

Exceptional care. Right where you are.



2022 Community Report



Ephraim McDowell
Health®

Letter to the Community



Our organization continues to be a strong and viable member of the communities we serve, despite the challenges that presented themselves during 2022. Like every other organization across the nation, we are learning to live with COVID-19 as something that will always be with us.

We can look back at 2022 as a year of great growth for Ephraim McDowell Health. We added a large number of physicians and advanced practice providers throughout our family medical centers and specialty clinics. The additional providers are helping us to fill a shortage of providers that all health care systems have been dealing with over the past several years. We anticipate growing our base of providers even more in the coming year.

Even more exciting was the introduction of new physician specialties in our health care system. We now have as employed physicians a thoracic surgeon, an infectious disease specialist, an interventional radiologist, and an endocrinologist. Having these providers as part of our system will be a tremendous asset to the residents in our communities. It means that they can seek the specialized care they need closer to home – without having to drive to larger cities – and it also helps to ensure the viability of our organization over the long term.

As we added our thoracic surgeon, Dr. C. Wayne Holley, we created the Ephraim McDowell Lung Center with a deliberate goal of making a difference in the fight against lung cancer. Unfortunately, this region of central Kentucky leads the nation for the most number of lung

cancer cases diagnosed. The Lung Center is also staffed by Dr. David Knitter and his wife, Lindsay Knitter, PA-C – both of whom joined our team in 2022 – and Dr. Jared Hagaman, a pulmonologist who has been with us since 2015, and Krystina Browning, APRN, who has been with us for many years. These providers are the only team in the region that offers robotic minimally-invasive lung surgery.

Another service line we added in 2022 was Ephraim McDowell Mobile Medical, which provides home-based medical care to patients who find it difficult to leave their home due to physical limitations or health issues. That service has been very successful since it started, prompting us to hire another provider in order to meet the needs.

As always, we are committed to investing in the latest technology in order to provide the best care to our patients. With the help of our Ephraim McDowell Health Care Foundation, we were able to purchase a second da Vinci Surgical System. That investment will allow us to expand the number of surgeries that can be performed with this minimally-invasive technique. That

only means good things for our patients, who recover quicker and experience less blood loss and pain with a robotic surgery compared to traditional methods.

For all the good that we saw over the past year, we continue to be challenged by the changes that are occurring nationwide in the nursing field. Many nurses are leaving the nursing profession as a result of the stress imposed on them by the COVID-19 pandemic. Despite that, we are taking measures to ensure the availability of caring and compassionate nurses to provide care to our patients. Our goal is to not allow the problem to impact the care we provide.

As always, we are grateful to the Associates and medical staff who support our health care system. Above all, we thank you for trusting us to meet your health care needs.

Sincerely,



Daniel E. McKay
President and Chief Executive Officer

Exceptional care. Right where you are.

Growth/New Services

Ephraim McDowell Lung Center changing lives



Dr. C. Wayne Holley



Dr. Jared Hagaman



Dr. David Knitter



Lindsay Knitter



Krystina Browning

The Ephraim McDowell Lung Center opened in February inside the Ephraim McDowell Specialty Center in Danville. It offers the medical specialties of thoracic surgery and pulmonology in a collaborative approach for diagnosing and treating conditions and diseases of the lungs. The Lung Center is staffed by Dr. C. Wayne Holley, a board-certified thoracic surgeon; Drs. Jared Hagaman and David Knitter, both of whom are board-certified pulmonologists; and Lindsay Knitter, certified physician assistant, and Krystina Browning,

advanced practice provider. These providers are the only team in the region that offers robotic minimally-invasive lung surgery.

Lung cancer is the number one cancer killer in the nation, and this region of central Kentucky leads the nation for the most number of lung cancer cases diagnosed. The Ephraim McDowell Lung Center team of providers are committed to making a difference in the fight against lung cancer.

Second da Vinci Robot acquired



The Ephraim McDowell Health Care Foundation assisted in the purchase of a second da Vinci Surgical System for use with many of the surgeries performed at Ephraim McDowell Regional Medical Center. It will be used for general surgeries such as hernia repair, gallbladder removal, colon surgeries and urologic surgeries including prostate and kidney removal. Use of the surgical system is beneficial to patients because it means less blood loss, less need for pain medication and a shorter hospital stay. It also benefits surgeons by providing enhanced vision of the surgical area while affording enhanced precision and control of the system's instruments. The first da Vinci robot was purchased in 2017 and has been used with more than 2000 surgeries.



New service for homebound patients

Ephraim McDowell Mobile Medical provides home-based medical care to individuals who have trouble leaving or can't leave their home due to medical conditions or physical limitations. Nurse

practitioners go into a patient's home to provide short-term or ongoing care. The service is available to patients in Boyle, Mercer, Garrard, Lincoln and Casey counties.

Medical staff welcomes new members

Providers added in 2022 are:



Matthew Abel, M.D., family medicine physician at North Garrard Family Medical Center



Elisa Spindel, D.O., pediatrician at Ephraim McDowell Mercer Pediatrics



Christina Leber, FNP-C, at Ephraim McDowell Dedman Primary Care



Charles Frederick Closson, M.D., gastroenterologist at Ephraim McDowell Gastroenterology



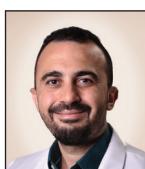
Khursheed Siddiqui, M.D., interventional pain management physician at EMRMC



Lindsey Dockemeyer, FNP-C at Harrodsburg Family Medical Center



R. Cameron Henzman, M.D., interventional radiologist at Ephraim McDowell Regional Medical Center



Maher Alchreiki, M.D., infectious disease physician at the Ephraim McDowell Specialty Center



Lindsay Medley, DNP at Ephraim McDowell Springfield Family Medical Center



Mary Meek, M.D., family medicine physician at Ephraim McDowell Dedman Primary Care



Jason Bowman, M.D., critical care medicine physician at Ephraim McDowell Regional Medical Center



Sabrina Wellman, FNP-C at Ephraim McDowell Family & Internal Medicine



Maryam Zia, M.D., endocrinologist at the Ephraim McDowell Specialty Center



Elizabeth Arnold, PA-C, at Ephraim McDowell Walk-in & Primary Care



Teena Kissee, FNP-BC at Fort Logan Walk-in & Primary Care



Samantha Goodlett, PMHNP at Ephraim McDowell Behavioral Health

Foundation Report

The Ephraim McDowell Health Care Foundation is dedicated to enhancing the healing environment provided by Ephraim McDowell Health through the generation of awareness, philanthropic leadership and support.

The Ephraim McDowell Health Care Foundation had a wonderful year and enjoyed getting back to some “normal” in-person fund-raisers to support the mission of the organization.

We continued our annual Happy Heart Luncheon on February 24. It included motivational presentations by several heart health advocates, medical

experts and fitness professionals who inspired and educated our audience. The featured presentation was by Dr. C. Gary Grigsby, an interventional cardiologist employed at the Ephraim McDowell Heart & Vascular Institute. The luncheon raised more than \$25,000 to support heart health in our community.



Our annual golf tournament fund-raiser was held on May 16 at the Danville Country Club. It attracted 135 golfers on 34 teams from organizations throughout the Central Kentucky

region. The event raised close to \$77,000 for the Good Works Fund to support projects throughout the Ephraim McDowell Health system.

On August 20, we hosted our annual Luminosity Gala at the Danville Country Club. The event was a success and raised more than \$78,000 to support the mission of the Foundation.

In 2022, we continued to support Ephraim McDowell Associates by hosting a Health Care Hero

fund-raiser. This is an opportunity for donors to recognize clinical and non-clinical healthcare heroes within the system. All money raised supports the Associates First Financial Assistance Fund that benefits Associates in need.

Thanks to the Foundation's incredible donors, we were able to support several healthcare needs for our health system and throughout the community. Some of those funding opportunities included:

- Purchase of memory care equipment and supplies for the memory care unit at McDowell Place of Danville, an independent, assisted living and personal care community.
- Assistance with the purchase of a second da Vinci Surgical Robot System at Ephraim McDowell Regional Medical Center. The robot allows surgeons to offer certain surgeries through less invasive means and with more precision. Use of the robot typically allows for a faster recovery time and less time as an inpatient, leading to greater patient satisfaction.
- Purchase of 175 hand hygiene monitoring devices for clinical staff within the healthcare system to support hand hygiene and infection prevention initiatives.
- Purchase of eight Amtryke adaptive bicycles/tricycles for children engaged in rehabilitative services at Ephraim McDowell Kids Can Do Pediatric Therapy Center. These children are unable to use bicycles/tricycles purchased off the shelf from local retailers. These specialized, custom bicycles/tricycles are often outside the budget for most families due to the cost involved. They allow these children to exercise and enjoy bicycle rides with their friends and family.
- Ceiling lifts, cardio equipment, and other specialized bariatric equipment to support the ever-growing bariatric service line and safety initiatives for those Associates working with bariatric patients.

- Purchase of the mobile application of The Sanford Guide, a recognized antimicrobial and infectious disease reference for health care practitioners, prescribers and clinical rounding teams. This resource will put the current best practices for antimicrobial stewardship and clinical decision support at the fingertips of clinical staff (including, but not limited to, physicians, nurse practitioners and pharmacists) system wide.



The Foundation continued to sponsor some popular events for children having special needs in our community. One of those was a Sensory-Friendly Santa experience for Kids Can Do

rehabilitation clients. This event allowed children with sensory needs to see and visit with Santa and attend a fun holiday party that might not have otherwise been an option. The other event was the annual Camp Can Do, a two-week summer day camp for children age 6 to 18 having special needs. This event included traditional camp activities modified for camper success at any ability, including boating, fishing, hiking, swimming, crafts, and recreation.

The Ephraim McDowell Health Care Foundation is a 501(c)(3) non-profit organization.

Community Benefit

Ephraim McDowell Health provides medical care to all patients regardless of their ability to pay. In 2021, our health care system provided our communities and citizens with more than \$1.6 million of net community benefits. This includes more than half a million dollars in unreimbursed Medicaid benefits and more than \$1.1 million in charity care.

We offer a variety of financial assistance programs designed to screen applicants at varying income levels and household size. Our financial assistance program applies to all medically necessary services with financial assistance determination made on an individual basis.

The charity programs we offer include Medicaid, the Kentucky Hospital Care

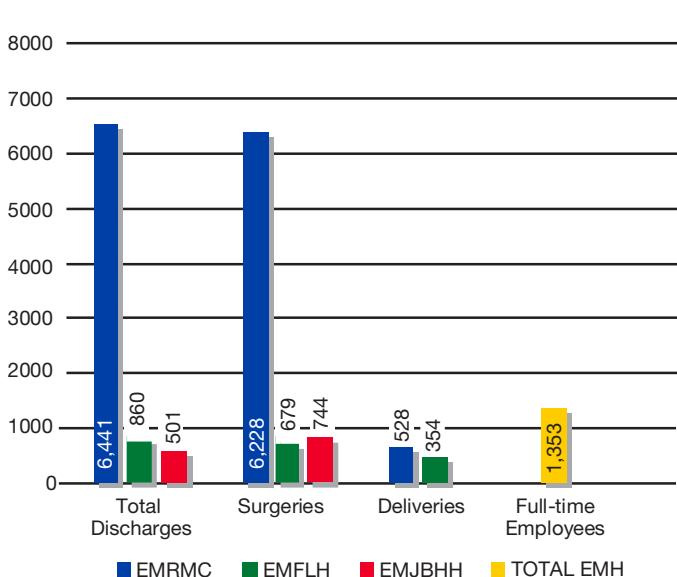
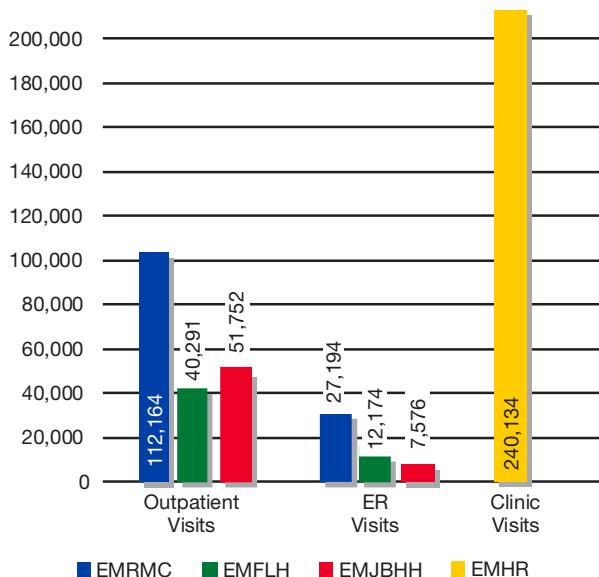
Program (KHCP), our internal charity programs, and payment plans. Patients who are denied participation in the Medicaid or KHCP programs may qualify for our internal charity care program, which is available for applications under \$1,000 and those over \$1,000. Federal poverty guidelines are used to determine eligibility.

Our self-insured patients are referred to financial counselors if unable to pay their bills after receiving four statements, or 150 days from date of service.

Net Community Benefits 2021

	Total Charity Care	Unreimbursed Medicaid	Total Community Benefit
EMRMC	\$847,799		\$847,799
EMFLH	\$257,529		\$257,529
EMJBHH		\$509,032	\$509,032
TOTAL	\$1,105,328	\$509,032	\$1,614,360

Year-end Statistics FY 2022



EMRMC = Ephraim McDowell Regional Medical Center, EMFLH = Ephraim McDowell Fort Logan Hospital, EMJBHH = Ephraim McDowell James B. Haggin Hospital, EMHR = Ephraim McDowell Health Resource

Community Service outreach

As a nonprofit organization, we have an obligation to provide services that benefit the communities we serve. We accomplish that by providing free health screenings and flu vaccines as well as through volunteer hours that our Associates provide to local government and civic organizations.

During 2022, we provided the following:

- Flu Vaccine – 92
- Colorectal Cancer Screening Kits – 149
- Blood Pressure Screenings – 23
- Screen for Tobacco Use – 111
- Referrals for follow-up – 4
- Number of events – 19
- Number of counties served – 10
- Number of adults – 310
- Number of Faith Community Nurses – 95
- Health Ministry Newsletter editions – 7
- Get Moving Challenge – 700 participants; 135 paid staff hours
- Happy Heart Luncheon nutrition presentation – 3 paid staff hours
- Nurse Honor Guard – 2 staff hours
- Medical Users Software Exchange – 700 served; 32 staff hours
- Relay for Life - \$365 raised; 300 volunteer hours
- American Organization for Nursing Leadership Planning Committee – 10 volunteer hours
- Lincoln County Health Department Board – 7 volunteer hours



- Danville-Boyle County Parks and Recreation Board – 24 staff hours
- Danville-Boyle County Development Corporation – 18 volunteer hours
- Farmers National Bank Community Board – 4 volunteer hours
- Youth Service Center Board for Lincoln County – 2 volunteer hours
- Lincoln County Relay for Life – 11 volunteer hours
- Ergonomics in workplace – 2 occupational therapy work hours
- Rotary Club – 24 staff hours
- Health Fair at Cento – 4 staff hours
- American Organization for Nursing Leadership – 3000 nurses educated; 2 staff hours
- Lincoln County Chamber Board – 12 staff hours
- Heart of Kentucky United Way – \$27,352.32 donated by EMH Associates

Recognitions/Certifications

Silver Performance Achievement Award



Ephraim McDowell Regional Medical Center received the American College of Cardiology's NCDR Chest Pain – MI Registry Silver Performance Achievement Award. Only 85 hospitals nationwide received the honor. The award recognizes the hospital's commitment and success in implementing a higher

standard of care for heart attack patients. It also signifies that the hospital has reached an aggressive goal of treating these patients to standard levels of care as outlined by the American College of Cardiology/American Heart Association clinical guidelines and recommendations.

Other recognitions earned:

- All three hospitals – EMRMC, Ephraim McDowell Fort Logan Hospital and Ephraim McDowell James B. Haggin Hospital – have earned The Joint Commission's Acute Stroke Ready Hospital certification. The certification recognizes the hospitals' commitment to providing the highest quality of care for stroke patients.
- Ephraim McDowell Fort Logan Hospital received a Rising Star Award at the annual Kentucky Stroke Care Network Summit in recognition of achieving stroke ready certification by The Joint Commission.
- The trauma center at EMRMC was re-verified as a Level III Trauma Center by the Verification Review Committee, an ad hoc committee of the Committee on Trauma of the American College of Surgeons. The achievement recognizes the trauma center's dedication to providing optimal care for injured patients.

KHA Quality Award



The Kentucky Hospital Association recognized Ephraim McDowell Regional Medical Center with a Quality Award, presented to honor hospital leadership and innovation in quality, safety and commitment in patient care. The award recognized two programs the hospital developed. One program created a comprehensive program to effectively transition patients with heart failure across various health care settings with an emphasis on patients transitioning from inpatient care back to their homes and to prevent hospital readmissions. The other program dealt with the hospital's response to postpartum hemorrhage in order to prevent adverse outcomes among patients.

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