

The Women's Cardiovascular Clinic uses a proactive approach to provide cardiac care for women. From preventive care for women who want to reduce their risk of heart disease in the future, to the most complex cardiovascular diseases, we offer access to specialized care for each individual woman.



For an appointment, please call
(859) 236-6621.



Ephraim McDowell
Heart & Vascular Institute

A Department of Ephraim McDowell Regional Medical Center

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05/25

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Heart disease is the leading cause of death among women in the United States. Yet, women sometimes delay seeking treatment and therefore aren't diagnosed until they have suffered a major incident.

Women tend to experience different symptoms from the crushing chest pain that many men have during a heart attack. Plus, women often don't realize they need to seek help until it's too late.

The Women's Cardiovascular Clinic at Ephraim McDowell Heart & Vascular institute addresses the unique needs of women, offering a tailored program to meet those special needs. It uses a comprehensive approach to provide individualized heart care for women.

Services Offered

- Arrhythmia diagnosis
- Cardio-oncology
- Coronary angiography
 - o Cardiac catheterization
 - o Interventional cardiology
- Coronary calcium scoring
- EKG
- Echocardiography
- Cardiac imaging (including stress MRI)
- Preventive cardiology
 - o Heart-healthy dietary recommendations
 - o Access to smoking cessation tools
 - o Blood pressure management
 - o Cholesterol management

Who Will Benefit?

Women who will benefit from the Ephraim McDowell Heart & Vascular Institute's Women's Cardiovascular Clinic include:

- Women of reproductive age
- Women who have been diagnosed with cardiac disease
- Women who have chest pain, shortness of breath and other cardiac-related symptoms
- Women who have other cardiovascular risk factors such as diabetes, sedentary lifestyle and tobacco use.
- Women who have experienced complicated pregnancies
- Women who have been treated for cancer, particularly with radiation or chemotherapy drugs associated with cardiac effects