

Machine Learning Coursera Class Project

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Project Description

“The goal of this project is to predict the manner in which an individual did a weight lifting exercise. The data was obtained from accelerometers on the belt, forearm, arm, and dumbbell of 6 participants. Participants were asked to perform one set of 10 repetitions of the Unilateral Dumbbell Biceps Curl in five different fashions: exactly according to the specification (Class A), throwing the elbows to the front (Class B), lifting the dumbbell only halfway (Class C), lowering the dumbbell only halfway (Class D) and throwing the hips to the front (Class E). Class A corresponds to the specified execution of the exercise, while the other 4 classes correspond to common mistakes.” Exercise description and Data collection was taken from <http://groupware.les.inf.puc-rio.br/public/papers/2013.Velloso.QAR-WLE.pdf> (<http://groupware.les.inf.puc-rio.br/public/papers/2013.Velloso.QAR-WLE.pdf>) and <http://groupware.les.inf.puc-rio.br/har> (<http://groupware.les.inf.puc-rio.br/har>) (see the section on the Weight Lifting Exercise Dataset).

Coursera Class Test Data Limitations and Class Quiz Response

The test data set given in the Machine Learning Course Project for testing the trained model was not accurately selected for the following reasons:

1. The data is collected in the time domain and hence by merely observing the time stamp of the test data, one could predict the “class” or exercise routine a particular participant was following with 100% accuracy, so no model is required but a simple correlation between the train and test data using the variable “raw_timestamp_part_1”.
2. The test data does not include the covariates used in the trained data, such as average, standard deviation, kurtosis, max, or min values. Without these covariates in the test data, one could not verify the trained model since there is only one test data point provided per participant and class so the average, min, max, kurtosis, etc., covariates cannot be calculated.

Below, I show an example of the test data provided in class and the code I used to obtain the project quiz answers. In the following sections, I propose a new distribution of the train and test data and the models created with this new data distribution.

```
##      X user_name raw_timestamp_part_1 raw_timestamp_part_2 cvtd_timestamp
## 1 1      pedro          1323095002          868349 5/12/2011 14:23
##      new_window num_window roll_belt pitch_belt yaw_belt total_accel_belt
## 1      no          74          123          27      -4.75          20
##      kurtosis_roll_belt kurtosis_pitch_belt kurtosis_yaw_belt
## 1              NA              NA              NA
##      skewness_roll_belt skewness_roll_belt.1 skewness_yaw_belt max_roll_belt
## 1              NA              NA              NA              NA
##      max_pitch_belt max_yaw_belt
## 1              NA              NA
```

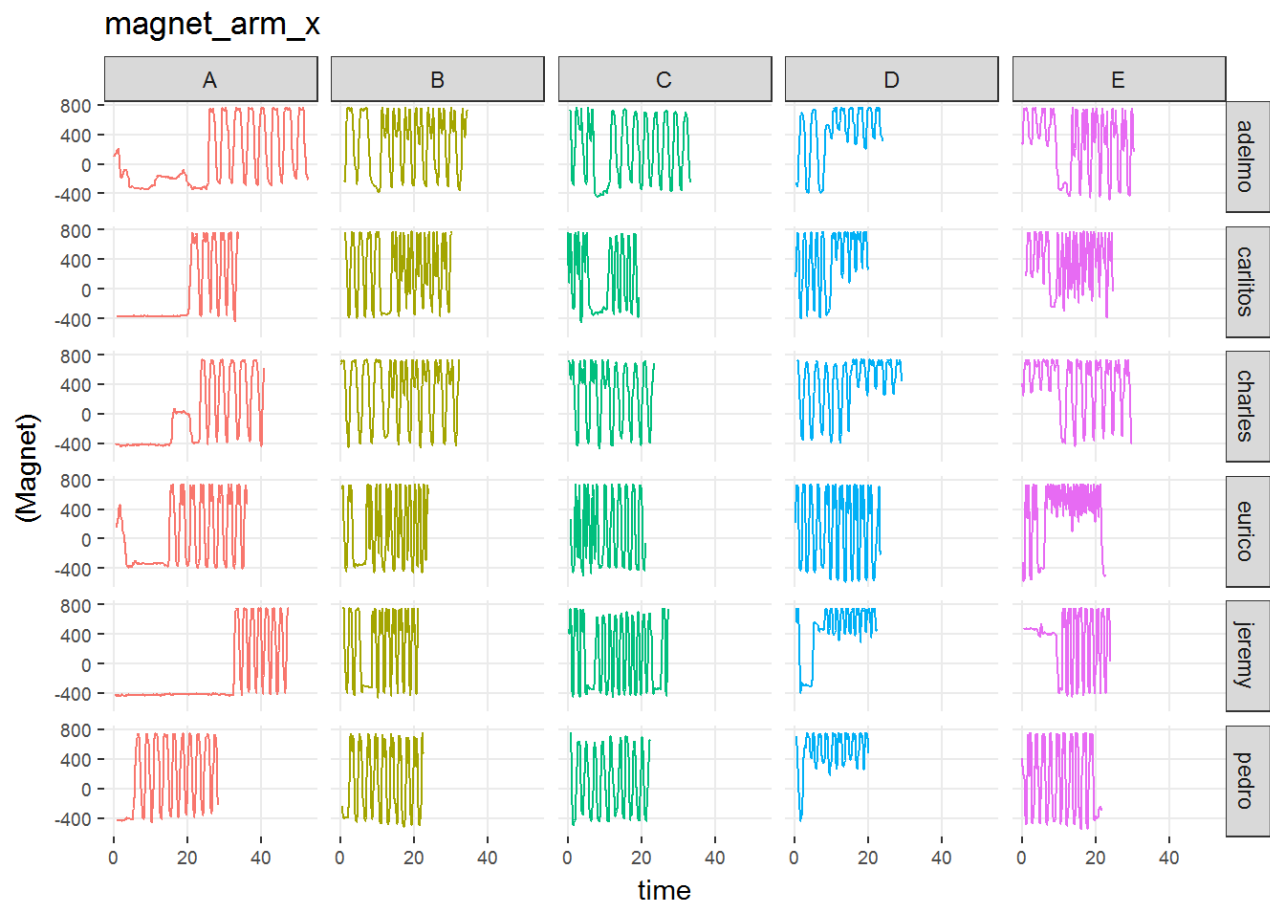
```
Pre_answer<-merge(test_simple,dat_simple,by=c("raw_timestamp_part_1")) #alignin
g test with training data by timestamp1
answer<-Pre_answer[,c("X","classe")]
answer<-answer[order(answer$X),]
colnames(answer)<-c("Question", "Answer")
rownames(answer) <- NULL
answer[1:4,]
```

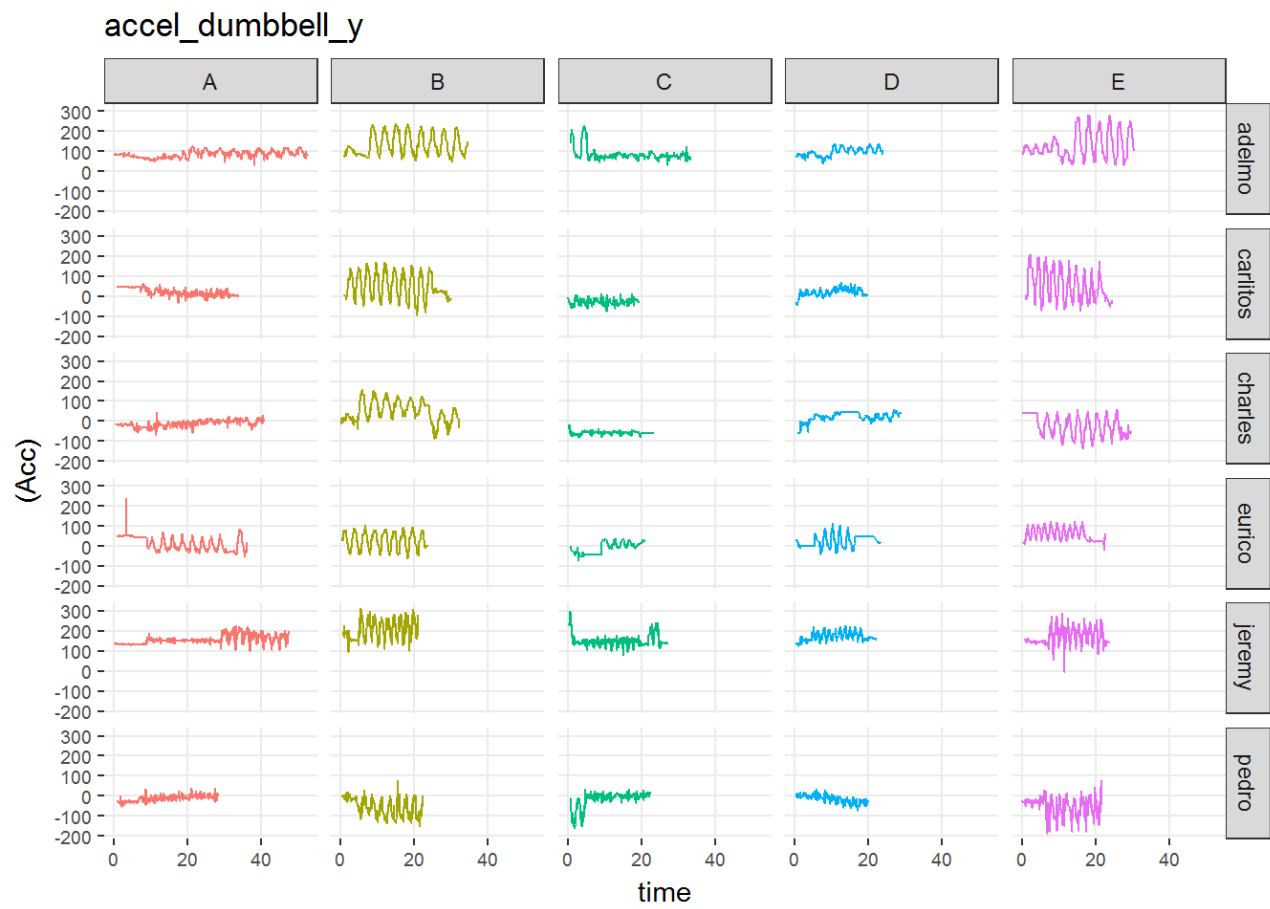
```
##      Question Answer
## 1          1      B
## 2          2      A
## 3          3      B
## 4          4      A
```

```
#partial answers provided to prevent copying
```

Data Exploration

The trained data included two variables called “raw_timestamp_part_1” and “raw_timestamp_part_2”, although I could not find its units description, based on the continuity of the data, I assumed that “raw_timestamp_part_1” had an integer unit (like seconds) and that raw_timestamp_part_2 was in $1/10^6$ of that unit (like microseconds). In the authors pdf document, it is mentioned that the data was taken at 45Hz sampling rate, I tried this assumption initially but because there is no information on the Bluetooth data packet transmission and overall data collection, I defaulted to use the rawtimestamps provided in their document with the units of seconds and microseconds. So when the data is plotted over time, then one could observe the repetitions done by each individual for each class (see plots for “magnet_arm_x” and “accel_dumbbell_y”)





Proposed Train and Test set

Since the objective of the project is to identify the “class” of the exercise being performed by an individual and because the data has continuous cycles (patterns) in the time domain, I assumed that those cycles shall be included in the test data. So, I assumed the test data to be the data of one participant. In this report, I used “carlitos” test data to identify the best model strategy. I verify the model’s accuracy with the selected “carlitos” test set. Following up, I decided to test the model strategy in the case that other users were selected as the test set. Since it was easy to do, I try each of the 6 users for the final model selection.

```
#####
# Test data = "Carlitos" data
Aver_Train<-subset(Aver_All, !Aver_All$user_name=="carlitos")
Aver_Test<-subset(Aver_All, Aver_All$user_name=="carlitos")
Aver_Train2<-Aver_Train[,-1] #removing user name from model prediction evaluation
Aver_Test2<-Aver_Test[,-1]
```

Model Comparison

Random forest is the first model tested, its accuracy and a list of the variable importance is shown

below.

```
#####
#Basic Random Forest
set.seed(62433)
ForestTrain <- train(classe ~ ., method="rf", data=Aver_Train2)
predRF<-predict(ForestTrain,Aver_Test2)
table(predRF,Aver_Test2$classe)
```

```
##
## predRF A B C D E
##      A 0 0 0 0 0
##      B 0 1 0 0 0
##      C 1 0 1 1 0
##      D 0 0 0 0 0
##      E 0 0 0 0 1
```

```
cm<-confusionMatrix(data=predRF, Aver_Test2$classe); overall <- cm$overall; ove
rall
```

```
##      Accuracy      Kappa  AccuracyLower  AccuracyUpper  AccuracyNull
##      0.6000000      0.5000000      0.1466328      0.9472550      0.2000000
## AccuracyPValue  McNemarPValue
##      0.0579200      NaN
```

```
varImp(ForestTrain)
```

```
## rf variable importance
##
##   only 20 most important variables shown (out of 63)
##
##                                     Overall
## magnet_belt_y.sd                  100.00
## accel_dumbbell_y.sd              80.62
## magnet_arm_z.mean                70.41
## gyros_belt_z.Difmxmn             60.78
## magnet_arm_x.mean                56.81
## magnet_belt_z.sd                 45.92
## magnet_belt_y.Difmxmn            38.26
## gyros_belt_z.sd                  36.45
## magnet_belt_z.Difmxmn            30.11
## magnet_arm_z.Difmxmn             23.31
## magnet_dumbbell_x.sd             22.93
## accel_dumbbell_x.sd              22.20
## accel_forearm_y.sd              22.12
## magnet_forearm_x.mean            20.72
## accel_dumbbell_y.Difmxmn         18.55
## magnet_arm_x.sd                  17.94
## magnet_dumbbell_z.sd             17.43
## accel_arm_z.sd                   12.47
## accel_arm_z.Difmxmn              12.32
## magnet_arm_y.sd                  10.65
```

```
#####
```

Adding new variables and repeating basic random forest

In order to improve the variable importance scoring, I included a set of covariates evaluated with the spectral package, which uses the fast fourier transformation to obtain fundamental frequencies and their magnitudes. Hence the new covariates included the mean frequency and the maximum magnitude.

```
#####
AvFreq_Amp<- function(x,y){
  Spec_X<-spec.fft(y=y, x=x) # applying fast fourier transform
  AvFreq<-mean(Spec_X$fx) # collecting the mean frequency
  Mag_X<-sqrt(Re(Spec_X$A)^2+Im(Spec_X$A)^2) #calculating the magnitude
  MaxA<-max(Mag_X) #selecting the maximum magnitude
  result<-data.frame("FreqMean"=AvFreq*100000,"Mag"=MaxA)
  return(result)}
```

This function is applied to all the corresponding signals, with x =time, and y =magnet_arm_x for example, with outputs defined as “FreqmagArmX” and “AmpmagArmX”, steps not shown. As the new variable list below shows, there was a slight increase on the variables overall contribution showing Frequency and maximum magnitude (Amp) appearing with higher importance over previous variables. Nevertheless, after running the random forest model with this new variables, the accuracy did not increase over 60%. Hence, I tried new models as shown in following sessions.

```
## rf variable importance
##
##   only 20 most important variables shown (out of 85)
##
##                                     Overall
## magnet_belt_y.sd                   100.00
## accel_dumbbell_y.sd                79.28
## gyros_belt_z.Difmxmn               74.59
## magnet_arm_z.mean                  65.49
## magnet_belt_z.sd                   60.64
## gyros_belt_z.sd                    58.57
## magnet_arm_x.mean                  48.30
## magnet_belt_z.Difmxmn              47.72
## magnet_belt_y.Difmxmn              36.31
## magnet_dumbbell_x.sd               35.91
## accel_dumbbell_x.sd                35.15
## accel_forearm_y.sd                23.42
## FreqmagFarmX                       23.16
## accel_dumbbell_y.Difmxmn           23.03
## magnet_arm_x.sd                    23.00
## FreqmagArmZ                        22.77
## FreqGBeltZ                         22.10
## FreqpitchDB                        21.44
## FreqmagBDBX                        20.63
## FreqaccArmX                        20.36
```

```
##      Accuracy      Kappa  AccuracyLower  AccuracyUpper  AccuracyNull
##      0.6000000      0.5000000      0.1466328      0.9472550      0.2000000
## AccuracyPValue  McNemarPValue
##      0.0579200      NaN
```

Basic LDA model

In the Machine Learning class, we learned about the Linear Discriminant Analysis (LDA) model, for preliminary information see https://en.wikipedia.org/wiki/Linear_discriminant_analysis (https://en.wikipedia.org/wiki/Linear_discriminant_analysis). As shown in the table and accuracy results, this model overperformed the random forest model.

```
#####
# Reverting to "Carlitos" test data without frequency variables
Aver_Train<-subset(Aver_All2, !Aver_All2$user_name=="carlitos")
Aver_Test<-subset(Aver_All2, Aver_All2$user_name=="carlitos")
Aver_Train2<-Aver_Train[,-1] #removing user name from model prediction evaluation
Aver_Test2<-Aver_Test[,-1]
set.seed(62433)
ldaTrain <- train(classe ~ ., method="lda", data=Aver_Train2)
predlda1<-predict(ldaTrain,Aver_Test2)
table(predlda1,Aver_Test2$classe)
```

```
##
## predlda1 A B C D E
##          A 0 0 0 0 0
##          B 0 1 0 0 0
##          C 1 0 1 0 0
##          D 0 0 0 1 0
##          E 0 0 0 0 1
```

```
cm_lda<-confusionMatrix(data=predlda1, Aver_Test2$classe); overall_lda <- cm_lda$overall; overall_lda
```

```
##          Accuracy          Kappa  AccuracyLower  AccuracyUpper  AccuracyNull
##          0.8000000          0.7500000          0.2835821          0.9949492          0.2000000
## AccuracyPValue  McnemarPValue
##          0.0067200              NaN
```

PCA and LDA model

Testing the orthogonalized variables (PCA) with the LDA model. As shown below, the variable orthogonalization improved the LDA model response to reach 100% accuracy for the selected test data. To further test the efficacy of this model, I modified the train and test set to a new user as shown in the next sections.

```
#With PCA, thresh = 0.9
preProc <- preProcess(Aver_Train2[,-1],method="pca",thresh = 0.9)
trainPC <- predict(preProc,Aver_Train2[,-1]) # removing "classe" so it is not orthogonalized with the others
trainPC$classe<-Aver_Train2$classe # adding "classe" back
modelFit <- train(classe ~ .,method="lda",data=trainPC)
testPC <- predict(preProc,Aver_Test2[,-1])
table(predict(modelFit,testPC),Aver_Test2$classe)
```



```
##
##      A B C D E
##      A 1 0 0 0 0
##      B 0 1 0 0 0
##      C 0 0 1 0 0
##      D 0 0 0 1 0
##      E 0 0 0 0 1
```

```
cm_lda2<-confusionMatrix(Aver_Test2$classe,predict(modelFit,testPC)); overall_1
da2 <- cm_lda2$overall; overall_lda2
```

```
##      Accuracy      Kappa AccuracyLower AccuracyUpper AccuracyNull
##      1.0000000      1.0000000      0.4781762      1.0000000      0.2000000
## AccuracyPValue McNemarPValue
##      0.0003200              NaN
```

What if “charles” data was used for test set instead?

In this portion I selected " Charles" user_name for the new test set to evaluate the accuracy of the PCA and LDA model. With “charles” data as test set, the model’s accuracy decreased to 80%.

```
##
##      A B C D E
##      A 1 0 0 0 0
##      B 0 1 0 0 0
##      C 0 0 1 0 0
##      D 0 0 0 1 1
##      E 0 0 0 0 0
```

```
##      Accuracy      Kappa AccuracyLower AccuracyUpper AccuracyNull
##      0.8000000      0.7500000      0.2835821      0.9949492      0.4000000
## AccuracyPValue McNemarPValue
##      0.0870400              NaN
```

What if “pedro” data was used for test set instead?

In this portion I selected “pedro” user_name for the new test set to evaluate the accuracy of the PCA and LDA model. With “pedro” data as test set, the model’s accuracy decreased to 40%.

```
##
##      A B C D E
##      A 0 0 0 0 0
##      B 1 1 0 0 1
##      C 0 0 1 0 0
##      D 0 0 0 0 0
##      E 0 0 0 1 0
```

```
##      Accuracy      Kappa  AccuracyLower  AccuracyUpper  AccuracyNull
##      0.40000000      0.25000000      0.05274495      0.85336720      0.60000000
## AccuracyPValue  McNemarPValue
##      0.91296000      NaN
```

What if “adelmo” data was used for test set instead?

In this portion I selected “adelmo” user_name for the new test set to evaluate the accuracy of the PCA and LDA model. With “adelmo” data as test set, the model’s accuracy reached 100%.

```
##
##      A B C D E
##      A 1 0 0 0 0
##      B 0 1 0 0 0
##      C 0 0 1 0 0
##      D 0 0 0 1 0
##      E 0 0 0 0 1
```

```
##      Accuracy      Kappa  AccuracyLower  AccuracyUpper  AccuracyNull
##      1.00000000      1.00000000      0.4781762      1.00000000      0.20000000
## AccuracyPValue  McNemarPValue
##      0.0003200      NaN
```

What if “eurico” data was used for test set instead?

In this portion I selected “eurico” user_name for the new test set to evaluate the accuracy of the PCA and LDA model. With “eurico” data as test set, the model’s accuracy decreased to 40%.

```
##
##      A B C D E
##      A 0 0 0 0 0
##      B 1 1 1 0 0
##      C 0 0 0 0 0
##      D 0 0 0 0 0
##      E 0 0 0 1 1
```

```
##      Accuracy      Kappa  AccuracyLower  AccuracyUpper  AccuracyNull
##      0.40000000      0.25000000      0.05274495      0.85336720      0.60000000
## AccuracyPValue  McnemarPValue
##      0.91296000      NaN
```

What if “jeremy” data was used for test set instead?

In this portion I selected “jeremy” user_name for the new test set to evaluate the accuracy of the PCA and LDA model. With “jeremy” data as test set, the model’s accuracy reached 100%.

```
##
##      A B C D E
##      A 1 0 0 0 0
##      B 0 1 0 0 0
##      C 0 0 1 0 0
##      D 0 0 0 1 0
##      E 0 0 0 0 1
```

```
##      Accuracy      Kappa  AccuracyLower  AccuracyUpper  AccuracyNull
##      1.00000000      1.00000000      0.4781762      1.00000000      0.20000000
## AccuracyPValue  McnemarPValue
##      0.0003200      NaN
```

Conclusions

In this report a solution for the coursera test set was provided without the need of using a model but a timestamp correlation. Therefore a new test set was proposed in which the data from one of the participants could be used as test set. A set of covariates were calculated for the train and test sets that included mean value, standard deviations, max-min, mean frequency and max frequency amplitude. The model that best worked for all the selected test sets was a combination of Principal Component Analysis (PCA) method with the Latent Dirichlet allocation (LDA) model. The model reached 100% when “carlitos”, “adelmo”, or “jeremy” were used as test sets. It reached 80% accuracy when “charles” was used as the test set, and 40% accuracy when “eurico” or “pedro” were used as the test set. For the low accuracy users, “classe” B was overfitted with the models having difficulty differentiating “classe” B

from A, the correct way of doing the exercise. With this model strategy, a feature could be designed such that it alerts the user of possible set up error or poor exercise performance to repeat/improve the data collection. Nevertheless, it is impressive that for three of the test sets, the accuracies reached 100% with training data of only 5 participants.