

**Objectives:**

1. To help students distinguish between values and skills, and understand the need, basic guidelines, content and process of value education.
2. To help students initiate a process of dialog within themselves to know what they 'really want to be' in their life and profession
3. To help students understand the meaning of happiness and prosperity for a human being.
4. To facilitate the students to understand harmony at all the levels of human living, and live accordingly.
5. To facilitate the students in applying the understanding of harmony in existence in their profession and lead an ethical life

**Course Outcome:**

On completion of this course, the students will be able to

1. Understand the significance of value inputs in a classroom, distinguish between values and skills, understand the need, basic guidelines, content and process of value education, explore the meaning of happiness and prosperity and do a correct appraisal of the current scenario in the society
2. Distinguish between the Self and the Body, understand the meaning of Harmony in the Self the Co-existence of Self and Body.
3. Understand the value of harmonious relationship based on trust, respect and other naturally acceptable feelings in human-human relationships and explore their role in ensuring a harmonious society
4. Understand the harmony in nature and existence, and work out their mutually fulfilling participation in the nature.
5. Distinguish between ethical and unethical practices, and start working out the strategy to actualize a harmonious environment wherever they work.

**Catalogue Description**

Every human being has two sets of questions to answer for his life: a) what to do? and, b) how to do?. The first set pertains to the value domain, and the other to the skill domain. Both are complimentary, but value domain has a higher priority. Today, education has become more and more skill biased, and hence, the basic aspiration of a human being, that is to live with happiness and prosperity, gets defeated, in spite of abundant technological progress. This course is aimed at giving inputs that will help to ensure the right understanding and right feelings in the students in their life and profession, enabling them to lead an ethical life. In this course, the students learn the process of self-exploration, the difference between the Self and the Body, the naturally acceptable feelings in relationships in a family, the comprehensive human goal in the society, the mutual fulfillment in the nature and the co-existence in existence. As a natural outcome of such inputs, they are able to evaluate an ethical life and profession ahead.

## UNIT-1

### Course Introduction - Need, Basic Guidelines, Content and Process for Value Education

Understanding the need, basic guidelines, content and process for Value Education, Self-Exploration—what is it? - its content and process; 'Natural Acceptance' and Experiential Validation- as the mechanism for self exploration, Continuous Happiness and Prosperity- A look at basic Human Aspirations, Right understanding, Relationship and Physical Facilities- the basic requirements for fulfillment of aspirations of every human being with their correct priority, Understanding Happiness and Prosperity correctly- A critical appraisal of the current scenario, Method to fulfill the above human aspirations: understanding and living in harmony at various levels.

## UNIT-2

### Understanding Harmony in the Human Being - Harmony in Myself

Understanding human being as a co-existence of the sentient 'I' and the material 'Body'; Understanding the needs of Self ('I') and 'Body' - Sukh and Suvidha, Understanding the Body as an instrument of 'I' (I being the doer, seer and enjoyer), Understanding the characteristics and activities of 'I' and harmony in 'I', Understanding the harmony of I with the Body: Sanyam and Swasthya; correct appraisal of Physical needs, meaning of Prosperity in detail, Programs to ensure Sanyam and Swasthya.

## UNIT-3

### Understanding Harmony in the Family and Society- Harmony in Human-Human Relationship

Understanding harmony in the Family- the basic unit of human interaction, Understanding values in human-human relationship; meaning of Nyaya and program for its fulfillment to ensure Ubhay-tripti; Trust (Vishwas) and Respect (Samman) as the foundational values of relationship, Understanding the meaning of Vishwas; Difference between intention and competence, Understanding the meaning of Samman, Difference between respect and differentiation; the other salient values in relationship, Understanding the harmony in the society (society being an extension of family): Samadhan, Samridhi, Abhay, Sah-astiiva as comprehensive Human Goals, Visualizing a universal harmonious order in society- Undivided Society (AkhandSamaj), Universal Order (Sarvabhaum Vyavastha )- from family to world family!.

## UNIT-4

### Understanding Harmony in the Nature and Existence - Whole existence as Co-existence

Understanding the harmony in the Nature, Interconnectedness and mutual fulfillment among the four orders of nature- recyclability and self-regulation in nature, Understanding Existence as Co-existence (Sah-astiiva) of mutually interacting units in all-pervasive space, Holistic perception of harmony at all levels of existence.

## UNIT-5

### Implications of the above Holistic Understanding of Harmony on Professional Ethics

Natural acceptance of human values, Definitiveness of Ethical Human Conduct, Basis for Humanistic Education, Humanistic Constitution and Humanistic Universal Order, Competence in Professional Ethics: a) Ability to utilize the professional competence for augmenting universal human order, b) Ability to identify the scope and characteristics of people-friendly and eco-friendly

production systems, technologies and management models, Case studies of typical holistic technologies, management models and production systems, Strategy for transition from the present state to Universal Human Order: a) At the level of individual: as socially and ecologically responsible engineers, technologists and managers, b) At the level of society: as mutually enriching institutions and organizations.

**Text Books:**

1. R R Gaur, R Sangal, G P Bagaria, 2009, A Foundation Course in Human Values and Professional Ethics.

**References:**

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2. E.F. Schumacher, 1973, Small is Beautiful: a study of economics as if people mattered, Blond & Briggs, Britain.
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8. Subhas Palekar, 2000, How to practice Natural Farming, Pracheen (Vaidik) KrishitamraShodh, Amravati.
9. E G Seebauer & Robert L. Berry, 2000, Fundamentals of Ethics for Scientists & Engineers , Oxford University Press
10. M Govindrajran, S Natrajan & V.S. Senthil Kumar, Engineering Ethics (including Human Values), Eastern Economy Edition, Prentice Hall of India Ltd.
11. B P Banerjee, 2005, Foundations of Ethics and Management, Excel Books.
12. B L Bajpai, 2004, Indian Ethos and Modern Management, New Royal Book Co., Lucknow. Reprinted 2008.

**Mode of Evaluation:**

Assignment/ Seminar/Continuous Assessment Test/Semester End Exam

Every human being has 2 set of questions to answer in life - (3)  
 a) what to do b) how to do.

The first set pertains to the value education domain + other to the skill domain. Both are complementary but value domain has a higher priority. Today, education has become more skill based & hence the basic aspiration of human being, that is to live with happiness & prosperity, gets defeated in spite of abundant technological progress.

This course is aimed at giving inputs that will help to ensure the right understanding & right feelings in the students in their life & profession, enabling them to lead an ethical life. In this course, students learn

- the process of self-expression, the
- the difference b/w self & body
- the naturally acceptable feelings in family, the
- the comprehensive human goal in the society,
- the mutual fulfillment in the nature
- the co-existence in existence

As a natural outcome of such inputs, they are able to evaluate the ethical life & profession ahead.

## UNIT I - INTRODUCTION TO VALUE EDUCATION

### Understanding Value Education

Value means importance + education means knowledge,  
therefore value education means knowledge of importance.

In other words → when we get the knowledge of importance  
of anything, importance of human being, importance  
of us as human being, then we have value education.

→ VE deals with what is universally valuable to us,  
what is conducive to our individual & collective happiness  
& prosperity in a sustainable way.

### SIGNIFICANCE OF VALUE EDUCATION

⇒ Value Education is important to help everyone in improving  
the value system that he/she holds & puts it to use.  
Once, one has understood his/her values in life he/she  
can examine & control the various choices he/she makes in  
his/her life.

⇒ One has to frequently uphold the various types of values in  
his/her life such as cultural values, universal values,  
personal values & social values.

⇒ VE is always essential to shape one's life & to give  
one an opportunity of performing on the global stage.

⇒ Need for VE among parents, childrens, teachers etc is  
constantly increasing as we continue to witness  
increasing violent activities, behavioural disorders &  
lack of unity in the society, etc.

⇒ VE enables us to understand our needs & visualize our  
goals correctly & also indicate the direction for  
their fulfillment.

⇒ VE helps remove our confusions & contradictions & enables us to rightly utilize the technological innovation

### The role of value education

VE plays a very important role in creating a better society, more ethical organizations & groups & better human beings.

1) VE can help build human beings who possess strength, integrity & fortitude; (courage & patience by some one who is in pain difficulties)

2) VE builds the values of cooperation & peace as well as tolerance

3) Efficiency can step up if a person possesses the right values. This may include punctuality, keeping one's word, professionalism, lack of bias or prejudice etc.

4) Creating cordial relationships between people by encouraging the values of respect, love & affection.

5) Promoting personality development & social cohesion.

6) Regeneration values of national pride & integration towards nation-building.

7) Building character in the young people who will lead the country in the future.

8) Promoting harmony between nations & creating a peaceful world order.

9) Identifying the core universal values of:

- a) Truth (satya)
- b) Righteous conduct (dharma)
- c) Peace (shanti)
- d) Love (prema)
- e) Non-violence (ahimsa)

To help create a foundation of the quality of life & strike a balance between external & internal values.  
thus value education can play a significant role in the betterment of individuals, groups & society at large.

### Purposes of Value Education

In short ~~to~~ ~~to~~ ~~to~~

Fostering universal core values  
- Integrity  
- Discipline  
- Justice

Developing values in individuals

- Physical
- Emotional
- Intellectual
- Spiritual
- Moral
- Aesthetic

Promoting values in society  
leading to individual & societal transformation

Creating a holistic education system

VALUE EDUCATION

Fig. 1 : The Purposes of Value Education.

### Need for value Education

1) Correct identification of our aspirations :-

The subject which enables us to understand 'what is valuable' for human happiness is called 'value education' (VE).

thus VE enables us to understand our needs & visualize our goals correctly & also indicate the direction for their fulfilment. It also helps to remove our confusion & contradictions & bring harmony at all levels.

## 2) Understanding Universal Human Values to fulfil our aspirations in continuity:-

Values form the basis for all our thoughts, behaviours & actions. Once we know what is valuable to us, these values become the basis, the anchor for our actions.

We also need to understand the universality of various human values, because only then we can have a definite & common program for value education. Then only we can be assured of a happy & harmonious human society.

## 3) Complementarity of values & skills:-

To fulfil our aspirations both values & skills are necessary. When we identify & set the right goals & proceed in right direction. This is known as "VALUE DOMAIN", the domain of wisdom, and when we learn & practice to actualize this goal to develop the techniques to make this happen in real life, in various dimensions of human endeavour (struggle). This is known as DOMAIN OF SKILLS.

Hence, there is an essential complementarity between values & skills for the success of any human endeavour.

For eg.,

I want to lead a healthy life. Only wishing for good health will not help me keep my body fit & healthy & without having understood the meaning of health, I will not be able to choose things correctly to keep my body fit & healthy.



4)

EVALUATION OF OUR BELIEFS:

Each one of us believes in certain things & we base our values on these beliefs, be they false or true which may or may not be true in reality. These beliefs come to us from what we read, see, hear, what our parents tell us, our friends talk about, what the magazines talk of, what we see from TV etc. Value Education helps us to evaluate our beliefs & assumed values.

5)

Technology & human Values

The present education system has become largely skill based. The prime emphasis is on science & technology. However science & technology can only help to provide the means to achieve what is considered valuable.

It is not within the scope of science & technology to provide the competence of deciding what really is valuable.

VE is a crucial missing link in the present education system. Because of this deficiency, most of our efforts may prove to be counterproductive & serious crises at the individual, societal & environmental level are manifesting.

Hence, there is a strong need to rectify this situation.



## ✓ Basic Guidelines for Value Education

In order to qualify for any course on value education, the following guidelines for the content of the course are important:

- i) Universal :- It needs to be applicable to all the human beings irrespective of cast, creed, nationalities, religion, etc... for all times & regions.
- ii) Rational :- It has to appeal to human reasoning. It has to be <sup>rationale</sup> amenable to reasoning & not based on dogmas or blind beliefs.
- iii) Natural & Verifiable :- It has to be naturally acceptable to the human being who goes through the course & when we live on the basis of such values it leads to our happiness. It needs to be ~~superior~~ experientially verifiable, and not based on dogmas, beliefs or assumptions.
- iv) All encompassing : Value education is aimed at transforming our consciousness & living. Hence, it needs to cover all the dimensions (thought, behaviour, work & realization) & levels (individual, family, society, nature & existence) of human life & profession.
- v) Leading to harmony : The value education ultimately is targeted to promote harmony within the individual, among human beings & with nature.

- Content of Value Education
- The scope of value education includes all dimensions (thoughts, behaviour, work & realization) & all levels (individual, family, society & nature - existence).
- Accordingly, the content of value education will be understand and myself, my aspirations, my happiness; understand and the goal of human life comprehensively, understand the other entities in nature, the innate inter-connectedness, the co-existence in the nature-existence & finally the role of human being in this nature/existence entirely.
- Hence, it has to encompass understanding of harmony at various levels & finally, learning to live in accordance with this understanding by being vigilant to one's thoughts, behaviour & work.

### Process of Value Education

- The process for VE has to be that of self-exploration & not of giving sermons or telling do's & don'ts. Whatever is found as truth or relativity may be stated as a proposal & everyone is to be encouraged to verify it on his/her own right.
- Various aspects of reality facilitating the understanding of human values will be presented as proposals. We need to verify these proposals for ourself & examine our living in this light.
- In other words, the process of VE adopted here is that of self-exploration which includes two things:
- i) verification at the level of natural acceptance
  - ii) experiential validation in living.

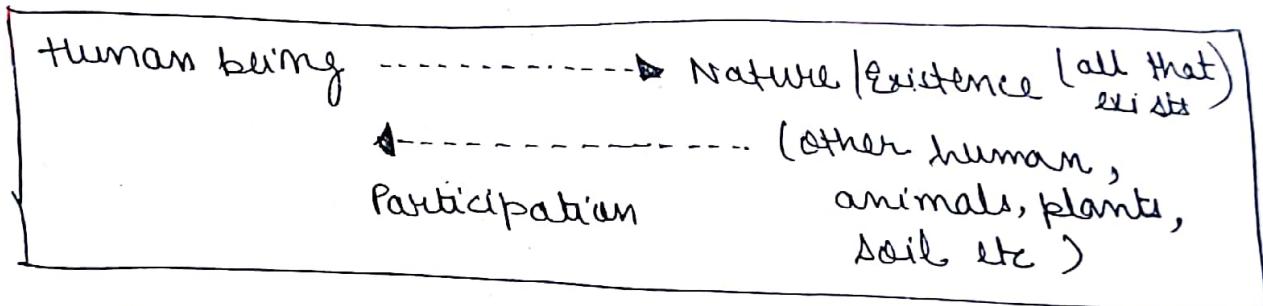
### Conclusion:

VE is required to correctly identify our basic aspirations, understand the values that enable us to fulfil our basic aspirations, ensure the complementarity of values & skills & to properly evaluate our beliefs. It also facilitates the development of appropriate technology & its right utilization for human welfare.

### ~~✓~~ SELF Exploration

~~✓~~ Self exploration is the process to find out what is valuable to me by investigating within myself, what is right for me, true for me, has to be judged within myself. Through self exploration we get the value of ourself.

→ The value of any entity is its participation in the larger order. In the case of human being, to understand what is valuable, we need to study ourselves & the "larger order" around us, which is everything around us.



We live with this entity (family, friends, air, soil, water, trees, etc) & we want to understand our relationship with all these.

For this, I need to start observing inside. what we are doing is we are observing outside but not inside ("what I feel when I saw this")

## Meaning & Purpose of self expression

1. It is a process of dialogue between "what you are" and "what you really want to be":
  - It is a process of focusing attention on oneself, our present beliefs and aspirations vis-à-vis what we really want to be (that is to say, what is naturally acceptable to us)
  - If these two are the same, then there is no problem.  
If on investigation we find that these two are not the same, then it means we are living with this contradiction. (if not being what we really want to be)  
+ hence we need to resolve this contradiction/this conflict within us.
  - It is a process of discovering that there is something innate, invariant & universal in all human beings. This enables us to look at our confusions & contradictions within & resolve them by becoming aware of our natural acceptance.

## 2. It is a process of self evaluation through self investigation:-

- It successively enables us to evolve by bridging the gap between 'what we are' and 'what to be'. Hence, the self expression leads to our own improvement, our self evolution - we will become qualitatively better.

## 3. It is a process of knowing oneself + through that, knowing the entire existence :-

- The exploration starts by asking the simple questions about oneself, which gives one clarity.

about being & then clarity about everything around us.

4. It is a process of recognizing one's relationship with every unit in existence fulfilling it:-

→ It is a process of becoming aware about our right relationship with other entities in existence & through that discovering the interconnectedness, co-existence & other in the entire existence & living accordingly.

5. It is a process of knowing human conduct, human character & living accordingly.

It is process of discovering the definitiveness of human conduct & human character & enabling one to be definite in thought, behavior & work.

6. It is a process of being in harmony in oneself & in harmony with entire existence.

This process of self exploration helps us to be in harmony with oneself & with everything around.

7. It is a process of identifying our innateness & moving towards self organization & self expression.

(This process of self exploration helps us to identify our swatva & through that acquiring swatantrata & swarajya)

swatva: Innateness of self - The natural acceptance of harmony

swatantrata: Being self-organized - Being in harmony with oneself.

swarajya: Self-expression, self extension - living in harmony with others.

(7)

The Sutra is already there intact in each one of us. By being in dialogue with it, we attain Swarajya enabling us to work for swarajya.

### Content of self exploration

- 1. Desire/goal: what is my (human) desire/goal?
- 2. Program: what is my (human) program for fulfilling the desire?

→ The main focus of self-exploration is myself - the human being. Basically it should dwell on the following 2 key questions:

1. what do I really want in life, or what is the goal of human life?
2. How to fulfill it? What is the program to actualize the above?

In short, the above two questions cover the whole domain of human aspirations & human endeavour. Thus, they form the content of self-exploration.

### Process of self-exploration

whatever is being presented is a **PROPOSAL**

- Don't assume it to be true immediately, nor reject it without proper exploration.
- Verify it in your own light, on the basis of it being naturally acceptable to you,
  - 1) Not just on the basis of scriptures.
  - 2) Not on the basis of equipment/instrument data
  - 3) Not on the basis of the assertion by other human beings.

therefore, it is essential to carefully ponder over these on your own right. Neither accept these as true immediately nor reject them prematurely without proper exploration.

Don't just accept/reject these only on the basis of the following:

- Because something like this / different from this, has been mentioned in Scriptures,  
श्रीमद्
- or because it has been preached / denied by some great men,
- Or, a large number of people possess such a view / a different view,
- or it is claimed to have been verified through some physical instrument or claimed that this is beyond the domain of verifiability by physical instruments.

### Then what to do

- Verify on the basis of your natural acceptance
- Live accordingly to validate it experientially

✓ If proposal is true in behaviour with human → leads to mutual happiness

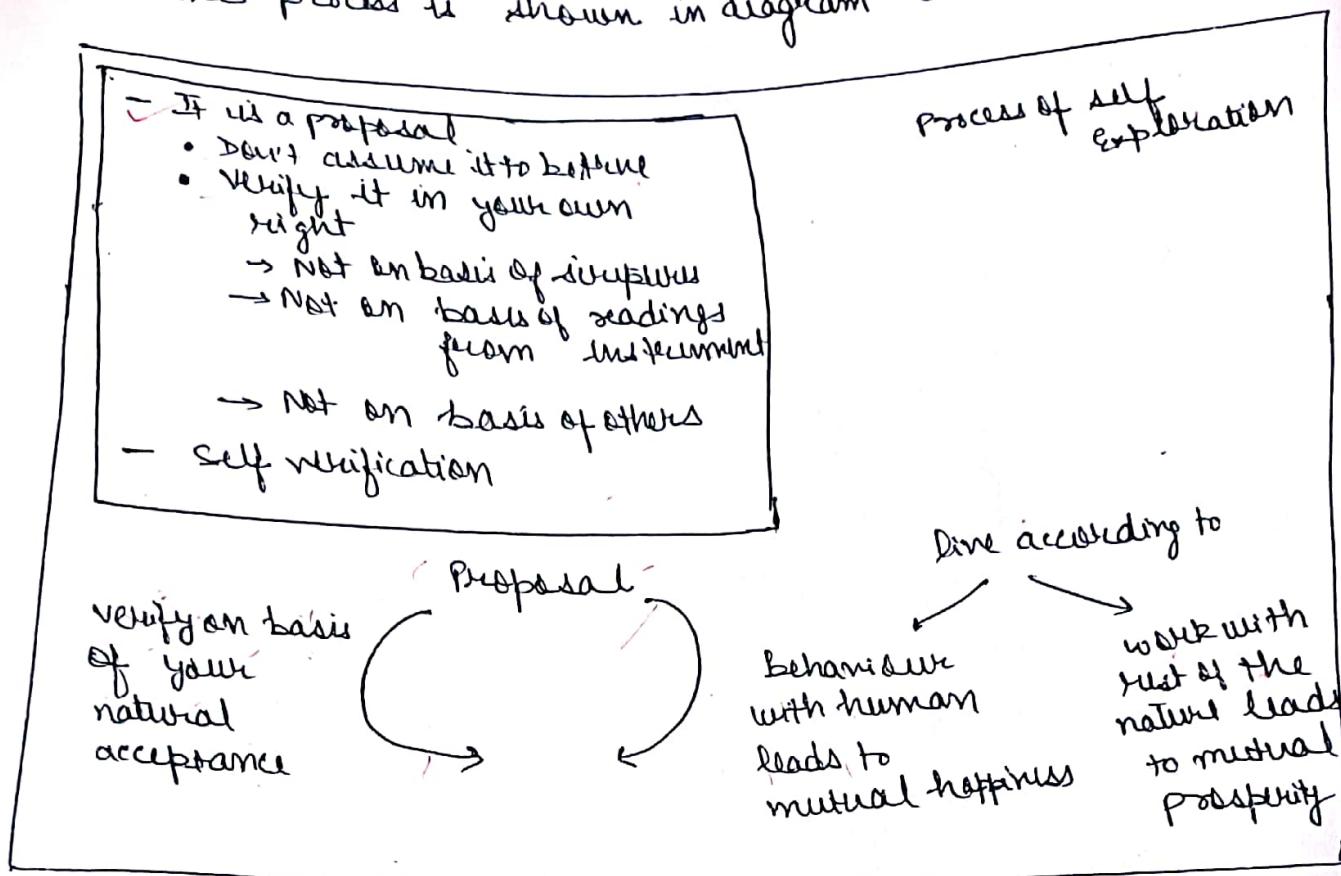
✓ If proposal is true in work with rest of the nature → leads to mutual prosperity

✓ Results in realization & understanding

- On having realization & understanding we get
  - Assurance ~~प्रतीक्षा~~
  - satisfaction
  - Universality (Applies to all time space & individual).

\* Remember, it is a process of self exploration, therefore it has to be authenticated by us alone by means of verification at the level of natural acceptance & experiments experiential validation.

The process is shown in diagram below:-



for eg:- a proposal - 'respect' is a value in human relation.

When I verify at the level of natural acceptance, I find that it is naturally acceptable to me. Similarly, when I behave with respect, it is mutually fulfilling to me and to the other

⇒ Thus a proposal is 'TRUE'.

If it fails in any of the two tests, it is untrue. This verification leads to realization of the truthfulness of proposal & it paves path of my understanding. It is reflected in my thoughts & in my behaviour.

## MECHANISM OF VALUE EDUCATION

- If one can explore & understand the self in such a manner that he/she grasps the essence of the self there may never be need to be any reason for psychological help at a large stage.
- ⇒ The 2 mechanisms for self exploration is identified as:-
- i) Natural Acceptance
  - ii) Experiential validation

### (i) Natural Acceptance

- ✓ NATURAL ACCEPTANCE implies unconditional & total acceptance of the self, people & environment.
- ⇒ Once we fully & truly commit ourselves on the basis of natural acceptance, we feel a holistic sense of inner harmony, tranquility & fulfillment.
- ⇒ NA is way to accept the good things naturally. Learn everything that is good from others, but bring it in & in our own way absorb it; DO NOT BECOME OTHERS.
- ⇒ NA is process to understand ourselves first. Try to find out the ego stage. Try to reduce that. Open your eyes & look around. The world is full of good things. Once it starts we need to accept the right naturally. Once it starts coming naturally, we will feel that we are actually upgraded ourselves & now we are above then the rest of the world. Problems are the part of life & natural acceptance is the answer of that.

### Characteristics of Natural Acceptance

- a. Natural acceptance does not change with time.
- b. It does not depend on the place.
- c. It does not depend on our beliefs or past conditionings.
- d. This natural acceptance is "constantly there". something we can refer to.
- e. Natural acceptance is the same for all of us. it is part & parcel of every human being, it is part of humanness.

(iii) Experiential Validation :-  
Experiential validation is a process that infuses direct experience with the learning environment & content. It may be regarded as a philosophy & methodology in which the direct experience & focused reflection of the individual helps to increase knowledge, develop skills & clarify values.

→ We are often told to accept ourselves for who we are. Most of what we know about our self is not only through our own opinion of our self but also because of how others view us. When what we already believe to be true of us is validated by some situations, phenomena or outcomes, we may term it as experiential validation.

## What is the state today?

Today, we are not oriented enough to evaluate our beliefs or assumptions & we treat them as our personal life. We generally keep them secure in the name of personal life & freedom. We usually become very sticky about them without really verifying them. When these come in conflict, we try hard to search out justifications & make all efforts to defend our own assumptions. In the process, we cheat ourselves as well as others.

It shows that today:

- Neither are we verifying our assumptions / proposals put to us on the basis of our natural acceptance
- Nor we verifying what we think we know, in our living.

## What is the way out? What do we need to do?

### REALIZATION & UNDERSTANDING

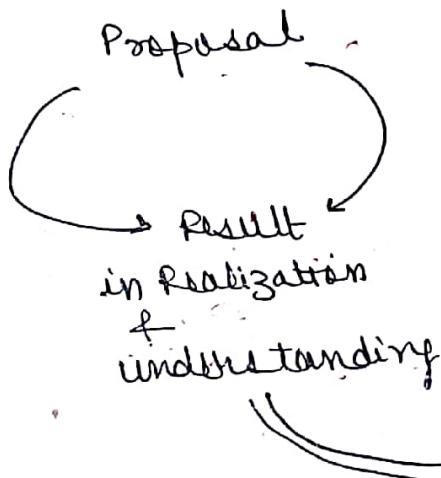
- As we continue with the process of verification of proposals on the basis of our natural acceptance & test it out in our living, it ultimately results in realization & understanding in its. This means knowing something to be true for sure, within ourselves.
- The answers we get on having realization & understanding are assuring, satisfying & universal. Universal means the answer are same for everyone. They are invariant with respect to time, space

and individual. If the answers we get do not fulfil any of the criteria it means the answer is most likely coming from our past beliefs/ conditioning & not from our natural acceptance

### Process of self exploration

- It is a proposal
  - Don't assume it to be true
  - Verify it in your own light
    - i) not on basis of scripture
    - ii) not on basis of readings from instrument
    - iii) not on the basis of others
- Self verification

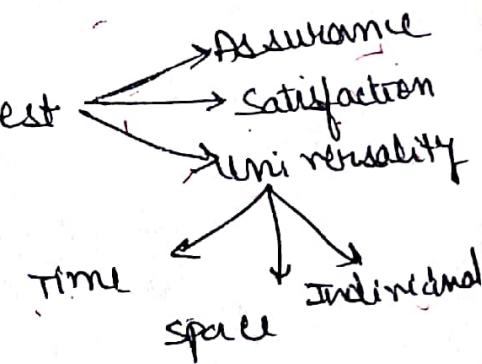
Verify on basis of your natural acceptance.



line according to  
work with rest of the nature leads to mutual prosperity

behaviour with human leads to mutual happiness

Keep asking again & again:  
what is my natural acceptance?



## TOPIC! BASIC HUMAN ASPIRATIONS - CONTINUOUS HAPPINESS & PROSPERITY

- Every human being is continuously trying to do things to make him/her happy & every human being is capable of feeling this happiness in himself/herself spontaneously.
- In addition to happiness we aspire for adequate fulfilment of our bodily needs. Nobody wants to be deprived even for a single moment.

### Happiness

The state or situation in which I live if there is harmony / synergy in it, then I like to be in that state or situation.  
i.e. to be in the state of living is happiness.

- Happiness is a state of mind or feeling characterized by contentment, love, satisfaction, pleasure or joy.
- Happiness may be described as consisting of positive emotions & positive activities.

There may be 3 kinds of happiness: pleasure, engagement & meaning.

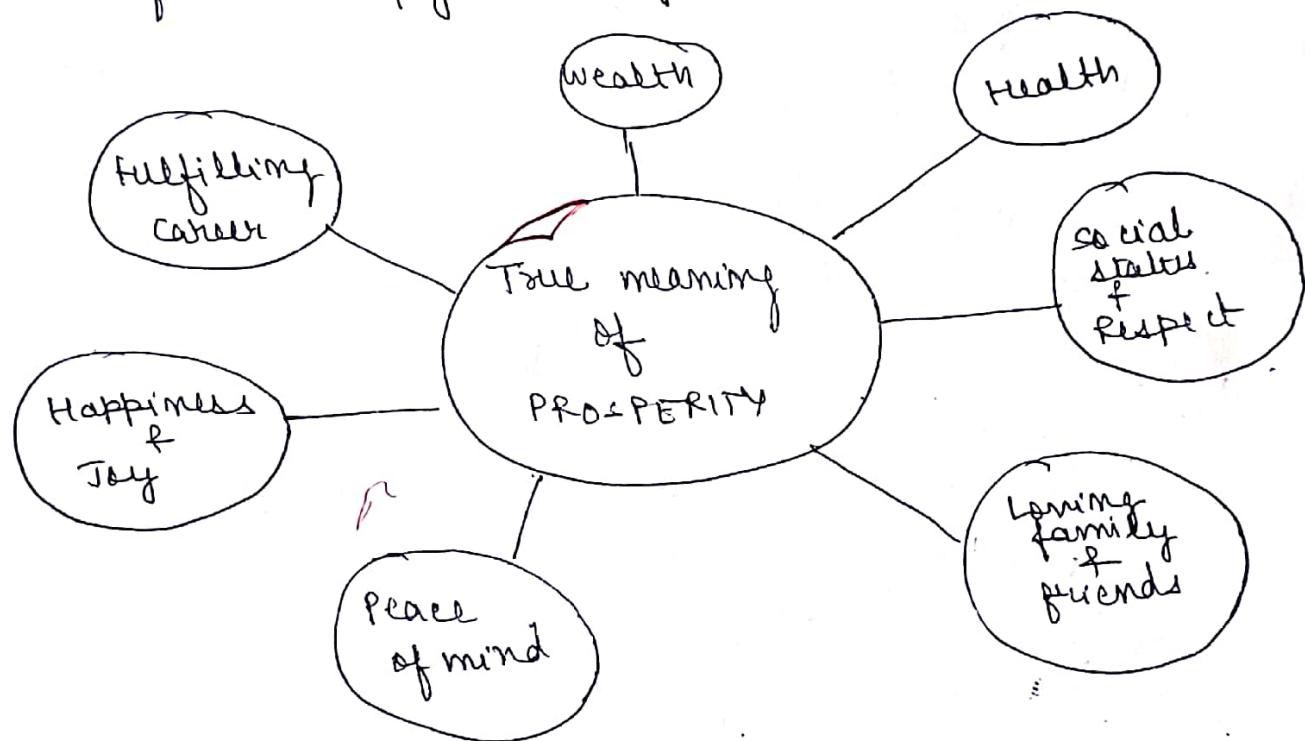
- In other words, freedom from want & distress, consciousness of the good order of things, assurance of one's place in the universe or society, inner peace etc.
- Happiness is the state of mind, where we feel good in most of the walk of life.

## Prosperity

- ✓ Prosperity is the feeling of having or making available more than required physical facilities.
- It is the state of flourishing, thriving, success or good fortune.
- Prosperity often encompasses wealth but also includes other factors which are independent of wealth to varying degrees, such as wisdom & health.
- The word means the sum of 3 aspects - health, wealth & wisdom.

Almost all of us feel that wealth alone means prosperity & try to explain this phenomenon on this non-existent or half fact.

This is the state of enlightenment towards better life & happy society.



## Difference between Prosperity & wealth.

- wealth is a physical thing. It means having money or having a lot of physical facilities or both.
- Prosperity is a feeling of having more than required physical facilities.

## YESTERDAY

### Prevailing notions of happiness & prosperity

We are trying to achieve happiness & prosperity by maximizing accumulation & consumption of physical facilities. It is becoming anti-ecological & anti people & threatening the human survival itself.

Some of the consequences of such trend are summarized below:-

#### i) At the level of individual -

Rising problems of depression, psychological disorder, suicides, stress, insecurity etc.

#### ii) At the level of family -

Breaking of joint families - mistrust, conflict between older & younger generations, insecurity in relationships, divorce, dowry tortures etc.

#### iii) At the level of society -

Growing incidence of terrorism & maximalism, rising communalism, spreading casteism, racial & ethnic struggle, wars between nations etc.

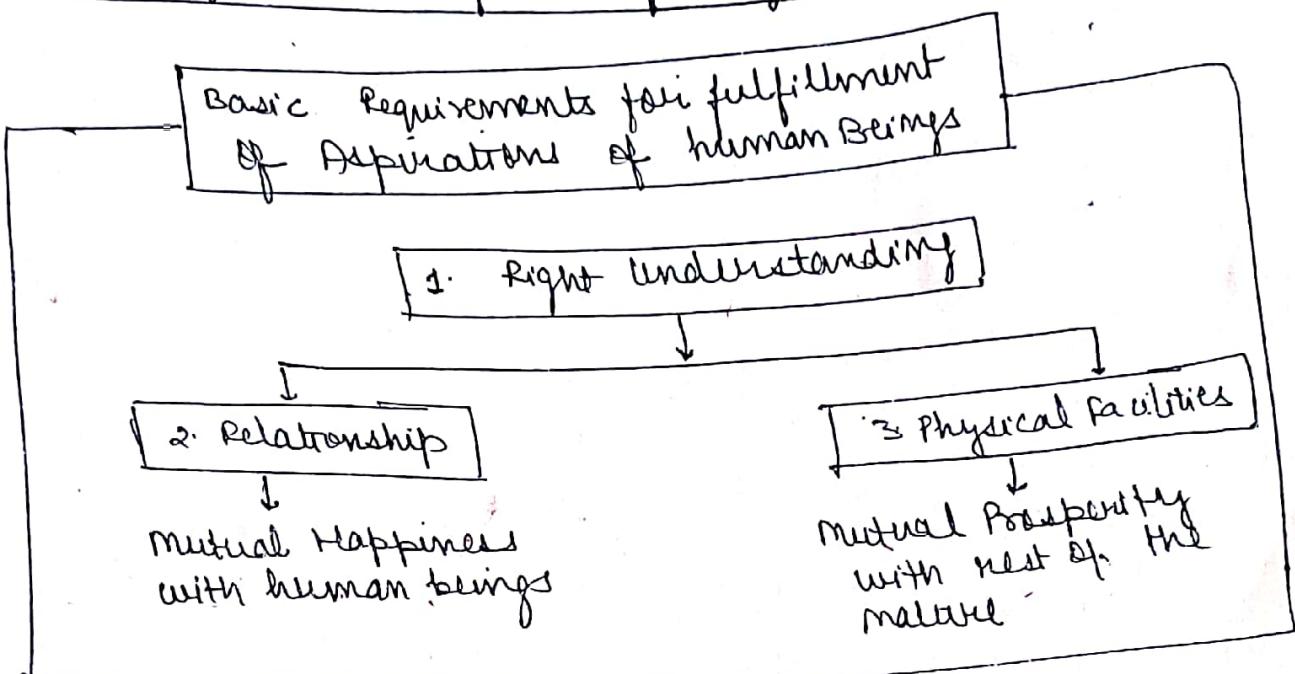
#### iv) At the level of nature -

global warming, water, air, soil, noise, etc. pollution, resource depletion of minerals & mineral oils, etc.

## Topic : The Programs to fulfil Basic Human Aspirations

Our basic aspirations are happiness & prosperity. To achieve them we continuously involves in various activities of accumulating various things. But unfortunately we are not able to fulfil our aspirations. The reason is that we don't know what we really need to fulfil our requirements & there's correct priority.

### Basic Requirements for fulfilling the Aspirations



The basic requirements for fulfilling the aspirations of every human being are:-

- (i) Right Understanding: This refers to higher order human skills - the need to learn & utilize our intelligence most effectively.
- (ii) Good Relationships: This refers to the interpersonal relationships that a person builds in his or her life - at home, at the workplace & in society.

(iii) Physical facilities → this includes the physiological needs of individuals & indicates the necessities as well as the comforts of life.

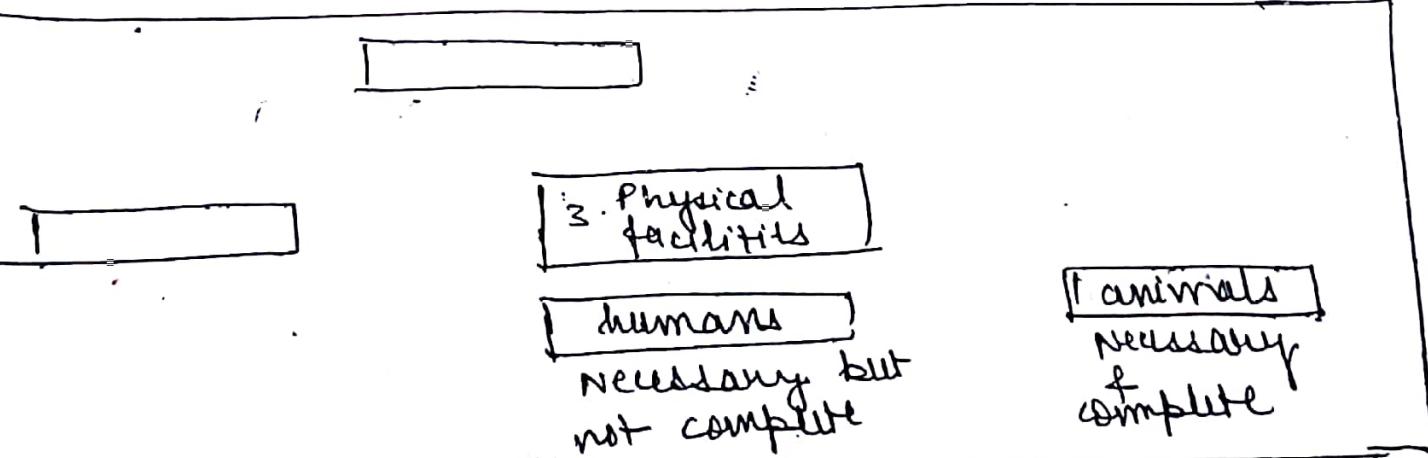
→ we can say that these requirements are patterned on the lines of the hierarchy of needs. Abraham Maslow has given the concept of the hierarchy of needs. According to him there are five needs which can be placed in a hierarchy depending on which needs a person initially strives to fulfill. The lowest needs are the physiological needs. Once these are fulfilled, they are followed by safety & security needs. These are followed by social needs. The next level of needs relates to the person's need for self esteem. The higher order need relates to the need of self actualization & will only become important if all the other needs are fulfilled.

✓ We can verify this by a set of proposals

"Physical facilities are necessary for human beings"

"Physical facilities are necessary for human beings & they are necessary for animals"

"Physical facilities are necessary & complete for animals, while they are necessary but not complete for humans."

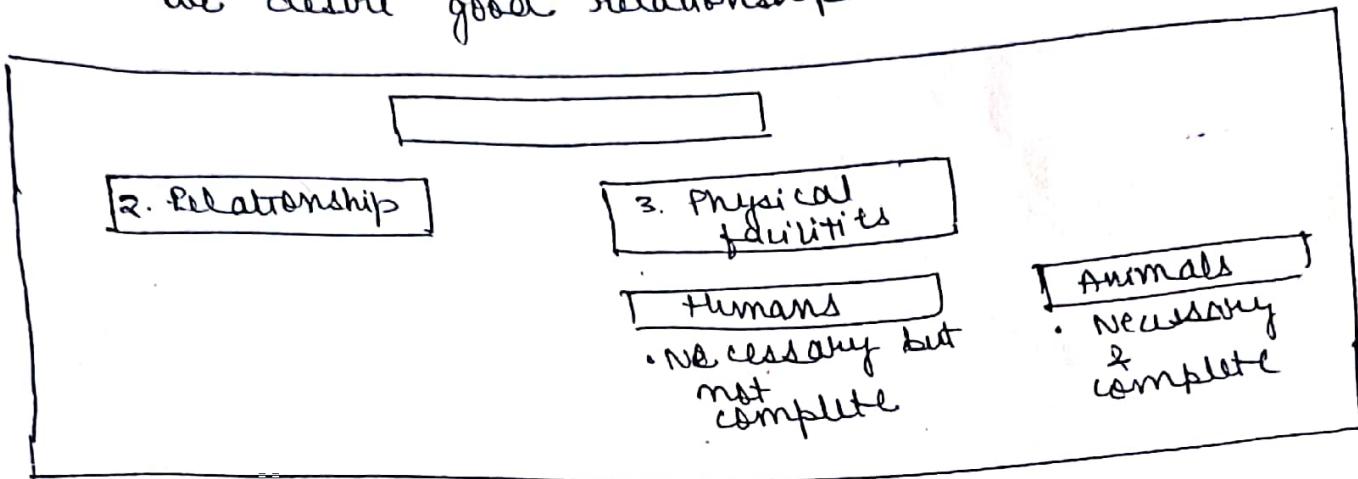


(16)

for Animals: Animals need physical things to survive, mainly to take care of their body.

for humans: While physical facilities are necessary for human beings, they are not complete by themselves to fulfil our needs. Our needs are more than just physical facilities; besides physical facilities, we want relationship.

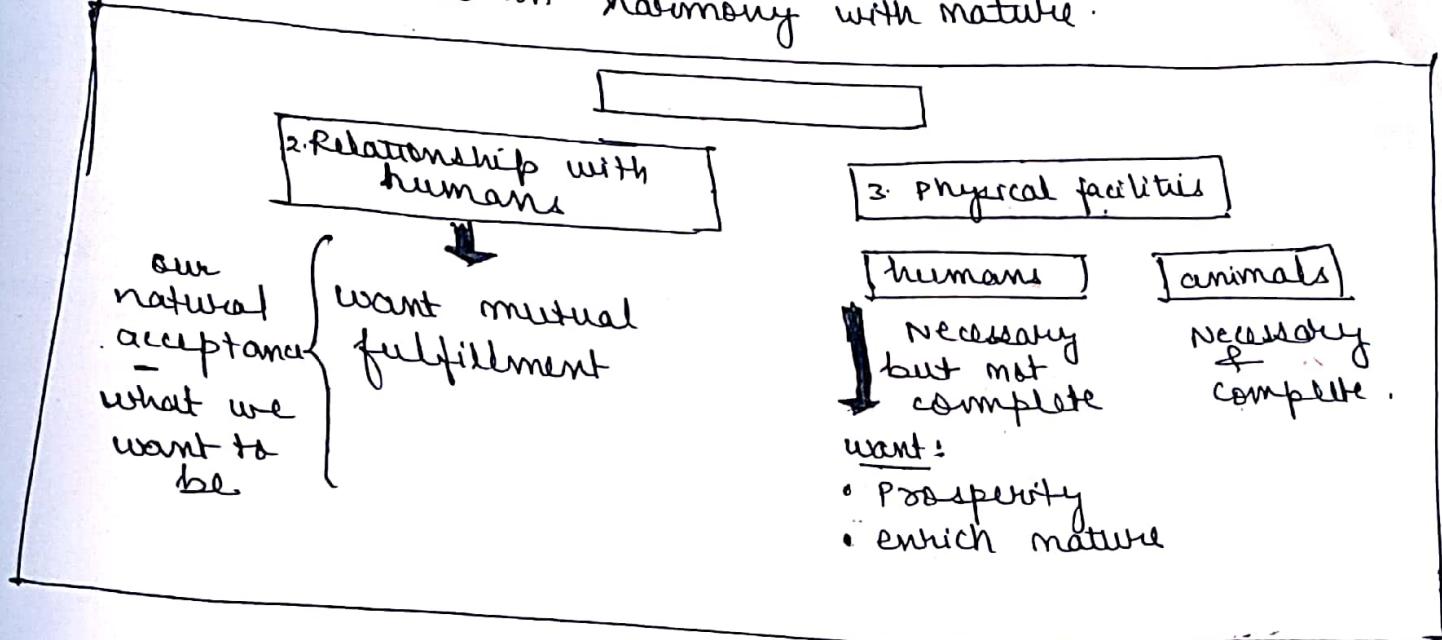
✓ By relationship, we mean the relationship we have with other people. As human beings, father, mother, brother & sister, our friends, our teachers, we desire good relationships with all of them.



✓ We want:

- In Relationship: Mutual fulfillment  
If there is a problem in relationship, we feel uneasy, it bothers us. Even if we are interacting with someone & something we said or did offends them, it makes us uneasy; i.e. we want mutual fulfillment in relationship.
- In Physical facilities: Prosperity in Us Enrichment in Nature  
Prosperity means the feeling of having or being able to have more physical facilities than is needed. If we don't have the feeling of prosperity we will

exploit our others. Similarly as we interact with nature for our various physical needs, either exploit nature or enrich it. But our natural acceptance is that we want to live in harmony with nature.



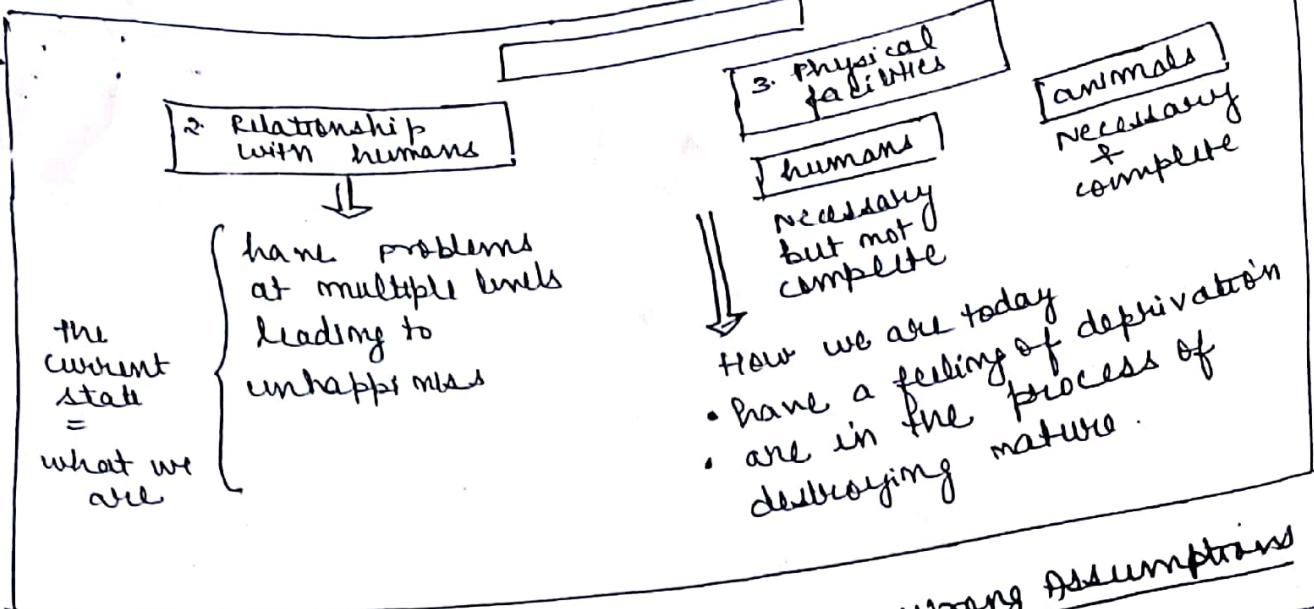
## What is Our State Today

### In Relationship:

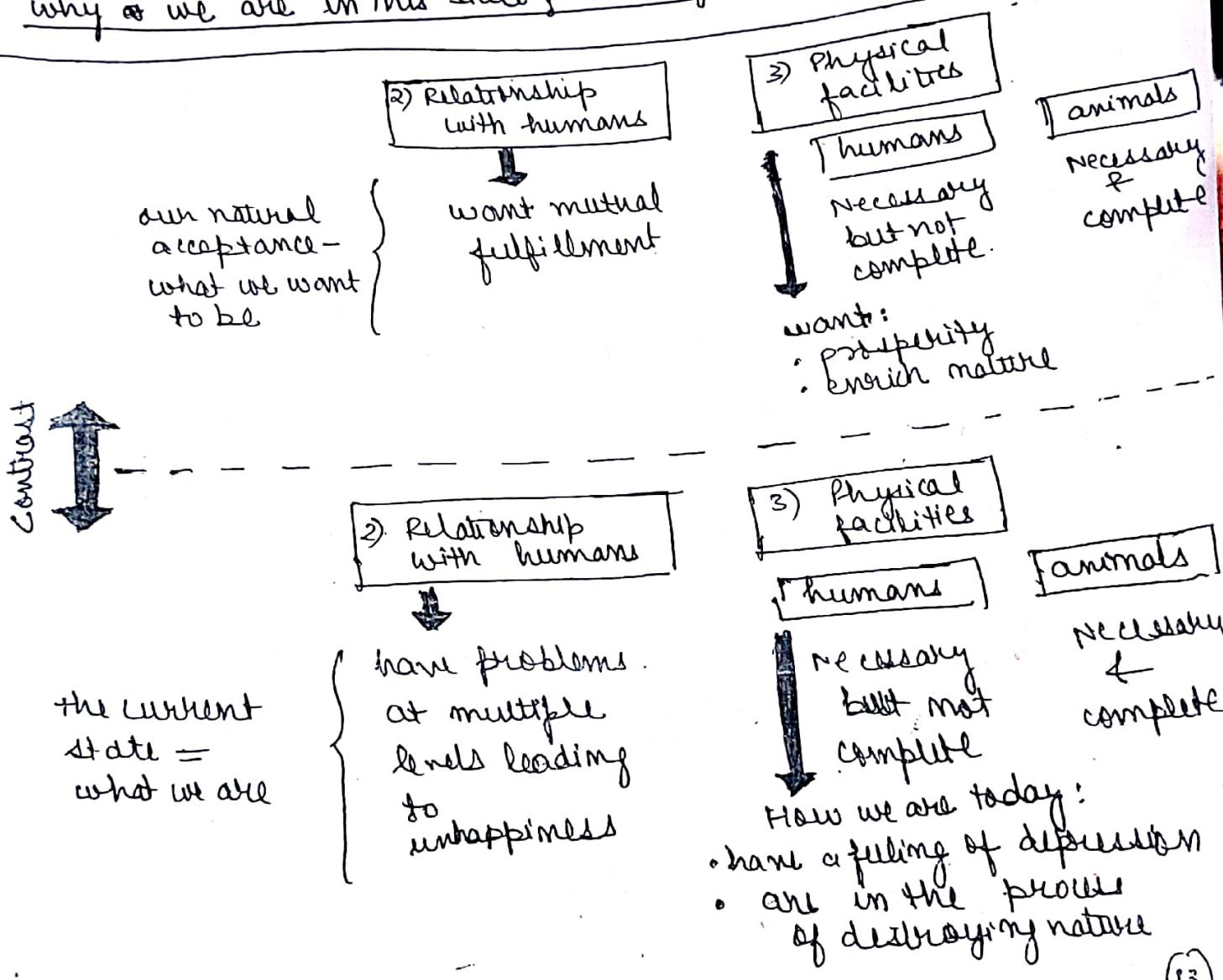
we are unable to have fulfilling relationships all the time: in family, outside family + as a society - in the world at large.

### In Physical Facilities:

we want to feel prosperous, but end up working only for accumulation of wealth. We want to enrich nature, but are exploiting it, destroying it.



why are we in this state? - living with wrong assumptions



we seem to be getting ourselves interacting with lots of people, we keep this issue into trouble in our relationships. This issue is basically because we assume something about relationships. and then we go on to live them on the basis of this assumption. But if our assumption is false, then we end up in problems.

Similarly we have assumed that accumulation of wealth is the only thing we need & the rest shall be taken care of. We have also made numerous assumptions about our interaction with nature, that we can exploit nature, that nature is present solely of our consumption & so on & so forth. These are incorrect assumptions.

What is the outcome of the misconception?

- At the level of individual - rising problems of depression, anxiety, suicides, stress, insecurity, increasing health problems, lack of confidence & conviction etc.
- At the level of family - Breaking up of joint families, mistrust & disharmony in relationships, divorce, generation gap, dowry deaths, neglect of older people etc.
- At the level of society - Growing incidences of terrorism, violence, communalism, racial & ethnic struggle, corruption, adulteration, sex crimes, exploitation, wars between nations, proliferation of lethal weapons etc.
- At the level of nature - Global warming, weather imbalances, depletion of mineral & energy resources, deforestation, soil degradation etc.

All the problems are a direct outcome of an incorrect understanding, our wrong notion about happiness & prosperity & their continuity - this is an issue for serious exploration.

What is the solution? - The need for right understanding  
In order to resolve the issues in human relationships - we  
need to understand them first, & this would come from  
'right understanding of relationship'.  
Similarly in order to be prosperous & to enrich nature,  
we need to have the 'right understanding'. The 'right  
understanding' will enable us to work out our  
requirements for physical facilities & hence correctly  
distinguish the difference between wealth & prosperity.  
With nature as well, we need to understand the harmony  
in nature, and how we can complement this harmony.

### Two categories of Persons

Presently, as we look around, we find most of the  
people in the following two categories.

1. Those who do not have physical facilities/wealth &  
feel unhappy & deprived.  
~~SVDD~~ - Sadhan Vithen Dukhi Daridra →  
**SVDD** materially deficient unhappy & deprived.
2. Those that have physical facilities/wealth & feel  
unhappy & deprived.  
~~SSDD~~ - Sadhan Sampatti Dukhi Daridra →  
Maternally affluent - unhappy & still deprived.  
(not so prosperous)
3. Having physical facilities & feeling happy & prosperous.  
~~SSS~~ - Sadhan Sampatti Sukhi Samriddha →  
Maternally adequate - Happy & prosperous.

\* Our Program : Understanding & love in harmony  
at all levels of living

1. Right understanding
2. Relationships
3. Physical facilities

Our state of happiness or unhappiness depends on the above three aspects. If we have right understanding, then we can be happy in ourselves & we do not have the right understanding, then we have problems. Thus, our happiness depends on the fulfillment of these three basic requirements.

### Our state today:

There is conflict / contradiction in our thoughts or living at most of these levels of existence; we are unable to naturally accept our own thoughts & living. These problems are basically because of lack of right understanding. We do not even understand ourselves properly. What we need how much of it do we need, what we value - we have not understood this properly.

### HUMAN CONSCIOUSNESS & ANIMAL CONSCIOUSNESS

Giving all priorities to physical facilities only or to live solely on the basis of physical facilities, may be termed as 'Animal consciousness'

For animal, physical facility is necessary as well as complete - whereas for human beings it is necessary but not complete.

- Working only for physical facilities is living with Animal consciousness
- Working priority for right understanding as the first facilities followed by relationship + physical implies living with Human consciousness
- There is a need for transformation from Animal consciousness to Human consciousness. It can be accomplished only by working for right understanding as the first priority.
- This transformation from Animal consciousness to human consciousness from the basis for human values & value based living. This is the prime objective of the present course.

