KAPRICA UNITED FENCING ACADEMY

WEEKDAYS

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|---------------------|--------------------------|----------------------|---------------------|---------------------|
| 3:30 | Lessons | Lessons | Lessons | Lessons | Lessons |
| 4:00 | | | | | |
| 4:25 | Transition : | | /Arrival Assessment/ | | /Temperature Check/ |
| 4:30 | Lessons | Foundation | Lessons | Foundation | Lessons |
| 5:00 | | 4:30-6:00 | | 4:30-6:00 | |
| 6:00 | Transition : | | /Arrival Assessment/ | | /Temperature Check/ |
| 6:10 | ADVANCED | YOUTH AND Competitive | ADVANCED | Competitive | ADVANCED |
| 7:00 | 6:10-9:00 | 6:10-8:10 | 6:10-9:00 | 6:10-9 | 6:10-9:00 |
| 8:00 | Bouting and lessons | Bouting and lessons | Bouting and lessons | Bouting and lessons | Bouting and lessons |
| 9:00 | | | | | |
| 10:00 | | | | | |

KAPRICA UNITED FENCING ACADEMY

WEEKENDS

| | Saturday | Sunday |
|--------|---------------------------------|---------|
| 10:00 | Youth | |
| 11:00 | 10:00-12:00 | |
| 12:00P | Lessons | Lessons |
| 12:55 | Transition : Arrival Assessment | |
| 1:00 | ADVANCED | |
| 2:00 | 1:00-4:00 | |
| 3:00 | Bouting and lessons | |
| 4:00 | | |
| 5:00 | | |