e e e e e e	0.30 18.90 1.5 14.99		19 0 0	_	1			0.14	0.57
Carbohydrate, by difference	g g g g g mg mg	18.90 1.5 14.99	0.000	0	_			0.03	0.06	0.23
Fiber, total dietary	g g g g mg mg mg	1.5 14.99		0	_	1		0.05	0.09	0.34
Sugars, total	g ng ng ng	14.99			NC	4		3.02	5.36	21.36
Starch	mg mg mg					4		0.2	0.4	1.7
Minerals:  Calcium, Ca	mg mg mg	_		0	BFSN	4		2.40	4.25	16.94
Calcium, Ca	ng ng	_								
Calcium, Ca	ng ng	_								
Iron, Fe	ng ng	6	1.000	20		1		1	2	7
Magnesium, Mg          Phosphorus, P          Potassium, K          Sodium, Na          Zinc, Zn          Copper, Cu          Manganese, Mn          Selenium, Se          Vitamins:          Vitamin C, total ascorbic acid          Thiamin          Riboflavin          Niacin          Pantothenic acid          Vitamin B-6	mg	0.24	0.020	22		1		0.04	0.07	0.27
Phosphorus, P		6	0.020	3		1		1	2	7
Potassium, K		12		2		1		2	3	14
Sodium, Na.          Zinc, Zn.          Copper, Cu.          Manganese, Mn.          Selenium, Se.          Vitamins:          Vitamin C, total ascorbic acid.          Thiamin.          Riboflavin          Niacin.          Pantothenic acid.          Vitamin B-6.	-	162		15		1		26	46	183
Zinc, Zn	-	6	0.000	15		1		1	2	7
Manganese, Mn       J         Selenium, Se       J         Vitamins:       J         Vitamin C, total ascorbic acid       J         Thiamin       J         Riboflavin       J         Niacin       J         Pantothenic acid       J         Vitamin B-6       J	mg	0.09	0.006	17		1		0.01	0.02	0.10
Selenium, Se	mg	0.053		16		1		0.008	0.015	0.060
Vitamins:           Vitamin C, total ascorbic acid	mg									
Vitamin C, total ascorbic acid	ncg	0.4		1	A	1		0.1	0.1	0.5
Vitamin C, total ascorbic acid										
Thiamin.         I           Riboflavin.         I           Niacin.         I           Pantothenic acid.         I           Vitamin B-6.         I	ma	31.4	2.600	18		1		5.0	8.9	35.5
Riboflavin	-	0.011		20		1		0.002	0.003	0.012
Niacin	-	0.011		20		1		0.002	0.009	0.012
Pantothenic acid		0.609		25		1		0.097	0.173	0.688
Vitamin B-6	-	0.130		4		1		0.021	0.037	0.147
	-	0.015		8		1		0.002	0.004	0.017
Folate, total		4	0.500	9		1		1	1	4
Folic acid		0		0	z	7		0	0	0
Folate, food		4	0.500	9		1		1	1	4
Folate, DFE		4		0	NC	4		1	1	4
Vitamin B-12r		0.00		0		4		0.00	0.00	0.00
Vitamin A, IUl		161	15.000	19		1		26	46	182
Vitamin A, RAEr		8		0	NC	4		1	2	9
Retinol		0		0	BNA	4		0	0	0
Vitamin E (alpha-tocopherol)	ng	1.31		0	BFSN	4		0.21	0.37	1.48
Tocopherol, beta	mg									
Tocopherol, gammar										
Tocopherol, delta										
Vitamin D		4.6		0	BFSN			0.7	1.0	<b>.</b> .
Vitamin K (phylloquinone)	ncg	4.6		U	BFSN	4		0.7	1.3	5.2
<u>Lipids:</u>										
Fatty acids, total saturated	3	0.020		0		4		0.003	0.006	0.023
4:0	3	0.000		0		4		0.000	0.000	0.000
6:0	3	0.000		0		4		0.000	0.000	0.000
8:0	9	0.000		0		4		0.000	0.000	0.000
10:0	3	0.000		0		4		0.000	0.000	0.000
12:0		0.000		0		4		0.000	0.000	0.00
13:0										
14:0	3	0.000		0		4		0.000	0.000	0.000
15:0	3									
16:0	9	0.018		0		4		0.003	0.005	0.02
17:0										
18:0	3	0.002		0		4		0.000	0.001	0.002
20:0	-									
22:0	9									

	<u>An</u>	nount in 10	Number	i		_	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.070		0		4		0.011	0.020	0.079
14:1g	0.070		•		-		0.011	0.020	0.0.5
15:1g									
16:1 undifferentiated	0.002		0		4		0.000	0.001	0.002
17:1g									
18:1 undifferentiatedg	0.070		0		4		0.011	0.020	0.079
20:1g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
24:1 cg									
Fatty acids, total polyunsaturatedg	0.094		0		4		0.015	0.027	0.106
18:2 undifferentiatedg	0.092		0		4		0.015	0.026	0.104
18:3 undifferentiatedg	0.002		0		4		0.000	0.001	0.002
18:4g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
20:5 n-3g	0.000		0		4		0.000	0.000	0.000
22:5 n-3g	0.000		0		4		0.000	0.000	0.000
22:6 n-3g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total transg									
Cholesterolmg	0		0		7		0	0	0
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobrominemg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta mcg	80		0	BNA	4		12.794	22.670	90.359
Carotene, alpha mcg	0		0	BNA	4		0.038	0.067	0.268
Cryptoxanthin, betamcg	33		0	BNA	4		5.286	9.366	37.330
Lycopenemcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	163		0	BFSN	4		26.120	46.282	184.476

# **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	mber				<u>m</u>	easures of food	<u> </u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	80.10		1		1		12.82	22.71	136.17	
Energy	kcal	71		0	NC	4		11	20	121	
Energy	kj	297				4		48	84	505	
Protein (N x 6.25)	g	0.50	0.000	20		1		0.08	0.14	0.85	
Total lipid (fat)	g	0.20	0.100	19		1		0.03	0.06	0.34	
Ash		0.30	0.000	19		1		0.05	0.09	0.51	
Carbohydrate, by difference	g	18.90		0	NC	4		3.02	5.36	32.13	
Fiber, total dietary		1.5		0		4		0.2	0.4	2.6	
Sugars, total	g	14.99		0	BFSN	4		2.40	4.25	25.48	
Starch	g										
Minerals:											
Calcium, Ca	mg	5	1.000	13		1		1	1	9	
Iron, Fe	_	0.27	0.030	16		1		0.04	0.08	0.46	
Magnesium, Mg	_	5		2		1		1	1	9	
Phosphorus, P		11		2		1		2	3	19	
Potassium, K	mg	155		15		1		25	44	264	
Sodium, Na	mg	5	1.000	15		1		1	1	9	
Zinc, Zn	mg	0.06		2		1		0.01	0.02	0.10	
Copper, Cu	mg	0.050		1		1		0.008	0.014	0.085	
Manganese, Mn											
Selenium, Se	mcg	0.4		1	A	1		0.1	0.1	0.7	
Vitamins:											
Vitamin C, total ascorbic acid	ma	18.9		9		1		3.0	5.4	32.1	
Thiamin	_	0.014	0.000	15		1		0.002	0.004	0.024	
Riboflavin	-	0.032		15		1		0.005	0.009	0.054	
Niacin		0.647	0.052	16		1		0.104	0.183	1.100	
Pantothenic acid	_	0.130		0		1		0.021	0.037	0.221	
Vitamin B-6	mg	0.018	0.000	7		1		0.003	0.005	0.031	
Folate, total		4		0		1		1	1	7	
Folic acid		0		0	Z	7		0	0	0	
Folate, food	mcg	4		0		1		1	1	7	
Folate, DFE	mcg_DFE	4		0	NC	4		1	1	7	
Vitamin B-12		0.00		0		4		0.00	0.00	0.00	
Vitamin A, IU	IU	178	26.000	17		1		28	50	303	
Vitamin A, RAE		9		0	NC	4		1	3	15	
Retinol	mcg	0		0	BNA	4		0	0	0	
Vitamin E (alpha-tocopherol)	mg	1.31		0	BFSN	4		0.21	0.37	2.23	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta	mg										
Vitamin D Vitamin K (phylloquinone)		4.6		0	BFSN	4		0.7	1.3	7.8	
Lipids:	a	0.000		^				0.000	0.006	2 22	
Fatty acids, total saturated		0.020		0		4 4		0.003		0.034	
4:0 6:0		0.000		0		4		0.000 0.000	0.000 0.000	0.000	
8:0	-	0.000		0		4		0.000	0.000	0.000	
8:0 10:0	-	0.000		0		4		0.000	0.000	0.000	
12:0	-	0.000		0		4		0.000	0.000	0.000	
13:0		0.000		J		-		0.000	0.000	0.000	
14:0		0.000		0		4		0.000	0.000	0.000	
15:0		3.000		-		-		0.000	0.000	0.00	
16:0		0.018		0		4		0.003	0.005	0.03	
17:0	_	010		-		-			2.000	0.00	
18:0		0.002		0		4		0.000	0.001	0.00	
20:0											
22:0	-										
24:0	-										

	<u>Am</u>	ount in 100 grams Number	<u>n</u>	Amount in edible portion of common measures of food				
Nutrients and Units	Mean S		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.070	0		4		0.011	0.020	0.119
14:1g								
15:1g								
16:1 undifferentiatedg	0.002	0		4		0.000	0.001	0.003
17:1g								
18:1 undifferentiatedg	0.070	0		4		0.011	0.020	0.119
20:1g	0.000	0		4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
24:1 cg								
Fatty acids, total polyunsaturatedg	0.094	0		4		0.015	0.027	0.160
18:2 undifferentiatedg	0.092	0		4		0.015	0.026	0.156
18:3 undifferentiatedg	0.002	0		4		0.000	0.001	0.003
18:4g	0.000	0		4		0.000	0.000	0.000
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	0		4		0.000	0.000	0.000
20:5 n-3g	0.000	0		4		0.000	0.000	0.000
22:5 n-3g	0.000	0		4		0.000	0.000	0.000
22:6 n-3g	0.000	0		4		0.000	0.000	0.000
Fatty acids, total transg								
Cholesterolmg	0	0		7		0	0	0
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	0		7		0.0	0.0	0.0
Caffeine mg	0	0	BFSN	4		0	0	0
Theobrominemg	0	0	BFSN	4		0	0	0
Carotenoids:								
Carotene, betamcg	88	0	BNA	4		14.145	25.063	150.292
Carotene, alphamcg	0	0	BNA	4		0.042	0.074	0.446
Cryptoxanthin, betamcg	37	0	BNA	4		5.844	10.354	62.090
Lycopenemcg	0	0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	163	0	BFSN	4		26.120	46.282	277.530

# **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 gra	ams of edi	ble portion	<u>on</u>	Amount in	edible portion	of common
			Num	her			<u>m</u>	easures of food	<u> </u>
				ata Deriv	Source	Confidence			
Nutrients and Un	ite	Mean	Std. Error Poi			Code	Measure 1	Measure 2	Measure 3
Nutrients and on	113	Weari	Ota. Error				Wicasure 1	Measure 2	Wedsure
Proximates:									
Water	g	87.80		1	1		14.05	24.89	149.26
Energy	kcal	44		0 NC	4		7	12	75
Energy	kj	184			4		29	52	313
Protein (N x 6.25)		0.30		6	1		0.05	0.09	0.51
Total lipid (fat)		0.20		6	1		0.03	0.06	0.34
Ash	g	0.30	0.000	7	1		0.05	0.09	0.51
Carbohydrate, by difference		11.40		0 NC			1.82	3.23	19.38
Fiber, total dietary		2.6		0	4		0.4	0.7	4.4
Sugars, total		7.36		0 FLF	4		1.18	2.09	12.51
Sucrose	g	1.10		0 т	4		0.18	0.31	1.87
Glucose (dextrose)	g	1.98		0 т	4		0.32	0.56	3.37
Fructose	g	4.27		0 т	4		0.68	1.21	7.25
Lactose	g	0.01		0 т	4		0.00	0.00	0.01
Maltose	g	0.01		0 т	4		0.00	0.00	0.01
Galactose	g	0.00		0 т	4		0.00	0.00	0.00
Starch									
Minorala									
Minerals:	ma	10	1.000	12	1		2	3	17
Calcium, Ca		0.21		13 13	1		0.03	0.06	0.36
Iron, Fe.		7		2	1		0.03	2	12
Magnesium, Mg		10		2	1		2	3	17
Phosphorus, P		118		3	1		19	33	201
Potassium, K		1		2	1		0	0	201
Sodium, NaZinc, Zn		0.13		3	1		0.02	0.04	0.22
Copper, Cu		0.105		2	1		0.02	0.030	0.17
Manganese, Mn		0.100	,	_	-		0.017	0.030	0.17
Selenium, Se		0.4		0 BFZN	1 4		0.1	0.1	0.7
Vitamins:									
Vitamin C, total ascorbic acid	mg	16.8	1.600	12	1		2.7	4.8	28.6
Thiamin	mg	0.024	0.000	12	1		0.004	0.007	0.04
Riboflavin	mg	0.023	0.000	11	1		0.004	0.007	0.03
Niacin	mg	0.183	0.005	11	1		0.029	0.052	0.31
Pantothenic acid	mg	0.095	i	0	4		0.015	0.027	0.16
Vitamin B-6	mg	0.013	3	9	1		0.002	0.004	0.02
Folate, total	mcg	3		0	1		0	1	5
Folic acid	mcg	0		0 z	7		0	0	0
Folate, food	mcg	3		0 т	4		0	1	5
Folate, DFE		3		0 NC	4		0	1	5
Vitamin B-12	mcg	0.00		0	4		0.00	0.00	0.00
Vitamin A, IU		32		8	1		5	9	54
Vitamin A, RAE		2		0 NC	4		0	0	3
Retinol		0		0 BNA	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.08		0 FLA	4		0.01	0.02	0.14
Tocopherol, beta	mg								
Tocopherol, gamma	mg								
Tocopherol, delta	mg								
Vitamin D	IU								
Vitamin K (phylloquinone)	mcg	3.0		0 FLA	4		0.5	0.9	5.1
Lipids:									
Fatty acids, total saturated	g	0.013		0	4		0.002	0.004	0.02
4:0	g	0.000	)	0	4		0.000	0.000	0.00
6:0	g	0.000	)	0	4		0.000	0.000	0.00
8:0	g	0.000	)	0	4		0.000	0.000	0.00
10:0	g	0.000	)	0	4		0.000	0.000	0.00
12:0	g	0.000	)	0	4		0.000	0.000	0.00
13:0	g								
14:0	g	0.000	)	0	4		0.000	0.000	0.00
15:0	q								

		<u>Ar</u>	nount in 10	00 grams Number		ole portion	!		edible portion of easures of food	of common
Nutrients and Uni	its	Mean	Std. Error	of Data	Deriv	Source ( Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0		0.009		0		4		0.001	0.003	0.015
17:0 18:0 20:0	g	0.004		0		4		0.001	0.001	0.007
22:0 24:0	g g									
Fatty acids, total monounsaturated 14:1	g	0.031		0		4		0.005	0.009	0.053
16:1 undifferentiated17:1	g g	0.001		0		4		0.000	0.000	0.002
18:1 undifferentiated	•	0.030		0		4		0.005	0.009	0.051
20:1	_	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	_	0.000		0		4		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturated	g	0.058		0		4		0.009	0.016	0.099
18:2 undifferentiated	_	0.043		0		4		0.007	0.012	0.073
18:3 undifferentiated	g	0.016		0		4		0.003	0.005	0.027
18:4	g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.000		0		4		0.000	0.000	0.000
20:5 n-3	g	0.000		0		4		0.000	0.000	0.000
22:5 n-3	g	0.000		0		4		0.000	0.000	0.000
22:6 n-3	g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans	g									
Cholesterol	mg	0		0		4		0	0	0
Phytosterols	<u>mg</u>									
Others:										
Alcohol, ethyl	a	0.0		0		7		0.0	0.0	0.0
Caffeine		0.0		0	FLA	4		0.0	0.0	0.0
Theobromine		0		0	FLA	4		0	0	0
Carotenoids:	1119	J		J	EHA	-		J	v	Ü
		4.0		•				0.01		
Carotene, beta	_	18		0	BNA	4		2.914	5.163	30.959
Carotene, alpha		0		0	BNA	4		0.066	0.117	0.701
Cryptoxanthin, beta		2		0	BNA	4		0.271	0.481	2.883
Lycopene		0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin	mcg	32		0	FLA	4		5.199	9.212	55.242

#### **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	umber				<u>m</u>	easures of food	_	
			of	f Data	Deriv	Source	Confidence				
Nutrients and Un	its	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	88.50		14		1		14.16	25.09	100.01	
Energy	kcal	41		0	NC	4		7	12	46	
Energy	kj	172				4		27	49	194	
Protein (N x 6.25)	g	0.30	0.000	19		1		0.05	0.09	0.34	
Total lipid (fat)	g	0.10	0.100	19		1		0.02	0.03	0.11	
Ash	g	0.30	0.000	19		1		0.05	0.09	0.34	
Carbohydrate, by difference	g	10.90		0	NC	4		1.74	3.09	12.32	
Fiber, total dietary	g	2.6		0		4		0.4	0.7	2.9	
Sugars, total	g	7.79		0	FLA	4		1.25	2.21	8.80	
Starch	g										
M:1											
Minerals:	ma	10	0.000	17		1		2	3	11	
Calcium, Ca		0.25	0.000	17		1		0.04	0.07	0.28	
Magnesium, Mg		7	0.020	2		1		1	2	8	
Phosphorus, P		9		2		1		1	3	10	
Potassium, K		116		15		1		19	33	131	
Sodium, Na		4		14		1		1	1	5	
Zinc, Zn	-	0.07		2		1		0.01	0.02	0.0	
Copper, Cu	-	0.140		1		1		0.022	0.040	0.1	
Manganese, Mn		0.140		-		-		0.022	0.040	0.1	
Selenium, Se		0.4		0	BFZN	4		0.1	0.1	0.5	
Scientini, Sc	9	0		·		-		V	· · -	0.0	
<u>/itamins:</u>											
Vitamin C, total ascorbic acid	-	27.5	1.700	12		1		4.4	7.8	31.1	
Thiamin		0.021		20		1		0.003	0.006	0.02	
Riboflavin	mg	0.028		17		1		0.004	0.008	0.03	
Niacin	-	0.207		16		1		0.033	0.059	0.23	
Pantothenic acid	-	0.089		0		4		0.014	0.025	0.10	
Vitamin B-6	-	0.016		8		1		0.003	0.005	0.0	
Folate, total		3	0.100	9		1		0	1	3	
Folic acid		0		0	Z	7		0	0	0	
Folate, food		3	0.100	9		1		0	1	3	
Folate, DFE		3		0	NC	4		0	1	3	
Vitamin B-12		0.00		0		4		0.00	0.00	0.00	
Vitamin A, IU		29	4.000	12		1		5	8	33	
Vitamin A, RAE		1		0	NC	4		0	0	2	
Retinol		0		0	BNA	4		0	0	0	
Vitamin E (alpha-tocopherol)	-	0.04		0	FLA	4		0.01	0.01	0.0	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D.											
Vitamin K (phylloquinone)	mcg	1.6		0	FLA	4		0.3	0.5	1.8	
Lipids:											
Fatty acids, total saturated	g	0.007		0		4		0.001	0.002	0.0	
4:0		0.000		0		4		0.000	0.000	0.0	
6:0		0.000		0		4		0.000	0.000	0.0	
8:0	_	0.000		0		4		0.000	0.000	0.0	
10:0	-	0.000		0		4		0.000	0.000	0.0	
12:0		0.000		0		4		0.000	0.000	0.0	
13:0											
14:0	-	0.000		0		4		0.000	0.000	0.0	
15:0	-										
16:0	_	0.004		0		4		0.001	0.001	0.0	
17:0											
18:0		0.002		0		4		0.000	0.001	0.0	
20:0											
22:0	_										
24:0	_										

	<u>An</u>	ount in 100 gram	s of edil	ole portio	<u>n</u>	Amount in edible portion of common			
Nutrients and Units	Mean	Numbe of Data Std. Error Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.016	0		4		0.003	0.005	0.018	
14:1g									
15:1	0.001	0		4		0.000	0.000	0.001	
16:1 undifferentiated	0.001	U		4		0.000	0.000	0.001	
17:1	0.015	0		4		0.002	0.004	0.017	
20:1g	0.015	0		4		0.002	0.004	0.017	
22:1 undifferentiated	0.000	0		4		0.000	0.000	0.000	
24:1 c	0.000	U		*		0.000	0.000	0.000	
Fatty acids, total polyunsaturated9	0.029	0		4		0.005	0.008	0.033	
18:2 undifferentiatedg	0.021	0		4		0.003	0.006	0.024	
18:3 undifferentiated	0.008	0		4		0.003	0.002	0.024	
18:4g	0.000	0		4		0.000	0.002	0.000	
20:2 n-6 c.cg	0.000	· ·		-		0.000	0.000	0.000	
20:3 undifferentiated 9									
20:4 undifferentiated 9	0.000	0		4		0.000	0.000	0.000	
20:5 n-3	0.000	0		4		0.000	0.000	0.000	
22:5 n-3g	0.000	0		4		0.000	0.000	0.000	
22:6 n-3g	0.000	0		4		0.000	0.000	0.000	
Fatty acids, total trans									
Cholesterol mg	0	0		7		0	0	0	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0	0		7		0.0	0.0	0.0	
Caffeine mg	0	0	FLA	4		0	0	0	
Theobromine mg	0	0	FLA	4		0	0	0	
Carotenoids:									
Carotene, betamcg	17	0	BNA	4		2.735	4.847	19.318	
Carotene, alphamcg	0	0	BNA	4		0.020	0.036	0.143	
Cryptoxanthin, beta mcg	1	0	BNA	4		0.083	0.148	0.589	
Lycopene mcg	0	0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	15	0	FLA	4		2.388	4.231	16.866	

# **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nı	ımber				me	easures of food		
					Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	87.80		14		1		14.05	24.89	149.26	
Energy	kcal	43		0	NC	4		7	12	73	
Energy		180				4		29	51	306	
Protein (N x 6.25)	g	0.30	0.000	19		1		0.05	0.09	0.51	
Total lipid (fat)	g	0.10	0.100	19		1		0.02	0.03	0.17	
Ash	g	0.20	0.000	19		1		0.03	0.06	0.34	
Carbohydrate, by difference	g	11.60		0	NC	4		1.86	3.29	19.72	
Fiber, total dietary	g	3.6		0		4		0.6	1.0	6.1	
Sugars, total	g	7.34		0	BFSN	4		1.17	2.08	12.48	
Starch	g										
Minavalse											
Minerals: Calcium, Ca	ma	8	0.000	16		1		1	2	14	
Iron, Fe		0.25	0.040	16		1		0.04	0.07	0.43	
Magnesium, Mg		9		1		1		1	3	15	
Phosphorus, P		12		1		1		2	3	20	
Potassium, K	-	115		14		1		18	33	196	
Sodium, Na		2		15		1		0	1	3	
Zinc, Zn	mg	0.08		1		1		0.01	0.02	0.14	
Copper, Cu	mg	0.080		1		1		0.013	0.023	0.13	
Manganese, Mn	<u>mg</u>										
Selenium, Se	mcg	0.4		1	A	1		0.1	0.1	0.7	
Vitamins:											
Vitamin C, total ascorbic acid	ma	22.0	1.400	23		1		3.5	6.2	37.4	
Thiamin	_	0.014		24		1		0.002	0.004	0.02	
Riboflavin	-	0.030		23		1		0.005	0.009	0.05	
Niacin		0.188		23		1		0.030	0.053	0.32	
Pantothenic acid	_	0.095	i	0		1		0.015	0.027	0.16	
Vitamin B-6	mg	0.010	0.000	7		1		0.002	0.003	0.01	
Folate, total	mcg	4		0		1		1	1	6	
Folic acid	mcg	0		0	Z	7		0	0	0	
Folate, food	mcg	4		0		1		1	1	6	
Folate, DFE	mcg_DFE	4		0	NC	4		1	1	6	
Vitamin B-12		0.00		0		4		0.00	0.00	0.00	
Vitamin A, IU		18		0	NC	4		3	5	30	
Vitamin A, RAE		1		0	NC	4		0	0	2	
Retinol	-	0		0	Z	7		0	0	0	
Vitamin E (alpha-tocopherol)		0.09		0	BFSN	4		0.01	0.03	0.16	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D Vitamin K (phylloquinone)		3.4		0	BFSN	4		0.5	1.0	5.8	
vitanini k (phynoquinone)	nog	3.4		Ū	DI SI	-		0.5	1.0	3.8	
<u>Lipids:</u>											
Fatty acids, total saturated	g	0.006	i	0		4		0.001	0.002	0.01	
4:0	g	0.000		0		4		0.000	0.000	0.00	
6:0	g	0.000		0		4		0.000	0.000	0.00	
8:0	-	0.000		0		4		0.000	0.000	0.00	
10:0	-	0.000		0		4		0.000	0.000	0.00	
12:0	-	0.000		0		4		0.000	0.000	0.00	
13:0	-			_		_		_		_	
14:0	_	0.000		0		4		0.000	0.000	0.00	
15:0				-		_				_	
16:0		0.004		0		4		0.001	0.001	0.00	
17:0				•						<u>.</u> -	
18:0		0.001		0		4		0.000	0.000	0.0	
20:0	-										
22:0	q										

	<u>An</u>	nount in 10	Number	,		_	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.021		0		4		0.003	0.006	0.036	
14:1g	0.021		·		•		0.005	0.000	0.030	
15:1g										
16:1 undifferentiated	0.000		0		4		0.000	0.000	0.000	
17:1g										
18:1 undifferentiatedg	0.020		0		4		0.003	0.006	0.034	
20:1g	0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturated	0.023		0		4		0.004	0.007	0.039	
18:2 undifferentiatedg	0.023		0		4		0.004	0.007	0.039	
18:3 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
18:4g	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
20:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:6 n-3g	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total transg										
Cholesterolmg	0		0		7		0	0	0	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0		7		0.0	0.0	0.0	
Caffeine mg	0		0	BFSN	4		0	0	0	
Theobrominemg	0		0	BFSN	4		0	0	0	
Carotenoids:										
Carotene, betamcg	10		0	BFSN	4		1.581	2.801	16.798	
Carotene, alpha mcg	0		0	BFSN	4		0.051	0.090	0.542	
Cryptoxanthin, beta mcg	1		0	BFSN	4		0.210	0.372	2.229	
Lycopenemcg	0		0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	38		0	BFSN	4		6.003	10.637	63.784	

# **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

						Amount in edible portion of common				
			Nu	ımber	•			<u>me</u>	easures of food	_
			of	Data	Deriv	Source	Confidence			
Nutrients and Unit	s	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.40	0.300	17		1		14.14	25.06	99.89
Energy	kcal	41		0	NC	4		7	12	46
Energy	kj	172				4		27	49	194
Protein (N x 6.25)	g	0.30	0.000	23		1		0.05	0.09	0.34
Total lipid (fat)	g	0.20	0.000	23		1		0.03	0.06	0.23
Ash		0.30	0.000	19		1		0.05	0.09	0.34
Carbohydrate, by difference	g	10.80		0	NC	4		1.73	3.06	12.20
Fiber, total dietary	g	3.6		0		4		0.6	1.0	4.1
Sugars, total	g	6.98		0	BFSN	4		1.12	1.98	7.89
Starch	g									
Minerals:										
Calcium, Ca	ma	8	0.000	20		1		1	2	9
Iron, Fe	_	0.24	0.020	29		1		0.04	0.07	0.27
Magnesium, Mg	_	8	0.020	2		1		1	2	9
Phosphorus, P		12		1		1		2	3	14
Potassium, K	-	130		14		1		21	37	147
Sodium. Na.	_	2		15		1		0	1	2
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.08		17		1		0.01	0.02	0.08
Copper, Cu		0.065		16		1		0.010	0.018	0.07
Manganese, Mn.										
Selenium, Se		0.4		1	A	1		0.1	0.1	0.5
	_									
Vitamins:						_				
Vitamin C, total ascorbic acid	_	24.5	1.300	14		1		3.9	6.9	27.7
Thiamin	_	0.013		21		1		0.002	0.004	0.01
Riboflavin		0.028		21		1		0.004	0.008	0.03
Niacin	_	0.189		22		1		0.030	0.054	0.21
Pantothenic acid	-	0.090		4		1		0.014	0.026	0.10
Vitamin B-6		0.008		12		1		0.001	0.002	0.00
Folate, total		4	1.000	9		1 7		1 0	1	<b>4</b> 0
Folic acid		0 4	1.000	0 9	z	1		1	0 1	4
Folate, food		4	1.000	0	NC	4		1		4
Folate, DFE		0.00		0	NC	4		0.00	1 0.00	0.00
Vitamin B-12 Vitamin A, IU		17		0	NC	4		3		
Vitamin A, RAE	IU	1		0	NC	4		0	5 0	19 1
Retinol		0		0	NC Z	7		0	0	0
Vitamin E (alpha-tocopherol)		0.09		0	BFSN	4		0.01	0.02	0.10
Tocopherol, beta		0.09		U	DESN	-		0.01	0.02	0.10
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D	II.J									
Vitamin K (phylloquinone)		3.2		0	BFSN	4		0.5	0.9	3.7
<u>Lipids:</u>										
Fatty acids, total saturated		0.012		0		4		0.002	0.003	0.01
4:0		0.000		0		4		0.000	0.000	0.00
6:0	_	0.000		0		4		0.000	0.000	0.00
8:0		0.000		0		4		0.000	0.000	0.00
10:0	_	0.000		0		4		0.000	0.000	0.00
12:0		0.000		0		4		0.000	0.000	0.00
13:0				_						• • •
14:0		0.000		0		4		0.000	0.000	0.00
15:0				_						
16:0	-	0.008		0		4		0.001	0.002	0.00
17:0				_						= -
18:0		0.002		0		4		0.000	0.001	0.00
20:0	-									
22:0	g									

	<u>Ar</u>	mount in 10	0 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
	0.042		0		4		0.007	0.010	0.047	
Fatty acids, total monounsaturatedg 14:1g	0.042		U		4		0.007	0.012	0.047	
14:1g 15:1g										
16:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
17:1g	0.000		v		-		0.000	0.000	0.000	
18:1 undifferentiated	0.040		0		4		0.006	0.011	0.045	
20:1g	0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturated9	0.046		0		4		0.007	0.013	0.052	
18:2 undifferentiated	0.046		0		4		0.007	0.013	0.052	
18:3 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
18:4g	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
20:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:6 n-3g	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total transg										
Cholesterolmg	0		0		7		0	0	0	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0		7		0.0	0.0	0.0	
Caffeine mg	0		0	BFSN	4		0	0	0	
Theobrominemg	0		0	BFSN	4		0	0	0	
Carotenoids:										
Carotene, betamcg	9		0	BFSN	4		1.503	2.664	10.617	
Carotene, alphamcg	0		0	BFSN	4		0.048	0.086	0.342	
Cryptoxanthin, betamcg	1		0	BFSN	4		0.199	0.353	1.409	
Lycopene mcg	0		0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	36		0	BFSN	4		5.708	10.114	40.313	

# **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03135 Babyfood, fruit, plums with tapioca, without ascorbic acid, junior

Refuse: 0%

		<u>Aı</u>	mount in 100 gra		dible p	ortio	<u>n</u>		edible portion	
			Num					<u>m</u> :	easures of food	_
Nutrients and Un	its	Mean	of D Std. Error Poi	ata Dei		ode	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:	a	79.20		14		1		11.88	22.45	134.64
Water	_	79.20 74			NC	4		11.88	22.45 21	134.64
Energy		310		0	NC	4		46	21 88	526
63	-	0.10		14		1		0.02	0.03	0.17
Protein (N x 6.25) Total lipid (fat)		0.10		14		1		0.02	0.03	0.17
		0.00		19		1		0.00	0.00	0.00
AshCarbohydrate, by difference		20.40	0.000		NC	4		3.06	5.78	34.68
Fiber, total dietary		1.2		0	NC	4		0.2	0.3	2.0
Sugars, total		12.91			FSN	4		1.94	3.66	21.94
Starch		12.51		0 5	. OI	•		1.54	3.00	21.54
Starcii	9									
Minerals:										
Calcium, Ca	-	6		15		1		1	2	10
Iron, Fe		0.22	0.020	16		1		0.03	0.06	0.37
Magnesium, Mg		4		0		1		1	1	7
Phosphorus, P		6	0.000	0		1		1	2	10
Potassium, K		83 8		13 14		1 1		12 1	24 2	141 14
Sodium, Na		0.08		0		1		0.01	0.02	0.14
Zinc, Zn		0.08	,	0		1		0.01	0.02	0.14
Copper, Cu		0.036		U		_		0.000	0.011	0.00
Selenium, Se		0.4		0 F	LM	4		0.1	0.1	0.7
Scientini, Sc	g	0.4				•		0.1	0.1	0.,
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid		0.8		6		1		0.1	0.2	1.4
Thiamin	-	0.006		15		1		0.001	0.002	0.010
Riboflavin		0.030		15		1		0.005	0.009	0.051
Niacin	-	0.206		15		1		0.031	0.058	0.350
Pantothenic acid		0.114		0		1		0.017	0.032	0.194
Vitamin B-6	-	0.029 1	0.000	7 0		1 1		0.004 0	0.008	0.049
Folate, total		0			Z	7		0	0 0	0
		1		0	4	1		0	0	2
Folate, foodFolate, DFE		1			c	4		0	0	2
Vitamin B-12		0.00		0	C	4		0.00	0.00	0.00
Vitamin A, IU		94	16.000	15		1		14	27	160
Vitamin A, RAE		5			C	4		1	1	8
Retinol		0			NA.	4		0	0	0
Vitamin E (alpha-tocopherol)		0.14			SN	4		0.02	0.04	0.24
Tocopherol, beta				-		=		****		**
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	3.4		0 BE	SN	4		0.5	1.0	5.7
I inide:										
Lipids: Fatty acids, total saturated	a	0.000	1	0		7		0.000	0.000	0.000
4:0		0.000		0		4		0.000	0.000	0.000
6:0	-	0.000		0		4		0.000	0.000	0.000
8:0	-	0.000		0		4		0.000	0.000	0.000
10:0	-	0.000		0		4		0.000	0.000	0.000
12:0	-	0.000		0		4		0.000	0.000	0.000
13:0	-									
14:0		0.000	1	0		4		0.000	0.000	0.000
15:0										
16:0		0.000	1	0		4		0.000	0.000	0.000
17:0										
18:0		0.000	1	0		4		0.000	0.000	0.000
20:0										
22:0	-									
24:0	-									

		<u>Ar</u>	nount in 10	00 grams Number	Amount in edible portion of common measures of food					
Nutrients and l	Jnits	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturat		0.000		0		7		0.000	0.000	0.000
14:1										
15:1				_						
16:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	0.000
17:1		0.000		•						0.000
18:1 undifferentiated		0.000		0		4		0.000	0.000	0.000
20:1	_	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000
24:1 c		0.000		0		7				0.000
Fatty acids, total polyunsaturated		0.000		-		4		0.000	0.000	0.000
18:2 undifferentiated		0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated				-		4		0.000	0.000	
18:4	_	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c										
20:3 undifferentiated	_	0.000		0		4		0.000	0.000	0.000
20:4 undifferentiated	_			0		4		0.000	0.000	0.000
20:5 n-3		0.000		-		4		0.000	0.000	
22:5 n-3		0.000		0		4		0.000	0.000	0.000
22:6 n-3	_	0.000		U		4		0.000	0.000	0.000
Fatty acids, total trans	_	0		0		7		0	0	0
CholesterolPhytosterols	•	U		U		,		U	U	U
Phytosterois	III9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine	mg	0		0	BFSN	4		0	0	0
Theobromine	mg	0		0	BFSN	4		0	0	0
Carotenoids:										
Carotene, beta	mcq	52		0	BNA	4		7.746	14.639	87.783
Carotene, alpha	_	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta		10		0	BNA	4		1.429	2.701	16.195
Lycopene		0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin		29		0	BFSN	4		4.349	8.220	49.294

### **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03134 Babyfood, fruit, plums with tapioca, without ascorbic acid, strained

		<u>A</u>	mount in 100 gra	ams of edi	ble portion	<u>on</u>	Amount in edible portion of common			
			Num	ber			<u>m</u>	easures of food	<u>[</u>	
			of D	ata Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Poi	nts Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates: Water	a	80.00	0.200	17	1		12.00	22.68	90.40	
Energy	-	71	0.200	0 NC	4		11	20	80	
Energy		297		0 110	4		45	84	336	
Protein (N x 6.25)		0.10		14	1		0.02	0.03	0.11	
Total lipid (fat)		0.00		14	1		0.00	0.00	0.00	
Ash		0.24		0 FL			0.04	0.07	0.27	
Carbohydrate, by difference		19.70		0 NC	4		2.96	5.58	22.26	
Fiber, total dietary		1.2		0	4		0.2	0.3	1.4	
Sugars, total		13.34		0 FL			2.00	3.78	15.07	
		2.11		0 FLF			0.32	0.60	2.38	
Sucrose	9	6.81		0 FLF			1.02	1.93	7.70	
Glucose (dextrose)	9	4.12		0 FLF			0.62	1.93	4.66	
Fructose	9									
Lactose		0.00		0 FLF			0.00	0.00	0.00	
Maltose		0.11					0.02	0.03	0.12	
Galactose		0.19		0 FLF	. 4		0.03	0.05	0.21	
Starch	g									
Minerals:										
Calcium, Ca	mg	6	0.000	14	1		1	2	7	
Iron, Fe	_	0.20		17	1		0.03	0.06	0.23	
Magnesium, Mg		4		2	1		1	1	5	
Phosphorus, P		6		1	1		1	2	7	
Potassium, K		85		14	1		13	24	96	
Sodium, Na		6	0.000	17	1		1	2	7	
Zine, Zn		0.08		2	1		0.01	0.02	0.09	
Copper, Cu		0.037	1	2	1		0.006	0.010	0.04	
Manganese, Mn										
Selenium, Se		0.4		0 FLM	4		0.1	0.1	0.5	
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.1	0.600	6	1		0.2	0.3	1.2	
Thiamin	mg	0.008		16	1		0.001	0.002	0.00	
Riboflavin	mg	0.028	0.000	15	1		0.004	0.008	0.03	
Niacin	mg	0.213	0.007	16	1		0.032	0.060	0.24	
Pantothenic acid	mg	0.110	)	4	1		0.017	0.031	0.12	
Vitamin B-6	mg	0.024	Į	8	1		0.004	0.007	0.02	
Folate, total	mcg	2		0 FLA	4		0	0	2	
Folic acid	mcg	0		0 FLA	4		0	0	0	
Folate, food	mcg	2		0 FLA	4		0	0	2	
Folate, DFE	mcg_DFE	2		0 NC	4		0	0	2	
Vitamin B-12	mcg	0.00		0	4		0.00	0.00	0.00	
Vitamin A, IU	IU	142		0 FLA	4		21	40	160	
Vitamin A, RAE	mcg_RAE	7		0 NC	4		1	2	8	
Retinol	mcg	0		0 FLA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.14		0 FLA	4		0.02	0.04	0.16	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	3.5		0 FLA	4		0.5	1.0	3.9	
Lipids:										
Fatty acids, total saturated	g	0.000	)	0	7		0.000	0.000	0.00	
4:0		0.000		0	4		0.000	0.000	0.00	
6:0		0.000		0	4		0.000	0.000	0.00	
8:0	-	0.000		0	4		0.000	0.000	0.00	
10:0		0.000		0	4		0.000	0.000	0.00	
12:0		0.000		0	4		0.000	0.000	0.00	
13:0		0.000	•	•	-		3.000	0.000	0.00	
13.0				•						
14:0	a	0.000		0	4		0.000	0.000	0.00	

		<u>A</u> 1	mount in 10	00 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Uni	ts	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.000		0		4		0.000	0.000	0.000	
17:0 18:0		0.000		0		4		0.000	0.000	0.000	
20:0 22:0	g g	0.000		v		-		0.000	0.000	0.000	
24:0 Fatty acids, total monounsaturated	g	0.000		0		7		0.000	0.000	0.000	
15:1	g g	0.000		0		4		0.000	0.000	0.000	
18:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000	
20:1	g	0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiated	g	0.000		0		4		0.000	0.000	0.000	
24:1 c	g										
Fatty acids, total polyunsaturated	g	0.000		0		7		0.000	0.000	0.000	
18:2 undifferentiated		0.000		0		4		0.000	0.000	0.00	
18:3 undifferentiated	g	0.000		0		4		0.000	0.000	0.00	
18:4	g	0.000		0		4		0.000	0.000	0.00	
20:2 n-6 c,c	g										
20:3 undifferentiated	g										
20:4 undifferentiated	g	0.000		0		4		0.000	0.000	0.00	
20:5 n-3	g	0.000		0		4		0.000	0.000	0.00	
22:5 n-3	g	0.000		0		4		0.000	0.000	0.00	
22:6 n-3	g	0.000		0		4		0.000	0.000	0.00	
Fatty acids, total trans	g										
Cholesterol	mg	0		0		7		0	0	0	
Phytosterols	mg										
Others:											
Alcohol, ethyl	a	0.0		0		7		0.0	0.0	0.0	
Caffeine		0.0		0	FLA	4		0.0	0.0	0.0	
Theobromine		0		0	FLA	4		0	0	0	
Carotenoids:	9	V		v	ELIA	-		V	Ü	v	
Carotene, beta	mcg	78		0	FLA	4		11.684	22.082	88.017	
Carotene, alpha	mcg	0		0	FLA	4		0.000	0.000	0.000	
Cryptoxanthin, beta		14		0	FLA	4		2.156	4.074	16.238	
Lycopene		0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin		30		0	FLA	4		4.496	8.497	33.868	

### **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03137 Babyfood, fruit, prunes with tapioca, without ascorbic acid, junior

		<u>A</u>	mount in 100 gra	ms of edi	Amount in edible portion of common				
			Num	ber			<u>m</u>	easures of food	<u> </u>
					Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Poir	ts Code	Code	Code	Measure 1	Measure 2	Measure 3
n : .									
Proximates: Water	g	80.10	:	.4	1		22.71	136.17	
Energy		70		0 NC	4		20	119	
Energy		293			4		83	498	
Protein (N x 6.25)		0.60	:	.4	1		0.17	1.02	
Total lipid (fat)		0.10	:	.4	1		0.03	0.17	
Ash		0.78		0 FLA	. 4		0.22	1.32	
Carbohydrate, by difference		18.70		0 NC	4		5.30	31.79	
Fiber, total dietary	g	2.7		0	4		0.8	4.6	
Sugars, total		10.97		0 FLA	. 4		3.11	18.64	
Sucrose	g	0.04		O FLA	. 4		0.01	0.07	
Glucose (dextrose)	g	6.79		0 FLA	. 4		1.93	11.54	
Fructose	g	3.32		O FLA	. 4		0.94	5.65	
Lactose	g	0.00		0 FLA	. 4		0.00	0.00	
Maltose	g	0.02		0 FLA	. 4		0.00	0.03	
Galactose		0.00		0 FLA	. 4		0.00	0.00	
Starch									
Minarala									
Minerals:	ma	15		0	1		4	26	
Calcium, CaIron, Fe		0.33		.0	1		0.09	0.56	
Magnesium, Mg		10		1	1		3	17	
Phosphorus, P		15		- 1	1		4	26	
Potassium, K		162		4	1		46	275	
Sodium, Na		2	1.000	.5	1		1	3	
Zine, Zn		0.10		1	1		0.03	0.17	
Copper, Cu		0.062	2	)	4		0.018	0.105	
Manganese, Mn									
Selenium, Se	mcg	0.5		) FLM	4		0.1	0.9	
Vitamins:									
Vitamin C, total ascorbic acid		0.8		1	1		0.2	1.4	
Thiamin		0.022		.0	1		0.006	0.037	
Riboflavin	-	0.083		1	1		0.024	0.141	
Niacin		0.526 0.141		1 0	1 1		0.149 0.040	0.894	
Pantothenic acid Vitamin B-6		0.141		1	1		0.040	0.240 0.146	
Folate, total		1		) FLA	4		0.024	2	
Folic acid		0		) FLA	4		0	0	
Folate, food	mca	1		) FLA	4		0	2	
Folate, DFE		1		) NC	4		0	2	
Vitamin B-12		0.00		)	4		0.00	0.00	
Vitamin A, IU		208		) NC	4		59	353	
Vitamin A, RAE	mcg RAE	10		) NC	4		3	18	
Retinol		0		) z	7		0	0	
Vitamin E (alpha-tocopherol)		0.11		) FLA	4		0.03	0.19	
Tocopherol, beta									
Tocopherol, gamma	mg								
Tocopherol, delta	mg								
Vitamin D									
Vitamin K (phylloquinone)	mcg	15.8		) FLA	4		4.5	26.9	
Lipids:									
Fatty acids, total saturated	a	0.008	3	0	4		0.002	0.014	
4:0		0.000		)	4		0.000	0.000	
6:0		0.000		)	4		0.000	0.000	
8:0	-	0.000		0	4		0.000	0.000	
10:0	-	0.000		0	4		0.000	0.000	
12:0	-	0.000		0	4		0.000	0.000	
13:0									
14:0		0.000	)	0	4		0.000	0.000	
15:0									

		<u>Aı</u>	mount in 10	00 grams Number		ole portio	<u>n</u>		edible portion o	of common
Nutrients and Uni	ts	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.007	,	0		4		0.002	0.012	
17:0 18:0		0.001		0		4		0.000	0.002	
20:0 22:0	g									
24:0 Fatty acids, total monounsaturated 14:1	g	0.066	i	0		4		0.019	0.112	
15:1 16:1 undifferentiated	g g	0.001		0		4		0.000	0.002	
17:1 18:1 undifferentiated	g	0.065		0		4		0.018	0.111	
20:1 undifferentiated	g	0.000		0 0		4 4		0.000 0.000	0.000 0.000	
24:1 c Fatty acids, total polyunsaturated	g	0.022		0		4		0.006	0.037	
18:3 undifferentiated	g	0.022	)	0		4		0.006 0.000	0.037 0.000	
18:4 20:2 n-6 c,c	g	0.000		0		4		0.000	0.000	
20:3 undifferentiated	g	0.000		0		4		0.000	0.000	
20:5 n-3	g	0.000	)	0		4 4 4		0.000	0.000	
22:6 n-3Fatty acids, total trans	g	0.000		-		7		0.000	0.000	
Cholesterol. Phytosterols.		U		0		,		U	0	
Others: Alcohol, ethyl	a	0.0		0		7		0.0	0.0	
Caffeine	mg	0		0	FLA FLA	4 4		0	0	
Theobromine	!!!! <b>y</b>	U		U	F.TT	4		U	U	
Carotene, beta		105 15		0	FLA FLA	4 4		29.681 4.259	177.982 25.540	
Cryptoxanthin, betaLycopene	<u>m</u> cg	25 0		0	FLA FLA	4		7.013 0.000	42.052	
Lutein + zeaxanthin		39		0	FLA	4		11.163	66.936	

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03136 Babyfood, fruit, prunes with tapioca, without ascorbic acid, strained

		<u>A</u>	mount in 100 gı	rams c	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nur	mber				<u>me</u>	easures of food	<u>.</u>	
			of I	Data I	Deriv	Source	Confidence				
Nutrients and Un	its	Mean	Std. Error Po	ints (	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	80.30		1		1		12.05	22.77	90.74	
Energy	kcal	70		0	NC	4		11	20	79	
Energy	kj	293				4		44	83	331	
Protein (N x 6.25)	g	0.60	0.000	17		1		0.09	0.17	0.68	
Total lipid (fat)	g	0.10	0.000	17		1		0.02	0.03	0.11	
Ash	g	0.50	0.000	18		1		0.08	0.14	0.57	
Carbohydrate, by difference	g	18.50		0	NC	4		2.78	5.24	20.91	
Fiber, total dietary	g	2.7		0		4		0.4	0.8	3.1	
Sugars, total	g	10.82		0	BFSN	4		1.62	3.07	12.23	
Sucrose	g	0.04		0	FLA	4		0.01	0.01	0.05	
Glucose (dextrose)	g	6.79		0	FLA	4		1.02	1.93	7.67	
Fructose	g	3.32		0	FLA	4		0.50	0.94	3.75	
Lactose	g	0.00		0	FLA	4		0.00	0.00	0.00	
Maltose	g	0.02		0	FLA	4		0.00	0.00	0.02	
Galactose		0.00		0	FLA	4		0.00	0.00	0.00	
Starch											
Minerals: Calcium. Ca	ma	15		11		1		2	4	17	
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	0.35	0.040	12		1		0.05	0.10	0.40	
Magnesium, Mg		10	0.040	3		1		2	3	11	
Phosphorus, P	_	15		2		1		2	4	17	
Potassium, K		177		15		1		27	50	200	
Sodium, Na		5	1.000	19		1		1	1	6	
Zinc, Zn		0.09		3		1		0.01	0.03	0.10	
Copper, Cu		0.061	L	2		1		0.009	0.017	0.06	
Manganese, Mn	mg										
Selenium, Se	mcg	0.5		0	FLM	4		0.1	0.1	0.6	
Vitamins:				_		_					
Vitamin C, total ascorbic acid		0.8		1		1		0.1	0.2	0.9	
Thiamin		0.022		11		1		0.003	0.006	0.02	
Riboflavin		0.075		11		1		0.011	0.021	0.08	
Niacin	•	0.525		12 4		1 1		0.079 0.021	0.149	0.59	
Pantothenic acid		0.140		3		1		0.021	0.040 0.023	0.15	
Vitamin B-6 Folate, total		0.081	L	9		1		0.012	0.023	0.09.	
Folic acid		0		0	FLA	4		0	0	0	
Folate, food		0		0	NR	4		0	0	0	
Folate, DFE		0		0	NC	4		0	0	0	
Vitamin B-12		0.00		0	140	4		0.00	0.00	0.00	
Vitamin A, IU	_	453		13		1		68	128	512	
Vitamin A, RAE		23		0	NC	4		3	6	26	
Retinol		0		0	BNA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.11		0	BFSN	4		0.02	0.03	0.13	
Tocopherol, beta		0.00		0	FLA	4		0.00	0.00	0.00	
Tocopherol, gamma		0.01		0	FLA	4		0.00	0.00	0.01	
Tocopherol, delta		0.00		0	FLA	4		0.00	0.00	0.00	
Vitamin D											
Vitamin K (phylloquinone)	mcg	15.6		0	BFSN	4		2.3	4.4	17.6	
Lipids:				•		_					
Fatty acids, total saturated		0.008		0		4		0.001	0.002	0.00	
4:0		0.000		0		4		0.000	0.000	0.00	
6:0		0.000		0		4		0.000	0.000	0.00	
8:0		0.000		0		4		0.000	0.000	0.00	
10:0		0.000		0		4		0.000	0.000	0.00	
12:0	_	0.000	)	0		4		0.000	0.000	0.00	
13:0 14:0	-	0.000		0		4		0.000	0.000	0.00	

		<u>Ar</u>	mount in 10	Number	i		_	Amount in edible portion of common measures of food			
Nutrients and Unit	ts	Mean	Std. Error	of Data Points		Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.007		0		4		0.001	0.002	0.008	
17:0 18:0.		0.001		0		4		0.000	0.000	0.001	
20:0		0.002		·		-		0.000	0.000	0.002	
22:0	g										
24:0											
Fatty acids, total monounsaturated		0.066		0		4		0.010	0.019	0.075	
14:1 15:1	_										
16:1 undifferentiated		0.001		0		4		0.000	0.000	0.001	
17:1											
18:1 undifferentiated	g	0.065		0		4		0.010	0.018	0.073	
20:1		0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiated	-	0.000		0		4		0.000	0.000	0.00	
24:1 c											
Fatty acids, total polyunsaturated		0.022		0		4		0.003	0.006	0.02	
18:2 undifferentiated		0.022		0		4		0.003	0.006	0.02	
18:3 undifferentiated	-	0.000		0		4 4		0.000	0.000	0.00	
18:4	-	0.000		0		4		0.000	0.000	0.00	
20:2 n-6 c,c 20:3 undifferentiated	-										
20:4 undifferentiated		0.000		0		4		0.000	0.000	0.00	
20:5 n-3		0.000		0		4		0.000	0.000	0.00	
22:5 n-3		0.000		0		4		0.000	0.000	0.000	
22:6 n-3		0.000		0		4		0.000	0.000	0.00	
Fatty acids, total trans	g										
Cholesterol.	mg	0		0		7		0	0	0	
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0	
Caffeine		0		0	BFSN	4		0	0	0	
Theobromine	mg	0		0	BFSN	4		0	0	0	
Carotenoids:											
Carotene, beta	mcg	228		0	BNA	4		34.264	64.759	258.121	
Carotene, alpha	_	33		0	BNA	4		4.917	9.293	37.039	
Cryptoxanthin, beta	_	54		0	BNA	4		8.095	15.300	60.986	
Lycopene	mcg	0		0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin	mcg	39		0	BFSN	4		5.824	11.007	43.871	

### **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.6

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100	grams	of edib	<u>le portio</u>	<u>n</u>	Amount in edible portion of common			
			N	umber				<u>m</u> e	easures of food	_	
			o	f Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water		82.90				1		12.44	140.93	140.93	
Energy	kcal	69		0	NC	4		10	118	118	
Energy	kj	290		0	NC	4		43	492	492	
Protein		0.40				1		0.06	0.68	0.68	
Total lipid (fat)	g	0.40				1		0.06	0.68	0.68	
Ash		0.30		0	0	4		0.05	0.51	0.51	
Carbohydrate, by difference		16.00		0	NC	4		2.40	27.20	27.20	
Fiber, total dietary		0.4				4		0.1	0.7	0.7	
Sugars, total		9.41		0	FLA	4		1.41	16.00	16.00	
Starch	g										
Minerals:											
Calcium, Ca	mg	14				1		2	24	24	
Iron, Fe		0.30				1		0.05	0.51	0.51	
Magnesium, Mg		4				4		1	7	7	
Phosphorus, P	mg	28				1		4	48	48	
Potassium, K	mg	47				1		7	80	80	
Sodium, Na	mg	17				1		3	29	29	
Zinc, Zn	-	0.19				1		0.03	0.32	0.32	
Copper, Cu		0.200	)			1		0.030	0.340	0.34	
Manganese, Mn				_							
Selenium, Se	mcg	0.4		0	BFZN	4		0.1	0.7	0.7	
Vitamins:											
Vitamin C, total ascorbic acid	mg	7.2				1		1.1	12.2	12.2	
Thiamin	mg	0.030	)			1		0.005	0.051	0.05	
Riboflavin	mg	0.020	)			1		0.003	0.034	0.03	
Niacin	mg	0.080	)			1		0.012	0.136	0.13	
Pantothenic acid	mg										
Vitamin B-6	mg	0.020	)			1		0.003	0.034	0.03	
Folate, total	mcg	3				4		0	5	5	
Folic acid	mcg	0		0	Z	7		0	0	0	
Folate, food		3				4		0	5	5	
Folate, DFE		3		0	NC	4		0	5	5	
Vitamin B-12		0.01				4		0.00	0.02	0.02	
Vitamin A, IU		199		0	FLA	4		30	338	338	
Vitamin A, RAE		10		0	NC	4		1	17	17	
Retinol		0		0	BNA	4		0	0	0	
Vitamin E (alpha-tocopherol)	<del>-</del>	0.15		0	FLA	4		0.02	0.26	0.26	
Tocopherol, beta											
Tocopherol, gamma Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		0.6		0	FLA	4		0.1	0.9	0.9	
,											
<u>Lipids:</u>											
Fatty acids, total saturated		0.110				4		0.017	0.187	0.18	
4:0	-	0.000				4		0.000	0.000	0.00	
6:0	-	0.000				4		0.000	0.000	0.00	
8:0		0.000				4		0.000	0.000	0.00	
10:0 12:0	-	0.000				4		0.000 0.000	0.000 0.000	0.00	
13:0	-	0.000	•			-		0.000	0.000	0.00	
14:0	-	0.001				4		0.000	0.002	0.00	
15:0		0.001	-			-		0.000	0.002	0.00	
16:0	-	0.080	)			4		0.012	0.136	0.1	
17:0	-	0.000				•		0.012	0.130	0.1.	
18:0	-	0.028	3			4		0.004	0.048	0.0	
20:0		3.020				-		0.004	0.040	0.0	
22:0	-										
24:0	-										

	<u>Ar</u>	nount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.148				4		0.022	0.252	0.252	
14:1g										
15:1g										
16:1 undifferentiatedg	0.010				4		0.002	0.017	0.017	
17:1g										
18:1 undifferentiatedg	0.137				4		0.021	0.233	0.233	
20:1g	0.001				4		0.000	0.002	0.002	
22:1 undifferentiatedg	0.000				4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturatedg	0.061				4		0.009	0.104	0.104	
18:2 undifferentiatedg	0.051				4		0.008	0.087	0.087	
18:3 undifferentiatedg	0.004				4		0.001	0.007	0.007	
18:4g	0.000				4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.005				4		0.001	0.009	0.009	
20:5 n-3g	0.000				4		0.000	0.000	0.000	
22:5 n-3g	0.000				4		0.000	0.000	0.000	
22:6 n-3g	0.001				4		0.000	0.002	0.002	
Fatty acids, total transg										
Cholesterolmg	15				4		2	26	26	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0				7		0.0	0.0	0.0	
Caffeinemg	0		0	FLA	4		0	0	0	
Theobrominemg	0		0	FLA	4		0	0	0	
<u>Carotenoids:</u>										
Carotene, beta mcg	52		0	FLA	4		7.757	87.916	87.916	
Carotene, alphamcg	1		0	FLA	4		0.215	2.436	2.436	
Cryptoxanthin, betamcg	134		0	FLA	4		20.091	227.703	227.703	
Lycopenemcg	0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	25		0	FLA	4		3.719	42.146	42.146	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 170g: 1 jar NFS

Measure 3 = 170g: 1 jar Heinz Junior-3 (6 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100	grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			N	umber				<u>m</u> e	easures of food		
			_	f Data			Confidence				
Nutrients and Uni	its	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water		83.50				1		12.53	94.36	94.36	
Energy	kcal	66		0	NC	4		10	75	75	
Energy	kj	277		0	NC	4		42	313	313	
Protein	g	0.40				1		0.06	0.45	0.45	
Total lipid (fat)	g	0.30				1		0.05	0.34	0.34	
Ash	g	0.32		0	FLA	4		0.05	0.36	0.36	
Carbohydrate, by difference		15.48		0	NC	4		2.32	17.50	17.50	
Fiber, total dietary	g	0.6				4		0.1	0.7	0.7	
Sugars, total	g	9.29		0	FLA	4		1.39	10.49	10.49	
Starch	g										
Minerals:											
Calcium, Ca	ma	15				1		2	17	17	
Iron, Fe		0.20				1		0.03	0.23	0.23	
Magnesium, Mg		4				4		1	5	5	
Phosphorus, P		17				1		3	19	19	
Potassium, K	-	46				1		7	52	52	
Sodium, Na		25				1		4	28	28	
Zinc, Zn	mg	0.80				1		0.12	0.90	0.90	
Copper, Cu	mg	0.020	)			1		0.003	0.023	0.02	
Manganese, Mn	mg										
Selenium, Se	mcg	0.4		0	BFZN	4		0.1	0.5	0.5	
Vitamins:											
Vitamin C, total ascorbic acid	ma	12.4				1		1.9	14.0	14.0	
Thiamin	_	0.020	1			1		0.003	0.023	0.02	
Riboflavin	-	0.020				1		0.003	0.023	0.02	
Niacin		0.100				1		0.015	0.113	0.02	
Pantothenic acid	_	0.200				_		0.020	0.225	0.11	
Vitamin B-6	-	0.020	)			1		0.003	0.023	0.02	
Folate, total		3				4		0	3	3	
Folic acid		0		0	Z	7		0	0	0	
Folate, food		3				4		0	3	3	
Folate, DFE		3		0	NC	4		0	3	3	
Vitamin B-12		0.01				4		0.00	0.01	0.01	
Vitamin A, IU	IU	133				1		20	150	150	
Vitamin A, RAE		7		0	NC	4		1	8	8	
Retinol		0		0	BNA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.11		0	FLA	4		0.02	0.12	0.12	
Tocopherol, beta	mg										
Tocopherol, gamma	mg										
Tocopherol, delta	mg										
Vitamin D	IU										
Vitamin K (phylloquinone)	mcg	0.4		0	FLA	4		0.1	0.4	0.4	
Lipids:											
Fatty acids, total saturated	q	0.087	,			4		0.013	0.098	0.09	
4:0		0.000				4		0.000	0.000	0.00	
6:0	-	0.000				4		0.000	0.000	0.00	
8:0	-	0.000				4		0.000	0.000	0.00	
10:0	-	0.000				4		0.000	0.000	0.00	
12:0	-	0.000				4		0.000	0.000	0.00	
13:0	-										
14:0	-	0.001	-			4		0.000	0.001	0.00	
15:0	-										
16:0	-	0.063	3			4		0.009	0.071	0.0	
17:0	g										
18:0	g	0.022	2			4		0.003	0.025	0.0	
20:0											
22:0	-										
24:0	a										

	<u>An</u>	nount in 10	00 grams Number		ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated	0.113				4		0.017	0.128	0.128	
14:1g					_		0.027	0.120	***==*	
15:1										
16:1 undifferentiated	0.008				4		0.001	0.009	0.009	
18:1 undifferentiatedg	0.104				4		0.016	0.118	0.118	
20:1g	0.001				4		0.000	0.001	0.001	
22:1 undifferentiatedg 24:1 c	0.000				4		0.000	0.000	0.000	
Fatty acids, total polyunsaturatedg	0.043				4		0.006	0.049	0.049	
18:2 undifferentiated	0.037				4		0.006	0.042	0.042	
18:3 undifferentiated	0.001				4		0.000	0.001	0.001	
18:4g	0.000				4		0.000	0.000	0.000	
20:2 n-6 c.cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.004				4		0.001	0.005	0.005	
20:5 n-3g	0.000				4		0.000	0.000	0.000	
22:5 n-3g	0.000				4		0.000	0.000	0.000	
22:6 n-3g	0.001				4		0.000	0.001	0.001	
Fatty acids, total transg										
Cholesterolmg	15				4		2	17	17	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0				7		0.0	0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	0	
Theobromine mg	0		0	FLA	4		0	0	0	
Carotenoids:										
Carotene, beta mcg	35		0	BNA	4		5.210	39.246	39.246	
Carotene, alphamcg	1		0	BNA	4		0.210	1.582	1.582	
Cryptoxanthin, betamcg	89		0	BNA	4		13.311	100.274	100.274	
Lycopenemcg	0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	21		0	FLA	4		3.091	23.286	23.286	

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Heinz Strained-2 (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	<u>0 grams</u>	of edib	le portio	<u>n</u>	Amount in	edible portion of	f common
				Number	•			<u>m</u>	easures of food	
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure :
Proximates: Water	a	92.60		0	MA	12				
Energy	-	29		0	MC	9				
Energy		121		Ū	М	9				
Protein		1.20		0	MA	12				
Total lipid (fat)	-	0.20		0	MA	12				
Ash		0.40		0	MA	12				
Carbohydrate, by difference		5.70		0	MC	9				
Fiber, total dietary		1.3		0	MA	12				
Sugars, total		1.06		0	BFSN	4				
Starch		1.00		Ū	DISK	-				
Starcii	9									
Minerals:										
Calcium, Ca	mg	27		0	MA	12				
Iron, Fe	-	0.40		0	MA	12				
Magnesium, Mg		19		0	MA	12				
Phosphorus, P	-	22		0	MA	12				
Potassium, K	-	116		0	MA	12				
Sodium, Na		37		0	MA	12 12				
Zinc, Zn		0.10	,	0	MA MA	12				
Copper, Cu		0.030		0	MA	12				
Selenium, Se		0.000	,	0	BFZN	4				
Scientini, Sc.	9	0.4		·	21 211	•				
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.7		0	MA	12				
Thiamin	-	0.020	)	0	MA	12				
Riboflavin		0.040		0	MA	12				
Niacin		0.230		0	MA	12				
Pantothenic acid		0.051		0	BFSN	4				
Vitamin B-6		0.030	)	0	MA	12				
Folate, total		32		0	_	4				
Folic acid		0		0	Z	7				
Folate, food		32		0		4				
Folate, DFE		32		0	NC -	4				
Vitamin B-12		0.00		0	Z	7 <b>4</b>				
Vitamin A, IU Vitamin A, RAE	IU	481 24		0	NC NC	4				
Retinol		0		0	NC Z	7				
Vitamin E (alpha-tocopherol)		0.31		0	BFSN	4				
Tocopherol, beta		0.31		U	DF 3N	•				
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		11.0		0	BFSN	4				
<u>Lipids:</u>										
Fatty acids, total saturated		0.044		0	BFFN	4				
4:0		0.000		0	BFFN	4				
6:0	-	0.000		0	BFFN	4				
8:0	-	0.000		0	BFFN	4				
10:0	-	0.000		0	BFFN	4				
12:0		0.000	,	0	BFFN	4				
13:0		0.000	,	^	District	4				
14:0		0.000	,	0	BFFN	4				
15:0		0.030	•	0	יאינוען	4				
16:0		0.038	•	0	BFFN	4				
17:0	-	0.004	•	0	BFFN	А				
18:0	-	0.006	,	U	BEEN	4				
20:0 22:0	-									
2.7. U	9									

	<u>Ar</u>	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.008		0	BFFN	4				
14:1g	0.008		U	DEEN	-				
15:1g									
16:1 undifferentiated	0.000		0	BFFN	4				
17:1g									
18:1 undifferentiatedg	0.008		0	BFFN	4				
20:1g	0.000		0	BFFN	4				
22:1 undifferentiatedg	0.000		0	BFFN	4				
24:1 cg									
Fatty acids, total polyunsaturatedg	0.102		0	BFFN	4				
18:2 undifferentiatedg	0.038		0	BFFN	4				
18:3 undifferentiatedg	0.062		0	BFFN	4				
18:4g	0.000		0	BFFN	4				
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	BFFN	4				
20:5 n-3g	0.000		0	BFFN	4				
22:5 n-3g	0.000		0	BFFN	4				
22:6 n-3g	0.000		0	BFFN	4				
Fatty acids, total trans									
Cholesterol mg	0		0	MA	12				
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7				
Caffeine mg	0		0	BFSN	4				
Theobrominemg	0		0	BFSN	4				
Carotenoids:									
Carotene, betamcg	288		0	BFSN	4				
Carotene, alpha mcg	0		0	BFSN	4				
Cryptoxanthin, betamcg	0		0	BFSN	4				
Lycopene mcg	0		0	BFSN	4				
Lutein + zeaxanthin mcg	487		0	BFSN	4				

## **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

						_	Amount in edible portion of common			
			Nı	umber				<u>m</u>	easures of food	
					Deriv	Source	Confidence			
Nutrients and Unit	s	Mean	Std. Error P			Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	a	88.00		14		1		27.90	111.76	115.28
Energy		47		0	NC	4		15	60	62
Energy		197				4		62	250	258
Protein (N x 6.25)		0.00	0.000	22		1		0.00	0.00	0.00
Total lipid (fat)		0.10	0.000	22		1		0.03	0.13	0.13
Ash		0.20	0.000	18		1		0.06	0.25	0.26
Carbohydrate, by difference	g	11.70		0	NC	4		3.71	14.86	15.33
Fiber, total dietary	g	0.1		0		4		0.0	0.1	0.1
Sugars, total		10.70		0	T	4		3.39	13.59	14.02
Starch	g	0.00		0	Z	7		0.00	0.00	0.00
Minerals:	ma			1.5					-	-
Calcium, Ca		4 0.57	0.060	15 23		1 1		1 0.18	5 0.72	5 0.75
Iron, Fe		3	0.060	23		1		0.18 1	0.72 4	4
Magnesium, Mg Phosphorus, P		<i>3</i> 5		3		1		2	4 6	4 7
Potassium, K	-	5 91		3 16		1		2 29	116	, 119
Sodium, Na		3		16		1		1	4	4
Zinc, Zn		0.03		2		1		0.01	0.04	0.0
Copper, Cu		0.040	ı	0		4		0.013	0.051	0.0
Manganese, Mn		0.010		·		-		0.020	0.002	0.00
Selenium, Se		0.1		0	BFZN	4		0.0	0.1	0.1
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	_	57.9		9		1		18.4	73.5	75.8
Thiamin	-	0.007				1		0.002	0.009	0.00
Riboflavin		0.016		11		1		0.005	0.020	0.02
Niacin	_	0.083		19		1		0.026	0.105	0.10
Pantothenic acid	-	0.116		0		4		0.037	0.147	0.15
Vitamin B-6	_	0.029	0.000			1		0.009	0.037	0.03
Folate, total		0		9	_	1 7		0	0	0
Folic acid		0 0		0 9	Z	1		0	0	0
Folate, food		0			27.0			0 0	-	0
Folate, DFE		-		0	NC	4			0	0
Vitamin B-12		0.00		0	27.0	4		0.00 6	0.00	0.00
Vitamin A, IU		18		-	NC	4			23	24
Vitamin A, RAE		1 0		0	NC	4 4		0	1	1
Retinol		0.60		0	BNA NR	4		0.19	0 0.76	0 0.7
Vitamin E (alpha-tocopherol)		0.60		U	NR	4		0.19	0.76	0.7
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		0.0		0	BFSN	4		0.0	0.0	0.0
<u>Lipids:</u>										
Fatty acids, total saturated	g	0.018		0		4		0.006	0.023	0.0
4:0	_	0.000		0		4		0.000	0.000	0.0
6:0	_	0.000		0		4		0.000	0.000	0.00
8:0	_	0.000		0		4		0.000	0.000	0.0
10:0	_	0.000		0		4		0.000	0.000	0.00
12:0	-	0.000		0		4		0.000	0.000	0.0
13:0	-			_					_	_
14:0	_	0.000		0		4		0.000	0.000	0.0
15:0				_		_				_
16:0		0.016	i	0		4		0.005	0.020	0.0
17:0				_						_
18:0	g	0.002		0		4		0.001	0.003	0.0
20:0 22:0	_									

		<u>Ar</u>	nount in 10	00 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Un	its	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated		0.002		0		4		0.001	0.003	0.003	
14:1											
15:1		0.000		•				0.000	0.000	0.000	
16:1 undifferentiated		0.000		0		4		0.000	0.000	0.000	
17:1 18:1 undifferentiated	-	0.002		0		4		0.001	0.003	0.003	
20:1		0.002		0		4		0.001	0.003	0.003	
22:1 undifferentiated	-	0.000		0		4		0.000	0.000	0.000	
24:1 c	•	0.000		U		4		0.000	0.000	0.000	
Fatty acids, total polyunsaturated		0.031		0		4		0.010	0.039	0.041	
18:2 undifferentiated		0.031		0		4		0.010	0.034	0.035	
18:3 undifferentiated		0.004		0		4		0.001	0.005	0.005	
18:4	-	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c.c.	-	0.000		·		•		0.000	0.000	0.000	
20:3 undifferentiated											
20:4 undifferentiated	-	0.000		0		4		0.000	0.000	0.000	
20:5 n-3		0.000		0		4		0.000	0.000	0.000	
22:5 n-3		0.000		0		4		0.000	0.000	0.000	
22:6 n-3		0.000		0		4		0.000	0.000	0.000	
Fatty acids, total trans											
Cholesterol	-	0		0		7		0	0	0	
Phytosterols											
Others:											
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0	
Caffeine	mg	0		0	Z	7		0	0	0	
Theobromine	-	0		0	Z	7		0	0	0	
Carotenoids:											
Carotene, beta	mcg	8		0	BNA	4		2.490	9.975	10.289	
Carotene, alpha	mcg	0		0	BNA	4		0.000	0.000	0.000	
Cryptoxanthin, beta		6		0	BNA	4		1.867	7.481	7.717	
Lycopene		0		0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin		16		0	BFSN	4		5.080	20.352	20.993	

# **Common Measures:**

Measure 1 = 31.7g: 1 fl oz Measure 2 = 127g: 1 jar

Measure 3 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	) grams	of edib	ole portio	<u>on</u>		edible portion	
			1	Number				<u>m</u>	easures of food	_
				of Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	_	88.20				5		27.52	110.25	110.25
Energy		46		0	NC	4		14	58	58
Energy		194		0	NC	4		60	242	242
Protein	-	0.20				5		0.06	0.25	0.25
Total lipid (fat)		0.10				5		0.03	0.13	0.13
Ash		0.36		0	FLA	4		0.11	0.45	0.45
Carbohydrate, by difference		11.14		0	NC	4		3.48	13.93	13.93
Fiber, total dietary		0.3				4		0.1	0.4	0.4
Sugars, total		10.50		0	FLA	4		3.28	13.12	13.12
Starch	g									
Minerals:										
Calcium, Ca	mg	7				5		2	9	9
Iron, Fe	-	0.35				5		0.11	0.44	0.44
Magnesium, Mg	-	3				5		1	4	4
Phosphorus, P		12				5		4	15	15
Potassium, K	-	110				5		34	138	138
Sodium, Na	mg	4				5		1	5	5
Zinc, Zn	mg	0.03				5		0.01	0.04	0.04
Copper, Cu	mg	0.020	)			5		0.006	0.025	0.025
Manganese, Mn										
Selenium, Se	mcg	0.1		0	BFZN	4		0.0	0.1	0.1
Vitamins:										
Vitamin C, total ascorbic acid	ma	32.1				5		10.0	40.1	40.1
Thiamin	-	0.010	)			5		0.003	0.013	0.013
Riboflavin	-	0.020				5		0.006	0.025	0.025
Niacin		0.110				5		0.034	0.138	0.138
Pantothenic acid	-					_			***	
Vitamin B-6	-	0.030	)			5		0.009	0.038	0.038
Folate, total		0				5		0	0	0
Folic acid		0		0	z	7		0	0	0
Folate, food		0				5		0	0	0
Folate, DFE		0		0	NC	4		0	0	0
Vitamin B-12		0.00				7		0.00	0.00	0.00
Vitamin A, IU	IU	18		0	NC	4		6	23	23
Vitamin A, RAE		1		0	NC	4		0	1	1
Retinol		0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.04		0	FLA	4		0.01	0.05	0.05
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	0.2		0	FLA	4		0.1	0.3	0.3
Lipids:										
Fatty acids, total saturated	g	0.020	)			4		0.006	0.025	0.025
4:0		0.000				4		0.000	0.000	0.000
6:0		0.000				4		0.000	0.000	0.000
8:0		0.000				4		0.000	0.000	0.000
10:0	-	0.000				4		0.000	0.000	0.000
12:0		0.000				4		0.000	0.000	0.000
13:0	-									
14:0		0.000	)			4		0.000	0.000	0.000
15:0										
16:0		0.016	5			4		0.005	0.020	0.02
17:0										
18:0		0.002	2			4		0.001	0.003	0.00
20:0	g									
22:0	g									
24:0	a									

	<u>An</u>	nount in 10	00 grams Number	of edik	ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.000				4		0.000	0.000	0.000	
14:1g										
15:1g										
16:1 undifferentiated	0.000				4		0.000	0.000	0.000	
17:1g										
18:1 undifferentiatedg	0.002				4		0.001	0.003	0.003	
20:1g	0.000				4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000				4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturatedg	0.030				4		0.009	0.038	0.038	
18:2 undifferentiatedg	0.027				4		0.008	0.034	0.034	
18:3 undifferentiatedg	0.004				4		0.001	0.005	0.005	
18:4g	0.000				4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiated	0.000				4		0.000	0.000	0.000	
20:5 n-3g	0.000				4		0.000	0.000	0.000	
22:5 n-3g	0.000				4		0.000	0.000	0.000 0.000	
22:6 n-3	0.000				4		0.000	0.000	0.000	
Fatty acids, total trans	0				7		0	0	0	
Phytosterolsmg	O				,		U	Ü	Ü	
Others:										
Alcohol, ethylg	0.0				7		0.0	0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	0	
Theobrominemg	0		0	FLA	4		0	0	0	
Carotenoids:										
Carotene, betamcg	11		0	FLA	4		3.370	13.500	13.500	
Carotene, alpha mcg	0		0	FLA	4		0.000	0.000	0.000	
Cryptoxanthin, betamcg	0		0	FLA	4		0.000	0.000	0.000	
Lycopene mcg	0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	21		0	FLA	4		6.569	26.317	26.317	

# **Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 125g: 1 bottle Heinz Strained (4 fl oz)

Measure 3 = 125g: 1 bottle NFS

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100	grams	of edib	le portio	<u>n</u>		edible portion	
			N	umber				<u>m</u>	easures of food	<u> </u>
			o	f Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error F	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	89.50		14		1		27.92	113.67	
Energy	kcal	41		0	NC	4		13	52	
Energy	kj	172				4		54	218	
Protein (N x 6.25)	g	0.10	0.000	18		1		0.03	0.13	
Total lipid (fat)	g	0.20	0.000	18		1		0.06	0.25	
Ash	g	0.30	0.100	18		1		0.09	0.38	
Carbohydrate, by difference	g	9.90		0	NC	4		3.09	12.57	
Fiber, total dietary	g	0.1		0		4		0.0	0.1	
Sugars, total	g	8.98		0	FLA	4		2.80	11.41	
Starch	g									
M:										
Minerals:	ma	5		15		1		2	6	
Calcium, Ca Iron, Fe		0.66		10		1		0.21	0.84	
Magnesium, Mg		3		2		1		1	4	
Phosphorus, P		6		3		1		2	8	
Potassium, K		98		16		1		31	124	
Sodium, Na		3		14		1		1	4	
Zinc, Zn		0.03		2		1		0.01	0.04	
Copper, Cu		0.043		0		4		0.013	0.055	
Manganese, Mn										
Selenium, Se		0.1		0	BFZN	4		0.0	0.1	
¥7:4										
<u>Vitamins:</u>		F0 2		•				10.0		
Vitamin C, total ascorbic acid	-	58.3	0.000	9		1 1		18.2	74.0	
Thiamin		0.008 0.015		22 8		1		0.002 0.005	0.010	
Riboflavin	=					1			0.019	
Niacin	_	0.094 0.102		8		4		0.029 0.032	0.119 0.130	
Pantothenic acid Vitamin B-6	-	0.102				1		0.032	0.130	
Folate, total		0.031	0.000	6		1		0.010	0.039	
Folic acid		0		0	z	7		0	0	
Folate, food		0		6	2	1		0	0	
Folate, DFE		0		0	NC	4		0	0	
Vitamin B-12		0.00		0	FLA	4		0.00	0.00	
Vitamin A, IU		5		0	NC	4		2	6	
Vitamin A, RAE		0		0	NC	4		0	0	
Retinol		0		0	BNA	4		0	0	
Vitamin E (alpha-tocopherol)		0.02		0	FLA	4		0.01	0.03	
Tocopherol, beta		0.02		Ů		•		0.01	0.03	
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		0.4		0	FLA	4		0.1	0.5	
<u>Lipids:</u>										
Fatty acids, total saturated	-	0.035		0		4		0.011	0.044	
4:0	=	0.000		0		4		0.000	0.000	
6:0	-	0.000		0		4		0.000	0.000	
8:0	-	0.000		0		4		0.000	0.000	
10:0		0.000		0		4		0.000	0.000	
12:0	-	0.000		0		4		0.000	0.000	
13:0	-	0.000		0		4		0 001	0.000	
14:0	-	0.002		U		4		0.001	0.003	
15:0		0 000		0		4		0 000	0.036	
16:0		0.028		U		4		0.009	0.036	
17:0		0.004		0		4		0.001	0.005	
18:0		0.004		U		4		0.001	0.005	
20:0 22:0	-									
44 U	ч									

	<u>Am</u>	ount in 100 gra		Amount in edible portion of common measures of food				
Nutrients and Units	Mean	Numl of Da Std. Error Poin	ta Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.011	(		4		0.003	0.014	
14:1g								
15:1g								
16:1 undifferentiatedg	0.000	(		4		0.000	0.000	
17:1g								
18:1 undifferentiated	0.009	(		4		0.003	0.011	
20:1g	0.000	(		4		0.000	0.000	
22:1 undifferentiatedg	0.000	(		4		0.000	0.000	
24:1 cg								
Fatty acids, total polyunsaturated9	0.060	(		4		0.019	0.076	
18:2 undifferentiatedg	0.050	(		4		0.016	0.064	
18:3 undifferentiatedg	0.012	(		4		0.004	0.015	
18:4g	0.000	(		4		0.000	0.000	
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	(		4		0.000	0.000	
20:5 n-3g	0.000	(		4		0.000	0.000	
22:5 n-3g	0.000	(		4		0.000	0.000	
22:6 n-3g	0.000	(		4		0.000	0.000	
Fatty acids, total transg								
Cholesterolmg	0	(		7		0	0	
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	(		7		0.0	0.0	
Caffeinemg	0	(	FLA	4		0	0	
Theobromine mg	0	(	FLA	4		0	0	
Carotenoids:								
Carotene, beta mcg	3	(	BNA	4		0.936	3.810	
Carotene, alpha mcg	0	(	FLA	4		0.000	0.000	
Cryptoxanthin, betamcg	0	(	BNA	4		0.000	0.000	
Lycopenemcg	0	(	BFSN	4		0.000	0.000	
Lutein + zeaxanthin mcg	26	(	BFSN	4		8.087	32.919	

# **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	of edib	ole portic	<u>on</u>	Amount in edible portion of common			
			Nu	ımber	•			<u>m</u>	easures of food	<u> </u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure :	
Proximates:											
Water	g	88.10		14		1		27.49	111.89	115.41	
Energy	kcal	46		0	NC	4		14	58	60	
Energy	kj	192				4		60	244	252	
Protein (N x 6.25)	g	0.10	0.000	22		1		0.03	0.13	0.13	
Total lipid (fat)	g	0.20	0.000	22		1		0.06	0.25	0.26	
Ash		0.26		0	FLA	4		0.08	0.33	0.34	
Carbohydrate, by difference	g	11.34		0	NC	4		3.54	14.40	14.86	
Fiber, total dietary	g	0.1		0		4		0.0	0.1	0.1	
Sugars, total	g	10.90		0	MA	12		3.40	13.84	14.28	
Starch	g										
Minerals:											
Calcium, Ca	mg	6		18		1		2	8	8	
Iron, Fe	-	0.39		18		1		0.12	0.50	0.51	
Magnesium, Mg	-	3		2		1		1	4	4	
Phosphorus, P		5		3		1		2	6	7	
Potassium, K	-	90		16		1		28	114	118	
Sodium, Na		3		14		1		1	4	4	
Zinc, Zn	<u>mg</u>	0.04		2		1		0.01	0.04	0.05	
Copper, Cu	mg	0.078		0		4		0.024	0.099	0.10	
Manganese, Mn											
Selenium, Se	mcg	0.1		0	BFZN	4		0.0	0.1	0.1	
/itamins:											
Vitamin C, total ascorbic acid	ma	135.9		0	FLA	4		42.4	172.6	178.1	
Thiamin	-	0.007		27		1		0.002	0.009	0.00	
Riboflavin	-	0.021		10		1		0.002	0.003	0.02	
Niacin		0.109		14		1		0.034	0.138	0.14	
Pantothenic acid	-	0.075		0		4		0.023	0.095	0.09	
Vitamin B-6		0.034		8		1		0.011	0.043	0.04	
Folate, total		1		0	FLA	4		0	1	1	
Folic acid		0		0	FLA	4		0	0	0	
Folate, food		1		0	FLA	4		0	1	1	
Folate, DFE		1		0	NC	4		0	1	1	
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00	
Vitamin A, IU	IU	4		0	NC	4		1	5	5	
Vitamin A, RAE		0		0	NC	4		0	0	0	
Retinol	mcg	0		0	FLA	4		0	0	0	
Vitamin E (alpha-tocopherol)	mg	0.00		0	FLA	4		0.00	0.00	0.00	
Tocopherol, beta	mg										
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D Vitamin K (phylloquinone)		0.0		0	FLA	4		0.0	0.0	0.0	
	g								•••	0.0	
ipids:	a	0.040		0		4		0.012	0.051	0.0	
Fatty acids, total saturated		0.040		0		4		0.012	0.000	0.00	
6:0		0.000		0		4		0.000	0.000	0.00	
8:0	_	0.000		0		4		0.000	0.000	0.00	
10:0	_	0.000		0		4		0.000	0.000	0.00	
12:0	_	0.000		0		4		0.000	0.000	0.00	
13:0		5.000		٠		-		0.000	2.000	0.00	
14:0		0.002		0		4		0.001	0.003	0.00	
15:0	-	2		-		-		0.001	2.005	0.0	
16:0		0.032		0		4		0.010	0.041	0.0	
17:0	-			-		•					
18:0		0.004		0		4		0.001	0.005	0.0	
20:0											
22:0	_										
24:0	_										

		<u>Ar</u>	nount in 10	00 grams Number		ole portio	<u>n</u>		edible portion of easures of food	
Nutrients and Ur	nits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated		0.009		0		4		0.003	0.011	0.012
14:1										
15:1				•						
16:1 undifferentiated		0.000		0		4		0.000	0.000	0.000
17:1	-	0 007		•				0.000	0.000	0.000
18:1 undifferentiated		0.007		0		4		0.002	0.009	0.009
20:1	-	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000
24:1 c		0.059		0		4		0.010	0.075	0.077
Fatty acids, total polyunsaturated				0		4		0.018	0.075	
18:2 undifferentiated		0.049 0.011		0		4		0.015 0.003	0.062 0.014	0.064 0.014
18:3 undifferentiated	-			0		4				
18:4 20:2 n-6 c.c.	-	0.000		U		4		0.000	0.000	0.000
20:2 n-6 c,c										
20:4 undifferentiated	-	0.000		0		4		0.000	0.000	0.000
20:5 n-3		0.000		0		4		0.000	0.000	0.000
20:5 n-3		0.000		0		4		0.000	0.000	0.000
		0.000		0		4		0.000	0.000	0.000
22:6 n-3		0.000		U		4		0.000	0.000	0.000
Fatty acids, total trans Cholesterol	-	0		0		7		0	0	0
Phytosterols	• • • • • • • • • • • • • • • • • • • •	U		U		,		O	U	O
Others:										
Alcohol, ethyl	a	0.0		0		7		0.0	0.0	0.0
Caffeine	_	0		0	FLA	4		0	0.0	0
Theobromine	-	0		0	FLA	4		0	0	0
Carotenoids:	g	v		·	LIM	-		Ü	· ·	Ü
Carotene, beta	mca	2		0	BNA	4		0.687	2.798	2.886
Carotene, alpha	-	0		0	BNA	4		0.015	0.063	0.065
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	0.000
Lycopene		0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin		0		0	FLA	4		0.000	0.000	0.000

# **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Measure 3 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100 gr	rams o	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nur	mber				<u>m</u>	easures of food	<u> </u>	
			of I	Data I	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Po			Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	89.00		1		1		27.77	113.03		
Energy	kcal	42		0	NC	4		13	53		
Energy	kj	176				4		55	223		
Protein (N x 6.25)	g	0.20	0.000	6		1		0.06	0.25		
Total lipid (fat)	g	0.10	0.000	6		1		0.03	0.13		
Ash	g	0.30	0.000	6		1		0.09	0.38		
Carbohydrate, by difference	g	10.50		0	NC	4		3.28	13.34		
Fiber, total dietary	g	0.1		0		4		0.0	0.1		
Sugars, total	g	9.59		0	FLA	4		2.99	12.18		
Starch	g										
Minarals											
Minerals: Calcium, Ca	ma	3	1.000	6		1		1	4		
Iron, Fe	-	0.56	0.140	10		1		0.17	0.71		
Magnesium, Mg	-	3	0.140	2		1		1	4		
Phosphorus, P		4		2		1		1	5		
Potassium, K	•	97		2		1		30	123		
Sodium. Na	-	1		0		4		0	1		
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.03		2		1		0.01	0.03		
Copper, Cu		0.037	,	0		4		0.012	0.047		
Manganese, Mn											
Selenium, Se	mcg	0.3		0	FLM	4		0.1	0.4		
Vitamins:											
	ma	58.5	2.000	6		1		18.3	74.3		
Vitamin C, total ascorbic acid Thiamin	-	0.008		6		1		0.002	0.010		
Riboflavin	-	0.000		6		1		0.002	0.010		
Niacin	=	0.011		6		1		0.066	0.271		
Pantothenic acid	-	0.082		0		4		0.026	0.104		
Vitamin B-6	=	0.022		6		1		0.007	0.028		
Folate, total		1	0.100	3		1		0	2		
Folic acid		0		0	z	7		0	0		
Folate, food		1	0.100	3		1		0	2		
Folate, DFE	mcg DFE	1		0	NC	4		0	2		
Vitamin B-12		0.00		0		4		0.00	0.00		
Vitamin A, IU		63	12.000	6		1		20	80		
Vitamin A, RAE		3		0	NC	4		1	4		
Retinol		0		0	FLA	4		0	0		
Vitamin E (alpha-tocopherol)	mg	0.15		0	FLA	4		0.05	0.19		
Tocopherol, beta											
Tocopherol, gamma	mg										
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	0.5		0	FLA	4		0.2	0.6		
Lipids:											
Fatty acids, total saturated	а	0.018	1	0		4		0.006	0.023		
4:0		0.000		0		4		0.000	0.000		
6:0		0.000		0		4		0.000	0.000		
8:0		0.000		0		4		0.000	0.000		
10:0	-	0.000		0		4		0.000	0.000		
12:0		0.000		0		4		0.000	0.000		
13:0											
14:0		0.000	1	0		4		0.000	0.000		
15:0											
16:0		0.016	i	0		4		0.005	0.020		
17:0											
18:0		0.002	!	0		4		0.001	0.003		
20:0											
22:0	g										
24:0	a										

	<u>Am</u>	ount in 100 gra		ble portio	<u>n</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean		ta Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.002	(	ı	4		0.001	0.003	
14:1g								
15:1g								
16:1 undifferentiatedg	0.000	(	1	4		0.000	0.000	
17:1g								
18:1 undifferentiatedg	0.002	(	)	4		0.001	0.003	
20:1g	0.000	(	1	4		0.000	0.000	
22:1 undifferentiatedg	0.000	(	1	4		0.000	0.000	
24:1 cg								
Fatty acids, total polyunsaturatedg	0.031	(	)	4		0.010	0.039	
18:2 undifferentiatedg	0.027	(	)	4		0.008	0.034	
18:3 undifferentiatedg	0.004	(	)	4		0.001	0.005	
18:4g	0.000	(	)	4		0.000	0.000	
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	(	)	4		0.000	0.000	
20:5 n-3g	0.000	(	)	4		0.000	0.000	
22:5 n-3g	0.000	(	)	4		0.000	0.000	
22:6 n-3g	0.000	(	)	4		0.000	0.000	
Fatty acids, total transg								
Cholesterol mg	0	(	)	7		0	0	
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	(	1	7		0.0	0.0	
Caffeine mg	0	(	FLA	4		0	0	
Theobromine mg	0	(	FLA	4		0	0	
Carotenoids:								
Carotene, beta mcg	31	(	FLA	4		9.749	39.683	
Carotene, alphamcg	0	(	FLA	4		0.029	0.117	
Cryptoxanthin, betamcg	13	(	FLA	4		4.061	16.531	
Lycopenemcg	0	(	FLA	4		0.000	0.000	
Lutein + zeaxanthinmcg	29	(	FLA	4		9.136	37.188	

### **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	mber				<u>m</u>	easures of food	<u> </u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	87.30		1		1		27.24	110.87		
Energy	kcal	49		0	NC	4		15	62		
Energy	kj	205				4		64	260		
Protein (N x 6.25)	g	0.10		1		1		0.03	0.13		
Total lipid (fat)	g	0.00		1		1		0.00	0.00		
Ash	g	0.30	0.000	6		1		0.09	0.38		
Carbohydrate, by difference	g	12.30		0	NC	4		3.84	15.62		
Fiber, total dietary	g	0.1		0		4		0.0	0.1		
Sugars, total	g	11.54		0	FLA	4		3.60	14.66		
Starch	g										
Min and a											
Minerals:	ma	5	1.000	6		1		2	6		
Calcium, CaIron, Fe	-	0.62	0.100	6 11		1		0.19	0.79		
Magnesium, Mg	-	3	0.100	2		1		1	4		
Phosphorus, P		3	1.000	3		1		1	4		
Potassium, K	•	3 101	1.000	2		1		32	128		
Sodium. Na		1		0		4		0	1		
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.03		2		1		0.01	0.04		
Copper, Cu		0.042	•	0		4		0.013	0.053		
Manganese, Mn.		0.012	-	•		•		0.015	0.033		
Selenium, Se	-	0.3		0	FLM	4		0.1	0.4		
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid	-	58.2	3.900	6		1		18.2	73.9		
Thiamin	-	0.020		6		1		0.006	0.025		
Riboflavin	=	0.017		6		1		0.005	0.022		
Niacin	-	0.195		6		1		0.061	0.248		
Pantothenic acid	=	0.123		0		4		0.038	0.156		
Vitamin B-6		0.028	0.000	6		1		0.009	0.036		
Folate, total		0		3		1		0	0		
Folic acid		0		0	Z	7		0	0		
Folate, food	mcg	0		3		1		0	0		
Folate, DFE		0		0	NC	4		0	0		
Vitamin B-12		0.00		0		4		0.00	0.00		
Vitamin A, IU		43	15.000	6		1		13	55		
Vitamin A, RAE		2		0	NC	4		1	3		
Retinol		0		0	FLA	4		0	0		
Vitamin E (alpha-tocopherol)		0.04		0	FLA	4		0.01	0.05		
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, deltaVitamin D											
Vitamin K (phylloquinone)		0.8		0	FLA	4		0.2	1.0		
	9	0.0		·		-		V	2.0		
<u>Lipids:</u>											
Fatty acids, total saturated		0.000		0		7		0.000	0.000		
4:0		0.000		0		4		0.000	0.000		
6:0	_	0.000		0		4		0.000	0.000		
8:0	_	0.000		0		4		0.000	0.000		
10:0	-	0.000		0		4		0.000	0.000		
12:0		0.000	)	0		4		0.000	0.000		
13:0				_		_		_	_		
14:0		0.000	)	0		4		0.000	0.000		
15:0				_							
16:0		0.000	,	0		4		0.000	0.000		
17:0		0.000		^							
18:0		0.000	,	0		4		0.000	0.000		
20:0	_										
22:0	_										
24:0	g										

	<u>Amo</u>	unt in 100 grams Number		ole portio	<u>n</u>		edible portion o	of common
Nutrients and Units	Mean St		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated	0.000	0		7		0.000	0.000	
14:1	0.000	v		•		0.000	0.000	
15:1 9								
16:1 undifferentiated	0.000	0		4		0.000	0.000	
17:1g								
18:1 undifferentiated	0.000	0		4		0.000	0.000	
20:1g	0.000	0		4		0.000	0.000	
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	
24:1 cg								
Fatty acids, total polyunsaturated	0.000	0		7		0.000	0.000	
18:2 undifferentiatedg	0.000	0		4		0.000	0.000	
18:3 undifferentiatedg	0.000	0		4		0.000	0.000	
18:4g	0.000	0		4		0.000	0.000	
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	0		4		0.000	0.000	
20:5 n-3g	0.000	0		4		0.000	0.000	
22:5 n-3g	0.000	0		4		0.000	0.000	
22:6 n-3g	0.000	0		4		0.000	0.000	
Fatty acids, total transg								
Cholesterolmg	0	0		7		0	0	
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	0		7		0.0	0.0	
Caffeine mg	0	0	FLA	4		0	0	
Theobromine mg	0	0	FLA	4		0	0	
Carotenoids:								
Carotene, betamcg	24	0	FLA	4		7.344	29.894	
Carotene, alphamcg	0	0	FLA	4		0.000	0.000	
Cryptoxanthin, betamcg	5	0	FLA	4		1.411	5.744	
Lycopenemcg	0	0	FLA	4		0.000	0.000	
Lutein + zeaxanthin mcg	21	0	FLA	4		6.464	26.311	

# **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nı	umber				me	easures of food		
					Deriv	Source	Confidence				
Nutrients and Un	its	Mean	Std. Error P			Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	81.30	0.300	4		1		25.37	103.25	101.63	
Energy		73		0	NC	4		23	93	91	
Energy		305				4		95	388	382	
Protein (N x 6.25)	g	0.20	0.000	4		1		0.06	0.25	0.25	
Total lipid (fat)		0.10	0.000	4		1		0.03	0.13	0.13	
Ash	g	0.30	0.100	4		1		0.09	0.38	0.38	
Carbohydrate, by difference	g	18.00		0	NC	4		5.62	22.86	22.50	
Fiber, total dietary	g	0.1		0		4		0.0	0.1	0.1	
Sugars, total	g	10.58		0	FLA	4		3.30	13.43	13.22	
Starch	g										
Minerals:											
Calcium, Ca	ma	9		1		1		3	11	11	
Iron, Fe		0.95	0.140	4		1		0.30	1.21	1.19	
Magnesium, Mg	-	7	•	0		4		2	9	9	
Phosphorus, P		15		1		1		5	19	19	
Potassium, K	-	148		1		1		46	188	185	
Sodium, Na		5		1		1		2	6	6	
Zinc, Zn	mg	0.05		0		4		0.01	0.06	0.06	
Copper, Cu		0.062	!	0		4		0.019	0.079	0.07	
Manganese, Mn											
Selenium, Se	mcg	0.3		0	FLM	4		0.1	0.4	0.4	
Vitamins:											
Vitamin C, total ascorbic acid	mg	67.5	3.900	3		1		21.1	85.7	84.4	
Thiamin	-	0.005	i	1		1		0.002	0.006	0.00	
Riboflavin	-	0.002	!	1		1		0.001	0.003	0.00	
Niacin	mg	0.301	0.012	4		1		0.094	0.382	0.37	
Pantothenic acid	mg	0.181		0		4		0.056	0.230	0.22	
Vitamin B-6	mg	0.035	i	1		1		0.011	0.044	0.04	
Folate, total	mcg	0		3		1		0	0	0	
Folic acid		0		0	Z	7		0	0	0	
Folate, food	mcg	0		3		1		0	0	0	
Folate, DFE		0		0	NC	4		0	0	0	
Vitamin B-12		0.00		0		4		0.00	0.00	0.00	
Vitamin A, IU		16		0		4		5	20	20	
Vitamin A, RAE		1 0		0	NC Z	<b>4</b> 7		0 0	1	1	
Retinol	-	0.05		0	FLA	4		0.02	0 0.06	0	
Vitamin E (alpha-tocopherol) Tocopherol, beta		0.05		U	FLIA	4		0.02	0.06	0.06	
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		1.3		0	FLA	4		0.4	1.7	1.6	
Lipids:	_			•							
Fatty acids, total saturated		0.018		0		4 4		0.006	0.023	0.02	
4:0 6:0	-	0.000		0		4		0.000 0.000	0.000 0.000	0.00	
8:0		0.000		0		4		0.000	0.000	0.00	
10:0	-	0.000		0		4		0.000	0.000	0.00	
12:0	-	0.000		0		4		0.000	0.000	0.00	
13:0	-	0.000		·		•		2.000	0.000	0.00	
14:0	-	0.000	1	0		4		0.000	0.000	0.00	
15:0	=			-		=			0.000	230	
16:0		0.016	i	0		4		0.005	0.020	0.02	
17:0											
18:0		0.002	!	0		4		0.001	0.003	0.00	
20:0											
22:0	-										
24:0	a										

		<u>An</u>	nount in 10	00 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and	Units	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsatura	n boto	0.006		0		4		0.002	0.008	0.008	
14:1		0.000		U		-		0.002	0.008	0.008	
15:1											
16:1 undifferentiated		0.000		0		4		0.000	0.000	0.000	
17:1	-	0.000				-		0.000	0.000	0.000	
18:1 undifferentiated		0.006		0		4		0.002	0.008	0.008	
20:1		0.000		0		4		0.002	0.000	0.000	
22:1 undifferentiated	-	0.000		0		4		0.000	0.000	0.000	
24:1 c	•	0.000		·		-		0.000	0.000	0.000	
Fatty acids, total polyunsaturat		0.031		0		4		0.010	0.039	0.039	
18:2 undifferentiated		0.027		0		4		0.008	0.034	0.034	
18:3 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.004		0		4		0.001	0.005	0.005	
18:4	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c.c.	-										
20:3 undifferentiated	• • • • • • • • • • • • • • • • • • • •										
20:4 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	0.000	
20:5 n-3	-	0.000		0		4		0.000	0.000	0.000	
22:5 n-3	-	0.000		0		4		0.000	0.000	0.000	
22:6 n-3	-	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total trans	g										
Cholesterol		0		0		7		0	0	0	
Phytosterols											
Others:											
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0	
Caffeine	mg	0		0	FLA	4		0	0	0	
Theobromine	mg	0		0	FLA	4		0	0	0	
Carotenoids:											
Carotene, beta	mcg	8		0	BNA	4		2.517	10.246	10.085	
Carotene, alpha	mcg	1		0	BNA	4		0.361	1.470	1.447	
Cryptoxanthin, beta		2		0	BNA	4		0.595	2.421	2.383	
Lycopene		0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin		22		0	FLA	4		6.795	27.660	27.224	

# **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle (4 fl oz)

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	<u>grams</u>	of edib	le portic	<u>on</u>	Amount in	edible portion of	of common
			ı	Number				<u>m</u> .	easures of food	
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates: Water	0	86.50		0	FLM	4				
Energy	-	52		1	MC	9				
Energy		218		-	мс	9				
Protein		0.20		1	BFZN					
Total lipid (fat)		0.10		1	BFZN					
Ash		0.10		1	MA	12				
Carbohydrate, by difference		12.70		1	MC	9				
Fiber, total dietary		0.4		1	MA	12				
		10.60		1	MA	12				
Sugars, total		10.60		1	MA	12				
Starcn	9									
Minerals:										
Calcium, Ca	• • • • • • • • • • • • • • • • • • • •	314		0	FLA	4				
Iron, Fe	_	0.30		1	MA	12				
Magnesium, Mg		67		1	MA	12				
Phosphorus, P	_	11		1	MA	12				
Potassium, K		86 4		1 1	MA	12 12				
Sodium, NaZinc, Zn	-	0.04		0	MA FLM	4				
Copper, Cu		0.04	1	1	MA	12				
Manganese, Mn		0.020		1	MA	12				
Selenium, Se		0.1	,	0	FLM	4				
ŕ										
Vitamins:				_						
Vitamin C, total ascorbic acid		21.2		1	MA	12				
Thiamin		0.010		1 1	MA	12 12				
Riboflavin	_	0.020		1	MA MA	12				
Niacin Pantothenic acid		0.100		0	FLM	4				
Vitamin B-6		0.051		1	MA	12				
Folate, total		1	,	0	FLA	4				
Folic acid		0		0	FLA	4				
Folate, food		1		0	FLA	4				
Folate, DFE		1		0	NC	4				
Vitamin B-12		0.00		0	FLM	4				
Vitamin A, IU		3		0	FLM	4				
Vitamin A, RAE	mcg RAE	0		0	NC	4				
Retinol		0		0	FLA	4				
Vitamin E (alpha-tocopherol)	mg	0.01		0	FLA	4				
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	0.1		0	FLA	4				
Lipids:										
Fatty acids, total saturated	g	0.019	9	0	FLM	4				
4:0		0.000	)	0	FLM	4				
6:0		0.000	)	0	FLM	4				
8:0	g	0.000	)	0	FLM	4				
10:0	g	0.000	)	0	FLM	4				
12:0	g	0.000	)	0	FLM	4				
13:0	g									
14:0		0.001	L	0	FLM	4				
15:0	g									
16:0	g	0.015	5	0	FLM	4				
17:0	_									
18:0	_	0.002	2	0	FLM	4				
20:0	_									
22:0	_									
24:0	g									

	<u>Ar</u>	nount in 10	00 grams Number		ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.004		0	FLM	4					
14:1g	0.004		U	FIM	-					
15:1g										
16:1 undifferentiatedg	0.000		0	FLM	4					
17:1	0.000		·		-					
18:1 undifferentiated	0.003		0	FLM	4					
20:1g	0.000		0	FLM	4					
22:1 undifferentiated	0.000		0	FLM	4					
24:1 cg										
Fatty acids, total polyunsaturated9	0.027		0	FLM	4					
18:2 undifferentiatedg	0.022		0	FLM	4					
18:3 undifferentiatedg	0.005		0	FLM	4					
18:4g	0.000		0	FLM	4					
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0	FLM	4					
20:5 n-3g	0.000		0	FLM	4					
22:5 n-3g	0.000		0	FLM	4					
22:6 n-3g	0.000		0	FLM	4					
Fatty acids, total transg										
Cholesterol mg	0		0	FLM	4					
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	FLM	4					
Caffeine mg	0		0	FLA	4					
Theobrominemg	0		0	FLA	4					
Carotenoids:										
Carotene, betamcg	1		0	FLA	4					
Carotene, alphamcg	0		0	FLA	4					
Cryptoxanthin, beta mcg	0		0	FLA	4					
Lycopenemcg	0		0	FLA	4					
Lutein + zeaxanthinmcg	10		0	FLA	4					

## **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	0 grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
				Number				<u>m</u>	easures of food	<u> </u>	
				of Data	Deriv	Source	Confidence				
Nutrients and Unit	s	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	88.30		0	FLM	4		166.89			
Energy	kcal	45		0	FLM	4		85			
Energy	kj	188				4		356			
Protein	g	0.06		0	FLM	4		0.11			
Total lipid (fat)	g	0.10		0	FLM	4		0.19			
Ash	g	0.48		1	MA	12		0.91			
Carbohydrate, by difference	g	11.10		1	MC	9		20.98			
Fiber, total dietary	g	0.4		1	MA	12		0.8			
Sugars, total	g	9.00		1	MA	12		17.01			
Starch											
	_										
<u>Minerals:</u>											
Calcium, Ca	-	127		1	MA	12		240			
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	0.20		1	MA	12		0.38			
Magnesium, Mg		6		1	MA	12		11			
Phosphorus, P.	-	8		1	MA	12		15			
Potassium, K	-	92		1	MA	12		174			
Sodium, Na	-	3		0	FLM	4		6			
Zinc, Zn		0.03		0	FLM	4		0.06			
Copper, Cu		0.010		1	MA	12		0.019			
Manganese, Mn		0.290	)	1	MA	12		0.548			
Selenium, Se	Tricg	0.1		0	FLM	4		0.2			
Vitamins:											
Vitamin C, total ascorbic acid	mg	21.2		1	MA	12		40.1			
Thiamin	mg	0.020	)	0	FLM	4		0.038			
Riboflavin		0.020	)	0	MA	12		0.038			
Niacin		0.080	)	1	MA	12		0.151			
Pantothenic acid		0.060	)	0	FLM	4		0.113			
Vitamin B-6	mg	0.030	)	1	MA	12		0.057			
Folate, total	mcg	0		0	FLM	4		0			
Folic acid		0		0	z	7		0			
Folate, food		0		0	FLM	4		0			
Folate, DFE		0		0	NC	4		0			
Vitamin B-12		0.00		0	FLM	4		0.00			
Vitamin A, IU	IU	0		0	NC	4		0			
Vitamin A, RAE		0		0	NC	4		0			
Retinol		0		0	z	7		0			
Vitamin E (alpha-tocopherol)	mg	0.00		0	FLA	4		0.00			
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta	mg										
Vitamin D	IU										
Vitamin K (phylloquinone)	mcg	0.0		0	FLA	4		0.0			
inida											
Lipids:	a	0.018	,	0	FLM	4		0.034			
Fatty acids, total saturated				0		4					
4:0 6:0		0.000		0	FLM	4		0.000			
		0.000		0	FLM	4		0.000			
8:0	-	0.000		0	FLM FLM	4		0.000			
10:0	-	0.000		0	FLM	4		0.000 0.000			
12:0 13:0		0.000	•	U	ETIM	4		0.000			
		0 001		0	FLM	4		0.000			
14:0		0.001	=	U	E LIM	4		0.002			
15:0		0 014	1	^	ET M	4		0.006			
16:0		0.014	•	0	FLM	4		0.026			
17:0	-	0 000	•	^	TOT 3.6			0.004			
	u	0.002		0	FLM	4		0.004			
18:0	-										
18:0. 20:0. 22:0.	9										

		<u>Ar</u>	mount in 10	0 grams	of edik	ole portio	<u>on</u>	Amount in edible portion of common		
Nutrients and l	Units	Mean	Std. Error	Number of Data Points		Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturat	edg	0.005		0	FLM	4		0.009		
14:1	g									
15:1	g									
16:1 undifferentiated	g	0.000		0	FLM	4		0.000		
17:1	g									
18:1 undifferentiated	g	0.004		0	FLM	4		0.008		
20:1	g	0.000		0	FLM	4		0.000		
22:1 undifferentiated	g	0.000		0	FLM	4		0.000		
24:1 c	g									
Fatty acids, total polyunsaturated	dg	0.032		0	FLM	4		0.060		
18:2 undifferentiated	g	0.027		0	FLM	4		0.051		
18:3 undifferentiated	g	0.006		0	FLM	4		0.011		
18:4	g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.000		0	FLM	4		0.000		
20:5 n-3	g	0.000		0	FLM	4		0.000		
22:5 n-3	g	0.000		0	FLM	4		0.000		
22:6 n-3	g	0.000		0	FLM	4		0.000		
Fatty acids, total trans	g									
Cholesterol	mg	0		0	FLM	4		0		
Phytosterols	mg									
Others:										
Alcohol, ethyl	-	0.0		0	Z	7		0.0		
Caffeine	mg	0		0	FLA	4		0		
Theobromine	mg	0		0	FLA	4		0		
Carotenoids:										
Carotene, beta	mcg	0		0	FLA	4		0.000		
Carotene, alpha		0		0	FLA	4		0.000		
Cryptoxanthin, beta		0		0	FLA	4		0.000		
Lycopene		0		0	FLA	4		0.000		
Lutein + zeaxanthin		0		0	FLA	4		0.000		

### **Common Measures:**

Measure 1 = 189g: 1 serving

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100	grams	of edib	le portio	<u>n</u>		edible portion	
			N	umber				<u>me</u>	easures of food	<u> </u>
Nutrients and Uni	its	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	87.90				5		27.07		216.23
Energy	kcal	48				9		15		118
Energy		201				9		62		494
Protein	g	0.30				5		0.09		0.74
Total lipid (fat)		0.10				5		0.03		0.25
Ash		0.29		0	MA	12		0.09		0.71
Carbohydrate, by difference		11.40				9		3.51		28.04
Fiber, total dietary	g	0.5				4		0.2		1.2
Sugars, total		9.60		0	MA	12		2.96		23.62
Starch										
Minerals:						_		-		
Calcium, Ca		15				5		5		37
Iron, Fe		0.30				5 4		0.09		0.7
Magnesium, Mg		7				_		2		17
Phosphorus, P		14				5		4		34
Potassium, K		137				5		42		337
Sodium, Na	-	5				5 4		2 0.02		12
Zinc, Zn	-	0.08	•							0.2
Copper, Cu		0.032	1			4		0.010		0.0
Manganese, Mn		0.1		0	BFZN	4		0.0		0.2
Selenium, Se	Ilicy	0.1		U	BFZN	4		0.0		0.2
<u>/itamins:</u>										
Vitamin C, total ascorbic acid	mg	34.1				5		10.5		83.9
Thiamin	mg	0.010	)			5		0.003		0.0
Riboflavin		0.030	)			5		0.009		0.0
Niacin	mg	0.100	)			5		0.031		0.2
Pantothenic acid	mg									
Vitamin B-6	mg	0.070	)			5		0.022		0.1
Folate, total	mcg	3				4		1		7
Folic acid	mcg	0		0	Z	7		0		0
Folate, food		3				4		1		7
Folate, DFE	mcg_DFE	3		0	NC	4		1		7
Vitamin B-12		0.00				7		0.00		0.0
Vitamin A, IU	IU	3081		0	T	4		949		7579
Vitamin A, RAE		154		0	NC	4		47		379
Retinol		0		0	FLA	4		0		0
Vitamin E (alpha-tocopherol)	mg	0.34		0	FLA	4		0.10		0.8
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg	0.7		0	FLA	4		0.2		1.8
ipids:										
Fatty acids, total saturated	п	0.030	)			4		0.009		0.0
4:0		0.000				4		0.000		0.0
6:0	-	0.000				4		0.000		0.0
8:0		0.000				4		0.000		0.0
10:0	-	0.000				4		0.000		0.0
12:0		0.000				4		0.000		0.0
13:0	-	0.000	•			-		0.000		0.0
14:0	-	0.000	)			4		0.000		0.0
15:0	-	0.000	•			*		0.000		0.0
16:0	-	0.025				4		0.008		0.0
17:0	-	0.023	•			-		0.008		0.0
18:0		0.003	ı.			4		0.001		0.0
20:0		0.003	•			-		0.001		0.0
	-									
22:0	g g									

	<u>Aı</u>	mount in 100 gran	s of edil	<u>n</u>	Amount in edible portion of common			
		Numb of Dat		Source	Confidence		easures of food	
Nutrients and Units	Mean	Std. Error Point		Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated	a 0.010			4		0.003		0.025
14:1	9			-		0.005		0.020
15:1	-							
16:1 undifferentiated		ı		4		0.000		0.000
17:1								
18:1 undifferentiated	g 0.006	i		4		0.002		0.015
20:1	g 0.000			4		0.000		0.000
22:1 undifferentiated	g 0.000			4		0.000		0.000
24:1 c	9							
Fatty acids, total polyunsaturated	g 0.050	ı		4		0.015		0.123
18:2 undifferentiated	g 0.046	i		4		0.014		0.113
18:3 undifferentiated	g 0.009	1		4		0.003		0.022
18:4	=			4		0.000		0.000
20:2 n-6 c,c								
20:3 undifferentiated	=							
20:4 undifferentiated				4		0.000		0.000
20:5 n-3	•			4		0.000		0.000
22:5 n-3				4		0.000		0.000
22:6 n-3	-			4		0.000		0.000
Fatty acids, total trans	-							
Cholesterol	•			7		0		0
Phytosterols	mg							
Others:								
Alcohol, ethyl	g. 0.0			7		0.0		0.0
Caffeine	mg 0	0	FLA	4		0		0
Theobromine	<u>mg</u> 0	0	FLA	4		0		0
Carotenoids:								
Carotene, beta	<u>m</u> cg 1849	0	BNA	4		569.359		4547.479
Carotene, alpha	-	0	BNA	4		0.000		0.000
Cryptoxanthin, beta		0	BNA	4		0.019		0.153
Lycopene		0	FLA	4		0.000		0.000
Lutein + zeaxanthin	mcg 6	0	FLA	4		1.767		14.112

# **Common Measures:**

Measure 1 = 30.8g: 1 fl oz

Measure 3 = 246g: 1 bottle NFS

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	0 grams	of edib	le portio	<u>n</u>		edible portion	
Nutrients and Un	its	Mean	Std. Error			Source Code	Confidence Code	<u>m</u> Measure 1	Measure 2	<u>M</u> easure
Proximates:										
Water	g	86.50		0	FLM	4				
Energy	kcal	52		1	MC	9				
Energy	kj	218				9				
Protein		0.20		0	BFZN	4				
Total lipid (fat)	-	0.10		0	BFZN	4				
Ash		0.52		1	MA	12				
Carbohydrate, by difference		12.70		1	MC	9				
Fiber, total dietary		0.4		1	MA	12				
				1						
Sugars, total		10.60		1	MA	12				
Starch	g									
Minerals:										
Calcium, Ca	ma	64		1	MA	12				
Iron, Fe		0.30		1	MA	12				
Magnesium, Mg	-	7		1	MA	12				
		11		1	MA	12				
Phosphorus, P		86		1		12				
Potassium, K	-				MA					
Sodium, Na		4		1	MA	12				
Zinc, Zn		0.04		0	FLM	4				
Copper, Cu		0.020		1	MA	12				
Manganese, Mn		0.090	)	1	MA	12				
Selenium, Se	mcg	0.1		0	FLM	4				
Vitamins:										
	ma	21.2		1	MA	12				
Vitamin C, total ascorbic acid	-					12				
Thiamin		0.010		1	MA					
Riboflavin		0.020		0	MA	12				
Niacin		0.100		0	MA	12				
Pantothenic acid	-	0.056		0	FLM	4				
Vitamin B-6	mg	0.050	)	1	MA	12				
Folate, total	mcg	1		0	FLM	4				
Folic acid	mcg	0		0	FLA	4				
Folate, food	mcg	1		0	FLA	4				
Folate, DFE	mcg_DFE	1		0	NC	4				
Vitamin B-12		0.00		0	FLM	4				
Vitamin A, IU		3		0	FLM	4				
Vitamin A, RAE		0		0	NC	4				
Retinol		0		0	Z	7				
Vitamin E (alpha-tocopherol)		0.01		0	FLA	4				
		0.01		•	LIIA	-				
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		0.1		0	FLA	4				
Vitamin K (phylloquinone)	nicg	0.1		U	FLA	4				
Lipids:										
Fatty acids, total saturated	a	0.020	)	0	FLM	4				
4:0		0.000		0	FLM	4				
6:0		0.000		0	FLM	4				
	_	0.000		0	FLM	4				
8:0	-	0.000		0	FLM	4				
10:0	_									
12:0	-	0.000	,	0	FLM	4				
13:0				_	_	_				
14:0		0.001	L	0	FLM	4				
15:0	g									
16:0	g	0.016	5	0	FLM	4				
17:0	g									
18:0	g	0.002	2	0	FLM	4				
20:0	_									
22:0	_									
24:0	_									

	<u>Ar</u>	nount in 10	00 grams	of edib	ole portio	<u>on</u>	Amount in edible portion of common			
			Number				<u>m</u>	easures of food		
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg 14:1g	0.004		0	FLM	4					
14:1										
16:1 undifferentiated	0.000		0	FLM	4					
17:1g	0.000		·		-					
18:1 undifferentiated	0.004		0	FLM	4					
20:1g	0.000		0	FLM	4					
22:1 undifferentiatedg	0.000		0	FLM	4					
24:1 cg										
Fatty acids, total polyunsaturated	0.029		0	FLM	4					
18:2 undifferentiatedg	0.025		0	FLM	4					
18:3 undifferentiatedg	0.006		0	FLM	4					
18:4g	0.000		0	FLM	4					
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0	FLM	4					
20:5 n-3g	0.000		0	FLM	4					
22:5 n-3g	0.000		0	FLM	4					
22:6 n-3g	0.000		0	FLM	4					
Fatty acids, total transg										
Cholesterolmg	0		0	FLM	4					
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	FLM	4					
Caffeine mg	0		0	FLA	4					
Theobrominemg	0		0	FLA	4					
Carotenoids:										
Carotene, betamcg	2		0	BNA	4					
Carotene, alphamcg	0		0	BNA	4					
Cryptoxanthin, betamcg	0		0	BNA	4					
Lycopene mcg	0		0	FLA	4					
Lutein + zeaxanthinmcg	21		0	FLA	4					

### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	mber				<u>m</u> e	easures of food	<u></u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	87.90		14		1		27.42	111.63	109.88	
Energy	_	47		0	NC	4		15	60	59	
Energy		197				4		61	250	246	
Protein (N x 6.25)	' <del>-</del> '	0.10		14		1		0.03	0.13	0.13	
Total lipid (fat)		0.10		14		1		0.03	0.13	0.13	
Ash		0.20	0.000	18		1		0.06	0.25	0.25	
Carbohydrate, by difference		11.60		0	NC	4		3.62	14.73	14.50	
Fiber, total dietary		0.1		0		4		0.0	0.1	0.1	
Sugars, total		8.46		0	BFSN	4		2.64	10.74	10.58	
Starch		0.10		•	22.01.	-			10.71	20.50	
Staren	9										
<u> Minerals:</u>											
Calcium, Ca		8		8		1		2	10	10	
Iron, Fe		0.34	0.050	24		1		0.11	0.43	0.4	
Magnesium, Mg		5		2		1		2	6	6	
Phosphorus, P		5		2		1		2	6	6	
Potassium, K		101	2.000	15		1		32	128	126	
Sodium, Na	-	4	0.000	13		1		1	5	5	
Zinc, Zn	-	0.03		2		1		0.01	0.04	0.0	
Copper, Cu		0.040	1	0		4		0.012	0.051	0.0	
Manganese, Mn											
Selenium, Se	mcg	0.5		0	BFZN	4		0.2	0.6	0.6	
/itamins:											
Vitamin C, total ascorbic acid	ma	63.6		12		1		19.8	80.8	79.5	
Thiamin	-	0.023	1	12		1		0.007	0.029	0.0	
Riboflavin		0.014		12		1		0.004	0.018	0.0	
Niacin		0.123		13		1		0.038	0.156	0.1	
Pantothenic acid	-	0.115		0		4		0.036	0.146	0.1	
Vitamin B-6	-	0.043		6		1		0.013	0.055	0.0	
Folate, total	-	7	0.500	9		1		2	9	8	
Folic acid		0		0	z	7		0	0	0	
Folate, food		7	0.500	9		1		2	9	8	
Folate, DFE		7		0	NC	4		2	9	8	
Vitamin B-12		0.00		0		4		0.00	0.00	0.0	
Vitamin A, IU	IU	42		7		1		13	53	53	
Vitamin A, RAE		2		0	NC	4		1	3	3	
Retinol		0		0	BNA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.04		0	BFSN	4		0.01	0.05	0.0	
Tocopherol, beta	-										
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	0.9		0	BFSN	4		0.3	1.1	1.1	
<u> ipids:</u>	_			•							
Fatty acids, total saturated		0.015		0		4		0.005	0.019	0.0	
4:0		0.000		0		4		0.000	0.000	0.0	
6:0	_	0.000		0		-		0.000	0.000	0.0	
8:0	-	0.000		0		4		0.000	0.000	0.0	
10:0		0.000		0		4		0.000	0.000	0.0	
12:0	-	0.000	•	U		4		0.000	0.000	0.0	
13:0	-	0 000		0		4		0.000	0 000		
14:0	-	0.000	•	U		4		0.000	0.000	0.0	
15:0	_	0.010		0				0.004	0 017		
16:0		0.013	•	U		4		0.004	0.017	0.0	
17:0		0 000		^		4		0 001	0 000	2 2	
18:0		0.002		0		4		0.001	0.003	0.0	
20:0	_										
22:0	y										

	<u>Am</u>	ount in 100 grams		le portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated	0.006	0		4		0.002	0.008	0.008	
14:1g									
15:1g									
16:1 undifferentiatedg	0.000	0		4		0.000	0.000	0.000	
17:1g									
18:1 undifferentiatedg	0.006	0		4		0.002	0.008	0.008	
20:1g	0.000	0		4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	0.000	
24:1 cg									
Fatty acids, total polyunsaturated9	0.039	0		4		0.012	0.050	0.049	
18:2 undifferentiatedg	0.036	0		4		0.011	0.046	0.045	
18:3 undifferentiatedg	0.003	0		4		0.001	0.004	0.004	
18:4g	0.000	0		4		0.000	0.000	0.000	
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000	0		4		0.000	0.000	0.000	
20:5 n-3g	0.000	0		4		0.000	0.000	0.000	
22:5 n-3g	0.000	0		4		0.000	0.000	0.000	
22:6 n-3g	0.000	0		4		0.000	0.000	0.000	
Fatty acids, total trans9									
Cholesterolmg	0	0		7		0	0	0	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0	0		7		0.0	0.0	0.0	
Caffeinemg	0	0	BFSN	4		0	0	0	
Theobrominemg	0	0	BFSN	4		0	0	0	
Carotenoids:									
Carotene, betamcg	19	0	BNA	4		6.009	24.461	24.076	
Carotene, alphamcg	11	0	BNA	4		3.477	14.153	13.930	
Cryptoxanthin, beta mcg	1	0	BNA	4		0.247	1.007	0.991	
Lycopene mcg	0	0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	21	0	BFSN	4		6.522	26.547	26.129	

# **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle (4 fl oz)

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100	grams	of edib	le portio	<u>n</u>		edible portion	
			Nu	umber	•			<u>m</u>	easures of food	
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	88.50		14		1		27.61	112.40	110.63
Energy	kcal	44		0	NC	4		14	56	55
Energy	kj	184				4		57	234	230
Protein (N x 6.25)	g	0.60	0.000	21		1		0.19	0.76	0.75
Total lipid (fat)		0.30	0.000	21		1		0.09	0.38	0.38
Ash	g	0.40	0.000	17		1		0.12	0.51	0.50
Carbohydrate, by difference	g	10.20		0	NC	4		3.18	12.95	12.75
Fiber, total dietary	g	0.1		0		4		0.0	0.1	0.1
Sugars, total		8.26		0	BFSN	4		2.58	10.49	10.32
Starch										
<u> Minerals:</u>								_		
Calcium, Ca		12		19		1		4	15	15
Iron, Fe		0.17	0.040	24		1		0.05	0.22	0.2
Magnesium, Mg		9	0.000	5		1		3	11	11
Phosphorus, P		11		3		1		3	14	14
Potassium, K		184		16		1		57	234	230
Sodium, Na	-	1		16		1		0	1	1
Zinc, Zn		0.06	0.011	5		1		0.02	0.07	0.0
Copper, Cu		0.046		0		4		0.014	0.058	0.0
Manganese, Mn				_						
Selenium, Se	mcg	0.1		0	BFZN	4		0.0	0.1	0.1
itamins:										
Vitamin C, total ascorbic acid	mg	62.5		7		1		19.5	79.4	78.1
Thiamin	-	0.045	0.008	25		1		0.014	0.057	0.0
Riboflavin		0.028	0.000	25		1		0.009	0.036	0.0
Niacin		0.239	0.013	25		1		0.075	0.304	0.2
Pantothenic acid	-	0.137		0		4		0.043	0.174	0.1
Vitamin B-6	-	0.054		8		1		0.017	0.069	0.0
Folate, total	-	26	0.500	9		1		8	34	33
Folic acid		0		0	z	7		0	0	0
Folate, food		26	0.500	9		1		8	34	33
Folate, DFE		26		0	NC	4		8	34	33
Vitamin B-12		0.00		0		4		0.00	0.00	0.0
Vitamin A, IU		55	7.000	18		1		17	70	69
Vitamin A, RAE		3		0	NC	4		1	3	3
Retinol		0		0	BNA	4		0	0	0
Vitamin E (alpha-tocopherol)		0.04		0	BFSN	4		0.01	0.05	0.0
Tocopherol, beta	-									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		0.1		0	BFSN	4		0.0	0.1	0.1
<u> ipids:</u>				_						
Fatty acids, total saturated		0.035		0		4		0.011	0.044	0.0
4:0		0.000		0		4		0.000	0.000	0.0
6:0	-	0.000		0		4		0.000	0.000	0.0
8:0	-	0.000		0		4		0.000	0.000	0.0
10:0		0.000		0		4		0.000	0.000	0.0
12:0	-	0.000		0		4		0.000	0.000	0.0
13:0	-			_						<u>.</u> -
14:0	-	0.000		0		4		0.000	0.000	0.0
15:0	-	_		_		_			_	
16:0		0.035		0		4		0.011	0.044	0.0
17:0				_						_
18:0		0.000		0		4		0.000	0.000	0.0
20:0	-									
22:0										

	<u>An</u>	nount in 10	Number	,		_	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.050		0		4		0.016	0.064	0.063	
14:1g	0.030		·		•		0.010	0.004	0.003	
15:1g										
16:1 undifferentiatedg	0.005		0		4		0.002	0.006	0.006	
17:1g										
18:1 undifferentiatedg	0.045		0		4		0.014	0.057	0.056	
20:1g	0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturated	0.060		0		4		0.019	0.076	0.075	
18:2 undifferentiatedg	0.045		0		4		0.014	0.057	0.056	
18:3 undifferentiatedg	0.015		0		4		0.005	0.019	0.019	
18:4g	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0		4		0.000	0.000	0.000	
20:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:5 n-3g	0.000		0		4		0.000	0.000	0.000	
22:6 n-3g	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total transg										
Cholesterol mg	0		0		7		0	0	0	
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0		7		0.0	0.0	0.0	
Caffeine mg	0		0	BFSN	4		0	0	0	
Theobromine mg	0		0	BFSN	4		0	0	0	
Carotenoids:										
Carotene, betamcg	9		0	BNA	4		2.803	11.410	11.230	
Carotene, alpha mcg	2		0	BNA	4		0.474	1.928	1.897	
Cryptoxanthin, beta mcg	47		0	BNA	4		14.512	59.072	58.142	
Lycopene mcg	0		0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	113		0	BFSN	4		35.275	143.587	141.325	

# **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>Ar</u>	nount in 100	grams	of edil	ole portion	<u>1</u>	Amount in	edible portion	of common	
			0		Deriv	Source	Confidence	measures of food			
Nutrients and Uni	ts	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water		88.90	0.800			1		27.74	112.90		
Energy		43		0	NC	4		13	55		
Energy		180				4		56	228		
Protein (N x 6.25)		0.40		11		1		0.12	0.51		
Total lipid (fat)	g	0.20		7		1		0.06	0.25		
Ash	g	0.40		1		1		0.12	0.51		
Carbohydrate, by difference	g	10.10		0	NC	4		3.15	12.83		
Fiber, total dietary	g										
Sugars, total	g										
Starch	g										
Minerals:											
Calcium, Ca	mg	10		4		1		3	13		
Iron, Fe	mg	0.20		6		1		0.06	0.25		
Magnesium, Mg	mg	5		2		1		2	6		
Phosphorus, P	mg	7		2		1		2	9		
Potassium, K	mg	138		2		1		43	175		
Sodium, Na	• • • • • • • • • • • • • • • • • • • •	3		6		1		1	4		
Zinc, Zn		0.03		2		1		0.01	0.03		
Copper, Cu	-	0.040		0		4		0.012	0.051		
Manganese, Mn				_							
Selenium, Se	mcg	0.1		0	BFZN	4		0.0	0.1		
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid	-	76.9		2		1		24.0	97.7		
Thiamin	• • • • • • • • • • • • • • • • • • • •	0.038		6		1		0.012	0.048		
Riboflavin		0.028		10		1		0.009	0.036		
Niacin		0.185		6		1		0.058	0.235		
Pantothenic acid		0.120		0		4		0.037	0.152		
Vitamin B-6		0.038		6		1		0.012	0.048		
Folate, total		12	0.400			1		4	15		
Folic acid		0		0	Z	7		0	0		
Folate, food		12	0.400			1		4	15		
Folate, DFE		12		0	NC	4		4	15		
Vitamin B-12		0.00		0		4		0.00	0.00		
Vitamin A, IU		73	28.000			1		23	93		
Vitamin A, RAE	mcg_RAE	4		0	NC	4		1	5		
Retinol		0		0	Z	7		0	0		
Vitamin E (alpha-tocopherol)											
Tocopherol, beta	-										
Tocopherol, gamma											
Tocopherol, delta	-										
Vitamin D Vitamin K (phylloquinone)											

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

#### **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100	grams	of edib	ole portio	<u>n</u>		edible portion	
			N	lumber	•			<u>m</u>	easures of food	_
			C	of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error F	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	-	87.60		1		1		27.33	111.25	109.50
Energy		47		0	NC	4		15	60	59
Energy		197				4		61	250	246
Protein (N x 6.25)	-	0.40		1		1		0.12	0.51	0.50
Total lipid (fat)		0.10		1		1		0.03	0.13	0.13
Ash		0.40		3		1		0.12	0.51	0.50
Carbohydrate, by difference		11.50		0	NC	4		3.59	14.61	14.38
Fiber, total dietary		0.1		0		4		0.0	0.1	0.1
Sugars, total		10.03		0	FLA	4		3.13	12.74	12.54
Starch	g									
Minerals:										
Calcium, Ca	mg	5		2		1		2	6	6
Iron, Fe	-	0.35		2		1		0.11	0.44	0.44
Magnesium, Mg	-	6		2		1		2	8	8
Phosphorus, P		8		3		1		2	10	10
Potassium, K	-	134		3		1		42	170	168
Sodium, Na		4		2		1		1	5	5
Zinc, Zn	mg	0.03		2		1		0.01	0.03	0.0
Copper, Cu	mg	0.044	ļ	0		4		0.014	0.056	0.0
Manganese, Mn	mg									
Selenium, Se	mcg	0.1		0	BFZN	4		0.0	0.1	0.1
itamins:										
Vitamin C, total ascorbic acid	ma	32.1	8.300	) 6		1		10.0	40.8	40.1
Thiamin	-	0.043				1		0.013	0.055	0.0
Riboflavin	-	0.027		6		1		0.008	0.034	0.0
Niacin		0.263		2		1		0.082	0.334	0.3
Pantothenic acid	-	0.134		0		4		0.042	0.170	0.1
Vitamin B-6	-	0.062		2		1		0.019	0.079	0.0
Folate, total		10	2.100			1		3	12	12
Folic acid		0		0	FLA	4		0	0	0
Folate, food		10	2.100			1		3	12	12
Folate, DFE		10		0	NC	4		3	12	12
Vitamin B-12		0.00		0		4		0.00	0.00	0.0
Vitamin A, IU		27		1		1		8	34	34
Vitamin A, RAE		1		0	NC	4		0	2	2
Retinol		0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)		0.02		0	FLA	4		0.01	0.03	0.0
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg	0.1		0	FLA	4		0.0	0.1	0.1
ipids:										
Fatty acids, total saturated	a	0.016	;	0		4		0.005	0.020	0.0
4:0		0.000		0		4		0.000	0.000	0.00
6:0		0.000		0		4		0.000	0.000	0.0
8:0	-	0.000		0		4		0.000	0.000	0.0
10:0	-	0.000		0		4		0.000	0.000	0.0
12:0		0.000		0		4		0.000	0.000	0.0
13:0		2.000		•		-		2.000	3.000	0.0
14:0		0.000	)	0		4		0.000	0.000	0.0
15:0				-		-		3.000	0.000	
16:0		0.014	Į.	0		4		0.004	0.018	0.0
17:0	_			-		-				
18:0		0.001		0		4		0.000	0.001	0.0
20:0				-		-		3.000	0.001	2.0
22:0	-									
24:0	-									

	<u>Am</u>	ount in 100 grams	of edib	le portio	<u>1</u>	Amount in edible portion of common			
		Number of Data	Deriv		Confidence		easures of food		
Nutrients and Units	Mean	Std. Error Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.007	0		4		0.002	0.009	0.009	
14:1g		-		=		0.002	0.005		
15:1									
16:1 undifferentiated	0.001	0		4		0.000	0.001	0.001	
17:1g									
18:1 undifferentiatedg	0.007	0		4		0.002	0.009	0.009	
20:1g	0.000	0		4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	0.000	
24:1 cg									
Fatty acids, total polyunsaturated	0.027	0		4		0.008	0.034	0.034	
18:2 undifferentiatedg	0.022	0		4		0.007	0.028	0.028	
18:3 undifferentiatedg	0.004	0		4		0.001	0.005	0.005	
18:4g	0.000	0		4		0.000	0.000	0.000	
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000	0		4		0.000	0.000	0.000	
20:5 n-3g	0.000	0		4		0.000	0.000	0.000	
22:5 n-3g	0.000	0		4		0.000	0.000	0.000	
22:6 n-3g	0.000	0		4		0.000	0.000	0.000	
Fatty acids, total trans									
Cholesterolmg	0	0		7		0	0	0	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0	0		7		0.0	0.0	0.0	
Caffeinemg	0	0	FLA	4		0	0	0	
Theobrominemg	0	0	FLA	4		0	0	0	
Carotenoids:									
Carotene, beta mcg	5	0	BNA	4		1.424	5.795	5.704	
Carotene, alphamcg	1	0	BNA	4		0.295	1.200	1.181	
Cryptoxanthin, betamcg	22	0	BNA	4		6.967	28.358	27.911	
Lycopene mcg	0	0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthinmcg	59	0	FLA	4		18.457	75.128	73.945	

### **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100 g	<u>ırams</u>	of edib	ole portio	<u>n</u>	Amount in edible portion of common			
			Nu	mber				<u>m</u> e	easures of food	<u> </u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Unit	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	87.80		1		1		27.39	111.51		
Energy	kcal	46		0	NC	4		14	58		
Energy	kj	192				4		60	244		
Protein (N x 6.25)	g	0.80		1		1		0.25	1.02		
Total lipid (fat)	g	0.10		1		1		0.03	0.13		
Ash	g	0.40	0.000	4		1		0.12	0.51		
Carbohydrate, by difference	g	10.90		0	NC	4		3.40	13.84		
Fiber, total dietary	g	0.1		0		4		0.0	0.1		
Sugars, total	g										
Starch	g										
Minerals:											
Vimerais: Calcium, Ca	ma	6		1		1		2	8		
Iron. Fe.	-	0.38	0.180	6		1		0.12	0.48		
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	7	5.250	2		1		2	9		
Phosphorus, P		12		2		1		4	15		
Potassium, K	-	199		2		1		62	253		
Sodium, Na	-	6		1		1		2	8		
Zinc, Zn	mg	0.04		2		1		0.01	0.04		
Copper, Cu	mg	0.084		0		4		0.026	0.107		
Manganese, Mn	mg										
Selenium, Se	mcg	0.1		0	BFZN	4		0.0	0.1		
Vitamins:											
Vitamin C, total ascorbic acid	ma	85.9	5.900	4		1		26.8	109.1		
Thiamin	_	0.058		4		1		0.018	0.074		
Riboflavin		0.038		4		1		0.009	0.036		
Niacin		0.267		4		1		0.083	0.339		
Pantothenic acid		0.096		0		4		0.030	0.122		
Vitamin B-6		0.056		4		1		0.017	0.071		
Folate, total		20	5.000	3		1		6	25		
Folic acid		0		0	z	7		0	0		
Folate, food		20	5.000	3		1		6	25		
Folate, DFE		20		0	NC	4		6	25		
Vitamin B-12		0.00		0		4		0.00	0.00		
Vitamin A, IU		216		1		1		67	274		
Vitamin A, RAE		11		0	NC	4		3	14		
Retinol	mcg	0		0	Z	7		0	0		
Vitamin E (alpha-tocopherol)	mg										
Tocopherol, beta	mg										
Tocopherol, gamma	mg										
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg										
<u> </u>											
Fatty acids, total saturated	g	0.011		0		4		0.003	0.014		
4:0		0.000	)	0		4		0.000	0.000		
6:0	g	0.000	)	0		4		0.000	0.000		
8:0		0.000	)	0		4		0.000	0.000		
10:0	g	0.000	)	0		4		0.000	0.000		
12:0	g	0.000	)	0		4		0.000	0.000		
13:0	g										
14:0	g	0.000	)	0		4		0.000	0.000		
15:0	g										
16:0		0.010	1	0		4		0.003	0.013		
17:0											
18:0	g	0.000	1	0		4		0.000	0.000		
20:0	g										
22:0	~										

	<u>Ar</u>	mount in 100 grams	of edible portion	<u>on</u>		edible portion	
Nutrients and Units	Mean	Numbe of Data Std. Error Points	Deriv Source	Confidence Code	<u>m</u> Measure 1	easures of food  Measure 2	Measure 3
Nathonto and Onito	Moun	Otal Error			Micasare 1	measure 2	medsure o
Fatty acids, total monounsaturatedg	0.022	0	4		0.007	0.028	
14:1	0.022	U	4		0.007	0.028	
14:1							
16:1 undifferentiated	0.001	0	4		0.000	0.001	
17:1	0.001	v	-		0.000	0.001	
18:1 undifferentiatedg	0.021	0	4		0.007	0.027	
20:1	0.000		4		0.000	0.000	
22:1 undifferentiatedg	0.000		4		0.000	0.000	
24:1 cg	0.000	·	-		0.000	0.000	
Fatty acids, total polyunsaturated9	0.020	0	4		0.006	0.025	
18:2 undifferentiated	0.016		4		0.005	0.020	
18:3 undifferentiated	0.004		4		0.001	0.005	
18:4g	0.000	0	4		0.000	0.000	
20:2 n-6 c,cg							
20:3 undifferentiatedg							
20:4 undifferentiatedg	0.000	0	4		0.000	0.000	
20:5 n-3g	0.000	0	4		0.000	0.000	
22:5 n-3g	0.000	0	4		0.000	0.000	
22:6 n-3g	0.000	0	4		0.000	0.000	
Fatty acids, total transg							
Cholesterol mg	0	0	7		0	0	
Phytosterolsmg							
Others:							
Alcohol, ethylg	0.0	0	7		0.0	0.0	
Caffeine mg							
Theobromine mg							

### **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

			mount in 100 g				_		edible portion	
				ımber		_	0 51	<u>m</u>	easures of food	_
Nutrients and Uni	its	Mean	Std. Error Po			Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	86.90	0.000	13		1		27.11	110.36	
Energy	kcal	50		0	NC	4		16	64	
Energy	kj	209				4		65	266	
Protein (N x 6.25)	g	0.70	0.000	13		1		0.22	0.89	
Total lipid (fat)	g	0.10		13		1		0.03	0.13	
Ash	g	0.40	0.000	13		1		0.12	0.51	
Carbohydrate, by difference		11.90		0	NC	4		3.71	15.11	
Fiber, total dietary										
Sugars, total										
Starch										
Minerals:										
Calcium, Ca	ma	17	1.000	13		1		5	22	
Iron, Fe	_	0.11	0.000	13		1		0.03	0.14	
Magnesium, Mg.	-	14		0		4		4	18	
Phosphorus, P		13		0		4		4	17	
Potassium, K	-	200	3.000	13		1		62	254	
Sodium. Na		3	0.000	13		1		1	4	
Zine, Zn	mg	0.09		0		4		0.03	0.11	
Copper, Cu		0.042		0		4		0.013	0.053	
Manganese, Mn	mg									
Selenium, Se		0.1		0	BFZN	4		0.0	0.1	
Vitamins:										
Vitamin C, total ascorbic acid	mg	34.0		1		1		10.6	43.2	
Thiamin	mg	0.051	0.000	13		1		0.016	0.065	
Riboflavin	mg	0.042	0.000	13		1		0.013	0.053	
Niacin	<u>mg</u>	0.180	0.011	13		1		0.056	0.229	
Pantothenic acid	mg	0.148		0		4		0.046	0.188	
Vitamin B-6	mg	0.054		0		4		0.017	0.069	
Folate, total	mcg	24	1.900	3		1		8	31	
Folic acid		0		0	Z	7		0	0	
Folate, food		24	1.900	3		1		8	31	
Folate, DFE	mcg_DFE	24		0	NC	4		8	31	
Vitamin B-12	-	0.00		0		4		0.00	0.00	
Vitamin A, IU		46	3.000	13		1		14	58	
Vitamin A, RAE		2		0	NC	4		1	3	
Retinol		0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)										
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D	IU									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

#### **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	grams	of edib	ole portio	<u>n</u>		edible portion	
			Nu	ımber				<u>m</u>	easures of food	_
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.30		14		1		27.24	110.87	
Energy	kcal	48		0	NC	4		15	61	
Energy	kj	201				4		63	255	
Protein (N x 6.25)	g	0.50		14		1		0.16	0.64	
Total lipid (fat)	g	0.10		14		1		0.03	0.13	
Ash		0.40	0.000	16		1		0.12	0.51	
Carbohydrate, by difference	g	11.70		0	NC	4		3.65	14.86	
Fiber, total dietary		0.1		0		4		0.0	0.1	
Sugars, total										
Starch	g									
Minerals:										
Calcium, Ca	mg	8		3		1		2	10	
Iron, Fe.	-	0.42		21		1		0.13	0.53	
Magnesium, Mg	-	9		2		1		3	11	
Phosphorus, P		9		3		1		3	11	
Potassium, K		141		16		1		44	179	
Sodium, Na	• • • • • • • • • • • • • • • • • • • •	2		16		1		1	3	
Zinc, Zn		0.04		2		1		0.01	0.05	
Copper, Cu		0.044	Į.	0		4		0.014	0.056	
Manganese, Mn										
Selenium, Se	mcg	0.1		0	BFZN	4		0.0	0.1	
Vitamins:										
Vitamin C, total ascorbic acid	mg	53.4		7		1		16.7	67.8	
Thiamin	mg	0.050	)	8		1		0.016	0.064	
Riboflavin	mg	0.023	3	5		1		0.007	0.029	
Niacin	mg	0.194	ļ	5		1		0.061	0.246	
Pantothenic acid	mg	0.059	)	0		4		0.018	0.075	
Vitamin B-6		0.062	?	4		1		0.019	0.079	
Folate, total		19	1.200	3		1		6	24	
Folic acid		0		0	Z	7		0	0	
Folate, food	mcg	19	1.200	3		1		6	24	
Folate, DFE		19		0	NC	4		6	24	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU		31		2		1		10	39	
Vitamin A, RAE		2 0		0	NC Z	4 7		0	2 0	
Retinol		U		U	Z	,		U	U	
Vitamin E (alpha-tocopherol) Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)										
<u>Lipids:</u>	~	0.010		0		4		0.003	0.013	
Fatty acids, total saturated		0.010		0		4		0.003	0.013	
4:0 6:0		0.000		0		4		0.000	0.000	
8:0		0.000		0		4		0.000	0.000	
10:0		0.000		0		4		0.000	0.000	
12:0	-	0.000		0		4		0.000	0.000	
13:0	_			-		=				
14:0	-	0.000	)	0		4		0.000	0.000	
15:0	-									
16:0		0.009	)	0		4		0.003	0.011	
17:0										
18:0	g	0.001	-	0		4		0.000	0.001	
20:0	g									
22:0	g									
24:0	g									

	<u>Ar</u>	nount in 100 grams	of edible portion	<u>on</u>	Amount in edible portion of common			
		Numbe of Data	r Deriv Source	Confidence	<u>m</u>	easures of food	•	
Nutrients and Units	Mean	Std. Error Points		Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.014	0	4		0.004	0.018		
14:1	0.021	·	-		0.004	0.010		
15:1 9								
16:1 undifferentiated	0.001	0	4		0.000	0.001		
17:1g								
18:1 undifferentiatedg	0.013	0	4		0.004	0.017		
20:1g	0.000	0	4		0.000	0.000		
22:1 undifferentiatedg	0.000	0	4		0.000	0.000		
24:1 cg								
Fatty acids, total polyunsaturated	0.024	0	4		0.007	0.030		
18:2 undifferentiatedg	0.017	0	4		0.005	0.022		
18:3 undifferentiatedg	0.008	0	4		0.002	0.010		
18:4g	0.000	0	4		0.000	0.000		
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	0	4		0.000	0.000		
20:5 n-3g	0.000	0	4		0.000	0.000		
22:5 n-3g	0.000	0	4		0.000	0.000		
22:6 n-3g	0.000	0	4		0.000	0.000		
Fatty acids, total transg								
Cholesterolmg	0	0	7		0	0		
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	0	7		0.0	0.0		
Caffeine mg								
Theobromine mg								

### **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		Al	mount in 10	0 grams	of edik	ole portio	<u>on</u>	Amount in edible portion of common		
				Number				m	easures of food	
				of Data		Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	_	89.10				5		27.44		219.19
Energy		43				9		13		106
Energy		180				9		55		443
Protein		0.50				5		0.15		1.23
Total lipid (fat)	=	0.10		_		5		0.03		0.25
Ash		0.25		0	MA	12		0.08		0.62
Carbohydrate, by difference		9.90				9		3.05		24.35
Fiber, total dietary		0.4		•		4		0.1		1.0
Sugars, total		8.40		0	MA	12		2.59		20.66
Starch	g									
Minerals:										
Calcium, Ca		16				5		5		39
Iron, Fe		0.20				5		0.06		0.4
Magnesium, Mg		10				4		3		25
Phosphorus, P	_	19				5		6		47
Potassium, K		174				5		54		428
Sodium, Na		10				5		3		25
Zinc, Zn		0.07 0.044				4 4		0.02 0.014		0.1
Copper, Cu		0.044				4		0.014		0.1
Selenium, Se		0.1		0	BFZN	4		0.0		0.2
Scientini, Sc	9	0.1		·	DIDI	•		0.0		0.2
<u> Vitamins:</u>										
Vitamin C, total ascorbic acid		34.1				5		10.5		83.9
Thiamin		0.060				5		0.018		0.1
Riboflavin		0.050				5		0.015		0.1
Niacin	_	0.210	1			5		0.065		0.5
Pantothenic acid		0.050				-		0.015		
Vitamin B-6		0.050	•			5 4		0.015		0.1
Folite, total		39 0		0	z	7		12 0		96 0
Folate, food	_	39		U	4	4		12		96
Folate, DFE		39		0	NC	4		12		96
Vitamin B-12	mca_br E	0.00		Ū	МС	7		0.00		0.0
Vitamin A, IU		1880				4		579		4625
Vitamin A, RAE		94		0	NC	4		29		231
Retinol		0		0	FLA	4		0		0
Vitamin E (alpha-tocopherol)		0.29		0	FLA	4		0.09		0.7
Tocopherol, beta										
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D										
Vitamin K (phylloquinone)	mcg	1.5		0	FLA	4		0.5		3.7
Lipids:										
Fatty acids, total saturated	a	0.010	)			4		0.003		0.0
4:0		0.000				4		0.000		0.0
6:0		0.000	1			4		0.000		0.0
8:0	g	0.000	)			4		0.000		0.0
10:0	g	0.000	)			4		0.000		0.0
12:0	g	0.001				4		0.000		0.0
13:0	g									
14:0	g	0.001				4		0.000		0.0
15:0	-									
16:0	-	0.011				4		0.003		0.0
17:0										
18:0		0.005	i			4		0.002		0.0
20:0	-									
22:0	α									

	<u>Ar</u>	mount in 10	00 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated	0.010				4		0.003		0.025
14:1g	0.010				-		0.003		0.025
15:1g									
16:1 undifferentiatedg	0.001				4		0.000		0.002
17:1g									
18:1 undifferentiatedg	0.010				4		0.003		0.025
20:1g	0.000				4		0.000		0.000
22:1 undifferentiatedg	0.000				4		0.000		0.000
24:1 cg									
Fatty acids, total polyunsaturated	0.030				4		0.009		0.074
18:2 undifferentiatedg	0.025				4		0.008		0.062
18:3 undifferentiatedg	0.010				4		0.003		0.025
18:4g	0.000				4		0.000		0.000
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000				4		0.000		0.000
20:5 n-3g	0.000				4		0.000		0.000
22:5 n-3g	0.000				4		0.000		0.000
22:6 n-3g	0.000				4		0.000		0.000
Fatty acids, total transg									
Cholesterolmg	0				7		0		0
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	FLA	4		0.0		0.0
Caffeine mg	0		0	FLA	4		0		0
Theobromine mg	0		0	FLA	4		0		0
Carotenoids:									
Carotene, betamcg	863		0	FLA	4		265.842		2123.284
Carotene, alphamcg	395		0	FLA	4		121.700		972.023
Cryptoxanthin, betamcg	135		0	FLA	4		41.480		331.301
Lycopene mcg	0		0	FLA	4		0.059		0.470
Lutein + zeaxanthin mcg	135		0	FLA	4		41.460		331.144

# **Common Measures:**

Measure 1 = 30.8g: 1 fl oz

Measure 3 = 246g: 1 bottle NFS

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 gr	ams of edi	ble portio	<u>on</u>	Amount in edible portion of common		
			Nur	nber			<u>m</u>	easures of food	Ĺ
			of I	Data Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Poi	ints Code	Code	Code	Measure 1	Measure 2	Measure
<u>Proximates:</u> Water	g	87.90			1		27.42	115.15	109.8
Energy	_	47		0 NC	4		15	62	59
Energy		198		0 NC	4		62	260	248
Protein		0.00			1		0.00	0.00	0.0
Total lipid (fat)		0.00			1		0.00	0.00	0.0
Ash		0.24		0 BFS	N 4		0.08	0.32	0.3
Carbohydrate, by difference		11.86		0 NC	4		3.70	15.53	14.8
Fiber, total dietary		0.1			4		0.0	0.1	0.1
Sugars, total		7.28		0 BFS	N 4		2.27	9.54	9.1
Starch									
linerals:									
Calcium. Ca	ma	12			1		4	16	15
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	0.00			1		0.00	0.00	0.0
Magnesium, Mg	-	8			4		2	10	10
Phosphorus, P		12			4		4	16	15
Potassium, K	•	130			1		41	170	163
Sodium, Na		0			1		0	0	0
Zinc, Zn		0.08			4		0.02	0.10	0.:
Copper, Cu		0.065	1		4		0.020	0.085	0.0
Manganese, Mn		0.000			•		0.020	0.005	0.
Selenium, Se		0.4		0 BFZN	4		0.1	0.5	0.
itamins:									
Vitamin C, total ascorbic acid	mg	33.8			1		10.5	44.3	42.
Thiamin		0.010	)		1		0.003	0.013	0.
Riboflavin	-	0.030	)		1		0.009	0.039	0.0
Niacin		0.300	)		1		0.094	0.393	0.:
Pantothenic acid	-								
Vitamin B-6		0.010	1		4		0.003	0.013	0.
Folate, total		4			4		1	5	5
Folic acid		0		0 z	7		0	0	0
Folate, food	mcg	4			4		1	5	5
Folate, DFE		4		0 NC	4		1	5	5
Vitamin B-12	mcg	0.00			7		0.00	0.00	0.
Vitamin A, IU		0			1		0	0	0
Vitamin A, RAE		0		0 AS	1		0	0	0
Retinol		0		0 z	7		0	0	0
Vitamin E (alpha-tocopherol)		0.09		0 BFSN	4		0.03	0.12	0.
Tocopherol, beta									
Tocopherol, gamma									
Tocopherol, delta									
Vitamin D	IU								
Vitamin K (phylloquinone)	mcg	3.4		0 BFSN	4		1.1	4.4	4.2
ipids:									
Fatty acids, total saturated	g	0.000	1		4		0.000	0.000	0.
4:0		0.000	1	0	4		0.000	0.000	0.
6:0	g	0.000	1	0	4		0.000	0.000	0.
8:0	g	0.000	1	0	4		0.000	0.000	0.
10:0	-	0.000	1	0	4		0.000	0.000	0.
12:0	g	0.000	1	0	4		0.000	0.000	0.
13:0	g								
14:0	g	0.000	1	0	4		0.000	0.000	0.
15:0	-								
16:0	g	0.000	)	0	4		0.000	0.000	0.
17:0	g								
18:0	g	0.000	)	0	4		0.000	0.000	0.
20:0	g								
22:0	g								
24:0	a								

	<u>Ar</u>	nount in 10	00 grams Number		Amount in edible portion of common measures of food				
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.000				4		0.000	0.000	0.000
14:1g	0.000				-		0.000	0.000	0.000
15:1g									
16:1 undifferentiated	0.000		0		4		0.000	0.000	0.000
17:1g									
18:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
20:1g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
24:1 cg									
Fatty acids, total polyunsaturated	0.000				4		0.000	0.000	0.000
18:2 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated	0.000		0		4		0.000	0.000	0.000
18:4g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0		4		0.000	0.000	0.000
20:5 n-3g	0.000		0		4		0.000	0.000	0.000
22:5 n-3g	0.000		0		4		0.000	0.000	0.000
22:6 n-3g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total transg									
Cholesterol mg	0				7		0	0	0
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0				7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene beta mcg	0		0	z	7		0.000	0.000	0.000
Carotene, alphamcg	0		0	z	7		0.000	0.000	0.000
Cryptoxanthin, beta mcg	0		0	z	7		0.000	0.000	0.000
Lycopene mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	0		0	z	7		0.000	0.000	0.000

# **Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 131g: 1 bottle Earth's Best (4.2 fl oz)
Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	nount in 100 g	rams	of edib	ole portio	<u>n</u>	Amount in edible portion of common			
			of		Deriv	Source	Confidence		easures of food		
Nutrients and Uni	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water		81.90	0.300	18		1		25.55	104.01		
Energy		70		0	NC	4		22	89		
Energy		293				4		91	372		
Protein (N x 6.25)	g	0.60	0.000	19		1		0.19	0.76		
Total lipid (fat)	g	0.30	0.100	18		1		0.09	0.38		
Ash	g	0.40	0.000	18		1		0.12	0.51		
Carbohydrate, by difference	g	16.80		0	NC	4		5.24	21.34		
Fiber, total dietary	g										
Sugars, total	g										
Starch	g										
Minerals:											
Calcium, Ca	mg	12		14		1		4	15		
Iron, Fe	mg	0.87	0.330	20		1		0.27	1.10		
Magnesium, Mg	mg	8		2		1		2	10		
Phosphorus, P	mg	10		2		1		3	13		
Potassium, K	mg	181	1.000	15		1		56	230		
Sodium, Na	mg	2	0.000	15		1		1	3		
Zinc, Zn		0.04		2		1		0.01	0.05		
Copper, Cu	_	0.046		0		4		0.014	0.058		
Manganese, Mn											
Selenium, Se	mcg	0.1		0	BFZN	4		0.0	0.1		
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid	-	63.8	5.600	5		1		19.9	81.0		
Thiamin	• • • • • • • • • • • • • • • • • • • •	0.044		18		1		0.014	0.056		
Riboflavin		0.120		18		1		0.037	0.152		
Niacin		0.396		18		1		0.124	0.503		
Pantothenic acid		0.137		0		4		0.043	0.174		
Vitamin B-6		0.061		6		1		0.019	0.077		
Folate, total		13	0.300	3		1		4	17		
Folic acid		0		0	Z	7		0	0		
Folate, food		13	0.300	3		1		4	17		
Folate, DFE		13		0	NC	4		4	17		
Vitamin B-12		0.00		0		4		0.00	0.00		
Vitamin A, IU		131		14		1		41	166		
Vitamin A, RAE	mcg_KAE	7		0	NC	4		2	8		
Retinol		0		0	Z	7		0	0		
Vitamin E (alpha-tocopherol)											
Tocopherol, beta	_										
Tocopherol, gamma											
Tocopherol, delta	_										
Vitamin D Vitamin K (phylloquinone)											

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

#### **Common Measures:**

Measure 1 = 31.2g: 1 fl oz Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 Fat 8.37 Carbohydrate 3.92

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	0 grams	of edib	le portio	<u>n</u>		edible portion	
Nutrients and Uni	ts	Mean	Std. Error	Number of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure :
Proximates: Water	a	81.70				12				
Energy		83				4				
Energy		347				4				
Protein		3.50				12				
Total lipid (fat)		2.60				12				
Ash		1.00		0	NR	4				
Carbohydrate, by difference		11.20		Ū	2121	4				
Fiber, total dietary		0.5				4				
Sugars, total		0.79		0	0	4				
Starch		0.73		Ū	Ū	•				
Starcii	9									
Minerals:										
Calcium, Ca	mg	102				12				
Iron, Fe	mg	0.60				12				
Magnesium, Mg	mg	9				4				
Phosphorus, P	mg	81				4				
Potassium, K	mg	18				4				
Sodium, Na		230				12				
Zinc, Zn	_	0.43				4				
Copper, Cu		0.041	-			4				
Manganese, Mn										
Selenium, Se	mcg	6.6		0	FLM	4				
Vitamins:										
Vitamin C, total ascorbic acid	ma	0.0				12				
Thiamin	_	0.040	)			12				
Riboflavin	-	0.090				12				
Niacin		0.790				12				
Pantothenic acid										
Vitamin B-6	-	0.050	)			12				
Folate, total		25		0	FLM	4				
Folic acid		23		0	0	4				
Folate, food		3		0	0	4				
Folate, DFE	mcg_DFE	41		0	NC	4				
Vitamin B-12		0.06				4				
Vitamin A, IU	IU	11		0	NC	4				
Vitamin A, RAE		3		0	NC	4				
Retinol		3		0	BNA	4				
Vitamin E (alpha-tocopherol)		0.01		0	FLA	4				
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg	0.0		0	FLA	4				
Lipids:										
	0	1.530				4				
Fatty acids, total saturated		0.074				4				
4:0 6:0		0.074				4				
8:0		0.020				4				
10:0	-	0.020				4				
12:0	-	0.043				4				
13:0	-	0.030	•			7				
14:0	-	0.237	,			4				
15:0	-	0.237				-				
16:0		0.727	,			4				
17:0		5.727				•				
18:0		0.289	)			4				
20:0		0.203	•			7				
22:0	-									

	<u>Ar</u>	mount in 10	00 grams	Amount in edible portion of common					
			Number				<u>m</u>	easures of food	i
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated9	0.700				4				
14:1g									
15:1g									
16:1 undifferentiatedg	0.071				4				
17:1g									
18:1 undifferentiatedg	0.591				4				
20:1g	0.000				4				
22:1 undifferentiatedg	0.000				4				
24:1 cg	0 170								
Fatty acids, total polyunsaturatedg	0.170				4				
18:2 undifferentiated	0.131 0.035				4				
18:3 undifferentiatedg 18:4g	0.035				4				
20:2 n-6 c,cg	0.000				4				
20:3 undifferentiatedg									
20:4 undifferentiated	0.000				4				
20:5 n-3g	0.000				4				
22:5 n-3g	0.000				4				
22:6 n-3g	0.000				4				
Fatty acids, total trans									
Cholesterolmg	7				4				
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0				4				
Caffeine mg	0		0	Z	7				
Theobrominemg	0		0	Z	7				
Carotenoids:									
Carotene, beta mcg	0		0	BNA	4				
Carotene, alpha mcg	0		0	BNA	4				
Cryptoxanthin, betamcg	0		0	BNA	4				
Lycopenemcg	0		0	FLA	4				
Lutein + zeaxanthin mcg	0		0	0	4				

### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100	grams	ot edib	ie portio	<u>on</u>	Amount in edible portion of common			
			N	Number	measures of food						
						Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	85.23		0	FLA	4		152.56			
Energy	kcal	68		0	NC	4		121			
Energy	kj	284		0	NC	4		507			
Protein	g	3.50				1		6.27			
Total lipid (fat)	g	2.10				1		3.76			
Ash	g	0.46		0	FLA	4		0.82			
Carbohydrate, by difference	g	8.72		0	NC	4		15.60			
Fiber, total dietary		0.5				1		0.9			
Sugars, total		1.18		0	FLA	4		2.12			
Starch	=										
Minerals:											
Calcium, Ca	mg	11				1		20			
Iron, Fe	mg	0.50				1		0.90			
Magnesium, Mg	mg	11				4		20			
Phosphorus, P		37				1		66			
Potassium, K	mg	168				1		301			
Sodium, Na	mg	179				1		320			
Zinc, Zn	mg	0.87				4		1.56			
Copper, Cu	mg	0.080	)			4		0.143			
Manganese, Mn	mg										
Selenium, Se	mcg	2.2		0	BFZN	4		3.9			
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid		2.5				1		4.5			
Thiamin	-	0.020				1		0.036			
Riboflavin		0.040				1		0.072			
Niacin	-	0.710	)			1		1.271			
Pantothenic acid	-										
Vitamin B-6	=	0.070	)			1		0.125			
Folate, total		6				4		11			
Folic acid		0		0	Z	7		0			
Folate, food		6				4		11			
Folate, DFE		6		0	NC	4		11			
Vitamin B-12		0.51				4		0.91			
Vitamin A, IU	IU	1140		0	NC	4		2041			
Vitamin A, RAE		57		0	NC	4		102			
Retinol		0		0	FLA	4		0			
Vitamin E (alpha-tocopherol)		0.37		0	FLA	4		0.67			
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, deltaVitamin D											
Vitamin D Vitamin K (phylloquinone)		3.2		0	FLA	4		5.7			
Lipids:	···· •										
Fatty acids, total saturated	g	0.847	1			4		1.516			
4:0		0.000				4		0.000			
6:0		0.000				4		0.000			
8:0		0.000				4		0.000			
10:0		0.006				4		0.011			
12:0	-	0.006				4		0.011			
13:0	_										
14:0		0.063	3			4		0.113			
15:0											
16:0		0.505	5			4		0.904			
17:0											
18:0		0.231	L			4		0.413			
20:0		3 _				•					
22:0	-										
24:0	-										

	<u>Am</u>	ount in 10	0 grams	of edik	ole portio	<u>n</u>	Amount in edible portion of common		
			Number				<u>m</u>	easures of food	
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.920				4		1.647		
14:1g	*****				=		2.02.		
15:1g									
16:1 undifferentiatedg	0.086				4		0.154		
17:1g									
18:1 undifferentiatedg	0.791				4		1.416		
20:1g	0.004				4		0.007		
22:1 undifferentiatedg	0.000				4		0.000		
24:1 cg									
Fatty acids, total polyunsaturatedg	0.108				4		0.193		
18:2 undifferentiatedg	0.077				4		0.138		
18:3 undifferentiatedg	0.026				4		0.047		
18:4g	0.000				4		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.003				4		0.005		
20:5 n-3g	0.000				4		0.000		
22:5 n-3g	0.000				4		0.000		
22:6 n-3g	0.000				4		0.000		
Fatty acids, total transg									
Cholesterolmg	12				4		21		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0				7		0.0		
Caffeine mg	0		0	FLA	4		0		
Theobrominemg	0		0	FLA	4		0		
Carotenoids:									
Carotene, betamcg	569		0	FLA	4		1018.008		
Carotene, alphamcg	231		0	FLA	4		412.660		
Cryptoxanthin, betamcg	0		0	FLA	4		0.000		
Lycopenemcg	1706		0	FLA	4		3053.926		
Lutein + zeaxanthin mcg	171		0	FLA	4		306.530		

# **Common Measures:**

Measure 1 = 179g: 1 jar NFS

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	grams	Amount in 100 grams of edible portion							
			Nı	umber				me	easures of food	<u> </u>		
					Deriv	Source	Confidence					
Nutrients and Un	its	Mean	Std. Error Po			Code	Code	Measure 1	Measure 2	Measure 3		
Proximates:												
Water	g	79.90	0.300	20		1		11.99	22.65	56.73		
Energy		106		0	NC	4		16	30	75		
Energy		444				4		67	126	315		
Protein (N x 6.25)		14.50	0.300	20		1		2.18	4.11	10.30		
Total lipid (fat)		4.90	0.300	21		1		0.74	1.39	3.48		
Ash		0.80	0.000	19		1		0.12	0.23	0.57		
Carbohydrate, by difference		0.00		0		1		0.00	0.00	0.00		
Fiber, total dietary		0.0		0		4		0.0	0.0	0.0		
Sugars, total		0.00		0	z	7		0.00	0.00	0.00		
Starch									0.00			
Staren	9											
<u>Minerals:</u>												
Calcium, Ca		8	0.000	20		1		1	2	6		
Iron, Fe		1.65	0.070	22		1		0.25	0.47	1.17		
Magnesium, Mg		9		1		1		1	3	6		
Phosphorus, P	-	72		1		1		11	20	51		
Potassium, K	mg	190		14		1		29	54	135		
Sodium, Na		66		20		1		10	19	47		
Zinc, Zn		2.00		1		1		0.30	0.57	1.42		
Copper, Cu		0.092		1		1		0.014	0.026	0.06		
Manganese, Mn												
Selenium, Se	mcg	7.2	1.021	6	A	1		1.1	2.0	5.1		
Vitamins:												
Vitamin C, total ascorbic acid	mα	1.9	0.200	22		1		0.3	0.5	1.3		
Thiamin	_	0.010		26		1		0.002	0.003	0.00		
Riboflavin	-	0.159		22		1		0.024	0.045	0.11		
Niacin		3.283		22		1		0.492	0.931	2.33		
Pantothenic acid	_	0.353		0		1		0.053	0.100	0.25		
Vitamin B-6	-	0.120		6		1		0.018	0.034	0.08		
Folate, total	_	6	0.000	0		1		1	2	4		
Folic acid		0		0	z	7		0	0	0		
Folate, food		6		0	_	1		1	2	4		
Folate, DFE	mca DFF	6		0	NC	4		1	2	4		
Vitamin B-12		1.47		0	110	1		0.22	0.42	1.04		
Vitamin A, IU		0		0	BFSN	4		0	0	0		
Vitamin A, RAE		0		0	AS	1		0	0	0		
Retinol		0		0	NR	4		0	0	0		
Vitamin E (alpha-tocopherol)	-	0.40		0	NR	4		0.06	0.11	0.28		
Tocopherol, beta		0.40		Ū	2121	•		0.00	0.11	0.20		
Tocopherol, gamma												
Tocopherol, delta												
Vitamin D												
Vitamin K (phylloquinone)		0.8		0	BFSN	4		0.1	0.2	0.5		
<u> Lipids:</u>												
Fatty acids, total saturated	g	2.590	)	1		1		0.389	0.734	1.83		
4:0	g	0.000	)	0		1		0.000	0.000	0.00		
6:0	g	0.000	)	0		1		0.000	0.000	0.00		
8:0	g	0.000		0		1		0.000	0.000	0.00		
10:0	-	0.000		1		1		0.000	0.000	0.00		
12:0	-	0.010	1	1		1		0.002	0.003	0.00		
13:0	-											
14:0	g	0.140	1	1		1		0.021	0.040	0.0		
15:0	g											
16:0	g	1.240	)	1		1		0.186	0.352	0.8		
17:0	g											
18:0	g	1.010	)	1		1		0.152	0.286	0.7		
20:0	g											
22:0	g											
24:0	a											

		<u>Ar</u>	nount in 10	00 grams	of edil	ole portio	<u>on</u>	Amount in	edible portion	of common
				Number		_			easures of food	
Nutrients and	l Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatur	rated Q	1.850		1		1		0.278	0.524	1.314
14:1										
15:1				_		_				
16:1 undifferentiated	-	0.130		1		1		0.020	0.037	0.092
17:1 18:1 undifferentiated	-	1.660		1		1		0.249	0.471	1.179
20:1	-	0.000		1		1		0.249	0.000	0.000
22:1 undifferentiated	-	0.000		0		1		0.000	0.000	0.000
24:1 c	•	0.000		·		_		0.000	0.000	0.000
Fatty acids, total polyunsatura		0.160		1		1		0.024	0.045	0.114
18:2 undifferentiated		0.110		1		1		0.017	0.031	0.078
18:3 undifferentiated		0.030		1		1		0.005	0.009	0.021
18:4		0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.020		1		1		0.003	0.006	0.014
20:5 n-3	g	0.000		0		1		0.000	0.000	0.000
22:5 n-3	g	0.000		0		1		0.000	0.000	0.000
22:6 n-3	g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans	g									
Cholesterol		28		0		1		4	8	20
Phytosterols	mg									
Amino Acids:										
Tryptophan	g	0.146		0		1		0.022	0.041	0.104
Threonine		0.635		0		1		0.095	0.180	0.451
Isoleucine	g	0.659		0		1		0.099	0.187	0.468
Leucine	g	1.162		0		1		0.174	0.329	0.825
Lysine	g	1.206		0		1		0.181	0.342	0.856
Methionine	g	0.445		0		1		0.067	0.126	0.316
Cystine	g	0.169		0		1		0.025	0.048	0.120
Phenylalanine		0.561		0		1		0.084	0.159	0.398
Tyrosine	g	0.482		0		1		0.072	0.137	0.342
Valine	g	0.733		0		1		0.110	0.208	0.520
Arginine		0.988		0		1		0.148	0.280	0.701
Histidine	g	0.492		0		1		0.074	0.139	0.349
Alanine		0.914		0		1		0.137	0.259	0.649
Aspartic acid	-	1.275		0		1		0.191	0.361	0.905
Glutamic acid		2.203		0		1		0.330	0.625	1.564
Glycine	g	0.925		0		1		0.139	0.262	0.657
Proline	<del>-</del>	0.726		0		1		0.109	0.206	0.515
Serine		0.531		0		1		0.080	0.151	0.377
Hydroxyproline	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine	mg	0		0	Z	7		0	0	0
Theobromine	mg	0		0	Z	7		0	0	0
Carotenoids:										
Carotene, beta	mcg	0		0	z	7		0.000	0.000	0.000
Carotene, alpha	mcg	0		0	Z	7		0.000	0.000	0.000
Cryptoxanthin, beta	mcg	0		0	Z	7		0.000	0.000	0.000
Lycopene	mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin	mcg	0		0	Z	7		0.000	0.000	0.000

### **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 71g: 1 jar NDB No. 03003

Babyfood, meat, beef, junior

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	nount in 100 g	grams	of edib	le portio	<u>n</u>	Amount in	Amount in edible portion of common			
			Nı	ımber				me	easures of food			
					Deriv	Source	Confidence					
Nutrients and Uni	its	Mean	Std. Error Po			Code	Code	Measure 1	Measure 2	Measure 3		
Proximates: Water	a	80.60	0.400	53		1		12.09	22.85	57.23		
Energy		107	0.100	0	NC	4		16	30	76		
Energy		448		•		4		67	127	318		
Protein (N x 6.25)		13.60	0.100	25		1		2.04	3.86	9.66		
Total lipid (fat)		5.40	0.400	26		1		0.81	1.53	3.83		
Ash		0.80	0.000	29		1		0.12	0.23	0.57		
Carbohydrate, by difference		0.00		0		1		0.00	0.00	0.00		
Fiber, total dietary	g	0.0		0		4		0.0	0.0	0.0		
Sugars, total		0.00		0	Z	7		0.00	0.00	0.00		
Starch	g											
va: 1												
<u>Minerals:</u> Calcium, Ca	ma	7	0.000	29		1		1	2	5		
Iron, Fe		1.47	0.050	31		1		0.22	0.42	1.04		
Magnesium, Mg		17	0.030	3		1		3	5	12		
Phosphorus, P		84		2		1		13	24	60		
Potassium, K	-	220		15		1		33	62	156		
Sodium, Na		81		18		1		12	23	58		
Zinc, Zn		2.46	0.116	21		1		0.37	0.70	1.74		
Copper, Cu	mg	0.043		20		1		0.006	0.012	0.03		
Manganese, Mn	mg											
Selenium, Se	mcg	9.5	1.878	5	A	1		1.4	2.7	6.7		
Vitamins:												
Vitamin C, total ascorbic acid	ma	2.1	0.100	24		1		0.3	0.6	1.5		
Thiamin	-	0.010		24		1		0.002	0.003	0.00		
Riboflavin	-	0.142		25		1		0.021	0.040	0.10		
Niacin		2.849		25		1		0.427	0.808	2.02		
Pantothenic acid	-	0.340		4		1		0.051	0.096	0.24		
Vitamin B-6	-	0.140	0.005	16		1		0.021	0.040	0.09		
Folate, total	-	6	0.300	9		1		1	2	4		
Folic acid	mcg	0		0	Z	7		0	0	0		
Folate, food	mcg	6		0	NR	4		1	2	4		
Folate, DFE	mcg_DFE	6		0	NC	4		1	2	4		
Vitamin B-12	mcg	1.42		2		1		0.21	0.40	1.01		
Vitamin A, IU		0		0	T	4		0	0	0		
Vitamin A, RAE		0		0	NC	4		0	0	0		
Retinol	-	0		0	T	4		0	0	0		
Vitamin E (alpha-tocopherol)		0.40		0	NR	4		0.06	0.11	0.28		
Tocopherol, beta												
Tocopherol, gamma												
Tocopherol, deltaVitamin D												
Vitamin K (phylloquinone)		0.7		0	BFSN	4		0.1	0.2	0.5		
• • • •				-		=			٧	0.0		
<u>Lipids:</u>												
Fatty acids, total saturated		2.580		2		1		0.387	0.731	1.83		
4:0	=	0.000		0		1		0.000	0.000	0.00		
6:0	-	0.000		0		1		0.000	0.000	0.00		
8:0	-	0.000		0		1		0.000	0.000	0.00		
10:0	-	0.000		2		1 1		0.000 0.000	0.000 0.000	0.00		
12:0 13:0	-	0.000		2		1		0.000	0.000	0.00		
14:0	-	0.160		2		1		0.024	0.045	0.11		
15:0		0.160		_		1		0.024	0.045	0.1.		
16:0		1.330		2		1		0.200	0.377	0.9		
17:0		1.550		-		-		0.200	0.577	0.9.		
18:0		0.890		2		1		0.134	0.252	0.6		
20:0		2.220		-		-			0.202	0.0.		
22:0	-											
24:0	-											

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and l	Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturat		2.200		2		1		0.330	0.624	1.562	
15:1	-										
16:1 undifferentiated	_	0.200		2		1		0.030	0.057	0.142	
17:1 18:1 undifferentiated		1.910		2		1		0.287	0.541	1.356	
20:1	=	0.050		1		1		0.287	0.014	0.036	
22:1 undifferentiated	-	0.000		0		1		0.000	0.000	0.000	
24:1 c	•	0.000		·		_		0.000	0.000	0.000	
Fatty acids, total polyunsaturate		0.240	ı	2		1		0.036	0.068	0.170	
18:2 undifferentiated		0.090	ı	2		1		0.014	0.026	0.064	
18:3 undifferentiated	g	0.050	1	2		1		0.008	0.014	0.036	
18:4	g	0.000	1	0		1		0.000	0.000	0.000	
20:2 n-6 c,c	g										
20:3 undifferentiated											
20:4 undifferentiated	=	0.050		2		1		0.008	0.014	0.036	
20:5 n-3	-	0.000		0		1		0.000	0.000	0.000	
22:5 n-3		0.000		0		1		0.000	0.000	0.000	
22:6 n-3	=	0.000	1	0		1		0.000	0.000	0.000	
Fatty acids, total trans				_		_		_	_		
Cholesterol		29		0		1		4	8	21	
Phytosterols	mg										
Amino Acids:											
Tryptophan	g	0.137		0		1		0.021	0.039	0.097	
Threonine	g	0.597		0		1		0.090	0.169	0.424	
Isoleucine	g	0.619	ı	0		1		0.093	0.175	0.439	
Leucine	g	1.091		0		1		0.164	0.309	0.775	
Lysine	g	1.133	i	0		1		0.170	0.321	0.804	
Methionine	g	0.418		0		1		0.063	0.119	0.297	
Cystine	g	0.159	1	0		1		0.024	0.045	0.113	
Phenylalanine	g	0.527		0		1		0.079	0.149	0.374	
Tyrosine	g	0.453		0		1		0.068	0.128	0.322	
Valine		0.688		0		1		0.103	0.195	0.488	
Arginine		0.928		0		1		0.139	0.263	0.659	
Histidine		0.462		0		1		0.069	0.131	0.328	
Alanine	_	0.858		0		1		0.129	0.243	0.609	
Aspartic acid		1.198		0		1		0.180	0.340	0.851	
Glutamic acid		2.069		0		1		0.310	0.587	1.469	
Glycine		0.869		0		1		0.130	0.246	0.617	
Proline	• • • • • • • • • • • • • • • • • • • •	0.682		0		1		0.102	0.193	0.484	
Serine		0.499		0		1		0.075	0.141	0.354	
Hydroxyproline	9										
Others:											
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0	
Caffeine		0		0	Z	7		0	0	0	
Theobromine	mg	0		0	z	7		0	0	0	
Carotenoids:											
Carotene, beta	mcg	0		0	z	7		0.000	0.000	0.000	
Carotene, alpha		0		0	Z	7		0.000	0.000	0.000	
Cryptoxanthin, beta	mcg	0		0	z	7		0.000	0.000	0.000	
Lycopene		0		0	z	7		0.000	0.000	0.000	
Lutein + zeaxanthin	mcg	0		0	Z	7		0.000	0.000	0.000	

### **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 28.35g: 1 oz Measure 3 = 71g: 1 jar NDB No. 03002

Babyfood, meat, beef, strained

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	Amount in edible portion of common					
			Nu	ımber	•			<u>m</u>	easures of food	
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	68.30	0.900	6		1		6.83	48.49	48.49
Energy	kcal	188		0	NC	4		19	133	133
Energy	kj	787				4		79	558	558
Protein (N x 6.25)	g	14.60	0.200	7		1		1.46	10.37	10.37
Total lipid (fat)	g	14.40	0.400	8		1		1.44	10.22	10.22
Ash	g	1.20	0.100	6		1		0.12	0.85	0.85
Carbohydrate, by difference	g	1.50		0	NC	4		0.15	1.07	1.07
Fiber, total dietary	g	0.2		0		4		0.0	0.1	0.1
Sugars, total	g	1.40		0	FLA	4		0.14	0.99	0.99
Starch	g									
M:										
Minerals:	ma	73	6.000	7		1		7	52	52
Calcium, Ca Iron, Fe		1.56	0.030	8		1		0.16	1.11	1.11
Magnesium, Mg		1.56	0.030	0		4		1	10	10
Phosphorus, P		121		1		1		12	86	86
Potassium, K		106		1		1		11	75	75
Sodium, Na		479		1		1		48	340	340
Zinc, Zn		1.01		0		4		0.10	0.72	0.72
Copper, Cu		0.045		0		4		0.005	0.032	0.03
Manganese, Mn				-		_			*****	
Selenium, Se		10.3	0.346	3	A	1		1.0	7.3	7.3
•										
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	-	1.7	0.000	6		1		0.2	1.2	1.2
Thiamin		0.017		7		1		0.002	0.012	0.01
Riboflavin		0.197		7		1		0.020	0.140	0.14
Niacin		2.005		7		1		0.201	1.424	1.42
Pantothenic acid	-	0.726		0		4		0.073	0.515	0.51
Vitamin B-6		0.103	0.000	5		1		0.010	0.073	0.07
Folate, total		11		0		4		1	8	8
Folic acid		0		0	Z	7		0	0	0
Folate, food		11		0		4		1	8	8
Folate, DFE		11		0	NC	4		1	8	8
Vitamin B-12	mcg	0.40		0		4		0.04	0.28	0.28
Vitamin A, IU		11		0		1		1	8	8
Vitamin A, RAE		3		0	NC	4		0	2	2
Retinol		3		0	BNA	4		0	2	2
Vitamin E (alpha-tocopherol)	-	0.37		0	FLA	4		0.04	0.26	0.26
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D Vitamin K (phylloquinone)		0.4		0	FLA	4		0.0	0.3	0.3
vitamin K (phynoquinone)	niog	0.4		U	FLIA	-		0.0	0.3	0.3
Lipids:										
Fatty acids, total saturated	g	4.094		0		4		0.409	2.907	2.90
4:0	g	0.000	1	0		4		0.000	0.000	0.00
6:0	g	0.000	1	0		4		0.000	0.000	0.00
8:0	g	0.000	1	0		4		0.000	0.000	0.00
10:0	g	0.000	ı	0		4		0.000	0.000	0.00
12:0		0.037		0		4		0.004	0.026	0.02
13:0	-									
14:0	g	0.133	i	0		4		0.013	0.094	0.09
15:0	g									
16:0	g	3.045	i	0		4		0.305	2.162	2.16
17:0	g									
18:0	g	0.813	i	0		4		0.081	0.577	0.57
20:0	g									
22:0	g									
24:0	g									

Nutrients and Units	Amount in		Amount in edible portion of common measures of food					
Fatty acids, total monounsaturated		Number of Data	Deriv		Confidence		easures or 1000	
14:1	Std. Erro	or Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
15:1	57	0		4		0.627	4.450	4.450
16:1 undifferentiated       9       0.8         17:1       9         18:1 undifferentiated       9       5.2         20:1       9       0.0         22:1 undifferentiated       9       0.0         24:1 c       9       2.9         Fatty acids, total polyunsaturated       9       2.9         18:2 undifferentiated       9       2.7         18:3 undifferentiated       9       0.1         18:4       9       0.0         20:2 n-6 c,c       9       9         20:3 undifferentiated       9       0.0         20:4 undifferentiated       9       0.0         20:5 n-3       9       0.0         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       0.1         Threonine       9       0.5         Isoleucine       9       0.5         Isoleucine       9       0.5         Leucine       9       0.5         Lysine       9       0.1         Methionine								
17:1								
18:1 undifferentiated       9       5.2         20:1       9       0.0         22:1 undifferentiated       9       0.0         24:1 c       9       2.9         Fatty acids, total polyunsaturated       9       2.9         18:2 undifferentiated       9       0.1         18:3 undifferentiated       9       0.1         18:4       9       0.0         20:2 n-6 c,c       9       9         20:3 undifferentiated       9       0.0         20:4 undifferentiated       9       0.0         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       0.0         Cholesterol       mg       78         Phytosterols       mg       78         Tryptophan       9       0.5         Isoleucine       9       0.5         Leucine       9       0.5         Leucine       9       0.7         Leucine       9       0.7         Methionine       9       0.6         <	17	0		4		0.089	0.630	0.630
20:1.       9       0.0         22:1 undifferentiated       9       0.0         24:1 c       9       9         Fatty acids, total polyunsaturated       9       2.9         18:2 undifferentiated       9       0.1         18:3 undifferentiated       9       0.1         18:4       9       0.0         20:2 n-6 c,c       9         20:3 undifferentiated       9         20:4 undifferentiated       9         20:5 n-3       9       0.0         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       0.0         Cholesterol       mg       78         Phytosterols       mg       78         Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.7         Leucine       9       0.7         Leucine       9       0.7         Leucine       9       0.3         Cystine       9       0.3         Cystine       9       0.4		^						2 747
22:1 undifferentiated       9         24:1 c       9         Fatty acids, total polyunsaturated       9       2.9         18:2 undifferentiated       9       0.1         18:3 undifferentiated       9       0.0         18:4       9       0.0         20:2 n-6 c,c       9       9         20:3 undifferentiated       9       0.0         20:5 n-3       9       0.0         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Phytosterols       mg       78         Phytosterols       mg       78         Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.7         Leucine       9       1.1         Lysine       9       1.1         Methionine       9       0.3         Cystine       9       0.4         Valine       9       0.4         Valine       9       0.7         Aspartic acid       9       0.7         Aspartic acid       9       0.2 <t< td=""><td></td><td>0</td><td></td><td>4 4</td><td></td><td>0.528</td><td>3.747</td><td>3.747 0.000</td></t<>		0		4 4		0.528	3.747	3.747 0.000
24:1 c.       9         Fatty acids, total polyunsaturated       9       2.9         18:2 undifferentiated       9       0.1         18:3 undifferentiated       9       0.1         18:4       9       0.0         20:2 n-6 c,c       9         20:3 undifferentiated       9         20:4 undifferentiated       9         20:5 n-3       9       0.0         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       0.0         Cholesterol       mg       78         Phytosterols       mg       78         Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.5         Isoleucine       9       0.7         Leucine       9       0.7         Leucine       9       0.3         Cystine       9       0.1         Methionine       9       0.6         Tyrosine       9       0.6         Valine       9       0.4         Valine		0		4		0.000 0.000	0.000 0.000	0.000
Fatty acids, total polyunsaturated       9       2.9         18:2 undifferentiated       9       2.7         18:3 undifferentiated       9       0.1         18:4       9       0.0         20:2 n-6 c,c.       9       9         20:3 undifferentiated       9       0.0         20:4 undifferentiated       9       0.0         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       0.0         Cholesterol       mg       78         Phytosterols       mg       78         Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.5         Isoleucine       9       0.7         Leucine       9       1.1         Lysine       9       0.3         Cystine       9       0.3         Cystine       9       0.6         Tyrosine       9       0.6         Valine       9       0.7         Aspartic acid       9       0.7         Aspartic acid<	,0	U		4		0.000	0.000	0.000
18:2 undifferentiated       9       2.7         18:3 undifferentiated       9       0.1         18:4       9       0.0         20:2 n-6 c,c.       9         20:3 undifferentiated       9         20:4 undifferentiated       9         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       0.0         Cholesterol       mg       78         Phytosterols       mg       78         Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.5         Isoleucine       9       1.1         Lysine       9       1.1         Methionine       9       0.3         Cystine       9       0.4         Valine       9       0.6         Tyrosine       9       0.7         Aspartic acid       9       0.7         Aspartic acid       9       0.7         Aspartic acid       9       0.2         Glutamic acid       9       0.2         <	36	0		4		0.299	2.120	2.120
18:3 undifferentiated       9       0.1         18:4       9       0.0         20:2 n-6 c,c       9         20:3 undifferentiated       9         20:5 n-3       9       0.0         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       0.0         Cholesterol       mg       78         Phytosterols       mg       78         Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.5         Leucine       9       1.1         Lysine       9       0.3         Cystine       9       0.1         Phenylalanine       9       0.6         Tyrosine       9       0.6         Tyrosine       9       0.7         Arginine       9       0.6         Histidine       9       0.7         Aspartic acid       9       0.7         Aspartic acid       9       0.2         Glycine       9       0.5         Hydroxyprolin		0		4		0.276	1.962	1.962
18:4       9       0.0         20:2 n-6 c,c       9         20:3 undifferentiated       9         20:4 undifferentiated       9       0.0         20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       0.0         Cholesterol       mg       78         Phytosterols       mg       78         Amino Acids:       Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.5         Isoleucine       9       1.1         Lysine       9       1.1         Methionine       9       0.3         Cystine       9       0.1         Phenylalanine       9       0.6         Tyrosine       9       0.4         Valine       9       0.7         Arginine       9       0.7         Aspartic acid       9       1.2         Glycine       9       0.8         Proline       9       0.5         Glycine       9       0.5 <td></td> <td>0</td> <td></td> <td>4</td> <td></td> <td>0.011</td> <td>0.079</td> <td>0.079</td>		0		4		0.011	0.079	0.079
20:2 n-6 c,c.       9         20:3 undifferentiated       9         20:4 undifferentiated       9         20:5 n-3       9         22:5 n-3       9         22:6 n-3       9         Fatty acids, total trans       9         Cholesterol       mg         Phytosterols       mg         78       mg         Phytosterols       mg         78       mg         Amino Acids:       mg         Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.7         Leucine       9       1.1         Lysine       9       1.1         Methionine       9       0.3         Cystine       9       0.1         Phenylalanine       9       0.6         Tyrosine       9       0.4         Valine       9       0.7         Arginine       9       0.7         Alanine       9       0.7         Aspartic acid       9       1.2         Glycine       9       0.8         Proline       9       0.9      <	00	0		4		0.000	0.000	0.000
20:4 undifferentiated       g       0.0         20:5 n-3       g       0.0         22:5 n-3       g       0.0         22:6 n-3       g       0.0         Fatty acids, total trans       g       78         Phytosterols       mg       70         Amino Acids:       7       72         Tryptophan       g       0.1         Leucine       g       0.5         Isoleucine       g       0.5         Leucine       g       0.7         Leucine       g       0.5         Lysine       g       0.1         Methionine       g       0.1         Phenylalanine       g       0.6         Tyrosine       g       0.6         Tyrosine       g       0.6         Valine       g       0.7								
20:5 n-3       9       0.0         22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       0.0         Cholesterol       mg       78         Phytosterols       mg       78         Amino Acids:       Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.7         Leucine       9       1.1         Lysine       9       1.1         Methionine       9       0.3         Cystine       9       0.1         Phenylalanine       9       0.6         Tyrosine       9       0.6         Valine       9       0.4         Valine       9       0.4         Valine       9       0.7         Aspartic acid       9       0.7         Aspartic acid       9       0.7         Aspartic acid       9       0.8         Proline       9       0.8         Proline       9       0.5         Hydroxyproline       9       0.5         Hydroxyproline       9 <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>								
22:5 n-3       9       0.0         22:6 n-3       9       0.0         Fatty acids, total trans       9       78         Cholesterol       mg       78         Phytosterols       mg       78         Amino Acids:       Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.7         Leucine       9       1.1         Lysine       9       1.1         Methionine       9       0.3         Cystine       9       0.1         Phenylalanine       9       0.6         Tyrosine       9       0.6         Valine       9       0.4         Valine       9       0.7         Arginine       9       0.7         Alanine       9       0.7         Aspartic acid       9       1.2         Glutamic acid       9       0.8         Proline       9       0.8         Proline       9       0.5         Hydroxyproline       9       0.5         Hydroxyproline       9       0.0         Caffeine       mg	00	0		4		0.000	0.000	0.000
22:6 n-3       9       0.0         Fatty acids, total trans       9       78         Cholesterol       mg       78         Phytosterols       mg       78         Amino Acids:       Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.7         Leucine       9       1.1         Lysine       9       1.1         Methionine       9       0.3         Cystine       9       0.1         Phenylalanine       9       0.6         Tyrosine       9       0.4         Valine       9       0.4         Valine       9       0.7         Arginine       9       0.7         Alanine       9       0.7         Aspartic acid       9       1.2         Glutamic acid       9       0.8         Proline       9       0.8         Proline       9       0.5         Hydroxyproline       9       0.5         Hydroxyproline       9       0.0         Caffeine       mg       0         Theobromine       mg	00	0		4		0.000	0.000	0.000
Fatty acids, total trans       9         Cholesterol       mg       78         Phytosterols       mg         Amino Acids:         Tryptophan       9       0.1         Threonine       9       0.5         Isoleucine       9       0.7         Leucine       9       1.1         Lysine       9       1.1         Methionine       9       0.3         Cystine       9       0.1         Phenylalanine       9       0.6         Tyrosine       9       0.6         Tyrosine       9       0.7         Arginine       9       0.7         Arginine       9       0.4         Alanine       9       0.4         Alanine       9       0.7         Aspartic acid       9       1.2         Glycine       9       0.8         Proline       9       0.8         Proline       9       0.5         Hydroxyproline       9       0.5         Hydroxyproline       9       0.0         Caffeine       mg       0         Theobromine       mg       0	00	0		4		0.000	0.000	0.000
Cholesterol         mg         78           Phytosterols         mg           Amino Acids:         Tryptophan         g         0.1           Threonine         g         0.5           Isoleucine         g         0.7           Leucine         g         1.1           Lysine         g         1.1           Methionine         g         0.3           Cystine         g         0.1           Phenylalanine         g         0.6           Tyrosine         g         0.7           Arginine         g         0.7           Arginine         g         0.7           Alanine         g         0.4           Alanine         g         0.7           Aspartic acid         g         0.2           Glycine         g         0.8           Proline         g         0.8           Proline         g         0.5           Hydroxyproline         g         0.5           Hydroxyproline         g         0.5           Alcohol, ethyl         g         0.0           Caffeine         mg         0           Theobromine <td>00</td> <td>0</td> <td></td> <td>4</td> <td></td> <td>0.000</td> <td>0.000</td> <td>0.000</td>	00	0		4		0.000	0.000	0.000
Phytosterols         mg           Amino Acids:         Tryptophan         g         0.1           Threonine         g         0.5           Isoleucine         g         0.7           Leucine         g         1.1           Lysine         g         1.1           Methionine         g         0.3           Cystine         g         0.1           Phenylalanine         g         0.6           Tyrosine         g         0.6           Tyrosine         g         0.7           Arginine         g         0.7           Arginine         g         0.4           Alanine         g         0.7           Aspartic acid         g         0.7           Aspartic acid         g         0.7           Glycine         g         0.8           Proline         g         0.8           Proline         g         0.5           Hydroxyproline         g         0.5           Hydroxyproline         g         0.5           Alcohol, ethyl         g         0.0           Caffeine         mg         0           Theobromine								
Amino Acids:         g         0.1           Threonine         g         0.5           Isoleucine         g         0.7           Leucine         g         1.1           Lysine         g         1.1           Methionine         g         0.3           Cystine         g         0.1           Phenylalanine         g         0.6           Tyrosine         g         0.4           Valine         g         0.7           Arginine         g         1.0           Histidine         g         0.4           Alanine         g         0.7           Aspartic acid         g         1.2           Glutamic acid         g         2.2           Glycine         g         0.8           Proline         g         0.5           Serine         g         0.5           Hydroxyproline         g         0.5           Coffeine         mg         0           Theobromine         mg         0		0		4		8	55	55
Tryptophan         9         0.1           Threonine         9         0.5           Isoleucine         9         0.7           Leucine         9         1.1           Lysine         9         1.1           Methionine         9         0.3           Cystine         9         0.1           Phenylalanine         9         0.6           Tyrosine         9         0.4           Valine         9         0.7           Arginine         9         1.0           Histidine         9         0.4           Alanine         9         0.7           Aspartic acid         9         1.2           Glutamic acid         9         2.2           Glycine         9         0.8           Proline         9         0.5           Hydroxyproline         9         0.5           Hydroxyproline         9         0.5           Caffeine         mg         0           Theobromine         mg         0								
Tryptophan         9         0.1           Threonine         9         0.5           Isoleucine         9         0.7           Leucine         9         1.1           Lysine         9         1.1           Methionine         9         0.3           Cystine         9         0.1           Phenylalanine         9         0.6           Tyrosine         9         0.4           Valine         9         0.7           Arginine         9         0.7           Alanine         9         0.4           Alanine         9         0.7           Aspartic acid         9         1.2           Glutamic acid         9         2.2           Glycine         9         0.8           Proline         9         0.5           Hydroxyproline         9         0.5           Hydroxyproline         9         0.5           Caffeine         mg         0           Theobromine         mg         0								
Threonine         9         0.5           Isoleucine         9         0.7           Leucine         9         1.1           Lysine         9         1.1           Methionine         9         0.3           Cystine         9         0.1           Phenylalanine         9         0.6           Tyrosine         9         0.7           Arginine         9         0.7           Arginine         9         1.0           Histidine         9         0.4           Alanine         9         0.7           Aspartic acid         9         1.2           Glutamic acid         9         2.2           Glycine         9         0.8           Proline         9         0.8           Proline         9         0.5           Hydroxyproline         9         0.5           Hydroxyproline         9         0.5           Alcohol, ethyl         9         0.0           Caffeine         mg         0           Theobromine         mg         0	.7	0		1		0.012	0.083	0.083
Isoleucine       9       0.7         Leucine       9       1.1         Lysine       9       1.1         Methionine       9       0.3         Cystine       9       0.1         Phenylalanine       9       0.6         Tyrosine       9       0.4         Valine       9       0.7         Arginine       9       1.0         Histidine       9       0.4         Alanine       9       0.7         Aspartic acid       9       1.2         Glutamic acid       9       2.2         Glycine       9       0.8         Proline       9       0.8         Proline       9       0.5         Hydroxyproline       9       0.5         Alcohol, ethyl       9       0.0         Caffeine       mg       0         Theobromine       mg       0		0		1		0.057	0.406	0.406
Leucine       9       1.1         Lysine       9       1.1         Methionine       9       0.3         Cystine       9       0.1         Phenylalanine       9       0.6         Tyrosine       9       0.4         Valine       9       0.7         Arginine       9       1.0         Histidine       9       0.4         Alanine       9       0.4         Alanine       9       0.7         Aspartic acid       9       1.2         Glutamic acid       9       2.2         Glycine       9       0.8         Proline       9       0.8         Proline       9       0.5         Hydroxyproline       9       0.5         Hydroxyproline       9       0.5         Alcohol, ethyl       9       0.0         Caffeine       mg       0         Theobromine       mg       0		0		1		0.073	0.518	0.518
Lysine       9       1.1         Methionine       9       0.3         Cystine       9       0.1         Phenylalanine       9       0.6         Tyrosine       9       0.4         Valine       9       0.7         Arginine       9       1.0         Histidine       9       0.4         Alanine       9       0.4         Alanine       9       0.7         Aspartic acid       9       1.2         Glutamic acid       9       2.2         Glycine       9       0.8         Proline       9       0.9         Serine       9       0.5         Hydroxyproline       9       0.5         Others:         Alcohol, ethyl       9       0.0         Caffeine       mg       0         Theobromine       mg       0	12	0		1		0.114	0.811	0.811
Methionine         g         0.3           Cystine         g         0.1           Phenylalanine         g         0.6           Tyrosine         g         0.4           Valine         g         0.7           Arginine         g         1.0           Histidine         g         0.4           Alanine         g         0.7           Aspartic acid         g         1.2           Glutamic acid         g         2.2           Glycine         g         0.8           Proline         g         0.9           Serine         g         0.5           Hydroxyproline         g         0.5           Others:           Alcohol, ethyl         g         0.0           Caffeine         mg         0           Theobromine         mg         0	30	0		1		0.116	0.824	0.824
Phenylalanine         9         0.6           Tyrosine         9         0.4           Valine         9         0.7           Arginine         9         1.0           Histidine         9         0.4           Alanine         9         0.7           Aspartic acid         9         1.2           Glutamic acid         9         2.2           Glycine         9         0.8           Proline         9         0.9           Serine         9         0.5           Hydroxyproline         9         0.5           Others:         2         0.0           Caffeine         mg         0           Theobromine         mg         0	23	0		1		0.032	0.229	0.229
Tyrosine         9         0.4           Valine         9         0.7           Arginine         9         1.0           Histidine         9         0.4           Alanine         9         0.7           Aspartic acid         9         1.2           Glutamic acid         9         2.2           Glycine         9         0.8           Proline         9         0.9           Serine         9         0.5           Hydroxyproline         9         0.5           Others:         2         0.0           Caffeine         mg         0           Theobromine         mg         0	27	0		1		0.013	0.090	0.090
Valine       9       0.7         Arginine       9       1.0         Histidine       9       0.4         Alanine       9       0.7         Aspartic acid       9       1.2         Glutamic acid       9       2.2         Glycine       9       0.8         Proline       9       0.9         Serine       9       0.5         Hydroxyproline       9       0.5         Others:       2       0.0         Caffeine       mg       0         Theobromine       mg       0	/3	0		1		0.067	0.478	0.478
Arginine       9       1.0         Histidine       9       0.4         Alanine       9       0.7         Aspartic acid       9       1.2         Glutamic acid       9       2.2         Glycine       9       0.8         Proline       9       0.9         Serine       9       0.5         Hydroxyproline       9         Others:         Alcohol, ethyl       9       0.0         Caffeine       mg       0         Theobromine       mg       0	<del>)</del> 7	0		1		0.050	0.353	0.353
Histidine.       9       0.4         Alanine       9       0.7         Aspartic acid       9       1.2         Glutamic acid       9       2.2         Glycine       9       0.8         Proline       9       0.9         Serine       9       0.5         Hydroxyproline       9         Others:         Alcohol, ethyl       9       0.0         Caffeine       mg       0         Theobromine       mg       0	<b>54</b>	0		1		0.076	0.542	0.542
Alanine       9       0.7         Aspartic acid       9       1.2         Glutamic acid       9       2.2         Glycine       9       0.8         Proline       9       0.9         Serine       9       0.5         Hydroxyproline       9         Others:         Alcohol, ethyl       9       0.0         Caffeine       mg       0         Theobromine       mg       0	13	0		1		0.100	0.712	0.712
Aspartic acid       9       1.2         Glutamic acid       9       2.2         Glycine       9       0.8         Proline       9       0.9         Serine       9       0.5         Hydroxyproline       9       0.5         Others:	52	0		1		0.046	0.328	0.328
Glutamic acid       9       2.2         Glycine       9       0.8         Proline       9       0.9         Serine       9       0.5         Hydroxyproline       9       0.5         Others:       Alcohol, ethyl       9       0.0         Caffeine       mg       0         Theobromine       mg       0	)2	0		1		0.079	0.562	0.562
Glycine         9         0.8           Proline         9         0.9           Serine         9         0.5           Hydroxyproline         9         0.5           Others:         Alcohol, ethyl         9         0.0           Caffeine         mg         0           Theobromine         mg         0	;3	0		1		0.126	0.897	0.897
Proline         .g         0.9           Serine         .g         0.5           Hydroxyproline         .g           Others:            Alcohol, ethyl         .g         0.0           Caffeine         .mg         0           Theobromine         .mg         0	)1	0		1		0.220	1.563	1.563
Serine         .g         0.5           Hydroxyproline         .g           Others:            Alcohol, ethyl         .g         0.0           Caffeine         .mg         0           Theobromine         .mg         0	.1	0		1		0.081	0.576	0.576
Hydroxyproline         .g           Others:            Alcohol, ethyl         .g         0.0           Caffeine         .mg         0           Theobromine         .mg         0	)2	0		1		0.090	0.640	0.640
Others:         9         0.0           Alcohol, ethyl         9         0.0           Caffeine         mg         0           Theobromine         mg         0	34	0		1		0.053	0.379	0.379
Alcohol, ethyl.         g         0.0           Caffeine.         mg         0           Theobromine.         mg         0								
Alcohol, ethyl.         g         0.0           Caffeine.         mg         0           Theobromine.         mg         0								
Caffeine mg 0 Theobromine mg 0		0		7		0.0	0.0	0.0
Theobrominemg 0		0	FLA	4		0	0	0
		0	FLA	4		0	0	0
<u>Carotenoids:</u>								
Carotene, betamcg 0		0	BNA	4		0.001	0.004	0.004
Carotene, alphamcg 0 Carotene, alphamcg 0		0	BNA	4		0.001	0.004	0.004
Cryptoxanthin, betamcg 0		0	BNA	4		0.000	0.000	0.000
Lycopenemcg 0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg 0		0	FLA	4		0.000	0.000	0.000

### **Common Measures:**

Measure 1 = 10.0g: 1 stick

Measure 2 = 71g: 1 jar

Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

NDB No. 03014

Babyfood, meat, chicken sticks, junior

Calories Factors: Protein 4 Fat 8.7 Carbohydrate 2.7

Food Group: 03 Baby Foods

g kj g g g g	76.00 149 623 14.70 9.60 0.70		22 0	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
g kj g g g g	76.00 149 623 14.70 9.60 0.70	0.500 0.400	22 0				Measure 1	Measure 2	Measure :
g kj g g g g	76.00 149 623 14.70 9.60 0.70	0.500	22 0	Code	Code	Code	Measure 1	Measure 2	Measure :
kcal kj g g g g	149 623 14.70 9.60 0.70	0.400	0						
kcal kj g g g g	149 623 14.70 9.60 0.70	0.400	0						
kj g g g g	623 14.70 9.60 0.70				1		11.40	21.55	53.96
g g g g	14.70 9.60 0.70			NC	4		22	42	106
g g g	9.60 0.70				4		94	177	443
g g g	0.70	0 400	20		1		2.21	4.17	10.44
g g		0.400	19		1		1.44	2.72	6.82
g			0		1		0.11	0.20	0.50
	0.00		0		1		0.00	0.00	0.00
a	0.0		0	_	4		0.0	0.0	0.0
-	0.00		0	Z	7		0.00	0.00	0.00
9									
mg	55	4.000	19		1		8	16	39
• • • • • • • • • • • • • • • • • • • •	0.99	0.040	20		1		0.15	0.28	0.7
mg	11		1		1		2	3	8
-	90		1		1		14	26	64
	122		14		1		18	35	87
	51							14	36
									0.7
	0.045	0.006	3		1		0.007	0.013	0.0
	10.2	0.017	_				1 =	2.0	7.3
Tricg	10.3	0.817	ь	A	1		1.5	2.9	7.3
<sub>.</sub> mg	1.5	0.100	19		1		0.2	0.4	1.1
<u>mg</u>	0.014	0.000	22		1		0.002	0.004	0.0
mg	0.163	0.000	19		1		0.024	0.046	0.1
			19		_		0.513	0.970	2.42
					_				0.5
		0.024							0.13
				_					8
									0
mcg									8
			-	NC					8
									0.2
				NC					28 8
									8
									0.2
ma	0.40		·	2121	-		0.00	0.11	0.2
mcg	1.7		0	BFSN	4		0.3	0.5	1.2
a	2 470		1		1		0 371	0.700	1.7
			0		1				0.0
			0		1				0.0
_			0		1				0.0
-			0		1		0.000	0.000	0.0
			1		1		0.000	0.000	0.0
	0.070		1		1		0.011	0.020	0.0
	1.800		1		1		0.270	0.510	1.2
g									
g	0.500		1		1		0.075	0.142	0.3
_									
g									
		mg 55mg 0.99mg 11mg 90mg 122mg 51mg 0.045mg 1.01mg 0.045mg 1.03mg 1.5mg 0.143mg 0.163mg 0.163mg 0.188mg 1.63mg 0.188mcg 11mcg 0mcg 11mcg 11mcg 11mcg 11mcg 11mcg 11mcg 11mcg 11mcg 11mcg 1.7mg 0.40mgmgmg 1.7g 0.40g 0.000g 0.0000g 0.000g 0.0000g 0.0000	g g	g g g mg	g			mg	mg

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>		edible portion of easures of food	
Nutrients and U	Jnits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturate	edg	4.330		1		1		0.650	1.228	3.074
14:1	g									
15:1	g									
16:1 undifferentiated	_	0.350		1		1		0.053	0.099	0.249
17:1										
18:1 undifferentiated	-	3.950		1		1		0.593	1.120	2.805
20:1	-	0.020		1		1		0.003	0.006	0.014
22:1 undifferentiated	•	0.000		0		1		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturated		2.330		1		1		0.350	0.661	1.654
18:2 undifferentiated		2.250		1		1		0.338	0.638	1.598
18:3 undifferentiated	-	0.050		1		1		0.008	0.014	0.036
18:4		0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c	-									
20:3 undifferentiated										
20:4 undifferentiated	-	0.040		1		1		0.006	0.011	0.028
20:5 n-3	g	0.000		0		1		0.000	0.000	0.000
22:5 n-3		0.000		0		1		0.000	0.000	0.000
22:6 n-3	-	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans										
Cholesterol		59		0		1		9	17	42
Phytosterols	mg									
Amino Acids:										
Tryptophan	α	0.167		0		1		0.025	0.047	0.119
Threonine		0.660		0		1		0.099	0.187	0.469
Isoleucine	_	0.693		0		1		0.104	0.196	0.492
Leucine		1.136		0		1		0.170	0.322	0.807
Lysine	-	1.228		0		1		0.184	0.348	0.872
Methionine		0.394		0		1		0.059	0.112	0.280
Cystine		0.193		0		1		0.029	0.055	0.137
Phenylalanine		0.599		0		1		0.023	0.170	0.425
Tyrosine		0.471		0		1		0.030	0.134	0.334
Valine	-	0.740		0		1		0.111	0.210	0.525
Arginine		1.028		0		1		0.111	0.291	0.730
Histidine		0.445		0		1		0.154	0.126	0.316
Alanine		0.936		0		1		0.140	0.265	0.665
Aspartic acid	_	1.362		0		1		0.140	0.386	0.967
Glutamic acid		2.128		0		1		0.319	0.603	1.511
		0.981		0		1		0.147	0.278	0.697
Glycine Proline		0.759		0		1		0.114	0.215	0.539
Serine		0.535		0		1		0.080	0.152	0.380
Hydroxyproline		0.555		U		_		0.080	0.132	0.380
nydroxypronne	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine		0		0	z	7		0	0	0
Theobromine		0		0	NR	4		0	0	0
Carotenoids:										
·	mea	0		^		7		0.000	0 000	0.000
Carotene, beta		0		0	Z Z	7		0.000	0.000	0.000
Carotene, alpha	_	0		0	z Z	7			0.000	
Cryptoxanthin, beta				-				0.000	0.000	0.000
Lycopene		0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin	g	0		0	Z	7		0.000	0.000	0.000

## **Common Measures:**

Babyfood, meat, chicken, junior

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100 g	rams o	f edib	le portio	<u>n</u>		edible portion	
			Nu	mber				<u>m</u> e	easures of food	_
			of	Data D	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	ints C	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water		81.88		0	0	4		12.28	23.21	58.13
Energy		93		0	NC	4		14	26	66
Energy	kj	390		0	NC	4		59	111	277
Protein (N x 6.25)		11.80		0	0	4		1.77	3.35	8.38
Total lipid (fat)		4.10		0	0	4		0.62	1.16	2.91
Ash		0.75		0	0	4		0.11	0.21	0.53
Carbohydrate, by difference		1.47		0	NC	4		0.22	0.42	1.04
Fiber, total dietary		0.0		0		4		0.0	0.0	0.0
Sugars, total		0.00		0	FLA	4		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	64	3.000	28		1		10	18	45
Iron, Fe	-	1.40	0.050	29		1		0.21	0.40	0.99
Magnesium, Mg	-	13		2		1		2	4	9
Phosphorus, P		97		1		1		15	27	69
Potassium, K	-	141		14		1		21	40	100
Sodium, Na		47		32		1		7	13	33
Zinc, Zn	mg	1.21	0.056	27		1		0.18	0.34	0.86
Copper, Cu		0.045	i	25		1		0.007	0.013	0.03
Manganese, Mn	mg									
Selenium, Se	mcg	11.0	0.449	6	A	1		1.7	3.1	7.8
Vitamins										
Vitamins:	ma	1.7	0.100	0.7		1		0.3	0.5	1.2
Vitamin C, total ascorbic acid	-	0.014		27 28		1		0.3	0.5 0.004	0.01
ThiaminRiboflavin	-	0.014		28		1		0.002	0.043	0.10
Niacin		3.255		30		1		0.023	0.923	2.31
Pantothenic acid	-	0.680		4		1		0.102	0.193	0.48
Vitamin B-6	-	0.200		14		1		0.102	0.193	0.48
Folate, total		3	0.009	0	FLA	4		0.030	1	2
Folic acid		0		0	FLA	4		0	0	0
Folate, food		3		0	FLA	4		0	1	2
Folate, DFE		3		0	NC	4		0	1	2
Vitamin B-12		0.40		0	МС	4		0.06	0.11	0.28
Vitamin A, IU		21		0	NC	4		3	6	15
Vitamin A, RAE		6		0	NC	4		1	2	5
Retinol		6		0	FLA	4		1	2	5
Vitamin E (alpha-tocopherol)		0.25		0	FLA	4		0.04	0.07	0.17
Tocopherol, beta				-		_				
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	1.0		0	FLA	4		0.1	0.3	0.7
Lipids:	~	1 001		•	N7.00			0.150	2 22:	0.55
Fatty acids, total saturated		1.001		0	NC	4		0.150	0.284	0.71
4:0		0.000		0		1 1		0.000	0.000	0.00
6:0	-	0.000		0		1		0.000	0.000	0.00
8:0 10:0.	-	0.000		0		1		0.000	0.000	0.00
		0.000		1		1		0.000 0.000	0.000 0.000	0.00
12:0 13:0		0.000	•	1		1		0.000	0.000	0.000
14:0		0.026	•	1		1		0.004	0.007	0.01
		0.026	•	-		_		0.004	0.007	0.01
15:0 16:0		0.760	1	1		1		0.114	0.215	0.53
17:0	-	0.780		-		_		0.114	0.213	0.55
18:0		0.216	•	1		1		0.032	0.061	0.15
20:0		0.210	•	-		-		0.032	0.001	0.15
22:0	-									
44.U	9									

		<u>A</u> 1	mount in 10			ole portic	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and	Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsatura	itedg	1.827		0	NC	4		0.274	0.518	1.297	
14:1	g										
15:1	g										
16:1 undifferentiated	_	0.149		1		1		0.022	0.042	0.106	
17:1	• • • • • • • • • • • • • • • • • • • •										
18:1 undifferentiated	_	1.668		1		1		0.250	0.473	1.184	
20:1	_	0.010		1		1		0.002	0.003	0.007	
22:1 undifferentiated	•	0.000		0		1		0.000	0.000	0.000	
24:1 c											
Fatty acids, total polyunsaturate		0.985		0	NC	4		0.148	0.279	0.700	
18:2 undifferentiated		0.949		1		1		0.142	0.269	0.674	
18:3 undifferentiated	_	0.021		1		1		0.003	0.006	0.015	
18:4	• • • • • • • • • • • • • • • • • • • •	0.000		0		1		0.000	0.000	0.000	
20:2 n-6 c,c	_										
20:3 undifferentiated											
20:4 undifferentiated	_	0.015		1		1		0.002	0.004	0.011	
20:5 n-3	g	0.000		0		1		0.000	0.000	0.000	
22:5 n-3		0.000		0		1		0.000	0.000	0.000	
22:6 n-3	_	0.000		0		1		0.000	0.000	0.000	
Fatty acids, total trans											
Cholesterol		61		0		1		9	17	44	
Phytosterols	mg										
Amino Acids:											
Tryptophan	α	0.156		0		1		0.023	0.044	0.111	
Threonine		0.615		0		1		0.092	0.174	0.437	
Isoleucine	_	0.645		0		1		0.097	0.183	0.458	
Leucine	• • • • • • • • • • • • • • • • • • • •	1.058		0		1		0.159	0.300	0.751	
Lysine	_	1.144		0		1		0.172	0.324	0.812	
Methionine		0.367		0		1		0.055	0.104	0.261	
Cystine		0.180		0		1		0.027	0.051	0.128	
Phenylalanine		0.558		0		1		0.084	0.158	0.396	
Tyrosine		0.439		0		1		0.066	0.124	0.312	
Valine	_	0.689		0		1		0.103	0.195	0.489	
Arginine		0.957		0		1		0.144	0.271	0.679	
Histidine		0.415		0		1		0.062	0.118	0.295	
Alanine		0.871		0		1		0.131	0.247	0.618	
Aspartic acid	_	1.269		0		1		0.190	0.360	0.901	
Glutamic acid		1.982		0		1		0.297	0.562	1.407	
Glycine	_	0.913		0		1		0.137	0.259	0.648	
Proline		0.707		0		1		0.106	0.200	0.502	
Serine		0.498		0		1		0.075	0.141	0.354	
Hydroxyproline	-	0.430		Ū		-		0.075	0.141	0.554	
Trydroxypromic	9										
Others:											
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0	
Caffeine	mg	0		0	FLA	4		0	0	0	
Theobromine	mg	0		0	FLA	4		0	0	0	
Carotenoids:											
·	mca	0		0	FLA	4		0.000	0.000	0.000	
Carotene, beta		0		0	FLA	4		0.000	0.000	0.000	
Cryptoxanthin, beta		0		0	FLA	4		0.000	0.000	0.000	
		0		0	FLA	4		0.000	0.000	0.000	
Lycopene		0		0	FLA	4		0.000	0.000	0.000	
Lutein + zeaxanthin	y	<u> </u>			r LA	4		0.000	0.000	0.000	

## **Common Measures:**

Babyfood, meat, chicken, strained

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	of edik	ole portio	<u>n</u>		edible portion	
			Nu	mber				<u>m</u>	easures of food	<u>l</u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	78.50	0.800	6		1		22.25	55.74	
Energy	kcal	125		0	NC	4		35	89	
Energy	kj	523				4		148	371	
Protein (N x 6.25)	g	15.10	0.300	4		1		4.28	10.72	
Total lipid (fat)	g	6.70	0.200	4		1		1.90	4.76	
Ash	g	0.70		0		1		0.20	0.50	
Carbohydrate, by difference	g	0.00		0		1		0.00	0.00	
Fiber, total dietary	g	0.0		0		4		0.0	0.0	
Sugars, total	g									
Starch	g									
Minavalse										
Minerals: Calcium. Ca	ma	5	1.000	3		1		1	4	
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	1.01	0.060	4		1		0.29	0.72	
Magnesium, Mg	-	11	0.000	1		1		3	8	
Phosphorus, P		89		1		1		25	63	
Potassium, K		210		1		1		60	149	
Sodium, Na		67		6		1		19	48	
Zinc, Zn		1.70		1		1		0.48	1.21	
Copper, Cu		0.068	3	0		4		0.019	0.048	
Manganese, Mn										
Selenium, Se		15.0	1.100	4	A	1		4.3	10.7	
•										
Vitamins:										
Vitamin C, total ascorbic acid	-	2.1	0.200	4		1		0.6	1.5	
Thiamin		0.142		4		1		0.040	0.101	
Riboflavin		0.194		4		1		0.055	0.138	
Niacin		2.840		3		1		0.805	2.016	
Pantothenic acid	-	0.531		0		1		0.151	0.377	
Vitamin B-6	-	0.200	0.013	5		1		0.057	0.142	
Folate, total		2		3	_	1		1	1	
Folic acid		0 2		0 3	Z	7 1		0 1	0	
Folate, food		2		0	NG.			1	1	
Folate, DFE					NC	4			1	
Vitamin B-12	fileg	0.10 32	14.000	0 3		4 1		0.03 9	0.07	
Vitamin A, IU		10	14.000	0	NC	4			23 7	
Vitamin A, RAE		10		0	NC NC	4		3 3	7	
Retinol		10		U	NC	4		3	,	
Vitamin E (alpha-tocopherol)	-									
Tocopherol, beta Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)										
<u>Lipids:</u>										
Fatty acids, total saturated		2.240		1		1		0.635	1.590	
4:0		0.000		0		1		0.000	0.000	
6:0		0.000		0		1		0.000	0.000	
8:0		0.000		0		1		0.000	0.000	
10:0	-	0.000		1		1		0.000	0.000	
12:0	-	0.010	)	1		1		0.003	0.007	
13:0						_				
14:0	=	0.080	,	1		1		0.023	0.057	
15:0	-			_		_				
16:0	-	1.400	)	1		1		0.397	0.994	
17:0	-					_				
18:0	-	0.680	)	1		1		0.193	0.483	
20:0										
22:0	g g									

		<u>A</u> 1	mount in 100 g	grams of	edible portion	<u>on</u>	Amount in	edible portion	of common
				ımber	riv Source	Confidence	<u>m</u>	easures of food	<u> </u>
Nutrients and Unit	s	Mean	Std. Error Po			Code	Measure 1	Measure 2	Measure
D	<b>a</b>	3.180		1	1		0.902	2.258	
Fatty acids, total monounsaturated	-	3.160		1	1		0.902	2.258	
14:1 15:1									
16:1 undifferentiated	-	0.180		1	1		0.051	0.128	
17:1		0.100		-	-		0.031	0.120	
18:1 undifferentiated	-	2.910		1	1		0.825	2.066	
20:1	-	0.070		1	1		0.020	0.050	
22:1 undifferentiated	-	0.000		0	1		0.020	0.000	
24:1 c		0.000		· ·	-		0.000	0.000	
Fatty acids, total polyunsaturated		0.910		1	1		0.258	0.646	
18:2 undifferentiated		0.820		1	1		0.232	0.582	
18:3 undifferentiated		0.030		1	1		0.009	0.021	
18:4		0.000		0	1		0.009	0.000	
20:2 n-6 c.c		0.000		U	1		0.000	0.000	
20:3 undifferentiated	-								
20:4 undifferentiated	-	0.050		1	1		0.014	0.036	
20:5 n-3		0.000		0	1		0.000	0.000	
20.5 n-3	-	0.000		0	1		0.000	0.000	
	-	0.000		0	1		0.000	0.000	
22:6 n-3	-	0.000		U	1		0.000	0.000	
Fatty acids, total trans		29		0	1		8	21	
Cholesterol Phytosterols		29		U	_		0	21	
mino Acids:									
Tryptophan	a	0.149		0	1		0.042	0.106	
Threonine		0.656		0	1		0.186	0.466	
Isoleucine	-	0.718		0	1		0.204	0.510	
Leucine		1.208		0	1		0.342	0.858	
Lysine		1.283		0	1		0.344	0.911	
Methionine		0.386		0	1		0.109	0.274	
Cystine	-	0.186		0	1		0.103	0.132	
Phenylalanine		0.576		0	1		0.163	0.132	
Tyrosine		0.506		0	1		0.143	0.359	
Valine	-	0.779		0	1		0.143	0.553	
Arginine		1.022		0	1		0.221	0.726	
Arginine Histidine		0.514		0	1		0.290	0.726	
	-	0.514		0	1		0.146	0.365	
AlanineAspartic acid		1.442		0	1		0.238	1.024	
•		2.271		0	1		0.644	1.612	
Glutamic acid		0.866		0	1		0.844	0.615	
Glycine Proline		0.866		0	1		0.246 0.199	0.615 0.498	
		0.702		0	1		0.199	0.498	
Serine		0.547		U	1		0.155	0.388	
Hydroxyproline	9								
<u>thers:</u>									
Alcohol, ethyl		0.0		0	7		0.0	0.0	
Caffeine									
Theobromine	mg								

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 71g: 1 jar

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	mber	•			<u>me</u>	easures of food	<u>l</u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	79.40	0.200	23		1		11.91	22.51	56.37	
Energy	kcal	111		0	NC	4		17	32	79	
Energy	kj	466		0	NC	4		70	132	331	
Protein (N x 6.25)	g	13.90	0.100	20		1		2.09	3.94	9.87	
Total lipid (fat)		5.80	0.200	21		1		0.87	1.64	4.12	
Ash	g	1.00	0.000	19		1		0.15	0.28	0.71	
Carbohydrate, by difference	g	0.00		0	Z	7		0.00	0.00	0.00	
Fiber, total dietary	g	0.0		0		4		0.0	0.0	0.0	
Sugars, total		0.00		0	FLA	4		0.00	0.00	0.00	
Starch											
Minerals:		_	2 222			_		-	•	_	
Calcium, Ca		6	0.000	19		1		1	2	4	
Iron, Fe.		1.03	0.080	19		1 1		0.15	0.29	0.7	
Magnesium, Mg		13		2				2	4	9	
Phosphorus, P		81 204		1 14		1 1		12 31	23 58	58 145	
Potassium, K		204 41	1.000	14 17		1		6	58 12	145 29	
Sodium, NaZinc, Zn	-	2.25	0.188	5		1		0.34	0.64	1.5	
	-	0.065		4		1		0.010	0.018	0.0	
Copper, Cu		0.003	0.004	-		_		0.010	0.018	0.0	
Selenium, Se		14.2	0.817	6	A	1		2.1	4.0	10.1	
Scienium, Sc	g	14.2	0.017	Ü	-	-		2.1	4.0	10.1	
<u> Vitamins:</u>											
Vitamin C, total ascorbic acid	-	2.1	0.200	20		1		0.3	0.6	1.5	
Thiamin		0.139		19		1		0.021	0.039	0.0	
Riboflavin		0.154		19		1		0.023	0.044	0.10	
Niacin	_	2.633		18		1		0.395	0.746	1.8	
Pantothenic acid	-	0.510		4		1		0.077	0.145	0.3	
Vitamin B-6	-	0.252	0.023	5		1		0.038	0.071	0.1	
Folate, total		2		0	_	1		0	1	1	
Folic acid		0		0	Z	7		0	0	0	
Folate, food		2		0	FLA	4		0	0	1	
Folate, DFE		2		0	NC	4		0	0	1	
Vitamin B-12		0.10 5		0	D = 011	4		0.02	0.03	0.0	
Vitamin A, IU		2		-	BFSN	4		1 0	1	4	
Vitamin A, RAE		2		0	NC	4 4		0	0	1	
Retinol		0.13		0	BFSN BFSN	4		0.02	0 0.04	1 0.0	
Vitamin E (alpha-tocopherol) Tocopherol, beta	-	0.13		U	Brsn	4		0.02	0.04	0.0	
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		0.0		0	BFSN	4		0.0	0.0	0.0	
. ,											
<u> Lipids:</u>											
Fatty acids, total saturated		1.940		1		1		0.291	0.550	1.3	
4:0		0.000		0		1		0.000	0.000	0.0	
6:0	-	0.000		0		1		0.000	0.000	0.0	
8:0	_	0.000		0		1		0.000	0.000	0.0	
10:0		0.000		1		1		0.000	0.000	0.0	
12:0		0.010		1		1		0.002	0.003	0.0	
13:0	_	0 070		1		4		0 011	0.000		
14:0	_	0.070		1		1		0.011	0.020	0.0	
15:0	-	1 000		,		1		0 103	0.246	0.0	
16:0		1.220		1		1		0.183	0.346	0.8	
17:0		0.590		1		1		0.089	0.167	0.4	
18:0		0.590		1		1		0.089	0.16/	0.4	
20:0 22:0	-										
ZZ.U	g g										

		<u>A</u> 1	mount in 10			ole portio	<u>on</u>		edible portion of easures of food	
Nutrients and l	Jnits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturat		2.760		1		1		0.414	0.782	1.960
15:1 16:1 undifferentiated	-	0.160		1		1		0.024	0.045	0.114
17:1	-	0.100		-		-		0.024	0.045	0.114
18:1 undifferentiated	-	2.520		1		1		0.378	0.714	1.789
20:1	-	0.060		1		1		0.009	0.017	0.043
22:1 undifferentiated	•	0.000		0		1		0.000	0.000	0.000
24:1 cFatty acids, total polyunsaturated		0.780		1		1		0.117	0.221	0.554
18:2 undifferentiated		0.710		1		1		0.117	0.201	0.504
18:3 undifferentiated		0.030		1		1		0.005	0.009	0.021
18:4	-	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c	• • • • • • • • • • • • • • • • • • • •									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.040		1		1		0.006	0.011	0.028
20:5 n-3	g	0.000		0		1		0.000	0.000	0.000
22:5 n-3	g	0.000		0		1		0.000	0.000	0.000
22:6 n-3	-	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans										
Cholesterol		24		0		1		4	7	17
Phytosterols	mg									
Amino Acids:										
Tryptophan	g	0.138		0		1		0.021	0.039	0.098
Threonine	g	0.603		0		1		0.090	0.171	0.428
Isoleucine	g	0.661		0		1		0.099	0.187	0.469
Leucine	g	1.111		0		1		0.167	0.315	0.789
Lysine	g	1.180		0		1		0.177	0.335	0.838
Methionine	g	0.355		0		1		0.053	0.101	0.252
Cystine		0.171		0		1		0.026	0.048	0.121
Phenylalanine		0.530		0		1		0.080	0.150	0.376
Tyrosine	=	0.466		0		1		0.070	0.132	0.331
Valine		0.716		0		1		0.107	0.203	0.508
Arginine		0.940		0		1		0.141	0.266	0.667
Histidine		0.472		0		1		0.071	0.134	0.335
Alanine	-	0.838		0 0		1 1		0.126	0.238	0.595
Aspartic acid		1.326 2.089		0		1		0.199 0.313	0.376	0.941 1.483
		0.796		0		1		0.313	0.592 0.226	0.565
Glycine Proline		0.645		0		1		0.097	0.183	0.458
Serine		0.503		0		1		0.075	0.143	0.357
Hydroxyproline	-	0.505		Ū		-		0.075	0.145	0.557
Trydroxypromic	9									
Others:										
Alcohol, ethyl		0.0		0		7		0.0	0.0	0.0
Caffeine		0		0	FLA	4		0	0	0
Theobromine	<u>m</u> g	0		0	FLA	4		0	0	0
Carotenoids:										
Carotene, beta	mcg	0		0	FLA	4		0.000	0.000	0.000
Carotene, alpha		0		0	FLA	4		0.000	0.000	0.000
Cryptoxanthin, beta		0		0	FLA	4		0.000	0.000	0.000
Lycopene		0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin	mcg	0		0	FLA	4		0.000	0.000	0.000

## **Common Measures:**

Babyfood, meat, ham, strained

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	grams	of edil	ole portio	<u>n</u>		edible portion	
			Nι	ımber	r			<u>m</u>	easures of food	_
			•			Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	79.60	0.500	21		1		22.57	56.52	
Energy	kcal	112		0	NC	4		32	80	
Energy	kj	469				4		133	333	
Protein (N x 6.25)	g	15.20	0.100	19		1		4.31	10.79	
Total lipid (fat)	g	5.20	0.300	19		1		1.47	3.69	
Ash	g	0.90	0.000	18		1		0.26	0.64	
Carbohydrate, by difference	g	0.00		0		1		0.00	0.00	
Fiber, total dietary	g	0.0		0		4		0.0	0.0	
Sugars, total	g									
Starch	g									
M:										
Minerals: Calcium, Ca	ma	7	0.000	19		1		2	5	
Iron, Fe	-	1.66	0.000	21		1		0.47	1.18	
Magnesium, Mg	-	10	0.020	1		1		3	7	
Phosphorus, P		91		1		1		26	65	
Potassium, K		211		14		1		60	150	
Sodium, Na		73		20		1		21	52	
Zinc, Zn		2.60		1		1		0.74	1.85	
Copper, Cu	-	0.057	1	0		1		0.016	0.040	
Manganese, Mn										
Selenium, Se		7.0	0.693	3	A	1		2.0	5.0	
•	•									
Vitamins:										
Vitamin C, total ascorbic acid	-	1.7	0.400	21		1		0.5	1.2	
Thiamin		0.019		24		1		0.005	0.013	
Riboflavin		0.191		21		1		0.054	0.136	
Niacin		3.193		22		1		0.905	2.267	
Pantothenic acid	-	0.424		0		1		0.120	0.301	
Vitamin B-6	-	0.183		4		1		0.052	0.130	
Folate, total		2	0.100	3	_	1		1	1	
Folic acid		0 2	0.100	0	Z	7 1		0 1	0	
Folate, food		2	0.100	3 0	NG.	4		1	1	
Folate, DFE					NC				1	
Vitamin B-12	nicg	2.27 27	2.000	0 17		1 1		0.64 8	1.61	
Vitamin A, IU		8	2.000	0	NC	4		2	19	
Vitamin A, RAE		8		0	NC NC	4		2	6 6	
Retinol		0		U	NC	4		2	0	
Vitamin E (alpha-tocopherol)	-									
Tocopherol, beta Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)										
<u>Lipids:</u>										
Fatty acids, total saturated		2.560		1		1		0.726	1.818	
4:0		0.000		0		1		0.000	0.000	
6:0	-	0.000		0		1		0.000	0.000	
8:0		0.000		1		1		0.000	0.000	
10:0	_	0.010		1		1		0.003	0.007	
12:0	-	0.000	)	1		1		0.000	0.000	
13:0				_		_				
14:0		0.120	,	1		1		0.034	0.085	
15:0	-	4		_		_				
16:0	_	1.140	)	1		1		0.323	0.809	
17:0	-			_		_				
18:0	-	1.090	)	1		1		0.309	0.774	
20:0										
22:0	g									

	<u>A</u> 1	mount in 100 grams	<u>on</u>	Amount in edible portion of common measures of food			
		Number of Data	r Deriv Source	Confidence	<u></u>	<u> </u>	
Nutrients and Units	Mean	Std. Error Points		Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	2.060	1	1		0.584	1.463	
14:1g							
15:1g							
16:1 undifferentiatedg	0.070	1	1		0.020	0.050	
17:1g							
18:1 undifferentiatedg	1.960		1		0.556	1.392	
20:1g	0.000		1		0.000	0.000	
22:1 undifferentiatedg	0.000	0	1		0.000	0.000	
24:1 cg							
Fatty acids, total polyunsaturated	0.220		1		0.062	0.156	
18:2 undifferentiated	0.150		1		0.043	0.107	
18:3 undifferentiatedg	0.060		1		0.017	0.043	
18:4g	0.000	0	1		0.000	0.000	
20:2 n-6 c,cg							
20:3 undifferentiatedg		_	_				
20:4 undifferentiated	0.010		1		0.003	0.007	
20:5 n-3g	0.000		1		0.000	0.000	
22:5 n-3g	0.000		1		0.000	0.000	
22:6 n-3g	0.000	0	1		0.000	0.000	
Fatty acids, total transg							
Cholesterol mg	38	0	1		11	27	
Phytosterolsmg							
Amino Acids:							
Tryptophang	0.151	. 0	1		0.043	0.107	
Threonineg	0.693	0	1		0.196	0.492	
Isoleucineg	0.714	0	1		0.202	0.507	
Leucineg	1.200	0	1		0.340	0.852	
Lysineg	1.349	0	1		0.382	0.958	
Methionineg	0.476	0	1		0.135	0.338	
Cystineg	0.209	0	1		0.059	0.148	
Phenylalanineg	0.598	0	1		0.170	0.425	
Tyrosineg	0.532	. 0	1		0.151	0.378	
Valineg	0.770	0	1		0.218	0.547	
Arginine9	0.996	0	1		0.282	0.707	
Histidineg	0.384	0	1		0.109	0.273	
Alanine	0.953	0	1		0.270	0.677	
Aspartic acidg	1.429	0	1		0.405	1.015	
Glutamic acidg	2.328	0	1		0.660	1.653	
Glycine9	0.885	0	1		0.251	0.628	
Prolineg	0.851	. 0	1		0.241	0.604	
Serineg	0.583	0	1		0.165	0.414	
Hydroxyproline							
Others:							
Alcohol, ethylg	0.0	0	7		0.0	0.0	
Caffeine mg	0.0	U	,		0.0	3.0	
Theobromine mg							

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 71g: 1 jar

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nι	ımber				<u>m</u>	easures of food		
			of	Data	Deriv	Source	Confidence				
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	80.30	0.200	31		1		12.05	22.77	57.01	
Energy	kcal	103		0	NC	4		15	29	73	
Energy	kj	431				4		65	122	306	
Protein (N x 6.25)	g	14.10	0.100	25		1		2.12	4.00	10.01	
Total lipid (fat)		4.70	0.100	26		1		0.71	1.33	3.34	
Ash	g	0.80	0.000	24		1		0.12	0.23	0.57	
Carbohydrate, by difference	g	0.10		0	NC	4		0.02	0.03	0.07	
Fiber, total dietary	g	0.0		0		4		0.0	0.0	0.0	
Sugars, total		0.00		0	Z	7		0.00	0.00	0.00	
Starch											
<u>Minerals:</u>		_				_		_	_	=	
Calcium, Ca		7	0.000	23		1		1	2	5	
Iron, Fe.		1.49	0.090	23		1		0.22	0.42	1.0	
Magnesium, Mg		13		3		1		2	4	9	
Phosphorus, P		97 205		3		1		15	27	69	
Potassium, K		205		15		1		31	58	146	
Sodium, Na		62		27		1		9	18	44	
Zinc, Zn	-	2.76	0.125	5		1		0.41	0.78	1.9	
Copper, Cu		0.055		4		1		0.008	0.016	0.0	
Manganese, Mn			0.460	_	_				0.4		
Selenium, Se	Ilicg	8.4	0.462	3	A	1		1.3	2.4	6.0	
Vitamins:											
Vitamin C, total ascorbic acid	mg	1.2	0.100	23		1		0.2	0.3	0.9	
Thiamin	mg	0.019	0.000	24		1		0.003	0.005	0.0	
Riboflavin	mg	0.200	0.010	23		1		0.030	0.057	0.1	
Niacin	mg	2.925	0.112	23		1		0.439	0.829	2.0	
Pantothenic acid	mg	0.410		4		1		0.062	0.116	0.2	
Vitamin B-6	mg	0.152	0.006	10		1		0.023	0.043	0.10	
Folate, total	mcg	2	0.100	3		1		0	1	2	
Folic acid	mcg	0		0	Z	7		0	0	0	
Folate, food	mcg	2	0.100	3		1		0	1	2	
Folate, DFE	mcg_DFE	2		0	NC	4		0	1	2	
Vitamin B-12	mcg	2.19		2		1		0.33	0.62	1.5	
Vitamin A, IU	IU	0		0	NC	4		0	0	0	
Vitamin A, RAE	mcg_RAE	0		0	NC	4		0	0	0	
Retinol	mcg	0		0	BFSN	4		0	0	0	
Vitamin E (alpha-tocopherol)	mg	0.05		0	BFSN	4		0.01	0.01	0.0	
Tocopherol, beta	mg										
Tocopherol, gamma	mg										
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	2.0		0	BFSN	4		0.3	0.6	1.4	
Lipids:											
Fatty acids, total saturated	а	2.310		1		1		0.347	0.655	1.6	
4:0		0.000		0		1		0.000	0.000	0.0	
6:0		0.000		0		1		0.000	0.000	0.0	
8:0.	-	0.000		1		1		0.000	0.000	0.0	
10:0		0.010		1		1		0.002	0.003	0.0	
12:0		0.000		1		1		0.002	0.000	0.0	
13:0	-	2.200		-		=					
14:0	-	0.110		1		1		0.017	0.031	0.0	
15:0	-							- · · · · ·			
16:0	-	1.030		1		1		0.155	0.292	0.7	
17:0				-		=					
18:0		0.990		1		1		0.149	0.281	0.7	
20:0									<del>-</del>		
22:0	-										
24:0	-										

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and	Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsatura	tedg	1.870		1		1		0.281	0.530	1.328	
14:1	g										
15:1	-										
16:1 undifferentiated	-	0.060		1		1		0.009	0.017	0.043	
17:1				_		_					
18:1 undifferentiated	-	1.780		1		1		0.267	0.505	1.264	
20:1	-	0.000		1		1		0.000	0.000	0.000	
22:1 undifferentiated	•	0.000		0		1		0.000	0.000	0.000	
24:1 c				_		_					
Fatty acids, total polyunsaturate		0.200		1		1		0.030	0.057	0.142	
18:2 undifferentiated		0.130		1		1		0.020	0.037	0.092	
18:3 undifferentiated	-	0.050		1		1		0.008	0.014	0.036	
18:4		0.000		0		1		0.000	0.000	0.000	
20:2 n-6 c,c	-										
20:3 undifferentiated		0.010									
20:4 undifferentiated	-	0.010		1		1 1		0.002	0.003	0.007	
20:5 n-3	=	0.000		0		_		0.000	0.000	0.000	
22:5 n-3		0.000		0		1		0.000	0.000	0.000	
22:6 n-3	-	0.000		0		1		0.000	0.000	0.000	
Fatty acids, total trans		20		•						07	
Cholesterol	_	38		0		1		6	11	27	
Phytosterols	IIIG										
Amino Acids:											
Tryptophan	g	0.140		0		1		0.021	0.040	0.099	
Threonine	g	0.642		0		1		0.096	0.182	0.456	
Isoleucine	g	0.662		0		1		0.099	0.188	0.470	
Leucine	g	1.112		0		1		0.167	0.315	0.790	
Lysine	g	1.249		0		1		0.187	0.354	0.887	
Methionine	g	0.441		0		1		0.066	0.125	0.313	
Cystine	g	0.194		0		1		0.029	0.055	0.138	
Phenylalanine	g	0.554		0		1		0.083	0.157	0.393	
Tyrosine		0.493		0		1		0.074	0.140	0.350	
Valine	g	0.714		0		1		0.107	0.202	0.507	
Arginine	g	0.923		0		1		0.138	0.262	0.655	
Histidine	g	0.356		0		1		0.053	0.101	0.253	
Alanine	g	0.882		0		1		0.132	0.250	0.626	
Aspartic acid	g	1.324		0		1		0.199	0.375	0.940	
Glutamic acid		2.156		0		1		0.323	0.611	1.531	
Glycine	g	0.819		0		1		0.123	0.232	0.581	
Proline		0.788		0		1		0.118	0.223	0.559	
Serine	g	0.540		0		1		0.081	0.153	0.383	
Hydroxyproline	g										
	_										
Others:											
Alcohol, ethyl		0.0		0		7		0.0	0.0	0.0	
Caffeine		0		0	Z	7		0	0	0	
Theobromine	mg	0		0	z	7		0	0	0	
Carotenoids:											
Carotene, beta	mcg	0		0	z	7		0.000	0.000	0.000	
Carotene, alpha		0		0	z	7		0.000	0.000	0.000	
Cryptoxanthin, beta	-	0		0	z	7		0.000	0.000	0.000	
Lycopene		0		0	z	7		0.000	0.000	0.000	
	mcg	0		0	z	7		0.000	0.000	0.000	

## **Common Measures:**

Babyfood, meat, lamb, strained

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>		edible portion	
			Nu	mber	•			<u>m</u>	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	69.50	0.200	6		1		6.95	49.35	49.35
Energy	kcal	184		0	NC	4		18	131	131
Energy	kj	770				4		77	547	547
Protein (N x 6.25)	g	13.40	0.200	7		1		1.34	9.51	9.51
Total lipid (fat)	g	14.60	0.100	6		1		1.46	10.37	10.37
Ash	g	1.40	0.000	5		1		0.14	0.99	0.99
Carbohydrate, by difference	g	1.10		0	NC	4		0.11	0.78	0.78
Fiber, total dietary	g	0.2		0		4		0.0	0.1	0.1
Sugars, total		0.80		0	FLA	4		0.08	0.57	0.57
Starch										
<u>Minerals:</u>										
Calcium, Ca		34	1.000	13		1		3	24	24
Iron, Fe		1.38	0.020	13		1		0.14	0.98	0.9
Magnesium, Mg		11		0		4		1	8	8
Phosphorus, P		103		1		1		10	73	73
Potassium, K		114		1		1		11	81	81
Sodium, Na		547		1		1		55	388	388
Zinc, Zn	_	1.90		0		4		0.19	1.35	1.3
Copper, Cu		0.068		0		4		0.007	0.048	0.04
Manganese, Mn				_	_	_				
Selenium, Se	mcg	13.3	0.577	3	A	1		1.3	9.4	9.4
/itamins:										
Vitamin C, total ascorbic acid	mg	2.4	0.100	12		1		0.2	1.7	1.7
Thiamin	_	0.059	0.000	15		1		0.006	0.042	0.0
Riboflavin		0.172		13		1		0.017	0.122	0.12
Niacin		1.481	0.056	13		1		0.148	1.052	1.0
Pantothenic acid	-	0.481		0		4		0.048	0.342	0.3
Vitamin B-6	_	0.080	0.000	4		1		0.008	0.057	0.0
Folate, total	-	3		0	FLA	4		0	2	2
Folic acid		0		0	FLA	4		0	0	0
Folate, food		3		0	FLA	4		0	2	2
Folate, DFE		3		0	NC	4		0	2	2
Vitamin B-12		0.29		0		4		0.03	0.21	0.2
Vitamin A, IU	IU	69	7.000	9		1		7	49	49
Vitamin A, RAE		21		0	NC	4		2	15	15
Retinol		21		0	BNA	4		2	15	15
Vitamin E (alpha-tocopherol)		0.28		0	FLA	4		0.03	0.20	0.20
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	0.5		0	FLA	4		0.0	0.3	0.3
<u> Lipids:</u>	_			_		_				
Fatty acids, total saturated		5.820		1		1 1		0.582	4.132	4.13
4:0		0.000		0		1		0.000	0.000	0.00
6:0	_	0.000		0				0.000	0.000	0.0
8:0	-	0.000		0		1		0.000	0.000	0.0
10:0		0.010		1 1		1 1		0.001	0.007	0.0
12:0	-	0.020		1		1		0.002	0.014	0.0
13:0	-	0.050		1		1		0 005	0 170	0.1
14:0	-	0.250		1		1		0.025	0.178	0.1
15:0	_	3 550		,		1		0.357	0 525	0.5
16:0		3.570		1		1		0.357	2.535	2.5
17:0		1 700		,		1		0 170	1 001	
18:0		1.780		1		1		0.178	1.264	1.2
20:0	_									
22:0										

		<u>An</u>	nount in 10	00 grams	of edib	ole portio	<u>n</u>	Amount in	edible portion of	of common
				Number					easures of food	
Nutrients and	l Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatur	rated 0	6.480		1		1		0.648	4.601	4.601
14:1										
15:1	• • • • • • • • • • • • • • • • • • • •									
16:1 undifferentiated		0.460		1		1		0.046	0.327	0.327
17:1						_				
18:1 undifferentiated	-	5.890 0.070		1		1 1		0.589	4.182	4.182 0.050
20:1				1 0		1		0.007	0.050	
22:1 undifferentiated	•	0.000		U		1		0.000	0.000	0.000
24:1 c		1.590		1		1		0.159	1.129	1.129
Fatty acids, total polyunsatura		1.460		1		1		0.139	1.129	1.037
18:2 undifferentiated 18:3 undifferentiated		0.070		1		1		0.146	0.050	0.050
18:4		0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c	-	0.000		U		_		0.000	0.000	0.000
20:3 undifferentiated	-									
20:4 undifferentiated	-	0.060		1		1		0.006	0.043	0.043
20:5 n-3	-	0.000		0		1		0.000	0.000	0.000
22:5 n-3	-	0.000		0		1		0.000	0.000	0.000
22:6 n-3	-	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans	-	0.000		•		_		0.000	0.000	0.000
Cholesterol		70		0		4		7	50	50
Phytosterols										
Amino Acids:										
Tryptophan		0.092		0		1		0.009	0.065	0.065
Threonine	-	0.581		0		1		0.058	0.413	0.413
Isoleucine	-	0.667		0		1		0.067	0.474	0.474
Leucine		1.042		0		1		0.104	0.740	0.740
Lysine		1.034		0		1		0.103	0.734	0.734
Methionine		0.309		0		1		0.031	0.219	0.219
Cystine		0.073		0		1		0.007	0.052	0.052
Phenylalanine		0.607		0		1		0.061	0.431	0.431
Tyrosine		0.521		0		1		0.052	0.370	0.370
Valine	-	0.691		0		1 1		0.069	0.491	0.491
Arginine		0.871		0 0		1		0.087	0.618	0.618
Histidine	-	0.461		0		1		0.046	0.327	0.327
Alanine		0.785 1.126		0		1		0.079 0.113	0.557	0.557
Aspartic acid	-	2.023		0		1		0.113	0.799 1.436	0.799 1.436
Glutamic acid		0.682		0		1		0.202	0.484	0.484
Glycine				0		1				
Proline	<del>-</del>	0.759 0.495		0		1		0.076	0.539 0.351	0.539 0.351
Serine Hydroxyproline		0.493		U		_		0.030	0.331	0.331
rrydroxypronne	9									
Others:										
Alcohol, ethyl	-	0.0		0		7		0.0	0.0	0.0
Caffeine		0		0	FLA	4		0	0	0
Theobromine	mg	0		0	FLA	4		0	0	0
Carotenoids:										
Carotene, beta	mcq	0		0	BNA	4		0.004	0.028	0.028
Carotene, alpha	_	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	0.000
Lycopene		0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin		0		0	FLA	4		0.000	0.000	0.000

## **Common Measures:**

Measure 1 = 10.0g: 1 stick

Measure 2 = 71g: 1 jar

Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

Babyfood, meat, meat sticks, junior

Calories Factors: Protein 4 Fat 8.7 Carbohydrate 2.7

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	ırams	of edil	ole portio	<u>n</u>		edible portion	
			Nu	mber	•			<u>m</u>	easures of food	<u>.</u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	78.40	0.300	18		1		22.23	55.66	
Energy	kcal	124		0	NC	4		35	88	
Energy	kj	519				4		147	368	
Protein (N x 6.25)	g	14.00	0.100	12		1		3.97	9.94	
Total lipid (fat)	g	7.10	0.200	12		1		2.01	5.04	
Ash	g	1.10	0.000	16		1		0.31	0.78	
Carbohydrate, by difference	g	0.00		0		1		0.00	0.00	
Fiber, total dietary	g	0.0		0		4		0.0	0.0	
Sugars, total	g									
Starch	g									
M:										
Minerals:	ma	5	0.000	16		1		1	4	
Calcium, Ca Iron, Fe	-	1.00	0.000	16 17		1		0.28	0.71	
Magnesium, Mg	-	10	0.050	1		1		3	7	
Phosphorus, P		94		2		1		3 27	67	
Potassium, K	•	223		1		1		63	158	
Sodium. Na		42	2.000	6		1		12	30	
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	2.27	0.102	4		1		0.64	1.61	
Copper, Cu		0.072		3		1		0.020	0.051	
Manganese, Mn		0.072	0.005	,		-		0.020	0.031	
Selenium, Se		12.9	1.160	3	A	1		3.7	9.2	
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	-	1.8	0.100	10		1		0.5	1.3	
Thiamin	-	0.146		12		1		0.041	0.104	
Riboflavin	_	0.203		12		1		0.058	0.144	
Niacin	-	2.269		11		1		0.643	1.611	
Pantothenic acid	_	0.272		0		4		0.077	0.193	
Vitamin B-6		0.205		15		1		0.058	0.146	
Folate, total		2	0.300	3		1		1	1	
Folic acid		0		0	Z	7		0	0	
Folate, food	mcg	2	0.300	3		1		1	1	
Folate, DFE		2		0	NC	4		1	1	
Vitamin B-12		0.99		1		1		0.28	0.70	
Vitamin A, IU		38	12.000	3		1		11	27	
Vitamin A, RAE		11		0	NC	4		3	8	
Retinol		11		0	NC	4		3	8	
Vitamin E (alpha-tocopherol)										
Tocopherol, beta										
Tocopherol, gamma Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)										
vitamini K (phynoquinone)	9									
<u>Lipids:</u>										
Fatty acids, total saturated		2.400		1		1		0.680	1.704	
4:0	-	0.000		0		1		0.000	0.000	
6:0	-	0.000		0		1		0.000	0.000	
8:0		0.000		0		1		0.000	0.000	
10:0	-	0.000		1		1		0.000	0.000	
12:0		0.000		1		1		0.000	0.000	
13:0	-			_		_		_		
14:0	-	0.080		1		1		0.023	0.057	
15:0								_		
16:0		1.530		1		1		0.434	1.086	
17:0				_		_		_		
18:0	-	0.720		1		1		0.204	0.511	
20:0										
22:0	g									

		<u>Aı</u>	mount in 100 gram	s of edible	portio	<u>n</u>	Amount in	edible portion	of common
			Number of Date		Cource	Confidence	m	easures of food	
Nutrients and Ur	nits	Mean	Std. Error Points		Code	Code	Measure 1	Measure 2	Measure
	_	0.500			_				
Fatty acids, total monounsaturated	-	3.580	1		1		1.015	2.542	
14:1									
15:1	-	0.230	1		1		0.065	0.163	
16:1 undifferentiated		0.230	1		1		0.065	0.163	
17:1	-	3.270	1		1		0.927	2.322	
	-	0.070			1				
20:1	_	0.070			1		0.020 0.000	0.050 0.000	
22:1 undifferentiated		0.000	U		1		0.000	0.000	
24:1 c		0.780	1		1		0.221	0.554	
Fatty acids, total polyunsaturated		0.780			1		0.221	0.490	
18:2 undifferentiated		0.690			1		0.196	0.490	
18:3 undifferentiated		0.030			1		0.009	0.021	
18:4 20:2 n-6 c.c		0.000	U		1		0.000	0.000	
20:2 n-6 c,c	-								
20:4 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000	0		1		0.000	0.000	
20:5 n-3		0.000			1		0.000	0.000	
20.5 n-3	_	0.000			1		0.000	0.000	
22:6 n-3	-	0.000			1		0.000	0.000	
	-	0.000	•		_		0.000	0.000	
Fatty acids, total trans Cholesterol		48	0		4		14	34	
Phytosterols		40	v		•			31	
mino Acids:									
Tryptophan	а	0.136	. 0		1		0.039	0.097	
Threonine		0.617			1		0.175	0.438	
soleucine	-	0.680			1		0.193	0.483	
Leucine		1.127			1		0.320	0.800	
Lysine		1.158			1		0.328	0.822	
Methionine		0.398			1		0.113	0.283	
Cystine	-	0.154	·		1		0.044	0.109	
Phenylalanine		0.570			1		0.162	0.405	
Tyrosine		0.510	-		1		0.145	0.362	
Valine	-	0.702			1		0.199	0.498	
Arginine		0.702			1		0.269	0.438	
Histidine		0.447			1		0.127	0.317	
Alanine	-	0.879	-		1		0.127	0.624	
Aspartic acid		1.310			1		0.243	0.930	
Glutamic acid		2.133			1		0.605	1.514	
Glycine		0.760			1		0.005	0.540	
Proline		0.747			1		0.213	0.530	
Serine		0.747			1		0.153	0.384	
		0.541	. •		-		0.100	0.504	
Hydroxyproline	9								
Hydroxyproline thers:		0.5	_		_				
Hydroxyproline	g	0.0	0		7		0.0	0.0	

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 71g: 1 jar

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100 g	<u>rams</u>	of edit	ole portio	<u>n</u>		edible portion	
			Nu	mber	•			<u>me</u>	easures of food	•
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Po	ints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	69.80	0.800	4		1		6.98	49.56	49.56
Energy	kcal	182		0	NC	4		18	129	129
Energy	kj	762		0	NC	4		76	541	541
Protein (N x 6.25)	g	13.70	0.300	5		1		1.37	9.73	9.73
Total lipid (fat)	g	14.20	0.500	5		1		1.42	10.08	10.08
Ash		0.90	0.300	4		1		0.09	0.64	0.64
Carbohydrate, by difference	g	1.40		0	NC	4		0.14	1.00	1.00
Fiber, total dietary		0.5		0		4		0.1	0.4	0.4
Sugars, total	g	1.40		0	FLA	4		0.14	0.99	0.99
Starch	g									
Ainerals:										
Calcium, Ca	ma	72	11.000	3		1		7	51	51
Iron, Fe	_	1.24	0.130	4		1		0.12	0.88	0.88
Magnesium, Mg	_	16	<del></del>	0		4		2	11	11
Phosphorus, P		103		1		1		10	73	73
Potassium, K	_	91		1		1		9	65	65
Sodium, Na		483		1		1		48	343	343
Zinc, Zn	mg	1.83		0		4		0.18	1.30	1.3
Copper, Cu	mg	0.040	1	0		4		0.004	0.028	0.0
Manganese, Mn	mg									
Selenium, Se	mcg	10.1	0.462	3	A	1		1.0	7.2	7.2
itamins:										
Vitamin C, total ascorbic acid	ma	1.5	0.100	4		1		0.2	1.1	1.1
Thiamin	_	0.010		6		1		0.001	0.007	0.0
Riboflavin	_	0.155		4		1		0.016	0.110	0.1
Niacin		1.752		4		1		0.175	1.244	1.2
Pantothenic acid	_	0.570		0		4		0.057	0.405	0.40
Vitamin B-6	-	0.076	0.004	6		1		0.008	0.054	0.0
Folate, total		11		0		4		1	8	8
Folic acid		0		0	Z	7		0	0	0
Folate, food		11		0		4		1	8	8
Folate, DFE		11		0	NC	4		1	8	8
Vitamin B-12		1.00		0		4		0.10	0.71	0.7
Vitamin A, IU	IU	19		0		1		2	13	13
Vitamin A, RAE	mcg_RAE	6		0	NC	4		1	4	4
Retinol	mcg	6		0	BNA	4		1	4	4
Vitamin E (alpha-tocopherol)	mg	0.37		0	FLA	4		0.04	0.26	0.2
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta	mg									
Vitamin D		0.4		•				0.0		
Vitamin K (phylloquinone)	rncg	0.4		0	FLA	4		0.0	0.3	0.3
ipids:										
Fatty acids, total saturated	g	4.143	<b>;</b>	0		4		0.414	2.942	2.9
4:0		0.000	1	0		4		0.000	0.000	0.0
6:0	g	0.000	)	0		4		0.000	0.000	0.0
8:0	g	0.000	)	0		4		0.000	0.000	0.0
10:0	g	0.000	)	0		4		0.000	0.000	0.0
12:0		0.020	)	0		4		0.002	0.014	0.0
13:0	g									
14:0	g	0.102	!	0		4		0.010	0.072	0.0
15:0	g									
16:0	-	2.539	1	0		4		0.254	1.803	1.8
17:0										
18:0		1.015	i	0		4		0.102	0.721	0.7
20:0	-									
22:0	a									

		<u>A</u> 1	mount in 100			ole portio	<u>on</u>		edible portion of easures of food	
Nutrients and	Units	Mean		umber of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura		4.671		0		4		0.467	3.316	3.316
14:1	-									
15:1	-									
16:1 undifferentiated	-	0.772		0		4		0.077	0.548	0.548
17:1	• • • • • • • • • • • • • • • • • • • •	2 700		•					0.60	0.607
18:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	3.798		0		4		0.380	2.697	2.697
20:1		0.020		0		4		0.002	0.014	0.014
22:1 undifferentiated	•	0.020		0		4		0.002	0.014	0.014
24:1 c		2 (15		•						0.567
Fatty acids, total polyunsaturat		3.615		0		4		0.362	2.567	2.567
18:2 undifferentiated		3.006		0		4		0.301	2.134	2.134
18:3 undifferentiated	=	0.163		0		4		0.016	0.116	0.116
18:4	-	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c	-									
20:3 undifferentiated										
20:4 undifferentiated	-	0.284		0		4		0.028	0.202	0.202
20:5 n-3	-	0.000		0		4		0.000	0.000	0.000
22:5 n-3		0.041		0		4		0.004	0.029	0.029
22:6 n-3	g	0.061		0		4		0.006	0.043	0.043
Fatty acids, total trans										
Cholesterol	mg	65		0		4		7	46	46
Phytosterols	mg									
Amino Aside										
Amino Acids:	~	0.101		^		1		0.010	0.070	0.070
Tryptophan				0		1			0.072	0.072
Threonine	-	0.546		0				0.055	0.388	0.388
Isoleucine		0.629		0		1		0.063	0.447	0.447
Leucine	=	1.071		0		1		0.107	0.760	0.760
Lysine		1.176		0		1		0.118	0.835	0.835
Methionine		0.304		0		1		0.030	0.216	0.216
Cystine		0.122		0		1		0.012	0.087	0.087
Phenylalanine		0.610		0		1		0.061	0.433	0.433
Tyrosine	=	0.483		0		1		0.048	0.343	0.343
Valine		0.651		0		1		0.065	0.462	0.462
Arginine		0.883		0		1		0.088	0.627	0.627
Histidine	g	0.367		0		1		0.037	0.261	0.261
Alanine	g	0.704		0		1		0.070	0.500	0.500
Aspartic acid	g	1.272		0		1		0.127	0.903	0.903
Glutamic acid	g	2.196	i	0		1		0.220	1.559	1.559
Glycine	g	0.682		0		1		0.068	0.484	0.484
Proline	g	0.651		0		1		0.065	0.462	0.462
Serine	g	0.505	i	0		1		0.051	0.359	0.359
Hydroxyproline	g									
04										
Others:				_		_				
Alcohol, ethyl		0.0		0		7		0.0	0.0	0.0
Caffeine		0		0	FLA	4		0	0	0
Theobromine	mg	0		0	FLA	4		0	0	0
Carotenoids:										
Carotene, beta	mca	0		0	BNA	4		0.001	0.008	0.008
Carotene, alpha		0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	0.000
Lycopene		0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin		0		0	FLA	4		0.000	0.000	0.000
Latem - Zeardhumn	9	•		•		-		5.000	3.000	0.000

## **Common Measures:**

Measure 1 = 10.0g: 1 stick

Measure 2 = 71g: 1 jar

Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

Babyfood, meat, turkey sticks, junior

Calories Factors: Protein 4 Fat 8.7 Carbohydrate 2.7

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>		edible portion	
			Nu	mber				<u>m</u>	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Po	ints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	77.50	0.600	7		1		11.63	21.97	55.03
Energy	kcal	127		0	NC	4		19	36	90
Energy	kj	530		0	NC	4		79	150	376
Protein (N x 6.25)	g	15.40	0.100	4		1		2.31	4.37	10.93
Total lipid (fat)	g	7.10	0.300	6		1		1.07	2.01	5.04
Ash	g	0.80	0.000	4		1		0.12	0.23	0.57
Carbohydrate, by difference	g	0.00		0	Z	7		0.00	0.00	0.00
Fiber, total dietary	g	0.0		0		4		0.0	0.0	0.0
Sugars, total	g	0.00		0	Z	7		0.00	0.00	0.00
Starch	g									
Minorala.										
<u> <b>Minerals:</b></u> Calcium, Ca	ma	28	3.000	5		1		4	8	20
Iron, Fe	_	1.35	0.050	5		1		0.20	0.38	0.96
Magnesium, Mg	_	12	0.030	1		1		2	3	9
Phosphorus, P		95		1		1		14	27	67
Potassium, K	-	180		1		1		27	51	128
Sodium, Na		72		6		1		11	20	51
Zine, Zn		1.80		1		1		0.27	0.51	1.2
Copper, Cu		0.043		0		4		0.006	0.012	0.0
Manganese, Mn										
Selenium, Se		17.0	1.029	5	A	1		2.6	4.8	12.1
7*.										
<u>Vitamins:</u>		0.4	0 100					0.4		
Vitamin C, total ascorbic acid	_	2.4 0.016	0.100	4		1 1		0.4 0.002	0.7 0.005	1.7
Thiamin	-	0.016		4 4		1		0.002		0.01
Riboflavin		3.483		4		1		0.038	0.071 0.987	2.4
Niacin Pantothenic acid	-	0.609		0		1		0.322	0.173	0.4
Vitamin B-6		0.166		5		1		0.031	0.173	0.4
Folate, total		12	1.100	3		1		2	3	9
Folic acid		0	1.100	0	z	7		0	0	0
Folate, food		12	1.100	3	-	1		2	3	9
Folate, DFE		12		0	NC	4		2	3	9
Vitamin B-12		1.07		0		1		0.16	0.30	0.70
Vitamin A, IU		0		0	NC	4		0	0	0
Vitamin A, RAE		0		0	NC	4		0	0	0
Retinol		0		0	BFSN	4		0	0	0
Vitamin E (alpha-tocopherol)		0.21		0	BFSN	4		0.03	0.06	0.15
Tocopherol, beta										
Tocopherol, gamma	mg									
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	2.4		0	BFSN	4		0.4	0.7	1.7
Lipids:										
Fatty acids, total saturated	g	2.310	1	1		1		0.347	0.655	1.64
4:0		0.000	ı	0		1		0.000	0.000	0.00
6:0		0.000	1	0		1		0.000	0.000	0.00
8:0	g	0.000	ı	0		1		0.000	0.000	0.0
10:0	-	0.000		1		1		0.000	0.000	0.0
12:0	-	0.040	ı	1		1		0.006	0.011	0.0
13:0										
14:0	g	0.100		1		1		0.015	0.028	0.0
15:0										
16:0	g	1.410		1		1		0.212	0.400	1.0
17:0	g									
18:0	g	0.660		1		1		0.099	0.187	0.4
20:0	g									
	g									

		<u>A</u> 1	mount in 10			ole portio	<u>on</u>		edible portion of easures of food	
Nutrients and U	Jnits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturate	edg	2.640		1		1		0.396	0.748	1.874
14:1	g									
15:1	-									
16:1 undifferentiated	_	0.220		1		1		0.033	0.062	0.156
17:1										
18:1 undifferentiated	-	2.370		1		1		0.356	0.672	1.683
20:1	-	0.020		1		1		0.003	0.006	0.014
22:1 undifferentiated	•	0.000		0		1		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturated		1.760		1		1		0.264	0.499	1.250
18:2 undifferentiated		1.610		1		1		0.242	0.456	1.143
18:3 undifferentiated	-	0.080		1		1		0.012	0.023	0.057
18:4		0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c	-									
20:3 undifferentiated										
20:4 undifferentiated	-	0.070		1		1		0.011	0.020	0.050
20:5 n-3	-	0.000		0		1		0.000	0.000	0.000
22:5 n-3		0.000		0		1		0.000	0.000	0.000
22:6 n-3		0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans										
Cholesterol		53		0		1		8	15	38
Phytosterols	mg									
Amino Acids:										
Tryptophan	α	0.160		0		1		0.024	0.045	0.114
Threonine		0.681		0		1		0.102	0.193	0.484
Isoleucine	_	0.772		0		1		0.116	0.219	0.548
Leucine		1.225		0		1		0.184	0.347	0.870
Lysine	-	1.274		0		1		0.191	0.361	0.905
Methionine		0.477		0		1		0.072	0.135	0.339
Cystine		0.187		0		1		0.028	0.053	0.133
Phenylalanine		0.634		0		1		0.025	0.180	0.450
Tyrosine		0.541		0		1		0.033	0.153	0.384
Valine	-	0.782		0		1		0.117	0.133	0.555
Arginine		0.702		0		1		0.117	0.278	0.695
Histidine		0.393		0		1		0.147	0.111	0.279
Alanine		0.974		0		1		0.146	0.276	0.692
Aspartic acid	_	1.534		0		1		0.140	0.435	1.089
Glutamic acid		2.439		0		1		0.366	0.433	1.732
		1.013		0		1		0.152	0.287	0.719
Glycine Proline		0.757		0		1		0.114	0.215	0.537
Serine		0.605		0		1		0.091	0.172	0.430
Hydroxyproline		0.603		U		1		0.091	0.172	0.430
пушохургонне	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine		0		0	z	7		0	0	0
Theobromine	mg	0		0	Z	7		0	0	0
Carotenoids:										
<u> </u>	mea	0		^		7		0.000	0 000	0.000
Carotene, beta		0		0	Z Z	7 7		0.000	0.000	0.000
Carotene, alpha		0		0	z Z	7			0.000	
Cryptoxanthin, beta				-				0.000	0.000	0.000
Lycopene		0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin	g	0		0	Z	7		0.000	0.000	0.000

## **Common Measures:**

Babyfood, meat, turkey, junior

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	rams	of edib	ole portio	<u>n</u>		edible portion	
			Nu	mber	•			<u>m</u>	easures of food	<u>.</u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	78.90	0.400	23		1		11.84	22.37	56.02
Energy	kcal	114		0	NC	4		17	32	81
Energy	kj	477				4		72	135	339
Protein (N x 6.25)	g	14.30	0.200	20		1		2.15	4.05	10.15
Total lipid (fat)	g	5.80	0.200	20		1		0.87	1.64	4.12
Ash	g	0.90	0.100	20		1		0.14	0.26	0.64
Carbohydrate, by difference	g	0.10		0	NC	4		0.02	0.03	0.07
Fiber, total dietary		0.0		0		4		0.0	0.0	0.0
Sugars, total	g	0.00		0	Z	7		0.00	0.00	0.00
Starch	g									
Ain anala.										
Minerals:	ma	23	3.000	20		1		3	7	16
Calcium, Ca	_	1.20	0.040	24		1		0.18	0.34	0.85
Magnesium, Mg	_	1.20	0.040	2		1		2	4	10
Phosphorus, P		126		2		1		19	36	89
Potassium, K	_	231		2 14		1		35	56 65	164
Sodium. Na		55	0.000	15		1		8	16	39
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	1.83	0.000	2		1		0.27	0.52	1.3
Copper, Cu		0.040		1		1		0.006	0.011	0.0
Manganese, Mn		0.040		_		_		0.000	0.011	0.0
Selenium, Se		16.5	0.817	6	A	1		2.5	4.7	11.7
Scientini, Sc	9	10.5	0.017	Ŭ		-		2.3		11.,
<u>'itamins:</u>										
Vitamin C, total ascorbic acid	_	2.2	0.200	19		1		0.3	0.6	1.6
Thiamin	-	0.018		21		1		0.003	0.005	0.0
Riboflavin	mg	0.209		20		1		0.031	0.059	0.1
Niacin	mg	3.667		20		1		0.550	1.040	2.6
Pantothenic acid	-	0.570		4		1		0.086	0.162	0.4
Vitamin B-6		0.180		6		1		0.027	0.051	0.1
Folate, total		11		0		1		2	3	8
Folic acid		0		0	Z	7		0	0	0
Folate, food		11		0		1		2	3	8
Folate, DFE		11		0	NC	4		2	3	8
Vitamin B-12		1.00		1		1		0.15	0.28	0.7
Vitamin A, IU		0		0	NC	4		0	0	0
Vitamin A, RAE		0		0	NC	4		0	0	0
Retinol		0		0	BFSN	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.20		0	BFSN	4		0.03	0.06	0.1
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D				_						
Vitamin K (phylloquinone)	mcg	2.2		0	BFSN	4		0.3	0.6	1.6
ipids:										
Fatty acids, total saturated	а	1.910		1		1		0.287	0.541	1.3
4:0		0.000		0		1		0.000	0.000	0.0
6:0	-	0.000		0		1		0.000	0.000	0.0
8:0	-	0.000		0		1		0.000	0.000	0.0
10:0	-	0.000		1		1		0.000	0.000	0.0
12:0		0.030		1		1		0.005	0.009	0.0
13:0										
14:0		0.090		1		1		0.014	0.026	0.0
15:0										
16:0		1.170		1		1		0.176	0.332	0.8
17:0	_									
18:0		0.550		1		1		0.083	0.156	0.3
20:0										
22:0	-									
24:0	-									

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>		edible portion of easures of food	
Nutrients and U	Jnits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturate	edg	2.180	)	1		1		0.327	0.618	1.548
14:1	g									
15:1	g									
16:1 undifferentiated	-	0.190	)	1		1		0.029	0.054	0.135
17:1										
18:1 undifferentiated	_	1.960		1		1		0.294	0.556	1.392
20:1	-	0.020		1		1		0.003	0.006	0.014
22:1 undifferentiated	•	0.000	)	0		1		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturated		1.450		1		1		0.218	0.411	1.030
18:2 undifferentiated		1.330		1		1		0.200	0.377	0.944
18:3 undifferentiated	_	0.060		1		1		0.009	0.017	0.043
18:4		0.000	)	0		1		0.000	0.000	0.000
20:2 n-6 c,c	_									
20:3 undifferentiated										
20:4 undifferentiated	_	0.060		1		1		0.009	0.017	0.043
20:5 n-3	g	0.000		0		1		0.000	0.000	0.000
22:5 n-3		0.000		0		1		0.000	0.000	0.000
22:6 n-3	_	0.000	)	0		1		0.000	0.000	0.000
Fatty acids, total trans										
Cholesterol	mg	59		0		1		9	17	42
Phytosterols	mg									
Amino Acids:										
Tryptophan	а	0.149	•	0		1		0.022	0.042	0.106
Threonine		0.633		0		1		0.095	0.179	0.449
Isoleucine	-	0.717		0		1		0.108	0.203	0.509
Leucine		1.138		0		1		0.100	0.323	0.808
Lysine	_	1.184		0		1		0.178	0.336	0.841
Methionine		0.443		0		1		0.066	0.126	0.315
		0.174		0		1		0.026	0.128	0.124
Cystine		0.590		0		1		0.089	0.167	0.124
Phenylalanine Tyrosine		0.503		0		1		0.075	0.143	0.419
•	_	0.727		0		1		0.109	0.143	0.516
Valine		0.909		0		1		0.109	0.258	0.516
Arginine		0.366		0		1		0.136	0.238	0.260
Histidine		0.905		0		1		0.136	0.104	0.260
Alanine	-	1.426		0		1		0.136		
Aspartic acid		2.267		0		1		0.340	0.404	1.012
		0.941		0		1			0.643	1.610
Glycine						1		0.141	0.267	0.668
Proline		0.704		0 0		1		0.106	0.200	0.500
Serine		0.562	1	U		1		0.084	0.159	0.399
Hydroxyproline	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine		0		0	Z	7		0	0	0
Theobromine		0		0	Z	7		0	0	0
Carotenoids:	······································									
<u> </u>	mc~	•		^	_	-		0.000	0.000	2 222
Carotene, beta	-	0		0	Z	7		0.000	0.000	0.000
Carotene, alpha	-	0		0	Z	7		0.000	0.000	0.000
Cryptoxanthin, beta		0		0	Z	7		0.000	0.000	0.000
Lycopene		0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin	ijcg	0		0	Z	7		0.000	0.000	0.000

## **Common Measures:**

Babyfood, meat, turkey, strained

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	grams	of edit	<u>le portio</u>	<u>n</u>	Amount in	edible portion	of common
			Nι	ımber				<u>m</u>	easures of food	<u>[</u>
					Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	80.90	0.200	26		1		12.14	22.94	57.44
Energy	kcal	101		0	NC	4		15	29	71
Energy		421		0	NC	4		63	119	299
Protein (N x 6.25)	g	13.50	0.000	19		1		2.03	3.83	9.59
Total lipid (fat)	g	4.80	0.100	20		1		0.72	1.36	3.41
Ash	g	0.90	0.100	19		1		0.14	0.26	0.64
Carbohydrate, by difference		0.00		0	Z	7		0.00	0.00	0.00
Fiber, total dietary	g	0.0		0		4		0.0	0.0	0.0
Sugars, total	g	0.00		0	Z	7		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	7	1.000	19		1		1	2	5
Iron, Fe.		1.27	0.130	18		1		0.19	0.36	0.90
Magnesium, Mg		12		2		1		2	3	9
Phosphorus, P	mg	98		1		1		15	28	70
Potassium, K	mg	216		14		1		32	61	153
Sodium, Na		64		26		1		10	18	45
Zinc, Zn		2.00		2		1		0.30	0.57	1.42
Copper, Cu		0.040		1		1		0.006	0.011	0.02
Manganese, Mn				_	_	_				
Selenium, Se	mcg	6.1	0.776	6	A	1		0.9	1.7	4.3
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.3	0.200	16		1		0.3	0.7	1.6
Thiamin	mg	0.016	0.000	18		1		0.002	0.005	0.01
Riboflavin	mg	0.159	0.014	17		1		0.024	0.045	0.11
Niacin	<u>mg</u>	3.552		17		1		0.533	1.007	2.52
Pantothenic acid	_	0.430		4		1		0.065	0.122	0.30
Vitamin B-6	-	0.149		9		1		0.022	0.042	0.10
Folate, total		6	0.500	6		1		1	2	4
Folic acid		0	0 500	0	Z	7		0	0	0
Folate, food	mcg	6	0.500	6		1		1	2	4
Folate, DFE		6		0	NC	4 4		1 0.20	2 0.37	4 0.92
Vitamin B-12 Vitamin A, IU		1.30 0		0	NC	4		0.20	0.37	0.92
Vitamin A, RAE		0		0	NC	4		0	0	0
Retinol		0		0	BFSN	4		0	0	0
Vitamin E (alpha-tocopherol)	-	0.26		0	BFSN	4		0.04	0.07	0.19
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg	3.0		0	BFSN	4		0.4	0.8	2.1
Lipids:										
Fatty acids, total saturated	а	2.290		1		1		0.344	0.649	1.62
4:0		0.000		0		1		0.000	0.000	0.00
6:0	-	0.000		0		1		0.000	0.000	0.00
8:0	_	0.000		0		1		0.000	0.000	0.00
10:0	g	0.000		1		1		0.000	0.000	0.00
12:0	g	0.020		1		1		0.003	0.006	0.01
13:0	-									
14:0		0.240		1		1		0.036	0.068	0.17
15:0										
16:0		1.180		1		1		0.177	0.335	0.83
17:0				_		_			_	
18:0		0.670		1		1		0.101	0.190	0.47
20:0	_									
22:0	g									

		<u>A</u> 1	mount in 10			ole portio	<u>on</u>		edible portion of easures of food	
Nutrients and l	Jnits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturat	edg	2.050		1		1		0.308	0.581	1.456
14:1	g									
15:1	-									
16:1 undifferentiated	-	0.190		1		1		0.029	0.054	0.135
17:1				_						
18:1 undifferentiated	_	1.790		1		1		0.269	0.507	1.271
20:1	-	0.000		1		1		0.000	0.000	0.000
22:1 undifferentiated	•	0.000		0		1		0.000	0.000	0.000
24:1 c				_						
Fatty acids, total polyunsaturated		0.160		1		1		0.024	0.045	0.114
18:2 undifferentiated		0.100		1		1		0.015	0.028	0.071
18:3 undifferentiated	_	0.030		1		1		0.005	0.009	0.021
18:4		0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c	_									
20:3 undifferentiated				_		_				
20:4 undifferentiated	_	0.020		1		1		0.003	0.006	0.014
20:5 n-3		0.000		0		1		0.000	0.000	0.000
22:5 n-3		0.000		0		1		0.000	0.000	0.000
22:6 n-3	_	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans								_	_	
Cholesterol		26		0		1		4	7	18
Phytosterols	mg									
Amino Acids:										
Tryptophan	q	0.156		0		1		0.023	0.044	0.111
Threonine		0.564		0		1		0.085	0.160	0.400
Isoleucine	-	0.610		0		1		0.092	0.173	0.433
Leucine		1.044		0		1		0.157	0.296	0.741
Lysine	_	1.085		0		1		0.163	0.308	0.770
Methionine		0.298		0		1		0.045	0.084	0.212
Cystine		0.175		0		1		0.026	0.050	0.124
Phenylalanine		0.523		0		1		0.078	0.148	0.371
Tyrosine		0.432		0		1		0.065	0.122	0.307
Valine	_	0.657		0		1		0.099	0.186	0.466
Arginine		0.897		0		1		0.135	0.254	0.637
Histidine		0.415		0		1		0.062	0.118	0.295
Alanine		0.845		0		1		0.127	0.240	0.600
Aspartic acid	-	1.193		0		1		0.179	0.338	0.847
Glutamic acid		1.939		0		1		0.291	0.550	1.377
Glycine		0.927		0		1		0.139	0.263	0.658
Proline		0.746		0		1		0.112	0.211	0.530
Serine		0.480		0		1		0.072	0.136	0.341
Hydroxyproline		0.400		·		-		0.072	0.130	0.541
Trydroxypromic	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine	mg	0		0	Z	7		0	0	0
Theobromine	mg	0		0	Z	7		0	0	0
Carotenoids:										
Carotene, beta	mca	0		0	z	7		0.000	0.000	0.000
Carotene, alpha		0		0	Z	7		0.000	0.000	0.000
Cryptoxanthin, beta	-	0		0	z	7		0.000	0.000	0.000
		0		0	Z	7		0.000	0.000	0.000
Lycopene		0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin	iiicg	<u> </u>		U	Z			0.000	0.000	0.000

## **Common Measures:**

Babyfood, meat, veal, strained

Calories Factors: Protein 4.27 Fat 9.02 Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	0 grams	of edil	ole portio	<u>on</u>		edible portion	
				Number				<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	81.50				5		25.67	102.69	
Energy	kcal	76		0	NC	4		24	95	
Energy	kj	316		0	NC	4		100	398	
Protein	g	2.40				5		0.76	3.02	
Total lipid (fat)	g	0.80				5		0.25	1.01	
Ash	g	0.62		0	T	4		0.20	0.78	
Carbohydrate, by difference	g	14.68		0	NC	4		4.62	18.50	
Fiber, total dietary	g	0.4				4		0.1	0.5	
Sugars, total	g	10.80		0	T	4		3.40	13.61	
Starch	g									
Min and a										
Minerals:	ma	81				5		26	102	
Calcium, Ca	-	0.20				5 5		0.06	0.25	
Magnesium, Mg	-	10				4		3	13	
Phosphorus, P		60				5		3 19	76	
•	-	137				5		43	173	
Potassium, K Sodium, Na		36				5		11	45	
Zinc, Zn	_	0.14				4		0.04	0.18	
Copper, Cu		0.030	1			4		0.009	0.038	
Manganese, Mn		0.030	•			-		0.009	0.038	
Selenium, Se		1.3		0	FLM	4		0.4	1.6	
Scientini, Sc	9			·		-		• • •		
<u>/itamins:</u>										
Vitamin C, total ascorbic acid	-	33.9				5		10.7	42.7	
Thiamin	-	0.040				5		0.013	0.050	
Riboflavin	-	0.100				5		0.032	0.126	
Niacin	mg	0.160	)			5		0.050	0.202	
Pantothenic acid	_									
Vitamin B-6		0.050	)			5		0.016	0.063	
Folate, total		6				4		2	8	
Folic acid		0		0	z	7		0	0	
Folate, food		6				4		2	8	
Folate, DFE		6		0	NC	4		2	8	
Vitamin B-12		0.43				4		0.14	0.54	
Vitamin A, IU		28		0	NC	4		9	35	
Vitamin A, RAE		5		0	NC	4		2	7	
Retinol		5		0	BNA	4		2	6	
Vitamin E (alpha-tocopherol)		0.03		0	BNA	4		0.01	0.04	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		0.2		0	FLA	4		0 0	0.2	
Vitamin K (phylloquinone)	Illog	0.2		0	дLA	4		0.0	0.2	
<u> ipids:</u>										
Fatty acids, total saturated	g	0.517	,			4		0.163	0.651	
4:0		0.025	<b>i</b>			4		0.008	0.032	
6:0		0.017	,			4		0.005	0.021	
8:0		0.010	)			4		0.003	0.013	
10:0	g	0.022	2			4		0.007	0.028	
12:0	g	0.027	,			4		0.009	0.034	
13:0	g									
14:0	g	0.084	Į.			4		0.026	0.106	
15:0	g									
16:0	g	0.219	)			4		0.069	0.276	
17:0	g									
18:0		0.079	)			4		0.025	0.100	
20:0	g									
22:0	g									
24:0	a									

	<u>Ar</u>	mount in 10	00 grams	Amount in edible portion of common measures of food					
Nutrients and Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.219				4		0.069	0.276	
14:1g									
15:1	0.017				4		0.005	0.021	
17:1g	0.017				-		0.003	0.021	
18:1 undifferentiated	0.182				4		0.057	0.229	
20:1g	0.000				4		0.000	0.000	
22:1 undifferentiated	0.000				4		0.000	0.000	
24:1 c	0.000				-		0.000	0.000	
Fatty acids, total polyunsaturated9	0.022				4		0.007	0.028	
18:2 undifferentiatedg	0.015				4		0.005	0.019	
18:3 undifferentiated	0.007				4		0.002	0.009	
18:4g	0.000				4		0.000	0.000	
20:2 n-6 c.cg									
20:3 undifferentiated									
20:4 undifferentiated	0.000				4		0.000	0.000	
20:5 n-3g	0.000				4		0.000	0.000	
22:5 n-3g	0.000				4		0.000	0.000	
22:6 n-3g	0.000				4		0.000	0.000	
Fatty acids, total transg									
Cholesterol mg	3				4		1	4	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0				7		0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, betamcg	3		0	BNA	4		0.944	3.776	
Carotene, alphamcg	0		0	BNA	4		0.084	0.336	
Cryptoxanthin, betamcg	8		0	BNA	4		2.575	10.301	
Lycopenemcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin mcg	18		0	FLA	4		5.743	22.973	

## **Common Measures:**

Measure 1 = 31.5g: 1 fl oz

Measure 2 = 126g: 1 bottle NFS

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

Refuse: 0%

		Amount in 100 grams of edible portion						Amount in edible portion of common			
			Ni	umber				me	easures of food		
				f Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Po			Code	Code	Measure 1	Measure 2	Measure	
Proximates:		01 00				_		10.07	00.40	00.41	
Water		81.80		•	NG	5		12.27	92.43	92.43 85	
Energy		75 315		0	NC NC	4 4		11 47	85 356	85 356	
Energy	=			U	NC	5					
Protein		0.80				5		0.12 0.12	0.90	0.90	
Total lipid (fat)	-	0.80		0	FLA	4		0.12	0.90 0.42	0.90	
Ash		16.23		0	NC	4		2.43		18.34	
Carbohydrate, by difference		0.4		U	NC	4		0.1	18.34 0.5	0.5	
Fiber, total dietary				0	FLA	4					
Sugars, total		11.74		U	FLA	4		1.76	13.26	13.26	
Starch	9										
Minerals:											
Calcium, Ca	mg	28				5		4	32	32	
Iron, Fe		0.20				5		0.03	0.23	0.2	
Magnesium, Mg		4				4		1	5	5	
Phosphorus, P		22				5		3	25	25	
Potassium, K	mg	62				5		9	70	70	
Sodium, Na	mg	16				5		2	18	18	
Zinc, Zn	mg	0.11				5		0.02	0.12	0.1	
Copper, Cu	mg	0.020	)			5		0.003	0.023	0.0	
Manganese, Mn	mg										
Selenium, Se	mcg	0.8		0	FLM	4		0.1	0.9	0.9	
<u>'itamins:</u>						_					
Vitamin C, total ascorbic acid		11.7				5		1.8	13.2	13.2	
Thiamin		0.020				5		0.003	0.023	0.0	
Riboflavin		0.050				5		0.008	0.057	0.0	
Niacin		0.140	)			5		0.021	0.158	0.1	
Pantothenic acid		0.040				5		0.006	0.045	0.0	
Vitamin B-6		2	,			5 4		0.006	0.045	0.0	
Folate, total		0		0	z	7		0	2 0	0	
Folic acid	_	2		U	Z	4		0	2	2	
Folate, food		2		•	170						
Folate, DFE	IIICG_DFE			0	NC	<b>4</b> 7		0 0.00	2	2	
Vitamin B-12		0.00				-			0.00	0.0	
Vitamin A, IU		67		0	NC	4		10	75	75	
Vitamin A, RAE		5		0	NC	4		1	6	6	
Retinol		2		0	FLA	4		0	2	2	
Vitamin E (alpha-tocopherol)		0.13		0	FLA	4		0.02	0.15	0.1	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D Vitamin K (phylloquinone)		0.5		0	FLA	4		0.1	0.6	0.6	
<u> ipids:</u>											
Fatty acids, total saturated	g	0.517	7			4		0.078	0.584	0.5	
4:0		0.025				4		0.004	0.028	0.0	
6:0	-	0.017				4		0.003	0.019	0.0	
8:0		0.010	)			4		0.002	0.011	0.0	
10:0	-	0.022				4		0.003	0.025	0.0	
12:0	-	0.027				4		0.004	0.031	0.0	
13:0											
14:0	-	0.084	Į			4		0.013	0.095	0.0	
15:0											
16:0	-	0.219	•			4		0.033	0.247	0.2	
17:0	-										
18:0		0.079	)			4		0.012	0.089	0.0	
20:0											
22:0	-										
24:0	-										

	<u>Aı</u>	mount in 10	Number	Amount in edible portion of common measures of food					
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
	0.010								0.047
Fatty acids, total monounsaturated9	0.219	1			4		0.033	0.247	0.247
14:1g									
15:1	0.017				4		0.003	0.019	0.019
16:1 undifferentiated	0.017				4		0.003	0.019	0.019
18:1 undifferentiatedg	0.182				4		0.027	0.206	0.206
20:1g	0.000				4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000				4		0.000	0.000	0.000
24:1 cg	0.000				-		0.000	0.000	0.000
Fatty acids, total polyunsaturatedg	0.022				4		0.003	0.025	0.025
18:2 undifferentiatedg	0.015				4		0.002	0.017	0.017
18:3 undifferentiated	0.007				4		0.001	0.008	0.008
18:4g	0.000	1			4		0.000	0.000	0.000
20:2 n-6 c.cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000	ı			4		0.000	0.000	0.000
20:5 n-3g	0.000	ı			4		0.000	0.000	0.000
22:5 n-3g	0.000	1			4		0.000	0.000	0.000
22:6 n-3g	0.000	1			4		0.000	0.000	0.000
Fatty acids, total transg									
Cholesterolmg	0				7		0	0	0
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0				7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobrominemg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, betamcg	28		0	FLA	4		4.217	31.770	31.770
Carotene, alphamcg	1		0	FLA	4		0.167	1.255	1.255
Cryptoxanthin, betamcg	14		0	FLA	4		2.064	15.552	15.552
Lycopenemcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	19		0	FLA	4		2.894	21.805	21.805

# **Common Measures:**

Measure 1 = 15.0g: 1 tbsp Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 10	0 grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common			
				Number	•			<u>m</u>	easures of food		
				of Data	Deriv	Source	Confidence				
Nutrients and Un	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:											
Water	g	5.40		0	MA	12		0.29	1.13		
Energy	kcal	402		0	MC	9		21	84		
Energy	kj	1682				9		89	353		
Protein	g	10.50		0	MA	12		0.56	2.21		
Total lipid (fat)	g	7.05		0	MA	12		0.37	1.48		
Ash	g	2.95		0	MA	12		0.16	0.62		
Carbohydrate, by difference	g	74.15		0	MC	9		3.93	15.57		
Fiber, total dietary		7.8		0	MA	12		0.4	1.6		
Sugars, total		11.09		0	FLA	4		0.59	2.33		
Starch											
Minerals:				_							
Calcium, Ca	_	286		0	MA	12		15	60		
Iron, Fe	_	14.30		0	MA	12		0.76	3.00		
Magnesium, Mg		107		0	MA	12		6	22		
Phosphorus, P	-	429		0	MA	12		23	90		
Potassium, K	-	346		0	MA	12		18	73		
Sodium, Na	• • • • • • • • • • • • • • • • • • • •	200		0	MA	12		11	42		
Zinc, Zn		5.70		0	MA	12		0.30	1.20		
Copper, Cu		0.340		0	MA	12		0.018	0.071		
Manganese, Mn		2.800	)	0	MA	12		0.148	0.588		
Selenium, Se	rricg	20.5		0	BFZN	4		1.1	4.3		
Vitamins:											
Vitamin C, total ascorbic acid	mg	2.7		0	MA	12		0.1	0.6		
Thiamin	mg	0.750	)	0	MA	12		0.040	0.158		
Riboflavin	mg	0.860	)	0	MA	12		0.046	0.181		
Niacin	mg	9.600	)	0	MA	12		0.509	2.016		
Pantothenic acid	mg										
Vitamin B-6	mg	0.380	)	0	MA	12		0.020	0.080		
Folate, total	mcg	18		0	MA	12		1	4		
Folic acid	mcg	0		0	Z	7		0	0		
Folate, food		18		0	NR	4		1	4		
Folate, DFE	mcg_DFE	18		0	NC	4		1	4		
Vitamin B-12		0.00		0	Z	7		0.00	0.00		
Vitamin A, IU	IU	89		0	MA	12		5	19		
Vitamin A, RAE		4		0	NC	4		0	1		
Retinol	mcg	0		0	BNA	4		0	0		
Vitamin E (alpha-tocopherol)	mg	2.48		0	BNA	4		0.13	0.52		
Tocopherol, beta	mg										
Tocopherol, gamma	mg										
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	7.5		0	FLA	4		0.4	1.6		
Lipids:											
Fatty acids, total saturated	а	1.572	2	0		4		0.083	0.330		
4:0		0.000		0	FLM	4		0.000	0.000		
6:0		0.000		0	FLM	4		0.000	0.000		
8:0	-	0.000		0	FLM	4		0.000	0.000		
10:0	-	0.000		0	FLM	4		0.000	0.000		
12:0	-	0.023		0	MA	12		0.001	0.005		
13:0	-										
14:0		0.015	5	0	MA	12		0.001	0.003		
15:0											
16:0		1.335	5	0	MA	12		0.071	0.280		
17:0											
18:0		0.199	•	0	MA	12		0.011	0.042		
20:0											
22:0	-										
24:0	-										

	<u>Ar</u>	mount in 10	0 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
			•						
Fatty acids, total monounsaturated9	3.008		0	MA	12		0.159	0.632	
14:1g									
15:1	0.013		0	MA	12		0.001	0.003	
16:1 undifferentiated	0.013		U	MA	12		0.001	0.003	
18:1 undifferentiated	2.995		0	MA	12		0.159	0.629	
20:1g	0.000		0	FLM	4		0.139	0.029	
22:1 undifferentiated	0.000		0	FLM	4		0.000	0.000	
24:1 cg	0.000		Ū	2 1101	-		0.000	0.000	
Fatty acids, total polyunsaturatedg	2.290		0	MA	12		0.121	0.481	
18:2 undifferentiatedg	2.197		0	MA	12		0.116	0.461	
18:3 undifferentiated	0.093		0	MA	12		0.005	0.020	
18:4g	0.000		0	FLM	4		0.000	0.000	
20:2 n-6 c.cg									
20:3 undifferentiated									
20:4 undifferentiated	0.000		0	FLM	4		0.000	0.000	
20:5 n-3g	0.000		0	FLM	4		0.000	0.000	
22:5 n-3g	0.000		0	FLM	4		0.000	0.000	
22:6 n-3g	0.000		0	FLM	4		0.000	0.000	
Fatty acids, total trans									
Cholesterolmg	0		0	MA	12		0	0	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7		0.0	0.0	
Caffeinemg	0		0	FLA	4		0	0	
Theobrominemg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, betamcg	41		0	BNA	4		2.157	8.546	
Carotene, alphamcg	12		0	BNA	4		0.638	2.529	
Cryptoxanthin, betamcg	13		0	BNA	4		0.708	2.807	
Lycopenemcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin mcg	32		0	FLA	4		1.719	6.810	

### **Common Measures:**

Measure 1 = 5.3g: 1 tbsp

Measure 2 = 21g: 1 packet (.75 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	) grams	of edib	le portio	<u>on</u>	Amount in edible portion of common			
			ı	Number				<u>m</u>	easures of food		
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Proximates:	a	87.40		0	MA	12					
Water	-	87.40 51		0	MC	9					
Energy		213		U	МС	9					
Energy Protein		0.50		0	MA	12					
Total lipid (fat)		0.30		0	MA	12					
Ash		0.20		0	MA	12					
Carbohydrate, by difference		11.80		0	MC	9					
Fiber, total dietary		0.8		0	MA	12					
Sugars, total		9.49		0	BFSN	4					
Starch		3.43		·	DION	•					
Starcii	9										
Minerals:											
Calcium, Ca	_	6		0	MA	12					
Iron, Fe	-	0.20		0	MA	12					
Magnesium, Mg		8		0	MA	12					
Phosphorus, P	_	17		0	MA	12					
Potassium, K	-	83		0	MA	12					
Sodium, Na		5		0 0	MA	12 12					
Zinc, Zn		0.12 0.030	,	0	MA MA	12					
Copper, Cu		0.050		0	MA	12					
Selenium, Se		0.030	,	0	BFZN	4					
Scientini, Sc	9	0.4		·	21 211	•					
Vitamins:											
Vitamin C, total ascorbic acid		31.3		0	MA	12					
Thiamin		0.010		0	MA	12					
Riboflavin		0.020		0	MA	12					
Niacin		0.470		0	MA	12					
Pantothenic acid		0.170		0	BFFN	4					
Vitamin B-6		0.040	)	0	MA	12					
Folate, total		5		0	BFFN	4					
Folic acid		0		0	Z	7					
Folate, food		5 5		0	BFFN	4					
Folate, DFE		0.00		0 0	NC	<b>4</b> 7					
Vitamin B-12		138		0	Z MA	12					
Vitamin A, IU Vitamin A, RAE	mca BAE	7		0	NC	4					
Retinol		0		0	BNA	4					
Vitamin E (alpha-tocopherol)		0.83		0	BFSN	4					
Tocopherol, beta		0.03		·	21 511	•					
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		2.9		0	BFSN	4					
<u>Lipids:</u>			_	_		_					
Fatty acids, total saturated		0.016		0	BFFN	4					
4:0		0.000		0	BFFN	4					
6:0	-	0.000		0	BFFN	4					
8:0	-	0.000		0	BFFN	4 4					
10:0		0.000		0 0	BFFN BFFN	4					
12:0 13:0		0.000	,	U	DEEN	4					
14:0		0.000	1	0	BFFN	4					
15:0		0.000	•	J	DEEM	-					
16:0		0.014	ĺ	0	BFFN	4					
17:0		0.014	-	3	PERM	-					
18:0	-	0.001	l	0	BFFN	4					
20:0	-	0.001	-	Ū		-					
22:0	-										
	g										

	Amo	ount in 100 gram	s of edil	ole portic	<u>on</u>		edible portion	
		Numbe	er			<u>m</u>	easures of food	
Nutrients and Units	Mean S	of Dat td. Error Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
	0.046	•						
Fatty acids, total monounsaturatedg	0.046	0	BFFN	4				
15:1								
16:1 undifferentiated	0.001	0	BFFN	4				
17:1g	0.002	·	2221	-				
18:1 undifferentiated 9	0.053	0	BFFN	4				
20:1g	0.000	0	BFFN	4				
22:1 undifferentiatedg	0.000	0	BFFN	4				
24:1 cg								
Fatty acids, total polyunsaturated	0.078	0	BFFN	4				
18:2 undifferentiatedg	0.068	0	BFFN	4				
18:3 undifferentiatedg	0.005	0	BFFN	4				
18:4g	0.000	0	BFFN	4				
20:2 n-6 c,cg								
20:3 undifferentiated								
20:4 undifferentiatedg	0.000	0	BFFN	4				
20:5 n-3g	0.000	0	BFFN	4				
22:5 n-3g	0.000	0	BFFN	4				
22:6 n-3g	0.000	0	BFFN	4				
Fatty acids, total transg								
Cholesterolmg	0	0	MA	12				
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	0	Z	7				
Caffeine mg	0	0	BFSN	4				
Theobrominemg	0	0	BFSN	4				
Carotenoids:								
Carotene, betamcg	69	0	BNA	4				
Carotene, alphamcg	0	0	BNA	4				
Cryptoxanthin, beta mcg	28	0	BNA	4				
Lycopene mcg	0	0	BFSN	4				
Lutein + zeaxanthin mcg	103	0	BFSN	4				

## **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	grams	ot edib	le portio	<u>on</u>	Amount in edible portion of common			
			ı	Number	•			<u>m</u>	easures of food		
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure :	
Proximates: Water	g	85.60		0	MA	12					
Energy	-	57		0	MC	9					
Energy		238				9					
Protein		0.30		0	MA	12					
Total lipid (fat)	g	0.10		0	MA	12					
Ash	g	0.20		0	MA	12					
Carbohydrate, by difference	g	13.60		0	MC	9					
Fiber, total dietary	g	1.2		0	MA	12					
Sugars, total	g	8.66		0	BFSN	4					
Starch	g										
Minerals:											
Calcium, Ca	_	10		0	MA	12					
Iron, Fe	-	0.20		0	MA	12					
Magnesium, Mg		7		0	MA	12					
Phosphorus, P	_	13		0	MA	12					
Potassium, K	-	51 6		0 0	MA MA	12 12					
Sodium, NaZinc, Zn		0.09		0	MA MA	12					
Copper, Cu		0.040	1	0	MA	12					
Manganese, Mn		0.030		0	MA	12					
Selenium, Se		0.4	,	o	BFZN	4					
Vitamins:											
Vitamin C, total ascorbic acid	mg	31.3		0	MA	12					
Thiamin		0.010	)	0	MA	12					
Riboflavin		0.020	)	0	MA	12					
Niacin	mg	0.130	)	0	MA	12					
Pantothenic acid	_										
Vitamin B-6	mg	0.040	)	0	MA	12					
Folate, total		1		0		4					
Folic acid		0		0	Z	7					
Folate, food		1		0		4					
Folate, DFE		1 0.00		0	NC Z	<b>4</b> 7					
Vitamin B-12		21		0 0	NC	4					
Vitamin A, IU Vitamin A, RAE		1		0	NC NC	4					
Retinol		0		0	Z	7					
Vitamin E (alpha-tocopherol)		0.11		0	BFSN	4					
Tocopherol, beta		***=				_					
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	4.0		0	BFSN	4					
<u>Lipids:</u>											
Fatty acids, total saturated		0.010		0	BFFN	4					
4:0	-	0.000		0	BFFN	4					
6:0		0.000		0	BFFN	4					
8:0		0.000		0	BFFN	4					
10:0		0.000		0	BFFN	4					
12:0	-	0.000	,	0	BFFN	4					
13:0	-	0.000	1	0	יאינוען	4					
14:0		0.000	,	0	BFFN	4					
15:0		0.010	1	0	BFFN	4					
16:0 17:0		0.010	•	U	DEEM	-					
18:0		0.000	)	0	BFFN	4					
20:0		0.000	-	Ü	PEFM	-					
22:0	-										
24:0	-										

	<u>Ar</u>	nount in 10	00 grams	Amount in edible portion of common					
			Number				<u>m</u>	easures of food	
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.043		0	BFFN	4				
14:1	0.015		•		-				
15:1g									
16:1 undifferentiatedg	0.000		0	BFFN	4				
17:1g									
18:1 undifferentiatedg	0.041		0	BFFN	4				
20:1g	0.000		0	BFFN	4				
22:1 undifferentiatedg	0.000		0	BFFN	4				
24:1 cg									
Fatty acids, total polyunsaturatedg	0.046		0	BFFN	4				
18:2 undifferentiatedg	0.046		0	BFFN	4				
18:3 undifferentiatedg	0.000		0	BFFN	4				
18:4g	0.000		0	BFFN	4				
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	BFFN	4				
20:5 n-3g	0.000		0	BFFN	4				
22:5 n-3g	0.000		0	BFFN	4				
22:6 n-3g	0.000		0	BFFN	4				
Fatty acids, total transg									
Cholesterolmg	0		0	MA	12				
Phytosterolsmg									
Others:									
Alcohol, ethyl	0.0		0	z	7				
Caffeine mg	0		0	BFSN	4				
Theobromine mg	0		0	BFSN	4				
Carotenoids:									
Carotene, betamcg	12		0	BFSN	4				
Carotene, alphamcg	0		0	BFSN	4				
Cryptoxanthin, betamcg	2		0	BFSN	4				
Lycopene mcg	0		0	BFSN	4				
Lutein + zeaxanthin	44		0	BFSN	4				
Lucin - zeazanumiiiog	**		•	DI DIN	-				

# **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100 g	grams (	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			Nu	ımber				<u>m</u> e	easures of food	<u> </u>	
Nutrients and Un	its	Mean	of Std. Error Po			Source Code	Confidence Code	Measure 1	Measure 2	Measure	
Duovimatos											
Proximates: Water	a	84.10				5		193.43	12.11	107.65	
Energy.	-	64		0	NC	4		147	9	82	
Energy		268		0	NC	4		617	39	343	
Protein		3.40				5		7.82	0.49	4.35	
Total lipid (fat)		0.50				5		1.15	0.07	0.64	
Ash		0.51		0	FLA	4		1.17	0.07	0.65	
Carbohydrate, by difference		11.49		0	NC	4		26.43	1.65	14.71	
Fiber, total dietary		2.5				5		5.8	0.4	3.2	
Sugars, total		2.88		0	FLA	4		6.63	0.42	3.69	
Starch									V. 12		
Starch	9										
<u> Minerals:</u>											
Calcium, Ca		14				5		32	2	18	
Iron, Fe		1.50				5		3.45	0.22	1.9	
Magnesium, Mg		25				5		58	4	32	
Phosphorus, P		52				5		120	7	67	
Potassium, K		93				5		214	13	119	
Sodium, Na	-	6				5		14	1	8	
Zinc, Zn	-	0.46				5		1.06	0.07	0.5	
Copper, Cu		0.080	)			4		0.184	0.012	0.1	
Manganese, Mn											
Selenium, Se	mcg	1.2		0	FLM	4		2.8	0.2	1.5	
Vitamins:											
Vitamin C, total ascorbic acid	ma	3.0				5		6.9	0.4	3.8	
Thiamin	-	0.100	)			5		0.230	0.014	0.1	
Riboflavin		0.080				5		0.184	0.012	0.10	
Niacin		1.400				5		3.220	0.202	1.7	
Pantothenic acid	-	1.400	•					3.220	0.202		
Vitamin B-6	-	0.060	)			5		0.138	0.009	0.0	
Folate, total	-	16				4		37	2	20	
Folic acid		0		0	FLA	4		0	0	0	
Folate, food		16		ŭ		4		37	2	20	
Folate, DFE		16		0	NC	4		37	2	20	
Vitamin B-12		0.00		ŭ		7		0.00	0.00	0.00	
Vitamin A, IU		388		0	NC	4		892	56	497	
Vitamin A, RAE		19		0	NC	4		45	3	25	
Retinol		0		0	FLA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.07		0	FLA	4		0.15	0.01	0.0	
Tocopherol, beta	=	0.07		Ū	LIM	-		0.15	0.01	0.0	
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		12.6		0	FLA	4		28.9	1.8	16.1	
<u> ipids:</u>											
Fatty acids, total saturated		0.100				4		0.230	0.014	0.1	
4:0	-	0.000				4		0.000	0.000	0.0	
6:0	g	0.000				4		0.000	0.000	0.0	
8:0	-	0.000				4		0.000	0.000	0.0	
10:0	-	0.000				4		0.000	0.000	0.0	
12:0		0.001	L			4		0.002	0.000	0.0	
13:0	g										
14:0	-	0.002	2			4		0.005	0.000	0.0	
15:0	g										
16:0	g	0.085	5			4		0.196	0.012	0.1	
17:0	g										
18:0	g	0.009	9			4		0.021	0.001	0.0	
20:0	g										
22:0	g										
24:0	a										

	<u>Ar</u>	nount in 10	00 grams Number	Amount in edible portion of common measures of food					
Nutrients and Units	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.180				4		0.414	0.026	0.230
14:1g									
15:1g									
16:1 undifferentiatedg	0.002				4		0.005	0.000	0.003
17:1g									
18:1 undifferentiatedg	0.179				4		0.412	0.026	0.229
20:1g	0.000				4		0.000	0.000	0.000
22:1 undifferentiatedg	0.000				4		0.000	0.000	0.000
24:1 cg									
Fatty acids, total polyunsaturatedg	0.180				4		0.414	0.026	0.230
18:2 undifferentiatedg	0.171				4		0.393	0.025	0.219
18:3 undifferentiatedg	0.008				4		0.018	0.001	0.010
18:4g	0.000				4		0.000	0.000	0.000
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000				4		0.000	0.000	0.000
20:5 n-3g	0.000				4		0.000	0.000	0.000
22:5 n-3g	0.000				4		0.000	0.000	0.000
22:6 n-3g	0.000				4		0.000	0.000	0.000
Fatty acids, total transg									
Cholesterolmg	0				5		0	0	0
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0				7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobrominemg	0		0	FLA	4		0	0	0
<u>Carotenoids:</u>									
Carotene, betamcg	227		0	FLA	4		522.965	32.742	291.041
Carotene, alphamcg	11		0	FLA	4		24.666	1.544	13.727
Cryptoxanthin, beta mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopenemcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin mcg	1256		0	FLA	4		2887.822	180.803	1607.136

# **Common Measures:**

Measure 1 = 230g: 1 cup Measure 2 = 14.4g: 1 tbsp

Measure 3 = 128g: 1 jar Earth's Best (4.5 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			N	lumber	,			me	easures of food	_	
						Source	Confidence				
Nutrients and Un	its	Mean	Std. Error F			Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water		84.60		0	MA	12					
Energy		64		0	MC	9					
Energy		268				9					
Protein	-	3.90		0	MA	12					
Total lipid (fat)		0.80		0	MA	12					
Ash		0.35		0	MA	12					
Carbohydrate, by difference		10.30		0	MC	9					
Fiber, total dietary		3.9		0	MA	12					
Sugars, total		4.13		0	BFSN	4					
Starch	g										
Minerals:											
Calcium, Ca	mg	21		0	MA	12					
Iron, Fe		1.00		0	MA	12					
Magnesium, Mg		19		0	MA	12					
Phosphorus, P	•	67		0	MA	12					
Potassium, K		81		0	MA	12					
Sodium, Na	-	48		0	MA	12					
Zinc, Zn		0.50		0	MA	12					
Copper, Cu		0.080		0	MA MA	12 12					
Manganese, Mn		0.150	,	1	MA A	1					
Selenium, Se	niog	0.1		_	•	_					
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid	mg	6.0		0	MA	12					
Thiamin	mg	0.100	)	0	MA	12					
Riboflavin	mg	0.060		0	MA	12					
Niacin	-	0.850		0	MA	12					
Pantothenic acid		0.345		0	BFSN	4					
Vitamin B-6	-	0.060	)	0	MA	12					
Folate, total		35		0	FLM	4					
Folic acid		0		0	Z	7					
Folate, food		35		0	FLM	4					
Folate, DFE		35		0	NC -	4					
Vitamin B-12		0.00		0	Z	7					
Vitamin A, IU		304 15		0	MA	12					
Vitamin A, RAE		0		0	NC BNA	4 4					
Retinol Vitamin E (alpha-tocopherol)		0.09		0	BFSN	4					
		0.09		U	DF 3N	-					
Tocopherol, beta Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		18.0		0	BFSN	4					
	······································										
<u>Lipids:</u>				_		_					
Fatty acids, total saturated		0.140		0	FLM	4					
4:0	·····	0.000		0	FLM	4					
6:0	-	0.000		0	FLM	4					
8:0	-	0.000		0	FLM FLM	4 4					
10:0 12:0	-	0.000		0	FLM	4					
13:0	-	0.000	,	U	e Livi	4					
14:0		0.000	)	0	FLM	4					
15:0		0.000	•	J	E LIM	-					
16:0		0.128	2	0	FLM	4					
17:0		0.120	-	3	T THA	-					
18:0	-	0.014	1	0	FLM	4					
20:0	-	0.014	-	Ü	T 1111	-					
22:0	-										
24:0	-										

	<u>Ar</u>	nount in 10	00 grams Number		ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated9	0.070		0	FLM	4					
14:1g	0.070		Ū	11111	-					
15:1g										
16:1 undifferentiated	0.000		0	FLM	4					
17:1g										
18:1 undifferentiated	0.071		0	FLM	4					
20:1g	0.000		0	FLM	4					
22:1 undifferentiatedg	0.000		0	FLM	4					
24:1 cg										
Fatty acids, total polyunsaturated9	0.370		0	FLM	4					
18:2 undifferentiatedg	0.301		0	FLM	4					
18:3 undifferentiatedg	0.071		0	FLM	4					
18:4g	0.000		0	FLM	4					
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0	FLM	4					
20:5 n-3g	0.000		0	FLM	4					
22:5 n-3g	0.000		0	FLM	4					
22:6 n-3g	0.000		0	FLM	4					
Fatty acids, total transg										
Cholesterol mg	0		0	MA	12					
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	Z	7					
Caffeine mg	0		0	BFSN	4					
Theobrominemg	0		0	BFSN	4					
Carotenoids:										
Carotene, betamcg	178		0	BNA	4					
Carotene, alpha mcg	8		0	BNA	4					
Cryptoxanthin, betamcg	0		0	BNA	4					
Lycopene mcg	0		0	BFSN	4					
Lutein + zeaxanthin mcg	1805		0	BFSN	4					

## **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

						Amount in edible portion of common			
			Number				<u>m</u>	easures of food	
			of Data	Deriv	Source	Confidence			
;	Mean				Code	Code	Measure 1	Measure 2	Measure 3
g	85.60				9				
kcal	57				4				
kj	238				4				
g	1.10				9				
g	0.30				4				
g	0.43		0	FLA	4				
g	12.70				9				
g	1.3				4				
	9.30		0	FLA	4				
	1.53		0	FLA	4				
			0		4				
			•						
9			•						
<u>.</u> 9									
9									
	0.12		0	FLA	4				
g									
ma	3				۵				
-									
-									
		•							
	0.034	1			*				
	2 4		0	тт.м	4				
11109			·		-				
mg	12.3				9				
mg	0.040	)			9				
mg	0.050	)			9				
<u>mg</u>	0.800	)			9				
mg									
mg	0.130	)			9				
mcg	6		0	FLA	4				
	0		0	FLA	4				
	6		0	FLA	4				
	6		0	NC	4				
	0.00				9				
					9				
			0	NC	4				
-									
			•						
			•						
			-						
	0.00		U	FLA	*				
	5.7		0	FLA	4				
<b>.</b>									
a	0.060	1			4				
					4				
					4				
					4				
					4				
g					4				
					4				
g	0.001	L			4				
9 9 g	0.001				4				
	g	g 85.60 kcal 57 kj 238 g 1.10 g 0.30 g 0.43 g 12.70 g 1.3 g 9.30 g 1.53 g 9.30 g 1.53 g 4.67 g 2.90 g 0.00 g 0.07 g 0.12 g 0.12 g 0.12 g 0.12 g 0.12 g 0.12 g 0.13 mg 0.00 mg 11 mg 32 mg 265 mg 1 mg 0.13 mg 0.054 mg 0.054 mg 0.806 mg 0.806 mg 0.806 mg 0.806 mg 0.806 mg 0.906 mg 0.24 mg 0.00 IU 133 mcg_RAE 7 mcg 0 mcg 6 mcg 0 mcg 7 mcg 0 mcg 6 mcg 0 mcg 6 mcg 0 mcg 6 mcg 0 mcg 7 mcg 0 mcg 133 mcg_RAE 7 mcg 0 mcg 133 mcg_RAE 7 mcg 0 mcg 0 mcg 5.7	## Mean Std. Error  ## ## \$5.60  ## ## ## ## ## ## ## ## ## ## ## ## ##	Mean Std. Error Points	Mean   Std. Error   Points   Code	Mean   Std. Error   Points   Deriv   Code	Mean   Std. Error   Points   Code   Code	Mean   Std. Error   Points   Code   Code   Code   Measure 1	State

		<u>Aı</u>	mount in 10		Amount in edible portion of common measures of food					
				Number of Data		0	Confidence	1111	easures or roou	
Nutrients and Ur	nits	Mean	Std. Error			Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.046				4				
17:0	g									
18:0	g	0.004				4				
20:0	-									
22:0	-									
24:0										
Fatty acids, total monounsaturated		0.120				4				
14:1										
15:1	-	0.004				4				
16:1 undifferentiated	-	0.004				4				
17:1 18:1 undifferentiated		0.116				4				
20:1		0.000				4				
22:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000				4				
24:1 c		0.000				•				
Fatty acids, total polyunsaturated		0.070				4				
18:2 undifferentiated		0.058				4				
18:3 undifferentiated	-	0.008				4				
18:4	-	0.000				4				
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.000				4				
20:5 n-3	g	0.000				4				
22:5 n-3	g	0.000				4				
22:6 n-3		0.000				4				
Fatty acids, total trans										
Cholesterol	-	0				4				
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0				7				
Caffeine		0		0	FLA	4				
Theobromine	<u>mg</u>	0		0	FLA	4				
Carotenoids:										
Carotene, beta	mca	73		0	BNA	4				
Carotene, alpha		0		0	BNA	4				
Cryptoxanthin, beta		13		0	BNA	4				
Lycopene		0		0	FLA	4				
Lutein + zeaxanthin		65		0	FLA	4				

#### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	grams	of edib	le portio	<u>n</u>	Amount in	edible portion	of common
			N	umber				<u>me</u>	easures of food	_
Nutrients and Un	its	Mean	o Std. Error P	f Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	86.80		0	MA	12		141.48	8.68	61.63
Energy	kcal	51		0	MC	9		83	5	36
Energy		213				9		348	21	152
Protein	g	1.00		0	MA	12		1.63	0.10	0.71
Total lipid (fat)	g	0.10		0	MA	12		0.16	0.01	0.07
Ash	9	0.37		0	MA	12		0.60	0.04	0.26
Carbohydrate, by difference	g	11.80		0	MC	9		19.23	1.18	8.38
Fiber, total dietary	g	0.9		0	MA	12		1.5	0.1	0.6
Sugars, total	g	0.91		0	BFSN	4		1.49	0.09	0.65
Starch	g									
Minerals:										
Calcium, Ca	mg	4		0	MA	12		7	0	3
Iron, Fe		0.20		0	MA	12		0.33	0.02	0.14
Magnesium, Mg	_	15		0	MA	12		24	2	11
Phosphorus, P		23		0	MA	12		37	2	16
Potassium, K	mg	110		0	MA	12		179	11	78
Sodium, Na	mg	57		0	MA	12		93	6	40
Zine, Zn		0.17		0	MA	12		0.28	0.02	0.12
Copper, Cu		0.070		0	MA	12		0.114	0.007	0.05
Manganese, Mn		0.070	)	0	MA	12		0.114	0.007	0.05
Selenium, Se	mcg	0.8		0	BFZN	4		1.3	0.1	0.6
Vitamins:										
Vitamin C, total ascorbic acid	mg	10.5		0	MA	12		17.1	1.1	7.5
Thiamin	_	0.020	)	0	MA	12		0.033	0.002	0.01
Riboflavin	-	0.010	)	0	MA	12		0.016	0.001	0.00
Niacin		0.350	)	0	MA	12		0.571	0.035	0.24
Pantothenic acid	mg	0.305	5	0	FLM	4		0.497	0.031	0.21
Vitamin B-6	mg	0.070	)	0	MA	12		0.114	0.007	0.05
Folate, total	mcg	6		0	FLM	4		10	1	4
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food		6		0	FLM	4		10	1	4
Folate, DFE		6		0	NC	4		10	1	4
Vitamin B-12		0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, IU		0		0	NC	4		0	0	0
Vitamin A, RAE		0		0	NC	4		0	0	0
Retinol		0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)		0.02		0	BFSN	4		0.04	0.00	0.02
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta Vitamin D										
Vitamin K (phylloquinone)		0.2		0	BFSN	4		0.3	0.0	0.1
				-		_			0.0	· · -
<u>Lipids:</u>										
Fatty acids, total saturated		0.015		0	FLM	4		0.024	0.002	0.01
4:0		0.000		0	FLM	4		0.000	0.000	0.00
6:0	-	0.000		0	FLM	4		0.000	0.000	0.00
8:0	-	0.000		0	FLM	4		0.000	0.000	0.00
10:0	-	0.001		0	FLM	4 4		0.002 0.003	0.000 0.000	0.00
12:0 13:0	-	0.002	<u>-</u>	U	FLM	4		0.003	0.000	0.00
14:0	-	0.001	I	0	FLM	4		0.002	0.000	0.00
15:0		0.001	-	3	EIM	-		0.002	0.000	0.00
16:0		0.009	9	0	FLM	4		0.015	0.001	0.0
17:0		0.003	-	3	. 1117	-		0.013	0.001	0.00
18:0	-	0.002	2	0	FLM	4		0.003	0.000	0.0
20:0	-	0.002		-		-			0.000	5.0
22:0	-									
24:0	-									

	<u>An</u>	nount in 10	0 grams		le portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturated	0.002		0	FLM	4		0.003	0.000	0.001	
14:1g										
15:1g										
16:1 undifferentiatedg	0.001		0	FLM	4		0.002	0.000	0.001	
17:1g										
18:1 undifferentiatedg	0.001		0	FLM	4		0.002	0.000	0.001	
20:1g	0.000		0	FLM	4		0.000	0.000	0.000	
22:1 undifferentiatedg	0.000		0	FLM	4		0.000	0.000	0.000	
24:1 cg										
Fatty acids, total polyunsaturated	0.025		0	FLM	4		0.041	0.003	0.018	
18:2 undifferentiatedg	0.019		0	FLM	4		0.031	0.002	0.013	
18:3 undifferentiatedg	0.006		0	FLM	4		0.010	0.001	0.004	
18:49	0.000		0	FLM	4		0.000	0.000	0.000	
20:2 n-6 c,cg										
20:3 undifferentiatedg	0.000		0	TT 14			0.000	0.000	0.000	
20:4 undifferentiated	0.000		0	FLM FLM	4 4		0.000	0.000 0.000	0.000	
20:5 n-3g	0.000		0	FLM	4		0.000	0.000	0.000	
22:5 n-3g 22:6 n-3g	0.000		0	FLM	4		0.000	0.000	0.000	
Fatty acids, total trans	0.000		U	E LIM	4		0.000	0.000	0.000	
Cholesterolg	0		0	MA	12		0	0	0	
Phytosterols mg	v		Ū	1415	12		Ŭ	Ŭ	Ü	
Others:	0.0		•	_	_		0.0			
Alcohol, ethylg	0.0		0	Z	7		0.0	0.0	0.0	
Caffeine mg	0		0	BFSN	4		0	0 0	0	
Theobromine mg	0		0	BFSN	4		0	U	0	
Carotenoids:										
Carotene, beta mcg	0		0	BFSN	4		0.000	0.000	0.000	
Carotene, alphamcg	0		0	BFSN	4		0.000	0.000	0.000	
Cryptoxanthin, betamcg	0		0	BFSN	4		0.000	0.000	0.000	
Lycopenemcg	0		0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin mcg	0		0	BFSN	4		0.000	0.000	0.000	

# **Common Measures:**

Measure 1 = 163g: 1 cup Measure 2 = 10.0g: 1 tbsp

Measure 3 = 71g: 1 jar Gerber Graduate (4.5 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100	grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
			N	umber	•			<u>m</u>	easures of food	<u> </u>	
			O <sup>1</sup>	f Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error P	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	4.00		2		1		1.13	0.24		
Energy	kcal	397		0	NC	4		113	24		
Energy	kj	1661				4		471	100		
Protein (N x 5.7)	g	10.80		2		1		3.06	0.65		
Total lipid (fat)	g	2.00		2		1		0.57	0.12		
Ash	g	1.00		2		1		0.28	0.06		
Carbohydrate, by difference	g	82.20		0	NC	4		23.30	4.93		
Fiber, total dietary	g	2.3		0		4		0.7	0.1		
Sugars, total	g	3.08		0	FLA	4		0.87	0.18		
Starch											
Minerals:				_		_		_	•		
Calcium, Ca	_	25		2		1		7	2		
Iron, Fe	_	3.77		2		1		1.07	0.23		
Magnesium, Mg		28		2		1		8	2		
Phosphorus, P	•	110		2		1		31	7		
Potassium, K	_	137		2		1		39	8		
Sodium, Na	• • • • • • • • • • • • • • • • • • • •	269		3		1		76	16		
Zinc, Zn		0.78	0.050			1		0.22	0.05		
Copper, Cu		0.145		2		1		0.041	0.009		
Manganese, Mn				_							
Selenium, Se	mcg	7.6		0	FLM	4		2.2	0.5		
itamins:											
Vitamin C, total ascorbic acid	mg	3.8		1		1		1.1	0.2		
Thiamin	_	0.463		2		1		0.131	0.028		
Riboflavin		0.357		2		1		0.101	0.021		
Niacin		3.560		2		1		1.009	0.214		
Pantothenic acid		0.540		0		4		0.153	0.032		
Vitamin B-6		0.083		2		1		0.024	0.005		
Folate, total		85		0	FLM	4		24	5		
Folic acid		65		0	NC	4		18	4		
Folate, food		20		0	2.0	4		6	1		
Folate, DFE		131		0	NC	4		37	8		
Vitamin B-12		0.00		0	2.0	4		0.00	0.00		
Vitamin A, IU		8		2		1		2	0		
Vitamin A, RAE		0		0	NC	4		0	Ö		
Retinol		0		0	Z	7		0	0		
Vitamin E (alpha-tocopherol)		0.28		0	FLA	4		0.08	0.02		
		0.26		U	FLIA	-		0.08	0.02		
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta  Vitamin D											
Vitamin K (phylloquinone)		0.5		0	FLA	4		0.1	0.0		
vitanini K (phynoquinone)	9	0.5		·		-		0.1	0.0		
<u>ipids:</u>											
Fatty acids, total saturated	g	0.316		0		4		0.090	0.019		
4:0	g	0.000		0		4		0.000	0.000		
6:0	g	0.000		0		4		0.000	0.000		
8:0	g	0.000		0		4		0.000	0.000		
10:0	g	0.000		0		4		0.000	0.000		
12:0	-	0.000		0		4		0.000	0.000		
13:0											
14:0		0.000		0		4		0.000	0.000		
15:0											
16:0		0.300		0		4		0.085	0.018		
17:0				-					- · · · · ·		
18:0		0.023		0		4		0.007	0.001		
20:0				-		-		2.00.	0.001		
22:0	-										
24:0	-										

	<u>Am</u>	ount in 100 grams	of edib	Amount in edible portion of common				
		Number	•			<u>m</u> .	easures of food	
Nutrients and Units	Mean	of Data Std. Error Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.188	0		4		0.053	0.011	
14:1g								
15:1g								
16:1 undifferentiatedg	0.003	0		4		0.001	0.000	
17:1g								
18:1 undifferentiated	0.185	0		4		0.052	0.011	
20:1g	0.000	0		4		0.000	0.000	
22:1 undifferentiatedg	0.000	0		4		0.000	0.000	
24:1 cg								
Fatty acids, total polyunsaturated	0.833	0		4		0.236	0.050	
18:2 undifferentiated	0.789	0		4		0.224	0.047	
18:3 undifferentiatedg	0.044	0		4		0.012	0.003	
18:4g	0.000	0		4		0.000	0.000	
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	0		4		0.000	0.000	
20:5 n-3g	0.000	0		4		0.000	0.000	
22:5 n-3g	0.000	0		4		0.000	0.000	
22:6 n-3g	0.000	0		4		0.000	0.000	
Fatty acids, total trans								
Cholesterol mg	0	0		7		0	0	
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0	0		7		0.0	0.0	
Caffeinemg	0	0	FLA	4		0	0	
Theobrominemg	0	0	FLA	4		0	0	
Carotenoids:								
Carotene, betamcg	4	0	BNA	4		1.076	0.228	
Carotene, alpha mcg	1	0	BNA	4		0.272	0.058	
Cryptoxanthin, betamcg	1	0	BNA	4		0.297	0.063	
Lycopene mcg	0	0	FLA	4		0.000	0.000	
Lutein + zeaxanthin mcg	72	0	FLA	4		20.362	4.309	

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 6.0g: 1 pretzel

Calories Factors: Protein 4 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 10	0 grams	of edib	le portio	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	
				of Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	74.30				12		11.15	52.75	
Energy	kcal	101				4		15	72	
Energy	kj	423				4		63	300	
Protein	-	1.00				12		0.15	0.71	
Total lipid (fat)	g	0.20				12		0.03	0.14	
Ash	g	0.98		0	BFSN	4		0.15	0.70	
Carbohydrate, by difference	g	23.80				4		3.57	16.90	
Fiber, total dietary		2.7				4		0.4	1.9	
Sugars, total		13.00		0	BFSN	4		1.95	9.23	
Starch	g									
Minerals:										
Calcium, Ca	ma	21				12		3	15	
Iron, Fe	-	0.40				12		0.06	0.28	
Magnesium, Mg	-	17				4		3	12	
Phosphorus, P		30				12		5	21	
Potassium, K	-	306				12		46	217	
Sodium, Na		6				12		1	4	
Zinc, Zn	-	0.20				4		0.03	0.14	
Copper, Cu	mg	0.164	l			4		0.025	0.116	
Manganese, Mn	mg									
Selenium, Se	mcg	0.8		0	BFZN	4		0.1	0.6	
Vitamins:										
Vitamin C, total ascorbic acid	ma	1.3				4		0.2	0.9	
Thiamin	-	0.020	1			12		0.003	0.014	
Riboflavin	-	0.020				12		0.032	0.149	
Niacin	=	0.720				12		0.108	0.511	
Pantothenic acid	-	00						0.200	0.011	
Vitamin B-6	-	0.110	)			12		0.017	0.078	
Folate, total	-	1				4		0	1	
Folic acid		0		0	Z	7		0	0	
Folate, food	mcg	1				4		0	1	
Folate, DFE	mcg_DFE	1		0	NC	4		0	1	
Vitamin B-12		0.00				4		0.00	0.00	
Vitamin A, IU	IU	60		0	NC	4		9	43	
Vitamin A, RAE		3		0	NC	4		0	2	
Retinol	mcg	0		0	BNA	4		0	0	
Vitamin E (alpha-tocopherol)	mg	0.16		0	BFSN	4		0.02	0.11	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		00.1		•				2.2	15.7	
Vitamin K (phylloquinone)	riicg	22.1		0	BFSN	4		3.3	15.7	
Lipids:										
Fatty acids, total saturated	g	0.020	)			4		0.003	0.014	
4:0	g	0.000	)			4		0.000	0.000	
6:0	g	0.000	)			4		0.000	0.000	
8:0	g	0.000	)			4		0.000	0.000	
10:0	g	0.000				4		0.000	0.000	
12:0	-	0.000	)			4		0.000	0.000	
13:0										
14:0	g	0.000	)			4		0.000	0.000	
15:0										
16:0		0.013	3			4		0.002	0.009	
17:0										
18:0		0.003	3			4		0.000	0.002	
20:0	-									
22:0	-									
24:0	g									

	<u>Aı</u>	mount in 10	Number			_	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.130				4		0.020	0.092		
14:1g										
15:1g	0.002				4		0.000	0.001		
16:1 undifferentiated	0.002				4		0.000	0.001		
17:1	0.130	ı			4		0.020	0.092		
20:1g	0.000				4		0.020	0.092		
22:1 undifferentiated	0.000				4		0.000	0.000		
24:1 cg	0.000				-		0.000	0.000		
Fatty acids, total polyunsaturatedg	0.040				4		0.006	0.028		
18:2 undifferentiatedg	0.044				4		0.007	0.031		
18:3 undifferentiated	0.000				4		0.000	0.000		
18:4g	0.000				4		0.000	0.000		
20:2 n-6 c.cg					_					
20:3 undifferentiated										
20:4 undifferentiated	0.000				4		0.000	0.000		
20:5 n-3g	0.000				4		0.000	0.000		
22:5 n-3g	0.000				4		0.000	0.000		
22:6 n-3g	0.000	ı			4		0.000	0.000		
Fatty acids, total trans										
Cholesterol mg	0				4		0	0		
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0				7		0.0	0.0		
Caffeinemg	0		0	BFSN	4		0	0		
Theobrominemg	0		0	BFSN	4		0	0		
Carotenoids:										
Carotene, betamcg	30		0	BNA	4		4.538	21.481		
Carotene, alphamcg	4		0	BNA	4		0.651	3.082		
Cryptoxanthin, betamcg	7		0	BNA	4		1.072	5.075		
Lycopenemcg	0		0	BFSN	4		0.000	0.000		
Lutein + zeaxanthin mcg	55		0	BFSN	4		8.264	39.116		

### **Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 71g: 1 jar Gerber First Foods (2.5 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

							Amount in edible portion of common			
				Number	•			<u>m</u> e	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Unit	s	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	76.50				12		12.24	6.12	
Energy	kcal	99				4		16	8	
Energy	kj	414				4		66	33	
Protein	g	3.60				12		0.58	0.29	
Total lipid (fat)	g	2.20				12		0.35	0.18	
Ash	g	1.40		0	NR	4		0.22	0.11	
Carbohydrate, by difference	g	16.30				4		2.61	1.30	
Fiber, total dietary	g	0.1				4		0.0	0.0	
Sugars, total.	g	0.59		0	0	4		0.09	0.05	
Starch										
	_									
Minerals:						_		_	_	
Calcium, Ca	-	54				12		9	4	
Iron, Fe	-	0.80				12		0.13	0.06	
Magnesium, Mg		7				4		1	1	
Phosphorus, P.	-	56				4		9	4	
Potassium, K		32				4		5	3	
Sodium, Na	• • • • • • • • • • • • • • • • • • • •	297				4		48	24	
Zinc, Zn		0.35				4		0.06	0.03	
Copper, Cu		0.040	)			4		0.006	0.003	
Manganese, Mn										
Selenium, Se	mcg	13.4		0	FLM	4		2.1	1.1	
itamins:										
Vitamin C, total ascorbic acid	mg	0.1				12		0.0	0.0	
Thiamin	-	0.120	)			12		0.019	0.010	
Riboflavin		0.140				12		0.022	0.011	
Niacin		1.650				12		0.264	0.132	
Pantothenic acid										
Vitamin B-6	-	0.090	)			12		0.014	0.007	
Folate, total		36		0	FLM	4		6	3	
Folic acid		0		0	z	7		0	0	
Folate, food		36		0	FLM	4		6	3	
Folate, DFE		36		0	NC	4		6	3	
Vitamin B-12		0.05				4		0.01	0.00	
Vitamin A, IU		494				4		79	40	
Vitamin A, RAE		51		0	NC	4		8	4	
Retinol		32		0	BNA	4		5	3	
Vitamin E (alpha-tocopherol)		0.42		0	FLA	4		0.07	0.03	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		9.4		0	FLA	4		1.5	0.8	
<u>aipids:</u>	_					_				
Fatty acids, total saturated		0.960				4		0.154	0.077	
4:0		0.051				12		0.008	0.004	
6:0	-	0.019				4		0.003	0.002	
8:0	-	0.012				4		0.002	0.001	
10:0		0.026				4		0.004	0.002	
12:0	-	0.028				4		0.004	0.002	
13:0								0 001		
14:0		0.134				4		0.021	0.011	
15:0										
16:0		0.494				4		0.079	0.040	
17:0										
18:0	-	0.158				4		0.025	0.013	
20:0	-									
22:0										

	<u>A</u> 1	mount in 10	0 grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common		
			Number				<u>m</u>	easures of food	
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated	q 0.570				4		0.091	0.046	
14:1									
15:1	-								
16:1 undifferentiated	g 0.039				4		0.006	0.003	
17:1	.g								
18:1 undifferentiated	g 0.509				4		0.081	0.041	
20:1	.g 0.000				4		0.000	0.000	
22:1 undifferentiated	g 0.000				4		0.000	0.000	
24:1 c	.g								
Fatty acids, total polyunsaturated	.g 0.480				4		0.077	0.038	
18:2 undifferentiated	g 0.424				4		0.068	0.034	
18:3 undifferentiated	g 0.035				4		0.006	0.003	
18:4	.g 0.000				4		0.000	0.000	
20:2 n-6 c,c	.g								
20:3 undifferentiated	.g								
20:4 undifferentiated	.g 0.002				4		0.000	0.000	
20:5 n-3	.g 0.000				4		0.000	0.000	
22:5 n-3	.g 0.000				4		0.000	0.000	
22:6 n-3	.g 0.001				4		0.000	0.000	
Fatty acids, total trans	.g								
Cholesterol	.mg 7				4		1	1	
Phytosterols	mg								
Others:									
Alcohol, ethylQ	0.0				7		0.0	0.0	
Caffeiner	ng 0		0	FLA	4		0	0	
Theobrominer	ņg 0		0	FLA	4		0	0	
Carotenoids:									
Carotene, betar			0	BNA	4		36.876	18.438	
Carotene, alphar			0	BNA	4		0.266	0.133	
Cryptoxanthin, betar			0	BNA	4		0.492	0.246	
Lycopener	ncg 1632		0	0	4		261.120	130.560	
Lutein + zeaxanthinr	ncg 69		0	0	4		11.040	5.520	

### **Common Measures:**

Measure 1 = 16g: 1 tbsp Measure 2 = 8.0g: 1 piece

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 10	0 grams	of edib	le portio	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	_
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Duoximatos										
Proximates: Water	q	3.20				5		0.08		
Energy	-	396		0	NC	4		10		
Energy		1657		0	NC	4		41		
Protein		6.70				5		0.17		
Total lipid (fat)	g	2.40				5		0.06		
Ash	g	0.81		0	FLA	4		0.02		
Carbohydrate, by difference	g	86.89		0	NC	4		2.17		
Fiber, total dietary	g	3.0		0	FLA	4		0.1		
Sugars, total	g	3.22		0	FLA	4		0.08		
Starch	g									
Minerals:										
Calcium, Ca	_	850				5		21		
Iron, Fe	_	37.00				5		0.93		
Magnesium, Mg		15				4		0		
Phosphorus, P		423				5		11		
Potassium, K	-	410				4		10 0		
Sodium, Na	-	16 1.40				5 4		0.04		
Zinc, Zn Copper, Cu		0.373				4		0.04		
Manganese, Mn	_	0.373				7		0.009		
Selenium, Se		11.6		0	BFZN	4		0.3		
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.0				7		0.0		
Thiamin		1.300	)			5		0.033		
Riboflavin	mg	1.500	)			5		0.038		
Niacin	mg	20.000	)			5		0.500		
Pantothenic acid	mg									
Vitamin B-6	_	0.090	)			4		0.002		
Folate, total	-	19				4		0		
Folic acid		0		0	Z	7		0		
Folate, food		19		•		4		0		
Folate, DFE		19 0.00		0	NC	4 7		0 0.00		
Vitamin B-12 Vitamin A, IU		8		0	NC	4		0.00		
Vitamin A, IU Vitamin A, RAE	mca RAF	0		0	NC NC	4		0		
Retinol		0		0	FLA	4		0		
Vitamin E (alpha-tocopherol)		0.22		0	FLA	4		0.01		
Tocopherol, beta				_		=		****		
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg	1.5		0	FLA	4		0.0		
Lipids:										
Fatty acids, total saturated		0.503				4		0.013		
4:0		0.000				4		0.000		
6:0	-	0.000				4		0.000		
8:0	-	0.000				4		0.000		
10:0	-	0.000				4		0.000		
12:0		0.000	•			4		0.000		
13:0		0.009	1			4		0.000		
14:0 15:0		0.009	•			4		0.000		
16:0		0.425	;			4		0.011		
17:0		0.425				•		3.011		
18:0		0.060	)			4		0.002		
20:0						-		3.00=		
22:0	-									
24:0	-									

	<u>Aı</u>	mount in 10	00 grams Number		ole portio	<u>on</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.615				4		0.015		
14:1g	0.013				-		0.013		
15:1g									
16:1 undifferentiated	0.008				4		0.000		
17:1g					=				
18:1 undifferentiatedg	0.605				4		0.015		
20:1g	0.001				4		0.000		
22:1 undifferentiatedg	0.000				4		0.000		
24:1 cg									
Fatty acids, total polyunsaturated9	0.920				4		0.023		
18:2 undifferentiatedg	0.804				4		0.020		
18:3 undifferentiatedg	0.116				4		0.003		
18:4g	0.000				4		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000				4		0.000		
20:5 n-3g	0.000				4		0.000		
22:5 n-3g	0.000				4		0.000		
22:6 n-3g	0.000				4		0.000		
Fatty acids, total transg									
Cholesterolmg	0				7		0		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0				7		0.0		
Caffeine mg	0		0	FLA	4		0		
Theobromine mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, betamcg	4		0	FLA	4		0.092		
Carotene, alphamcg	0		0	FLA	4		0.000		
Cryptoxanthin, betamcg	3		0	FLA	4		0.069		
Lycopenemcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin mcg	8		0	FLA	4		0.195		

## **Common Measures:**

Measure 1 = 2.5g: 1 tbsp

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	rams	of edit	ole portio	<u>n</u>	Amount in edible portion of common			
			Nu	mber				<u>m</u>	easures of food	<u> </u>	
			of	Data	Deriv	Source	Confidence				
Nutrients and Unit	s	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	6.40		2		1		1.81	0.70		
Energy	kcal	392		0	NC	4		111	43		
Energy	kj	1640				4		465	180		
Protein (N x 5.85)	g	10.70	0.100	6		1		3.03	1.18		
Total lipid (fat)	g	4.20	0.200	3		1		1.19	0.46		
Ash	g	2.30	0.100	5		1		0.65	0.25		
Carbohydrate, by difference	g	76.40		0	NC	4		21.66	8.40		
Fiber, total dietary	g	1.4		0		4		0.4	0.2		
Sugars, total	g	22.99		0	MA	12		6.52	2.53		
Starch	g										
Ain analas											
Minerals:	ma	263	11.000	6		1		75	29		
Calcium, Ca	-	3.55	11.000	2		1		1.01	0.39		
Magnesium, Mg	-	3.55		2		1		1.01	4		
Phosphorus, P		164		2		1		46	18		
Potassium, K	•	323		2		1		92	36		
Sodium, Na		362	19.000	4		1		103	40		
Zinc, Zn	-	0.93	13.000	2		1		0.26	0.10		
Copper, Cu		0.142		0		4		0.040	0.016		
Manganese, Mn		0.142		•		-		0.010	0.010		
Selenium, Se		23.5		0	FLM	4		6.7	2.6		
<u>'itamins:</u>											
Vitamin C, total ascorbic acid	-	9.1		1		1		2.6	1.0		
Thiamin		0.233		3		1		0.066	0.026		
Riboflavin		0.537		2		1		0.152	0.059		
Niacin		4.330		2		1		1.228	0.476		
Pantothenic acid		0.526		0		4		0.149	0.058		
Vitamin B-6		0.111	0.013	6		1		0.031	0.012		
Folate, total		49		0	FLM	4		14	5		
Folic acid		29		0	NC	4		8	3		
Folate, food		20		0		4		6	2		
Folate, DFE		69		0	NC	4		20	8		
Vitamin B-12		0.07		1		1		0.02	0.01		
Vitamin A, IU		116		2		1		33	13		
Vitamin A, RAE		28		0	NC	4		8	3		
Retinol		27		0	BNA	4		8	3		
Vitamin E (alpha-tocopherol)		0.23		0	FLA	4		0.07	0.03		
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta Vitamin D											
Vitamin K (phylloquinone)		0.6		0	FLA	4		0.2	0.1		
	9	0.0		·		-		V	0.1		
ipids:											
Fatty acids, total saturated	g	1.534		0		4		0.435	0.169		
4:0		0.049		0		4		0.014	0.005		
6:0	g	0.013		0		4		0.004	0.001		
8:0	g	0.015		0		4		0.004	0.002		
10:0	_	0.032		0		4		0.009	0.004		
12:0		0.033		0		4		0.009	0.004		
13:0											
14:0		0.161		0		4		0.046	0.018		
15:0											
16:0	_	0.801		0		4		0.227	0.088		
17:0											
18:0		0.379		0		4		0.107	0.042		
	~										
20:0 22:0	_										

	<u>Aı</u>	mount in 100 gra		ble portic	<u>on</u>		edible portion of easures of food	
Nutrients and Units	Mean	Numb of Da Std. Error Point	ta Deriv		Confidence Code	Measure 1	Measure 2	Measure 3
Nutrients and Office	Weali	Std. Error				Wedsure 1	Measure 2	Weasure 5
Fatty acids, total monounsaturatedg	1.425	C		4		0.404	0.157	
14:1g								
15:1g		_						
16:1 undifferentiated		C		4		0.018	0.007	
17:1g 18:1 undifferentiated		C		4		0 277	0 146	
20:1				4		0.377 0.000	0.146 0.000	
20:1				4		0.000	0.000	
24:1 c		,		-		0.000	0.000	
Fatty acids, total polyunsaturated		C		4		0.245	0.095	
18:2 undifferentiated				4		0.228	0.089	
18:3 undifferentiated				4		0.016	0.006	
18:4g		C		4		0.000	0.000	
20:2 n-6 c,cg								
20:3 undifferentiated								
20:4 undifferentiatedg	0.000	C		4		0.000	0.000	
20:5 n-3g	0.000	C		4		0.000	0.000	
22:5 n-3g	0.000	C		4		0.000	0.000	
22:6 n-3g	0.000	C		4		0.000	0.000	
Fatty acids, total trans								
Cholesterolm	ng 0	C		7		0	0	
Phytosterols m	ng							
Amino Acids:								
Tryptophan	0.189	C		1		0.054	0.021	
Threonine				1		0.161	0.062	
Isoleucine 9				1		0.240	0.093	
Leucine				1		0.414	0.161	
Lysine				1		0.100	0.039	
Methionine				1		0.078	0.030	
Cystineg				1		0.043	0.017	
Phenylalanine		C		1		0.149	0.058	
Tyrosine		C		1		0.189	0.073	
Valineg	0.881	C		1		0.250	0.097	
Arginine9	0.597	C		1		0.169	0.066	
Histidine	0.399	C		1		0.113	0.044	
Alanine	0.665	C		1		0.189	0.073	
Aspartic acidg	1.005	C		1		0.285	0.111	
Glutamic acid9	4.618	C		1		1.309	0.508	
Glycine9	0.493	C		1		0.140	0.054	
Proline	1.147	C		1		0.325	0.126	
Serineg	0.701	C		1		0.199	0.077	
Hydroxyprolineg								
Others:								
Alcohol, ethylg	0.0	C		7		0.0	0.0	
Caffeine mg		C				0	0.0	
Theobromine mg		C		4		0	0	
Carotenoids:	•	_		_		·	·	
<u></u>						_		
Carotene, betamc		C		4		3.810	1.478	
Carotene, alphamc		C		4		1.651	0.641	
Cryptoxanthin, betamc		C		. 4		0.005	0.002	
Lycopene mc		C				0.000	0.000	
Lutein + zeaxanthinmc	g 169	С	BFSN	1 4		47.959	18.608	

### **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 11.0g: 1 biscuit NDB No. 03216

Babyfood, teething biscuits

Calories Factors: Protein 4 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100	grams	of edib	<u>n</u>	Amount in edible portion of common			
			N	lumber				<u>m</u> e	easures of food	•
			_			Source	Confidence			
Nutrients and Un	its	Mean	Std. Error F	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	84.10				5		193.43	12.11	107.65
Energy	kcal	69				9		159	10	88
Energy	kj	289				9		664	42	370
Protein		1.90				5		4.37	0.27	2.43
Total lipid (fat)	g	1.50				5		3.45	0.22	1.92
Ash		0.43		0	T	4		0.99	0.06	0.55
Carbohydrate, by difference		12.10				9		27.83	1.74	15.49
Fiber, total dietary		1.1				5		2.5	0.2	1.4
Sugars, total		2.39		0	FLA	4		5.49	0.34	3.06
Starch	g									
Minerals:										
Calcium, Ca	mq	14				5		32	2	18
Iron, Fe		0.40				5		0.92	0.06	0.5
Magnesium, Mg		15				5		35	2	19
Phosphorus, P		33				5		76	5	42
Potassium, K		135				5		311	19	173
Sodium, Na		14				5		32	2	18
Zinc, Zn	_	0.22				5		0.51	0.03	0.2
Copper, Cu	mg	0.080	)			4		0.184	0.012	0.1
Manganese, Mn	mg									
Selenium, Se	mcg	1.2		0	BFZN	4		2.8	0.2	1.5
Vitamins:										
Vitamin C, total ascorbic acid	ma	0.3				4		0.7	0.0	0.4
Thiamin	_	0.050	1			5		0.115	0.007	0.0
Riboflavin		0.050				5		0.115	0.007	0.0
Niacin		1.100				5		2.530	0.158	1.40
Pantothenic acid	-									
Vitamin B-6	-	0.050	)			5		0.115	0.007	0.0
Folate, total	_	16				4		37	2	20
Folic acid		0		0	Z	7		0	0	0
Folate, food		16				4		37	2	20
Folate, DFE		16		0	NC	4		37	2	20
Vitamin B-12		0.00				7		0.00	0.00	0.00
Vitamin A, IU	IU	150				5		345	22	192
Vitamin A, RAE		8		0	NC	4		17	1	10
Retinol		0		0	z	7		0	0	0
Vitamin E (alpha-tocopherol)		0.15		0	BNA	4		0.36	0.02	0.20
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta										
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg	13.4		0	FLA	4		30.9	1.9	17.2
ipids:										
Fatty acids, total saturated	а	0.140	)			4		0.322	0.020	0.1
4:0		0.000				4		0.000	0.000	0.0
6:0	-	0.000				4		0.000	0.000	0.0
8:0		0.000				4		0.000	0.000	0.0
10:0	-	0.000				4		0.000	0.000	0.0
12:0	-	0.000				4		0.000	0.000	0.0
13:0									. ,	
14:0	-	0.009	•			4		0.021	0.001	0.0
15:0	-								<del>-</del>	
16:0	-	0.099	9			4		0.228	0.014	0.1
17:0	-									
18:0	-	0.029	•			4		0.067	0.004	0.0
20:0									<del>-</del>	
22:0	-									
24:0	-									

	<u>Am</u>	ount in 100 grams		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean S	Numbe of Data std. Error Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Father side and management of	0.970			4		2.231	0.140	1.242	
Fatty acids, total monounsaturatedg	0.970			4		2.231	0.140	1.242	
15:1g									
16:1 undifferentiated	0.009			4		0.021	0.001	0.012	
17:1g	0.005			-		0.022	0.002	0.022	
18:1 undifferentiated	0.957			4		2.201	0.138	1.225	
20:1g	0.001			4		0.002	0.000	0.001	
22:1 undifferentiatedg	0.000			4		0.000	0.000	0.000	
24:1 cg									
Fatty acids, total polyunsaturated	0.320			4		0.736	0.046	0.410	
18:2 undifferentiatedg	0.302			4		0.695	0.043	0.387	
18:3 undifferentiatedg	0.011			4		0.025	0.002	0.014	
18:4g	0.000			4		0.000	0.000	0.000	
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000			4		0.000	0.000	0.000	
20:5 n-3g	0.000			4		0.000	0.000	0.000	
22:5 n-3g	0.000			4		0.000	0.000	0.000	
22:6 n-3g	0.000			4		0.000	0.000	0.000	
Fatty acids, total transg									
Cholesterolmg	0			5		0	0	0	
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0			7		0.0	0.0	0.0	
Caffeine mg	0	0	FLA	4		0	0	0	
Theobrominemg	0	0	FLA	4		0	0	0	
Carotenoids:									
Carotene, betamcg	73	0	BNA	4		168.646	10.559	93.855	
Carotene, alphamcg	33	0	BNA	4		76.708	4.803	42.690	
Cryptoxanthin, beta mcg	0	0	BNA	4		0.000	0.000	0.000	
Lycopenemcg	1	0	FLA	4		1.639	0.103	0.912	
Lutein + zeaxanthin mcg	550	0	FLA	4		1264.368	79.160	703.648	

# **Common Measures:**

Measure 1 = 230g: 1 cup Measure 2 = 14.4g: 1 tbsp

Measure 3 = 128g: 1 jar Earth's Best (4.5 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100	) grams	of edil	ole portio	<u>on</u>		edible portion	_
			ı	Number	•			<u>m</u>	easures of food	
				of Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure :
Proximates:										
Water	g	87.30		1	MA	12		98.65		
Energy	kcal	50		1	MC	9		57		
Energy	kj	209				9		236		
Protein	-	2.00		1	MA	12		2.26		
Total lipid (fat)	g	0.60		1	MA	12		0.68		
Ash	g	0.84		1	MA	12		0.95		
Carbohydrate, by difference	g	9.30		1	MC	9		10.51		
Fiber, total dietary	g	2.0		1	MA	12		2.3		
Sugars, total	g	2.93		1	MA	12		3.31		
Sucrose	g	2.25		1	MA	12		2.54		
Glucose (dextrose)		0.23		1	MA	12		0.26		
Fructose	g	0.30		1	MA	12		0.34		
Lactose	g									
Maltose	g	0.14		1	MA	12		0.16		
Galactose										
Starch										
Minerals:										
Calcium, Ca	• • • • • • • • • • • • • • • • • • • •	32		1	MA	12		36		
Iron, Fe		0.40		1	MA	12		0.45		
Magnesium, Mg		26		1	MA	12		29		
Phosphorus, P		35		1	MA	12		40		
Potassium, K		352 5		1 0	MA	12		398		
Sodium, Na					FLM	4		6		
Zinc, Zn		0.30		1 1	MA	12 12		0.34		
Copper, Cu		0.100		1	MA MA	12		0.113 0.136		
Manganese, Mn Selenium, Se		0.120	,	0	FLM	4		0.136		
√itamins:  Vitamin C, total ascorbic acid	ma	4.9		0	FLM	4		5.5		
Thiamin		0.060	)	1	MA	12		0.068		
Riboflavin		0.060		1	MA	12		0.068		
Niacin		0.560		1	MA	12		0.633		
Pantothenic acid		0.314		0	FLM	4		0.355		
Vitamin B-6		0.110	)	1	MA	12		0.124		
Folate, total.		23		0	FLM	4		26		
Folic acid		0		0	Z	7		0		
Folate, food		23		0	FLM	4		26		
Folate, DFE		23		0	NC	4		26		
Vitamin B-12		0.00		0	FLM	4		0.00		
Vitamin A, IU	IU	2793		1	MA	12		3156		
Vitamin A, RAE	mcg_RAE	140		0	NC	4		158		
Retinol		0		0	FLA	4		0		
Vitamin E (alpha-tocopherol)	mg	0.08		0	FLA	4		0.10		
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		2.4		0	FLA	4		2.7		
Vitamin K (phylloquinone)	nicg	2.4		U	тL	4		۷.1		
<u>.ipids:</u> Fatty acids, total saturated	a	0.095	<b>,</b>	0	FLM	4		0.107		
4:0		0.000		0	FLM	4		0.107		
6:0		0.000		0	FLM	4		0.000		
8:0	_	0.000		0	FLM	4		0.000		
10:0	-	0.000		0	FLM	4		0.000		
		0.000		0	FLM	4		0.000		
12:0 13:0		0.000	,	U	E TIM	4		0.000		
14:0		0.000	1	0	FLM	4		0.000		
14.V	9	0.000	,	J	E LIM			0.000		

		<u>Aı</u>	nount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food		
Nutrients and Uni	its	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.088		0	FLM	4		0.099		
17:0	g									
18:0	-	0.006		0	FLM	4		0.007		
20:0	-									
22:0	-									
24:0		0.166		0	FLM	4		0.188		
Fatty acids, total monounsaturated		0.100		U	E TIM	4		0.188		
15:1										
16:1 undifferentiated		0.000		0	FLM	4		0.000		
17:1	-									
18:1 undifferentiated	g	0.166		0	FLM	4		0.188		
20:1	g	0.000		0	FLM	4		0.000		
22:1 undifferentiated	g	0.000		0	FLM	4		0.000		
24:1 c										
Fatty acids, total polyunsaturated	g	0.280		0	FLM	4		0.316		
18:2 undifferentiated	-	0.262		0	FLM	4		0.296		
18:3 undifferentiated	-	0.019		0	FLM	4		0.021		
18:4	-	0.000		0	FLM	4		0.000		
20:2 n-6 c,c										
20:3 undifferentiated	-					_				
20:4 undifferentiated		0.000		0	FLM FLM	4 4		0.000		
20:5 n-3	-	0.000		0	FLM	4		0.000 0.000		
22:6 n-3		0.000		0	FLM	4		0.000		
Fatty acids, total trans	-	0.000		U	FIM	•		0.000		
Cholesterol		0		0	FLM	4		0		
Phytosterols	_	·		·		-		·		
Others:										
Alcohol, ethyl	а	0.0		0	FLM	4		0.0		
Caffeine		0		0	FLA	4		0		
Theobromine		0		0	FLA	4		0		
Carotenoids:	<b>.</b>									
Carotene, beta	mcg	1476		0	FLA	4		1667.323		
Carotene, alpha		362		0	FLA	4		409.226		
Cryptoxanthin, beta		38		0	FLA	4		43.446		
Lycopene	mcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin	mcg	970		0	FLA	4		1096.631		

#### **Common Measures:**

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100	grams	of edib	le portio	<u>n</u>		edible portion	
				Number of Data	Deriv	Source	Confidence	<u>m</u> .	easures of food	<u>.</u>
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water		86.20		1	MA	12		97.41		
Energy	kcal	63		1	MC	9		71		
Energy		264				9		298		
Protein	_	2.20		1	MA	12		2.49		
Total lipid (fat)		1.90		1	MA	12		2.15		
Ash		0.70		1	BFCN			0.79		
Carbohydrate, by difference		9.00		0	NC	4		10.17		
Fiber, total dietary		1.4		1	MA	12		1.6		
Sugars, total		2.35		1	MA	12		2.66		
Sucrose		0.21		1	MA	12		0.24		
Glucose (dextrose)		0.33		1	MA	12		0.37		
Fructose		0.37		1	MA	12		0.42		
Lactose		1.34		1	MA	12		1.51		
Maltose		0.10		1	MA	12		0.11		
Galactose										
Starch	g									
Minerals:				_						
Calcium, Ca		60		1	MA	12		68		
Iron, Fe		0.50		1	MA	12		0.57		
Magnesium, Mg		20		1	MA	12		23		
Phosphorus, P		61 148		1 1	MA MA	12 12		69 167		
Potassium, K		148		1	MA MA	12		20		
Sodium, NaZinc, Zn		0.30		1	MA	12		0.34		
Copper, Cu		0.30	`	1	MA	12		0.34		
Manganese, Mn		0.040		1	MA	12		0.316		
Selenium, Se		0.280	,	0	BFZN	4		0.310		
Vitamins:				_						
Vitamin C, total ascorbic acid		1.1		1	MA	12		1.2		
Thiamin		0.040		1	MA	12		0.045		
Riboflavin		0.110		1	MA	12		0.124		
Niacin	-	0.460		1	MA	12 4		0.520 0.323		
Pantothenic acid	_	0.286		0 1	FLM	12		0.323		
Vitamin B-6.		0.080 10	,	0	MA FLM	4		0.090 11		
Folate, total		0		0	r LM Z	7		0		
Folic acid		10		0	FLM	4		11		
Folate, food		10		0		-				
Folate, DFE		0.15		0	NC FLM	4 4		11		
Vitamin B-12								0.17		
Vitamin A, IU		85 1.4		1	MA	12		96 16		
Vitamin A, RAE		14 12		0	NC BNA	4 4		16 13		
Retinol		0.08		0				0.09		
Vitamin E (alpha-tocopherol)		0.08		U	FLA	4		0.09		
Tocopherol, beta										
Tocopherol, gamma Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		1.4		0	FLA	4		1.6		
Lipids:										
Fatty acids, total saturated	g	1.117	7	0	FLM	4		1.262		
4:0		0.056	5	0	FLM	4		0.063		
6:0	-	0.033		0	FLM	4		0.037		
8:0	-	0.019		0	FLM	4		0.021		
	-	0.044	1	0	FLM	4		0.050		
10:0	g	0.044	•	•						
10:0 12:0		0.044		0	FLM	4		0.055		
	g									

		<u>Aı</u>	mount in 10	00 grams Number		ole portic	<u>on</u>			Amount in edible portion of common measures of food		
Nutrients and Ur	nits	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3		
16:0		0.486	i	0	FLM	4		0.549				
17:0 18:0	-	0.214		0	FLM	4		0.242				
20:0	g	0.214		Ü	1111	•		0.242				
24:0Fatty acids, total monounsaturated	g	0.539	ı	0	FLM	4		0.609				
15:1 16:1 undifferentiated	g g	0.040	ı	0	FLM	4		0.045				
17:1 18:1 undifferentiated	•	0.474		0	FLM	4		0.536				
20:1	•	0.000		0	FLM	4		0.000				
22:1 undifferentiated	-	0.000		0	FLM	4		0.000				
24:1 c		0.000		·		•		0.000				
Fatty acids, total polyunsaturated		0.132		0	FLM	4		0.149				
18:2 undifferentiated		0.088		0	FLM	4		0.099				
18:3 undifferentiated		0.043		0	FLM	4		0.049				
18:4		0.000		0	FLM	4		0.000				
20:2 n-6 c,c												
20:3 undifferentiated												
20:4 undifferentiated		0.000	ı	0	FLM	4		0.000				
20:5 n-3		0.000		0	FLM	4		0.000				
22:5 n-3	_	0.000	1	0	FLM	4		0.000				
22:6 n-3		0.000		0	FLM	4		0.000				
Fatty acids, total trans	_											
Cholesterol		5		0	FLM	4		6				
Phytosterols	mg											
Others:												
	σ.	0.0		0	FLM	4		0.0				
Alcohol, ethyl		0.0		0	FLA	4		0.0				
Theobromine	_	0		0	FLA	4		0				
Carotenoids:	y	V		Ū	ELIA	-		U				
Carotene, beta	mcg	28		0	BNA	4		31.096				
Carotene, alpha		0		0	BNA	4		0.000				
Cryptoxanthin, beta		0		0	BNA	4		0.000				
Lycopene		0		0	FLA	4		0.000				
Lutein + zeaxanthin		50		0	FLA	4		56.380				

#### **Common Measures:**

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

Nutrients and Units  Proximates: Water	g	Mean			Deriv	Source	Confidence	<u>me</u>	easures of food	<u>!</u>
Proximates: Water	g	Mean				Source	Confidence			
Proximates: Water	g	Mean	Std. Error P	oints						
Water	-				Code	Code	Code	Measure 1	### dible portion of easures of food    Measure 2	Measure 3
Water	-									
Energy	kcal	90.10	0.500	16		1		201.82	12.61	25.54
Protein (N x 6.25)		34		0	NC	4		76	5	10
Total lipid (fat)	kj	142				4		319	20	40
Total lipid (fat)	g	1.30	0.000	10		1		2.91	0.18	0.37
• • •		0.10	0.000	10		1		0.22	0.01	0.03
Ash		0.90	0.000	15		1		2.02	0.13	0.26
Carbohydrate, by difference		7.70		0	NC	4		17.25	1.08	2.18
Fiber, total dietary		1.9		0		4		4.3	0.3	0.5
Sugars, total		6.09		0	BFSN	4		13.64	0.85	1.73
Starch										
<u>Minerals:</u>										
Calcium, Ca		14	1.000	15		1		31		4
Iron, Fe		0.32	0.020	17		1		0.72		0.0
Magnesium, Mg		14		2		1		31		4
Phosphorus, P		14		1		1		31		4
Potassium, K		182		1		1		408		52
Sodium, Na		83		4		1		186		24
Zinc, Zn		0.12		2		1		0.27		0.0
Copper, Cu		0.070		1		1		0.157	0.010	0.0
Manganese, Mn										
Selenium, Se	mcg	0.1		1	A	1		0.2	0.0	0.0
Vitamins:										
Vitamin C, total ascorbic acid	ma	2.4	0.200	10		1		5.4	0.3	0.7
Thiamin	-	0.011		11		1		0.025		0.00
Riboflavin		0.043		14		1		0.096		0.03
Niacin		0.132		10		1		0.296		0.03
Pantothenic acid	_	0.100		0		4		0.224		0.02
Vitamin B-6	-	0.024		7		1		0.054		0.00
Folate, total	-	31	3.600	6		1		69		9
Folic acid		0		0	z	7		0		0
Folate, food		31	3.600	6		1		69	4	9
Folate, DFE		31		0	NC	4		69		9
Vitamin B-12		0.00		0		4		0.00	0.00	0.00
Vitamin A, IU	IU	27		0	NC	4		59	4	8
Vitamin A, RAE		1		0	NC	4		3		0
Retinol		0		0	Z	7		0		0
Vitamin E (alpha-tocopherol)		0.03		0	BFSN	4		0.08		0.03
Tocopherol, beta	_									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		0.2		0	BFSN	4		0.4	0.0	0.0
4 7 1 /										
<u> Lipids:</u>										
Fatty acids, total saturated		0.016		0		4		0.036		0.00
4:0		0.000		0		4		0.000		0.00
6:0	-	0.000		0		4		0.000		0.0
8:0	-	0.000		0		4		0.000		0.00
10:0		0.000		0		4		0.000		0.0
12:0	-	0.000		0		4		0.000	0.000	0.0
13:0	-									
14:0	_	0.000		0		4		0.000	0.000	0.0
15:0	-									
16:0		0.016		0		4		0.036	0.002	0.0
17:0										
18:0		0.000		0		4		0.000	0.000	0.0
20:0	-									
22:0	g									

		<u>A</u> 1	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and U	Jnits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturate	edg	0.019	ı	0		4		0.043	0.003	0.005	
14:1	g										
15:1	-										
16:1 undifferentiated	-	0.000	1	0		4		0.000	0.000	0.000	
17:1	-			_							
18:1 undifferentiated	-	0.019		0		4		0.043	0.003	0.005	
20:1		0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000	
24:1 c				_							
Fatty acids, total polyunsaturated		0.036		0		4		0.081	0.005	0.010	
18:2 undifferentiated		0.033		0		4		0.074	0.005	0.009	
18:3 undifferentiated	_	0.003		0		4		0.007	0.000	0.001	
18:4	-	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c,c	-										
20:3 undifferentiated				•		_					
20:4 undifferentiated	-	0.000		0		4		0.000	0.000	0.000	
20:5 n-3	_	0.000		0		4		0.000	0.000	0.000	
22:5 n-3		0.000		0		4		0.000	0.000	0.000	
22:6 n-3	-	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total trans				_		_		_	_		
Cholesterol		0		0		7		0	0	0	
Phytosterols	mg										
Amino Acids:											
Tryptophan	q	0.012		0		1		0.027	0.002	0.003	
Threonine		0.032		0		1		0.072	0.004	0.009	
Isoleucine	-	0.038		0		1		0.085	0.005	0.011	
Leucine		0.046		0		1		0.103	0.006	0.013	
Lysine	-	0.034		0		1		0.076	0.005	0.010	
Methionine		0.010		0		1		0.022	0.001	0.003	
Cystine		0.007		0		1		0.016	0.001	0.002	
Phenylalanine		0.018		0		1		0.040	0.003	0.005	
Tyrosine		0.035	i	0		1		0.078	0.005	0.010	
Valine	-	0.045	i	0		1		0.101	0.006	0.013	
Arginine	-	0.030		0		1		0.067	0.004	0.009	
Histidine		0.021		0		1		0.047	0.003	0.006	
Alanine		0.054		0		1		0.121	0.008	0.015	
Aspartic acid		0.086		0		1		0.193	0.012	0.024	
Glutamic acid		0.292		0		1		0.654	0.041	0.083	
Glycine	-	0.027		0		1		0.060	0.004	0.008	
Proline		0.027		0		1		0.060	0.004	0.008	
Serine		0.043		0		1		0.096	0.006	0.012	
Hydroxyproline	• • • • • • • • • • • • • • • • • • • •	0.010		•		_		0.000	0.000	0.022	
11) <b>u</b> 1011) p101111 <b>0</b>											
Others:											
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0	
Caffeine	<u>mg</u>	0		0	BFSN	4		0	0	0	
Theobromine	mg	0		0	BFSN	4		0	0	0	
Carotenoids:											
Carotene, beta	mca	16		0	BFSN	4		35.686	2.230	4.516	
Carotene, alpha		0		0	BFSN	4		0.000	0.000	0.000	
Cryptoxanthin, beta		0		0	BFSN	4		0.000	0.000	0.000	
Lycopene	_	0		0	BFSN	4		0.000	0.000	0.000	
Lutein + zeaxanthin		0		0	BFSN	4		0.000	0.000	0.000	
		•		•		-		5.500	0.000		

### **Common Measures:**

Measure 1 = 224g: 1 cup Measure 2 = 14.0g: 1 tbsp Measure 3 = 28.35g: 1 oz NDB No. 03098

Babyfood, vegetables, beets, strained

Calories Factors: Protein 2.78 Fat 8.37 Carbohydrate 3.84

Food Group: 03 Baby Foods

		<u>Ar</u>	nount in 100 g	rams	of edib	le portio	<u>n</u>	Amount in edible portion of common		
			Nu	mber	•			<u>m</u>	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	91.00	0.200	28		1		203.84	12.74	25.80
Energy	kcal	32		0	NC	4		72	4	9
Energy	kj	134				4		300	19	38
Protein (N x 6.25)	g	0.80	0.000	29		1		1.79	0.11	0.23
Total lipid (fat)	g	0.20	0.000	28		1		0.45	0.03	0.06
Ash		0.70	0.000	28		1		1.57	0.10	0.20
Carbohydrate, by difference	g	7.20		0	NC	4		16.13	1.01	2.04
Fiber, total dietary		1.7		0		4		3.8	0.2	0.5
Sugars, total		3.16		0	BFSN	4		7.08	0.44	0.90
Starch	g									
Minerals:										
Calcium, Ca	mg	23	1.000	24		1		52	3	7
Iron, Fe	-	0.39	0.050	24		1		0.87	0.05	0.11
Magnesium, Mg	-	11		0		1		25	2	3
Phosphorus, P		20		2		1		45	3	6
Potassium, K	_	202	7.000	13		1		452	28	57
Sodium, Na	mg	49		18		1		110	7	14
Zinc, Zn	mg	0.18		0		1		0.39	0.02	0.05
Copper, Cu	mg	0.047		0		1		0.105	0.007	0.01
Manganese, Mn										
Selenium, Se	mcg	0.2		0	BFZN	4		0.4	0.0	0.1
Vitamins:										
Vitamin C, total ascorbic acid	ma	5.5	0.300	24		1		12.3	0.8	1.6
Thiamin	_	0.024		23		1		0.054	0.003	0.00
Riboflavin		0.041		22		1		0.092	0.006	0.01
Niacin		0.497		22		1		1.113	0.070	0.14
Pantothenic acid	-	0.278		0		1		0.623	0.039	0.07
Vitamin B-6	_	0.080	0.004	11		1		0.179	0.011	0.02
Folate, total		17		0		1		39	2	5
Folic acid		0		0	Z	7		0	0	0
Folate, food		17		0		1		39	2	5
Folate, DFE		17		0	NC	4		39	2	5
Vitamin B-12		0.00		0		4		0.00	0.00	0.00
Vitamin A, IU		11810	448.000	24		1		26454	1653	3348
Vitamin A, RAE	mcg_RAE	591		0	NC	4		1323	83	167
Retinol		0		0	BNA	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.94		0	BFSN	4		2.11	0.13	0.27
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D Vitamin K (phylloquinone)		12.5		0	BFSN	4		28.1	1.8	3.6
	9			·		-			1.0	3.0
<u>Lipids:</u>										
Fatty acids, total saturated	-	0.036		0		4		0.081	0.005	0.01
4:0		0.000		0		4		0.000	0.000	0.00
6:0		0.000		0		4		0.000	0.000	0.00
8:0	-	0.000		0		4		0.000	0.000	0.00
10:0	-	0.000		0		4		0.000	0.000	0.00
12:0		0.002		0		4		0.004	0.000	0.00
13:0		0.001		•				0.000		0.00
14:0		0.001		0		4		0.002	0.000	0.00
15:0	-	0.000		•		4		0.063	0.004	0.00
16:0	_	0.028		0		4		0.063	0.004	0.00
17:0		0.001		0		4		0.000	0 000	0.00
18:0		0.001		J		4		0.002	0.000	0.00
20:0	-									
22:0	y									

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and	llnite	Mean	Std. Error	Number of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Nutrients and	Office	Mean	Sta. Error	1 Omits		Oouc	Jour	Wedsure I	WedSure 2	Measure 3	
Fatty acids, total monounsatura	tedg	0.009		0		4		0.020	0.001	0.003	
14:1	g										
15:1	g										
16:1 undifferentiated	g	0.002		0		4		0.004	0.000	0.001	
17:1	-										
18:1 undifferentiated	-	0.007		0		4		0.016	0.001	0.002	
20:1		0.000		0		4		0.000	0.000	0.000	
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000	
24:1 c											
Fatty acids, total polyunsaturate		0.093		0		4		0.208	0.013	0.026	
18:2 undifferentiated		0.080		0		4		0.179	0.011	0.023	
18:3 undifferentiated		0.011		0		4		0.025	0.002	0.003	
18:4	_	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c,c	_										
20:3 undifferentiated						_					
20:4 undifferentiated	_	0.000		0		4		0.000	0.000	0.000	
20:5 n-3		0.000		0		4		0.000	0.000	0.000	
22:5 n-3		0.000		0		4		0.000	0.000	0.000	
22:6 n-3	_	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total trans		_		_		_		_	_		
Cholesterol		0		0		7		0	0	0	
Phytosterols	mg										
Amino Acids:											
Tryptophan	g	0.011		0		1		0.025	0.002	0.003	
Threonine	g	0.023		0		1		0.052	0.003	0.007	
Isoleucine	g	0.024		0		1		0.054	0.003	0.007	
Leucine	g	0.033		0		1		0.074	0.005	0.009	
Lysine	g	0.021		0		1		0.047	0.003	0.006	
Methionine	g	0.009		0		1		0.020	0.001	0.003	
Cystine	g	0.006		0		1		0.013	0.001	0.002	
Phenylalanine	g	0.025		0		1		0.056	0.004	0.007	
Tyrosine	g	0.020		0		1		0.045	0.003	0.006	
Valine	g	0.031		0		1		0.069	0.004	0.009	
Arginine	g	0.052		0		1		0.116	0.007	0.015	
Histidine	g	0.013		0		1		0.029	0.002	0.004	
Alanine	g	0.041		0		1		0.092	0.006	0.012	
Aspartic acid		0.127		0		1		0.284	0.018	0.036	
Glutamic acid	g	0.225		0		1		0.504	0.032	0.064	
Glycine	g	0.022		0		1		0.049	0.003	0.006	
Proline		0.021		0		1		0.047	0.003	0.006	
Serine	g	0.024		0		1		0.054	0.003	0.007	
Hydroxyproline	_										
	_										
Others:											
Alcohol, ethyl		0.0		0		7		0.0	0.0	0.0	
Caffeine		0		0	BFSN	4		0	0	0	
Theobromine	<u>mg</u>	0		0	BFSN	4		0	0	0	
Carotenoids:											
Carotene, beta	mcg	5745		0	BNA	4		12869.179	804.324	1628.755	
Carotene, alpha		2682		0	BNA	4		6006.922	375.433	760.251	
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	0.000	
Lycopene		0		0	z	7		0.000	0.000	0.000	
Lutein + zeaxanthin		230		0	0	4		515.200	32.200	65.205	

### **Common Measures:**

Measure 1 = 224g: 1 cup Measure 2 = 14.0g: 1 tbsp Measure 3 = 28.35g: 1 oz

Babyfood, vegetables, carrots, junior

Calories Factors: Protein 2.78 Fat 8.37 Carbohydrate 3.84

Food Group: 03 Baby Foods

		<u>Ar</u>	nount in 100 g	rams	of edib	le portio	<u>n</u>		edible portion	
			Nu	mber	•			<u>m</u>	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	92.30	0.200	52		1		206.75	12.92	26.17
Energy	kcal	27		0	NC	4		60	4	8
Energy	kj	113				4		253	16	32
Protein (N x 6.25)	g	0.80	0.000	28		1		1.79	0.11	0.23
Total lipid (fat)		0.10	0.000	28		1		0.22	0.01	0.03
Ash		0.80	0.000	26		1		1.79	0.11	0.23
Carbohydrate, by difference		6.00		0	NC	4		13.44	0.84	1.70
Fiber, total dietary		1.7		0		4		3.8	0.2	0.5
Sugars, total		3.64		0	BFPN	4		8.15	0.51	1.03
Starch										
<u> Minerals:</u>										
Calcium, Ca		22	1.000	29		1		49	3	6
Iron, Fe		0.37	0.040	34		1		0.83	0.05	0.1
Magnesium, Mg		9		1		1		20	1	3
Phosphorus, P		20		2		1		45	3	6
Potassium, K		196	6.000	13		1		439	27	56
Sodium, Na		37		18		1		83	5	10
Zinc, Zn		0.15		16		1		0.34	0.02	0.0
Copper, Cu		0.041		16		1		0.092	0.006	0.0
Manganese, Mn				_	_	_				
Selenium, Se	mcg	0.2		1	A	1		0.4	0.0	0.1
itamins:										
Vitamin C, total ascorbic acid	mg	5.7	0.300	33		1		12.8	0.8	1.6
Thiamin	-	0.023	0.000	32		1		0.052	0.003	0.0
Riboflavin		0.040	0.000	28		1		0.090	0.006	0.0
Niacin		0.463	0.031	30		1		1.037	0.065	0.1
Pantothenic acid	-	0.240		4		1		0.538	0.034	0.0
Vitamin B-6	-	0.073	0.000	20		1		0.164	0.010	0.0
Folate, total	_	15	2.800	9		1		33	2	4
Folic acid		0		0	z	7		0	0	0
Folate, food		15	2.800	9		1		33	2	4
Folate, DFE		15		0	NC	4		33	2	4
Vitamin B-12		0.00		0		4		0.00	0.00	0.0
Vitamin A, IU	IU	11461	341.000	29		1		25673	1605	3249
Vitamin A, RAE		573		0	NC	4		1284	80	162
Retinol		0		0	BNA	4		0	0	0
Vitamin E (alpha-tocopherol)		1.08		0	BFPN	4		2.42	0.15	0.3
Tocopherol, beta	• • • • • • • • • • • • • • • • • • • •									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D.										
Vitamin K (phylloquinone)		14.4		0	BFPN	4		32.3	2.0	4.1
<u> ipids:</u>										
Fatty acids, total saturated	-	0.018		0		4		0.040	0.003	0.0
4:0	-	0.000		0		4		0.000	0.000	0.0
6:0	-	0.000		0		4		0.000	0.000	0.0
8:0		0.000		0		4		0.000	0.000	0.0
10:0	_	0.000		0		4		0.000	0.000	0.0
12:0	-	0.001		0		4		0.002	0.000	0.0
13:0	-	0 001		0		4		0.000	0 000	
14:0	-	0.001		U		4		0.002	0.000	0.0
15:0	_	0 014		0		4		0 021	0 000	
16:0		0.014		U		4		0.031	0.002	0.0
17:0		0 001		0		4		0.000	0 000	
18:0		0.001		0		4		0.002	0.000	0.0
20:0	_									
22:0	y									

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>		edible portion of easures of food	of common
Nutrients and	llnits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Nutrients and	Omis	Mean	Ota. Error					Wedsure 1	Micasure 2	incusure o
Fatty acids, total monounsatural	tedg	0.004	ļ	0		4		0.009	0.001	0.001
14:1	g									
15:1	g									
16:1 undifferentiated	g	0.001	•	0		4		0.002	0.000	0.000
17:1	-									
18:1 undifferentiated	-	0.003		0		4		0.007	0.000	0.001
20:1		0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000	)	0		4		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturate		0.047		0		4		0.105	0.007	0.013
18:2 undifferentiated		0.040		0		4		0.090	0.006	0.011
18:3 undifferentiated	g	0.006		0		4		0.013	0.001	0.002
18:4	_	0.000	)	0		4		0.000	0.000	0.000
20:2 n-6 c,c	_									
20:3 undifferentiated										
20:4 undifferentiated	-	0.000		0		4		0.000	0.000	0.000
20:5 n-3	g	0.000		0		4		0.000	0.000	0.000
22:5 n-3		0.000		0		4		0.000	0.000	0.000
22:6 n-3	_	0.000	)	0		4		0.000	0.000	0.000
Fatty acids, total trans										
Cholesterol	mg	0		0		7		0	0	0
Phytosterols	mg									
Amino Acids:										
Tryptophan	а	0.011		0		1		0.025	0.002	0.003
Threonine		0.022		0		1		0.049	0.002	0.006
Isoleucine	_	0.024		0		1		0.054	0.003	0.007
Leucine		0.024		0		1		0.072	0.004	0.009
Lysine	_	0.020		0		1		0.045	0.003	0.006
Methionine		0.020		0		1		0.020	0.001	0.003
Cystine		0.006		0		1		0.013	0.001	0.003
Phenylalanine		0.024		0		1		0.013	0.001	0.002
Tyrosine		0.019		0		1		0.043	0.003	0.005
Valine	_	0.030		0		1		0.043	0.004	0.009
Arginine	_	0.050		0		1		0.112	0.007	0.014
Histidine		0.012		0		1		0.027	0.002	0.003
Alanine		0.040		0		1		0.027	0.002	0.003
Aspartic acid		0.123		0		1		0.276	0.017	0.035
Glutamic acid		0.123		0		1		0.488	0.031	0.062
Glycine	_	0.021		0		1		0.047	0.003	0.002
Proline		0.021		0		1		0.045	0.003	0.006
Serine	•	0.024		0		1		0.054	0.003	0.007
Hydroxyproline	_	0.024	•	· ·		-		0.034	0.003	0.007
Trydroxypromic	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine	mg	0		0	BFPN	4		0	0	0
Theobromine	mg	0		0	BFPN	4		0	0	0
Carotenoids:										
Carotene, beta	mea	5575		0	BNA	4		12488.879	780.555	1580.624
Carotene, beta	-	2602		0	BNA	4		5829.410	364.338	737.785
Cryptoxanthin, beta		2602		0	BNA	4		0.000	0.000	0.000
		0		0	BNA Z	7		0.000	0.000	0.000
Lycopene		230		0	BFSN	4			32.227	
Lutein + zeaxanthin	y	230		U	DESN	4		515.633	32.221	65.260

# **Common Measures:**

Measure 1 = 224g: 1 cup Measure 2 = 14.0g: 1 tbsp Measure 3 = 28.35g: 1 oz

Babyfood, vegetables, carrots, strained

Calories Factors: Protein 2.78 Fat 8.37 Carbohydrate 3.84

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100	grams	of edib	le portio	<u>on</u>		edible portion	
			N	lumber				<u>m</u>	easures of food	<u> </u>
			c	of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error F	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	-	81.40		17		1		195.36	12.21	23.08
Energy	kcal	65		0	NC	4		156	10	18
Energy	kj	272				4		653	41	77
Protein (N x 6.25)		1.40		17		1		3.36	0.21	0.40
Total lipid (fat)		0.40		17		1		0.96	0.06	0.11
Ash		0.55		0	FLA	4		1.32	0.08	0.16
Carbohydrate, by difference		16.30		0	NC	4		39.12	2.45	4.62
Fiber, total dietary		2.1		0		4		5.0	0.3	0.6
Sugars, total		1.48		0	FLA	4		3.55	0.22	0.42
Sucrose		1.19		0	FLA	4		2.85	0.18	0.34
Glucose (dextrose)	g	0.10		0	FLA	4		0.24	0.02	0.03
Fructose	g	0.10		0	FLA	4		0.24	0.02	0.03
Lactose	g	0.00		0	FLA	4		0.00	0.00	0.00
Maltose		0.05		0	FLA	4		0.12	0.01	0.01
Galactose		0.00		0	FLA	4		0.00	0.00	0.00
Starch	g									
<u>finerals:</u>	ma	4		0	FLA			10	1	1
Calcium, Ca		0.27		8	FLA	4 1		0.65	0.04	1 0.0
Magnesium, Mg		8		1		1		19	1	2
Phosphorus, P		33		1		1		79	5	9
Potassium, K		81		14		1		194	12	23
Sodium, Na		52		19		1		125	8	15
Zine, Zn		0.23		1		1		0.55	0.03	0.07
Copper, Cu		0.038	3	0		1		0.091	0.006	0.01
Manganese, Mn										
Selenium, Se		1.3		1	A	1		3.1	0.2	0.4
<u>'itamins:</u>										
Vitamin C, total ascorbic acid		2.2		9		1		5.3	0.3	0.6
Thiamin		0.013		9		1		0.031	0.002	0.00
Riboflavin	_	0.048		8		1		0.115	0.007	0.01
Niacin	•	0.504		8		1 1		1.210	0.076	0.14
Pantothenic acid		0.327		0		1		0.785	0.049	0.09
Vitamin B-6	_	0.041 20	<u>.</u>	1 0	ET A	4		0.098 49	0.006	0.03
Folate, total		0		0	FLA FLA	4		0	3 0	6 0
Folic acid		20		0	FLA	4		49	3	6
Folate, food		20		0	NC NC	4		49	3	6
Vitamin B-12		0.02		1	NC	1		0.05	0.00	0.0
Vitamin A, IU		34		0	FLA	4		82	5	10
Vitamin A, RAE	mca RAF	2		0	NC	4		4	0	0
Retinol		0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)		0.04		0	FLA	4		0.11	0.01	0.0
Tocopherol, beta								**==	***	
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		0.0		0	FLA	4		0.0	0.0	0.0
<u>ipids:</u>				_						_
Fatty acids, total saturated		0.074		0		4		0.178	0.011	0.0
4:0		0.001		0		4		0.002	0.000	0.0
6:0	-	0.000		0		4		0.000	0.000	0.0
8:0		0.000		0		4		0.000	0.000	0.0
10:0		0.001		0		4		0.002	0.000	0.0
12:0		0.000	)	0		4		0.000	0.000	0.0
13:0										
14:0		0.002		0		4		0.005	0.000	0.0

	<u>Aı</u>	nount in 10	00 grams	of edib	ole portic	<u>on</u>		edible portion o	of common
			Number				<u>m</u>	easures of food	
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0g	0.062		0		4		0.149	0.009	0.018
17:0g									
18:0g	0.006		0		4		0.014	0.001	0.002
20:0g 22:0g									
24:0g									
Fatty acids, total monounsaturated9	0.116		0		4		0.278	0.017	0.033
14:1g 15:1g									
16:1 undifferentiated	0.001		0		4		0.002	0.000	0.000
17:1g									
18:1 undifferentiatedg 20:1g	0.115 0.000		0		4 4		0.276 0.000	0.017 0.000	0.033
22:1 undifferentiated	0.000		0		4		0.000	0.000	0.000
24:1 cg			-		-		3		
Fatty acids, total polyunsaturatedg	0.178		0		4		0.427	0.027	0.050
18:2 undifferentiated	0.173		0		4 4		0.415	0.026	0.049
18:3 undifferentiated	0.006 0.000		0		4		0.014 0.000	0.001 0.000	0.002
20:2 n-6 c.c	0.000		·		-		0.000	0.000	0.000
20:3 undifferentiatedg									
20:4 undifferentiated	0.000		0		4		0.000	0.000	0.000
20:5 n-3	0.000		0		4 4		0.000 0.000	0.000 0.000	0.000
22:5 n-3g 22:6 n-3g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans			-		_		0.000	0.000	
Cholesterol mg	1		0		4		2	0	0
Phytosterolsmg									
Amino Acids:									
Tryptophan9	0.015		0		1		0.036	0.002	0.004
Threonine	0.052		0		1 1		0.125	0.008	0.015
Isoleucine         9           Leucine         9	0.065 0.141		0		1		0.156 0.338	0.010 0.021	0.018 0.040
Lysine	0.082		0		1		0.197	0.012	0.023
Methionine	0.040		0		1		0.096	0.006	0.011
Cystineg	0.018		0		1		0.043	0.003	0.005
Phenylalanine	0.049		0		1		0.118	0.007	0.014
Tyrosineg  Valineg	0.068 0.078		0		1 1		0.163 0.187	0.010 0.012	0.019 0.022
Arginine	0.060		0		1		0.144	0.009	0.022
Histidine9	0.046		0		1		0.110	0.007	0.013
Alanineg	0.071		0		1		0.170	0.011	0.020
Aspartic acidg	0.099		0		1		0.238	0.015	0.028
Glutamic acid	0.276		0		1 1		0.662	0.041	0.078
Glycine	0.036 0.161		0 0		1		0.086 0.386	0.005 0.024	0.010 0.046
Serine	0.062		0		1		0.149	0.009	0.018
Hydroxyproline									
Others:									
Alcohol, ethylg	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta mcg	13		0	FLA	4		31.734	1.983	3.749
Carotene, alphamcg Cryptoxanthin, betamcg	10 3		0	FLA FLA	4 4		25.143 6.103	1.571 0.381	2.970 0.721
Lycopenemcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthinmcg	423		0	FLA	4		1015.899	63.494	120.003

Babyfood, vegetables, corn, creamed, junior

**Common Measures:** 

Measure 1 = 240g: 1 cup Measure 2 = 15.0g: 1 tbsp Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 grams	of edib	ole portio	<u>n</u>		edible portion	
			Number				<u>m</u>	easures of food	<u> </u>
Nutrients and Uni	to.	Mean	of Data Std. Error Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure
Nutrients and Oni	ıs	Weari	Sta. Error 1 omto		Couc		Weasure i	Weasure 2	Measure
Proximates:									
Water	_	83.60	0.800 26		1		200.64	12.54	23.70
Energy		57	0	NC	4		137	9	16
Energy		238			4		572	36	68
Protein (N x 6.25)		1.40	17		1		3.36	0.21	0.40
Total lipid (fat)		0.40	17		1		0.96	0.06	0.11
Ash		0.50	0	FLA	4		1.20	0.08	0.14
Carbohydrate, by difference		14.10	0	NC	4		33.84	2.12	4.00
Fiber, total dietary		2.1	0		4		5.0	0.3	0.6
Sugars, total		1.23	0	FLA	4		2.95	0.18	0.35
Sucrose		1.00	0	FLA	4		2.40	0.15	0.28
Glucose (dextrose)		0.09	0	FLA	4		0.21	0.01	0.02
Fructose		0.09	0	FLA	4		0.21	0.01	0.02
Lactose	g	0.00	0	FLA	4		0.00	0.00	0.00
Maltose	g	0.04	0	FLA	4		0.10	0.01	0.01
Galactose		0.00	0	FLA	4		0.00	0.00	0.00
Starch	g								
<u>finerals:</u> Calcium, Ca	ma	20	13		1		48	3	6
Iron, Fe		0.28	14		1		0.67	0.04	0.0
Magnesium, Mg		8	1		1		19	1	2
Phosphorus, P		33	1		1		79	5	9
Potassium, K		90	14		1		216	14	26
Sodium, Na		43	21		1		103	6	12
Zinc, Zn		0.19	1		1		0.46	0.03	0.0
Copper, Cu		0.034			1		0.082	0.005	0.03
Manganese, Mn		0.001	_		_		0.002	0.000	0.0.
Selenium, Se		1.3	1	A	1		3.1	0.2	0.4
itamins:									
Vitamin C, total ascorbic acid	mg	2.1	13		1		5.0	0.3	0.6
Thiamin		0.013	13		1		0.031	0.002	0.00
Riboflavin		0.047	13		1		0.113	0.007	0.01
Niacin		0.512	13		1		1.229	0.077	0.14
Pantothenic acid	mg	0.290	4		1		0.696	0.044	0.08
Vitamin B-6	mg	0.041	1		1		0.098	0.006	0.0
Folate, total		17	0	FLA	4		42	3	5
Folic acid		0	0	FLA	4		0	0	0
Folate, food		17	0	FLA	4		42	3	5
Folate, DFE	mcg_DFE	17	0	NC	4		42	3	5
Vitamin B-12		0.02	1		1		0.05	0.00	0.0
Vitamin A, IU		75	10		1		180	11	21
Vitamin A, RAE	mcg_RAE	5	0	NC	4		11	1	1
Retinol		2	0	BNA	4		4	0	0
Vitamin E (alpha-tocopherol)		0.04	0	FLA	4		0.09	0.01	0.0
Tocopherol, beta									
Tocopherol, gamma									
Tocopherol, delta									
Vitamin D									
Vitamin K (phylloquinone)	mcg	0.0	0	FLA	4		0.0	0.0	0.0
<u>ipids:</u>									
Fatty acids, total saturated	g	0.076	0		4		0.182	0.011	0.0
4:0	g	0.001	. 0		4		0.002	0.000	0.0
6:0	g	0.000	0		4		0.000	0.000	0.0
8:0	g	0.000	0		4		0.000	0.000	0.0
10:0	g	0.001	. 0		4		0.002	0.000	0.0
12:0	g	0.000	0		4		0.000	0.000	0.0
13:0	g								

		<u>Ar</u>	mount in 100	grams	of edib	ole portio	o <u>n</u>	Amount in	edible portion of	f common
			N	Number				me	easures of food	
Nutrients and Units		Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.062		0		4		0.149	0.009	0.018
17:0	-									
18:0	-	0.007		0		4		0.017	0.001	0.002
20:0 22:0										
24:0										
Fatty acids, total monounsaturated		0.116		0		4		0.278	0.017	0.033
14:1										
15:1										
16:1 undifferentiated	g	0.001		0		4		0.002	0.000	0.000
17:1	-			_						
18:1 undifferentiated	-	0.115		0 0		4 4		0.276	0.017	0.033
20:1 22:1 undifferentiated.		0.000		0		4		0.000 0.000	0.000 0.000	0.000 0.000
24:1 c		0.000		U		7		0.000	0.000	0.000
Fatty acids, total polyunsaturated		0.176		0		4		0.422	0.026	0.050
18:2 undifferentiated		0.171		0		4		0.410	0.026	0.048
18:3 undifferentiated		0.006		0		4		0.014	0.001	0.002
18:4	g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c	-									
20:3 undifferentiated	-			_						
20:4 undifferentiated	-	0.000		0		4 4		0.000	0.000	0.000
20:5 n-3 22:5 n-3	-	0.000		0		4		0.000 0.000	0.000 0.000	0.000
22:6 n-3	-	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans		0.000		·		-		0.000	0.000	0.000
Cholesterol		1		0		4		2	0	0
Phytosterols	mg									
Amino Acids:										
Tryptophan	g	0.015		0		1		0.036	0.002	0.004
Threonine	g	0.052		0		1		0.125	0.008	0.015
Isoleucine	g	0.065		0		1		0.156	0.010	0.018
Leucine	-	0.140		0		1		0.336	0.021	0.040
Lysine		0.081		0		1		0.194	0.012	0.023
Methionine		0.040 0.018		0 0		1 1		0.096 0.043	0.006 0.003	0.011 0.005
CystinePhenylalanine		0.018		0		1		0.118	0.003	0.003
Tyrosine		0.043		0		1		0.161	0.010	0.019
Valine		0.077		0		1		0.185	0.012	0.022
Arginine	-	0.060		0		1		0.144	0.009	0.017
Histidine	g	0.046		0		1		0.110	0.007	0.013
Alanine		0.070		0		1		0.168	0.011	0.020
Aspartic acid		0.099		0		1		0.238	0.015	0.028
Glutamic acid	-	0.275		0		1 1		0.660	0.041	0.078
Glycine Proline		0.036 0.161		0 0		1		0.086 0.386	0.005 0.024	0.010 0.046
Serine		0.062		0		1		0.149	0.024	0.018
Hydroxyproline		0.002		·		-		0.215	0.005	0.020
3 31										
Others: Alcohol, ethyl	a	0.0		0		7		0.0	0.0	0.0
Caffeine	-	0.0		0	FLA	4		0.0	0.0	0.0
Theobromine		0		0	FLA	4		ō	0	0
Carotenoids:		-		-	·					
Carotene, beta	_mcq	26		0	BNA	4		61.393	3.837	7.252
Carotene, alpha		20		0	BNA	4		48.642	3.040	5.746
Cryptoxanthin, beta		5		0	BNA	4		11.806	0.738	1.395
Lycopene		0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin	riucg	357		0	FLA	4		857.444	53.590	101.286

Babyfood, vegetables, corn, creamed, strained

**Common Measures:** 

Measure 1 = 240g: 1 cup Measure 2 = 15.0g: 1 tbsp Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>Aı</u>	nount in 100 g	grams	of edib	ole portio	<u>n</u>		edible portion	
			Nι	ımber				<u>m</u>	easures of food	<u>.</u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	90.00	0.100	19		1		25.52	101.70	
Energy	kcal	32		0	NC	4		9	36	
Energy	kj	132		0	NC	4		37	149	
Protein (N x 6.25)	g	2.30	0.000	17		1		0.65	2.60	
Total lipid (fat)	g	0.20	0.000	17		1		0.06	0.23	
Ash	g	0.70		13		1		0.20	0.79	
Carbohydrate, by difference	g	6.80		0	NC	4		1.93	7.68	
Fiber, total dietary	g	1.5		0		4		0.4	1.7	
Sugars, total	g	2.57		0	FLA	4		0.73	2.90	
Starch	g									
Minerals:										
Calcium, Ca	ma	28	3.000	17		1		8	32	
Iron. Fe	-	0.83	0.030	18		1		0.24	0.94	
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	21	0.000	2		1		6	24	
Phosphorus, P		28		1		1		8	32	
Potassium, K	-	168		14		1		48	190	
Sodium, Na		35	5.000	17		1		10	40	
Zinc, Zn	mg	0.26		2		1		0.07	0.29	
Copper, Cu		0.070		1		1		0.020	0.079	
Manganese, Mn	mg									
Selenium, Se	mcg	0.7		0	BFZN	4		0.2	0.8	
Vitamins:										
Vitamin C, total ascorbic acid	ma	5.7	0.200	18		1		1.6	6.4	
Thiamin	-	0.061		17		1		0.017	0.069	
Riboflavin		0.069		17		1		0.020	0.078	
Niacin		0.779		17		1		0.221	0.880	
Pantothenic acid	-	0.260		0		4		0.074	0.294	
Vitamin B-6	_	0.100		4		1		0.028	0.113	
Folate, total		40	2.300	16		1		11	45	
Folic acid		0		0	z	7		0	0	
Folate, food		40	2.300	16		1		11	45	
Folate, DFE	mcg_DFE	40		0	NC	4		11	45	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU	IU	6067	232.000	19		1		1720	6856	
Vitamin A, RAE	mcg_RAE	303		0	NC	4		86	343	
Retinol	mcg	0		0	BNA	4		0	0	
Vitamin E (alpha-tocopherol)	mg	0.41		0	BNA	4		0.12	0.46	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		04.5		^				6.0		
Vitamin K (phylloquinone)	rricg	24.5		0	FLA	4		6.9	27.7	
Lipids:										
Fatty acids, total saturated	g	0.035		0		4		0.010	0.040	
4:0	g	0.000		0		4		0.000	0.000	
6:0	g	0.000		0		4		0.000	0.000	
8:0	g	0.000		0		4		0.000	0.000	
10:0	-	0.000		0		4		0.000	0.000	
12:0		0.001		0		4		0.000	0.001	
13:0										
14:0	g	0.002		0		4		0.001	0.002	
15:0										
16:0	g	0.028		0		4		0.008	0.032	
17:0										
18:0		0.002		0		4		0.001	0.002	
20:0	-									
22:0	-									
24:0	g									

		<u>A</u> 1	mount in 10			ole portio	<u>on</u>		edible portion	
				Number of Data		Source	Confidence	<u>m</u> :	easures of food	
Nutrients and	Units	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatur	atedg	0.011		0		4		0.003	0.012	
14:1	_									
15:1 16:1 undifferentiated	_	0.002		0		4		0.001	0.002	
17:1	• • • • • • • • • • • • • • • • • • • •	0.002		O		-		0.001	0.002	
18:1 undifferentiated		0.009		0		4		0.003	0.010	
20:1	_	0.000		0		4		0.000	0.000	
22:1 undifferentiated	g	0.000		0		4		0.000	0.000	
24:1 c	g									
Fatty acids, total polyunsatura	tedg	0.090		0		4		0.026	0.102	
18:2 undifferentiated	g	0.053		0		4		0.015	0.060	
18:3 undifferentiated	g	0.035		0		4		0.010	0.040	
18:4	_	0.000		0		4		0.000	0.000	
20:2 n-6 c,c	_									
20:3 undifferentiated	_			_		_		_		
20:4 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	
20:5 n-3	_	0.000		0		4		0.000	0.000	
22:5 n-3		0.000		0		4		0.000	0.000	
22:6 n-3	_	0.000		0		4		0.000	0.000	
Fatty acids, total trans		0		0				0	•	
Cholesterol	_	U		U		4		U	0	
Phytosterols										
Amino Acids:										
Tryptophan	g	0.027		0		1		0.008	0.031	
Threonine	g	0.073		0		1		0.021	0.082	
Isoleucine	g	0.086		0		1		0.024	0.097	
Leucine	_	0.143		0		1		0.041	0.162	
Lysine		0.116		0		1		0.033	0.131	
Methionine		0.043		0		1		0.012	0.049	
Cystine		0.020		0		1		0.006	0.023	
Phenylalanine		0.088		0		1		0.025	0.099	
Tyrosine	_	0.095		0		1		0.027	0.107	
Valine	-	0.099		0		1		0.028	0.112	
Arginine	• • • • • • • • • • • • • • • • • • • •	0.196		0		1		0.056	0.221	
Histidine		0.045		0		1		0.013	0.051	
Alanine		0.107		0		1 1		0.030	0.121	
Aspartic acid		0.192		0		1		0.054	0.217	
Glutamic acid	• • • • • • • • • • • • • • • • • • • •	0.293 0.079		0		1		0.083 0.022	0.331 0.089	
Glycine	<del>-</del>	0.079		0		1		0.022	0.089	
Serine	• • • • • • • • • • • • • • • • • • • •	0.122		0		1		0.033	0.138	
Hydroxyproline		0.077		U		-		0.022	0.007	
Others:						_				
Alcohol, ethyl	_	0.0		0		7		0.0	0.0	
Caffeine		0		0	FLA	4		0	0	
Theobromine	g	0		0	FLA	4		0	0	
Carotenoids:										
Carotene, beta	mcg	3270		0	BNA	4		927.059	3695.157	
Carotene, alpha	mcg	740		0	BNA	4		209.875	836.537	
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	
Lycopene		0		0	FLA	4		0.020	0.078	
Lutein + zeaxanthin	mcg	1374		0	FLA	4		389.519	1552.581	

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Babyfood, vegetables, garden vegetable, strained

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

Refuse: 0%

		<u>Aı</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>		edible portion of	
			Nι	ımber	,			<u>m</u>	easures of food	
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	92.50	0.200	13		1		222.00	13.88	26.22
Energy	kcal	25		0	NC	4		60	4	7
Energy	kj	105				4		251	16	30
Protein (N x 6.25)	g	1.20	0.000	13		1		2.88	0.18	0.34
Total lipid (fat)		0.10	0.000	13		1		0.24	0.02	0.03
Ash		0.40	0.000	13		1		0.96	0.06	0.11
Carbohydrate, by difference		5.70		0	NC	4		13.68	0.86	1.62
Fiber, total dietary		1.9		0		4		4.6	0.3	0.5
Sugars, total		1.08		0	BFSN	4		2.59	0.16	0.31
Starch										
<u>Minerals:</u>										
Calcium, Ca		65	4.000	13		1		156	10	18
Iron, Fe		1.08	0.040	13		1		2.59	0.16	0.3
Magnesium, Mg		22		0		1		53	3	6
Phosphorus, P		19		0		1		46	3	5
Potassium, K		128	3.000	13		1		307	19	36
Sodium, Na	-	2	0.000	13		1		5	0	1
Zinc, Zn		0.19		0		1		0.46	0.03	0.0
Copper, Cu		0.049		0		1		0.118	0.007	0.0
Manganese, Mn				_	_	_				
Selenium, Se	mcg	0.3		2	A	1		0.7	0.0	0.1
/itamins:										
Vitamin C, total ascorbic acid	mg	8.4	0.500	13		1		20.2	1.3	2.4
Thiamin	-	0.021	0.000	13		1		0.050	0.003	0.0
Riboflavin		0.102	0.004	13		1		0.245	0.015	0.0
Niacin		0.321	0.011	13		1		0.770	0.048	0.0
Pantothenic acid	-	0.151		0		1		0.362	0.023	0.0
Vitamin B-6	-	0.035		0		1		0.084	0.005	0.0
Folate, total	-	33		0		1		78	5	9
Folic acid		0		0	z	7		0	0	0
Folate, food		33		0		1		78	5	9
Folate, DFE		33		0	NC	4		78	5	9
Vitamin B-12		0.00		0		4		0.00	0.00	0.0
Vitamin A, IU	IU	487		0	NC	4		1169	73	138
Vitamin A, RAE		24		0	NC	4		58	4	7
Retinol		0		0	z	7		0	0	0
Vitamin E (alpha-tocopherol)		0.32		0	BFSN	4		0.76	0.05	0.0
Tocopherol, beta	-									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	11.1		0	BFSN	4		26.7	1.7	3.2
<u> ipids:</u>				_						
Fatty acids, total saturated		0.023		0		4		0.055	0.003	0.0
4:0	=	0.000		0		4		0.000	0.000	0.0
6:0	-	0.000		0		4		0.000	0.000	0.0
8:0	-	0.000		0		4		0.000	0.000	0.0
10:0		0.000		0		4		0.000	0.000	0.0
12:0	-	0.000		0		4		0.000	0.000	0.0
13:0	-	0 000		^		4		0.000	0 000	
14:0	=	0.000		0		4		0.000	0.000	0.0
15:0	-	2 25 2		^				0.046	0 000	
16:0		0.019		0		4		0.046	0.003	0.0
17:0		0 000		^		4		0.00=	0 000	
18:0		0.003		0		4		0.007	0.000	0.0
20:0	-									
22:0	u									

		<u>A</u> 1	mount in 10			ole portio	<u>on</u>		edible portion of easures of food	of common
Nutrients and U	Inite	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
- Nutrients and C	Jilles	Mean	Ota. Error					Wedsure 1	Micasure 2	Measure 5
Fatty acids, total monounsaturate	edg	0.004		0		4		0.010	0.001	0.001
14:1	g									
15:1										
16:1 undifferentiated	g	0.000		0		4		0.000	0.000	0.000
17:1	-									
18:1 undifferentiated	-	0.004		0		4		0.010	0.001	0.001
20:1		0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturated		0.052		0		4		0.125	0.008	0.015
18:2 undifferentiated		0.020		0		4		0.048	0.003	0.006
18:3 undifferentiated	g	0.032		0		4		0.077	0.005	0.009
18:4	-	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c	-									
20:3 undifferentiated										
20:4 undifferentiated	-	0.000		0		4		0.000	0.000	0.000
20:5 n-3		0.000		0		4		0.000	0.000	0.000
22:5 n-3		0.000		0		4		0.000	0.000	0.000
22:6 n-3	-	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans										
Cholesterol	_	0		0		7		0	0	0
Phytosterols	mg									
Amino Acids:										
Tryptophan	a	0.014		0		1		0.034	0.002	0.004
Threonine		0.051		0		1		0.122	0.008	0.014
Isoleucine	-	0.054		0		1		0.130	0.008	0.015
Leucine		0.078		0		1		0.187	0.012	0.022
Lysine	-	0.059		0		1		0.142	0.009	0.017
Methionine		0.018		0		1		0.043	0.003	0.005
Cystine		0.010		0		1		0.024	0.002	0.003
Phenylalanine		0.049		0		1		0.118	0.002	0.014
Tyrosine		0.042		0		1		0.101	0.006	0.012
Valine	-	0.065		0		1		0.156	0.010	0.018
Arginine		0.066		0		1		0.158	0.010	0.019
Histidine		0.033		0		1		0.079	0.005	0.009
Alanine		0.056		0		1		0.134	0.008	0.016
Aspartic acid		0.234		0		1		0.562	0.035	0.066
Glutamic acid		0.157		0		1		0.377	0.024	0.045
Glycine	-	0.049		0		1		0.118	0.007	0.014
Proline		0.061		0		1		0.116	0.009	0.017
Serine		0.063		0		1		0.151	0.009	0.017
Hydroxyproline	• • • • • • • • • • • • • • • • • • • •	0.003		Ū		-		0.131	0.003	0.010
Trydroxypronne	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine	mg	0		0	BFSN	4		0	0	0
Theobromine	mg	0		0	BFSN	4		0	0	0
Carotenoids:										
<u> </u>	mca	292		0	BFSN	4		701.660	43.854	82.884
Carotene, beta Carotene, alpha		0		0	BFSN	4		0.000	0.000	0.000
Cryptoxanthin, beta		0		0	BFSN	4		0.000	0.000	0.000
Lycopene		0		0	BFSN	4		0.000	0.000	0.000
LycopeneLutein + zeaxanthin		493		0	BFSN	4		1183.967	73.998	139.856
Luteiii + zeaxantnin	y	433		U	DE 9N	4		1103.307	13.330	133.036

# **Common Measures:**

Measure 1 = 240g: 1 cup Measure 2 = 15.0g: 1 tbsp Measure 3 = 28.35g: 1 oz

Babyfood, vegetables, green beans, junior

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	grams	of edib	le portio	<u>n</u>		edible portion	
			Nu	ımber				<u>m</u>	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	92.00	0.200	34		1		220.80	13.80	26.08
Energy	kcal	25		0	NC	4		60	4	7
Energy	kj	105				4		251	16	30
Protein (N x 6.25)	g	1.30	0.000	25		1		3.12	0.20	0.37
Total lipid (fat)	g	0.10	0.000	25		1		0.24	0.02	0.03
Ash	g	0.60	0.000	25		1		1.44	0.09	0.17
Carbohydrate, by difference	g	5.90		0	NC	4		14.16	0.89	1.67
Fiber, total dietary	g	1.9		0		4		4.6	0.3	0.5
Sugars, total	g	1.15		0	BFSN	4		2.76	0.17	0.33
Starch	g									
Nin										
Minerals: Calcium, Ca	ma	39	1.000	24		1		94	6	11
Iron, Fe		39 0.75	0.030	30		1		1.80	0.11	0.21
Magnesium, Mg		24	0.030	2		1		58	4	7
Phosphorus, P		20		2		1		48	3	6
Potassium, K		158		15		1		379	24	45
Sodium, Na		2		18		1		5	0	1
Zinc, Zn		0.21		2		1		0.49	0.03	0.0
Copper, Cu		0.051		3		1		0.122	0.008	0.0
Manganese, Mn		0.031		_		-		0.122	0.000	0.0
Selenium, Se		0.3		2	A	1		0.7	0.0	0.1
Scientini, Sc	g	0.0		_		-		• • • • • • • • • • • • • • • • • • • •	0.0	V
<u>/itamins:</u>										
Vitamin C, total ascorbic acid	-	5.2	0.300	29		1		12.5	0.8	1.5
Thiamin		0.026		26		1		0.062	0.004	0.0
Riboflavin	mg	0.085		28		1		0.204	0.013	0.0
Niacin	-	0.346		24		1		0.830	0.052	0.0
Pantothenic acid	-	0.160		2		1		0.384	0.024	0.0
Vitamin B-6	-	0.038		10		1		0.091	0.006	0.0
Folate, total		35	1.600	6		1		83	5	10
Folic acid		0		0	BFSN	4		0	0	0
Folate, food		35	1.600	6		1		83	5	10
Folate, DFE		35		0	NC	4		83	5	10
Vitamin B-12		0.00		0		4		0.00	0.00	0.00
Vitamin A, IU		520		0	NC	4		1247	78	147
Vitamin A, RAE		26		0	NC	4		62	4	7
Retinol	=	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	-	0.34		0	BFSN	4		0.81	0.05	0.1
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D				•						
Vitamin K (phylloquinone)	mcg	11.9		0	BFSN	4		28.5	1.8	3.4
ipids:										
Fatty acids, total saturated	g	0.023		0		4		0.055	0.003	0.0
4:0		0.000		0		4		0.000	0.000	0.0
6:0	=	0.000		0		4		0.000	0.000	0.0
8:0	-	0.000		0		4		0.000	0.000	0.0
10:0	-	0.000		0		4		0.000	0.000	0.0
12:0	-	0.000		0		4		0.000	0.000	0.0
13:0	-									
14:0	-	0.000		0		4		0.000	0.000	0.0
15:0	=									
16:0	-	0.019		0		4		0.046	0.003	0.0
17:0										
18:0		0.003		0		4		0.007	0.000	0.0
20:0										
22:0	-									
24:0	-									

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>		edible portion of easures of food	of common
Nutrients and	l Inito	Maan	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1		Magazina 2
Nutrients and	Units	Mean	Sta. Error	romis	Code	Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura	itedg	0.004		0		4		0.010	0.001	0.001
14:1	g									
15:1	_									
16:1 undifferentiated	_	0.000		0		4		0.000	0.000	0.000
17:1	• • • • • • • • • • • • • • • • • • • •									
18:1 undifferentiated	_	0.004		0		4		0.010	0.001	0.001
20:1	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturate		0.052		0		4		0.125	0.008	0.015
18:2 undifferentiated		0.020		0		4		0.048	0.003	0.006
18:3 undifferentiated		0.032		0		4		0.077	0.005	0.009
18:4	_	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c	_									
20:3 undifferentiated										
20:4 undifferentiated	_	0.000		0		4		0.000	0.000	0.000
20:5 n-3		0.000		0		4		0.000	0.000	0.000
22:5 n-3		0.000		0		4		0.000	0.000	0.000
22:6 n-3	_	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans		0		•		7		0	•	•
Cholesterol		U		0		,		U	0	0
Phytosterols	IIIg									
Amino Acids:										
Tryptophan	g	0.015		0		1		0.036	0.002	0.004
Threonine	g	0.055		0		1		0.132	0.008	0.016
Isoleucine	g	0.058		0		1		0.139	0.009	0.016
Leucine	g	0.085		0		1		0.204	0.013	0.024
Lysine	g	0.065		0		1		0.156	0.010	0.018
Methionine	g	0.019		0		1		0.046	0.003	0.005
Cystine	g	0.011		0		1		0.026	0.002	0.003
Phenylalanine	g	0.053		0		1		0.127	0.008	0.015
Tyrosine	g	0.046		0		1		0.110	0.007	0.013
Valine	g	0.071		0		1		0.170	0.011	0.020
Arginine	g	0.072		0		1		0.173	0.011	0.020
Histidine	g	0.036		0		1		0.086	0.005	0.010
Alanine	g	0.060		0		1		0.144	0.009	0.017
Aspartic acid	g	0.254		0		1		0.610	0.038	0.072
Glutamic acid	g	0.171		0		1		0.410	0.026	0.048
Glycine	g	0.053		0		1		0.127	0.008	0.015
Proline	g	0.066		0		1		0.158	0.010	0.019
Serine	g	0.069		0		1		0.166	0.010	0.020
Hydroxyproline	g									
04										
Others:						_				
Alcohol, ethyl		0.0		0		7		0.0	0.0	0.0
Caffeine		0		0	BFSN	4		0	0	0
Theobromine	g	0		0	BFSN	4		0	0	0
<u>Carotenoids:</u>										
Carotene, beta	mcg	312		0	BFSN	4		748.437	46.777	88.409
Carotene, alpha		0		0	BFSN	4		0.000	0.000	0.000
Cryptoxanthin, beta	mcg	0		0	BFSN	4		0.000	0.000	0.000
Lycopene	mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin		526		0	BFSN	4		1262.898	78.931	149.180

# **Common Measures:**

Measure 1 = 240g: 1 cup Measure 2 = 15.0g: 1 tbsp Measure 3 = 28.35g: 1 oz

Babyfood, vegetables, green beans, strained

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 100 gram	s of edil	ole portio	<u>n</u>		edible portion	
			Numbe	er			<u>m</u>	easures of food	<u>[</u>
			of Dat	a Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water	g	89.40	6		1		214.56	13.41	25.34
Energy	kcal	36	0	NC	4		86	5	10
Energy	kj	151	0	NC	4		362	23	43
Protein (N x 6.25)	g	1.40	7		1		3.36	0.21	0.40
Total lipid (fat)	g	0.40	6		1		0.96	0.06	0.11
Ash	g	0.60	6		1		1.44	0.09	0.17
Carbohydrate, by difference	g	8.20	0	NC	4		19.68	1.23	2.32
Fiber, total dietary	g	1.5	0		4		3.6	0.2	0.4
Sugars, total	g	1.78	0	FLA	4		4.28	0.27	0.51
Starch	g								
Minerals:									
Calcium. Ca	ma	11	7		1		26	2	3
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	0.41	8		1		0.98	0.06	0.12
Magnesium, Mg	-	11	1		1		26	2	3
Phosphorus, P		25	1		1		60	4	7
Potassium, K	•	170	1		1		408	26	48
Sodium. Na		36	3		1		86	5	10
Zinc, Zn	mg	0.27	1		1		0.65	0.04	0.08
Copper, Cu		0.041	. 0		1		0.098	0.006	0.01
Manganese, Mn	mg								
Selenium, Se	mcg	0.7	1	A	1		1.7	0.1	0.2
Vitamins:									
	ma	2.5	12		1		6.0	0.4	0.7
Vitamin C, total ascorbic acid Thiamin	-	0.029			1		0.070	0.4	0.7
Riboflavin	-	0.023			1		0.070	0.004	0.00
Niacin		0.665			1		1.596	0.100	0.18
Pantothenic acid	-	0.259			1		0.622	0.039	0.07
Vitamin B-6	_	0.081	·		1		0.194	0.012	0.02
Folate, total		4	. ,		1		10	1	1
Folic acid		0	0	z	7		0	0	0
Folate, food		4	0	_	1		10	1	1
Folate, DFE		4	0	NC	4		10	1	1
Vitamin B-12		0.00	0	0	4		0.00	0.00	0.00
Vitamin A, IU		4195	334.000 6		1		10068	629	1189
Vitamin A, RAE		210	0	NC	4		503	31	59
Retinol		0	0	BNA	4		0	0	0
Vitamin E (alpha-tocopherol)		0.21	0	FLA	4		0.51	0.03	0.06
Tocopherol, beta									
Tocopherol, gamma									
Tocopherol, delta									
Vitamin D	IU								
Vitamin K (phylloquinone)	mcg	7.4	0	FLA	4		17.9	1.1	2.1
Linide									
Lipids: Fatty acids, total saturated	a	0.079	0		4		0.190	0.012	0.022
4:0		0.000			4		0.000	0.000	0.000
6:0		0.000			4		0.000	0.000	0.000
8:0	_	0.000			4		0.000	0.000	0.00
10:0	_	0.000			4		0.002	0.000	0.00
12:0	-	0.004			4		0.010	0.001	0.00
13:0		3.004	. •		-		0.010	0.001	0.00
14:0		0.002	2 0		4		0.005	0.000	0.00
15:0		0.002	Ü		-		3.003	0.000	2.50
16:0		0.062	2 0		4		0.149	0.009	0.01
17:0	-		·		-		<del></del>		
18:0		0.007	0		4		0.017	0.001	0.00
20:0			_						
22:0	_								
24:0	_								

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>		edible portion of easures of food	of common
Nutrients and	llnite	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Nutrients and	Onits	Mean	Stu. Elloi					Wedsule I	Wedsule 2	Measure 3
Fatty acids, total monounsatura	itedg	0.025		0		4		0.060	0.004	0.007
14:1	g									
15:1	g									
16:1 undifferentiated	-	0.002		0		4		0.005	0.000	0.001
17:1	• • • • • • • • • • • • • • • • • • • •			_		_				
18:1 undifferentiated	-	0.022		0		4		0.053	0.003	0.006
20:1	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000
24:1 c		0 106		0		4		0.446	0.000	0.053
Fatty acids, total polyunsaturate		0.186 0.153		0		4		0.446 0.367	0.028 0.023	0.053
18:2 undifferentiated				0		4				
18:3 undifferentiated	-	0.031		0		4		0.074	0.005	0.009
18:4	-	0.000		U		4		0.000	0.000	0.000
20:2 n-6 c,c	-									
20:3 undifferentiated		0.000		0		4		0.000	0.000	0.000
20:4 undifferentiated	-	0.000		0		4		0.000	0.000	0.000
20:5 n-3	-			0		_		0.000		
22:5 n-3		0.000		0		4 4			0.000	0.000
22:6 n-3	-	0.000		U		4		0.000	0.000	0.000
Fatty acids, total trans		0		0		4		0	0	0
Cholesterol		U		U		4		U	U	U
Phytosterols	Ing									
Amino Acids:										
Tryptophan	g	0.015		0		1		0.036	0.002	0.004
Threonine	g	0.045		0		1		0.108	0.007	0.013
Isoleucine	g	0.056		0		1		0.134	0.008	0.016
Leucine	g	0.091		0		1		0.218	0.014	0.026
Lysine	g	0.047		0		1		0.113	0.007	0.013
Methionine	g	0.021		0		1		0.050	0.003	0.006
Cystine	g	0.028		0		1		0.067	0.004	0.008
Phenylalanine	g	0.055		0		1		0.132	0.008	0.016
Tyrosine	g	0.052		0		1		0.125	0.008	0.015
Valine	g	0.069		0		1		0.166	0.010	0.020
Arginine	g	0.093		0		1		0.223	0.014	0.026
Histidine	g	0.031		0		1		0.074	0.005	0.009
Alanine	g	0.062		0		1		0.149	0.009	0.018
Aspartic acid	g	0.165		0		1		0.396	0.025	0.047
Glutamic acid	g	0.369		0		1		0.886	0.055	0.105
Glycine	g	0.054		0		1		0.130	0.008	0.015
Proline	g	0.110		0		1		0.264	0.017	0.031
Serine	g	0.054		0		1		0.130	0.008	0.015
Hydroxyproline	g									
04										
Others:	_					_				
Alcohol, ethyl		0.0		0		7		0.0	0.0	0.0
Caffeine		0		0	FLA	4		0	0 0	0
Theobromine	9	U		U	FLA	4		0	U	0
Carotenoids:										
Carotene, beta	mcg	2060		0	BNA	4		4943.389	308.962	583.938
Carotene, alpha		915		0	BNA	4		2194.821	137.176	259.263
Cryptoxanthin, beta	mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene	mcg	0		0	FLA	4		0.772	0.048	0.091
Lutein + zeaxanthin	mcg	497		0	FLA	4		1191.792	74.487	140.780

## **Common Measures:**

Measure 1 = 240g: 1 cup Measure 2 = 15.0g: 1 tbsp Measure 3 = 28.35g: 1 oz

Babyfood, vegetables, mix vegetables junior

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100 g	grams	of edik	ole portio	<u>on</u>		edible portion	
			Nu	ımbeı	r			<u>m</u>	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	89.80	0.600	9		1		25.46	101.47	
Energy	kcal	36		0	NC	4		10	41	
Energy	kj	150		0	NC	4		43	170	
Protein (N x 6.25)	g	1.20	0.000	13		1		0.34	1.36	
Total lipid (fat)	g	0.50	0.000	13		1		0.14	0.57	
Ash	g	0.45		0	FLA	4		0.13	0.51	
Carbohydrate, by difference	g	8.05		0	NC	4		2.28	9.10	
Fiber, total dietary	g	1.5		0		4		0.4	1.7	
Sugars, total	g	1.57		0	FLA	4		0.44	1.77	
Starch	g									
Minopole										
Minerals:	ma	13	1.000	8		1		4	15	
Calcium, CaIron, Fe	-	0.32	0.020	9		1		0.09	0.36	
Magnesium, Mg	-	10	0.020	2		1		3	11	
Phosphorus, P		22		1		1		3 6	25	
Priospriorus, P	•	127		1		1		36	25 144	
Sodium, Na.	-	13		7		1		4	15	
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.15		2		1		0.04	0.16	
Copper, Cu		0.040	)	1		1		0.011	0.045	
Manganese, Mn.		0.010	•	-		-		0.011	0.015	
Selenium, Se	-	0.7		1	A	1		0.2	0.8	
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	-	1.7	0.100	8		1		0.5	1.9	
Thiamin	-	0.022		11		1		0.006	0.025	
Riboflavin	=	0.025		13		1		0.007	0.028	
Niacin	-	0.327		8		1		0.093	0.370	
Pantothenic acid	=	0.250		4		1		0.071	0.283	
Vitamin B-6		0.055		7		1		0.016	0.062	
Folate, total		4	0.400	6	_	1		1	4	
Folic acid		0		0	Z	7		0	0	
Folate, food	mcg	4	0.400	6		1		1	4	
Folate, DFE		4		0	NC	4		1	4	
Vitamin B-12		0.00		0		4		0.00	0.00	
Vitamin A, IU		3166		0	NC	4		897	3577	
Vitamin A, RAE		158		0	NC	4		45	179	
Retinol		0		0	FLA	4		0	0	
Vitamin E (alpha-tocopherol)		0.24		U	FLA	4		0.07	0.28	
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, deltaVitamin D										
Vitamin K (phylloquinone)		7.0		0	FLA	4		2.0	8.0	
	9			·		-		2.0	0.0	
<u>Lipids:</u>										
Fatty acids, total saturated	g	0.089	)	0		4		0.025	0.101	
4:0		0.000		0		4		0.000	0.000	
6:0		0.000		0		4		0.000	0.000	
8:0	-	0.000		0		4		0.000	0.000	
10:0		0.000		0		4		0.000	0.000	
12:0		0.003	3	0		4		0.001	0.003	
13:0				_				_	_	
14:0		0.001	=	0		4		0.000	0.001	
15:0				_						
16:0		0.074	<b>L</b>	0		4		0.021	0.084	
17:0		0.00		^						
18:0		0.006	•	0		4		0.002	0.007	
20:0	_									
22:0	_									
24:0	g									

		<u>A</u>	mount in 10			ole portio	<u>on</u>		edible portion o	of common
				Number				<u>m</u> :	easures of food	
Nutrients and	Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura		0.118	3	0		4		0.033	0.133	
14:1	-									
15:1 16:1 undifferentiated	-	0.001		0		4		0.000	0.001	
17:1	-	0.001	-	U		-		0.000	0.001	
18:1 undifferentiated	-	0.116	;	0		4		0.033	0.131	
20:1		0.000		0		4		0.000	0.000	
22:1 undifferentiated	-	0.000		0		4		0.000	0.000	
24:1 c	•	0.000	•	v		-		0.000	0.000	
Fatty acids, total polyunsaturate		0.194	L	0		4		0.055	0.219	
18:2 undifferentiated		0.181		0		4		0.051	0.205	
18:3 undifferentiated		0.008		0		4		0.002	0.009	
18:4	=	0.000		0		4		0.002	0.000	
20:2 n-6 c.c.	-	0.000		•		-		0.000	0.000	
20:3 undifferentiated										
20:4 undifferentiated	-	0.000	)	0		4		0.000	0.000	
20:5 n-3	-	0.000		0		4		0.000	0.000	
22:5 n-3	-	0.000		0		4		0.000	0.000	
22:6 n-3	• • • • • • • • • • • • • • • • • • • •	0.000		0		4		0.000	0.000	
Fatty acids, total trans				_		_		0.000	0.000	
Cholesterol		0		0		4		0	0	
Phytosterols	-	·		·		-		·	·	
1 ily tosterois										
Amino Acids:										
Tryptophan	g	0.013		0		1		0.004	0.015	
Threonine	g	0.038		0		1		0.011	0.043	
Isoleucine	g	0.047		0		1		0.013	0.053	
Leucine	-	0.077	1	0		1		0.022	0.087	
Lysine		0.040	)	0		1		0.011	0.045	
Methionine	g	0.018		0		1		0.005	0.020	
Cystine	g	0.024	ļ	0		1		0.007	0.027	
Phenylalanine	g	0.047	'	0		1		0.013	0.053	
Tyrosine	g	0.044		0		1		0.012	0.050	
Valine	g	0.058	3	0		1		0.016	0.066	
Arginine		0.079	)	0		1		0.022	0.089	
Histidine	-	0.026		0		1		0.007	0.029	
Alanine	g	0.052	?	0		1		0.015	0.059	
Aspartic acid		0.139		0		1		0.039	0.157	
Glutamic acid	g	0.310		0		1		0.088	0.350	
Glycine	g	0.046		0		1		0.013	0.052	
Proline	g	0.092		0		1		0.026	0.104	
Serine	g	0.046	5	0		1		0.013	0.052	
Hydroxyproline	g									
Others:										
	a	0.0		0		7		0.0	0.0	
Alcohol, ethyl		0.0		0	FLA	4		0.0	0.0	
Theobromine	-	0		0	FLA	4		0	0	
	9	U		U	E TIM	4		U	U	
Carotenoids:										
Carotene, beta	mcg	1550		0	FLA	4		439.441	1751.565	
Carotene, alpha	mcg	699		0	FLA	4		198.045	789.387	
Cryptoxanthin, beta	mcg	0		0	FLA	4		0.000	0.000	
Lycopene	mcg	0		0	FLA	4		0.097	0.385	
Lutein + zeaxanthin	mcg	381		0	FLA	4		108.138	431.026	

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 113g: 1 jar

Babyfood, vegetables, mix vegetables strained

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	grams	of edib	le portior	<u>n</u>		edible portion	
			Nι	ımber				<u>me</u>	easures of food	<u>l</u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	87.50	0.100	56		1		210.00	13.13	24.81
Energy	kcal	40		0	NC	4		96	6	11
Energy	kj	167				4		402	25	47
Protein (N x 6.25)	g	3.50	0.000	45		1		8.40	0.53	0.99
Total lipid (fat)		0.30	0.000	41		1		0.72	0.05	0.09
Ash	g	0.50	0.000	41		1		1.20	0.08	0.14
Carbohydrate, by difference	g	8.10		0	NC	4		19.44	1.22	2.30
Fiber, total dietary	g	2.1		0		4		5.0	0.3	0.6
Sugars, total	g	3.35		0	BFSN	4		8.05	0.50	0.95
Starch										
Minerals:	ma					_		••	•	_
Calcium, Ca		20	1.000	50		1		48	3	6
Iron, Fe.		0.96	0.030	45		1		2.30	0.14	0.2
Magnesium, Mg		15 43		2 1		1 1		36 103	2 6	4 12
Phosphorus, P										
Potassium, K Sodium, Na		112 4	1.000	14 13		1 1		269 10	17 1	32 1
*	-	0.35	0.024	8		1		0.84	0.05	0.1
Zinc, Zn Copper, Cu		0.064		7		1		0.154	0.010	0.1
Manganese, Mn		0.004		,		_		0.134	0.010	0.0
Selenium, Se		0.1		1	A	1		0.2	0.0	0.0
Scientini, Sc	9	0.1		_		_		V.=	• • • • • • • • • • • • • • • • • • • •	
<u> Vitamins:</u>										
Vitamin C, total ascorbic acid	-	6.9	0.300	50		1		16.6	1.0	2.0
Thiamin		0.081		44		1		0.194	0.012	0.0
Riboflavin		0.061		40		1		0.146	0.009	0.0
Niacin	-	1.018		44		1		2.443	0.153	0.2
Pantothenic acid	-	0.280		4		1		0.672	0.042	0.0
Vitamin B-6	-	0.069		30		1		0.166	0.010	0.0
Folate, total		26	0.300	6	_	1		62	4	7
Folic acid		0		0	Z	7		0	0	0
Folate, food		26	0.300	6	***	1		62	4	7
Folate, DFE		26		0	NC	4		62	4	7
Vitamin B-12	mcg	0.00		0	***	4		0.00	0.00	0.0
Vitamin A, IU		453		-	NC	4		1086	68	128
Vitamin A, RAE		23 0		0	NC Z	<b>4</b> 7		5 <b>4</b> 0	3 0	6
Retinol		0.08		0	BFSN	4		0.18	0.01	0
Vitamin E (alpha-tocopherol)	-	0.08		U	BESN	4		0.18	0.01	0.0
Tocopherol, beta Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		14.6		0	BFSN	4		35.2	2.2	4.2
<u> Lipids:</u>										
Fatty acids, total saturated		0.054		0		4		0.130	0.008	0.0
4:0	=	0.000		0		4		0.000	0.000	0.0
6:0	-	0.000		0		4		0.000	0.000	0.0
8:0	-	0.000		0		4		0.000	0.000	0.0
10:0	-	0.000		0		4		0.000	0.000	0.0
12:0	-	0.000		0		4		0.000	0.000	0.0
13:0	-	0 000		0		4		0.000	0 000	
14:0	=	0.000		U		4		0.000	0.000	0.0
15:0	-	0.048		0		4		0.115	0.007	0.0
16:0 17:0		0.048		U		-		0.113	0.007	0.0
18:0		0.005		0		4		0.012	0.001	0.0
20:0		0.003		3		-1		0.012	0.001	0.0
22:0	-									
24:0	-									

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>		edible portion of	of common
Nutrients and	Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura	tedg	0.027		0		4		0.065	0.004	0.008
14:1	_									
15:1	_									
16:1 undifferentiated	_	0.000		0		4		0.000	0.000	0.000
17:1				_		_				
18:1 undifferentiated	_	0.027		0		4		0.065	0.004	0.008
20:1		0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000
24:1 c				_		_				
Fatty acids, total polyunsaturate		0.141		0		4		0.338	0.021	0.040
18:2 undifferentiated		0.115		0		4		0.276	0.017	0.033
18:3 undifferentiated		0.027		0		4		0.065	0.004	0.008
18:4	_	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c	_									
20:3 undifferentiated										
20:4 undifferentiated	_	0.000		0		4		0.000	0.000	0.000
20:5 n-3		0.000		0		4		0.000	0.000	0.000
22:5 n-3		0.000		0		4		0.000	0.000	0.000
22:6 n-3	_	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans				_		_		_	_	
Cholesterol		0		0		7		0	0	0
Phytosterols	mg									
Amino Acids:										
Tryptophan	g	0.034		0		1		0.082	0.005	0.010
Threonine		0.136		0		1		0.326	0.020	0.039
Isoleucine	_	0.151		0		1		0.362	0.023	0.043
Leucine	g	0.235		0		1		0.564	0.035	0.067
Lysine	_	0.234		0		1		0.562	0.035	0.066
Methionine		0.040		0		1		0.096	0.006	0.011
Cystine		0.026		0		1		0.062	0.004	0.007
Phenylalanine		0.143		0		1		0.343	0.021	0.041
Tyrosine		0.119		0		1		0.286	0.018	0.034
Valine	_	0.169		0		1		0.406	0.025	0.048
Arginine		0.389		0		1		0.934	0.058	0.110
Histidine		0.075		0		1		0.180	0.011	0.021
Alanine		0.185		0		1		0.444	0.028	0.052
Aspartic acid		0.311		0		1		0.746	0.047	0.088
Glutamic acid		0.507		0		1		1.217	0.076	0.144
Glycine	_	0.133		0		1		0.319	0.020	0.038
Proline		0.165		0		1		0.396	0.025	0.047
Serine		0.132		0		1		0.317	0.020	0.037
Hydroxyproline										
2 21										
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine	mg	0		0	BFSN	4		0	0	0
Theobromine	<u>mg</u>	0		0	BFSN	4		0	0	0
Carotenoids:										
Carotene, beta	mca	265		0	BFSN	4		636.656	39.791	75.205
Carotene, alpha		13		0	BFSN	4		30.028	1.877	3.547
Cryptoxanthin, beta		0		0	BFSN	4		0.000	0.000	0.000
Lycopene		0		0	BFSN	4		0.000	0.000	0.000
	mcg	1465		0	BFSN	4		3515.625	219.727	415.283

# **Common Measures:**

Measure 1 = 240g: 1 cup Measure 2 = 15.0g: 1 tbsp Measure 3 = 28.35g: 1 oz

Babyfood, vegetables, peas, strained

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>		edible portion	
			Nu	ımber				<u>m</u>	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	89.60	0.200	4		1		215.04	13.44	25.40
Energy	kcal	37		0	NC	4		89	6	10
Energy.	kj	155				4		372	23	44
Protein (N x 6.25)	g	2.50		4		1		6.00	0.38	0.71
Total lipid (fat)		1.30		4		1		3.12	0.20	0.37
Ash	g	1.00	0.000	17		1		2.40	0.15	0.28
Carbohydrate, by difference	g	5.70		0	NC	4		13.68	0.86	1.62
Fiber, total dietary	g	1.8		0		4		4.3	0.3	0.5
Sugars, total		2.33		0	FLA	4		5.58	0.35	0.66
Starch										
	······································									
<u>Minerals:</u>										
Calcium, Ca		89		14		1		214	13	25
Iron, Fe		0.62	0.060	17		1		1.49	0.09	0.1
Magnesium, Mg		55		1		1		132	8	16
Phosphorus, P		54 101		1		1		130	8	15
Potassium, K		191		1		1 1		458	29	54
Sodium, Na		49		1		1		118 0.74	7	14
Zinc, Zn		0.31		1 1		1			0.05	0.0
Copper, Cu		0.060		1		1		0.144	0.009	0.0
Manganese, Mn		2.4		0	FLM	4		5.8	0.4	0.7
Selenium, Se	nicg	2.4		U	E LIM	4		5.6	0.4	0.7
<u>/itamins:</u>										
Vitamin C, total ascorbic acid	mg	8.7		8		1		20.9	1.3	2.5
Thiamin	mg	0.015		8		1		0.036	0.002	0.0
Riboflavin	mg	0.104		4		1		0.250	0.016	0.0
Niacin	mg	0.216		8		1		0.518	0.032	0.0
Pantothenic acid	mg									
Vitamin B-6	mg	0.075		4		1		0.180	0.011	0.0
Folate, total		61	1.900	3		1		146	9	17
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food		61	1.900	3		1		146	9	17
Folate, DFE		61		0	NC	4		146	9	17
Vitamin B-12		0.06		0		4		0.14	0.01	0.0
Vitamin A, IU		4170	347.000	4		1		10008	626	1182
Vitamin A, RAE		227		0	NC	4		546	34	64
Retinol	mcg	23		0	BNA	4		55	3	6
Vitamin E (alpha-tocopherol)	mg	0.83		0	BFSN	4		2.00	0.12	0.2
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	196.7		0	BFSN	4		472.0	29.5	55.8
Lipids:										
Fatty acids, total saturated	g	0.702		0		4		1.685	0.105	0.1
4:0	_	0.035		0		4		0.084	0.005	0.0
6:0		0.019		0		4		0.046	0.003	0.0
8:0		0.013		0		4		0.031	0.002	0.0
10:0		0.025		0		4		0.060	0.004	0.0
12:0	-	0.029		0		4		0.070	0.004	0.0
13:0	g									
14:0	-	0.112		0		4		0.269	0.017	0.0
15:0	-									
16:0	-	0.310		0		4		0.744	0.047	0.0
17:0	g									
18:0	g	0.130		0		4		0.312	0.020	0.0
20:0										
22:0	g									
24:0	a									

		<u>A</u> 1	mount in 10			ole portio	<u>n</u>		edible portion of easures of food	of common
			Std. Error	Number of Data	Deriv	Source Code	Confidence Code			
Nutrients and	Units	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsatura	itedg	0.332		0		4		0.797	0.050	0.094
14:1	g									
15:1	g									
16:1 undifferentiated	-	0.028		0		4		0.067	0.004	0.008
17:1	• • • • • • • • • • • • • • • • • • • •			_		_				
18:1 undifferentiated	-	0.291		0		4		0.698	0.044	0.082
20:1	• • • • • • • • • • • • • • • • • • • •	0.000		0 0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000		U		4		0.000	0.000	0.000
Fatty acids, total polyunsaturate		0.133		0		4		0.319	0.020	0.038
18:2 undifferentiated		0.060		0		4		0.144	0.009	0.017
18:3 undifferentiated		0.071		0		4		0.170	0.011	0.020
18:4		0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c	_	0.000		•		-		0.000	0.000	0.000
20:3 undifferentiated	_									
20:4 undifferentiated		0.000		0		4		0.000	0.000	0.000
20:5 n-3	_	0.000		0		4		0.000	0.000	0.000
22:5 n-3	-	0.000		0		4		0.000	0.000	0.000
22:6 n-3		0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans	g									
Cholesterol		5		0		4		12	1	1
Phytosterols	mg									
A A										
Amino Acids:	~	0.000		•				0.006		
Tryptophan		0.036		0 0		1 1		0.086 0.242	0.005	0.010
ThreonineIsoleucine	_	0.101 0.112		0		1		0.242	0.015 0.017	0.029 0.032
Leucine		0.221		0		1		0.530	0.017	0.032
Lysine	_	0.148		0		1		0.355	0.022	0.042
Methionine		0.055		0		1		0.333	0.008	0.016
Cystine		0.031		0		1		0.132	0.005	0.010
Phenylalanine		0.096		0		1		0.230	0.014	0.003
Tyrosine		0.115		0		1		0.236	0.017	0.033
Valine		0.151		0		1		0.362	0.023	0.043
Arginine		0.152		0		1		0.365	0.023	0.043
Histidine		0.064		0		1		0.154	0.010	0.018
Alanine		0.117		0		1		0.281	0.018	0.033
Aspartic acid		0.203		0		1		0.487	0.030	0.058
Glutamic acid		0.421		0		1		1.010	0.063	0.119
Glycine		0.097		0		1		0.233	0.015	0.027
Proline		0.207		0		1		0.497	0.031	0.059
Serine	• • • • • • • • • • • • • • • • • • • •	0.103		0		1		0.247	0.015	0.029
Hydroxyproline	_									
	_									
Others:						_				
Alcohol, ethyl		0.0		0		7		0.0	0.0	0.0
Caffeine		0		0	BFSN	4		0	0 0	0
Theobromine	g	0		0	FLA	4		0	0	0
Carotenoids:										
Carotene, beta	mcg	2456		0	BNA	4		5895.440	368.465	696.399
Carotene, alpha	mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta	mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene		0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin	mcg	4505		0	BFSN	4		10812.810	675.801	1277.263

## **Common Measures:**

Measure 1 = 240g: 1 cup Measure 2 = 15.0g: 1 tbsp Measure 3 = 28.35g: 1 oz

Babyfood, vegetables, spinach, creamed, strained

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>Ar</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>		edible portion	
			Nu	mber				<u>m</u>	easures of food	<u> </u>
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	92.80	0.200	20		1		207.87	12.99	26.31
Energy	kcal	24		0	NC	4		54	3	7
Energy	kj	100				4		225	14	28
Protein (N x 6.25)	g	0.80	0.000	20		1		1.79	0.11	0.23
Total lipid (fat)	g	0.20	0.000	20		1		0.45	0.03	0.06
Ash	g	0.60	0.000	20		1		1.34	0.08	0.17
Carbohydrate, by difference	g	5.60		0	NC	4		12.54	0.78	1.59
Fiber, total dietary		2.1		0		4		4.7	0.3	0.6
Sugars, total		2.20		0	BFSN	4		4.93	0.31	0.62
Starch										
π· 1										
<u>Ainerals:</u>	ma	24	2.000	12		1		54	3	7
Calcium, Ca	-	0.35	0.060	12		1		0.78	0.05	0.1
Magnesium, Mg	-	12	0.080	1		1		0.78 27	2	3
Phosphorus, P		16		1		1		36	2	5 5
Potassium, K	_	185		14		1		36 414	26	5 52
Sodium. Na	-	1	0.000	16		1		2	0	0
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.08	0.000	1		1		0.18	0.01	0.0
Copper, Cu		0.054		0		1		0.121	0.008	0.0
Manganese, Mn		0.031		Ŭ		-		0.121	0.000	0.0
Selenium, Se		0.2		0	BFZN	4		0.4	0.0	0.1
<u>'itamins:</u>						_				
Vitamin C, total ascorbic acid	_	7.8	0.400	12		1		17.5	1.1	2.2
Thiamin		0.011		12		1		0.025	0.002	0.0
Riboflavin		0.065		11		1		0.146	0.009	0.0
Niacin	-	0.378		11		1		0.847	0.053	0.1
Pantothenic acid	_	0.219		0		1		0.491	0.031	0.0
Vitamin B-6		0.069	0.006	7		1		0.155	0.010	0.0
Folate, total		15 0		0		1 7		34	2	4 0
Folic acid		15		0	z	1		0	0 2	4
Folate, food		15		0	NC	4		34 34		4
Folate, DFE		0.00		0	NC	4		0.00	2 0.00	0.0
Vitamin A, IU		2014	215.000	11		1		4511	282	571
Vitamin A, RAE		101	215.000	0	NC	4		226	282 14	29
Retinol		0		0	BNA	4		0	0	0
Vitamin E (alpha-tocopherol)		0.08		0	BFSN	4		0.18	0.01	0.0
Tocopherol, beta		0.08		U	DF 3N	-		0.18	0.01	0.0
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		2.9		0	BFSN	4		6.6	0.4	0.8
	•••••									
<u>ipids:</u>	_			•						
Fatty acids, total saturated		0.041		0		4 4		0.092	0.006	0.0
4:0		0.000		0		4		0.000	0.000	
6:0	_	0.000		-		4		0.000	0.000	0.0
8:0 10:0.	-	0.000		0		4		0.000	0.000	0.0
		0.000		0		4		0.000 0.002	0.000 0.000	0.0
12:0 13:0		0.001		U		4		0.002	0.000	0.0
14:0		0.001		0		4		0.003	0.000	0.0
15:0		0.001		U		-		0.002	0.000	0.0
16:0	-	0.036		0		4		0.081	0.005	0.0
17:0	-	0.036		J		-		0.001	0.003	0.0
18:0		0.004		0		4		0.009	0.001	0.0
20:0		0.004		v		•		0.009	0.001	0.0
22:0	_									
24:0	_									

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>		edible portion of easures of food	of common
Nutrients and I	Jnits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturat	edg	0.015		0		4		0.034	0.002	0.004
14:1	g									
15:1	g									
16:1 undifferentiated	g	0.001		0		4		0.002	0.000	0.000
17:1	_									
18:1 undifferentiated	_	0.014		0		4		0.031	0.002	0.004
20:1	_	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturate		0.084		0		4		0.188	0.012	0.024
18:2 undifferentiated		0.031		0		4		0.069	0.004	0.009
18:3 undifferentiated	g	0.052		0		4		0.116	0.007	0.015
18:4	_	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c	_									
20:3 undifferentiated										
20:4 undifferentiated	_	0.000		0		4		0.000	0.000	0.000
20:5 n-3		0.000		0		4		0.000	0.000	0.000
22:5 n-3		0.000		0		4		0.000	0.000	0.000
22:6 n-3	_	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans										
Cholesterol		0		0		7		0	0	0
Phytosterols	mg									
Amino Acids:										
Tryptophan	a	0.012		0		1		0.027	0.002	0.003
Threonine		0.025		0		1		0.056	0.004	0.007
Isoleucine	_	0.033		0		1		0.074	0.005	0.009
Leucine		0.048		0		1		0.108	0.007	0.014
Lysine		0.031		0		1		0.069	0.004	0.009
Methionine		0.011		0		1		0.025	0.002	0.003
Cystine		0.007		0		1		0.016	0.001	0.002
Phenylalanine		0.029		0		1		0.065	0.004	0.008
Tyrosine		0.028		0		1		0.063	0.004	0.008
Valine	_	0.036		0		1		0.081	0.005	0.010
Arginine	_	0.047		0		1		0.105	0.007	0.013
Histidine		0.016		0		1		0.036	0.002	0.005
Alanine		0.035		0		1		0.078	0.002	0.010
Aspartic acid		0.091		0		1		0.204	0.013	0.026
Glutamic acid		0.148		0		1		0.332	0.021	0.042
Glycine	_	0.031		0		1		0.069	0.004	0.009
Proline		0.031		0		1		0.067	0.004	0.009
Serine		0.033		0		1		0.074	0.005	0.009
Hydroxyproline	-	0.055		Ū		-		0.074	0.005	0.003
Trydroxypromic	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine	mg	0		0	BFSN	4		0	0	0
Theobromine	mg	0		0	BFSN	4		0	0	0
Carotenoids:										
	mca	1077		0	BNA	4		2412.121	150.758	305.284
Carotene, beta		263		0	BNA	4		589.390	36.837	74.595
Cryptoxanthin, beta	-	0		0	BNA	4		0.000	0.000	0.000
		0		0	BFSN	4		0.000	0.000	0.000
Lycopene		944		0	BFSN	4				
Lutein + zeaxanthin	iiicā	944			DESN	4		2115.662	132.229	267.764

# **Common Measures:**

Measure 1 = 224g: 1 cup Measure 2 = 14.0g: 1 tbsp Measure 3 = 28.35g: 1 oz

Babyfood, vegetables, squash, junior

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>		edible portion	
			Nu	mber	•			<u>m</u>	easures of food	
			of	Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	92.70	0.100	45		1		207.65	12.98	26.28
Energy	kcal	24		0	NC	4		54	3	7
Energy		100				4		225	14	28
Protein (N x 6.25)	g	0.80	0.000	28		1		1.79	0.11	0.23
Total lipid (fat)	g	0.20	0.000	24		1		0.45	0.03	0.06
Ash		0.60	0.000	22		1		1.34	0.08	0.17
Carbohydrate, by difference		5.60		0	NC	4		12.54	0.78	1.59
Fiber, total dietary		2.1		0		4		4.7	0.3	0.6
Sugars, total		2.23		0	BFSN	4		5.00	0.31	0.63
Starch									0.02	
Sur 011										
<u> Iinerals:</u>										
Calcium, Ca	-	24	2.000	17		1		54	3	7
Iron, Fe	-	0.30	0.030	23		1		0.67	0.04	0.0
Magnesium, Mg		12		2		1		27	2	3
Phosphorus, P	-	15		2		1		34	2	4
Potassium, K	-	179		15		1		401	25	51
Sodium, Na	mg	2		18		1		4	0	1
Zine, Zn	mg	0.14	0.035	17		1		0.32	0.02	0.0
Copper, Cu	mg	0.054		17		1		0.121	0.008	0.0
Manganese, Mn	<u>mg</u>									
Selenium, Se	mcg	0.2		0	BFZN	4		0.4	0.0	0.1
itamins:										
Vitamin C, total ascorbic acid	ma	7.7	0.300	17		1		17.2	1.1	2.2
Thiamin	-	0.011		21		1		0.025	0.002	0.0
Riboflavin		0.056		19		1		0.125	0.002	0.0
Niacin		0.354		18		1		0.793	0.050	0.0
Pantothenic acid	-	0.334		4		1		0.493	0.031	0.0
Vitamin B-6	-	0.063		11		1		0.141	0.009	0.0
Folate, total		15	1.000	3		1		34	2	4
		0	1.000	0	z	7		0	0	0
Folic acid		15	1.000	3	4	1		34	2	4
Folate, food		15	1.000	0	NC	4		34	2	4
Folate, DFE		0.00			NC	4		0.00		-
Vitamin B-12			004 000	0		_			0.00	0.0
Vitamin A, IU		2023	204.000	17		1		4532	283	574
Vitamin A, RAE		101		0	NC	4		227	14	29
Retinol		0		0	BNA	4		0	0	0
Vitamin E (alpha-tocopherol)		0.08		0	BFSN	4		0.18	0.01	0.0
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		2.0		0	BFSN			6.7	0.4	0.0
Vitamin K (phylloquinone)	nicg	3.0		U	DESN	4		6.7	0.4	0.8
ipids:										
Fatty acids, total saturated	g	0.041		0		4		0.092	0.006	0.0
4:0		0.000		0		4		0.000	0.000	0.0
6:0		0.000		0		4		0.000	0.000	0.0
8:0	-	0.000		0		4		0.000	0.000	0.0
10:0	-	0.000		0		4		0.000	0.000	0.0
12:0		0.001		0		4		0.002	0.000	0.0
13:0										
14:0		0.001		0		4		0.002	0.000	0.0
15:0										
16:0		0.036		0		4		0.081	0.005	0.0
17:0	_			-		-				
18:0		0.004		0		4		0.009	0.001	0.0
20:0				-						
22:0	-									
24:0	-									

		<u>Ar</u>	nount in 10	00 grams	of edib	le portio	<u>n</u>	Amount in	edible portion of	of common
				Number					easures of food	
Nutrients and	Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsature	atad 0	0.015		0		4		0.034	0.002	0.004
14:1		0.020		·		-		0.031	0.002	0.001
15:1	g									
16:1 undifferentiated	-	0.001		0		4		0.002	0.000	0.000
17:1										
18:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.014		0		4		0.031	0.002	0.004
20:1	-	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000		0		4		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturat		0.084		0		4		0.188	0.012	0.024
18:2 undifferentiated		0.031		0		4		0.069	0.004	0.009
18:3 undifferentiated		0.052		0		4		0.116	0.007	0.015
18:4	-	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c	-									
20:3 undifferentiated	-	0.000		•						
20:4 undifferentiated	-	0.000		0		4		0.000	0.000	0.000
20:5 n-3	-	0.000		0 0		4		0.000	0.000	0.000
22:5 n-3		0.000		0		4 4		0.000	0.000	0.000
22:6 n-3		0.000		U		4		0.000	0.000	0.000
Fatty acids, total trans		0		0		7		0	•	•
Cholesterol		U		U		,		U	0	0
Phytosterols	IIIG									
Amino Acids:										
Tryptophan	g	0.012		0		1		0.027	0.002	0.003
Threonine	g	0.025		0		1		0.056	0.004	0.007
Isoleucine	g	0.033		0		1		0.074	0.005	0.009
Leucine	g	0.047		0		1		0.105	0.007	0.013
Lysine	g	0.031		0		1		0.069	0.004	0.009
Methionine	g	0.010		0		1		0.022	0.001	0.003
Cystine	g	0.007		0		1		0.016	0.001	0.002
Phenylalanine	g	0.029		0		1		0.065	0.004	0.008
Tyrosine	g	0.028		0		1		0.063	0.004	0.008
Valine	g	0.036		0		1		0.081	0.005	0.010
Arginine	g	0.046		0		1		0.103	0.006	0.013
Histidine	g	0.016		0		1		0.036	0.002	0.005
Alanine	g	0.035		0		1		0.078	0.005	0.010
Aspartic acid		0.089		0		1		0.199	0.012	0.025
Glutamic acid	g	0.146		0		1		0.327	0.020	0.041
Glycine	g	0.031		0		1		0.069	0.004	0.009
Proline		0.030		0		1		0.067	0.004	0.009
Serine	<del>-</del>	0.033		0		1		0.074	0.005	0.009
Hydroxyproline										
2 2.										
Others:	_					_				
Alcohol, ethyl		0.0		0		7		0.0	0.0	0.0
Caffeine		0		0 0	BFSN	4		0	0	0
Theobromine	mg	U		U	BFSN	4		0	0	0
Carotenoids:										
Carotene, beta	mcg	1082		0	BNA	4		2422.900	151.431	306.648
Carotene, alpha	mcg	264		0	BNA	4		592.024	37.001	74.928
Cryptoxanthin, beta	mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene	mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin	mcg	958		0	BFSN	4		2145.046	134.065	271.482

# **Common Measures:**

Measure 1 = 224g: 1 cup Measure 2 = 14.0g: 1 tbsp Measure 3 = 28.35g: 1 oz NDB No. 03104

Babyfood, vegetables, squash, strained

Calories Factors: Protein 2.44 Fat 8.37 Carbohydrate 3.57

Food Group: 03 Baby Foods

Nutrients and Units	Measur 24.0
Nutrients and Units	
Nutrients and Units	
Water	24 (
Energy	24 (
Energy	24.0
Protein (N x 6.25)	16
Total lipid (fat)	68
Ash.	0.3
Carbohydrate, by difference	0.0
Fiber, total dietary.	0.2
Sugars, total	3.7
Starch   .	0.4
Transmin   Transmin	1.1
Calcium, Ca.         mg         16         1.000         26         1         36         2           Iron, Fe.         mg         0.37         0.040         26         1         0.83         0.05           Magnesium, Mg.         mg         13         2         1         29         2           Phosphorus, P.         mg         24         2         1         54         3           Postasium, K.         mg         263         15         1         589         37           Sodium, Na.         mg         0.21         0.01         17         1         0.46         0.03           Copper, Cu.         mg         0.021         0.01         17         1         0.46         0.03           Copper, Cu.         mg         0.081         17         1         0.46         0.03           Copper, Cu.         mg         0.081         17         1         0.46         0.01           Mangansee, Mn.         mg         0.081         18         1         1.6         0.1           Haminstee         mg         0.7         0         BFZN         4         1.6         0.1           Bitaminstee	
Calcium, Ca         mg         16         1.000         26         1         36         2           Iron, Fe         mg         0.37         0.040         26         1         0.83         0.05           Magnesium, Mg         mg         13         2         1         29         2           Phosphorus, P         mg         24         2         1         54         3           Potassium, K.         mg         263         15         1         589         37           Sodium, Na.         mg         0.21         0.01         17         1         0.46         0.03           Copper, Cu.         mg         0.021         0.01         17         1         0.46         0.03           Copper, Cu.         mg         0.081         0.01         17         1         0.46         0.03           Copper, Cu.         mg         0.081         0.02         8         1         1.6         0.1           Managasse, Mn.         mg         0.081         8         2         1         1.6         0.1           Vitamin Se, emin, Se, mg         9.9         0.700         22         1         1         0.0 <t< td=""><td></td></t<>	
Iron, Fe.         mg         0.37         0.040         26         1         0.83         0.05           Magnesium, Mg.         mg         13         2         1         29         2           Phosphorus, P.         mg         24         2         1         54         3           Phosphorus, P.         mg         263         15         1         589         37           Zhor, A.         mg         20         17         1         45         3           Zhor, A.         mg         0.21         0.010         17         1         0.46         0.03           Copper, Cu.         mg         0.081         17         1         0.18         0.011           Manganese, Mm.         mg         0.081         17         1         0.16         0.1           Stelmium, Sc.         mcg         0.7         0         BFZN         4         1.6         0.1           Haminst         mcg         0.70         22         1         2.2         1         4           Haminst         mcg         9.9         0.700         22         1         2.2         1         4           Haminst         mg	5
Magnesium, Mg.         mg         13         2         1         29         2           Phosphorus, P.         mg         24         2         1         54         3           Potassium, K.         mg         263         15         1         589         37           Sodium, Na.         mg         0.21         0.010         17         1         45         3           Zinc, Zn.         mg         0.21         0.010         17         1         0.46         0.03           Zinc, Zn.         mg         0.081         17         1         0.181         0.011           Manganese, Mn.         mg         0.081         17         1         0.181         0.011           Manganese, Mn.         mg         0.07         0         BFZN         4         1.6         0.1           Vitamin C, total ascorbic acid         mg         9.9         0.700         22         1         2.2         1.4           Vitamin C, total ascorbic acid         mg         9.99         0.700         22         1         2.2         1.4           Vitamin C, total ascorbic acid         mg         0.028         0.000         2	0.
Phosphorus, P.         mg         24         2         1         54         3           Potassium, K.         mg         263         15         1         589         37           Sodium, Na.         mg         20         17         1         45         3           Zinc, Zh.         mg         0.21         0.010         17         1         0.46         0.03           Copper, Cu.         mg         0.081         17         1         0.46         0.03           Copper, Cu.         mg         0.081         17         1         0.46         0.03           Manganese, Mn.         mg         0.081         17         1         0.16         0.11           Hamint, Se.         mcg         0.7         0         BFZN         4         1.6         0.1           Hamint, Se.         mcg         0.70         22         1         2.22         1.4           Hamint, Cotal ascorbic acid.         mg         0.028         0.000         22         1         0.063         0.004           Riboflavin         mg         0.028         0.000         21         1         0.063         0.004           Riboflavin	4
Potassium, K.         mg         263         15         1         589         37           Sodium, Na         mg         20         17         1         45         3           Zinc, Zn.         mg         0.21         0.010         17         1         0.46         0.03           Copper, Cu.         mg         0.081         17         1         0.181         0.011           Manganese, Mn.         mg         8         8         8         1.6         0.1           Selenium, Se.         mcg         0.7         0         BFZN         4         1.6         0.1           Selenium, Se.         mcg         0.7         0         BFZN         4         1.6         0.1           Selenium, Se.         mcg         0.7         0         BFZN         4         1.6         0.1           Selenium, Se.         mcg         0.7         0         BFZN         4         1.6         0.1           Selenium, Se.         mcg         0.7         0         BFZN         4         1.6         0.1           Stelenium, Se.         mcg         0.028         0.000         22         1         0.063         0.00 </td <td>7</td>	7
Sodium, Na.         mg         20         17         1         45         3           Zinc, Zn.         mg         0.21         0.010         17         1         0.46         0.03           Copper, Cu.         mg         0.081         17         1         0.181         0.011           Manganese, Mn.         mg <td>75</td>	75
Zinc, Zn.         mg         0.21         0.010         17         1         0.46         0.03           Copper, Cu.         mg         0.081         17         1         0.181         0.011           Manganese, Mn.         mg         0.081         17         1         0.181         0.011           Manganese, Mn.         mg         0.77         0         BFZN         4         1.6         0.1           Itamins.           Witamin C, total ascorbic acid.         mg         9.9         0.700         22         1         22.2         1.4           Thiamin.         mg         0.028         0.000         22         1         0.063         0.04           Riboflavin.         mg         0.033         0.000         22         1         0.063         0.04           Riboflavin.         mg         0.358         0.025         19         1         0.063         0.004           Riboflavin.         mg         0.358         0.025         19         1         0.802         0.055           Vitamin B-6.         mg         0.039         7         1         0.208         0.013           Folate, Def Calla	6
Copper, Cu.         mg         0.081         17         1         0.181         0.011           Manganese, Mn.         mg         0.7         0         BFZN         4         1.6         0.1           Selenium, Se.         mcg         0.7         0         BFZN         4         1.6         0.1           Selenium, Se.         mcg         0.7         0         BFZN         4         1.6         0.1           Selenium, Se.         mcg         0.7         0         BFZN         4         1.6         0.1           Selenium, Se.         mcg         0.7         0         BFZN         4         1.6         0.1           Witamin C, total ascorbic acid         mg         0.028         0.000         22         1         0.063         0.004           Ribofavin.         mg         0.033         0.000         21         1         0.063         0.004           Pantothenic acid.         mg         0.358         0.025         19         1         0.802         0.055           Pantothenic acid.         mg         0.093         7         1         1         0.22         1           V	0.
Manganese, Mn.         mg           Selenium, Se.         mcg         0.7         0         BFZN         4         1.6         0.1           itamins:         Vitamin C, total ascorbic acid.         mg         9.9         0.700         22         1         22.2         1.4           Thiamin.         mg         0.028         0.000         22         1         0.063         0.004           Riboflavin.         mg         0.028         0.000         21         1         0.074         0.005           Niacin.         mg         0.033         0.000         21         1         0.074         0.005           Niacin.         mg         0.358         0.025         19         1         0.802         0.055           Pantothenic acid.         mg         0.399         4         1         0.802         0.055           Pantothenic acid.              mg              0.399              4              1              0.802              0.055           Vitamin B-6.         mg              0.093              7              1              0.208              0.013           Folate, total.         mcg              1              0.90              2	0.
Selenium, Se	
Vitamin C, total ascorbic acid         mg         9.9         0.700         22         1         22.2         1.4           Thiamin         mg         0.028         0.000         22         1         0.063         0.004           Riboflavin         mg         0.033         0.000         21         1         0.074         0.005           Niacin         mg         0.358         0.025         19         1         0.802         0.050           Pantothenic acid         mg         0.390         4         1         0.874         0.055           Vitamin B-6         mg         0.093         7         1         0.208         0.013           Folate, total         mcg         10         0.900         6         1         22         1           Folate, total         mcg         0         0.900         6         1         22         1           Folate, food         mcg         0         0.900         6         1         22         1           Folate, DFE         mcg_DFE         10         0         NC         4         22         1           Vitamin B-12         mcg         0.00         NC         4	0.
Vitamin C, total ascorbic acid         mg         9.9         0.700         22         1         22.2         1.4           Thiamin         mg         0.028         0.000         22         1         0.063         0.004           Riboflavin         mg         0.033         0.000         21         1         0.074         0.005           Niacin         mg         0.358         0.025         19         1         0.802         0.050           Pantothenic acid         mg         0.390         4         1         0.874         0.055           Vitamin B-6         mg         0.093         7         1         0.208         0.013           Folate, total         mcg         10         0.900         6         1         22         1           Folate, total         mcg         0         0.900         6         1         22         1           Folate, food         mcg         0         0.900         6         1         22         1           Folate, DFE         mcg_DFE         10         0         NC         4         22         1           Vitamin B-12         mcg         0.00         NC         4	
Thiamin         mg         0.028         0.000         22         1         0.063         0.004           Riboflavin         mg         0.033         0.000         21         1         0.074         0.005           Niacin         mg         0.358         0.025         19         1         0.802         0.050           Pantothenic acid         mg         0.359         4         1         0.874         0.055           Vitamin B-6         mg         0.390         7         1         0.208         0.013           Folate, total         mcg         10         0.900         6         1         22         1           Folate, food         mcg         0         0.900         6         1         22         1           Folate, DFE         mcg         0         0.900         6         1         22         1           Folate, food         mcg         10         0.900         6         1         22         1           Vitamin B-12         mcg         0         NC         4         22         1           Vitamin A, RAE         mcg_RAE         322         0         NC         4         14421         <	2.
Riboflavin.         mg         0.033         0.000         21         1         0.074         0.005           Niacin.         mg         0.358         0.025         19         1         0.802         0.050           Pantothenic acid.         mg         0.390         4         1         0.874         0.055           Vitamin B-6.         mg         0.090         6         1         0.208         0.013           Folate, total.         mcg         10         0.900         6         1         22         1           Folate, total.         mcg         0         0.900         6         1         22         1           Folate, total.         mcg         0         0         0         2         7         0         0           Folate, total.         mcg         0         0         0         2         7         0         0           Folate, total.         mcg         1         0.900         6         1         22         1           Folate, food.         mcg         10         0.900         6         1         22         1           Vitamin B-12.         mcg         0.00         0         0 <td>0.</td>	0.
Niacin.         mg         0.358         0.025         19         1         0.802         0.050           Pantothenic acid.         mg         0.390         4         1         0.874         0.055           Vitamin B-6.         mg         0.093         7         1         0.208         0.013           Folate, total.         mcg         10         0.900         6         1         22         1           Folate, food.         mcg         10         0.900         6         1         22         1           Folate, food.         mcg         10         0.900         6         1         22         1           Folate, DFE.         mcg         10         0.900         6         1         22         1           Folate, DFE.         mcg_DFE         10         0.900         6         1         22         1           Vitamin B-12.         mcg         0.00         0         4         0.00         0.00           Vitamin A, IU.         IU         6438         0         NC         4         14421         901           Vitamin E (alpha-tocopherol).         mcg         0         0         BNA         4         <	0.
Pantothenic acid         mg         0.390         4         1         0.874         0.055           Vitamin B-6         mg         0.093         7         1         0.208         0.013           Folate, total         mcg         10         0.900         6         1         22         1           Folate, food         mcg         10         0.900         6         1         22         1           Folate, food         mcg         10         0.900         6         1         22         1           Folate, food         mcg         10         0.900         6         1         22         1           Folate, food         mcg         10         0.900         6         1         22         1           Folate, food         mcg         0.00         0         NC         4         22         1           Vitamin B-12         mcg         0.00         0         NC         4         14421         901           Vitamin A, RAE         mcg_RAE         322         0         NC         4         721         45           Retinol         mcg         0         NR         4         1.16         0.07	0.
Vitamin B-6         mg         0.093         7         1         0.208         0.013           Folate, total         mcg         10         0.900         6         1         22         1           Folate, total         mcg         0         0.900         6         1         22         1           Folate, food         mcg         10         0.900         6         1         22         1           Folate, food         mcg         10         0.900         6         1         22         1           Folate, food         mcg         10         0.900         6         1         22         1           Folate, food         mcg         10         0.900         6         1         22         1           Folate, food         mcg         0.00         0         NC         4         22         1           Vitamin B-12         mcg         0.00         0         0         NC         4         14421         901           Vitamin A, RAE         mcg         0         0         NC         4         721         45           Retirol         mcg         0         0         NR         4	0.
Folate, total.	0.
Folic acid	3
Folate, food.         mcg         10         0.900         6         1         22         1           Folate, DFE.         mcg_DFE         10         0         NC         4         22         1           Vitamin B-12.         mcg         0.00         0         4         0.00         0.00           Vitamin A, IU.         IU         6438         0         NC         4         14421         901           Vitamin A, RAE.         mcg_RAE         322         0         NC         4         721         45           Retinol.         mcg         0         0         BNA         4         0         0           Vitamin E (alpha-tocopherol).         mg         0.52         0         NR         4         1.16         0.07           Tocopherol, beta.         mg         mg         0         NR         4         1.16         0.07           Tocopherol, delta.         mg         0         NR         4         1.16         0.07           Vitamin K (phylloquinone).         mcg         1.4         0         BFSN         4         3.2         0.2	0
Folate, DFE.	3
Vitamin B-12	3
Vitamin A, IU	0.
Vitamin A, RAE	1825
Retinol         mcg         0         BNA         4         0         0           Vitamin E (alpha-tocopherol)         mg         0.52         0 NR         4         1.16         0.07           Tocopherol, beta         mg         7         1.16         0.07         1.16         0.07           Tocopherol, gamma         mg         7         0.00 <td>91</td>	91
Vitamin E (alpha-tocopherol)       mg       0.52       0 NR 4       1.16       0.07         Tocopherol, beta       mg         Tocopherol, gamma       mg         Tocopherol, delta       mg         Vitamin D       IU         Vitamin K (phylloquinone)       mcg       1.4       0 BFSN 4       3.2       0.2	0
Tocopherol, beta	0.
Tocopherol, gamma	
Vitamin D	
Vitamin D	
ipids:	0.
Fatty acids, total saturated	0.
4:0	0.
6:0	0.
8:0	0.
10:0	0.
12:0g 0.000 0 4 0.000 0.000	0.
13:0	
14:0g 0.000 0 4 0.000 0.000	0.
15:0g	
16:0g 0.019 0 4 0.043 0.003	0.
17:09	
18:0	0.
20:0g	
22·0	
24:0g	

		<u>A</u> 1	mount in 100			ole portio	<u>n</u>		edible portion o	of common
Nutrients and	llnits	Mean		Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Nutrients and	Omis	Mean	Ota. Error					Wedsure 1	Measure 2	Measure o
Fatty acids, total monounsatura	tedg	0.004	l.	0		4		0.009	0.001	0.001
14:1	g									
15:1										
16:1 undifferentiated	-	0.000	)	0		4		0.000	0.000	0.000
17:1										
18:1 undifferentiated	-	0.004		0		4		0.009	0.001	0.001
20:1		0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated	•	0.000	)	0		4		0.000	0.000	0.000
24:1 c										
Fatty acids, total polyunsaturate		0.044		0		4		0.099	0.006	0.012
18:2 undifferentiated		0.037		0		4		0.083	0.005	0.010
18:3 undifferentiated	g	0.007		0		4		0.016	0.001	0.002
18:4	_	0.000	)	0		4		0.000	0.000	0.000
20:2 n-6 c,c	_									
20:3 undifferentiated										
20:4 undifferentiated	-	0.000		0		4		0.000	0.000	0.000
20:5 n-3	g	0.000		0		4		0.000	0.000	0.000
22:5 n-3		0.000		0		4		0.000	0.000	0.000
22:6 n-3	_	0.000	)	0		4		0.000	0.000	0.000
Fatty acids, total trans										
Cholesterol		0		0		7		0	0	0
Phytosterols	mg									
Amino Acids:										
Tryptophan	α	0.022	•	0		1		0.049	0.003	0.006
Threonine		0.054		0		1		0.121	0.008	0.015
Isoleucine	_	0.051		0		1		0.114	0.007	0.014
Leucine		0.078		0		1		0.175	0.011	0.022
Lysine	_	0.044		0		1		0.099	0.006	0.012
Methionine		0.024		0		1		0.054	0.003	0.007
Cystine		0.015		0		1		0.034	0.002	0.004
Phenylalanine		0.062		0		1		0.139	0.002	0.018
Tyrosine		0.041		0		1		0.092	0.006	0.012
Valine	_	0.073		0		1		0.164	0.010	0.021
Arginine	_	0.054		0		1		0.121	0.008	0.015
Histidine		0.034		0		1		0.121	0.004	0.007
Alanine		0.020		0		1		0.137	0.004	0.017
Aspartic acid		0.199		0		1		0.446	0.028	0.056
Glutamic acid		0.118		0		1		0.264	0.028	0.033
Glycine	_	0.050		0		1		0.112	0.007	0.014
Proline		0.055		0		1		0.112	0.008	0.014
Serine	•	0.051		0		1		0.114	0.003	0.014
Hydroxyproline	_	0.031	-	Ū		-		0.114	0.007	0.014
Trydroxypronne	9									
Others:										
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0
Caffeine	mg	0		0	BFSN	4		0	0	0
Theobromine	mg	0		0	BFSN	4		0	0	0
Carotenoids:										
<u> </u>	mea	3863		0	BNA	4		8652.672	540.792	1095.104
Carotene, beta		0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta		0		0	BNA	4		0.000	0.000	0.000
		0		0	BFSN	4		0.000	0.000	0.000
Lycopene		0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin	y	U		U	DESN	4		0.000	0.000	0.000

### **Common Measures:**

Measure 1 = 224g: 1 cup Measure 2 = 14.0g: 1 tbsp Measure 3 = 28.35g: 1 oz NDB No. 03108

Babyfood, vegetables, sweet potatoes strained

Calories Factors: Protein 2.78 Fat 8.37 Carbohydrate 4.03

Food Group: 03 Baby Foods

Refuse: 0%

		<u>Ar</u>	mount in 100 g	rams	of edib	le portio	<u>n</u>	Amount in edible portion of commo			
			Nu	mber				<u>m</u>	easures of food		
			of	Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error Po	ints	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	84.10	0.300	23		1		188.38	11.77	23.84	
Energy	kcal	60		0	NC	4		135	8	17	
Energy	kj	252		0	NC	4		565	35	72	
Protein (N x 6.25)	g	1.10	0.000	24		1		2.46	0.15	0.31	
Total lipid (fat)	g	0.10	0.000	23		1		0.22	0.01	0.03	
Ash	g	0.70	0.000	23		1		1.57	0.10	0.20	
Carbohydrate, by difference	g	14.00		0	NC	4		31.36	1.96	3.97	
Fiber, total dietary		1.5		0		4		3.4	0.2	0.4	
Sugars, total		4.24		0	BFSN	4		9.50	0.59	1.20	
Starch											
<b>.</b> .											
<u>linerals:</u>	ma	16	1 000	1 4		1		36	2	5	
Calcium, Ca	_	16 0.39	1.000 0.060	14 14		1		36 0.87	2 0.05	5 0.1	
Iron, Fe	_	0.39 12	0.060	14 2		1		0.87 27	0.05	0.1	
Magnesium, Mg Phosphorus, P		24		2		1		27 54	2 3	3 7	
	_	243		15		1		544	34	69	
Potassium, K Sodium, Na		243	6.000	18		1		49	3	6	
Zinc, Zn	• • • • • • • • • • • • • • • • • • • •	0.11	6.000	1		1		0.25	0.02	0.0	
Copper, Cu		0.11		1		1		0.224	0.014	0.0	
Manganese, Mn		0.100		_		_		0.224	0.014	0.0	
Selenium, Se		0.7		0	BFZN	4		1.6	0.1	0.2	
				-		=					
<u>'itamins:</u>											
Vitamin C, total ascorbic acid	_	9.6	0.800	14		1		21.5	1.3	2.7	
Thiamin	_	0.026		14		1		0.058	0.004	0.0	
Riboflavin		0.034		13		1		0.076	0.005	0.0	
Niacin	_	0.384		14		1		0.860	0.054	0.1	
Pantothenic acid	-	0.408		0		1		0.914	0.057	0.1	
Vitamin B-6		0.113		7		1		0.253	0.016	0.0	
Folate, total		10		0		1		23	1	3	
Folic acid		0		0	Z	7		0	0	0	
Folate, food		10		0		1		23	1	3	
Folate, DFE		10		0	NC	4		23	1	3	
Vitamin B-12		0.00		0		4		0.00	0.00	0.0	
Vitamin A, IU		6636		0	NC	4		14865	929	1881	
Vitamin A, RAE		332		0	NC	4		743	46	94	
Retinol		0		0	BNA	4		0	0	0	
Vitamin E (alpha-tocopherol)		0.64		0	BFSN	4		1.44	0.09	0.1	
Tocopherol, beta											
Tocopherol, gamma											
Vitamin D											
Vitamin K (phylloquinone)		1.5		0	BFSN	4		3.4	0.2	0.4	
<u>ipids:</u>											
Fatty acids, total saturated		0.021		0		4		0.047	0.003	0.0	
4:0	-	0.000		0		4		0.000	0.000	0.0	
6:0	-	0.000		0		4		0.000	0.000	0.0	
8:0		0.000		0		4		0.000	0.000	0.0	
10:0	-	0.000		0		4		0.000	0.000	0.0	
12:0		0.000		0		4		0.000	0.000	0.0	
13:0		2 222		^				0.000			
14:0		0.000		0		4		0.000	0.000	0.0	
15:0		2 22 2		^				0.040	0.000		
16:0	_	0.019		0		4		0.043	0.003	0.0	
17:0		0 000		0		4		0 004	0 000	^ ^	
18:0		0.002		U		4		0.004	0.000	0.0	
20:0	-										
22:0	g g										

		<u>Aı</u>	mount in 10	0 grams	of edil	ole portio	<u>n</u>	Amount in edible portion of commo			
				Number				<u>m</u>	easures of food		
				of Data		Source	Confidence				
Nutrients and U	nits	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturate	dg	0.004		0		4		0.009	0.001	0.001	
14:1 15:1	g										
16:1 undifferentiated	9	0.000		0		4		0.000	0.000	0.000	
17:1 18:1 undifferentiated		0.004		0		4		0.009	0.001	0.001	
20:1	g	0.000	1	0		4		0.000	0.000	0.000	
22:1 undifferentiated	g	0.000	1	0		4		0.000	0.000	0.000	
24:1 c	g										
Fatty acids, total polyunsaturated	g	0.044		0		4		0.099	0.006	0.012	
18:2 undifferentiated	g	0.037		0		4		0.083	0.005	0.010	
18:3 undifferentiated	g	0.007		0		4		0.016	0.001	0.002	
18:4	g	0.000		0		4		0.000	0.000	0.000	
20:2 n-6 c,c	_										
20:3 undifferentiated	-										
20:4 undifferentiated	_	0.000		0		4		0.000	0.000	0.000	
20:5 n-3	_	0.000		0		4		0.000	0.000	0.000	
22:5 n-3	-	0.000		0		4		0.000	0.000	0.000	
22:6 n-3	_	0.000		0		4		0.000	0.000	0.000	
Fatty acids, total trans		•		•		7		•	•	•	
Cholesterol	_	0		0		7		0	0	0	
Phytosterols	IIIg										
Amino Acids:											
Tryptophan	g	0.021		0		1		0.047	0.003	0.006	
Threonine	g	0.053	1	0		1		0.119	0.007	0.015	
Isoleucine	g	0.050	1	0		1		0.112	0.007	0.014	
Leucine	g	0.076	i	0		1		0.170	0.011	0.022	
Lysine	g	0.043		0		1		0.096	0.006	0.012	
Methionine	g	0.023	i	0		1		0.052	0.003	0.007	
Cystine	g	0.015	i	0		1		0.034	0.002	0.004	
Phenylalanine	g	0.061		0		1		0.137	0.009	0.017	
Tyrosine	-	0.040		0		1		0.090	0.006	0.011	
Valine	-	0.071		0		1		0.159	0.010	0.020	
Arginine	• • • • • • • • • • • • • • • • • • • •	0.053		0		1		0.119	0.007	0.015	
Histidine	-	0.025		0		1		0.056	0.004	0.007	
Alanine		0.059		0		1		0.132	0.008	0.017	
Aspartic acid		0.195		0		1		0.437	0.027	0.055	
Glutamic acid	_	0.115		0		1		0.258	0.016	0.033	
Glycine		0.049		0		1		0.110	0.007	0.014	
Proline	-	0.054		0		1		0.121	0.008	0.015	
Serine		0.050		0		1		0.112	0.007	0.014	
Hydroxyproline	9										
Others:											
Alcohol, ethyl	g	0.0		0		7		0.0	0.0	0.0	
Caffeine	mg	0		0	BFSN	4		0	0	0	
Theobromine	mg	0		0	BFSN	4		0	0	0	
Carotenoids:											
Carotene, beta	mca	3982		0	BNA	4		8918.784	557.424	1128.784	
Carotene, alpha		0		0	BNA	4		0.000	0.000	0.000	
Cryptoxanthin, beta	-	0		0	BNA	4		0.000	0.000	0.000	
Lycopene		0		0	BFSN	4		0.000	0.000	0.000	

## **Common Measures:**

Measure 1 = 224g: 1 cup Measure 2 = 14.0g: 1 tbsp Measure 3 = 28.35g: 1 oz NDB No. 03109

Babyfood, vegetables, sweet potatoes, junior

Calories Factors: Protein 2.78 Fat 8.37 Carbohydrate 4.03

Food Group: 03 Baby Foods

NDB No. 03819 Child formula, MEAD JOHNSON, PORTAGEN, with iron, powder, not reconstituted

		<u>A</u> :	mount in 10	0 grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Uni	its	Mean	Std. Error		Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food  Measure 2	<u>l</u> Measure 3	
Proximates:											
Water	-	3.00		0	MA	12		0.28			
Energy		483		0	NC	4		45			
Energy		2022		0	NC	4		190			
Protein		16.50		0	MA	12		1.55			
Total lipid (fat)		22.00		0	T	4		2.07			
Ash		3.70		0	MA	12		0.35			
Carbohydrate, by difference		54.80		0	NC	4		5.15			
Fiber, total dietary		0.0		0	Z	7		0.0			
Sugars, total		54.00		0	MA	12		5.08			
Starch	g										
Minerals:											
Calcium, Ca	mg	440		0	MA	12		41			
Iron, Fe	mg	8.80		0	MC	9		0.83			
Magnesium, Mg	mg	98		0	MC	9		9			
Phosphorus, P		330		0	MA	12		31			
Potassium, K		590		0	MA	12		55			
Sodium, Na		260		0	MA	12		24			
Zinc, Zn	_	4.40		0	MA	12		0.41			
Copper, Cu		0.740	)	0	MA	12		0.070			
Manganese, Mn		0.0		•	wa	•		0.0			
Selenium, Se	nicg	0.0		0	MC	9		0.0			
Vitamins:											
Vitamin C, total ascorbic acid	mg	38.0		0	MA	12		3.6			
Thiamin	<u>mg</u>	0.740	)	0	MA	12		0.070			
Riboflavin	mg	0.880	)	0	MC	9		0.083			
Niacin	mg	9.800	)	0	MC	9		0.921			
Pantothenic acid	mg										
Vitamin B-6	-	0.980	)	0	MC	9		0.092			
Folate, total		74		0	MA	12		7			
Folic acid	-	74		0	MC	9		7			
Folate, food		0		0	Z	7		0			
Folate, DFE		126		0	NC	4		12			
Vitamin B-12		2.90		0	MC	9		0.27			
Vitamin A, IU	IU	3700		0	MC	9		348			
Vitamin A, RAE		1110		0	MC	9		104			
Retinol		1110 6.68		0 0	MC MC	9 9		104 0.63			
Vitamin E (alpha-tocopherol)		6.68		U	MC	9		0.63			
Tocopherol, beta											
Tocopherol, gamma Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		74.0		0	MA	12		7.0			
<u>Lipids:</u>											
Fatty acids, total saturated		20.000		0	MC	9		1.880			
4:0		0.000		0	MA	12		0.000			
6:0		0.190		0	MC	9		0.018			
8:0	-	13.900		0	MC	9		1.307			
10:0	-	5.100		0 0	MC	9		0.479			
12:0		0.080	,	U	MC	9		0.008			
13:0 14:0		0.000	1	0	MC	9		0.000			
15:0	-	0.000	•	U	MC	9		0.000			
16:0		0.330	)	0	MC	9		0.031			
17:0		3.550	•	Ü		,		0.031			
18:0		0.070	)	0	MC	9		0.007			
20:0		0.070		•		-		3.00,			
22:0	-										
24:0	-										

	<u>Ar</u>	nount in 100	) grams	of edil	ole portio	<u>on</u>		edible portion	
Nutrients and Units	Mean		Number of Data Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food  Measure 2	Measure 3
Numeric and Chies	Moun	Ota. Error					medodre i	Micuodic 2	Wedsure 0
Fatty acids, total monounsaturatedg	0.940		0	NC	4		0.088		
14:1g	0.540		·	110	•		0.000		
15:1g									
16:1 undifferentiated	0.000		0	MA	12		0.000		
17:1g									
18:1 undifferentiated	0.700		0	MC	9		0.066		
20:1g	0.000		0	MA	12		0.000		
22:1 undifferentiatedg	0.000		0	MA	12		0.000		
24:1 cg									
Fatty acids, total polyunsaturated	1.650		0	MC	9		0.155		
18:2 undifferentiatedg	1.610		0	MC	9		0.151		
18:3 undifferentiatedg	0.040		0	MC	9		0.004		
18:4g	0.000		0	MA	12		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	MA	12		0.000		
20:5 n-3g	0.000		0	MA	12		0.000		
22:5 n-3g	0.000		0	MA	12		0.000		
22:6 n-3g	0.000		0	MA	12		0.000		
Fatty acids, total transg									
Cholesterol mg	4		0	MA	12		0		
Phytosterolsmg									
Others:					_				
Alcohol, ethylg	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobrominemg	0		0	Z	7		0		
<u>Carotenoids:</u>									
Carotene, beta mcg	0		0	z	7		0.000		
Carotene, alphamcg	0		0	Z	7		0.000		
Cryptoxanthin, betamcg	0		0	Z	7		0.000		
Lycopene mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin mcg	0		0	Z	7		0.000		

# **Common Measures:**

Measure 1 = 9.4g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	0 grams	of edil	ole portio	<u>on</u>	Amount in edible portion of commo		
				Number	•			<u>m</u>	easures of food	<u>l</u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	82.86		0	MC	9		25.69		
Energy	kcal	88		0	NC	4		27		
Energy	kj	368		0	NC	4		114		
Protein	g	3.33		0	MC	9		1.03		
Total lipid (fat)	g	4.48		0	MC	9		1.39		
Ash	g	0.76		0	MC	9		0.24		
Carbohydrate, by difference	g	8.57		0	NC	4		2.66		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	7.40		0	MC	9		2.29		
Starch	g									
Minerals:										
viinerais: Calcium, Ca	ma	88		0	мс	9		27		
Iron. Fe.	_	1.75		0	MC	9		0.54		
Magnesium, Mg		19		0	MC	9		6		
Phosphorus, P		66		0	MC	9		20		
Potassium, K	_	118		0	MC	9		37		
Sodium, Na	_	52		0	MC	9		16		
Zine, Zn	-	0.88		0	MC	9		0.27		
Copper, Cu		0.148	3	0	MC	9		0.046		
Manganese, Mn	mg									
Selenium, Se	mcg	0.0		0	MC	9		0.0		
Vitamins										
Vitamins:	ma	7.6		0	<b>W</b> C	9		2.4		
Vitamin C, total ascorbic acid Thiamin	-	0.148	,	0	MC MC	9		2.4 0.046		
Riboflavin	-	0.176		0	MC	9		0.055		
Niacin		1.944		0	MC	9		0.603		
Pantothenic acid	-	1.51	-	·	110			0.003		
Vitamin B-6	-	0.194	ı	0	NR	4		0.060		
Folate, total		15		0	MC	9		5		
Folic acid		15		0	MC	9		5		
Folate, food		0		0	Z	7		0		
Folate, DFE		25		0	NC	4		8		
Vitamin B-12		0.57		0	MC	9		0.18		
Vitamin A, IU	IU	741		0	MC	9		230		
Vitamin A, RAE		222		0	MC	9		69		
Retinol	mcg	222		0	MC	9		69		
Vitamin E (alpha-tocopherol)	mg	1.39		0	MC	9		0.43		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)	mcg	15.1		0	MC	9		4.7		
Lipids:										
Fatty acids, total saturated	g	3.900	)	0	MC	9		1.209		
4:0		0.000		0	MA	12		0.000		
6:0		0.037		0	MC	9		0.011		
8:0		2.778		0	MC	9		0.861		
10:0	_	1.029		0	MC	9		0.319		
12:0	_	0.019		0	MC	9		0.006		
13:0	-									
14:0		0.006	5	0	MA	12		0.002		
15:0										
16:0		0.065	5	0	MC	9		0.020		
17:0										
18:0		0.019	)	0	MC	9		0.006		
20:0										
22:0	_									
24:0	_									

		<u>Ar</u>	nount in 10	0 grams Number		ole portio	<u>n</u>		edible portion of easures of food	
Nutrients and U	Jnits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturate	edg	0.143		0	MC	9		0.044		
14:1	g									
15:1	-									
16:1 undifferentiated	-	0.000		0	MA	12		0.000		
17:1										
18:1 undifferentiated	-	0.143		0	MC	9		0.044		
20:1	-	0.000		0	MA	12		0.000		
22:1 undifferentiated	•	0.000		0	MA	12		0.000		
24:1 c										
Fatty acids, total polyunsaturated		0.333		0	MC	9		0.103		
18:2 undifferentiated		0.324		0	MC	9		0.100		
18:3 undifferentiated		0.009		0	MC	9		0.003		
18:4	-	0.000		0	MA	12		0.000		
20:2 n-6 c,c										
20:3 undifferentiated	• • • • • • • • • • • • • • • • • • • •									
20:4 undifferentiated	-	0.000		0	MA	12		0.000		
20:5 n-3	•••••••••••••••••••••••••••••••••••••••	0.000		0	MA	12		0.000		
22:5 n-3	-	0.000		0	MA	12		0.000		
22:6 n-3		0.000		0	MA	12		0.000		
Fatty acids, total trans										
Cholesterol	_	1		0	MC	9		0		
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0		0	Z	7		0.0		
Caffeine	mg	0		0	Z	7		0		
Theobromine	mg	0		0	Z	7		0		
Carotenoids:										
Carotene, beta		0		0	MC	9		0.000		
Carotene, alpha	mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta		0		0	Z	7		0.000		
Lycopene	mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin	mcg	0		0	Z	7		0.000		

## **Common Measures:**

Measure 1 = 31.0g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	0 grams	of edil	ble portio	<u>n</u>		edible portion	_
				Number	•			<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and U	nits	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	80.47		0	T	4		24.95		
Energy	kcal	95		0	MC	9		29		
Energy	kj	397				9		123		
Protein	g	2.86		0	ML	5		0.89		
Total lipid (fat)	g	4.77		0	ML	5		1.48		
Ash	g	0.75		0	MC	9		0.23		
Carbohydrate, by difference	g	10.50		0	MC	9		3.26		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	10.50		0	T	4		3.26		
Sucrose	g									
Glucose (dextrose)										
Fructose	g									
Lactose	g	10.50		0	T	4		3.26		
Maltose	g									
Galactose										
Starch										
Minerals:										
Calcium. Ca	ma	93		0	ML	5		29		
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	1.34		0	ML	5		0.42		
Magnesium, Mg		19		0	ML	5		6		
Phosphorus, P		76		0	ML	5		24		
Potassium, K		125		0	ML	5		39		
Sodium, Na		36		0	ML	5		11		
Zinc, Zn		1.15		0	ML	5		0.36		
Copper, Cu		0.095	5	0	ML	5		0.029		
Manganese, Mn	mg	0.239	9	0	ML	5		0.074		
Selenium, Se	mcg	2.2		0	ML	5		0.7		
Vitamins:										
Vitamin C, total ascorbic acid	ma	9.5		0	ML	5		2.9		
Thiamin		0.258	3	0	ML	5		0.080		
Riboflavin	_	0.201		0	ML	5		0.062		
Niacin		1.614		0	ML	5		0.500		
Pantothenic acid		0.955		0	ML	5		0.296		
Vitamin B-6		0.248	3	0	ML	5		0.077		
Folate, total		35		0	ML	5		11		
Folic acid		36		0	T	4		11		
Folate, food		0		0	z	7		0		
Folate, DFE	mcg_DFE	60		0	NC	4		19		
Vitamin B-12	mcg	0.57		0	ML	5		0.18		
Vitamin A, IU	IU	246		0	NC	4		76		
Vitamin A, RAE	mcg_RAE	74		0	NC	4		23		
Retinol		74		0	T	4		23		
Vitamin E (alpha-tocopherol)	mg	1.46		0	T	4		0.45		
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta			_	_	_					
Vitamin D		48.430	)	0	T	4		15.013		
Vitamin K (phylloquinone)	mcg	3.6		0	T	4		1.1		
<u> Lipids:</u>										
Fatty acids, total saturated	g	1.256	5	0	MA	12		0.389		
4:0	g	0.000	)	0	MA	12		0.000		
6:0	-	0.000	)	0	MA	12		0.000		
8:0		0.503	3	0	MA	12		0.156		
10:0		0.349		0	MA	12		0.108		
12:0	g	0.013	3	0	MA	12		0.004		
13:0	-									
14:0	-	0.009	9	0	MA	12		0.003		
15:0	g									

		<u>Aı</u>	mount in 10	00 grams Number		ole portio	<u>on</u>	Amount in edible portion of comm measures of food			
Nutrients and Ur	nits	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.260	ı	0	MA	12		0.081			
17:0											
18:0	_	0.122		0	MA	12		0.038			
20:0 22:0											
24:0											
Fatty acids, total monounsaturated		1.936	;	0	MA	12		0.600			
14:1											
15:1	_										
16:1 undifferentiated	g	0.004		0	MA	12		0.001			
17:1	•										
18:1 undifferentiated	•	1.921		0	MA	12		0.596			
20:1		0.011		0	MA	12		0.003			
22:1 undifferentiated	_	0.000	1	0	MA	12		0.000			
24:1 c											
Fatty acids, total polyunsaturated		1.068		0	MA	12		0.331			
18:2 undifferentiated 18:3 undifferentiated	-	0.975 0.092		0	MA MA	12 12		0.302 0.029			
18:4	_	0.000		0	MA	12		0.029			
20:2 n-6 c,c	_	0.000		U	MA	12		0.000			
20:3 undifferentiated											
20:4 undifferentiated	_	0.000	)	0	MA	12		0.000			
20:5 n-3		0.000		0	MA	12		0.000			
22:5 n-3		0.000	1	0	MA	12		0.000			
22:6 n-3		0.000	)	0	MA	12		0.000			
Fatty acids, total trans	g										
Cholesterol	mg	2		0	ML	5		1			
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0		0	z	7		0.0			
Caffeine		0		0	Z	7		0			
Theobromine	mg	0		0	z	7		0			
Carotenoids:	-										
Carotene, beta	mcq	0		0	т	4		0.000			
Carotene, alpha	-	0		0	z	7		0.000			
Cryptoxanthin, beta	-	0		0	z	7		0.000			
Lycopene		0		0	z	7		0.000			
Lutein + zeaxanthin		0		0	Z	7		0.000			

### **Common Measures:**

Measure 1 = 31.0g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 43075 Fluid replacement, electrolyte solution (include PEDIALYTE)

		<u>Aı</u>	mount in 100 gram	s of edil	ole portio	<u>on</u>	Amount in	edible portion	of common
			Numbe	r			me	easures of food	
				Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:									
Water	g	96.44	0	MA	12		241.09	30.09	
Energy	kcal	10	0	NC	4		25	3	
Energy	kj	57	0	NC	4		142	18	
Protein	g	0.00			4		0.00	0.00	
Total lipid (fat)	g	0.00			4		0.00	0.00	
Ash	g	0.18	0	NR	4		0.45	0.06	
Carbohydrate, by difference	g	2.45	0	NR	4		6.13	0.76	
Fiber, total dietary	g	0.0			4		0.0	0.0	
Sugars, total	g	2.45	0	NR	4		6.13	0.76	
Starch	g								
A:									
Minerals:	ma	10			1		25	3	
Calcium, Ca	_	0.00			4		0.00	0.00	
Magnesium, Mg	-	1			4		3	0.00	
Phosphorus, P		10			1		25	3	
Potassium, K	_	77	0	MA	12		192	24	
Sodium, Na		101	0	NR	4		254	32	
Zinc, Zn		0.02	_		4		0.05	0.01	
Copper, Cu		0.010	)		4		0.025	0.003	
Manganese, Mn									
Selenium, Se		0.0	0	Z	7		0.0	0.0	
/itaming.									
<u>Vitamins:</u>		0.0					0.0		
Vitamin C, total ascorbic acid		0.0			4 4		0.0 0.000	0.0 0.000	
ThiaminRiboflavin		0.000			4		0.000	0.000	
Niacin		0.000			4		0.000	0.000	
Pantothenic acid		0.000	•		-		0.000	0.000	
Vitamin B-6		0.000	1		4		0.000	0.000	
Folate, total		0			4		0	0.000	
Folic acid		0	0	z	7		0	0	
Folate, food		0	0	z	7		0	0	
Folate, DFE		0	0	NC	4		0	0	
Vitamin B-12	mcq	0.00			7		0.00	0.00	
Vitamin A, IU		0	0	AS	1		0	0	
Vitamin A, RAE	mcg_RAE	0	0	AS	1		0	0	
Retinol		0	0	Z	7		0	0	
Vitamin E (alpha-tocopherol)		0.00	0	Z	7		0.00	0.00	
Tocopherol, beta									
Tocopherol, gamma	mg								
Tocopherol, delta	mg								
Vitamin D									
Vitamin K (phylloquinone)	mcg	0.0	0	Z	7		0.0	0.0	
Lipids:									
Fatty acids, total saturated	а	0.000	)		4		0.000	0.000	
4:0		0.000			4		0.000	0.000	
6:0	-	0.000			4		0.000	0.000	
8:0.	-	0.000			4		0.000	0.000	
10:0.		0.000			4		0.000	0.000	
12:0		0.000			4		0.000	0.000	
13:0									
14:0		0.000	0		4		0.000	0.000	
15:0	-								
16:0	-	0.000	0		4		0.000	0.000	
17:0									
18:0		0.000	0		4		0.000	0.000	
20:0									
22:0	-								

	<u>Ar</u>	nount in 100 g		dible portic	<u>on</u>	Amount in edible portion of come measures of food		
Nutrients and Units	Mean		mber Data Dei pints Cod		Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.000			4		0.000	0.000	
14:1g	0.000			-		0.000	0.000	
15:19								
16:1 undifferentiated	0.000		0	4		0.000	0.000	
17:1g			-	_				
18:1 undifferentiated.	0.000		0	4		0.000	0.000	
20:1g	0.000		0	4		0.000	0.000	
22:1 undifferentiatedg	0.000		0	4		0.000	0.000	
24:1 cg								
Fatty acids, total polyunsaturated	0.000			4		0.000	0.000	
18:2 undifferentiatedg	0.000		0	4		0.000	0.000	
18:3 undifferentiatedg	0.000		0	4		0.000	0.000	
18:4g	0.000		0	4		0.000	0.000	
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000		0	4		0.000	0.000	
20:5 n-3g	0.000		0	4		0.000	0.000	
22:5 n-3g	0.000		0	4		0.000	0.000	
22:6 n-3g	0.000		0	4		0.000	0.000	
Fatty acids, total transg								
Cholesterol mg	0			7		0	0	
Phytosterolsmg								
Others:								
Alcohol, ethylg	0.0			7		0.0	0.0	
Caffeinemg	0			z 7		0	0	
Theobromine mg	0		0	z 7		0	0	
Carotenoids:								
Carotene, betamcg	0		0	z 7		0.000	0.000	
Carotene, alphamcg	0		0	z 7		0.000	0.000	
Cryptoxanthin, betamcg	0		0	z 7		0.000	0.000	
Lycopenemcg	0		0	z 7		0.000	0.000	
Lutein + zeaxanthin mcg	0		0	z 7		0.000	0.000	

## **Common Measures:**

Measure 1 = 250g: 1 cup (8 fl oz) Measure 2 = 31.2g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03930 Infant formula, MEAD JOHNSON NEXT STEP PROSOBEE. prepared from powder

		<u>A</u>	mount in 10	00 grams	of edil	ole portio	<u>n</u>		edible portion	
Nutrients and Uni	its	Mean	Std. Error		Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food  Measure 2	! Measure 3
Proximates:										
Water	g	86.41		0	MC	9		26.36		
Energy	kcal	67		0	NC	4		20		
Energy	kj	281		0	NC	4		86		
Protein	g	2.14		0	MC	9		0.65		
Total lipid (fat)	g	2.91		0	MC	9		0.89		
Ash	g	0.46		0	MC	9		0.14		
Carbohydrate, by difference	g	8.08		0	NC	4		2.46		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	7.77		0	MC	9		2.37		
Starch										
M:										
Minerals:	ma	128		0	MC	9		39		
Calcium, Ca	-	1.31		0	MC MC	9		39 0.40		
Iron, Fe		7		0	MC	9		0.40 2		
Magnesium, Mg		85		0	MC	9		26		
Phosphorus, P	-	79		0	MC	9		24		
Potassium, K		23		0	MC	9		7		
Zinc, Zn	-	0.79		0	MC	9		0.24		
Copper, Cu	-	0.79	`	0	MC	9		0.015		
11 /	-	0.030		0	MC	9		0.013		
Manganese, Mn Selenium, Se		1.8	,	0	MC	9		0.6		
Selemum, Se	1110g	1.0		U	мс	9		0.0		
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	mg	7.9		0	MC	9		2.4		
Thiamin	mg	0.052	2	0	MC	9		0.016		
Riboflavin	mg	0.059	)	0	MC	9		0.018		
Niacin	mg	0.660	)	0	MC	9		0.201		
Pantothenic acid	mg	0.330	)	0	MC	9		0.101		
Vitamin B-6	mg	0.040	)	0	MC	9		0.012		
Folate, total	mcg	11		0	MC	9		3		
Folic acid	mcg	11		0	MC	9		3		
Folate, food		0		0	Z	7		0		
Folate, DFE	mcg_DFE	18		0	NC	4		5		
Vitamin B-12	mcg	0.19		0	MC	9		0.06		
Vitamin A, IU		194		0	NC	4		59		
Vitamin A, RAE	mcg_RAE	58		0	NC	4		18		
Retinol	mcg	58		0	NC	4		18		
Vitamin E (alpha-tocopherol)	mg	0.60		0	MC	9		0.18		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D		39.810	)	0	MC	9		12.142		
Vitamin K (phylloquinone)	mcg	5.2		0	MC	9		1.6		
Lipids:										
Fatty acids, total saturated	а	1.243	1	0	MC	9		0.379		
4:0		0.000		0	MC	9		0.000		
6:0	_	0.003		0	MC	9		0.001		
8:0		0.049		0	MC	9		0.015		
10:0		0.043		0	MC	9		0.013		
12:0		0.033		0	MC	9		0.012		
13:0		0.202	-	·	110	,		3.000		
14:0		0.117	7	0	MC	9		0.036		
15:0	-	0.11		v	H	,		0.030		
16:0	_	0.641		0	MC	9		0.196		
17:0	_	0.041	-	v	H	,		3.130		
18:0	_	0.117	,	0	MC	9		0.036		
20:0	_	0.11		v	H	,		0.030		
22:0	_									
24:0	_									

	<u>Amo</u>	unt in 100 grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean Si	Number of Data td. Error Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	1.078	0	MC	9		0.329			
14:1g									
15:1g									
16:1 undifferentiatedg	0.003	0	MC	9		0.001			
17:1g									
18:1 undifferentiatedg	1.078	0	MC	9		0.329			
20:1g	0.000	0	MC	9		0.000			
22:1 undifferentiatedg	0.000	0	MC	9		0.000			
24:1 cg									
Fatty acids, total polyunsaturatedg	0.573	0	MC	9		0.175			
18:2 undifferentiatedg	0.495	0	MC	9		0.151			
18:3 undifferentiatedg	0.049	0	MC	9		0.015			
18:4g	0.000	0	Z	7		0.000			
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000	0	Z	7		0.000			
20:5 n-3g	0.000	0	Z	7		0.000			
22:5 n-3g	0.000	0	Z	7		0.000			
22:6 n-3g	0.000	0	Z	7		0.000			
Fatty acids, total transg									
Cholesterolmg	0	0	MC	9		0			
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0	0	Z	7		0.0			
Caffeine mg	0	0	Z	7		0			
Theobromine mg	0	0	Z	7		0			
Carotenoids:									
Carotene, betamcg	0	0	z	7		0.000			
Carotene, alpha mcg	0	0	z	7		0.000			
Cryptoxanthin, betamcg	0	0	z	7		0.000			
Lycopene mcg	0	0	z	7		0.000			
Lutein + zeaxanthin mcg	0	0	z	7		0.000			

## **Common Measures:**

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	00 grams	of edib	le portio	<u>on</u>		edible portion	
				Number	,			<u>m</u>	easures of food	
				of Data	Deriv	Source	Confidence			
Nutrients and Unit	s	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water		3.30		0	MC	9				
Energy		520		0	MC	9				
Energy	kj	2176		0	NR	4				
Protein	-	10.80		0	MC	9				
Total lipid (fat)	-	27.00		0	MC	9				
Ash		2.70		0	MC	9				
Carbohydrate, by difference		56.20		0	NC	4				
Fiber, total dietary		0.0		0	BFZN	4				
Sugars, total		56.00		0	BFZN	4				
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose		56.00		0	BFZN	4				
Maltose										
Galactose										
Starch	9									
Minerals:										
Calcium. Ca	mg	400		0	BFZN	4				
Iron, Fe.	• • • • • • • • • • • • • • • • • • • •	3.60		0	BFZN	4				
Magnesium, Mg		41		0	BFZN	4				
Phosphorus, P		270		0	BFZN	4				
Potassium, K	mg	560		0	BFZN	4				
Sodium, Na	mg	139		0	MC	9				
Zinc, Zn	mg	5.20		0	BFZN	4				
Copper, Cu		0.390	)	0	BFZN	4				
Manganese, Mn										
Selenium, Se	mcg	14.5		0	MC	9				
Vitamins:										
Vitamin C, total ascorbic acid	mg	62.0		0	BFZN	4				
Thiamin		0.410	1	0	BFZN	4				
Riboflavin		0.720	1	0	BFZN	4				
Niacin	mg	5.200	)	0	BFZN	4				
Pantothenic acid	mg									
Vitamin B-6	mg	0.310	)	0	BFZN	4				
Folate, total	mcg	83		0	BFZN	4				
Folic acid	mcg	83		0	BFZN	4				
Folate, food	mcg	0		0	BFZN	4				
Folate, DFE	mcg_DFE	141		0	NC	4				
Vitamin B-12		1.55		0	BFZN	4				
Vitamin A, IU		1550		0	MC	9				
Vitamin A, RAE		470		0	MC	9				
Retinol	•	470		0	MC	9				
Vitamin E (alpha-tocopherol)	_	4.68		0	MC	9				
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta		310.000	1	0	BFZN	4				
Vitamin D Vitamin K (phylloquinone)		41.0	•	0	BFZN	4				
v namni K (pnynoquinone)	inog	41.0		U	DEAN	4				
<u>Lipids:</u>										
Fatty acids, total saturated	g	11.500	)	0	MC	9				
4:0	g	0.000	)	0	BFZN	4				
6:0	g	0.030	)	0	BFZN	4				
8:0	g	0.420	)	0	NR	4				
10:0	g	0.320	)	0	NR	4				
12:0	g	2.500	)	0	MC	9				
13:0	g									

		<u>Aı</u>	nount in 10			ole portic	<u>on</u>		edible portion o	f common
Nutrients and U	nits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	-	5.900		0	NR	4				
17:0										
18:0		1.110		0	NR	4				
20:0	-									
22:0	-									
24:0Fatty acids, total monounsaturated		10.000		0	NR	4				
14:1		10.000		U	NK	4				
15:1										
16:1 undifferentiated		0.030		0	NR	4				
17:1	-	0.000		·		-				
18:1 undifferentiated	•	10.000		0	NR	4				
20:1	•	0.000		0	BFZN	4				
22:1 undifferentiated		0.000		0	BFZN	4				
24:1 c	-									
Fatty acids, total polyunsaturated		5.300		0	NR	4				
18:2 undifferentiated		4.600		0	MC	9				
18:3 undifferentiated	-	0.450		0	MC	9				
18:4	g	0.000		0	BFZN	4				
20:2 n-6 c,c	g									
20:3 undifferentiated										
20:4 undifferentiated	g	0.175		0	MC	9				
20:5 n-3	g	0.000		0	BFZN	4				
22:5 n-3	g	0.000		0	BFZN	4				
22:6 n-3	g	0.090		0	T	4				
Fatty acids, total trans										
Cholesterol	mg	17		0	MC	9				
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0		0	BFZN	4				
Caffeine		0		0	BFZN	4				
Theobromine	mg	0		0	BFZN	4				
Carotenoids:	-									
Carotene, beta	mcg	0		0	BFZN	4				
Carotene, alpha		0		0	BFZN	4				
Cryptoxanthin, beta		0		0	BFZN	4				
Lycopene		0		0	BFZN	4				
Lutein + zeaxanthin		0		0	BFZN	4				

### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03872 Infant formula, MEAD JOHNSON, ENFAMIL LIPIL, with iron, liquid concentrate, not reconstituted

				0 grams	Amount in edible portion of common					
				Number				<u>m</u>	easures of food	<u> </u>
						Source	Confidence			
Nutrients and Units	s	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	75.47		0	MC	9				
Energy	kcal	128		0	NC	4				
Energy	kj	534		0	NC	4				
Protein	g	2.68		0	MC	9				
Total lipid (fat)	g	6.79		0	MC	9				
Ash	g	0.62		0	MC	9				
Carbohydrate, by difference	g	13.96		0	MC	9				
Fiber, total dietary	g	0.0		0	BFZN	4				
Sugars, total	g	13.96		0	MC	9				
Sucrose	g									
Glucose (dextrose)										
Fructose	g									
Lactose	g	13.96		0	MC	9				
Maltose										
Galactose										
Starch										
Minerals:				_						
Calcium, Ca		100		0	MC	9				
Iron, Fe		2.30		0	MC	9				
Magnesium, Mg		10		0	MC	9				
Phosphorus, P		68		0	MC	9				
Potassium, K		138		0	MC	9				
Sodium, Na		35		0	BFZN	4				
Zinc, Zn		1.28		0	MC	9				
Copper, Cu		0.096	i	0	MC	9				
Manganese, Mn				_						
Selenium, Se	mcg	3.6		0	BFZN	4				
Vitamins:										
Vitamin C, total ascorbic acid	mg	15.3		0	MC	9				
Thiamin	mg	0.102		0	MC	9				
Riboflavin	mg	0.179	)	0	MC	9				
Niacin	mg	1.283	1	0	MC	9				
Pantothenic acid	mg									
Vitamin B-6	mg	0.077		0	MC	9				
Folate, total		20		0	MC	9				
Folic acid		20		0	MC	9				
Folate, food		0		0	BFZN	4				
Folate, DFE		34		0	NC	4				
Vitamin B-12		0.38		0	MC	9				
Vitamin A, IU		377		0	MC	9				
Vitamin A, RAE		113		0	MC	9				
Retinol		113		0	MC	9				
Vitamin E (alpha-tocopherol)	-	1.16		0	MC	9				
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		77.358		0	MC	9				
Vitamin K (phylloquinone)		10.2		0	MC	9				
Lipids:	_			_		_				
Fatty acids, total saturated		2.906		0	MC	9				
4:0		0.000		0	BFZN	4				
6:0	_	0.007		0	MC	9				
8:0		0.113		0	MC	9				
10:0		0.075		0	MC	9				
		0 (0)		0	MC	9				
12:0		0.623	•	U		_				
	g	0.623		0		9				

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Un	iite	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
- Nutrients and on	1113	Mean	Ota. Entoi					Wedsure 1	Measure 2	Wedsure 5	
16:0	g	1.491		0	MC	9					
17:0											
18:0		0.283		0	MC	9					
20:0	_										
22:0	_										
24:0		0.605									
Fatty acids, total monounsaturated.		2.625		0	BFZN	4					
14:1											
15:1		0 007		0	т	4					
16:1 undifferentiated	-	0.007		U	т	4					
17:1	•	2 500		•	140	•					
18:1 undifferentiated 20:1	_	2.509 0.000		0	MC BFZN	9 4					
22:1 undifferentiated		0.000		0	BFZN	4					
24:1 c		0.000		U	BFZN	4					
Fatty acids, total polyunsaturated		1.340		0	MC	9					
18:2 undifferentiated		1.170		0	Т	4					
18:3 undifferentiated	_	1.170		0	MC	9					
18:4	-	0.000		0	BFZN	4					
20:2 n-6 c,c	_	0.000		Ū	DI ZIN	-					
20:3 undifferentiated											
20:4 undifferentiated		0.038		0	т	4					
20:5 n-3		0.000		0	BFZN	4					
22:5 n-3		0.000		0	BFZN	4					
22:6 n-3		0.019		0	T	4					
Fatty acids, total trans		0.025		·	_	-					
Cholesterol		1		0	MC	9					
Phytosterols	-	_		-		-					
Others:											
Alcohol, ethyl	g	0.0		0	BFZN	4					
Caffeine		0		0	BFZN	4					
Theobromine	-	0		0	BFZN	4					
Carotenoids:											
Carotene, beta	mcg	0		0	BFZN	4					
Carotene, alpha		0		0	BFZN	4					
Cryptoxanthin, beta		0		0	BFZN	4					
Lycopene		0		0	BFZN	4					
Lutein + zeaxanthin		0		0	BFZN	4					

### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	00 grams	of edib	le portio	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	
				of Data	Deriv	Source	Confidence			
Nutrients and Unit	s	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	3.30		0	MC	9				
Energy	kcal	511		0	NC	4				
Energy		2138		0	NC	4				
Protein	g	10.80		0	MC	9				
Total lipid (fat)	g	27.00		0	MC	9				
Ash	g	2.70		0	MC	9				
Carbohydrate, by difference	g	56.20		0	NC	4				
Fiber, total dietary	g	0.0		0	BFZN	4				
Sugars, total	g	56.00		0	BFZN	4				
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	56.00		0	BFZN	4				
Maltose										
Galactose										
Starch										
Mi										
Minerals:	ma	400		0	DEEN					
Calcium, Ca	• • • • • • • • • • • • • • • • • • • •	9.30		0	BFZN BFZN	4 4				
Iron, Fe		9.30 41		0	BFZN	4				
Phosphorus, P		270		0	BFZN	4				
Potassium, K		560		0	BFZN	4				
Sodium, Na		139		0	MC	9				
Zinc, Zn		5.20		0	BFZN	4				
Copper, Cu		0.390	)	0	BFZN	4				
Manganese, Mn		0.000	•	·	22 211	-				
Selenium, Se		14.5		0	MC	9				
	_									
Vitamins:										
Vitamin C, total ascorbic acid		62.0 0.410		0 0	BFZN	4 4				
Thiamin				0	BFZN	_				
Riboflavin	-	0.720		0	BFZN	4 4				
Niacin	•	5.200	,	U	BFZN	4				
Pantothenic acid		0.310		0	BFZN	4				
Vitamin B-6.		83	,	0		4				
Foliate, total		83		0	BFZN BFZN	4				
Folic acid		0		0	BFZN	4				
Folate, food				0		4				
Folate, DFE		141 1.55		0	NC BFZN	4				
Vitamin B-12 Vitamin A, IU		1.55		0	MC	9				
Vitamin A, IU Vitamin A, RAE		470		0	MC	9				
Retinol		470		0	MC	9				
Vitamin E (alpha-tocopherol)		4.68		0	MC	9				
Tocopherol, beta	-	4.00		U	FIC	,				
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		310.000	)	0	BFZN	4				
Vitamin K (phylloquinone)		41.0		0	BFZN	4				
,				-	•					
<u>Lipids:</u>										
Fatty acids, total saturated	_	11.500		0	MC	9				
4:0		0.000		0	BFZN	4				
6:0	_	0.030		0	BFZN	4				
8:0		0.430		0	MC	9				
10:0		0.320		0	MC	9				
12:0		2.500	)	0	MC	9				
13:0	g									
14:0		1.110		0	MC	9				

		<u>Aı</u>	nount in 10			ole portio	<u>on</u>		edible portion o	f common
Nutrients and Un	nits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Tractionto una on		Wod.	Otal Ello					modelare :		moderate c
16:0	g	5.900		0	MC	9				
17:0										
18:0		1.080		0	MC	9				
20:0	_									
22:0	_									
24:0		10.630		0	BFZN	4				
Fatty acids, total monounsaturated		10.630		U	BFZN	4				
15:1		0.030		0	MC	9				
17:1	_	0.050		Ū	МС	,				
18:1 undifferentiated	•	10.000		0	MC	9				
20:1	•	0.000		0	BFZN	4				
22:1 undifferentiated		0.000		0	BFZN	4				
24:1 c	_									
Fatty acids, total polyunsaturated		5.300		0	BFZN	4				
18:2 undifferentiated		4.600		0	MC	9				
18:3 undifferentiated	_	0.450		0	NR	4				
18:4	_	0.000		0	BFZN	4				
20:2 n-6 c,c	g									
20:3 undifferentiated										
20:4 undifferentiated	g	0.170		0	MC	9				
20:5 n-3	g	0.000		0	BFZN	4				
22:5 n-3	g	0.000		0	BFZN	4				
22:6 n-3	g	0.090		0	MC	9				
Fatty acids, total trans	g									
Cholesterol	mg	17		0	MC	9				
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0		0	BFZN	4				
Caffeine	mg	0		0	BFZN	4				
Theobromine	mg	0		0	BFZN	4				
Carotenoids:										
Carotene, beta	mcg	0		0	BFZN	4				
Carotene, alpha		0		0	BFZN	4				
Cryptoxanthin, beta		0		0	BFZN	4				
Lycopene	mcg	0		0	BFZN	4				
Lutein + zeaxanthin	mcg	0		0	BFZN	4				

### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	o grains	or ear	<u>on</u>	Amount in	Amount in edible portion of common			
				Number				<u>m</u> :	easures of food	<u> </u>	
						Source	Confidence				
Nutrients and Uni	te	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure	
Nutrients and Offi	เจ	Weali	Stu. Elloi					Weasure i	Weasure 2	Weasure	
Proximates:											
Water	g	88.35		0	MC	9					
Energy	kcal	64		0	NC	4					
Energy	kj	268		0	NC	4					
Protein		1.38		0	BFZN	4					
Total lipid (fat)	g	3.50		0	MC	9					
Ash	g	0.32		0	MC	9					
Carbohydrate, by difference	g	6.45		0	NC	4					
Fiber, total dietary	g	0.0		0	BFZN	4					
Sugars, total	g	7.18		0	MC	9					
Sucrose	g										
Glucose (dextrose)											
Fructose	g										
Lactose	g	7.18		0	MC	9					
Maltose											
Galactose											
Starch											
X.C. 1											
Minerals:		F.1		•							
Calcium, Ca		51		0 0	BFZN	4 4					
Iron, Fe		1.18 5		0	BFZN MC	9					
Magnesium, Mg Phosphorus, P		35		0	BFZN	4					
Potassium, K		71		0	BFZN	4					
Sodium, Na		18		0	MC	9					
Zinc, Zn		0.66		0	BFZN	4					
Copper, Cu		0.050	)	0	MC	9					
Manganese, Mn		0.010		0	MC	9					
Selenium, Se		1.8		0	MC	9					
Vitamins:											
Vitamin C, total ascorbic acid	mg	7.9		0	BFZN	4					
Thiamin	<u>.</u> mg	0.052	2	0	MC	9					
Riboflavin	mg	0.092	2	0	BFZN	4					
Niacin	<u>mg</u>	0.660	)	0	MC	9					
Pantothenic acid	_	0.330		0	MC	9					
Vitamin B-6		0.040	)	0	MC	9					
Folate, total		11		0	MC	9					
Folic acid		11		0	MC	9					
Folate, food		0		0	BFZN	4					
Folate, DFE		18		0	NC	4					
Vitamin B-12		0.19		0	MC	9					
Vitamin A, IU		194		0	MC	9					
Vitamin A, RAE		58		0	MC	9					
Retinol	_	58		0 0	MC	9 9					
Vitamin E (alpha-tocopherol)		0.60		U	MC	9					
Tocopherol, beta Tocopherol, gamma											
Tocopherol, delta											
Vitamin D		39.800	)	0	MC	9					
Vitamin K (phylloquinone)		5.2		0	MC	9					
	<b>.</b>										
<u>Lipids:</u>	_		_	_	_						
Fatty acids, total saturated		1.495		0	T	4					
4:0		0.000		0	BFZN	4					
6:0	_	0.003		0	MC	9					
8:0		0.058		0	MC	9					
10:0		0.039		0	BFZN	4					
12:0		0.320	J	0	MC	9					
13:0	_		-	_		_					
14:0	g g	0.146	•	0	MC	9					

		<u>Aı</u>	mount in 10			ole portio	<u>on</u>		edible portion o	f common
Nutrients and Ur	nits	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	а	0.767		0	мс	9				
17:0	_									
18:0		0.146		0	MC	9				
20:0										
22:0	g									
24:0	g									
Fatty acids, total monounsaturated	lg	1.291		0	MC	9				
14:1										
15:1	g									
16:1 undifferentiated	g	0.003		0	MC	9				
17:1	g									
18:1 undifferentiated	g	1.291		0	MC	9				
20:1	g	0.000		0	BFZN	4				
22:1 undifferentiated	g	0.000		0	BFZN	4				
24:1 c	g									
Fatty acids, total polyunsaturated	g	0.689		0	T	4				
18:2 undifferentiated	g	0.602		0	T	4				
18:3 undifferentiated	g	0.058		0	T	4				
18:4	g	0.000		0	BFZN	4				
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.019		0	MC	9				
20:5 n-3	g	0.000		0	BFZN	4				
22:5 n-3	g	0.000		0	BFZN	4				
22:6 n-3		0.010		0	MC	9				
Fatty acids, total trans										
Cholesterol	mg	1		0	MC	9				
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0		0	BFZN	4				
Caffeine	mg	0		0	BFZN	4				
Theobromine	mg	0		0	BFZN	4				
Carotenoids:										
Carotene, beta	mcg	0		0	BFZN	4				
Carotene, alpha		0		0	BFZN	4				
Cryptoxanthin, beta		0		0	BFZN	4				
Lycopene		0		0	BFZN	4				
Lutein + zeaxanthin		0		0	BFZN	4				

### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03830 Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE LIPIL, with iron liquid concentrate, not reconstituted

		Al	mount in 100 g	grams	or ear	le portio	<u>on</u>	Amount in	edible portion	of common
			Nι	umber				<u>m</u>	easures of food	<u>l</u>
					Deriv	Source	Confidence			
Nutrients and Unit	rs.	Mean	Std. Error Po			Code	Code	Measure 1	Measure 2	Measure 3
		moun	O(u) 2.1101					mododio i		modelar c
Proximates:										
Water	g	75.47		0	MC	9				
Energy	kcal	128		0	MC	9				
Energy	kj	536		0	MC	9				
Protein	g	2.68		0	MC	9				
Total lipid (fat)	g	6.79		0	MC	9				
Ash	g	0.64		0	MC	9				
Carbohydrate, by difference	g	13.96		0	MC	9				
Fiber, total dietary	g	0.0		0	BFZN	4				
Sugars, total	g	13.96		0	MC	9				
Sucrose	g									
Glucose (dextrose)		13.96		0	MC	9				
Fructose	g									
Lactose	g									
Maltose										
Galactose										
Starch										
Minanala										
Minerals:	ma	104		0	140	9				
Calcium, CaIron, Fe	-	2.30		0	MC MC	9				
Magnesium, Mg	-	10		0	MC	9				
Phosphorus, P	_	70		0	MC	9				
Potassium, K		140		0	MC	9				
Sodium, Na		38		0	MC	9				
Zine, Zn		1.28		0	MC	9				
Copper, Cu		0.096	5	0	MC	9				
Manganese, Mn										
Selenium, Se		3.6		0	BFZN	4				
Vitamins:										
Vitamin C, total ascorbic acid	ma	15.3		0	MC	9				
Thiamin		0.102	2	0	MC	9				
Riboflavin		0.179	)	0	MC	9				
Niacin	_	1.283	3	0	MC	9				
Pantothenic acid	mg									
Vitamin B-6	mg	0.077	,	0	MC	9				
Folate, total	mcg	20		0	MC	9				
Folic acid	mcg	20		0	MC	9				
Folate, food	mcg	0		0	MC	9				
Folate, DFE	mcg_DFE	34		0	NC	4				
Vitamin B-12	mcg	0.38		0	MC	9				
Vitamin A, IU		377		0	MC	9				
Vitamin A, RAE		113		0	MC	9				
Retinol	-	113		0	MC	9				
Vitamin E (alpha-tocopherol)		1.16		0	MC	9				
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta		77.000	1	0	wa	0				
Vitamin D Vitamin K (phylloquinone)		10.2	,	0	MC MC	9 9				
	y	10.2		J	FIC	,				
<u>Lipids:</u>										
Fatty acids, total saturated		2.906		0	MC	9				
4:0		0.000		0	BFZN	4				
6:0	-	0.007		0	MC	9				
8:0		0.113		0	MC	9				
10:0		0.075		0	MC	9				
12:0		0.623	3	0	MC	9				
13:0	g									
14:0		0.283		0	MC	9				

		<u>A</u>	mount in 10	00 grams Number		ole portio	<u>on</u>		edible portion of easures of food	of common
Nutrients and Ui	nits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	1.491		0	MC	9				
17:0		0.000		•		•				
18:0 20:0	-	0.283	<b>,</b>	0	MC	9				
22:0										
24:0										
Fatty acids, total monounsaturated		2.509	1	0	MC	9				
14:1										
15:1	g									
16:1 undifferentiated	-	0.007		0	MC	9				
17:1	•									
18:1 undifferentiated	•	2.509		0	MC	9				
20:1		0.000		0	BFZN	4				
22:1 undifferentiated	-	1.340	)	0	MC	9				
24:1 c		1.340		0	MC	9				
Fatty acids, total polyunsaturated		1.340		0	MC	9				
18:3 undifferentiated	_	0.113		0	MC	9				
18:4	-	0.000		0	MC	9				
20:2 n-6 c,c	-	0.000		·	110	,				
20:3 undifferentiated										
20:4 undifferentiated	-	0.038		0	MC	9				
20:5 n-3		0.000	1	0	MC	9				
22:5 n-3	g	0.000	)	0	BFZN	4				
22:6 n-3	g	0.019	)	0	MC	9				
Fatty acids, total trans										
Cholesterol	mg	2		0	MC	9				
Phytosterols	mg									
Others:										
Alcohol, ethyl	q	0.0		0	BFZN	4				
Caffeine		0		0	BFZN	4				
Theobromine	-	0		0	BFZN	4				
Carotenoids:	-									
Carotene, beta	mca	0		0	BFZN	4				
Carotene, alpha	_	0		0	BFZN	4				
Cryptoxanthin, beta	-	0		0	BFZN	4				
Lycopene		0		0	BFZN	4				
Lutein + zeaxanthin		0		0	BFZN	4				

### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10			le portic	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Unit	·s	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	<u>l</u> Measure :	
Proximates:											
Water	g	2.20		0	MC	9					
Energy	kcal	521		0	NC	4					
Energy		2176		0	MC	9					
Protein		10.90		0	MC	9					
Total lipid (fat)		28.00		0	MC	9					
Ash		2.60		0	MC	9					
Carbohydrate, by difference		56.30		0	NC	4					
Fiber, total dietary		0.0		0	BFZN	_					
Sugars, total		57.00		0	MC	9					
		57.00		U	MC	9					
Sucrose				•		•					
Glucose (dextrose)		57.00		0	MC	9					
Fructose	9										
Lactose	g										
Maltose	g										
Galactose											
Starch	g										
Minerals:											
Calcium, Ca	ma	430		0	BFZN	4					
,	-	9.40		0	MC	9					
Iron, Fe.		42		0	BFZN	4					
Magnesium, Mg		290		0	BFZN	4					
Phosphorus, P		570		0	MC	9					
Potassium, K		156		0	MC	9					
Sodium, Na		5.20		0	MC	9					
Zinc, Zn		0.390	,	0	MC	9					
Copper, Cu		0.390	,	U	MC	9					
Manganese, Mn		14.6		0	мс	9					
Selenium, Se	inog	14.6		U	MC	9					
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid	mg	62.0		0	MC	9					
Thiamin	mg	0.420	)	0	BFZN	4					
Riboflavin	mg	0.730	)	0	MC	9					
Niacin	mg	5.200	)	0	MC	9					
Pantothenic acid	mg										
Vitamin B-6	mg	0.310	)	0	MC	9					
Folate, total	mcg	83		0	MC	9					
Folic acid		83		0	MC	9					
Folate, food		0		0	MC	9					
Folate, DFE		141		0	NC	4					
Vitamin B-12		1.56		0	MC	9					
Vitamin A, IU		1560		0	MC	9					
Vitamin A, RAE		470		0	MC	9					
Retinol		470		0	MC	9					
Vitamin E (alpha-tocopherol)		4.70		0	MC	9					
Tocopherol, beta		1.70		v	110						
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D		310.000	)	0	MC	9					
Vitamin K (phylloquinone)		42.0		0	BFZN	4					
				•		-					
<u>Lipids:</u>											
Fatty acids, total saturated	g	11.900	)	0	MC	9					
4:0	g	0.000	)	0	BFZN	4					
6:0	g	0.030	)	0	BFZN	4					
8:0	g	0.440	)	0	MC	9					
10:0	g	0.330	)	0	MC	9					
12:0		2.500	)	0	MC	9					
13:0											
14:0		1.150	)	0	MC	9					
15:0											

		<u>A</u>	mount in 10	00 grams Number		ole portio	<u>on</u>		Amount in edible portion of common measures of food			
Nutrients and Un	iits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3		
16:0	g	6.200		0	MC	9						
17:0		1 150		0	мс	9						
18:0 20:0 22:0	g	1.150		U	мС	9						
24:0	g											
Fatty acids, total monounsaturated.	g	10.400	)	0	MC	9						
15:1 16:1 undifferentiated 17:1	g	0.030	1	0	BFZN	4						
18:1 undifferentiated	•	10.400	)	0	MC	9						
20:1	g	0.000	)	0	BFZN	4						
22:1 undifferentiated	g	0.000	)	0	BFZN	4						
24:1 c	g											
Fatty acids, total polyunsaturated	g	5.500	1	0	MC	9						
18:2 undifferentiated	g	4.800	)	0	MC	9						
18:3 undifferentiated	g	0.460	)	0	MC	9						
18:4	g	0.000	)	0	BFZN	4						
20:2 n-6 c,c	g											
20:3 undifferentiated	g											
20:4 undifferentiated	g	0.180	1	0	MC	9						
20:5 n-3	g	0.000	)	0	BFZN	4						
22:5 n-3	g	0.000	1	0	BFZN	4						
22:6 n-3	g	0.090	)	0	MC	9						
Fatty acids, total trans	g											
Cholesterol	mg	7		0	MC	9						
Phytosterols	mg											
Others:												
Alcohol, ethyl	а	0.0		0	BFZN	4						
Caffeine		0		0	BFZN	4						
Theobromine	_	0		0	BFZN	4						
Carotenoids:	e	v		v	DI DI	-						
Carotene, beta	mcg	0		0	BFZN	4						
Carotene, alpha	mcg	0		0	BFZN	4						
Cryptoxanthin, beta	_	0		0	BFZN	4						
Lycopene		0		0	BFZN	4						
Lutein + zeaxanthin		0		0	BFZN	4						

### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 100	grams	ot edib	ie portic	<u>on</u>	Amount in edible portion of common			
			1	Number				measures of food			
						Source	Confidence				
Nutrients and Unit	te	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure	
Nutrients and Office	.5	Weali	Stu. Elloi	· omico	0000			Weasure i	Wedsure 2	Weasure	
Proximates:											
Water	q	88.35		0	MC	9					
Energy	-	66		0	MC	9					
Energy		276		0	MC	9					
Protein		1.38		0	MC	9					
Total lipid (fat)	_	3.50		0	MC	9					
Ash		0.33		0	MC	9					
Carbohydrate, by difference		7.18		0	MC	9					
		0.0		0	BFZN						
Fiber, total dietary				0							
Sugars, total		7.18		U	MC	9					
Sucrose											
Glucose (dextrose)	9	7.18		0	MC	9					
Fructose	g										
Lactose											
Maltose	g										
Galactose	g										
Starch	g										
Minerals:											
Calcium, Ca	ma	54		0	BFZN	4					
		1.18		0	BFZN	4					
Iron, Fe.		5		0	BFZN	4					
Magnesium, Mg Phosphorus, P		36		0	BFZN	4					
1	-	72		0	BFZN	4					
Potassium, K Sodium, Na		19		0	MC	9					
Zinc, Zn		0.66		0	BFZN	4					
Copper, Cu		0.050		0	MC	9					
Manganese, Mn		0.050		U	MC	9					
Selenium, Se		1.8		0	MC	9					
Scienium, Sc	Illog	1.0		Ū	ис						
Vitamins:											
Vitamin C, total ascorbic acid	mg	7.9		0	BFZN	4					
Thiamin	mg	0.052	!	0	MC	9					
Riboflavin	mg	0.092	!	0	MC	9					
Niacin	<u>mg</u>	0.660	1	0	MC	9					
Pantothenic acid	mg										
Vitamin B-6	mg	0.040	)	0	MC	9					
Folate, total	mcg	11		0	MC	9					
Folic acid	mcg	11		0	MC	9					
Folate, food	mcg	0		0	BFZN	4					
Folate, DFE	mcg_DFE	18		0	NC	4					
Vitamin B-12		0.19		0	MC	9					
Vitamin A, IU		194		0	MC	9					
Vitamin A, RAE	mcg_RAE	58		0	MC	9					
Retinol	-	58		0	MC	9					
Vitamin E (alpha-tocopherol)		0.60		0	MC	9					
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D		40.000	1	0	MC	9					
Vitamin K (phylloquinone)	mcg	5.2		0	MC	9					
Lipids:											
	a	1 405	:	0	wa	9					
Fatty acids, total saturated		1.495		0	MC MC	9					
4:0		0.003		-							
6:0	-	0.058		0	MC	9					
8:0		0.059		0	BFZN	4					
10:0		0.039		0	MC	9					
12:0		0.320	1	0	MC	9					
13:0				-		_					
14:0	а	0.146		0	MC	9					

		<u>Ar</u>	nount in 10			le portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Uni	ts	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
460						•					
16:0	_	0.767		0	MC	9					
17:0 18:0		0.158		0	BFZN	4					
20:0	_	0.136		U	DF ZN	-					
22:0	_										
24:0.	_										
Fatty acids, total monounsaturated		0.146		0	MC	9					
14:1											
15:1											
16:1 undifferentiated	g	1.291		0	MC	9					
17:1	g										
18:1 undifferentiated	g	1.291		0	MC	9					
20:1	g	0.000		0	BFZN	4					
22:1 undifferentiated	g	0.000		0	BFZN	4					
24:1 c											
Fatty acids, total polyunsaturated	g	0.689		0	BFZN	4					
18:2 undifferentiated	g	0.602		0	MC	9					
18:3 undifferentiated	g	0.058		0	MC	9					
18:4	_	0.000		0	BFZN	4					
20:2 n-6 c,c											
20:3 undifferentiated	_										
20:4 undifferentiated		0.019		0	MC	9					
20:5 n-3		0.000		0	MC	9					
22:5 n-3		0.000		0	BFZN	4					
22:6 n-3		0.010		0	MC	9					
Fatty acids, total trans		_		•		•					
CholesterolPhytosterols	_	1		0	MC	9					
-											
Others:	_			•							
Alcohol, ethyl		0.0		0	BFZN	4					
Caffeine		0		0	BFZN	4					
Theobromine	mg	0		0	BFZN	4					
Carotenoids:											
Carotene, beta		0		0	BFZN	4					
Carotene, alpha		0		0	BFZN	4					
Cryptoxanthin, beta		0		0	BFZN	4					
Lycopene		0		0	BFZN	4					
Lutein + zeaxanthin	mcg	0		0	BFZN	4					

### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03871 Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, with iron, liquid concentrate, not reconstituted

		<u>Al</u>	mount in 100	Amount in edible portion of common								
				Number				measures of food				
						Source	Confidence					
Nutrients and Uni	te	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure		
Nathents and on		Mean	Ota. Error					Wicasare 1	Wedsure 2	Wedsure		
Proximates:												
Water	g	75.47		0	NR	4						
Energy	-	130		0	NC	4						
Energy		542		0	NC	4						
Protein		2.68		0	NR	4						
Total lipid (fat)	-	6.79		0	NR	4						
Ash		0.64		0	NR	4						
Carbohydrate, by difference	g	14.42		0	NC	4						
Fiber, total dietary		0.0		0	Z	7						
Sugars, total		13.96		0	NR	4						
Sucrose												
Glucose (dextrose)		13.65		0	T	4						
Fructose	g											
Lactose	g											
Maltose												
Galactose												
Starch												
	_											
Minerals:				_								
Calcium, Ca		104		0	NR	4						
Iron, Fe		2.30		0	NR	4						
Magnesium, Mg		10 70		0	NR	4 4						
Phosphorus, P Potassium, K	-	140		0	NR NR	4						
Sodium, Na		38		0	NR NR	4						
Zinc, Zn		1.28		0	NR	4						
Copper, Cu		0.096	i	0	NR	4						
Manganese, Mn		0.000		·		-						
Selenium, Se		3.6		0	BFZN	4						
	-											
Vitamins:		45.0										
Vitamin C, total ascorbic acid	_	15.3 0.102		0	NR NR	4 4						
ThiaminRiboflavin		0.102		0	MC	9						
Niacin	• • • • • • • • • • • • • • • • • • • •	1.283		0	NR.	4						
Pantothenic acid		1.203		U	NK	-						
Vitamin B-6	_	0.077		0	NR	4						
Folate, total		20		0	NR	4						
Folic acid		20		0	NR	4						
Folate, food		0		0	NR	4						
Folate, DFE		34		0	NC	4						
Vitamin B-12		0.38		0	NR	4						
Vitamin A, IU		377		0	NR	4						
Vitamin A, RAE		113		0	NR	4						
Retinol		113		0	NR	4						
Vitamin E (alpha-tocopherol)	mg	1.16		0	NR	4						
Tocopherol, beta												
Tocopherol, gamma												
Tocopherol, delta												
Vitamin D		77.000	1	0	NR	4						
Vitamin K (phylloquinone)	mcg	10.2		0	NR	4						
Lipids:												
Fatty acids, total saturated	а	2.906	i	0	NR	4						
4:0		0.000		0	MC	9						
6:0	-	0.007		0	NR	4						
8:0	-	0.113		0	NR	4						
10:0		0.075		0	NR	4						
12:0		0.623		0	NR	4						
13:0				-								
14:0		0.283	1	0	NR	4						
15:0				-								

	<u>A</u> 1	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0g	1.491		0	NR	4				
17:0g									
18:0g	0.283		0	NR	4				
20:0g 22:0g									
24:0g									
Fatty acids, total monounsaturatedg	2.509		0	NR	4				
14:1g					_				
15:1									
16:1 undifferentiated	0.007		0	NR	4				
17:1g									
18:1 undifferentiatedg	2.509		0	NR	4				
20:1g	0.000		0	MC	9				
22:1 undifferentiatedg	0.000		0	MC	9				
24:1 cg									
Fatty acids, total polyunsaturated	1.340		0	NR	4				
18:2 undifferentiatedg	1.170		0	NR	4				
18:3 undifferentiatedg	0.113		0	NR	4				
18:4g	0.000		0	MC	9				
20:2 n-6 c,cg									
20:3 undifferentiated	0.000		0	MC	9				
20:5 n-3g	0.000		0	MC	9				
22:5 n-3g	0.000		0	MC	9				
22:6 n-3g	0.000		0	MC	9				
Fatty acids, total transg									
Cholesterolmg	2		0	MC	9				
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7				
Caffeinemg	0		0	Z	7				
Theobrominemg	0		0	Z	7				
Carotenoids:									
Carotene, betamcg	0		0	z	7				
Carotene, alphamcg	0		0	z	7				
Cryptoxanthin, beta mcg	0		0	Z	7				
Lycopene mcg	0		0	Z	7				
Lutein + zeaxanthin mcg	0		0	Z	7				

### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 10	00 grams	of edik	le portio	<u>on</u>		edible portion	
				Number				<u>m</u>	easures of food	_
				of Data	Deriv	Source	Confidence			
Nutrients and Units	s	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure :
Proximates:										
Water	g	2.20		0	MC	9				
Energy	kcal	520		0	MC	9				
Energy		2176		0	MC	9				
Protein		10.90		0	MC	9				
Total lipid (fat)		28.00		0	MC	9				
Ash		2.60		0	MC	9				
		56.30		0	NC	4				
Carbohydrate, by difference				0	NC Z	7				
Fiber, total dietary		0.0								
Sugars, total		57.00		0	MC	9				
Sucrose										
Glucose (dextrose)		57.00		0	MC	9				
Fructose	g									
Lactose	g									
Maltose										
Galactose										
Starch										
Minerals:										
Calcium, Ca	mg	430		0	MA	12				
Iron, Fe	mg	9.40		0	MC	9				
Magnesium, Mg	mg	42		0	MA	12				
Phosphorus, P	mg	290		0	MA	12				
Potassium, K	mg	580		0	MA	12				
Sodium, Na	mg	156		0	MC	9				
Zinc, Zn	mg	5.20		0	MC	9				
Copper, Cu	mg	0.390	)	0	MC	9				
Manganese, Mn										
Selenium, Se		14.6		0	MC	9				
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid		62.0		0	MC	9				
Thiamin		0.420		0	MA	12				
Riboflavin	mg	0.130	)	0	MC	9				
Niacin	<u>.</u> mg	5.200	)	0	MC	9				
Pantothenic acid	mg									
Vitamin B-6	mg	0.310	)	0	MC	9				
Folate, total	mcg	83		0	MC	9				
Folic acid	mcg	83		0	MC	9				
Folate, food	mcg	0		0	Z	7				
Folate, DFE	mcg DFE	141		0	NC	4				
Vitamin B-12		1.56		0	MC	9				
Vitamin A, IU		1560		0	MC	9				
Vitamin A, RAE		470		0	MC	9				
Retinol		470		0	MC	9				
Vitamin E (alpha-tocopherol)		4.13		0	MC	9				
		4.13		U	PIC	J				
Tocopherol, beta										
Tocopherol, dalta										
Tocopherol, delta		310.000		0	MC	9				
Vitamin D			,							
Vitamin K (phylloquinone)	incg	42.0		0	T	9				
Lipids:										
Fatty acids, total saturated	q	11.900	)	0	MC	9				
4:0		0.000		0	MA	12				
6:0		0.030		0	MA	12				
8:0	_	0.030		0	MC	9				
	_			0		12				
10:0		0.350		0	MA MA	12				
12:0		2.700	,	U	MA	12				
13:0				_		_				
14:0	a	1.150	)	0	MC	9				

	<u>A</u>	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0g	6.200	ı	0	MC	9					
17:0g										
18:0g	1.150	1	0	MC	9					
20:0g										
22:0g										
24:0g										
Fatty acids, total monounsaturated9	10.400		0	MC	9					
14:1g										
15:1g			_							
16:1 undifferentiatedg	0.030		0	MA	12					
17:1g	10 400		•		•					
18:1 undifferentiatedg 20:1	10.400		0	MC MA	9 12					
20:1	0.000		0	MA	12					
22:1 undifferentiated	0.000		U	MA	12					
Fatty acids, total polyunsaturatedg	5.500		0	мс	9					
18:2 undifferentiatedg	4.800		0	MC	9					
18:3 undifferentiatedg	0.460		0	MC	9					
18:4g	0.000		0	MA	12					
20:2 n-6 c.cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000	ı	0	MC	9					
20:5 n-3g	0.000	ı	0	MA	12					
22:5 n-3g	0.000	1	0	MA	12					
22:6 n-3g	0.000	1	0	MA	12					
Fatty acids, total trans9										
Cholesterolmg	8		0	MA	12					
Phytosterolsmg										
Others:										
Alcohol, ethyl	0.0		0	Z	7					
Caffeinemg	0		0	z	7					
Theobrominemg	0		0	z	7					
Carotenoids:										
Carotene, betamcg	0		0	z	7					
Carotene, alphamcg	0		0	z	7					
Cryptoxanthin, betamcg	0		0	z	7					
Lycopene mcg	0		0	z	7					
Lutein + zeaxanthin mcg	0		0	z	7					

### **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

				Amount in edible portion of common						
Nutrients and Unit	s	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	<u>I</u> Measure 3
Proximates: Water	a	88.35		0	MC	9				
Energy	-	63		0	NC NC	4				
Energy		263		0	NC	4				
		1.38		0	MC	9				
Protein Total lipid (fat)		3.50		0	MC	9				
		0.33		0	MC	9				
AshCarbohydrate, by difference		6.44		0	NC	4				
Fiber, total dietary		0.0		0	Z	7				
		7.18		0	MC	9				
Sugars, total		7.10		U	мс	9				
Starcii	9									
Minerals:										
Calcium, Ca	mg	53		0	MC	9				
Iron, Fe	mg	1.18		0	MA	12				
Magnesium, Mg	mg	5		0	MC	9				
Phosphorus, P		36		0	MA	12				
Potassium, K		72		0	MA	12				
Sodium, Na		19		0	MC	9				
Zinc, Zn		0.66		0	MA	12				
Copper, Cu		0.050	)	0	MC	9				
Manganese, Mn		1.0		•		•				
Selenium, Se	Tricg	1.8		0	MC	9				
Vitamins:										
Vitamin C, total ascorbic acid	mg	7.9		0	MA	12				
Thiamin	mg	0.052	2	0	MC	9				
Riboflavin	mg	0.092	2	0	MC	9				
Niacin	mg	0.660	)	0	MC	9				
Pantothenic acid	mg									
Vitamin B-6	-	0.040	)	0	MC	9				
Folate, total	mcg	11		0	MC	9				
Folic acid	mcg	11		0	MC	9				
Folate, food		0		0	Z	7				
Folate, DFE		18		0	NC	4				
Vitamin B-12		0.19		0	MC	9				
Vitamin A, IU	IU	194		0	MC	9				
Vitamin A, RAE		58		0	MC	9				
Retinol		58		0	MC	9				
Vitamin E (alpha-tocopherol)		0.60		0	MC	9				
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta		40.000	,	0	MC	0				
Vitamin D Vitamin K (phylloquinone)		5.2	,	0	MC MC	9 9				
vitamin K (phytioquinone)	iiicg	3.2		U	МС	9				
<u>Lipids:</u>										
Fatty acids, total saturated	g	1.495	5	0	MC	9				
4:0		0.000	)	0	MA	12				
6:0	g	0.003	3	0	MC	9				
8:0	g	0.058		0	MC	9				
10:0	-	0.039		0	MC	9				
12:0	-	0.320	)	0	MC	9				
13:0										
14:0		0.146	5	0	MC	9				
15:0										
16:0		0.767	1	0	MC	9				
17:0			_	_		_				
18:0		0.146	5	0	MC	9				
20:0	-									
22:0										

	<u>Ar</u>	mount in 10	0 grams	Amount in edible portion of common					
Nutrients and Units	Mean			Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturatedg	1.291		0	MC	9				
14:1g									
15:1g									
16:1 undifferentiatedg	0.003		0	MC	9				
17:1g									
18:1 undifferentiatedg	1.291		0	MC	9				
20:1g	0.000		0	MA	12				
22:1 undifferentiatedg	0.000		0	MA	12				
24:1 cg									
Fatty acids, total polyunsaturated9	0.689		0	MA	12				
18:2 undifferentiatedg	0.602		0	MC	9				
18:3 undifferentiatedg	0.066		0	MA	12				
18:4g	0.000		0	MA	12				
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	MA	12				
20:5 n-3g	0.000		0	MA	12				
22:5 n-3g	0.000		0	MA	12				
22:6 n-3g	0.000		0	MA	12				
Fatty acids, total trans									
Cholesterolmg	1		0	MA	12				
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7				
Caffeine mg	0		0	Z	7				
Theobromine mg	0		0	Z	7				
Carotenoids:									
Carotene, beta mcg	0		0	Z	7				
Carotene, alpha mcg	0		0	Z	7				
Cryptoxanthin, beta mcg	0		0	Z	7				
Lycopene mcg	0		0	Z	7				
Lutein + zeaxanthin mcg	0		0	Z	7				

## **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03844 Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN LIPIL, with iron liquid concentrate,not reconstituted

		<u>A</u>	mount in 100	grams	ot edib	ie portio	<u>on</u>	Amount in edible portion of common			
			N	Number				<u>m</u>	easures of food	<u> </u>	
			(	of Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	75.70		0	MC	9					
Energy	kcal	126		0	MC	9					
Energy	kj	527		0	MC	9					
Protein	g	3.53		0	MC	9					
Total lipid (fat)	g	6.73		0	MC	9					
Ash		0.92		0	MC	9					
Carbohydrate, by difference		13.08		0	MC	9					
Fiber, total dietary		0.0		0	BFZN	4					
Sugars, total		9.87		0	MC	9					
Starch		3.21		0	MC	9					
Starcii	9	3.21		·	110	,					
<u> Iinerals:</u>											
Calcium, Ca	mg	123		0	BFZN	4					
Iron, Fe	mg	2.28		0	MC	9					
Magnesium, Mg	mg	14		0	MC	9					
Phosphorus, P	mg	80		0	MC	9					
Potassium, K	mg	138		0	MC	9					
Sodium, Na		60		0	MC	9					
Zinc, Zn		1.27		0	MC	9					
Copper, Cu		0.095	5	0	MC	9					
Manganese, Mn											
Selenium, Se		3.5		0	MC	9					
7:4 :											
/itamins:		4-4				•					
Vitamin C, total ascorbic acid		15.1		0	MC	9					
Thiamin		0.101		0	MC	9					
Riboflavin		0.114		0	MC	9					
Niacin	-	1.271	_	0	MC	9					
Pantothenic acid											
Vitamin B-6		0.077	7	0	MC	9					
Folate, total		20		0	MC	9					
Folic acid		20		0	MC	9					
Folate, food		0		0	BFZN	4					
Folate, DFE	mcg_DFE	34		0	NC	4					
Vitamin B-12	mcg	0.37		0	MC	9					
Vitamin A, IU		374		0	MC	9					
Vitamin A, RAE	mcg_RAE	112		0	MC	9					
Retinol	mcg	112		0	MC	9					
Vitamin E (alpha-tocopherol)	mg	1.15		0	MC	9					
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D		63.600	)	0	MC	9					
Vitamin K (phylloquinone)		10.1		0	MC	9					
<u>ipids:</u>	~	0.05	,	_		^					
Fatty acids, total saturated		2.879		0	MC	9					
4:0		0.000		0	BFZN	4					
6:0	-	0.007		0	MC	9					
8:0	_	0.112		0	MC	9					
10:0	_	0.075		0	MC	9					
12:0		0.617	7	0	BFZN	4					
13:0											
14:0		0.280	)	0	MC	9					
15:0	g										
16:0	g	1.477	7	0	MC	9					
17:0	g										
18:0		0.280	)	0	MC	9					
20:0											
22:0	-										
24:0	-										

NDB No. 03844 Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN LIPIL, with iron liquid concentrate,not reconstituted

	<u>Ar</u>	nount in 10	0 grams	of edib	Amount in edible portion of common				
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturatedg	2.486		0	MC	9				
14:1	2.400		v	110	,				
15:1g									
16:1 undifferentiatedg	0.007		0	MC	9				
17:1g			-		-				
18:1 undifferentiated 9	2.486		0	MC	9				
20:1g	0.000		0	BFZN	4				
22:1 undifferentiated	0.000		0	BFZN	4				
24:1 cg									
Fatty acids, total polyunsaturatedg	1.327		0	MC	9				
18:2 undifferentiatedg	1.159		0	MC	9				
18:3 undifferentiatedg	0.112		0	MC	9				
18:4g	0.000		0	BFZN	4				
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.037		0	MC	9				
20:5 n-3g	0.000		0	BFZN	4				
22:5 n-3g	0.000		0	BFZN	4				
22:6 n-3g	0.022		0	MC	9				
Fatty acids, total trans									
Cholesterolmg	0		0	MC	9				
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	BFZN	4				
Caffeine mg	0		0	BFZN	4				
Theobromine mg	0		0	BFZN	4				
Carotenoids:									
Carotene, betamcg	0		0	BFZN	4				
Carotene, alphamcg	0		0	BFZN	4				
Cryptoxanthin, betamcg	0		0	BFZN	4				
Lycopene mcg	0		0	BFZN	4				
Lutein + zeaxanthinmcg	0		0	BFZN	4				

## **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	00 grams	of edib	le portio	<u>n</u>	Amount in edible portion of common			
				Number	•			<u>m</u>	easures of food	<u>l</u>	
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	3.00		0	MC	9					
Energy	kcal	503		0	MC	9					
Energy	kj	2105		0	MC	9					
Protein		13.90		0	MC	9					
Total lipid (fat)	g	26.00		0	MC	9					
Ash		2.90		0	MC	9					
Carbohydrate, by difference		54.20		0	NC	4					
Fiber, total dietary		0.0		0	BFZN						
		44.30		0	MC	9					
Sugars, total		6.70		0	MC	9					
Starch	9	6.70		U	MC	9					
Minerals:											
Calcium, Ca	mq	470		0	MC	9					
Iron. Fe.	-	8.90		0	BFZN	4					
Magnesium, Mg		55		0	MC	9					
Phosphorus, P		310		0	BFZN	4					
Potassium, K	-	550		0	MC	9					
Sodium, Na	-	230		0	BFZN	4					
Zinc, Zn	-	5.00		0	MC	9					
Copper, Cu		0.370	1	0	BFZN	4					
Manganese, Mn	-	0.124		0	MC	9					
Selenium, Se		13.9	•	0	MC	9					
Scientum, Sc		13.3		· ·	мс	,					
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid	mg	60.0		0	MC	9					
Thiamin	mg	0.400	)	0	BFZN	4					
Riboflavin	mg	0.450	)	0	MC	9					
Niacin		5.000	)	0	MC	9					
Pantothenic acid	-										
Vitamin B-6	-	0.300	)	0	MC	9					
Folate, total		79		0	BFZN	4					
Folic acid		79		0	BFZN	4					
Folate, food		0		0	BFZN	4					
Folate, DFE		134		0	NC	4					
Vitamin B-12		1.49		0	MC	9					
Vitamin A, IU		1490		0	MC	9					
		450		0	MC	9					
Vitamin A, RAE		450 450		0	MC	9					
Retinol											
Vitamin E (alpha-tocopherol)		4.50		0	MC	9					
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta		050 000		^	D==						
Vitamin D		250.000	,	0	BFZN	4					
Vitamin K (phylloquinone)	riicg	40.0		0	MC	9					
<u>ipids:</u>											
Fatty acids, total saturated	а	11.200	)	0	MC	9					
4:0		0.000		0	BFZN	4					
6:0		0.030		0	BFZN	4					
	-	0.030		0	MC	9					
8:0	-			0		9					
10:0		0.310			MC						
12:0		2.400	,	0	MC	9					
13:0				_		_					
14:0		1.070	)	0	MC	9					
15:0											
16:0		5.700	)	0	MC	9					
17:0	g										
18:0	g	1.070	)	0	MC	9					
20:0	g										
22:0	g										
24:0	g										

NDB No. 03838 Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN LIPIL, with iron, powder, not reconstituted

Nutrients and Units   Nutrients and Units   Nutrients and Units   Nutrients and Units   Std. Error Points   Code   Code   Code   Code   Code   Neasure 1   Neasure 2   Neasure 3		<u>Ar</u>	mount in 10			Amount in edible portion of common measures of food				
14-1	Nutrients and Units	Mean	Std. Error	of Data	Deriv					Measure 3
14-1	F	0.600		0	<b>1</b> /0	0				
15:1	-	9.600		U	МС	9				
16:1 undifferentiated										
17:1		0.030		0	MC	9				
18:1 undifferentiated.   9	<del>-</del>	0.000		•						
20:1		9.600		0	MC	9				
22:1 undifferentiated	<del>-</del>			0	BFZN	4				
Fatty acids, total polyunsaturated. 9 5.200 0 MC 9  18:2 undifferentiated. 9 4.500 0 MC 9  18:3 undifferentiated. 9 0.430 0 MC 9  18:4 9 0.000 0 BFZN 4  20:2 n-6 c,c. 9  20:3 undifferentiated. 9 0.170 0 MC 9  20:5 n-3 9 0.000 0 BFZN 4  22:5 n-3 9 0.000 0 BFZN 4  22:6 n-3 9 0.000 0 BFZN 4  22:6 n-3 9 0.000 0 BFZN 4  22:6 n-3 9 0.000 0 BFZN 4  20:0 state of the state o		0.000		0	BFZN	4				
18:2 undifferentiated       g       4.500       0       MC       9         18:3 undifferentiated       g       0.430       0       MC       9         18:4       g       0.000       0       BFZN       4         20:2 n-6 c,c       g         20:3 undifferentiated       g       0       MC       9         20:4 undifferentiated       g       0.170       0       MC       9         20:5 n-3       g       0.000       0       BFZN       4         22:5 n-3       g       0.000       0       BFZN       4         22:6 n-3       g       0.080       0       MC       9         Fatty acids, total trans       g       0       BFZN       4         Phytosterols       mg       0       BFZN       4         Phytosterols       mg       0       BFZN       4         Caffeine       mg       0       0       BFZN       4         Caffeine       mg       0       0       BFZN       4         Carotenoids:       0       0       BFZN       4	24:1 cg									
18:3 undifferentiated       9       0.430       0       MC       9         18:4	Fatty acids, total polyunsaturatedg	5.200		0	MC	9				
18:4       9       0.000       0       BFZN       4         20:2 n-6 c,c.       9         20:3 undifferentiated       9         20:4 undifferentiated       9       0.170       0       MC       9         20:5 n-3       9       0.000       0       BFZN       4         22:5 n-3       9       0.000       0       BFZN       4         22:6 n-3       9       0.080       0       MC       9         Fatty acids, total trans       9         Cholesterol       mg       0       0       BFZN       4         Phytosterols       mg       0       0       BFZN       4         Caffeine       mg       0       0       BFZN       4         Caffeine       mg       0       0       BFZN       4         Theobromine       mg       0       0       BFZN       4         Carotenoids:       4       4       4       4	18:2 undifferentiatedg	4.500		0	MC	9				
20:2 n-6 c,c	18:3 undifferentiatedg	0.430		0	MC	9				
20:3 undifferentiated       9         20:4 undifferentiated       9         20:5 n-3       9       0.000       0       BFZN       4         22:5 n-3       9       0.000       0       BFZN       4         22:6 n-3       9       0.080       0       MC       9         Fatty acids, total trans       9       0       0       BFZN       4         Phytosterols       mg       0       0       BFZN       4         Phytosterols       mg       0       0       BFZN       4         Caffeine       mg       0       0       BFZN       4         Caffeine       mg       0       0       BFZN       4         Theobromine       mg       0       0       BFZN       4         Carotenoids:	18:4g	0.000		0	BFZN	4				
20:4 undifferentiated       9       0.170       0 MC       9         20:5 n-3       9       0.000       0 BFZN       4         22:5 n-3       9       0.000       0 BFZN       4         22:6 n-3       9       0.080       0 MC       9         Fatty acids, total trans       9         Cholesterol       mg       0       0 BFZN       4         Phytosterols       mg       0       BFZN       4         Others:         Alcohol, ethyl       9       0.0       0 BFZN       4         Caffeine       mg       0       0 BFZN       4         Theobromine       mg       0       0 BFZN       4         Carotenoids:	20:2 n-6 c,cg									
20:5 n-3       9       0.000       0       BFZN       4         22:5 n-3       9       0.000       0       BFZN       4         22:6 n-3       9       0.080       0       MC       9         Fatty acids, total trans       9       0       0       BFZN       4         Phytosterols       mg       0       0       BFZN       4         Phytosterols       mg       0       0       BFZN       4         Caffeine       mg       0       0       BFZN       4         Caffeine       mg       0       0       BFZN       4         Theobromine       mg       0       0       BFZN       4         Carotenoids:	20:3 undifferentiatedg									
22:5 n-3		0.170		0	MC	9				
22:6 n-3       g       0.080       0       MC       9         Fatty acids, total trans       g       0       0       BFZN       4         Cholesterol       mg       0       0       BFZN       4         Phytosterols       mg       0       0       BFZN       4         Cofters:       Alcohol, ethyl       g       0.0       0       BFZN       4         Caffeine       mg       0       0       BFZN       4         Theobromine       mg       0       0       BFZN       4         Carotenoids:		0.000		0	BFZN	4				
Fatty acids, total trans       9         Cholesterol       mg       0       0       BFZN       4         Phytosterols       mg         Others:         Alcohol, ethyl       9       0 · 0       0       BFZN       4         Caffeine       mg       0       0       BFZN       4         Theobromine       mg       0       0       BFZN       4         Carotenoids:       4       Carotenoids:       4		0.000		0	BFZN	4				
Cholesterol	<del>-</del>	0.080		0	MC	9				
Others:         Mg           Alcohol, ethyl.         9         0.0         0         BFZN         4           Caffeine.         mg         0         0         BFZN         4           Theobromine.         mg         0         0         BFZN         4           Carotenoids:         4         Carotenoids:         4										
Others:         Alcohol, ethyl.	<del>_</del>	0		0	BFZN	4				
Alcohol, ethyl.       .g       0.0       0       BFZN       4         Caffeine	Phytosterolsmg									
Caffeine         mg         0         0         BFZN         4           Theobromine         mg         0         0         BFZN         4           Carotenoids:         4         Carotenoids:         4         Carotenoids:         4	Others:									
Theobrominemg 0 0 BFZN 4  Carotenoids:	Alcohol, ethylg	0.0		0	BFZN	4				
Carotenoids:	Caffeinemg	0		0	BFZN	4				
	Theobrominemg	0		0	BFZN	4				
Carotene, beta	Carotenoids:									
Caroner, Communication	Carotene beta mca	0		0	BFZN	4				
Carotene, alphamcg 0 0 BFZN 4										
Cryptoxanthin, beta		0		0	BFZN	4				
Lycopene mcg 0 0 BFZN 4		0		0	BFZN	4				
Lutein + zeaxanthin mcg 0 0 BFZN 4		0		0	BFZN	4				

## **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03816 Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, liquid concentrate, not reconstituted

		<u>A</u>	mount in 10	0 grams	of edib	ole portio	<u>n</u>	Amount in edible portion of common			
Nutrients and Un	its	Mean	Std. Error		Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food  Measure 2	<u>I</u> Measure 3	
Proximates:											
Water	g	75.70		0	MC	9		23.85			
Energy	kcal	127		0	NC	4		40			
Energy	kj	532		0	NC	4		168			
Protein	-	3.53		0	MC	9		1.11			
Total lipid (fat)		6.73		0	MC	9		2.12			
Ash		0.92		0	MC	9		0.29			
Carbohydrate, by difference		13.12		0	NC	4		4.13			
Fiber, total dietary		0.0		0	MC	9		0.0			
Sugars, total		13.08		0	MC	9		4.12			
Starch	g	3.21		0	MC	9		1.01			
Minerals:											
Calcium, Ca	mg	120		0	MC	9		38			
Iron, Fe		2.28		0	MC	9		0.72			
Magnesium, Mg		14		0	MC	9		4			
Phosphorus, P		80		0	MC	9		25			
Potassium, K		138		0	MC	9		43			
Sodium, Na	-	60		0	MC	9		19			
Zinc, Zn		1.27		0 0	MC	9 9		0.40			
Copper, Cu		0.095	•	U	MC	9		0.030			
Manganese, Mn Selenium, Se		3.5		0	MC	9		1.1			
Selemum, Se	1110g	3.3		Ū	ис	,		1.1			
Vitamins:											
Vitamin C, total ascorbic acid	mg	15.1		0	MC	9		4.8			
Thiamin	_	0.101		0	MC	9		0.032			
Riboflavin	-	0.114		0	MC	9		0.036			
Niacin		1.270	)	0	MC	9		0.400			
Pantothenic acid		0.077		•		•		0.004			
Vitamin B-6		0.077 20	<i>'</i>	0 0	MC MC	9 9		0.02 <b>4</b> 6			
Folate, total		20		0	MC	9		6			
Folate, food	_	0		0	Z	7		0			
Folate, DFE		34		0	NC	4		11			
Vitamin B-12		0.37		0	MC	9		0.12			
Vitamin A, IU		374		0	MC	9		118			
Vitamin A, RAE	mcg_RAE	112		0	MC	9		35			
Retinol		112		0	MC	9		35			
Vitamin E (alpha-tocopherol)		1.22		0	MC	9		0.38			
Tocopherol, beta	mg										
Tocopherol, gamma	mg										
Tocopherol, delta											
Vitamin D		63.600	)	0	MC	9		20.034			
Vitamin K (phylloquinone)	mcg	10.1		0	MC	9		3.2			
Lipids:											
Fatty acids, total saturated	g	2.879	•	0	MC	9		0.907			
4:0		0.000	)	0	MC	9		0.000			
6:0	g	0.007	7	0	MC	9		0.002			
8:0	g	0.112	2	0	MC	9		0.035			
10:0	-	0.075	5	0	MC	9		0.024			
12:0	-	0.617	7	0	MC	9		0.194			
13:0	-			_		_		_			
14:0	_	0.280	)	0	MC	9		0.088			
15:0		4 4	,	^		^		0 445			
16:0		1.477	,	0	MC	9		0.465			
17:0		0.280	<b>.</b>	0	MC	9		0.088			
18:0 20:0		0.280	•	U	PIC	3		0.088			
22:0	-										
24:0	-										

NDB No. 03816 Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, liquid concentrate, not reconstituted

	<u>An</u>	nount in 100 gram	s of edi	ble portio	<u>on</u>	Amount in edible portion of common			
		Numbe	r			measures of food			
Nutrients and Units	Mean	of Data Std. Error Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	2.486	0	мс	9		0.783			
14:1g									
15:1g									
16:1 undifferentiatedg	0.007	0	MC	9		0.002			
17:1g	0.406	•	140	•					
18:1 undifferentiatedg	2.486	0	MC MC	9 9		0.783			
20:1	0.000	0	MC MC	9		0.000 0.000			
22:1 undifferentiated	0.000	0	MC	9		0.000			
Fatty acids, total polyunsaturated9	1.159	0	мс	9		0.365			
18:2 undifferentiatedg	1.159	0	MC	9		0.365			
18:3 undifferentiatedg	0.118	0	MC	9		0.037			
18:4g	0.000	0	MC	9		0.000			
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000	0	MC	9		0.000			
20:5 n-3g	0.000	0	MC	9		0.000			
22:5 n-3g	0.000	0	MC	9		0.000			
22:6 n-3g	0.000	0	MC	9		0.000			
Fatty acids, total transg									
Cholesterol mg	0	0	MC	9		0			
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0	0	MC	9		0.0			
Caffeine mg	0	0	Z	7		0			
Theobrominemg	0	0	Z	7		0			
Carotenoids:									
Carotene, betamcg	0	0	z	7		0.000			
Carotene, alphamcg	0	0	Z	7		0.000			
Cryptoxanthin, beta mcg	0	0	z	7		0.000			
Lycopene mcg	0	0	Z	7		0.000			
Lutein + zeaxanthinmcg	0	0	Z	7		0.000			

### **Common Measures:**

Measure 1 = 31.5g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03814 Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, powder, not reconstituted

		<u>A</u>	mount in 100	grams	of edit	ole portio	<u>on</u>	Amount in edible portion of common			
			N	Number	,			<u>m</u>	easures of food		
						Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure	
Proximates:						_					
Water	=	3.00		0	MC	9		0.29			
Energy		500		0	MC	9		48			
Energy	-	2092		0	MC	9		201			
Protein	-	13.90		0	MC	9 9		1.33			
Total lipid (fat)		26.00 2.90		0	MC MC	9		2.50 0.28			
AshCarbohydrate, by difference		54.20		0	NC	4		5.20			
Fiber, total dietary		0.0		0	Z	7		0.0			
Sugars, total		44.30		0	MC	9		4.25			
Starch	=	6.70		0	MC	9		0.64			
Starcii	9	0.70		Ū	ис	,		0.04			
Minerals:											
Calcium, Ca	_	470		0	MC	9		45			
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	8.90		0	MA	12		0.85			
Magnesium, Mg		55		0	MC	9		5			
Phosphorus, P		310 550		0 0	MC MC	9 9		30 53			
Potassium, K		230		0	MA	12		22			
Zinc, Zn	-	5.00		0	MC	9		0.48			
Copper, Cu		0.370	)	0	MA	12		0.036			
Manganese, Mn		0.124		0	MC	9		0.012			
Selenium, Se		13.9		0	MC	9		1.3			
Vitamins:		60.0		0		•		F 0			
Vitamin C, total ascorbic acid		60.0 0.400		0	MC MA	9 12		5.8 0.038			
ThiaminRiboflavin	-	0.450		0	MC	9		0.038			
Niacin		5.000		0	MC	9		0.480			
Pantothenic acid	-	3.000	,	Ū	мс			0.400			
Vitamin B-6	-	0.300	)	0	MA	12		0.029			
Folate, total	=	79		0	T	4		8			
Folic acid		79		0	T	4		8			
Folate, food		0		0	Z	7		0			
Folate, DFE	mcg_DFE	134		0	NC	4		13			
Vitamin B-12		1.49		0	MC	9		0.14			
Vitamin A, IU		1490		0	MC	9		143			
Vitamin A, RAE	mcg_RAE	450		0	MC	9		43			
Retinol		450		0	MC	9		43			
Vitamin E (alpha-tocopherol)		4.50		0	MC	9		0.43			
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta		250.000	`	0	т	1		24.000			
Vitamin D Vitamin K (phylloquinone)		40.0	,	0	MC	9		3.8			
vitainin K (phynoquinone)	g	40.0		Ü	МС	,		3.0			
<u>Lipids:</u>											
Fatty acids, total saturated		11.200		0	MC	9		1.075			
4:0		0.000		0	MA	12		0.000			
6:0	-	0.030		0	MA	12		0.003			
8:0	-	0.410		0	MC	9		0.039			
10:0		0.310		0	MC	9		0.030			
12:0		2.400	,	0	MC	9		0.230			
13:0 14:0		1.070	1	0	MC	9		0.103			
15:0	-	1.070	,	U	MC	9		0.103			
16:0		5.700	)	0	MC	9		0.547			
17:0		3.700	•	Ū	H	,		0.547			
18:0	-	1.070	)	0	MC	9		0.103			
20:0	-	2.570	-	·		-		3.200			
22:0	-										
24:0	-										

NDB No. 03814 Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, powder, not reconstituted

	<u>Ar</u>	nount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	9.600		0	MC	9		0.922			
14:1g	3.000		Ū	мс	,		0.922			
15:1g										
16:1 undifferentiated	0.020		0	MA	12		0.002			
17:1g										
18:1 undifferentiatedg	9.500		0	MA	12		0.912			
20:1g	0.000		0	MA	12		0.000			
22:1 undifferentiatedg	0.000		0	MA	12		0.000			
24:1 cg										
Fatty acids, total polyunsaturatedg	5.200		0	MC	9		0.499			
18:2 undifferentiatedg	4.500		0	MC	9		0.432			
18:3 undifferentiated	0.430		0	MC	9		0.041			
18:4g	0.000		0	MA	12		0.000			
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0	MA	12		0.000			
20:5 n-3g	0.000		0	MA	12		0.000			
22:5 n-3g	0.000		0	MA	12		0.000			
22:6 n-3g	0.000		0	MA	12		0.000			
Fatty acids, total transg										
Cholesterol mg	0		0	MC	9		0			
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	z	7		0.0			
Caffeine mg	0		0	z	7		0			
Theobrominemg	0		0	z	7		0			
Carotenoids:										
Carotene, betamcg	0		0	z	7		0.000			
Carotene, alpha mcg	0		0	z	7		0.000			
Cryptoxanthin, beta mcg	0		0	z	7		0.000			
Lycopene mcg	0		0	z	7		0.000			
Lutein + zeaxanthinmcg	0		0	z	7		0.000			
	-		-				* * * * *			

### **Common Measures:**

Measure 1 = 9.6g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03813 Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, ready-to-feed

	-	mount in 100 g	granio	OI CUIL	ne portio	<u></u>	Amount in edible portion of common			
		Nι	umber				m	easures of food		
				Deriv	Source	Confidence				
s	Mean	Std. Error Po	oints	Code	Code	Code	Measure 1	Measure 2	Measure	
_	<b></b>						0.0.01			
-										
=			-							
_			-							
			-							
			-							
			-							
-										
9	1.07		ŭ	2121	-		0.31			
_	62		0	MA	12		19			
• • • • • • • • • • • • • • • • • • • •				MA						
	· ·									
-										
		1								
	0.030	,	Ü	1414	•		0.013			
	1.8		0	NR	4		0.6			
-										
-	0.660	)	Ü	NR	4		0.203			
-	0.040	`	0	MD	1		0.012			
=		,								
	18		0		4					
	0.19		0	NR	4		0.06			
	194		0	NR	4		60			
mcg_RAE	58		0	NR	4		18			
	59		0	NC	4		18			
mg	0.60		0	NR	4		0.18			
		)	0	NR	4		10.164			
mcg	5.2		0	NR	4		1.6			
g	1.495	5	0	NR	4		0.460			
			0	MA	12		0.000			
-			0	NR	4		0.001			
_	0.058	3	0	NR	4		0.018			
_	0.039	•	0	NR	4		0.012			
g	0.320	)	0	NR	4		0.099			
g										
	0.146	5	0	NR	4		0.045			
g										
	0.767	7	0	NR	4		0.236			
g	0.146	5	0	NR	4		0.045			
g g										
	g	g 87.38 kcal 66 kj 276 g 1.83 g 3.50 g 0.48 g 6.81 g 0.0 g 5.13 g 1.67  mg 62 mg 1.18 mg 7 mg 42 mg 72 mg 31 mg 0.66 mg 0.056 mg mcg 1.8  mg 0.056 mg 0.052 mg 0.052 mg 0.053 mg 0.660 mg 0.060 mg mg	S Mean Std. Error P	g         87.38         0           kcal         66         0           kj         276         0           g         1.83         0           g         0.48         0           g         0.48         0           g         0.48         0           g         0.681         0           g         0.0         0           g         5.13         0           g         1.67         0           mg         7         0           mg         7         0           mg         7         0           mg         7         0           mg         7.2         0           mg         0.066         0           mg         0.050         0           mg         0.052         0           mg         0.052         0           mg         0.059         0           mg         0.059         0           mg         0.0660         0           mg         0.19         0           mcg         0.19         0           IU         194	Second   Std. Error   Points   Code	Sample   Std. Error   Points   Code   Code   Code	Section   Std. Error   Std. E	Number	Number	

	<u>Ar</u>	mount in 10	00 grams Number		ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	1.291		0	NR	4		0.398			
14:1g	1.231		Ū	MIX	-		0.336			
15:1g										
16:1 undifferentiated	0.003		0	NR	4		0.001			
17:1g										
18:1 undifferentiatedg	1.291		0	NR	4		0.398			
20:1g	0.000		0	MA	12		0.000			
22:1 undifferentiatedg	0.000		0	MA	12		0.000			
24:1 cg										
Fatty acids, total polyunsaturated	0.689		0	NR	4		0.212			
18:2 undifferentiatedg	0.602		0	NR	4		0.185			
18:3 undifferentiatedg	0.058		0	NR	4		0.018			
18:4g	0.000		0	MA	12		0.000			
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0	MA	12		0.000			
20:5 n-3g	0.000		0	MA	12		0.000			
22:5 n-3g	0.000		0	MA	12		0.000			
22:6 n-3g	0.000		0	MA	12		0.000			
Fatty acids, total transg										
Cholesterolmg	0		0	MA	12		0			
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	Z	7		0.0			
Caffeinemg	0		0	Z	7		0			
Theobrominemg	0		0	z	7		0			
Carotenoids:										
Carotene, betamcg	0		0	z	7		0.000			
Carotene, alphamcg	0		0	Z	7		0.000			
Cryptoxanthin, betamcg	0		0	z	7		0.000			
Lycopene mcg	0		0	z	7		0.000			
Lutein + zeaxanthin mcg	0		0	z	7		0.000			

### **Common Measures:**

Measure 1 = 30.8g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03826 Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE, with iron, powder, not reconstituted

		<u>A</u>	mount in 100	grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common			
			M	Number				<u>m</u>	easures of food		
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates: Water	a	3.00		0	NR	4		0.26			
Energy	-	510		0	NC	4		45			
Energy		2135		0	NC	4		188			
Protein	<del>-</del>	12.50		0	NR	4		1.10			
Total lipid (fat)	_	27.00		0	MA	12		2.38			
Ash		3.20		0	MA	12		0.28			
Carbohydrate, by difference		54.30		0	NC	4		4.78			
Fiber, total dietary		0.0		0	MC	9		0.0			
Sugars, total		53.00		0	NR	4		4.66			
Starch	-	0.00		0	z	7		0.00			
Minerals:											
Calcium, Ca	• • • • • • • • • • • • • • • • • • • •	530		0	T	4		47			
Iron, Fe	-	9.00		0	T	4		0.79			
Magnesium, Mg		55		0	T	4		5			
Phosphorus, P		420		0	T	4		37			
Potassium, K		600		0	T	4		53			
Sodium, Na		180		0 0	T T	4 4		16			
Zinc, Zn		6.00 0.380	,	0	T	4		0.53 0.033			
Copper, Cu		0.380	,	U	1	4		0.033			
Selenium, Se		14.0		0	T	4		1.2			
Vitamins:											
Vitamin C, total ascorbic acid	mg	60.0		0	T	4		5.3			
Thiamin		0.400	)	0	T	4		0.035			
Riboflavin	mg	0.450	)	0	T	4		0.040			
Niacin	mg	5.000	)	0	T	4		0.440			
Pantothenic acid	mg										
Vitamin B-6	mg	0.300	)	0	T	4		0.026			
Folate, total		80		0	T	4		7			
Folic acid		80		0	T	4		7			
Folate, food		0		0	Z	7		0			
Folate, DFE		136		0	NC	4		12			
Vitamin B-12		1.50		0	T	4		0.13			
Vitamin A, IU Vitamin A, RAE	IU	1500 450		0 0	NR NR	4 4		132 40			
Retinol		450 450		0	NR NR	4		40			
Vitamin E (alpha-tocopherol)		4.54		0	NR NR	4		0.40			
Tocopherol, beta		1.54		3	1417			0.40			
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D		300.000	)	0	T	4		26.400			
Vitamin K (phylloquinone)	mcg	40.0		0	T	4		3.5			
Lipids:											
Fatty acids, total saturated		11.500		0	NR	4		1.012			
4:0	-	0.000		0	MA	12		0.000			
6:0	_	0.030		0	MA	12		0.003			
8:0	_	0.430		0	MA	12		0.038			
10:0		0.320		0	MA	12		0.028			
12:0		2.500	J	0	MA	12		0.220			
13:0		1 11/	1	0	347	10		0.000			
14:0	-	1.110	,	U	MA	12		0.098			
15:0		5.900	1	0	MA	12		0.519			
16:0 17:0		3.900	•	J	PIM	12		0.519			
18:0		1.080	)	0	NR	4		0.095			
20:0		2.000	-	3	1417			0.093			
22:0	_										
24:0	_										

	<u>Ar</u>	nount in 100 g	rams of	f edib	le portio	<u>n</u>		edible portion o	of common
Nutrients and Units	Mean		nber Data D ints C		Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturatedg	10.320		0	MA	12		0.908		
14:1g									
15:1g									
16:1 undifferentiatedg	0.020		0	MA	12		0.002		
17:1g	10 200		•		10				
18:1 undifferentiated	10.300		0	MA	12		0.906		
20:1g	0.000		0	MA	12		0.000		
22:1 undifferentiatedg	0.000		0	MA	12		0.000		
24:1 cg									
Fatty acids, total polyunsaturated9	5.200		0	NR	4		0.458		
18:2 undifferentiated	4.700		0	NR	4		0.414		
18:3 undifferentiatedg	0.450		0	NR	4		0.040		
18:4g	0.000		0	MA	12		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	MA	12		0.000		
20:5 n-3g	0.000		•	MA	12		0.000		
22:5 n-3g	0.000		0	MA	12		0.000		
22:6 n-3g	0.000		0	MA	12		0.000		
Fatty acids, total transg	_		_		_		_		
Cholesterolmg	0		0	MC	9		0		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7		0.0		
Caffeine mg	0		0	NR	4		0		
Theobrominemg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta mcg	0		0	z	7		0.000		
Carotene, alpha mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta mcg	0		0	Z	7		0.000		
Lycopene mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin mcg	0		0	Z	7		0.000		

### **Common Measures:**

Measure 1 = 8.8g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	00 grams	of edil	ole portio	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u>l</u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	-	3.30		0	MC	9		0.27		
Energy		511		0	NC	4		42		
Energy	kj	2138		0	NC	4		177		
Protein	-	10.80		0	MC	9		0.90		
Total lipid (fat)		27.00		0	MC	9		2.24		
Ash		2.70		0	MC	9		0.22		
Carbohydrate, by difference	g	56.20		0	NC	4		4.66		
Fiber, total dietary	g	0.0		0	MC	9		0.0		
Sugars, total		56.00		0	T	4		4.65		
Sucrose										
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	56.00		0	T	4		4.65		
Maltose	g									
Galactose										
Starch										
Minerals:										
Calcium, Ca	ma	400		0	MA	12		33		
Iron, Fe	-	3.60		0	MA	12		0.30		
Magnesium, Mg.		41		0	MA	12		3		
Phosphorus, P		270		0	MA	12		22		
Potassium, K		560		0	MA	12		46		
Sodium, Na		139		0	MC	9		12		
Zine, Zn		5.20		0	MA	12		0.43		
Copper, Cu		0.390	)	0	MA	12		0.032		
Manganese, Mn										
Selenium, Se	mcg	14.5		0	MC	9		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	ma	62.0		0	MA	12		5.1		
Thiamin		0.410	1	0	MA	12		0.034		
Riboflavin		0.720		0	MA	12		0.060		
Niacin		5.200		0	MA	12		0.432		
Pantothenic acid	•	3.200	,	Ū	1411	12		0.432		
Vitamin B-6	-	0.310	)	0	MA	12		0.026		
Folate, total	-	83		0	MA	12		7		
Folic acid		83		0	T	4		7		
Folate, food		0		0	z	7		0		
Folate, DFE		141		0	NC	4		12		
Vitamin B-12		1.55		0	MA	12		0.13		
Vitamin A, IU		1550		0	MC	9		129		
Vitamin A, RAE		470		0	MC	9		39		
Retinol		470		0	MC	9		39		
Vitamin E (alpha-tocopherol)		4.60		0	MC	9		0.38		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		310.000	)	0	T	4		25.730		
Vitamin K (phylloquinone)	mcg	41.0		0	T	4		3.4		
Lipids:										
Fatty acids, total saturated	a	11.500	)	0	MC	9		0.955		
4:0		0.000		0	MA	12		0.000		
6:0		0.030		0	MA	12		0.002		
8:0	-	0.420		0	MC	9		0.035		
10:0	-	0.320		0	MC	9		0.033		
12:0		2.500		0	MC	9		0.208		
13:0			-	ū		-		3.203		
14:0		1.110	)	0	MC	9		0.092		
15:0			-	·	-10	,		0.032		
1 J.V	ජ									

		<u>A</u>	mount in 10	00 grams Number		ole portio	<u>on</u>		edible portion o	f common
Nutrients and U	Inits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	6.200		0	MA	12		0.515		
17:0	• • • • • • • • • • • • • • • • • • • •	1 000		•		10		0.100		
18:0 20:0 22:0.	g	1.200		0	MA	12		0.100		
24:0	g	10.000		0	мс	9		0.000		
Fatty acids, total monounsaturate 14:1	g	10.000		U	MC	9		0.830		
16:1 undifferentiated	9	0.030	1	0	MA	12		0.002		
18:1 undifferentiated	•	10.000	)	0	MC	9		0.830		
20:1	g	0.000	1	0	MA	12		0.000		
22:1 undifferentiated		0.000	)	0	MA	12		0.000		
24:1 c	-									
Fatty acids, total polyunsaturated		5.300	1	0	MA	12		0.440		
18:2 undifferentiated		4.600	1	0	MC	9		0.382		
18:3 undifferentiated	g	0.450	1	0	MC	9		0.037		
18:4	g	0.000	1	0	MA	12		0.000		
20:2 n-6 c,c	g									
20:3 undifferentiated										
20:4 undifferentiated	g	0.000	1	0	MA	12		0.000		
20:5 n-3		0.000	)	0	MA	12		0.000		
22:5 n-3	g	0.000	1	0	MA	12		0.000		
22:6 n-3	g	0.000	)	0	MA	12		0.000		
Fatty acids, total trans	g									
Cholesterol		17		0	MC	9		1		
Phytosterols	mg									
Others:										
Alcohol, ethyl	а	0.0		0	z	7		0.0		
Caffeine		0		0	z	7		0		
Theobromine	-	0		0	z	7		0		
Carotenoids:	<b>.</b>	· ·		·	-	•		·		
Carotene, beta	mcg	0		0	z	7		0.000		
Carotene, alpha	mcg	0		0	z	7		0.000		
Cryptoxanthin, beta		0		0	z	7		0.000		
Lycopene		0		0	Z	7		0.000		
Lutein + zeaxanthin		0		0	z	7		0.000		

#### **Common Measures:**

Measure 1 = 8.3g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	00 grams	of edil	ole portic	<u>on</u>		edible portion	
				Number				<u>m</u>	easures of food	L
				of Data	Deriv	Source	Confidence			
Nutrients and Ur	nits	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.35		0	MC	9		26.95		
Energy	kcal	63		0	NC	4		19		
Energy	kj	263		0	NC	4		80		
Protein	g	1.38		0	MA	12		0.42		
Total lipid (fat)	g	3.50		0	MC	9		1.07		
Ash	g	0.32		0	MC	9		0.10		
Carbohydrate, by difference	g	6.45		0	NC	4		1.97		
Fiber, total dietary		0.0		0	Z	7		0.0		
Sugars, total	g	7.18		0	MC	9		2.19		
Sucrose	g									
Glucose (dextrose)										
Fructose	g									
Lactose	g	7.18		0	MC	9		2.19		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	ma	51		0	MA	12		16		
Iron, Fe		0.46		0	MA	12		0.14		
Magnesium, Mg		5		0	MC	9		2		
Phosphorus, P		35		0	MA	12		11		
Potassium, K		71		0	MA	12		22		
Sodium, Na		18		0	MC	9		5		
Zinc, Zn		0.66		0	MA	12		0.20		
Copper, Cu		0.050	)	0	MC	9		0.015		
Manganese, Mn		0.010	)	0	MC	9		0.003		
Selenium, Se	mcg	1.8		0	MC	9		0.6		
Vitamins:										
Vitamin C, total ascorbic acid	ma	7.9		0	MA	12		2.4		
Thiamin		0.052	•	0	MC	9		0.016		
Riboflavin	-	0.092		0	MA	12		0.028		
Niacin	-	0.660		0	MC	9		0.201		
Pantothenic acid	-	0.294		0	MA	12		0.090		
Vitamin B-6		0.040		0	MC	9		0.012		
Folate, total		11		0	MC	9		3		
Folic acid		11		0	MC	9		3		
Folate, food		0		0	z	7		0		
Folate, DFE	-	18		0	NC	4		5		
Vitamin B-12		0.19		0	MC	9		0.06		
Vitamin A, IU		194		0	MC	9		59		
Vitamin A, RAE		58		0	MC	9		18		
Retinol		58		0	MC	9		18		
Vitamin E (alpha-tocopherol)	mg	0.60		0	MC	9		0.18		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D		39.800	)	0	MC	9		12.139		
Vitamin K (phylloquinone)	mcg	5.2		0	MC	9		1.6		
<u> ipids:</u>										
Fatty acids, total saturated	g	1.495	5	0	MC	9		0.456		
4:0	g	0.000	)	0	MC	9		0.000		
6:0	g	0.003	3	0	MC	9		0.001		
8:0		0.058		0	MC	9		0.018		
10:0		0.039		0	MA	12		0.012		
12:0	g	0.320	)	0	MC	9		0.098		
13:0	g									
14:0	g	0.146	5	0	MC	9		0.045		
15:0	g									

		<u>Aı</u>	mount in 10	00 grams Number		ole portio	<u>on</u>		edible portion o	of common
Nutrients and U	nits	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.767		0	мс	9		0.234		
17:0										
18:0	-	0.146	i	0	MC	9		0.045		
20:0 22:0										
24:0										
Fatty acids, total monounsaturated		1.291		0	MC	9		0.394		
14:1										
15:1	g									
16:1 undifferentiated	g	0.000	)	0	MA	12		0.000		
17:1	•									
18:1 undifferentiated	•	1.291		0	MC	9		0.394		
20:1		0.000		0	MA	12		0.000		
22:1 undifferentiated	-	0.000	)	0	MA	12		0.000		
24:1 c		0.000		0		•				
Fatty acids, total polyunsaturated.		0.689		0	MC MC	9 9		0.210 0.184		
18:2 undifferentiated	_	0.058		0	MC	9		0.184		
18:4	-	0.000		0	MA	12		0.000		
20:2 n-6 c,c	-	0.000		·				0.000		
20:3 undifferentiated										
20:4 undifferentiated	-	0.000	)	0	MA	12		0.000		
20:5 n-3		0.000	1	0	MA	12		0.000		
22:5 n-3	g	0.000	)	0	MA	12		0.000		
22:6 n-3	g	0.000	1	0	MA	12		0.000		
Fatty acids, total trans										
Cholesterol		1		0	MA	12		0		
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0		0	z	7		0.0		
Caffeine		0		0	z	7		0		
Theobromine	mg	0		0	Z	7		0		
Carotenoids:										
Carotene, beta	mcg	0		0	z	7		0.000		
Carotene, alpha	-	0		0	z	7		0.000		
Cryptoxanthin, beta	-	0		0	z	7		0.000		
Lycopene		0		0	Z	7		0.000		
Lutein + zeaxanthin		0		0	Z	7		0.000		

#### **Common Measures:**

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03804 Infant formula, MEAD JOHNSON, ENFAMIL, with iron, liquid concentrate, not reconstituted

		<u>A</u> :	mount in 10	00 grams	of edil	ole portic	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	-	75.47		0	MC	9		23.70		
Energy	kcal	128		0	MC	9		40		
Energy	kj	536		0	MC	9		168		
Protein	g	2.68		0	MC	9		0.84		
Total lipid (fat)		6.79		0	MC	9		2.13		
Ash		0.62		0	MC	9		0.19		
Carbohydrate, by difference	g	14.44		0	NC	4		4.53		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	13.96		0	MC	9		4.38		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	13.96		0	MC	9		4.38		
Maltose	g									
Galactose	g									
Starch	g									
Ainerals:										
Calcium, Ca	ma	100		0	MC	9		31		
Iron, Fe		2.30		0	MC	9		0.72		
Magnesium, Mg		10		0	MC	9		3		
Phosphorus, P		68		0	MC	9		21		
Potassium, K		138		0	MC	9		43		
Sodium, Na		35		0	MC	9		11		
Zinc, Zn		1.28		0	MC	9		0.40		
Copper, Cu		0.096	5	0	MC	9		0.030		
Manganese, Mn		0.019	•	0	NR	4		0.006		
Selenium, Se		3.6		0	BFZN	4		1.1		
7*4										
<u>/itamins:</u>		15.0		•		•		4.0		
Vitamin C, total ascorbic acid		15.3		0	MC	9		4.8		
Thiamin	-	0.102		0	MC	9		0.032		
Riboflavin	=	0.179		0	MC	9		0.056		
Niacin	-	1.283	3	U	MC	9		0.403		
Pantothenic acid		0.077	,	0	MC	9		0.024		
Vitamin B-6.	-		•	0		9				
Folate, total		20 20		0	MC	9		6 6		
Folic acid		0		0	MC Z	7		0		
Folate, food		34		-	_	-		11		
Folate, DFE				0	NC	4				
Vitamin B-12		0.38		0	MC	9		0.12		
Vitamin A, IU		377		-	MC	9		118		
Vitamin A, RAE		113		0	MC	9		35		
Retinol	-	113		0	MC	9		35		
Vitamin E (alpha-tocopherol)		1.16		0	MC	9		0.36		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta		77.358	,	0	MC	9		24.290		
Vitamin D Vitamin K (phylloquinone)		10.2	•	0	MC	9		3.2		
4 3 1	9	10.2		J	HC	,		3.2		
<u> Lipids:</u>										
Fatty acids, total saturated		2.887		0	MC	9		0.907		
4:0		0.000		0	MC	9		0.000		
6:0	_	0.007		0	MC	9		0.002		
8:0		0.113		0	MC	9		0.035		
10:0	g	0.075		0	MC	9		0.024		
12:0		0.623	3	0	MC	9		0.196		
13:0										
14:0	g	0.283	3	0	MC	9		0.089		
15:0	g									

		<u>A</u>	mount in 10	00 grams Number		ole portio	<u>on</u>		edible portion o	of common
Nutrients and U	nits	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	1.491		0	мс	9		0.468		
17:0 18:0		0.264		0	мс	9		0.083		
20:0 22:0	g g	0.264		U	MC	9		0.063		
24:0 Fatty acids, total monounsaturatec 14:1	lg	2.625	i	0	MC	9		0.824		
15:1 16:1 undifferentiated	g g	0.000	ı	0	мс	9		0.000		
17:1 18:1 undifferentiated	•	2.585		0	мс	9		0.812		
20:1	•	0.000		0	MC	9		0.000		
22:1 undifferentiated		0.000		0	MC	9		0.000		
24:1 c	_									
Fatty acids, total polyunsaturated.		1.302		0	MC	9		0.409		
18:2 undifferentiated		1.189	ı	0	MC	9		0.373		
18:3 undifferentiated	_	0.113		0	MC	9		0.035		
18:4	-	0.000		0	MC	9		0.000		
20:2 n-6 c,c	g									
20:3 undifferentiated										
20:4 undifferentiated	g	0.000	ı	0	MC	9		0.000		
20:5 n-3	g	0.000	ı	0	MC	9		0.000		
22:5 n-3	g	0.000	ı	0	MC	9		0.000		
22:6 n-3		0.000	ı	0	MC	9		0.000		
Fatty acids, total trans	g									
Cholesterol		1		0	MC	9		0		
Phytosterols	mg									
Others:										
	0	0.0		0	z	7		0.0		
Alcohol, ethyl		0.0		0	Z	7		0.0		
Caffeine Theobromine	-	0		0	z z	7		0		
Carotenoids:	g	U		U	Z	,		U		
		_		_		_				
Carotene, beta	_	0		0	Z	7		0.000		
Carotene, alpha	-	0		0	Z	7		0.000		
Cryptoxanthin, beta		0		0	Z	7		0.000		
Lycopene		0		0	z	7		0.000		
Lutein + zeaxanthin	mcg	0		0	Z	7		0.000		

#### **Common Measures:**

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	00 grams	of edil	ole portio	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	-	3.30		0	MC	9		0.27		
Energy		520		0	MC	9		43		
Energy	kj	2176		0	MC	9		181		
Protein	-	10.80		0	MC	9		0.90		
Total lipid (fat)		27.00		0	MC	9		2.24		
Ash		2.70		0	MC	9		0.22		
Carbohydrate, by difference		56.20		0	NC	4		4.66		
Fiber, total dietary		0.0		0	Z	7		0.0		
Sugars, total		56.00		0	T	4		4.65		
Sucrose										
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	56.00		0	T	4		4.65		
Maltose										
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	ma	400		0	MA	12		33		
Iron, Fe	_	9.30		0	MA	12		0.77		
Magnesium, Mg		41		0	MA	12		3		
Phosphorus, P		270		0	MA	12		22		
Potassium, K		560		0	MA	12		46		
Sodium, Na		139		0	MC	9		12		
Zinc, Zn	mg	5.20		0	MA	12		0.43		
Copper, Cu		0.390	)	0	MA	12		0.032		
Manganese, Mn	mg									
Selenium, Se	mcg	14.5		0	MC	9		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	ma	62.0		0	MA	12		5.1		
Thiamin		0.410	)	0	MA	12		0.034		
Riboflavin		0.720		0	MA	12		0.060		
Niacin		5.200		0	MA	12		0.432		
Pantothenic acid	•	0.200		·				0.102		
Vitamin B-6	-	0.310	)	0	MA	12		0.026		
Folate, total	-	83		0	MA	12		7		
Folic acid		83		0	s	4		7		
Folate, food		0		0	z	7		0		
Folate, DFE		141		0	NC	4		12		
Vitamin B-12		1.55		0	MA	12		0.13		
Vitamin A, IU		1550		0	MC	9		129		
Vitamin A, RAE	mcg_RAE	470		0	MC	9		39		
Retinol	mcg	470		0	MC	9		39		
Vitamin E (alpha-tocopherol)	mg	4.68		0	MC	9		0.39		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D		310.000	)	0	s	4		25.730		
Vitamin K (phylloquinone)	mcg	41.0		0	s	4		3.4		
.ipids:										
Fatty acids, total saturated	q	11.500	)	0	MC	9		0.955		
4:0		0.000		0	MA	12		0.000		
6:0		0.030		0	MA	12		0.002		
8:0	-	0.430		0	MC	9		0.036		
10:0	-	0.320		0	MC	9		0.030		
12:0		2.500		0	MC	9		0.208		
				-		-		3.200		
	а									
13:0 14:0		1.110	)	0	мс	9		0.092		

		<u>A</u> 1	mount in 10	00 grams Number		ole portic	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Unit	s	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0		5.900		0	MC	9		0.490			
17:0 18:0	_	1.080		0	мс	9		0.090			
20:0	_	1.000		U	мс	,		0.090			
22:0											
24:0											
Fatty acids, total monounsaturated	g	10.300		0	MC	9		0.855			
14:1	g										
15:1	-										
16:1 undifferentiated	-	0.000		0	MC	9		0.000			
17:1	•	10 200		•		•		0.055			
18:1 undifferentiated 20:1	•	10.300		0	MC MA	9 12		0.855 0.000			
22:1 undifferentiated	_	0.000		0	MA	12		0.000			
24:1 c		0.000		U	MA	12		0.000			
Fatty acids, total polyunsaturated		5.200		0	мс	9		0.432			
18:2 undifferentiated		4.700		0	MC	9		0.390			
18:3 undifferentiated	_	0.450		0	MC	9		0.037			
18:4	g	0.000		0	MA	12		0.000			
20:2 n-6 c,c	g										
20:3 undifferentiated	g										
20:4 undifferentiated	g	0.000		0	MA	12		0.000			
20:5 n-3	-	0.000		0	MA	12		0.000			
22:5 n-3		0.000		0	MA	12		0.000			
22:6 n-3	-	0.000		0	MA	12		0.000			
Fatty acids, total trans		17		0	мс	9		1			
CholesterolPhytosterols		17		U	МС	9		1			
Pilytosterois	9										
Others:											
Alcohol, ethyl		0.0		0	Z	7		0.0			
Caffeine	-	0		0	Z	7		0			
Theobromine	mg	0		0	Z	7		0			
Carotenoids:											
Carotene, beta		0		0	Z	7		0.000			
Carotene, alpha		0		0	Z	7		0.000			
Cryptoxanthin, beta		0		0	z	7		0.000			
Lycopene		0		0	z	7		0.000			
Lutein + zeaxanthin	mcg	0		0	z	7		0.000			

#### **Common Measures:**

Measure 1 = 8.3g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	0 grams	of edil	ole portio	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	-	88.35		0	MC	9		26.95		
Energy		66		0	MC	9		20		
Energy	kj	276		0	MC	9		84		
Protein	_	1.38		0	MC	9		0.42		
Total lipid (fat)		3.50		0	MC	9		1.07		
Ash		0.32		0	MC	9		0.10		
Carbohydrate, by difference		6.45		0	NC	4		1.97		
Fiber, total dietary		0.0		0	Z	7		0.0		
Sugars, total		7.18		0	MC	9		2.19		
Sucrose										
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	7.18		0	MC	9		2.19		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	ma	51		0	MA	12		16		
Iron, Fe	_	1.18		0	MA	12		0.36		
Magnesium, Mg		5		0	MC	9		2		
Phosphorus, P		35		0	MA	12		11		
Potassium, K		71		0	MA	12		22		
Sodium, Na		18		0	MC	9		5		
Zinc, Zn		0.66		0	MA	12		0.20		
Copper, Cu		0.050	)	0	MC	9		0.015		
Manganese, Mn	mg									
Selenium, Se	mcg	1.8		0	MC	9		0.6		
Vitamins:										
Vitamin C, total ascorbic acid	ma	7.9		0	MA	12		2.4		
Thiamin		0.052	2	0	MC	9		0.016		
Riboflavin		0.092		0	MA	12		0.028		
Niacin		0.660		0	MC	9		0.201		
Pantothenic acid	•	0.000		•				0.202		
Vitamin B-6	-	0.040	)	0	MC	9		0.012		
Folate, total	-	11		0	MC	9		3		
Folic acid		11		0	MC	9		3		
Folate, food		0		0	z	7		0		
Folate, DFE		18		0	NC	4		5		
Vitamin B-12		0.19		0	MC	9		0.06		
Vitamin A, IU		194		0	MC	9		59		
Vitamin A, RAE		58		0	MC	9		18		
Retinol		58		0	MC	9		18		
Vitamin E (alpha-tocopherol)	mg	0.60		0	MC	9		0.18		
Tocopherol, beta										
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D		39.800	)	0	MC	9		12.139		
Vitamin K (phylloquinone)	mcg	5.2		0	MC	9		1.6		
ipids:										
Fatty acids, total saturated	а	1.485	5	0	MC	9		0.453		
4:0		0.000		0	MA	12		0.000		
6:0		0.003		0	MC	9		0.001		
8:0	-	0.003		0	MC	9		0.001		
10:0	-	0.039		0	MC	9		0.018		
12:0		0.033		0	MC	9		0.012		
13:0		0.520		v		-		3.030		
14:0		0.146	;	0	MC	9		0.045		

		<u>A</u>	mount in 10	00 grams Number		ole portio	<u>on</u>		edible portion o	of common
Nutrients and U	Inits	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.767	,	0	мс	9		0.234		
17:0		0.404		•		•				
18:0 20:0	-	0.136	1	0	MC	9		0.041		
22:0										
24:0										
Fatty acids, total monounsaturate		1.330	1	0	MC	9		0.406		
14:1 15:1	-									
16:1 undifferentiated		0.000	)	0	MA	12		0.000		
17:1	-									
18:1 undifferentiated	g	1.313	1	0	MA	12		0.400		
20:1	g	0.000	)	0	MA	12		0.000		
22:1 undifferentiated	g	0.000	)	0	MA	12		0.000		
24:1 c	g									
Fatty acids, total polyunsaturated	g	0.670		0	MC	9		0.204		
18:2 undifferentiated	_	0.612		0	MC	9		0.187		
18:3 undifferentiated	-	0.058		0	MC	9		0.018		
18:4	-	0.000	)	0	MA	12		0.000		
20:2 n-6 c,c										
20:3 undifferentiated	-	0.000		0	1/2	10		0.000		
20:4 undifferentiated		0.000		0	MA MA	12 12		0.000		
20:5 n-3 22:5 n-3		0.000		0	MA	12		0.000		
22:6 n-3		0.000		0	MA	12		0.000		
Fatty acids, total trans	-	0.000	•	Ū	1111	12		0.000		
Cholesterol		1		0	мс	9		0		
Phytosterols										
Others:										
Alcohol, ethyl	a	0.0		0	z	7		0.0		
Caffeine		0		0	z	7		0		
Theobromine	-	0		0	z	7		0		
Carotenoids:	<b>J</b>	-		-				-		
Carotene, beta	mcg	0		0	Z	7		0.000		
Carotene, alpha	_	0		0	z	7		0.000		
Cryptoxanthin, beta	_	0		0	z	7		0.000		
Lycopene		0		0	MC	9		0.000		
Lutein + zeaxanthin		0		0	Z	7		0.000		

#### **Common Measures:**

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03835 Infant formula, MEAD JOHNSON, GERBER, low iron, powder, not reconstituted

		<u>A</u>	mount in 10	00 grams	of edil	ole portio	<u>n</u>		edible portion	
Nutrients and Units	s	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Proximates:										
Water	-	2.10		0	MA	12		0.18		
Energy		520		0	MC	9		44		
Energy		2176		•		9		185		
Protein	-	10.90 28.00		0	MA MA	12 12		0.93 2.38		
Total lipid (fat)		28.00		0	MA MA	12		0.24		
Ash		57.00		0	MC	9		4.85		
Carbohydrate, by difference		0.0		0	MC Z	7		0.0		
Fiber, total dietary		0.0		U	2	,		0.0		
Sugars, total										
Starcii	9									
Minerals:										
Calcium, Ca	-	410		0	MA	12		35		
Iron, Fe		3.60		0	MA	12		0.31		
Magnesium, Mg		42		0	MA	12		4		
Phosphorus, P		280		0	MA	12		24		
Potassium, K	-	560		0	MA	12		48		
Sodium, Na	_	156		0	MA	12		13		
Zinc, Zn		5.20 0.390		0 0	MA MA	12 12		0.44 0.033		
Copper, Cu	_	0.390	,	U	MA	12		0.033		
Manganese, Mn Selenium, Se		14.6		1	MA	12		1.2		
Selemum, Se		14.0		-	m			1.2		
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	mg	62.0		0	MA	12		5.3		
Thiamin	mg	0.420	)	0	MA	12		0.036		
Riboflavin	mg	0.730	)	0	MA	12		0.062		
Niacin		5.200	)	0	MA	12		0.442		
Pantothenic acid										
Vitamin B-6	_	0.310	)	0	MA	12		0.026		
Folate, total		83		0	MA	12		7		
Folate, DFE										
Vitamin B-12		1.56		0	MA	12		0.13		
Vitamin A, IU		1560		0 0	MA	12 4		133		
Vitamin A, RAE		468		U	NC	4		40		
Vitamin E (alpha-tocopherol) Tocopherol, beta										
Tocopherol, gamma	-									
Tocopherol, delta	-									
Vitamin D										
Vitamin K (phylloquinone)										
<u>Lipids:</u>	_	44 05		•						
Fatty acids, total saturated		11.970		0	MA	12		1.017		
4:0		0.000		0	MA MA	12 12		0.000		
6:0 8:0		0.030		0	MA MA	12 12		0.003		
		0.450		0	MA MA	12 12		0.038 0.029		
10:0 12:0	-	2.600		0	MA MA	12		0.029		
13:0		2.000	•	U	MA	12		0.221		
14:0		1.150	)	0	MA	12		0.098		
15:0				•				3.050		
16:0		6.200	)	0	MA	12		0.527		
17:0	_			-						
18:0	_	1.200	)	0	MA	12		0.102		
20:0	_									
22:0	_									
24:0	_									
Fatty acids, total monounsaturated	g	10.630	)	0	MA	12		0.904		
14:1	g									
15:1	a									

NDB No. 03835 Infant formula, MEAD JOHNSON, GERBER, low iron, powder, not reconstituted

		<u>An</u>	nount in 10	<u>0 grams</u> Number		ole portio	<u>on</u>	Amount in edible portion of comr measures of food			
Nutrients and Un	its	Mean		of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:1 undifferentiated	g	0.030		0	MA	12		0.003			
17:1											
18:1 undifferentiated	g	10.600		0	MA	12		0.901			
20:1	g	0.000		0	MA	12		0.000			
22:1 undifferentiated	g	0.000		0	MA	12		0.000			
24:1 c	g										
Fatty acids, total polyunsaturated	g	5.300		0	MA	12		0.451			
18:2 undifferentiated	g	4.800		0	MA	12		0.408			
18:3 undifferentiated	g	0.500		0	MA	12		0.043			
18:4	g	0.000		0	MA	12		0.000			
20:2 n-6 c,c	g										
20:3 undifferentiated											
20:4 undifferentiated	g	0.000		0	MA	12		0.000			
20:5 n-3	g	0.000		0	MA	12		0.000			
22:5 n-3	g	0.000		0	MA	12		0.000			
22:6 n-3	g	0.000		0	MA	12		0.000			
Fatty acids, total trans	g										
Cholesterol		5		0	MA	12		0			
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0		0	z	7		0.0			
Caffeine	_										
Theobromine	-										

# **Common Measures:**

Measure 1 = 8.5g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03810 Infant formula, MEAD JOHNSON, LOFENALAC, with iron, powder, not reconstituted

Nutrients and Units  Proximates: Water	g kj g g g g g g	3.40 462 1933 15.00 18.00 3.60 60.00 0.0 50.40 9.60	Std. Error	Points  0 0 0 0 0 0 0	Deriv	12 9 9	Confidence Code	0.33	Measure 2	Measure
Proximates:  Water Energy	g kj g g g g g g	3.40 462 1933 15.00 18.00 3.60 60.00 0.0 50.40	Std. Error	Points  0 0 0 0 0 0 0	MA MC	12 9 9		0.33 44	Measure 2	Measure
Proximates:  Water Energy	g kj g g g g g g	3.40 462 1933 15.00 18.00 3.60 60.00 0.0 50.40	Std. Error	0 0 0 0	MA MC MA	12 9 9	Code	0.33 44	Measure 2	Measure
Water Energy Energy Protein Total lipid (fat) Ash. Carbohydrate, by difference. Fiber, total dietary. Sugars, total. Starch  Minerals: Calcium, Ca Iron, Fe	kcal kj 9 9 9 9 9 9	462 1933 15.00 18.00 3.60 60.00 0.0 50.40		0 0 0	MC MA	9 9		44		
Energy. Energy Protein Total lipid (fat) Ash Carbohydrate, by difference Fiber, total dietary. Sugars, total. Starch.  Minerals: Calcium, Ca Iron, Fe	kcal kj 9 9 9 9 9 9	462 1933 15.00 18.00 3.60 60.00 0.0 50.40		0 0 0	MC MA	9 9		44		
Energy	kj 9 9 9 9 9 9	1933 15.00 18.00 3.60 60.00 0.0 50.40		0 0	MA	9				
Protein	9 9 9 9 9	15.00 18.00 3.60 60.00 0.0 50.40		0						
Total lipid (fat)	9 9 9 9 9	18.00 3.60 60.00 0.0 50.40		0				186		
Ash	g g g	3.60 60.00 0.0 50.40		0	MA	12		1.44		
Carbohydrate, by difference	g g g	60.00 0.0 50.40		-		12		1.73		
Fiber, total dietary Sugars, total Starch  Winerals: Calcium, Ca Iron, Fe	g g	0.0 50. <b>4</b> 0		^	MA	12		0.35		
Sugars, total	g g	50.40		0	MC	9		5.76		
Starch	g			0	Z	7		0.0		
Minerals: Calcium, Ca Iron, Fe	-	9.60		0	0	4		4.84		
Calcium, Ca	ma			0	0	4		0.92		
Calcium, Ca	ma									
Iron, Fe	IIIQ	430		0	MA	12		41		
	_	8.60		0	MA	12		0.83		
Magnesium, Mg	_	50		0	MA	12		5		
Phosphorus, P		320		0	MA	12		31		
Potassium, K	_	470		0	MA	12		45		
Sodium, Na	_	220		0	MA	12		21		
Zinc, Zn	mg	3.60		0	MA	12		0.35		
Copper, Cu	mg	0.430	)	0	MA	12		0.041		
Manganese, Mn	mg									
Selenium, Se	mcg	10.6		1	MA	12		1.0		
Vitamins:										
Vitamin C, total ascorbic acid	ma	37.0		0	MA	12		3.6		
Thiamin	_	0.360	)	0	MA	12		0.035		
Riboflavin	-	0.430		0	MA	12		0.041		
Niacin		5.800		0	MA	12		0.557		
Pantothenic acid	_			•						
Vitamin B-6	-	0.290	)	0	MA	12		0.028		
Folate, total		72		0	MA	12		7		
Folic acid		72		0	T	4		7		
Folate, food		0		0	z	7		0		
Folate, DFE	mcg_DFE	122		0	NC	4		12		
Vitamin B-12		1.43		0	MA	12		0.14		
Vitamin A, IU	IU	1430		0	NC	4		137		
Vitamin A, RAE	mcg_RAE	429		0	NC	4		41		
Retinol	mcg	429		0	T	4		41		
Vitamin E (alpha-tocopherol)	mg	10.60		0	T	4		1.02		
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D.		290.000	)	0	T	4		27.840		
Vitamin K (phylloquinone)	mcg	72.0		0	T	4		6.9		
Lipids:										
Fatty acids, total saturated	g	2.360	)	0	MA	12		0.227		
4:0		0.000		0	MA	12		0.000		
6:0	g	0.000	)	0	MA	12		0.000		
8:0	_	0.000	)	0	MA	12		0.000		
10:0	g	0.000	)	0	MA	12		0.000		
12:0	g	0.000	)	0	MA	12		0.000		
13:0										
14:0	g	0.000	)	0	MA	12		0.000		
15:0	g									
16:0	g	2.000	)	0	MA	12		0.192		
17:0	9									
18:0	g	0.360	)	0	MA	12		0.035		
20:0	g									
22:0	g									

	<u>Ar</u>	mount in 10	<u>0 grams</u> Number		ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
			•							
Fatty acids, total monounsaturated9	4.640		0	MA	12		0.445			
14:1g										
15:1g 16:1 undifferentiatedg	0.040		0	MA	12		0.004			
17:1g	0.040		U	MA	12		0.004			
18:1 undifferentiatedg	4.600		0	MA	12		0.442			
20:1g	0.000		0	MA	12		0.000			
22:1 undifferentiated	0.000		0	MA	12		0.000			
24:1 cg	0.000		·				0.000			
Fatty acids, total polyunsaturatedg	10.920		0	MA	12		1.048			
18:2 undifferentiatedg	10.700		0	MA	12		1.027			
18:3 undifferentiated	0.220		0	MA	12		0.021			
18:4g	0.000		0	MA	12		0.000			
20:2 n-6 c.cg										
20:3 undifferentiated 9										
20:4 undifferentiatedg	0.000		0	MA	12		0.000			
20:5 n-3g	0.000		0	MA	12		0.000			
22:5 n-3g	0.000		0	MA	12		0.000			
22:6 n-3g	0.000		0	MA	12		0.000			
Fatty acids, total transg										
Cholesterol mg	0		0	MA	12		0			
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	Z	7		0.0			
Caffeine mg	0		0	Z	7		0			
Theobrominemg	0		0	Z	7		0			
Carotenoids:										
Carotene, betamcg	0		0	Z	7		0.000			
Carotene, alphamcg	0		0	Z	7		0.000			
Cryptoxanthin, beta mcg	0		0	Z	7		0.000			
Lycopenemcg	0		0	Z	7		0.000			
Lutein + zeaxanthin mcg	0		0	Z	7		0.000			

### **Common Measures:**

Measure 1 = 9.6g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03811 Infant formula, MEAD JOHNSON, LOFENALAC, with iron, prepared from powder

		<u>A</u>	mount in 10	0 grams	of edil	ole portio	<u>on</u>		edible portion	
Nutrients and Uni	its	Mean	Std. Error		Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	Measure 2	Measure 3
Proximates:		87.10		•		10		26.83		
Water	-	65		0 0	MA MC	12 9		20.83		
Energy		272		U	MC	9		84		
Protein	' <del>-</del> '	2.14		0	MA	12		0.66		
Total lipid (fat)		2.14		0	MA	12		0.78		
Ash		0.51		0	MC	9		0.16		
Carbohydrate, by difference		8.45		0	MC	9		2.60		
Fiber, total dietary		0.0		0	Z	7		0.0		
Sugars, total		7.10		0	0	4		2.19		
Starch		1.30		0	T	4		0.40		
Starcii	9	1.50		·	-	•		0.40		
Minerals:										
Calcium, Ca	• • • • • • • • • • • • • • • • • • • •	61		0	MA	12		19		
Iron, Fe		1.22		0	MA	12		0.38		
Magnesium, Mg		7		0	MA	12		2		
Phosphorus, P		46		0	MA	12		14		
Potassium, K		66		0	MA	12		20		
Sodium, Na	-	31		0	MA	12		10		
Zinc, Zn		0.51 0.061		0 0	MA MA	12 12		0.16 0.019		
Copper, Cu		0.061	<u>.</u>	U	MA	12		0.019		
Manganese, Mn Selenium, Se		1.8		1	MA	12		0.6		
Selemum, Se	g	1.0		-	nn.			0.0		
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	mg	5.3		0	MA	12		1.6		
Thiamin	mg	0.051	L	0	MA	12		0.016		
Riboflavin	mg	0.061	L	0	MA	12		0.019		
Niacin	-	0.813	3	0	MA	12		0.250		
Pantothenic acid										
Vitamin B-6	-	0.041	L	0	MA	12		0.013		
Folate, total		10		0	MA	12		3		
Folic acid	-	10		0	T	4		3		
Folate, food		0		0	Z	7		0		
Folate, DFE		17		0	NC	4		5		
Vitamin B-12		0.20		0 0	MA	12 4		0.06		
Vitamin A, IU	IU mca DAE	200 60		0	NC NC	4		62 18		
Vitamin A, RAE		60		0	T	4		18		
Retinol Vitamin E (alpha-tocopherol)		1.50		0	т	4		0.46		
Tocopherol, beta		1.50		U		-		0.40		
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		38.900	)	0	т	4		11.981		
Vitamin K (phylloquinone)		9.7		0	T	4		3.0		
,										
<u>Lipids:</u>										
Fatty acids, total saturated	g	0.332		0	MA	12		0.102		
4:0		0.000		0	MA	12		0.000		
6:0	_	0.000		0	MA	12		0.000		
8:0	-	0.000		0	MA	12		0.000		
10:0	_	0.000		0	MA	12		0.000		
12:0		0.000	)	0	MA	12		0.000		
13:0		0.000		_	•	10				
14:0		0.000	)	0	MA	12		0.000		
15:0		0.000		_	•	10		0.000		
16:0		0.280	)	0	MA	12		0.086		
17:0		0.05	,	^		10				
18:0		0.052	1	0	MA	12		0.016		
20:0	_									
22:0	y									

	<u>Ar</u>	nount in 100	) grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common			
Nutrients and Units	Mean		Number of Data Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	0.650		0	MA	12		0.200			
14:1g										
15:1g										
16:1 undifferentiatedg	0.007		0	MA	12		0.002			
17:1g										
18:1 undifferentiatedg	0.644		0	MA	12		0.198			
20:1g	0.000		0	MA	12		0.000			
22:1 undifferentiatedg	0.000		0	MA	12		0.000			
24:1 cg										
Fatty acids, total polyunsaturated	1.528		0	MA	12		0.471			
18:2 undifferentiatedg	1.495		0	MA	12		0.460			
18:3 undifferentiatedg	0.033		0	MA	12		0.010			
18:4g	0.000		0	MA	12		0.000			
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0	MA	12		0.000			
20:5 n-3g	0.000		0	MA	12		0.000			
22:5 n-3g	0.000		0	MA	12		0.000			
22:6 n-3g	0.000		0	MA	12		0.000			
Fatty acids, total transg										
Cholesterol mg	0		0	MA	12		0			
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	Z	7		0.0			
Caffeine mg	0		0	Z	7		0			
Theobrominemg	0		0	Z	7		0			
Carotenoids:										
Carotene, beta mcg	0		0	z	7		0.000			
Carotene, alphamcg	0		0	Z	7		0.000			
Cryptoxanthin, beta mcg	0		0	Z	7		0.000			
Lycopenemcg	0		0	Z	7		0.000			
Lutein + zeaxanthin mcg	0		0	Z	7		0.000			

### **Common Measures:**

Measure 1 = 30.8g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	00 grams	of edib	le portio	<u>on</u>	Amount in edible portion of common			
				Number	•			<u>m</u>	easures of food	<u>l</u>	
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	3.00		0	BFZN	4					
Energy	kcal	470		0	MC	9					
Energy	kj	1966		0	MC	9					
Protein		15.60		0	MC	9					
Total lipid (fat)	g	25.00		0	MC	9					
Ash	g	3.30		0	MC	9					
Carbohydrate, by difference		53.10		0	NC	4					
Fiber, total dietary		0.0		0	BFZN	4					
Sugars, total		56.00		0	BFZN	4					
Starch											
Starch	9										
<u> Minerals:</u>											
Calcium, Ca	-	920		0	MC	9					
Iron, Fe		9.50		0	MC	9					
Magnesium, Mg		52		0	MC	9					
Phosphorus, P	mg	620		0	MC	9					
Potassium, K	mg	570		0	MC	9					
Sodium, Na	mg	171		0	MC	9					
Zinc, Zn	mg	5.70		0	MC	9					
Copper, Cu	mg	0.360	)	0	MC	9					
Manganese, Mn	mg	0.240	)	0	MC	9					
Selenium, Se	mcg	13.3		0	BFZN	4					
Vitamins:											
Vitamin C, total ascorbic acid	ma	57.0		0	BFZN	4					
Thiamin	-	0.380	,	0	BFZN	4					
Riboflavin	-	0.430		0	BFZN	4					
Niacin		4.700		0	BFZN	4					
Pantothenic acid	-	4.700	•	U	DF ZN	-					
Vitamin B-6	-	0.280	1	0	MC	9					
Folate, total		76	•	0	BFZN	4					
Folic acid		76		0	BFZN	4					
Folate, food		0		0	BFZN	4					
Folate, DFE		129		0	NC	4					
Vitamin B-12		1.42		0	BFZN	4					
Vitamin A, IU		1420		0	BFZN	4					
		430		0	MC	9					
Vitamin A, RAE		430		0	MC	9					
Retinol Vitamin E (alpha-tocopherol)		4.32		0	MC	9					
		4.32		U	MC	9					
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, deltaVitamin D											
Vitamin K (phylloquinone)		38.0		0	BFZN	4					
vitanini K (phynoquinone)	illog	36.0		U	DF ZN	-					
<u>Lipids:</u>											
Fatty acids, total saturated	g	8.905	<b>i</b>	0	BFZN	4					
4:0	g	0.000	)	0	BFZN	4					
6:0	g	0.023	3	0	BFZN	4					
8:0	g	0.334	<u> </u>	0	BFZN	4					
10:0	g	0.250	)	0	MC	9					
12:0	g	1.944	<u> </u>	0	BFZN	4					
13:0	g										
14:0		0.863	3	0	BFZN	4					
15:0											
16:0		4.589	)	0	BFZN	4					
17:0											
18:0		0.902	2	0	BFZN	4					
20:0											
22:0	_										
24:0	_										

	<u>Amount</u>						Amount in edible portion of common			
			Number				<u>m</u>	easures of food		
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
	<b>-</b>									
Fatty acids, total monounsaturatedg 14:1g	7.800		0	MC	9					
15:1										
16:1 undifferentiated	0.020		0	MC	9					
17:1g	0.020		•		•					
18:1 undifferentiated	7.800		0	MC	9					
20:1g	0.000		0	BFZN	4					
22:1 undifferentiatedg	0.000		0	BFZN	4					
24:1 cg										
Fatty acids, total polyunsaturated9	4.200		0	MC	9					
18:2 undifferentiatedg	3.600		0	MC	9					
18:3 undifferentiatedg	0.373		0	BFZN	4					
18:4g	0.000		0	BFZN	4					
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiated	0.161		0	MA	12					
20:5 n-3g	0.000		0	BFZN	4					
22:5 n-3g	0.000		0	BFZN	4					
22:6 n-3g	0.081		0	MA	12					
Fatty acids, total transg										
Cholesterolmg	0		0	BFZN	4					
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	BFZN	4					
Caffeine mg	0		0	BFZN	4					
Theobromine mg	0		0	BFZN	4					
Carotenoids:										
Carotene, betamcg	0		0	BFZN	4					
Carotene, alpha mcg	0		0	BFZN	4					
Cryptoxanthin, betamcg	0		0	BFZN	4					
Lycopene mcg	0		0	BFZN	4					
Lutein + zeaxanthinmcg	0		0	BFZN	4					

## **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 10	00 grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common			
				Number	•			<u>m</u>	easures of food	<u>.</u>	
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	3.00		1	MA	12					
Energy	kcal	480		0	NC	4					
Energy	kj	2007		0	NC	4					
Protein (N x 5.71)	g	15.60		0	MC	9					
Total lipid (fat)	g	21.00		1	MA	12					
Ash	g	3.30		0	MC	9					
Carbohydrate, by difference	g	57.10		0	NC	4					
Fiber, total dietary	g	0.0		1	Z	7					
Sugars, total	g	56.00		1	MA	12					
Starch	g										
Minerals:	ma	020		^	340	•					
Calcium, Ca	_	920 9.50		0 0	MC MC	9 9					
Iron, Fe	_	9.50 52		0	MC MC	9					
Phosphorus, P		620		0	MC	9					
Potassium, K		570		0	MC	9					
Sodium, Na	-	171		0	MC	9					
Zinc, Zn	_	5.70		1	MA	12					
Copper, Cu		0.360	1	1	MA	12					
Manganese, Mn.	_	0.240		0	MC	9					
Selenium, Se		13.3		1	MA	12					
·											
<u> Vitamins:</u>											
Vitamin C, total ascorbic acid	_	57.0		0	MA	12					
Thiamin	_	0.380		0	MA	12					
Riboflavin		0.430		0	MA	12					
Niacin	_	4.700	)	0	MA	12					
Pantothenic acid	_					•					
Vitamin B-6		0.280	,	0	MC	9					
Folate, total		76		0	MA	12 9					
Folic acid		76 0		0 0	MC Z	9 7					
Folate, food		129		0	NC	4					
Folate, DFEVitamin B-12		1.42		0	MA.	12					
Vitamin A, IU		1420		0	NC	4					
Vitamin A, RAE		430		0	MC	9					
		430		0	MC	9					
Retinol Vitamin E (alpha-tocopherol)		4.28		0	MA	12					
		4.20		U	MA	12					
Tocopherol, beta Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		38.0		0	т	4					
<u> ipids:</u>											
Fatty acids, total saturated		8.905		0	NC	4					
4:0		0.000		0	BFFY	4					
6:0	-	0.020		0	MC	9					
8:0		0.330		0	MC	9					
10:0		0.250		0	MC	9					
12:0	-	1.910	,	0	MC	9					
13:0		0.000		^		^					
14:0		0.860	,	0	MC	9					
15:0		4.600		^	340	9					
16:0		4.600	,	0	MC	9					
17:0		0.000		0	MC	9					
18:0		0.860	,	U	MC	9					
20:0	-										
22:0	g g										

	<u>Ar</u>	mount in 10	Number	Amount in edible portion of common measures of food					
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	7.800		0	MC	9				
14:1g									
15:1g									
16:1 undifferentiatedg	0.020		0	MC	9				
17:1g									
18:1 undifferentiatedg	7.800		0	MC	9				
20:1g	0.000		0	BFFY	4				
22:1 undifferentiatedg	0.000		0	BFFY	4				
24:1 cg					•				
Fatty acids, total polyunsaturatedg	4.200		0	MC	9				
18:2 undifferentiatedg	3.600		0	MC	9				
18:3 undifferentiatedg	0.340		0	MC	9				
18:4g	0.000		0	BFFY	4				
20:2 n-6 c,cg									
20:3 undifferentiatedg					•				
20:4 undifferentiatedg	0.160		0	MC	9				
20:5 n-3g	0.000		0	BFFY	4				
22:5 n-3g	0.000		0	BFFY	4				
22:6 n-3g	0.000		0	BFFY	4				
Fatty acids, total transg									
Cholesterolmg	0		0	BFFY	4				
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7				
Caffeine mg	0		0	Z	7				
Theobromine mg	0		0	z	7				
Carotenoids:									
Carotene, betamcg	0		0	z	7				
Carotene, alphamcg	0		0	z	7				
Cryptoxanthin, beta mcg	0		0	z	7				
Lycopene mcg	0		0	z	7				
Lutein + zeaxanthin mcg	0		0	z	7				

## **Common Measures:**

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03821 Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, powder, not reconstituted

		<u>A</u>	mount in 100	<u>u grams</u>	ot edik	ole portio	<u>on</u>	Amount in edible portion of common			
				Number				<u>m</u>	easures of food	•	
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates: Water	a	2.00		0	мс	9		0.18			
Energy	_	500		0	MC	9		44			
Energy		2092		0	MC	9		184			
Protein	· -	14.00		0	MC	9		1.23			
Total lipid (fat)	-	28.00		0	MA	12		2.46			
Ash		3.20		0	MA	12		0.28			
Carbohydrate, by difference		52.80		0	NC	4		4.65			
Fiber, total dietary		0.0		0	z	7		0.0			
Sugars, total		51.00		0	MC	9		4.49			
Starch	_	31.00		Ü	МС	,		4.45			
Minerals:											
Calcium. Ca	mg	580		0	MC	9		51			
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	9.40		0	MA	12		0.83			
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	55		0	MA	12		5			
Phosphorus, P		380		0	MC	9		33			
Potassium, K		550		0	MA	12		48			
Sodium, Na		240		0	MC	9		21			
Zinc, Zn	mg	5.00		0	MC	9		0.44			
Copper, Cu	mg	0.380	)	0	MC	9		0.033			
Manganese, Mn	<u>mg</u>										
Selenium, Se	mcg	14.0		0	MC	9		1.2			
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid		60.0	_	0	MC	9		5.3			
Thiamin	-	0.400		0	MC	9		0.035			
Riboflavin		0.450		0	MC	9		0.040			
Niacin	_	5.000	)	0	MC	9		0.440			
Pantothenic acid	_	0.300	,	0	мс	9		0.026			
Vitamin B-6		80	,	0	MC	9		7			
Folate, total		80		0	MC	9		7			
Folate, food		0		0	Z	7		0			
Folate, DFE		136		0	NC	4		12			
Vitamin B-12		1.50		0	MC	9		0.13			
Vitamin A, IU		1900		0	MC	9		167			
Vitamin A, RAE	mca RAE	570		0	MC	9		50			
Retinol		570		0	MC	9		50			
Vitamin E (alpha-tocopherol)		9.09		0	MC	9		0.80			
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	60.0		0	MA	12		5.3			
Lipids:											
Fatty acids, total saturated		16.800		0	MC	9		1.478			
4:0		0.000		0	MA	12		0.000			
6:0		0.150		0	MA	12		0.013			
8:0	-	10.900		0	MC	9		0.959			
10:0	-	4.100		0	MC	9		0.361			
12:0	_	0.070	J	0	MA	12		0.006			
13:0		2 22		^		10		0.000			
14:0		0.000	,	0	MA	12		0.000			
15:0		1 150	,	^	143	10		0 101			
16:0		1.150	,	0	MA	12		0.101			
17:0		0.400	,	^	140	•		0 005			
18:0		0.400	,	0	MC	9		0.035			
20:0	-										
22:0	g g										

	<u>Am</u>	ount in 10			<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	4.600		0	MC	9		0.405		
14:1g									
15:1g									
16:1 undifferentiatedg	0.000		0	MA	12		0.000		
17:1g									
18:1 undifferentiatedg	4.600		0	MC	9		0.405		
20:1g	0.000		0	MA	12		0.000		
22:1 undifferentiatedg	0.000		0	MA	12		0.000		
24:1 cg									
Fatty acids, total polyunsaturated	6.500		0	MC	9		0.572		
18:2 undifferentiatedg	5.900		0	MC	9		0.519		
18:3 undifferentiatedg	0.590		0	MC	9		0.052		
18:4g	0.000		0	MA	12		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	MA	12		0.000		
20:5 n-3g	0.000		0	MA	12		0.000		
22:5 n-3g	0.000		0	MA	12		0.000		
22:6 n-3g	0.000		0	MA	12		0.000		
Fatty acids, total trans									
Cholesterolmg	2		0	MC	9		0		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobrominemg	0		0	Z	7		0		
Carotenoids:									
Carotene, betamcg	0		0	z	7		0.000		
Carotene, alpha mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta mcg	0		0	Z	7		0.000		
Lycopene mcg	0		0	z	7		0.000		
Lutein + zeaxanthin mcg	0		0	Z	7		0.000		

### **Common Measures:**

Measure 1 = 8.8g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03822 Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, prepared from powder

		<u>A</u>	mount in 100	<u>grams</u>	ot edik	oie portio	<u>on</u>	Amount in edible portion of common			
			ı	Number				<u>m</u>	easures of food		
						Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	-	87.50		0	NR	4		26.95			
Energy		65		0	MC	9		20			
Energy		272		0	MC	9		84			
Protein	-	1.82		0	MA	12		0.56			
Total lipid (fat)		3.65		0	MC	9 9		1.12			
Ash		0.41		0	MC	4		0.13 2.04			
Carbohydrate, by difference		6.62 0.0		0	NC Z	7		0.0			
Fiber, total dietary Sugars, total		6.63		0	MC	9		2.04			
Starch	-	0.03		Ū	мс	9		2.04			
Minerals:											
Calcium, Ca	mg	75		0	MC	9		23			
Iron, Fe	_	1.17		0	MC	9		0.36			
Magnesium, Mg	_	7		0	MC	9		2			
Phosphorus, P		49		0	MC	9		15			
Potassium, K	mg	71		0	MA	12		22			
Sodium, Na	_	31		0	MC	9		10			
Zinc, Zn		0.65		0	MC	9		0.20			
Copper, Cu		0.049	9	0	MC	9		0.015			
Manganese, Mn		1.0		•		•		0.6			
Selenium, Se	mcg	1.8		0	MC	9		0.6			
Vitamins: Vitamin C, total ascorbic acid	ma	7.8		0	мс	9		2.4			
Thiamin		0.052	<b>,</b>	0	MC	9		0.016			
Riboflavin	_	0.052		0	MC	9		0.018			
Niacin		0.654		0	MC	9		0.201			
Pantothenic acid	_										
Vitamin B-6	mg	0.039	•	0	MC	9		0.012			
Folate, total	mcg	10		0	MC	9		3			
Folic acid	mcg	10		0	MC	9		3			
Folate, food		0		0	Z	7		0			
Folate, DFE		18		0	NC	4		5			
Vitamin B-12		0.19		0	MC	9		0.06			
Vitamin A, IU	IU	250		0	MC	9		77			
Vitamin A, RAE		75		0	MC	9		23			
Retinol Vitamin E (alpha-tocopherol)		75 1.74		0	MC MC	9 9		23 0.54			
Tocopherol, beta		1.74		U	МС	9		0.54			
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	7.8		0	MC	9		2.4			
Lipids:											
Fatty acids, total saturated		2.212		0	MC	9		0.681			
4:0		0.000		0	MA	12		0.000			
6:0		0.019		0	MC	9		0.006			
8:0	-	1.430		0	MA	12		0.440			
10:0	-	0.538		0	MC MC	9 9		0.166			
12:0	-	0.010	,	U	MC	9		0.003			
13:0 14:0		0.000	)	0	MC	9		0.000			
15:0		0.000	-	Ü	H	,		3.000			
16:0		0.154	1	0	MC	9		0.047			
17:0		•		-		-					
18:0		0.048	3	0	MC	9		0.015			
20:0											
22:0	-										
24:0	g										

		<u>Ar</u>				Amount in 100 grams of edible portion  Number								
Nutrients and U	Inits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3				
Fatty acids, total monounsaturate	_	0.606		0	MC	9		0.187						
14:1	g													
15:1	-													
16:1 undifferentiated	-	0.000		0	MA	12		0.000						
17:1														
18:1 undifferentiated	-	0.606		0	MC	9		0.187						
20:1	_	0.000		0	MA	12		0.000						
22:1 undifferentiated	•	0.000		0	MA	12		0.000						
24:1 c														
Fatty acids, total polyunsaturated		0.846		0	MC	9		0.261						
18:2 undifferentiated		0.769		0	MC	9		0.237						
18:3 undifferentiated		0.077		0	MC	9		0.024						
18:4	_	0.000		0	MA	12		0.000						
20:2 n-6 c,c														
20:3 undifferentiated														
20:4 undifferentiated	_	0.000		0	MA	12		0.000						
20:5 n-3		0.000		0	MA	12		0.000						
22:5 n-3	-	0.000		0	MA	12		0.000						
22:6 n-3		0.000		0	MA	12		0.000						
Fatty acids, total trans														
Cholesterol	_	0		0	MC	9		0						
Phytosterols	mg													
Others:														
Alcohol, ethyl	g	0.0		0	Z	7		0.0						
Caffeine	mg	0		0	Z	7		0						
Theobromine	mg	0		0	Z	7		0						
Carotenoids:														
Carotene, beta		0		0	Z	7		0.000						
Carotene, alpha	mcg	0		0	Z	7		0.000						
Cryptoxanthin, beta		0		0	Z	7		0.000						
Lycopene	mcg	0		0	Z	7		0.000						
Lutein + zeaxanthin		0		0	Z	7		0.000						

# **Common Measures:**

Measure 1 = 30.8g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03824 Infant formula, MEAD JOHNSON, PROSOBEE, with iron, liquid concentrate, not reconstituted

		<u>A</u>	mount in 100	grams	ot edik	ne portio	<u>on</u>	Amount in edible portion of common			
			N	Number				m	easures of food		
						Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure	
Proximates:						_					
Water	-	75.47		0	MC	9		23.24			
Energy		128		0	MC	9		39			
Energy	=	536		0	MC	9		165			
Protein	-	3.19		0	MC	9 9		0.98			
Total lipid (fat)		6.79 0.77		0	MC MC	9		2.09 0.24			
Ash		13.58		0	MC	9		4.18			
Carbohydrate, by difference		0.0		0	MC	9		0.0			
Sugars, total		13.58		0	MC	9		4.18			
Starch	-	13.36		Ū	MC	9		4.10			
Minerals: Calcium, Ca	ma	134		0	MC	9		41			
Iron. Fe.	-	2.30		0	MC	9		0.71			
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	14		Ö	MC	9		4			
Phosphorus, P		106		0	MC	9		33			
Potassium, K		153		0	MC	9		47			
Sodium, Na		45		0	MC	9		14			
Zinc, Zn	mg	1.53		0	MC	9		0.47			
Copper, Cu		0.096	5	0	MC	9		0.030			
Manganese, Mn											
Selenium, Se	mcg	3.6		0	BFZN	4		1.1			
Vitamins:											
Vitamin C, total ascorbic acid		15.3		0	MC	9		4.7			
Thiamin	_	0.102		0	MC	9 9		0.031			
Riboflavin		0.115 1.280		0	MC MC	9		0.035 0.394			
Niacin Pantothenic acid	_	1.280	,	U	MC	9		0.394			
Vitamin B-6	_	0.077	7	0	MC	9		0.024			
Folate, total	-	20	•	0	MC	9		6			
Folic acid		20		0	MC	9		6			
Folate, food		0		0	z	7		0			
Folate, DFE		34		0	NC	4		10			
Vitamin B-12		0.38		0	MC	9		0.12			
Vitamin A, IU	IU	377		0	MC	9		116			
Vitamin A, RAE	mcg_RAE	113		0	MC	9		35			
Retinol		113		0	MC	9		35			
Vitamin E (alpha-tocopherol)		1.16		0	MC	9		0.36			
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta Vitamin D		77.000	,	0	мс	9		23.716			
Vitamin D Vitamin K (phylloquinone)		10.2	,	0 0	MC T	4		3.1			
L <b>ipids:</b> Fatty acids, total saturated	g	2.887	7	0	MC	9		0.889			
4:0		0.000		0	MC	9		0.000			
6:0		0.007	7	0	MC	9		0.002			
8:0	g	0.113	3	0	MC	9		0.035			
10:0		0.075	5	0	MC	9		0.023			
12:0		0.623	3	0	MC	9		0.192			
13:0											
14:0	-	0.283	3	0	MC	9		0.087			
15:0				_		_		<u>.</u>			
16:0		1.491	L	0	MC	9		0.459			
17:0		0.00		^		^		0 001			
18:0		0.264	ŧ	0	MC	9		0.081			
20:0	-										
22:0 24:0	-										

NDB No. 03824 Infant formula, MEAD JOHNSON, PROSOBEE, with iron, liquid concentrate, not reconstituted

	<u>Ar</u>	nount in 10	0 grams	of edil	<u>en</u>	Amount in edible portion of common			
			Number of Data		Source	Confidence	<u>m</u>	easures of food	
Nutrients and Units	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Fetter with the law assumptions of the	2.584		0	MC	9		0.796		
Fatty acids, total monounsaturatedg 14:1g	2.564		U	MC	9		0.796		
15:1g									
16:1 undifferentiated	0.000		0	MC	9		0.000		
17:1g	0.000		·				0.000		
18:1 undifferentiated 9	2.585		0	MC	9		0.796		
20:1g	0.000		0	MC	9		0.000		
22:1 undifferentiatedg	0.000		0	MC	9		0.000		
24:1 cg									
Fatty acids, total polyunsaturatedg	1.302		0	MC	9		0.401		
18:2 undifferentiatedg	1.189		0	MC	9		0.366		
18:3 undifferentiatedg	0.113		0	MC	9		0.035		
18:4g	0.000		0	MC	9		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	MC	9		0.000		
20:5 n-3g	0.000		0	MC	9		0.000		
22:5 n-3g	0.000		0	MC	9		0.000		
22:6 n-3g	0.000		0	MC	9		0.000		
Fatty acids, total trans									
Cholesterolmg	0		0	MC	9		0		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7		0.0		
Caffeinemg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		
<u>Carotenoids:</u>									
Carotene, beta mcg	0		0	Z	7		0.000		
Carotene, alphamcg	0		0	Z	7		0.000		
Cryptoxanthin, beta mcg	0		0	MC	9		0.000		
Lycopenemcg	0		0	Z	7		0.000		
Lutein + zeaxanthin mcg	0		0	Z	7		0.000		

# **Common Measures:**

Measure 1 = 30.8g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 g	grams	of edit	ole portio	<u>n</u>	Amount in edible portion of common			
			Nu	umber				m	easures of food		
					Deriv	Source	Confidence				
Nutrients and Un	its	Mean	Std. Error P			Code	Code	Measure 1	Measure 2	Measure	
Proximates: Water	a	88.35		0	MC	9		26.95			
Energy	-	63		0	NC	4		19			
03		276		0	MC	9		84			
Energy				•							
Protein		1.64		0	MC	9		0.50			
Total lipid (fat)		3.50		0	MC	9		1.07			
Ash		0.40		0	MC	9		0.12			
Carbohydrate, by difference		6.11		0	NC	4		1.86			
Fiber, total dietary		0.0		0	MC	9		0.0			
Sugars, total	g	6.99		0	MC	9		2.13			
Starch	g	0.00		0	Z	7		0.00			
Minerals:											
Calcium, Ca	ma	69		0	MA	12		21			
Iron. Fe.	-	1.18		0	MA	12		0.36			
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	7		0	MC	9		2			
Phosphorus, P		54		0	MA	12		16			
Potassium, K	-	79		0	MA	12		24			
Sodium, Na		23		0	MC	9		7			
Zinc, Zn	-	0.79		0	MA	12		0.24			
-		0.75	`	0	MC	9		0.015			
Copper, Cu		0.050	,	U	MC	9		0.015			
Manganese, Mn		1.8		0	MC	9		0.6			
Selenium, Se	Ilicg	1.8		U	MC	9		0.6			
Vitamins:											
Vitamin C, total ascorbic acid	mg	7.9		0	MA	12		2.4			
Thiamin		0.052	2	0	MC	9		0.016			
Riboflavin		0.059	9	0	MA	12		0.018			
Niacin		0.660	)	0	MC	9		0.201			
Pantothenic acid	-										
Vitamin B-6		0.040	)	0	MC	9		0.012			
Folate, total		11		0	MC	9		3			
Folic acid		11		0	MC	9		3			
Folate, food		0		0	Z	7		0			
Folate, DFE		18		0	NC	4		5			
Vitamin B-12	mca_Dr L	0.19		0	MC	9		0.06			
Vitamin A, IU		194		0	MC	9		59			
Vitamin A, RAE		58		0	MC	9		18			
		59		0	NC	4		18			
Retinol		0.60		0	MC	9		0.18			
Vitamin E (alpha-tocopherol)		0.80		U	MC	9		0.18			
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta		20.000		•		•		10 100			
Vitamin D Vitamin K (phylloquinone)		39.800 5.2	,	0	MC MC	9 9		12.139 1.6			
vitamin K (phynoquinone)	niog	3.2		U	МС	9		1.0			
<u>Lipids:</u>											
Fatty acids, total saturated	g	1.485	5	0	MC	9		0.453			
4:0		0.000	)	0	MA	12		0.000			
6:0		0.003	3	0	MC	9		0.001			
8:0	-	0.058		0	MC	9		0.018			
10:0		0.039		0	MC	9		0.012			
12:0	-	0.320		0	MC	9		0.098			
13:0	-			-	-	-					
14:0	-	0.146	5	0	MC	9		0.045			
15:0	-			-		-					
16:0	-	0.767	7	0	MC	9		0.234			
17:0		5		-		-		3.20.			
18:0		0.136	5	0	MC	9		0.041			
20:0		5.150	-	•		-		0.041			
22:0	-										
24:0	-										

		<u>Ar</u>	nount in 10	<u>0 grams</u> Number	<u>on</u>	Amount in edible portion of common measures of food				
Nutrients and U	Jnits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturate		1.330		0	MC	9		0.406		
14:1										
15:1	-	_								
16:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	0.000		0	MA	12		0.000		
17:1	-									
18:1 undifferentiated	• • • • • • • • • • • • • • • • • • • •	1.330		0	MC	9		0.406		
20:1	-	0.000		0	MA	12		0.000		
22:1 undifferentiated	•	0.000		0	MA	12		0.000		
24:1 c										
Fatty acids, total polyunsaturated		0.670		0	MC	9		0.204		
18:2 undifferentiated		0.612		0	MC	9		0.187		
18:3 undifferentiated	-	0.058		0	MC	9		0.018		
18:4	-	0.000		0	MA	12		0.000		
20:2 n-6 c,c										
20:3 undifferentiated	• • • • • • • • • • • • • • • • • • • •									
20:4 undifferentiated	g	0.000		0	MA	12		0.000		
20:5 n-3	g	0.000		0	MA	12		0.000		
22:5 n-3	g	0.000		0	MA	12		0.000		
22:6 n-3	g	0.000		0	MA	12		0.000		
Fatty acids, total trans	g									
Cholesterol	mg	0		0	Z	7		0		
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0		0	Z	7		0.0		
Caffeine	mg	0		0	Z	7		0		
Theobromine	mg	0		0	Z	7		0		
Carotenoids:										
Carotene, beta	mcg	0		0	z	7		0.000		
Carotene, alpha		0		0	Z	7		0.000		
Cryptoxanthin, beta	mcg	0		0	Z	7		0.000		
Lycopene	mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin	mcg	0		0	Z	7		0.000		

# **Common Measures:**

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 100 gr	ams of edi	ble portic	<u>on</u>	Amount in edible portion of common			
			Nun	nber			<u>m</u>	easures of food	<u>I</u>	
				ota Deriv	Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error Poi			Code	Measure 1	Measure 2	Measure	
Proximates: Water	a	87.50		0	12		26.69			
	-			0	9		20.09			
Energy		66								
Energy		276		0	9		84			
Protein		1.45		0 MC			0.44			
Total lipid (fat)		3.37		0 MC			1.03			
Ash	g	0.29		0 т	4		0.09			
Carbohydrate, by difference	g	7.39		0 MC	9		2.25			
Fiber, total dietary	g	0.0		0	7		0.0			
Sugars, total	g	5.00		0 т	4		1.53			
Starch	g									
<u>Minerals:</u>										
Calcium, Ca	_	42		0	12		13			
Iron, Fe	_	0.99		0	12		0.30			
Magnesium, Mg		5		0 MC	9		1			
Phosphorus, P	mg	24		0	12		7			
Potassium, K	mg	71		0 MC	9		22			
Sodium, Na	mg	18		0 MC	9		5			
Zinc, Zn	mg	0.53		0 MC	9		0.16			
Copper, Cu	mg	0.053	3	0	12		0.016			
Manganese, Mn	mg									
Selenium, Se	mcg	1.3		0 MC	9		0.4			
Vitamins										
Vitamins:		- 0			•		1.0			
Vitamin C, total ascorbic acid		5.9		0 MC	9		1.8			
Thiamin		0.066		0 MC	9		0.020			
Riboflavin		0.092		0 MC	9		0.028			
Niacin	_	0.693	3	0 MC	9		0.211			
Pantothenic acid										
Vitamin B-6		0.050	)	0	12		0.015			
Folate, total	mcg	10		0 MC	9		3			
Folic acid	mcg	10		0 MC	9		3			
Folate, food		0		0 MC	9		0			
Folate, DFE	mcg_DFE	17		0 NC	4		5			
Vitamin B-12	mcg	0.22		0 MC	9		0.07			
Vitamin A, IU		198		0 MC	9		60			
Vitamin A, RAE	mcg_RAE	60		0 NC	4		18			
Retinol		60		0 т	4		18			
Vitamin E (alpha-tocopherol)		0.99		0 MC	9		0.30			
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		5.3		0 MC	9		1.6			
<u> Lipids:</u>										
Fatty acids, total saturated	g	1.470		0	12		0.448			
4:0		0.000		0	12		0.000			
6:0	g	0.000		0	12		0.000			
8:0	g	0.050	)	0	12		0.015			
10:0	g	0.040	)	0	12		0.012			
12:0	g	0.340	)	0	12		0.104			
13:0	g									
14:0	-	0.140	)	0	12		0.043			
15:0	-									
16:0	-	0.780	)	0	12		0.238			
17:0					-					
18:0		0.120	)	0	12		0.037			
20:0		0.120		-			3.037			
22:0	-									
7.7.10	y									

	<u>Ar</u>	mount in 10	0 grams	of edil	ole portio	<u>en</u>	Amount in edible portion of common			
Nutrients and Units	Maan			Deriv	Source Code	Confidence Code	_	easures of food	•	
Nutrients and Units	Mean	Sta. Error	ronnes	Code	Code	Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	1.080		0		12		0.329			
14:1g										
15:1										
16:1 undifferentiatedg	0.000		0		12		0.000			
17:1g										
18:1 undifferentiatedg	1.080		0		12		0.329			
20:1g	0.000		0		12		0.000			
22:1 undifferentiatedg	0.000		0		12		0.000			
24:1 cg										
Fatty acids, total polyunsaturated	0.740		0		12		0.226			
18:2 undifferentiated	0.680		0		12		0.207			
18:3 undifferentiatedg	0.060		0		12		0.018			
18:4g	0.000		0		12		0.000			
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0		12		0.000			
20:5 n-3g	0.000		0		12		0.000			
22:5 n-3g	0.000		0		12		0.000			
22:6 n-3g	0.000		0		12		0.000			
Fatty acids, total transg										
Cholesterolmg	4		0	MA	12		1			
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0		7		0.0			
Caffeine mg	0		0	Z	7		0			
Theobromine mg	0		0	Z	7		0			
Carotenoids:										
Carotene, betamcg	0		0	z	7		0.000			
Carotene, alphamcg	0		0	Z	7		0.000			
Cryptoxanthin, betamcg	0		0	Z	7		0.000			
Lycopene mcg	0		0	Z	7		0.000			
Lutein + zeaxanthin mcg	0		0	Z	7		0.000			

# **Common Measures:**

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	0 grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common		
				Number	•			<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	86.60		0		12		26.41		
Energy	kcal	65		0		9		20		
Energy	kj	272		0		9		83		
Protein	g	1.70		0		12		0.52		
Total lipid (fat)	g	2.70		0		12		0.82		
Ash	g	0.47		0	T	4		0.14		
Carbohydrate, by difference	g	8.54		0	NC	4		2.60		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	6.19		0	T	4		1.89		
Starch	g									
or 1										
Minerals:	ma	78		0	MC	9		24		
Calcium, Ca	_	78 1.20		0	MC MC	9		0.37		
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	5		0	MC	9		2		
Phosphorus, P		52		0	MC	9		16		
Potassium, K	_	88		0	МС	12		27		
Sodium, Na	_	25		0		12		8		
Zinc, Zn	-	0.52		0	MC	9		0.16		
Copper, Cu		0.055	5	0	MC	9		0.017		
Manganese, Mn		0.035	•	v	110	,		0.017		
Selenium, Se		1.3		0	MC	9		0.4		
· ·										
<u> Vitamins:</u>										
Vitamin C, total ascorbic acid	-	5.9		0	MC	9		1.8		
Thiamin	-	0.052		0	MC	9		0.016		
Riboflavin		0.091		0	MC	9		0.028		
Niacin	-	0.650	)	0	MC	9		0.198		
Pantothenic acid	-									
Vitamin B-6		0.042	2	0	MC	9		0.013		
Folate, total		10		0		12		3		
Folic acid		10		0	T	4		3		
Folate, food		0		0	Z	7		0		
Folate, DFE		17		0	NC	4		5		
Vitamin B-12		0.16		0	MC	9		0.05		
Vitamin A, IU		163		0	MC	9		50		
Vitamin A, RAE		48		0	NC	4		15		
Retinol	-	48		0	T	4		15		
Vitamin E (alpha-tocopherol)		0.91		0	MC	9		0.28		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta Vitamin D										
Vitamin D Vitamin K (phylloquinone)		5.2		0	MC	9		1.6		
viamini K (phynoquinone)	g	3.2		J	FIC	,		2.0		
Lipids:										
Fatty acids, total saturated	g	1.180	)	0		12		0.360		
4:0		0.000	)	0		12		0.000		
6:0		0.000		0		12		0.000		
8:0	g	0.040	)	0		12		0.012		
10:0	-	0.030		0		12		0.009		
12:0		0.270	)	0		12		0.082		
13:0										
14:0		0.110	)	0		12		0.034		
15:0										
16:0		0.630	)	0		12		0.192		
17:0										
18:0	g	0.100	)	0		12		0.031		
20:0	g									
22:0	g									
24:0	g									

	<u>Ar</u>	nount in 10	00 grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	0.870		0		12		0.265		
14:1g									
15:1	0.000		0		12		0.000		
17:1g	0.000		U		12		0.000		
18:1 undifferentiatedg	0.870		0		12		0.265		
20:1g	0.000		0		12		0.000		
22:1 undifferentiated	0.000		0		12		0.000		
24:1 cg	0.000		·				0.000		
Fatty acids, total polyunsaturated9	0.600		0		12		0.183		
18:2 undifferentiatedg	0.550		0		12		0.168		
18:3 undifferentiated	0.050		0		12		0.015		
18:4g	0.000		0		12		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0		12		0.000		
20:5 n-3g	0.000		0		12		0.000		
22:5 n-3g	0.000		0		12		0.000		
22:6 n-3g	0.000		0		12		0.000		
Fatty acids, total transg									
Cholesterol mg	1		0	MC	9		0		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobrominemg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta mcg	0		0	Z	7		0.000		
Carotene, alphamcg	0		0	Z	7		0.000		
Cryptoxanthin, beta mcg	0		0	Z	7		0.000		
Lycopene mcg	0		0	Z	7		0.000		
Lutein + zeaxanthinmcg	0		0	Z	7		0.000		

# **Common Measures:**

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03901 Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, liquid concentrate

		<u>A</u>	mount in 100	<u>u grams</u>	ot edil	ole portio	<u>on</u>	Amount in edible portion of common			
			1	Number				<u>m</u>	easures of food	-	
						Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	74.20		0	MA	12		23.67			
Energy		125		0	NC	4		40			
Energy	kj	524		0	NC	4		167			
Protein	_	3.25		0	MA	12		1.04			
Total lipid (fat)		5.13		0	MA	12		1.64			
Ash		0.93		0	MA	12		0.30			
Carbohydrate, by difference		16.50		0	MC	9		5.26			
Fiber, total dietary		0.0		0		7		0.0			
Sugars, total	_	11.90		0	MA	12		3.80			
Starch	g										
Minerals:											
Calcium, Ca	mg	150		0	MA	12		48			
Iron, Fe	-	2.25		0	MA	12		0.72			
Magnesium, Mg		10		0	MC	9		3			
Phosphorus, P		100		0	MA	12		32			
Potassium, K	_	169		0	MA	12		54			
Sodium, Na	-	49		0	MA	12		16			
Zinc, Zn		1.00	_	0	MC	9		0.32			
Copper, Cu		0.106	5	0	MC	9		0.034			
Manganese, Mn		0.5		•		•		0.0			
Selenium, Se	Tricg	2.5		0	MC	9		0.8			
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid	mg	11.0		0	MC	9		3.5			
Thiamin	mg	0.100	)	0		12		0.032			
Riboflavin	mg	0.175	5	0	MC	9		0.056			
Niacin	mg	0.125	5	0	MC	9		0.040			
Pantothenic acid	-										
Vitamin B-6	_	0.081	L	0	MC	9		0.026			
Folate, total		19		0	MC	9		6			
Folic acid		19		0	MC	9		6			
Folate, food		0		0	Z	7		0			
Folate, DFE		32		0	NC	4		10			
Vitamin B-12		0.31		0	MC	9		0.10			
Vitamin A, IU	IU	313 98		0	MC	9 4		100 31			
Vitamin A, RAE		98 98		0	NC T	4		31			
Retinol Vitamin E (alpha-tocopherol)		1.75		0	MC	9		0.56			
Tocopherol, beta		1.75		U	МС	,		0.50			
Tocopherol, gamma Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		10.0		0	MC	9		3.2			
	<del>-</del>										
Lipids:	-	2 22		•							
Fatty acids, total saturated		2.280		0		12		0.727			
4:0		0.000		0		12		0.000			
6:0		0.000		0		12 12		0.000			
8:0	_	0.080		0	347	12 12		0.026			
10:0	_	0.064 0.482		0	MA MA	12 12		0.020			
12:0 13:0	_	0.482	-	U	MA	12		0.154			
14:0	-	0.208	2	0	MA	12		0.066			
15:0	-	0.208	,	U	MA	12		0.000			
16:0		1.180	)	0	MA	12		0.376			
17:0		1.100	•	U	PIR	12		0.376			
18:0		0.192	,	0	MA	12		0.061			
20:0		0.192	_	U	MM	12		0.061			
22:0	_										
24:0	_										

	<u>Ar</u>	mount in 10	0 grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common		
Nutrients and Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
Fatty acids, total monounsaturatedg	1.630		0	MA	12		0.520		
14:1g	2.000		·				0.320		
15:1g									
16:1 undifferentiated9	0.010		0	MA	12		0.003		
17:1g									
18:1 undifferentiated	1.560		0	MA	12		0.498		
20:1g	0.006		0	MA	12		0.002		
22:1 undifferentiatedg	0.003		0	MA	12		0.001		
24:1 cg									
Fatty acids, total polyunsaturated	1.250		0	MA	12		0.399		
18:2 undifferentiatedg	0.850		0	MA	12		0.271		
18:3 undifferentiatedg	0.097		0	MA	12		0.031		
18:4g	0.000		0		12		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0		12		0.000		
20:5 n-3g	0.000		0		12		0.000		
22:5 n-3g	0.000		0		12		0.000		
22:6 n-3g	0.000		0		12		0.000		
Fatty acids, total trans									
Cholesterolmg	2		0	MC	9		1		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		
<u>Carotenoids:</u>									
Carotene, betamcg	0		0	Z	7		0.000		
Carotene, alphamcg	0		0	Z	7		0.000		
Cryptoxanthin, beta mcg	0		0	Z	7		0.000		
Lycopene mcg	0		0	Z	7		0.000		
Lutein + zeaxanthinmcg	0		0	Z	7		0.000		

# **Common Measures:**

Measure 1 = 31.9g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03913 Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, powder

		<u>A</u>	mount in 100	grams	ot edil	ole portio	<u>on</u>	Amount in edible portion of common			
			N	Number				m	easures of food		
						Source	Confidence				
Nutrients and Uni	its	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	-	2.50		0	MC	9		0.24			
Energy		471		0	NC	4		44			
Energy		1972		0	NC	4		185			
Protein	-	12.20		0		12		1.15			
Total lipid (fat)		19.30		0	_	12		1.81			
Ash		3.77		0	T NC	4 4		0.35			
Carbohydrate, by difference		62.23 0.0		0	NC	4 7		5.85 0.0			
Fiber, total dietary				0	140	9					
Sugars, total		44.30		U	MC	9		4.16			
Starch	9										
Minerals:											
Calcium, Ca	mg	565		0	MC	9		53			
Iron, Fe	-	8.50		0	MC	9		0.80			
Magnesium, Mg		38		0	MC	9		4			
Phosphorus, P		377		0	NR	4		35			
Potassium, K		636		0		12		60			
Sodium, Na	-	184		0		12		17			
Zinc, Zn		4.00		0 0	MC	9 9		0.38			
Copper, Cu		0.400	,	U	MC	9		0.038			
Manganese, Mn Selenium, Se		9.4		0	MC	9		0.9			
Selenium, Se	Ilog	9.4		U	МС	9		0.9			
<u>Vitamins:</u>											
Vitamin C, total ascorbic acid	mg	42.0		0	MC	9		3.9			
Thiamin	mg	0.377	7	0	MC	9		0.035			
Riboflavin	mg	0.659	9	0	MC	9		0.062			
Niacin	mg	4.710	)	0	MC	9		0.443			
Pantothenic acid	-										
Vitamin B-6		0.306	5	0	MC	9		0.029			
Folate, total		71		0	MC	9		7			
Folic acid		71		0	MC	9		7			
Folate, food		0 121		0	Z	9		0			
Folate, DFE		1.20		0	NC MC	4 9		11 0.11			
Vitamin B-12		1178		0	MC	9		111			
Vitamin A, IU Vitamin A, RAE		354		0	NC	4		33			
Retinol		354		0	T	4		33			
Vitamin E (alpha-tocopherol)		6.60		0	MC	9		0.62			
Tocopherol, beta		0.00		·		•		0.02			
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)	mcg	38.0		0	MC	9		3.6			
Lipids:	a	8.540	1	0		12		0.803			
Fatty acids, total saturated		0.000		0		12		0.803			
6:0		0.000		0		12		0.000			
8:0		0.300		0		12		0.028			
10:0	-	0.240		0		12		0.028			
12:0		1.950		0		12		0.183			
13:0	-							2			
14:0	-	0.810	)	0		12		0.076			
15:0	-										
16:0		4.530	)	0		12		0.426			
17:0											
18:0		0.710	)	0		12		0.067			
20:0	g										
22:0	g										
24:0	g										

	<u>Ar</u>	nount in 10	0 grams Number		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	6.230		0		12		0.586			
14:1g	0.230		Ū				0.380			
15:1g										
16:1 undifferentiated	0.000		0		12		0.000			
17:1g										
18:1 undifferentiatedg	6.230		0		12		0.586			
20:1g	0.000		0		12		0.000			
22:1 undifferentiatedg	0.000		0		12		0.000			
24:1 cg										
Fatty acids, total polyunsaturated	4.310		0		12		0.405			
18:2 undifferentiatedg	3.940		0		12		0.370			
18:3 undifferentiatedg	0.370		0		12		0.035			
18:4g	0.000		0		12		0.000			
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0		12		0.000			
20:5 n-3g	0.000		0		12		0.000			
22:5 n-3g	0.000		0		12		0.000			
22:6 n-3g	0.000		0		12		0.000			
Fatty acids, total transg										
Cholesterolmg	6		0	MC	9		1			
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0		7		0.0			
Caffeine mg	0		0	z	7		0			
Theobrominemg	0		0	z	7		0			
Carotenoids:										
Carotene, betamcg	0		0	z	7		0.000			
Carotene, alphamcg	0		0	Z	7		0.000			
Cryptoxanthin, betamcg	0		0	z	7		0.000			
Lycopene mcg	0		0	z	7		0.000			
Lutein + zeaxanthin mcg	0		0	z	7		0.000			

# **Common Measures:**

Measure 1 = 9.4g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03928 Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, powder

		<u>A</u>	mount in 10	υ grams	ot edil	ole portio	<u>on</u>	Amount in	edible portion of	of common
				Number				<u>m</u>	easures of food	
						Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	_	2.50		0	MA	12		0.11		
Energy		502		0	MC	9		22		
Energy	=	2102		0	MC	9		90		
Protein	-	12.50		0	MC	9		0.54		
Total lipid (fat)		25.50		0	MC	9		1.10		
Ash		3.80		0	MC	9		0.16		
Carbohydrate, by difference		55.70		0 0	NC	<b>4</b> 7		2.40 0.0		
Fiber, total dietary		0.0		0						
Sugars, total	_	13.80		U	T	4		0.59		
Starch	9									
Minerals:										
Calcium, Ca	mg	526		0	MA	12		23		
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	9.00		0	MA	12		0.39		
Magnesium, Mg		55		0	MA	12		2		
Phosphorus, P		316		0	MC	9		14		
Potassium, K		581		0	MA	12		25		
Sodium, Na	-	180		0	MC	9		8		
Zinc, Zn	_	4.51		0	MA	12		0.19 0.026		
Copper, Cu		0.601	L	U	MA	12		0.026		
Manganese, Mn Selenium, Se		10.0		0	MA	12		0.4		
Selenium, Se	Illog	10.0		Ū	MA	12		0.4		
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	mg	60.1		0	NR	4		2.6		
Thiamin	_	0.301		0	MA	12		0.013		
Riboflavin	mg	0.471		0	MA	12		0.020		
Niacin	_	6.513	3	0	MA	12		0.280		
Pantothenic acid	_									
Vitamin B-6	=	0.301	L	0	NR	4		0.013		
Folate, total		80		0	MA	12		3		
Folic acid		80 0		0	NR Z	<b>4</b> 7		3 0		
Folate, food		136		0	NC	4		6		
Folate, DFEVitamin B-12		1.50		0	NR NR	4		0.06		
Vitamin A, IU		1503		0	NR NR	4		65		
Vitamin A, RAE		466		0	NC	4		20		
Retinol		466		0	0	4		20		
Vitamin E (alpha-tocopherol)		7.34		0	MC	9		0.32		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg	40.1		0	MC	9		1.7		
( inide:										
Lipids: Fatty acids, total saturated	a	11.000	)	0	MC	9		0.473		
4:0		0.000		0	H	12		0.473		
6:0		0.030		0	MA	12		0.001		
8:0		0.400		0	MC	9		0.017		
10:0	-	0.302		0	MA	12		0.013		
12:0	-	2.400		0	MC	9		0.103		
13:0	-									
14:0		1.000	)	0	MC	9		0.043		
15:0	-									
16:0		5.800	)	0	NR	4		0.249		
17:0										
18:0		1.000	)	0	NR	4		0.043		
20:0	g									
22:0	g									
24:0	g									

	<u>Ar</u>	nount in 100 g	grams	of edik	ole portio	<u>on</u>	Amount in edible portion of common			
Nutrients and Units	Mean			Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	8.100		0	NR	4		0.348			
14:1g										
15:1g	2 252									
16:1 undifferentiatedg	0.050		0	NR	4		0.002			
17:1g	7 000		•							
18:1 undifferentiated	7.900		0	NR	4 4		0.340			
20:1g	0.040		0	NR	_		0.002			
22:1 undifferentiatedg	0.010		0	NR	4		0.000			
24:1 c	6.000		0	MD	4		0.050			
Fatty acids, total polyunsaturated9	4.700		0	NR NR	4		0.258 0.202			
18:2 undifferentiated	0.500		0	NR NR	4		0.202			
18:3 undifferentiated			0	NR	12		0.022			
18:4g	0.000		U		12		0.000			
20:2 n-6 c,c										
20:3 undifferentiated	0.000		0		12		0.000			
	0.000		0		12		0.000			
20:5 n-3	0.000		0		12		0.000			
22:5 n-3	0.000		0		12					
22:6 n-3	0.000		U		12		0.000			
Fatty acids, total trans	0		0		4		0			
Cholesterolmg	U		U		4		U			
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0		7		0.0			
Caffeine mg	0		0	Z	7		0			
Theobrominemg	0		0	z	7		0			
Carotenoids:										
Carotene, beta mcg	0		0	T	4		0.000			
Carotene, alpha mcg	0		0	z	7		0.000			
Cryptoxanthin, betamcg	0		0	z	7		0.000			
Lycopene mcg	0		0	z	7		0.000			
Lutein + zeaxanthinmcg	0		0	z	7		0.000			

# **Common Measures:**

Measure 1 = 4.3g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03926 Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, liquid concentrate

		N	Number				<u>m</u>	easures of food	
					Source	Confidence			
s	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure 3
g	75.40		0	MA	12		23.68		
			0	NC	4				
kj									
-			-						
			-						
			-	NC					
_	3.50		0	MC	9		1.10		
g									
mg	133		0	MA	12		42		
mg	2.29		0	MA	12		0.72		
	14		0		4		4		
	80		0	MC	9		25		
	146		0	MC	9		46		
-									
_				MA					
	0.152	2	0		4		0.048		
	2 5		•	мс	0		0.0		
Tilicg	2.5		U	МС	9		0.8		
mg	15.2		0	MC	9		4.8		
_	0.076	5	0	MA	12		0.024		
mg			0	MC			0.037		
_	1.650	)	0	MC	9		0.518		
_		_							
-		5		MC					
				_					
mca RAF			-						
			-						
			0	MC	9				
mcg	10.2		0	MC	9		3.2		
а	2 800	)	n	MC	9		0 879		
			0	220					
			Ö	MC	9				
			0	MC	9				
-			0	MC	9		0.025		
-			0	MC	9		0.188		
-									
	0.260	)	0	MC	9		0.082		
g									
g	1.509	9	0	MA	12		0.474		
g									
g	0.240	)	0	MC	9		0.075		
-									
g									
				g 75.40 0 kcal 128 0 kj 534 0 g 3.20 0 g 6.50 0 g 0.80 0 g 14.10 0 g 0.0 0 g 3.50 0 g mg 12.29 0 mg 14 0 mg 80 0 mg 1.14 0 mg 46 0 mg 1.14 0 mg 0.152 0 mg mg 0.0152 0 mg 0.076 0 mg 0.119 0 mg 0.076 0 mg 0.119 0 mg 0.076 0 mg 0.076 0 mg 0.076 0 mg 0.076 0 mg 0.119 0 mg 1.650 0 mg 0.119 0 mg 1.650 0 mg 1.650 0 mg 0.119 0 mg 1.650 0 mg 1.650 0 mg 1.650 0 mg 0.076 0 mcg 20 0 mcg 100 0 mcg 1.86 0 mg g 0.0000 0 g 0.00		G	S	## ST   ST   ST   ST   ST   ST   ST   ST	Section   Sect

	<u>Ar</u>	nount in 10	0 grams	of edil	ole portio	o <u>n</u>	Amount in edible portion of common			
Nutrients and Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food  Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	2.030		0	MC	9		0.637			
14:19										
15:1	0.013		0	MA	10		0.004			
16:1 undifferentiatedg	0.013		U	MA	12		0.004			
17:1	1.510		0	MC	9		0.474			
20:1g	0.007		0	MA	12					
20:1g 22:1 undifferentiatedg			0	MA MA	12		0.002 0.001			
	0.003		U	MA	12		0.001			
24:1 c	1.317		0	NC	4		0.414			
Fatty acids, total polyunsaturated9	1.200		0	MC	9		0.414			
18:2 undifferentiated	0.124		0	MA	12		0.377			
<del>_</del>	0.124		0	MA	12		0.039			
18:4g	0.000		U		12		0.000			
20:2 n-6 c,c										
20:4 undifferentiated	0.000		0		12		0.000			
20:5 n-3g	0.000		0		12		0.000			
<del>-</del>	0.000		0		12		0.000			
22:5 n-3g	0.000		0		12					
22:6 n-3g Fatty acids, total transg	0.000		U		12		0.000			
Cholesterolg	0		0		4		0			
Phytosterols mg	U		U		4		U			
rilytosterois										
Others:										
Alcohol, ethylg	0.0		0		7		0.0			
Caffeine mg	0		0	Z	7		0			
Theobrominemg	0		0	Z	7		0			
Carotenoids:										
Carotene, betamcg	48		0	0	4		15.072			
Carotene, alpha mcg	0		0	Z	7		0.000			
Cryptoxanthin, betamcg	0		0	Z	7		0.000			
Lycopene mcg	0		0	Z	7		0.000			
Lutein + zeaxanthin mcg	0		0	Z	7		0.000			

# **Common Measures:**

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03801 Infant formula, NESTLE, GOOD START SUPREME, with iron, liquid concentrate

	-		gramo	or ear	ole portio	<u>'''</u>	Amount in	edible portion of	of common	
		N	Number				measures of food			
					Source	Confidence				
s	Mean				Code	Code	Measure 1	Measure 2	Measure	
-										
=			-							
_				MC						
			-	_						
			-							
			-	MC						
				_						
-	9.70		0	T	4		3.05			
g										
mg	81		0	T	4		26			
-	1.90		0		12		0.60			
mg	9		0	MC	9		3			
	46		0		12		14			
	137		0	MC	9		43			
_	34		0	MC	9		11			
				MC						
	0.100	)	0		12		0.031			
			_							
mcg	1.6		0	MC	9		0.5			
	44.0		•		•					
		_								
_										
-	1.330	J	U	MC	9		0.418			
-	0 095	5	0	мс	۵		0.030			
-		•								
			0							
mcg RAE	114		0	NC	4		36			
	114		0	T	4		36			
	1.91		0	MC	9		0.60			
mcg	10.0		0	MC	9		3.1			
g	2.970	)	0	T	4		0.933			
	0.000	)	0		12		0.000			
g	0.008	3	0	T	4		0.003			
g	0.100	)	0		12		0.031			
g			0		12		0.025			
-	0.603	3	0	T	4		0.189			
	0.270	)	0		12		0.085			
	1.500	)	0		12		0.471			
		_								
	0.230	)	0		12		0.072			
g g										
	g	g 75.80 kcal 127 kj 531 g 2.79 g 6.50 g 0.71 g 14.20 g 0.0 g 9.70	Mean Std. Error    S	Search   Std. Error   Points   Std. Error   Std.	S	Mean   Std. Error   Points   Code   Code	Std. Error   Std	Number	Number	

		<u>Ar</u>	nount in 10	0 grams		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and L	Jnits	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturate	-	2.060		0		12		0.647			
14:1	g										
15:1	_										
16:1 undifferentiated	_	0.000		0		12		0.000			
17:1											
18:1 undifferentiated	_	2.060		0		12		0.647			
20:1	-	0.000		0		12		0.000			
22:1 undifferentiated	•	0.000		0		12		0.000			
24:1 c											
Fatty acids, total polyunsaturated		1.420		0		12		0.446			
18:2 undifferentiated	_	1.300		0		12		0.408			
18:3 undifferentiated	-	0.120		0		12		0.038			
18:4	-	0.000		0		12		0.000			
20:2 n-6 c,c											
20:3 undifferentiated											
20:4 undifferentiated	-	0.000		0		12		0.000			
20:5 n-3		0.000		0		12		0.000			
22:5 n-3	_	0.000		0		12		0.000			
22:6 n-3		0.000		0		12		0.000			
Fatty acids, total trans											
Cholesterol	_	13		0		4		4			
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0		0		7		0.0			
Caffeine	mg	0		0	Z	7		0			
Theobromine	mg	0		0	Z	7		0			
Carotenoids:											
Carotene, beta		0		0	T	4		0.000			
Carotene, alpha	mcg	0		0	Z	7		0.000			
Cryptoxanthin, beta		0		0	Z	7		0.000			
Lycopene	mcg	0		0	Z	7		0.000			
Lutein + zeaxanthin	mcg	0		0	Z	7		0.000			

# **Common Measures:**

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 10	00 grams	of edib	ole portio	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Unit	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	2.50		0	MA	12		0.22		
Energy	kcal	509		0	NC	4		44		
Energy	kj	2131		0	NC	4		185		
Protein	g	11.30		0	MC	9		0.98		
Total lipid (fat)	g	26.10		0	MA	12		2.27		
Ash	g	2.78		0	FLM	4		0.24		
Carbohydrate, by difference	g	57.32		0	NC	4		4.99		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	39.30		0	T	4		3.42		
Starch	g									
Minerals:	ma	328		^	240	^		29		
Calcium, Ca	-	328 7.70		0 0	MC MC	9 9		0.67		
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	36		0	MC	9		3		
Magnesium, Mg		184		0	MC	9		16		
Phosphorus, P Potassium, K	-	553		0	MC	9		48		
Sodium, Na	-	138		0	MC	9		12		
Zinc, Zn	-	4.10		0	MC	9		0.36		
Copper, Cu		0.410	1	0	MC	9		0.036		
Manganese, Mn		0.410	•	·	110			0.030		
Selenium, Se		10.2		0	MC	9		0.9		
·										
<u> Vitamins:</u>										
Vitamin C, total ascorbic acid	-	46.1		0	MC	9		4.0		
Thiamin	-	0.512		0	MC	9		0.045		
Riboflavin		0.717		0	MC	9		0.062		
Niacin	-	5.380	1	0	MC	9		0.468		
Pantothenic acid	-			•		•				
Vitamin B-6		0.384	ı	0	MC	9		0.033		
Folate, total		77 77		0 0	MC MC	9 9		7 7		
Folic acid		0		0		4		0		
Folate, DFE		131		0	NC NC	4		11		
Vitamin B-12		1.10		0	NC	12		0.10		
Vitamin A, IU		1537		0	NC	4		134		
Vitamin A, RAE		461		0	NC	4		40		
		461		0	T	4		40		
Retinol Vitamin E (alpha-tocopherol)		7.70		0	MC	9		0.67		
Tocopherol, beta		7.70		Ū	МС	,		0.07		
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D										
Vitamin K (phylloquinone)		41.0		0	MC	9		3.6		
Lipids:				_						
Fatty acids, total saturated		11.660		0		12		1.014		
4:0		0.000		0		12		0.000		
6:0		0.000		0		12		0.000		
8:0	-	0.410		0		12		0.036		
10:0	-	0.330		0		12		0.029		
12:0	-	2.660	,	0		12		0.231		
13:0		1 110		^		10		0 007		
14:0		1.110	1	0		12		0.097		
15:0		6 100		^		10		0 500		
16:0		6.180	,	0		12		0.538		
17:0		0.070		^		10		0.004		
18:0		0.970	,	0		12		0.084		
20:0 22:0	-									

	<u>Ar</u>	nount in 100	grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common			
			lumber		Source	Confidence	<u>m</u>	easures of food		
Nutrients and Units	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	8.500		0		12		0.740			
14:19										
15:1g	0.000		•		10		0.000			
16:1 undifferentiated	0.000		0		12		0.000			
17:1	8.500		0		12		0.740			
18:1 undifferentiated					12		0.740			
20:1g	0.000		0				0.000			
22:1 undifferentiatedg	0.000		0		12		0.000			
24:1 cg	5.880		0		12		0.512			
Fatty acids, total polyunsaturatedg			0		12		0.512			
18:2 undifferentiated	5.370 0.510		0		12					
	0.510		0		12		0.044 0.000			
18:4g	0.000		U		12		0.000			
20:2 n-6 c,cg 20:3 undifferentiatedg										
20:4 undifferentiated	0.000		0		12		0.000			
20:5 n-3g	0.000		0		12		0.000			
20:5 n-3g	0.000		0		12		0.000			
22:6 n-3	0.000		0		12		0.000			
Fatty acids, total trans9	0.000		U		12		0.000			
Cholesterolg	32		0	MA	12		3			
Phytosterolsmg	32		Ū	MA	12		3			
Others:										
Alcohol, ethylg	0.0		0		7		0.0			
Caffeinemg	0		0	Z	7		0			
Theobrominemg	0		0	Z	7		0			
Carotenoids:										
Carotene, betamcg	0		0	T	4		0.000			
Carotene, alphamcg	0		0	Z	7		0.000			
Cryptoxanthin, betamcg	0		0	Z	7		0.000			
Lycopene mcg	0		0	Z	7		0.000			
Lutein + zeaxanthinmcg	0		0	Z	7		0.000			

# **Common Measures:**

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03925 Infant formula, NESTLE,GOOD START ESSENTIALS SOY, with iron, ready-to-feed

		<u>A</u>	mount in 100	<u>grams</u>	of ear	ne portio	<u>on</u>	Amount in edible portion of common			
			I	Number				<u>m</u>	easures of food	•	
						Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	87.50		0		8		26.69			
Energy	kcal	65		0	NC	4		20			
Energy	kj	272		0	MC	9		83			
Protein	g	1.63		0	MC	9		0.50			
Total lipid (fat)	g	3.30		0	MC	9		1.01			
Ash	g	0.40		0	MC	9		0.12			
Carbohydrate, by difference		7.17		0	NC	4		2.19			
Fiber, total dietary	g	0.0		0		7		0.0			
Sugars, total	_	1.76		0	T	4		0.54			
Starch	g										
Minerals:											
Calcium, Ca	-	68		0	MC	9		21			
Iron, Fe	-	1.25		0		8		0.38			
Magnesium, Mg		7		0		8		2			
Phosphorus, P		41		0		8		13			
Potassium, K		75		0	MC	9		23			
Sodium, Na	-	23 0.60		0	MC	9 9		7 0.18			
Zinc, Zn		0.60		0	MC MC	9		0.18			
Copper, Cu Manganese, Mn		0.076	•	U	MC	9		0.024			
Selenium, Se		1.6		0	MC	9		0.5			
,				-		-					
Vitamins:						_					
Vitamin C, total ascorbic acid		7.8	_	0	MC	9		2.4			
Thiamin	-	0.039		0	MC MC	9 9		0.012			
Riboflavin		0.061		0	MC MC	9		0.019			
Niacin Pantothenic acid	-	0.845	•	U	MC	9		0.258			
Vitamin B-6	-	0.039	a	0	MC	9		0.012			
Folate, total	_	10	•	0	110	8		3			
Folic acid		10		0	T	4		3			
Folate, food		0		0	z	7		0			
Folate, DFE		17		0	NC	4		5			
Vitamin B-12		0.20		0		8		0.06			
Vitamin A, IU	IU	195		0	MC	9		59			
Vitamin A, RAE	mcg_RAE	50		0	NC	4		15			
Retinol		50		0	0	4		15			
Vitamin E (alpha-tocopherol)		0.95		0	MC	9		0.29			
Tocopherol, beta	mg										
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D		F 0		0	wa	0		1.6			
Vitamin K (phylloquinone)	nicg	5.2		0	MC	9		1.6			
<u>Lipids:</u>											
Fatty acids, total saturated	g	1.400	)	0	MC	9		0.427			
4:0	g	0.000		0		12		0.000			
6:0	_	0.000		0		12		0.000			
8:0	_	0.050		0	MC	9		0.015			
10:0	_	0.040		0	MC	9		0.012			
12:0	-	0.300	ט	0	MC	9		0.092			
13:0				_		_					
14:0		0.100	J	0	MC	9		0.031			
15:0		0 75	,	^		•		0.000			
16:0		0.750	,	0	MC	9		0.229			
17:0		0.100	n	0	MC	9		0 031			
18:0		0.100	,	U	MC	9		0.031			
20:0 22:0	_										
24:0	_										

	<u>Ar</u>	mount in 10	0 grams Number		ole portio	o <u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
	1 000		•		۰					
Fatty acids, total monounsaturatedg	1.000		0	MC	9		0.305			
14:1g 15:1g										
16:1 undifferentiated	0.010		0	MC	9		0.003			
17:1g	0.010		U	МС	,		0.003			
18:1 undifferentiatedg	1.000		0	MC	9		0.305			
20:1g	0.000		0	MC	9		0.000			
22:1 undifferentiated	0.000		0	MC	9		0.000			
24:1 cg	0.000		·	110			0.000			
Fatty acids, total polyunsaturatedg	0.800		0	MC	9		0.244			
18:2 undifferentiated	0.600		0	MC	9		0.183			
18:3 undifferentiated	0.100		0	MC	9		0.031			
18:4g	0.000		0	MC	9		0.000			
20:2 n-6 c.cg										
20:3 undifferentiated 9										
20:4 undifferentiatedg	0.000		0		12		0.000			
20:5 n-3g	0.000		0		12		0.000			
22:5 n-3g	0.000		0		12		0.000			
22:6 n-3g	0.000		0		12		0.000			
Fatty acids, total transg										
Cholesterolmg	0		0		4		0			
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0		7		0.0			
Caffeine mg	0		0	Z	7		0			
Theobromine mg	0		0	Z	7		0			
Carotenoids:										
Carotene, betamcg	0		0	z	7		0.000			
Carotene, alphamcg	0		0	Z	7		0.000			
Cryptoxanthin, betamcg	0		0	Z	7		0.000			
Lycopene mcg	0		0	Z	7		0.000			
Lutein + zeaxanthin mcg	0		0	Z	7		0.000			

# **Common Measures:**

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

	<u>A</u> :	mount in 10	0 grams	of edil	ole portio	<u>on</u>			
			Number				<u>m</u> .	easures of food	<u>l</u>
			of Data	Deriv	Source	Confidence			
its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
-				T	4				
	66		0		4		20		
kj									
-									
			-						
g									
g	4.40		0	T	4		1.34		
g									
g	0.00		0	Z	7		0.00		
g									
g									
g	2.20		0	T	4		0.67		
ma	69		1	MA	12		21		
	5		1	MA	12		2		
	49		1	MA	12		15		
	77		1	MA	12		23		
	29		1	MA	12		9		
mg	0.49		1	MA	12		0.15		
mg	0.049	•	1	MA	12		0.015		
<u>mg</u>	0.006	5	0	T	4		0.002		
mcg	1.2		0	T	4		0.4		
ma	5.9		1	мъ	12		1.8		
		•							
-									
=			0						
			0	ML	5		0.150		
			1	MA	12		0.012		
	10		1	MA	12		3		
	10		0	T	4		3		
	0		0	Z	7		0		
-	17		0	NC	4		5		
	0.30		1	MA	12		0.09		
IU	197		0	NC	4		60		
mcg_RAE	59		0	NC	4		18		
mcg	59		0	T	4		18		
mg	1.32		0	T	4		0.40		
mg									
		)	0	T	4		8.994		
mcg	9.8		0	T	4		3.0		
~			-						
-									
	0.023	3	1	MA	12		0.007		
g g	0.007	_	1	MA	12		0.002		
	mcg_DFE mcg IU mcg_RAE mcg mg mg mg lU mcg g g g g g g g g g	g 87.32 kcal 66 kj 276 g 1.80 g 3.63 g 0.48 g 6.77 g 0.0 g 4.40 g 4.40 g 9 g 9 g 0.00 g 9 g 9 g 0.00 g 9 g 0.00 g 9 g 0.00 mrg 0.049 mrg 0.049 mrg 0.030 m	## Mean Std. Error  ## Std. Error  #			State	Mean   Std. Error   Points   Code   Code	Number   Of Data   Deriv   Source   Code   Code   Measure   Std. Error   Points   Code   Code   Measure   Std. Error   Points   Code   Code   Code   Measure   Std. Error   Code   Code   Code   Code   Measure   Std. Error   Code   Code   Code   Code   Code   Measure   Std. Error   Code   Code   Code   Code   Measure   Std. Error   Code   Code   Code   Measure   Std. Error   Code   Code   Code   Code   Measure   Std. Error   Code   Code   Code   Code   Measure   Std. Error   Code   Code   Code   Measure   Std. Error   Code   Code	Number of Data   Dark   Source   Confidence   Source   Code   C

		<u>A</u>	mount in 10	00 grams Number		ole portio	<u>on</u>		edible portion o	of common
Nutrients and Ur	nits	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.137	,	1	MA	12		0.042		
17:0	• • • • • • • • • • • • • • • • • • • •									
18:0	-	0.052	2	1	MA	12		0.016		
20:0										
22:0 24:0										
Fatty acids, total monounsaturated		0.294	Ļ	1	MA	12		0.090		
14:1				_				0.000		
15:1	_									
16:1 undifferentiated	g	0.003	3	1	MA	12		0.001		
17:1	g									
18:1 undifferentiated	•	0.287		1	MA	12		0.088		
20:1		0.003	3	1	MA	12		0.001		
22:1 undifferentiated	-	0.000	)	1	MA	12		0.000		
24:1 c										
Fatty acids, total polyunsaturated.		1.113		1	MA	12		0.339		
18:2 undifferentiated	-	1.055		1 1	MA	12 12		0.322		
18:3 undifferentiated	_	0.059		1	MA MA	12 12		0.018		
18:4	_	0.000	,	1	MA	12		0.000		
20:2 n-6 c,c 20:3 undifferentiated										
20:4 undifferentiated	-	0.000	1	1	MA	12		0.000		
20:5 n-3		0.000		1	MA	12		0.000		
22:5 n-3		0.000		1	MA	12		0.000		
22:6 n-3		0.000	)	1	MA	12		0.000		
Fatty acids, total trans	_									
Cholesterol		1		1	MA	12		0		
Phytosterols	mg									
Others:										
Alcohol, ethyl	а	0.0		0	z	7		0.0		
Caffeine		0		0	z	7		0		
Theobromine	_	0		0	z	7		0		
Carotenoids:	<del>-</del>									
Carotene, beta	mca	0		0	z	7		0.000		
Carotene, alpha	-	0		0	z	7		0.000		
Cryptoxanthin, beta	-	0		0	z	7		0.000		
Lycopene		0		0	z	7		0.000		
Lutein + zeaxanthin		0		0	z	7		0.000		

### **Common Measures:**

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	0 grams	of edil	ole portio	<u>n</u>		edible portion	
				Number	•			<u>m</u> :	easures of food	1
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	-	75.81		0	T	4		23.80		
Energy		128		0	T	4		40		
Energy		536		0	T	4		168		
Protein		3.13		0	T	4		0.98		
Total lipid (fat)		6.98		0	MA	12		2.19		
Ash		0.88		0	T	4		0.28		
Carbohydrate, by difference	g	13.21		0	NC	4		4.15		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	13.10		0	T	4		4.11		
Starch	g									
Minerals:										
Vimerais: Calcium, Ca	ma	134		0	ML	5		42		
Iron, Fe	_	2.30		0	Т	4		0.72		
Magnesium, Mg	_	10		0	ML	5		3		
Phosphorus, P		96		0	ML	5		30		
Potassium, K	•	138		0	ML	5		43		
Sodium, Na	-	56		0	ML	5		18		
Zinc, Zn	_	0.96		0	ML	5		0.30		
Copper, Cu		0.096	5	0	ML	5		0.030		
Manganese, Mn		0.032	?	0	ML	5		0.010		
Selenium, Se	mcg	2.7		0	ML	5		0.8		
Vitamins.										
Vitamins:	ma	11.5		0	ML	5		3.6		
Vitamin C, total ascorbic acid Thiamin	_	0.077	,	0	T	4		0.024		
Riboflavin	_	0.077		0	ML	5		0.024		
Niacin		1.725		0	T	4		0.542		
Pantothenic acid	_	0.958		0	T	4		0.342		
Vitamin B-6	-	0.077		0	T	4		0.024		
Folate, total	-	19		0	ML	5		6		
Folic acid		19		0	Т	4		6		
Folate, food		0		0	z	7		0		
Folate, DFE		33		0	NC	4		10		
Vitamin B-12		0.58		0	т	4		0.18		
Vitamin A, IU		380		0	NC	4		119		
Vitamin A, RAE		114		0	NC	4		36		
Retinol		114		0	т	4		36		
Vitamin E (alpha-tocopherol)		1.20		0	T	4		0.38		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		76.640	)	0	T	4		24.065		
Vitamin K (phylloquinone)	mcg	14.1		0	T	4		4.4		
Lipids:										
	a	2.262	•	0	MA	12		0.710		
Fatty acids, total saturated		0.000		0	MA	12		0.710		
6:0	-	0.000		0	MA	12		0.005		
8:0	-	0.017		0	MA	12		0.005		
10:0	-	0.120		0	MA	12		0.038		
12:0		0.120		0	MA	12		0.274		
13:0		0.074		v				0.2/4		
14:0		0.343	3	0	MA	12		0.108		
15:0	_	0.040		v				0.100		
16:0	-	0.509	•	0	MA	12		0.160		
17:0	-	0.505		v				3.100		
18:0	-	0.225	5	0	MA	12		0.071		
20:0	_	V		•				3.0.1		
22:0	-									
24:0	-									

	<u>Ar</u>	nount in 10	00 grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	2.660		0	MA	12		0.835		
14:1g									
15:1g	0.005		0	MA	12		0.002		
16:1 undifferentiatedg 17:1g	0.005		U	MA	12		0.002		
18:1 undifferentiated	2.641		0	MA	12		0.829		
20:1g	0.015		0	MA	12		0.829		
20:1 undifferentiated	0.013		0	MA	12		0.005		
24:1 cg	0.000		U	MA	12		0.000		
Fatty acids, total polyunsaturatedg	1.625		0	MA	12		0.510		
18:2 undifferentiatedg	1.458		0	MA	12		0.458		
18:3 undifferentiated	0.166		0	MA	12		0.052		
18:4g	0.000		0	MA	12		0.000		
20:2 n-6 c,cg			_						
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0	MA	12		0.000		
20:5 n-3g	0.000		0	MA	12		0.000		
22:5 n-3g	0.000		0	MA	12		0.000		
22:6 n-3g	0.000		0	MA	12		0.000		
Fatty acids, total transg									
Cholesterol mg	0		0	ML	5		0		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobrominemg	0		0	Z	7		0		
Carotenoids:									
Carotene, betamcg	0		0	Z	7		0.000		
Carotene, alphamcg	0		0	Z	7		0.000		
Cryptoxanthin, betamcg	0		0	Z	7		0.000		
Lycopenemcg	0		0	Z	7		0.000		
Lutein + zeaxanthinmcg	0		0	Z	7		0.000		

# **Common Measures:**

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 10	00 grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common			
				Number	•			<u>m</u> :	easures of food	1	
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	2.50		0	MA	12		0.22			
Energy	kcal	517		0	NC	4		45			
Energy	kj	2165		0	NC	4		188			
Protein	g	12.60		0	T	4		1.10			
Total lipid (fat)	g	28.09		0	T	4		2.44			
Ash	g	3.24		0	T	4		0.28			
Carbohydrate, by difference	g	53.57		0	NC	4		4.66			
Fiber, total dietary	g	0.0		0	MC	9		0.0			
Sugars, total	g	52.97		0	T	4		4.61			
Starch	g										
Minorals											
Minerals: Calcium. Ca	ma	540		0	T	4		47			
Iron, Fe		9.26		0	T	4		0.81			
Magnesium, Mg	-	39		1	MA	12		3			
Phosphorus, P		386		0	Т	4		34			
Potassium, K	_	555		0	T	4		48			
Sodium, Na	_	226		0	T	4		20			
Zinc, Zn	-	3.86		0	T	4		0.34			
Copper, Cu		0.386	5	0	T	4		0.034			
Manganese, Mn		0.129		0	T	4		0.011			
Selenium, Se		10.8		1	MA	12		0.9			
· ·	-										
Vitamins:		46.0			_						
Vitamin C, total ascorbic acid	-	46.3		0	T	4		4.0			
Thiamin	-	0.309		0	T	4		0.027			
Riboflavin		0.463		0	T	4		0.040			
Niacin	-	6.943		0	T	4		0.604			
Pantothenic acid	_	3.857		0	T	4		0.336			
Vitamin B-6	_	0.309	,	0	T	4		0.027			
Folate, total		77		1	MA	12		7			
Folic acid		77		0	T	4		7			
Folate, food		0		0	Z	7		0			
Folate, DFE		131 2.31		0	NC	4 4		11 0.20			
Vitamin B-12				0	T MC	4 9					
Vitamin A, IU		1543		-				134			
Vitamin A, RAE		462 463		0	NC NR	4 4		40 40			
Retinol		463 5.10		0	NK T	4		0.44			
Vitamin E (alpha-tocopherol)		5.10		U	1	4		U.44			
Tocopherol, beta Tocopherol, gamma											
Tocopherol, delta											
Vitamin D		308.570	)	0	т	4		26.846			
Vitamin K (phylloquinone)		56.6		0	T	4		4.9			
	5										
<u>Lipids:</u>			_	_				_			
Fatty acids, total saturated		9.167		1	MA	12		0.798			
4:0	_	0.000		1	MA	12		0.000			
6:0	_	0.067		1	MA	12		0.006			
8:0	-	0.707		1	MA	12		0.062			
10:0		0.487		1	MA	12		0.042			
12:0		3.541	L	1	MA	12		0.308			
13:0				_							
14:0	-	1.389	,	1	MA	12		0.121			
15:0	_			_				0.100			
16:0	_	2.064	ŀ	1	MA	12		0.180			
17:0	_	0 011	,	4	3/7	10		0.000			
18:0	-	0.913	5	1	MA	12		0.079			
20:0	-										
22:0	g										

	Amo	ount in 100 grams	of edil	ole portio	<u>on</u>	Amount in edible portion of common		
Nutrients and Units	Mean S	Number of Data Std. Error Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3
P	10.770			10				
Fatty acids, total monounsaturatedg 14:1g	10.778	1	MA	12		0.938		
15:1								
16:1 undifferentiated	0.019	1	MA	12		0.002		
17:19	0.013	-				0.002		
18:1 undifferentiated	10.701	1	MA	12		0.931		
20:1g	0.059	1	MA	12		0.005		
22:1 undifferentiated	0.000	1	MA	12		0.000		
24:1 cg								
Fatty acids, total polyunsaturated9	6.584	1	MA	12		0.573		
18:2 undifferentiated	5.910	1	MA	12		0.514		
18:3 undifferentiated	0.674	1	MA	12		0.059		
18:4g	0.000	1	MA	12		0.000		
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.000	1	MA	12		0.000		
20:5 n-3g	0.000	1	MA	12		0.000		
22:5 n-3g	0.000	1	MA	12		0.000		
22:6 n-3g	0.000	1	MA	12		0.000		
Fatty acids, total trans								
Cholesterol mg	0	1	MA	12		0		
Phytosterols mg								
Others:								
Alcohol, ethylg	0.0	0	Z	7		0.0		
Caffeine mg	0	0	Z	7		0		
Theobrominemg	0	0	Z	7		0		
Carotenoids:								
Carotene, beta mcg	0	0	z	7		0.000		
Carotene, alphamcg	0	0	Z	7		0.000		
Cryptoxanthin, beta mcg	0	0	Z	7		0.000		
Lycopenemcg	0	0	Z	7		0.000		
Lutein + zeaxanthin mcg	0	0	Z	7		0.000		

# **Common Measures:**

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	0 grams	of edil	ole portio	<u>n</u>	Amount in edible portion of common			
				Number	,			<u>m</u>	easures of food	<u> </u>	
				of Data	Deriv	Source	Confidence				
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	g	87.54		0	T	4		26.70			
Energy	kcal	66		0	MC	9		20			
Energy	kj	276		0	MC	9		84			
Protein	g	1.61		1	MA	12		0.49			
Total lipid (fat)	g	3.59		0	T	4		1.09			
Ash	g	0.66		0	T	4		0.20			
Carbohydrate, by difference	g	6.60		0	NC	4		2.01			
Fiber, total dietary	g	0.0		0	MC	9		0.0			
Sugars, total	g	6.70		0	T	4		2.04			
Starch	g										
Minerals:	ma	69		-1	1/2	10		21			
Calcium, Ca	_	69 1.18		1 1	MA MA	12 12		0.36			
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	1.18 5		1	MA MA	12 12		0.36			
Magnesium, Mg Phosphorus, P		49		1	MA MA	12		2 15			
Potassium, K	_	71		1	MA	12		22			
Potassium, K Sodium, Na	_	29		1	MA MA	12		9			
Zinc, Zn	-	0.49		1	MA	12		0.15			
Copper, Cu		0.49	•	1	MA	12		0.015			
Manganese, Mn		0.016		0	ML	5		0.005			
Selenium, Se		1.4	•	1	MA	12		0.4			
				_							
<u> Vitamins:</u>											
Vitamin C, total ascorbic acid	-	5.9		1	MA	12		1.8			
Thiamin	-	0.039		1	MA	12		0.012			
Riboflavin		0.059		1	MA	12		0.018			
Niacin	-	0.887		0	T	4		0.271			
Pantothenic acid	_	0.493		0	T	4		0.150			
Vitamin B-6	_	0.039	)	1	MA	12		0.012			
Folate, total		10		1	MA	12		3			
Folic acid		10		0	T	4		3			
Folate, food		0		0	Z	7		0			
Folate, DFE		17		0	NC	4		5			
Vitamin B-12		0.30		1 0	MA	12		0.09			
Vitamin A, IU		197		-	NC	4		60			
Vitamin A, RAE		59 59		0 0	NC NR	4 4		18 18			
Retinol		1.32		0	NK T	4		0.40			
Vitamin E (alpha-tocopherol)		1.32		U	т	4		0.40			
Tocopherol, beta Tocopherol, gamma											
Tocopherol, delta											
Vitamin D		39.419	)	0	MC	9		12.023			
Vitamin K (phylloquinone)		7.2		0	T	4		2.2			
		–			_	_					
<u> Lipids:</u>											
Fatty acids, total saturated		1.166		1	MA	12		0.356			
4:0		0.000		1	MA	12		0.000			
6:0	-	0.009		1	MA	12		0.003			
8:0		0.090		1	MA	12		0.027			
10:0		0.062		1	MA	12		0.019			
12:0		0.450	,	1	MA	12		0.137			
13:0		^ 1==	•			10					
14:0		0.177	•	1	MA	12		0.054			
15:0	_			_							
16:0	_	0.262		1	MA	12		0.080			
17:0	_	A 11/		1	243	10		0.005			
18:0	-	0.116	•	1	MA	12		0.035			
20:0	-										
22:0 24:0	-										

	<u>Ar</u>	nount in 100 N	grams lumber		ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Units	Mean	Std. Error F	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	1.371		1	MA	12		0.418			
14:1g										
15:1g 16:1 undifferentiatedg	0.002		1	MA	12		0.001			
16:1 undifferentiated	0.002		_	MA	12		0.001			
18:1 undifferentiated	1.361		1	MA	12		0.415			
20:1g	0.007		1	MA	12		0.415			
22:1 undifferentiated	0.007		1	MA	12		0.002			
24:1 c	0.000		_	PIA	12		0.000			
Fatty acids, total polyunsaturated9	0.838		1	MA	12		0.256			
18:2 undifferentiatedg	0.752		1	MA	12		0.229			
18:3 undifferentiated	0.086		1	MA	12		0.026			
18:4g	0.000		1	MA	12		0.000			
20:2 n-6 c.cg			_							
20:3 undifferentiated										
20:4 undifferentiated	0.000		1	MA	12		0.000			
20:5 n-3g	0.000		1	MA	12		0.000			
22:5 n-3g	0.000		1	MA	12		0.000			
22:6 n-3g	0.000		1	MA	12		0.000			
Fatty acids, total trans9										
Cholesterol mg	0		1	MA	12		0			
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	Z	7		0.0			
Caffeinemg	0		0	Z	7		0			
Theobromine mg	0		0	Z	7		0			
Carotenoids:										
Carotene, betamcg	0		0	T	4		0.000			
Carotene, alphamcg	0		0	Z	7		0.000			
Cryptoxanthin, beta mcg	0		0	Z	7		0.000			
Lycopenemcg	0		0	Z	7		0.000			
Lutein + zeaxanthin mcg	0		0	Z	7		0.000			

# **Common Measures:**

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03839 Infant formula, ROSS, SIMILAC NATURAL CARE, ADVANCE low iron, ready-to-feed

		<u>A</u> 1	mount in 10	00 grams	of edil	ole portio	<u>on</u>		edible portion	
				Number		Source	Confidence	<u>m</u>	easures of food	<u>.</u>
Nutrients and Unit	s	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure
Proximates:	<b>a</b>	85.07		0	т	4		25.95		
Water Energy	-	78		0	NC	4		24		
Energy		326		0	MC	9		100		
0.0		2.12		0	MC	9		0.65		
Protein Total lipid (fat)		4.24		0	T	4		1.29		
1 ( )	_	0.75		0	MC	9		0.23		
Ash		7.84		0	NC	4		2.39		
Carbohydrate, by difference		0.0		0	NC Z	7		0.0		
Fiber, total dietary		8.20		0	T	4				
Sugars, total		8.20		U	т	4		2.50		
Sucrose										
Glucose (dextrose)										
Fructose	9	8.20		0	т	4		2 50		
Lactose	9	8.20		U	т	4		2.50		
Maltose	9									
Galactose										
Starch	9									
Minerals:										
Calcium, Ca	mg	163		0	ML	5		50		
Iron, Fe		0.29		0	ML	5		0.09		
Magnesium, Mg		9		0	ML	5		3		
Phosphorus, P		91		0	T	4		28		
Potassium, K		101		0	T	4		31		
Sodium, Na	mg	34		0	T	4		10		
Zinc, Zn	mg	1.17		0	T	4		0.36		
Copper, Cu	mg	0.195	5	0	T	4		0.059		
Manganese, Mn	<u>mg</u>	0.009	•	1	MA	12		0.003		
Selenium, Se	mcg	1.4		0	ML	5		0.4		
<u>Vitamins:</u>										
Vitamin C, total ascorbic acid	mg	28.9		0	T	4		8.8		
Thiamin	mg	0.195	5	0	T	4		0.059		
Riboflavin	mg	0.484	1	0	T	4		0.148		
Niacin	<sub>.</sub> mg	3.902	2	0	T	4		1.190		
Pantothenic acid	mg	1.483	3	0	T	4		0.452		
Vitamin B-6	mg	0.195	5	0	T	4		0.059		
Folate, total		29		0	ML	5		9		
Folic acid	mcg	29		0	T	4		9		
Folate, food		0		0	Z	7		0		
Folate, DFE	mcg_DFE	49		0	NC	4		15		
Vitamin B-12		0.43		.43	ML	5		0.13		
Vitamin A, IU	IU	976		0	MC	9		298		
Vitamin A, RAE	mcg_RAE	292		0	NC	4		89		
Retinol	mcg	292		0	T	4		89		
Vitamin E (alpha-tocopherol)	mg	2.09		0	MC	9		0.64		
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		117.073	3	0	T	4		35.707		
Vitamin K (phylloquinone)	mcg	9.4		0	T	4		2.9		
<u> Lipids:</u>										
Fatty acids, total saturated		2.544		0	MA	12		0.776		
4:0		0.000		0	MA	12		0.000		
6:0	_	0.013		0	MA	12		0.004		
8:0	_	1.080		0	MA	12		0.329		
10:0		0.599		0	MA	12		0.183		
12:0		0.346	5	0	MA	12		0.106		
13:0	g									
14:0	~	0.150	`	0	MA	12		0.046		

		<u>Ar</u>	mount in 10	0 grams Number	<u>n</u> Confidence	Amount in edible portion of common measures of food				
Nutrients and U	nits	Mean	Std. Error			Code	Confidence	Measure 1	Measure 2	Measure 3
16:0	g	0.241		0	MA	12		0.074		
17:0										
18:0		0.114		0	MA	12		0.035		
20:0	_									
22:0	_									
24:0	-	0.402		0	MA	12		0 103		
Fatty acids, total monounsaturate		0.402		U	MA	12		0.123		
14:1 15:1	-									
16:1 undifferentiated		0.000		0	MA	12		0.000		
17:1		0.000		•				0.000		
18:1 undifferentiated		0.402		0	MA	12		0.123		
20:1	g	0.000		0	MA	12		0.000		
22:1 undifferentiated	g	0.000		0	MA	12		0.000		
24:1 c										
Fatty acids, total polyunsaturated	g	0.842		0	MA	12		0.257		
18:2 undifferentiated		0.758		0	MA	12		0.231		
18:3 undifferentiated	_	0.084		0	MA	12		0.026		
18:4	_	0.000		0	MA	12		0.000		
20:2 n-6 c,c	-									
20:3 undifferentiated										
20:4 undifferentiated		0.000 0.000		0 0	MA MA	12 12		0.000		
20:5 n-3		0.000		0	MA MA	12		0.000 0.000		
22:5 n-3 22:6 n-3	-	0.000		0	MA	12		0.000		
Fatty acids, total trans		0.000		Ū	1111	12		0.000		
Cholesterol	-	2		0	MA	12		1		
Phytosterols	-									
-										
Others:	~	2.2		^	_	-		0.0		
Alcohol, ethyl		0.0		0 0	z z	7 7		0.0		
Caffeine		0		0	z Z	7		0		
Theobromine	y	U		U	Z	,		U		
Carotenoids:										
Carotene, beta	-	0		0	Z	7		0.000		
Carotene, alpha	-	0		0	Z	7		0.000		
Cryptoxanthin, beta		0		0	Z	7		0.000		
Lycopene	-	0		0	z z	7 7		0.000		
Lutein + zeaxanthin	iiicā	U		U	<u>z</u>			0.000		

### **Common Measures:**

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03837 Infant formula, ROSS, SIMILAC PM 60/40, low iron, powder, not reconstituted

		<u>A</u>	mount in 10	00 grams	of edil	ole portic	<u>on</u>	Amount in edible portion of common measures of food			
					Deriv		Confidence	<u>m</u>		-	
Nutrients and Unit	S	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure	
Proximates:											
Water	-	2.25		0	MA	12		0.20			
Energy	kcal	524		0	NC	4		46			
Energy	kj	2191		0	NC	4		191			
Protein	g	11.40		0	MA	12		0.99			
Total lipid (fat)	g	28.71		0	MC	9		2.50			
Ash	g	2.70		0	MA	12		0.23			
Carbohydrate, by difference		54.94		0	NC	4		4.78			
Fiber, total dietary		0.0		0	z	7		0.0			
Sugars, total		52.38		0	MA	12		4.56			
Sucrose											
Glucose (dextrose)											
Fructose	9	E2 20		0	MA	10		4 56			
Lactose		52.38		0	MA	12		4.56			
Maltose											
Galactose						_					
Starch	g	0.00		0	Z	7		0.00			
Minerals:											
Calcium, Ca	ma	288		0	т	4		25			
Iron, Fe		1.13		0	MA	12		0.10			
		31		0	MA	12		3			
Magnesium, Mg Phosphorus, P		144		0	MA	12		13			
Potassium, K		411		0	MA	12		36			
Sodium, Na		123		0	MA	12		11			
Zinc, Zn		3.85		0	MA	12		0.34			
Copper, Cu		0.462		0	MA	12		0.040			
		0.402		0	T	4		0.040			
Manganese, Mn Selenium, Se		9.8	•	0	MA	12		0.002			
Vitamins:											
Vitamin C, total ascorbic acid	ma	46.2		0	MA	12		4.0			
Thiamin	-	0.514	1	0	т	4		0.045			
Riboflavin	-	0.770		0	т	4		0.067			
Niacin	-	5.392		0	т	4		0.469			
Pantothenic acid	-	2.311		0	т	4		0.201			
Vitamin B-6	-	0.308		0	т	4		0.027			
Folate, total		77		0	T	4		7			
Folic acid		77		0	T	4		7			
Folate, food	mca	0		0	z	7		0			
Folate, DFE		131		0		,					
		1.28		0	NC T	4		0 11			
Vitamin B-12				0	NC	4		0.11			
Vitamin A, IU		1541				-		134			
Vitamin A, RAE		462		0	NC	4		40			
Retinol		462		0	T	4		40			
Vitamin E (alpha-tocopherol)		8.61		0	MC	9		0.75			
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta				_	_						
Vitamin D Vitamin K (phylloquinone)		308.000 <b>41.1</b>	)	0 0	T T	4 4		26.796 3.6			
.ipids:	9	****		·	-	•		5.0			
	a	12.214	1	1	MA	12		1 062			
Fatty acids, total saturated				1	MA			1.063			
4:0		0.000			MA	12		0.000			
6:0	_	0.069		1	MA	12		0.006			
8:0	_	0.769		1	MA	12		0.067			
10:0		0.618		1	MA	12		0.054			
12:0		4.843	5	1	MA	12		0.421			
13:0	_		_					_			
14:0	g	1.974	l	1	MA	12		0.172			

		<u>A</u>	mount in 10	00 grams Number		ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and U	nits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	3.105	i	1	MA	12		0.270			
17:0				_							
18:0	-	0.835	i	1	MA	12		0.073			
20:0 22:0											
24:0											
Fatty acids, total monounsaturated		5.242	<u>!</u>	1	MA	12		0.456			
14:1											
15:1	g										
16:1 undifferentiated	g	0.028	3	1	MA	12		0.002			
17:1	•										
18:1 undifferentiated	•	5.157		1	MA	12		0.449			
20:1		0.057		1	MA	12		0.005			
22:1 undifferentiated	-	0.000	)	1	MA	12		0.000			
24:1 cFatty acids, total polyunsaturated.		10.835	:	1	MA	12		0.943			
18:2 undifferentiated		10.456		1	MA	12		0.943			
18:3 undifferentiated	-	0.379		1	MA	12		0.033			
18:4	_	0.000		1	MA	12		0.000			
20:2 n-6 c,c	_							0.000			
20:3 undifferentiated											
20:4 undifferentiated	g	0.000	)	1	MA	12		0.000			
20:5 n-3	g	0.000	)	1	MA	12		0.000			
22:5 n-3	g	0.000	)	1	MA	12		0.000			
22:6 n-3	g	0.000	)	1	MA	12		0.000			
Fatty acids, total trans											
Cholesterol		17		0	ML	5		1			
Phytosterols	mg										
Others:											
Alcohol, ethyl	g	0.0		0	Z	7		0.0			
Caffeine	mg	0		0	0	4		0			
Theobromine	mg	0		0	0	4		0			
Carotenoids:											
Carotene, beta	mcg	0		0	Z	7		0.000			
Carotene, alpha	-	0		0	z	7		0.000			
Cryptoxanthin, beta		0		0	Z	7		0.000			
Lycopene	mcg	0		0	Z	7		0.000			
Lutein + zeaxanthin		0		0	Z	7		0.000			

### **Common Measures:**

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03840 Infant formula, ROSS, SIMILAC SPECIAL CARE ADVANCE 24, with iron, ready-to-feed

		<u>A</u>	mount in 100	) grams	of edil	ole portic	<u>on</u>	Amount in edible portion of common			
			N	Number	•			m	easures of food	<u></u>	
						Source	Confidence	_			
Nutrients and Un	ite	Mean	Std. Error			Code	Code	Measure 1	Measure 2	Measure 3	
itutileilts alla Uli	into	IVICALI	Jtu. Ellol			- 540	- 340	ivicasuie i	IVICASUIE Z	wicasuie .	
Proximates:											
Water	g	85.61		0	T	4		26.37			
Energy	kcal	79		0	T	4		24			
Energy	kj	331		0	T	4		102			
Protein	g	2.13		0	T	4		0.66			
Total lipid (fat)	g	4.27		0	T	4		1.32			
Ash	g	0.72		0	T	4		0.22			
Carbohydrate, by difference	g	7.27		0	NC	4		2.24			
Fiber, total dietary	g	0.0		0	Z	7		0.0			
Sugars, total	g	8.30		0	T	4		2.56			
Sucrose	g										
Glucose (dextrose)											
Fructose	g										
Lactose	g	8.30		0	T	4		2.56			
Maltose											
Galactose											
Starch											
Monanda											
Minerals:	<b>***</b>			•	_			40			
Calcium, Ca		141 1.41		0	T T	4 4		43 0.43			
Iron, Fe		9		0	ML	5		0.43 3			
Magnesium, Mg Phosphorus, P		79		0	T	4		24			
Potassium, K	-	101		0	T	4		31			
Sodium, Na	-	34		0	T	4		10			
Zinc, Zn	-	1.18		0	T	4		0.36			
Copper, Cu		0.196	6	0	T	4		0.060			
Manganese, Mn		0.009		0	ML	5		0.003			
Selenium, Se		1.4		0	ML	5		0.4			
Vitamins:											
Vitamin C, total ascorbic acid	mg	29.1		0	T	4		9.0			
Thiamin	mg	0.196	6	0	T	4		0.060			
Riboflavin	mg	0.487	7	0	T	4		0.150			
Niacin	mg	3.927	7	0	T	4		1.210			
Pantothenic acid	-	1.492		0	T	4		0.460			
Vitamin B-6		0.196	6	0	T	4		0.060			
Folate, total		29		0	ML	5		9			
Folic acid		29		0	T	4		9			
Folate, food		0		0	Z	7		0			
Folate, DFE		49		0	NC	4		15			
Vitamin B-12		0.43		0	ML	5		0.13			
Vitamin A, IU		982		0	MC	9		302			
Vitamin A, RAE		294		0	NC	4		91			
Retinol	-	294		0	T	<b>4</b> 9		91			
Vitamin E (alpha-tocopherol)		2.11		U	MC	9		0.65			
Tocopherol, beta											
Tocopherol, gamma Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		9.4		0	T	4		2.9			
Lipids:											
Fatty acids, total saturated	g	2.533	3	0	MA	12		0.780			
4:0	-	0.000		0	MA	12		0.000			
6:0	-	0.009		0	MA	12		0.003			
8:0	-	1.111		0	MA	12		0.342			
10:0		0.546	6	0	MA	12		0.168			
12:0		0.355	5	0	MA	12		0.109			
13:0											
14:0		0.152	2	0	MA	12		0.047			
14:0 15:0		0.152	2	0	MA	12		0.047			

		<u>A</u> 1	mount in 10	00 grams Number		ole portio	<u>on</u>		edible portion o	of common
Nutrients and Ur	nits	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.246	i	0	MA	12		0.076		
17:0										
18:0	_	0.114		0	MA	12		0.035		
20:0										
22:0 24:0										
Fatty acids, total monounsaturated		0.387		0	MA	12		0.119		
14:1								***		
15:1	_									
16:1 undifferentiated	g	0.000	)	0	MA	12		0.000		
17:1	•									
18:1 undifferentiated	•	0.387		0	MA	12		0.119		
20:1		0.000		0	MA	12		0.000		
22:1 undifferentiated	_	0.000	1	0	MA	12		0.000		
24:1 c										
Fatty acids, total polyunsaturated		0.851		0	MA	12		0.262		
18:2 undifferentiated 18:3 undifferentiated	-	0.766 0.086		0	MA MA	12 12		0.236 0.026		
18:4	_	0.000		0	MA	12		0.026		
20:2 n-6 c,c	_	0.000		U	MA	12		0.000		
20:3 undifferentiated										
20:4 undifferentiated	_	0.000	)	0	MA	12		0.000		
20:5 n-3		0.000		0	MA	12		0.000		
22:5 n-3		0.000	1	0	MA	12		0.000		
22:6 n-3		0.000	)	0	MA	12		0.000		
Fatty acids, total trans	g									
Cholesterol	mg	2		0	ML	5		1		
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0		0	z	7		0.0		
Caffeine		0		0	Z	7		0		
Theobromine	mg	0		0	z	7		0		
Carotenoids:										
Carotene, beta	mcq	0		0	z	7		0.000		
Carotene, alpha	-	0		0	z	7		0.000		
Cryptoxanthin, beta	-	0		0	z	7		0.000		
Lycopene		0		0	Z	7		0.000		
Lutein + zeaxanthin		0		0	Z	7		0.000		

## **Common Measures:**

Measure 1 = 30.8g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03856 Infant formula, ROSS, SIMILAC, low iron, liquid concentrate, not reconstituted

		<u>A</u>	mount in 100 g	rams	of edik	ole portio	<u>on</u>	Amount in	edible portion	of common
			Nii	mber					easures of food	
					Deriv	Source	Confidence	<u> </u>		
Nutrients and Unit	•	Mean	Std. Error Po			Code	Code	Measure 1	Measure 2	Measure
Nutrients and Unit	<i>3</i>	MICGII	Jiu. Ellor 10		- 540	5040	3000	IVICASUIE I	INICASUIE 4	weasure
Proximates:										
Water	g	76.16		0	T	4		23.91		
Energy	kcal	127		0	MC	9		40		
Energy		531		0	MC	9		167		
Protein		2.64		0	ML	5		0.83		
Total lipid (fat)	g	6.89		0	T	4		2.16		
Ash	g	0.79		0	MC	9		0.25		
Carbohydrate, by difference	g	13.52		0	NC	4		4.25		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	13.76		0	T	4		4.32		
Sucrose	g									
Glucose (dextrose)										
Fructose	g									
Lactose	g	13.76		0	NR	4		4.32		
Maltose										
Galactose										
Starch										
N. 6. 1										
Minerals:		00		•		_		21		
Calcium, Ca		99 0.89		0	ML T	5 4		31 0.28		
Iron, Fe		8		0	T ML	4 5		0.28 3		
Magnesium, Mg Phosphorus, P		54		0	T	4		17		
Potassium, K	-	134		0	ML	5		42		
Sodium, Na	-	31		0	ML	5		10		
Zinc, Zn	-	0.96		0	ML	5		0.30		
Copper, Cu		0.115	5	0	ML	5		0.036		
Manganese, Mn		0.006		0	ML	5		0.002		
Selenium, Se		2.8		0	ML	5		0.9		
Vitamins:										
Vitamin C, total ascorbic acid	mg	11.5		0	ML	5		3.6		
Thiamin	mg	0.127	7	0	ML	5		0.040		
Riboflavin	mg	0.191	L	0	ML	5		0.060		
Niacin	mg	1.339	9	0	T	4		0.420		
Pantothenic acid	-	0.579		0	T	4		0.182		
Vitamin B-6		0.076	5	0	ML	5		0.024		
Folate, total		19		0	ML	5		6		
Folic acid		19		0	T	4		6		
Folate, food		0		0	Z	7		0		
Folate, DFE		33		0	NC	4		10		
Vitamin B-12		0.32		0	ML	5		0.10		
Vitamin A, IU		382		0	MC	9		120		
Vitamin A, RAE		114		0	NC	4		36		
Retinol		114 1.28		0	T MC	4 9		36 0.40		
Vitamin E (alpha-tocopherol)		1.28		U	MC	9		0.40		
Tocopherol, beta Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		76.496	5	0	т	4		24.020		
Vitamin K (phylloquinone)		10.2	-	0	T	4		3.2		
Lipids:										
Fatty acids, total saturated	a	2.401	L	0	MA	12		0.754		
4:0	-	0.000		0	MA	12		0.000		
6:0	-	0.014		0	MA	12		0.004		
8:0	-	0.214		0	MA	12		0.067		
10:0		0.152		0	MA	12		0.048		
12:0		0.943		0	MA	12		0.296		
13:0	g									

		<u>Aı</u>	mount in 10	00 grams Number		ole portio	<u>on</u>		edible portion o	of common
Nutrients and U	nits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.500		0	MA	12		0.157		
17:0				•						
18:0 20:0	g	0.223	•	0	MA	12		0.070		
22:0 24:0										
Fatty acids, total monounsaturated	dg	2.551		0	MA	12		0.801		
15:1	_									
16:1 undifferentiated	_	0.005	i	0	MA	12		0.002		
17:1 18:1 undifferentiated	•	2.533	1	0	MA	12		0.795		
20:1	•	0.013		0	MA	12		0.004		
22:1 undifferentiated		0.000		0	MA	12		0.000		
24:1 c	-	0.000		·				0.000		
Fatty acids, total polyunsaturated		1.555	;	0	MA	12		0.488		
18:2 undifferentiated		1.405	i	0	MA	12		0.441		
18:3 undifferentiated	-	0.150	)	0	MA	12		0.047		
18:4	_	0.000	)	0	MA	12		0.000		
20:2 n-6 c,c	_									
20:3 undifferentiated										
20:4 undifferentiated	g	0.000	)	0	MA	12		0.000		
20:5 n-3	g	0.000	)	0	MA	12		0.000		
22:5 n-3	g	0.000	)	0	MA	12		0.000		
22:6 n-3	g	0.000	)	0	MA	12		0.000		
Fatty acids, total trans	g									
Cholesterol	mg	3		0	ML	5		1		
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0		0	Z	7		0.0		
Caffeine		0		0	z	7		0		
Theobromine	_	0		0	z	7		0		
Carotenoids:	-									
Carotene, beta	mcg	0		0	z	7		0.000		
Carotene, alpha	mcg	0		0	z	7		0.000		
Cryptoxanthin, beta		0		0	z	7		0.000		
Lycopene		0		0	Z	7		0.000		
Lutein + zeaxanthin		0		0	z	7		0.000		

## **Common Measures:**

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u>	mount in 10	0 grams	of edil	ole portio	<u>n</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and U	nits	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.25		0	T	4		0.20		
Energy	kcal	522		0	NC	4		45		
Energy	kj	2186		0	NC	4		190		
Protein	g	10.85		0	T	4		0.94		
Total lipid (fat)	g	28.87		0	T	4		2.51		
Ash	g	3.25		0	MC	9		0.28		
Carbohydrate, by difference	g	54.78		0	NC	4		4.77		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	54.70		0	NR	4		4.76		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	54.70		0	NR	4		4.76		
Maltose	g									
Galactose										
Starch										
Minerals:										
Calcium. Ca	ma	410		0	т	4		36		
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	3.68		0	T	4		0.32		
Magnesium, Mg		32		0	T	4		3		
Phosphorus, P		221		0	T	4		19		
Potassium, K		552		0	T	4		48		
Sodium, Na		126		0	ML	5		11		
Zinc, Zn		3.94		0	T	4		0.34		
Copper, Cu		0.473	3	0	T	4		0.041		
Manganese, Mn	mg	0.026	5	0	ML	5		0.002		
Selenium, Se	mcg	11.6		0	T	4		1.0		
Vitamins:										
Vitamin C, total ascorbic acid	ma	47.3		0	т	4		4.1		
Thiamin		0.526	5	0	T	4		0.046		
Riboflavin		0.789		0	T	4		0.040		
Niacin		5.522		0	T	4		0.480		
Pantothenic acid		2.367		0	T	4		0.206		
Vitamin B-6		0.316		0	т	4		0.027		
Folate, total		79		0	ML	5		7		
Folic acid		79		0	T	4		7		
Folate, food		0		0	Z	7		0		
Folate, DFE	_	134		0	NC	4		12		
Vitamin B-12		1.32		0	T	4		0.11		
Vitamin A, IU	IU	1578		0	MC	9		137		
Vitamin A, RAE	mcg_RAE	473		0	NC	4		41		
Retinol		473		0	T	4		41		
Vitamin E (alpha-tocopherol)	mg	5.29		0	MC	9		0.46		
Tocopherol, beta	mg									
Tocopherol, gamma										
Tocopherol, delta			_							
Vitamin D		315.540	)	0	T	4		27.452		
Vitamin K (phylloquinone)	mcg	42.1		0	T	4		3.7		
Lipids:										
Fatty acids, total saturated	g	9.873	3	0	MA	12		0.859		
4:0	g	0.000	)	0	MA	12		0.000		
6:0	-	0.059	•	0	MA	12		0.005		
8:0		0.879		0	MA	12		0.076		
10:0		0.626		0	MA	12		0.054		
12:0	g	3.878	3	0	MA	12		0.337		
13:0	g									
14:0	g	1.459	•	0	MA	12		0.127		
15:0	g									

		<u>A</u> 1	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and U	nite	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
- Nutrients and C	illo	Weari	Ota. Entor					Wedsure 1	Measure 2	Measure 5	
16:0	g	2.056	i	0	MA	12		0.179			
17:0											
18:0	_	0.916	i	0	MA	12		0.080			
20:0	_										
22:0	_										
24:0		40.404									
Fatty acids, total monounsaturate		10.491	•	0	MA	12		0.913			
14:1											
15:1		0.019		0	MA	12		0.002			
16:1 undifferentiated	-	0.019	•	U	MA	12		0.002			
17:1 18:1 undifferentiated		10.419		0	MA	12		0.906			
20:1	_	0.054		0	MA MA	12		0.906			
20:1 undifferentiated		0.000		0	MA	12		0.005			
24:1 c		0.000		U	MA	12		0.000			
Fatty acids, total polyunsaturated		6.396	:	0	MA	12		0.556			
18:2 undifferentiated		5.778		0	MA	12		0.503			
18:3 undifferentiated	_	0.618		0	MA	12		0.054			
18:4	-	0.000		0	MA	12		0.004			
20:2 n-6 c,c	_	0.000	•	U	ma	12		0.000			
20:3 undifferentiated											
20:4 undifferentiated		0.000	1	0	MA	12		0.000			
20:5 n-3		0.000		0	MA	12		0.000			
22:5 n-3		0.000		0	MA	12		0.000			
22:6 n-3		0.000		0	MA	12		0.000			
Fatty acids, total trans		0.000	•	· ·				0.000			
Cholesterol		14		0	ML	5		1			
Phytosterols	_			· ·		•		_			
Others:											
Alcohol, ethyl	g	0.0		0	z	7		0.0			
Caffeine		0		0	Z	7		0			
Theobromine	mg	0		0	z	7		0			
Carotenoids:											
Carotene, beta	mcg	0		0	z	7		0.000			
Carotene, alpha		0		0	z	7		0.000			
Cryptoxanthin, beta		0		0	Z	7		0.000			
Lycopene		0		0	z	7		0.000			
Lutein + zeaxanthin		0		0	z	7		0.000			

## **Common Measures:**

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> 1	mount in 10	0 grams	of edil	ole portio	<u>n</u>		edible portion	
				Number	•			<u>m</u> e	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	ts	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	87.79		0	T	4		27.21		
Energy	kcal	65		0	NC	4		20		
Energy	kj	272		0	NC	4		84		
Protein	g	1.36		0	ML	5		0.42		
Total lipid (fat)	g	3.55		0	T	4		1.10		
Ash	g	0.38		0	MC	9		0.12		
Carbohydrate, by difference	g	6.92		0	NC	4		2.15		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	6.93		0	NR	4		2.15		
Starch	g									
M:										
Minerals:	ma	51		0	т	4		16		
Calcium, Ca Iron, Fe.	_	0.14		0	MC	9		0.04		
Magnesium, Mg	• • • • • • • • • • • • • • • • • • • •	4		0	ML	5		1		
Phosphorus, P		28		0	ML	5		9		
Potassium, K	_	69		0	ML	5		21		
Sodium, Na	_	16		0	ML	5		5		
Zinc, Zn	-	0.49		0	ML	5		0.15		
Copper, Cu		0.059	)	0	ML	5		0.018		
Manganese, Mn		0.003		0	ML	5		0.001		
Selenium, Se		1.4		0	ML	5		0.4		
· ·	_									
Vitamins:						_				
Vitamin C, total ascorbic acid	-	5.9		0	ML	5		1.8		
Thiamin	-	0.066		0	ML	5		0.020		
Riboflavin		0.099		0	Т	4		0.031		
Niacin	-	0.690		0	ML	5		0.214		
Pantothenic acid	_	0.296		0	ML	5		0.092		
Vitamin B-6	_	0.039	•	0	ML	5		0.012		
Folate, total		10		0	ML	5		3		
Folic acid		10 0		0	T Z	<b>4</b> 7		3 0		
Folate, food		17		0 0	NC	4		5		
Folate, DFE		0.16		0	ML	5		0.05		
Vitamin B-12 Vitamin A, IU		197		0	NC	4		61		
Vitamin A, RAE		59		0	NC	4		18		
Retinol		59		0	T	4		18		
Vitamin E (alpha-tocopherol)		1.32		0	T	4		0.41		
Tocopherol, beta		1.52		Ū	-	-		0.41		
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		39.415	<b>i</b>	0	T	4		12.219		
Vitamin K (phylloquinone)		5.3		0	T	4		1.6		
	_									
Lipids:				_						
Fatty acids, total saturated		1.237		0	MA	12		0.383		
4:0	_	0.000		0	MA	12		0.000		
6:0	-	0.007		0	MA	12		0.002		
8:0		0.110		0	MA	12		0.034		
10:0		0.078		0	MA	12		0.024		
12:0		0.486	)	0	MA	12		0.151		
13:0		A 100		^		10		0 0==		
14:0		0.183	5	0	MA	12		0.057		
15:0	_			_				0.000		
16:0	_	0.258	5	0	MA	12		0.080		
17:0	_	^ 11-	:	^	3/7	10		0.000		
18:0	-	0.115	•	0	MA	12		0.036		
20:0	-									
22:0	g g									

	<u>Ar</u>	mount in 10	0 grams	of edik	ole portio	<u>on</u>	Amount in edible portion of common			
Nutrients and Units	Mean		Number of Data Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	easures of food Measure 2	Measure 3	
Fatty acids, total monounsaturatedg	1.314		0	MA	12		0.407			
14:1g										
15:1g										
16:1 undifferentiatedg	0.002		0	MA	12		0.001			
17:1g										
18:1 undifferentiated	1.305		0	MA	12		0.405			
20:1g	0.007		0	MA	12		0.002			
22:1 undifferentiatedg	0.000		0	MA	12		0.000			
24:1 cg										
Fatty acids, total polyunsaturated	0.801		0	MA	12		0.248			
18:2 undifferentiatedg	0.724		0	MA	12		0.224			
18:3 undifferentiatedg	0.077		0	MA	12		0.024			
18:4g	0.000		0	MA	12		0.000			
20:2 n-6 c,cg										
20:3 undifferentiatedg										
20:4 undifferentiatedg	0.000		0	MA	12		0.000			
20:5 n-3g	0.000		0	MA	12		0.000			
22:5 n-3g	0.000		0	MA	12		0.000			
22:6 n-3g	0.000		0	MA	12		0.000			
Fatty acids, total trans										
Cholesterol mg	2		0	ML	5		1			
Phytosterolsmg										
Others:										
Alcohol, ethylg	0.0		0	Z	7		0.0			
Caffeine mg	0		0	Z	7		0			
Theobromine mg	0		0	Z	7		0			
Carotenoids:										
Carotene, beta mcg	0		0	z	7		0.000			
Carotene, alphamcg	0		0	Z	7		0.000			
Cryptoxanthin, betamcg	0		0	z	7		0.000			
Lycopenemcg	0		0	z	7		0.000			
Lutein + zeaxanthin mcg	0		0	z	7		0.000			

# **Common Measures:**

Measure 1 = 31.0g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03851 Infant formula, ROSS, SIMILAC, with iron, liquid concentrate, not reconstituted

		<u>A</u>	mount in 10	00 grams	of edil	ole portic	<u>on</u>		edible portion	
				Number of Data		Source	Confidence	<u>m</u>	easures of food	<u></u>
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	76.16		0	T	4		23.91		
Energy	kcal	127		0	NC	4		40		
Energy		530		0	NC	4		166		
Protein	g	2.64		0	T	4		0.83		
Total lipid (fat)		6.89		0	T	4		2.16		
Ash	_	0.79		0	MC	9		0.25		
Carbohydrate, by difference		13.52		0	NC	4		4.25		
Fiber, total dietary		0.0		0	Z	7		0.0		
Sugars, total		13.76		0	T	4		4.32		
		13.70		•	-	•		4.52		
Sucrose										
Glucose (dextrose)										
Fructose	9	12 76		^	т			4 30		
Lactose	9	13.76		0	т	4		4.32		
Maltose	9									
Galactose										
Starch	g									
Minerals:										
Calcium, Ca	ma	99		0	ML	5		31		
Iron, Fe		2.30		0	т	4		0.72		
Magnesium, Mg		8		0	ML	5		3		
Phosphorus, P		54		0	T	4		17		
Potassium, K		134		0	ML	5		42		
Sodium, Na		31		0	ML	5		10		
Zinc, Zn		0.96		0	ML	5		0.30		
Copper, Cu		0.115	5	0	ML	5		0.036		
Manganese, Mn		0.006		0	ML	5		0.002		
Selenium, Se		2.8	•	0	ML	5		0.9		
Vitamins:										
Vitamin C, total ascorbic acid	mg	11.5		0	ML	5		3.6		
Thiamin	mg	0.127	,	0	ML	5		0.040		
Riboflavin	-	0.191	L	0	ML	5		0.060		
Niacin	_	1.339	)	0	T	4		0.420		
Pantothenic acid	_	0.574	Į	0	MC	9		0.180		
Vitamin B-6	-	0.076	5	0	ML	5		0.024		
Folate, total		19		0	ML	5		6		
Folic acid		19		0	т	4		6		
Folate, food	mca	0		0	z	7		0		
Folate, DFE		33		0	NC	4		10		
Vitamin B-12		0.32		0	ML	5		0.10		
Vitamin A, IU		382		0	MC	9		120		
Vitamin A, RAE		114		0	NC	4		36		
Retinol		114		0	Т	4		36		
Vitamin E (alpha-tocopherol)		2.56		0	T	4		0.80		
Tocopherol, beta		2.50		· ·	-	-		0.00		
Tocopherol, gamma										
Tocopherol, delta										
Vitamin D		76.400	)	0	т	4		23.990		
Vitamin K (phylloquinone)		10.2	•	0	T	4		3.2		
ipids:										
Fatty acids, total saturated	g	2.401	L	0	MA	12		0.754		
4:0		0.000	)	0	MA	12		0.000		
6:0		0.014		0	MA	12		0.004		
8:0	_	0.214		0	MA	12		0.067		
10:0	_	0.152		0	MA	12		0.048		
12:0		0.943		0	MA	12		0.296		
13:0				-				3.23		
14:0	_	0.355	5	0	MA	12		0.111		
15:0	_	0.550		•				3		

		<u>Aı</u>	mount in 10	00 grams Number		ole portio	<u>on</u>		edible portion o	of common
Nutrients and U	nits	Mean	Std. Error	of Data	Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0	g	0.500		0	MA	12		0.157		
17:0				•						
18:0 20:0	g	0.223	•	0	MA	12		0.070		
22:0 24:0										
Fatty acids, total monounsaturated	dg	2.551		0	MA	12		0.801		
15:1	_									
16:1 undifferentiated	_	0.005	i	0	MA	12		0.002		
17:1 18:1 undifferentiated	•	2.533	1	0	MA	12		0.795		
20:1	•	0.013		0	MA	12		0.004		
22:1 undifferentiated		0.000		0	MA	12		0.000		
24:1 c	-	0.000		•				0.000		
Fatty acids, total polyunsaturated		1.555	;	0	MA	12		0.488		
18:2 undifferentiated		1.405	i	0	MA	12		0.441		
18:3 undifferentiated	-	0.150	)	0	MA	12		0.047		
18:4	_	0.000	)	0	MA	12		0.000		
20:2 n-6 c,c	_									
20:3 undifferentiated										
20:4 undifferentiated	g	0.000	)	0	MA	12		0.000		
20:5 n-3	g	0.000	)	0	MA	12		0.000		
22:5 n-3	g	0.000	)	0	MA	12		0.000		
22:6 n-3	g	0.000	)	0	MA	12		0.000		
Fatty acids, total trans	g									
Cholesterol	mg	3		0	ML	5		1		
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0		0	Z	7		0.0		
Caffeine		0		0	z	7		0		
Theobromine	_	0		0	z	7		0		
Carotenoids:	-									
Carotene, beta	mcg	0		0	z	7		0.000		
Carotene, alpha	mcg	0		0	z	7		0.000		
Cryptoxanthin, beta		0		0	z	7		0.000		
Lycopene		0		0	Z	7		0.000		
Lutein + zeaxanthin		0		0	z	7		0.000		

## **Common Measures:**

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 10	00 grams	of edil	ole portic	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Un	iits	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	_	2.25		0	MA	12		0.19		
Energy		526		0	T	4		45		
Energy	kj	2201		0	T	4		187		
Protein	_	10.89		0	MA	12		0.93		
Total lipid (fat)		28.87		0	MA	12		2.45		
Ash		3.26		0	MA	12		0.28		
Carbohydrate, by difference		54.73		0	NC	4		4.65		
Fiber, total dietary		0.0		0	Z	7		0.0		
Sugars, total		54.73		0	NR	4		4.65		
Sucrose										
Glucose (dextrose)	g									
Fructose	g			_	_					
Lactose	g	55.53		0	T	4		4.72		
Maltose										
Galactose										
Starch	g									
Minerals:										
Calcium, Ca	mg	410		0	T	4		35		
Iron, Fe		9.47		0	T	4		0.80		
Magnesium, Mg		32		0	T	4		3		
Phosphorus, P	mg	221		0	T	4		19		
Potassium, K	mg	552		0	T	4		47		
Sodium, Na	mg	126		0	ML	5		11		
Zinc, Zn	mg	3.94		0	T	4		0.33		
Copper, Cu		0.473		0	T	4		0.040		
Manganese, Mn		0.026	5	0	ML	5		0.002		
Selenium, Se	mcg	11.6		0	T	4		1.0		
Vitamins:										
Vitamin C, total ascorbic acid	mg	47.3		0	т	4		4.0		
Thiamin		0.526	5	0	T	4		0.045		
Riboflavin	_	0.789	•	0	T	4		0.067		
Niacin	mg	5.522	2	0	T	4		0.469		
Pantothenic acid		2.367	7	0	T	4		0.201		
Vitamin B-6	mg	0.316	5	0	T	4		0.027		
Folate, total	mcg	79		0	ML	5		7		
Folic acid	mcg	79		0	T	4		7		
Folate, food		0		0	Z	7		0		
Folate, DFE	mcg_DFE	134		0	NC	4		11		
Vitamin B-12	mcg	1.32		0	T	4		0.11		
Vitamin A, IU		1578		0	MC	9		134		
Vitamin A, RAE		473		0	NC	4		40		
Retinol		473		0	T	4		40		
Vitamin E (alpha-tocopherol)		5.29		0	MC	9		0.45		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta		315.540		•		4		26.821		
Vitamin D Vitamin K (phylloquinone)		42.1	,	0 0	T T	4		3.6		
• • • •	9	4∠.⊥		Ū	1	-		٥.٠		
Lipids:	~	0.050	,	^		10				
Fatty acids, total saturated		9.873		0	MA	12		0.839		
4:0		0.000		0 0	MA MA	12 12		0.000		
6:0	-	0.059		0	MA MA	12		0.005 0.075		
8:0		0.879		0	MA MA	12		0.075		
10:0 12:0		3.876		0	MA MA	12		0.053		
13:0		3.676	•	U	PIE	12		0.329		
14:0	_	1.459	<b>.</b>	0	MA	12		0.124		
15:0	_	1.403		·				J.124		

		<u>Aı</u>	mount in 10	00 grams Number		ole portio	<u>on</u>		Amount in edible portion of common measures of food			
Nutrients and U	nits	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3		
16:0	g	2.056	i	0	MA	12		0.175				
17:0												
18:0	_	0.916	i	0	MA	12		0.078				
20:0 22:0												
24:0												
Fatty acids, total monounsaturate		10.491		0	MA	12		0.892				
14:1								*****				
15:1	-											
16:1 undifferentiated	g	0.019	)	0	MA	12		0.002				
17:1	•											
18:1 undifferentiated	•	10.419		0	MA	12		0.886				
20:1		0.054		0	MA	12		0.005				
22:1 undifferentiated	_	0.000	)	0	MA	12		0.000				
24:1 c												
Fatty acids, total polyunsaturated		6.396		0	MA	12		0.544				
18:2 undifferentiated	-	5.778		0	MA	12		0.491				
18:3 undifferentiated	-	0.618		0	MA	12		0.053				
18:4	-	0.000	1	0	MA	12		0.000				
20:2 n-6 c,c												
20:3 undifferentiated	_											
20:4 undifferentiated		0.000		0	MA	12		0.000				
20:5 n-3		0.000		0	MA	12		0.000				
22:5 n-3		0.000		0	MA	12		0.000				
22:6 n-3	-	0.000	)	0	MA	12		0.000				
Fatty acids, total trans						_		_				
Cholesterol		14		0	ML	5		1				
Phytosterols	mg											
Others:												
Alcohol, ethyl	g	0.0		0	z	7		0.0				
Caffeine		0		0	z	7		0				
Theobromine	mg	0		0	Z	7		0				
Carotenoids:												
Carotene, beta	mcg	0		0	z	7		0.000				
Carotene, alpha	_	0		0	T	4		0.000				
Cryptoxanthin, beta	-	0		0	z	7		0.000				
Lycopene		0		0	z	7		0.000				
Lutein + zeaxanthin		0		0	z	7		0.000				

## **Common Measures:**

Measure 1 = 8.5g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>A</u> :	mount in 10	0 grams	of edil	ole portio	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u> </u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	_	87.79		0	MA	12		26.69		
Energy		66		0	MC	9		20		
Energy		276		0	MC	9		84		
Protein	-	1.36		1	MA	12		0.41		
Total lipid (fat)		3.55		0	T	4		1.08		
Ash		0.38		1	MA	12		0.12		
Carbohydrate, by difference		6.92		0	NC	4		2.10		
Fiber, total dietary		0.0		0	Z	7		0.0		
Sugars, total	g	6.90		0	NR	4		2.10		
Sucrose										
Glucose (dextrose)	g									
Fructose	g			_		_				
Lactose	g	6.90		0	NR	4		2.10		
Maltose										
Galactose										
Starch	g									
Minerals:										
Calcium, Ca	ma	51		0	т	4		16		
Iron, Fe		1.18		1	MA	12		0.36		
Magnesium, Mg		4		1	MA	12		1		
Phosphorus, P		28		1	MA	12		9		
Potassium, K	mg	69		1	MA	12		21		
Sodium, Na	mg	16		1	MA	12		5		
Zinc, Zn	mg	0.49		1	MA	12		0.15		
Copper, Cu	mg	0.059		1	MA	12		0.018		
Manganese, Mn		0.003	3	0	ML	5		0.001		
Selenium, Se	mcg	1.2		0	T	4		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	ma	5.9		1	MA	12		1.8		
Thiamin		0.066	5	1	MA	12		0.020		
Riboflavin	-	0.099	)	0	T	4		0.030		
Niacin	mg	0.690	)	0	T	4		0.210		
Pantothenic acid		0.296	5	0	T	4		0.090		
Vitamin B-6	mg	0.039	)	1	MA	12		0.012		
Folate, total	mcg	10		1	MA	12		3		
Folic acid	mcg	10		0	T	4		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	17		0	NC	4		5		
Vitamin B-12		0.16		1	MA	12		0.05		
Vitamin A, IU		197		0	NC	4		60		
Vitamin A, RAE		59		0	NC	4		18		
Retinol		59		0	T	4		18		
Vitamin E (alpha-tocopherol)		1.32		0	T	4		0.40		
Tocopherol, beta										
Tocopherol, gamma										
Tocopherol, delta		20 415		•	_			11 000		
Vitamin D		39.415	•	0 0	T T	4 4		11.982		
Vitamin K (phylloquinone)	nicg	5.3		U	т	4		1.6		
<u> Lipids:</u>										
Fatty acids, total saturated		1.237		1	MA	12		0.376		
4:0		0.000		1	MA	12		0.000		
6:0	_	0.007		1	MA	12		0.002		
8:0		0.110		1	MA	12		0.033		
10:0		0.078		1	MA	12		0.024		
12:0		0.486	5	1	MA	12		0.148		
13:0	-			-						
14:0	α .	0.183	t .	1	MA	12		0.056		

		<u>A</u>	mount in 10	00 grams Number		ole portic	<u>on</u>	Amount in edible portion of common measures of food			
Nutrients and U	nits	Mean	Std. Error			Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
16:0	g	0.258		1	MA	12		0.078			
17:0											
18:0	_	0.115	i	1	MA	12		0.035			
20:0											
22:0											
Fatty acids, total monounsaturate		1.314		1	MA	12		0.399			
14:1		1.514		-	1411	12		0.399			
15:1	_										
16:1 undifferentiated		0.002		1	MA	12		0.001			
17:1	_										
18:1 undifferentiated	g	1.305	i	1	MA	12		0.397			
20:1	g	0.007		1	MA	12		0.002			
22:1 undifferentiated	g	0.000	)	1	MA	12		0.000			
24:1 c	g										
Fatty acids, total polyunsaturated	g	0.801		1	MA	12		0.244			
18:2 undifferentiated	-	0.724		1	MA	12		0.220			
18:3 undifferentiated	_	0.077		1	MA	12		0.023			
18:4	_	0.000	1	1	MA	12		0.000			
20:2 n-6 c,c											
20:3 undifferentiated	_			_							
20:4 undifferentiated		0.000		1 1	MA	12 12		0.000			
20:5 n-3		0.000		1	MA MA	12		0.000 0.000			
22:5 n-3 22:6 n-3		0.000		1	MA	12		0.000			
Fatty acids, total trans	_	0.000		_	MA	12		0.000			
Cholesterol		2		1	MA	12		1			
Phytosterols											
,											
Others:		0.0		•	_	_					
Alcohol, ethyl		0.0		0	z z	7 7		0.0			
Caffeine Theobromine	-	0		0	z z	7		0			
Carotenoids:	9	U		U	2	,		U			
		•			_	_					
Carotene, beta	-	0		0	z	7		0.000			
Carotene, alpha	-	0		0	Z Z	7		0.000			
Cryptoxanthin, beta		0		0 0	z z	7 7		0.000			
LycopeneLutein + zeaxanthin		0		0	Z	7		0.000 0.000			
Luteiii + zeaxantnin	<u></u>	<u> </u>		U	4			0.000			

## **Common Measures:**

Measure 1 = 30.4g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03893 Infant formula, WYETH-AYERST, store brand soy, with iron, powder, not reconstituted

		<u>A</u> :	mount in 10	00 grams	of edil	ole portio	<u>on</u>		edible portion	
				Number	•			<u>m</u>	easures of food	<u>l</u>
				of Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error	Points	Code	Code	Code	Measure 1	Measure 2	Measure
Proximates:										
Water	g	2.00		0		12		0.17		
Energy	kcal	508		0	NC	4		44		
Energy	kj	2125		0	NC	4		185		
Protein	g	13.60		0	MA	12		1.18		
Total lipid (fat)	g	27.20		0	MA	12		2.37		
Ash	g	5.00		0	0	4		0.44		
Carbohydrate, by difference	g	52.20		0	NC	4		4.54		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	52.20		0	NR	4		4.54		
Starch										
	_									
<u>Minerals:</u>						_				
Calcium, Ca	_	453		0		12		39		
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	9.10		0		12		0.79		
Magnesium, Mg		51		0		12		4		
Phosphorus, P	_	317		0		12		28		
Potassium, K	_	528		0		12		46		
Sodium, Na	-	151		0		12		13		
Zinc, Zn		3.80		0		12		0.33		
Copper, Cu		0.355	)	0		12		0.031		
Manganese, Mn		11 0		•		•		1.0		
Selenium, Se	riicg	11.0		0	MC	9		1.0		
/itamins:										
Vitamin C, total ascorbic acid	mg	42.0		0		12		3.7		
Thiamin	mg	0.500	)	0		12		0.044		
Riboflavin	-	0.760	)	0		12		0.066		
Niacin	mg	3.780	)	0		12		0.329		
Pantothenic acid	mg									
Vitamin B-6	mg	0.320	)	0		12		0.028		
Folate, total	mcg	38		0		12		3		
Folic acid	mcg	38		0	MA	12		3		
Folate, food		0		0	Z	7		0		
Folate, DFE	mcg_DFE	64		0	NC	4		6		
Vitamin B-12		1.50		0		12		0.13		
Vitamin A, IU	IU	1577		0	NC	4		137		
Vitamin A, RAE		473		0	NC	4		41		
Retinol	mcg	473		0	0	4		41		
Vitamin E (alpha-tocopherol)	mg	3.24		0	MC	9		0.28		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D		303.000	)	0	MA	12		26.361		
Vitamin K (phylloquinone)	mcg	41.6		0	MA	12		3.6		
inide										
<b>_ipids:</b> Fatty acids, total saturated	a	12.480	1	0		12		1.086		
4:0		0.000		0		12		0.000		
6:0		0.000		0		12		0.000		
8:0	-	0.710		0		12		0.062		
10:0		0.710		0		12		0.047		
12:0	-	3.750		0		12		0.326		
13:0		3.730		Ū				3.320		
14:0		1.770	)	0		12		0.154		
15:0				•				3.131		
16:0		3.670	)	0		12		0.319		
17:0		2.570		•						
18:0		1.930	)	0		12		0.168		
20:0		2.550		•				3.100		
22:0	_									
24:0	_									

	<u>Ar</u>	mount in 10	Number	•		_	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	10.860		0		12		0.945		
14:1g									
15:1g			•						
16:1 undifferentiatedg	0.320		0		12		0.028		
17:1g	10.410		0		12		0.006		
18:1 undifferentiated			0				0.906		
20:1	0.050		0		12 12		0.004		
22:1 undifferentiatedg	0.000		U		12		0.000		
24:1 c	3.830		0		12		0.333		
Fatty acids, total polyunsaturated9	3.480		0		12		0.333		
18:2 undifferentiated	0.350		0		12				
18:3 undifferentiated	0.350		0		12		0.030 0.000		
18:4g	0.000		U		12		0.000		
20:2 n-6 c,c									
20:3 undifferentiated	0.000		0		12		0.000		
20:4 undifferentiated	0.000		0		12		0.000		
	0.000		0		12		0.000		
22:5 n-3g 22:6 n-3g	0.000		0		12		0.000		
	0.000		U		12		0.000		
Fatty acids, total trans	0		0		4		0		
Phytosterols mg	U		U		4		U		
Others:									
Alcohol, ethylg	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		
Carotenoids:									
Carotene, betamcg	0		0	z	7		0.000		
Carotene, alphamcg	0		0	z	7		0.000		
Cryptoxanthin, beta mcg	0		0	z	7		0.000		
Lycopene mcg	0		0	z	7		0.000		
Lutein + zeaxanthin mcg	0		0	z	7		0.000		

# **Common Measures:**

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03890 Infant formula, WYETH-AYERST, store brand soy, with iron, ready-to-feed

							_	<u>Amount in</u>	edible portion	of common
			Nu	ımber				me	easures of food	<u> </u>
				Data	Deriv	Source	Confidence			
Nutrients and Uni	its	Mean	Std. Error Po			Code	Code	Measure 1	Measure 2	Measure
Proximates:	a	88.00		0		12		26.75		
Water	_			0		4				
Energy		63			NC			19		
Energy		264		0	NC	4		80		
Protein		1.80		0		12		0.55		
Total lipid (fat)		3.50		0		12		1.06		
Ash	g	0.61		0	0	4		0.19		
Carbohydrate, by difference	g	6.09		0	NC	4		1.85		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	6.70		0	0	4		2.04		
Starch	g									
<u>Minerals:</u>										
Calcium, Ca	-	59		0		12		18		
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	1.18		0		12		0.36		
Magnesium, Mg	mg	7		0		12		2		
Phosphorus, P	mg	41		0		12		12		
Potassium, K	mg	69		0		12		21		
Sodium, Na	mg	18		0		12		5		
Zinc, Zn	mg	0.53		0		12		0.16		
Copper, Cu	mg	0.046	5	0		12		0.014		
Manganese, Mn	mg									
Selenium, Se	mcg	1.4		0	MC	9		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	ma	5.4		0		12		1.6		
Thiamin		0.070	)	0		12		0.021		
Riboflavin		0.100		0		12		0.030		
Niacin.		0.100		0		12		0.149		
Pantothenic acid		0.490	,	U		12		0.149		
Vitamin B-6		0.040	`	0		12		0.012		
			,	0		12		2		
Folate, total		5 5								
Folic acid				0	NR	4		2		
Folate, food		0		0	Z	7		0		
Folate, DFE	mcg_DFE	9		0	NC	4		3		
Vitamin B-12		0.20		0		12		0.06		
Vitamin A, IU		247		0	NC	4		75		
Vitamin A, RAE		59		0	NC	4		18		
Retinol		56		0	0	4		17		
Vitamin E (alpha-tocopherol)	mg	0.42		0	MC	9		0.13		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg	5.1		0	0	4		1.6		
Lipids:										
Fatty acids, total saturated	a	1.600	)	0		12		0.486		
4:0		0.000		0		12		0.000		
6:0		0.000		0		12		0.000		
	_	0.090		0		12				
8:0	-			-				0.027		
10:0	-	0.070		0		12		0.021		
12:0		0.480	)	0		12		0.146		
13:0	-			_						
14:0	-	0.230	)	0		12		0.070		
15:0	-									
16:0		0.470	)	0		12		0.143		
17:0	g									
18:0	g	0.250	)	0		12		0.076		
20:0	g									
22:0	g									
22.0										

	<u>Ar</u>	mount in 10			ole portio	<u>n</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	1.400		0		12		0.426		
14:1g									
15:1g 16:1 undifferentiatedg	0.040		0		12		0.012		
16:1 undifferentiatedg	0.040		U		12		0.012		
17.1	1.340		0		12		0.407		
20:1g	0.010		0		12		0.407		
22:1 undifferentiated	0.000		0		12		0.003		
24:1 cg	0.000		U		12		0.000		
Fatty acids, total polyunsaturated9	0.500		0		12		0.152		
18:2 undifferentiatedg	0.450		0		12		0.132		
18:3 undifferentiated	0.050		0		12		0.015		
18:4g	0.000		0		12		0.000		
20:2 n-6 c.cg	0.000		·				0.000		
20:3 undifferentiated									
20:4 undifferentiated 9	0.000		0		12		0.000		
20:5 n-3g	0.000		0		12		0.000		
22:5 n-3g	0.000		0		12		0.000		
22:6 n-3g	0.000		0		12		0.000		
Fatty acids, total trans9									
Cholesterol mg	0		0		7		0		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0		
Caffeine mg	0		0	z	7		0		
Theobrominemg	0		0	Z	7		0		
Carotenoids:									
Carotene, betamcg	37		0	0	4		11.248		
Carotene, alphamcg	0		0	z	7		0.000		
Cryptoxanthin, betamcg	0		0	Z	7		0.000		
Lycopenemcg	0		0	Z	7		0.000		
Lutein + zeaxanthinmcg	0		0	Z	7		0.000		

# **Common Measures:**

Measure 1 = 30.4g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03881 Infant formula, WYETH-AYERST, store brand, with iron, liquid concentrate, not reconstituted

		<u>A</u> :	mount in 10			ole portio	<u>n</u>	Amount in edible portion of common measures of food			
Nutrients and Un	its	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3	
Proximates:		76.00		0		4		23.86			
Water	-	129		0	NC	4		40			
Energy		538		0	NC	4		169			
Protein		2.90		0	NC	4		0.91			
Total lipid (fat)		7.00		0		4		2.20			
Ash		0.61		0	0	4		0.19			
Carbohydrate, by difference		13.49		0	NC	4		4.24			
Fiber, total dietary		0.0		0	-1.0	4		0.0			
Sugars, total		13.90		0	NR	4		4.36			
Starch						_					
Minerals:				_		_					
Calcium, Ca	_	83		0		4		26			
Iron, Fe.		2.36		0		4		0.74			
Magnesium, Mg		9 55		0		4		3 17			
Phosphorus, P Potassium, K		109		0		4		34			
Sodium, Na		29		0		4		9			
Zinc, Zn		1.06		0		4		0.33			
Copper, Cu		0.092	<u> </u>	0		4		0.029			
Manganese, Mn		0.002	-	ŭ		-		0.025			
Selenium, Se		2.6		0	MC	9		0.8			
Vitamins:				_		_					
Vitamin C, total ascorbic acid		11.2		0		4		3.5			
Thiamin		0.130		0		4		0.041			
Riboflavin		0.200		0		4 4		0.063			
Niacin Pantothenic acid		0.990	,	0		4		0.311			
Vitamin B-6		0.080	1	0		4		0.025			
Folate, total		10	,	0		4		3			
Folic acid		10		0	NR	4		3			
Folate, food	-	0		0	z	7		0			
Folate, DFE		17		0	NC	4		5			
Vitamin B-12		0.26		0		4		0.08			
Vitamin A, IU		393		0	NC	4		124			
Vitamin A, RAE	mcg_RAE	118		0	NC	4		37			
Retinol		118		0	NR	4		37			
Vitamin E (alpha-tocopherol)	mg	0.83		0	MC	9		0.26			
Tocopherol, beta	mg										
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D				_	_	_					
Vitamin K (phylloquinone)	mcg	10.6		0	0	4		3.3			
Lipids:											
Fatty acids, total saturated	g	3.200	)	0		4		1.005			
4:0		0.000	)	0		4		0.000			
6:0		0.000	)	0		4		0.000			
8:0	g	0.180	)	0		4		0.057			
10:0	-	0.140	)	0		4		0.044			
12:0		0.960	)	0		4		0.301			
13:0	-										
14:0		0.460	)	0		4		0.144			
15:0				_		_					
16:0		0.940	)	0		4		0.295			
17:0		0 -0-		•				•			
18:0		0.500	,	0		4		0.157			
20:0	-										
22:0	g g										

	<u>Ar</u>	mount in 10	Number	•		_	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error	of Data Points		Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated9	2.800		0		4		0.879		
14:1g									
15:1g 16:1 undifferentiatedg	0.080		0		4		0.025		
16:1 undifferentiated	0.080		U		4		0.025		
18:1 undifferentiated	2.680		0		4		0.842		
20:1g	0.020		0		4		0.842		
22:1 undifferentiated	0.020		0		4		0.000		
24:1 cg	0.000		Ū		-		0.000		
Fatty acids, total polyunsaturated9	1.000		0		4		0.314		
18:2 undifferentiatedg	0.900		0		4		0.283		
18:3 undifferentiatedg	0.100		0		4		0.031		
18:4g	0.000		0		4		0.000		
20:2 n-6 c.cg			•		_				
20:3 undifferentiated9									
20:4 undifferentiatedg	0.000		0		4		0.000		
20:5 n-3g	0.000		0		4		0.000		
22:5 n-3g	0.000		0		4		0.000		
22:6 n-3g	0.000		0		4		0.000		
Fatty acids, total transg									
Cholesterolmg	8		0		4		3		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobrominemg	0		0	NR	4		0		
Carotenoids:									
Carotene, betamcg	0		0	z	7		0.000		
Carotene, alphamcg	0		0	Z	7		0.000		
Cryptoxanthin, beta mcg	0		0	NR	4		0.000		
Lycopenemcg	0		0	NR	4		0.000		
Lutein + zeaxanthin mcg	0		0	NR	4		0.000		

# **Common Measures:**

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03883 Infant formula, WYETH-AYERST, store brand, with iron, powder, not reconstituted

		<u>A</u>	mount in 100 grar	ns of edi	ble portic	<u>on</u>	Amount in	edible portion	of common
			Numb	er			<u>m</u>	easures of food	
				ta Deriv	Source	Confidence			
Nutrients and Un	its	Mean	Std. Error Point		Code	Code	Measure 1	Measure 2	Measure :
Proximates:									
Water	g	2.00	C		12		0.17		
Energy	kcal	524	C	NC	4		44		
Energy	kj	2192	C	NC	4		184		
Protein	g	12.00	C		12		1.01		
Total lipid (fat)	g	28.00	C		12		2.35		
Ash	g	2.00	C	MC	9		0.17		
Carbohydrate, by difference	g	56.00	C	NC	4		4.70		
Fiber, total dietary	g	0.0	C		7		0.0		
Sugars, total	g	56.00	C	NR	4		4.70		
Starch	g								
N. 6.									
Minerals:	ma	221	•		10		20		
Calcium, Ca	_	331 9.50	0		12 12		28 0.80		
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	36	0		12		0.80		
Magnesium, Mg Phosphorus, P		221	0		12		3 19		
Potassium, K	_	441	0		12		37		
Sodium, Na	-	118	0		12		10		
Zinc, Zn		3.90	0		12		0.33		
Copper, Cu		0.370			12		0.031		
Manganese, Mn			-						
Selenium, Se		11.0	0	MC	9		0.9		
•									
Vitamins:			_						
Vitamin C, total ascorbic acid		43.3	0		12		3.6		
Thiamin		0.530			12		0.045		
Riboflavin		0.790			12		0.066		
Niacin		3.940	0		12		0.331		
Pantothenic acid		0 220			10		0.000		
Vitamin B-6		0.330			12		0.028		
Folate, total		39	0		12		3		
Folic acid		39 0	0		<b>4</b> 7		3 0		
Folate, food		66	0		4		6		
Folate, DFE	IIICY_DFE	1.02	0		12		0.09		
Vitamin B-12			0		4				
Vitamin A, IU Vitamin A, RAE		1577 473	0		4		132 40		
		473 473	0		4		40		
Retinol Vitamin E (alpha-tocopherol)		3.38	0		9		0.28		
		3.36	•	MC	9		0.28		
Tocopherol, beta Tocopherol, gamma									
Tocopherol, delta									
Vitamin D									
Vitamin K (phylloquinone)		43.0	0	MC	9		3.6		
	······································								
<u>Lipids:</u>									
Fatty acids, total saturated		12.761			4		1.072		
4:0		0.000			12		0.000		
6:0	-	0.000			12		0.000		
8:0	-	0.731			12		0.061		
10:0		0.563			12		0.047		
12:0		3.872	2 0		12		0.325		
13:0	-								
14:0	-	1.817	0		12		0.153		
15:0	-								
16:0		3.783	3 0		12		0.318		
17:0									
18:0		1.995	5 0		12		0.168		
20:0	_								
22:0	_								
24:0	g								

	<u>Ar</u>	nount in 10			ole portio	<u>on</u>		edible portion of easures of food	f common
Nutrients and Units	Mean	Std. Error		Deriv	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated	11.131		0	NC	4		0.935		
14:1g									
15:1g									
16:1 undifferentiatedg	0.336		0		12		0.028		
17:1g									
18:1 undifferentiatedg	10.736		0		12		0.902		
20:1g	0.059		0		12		0.005		
22:1 undifferentiatedg	0.000		0		12		0.000		
24:1 cg									
Fatty acids, total polyunsaturated	3.951		0	NC	4		0.332		
18:2 undifferentiatedg	3.585		0		12		0.301		
18:3 undifferentiatedg	0.365		0		12		0.031		
18:4g	0.000		0		12		0.000		
20:2 n-6 c,cg									
20:3 undifferentiatedg									
20:4 undifferentiatedg	0.000		0		12		0.000		
20:5 n-3g	0.000		0		12		0.000		
22:5 n-3g	0.000		0		12		0.000		
22:6 n-3g	0.000		0		12		0.000		
Fatty acids, total transg									
Cholesterolmg	32		0		12		3		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		
Carotenoids:									
Carotene, betamcg	0		0	z	7		0.000		
Carotene, alphamcg	0		0	z	7		0.000		
Cryptoxanthin, betamcg	0		0	Z	7		0.000		
Lycopene mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin mcg	0		0	Z	7		0.000		

# **Common Measures:**

Measure 1 = 8.4g: 1 scoop

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

Nutrients and Units	es of food	measures of food	me								
Proximates:							Number				
Nutrients and Units   Nean   Std. Error   Points   Code   Code   Measure 1				Confidence	Source						
Water	asure 2 Measure	ure 1 Measure 2	Measure 1					Mean	nits	Nutrients and U	
Water.											
Energy		.78	26.78		12		0	88.10	a		
Energy		. 70				NC			-		
Protein         9         1.40         0         12         0.43           Total lipid (fat)         9         3.50         0         12         1.06           Ash         9         0.61         0         0         4         0.19           Carbohydrate, by difference         9         6.39         0         NC         4         1.94           Fiber, total dictary         9         0.0         0         7         0.0         0           Sugars, total         9         7.00         0         NR         4         2.13           Wilnerals:              2.13           Wilnerals:              2.13           Wilnerals:              2.12         2.13           Wilnerals:              2.12         2.2         2.2           Phosphorn, P.          9         1.18         0         1.2         1.2         2.2         1.4         0         1.2         1.2							-			23	
Total lipid (fat)		43				NC					
Ash.											
Carbohydrate, by difference         9         6.39         0         NC         4         1.94           Fiber, total dietary         9         0.0         0         7         0.0           Starch         9         7.00         0         NR         4         2.13           Winerals:           Calcium, Ca.         mg         41         0         12         12         12           Calcium, Ca.         mg         41         0         12         0.36         2         12         0.36         2         12         0.36         3         0         12         2         0.36         3         0         12         2         0.36         4         0         12         2         0.36         4         0         12         0.36         0         12         0         1         0         0         12         0         1         0         0         12         0         1         2         0         1         2         0         1         1         0         1         2         0         1         2         0         0         1         2         0         0         1						0					
Fiber, total dictary											
Sugars, total         9         7.00         0         NR         4         2.13           Wilnerals:         "Wilnerals:           Calcium, Ca         mg         41         0         12         12           Calcium, Ca         mg         41         0         12         0.36           Magnesium, Mg.         mg         5         0         12         2           Phosphorus, P.         mg         55         0         12         9           Potassium, K.         mg         14         0         12         9           Potassium, K.         mg         15         0         12         17           Codium, Na.         mg         14         0         12         0.16           Copper, Cu.         mg         0.53         0         12         0.16           Copper, Cu.         mg         0.046         0         12         0.014           Manapasse, Mn         mg         0.046         0         12         0.014           Witamin C, total ascorbic acid.         mg         5.6         0         12         1.7           Thiamin         mg         0.070         12         0.20						110					
Starch						NR					
Minerals:		.13	2.13		•		· ·	7.00		9	
Calcium, Ca									9	Staten	
Front   Fron										<u>Minerals:</u>	
Magnesium, Mg.         mg         5         0         12         2           Phosphorus, P.         mg         28         0         12         9           Potassium, K.         mg         55         0         12         17           Sodium, Na.         mg         14         0         12         4           Zinc, Zn.         mg         0.046         0         12         0.014           Copper, Cu.         mg         0.046         0         12         0.014           Manganese, Mn.         mg         Selenium, Se.         mcg         1.4         0         MC         9         0.4           Vitamin Se.         mcg         1.4         0         MC         9         0.4           Vitamin Se.         mcg         1.4         0         MC         9         0.4           Vitamin Cotal ascorbic acid         mg         5.6         0         12         1.7           Thiamin.         mg         0.070         0         12         0.021           Vitamin Cotal ascorbic acid         mg         0.100         12         0.033           Niacia         mg         0.100         12         0.012									-	*	
Phosphorus, P.         mg         28         0         12         9           Potassium, K.         mg         55         0         12         17           Sodium, Na.         mg         14         0         12         4           Zodium, Na.         mg         0.53         0         12         0.014           Zopper, Cu.         mg         0.046         0         12         0.014           Manganese, Mn.         mg         8         0         MC         9         0.4           Vitamins.           Witamin C, total ascorbic acid         mg         5.6         0         12         1.7           Thiamin.         mg         0.070         0         12         0.021           Riboflavin.         mg         0.100         0         12         0.030           Niacin.         mg         0.490         0         12         0.012										. ,	
Potassium, K.											
Sodium, Na.         mg         14         0         12         4           Zinc, Zn         mg         0.53         0         12         0.16           Copper, Cu         mg         0.046         0         12         0.014           Manganese, Mn         mg									-	•	
Zinc, Zn									_	· · · · · · · · · · · · · · · · · · ·	
Copper, Cu.         mg         0.046         0         12         0.014           Manganese, Mn.         mg         1.4         0         MC         9         0.4           Vitamins, seen of mog         1.4         0         MC         9         0.4           Vitamins C, total ascorbic acid         mg         5.6         0         12         1.7           Thiamin         mg         0.070         0         12         0.021           Riboflavin         mg         0.100         0         12         0.031           Riboflavin         mg         0.100         0         12         0.021           Riboflavin         mg         0.490         0         12         0.149           Patrothenic acid         mg         0.040         0         12         0.012           Patrothenic acid         mg         0.040         0         12         0.012           Patrothenic acid         mg         0.040         0         12         0.012           Patrothenic acid         mcg         5         0         NR         4         2 <th col<="" td=""><td></td><td></td><td><del>-</del></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></th>	<td></td> <td></td> <td><del>-</del></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>			<del>-</del>							
Manganese, Mn         mg           Selenium, Se.         mcg         1.4         0         MC         9         0.4           Vitamins:           Vitamin C, total ascorbic acid.         mg         5.6         0         12         1.7           Thiamin.         mg         0.070         0         12         0.021           Riboflavin.         mg         0.100         0         12         0.030           Niacin.         mg         0.490         0         12         0.030           Niacin.         mg         0.490         0         12         0.149           Pantothenic acid.         mg         0.490         0         12         0.012           Vitamin B-6.         mg         0.040         0         12         2         0.012           Folate, total.         mcg         5         0         NR         4         2         2           Folate, total.         mcg         5         0         NR         4         2         2         6         NC         4         3         4         2         2         6         NC         4         3         4         1         8										· ·	
Selenium, Se		.014	0.014		12		0	0.046		• • •	
Vitamins:         Vitamin C, total ascorbic acid         mg         5.6         0         12         1.7           Thiamin			0.4		•		0	1 4		<u> </u>	
Vitamin C, total ascorbic acid         mg         5.6         0         12         1.7           Thiamin.         mg         0.070         0         12         0.021           Riboflavin.         mg         0.100         0         12         0.030           Niacin.         mg         0.490         0         12         0.149           Pantothenic acid.         mg         0.040         0         12         0.012           Pattain A.         mg         0.040         0         12         0.012           Polate, total.         mcg         0         NC         4         3           Vitamin B-12.         mcg         0         NC         4         18 <th< td=""><td></td><td>.4</td><td>0.4</td><td></td><td>9</td><td>MC</td><td>U</td><td>1.4</td><td>Illog</td><td>Seienium, Se</td></th<>		.4	0.4		9	MC	U	1.4	Illog	Seienium, Se	
Thiamin.         mg         0.070         0         12         0.021           Riboflavin.         mg         0.100         0         12         0.030           Niacin.         mg         0.490         0         12         0.149           Pantothenic acid.         mg         Vitamin B-6.         mg         0.040         0         12         0.012           Polate, total.         mcg         5         0         NR         4         2           Folate, total.         mcg         5         0         NR         4         2           Folate, total.         mcg         5         0         NR         4         2           Folate, food.         mcg         0         NR         4         2         2           Folate, DFE.         mcg         0         NC         4         3         3         Vitamin B-12.         mcg         0.13         0         12         0.04         0         0         4         60         0         0         12         0.04         0         0         18         0         0         18         0         0         18         0         0         12         0         0										<u>Vitamins:</u>	
Riboflavin		.7	1.7		12		0	5.6	mg	Vitamin C, total ascorbic acid	
Niacin.         mg         0.490         0         12         0.149           Pantothenic acid.         mg		.021	0.021		12		0	0.070	mg	Thiamin	
Pantothenic acid		.030	0.030		12		0	0.100	mg	Riboflavin	
Vitamin B-6         mg         0.040         0         12         0.012           Folate, total         mcg         5         0         12         2           Folic acid         mcg         5         0         NR         4         2           Folate, food         mcg         0         0         z         7         0           Folate, food         mcg         0         NC         4         3           Vitamin B-12         mcg         0         NC         4         60           Vitamin A, IU         IU         197         0         NC         4         18           Retinol         mcg         59         0         NR         4         18           Retinol         mg         0         NC         9         0.12           Tocopherol, gamma <td< td=""><td></td><td>.149</td><td>0.149</td><td></td><td>12</td><td></td><td>0</td><td>0.490</td><td>mg</td><td>Niacin</td></td<>		.149	0.149		12		0	0.490	mg	Niacin	
Folate, total									mg	Pantothenic acid	
Folic acid. mcg 5 0 NR 4 2 Folate, food. mcg 0 0 0 Z 7 0 Folate, DFE. mcg_DFE 9 0 NC 4 3 Vitamin B-12 mcg 0.13 0 12 0.04 Vitamin A, IU IU 197 0 NC 4 60 Vitamin A, RAE. mcg_RAE 59 0 NC 4 18 Retinol. mcg 59 0 NR 4 18 Vitamin E (alpha-tocopherol). mg 0.41 0 MC 9 0.12 Tocopherol, beta mg Tocopherol, gamma. mg Tocopherol, delta. mg Vitamin D. IU Vitamin K (phylloquinone). mcg 21.4 0 0 4 6.5  Lipids:  Fatty acids, total saturated 9 1.600 0 12 0.486 4:0. 9 0.000		.012	0.012		12		0	0.040	mg	Vitamin B-6	
Folate, food			2		12		0	5	mcg	Folate, total	
Folate, DFE			2		4	NR	0	5	mcg	Folic acid	
Vitamin B-12         mcg         0.13         0         12         0.04           Vitamin A, IU         IU         197         0         NC         4         60           Vitamin A, RAE         mcg_RAE         59         0         NC         4         18           Retinol         mcg         59         0         NR         4         18           Vitamin E (alpha-tocopherol)         mg         0.41         0         MC         9         0.12           Tocopherol, beta         mg         Tocopherol, gamma         mg           Tocopherol, delta         mg         Vitamin D         U           Vitamin K (phylloquinone)         mcg         21.4         0         0         4         6.5           Lipids:         Fatty acids, total saturated         9         1.600         0         12         0.486           4:0         g         0.000         0         12         0.000						Z	0				
Vitamin A, IU			3		4	NC	0	9	mcg_DFE	Folate, DFE	
Vitamin A, RAE         mcg_RAE         59         0         NC         4         18           Retinol         mcg         59         0         NR         4         18           Vitamin E (alpha-tocopherol)         mg         0.41         0         MC         9         0.12           Tocopherol, beta         mg         Tocopherol, gamma         mg         1 </td <td></td> <td>.04</td> <td>0.04</td> <td></td> <td>12</td> <td></td> <td>0</td> <td>0.13</td> <td></td> <td></td>		.04	0.04		12		0	0.13			
Retinol							-				
Vitamin E (alpha-tocopherol).       mg       0.41       0 MC       9       0.12         Tocopherol, beta.       mg         Tocopherol, gamma.       mg         Tocopherol, delta.       mg         Vitamin D.       IU         Vitamin K (phylloquinone).       mcg       21.4       0 0 4       6.5         Lipids:         Fatty acids, total saturated.       g       1.600       0 12       0.486         4:0.       g       0.000       0 12       0.000											
Tocopherol, beta											
Tocopherol, gamma		.12	0.12		9	MC	0	0.41	mg	Vitamin E (alpha-tocopherol)	
Tocopherol, delta											
Vitamin D.         IU           Vitamin K (phylloquinone)         mcg         21.4         0         0         4         6.5           Lipids:         Fatty acids, total saturated.         g         1.600         0         12         0.486           4:0.         g         0.000         0         12         0.000											
Vitamin K (phylloquinone)         mcg         21.4         0         0         4         6.5           Lipids:         Fatty acids, total saturated         9         1.600         0         12         0.486           4:0         9         0.000         0         12         0.000											
Lipids:     9     1.600     0     12     0.486       4:0		E	6 5		4	^	0	21.4			
Fatty acids, total saturated		.5	6.5		4	U	U	21.4	nicg	Vitamin K (phylloquinone)	
Fatty acids, total saturated       g       1.600       0       12       0.486         4:0       g       0.000       0       12       0.000										Lipids:	
4:0g 0.000 0 12 0.000		.486	0.486		12		0	1.600	g	Fatty acids, total saturated	
6.0		.000	0.000		12		0	0.000		- ·	
• • • • • • • • • • • • • • • • • • • •		.000	0.000		12		0	0.000	g	6:0	
8:0g 0.090 0 12 0.027		.027	0.027		12		0	0.090	g	8:0	
10:0g 0.070 0 12 0.021		.021	0.021						-		
12:0g 0.480 0 12 0.146		.146	0.146		12		0	0.480			
13:0g									-		
14:0g 0.230 0 12 0.070		.070	0.070		12		0	0.230	-		
15:0g									-		
16:0g 0.470 0 12 0.143		.143	0.143		12		0	0.470			
17:0g											
18:0g 0.250 0 12 0.076		.076	0.076		12		0	0.250	g	18:0	
20:0g									g	20:0	
22:0g									g	22:0	
24:0g									g	24:0	

	<u>Ar</u>	mount in 10			ole portio	<u>on</u>	Amount in edible portion of common measures of food		
Nutrients and Units	Mean	Std. Error	Number of Data Points	Deriv	Source Code	Confidence Code	<u>m</u> Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	1.400		0		12		0.426		
14:1g									
15:1g 16:1 undifferentiatedg	0.040		0		12		0.012		
16:1 undifferentiatedg	0.040		U		12		0.012		
17.1	1.340		0		12		0.407		
20:1g	0.010		0		12		0.407		
22:1 undifferentiated	0.000		0		12		0.003		
24:1 c9	0.000		U		12		0.000		
Fatty acids, total polyunsaturated9	0.500		0		12		0.152		
18:2 undifferentiatedg	0.450		0		12		0.137		
18:3 undifferentiated	0.050		0		12		0.015		
18:4g	0.000		0		12		0.000		
20:2 n-6 c.cg									
20:3 undifferentiatedg									
20:4 undifferentiated	0.000		0		12		0.000		
20:5 n-3g	0.000		0		12		0.000		
22:5 n-3g	0.000		0		12		0.000		
22:6 n-3g	0.000		0		12		0.000		
Fatty acids, total transg									
Cholesterol mg	4		0		4		1		
Phytosterolsmg									
Others:									
Alcohol, ethylg	0.0		0		7		0.0		
Caffeinemg	0		0	Z	7		0		
Theobrominemg	0		0	Z	7		0		
<u>Carotenoids:</u>									
Carotene, betamcg	0		0	z	7		0.000		
Carotene, alphamcg	0		0	Z	7		0.000		
Cryptoxanthin, beta mcg	0		0	Z	7		0.000		
Lycopenemcg	0		0	Z	7		0.000		
Lutein + zeaxanthin mcg	0		0	Z	7		0.000		

# **Common Measures:**

Measure 1 = 30.4g: 1 fl oz

Calories Factors: Protein Fat Carbohydrate

Food Group: 03 Baby Foods

		<u>Aı</u>	mount in 100	grams	or ear	ie portio	<u>n</u>	Amount in	edible portion	on of common	
			N	lumber							
Nutrients and Un	its	Mean	Std. Error F			Source Code	Confidence Code	Measure 1	n edible portion neasures of food  Measure 2  0.32 30 125 0.71 0.68 0.11 5.19 0.2 1.15  1 0.04 1 4 21 16 0.04 0.010 2.0  0.4 0.015 0.017 0.092 0.038 0.006 6 5 1 9 0.00 4 1 1 0.01  0.2  0.2  0.277 0.000 0.001 0.01  0.2  0.2  0.32 0.339 0.074	Measure	
Proximates:											
Water		4.50		4		1		1.28	0.32	0.45	
Energy		426		0	NC	4		121	30	43	
Energy	kj	1782				4		505	125	178	
Protein (N x 5.85)	g	10.10		4		1		2.86	0.71	1.01	
Total lipid (fat)		9.70	0.400			1		2.75		0.97	
Ash	g	1.50	0.000	3		1		0.43	0.11	0.15	
Carbohydrate, by difference	g	74.20		0	NC	4		21.04	5.19	7.42	
Fiber, total dietary	g	2.5		0		4		0.7	0.2	0.3	
Sugars, total	g	16.43		0	FLA	4		4.66	1.15	1.64	
Starch	g										
Ainerals:											
Calcium. Ca	ma	20		4		1		6	1	2	
Iron, Fe	• • • • • • • • • • • • • • • • • • • •	0.60		4		1		0.17		0.0	
Magnesium, Mg		14		1		1		4		1	
Phosphorus, P		55		1		1		16		6	
Potassium, K		305		1		1		86		31	
Sodium, Na		232	57.000			1		66		23	
Zinc, Zn	-	0.54		1		1		0.15	0.04	0.0	
Copper, Cu		0.145	i	0		4		0.041	0.010	0.0	
Manganese, Mn	mg										
Selenium, Se	mcg	28.7		0	FLM	4		8.1	2.0	2.9	
litaming											
Vitamins:	ma	5.3		3		1		1.5	0.4	0.5	
Vitamin C, total ascorbic acid Thiamin		0.208		4		1		0.059		0.5	
Riboflavin		0.239		4		1		0.059		0.0	
Niacin		1.319		4		1		0.374		0.0	
Pantothenic acid		0.537		0		4		0.374		0.0	
Vitamin B-6	_	0.082		3		1		0.023		0.0	
Folate, total		87		0	FLM	4		25		9	
Folic acid		67		0	NC	4		19		7	
Folate, food		20		0	110	4		6		2	
Folate, DFE	mca DFF	134		0	NC	4		38		13	
Vitamin B-12		0.00		0	110	4		0.00		0.0	
Vitamin A, IU		58	9.000			1		16		6	
Vitamin A, RAE		16		0	NC	4		4		2	
Retinol		15		0	BNA	4		4		2	
Vitamin E (alpha-tocopherol)		0.18		0	FLA	4		0.05		0.0	
Tocopherol, beta											
Tocopherol, gamma											
Tocopherol, delta											
Vitamin D											
Vitamin K (phylloquinone)		3.0		0	FLA	4		0.9	0.2	0.3	
:-: 3											
<u>ipids:</u>		2 050		2		1		1 100	0 077	0.3	
Fatty acids, total saturated		3.950		0		1		1.120		0.3	
4:0		0.000		0		1		0.000		0.0	
6:0 8:0	_	0.040		2		1		0.000 0.011		0.0	
8:0 10:0	_	0.100		2		1		0.011		0.0	
12:0	-	0.100		2		1		0.028		0.0	
13:0		0.130		_		1		0.037	0.009	0.0	
14:0		0.450	1	2		1		0.128	0 033	0.0	
15:0		0.430		-		-		0.120	0.032	0.0	
16:0		1.980	1	2		1		0.561	0 139	0.1	
17:0		1.500		-		-		0.501	0.133	0.1	
18:0		1.060	1	2		1		0.301	0.074	0.1	
20:0		1.000		-		-		0.501	0.074	0.1	
22:0	_										
24:0	_										

	Amount in 100 grams of edible portion					Amount in edible portion of common		
		Numbe of Data		Source	Confidence	<u>m</u>	easures of food	
Nutrients and Units	Mean	Std. Error Points	Code	Code	Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturatedg	3.840	2		1		1.089	0.269	0.384
14:1g	3.040	_		-		1.009	0.209	0.504
15:1								
16:1 undifferentiated 9	0.100	2		1		0.028	0.007	0.010
17:1g	***	_		_		****		
18:1 undifferentiated	3.730	2		1		1.057	0.261	0.373
20:1g	0.010	1		1		0.003	0.001	0.001
22:1 undifferentiatedg	0.000	0		1		0.000	0.000	0.000
24:1 cg								
Fatty acids, total polyunsaturated	1.290	2		1		0.366	0.090	0.129
18:2 undifferentiatedg	1.160	2		1		0.329	0.081	0.116
18:3 undifferentiatedg	0.110	2		1		0.031	0.008	0.011
18:4g	0.000	0		1		0.000	0.000	0.000
20:2 n-6 c,cg								
20:3 undifferentiatedg								
20:4 undifferentiatedg	0.010	1		1		0.003	0.001	0.001
20:5 n-3g	0.000	0		1		0.000	0.000	0.000
22:5 n-3g	0.000	0		1		0.000	0.000	0.000
22:6 n-3g	0.000	0		1		0.000	0.000	0.000
Fatty acids, total transg								
Cholesterolmg	21	1		1		6	1	2
Phytosterolsmg	31	0		1		9	2	3
Others:								
Alcohol, ethylg	0.0	0		7		0.0	0.0	0.0
Caffeine mg	0	0	FLA	4		0	0	0
Theobromine mg	0	0	FLA	4		0	0	0
Carotenoids:								
Carotene, beta mcg	4	0	BNA	4		1.052	0.260	0.371
Carotene, alphamcg	0	0	BNA	4		0.009	0.002	0.003
Cryptoxanthin, betamcg	1	0	BNA	4		0.190	0.047	0.067
Lycopene mcg	0	0	FLA	4		0.033	0.008	0.012
Lutein + zeaxanthin mcg	16	0	FLA	4		4.634	1.144	1.634

# **Common Measures:**

Measure 1 = 28.35g: 1 oz Measure 2 = 7.0g: 1 piece Measure 3 = 10.0g: 1 rusk

Calories Factors: Protein 4 Fat 8.4 Carbohydrate 4.1

Food Group: 03 Baby Foods