

Bacteroidetes  
Firmicutes  
Proteobacteria  
Verrucomicrobia  
Tenericutes  
Actinobacteria  
Cyanobacteria  
Lentisphaerae  
Euryarchaeota  
Fusobacteria  
Other

Fats Oils and Salad Dressings  
Sugars Sweets and Beverages  
Meat Poultry Fish and Mixtures  
Grain Product  
Milk and Milk Products  
Vegetables  
Eggs  
Dry Beans Peas Other Legumes Nuts and Seeds  
Fruits  
MISSING

Sodium  
Lycopene  
Potassium  
Carotene, beta  
Phosphorus  
Lutein + zeaxanthin  
Calcium  
Vitamin A  
Folate  
Retinol  
Cholesterol  
Choline, total  
Folate, total  
Magnesium  
Folic acid  
Folate, food  
Carbohydrates  
Selenium  
Vitamin K, phylloquinone  
Carotene, alpha  
Caffine  
Protein  
Total Fat  
Sugars, total  
Vitamin C  
Theobromine  
Niacin  
Cryptoxanthin, beta  
Fiber, total dietary  
Iron  
Zinc  
Vitamin E, alpha-tocopherol  
Vitamin D (D2 + D3)  
Vitamin B-12  
Vitamin B-6  
Alcohol  
Thiamin  
Added Vitamin B-12  
Riboflavin  
Copper  
Added Vitamin E  
MISSING