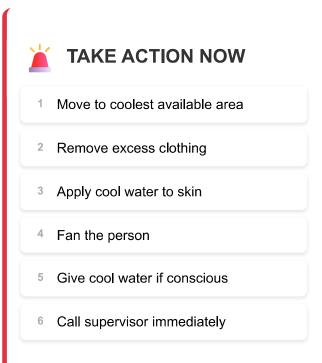


## **HEAT ILLNESS SAFETY**

Recognize • Respond • Prevent







## **PREVENTION TIPS**



Drink water every 15-20 minutes



Use fans or air circulation areas



Wear light, loose clothing



Use buddy system watch coworkers



🕍 MEDICAL EMERGENCY 凗



If unconscious, confused, or body temperature over 103°F

Then notify your supervisor