

2023 Community Report



Ephraim McDowell
Health®

Letter to the Community



I'm pleased to report that 2023 was another good year for Ephraim McDowell Health. We continue to be a strong and viable member of the communities we serve. As we fulfill the mission of our organization, we are committed to helping people live healthier through quality health care, trusting relationships, and providing value to the people we serve.

Perhaps one of the things that people value most is their health. We take the health of our communities very seriously, and want to provide the services that our residents need. One of those needs continues to be having enough providers in our communities.

In 2023, we added nearly 30 employed physicians and advanced practice providers to the medical staff. That is the largest number of providers we have hired in recent

years, and we hope that it will help to fill a shortage of providers that all health care systems face.

While hiring one of those providers, we also opened a new clinic ... Ephraim McDowell Internal Medicine, which is staffed by Dr. Karl Hempel. He will treat adults with acute and chronic illness and also provide preventive care medicine. With the addition of that facility, we now have more than 30 independent facilities within the Ephraim McDowell Health system.

During 2023, we also expanded our occupational health services. Ephraim McDowell Health has provided occupational health services for many years, but this year we decided to grow those services while also opening dedicated space where our occupational health providers can practice as a team. Now, local industries can send



their employees to our occupational health office in the basement of the Ephraim McDowell Diagnostic Center, and we still are available to go on-site to local industry as we work with them to protect the health and safety of their workforce.

Probably the biggest accomplishment for Ephraim McDowell Health in 2023 was the growth of our cardiology team. Heart disease is the leading cause of death in the United States, and we now have a stellar group of providers who can care for individuals with heart disease. Our nine cardiology providers are an extraordinary team who offer exceptional heart care. The team is comprised of four board-certified interventional cardiologists who bring more than 110 years of experience and a deep commitment

to cutting-edge treatments. They are supported by advanced practice providers who deliver personalized care. The team focuses not only on an individual's heart but also on their overall vascular health.

The Ephraim McDowell Health Care Foundation continues to raise funds that are invested in meeting the health care needs of our communities, and we are grateful to those individuals who provide that funding. Those dollars are making a difference in many ways ... purchasing lifesaving equipment, buying specialized equipment for therapy patients, and expanding our mammography services, among others.

Ephraim McDowell Health could not provide

the services that we do without the support of our Associates, the medical staff providers and the volunteers who give their time for our patients. As the largest employer in Boyle County, we are thankful to the Associates who work for us.

You can learn more about our accomplishments in 2023 as you read through the rest of this Community Report. We look forward to serving our communities in the future and anticipate that we will continue to hire more providers while expanding the services we offer.

Sincerely,



Daniel E. McKay
President & Chief Executive Officer



Growth/New Services

Ephraim McDowell opens two new locations

Ephraim McDowell expanded its locations base with the opening of two new locations during 2023.

Ephraim McDowell Occupational Health opened in March in the basement of the Ephraim McDowell Diagnostic Center building in Danville. It offers expanded occupational health services for local industries and their workforce.

In September, Ephraim McDowell Internal Medicine opened at 640 East Lexington Avenue in Danville. It houses the primary care practice of Dr. Karl Hempel, who will treat adults with acute and chronic illness and also provide preventive care medicine.

Three new services offered

Ephraim McDowell Regional Medical Center is now offering microwave ablation and cryoablation as treatments for cancer and pain. Microwave ablation uses microwave energy to generate heat to kill and shrink tumor cells. Cryoablation freezes the target tissue to kill tumor cells. Both are minimally-invasive procedures that offer many benefits to patients with cancer and pain.

The Regional Medical Center is also providing ECLS (extracorporeal life support) using ECMO (extracorporeal membrane oxygenation) in

the Emergency Department to restore blood flow and oxygen to the body when a heart stops or when lungs stop functioning. The Regional Medical Center is the only hospital in Kentucky to offer this service 24/7 by the Emergency Department staff.

The Regional Medical Center is also offering Aquablation therapy for the treatment of lower urinary tract symptoms due to benign prostatic hyperplasia. The therapy uses heat-free waterjet ablation to ablate prostate tissue while preserving sexual function and continence.



New surgical suite opens

The Regional Medical Center opened its seventh surgical suite in May as part of a \$3 million expansion plan. The new surgical suite will be used for general, bariatric and thoracic surgeries that require complex surgical care. The suite is equipped with a da Vinci Surgical System as well as advanced lighting and equipment booms. In December, the Regional Medical Center opened another remodeled surgical suite, the system's largest. A second da Vinci system was moved to that suite.

Medical staff welcomes new members

Providers added in 2023 are:

Cardiology



Thomas Goff, M.D., cardiologist at Ephraim McDowell Heart & Vascular Institute



Gbola Ogunbayo, M.D., cardiologist at Ephraim McDowell Heart & Vascular Institute



Jessica Barker, APRN, FNP-C, ENP-C at Ephraim McDowell Heart & Vascular Institute



Samantha DeWitt, MSN, APRN, FNP-C at Ephraim McDowell Heart & Vascular Institute



Stephen Hall, MSN, APRN, NP-C at Ephraim McDowell Heart & Vascular Institute



Megaan Turner, MSN, APRN, FNP-C at Ephraim McDowell Heart & Vascular Institute

Primary Care



Lucas Edelen, M.D., family medicine physician at Danville Family Physicians



Karl Hempel, M.D., internal medicine physician at Ephraim McDowell Internal Medicine



Todd Lackney, D.O., internal medicine physician at Ephraim McDowell Family & Internal Medicine



Brandi Browning, MSN, APRN, FNP-C at North Garrard Family Medical Center



Tiara Cochran, PA-C at Ephraim McDowell Liberty Family Medical Center



Erin Fannin, MSN, APRN, FNP-BC at Ephraim McDowell Garrard Clinic



Sheena McGuffey, AGACNP at Ephraim McDowell Family & Internal Medicine



Megan Rollins, FNP-C at Fort Logan Walk-in & Primary Care



Jennifer Griffin, APRN at Ephraim McDowell Gastroenterology



Colyn Wright, PA-C at Ephraim McDowell Gastroenterology

Pediatrics



Seirra Braden, PA-C at Ephraim McDowell Mercer Pediatrics



Jessica Byrd, DSW, LCSW-S at Ephraim McDowell Behavioral Health



Teresa McIlvoy, PMHNP at Ephraim McDowell Behavioral Health



Kelly Ramos, PMHNP at Ephraim McDowell Behavioral Health

Anesthesiology



Bill Barnett, M.D., anesthesiologist at Ephraim McDowell Specialty Center



Joel Dennis, CRNA at Ephraim McDowell Specialty Center



Deborah Doyle, CRNA at Ephraim McDowell Specialty Center



Codie Moszczynski, CRNA at Ephraim McDowell Specialty Center

Palliative Care



DeLanna Clark, APRN, Palliative Care at Ephraim McDowell Regional Medical Center



Laura Joans, APRN, Palliative Care at Ephraim McDowell Regional Medical Center

Urology



Jeri Humphries, PA-C at Ephraim McDowell Urology

Wound Healing



Paula Logue, APRN at Ephraim McDowell Wound Healing Center



Sarah Overmyer, PA-C at Ephraim McDowell Specialty Center

Foundation Report

The Ephraim McDowell Health Care Foundation is grateful for the transformative impact that its donors' support has had on community health over the past year. Our mission to enhance the quality of health care services in our region and keeping that care "close to home" is a shared commitment, made possible by the generosity of our donors.

Through these donations, the Foundation has been able to fund critical programs in the community, including:

- **Adaptive Tricycle Program.**

We awarded 10 adaptive tricycles for pediatric community members served by Ephraim McDowell Kids Can Do Pediatric Therapy Center. These bicycles allow the recipients to participate more fully with their peers, family and other community members. We also funded one hand-pedaled tricycle for use at Kids Can Do.

- **Orthotic Shoe Program.** We provided 46 pairs of orthotics-friendly and stability shoes for children at Kids Can Do. This alleviates the financial burden of the families, who often had to pay out-of-pocket for well-fitting shoes that were not covered by insurance. In addition, it ensured that children needing the orthotic shoes maintained their orthotic wear schedule.

- **Camp Can Do.** Children with special needs require adaptations to camp experiences that cannot be found in typical camp environments. We provided



funding for 40 campers ages 6 to 18 to enjoy outdoor activities, crafts and interactive snacks at Camp Horsin' Around in Perryville.

- **Camp Healthy Kids.** This camp provided 14 campers ages 5 to 12 with education about nutrition including My Plate recommendations, diet choice expansion and food preparation skills. Campers also learned about various types of physical health including movement/exercise, personal hygiene and healthy sleep habits.

Save the Date

We have three major fundraising events each year. We hope you will make plans to join us in 2024 at these events:

- February 23 - Happy Heart Day
- May 6 - Golf Scramble
- August 3 - Luminosity



- **Sensory Santa.** Over the past five years, we have had the opportunity to create a sensory-friendly environment in which children meet and take a photograph with Santa, parents/children enjoy coffee or hot chocolate and treats, and children completed/received kits for holiday crafts and sensory tools/strategies. This year, we expanded Sensory Santa to two days and were able to serve 42 children with special needs and their siblings.
- **Associate Outreach.** Through our Associate FIRST Fund, 333 Associates were fitted for personal protective equipment using Fit Test Equipment we funded. In addition, various fund requests were granted for monetary assistance to Associates who found themselves in hardship.

• **Medical Equipment.** Our most substantial grant in 2023 was \$204,000 toward the purchase of a second da Vinci Surgical System. The system is used for prostatectomies, increasingly for cardiac valve repair and for renal and gynecologic surgical procedures. To date, the system has been used with 752 surgeries.

• **Patient Outreach.** Our commitment to a healthier community starts with making sure our patients have access to the care they need. As a part of our Chaplain's Fund, we provided just under \$2,000 in medical equipment and prescription medication to patients.

• **Community Outreach.** As a goal of improving the overall health care in our six-county region, we provided funding for health screenings to more than 750 residents. We also sponsored Maternity Fairs at Ephraim McDowell Regional Medical Center and Ephraim McDowell Fort Logan Hospital. In addition, we awarded three lifesaving AED devices to the Garrard County Sheriff, the Boyle County Performing Arts Center and the Lincoln County Fire Department.

\$276,031

total donations received

53% were donors who also gave in the previous fiscal year and 12% were new donors to the Foundation

Community Benefit

Ephraim McDowell Health provides medical care to all patients regardless of their ability to pay. In 2022, our health care system provided our communities and citizens with nearly \$6.9 million of net community benefits. This includes more than \$4.2 million in unreimbursed Medicaid benefits and more than \$2.6 million in charity care.

We offer a variety of financial assistance programs designed to screen applicants at varying income levels and household size. Our financial assistance program applies to all medically necessary services with financial assistance determination made on an individual basis.

The charity programs we offer include Medicaid, the Kentucky Hospital Care Program (KHCP), our internal charity programs, and payment plans. Patients who are denied participation in the Medicaid or KHCP programs may qualify for our internal charity care program, which is available for applications under \$1,000

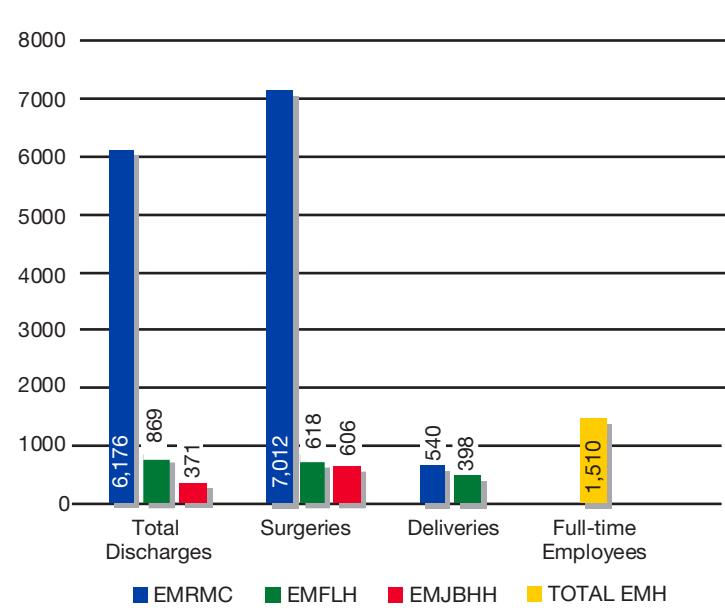
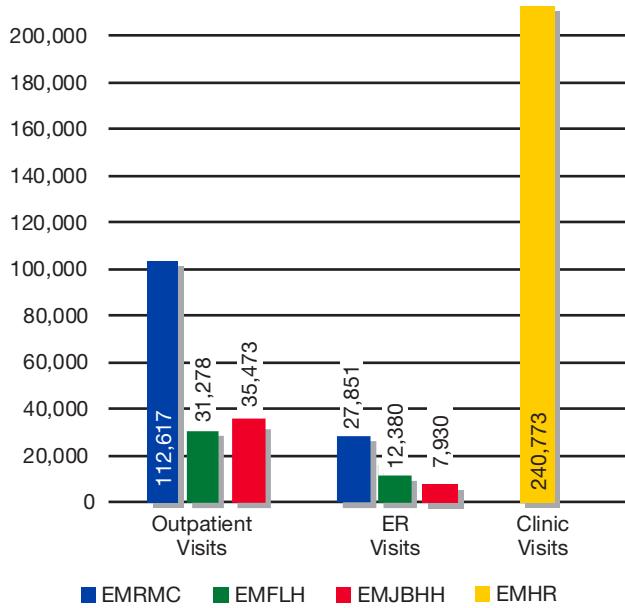
and those over \$1,000. Federal poverty guidelines are used to determine eligibility.

Our self-insured patients are referred to financial counselors if unable to pay their bills after receiving four statements, or 150 days from date of service.

Net Community Benefits 2022

	Total Charity Care	Unreimbursed Medicaid	Total Community Benefit
EMRMC	\$2,100,304		\$2,100,304
EMFLH	\$217,733	\$2,398,565	\$2,616,298
EMJBHH	\$322,089	\$1,834,253	\$2,156,342
TOTAL	\$2,640,126	\$4,232,818	\$6,872,944

Year-end Statistics FY 2023



EMRMC = Ephraim McDowell Regional Medical Center, EMFLH = Ephraim McDowell Fort Logan Hospital, EMJBHH = Ephraim McDowell James B. Haggin Hospital, EMHR = Ephraim McDowell Health Resource

Community Service outreach

As a nonprofit organization, we have an obligation to provide services that benefit the communities we serve. We accomplish that by providing free health screenings and flu vaccines as well as through volunteer hours that our Associates provide to local government and civic organizations. While many of our community service activities were



limited by the COVID-19 pandemic and related restrictions, we are now actively increasing

our outreach to bring these activities to our communities.

During 2023, we provided the following:

- Flu Vaccine – 97
- Colorectal Cancer Screening Kits – 101
- Blood Pressure Screenings – 446
- Screen for Tobacco Use – 354
- Screen for High Cholesterol – 138
- Screen for Glucose – 141
- Screen for Body Mass Index – 187
- Number of events – 24
- Number of cities served – 40
- Number of counties served – 23
- Number of adults screened – 672
- Mental Health Screenings – 39
- Prostate Cancer Screenings – 28
- Food Donation to The Salvation Army - \$5,000
- Bluegrass Healthcare Coalition Executive Board – 24 staff hours
- Sunscreen Donation - \$2,300
- Community Health Needs Assessment - \$96,000
- Harrodsburg Rotary Club – 50 staff hours
- Lincoln County Health Department Board – 8 staff hours
- Lincoln County Relay for Life – 10 staff hours
- Get Moving Challenge – 610 participants; 60 paid staff hours
- Happy Heart Luncheon nutrition presentation – 3 paid staff hours
- Rotary Club – 24 staff hours
- Lincoln County Chamber Board – 12 staff hours
- Heart of Kentucky United Way - \$23,728.86 donated by EMH Associates

R ecognition/Certifications

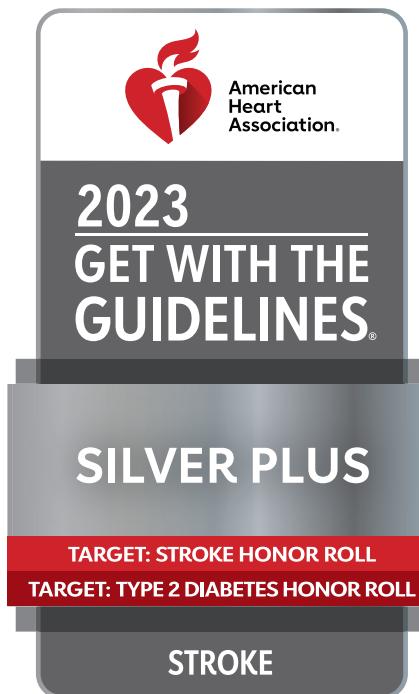
KHA Quality Award



The Kentucky Hospital Association recognized Ephraim McDowell Regional Medical Center with a Quality Award, presented to honor hospital leadership and innovation in quality, safety and commitment in patient care. The award was presented to EMRMC for their efforts in early detection and treatment for patients who develop sepsis.

National recognition for stroke care

Ephraim McDowell Regional Medical Center has been nationally recognized for its commitment to providing high-quality stroke care. EMRMC received the American Heart Association's Get With The Guidelines®-Stroke Silver Plus quality achievement award. The award recognizes that the hospital provides the most appropriate treatment to stroke patients.



The Regional Medical Center also received the American Heart Association's Target: Stroke Honor Roll Award and the American Heart Association's Target: Type 2 Diabetes Honor Roll Award.

Other recognitions earned:

- Ephraim McDowell Regional Medical Center received the 5 Star HIPAA (Health Insurance Portability and Accountability Act) Security Excellence Award. The award is given to hospitals that consistently demonstrate excellence in upholding the HIPAA Security Rule, prioritizing the protection of their patient's health information.
- Ephraim McDowell Regional Medical Center received the American College of Cardiology's NCDR Chest Pain - MI Registry Platinum Performance Achievement Award for 2023. Only 262 hospitals nationwide received the honor.
- Anthem Blue Cross and Blue Shield in Kentucky recognized EMRMC with a Blue Distinction® Centers+ for Maternity Care designation.
- Joan Haltom, PharmD, FKSHP, system director of Pharmacy for Ephraim McDowell Health, earned the American Society of Health-System Pharmacists Opioid Stewardship Certificate.

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In Memoriam

Alvis Johnson served as a member of the Ephraim McDowell James B. Haggin Hospital Board of Directors from 2020 until 2023.



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