As for the results, researchers found that Children in the unreliable condition waited without eating for a mean duration of 3 min and 2 s, and only 1 of 14 waited the entire 15 min. In contrast, children in the reliable condition waited 12 min and 2 s, and 9 of them waited. By performing a linear regression, researchers found that factor-age, gender and mood aren’t significant in the sample.