

HUMAN ANATOMY AND PHYSIOLOGY - I

[CHAP-I]

UNIT-1

Mine

Date : / /20

Page:

Ch-1 → Introduction to Human Body.

Ch-2 → Cellular level of Organizers.

Ch-3 → Tissue level of organization.

Introduction to Human body

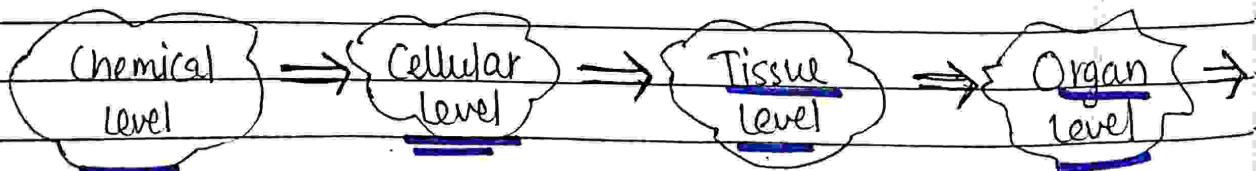
The study of human body involves two major principles :-

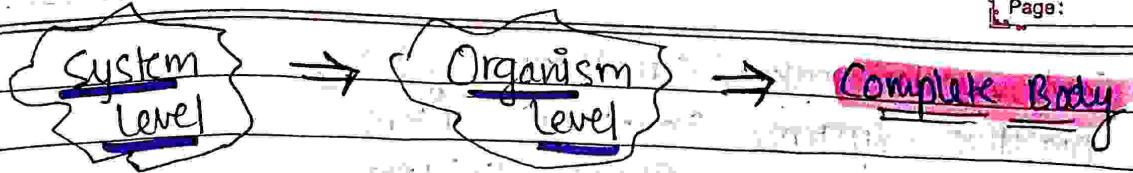
- i) Anatomy
- ii) Physiology.

i) Anatomy → The branch of science which deal with the study of structure of different organs of human Body.
examples → Histology [study about tissue] etc

ii) Physiology → The branch of science which deal with the study of function of different organs of human body.
ex → Neurophysiology [study about function of neuron]
Immunology etc--

- Levels of structural organization and body Systems.





- i) Chemical level → Most basic level, two or more atoms joins together to form molecules like CO , O_2 , N_2 etc.
- ii) Cellular level → It is the basic structural and functional level of body i.e. cell.
- iii) Tissue level → These are the group of cell which works together to perform a particular function.
- iv) Organ level → Different types of tissue combine together to form organs which do proper functioning of body. ex → lungs, heart etc.
- v) System level → A group of organ combine together to form system.
ex → Digestive system, Respiratory system etc.
- vi) Organism level → It is the highest level and a complete body made up with combined of all system.
ex → Human Body.

Body System → There are 11 systems in human body.

1) Nervous System

2) Integumentary System / Exocrine System

3) Respiratory System

4) Cardiovascular System / Circulatory System

5) Digestive System / Excretory System

6) Urinary System / Renal System

7) Reproductive System

8) Muscular System

9) Skeletal System

10) Immune System / Lymphatic System

11) Endocrine System.

i) Nervous System → It's coordinate voluntary and involuntary action and transmit signal (information) by different parts of body.

ii) Integumentary System → Skin, Hair, nails, sweat and other exocrine glands.

iii) Respiratory System → It brings air into and out of the lungs to absorb oxygen and remove carbon dioxide.

iv) Cardiovascular system → Organs → Heart, Blood vessels.
It circulates blood around the body via the heart, arteries and veins, delivering oxygen and nutrients to organs and cells.

v) Digestive System → Organs → Mouth, pharynx, stomach, intestine.
To absorb nutrients and remove waste via the gastrointestinal tract.

vi) Urinary System → Organs → kidney, urethra, urinary bladder.
The system where the kidney filter blood to produce urine, and get rid of waste.

- vii) Reproductive System → The reproductive organ required for the production of offspring.
- viii) Muscular System → It enables the body to move using muscles.
- ix) Skeletal system → Bones maintain the structure of the body and its organs and give protection.
- x) Immune System / Lymphatic system →
 - It defends the body against pathogens that may harm the body.
 - The system consists of network of lymphatic vessels that carry a clear fluid called lymph.
- xi) Endocrine System → A system consists of different types of hormones which help in functioning in body. ex- T₃ & T₄ hormones (help in growth).

Basic Life Processes

i) Metabolism ← Catabolism

Anabolism

ii) Responsiveness

iii) Movement

iv) Growth

v) Differentiation

vi) Reproduction

vii) Respiration

i) Responsiveness → It is the ability of the body to detect and respond to changes.
e.g. decrease in body temp. represents respond to change.

ii) Metabolism → This is the sum of all the chemical processes that occurs in the body.

Metabolism → Catabolism
↓
Anabolism

- Catabolism → Breakdown of complex chemical substance into the simple compounds.
- Anabolism → Building up of complex chemical substance from small components.

iii) Movement → It include motion of the whole body individual organs etc.

iv) Growth → It is the an increase in body size that result from an increase in the size of existing cells.

v) Differentiation → It is the development of cell from an unspecialized to a specialised state.
e.g. RBC's, WBC's and several types of cell size

from the same unspecialized cell in Red bone marrow.

vi) Reproduction → It refers to the formation of new cells and also produce new offsprings.

eg → Old cells produce two new cells or parents cell produce fetus.

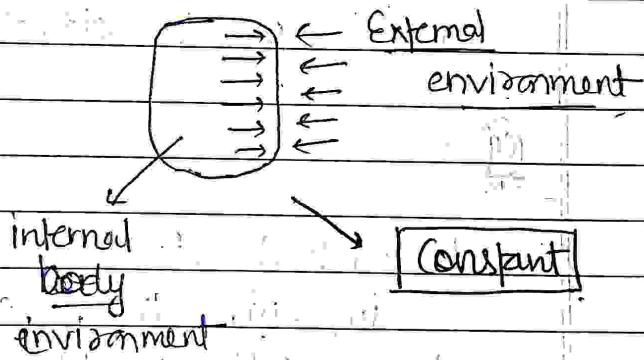
vii) Respiration → It involves the exchange of O_2 and CO_2 b/w the cells and the external environment.

eg → Human body do respiration etc.

HOMEOSTASIS

Homeostasis

↓
[constant] [state]



eg

Body temp. → 37°C → it will be constant.

• When Internal environment is constant with respect to external environment.

or

$$\boxed{\text{Internal environment}} = \boxed{\text{External environment}}$$

feedback System →

If there are any changes take place in internal environment then feedback system is take back into its constant state or in Homeostasis.

→ It is of two types

- 1) Positive feedback System. (+) ↑
- 2) Negative feedback System. (-) ↓

i) Positive feedback System → When anything is decrease in our internal environment, then it is try to back into normal situation by increasing of it.

(Q) →

- In blood clotting, when any part of body injured, this system release chemical that activate blood platelets. Platelets are responsible for formation of blood clot and stop bleeding.
- During childbirth, it stimulates oxytocin, release through endocrine system. It stimulus the contraction of the uterus to help in child birth.

ONM

min + 24 option (f - 3)

A - 1001

B - 1

C - 9011

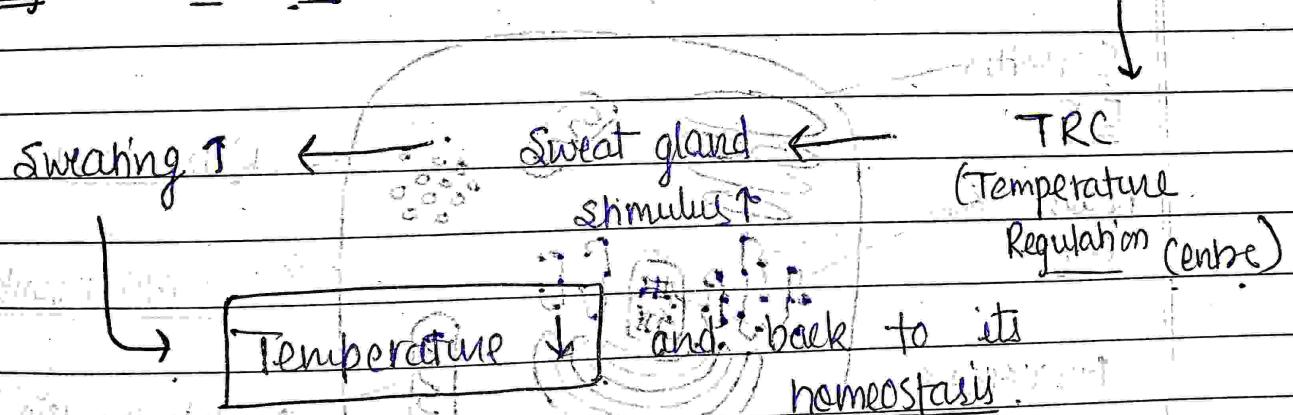
Mine

Date: / /20

Page:

ii) Negative feedback system → When anything is increased in our body (internal environment), then this system is try to bring it back into its normal condition by decreasing it.

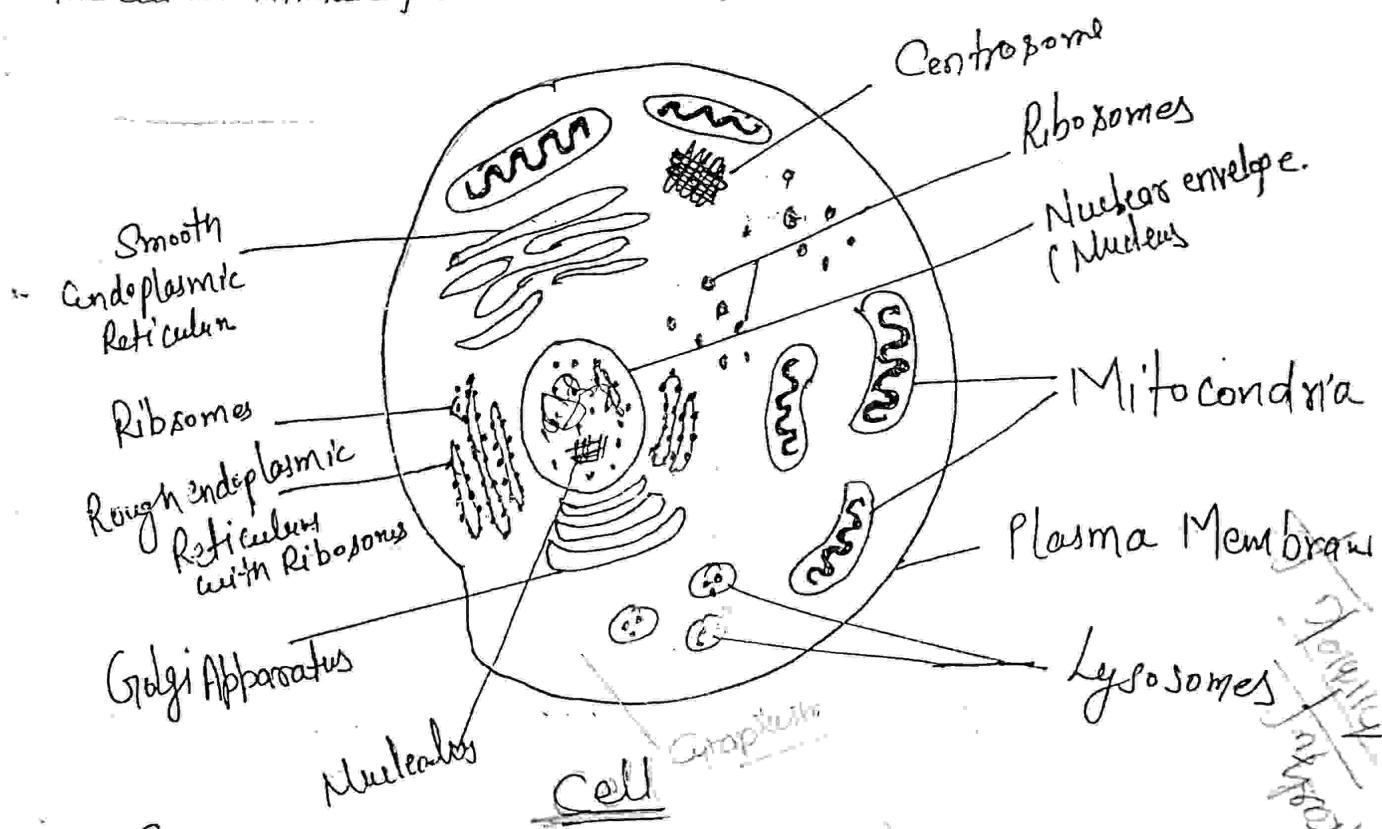
eg → Temp ↑ → Skin heat ↑ $\xrightarrow{\text{signal}}$ Hypothalamus



Cell

Cell is the basic living, ~~structural~~ functional unit of body enclosed a membrane. There are about 100 different types of cells in our body. All cell arise from existing cell by the process of cell division, in which one cell divides into two identical cell.

Cell biology is the study of cellular structure & functions. Structure of the cell is intimately related to its function.



1 Parts of Cell

1. Plasma membrane:- It forms outer flexible surface of the cell that separates its internal environment from the external environment. This selective barrier regulates the flow of materials into & out of a cell. It plays key role in communication among cells & between cells & their external environment.

2. Cytoplasm:- It consists of all cellular contents between the plasma membrane & the nucleus. Cytoplasm has two components: Cytosol & Organelles.

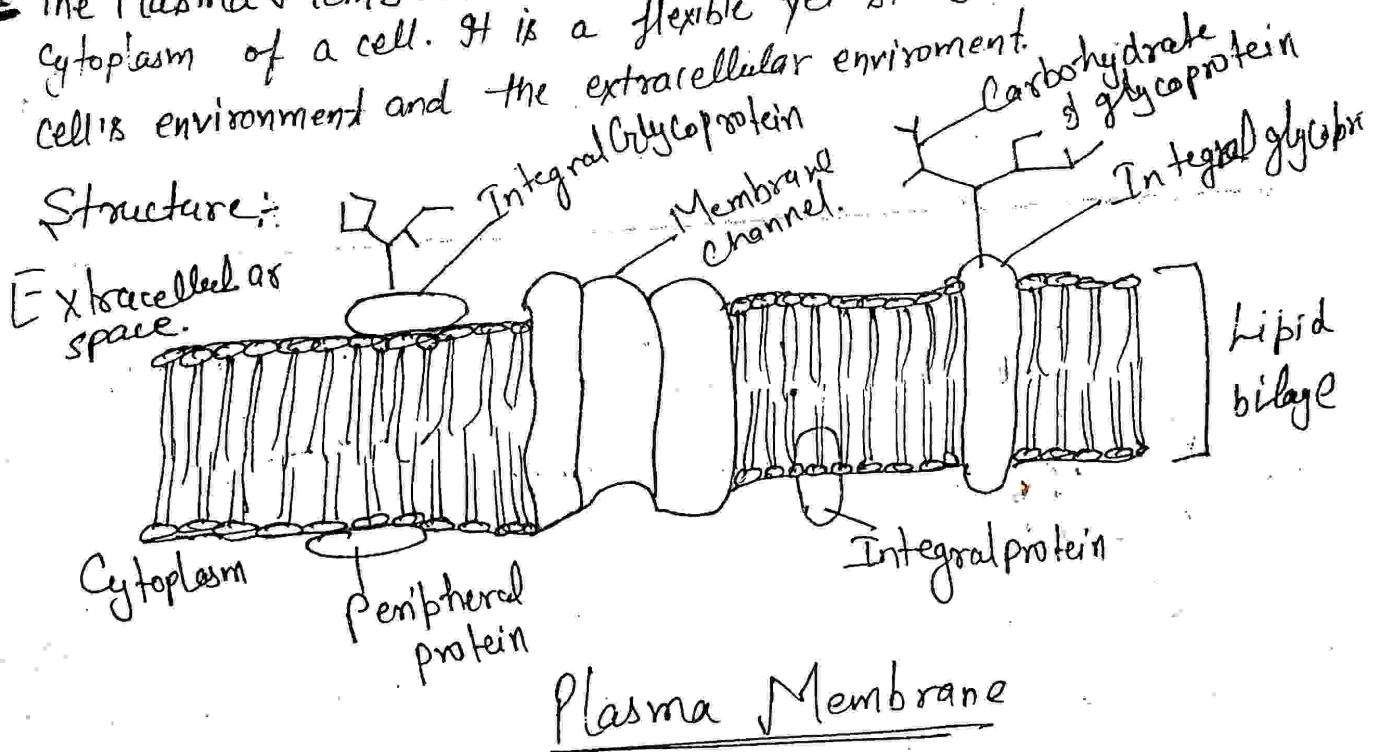
② Cytosol:- It is the fluid portion of cytoplasm, contains water, dissolved salts & suspended particles.

③ Organelles: They are surrounded by cytosol. Each type of organelles has a characteristic and specific functions. Ex- Include endoplasmic reticulum, Golgi complex, lysosomes, peroxisomes, ribosomes, mitochondria & cytoskeleton.

④ Nucleus:- This large organelle contains most of cellular DNA. A single molecule of DNA is associated with several proteins to form a chromosome. It contains thousands of hereditary units called genes. The genes control most aspects of cellular structure and functions.

1 The Plasma Membrane:- Plasma membrane surrounds and contains the cytoplasm of a cell. It is a flexible yet sturdy barrier between the cell's environment and the extracellular environment.

Structure:-



The membrane is composed of proteins and lipids that are held together by non covalent forces.

~~According to fluid mosaic model, the membrane is mosaic of proteins floating like icebergs in a lipid bilayer.~~

The lipid bilayer consists of two back to back layers of phospholipids. Cholesterol and glycolipids. The bilayer arrangement occurs because of amphiphatic (both polar & Non-polar parts) nature of the lipids.

Integral proteins extend into or through the lipid bilayer. Peripheral proteins associate with membrane lipids or integral proteins at the inner or outer surface of the membrane.

Many integral proteins are glycoproteins with sugar groups attached to the ends that face the extracellular fluid. Together with glycolipids & glycoproteins forms a glycocalyx on the extra cellular surface of cells.

Functions:

1. Protection: It protects cell from injury.
2. Barrier: It holds or bound cell contents and maintains individuality of the cell.
3. Shape of the cell - It anchors structural elements of the cytoskeleton which provide distinct shape to specific cells.
4. Cell Recognition: Glycoproteins and glycolipids function as receptors for specific chemical signals from outside and trigger specific processes within the cell, e.g. immune response rejection of a sub. and signal transduction.
5. Cell junctions: Membrane proteins help adjacent cells to form various types of junctions for keeping the cells together during formation of tissues.
6. Microvilli: These are membrane ~~proteins~~ help evaginations specialized for increasing surface area for absorption.
7. Cell movements: Movements like cindulations (e.g. Fibroblasts) & pseudopodia (e.g. macrophages) are formed by cell membranes. They also form sheaths around flagella.

(4)

8. Enzymes! Some membrane proteins catalyze biochemical reactions.
9. Transport proteins:- Many membrane proteins form channels that facilitate the transport of water, ions & nutrients like sugar and amino acids.
10. Selective permeability: It allows entry to only selected substances and impermeable to others.
11. Bulk transport. Bulk intake of materials from outside by invagination of plasma membrane to form vesicles is called endocytosis. Throwing out of waste products & secretory materials by the reverse process is called exocytosis.
12. Impulse transmission: Nerve impulses travel through the plasma membrane of nerve cells.

2 Cytoplasm

It has two components

Cytosol

Organelles

- ④ Cytosol & Organelles are the main components of Cytoplasm
- The gel like substance enclosed within the plasma membrane & is present external to the nucleus is called Cytoplasm.
 - The semifluid portion of cytoplasm in which organelles and inclusions are suspended is called cytosol or intracellular fluid.

Cytosol is transparent, viscous gel like fluid containing 75 to 90% of water, suspended & dissolved components such as proteins, lipids & different inorganic substances & salts.

Carbohydrate, different inorganic substances & salts.

The cell organelles are embedded in Cytosol.

• Endoplasmic Reticulum • Cytoskeleton
• Ribosomes • Centrosome

• Golgi Complex • Lysosomes • Peroxisomes
• Mitochondria

Endoplasmic Reticulum (ER)

The endoplasmic reticulum is a pattern of membrane enclosed channels called as cisterns of varying shapes. It is an interconnected network of internal membrane. It extends from the nuclear envelope throughout the cytoplasm.

Based on its association with ribosomes the ER is of two types.

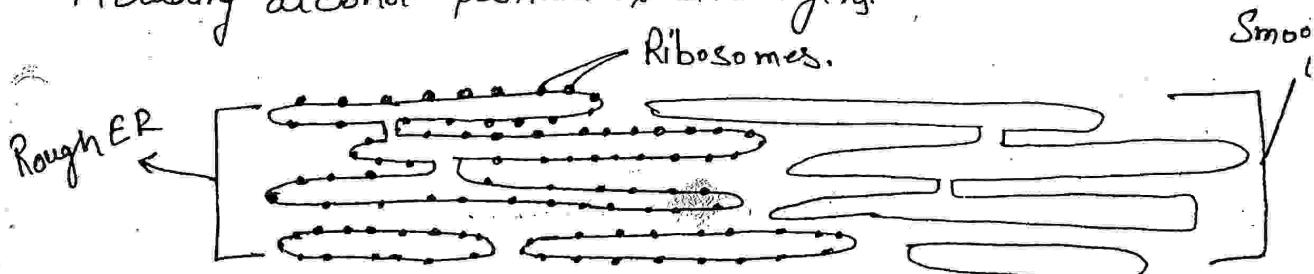
- i) Rough Endoplasmic Reticulum (RER)
- ii) Smooth Endoplasmic Reticulum (SER)

i) Rough Endoplasmic Reticulum (RER):-

The ribosomes are attached on the surface. Hence they are granular in appearance & rough. It is responsible for synthesis of many secretory proteins & membranes. The proteins then enter the lumen within ER for processing & sorting.

ii) Smooth Endoplasmic Reticulum (SER):-

The ribosomes are not attached to the surface; hence smooth in nature. Smooth ER is the site of fatty acid, phospholipid & steroid synthesis. It can inactivate or detoxify a variety of chemicals including alcohol, pesticides & carcinogens.

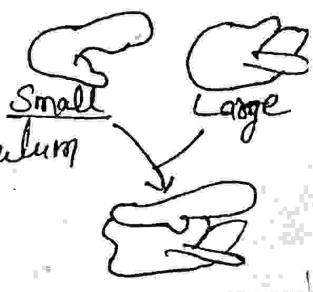


Ribosomes

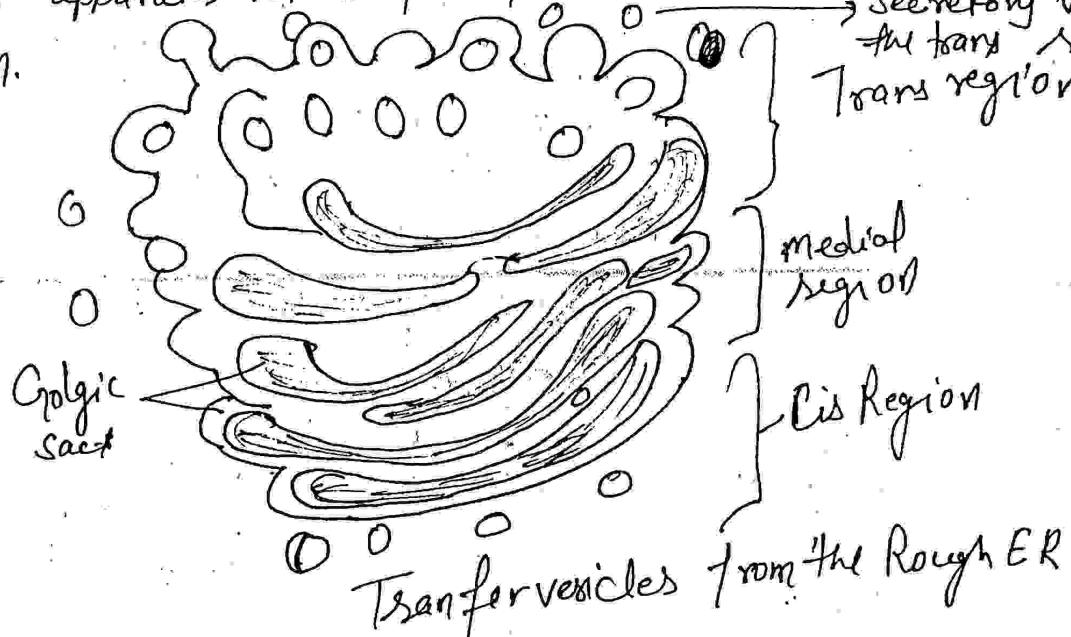
These are tiny spheres that contain ribosomal RNA & several ribosomal proteins. These are the site for protein synthesis. They are made up of two subunits: smaller subunit (40S): RNA of smaller size and the larger subunit (60S): RNA of larger size.

Ribosomes are of two types

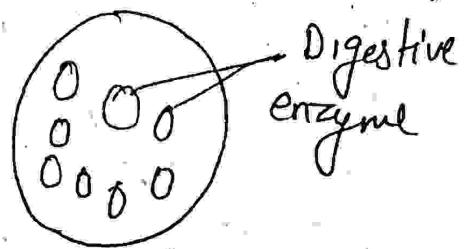
- i) Membrane bound :- Attached to endoplasmic reticulum
- ii) Free Ribosomes :- These are free in cytosol



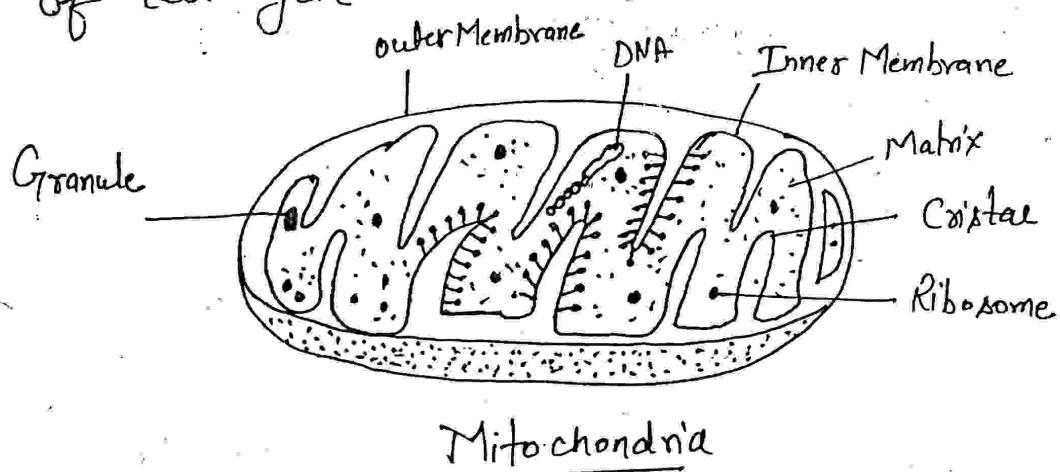
- ⑤ Golgi Complex - Golgi apparatus or Complex is present near the nucleus.
- It consists of four to six flattened sacs called as Cisterns placed upon each other like a pile of plates with expanded bulges at their ends. The stack of Golgi sacs has two defined regions i.e Cis & Trans.
 - Proteins synthesized by the ribosomes are brought to the lumen of endoplasmic reticulum & then to golgi apparatus through transfer vesicles. These vesicles ~~are~~ fuse with the Cis region of the Golgi Complex releasing their contents into the internal portion.
 - These proteins are modified and secreted outside the cell when needed through the secretory vesicles on the trans end.
 - Golgi apparatus stores proteins and is also responsible for modifying them.



Lysosomes: Lysosomes are secretory formed from the golgi complex. These are membrane bound spherical vacuoles which function as the digestive system of the cell. It contains 60 kinds of powerful digestive & hydrolytic enzymes that can hydrolyse large molecules such as RNA & DNA or proteins & lipids. Lysosomal enzymes work best at acidic pH = 5 and inactivated at natural pH value.



- Mitochondria - Mitochondria generate ATP & are therefore called as powerhouse of cells. The numbers of mitochondria vary from cell to cell depending on their energy requirement.
- A mitochondria consists of two lipoprotein membranes.
 - Outer mitochondrial: It is intact & covers the whole structure.
 - Inner mitochondrial: It contains a series of fold called as cristae.
 - The region between two membranes is called as the intermembrane space.
 - The inner fold of the mitochondrial membrane increase the surface area thereby increasing the output of cellular respiration. Large central fluid filled cavity enclosed by the inner mitochondrial membrane is called mitochondrial matrix.
 - Oxidative enzymes of mitochondria cause oxidation of nutrients, $\text{CO}_2 + \text{H}_2\text{O}$ release energy which utilized in formation of adenosine triphosphate.
 - Mitochondria also plays a critical role in apoptosis, cell signalling, cell growth & control of cell cycle.



~~Lysosomes~~

Peroxisomes: These organelles are similar in structure to lysosomes but comparatively smaller in structure. It contains many oxidases enzyme that can oxidize (remove of H) various organic substances such as fatty acids, amino acid & uric acid. In order to protect the cell from the toxic effect of H_2O_2 , peroxisomes also contain the enzyme Catalase.

(8)

(8)

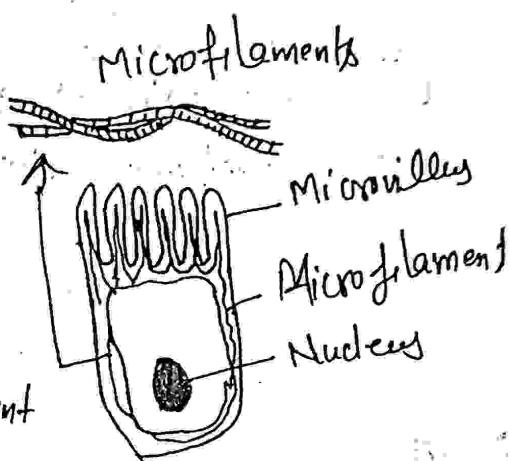
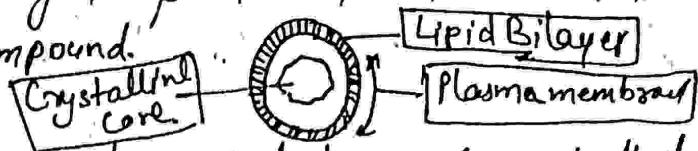
Catalase decomposes hydrogen peroxide or utilizes it to oxidise another organic compound.

Cytoskeleton.

It is a network of three types of protein filaments that extend throughout the cytosol:

- Microfilaments
- Intermediate filaments
- Microtubules.

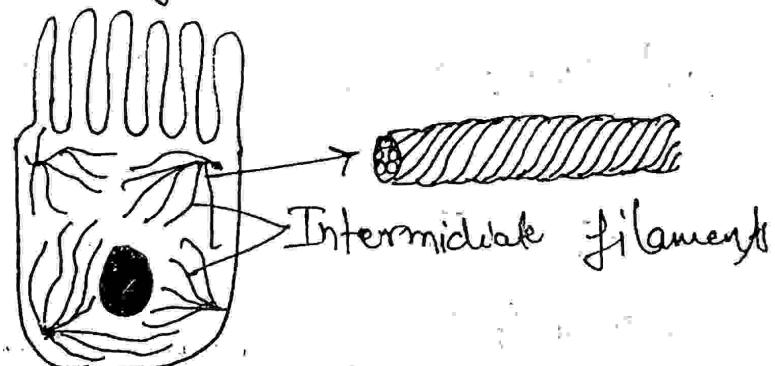
Microfilaments: Microfilaments are thin, composed of protein actin & are most prevalent at the periphery of the cell.



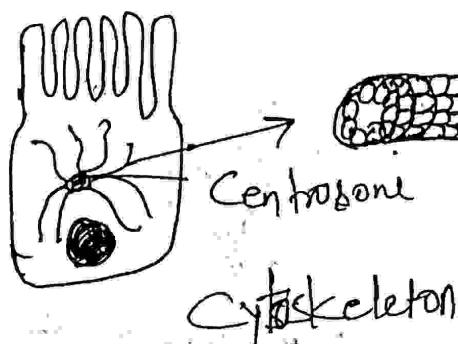
Intermediate: It is thicker than microfilaments. Several different proteins compose these exceptionally strong filaments.

Microtubules: Largest cytoskeletal components are long unbranched hollow tubes composed mainly of the protein tubulin. Centrosome grows outward toward the periphery of the cell.

Intermediate →

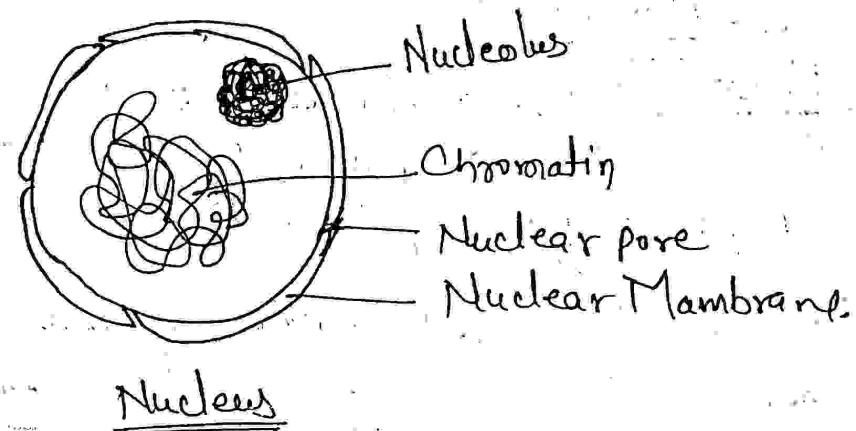


Microtubules



3. Nucleus

The nucleus is usually a spherical or oval in shape & largest structure in the cell. The nuclear membrane is a double membrane which separates nucleus from the cytoplasm. Both the inner & outer membrane is phospholipid bilayer. Nuclear membrane is extremely continuous with endoplasmic reticulum. The nuclear membrane contains nuclear pores in the membrane where inner and outer part of membrane is fused.

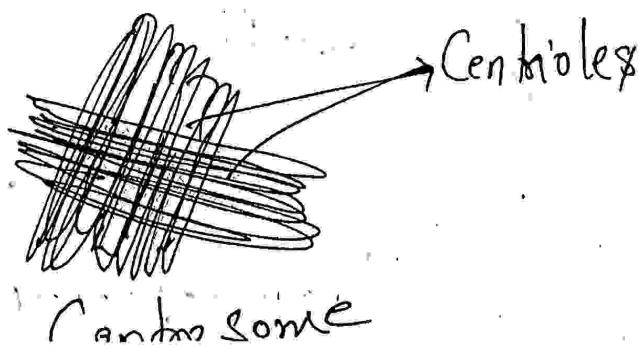


These pores act as channel for transfer of ions and water soluble molecules b/w the nucleus & the cytoplasm.

- Nucleus contain a sperical structure called nucleolus & ~~chromatin~~
- Nucleolus contains aggregations of protein DNA & RNA

Centrosome

This is directs organization of microtubules within the cell. It consists of a pair of centrioles & plays an important role in during cell division.



Process of Transport Across the Plasma Membrane

Material transport processes can be classified as active & passive depending on whether they require cellular energy.

Passive Processes

Passive processes do not require input of cellular energy. A substance moves down its concentration gradient across membrane due to its kinetic energy.

Active Processes

Active processes use cellular energy of ATP to drive substance "uphill" against its concentration or electrical gradient.

① Movement of Small Molecules across the Membrane:-

A) Diffusion

- Simple
- Facilitated
- Osmosis

B) Active transport

- Primary
- Secondary

② Movement of large molecule across the membrane:-

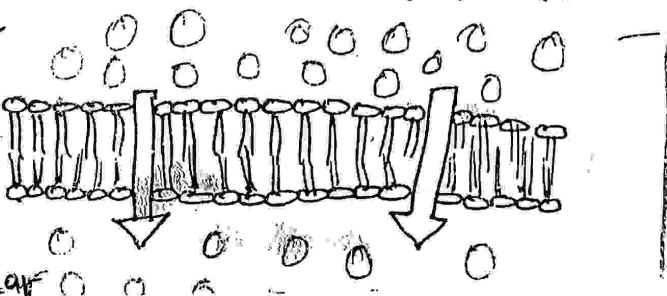
i) Endocytosis.

ii) Exocytosis.

D) Simple diffusion / Passive transport:

It is a passive process where the solute molecules in a solution are carried in the direction of their concentration gradient i.e. from higher concentration to lower concentration without utilization of energy.

Extracellular



Passive
Transport

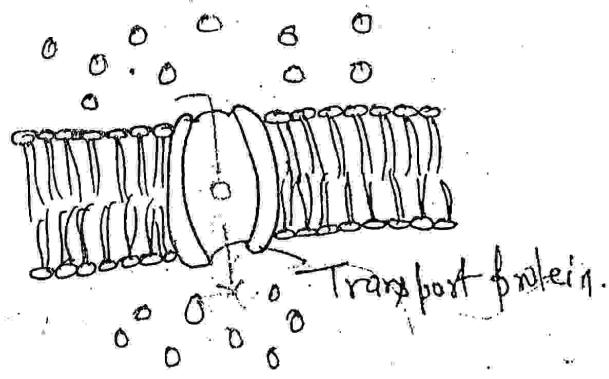
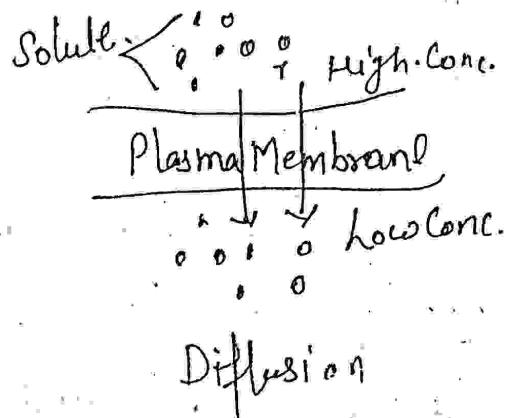
Substances move across the cell membrane by the 3 basic Mechanisms:-

- (1) Molecules remains in the aqueous phase & diffuse through aqueous channels or pores in the membrane.
- (2) The molecules leaves the aqueous phase on one side of the membrane, dissolve in lipid bilayer & cross it & and again enters the aqueous phase on opposite side of membrane.
- (3) The molecules combine with carrier molecule & help them across the cell membrane.

iii) Facilitated Diffusion:-

It also called as carrier-mediated diffusion. The carrier protein facilitates the diffusion of the substance to the other side of membrane. Energy is not required for such transfer across the membrane. Many lipid insoluble substances like Vitamins, Glucose, Urea etc. pass through the membrane by this process.

The transfer is in the direction of concentration gradient from higher concentration to lower concentration. This transfer achieved through the structural changes in the protein when it binds with the material to be transferred.



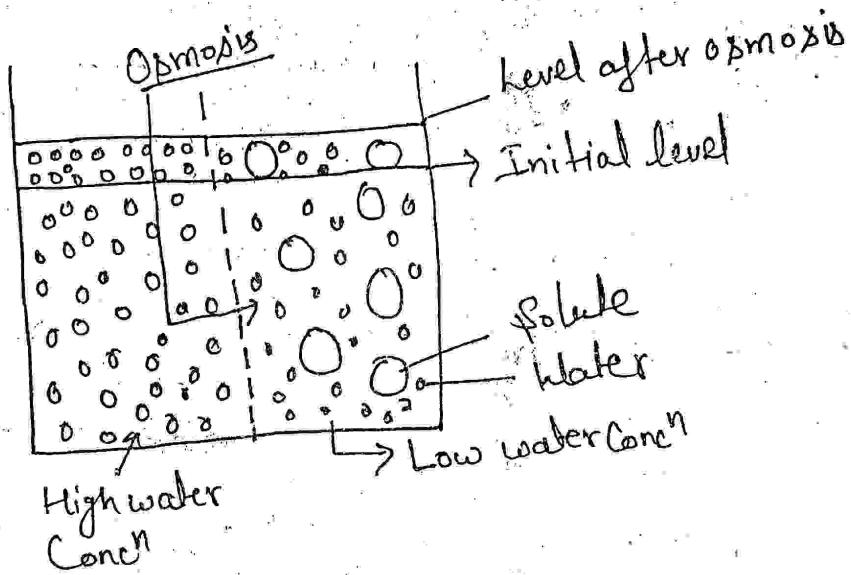
[Facilitated Diffusion]

(3)

Osmosis:

It is defined as movement of solvent molecule across a semi-permeable membrane from an area of higher concentration to an area of lower concentration. It occurs only when a membrane is permeable to water but is not permeable to certain solutes.

When the water moves into a body or cell by osmosis (called end osmosis) it creates a hydrostatic pressure inside the body or cell (Cell may burst). When water moves out of the cell due to osmosis (called exosmosis) the cell shrinks called crenation.



The osmotic pressure of a solution is proportional to the concⁿ of the solute particles that cannot cross membrane. Higher the solute concentration, higher is the solution's osmotic pressure.

B Active Transport

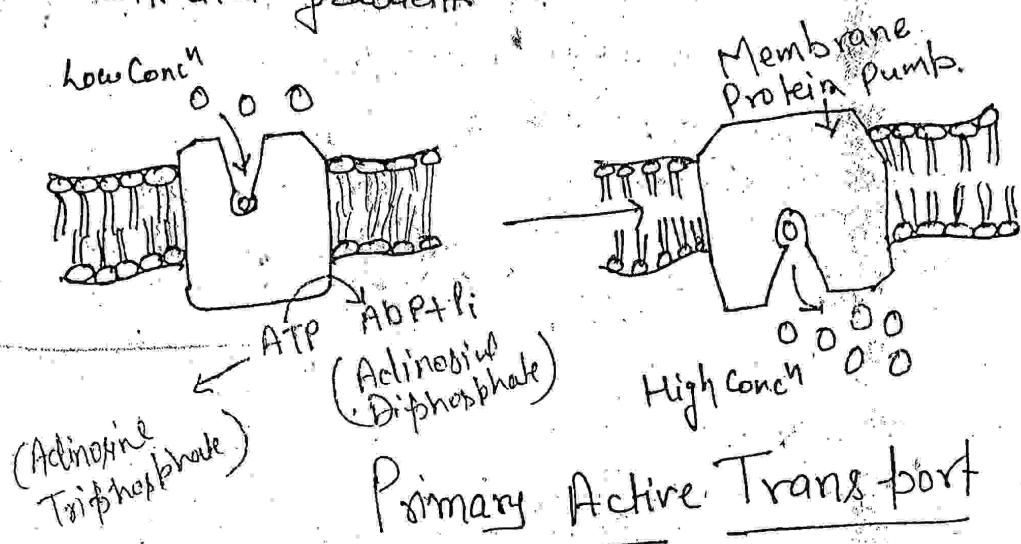
When the material is transported out against the concentration gradient i.e. from lower concentration to higher concentration with utilization of energy then the process is called active transport.

- Energy is obtained from hydrolysis ATP

- Active transport is of two types.

Primary Active Transport

(4) The energy is obtained from hydrolysis of ATP to pump the ions or a substance across a plasma membrane against concentration gradient.

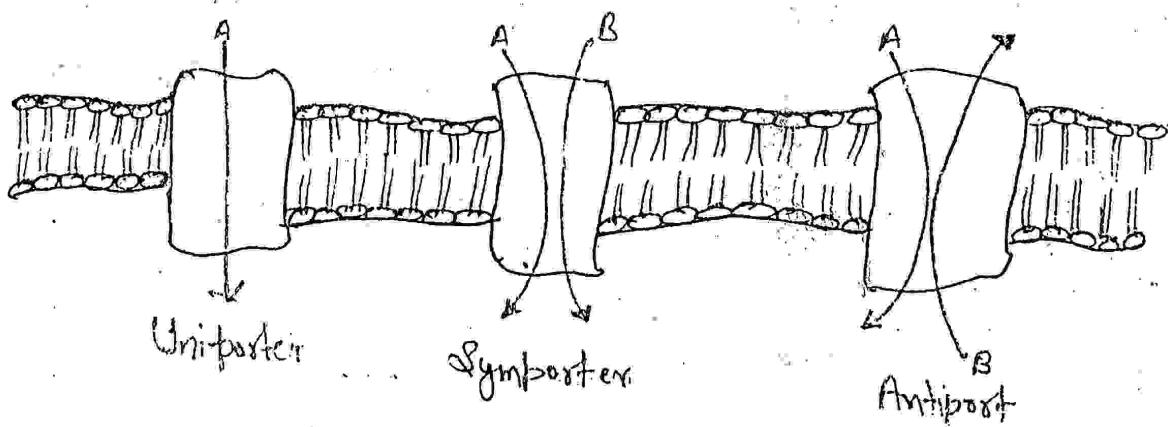


ii) Secondary Active Transport

The energy stored in a Na^+ or H^+ concentration gradient is used to transport other ions or solutes (coupled transport).

Antiport: Move Na^+ or H^+ & other substance in opposite direction.
e.g. Ca^{2+} , H^+ out of cell.

Symport: Move Na^+ or H^+ & another substance in the same direction across the membrane e.g. glucose, amino acid into cells.



Secondary Active Transport

② Endocytosis:-

(5)

It is movement of substances into a cell in vesicles.

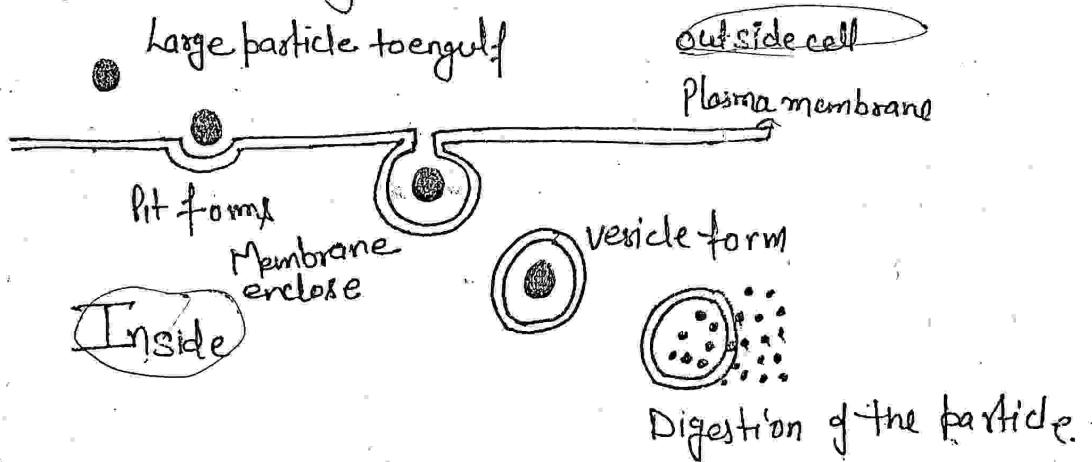
It is a transport mechanism which involves engulfing extracellular materials within segment of the cell membrane to form a vesicle called as corpuscular or vesicular transport.

Types:- ① Phagocytosis

② Pinocytosis

① Phagocytosis:- It is a form of endocytosis in which the cell engulfs large solid particles, such as wormout cells, whole bacteria & viruses.

② Pinocytosis:- It is form of endocytosis in which tiny droplets of extracellular fluid taken up



ii) Exocytosis

It is movement of substances out of a cell in secretory vesicle that fuse with the plasma membrane & release their contents into the extracellular fluid.

e.g. Neurotransmitters

Hormones

Digestive enzymes.

Cell Junctions

DATE _____

Cell junctions are contact point b/w the plasma membrane. It consists of multi-protein complexes that provide contact b/w a cell & the extracellular matrix. It is also called intracellular bridge.

Types of cell junction →

i) Tight junction iv) Hemidesmosome

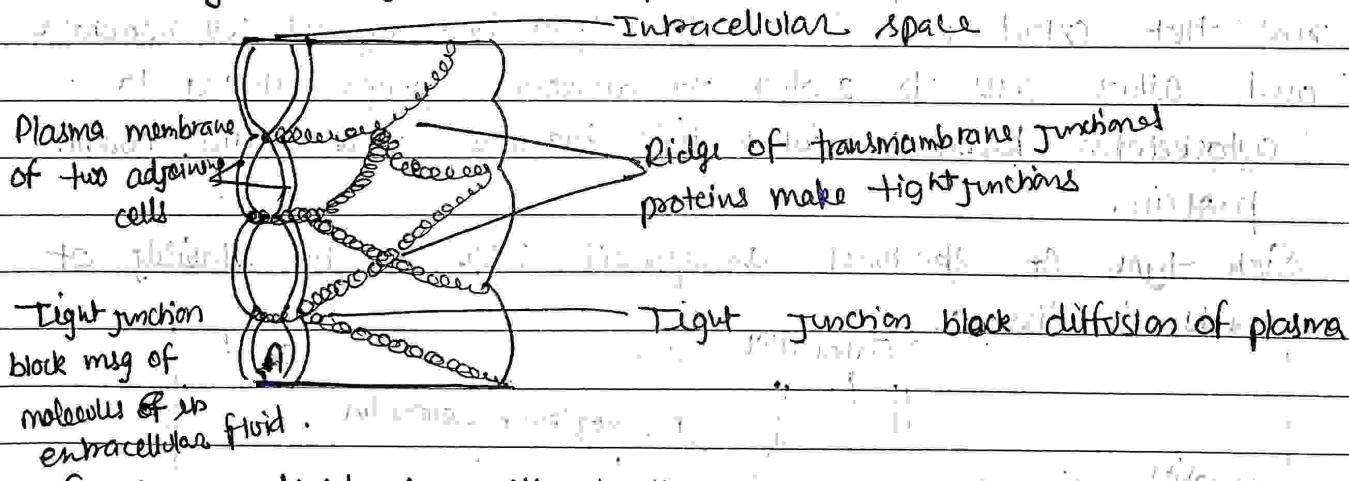
ii) Adherens junction

v) Gap junction

iii) Desmosome

1) Tight Junction →

Tight junction consist of fused ridges of tightly packed transmembrane junctional proteins. They regulate formation of barriers by modulating cell proliferation, differentiation, polarization & control barrier function by restricting paracellular diffusion. The above mechanism may pave way for new therapeutic strategies in drug delivery across epithelial barriers.



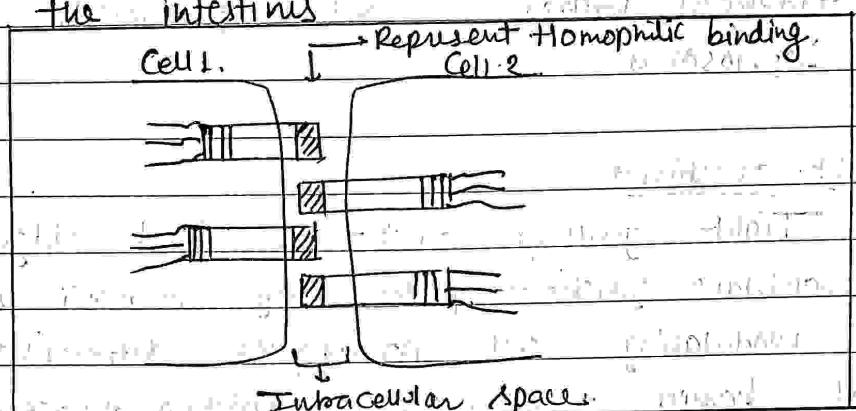
functions: Hold the cell together.

- Help to maintain the polarity of cell by preventing the lateral diffusion of protein b/w the apical & lateral/basal surfaces.
- Tight junction prevents the passage of molecules & ions through the space b/w plasma membrane of adjacent cells.

2) Adherens junction → This one those protein complexes that occurs at cell-cell junctions in epithelial and endothelial

tissue. Adherens junction contains plaque layer of proteins on the inside of the plasma membrane that attaches both to membrane proteins & microfilaments of the cytoskeleton. Also called as intermediate junction or belt desmosome.

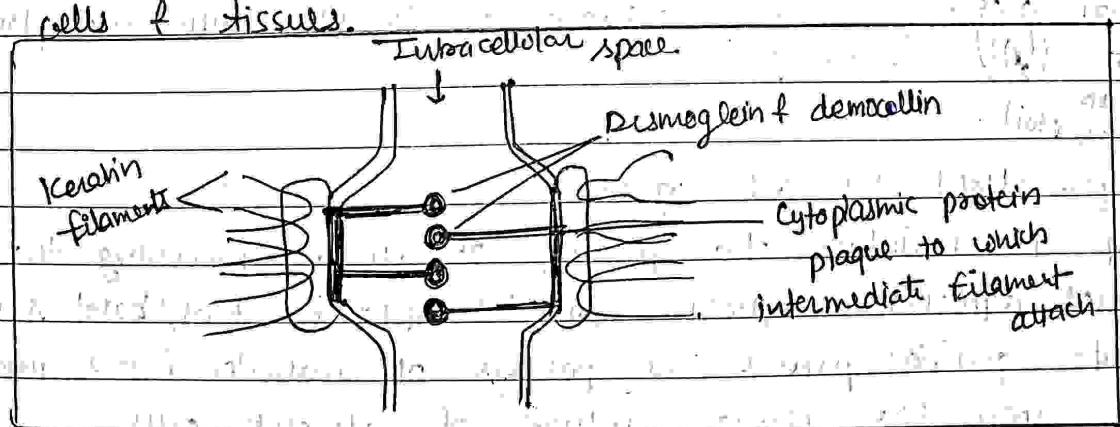
Adherens junction helps to epithelial surface to resist separation during various contractile activity such as movement of food through the intestines.



③ Desmosomes

It contains plaque & trans-membrane glycoproteins such as cadherins that extend into intracellular space b/w adjacent cell membrane and attach cells to another. A desmosome plaque attached to cytoskeleton known as intermediate filaments that consist keratin protein.

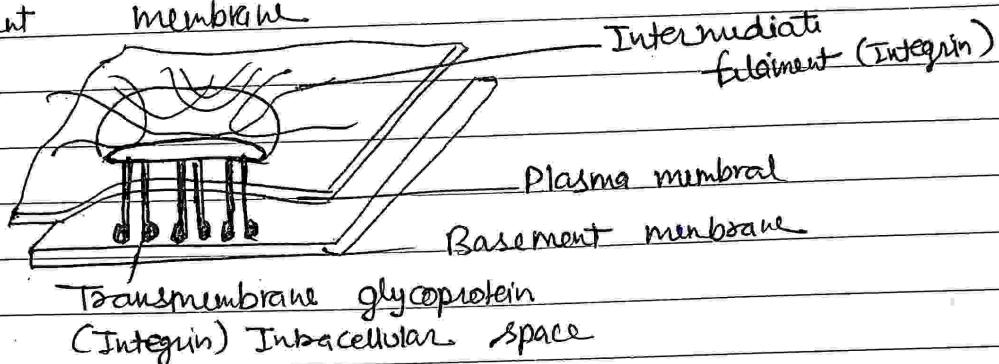
Such type of structural arrangement helps in the stability of cells & tissues.



④ Hemidesmosomes →

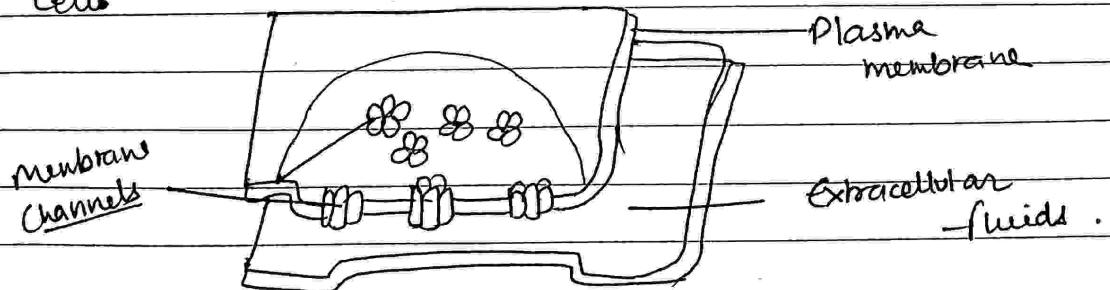
It assemble like desmosomes but they do not link the adjacent cell. The structure of Hemidesmosome

is half of desmosome the inner side of plasma membrane, integrins attached to the intermediate filaments made up of keratin protein. The outer side of plasma membrane the integrins attached to the protein laminin present in the basement membrane.



(4) Gap Junction →

Membrane proteins present in gap junction are called as connexins form tiny fluid-filled tunnels called connexin that connect neighbouring cells. The plasma membrane of gap junctions are separated by a very narrow intracellular gap. A gap junctions allow the communication of cells with one another. Gap junction enable nerve or muscle impulse to spread rapidly among nerves cells.



Tissue

- The tissue of the body consist of large number of cells & they are classified according to the size, shape and functions of those cells.
- Tissue are classified into four major groups.

Tissue

↓
 Epithelial tissue Connective tissue Muscular tissue Nervous tissue

- Histology → It is the branch of science that deals with studies in the study of tissue.

- ① Epithelial tissue → Epithelial tissue form the covering or lining to the free surfaces of the body. They perform vital function like protection, excretion, glandular secretion, absorption, etc.
- The epithelial tissue/cells contain minimal extracellular material But they are arranged on basement membrane.

• Classification of epithelial tissue

Simple AD AKA simple squamous + Stratified squamous

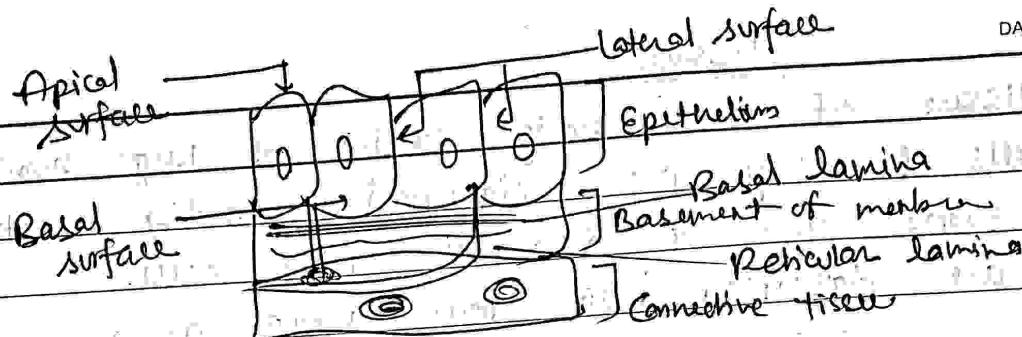
Unicellular + Multicellular AD basal AD multicell

Squamous + Columnar → Transitional

Cuboidal + Columnar → Cuboidal

Columnar → Glandular → Squamous

Ciliated → Glandular → Squamous



Surface of Epithelial

- ① Apical surface & It faces the body surface, a body cavity, the lumen of an internal organ that receives cell secretions. It may contain cilia & microvilli.
- ② Lateral surface It faces the adjacent cell on either sides. It may contain tight junction, adherens junction, desmosome & gap junction.
- ③ Basal surface It present opposite to that of apical surface in multiple layer epithelial cells the apical layer is the most superficial layer of cell & the basal layer is the deepest layer of cells.

Basement membrane

- It is a thin extracellular layer that consist of two layer i.e. Basal & Reticular lamina.
- Basal lamina → It is closer to & secreted by the epithelial cells It contain protein such as laminin & collagen as well as glycoproteins & proteoglycans.
 - Reticular lamina → It is closer to the underlying connective tissue & contain protein such as collagen be produced by connective tissue

Simple Epithelium & It consists of single layer of cells.

↓ ↓ ↓ ↓ ↓

Squamous Columnar Ciliated Cuboidal Glandular

① Simple Squamous epithelium →

It consists of single layer of flat cells arranged on basement membrane. The nucleus of each cell is oval or spherical.

- locations → lungs, blood vessels, lymphatic vessels, air sacs of lungs, & glomerular capsules of kidney
- functions → • Blood filtration in the kidney
• Diffusion of O_2 to blood vessels of the lungs.

② Cuboidal Epithelium →

It consists of single layer of cube-shaped cells having centrally located nucleus.

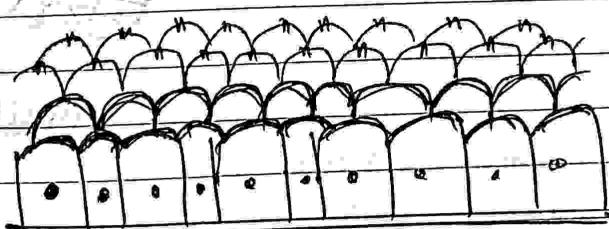
Location → It covers surface of ovary, lining kidney tubules & smaller duct of many gland, also in thyroid glands & duct of some glands eg. Pancrease function → It performs the function of secretion and absorption.

③ Simple Columnar →

It consists of single layer of rectangular cell arranged on basement membrane. It contains goblet cell & cells with microvilli in some locations.

Location → It lines the GIT, duct of many glands & gall bladder.

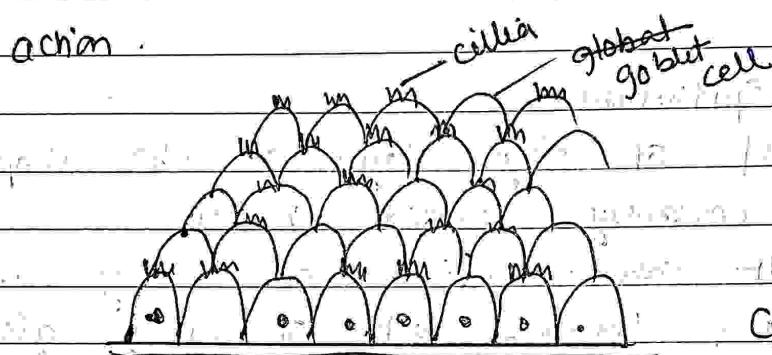
function → Secretion & absorption.



④ Simple cuboi ciliated epithelium →

Consist of single layer of ciliated column like cell with nucleus near the base of cell. goblet cell is some location.

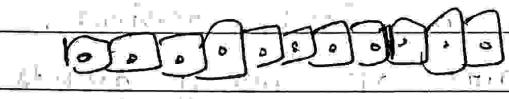
In location → few portion of upper respiratory tract areas, ceterine tube, central canal of spinal cord, ventricles of the brain.
functions → Moves mucus & other substances by ciliary action.



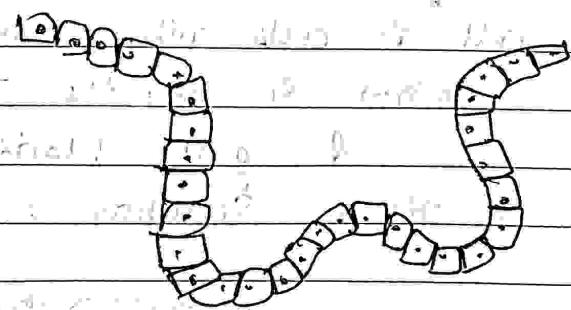
Ciliated

⑤ Glandular epithelium

It consist of cylindrical or columnar cells. It is present in the secretory gland like salivary gland of breast. It is of two type. Unicellular & multicellular.

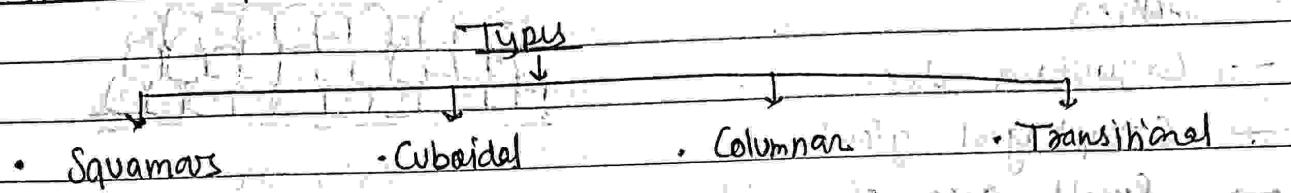


Unicellular



multicellular

• Stratified epithelium → It consists of several layers of cells.



① Stratified squamous epithelium → Squamous cells form the apical layer of several layers deep. Cells from the basal layer replace surface cells as they are lost. Regularly keratinized → skin.

Non-keratinized → lining of mouth, oesophagus, pharynx, tongue, vagina.

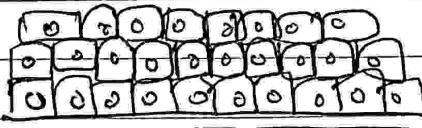
function → Protection, limited secretion.



② Stratified Cuboidal Epithelium → Consists of two or more layers of cells in which cells in the apical layers are cube-shaped.

location → Duct of adult sweat glands & oesophageal glands & part of male urethra.

function → Protection • Limited secretion • Absorption.



Cuboidal

③ Stratified Columnar epithelium →

It consists of several layers of irregular shaped cells: only the apical layers has columnar cells.

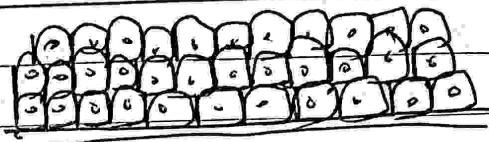
location →

— Uterus

— Cervix uteri

— Oesophageal gland

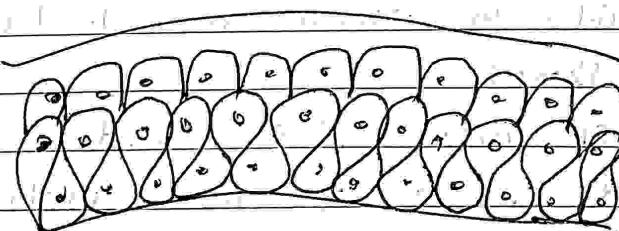
→ Small area of anal mucous membrane

Columnarfunction → Protection & secretion

(iv) transitional epithelium → Its appearance is variable
 shape of cells in apical layer ranges from squamous [when stretched] to cuboidal [when relaxed]

location →

lining urinary bladder & portions of uterus & rectum

functions → Permits distension.RelaxedUrinary bladder

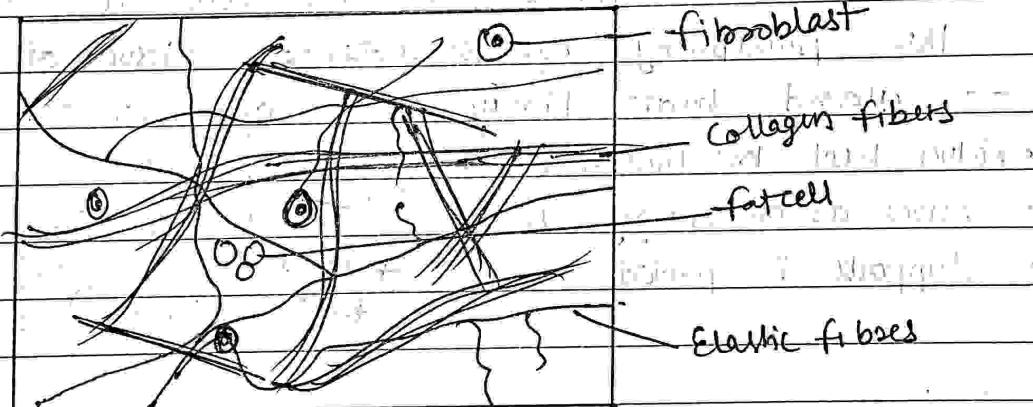
② Connective tissue

Connective tissue serves to connect or bind together different organs or different parts of an organ. They contain an intracellular substance matrix. It helps in binding & supporting the cells.

Classification

- Loose connective tissue
- Dense fibrous tissue
- Elastic tissue
- Adipose tissue
- Cartilage
- Bone

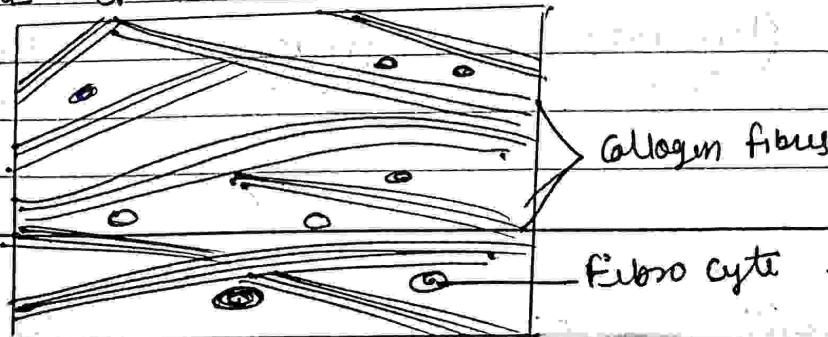
i) loose connective tissue (Areolar tissue) → It is the most widely distributed tissue in the body. It is loose irregular connective tissue. It connects the skin to the underlying structures. Also it fills unoccupied spaces b/w organs. It is found b/w muscles, blood vessels & nerves.



functions - Strength, Elasticity, Support

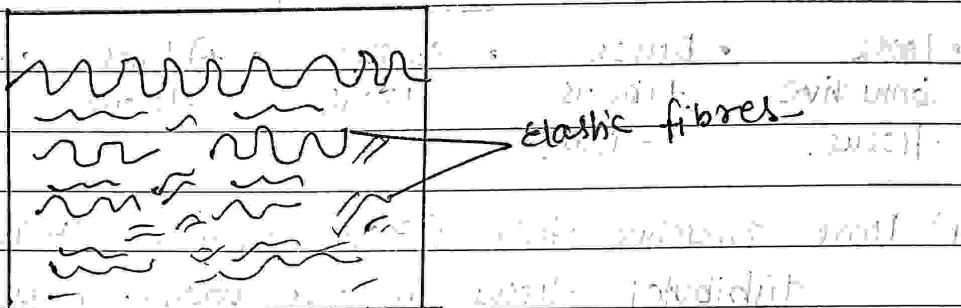
ii) Dense fibrous tissue → The tissue has compactly arranged fibres with greatly reduced interspace. The cells are less no. than areolar tissue. This type tissue is present in dermis of skin.

- provide strong attachment with
- various structure



iii) Elastic tissue → This tissue is yellow in colour & contains more no. of elastic fibers. It is present in tissue where strength is required with elasticity.
 e.g. - trachea, f. Bronchi, lung, skin, etc.

→ Allows stretching of various organs.



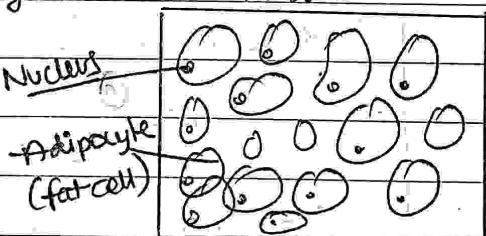
iv) Adipose tissue = (fatty tissue) ⇒
 → contain large rounded cells of cytoplasm is loaded with fat. The nucleus of the cells is pushed towards the periphery eg. subcutaneous tissue of skin.

— around heart kidney, yellow bone marrow

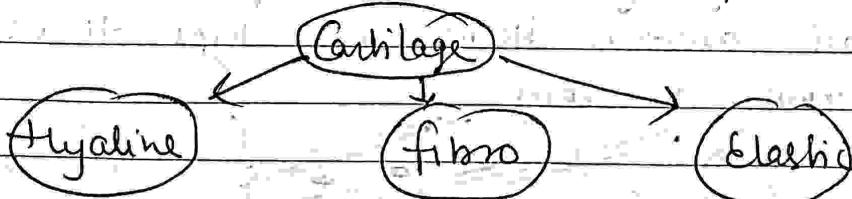
- Reduce heat loss through skin.

- Serves as an energy reserve.

- Supports & protects

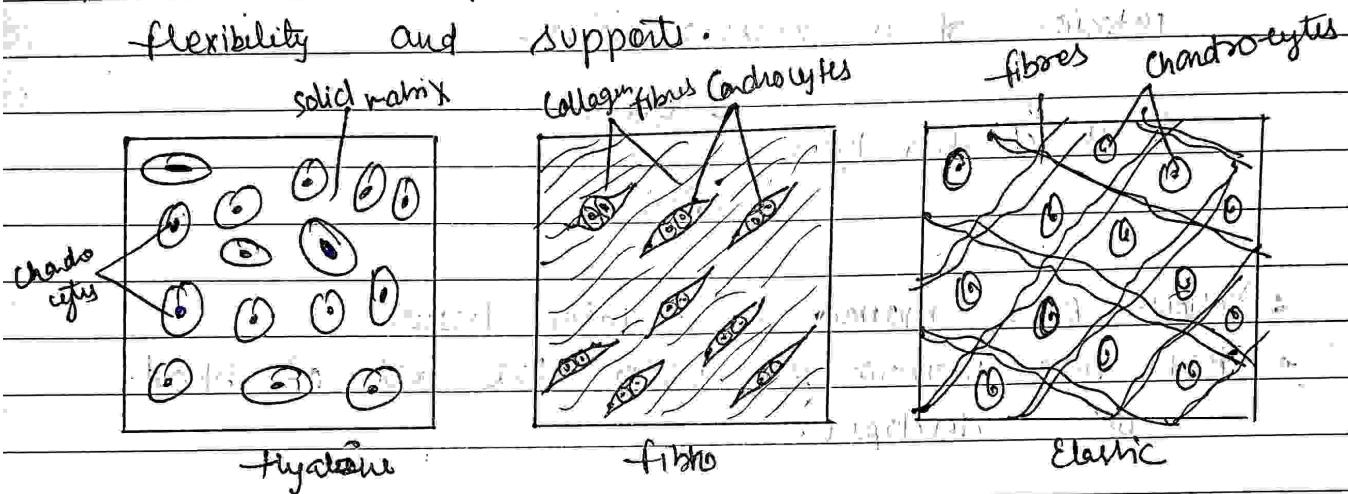


v) Cartilage → It has a tough, gelatinous and elastic matrix formed of chondrin. The cells are more or less round and lie in gaps of the matrix. These gaps are called lacunae.



(a) Hyaline Cartilage → Matrix is free from fibres and is transparent also the cells are arranged in small groups.
→ Located in end of bones, Nose, larynx, trachea, bronchi.

- Provide smooth surface for movement at joints as well as flexibility and supports.



(b) Fibrocartilage → The ground substance contains thick bundles of collagen fibres. It is found in the intervertebral discs, pubic symphysis (hippocrate joint anteriorly), support of sission.

(c) Elastic Cartilage → It contains a network of branching and rejoining collagenous fibres. Located in parts of external ear & lid on the top lateral aspect of larynx.

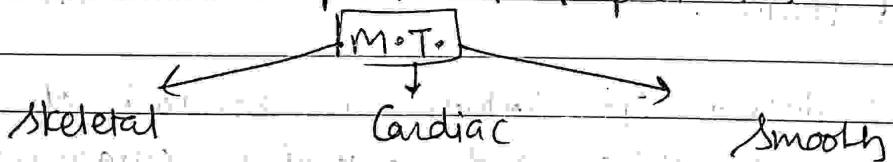
- Give support and maintain shape.
- Bone → It is the hard connective tissue. Bones contain a high concn of salts like calcium phosphate & calcium carbonate.

A bone consists of generally:

- (a) Periosteum → Membrane of fibrous tissue covering surface of bones.
- (b) Compact bone → Hard dense substance found below periosteum.
- (c) Spongy bone → Porous tissue. It forms the interior of mature bone.
- (d) Bone marrow → Soft material which fills the hollow of interior of a mature bone.
- If it is of two types
- Yellow
 - Red
- Yellow Bone marrow is a fatty tissue.
 - Red bone marrow forms which the cell of blood are developed.

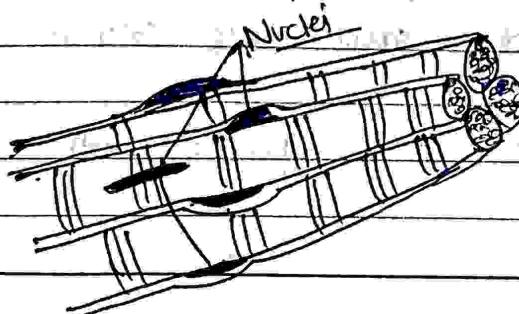
(3) MUSCULAR TISSUE

Muscular tissue consists of fibres that are specialized for contraction. It provides motion, maintenance of posture, heat production & protection.



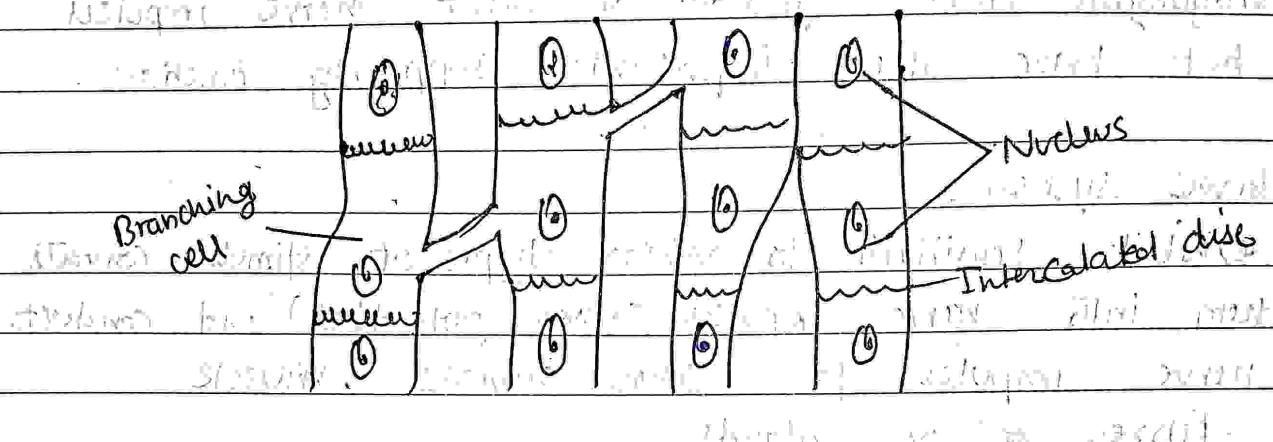
- (a) Skeletal muscle tissue → It consists of long, cylindrical, striated fibres with many peripherally located nuclei. Usually attached to bones by tendons; voluntary control.

• motion, posture, heat production & protection.



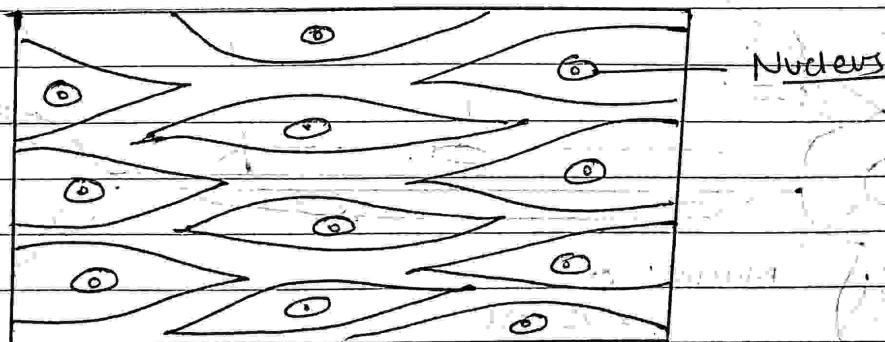
(B) Cardiac muscle tissue → It consist of branched striated fibres with one or two centrally located nuclei; Involuntary control.

- Heart wall
- Pumps blood to all parts of the body



(C) Smooth muscle tissue → It consist of spindle shape, thickest in centre or tapering at both ends, non striated fibres with one centrally located Nucleus; Involuntary Control

- Iris of the eye, Blood vessels, lungs, stomach, gall bladder, intestines, urinary bladder
- Motility → [contraction of blood vessels & airways, propulsion of food through GI tract, contraction of urinary bladder and gall bladder]



(4) Nervous Tissue

Nervous system is composed of neurons (nerve cells) & neuroglia (protective supporting cells).

Neurons consist of a cell body process extending from the cell body (multiple dendrites & single axon).

Neuroglia do not generate or conduct nerve impulses but have other important supporting functions.

• Nervous system

- exhibit sensitivity to various types of stimuli, converts them into nerve impulses (action potentials) and conducts nerve impulses to other neurons, muscle fibres or glands.

