Breakfast at The Promenade

	Continental breakfast £30
€7	Freshly-squeezed orange, grapefruit or juice of the day
£23	Choice of cereal, fruit salad or sliced seasonal fruit
£10	Choice of handmade Dorset yoghurt (natural, fruit or
£12	low-fat)
£12	Basket of homemade pastries and toast with fruit preserves and butter
£11	Tea or coffee
	Traditional English breakfast £38
	Includes all items from the Continental breakfast with the addition of:
£14	Two organic eggs cooked to your liking, with a choice of bacon, sausages, hash brown, black and white pudding, sautéed mushrooms and grilled or roasted
0.7	vine tomato
£/	Or scrambled eggs with smoked salmon and chives
£ 12	Or omelette of your choice
£ 22	
	Healthy breakfast £38
	Vegan and gluten-free
	Ginger and pear tonic
£42	Bakery basket
£12	Bean curd and chia seed muffins, seeded and black rye
£22	toast, peanut or almond butter with sugar-free preserves
£ 21	Tofu scramble Turmeric, kale and Shimeji mushroom with micro coriander and Alfalfa sprout
£18	Choice of fruit salad or sliced seasonal fruit with
£ 22	organic honey
£ 19	A choice of fresh herbal tea: Green tea, English peppermint or lemongrass and ginger
£ 19	
n £19	
	\$23 \$10 \$12 \$12 \$12 \$11 \$11 \$21 \$22 \$22 \$21 \$18 \$22 \$19

Drinks		The Dorchester Breakfast Blend	£7.50
Espresso, caffè macchiato or ristretto Filter coffee, cappuccino, double espresso, caffè latte, flat white	£6.50 £7.50	Classic and robust, this rich blend makes a strong cup for the perfect start to the day and is best enjoyed with milk	
Hot chocolate	£7.50	Speciality tea from The East India Company	£7.50
Freshly-squeezed juices: orange, grapefruit, carrot, mango, pineapple	£9	The Dorchester is proud to offer a range of selected grand and rare teas and infusions	
The Dorchester green juice	£12		
Smoothies: Bourbon vanilla yoghurt, strawberry, banana, mango	£12		