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Sports Injuries BUS 290 - Fall 2023

Sports are a vital part of many children’s lives. However, when deciding which sport a child should play, numerous factors must be considered. Perhaps one of the most important

would be the risk of injury. There are many ways to guess which sport might be the most dangerous. Thankfully, George Washington University conducted a study that encapsulates the problem well. The university used “Data from the National Health School Sports-Related Injury Surveillance Study, High School RIO (Reporting Information Online), which collects injury data from 100 nationally representative high schools” from the academic years 2015-2019. The data in these bar charts belongs to a table in the George Washington University study. Each bar chart measures the number of injuries per 1,000 athlete exposures

sorted by sport. The first is for boys and the second for girls. The study defines athletic exposure

Injury Rate/1,000 Athlete Exposures (Boys)

Sport Type

Sport Type	Injury Rate/1,000 Athlete Exposures (Boys)
Boys Football	4.0
Boys Wrestling	2.4
Boys Soccer	1.8
Boys Basketball	1.6
Boys Baseball	0.9