

Bacteroidetes
Firmicutes
Proteobacteria
Verrucomicrobia
Tenericutes
Actinobacteria
Cyanobacteria
Lentisphaerae
Euryarchaeota
Fusobacteria
Other

Fats Oils and Salad Dressings
Sugars Sweets and Beverages
Meat Poultry Fish and Mixtures
Grain Product
Milk and Milk Products
Vegetables
Eggs
Dry Beans Peas Other Legumes Nuts and Seeds
Fruits
MISSING

Sodium
Lycopene
Potassium
Carotene, beta
Phosphorus
Lutein + zeaxanthin
Calcium
Vitamin A
Folate
Retinol
Cholesterol
Choline, total
Folate, total
Magnesium
Folic acid
Folate, food
Carbohydrates
Selenium
Vitamin K, phylloquinone
Carotene, alpha
Caffeine
Protein
Total Fat
Sugars, total
Vitamin C
Theobromine
Niacin
Cryptoxanthin, beta
Fiber, total dietary
Iron
Zinc
Vitamin E, alpha-tocopherol
Vitamin D (D2 + D3)
Vitamin B-12
Vitamin B-6
Alcohol
Thiamin
Added Vitamin B-12
Riboflavin
Copper
Added Vitamin E
MISSING