



SPECIAL UPDATE: MARCH 15, 2020

KAPRICA UNITED FENCING ACADEMY

One idea, one step, one touch at a time.

❑ DUE TO COVID-19 (Corona virus), KAPRICA UNITED FA GROUP CLASSES ARE SUSPENDED STARTING MONDAY, MARCH 16 THROUGH TUESDAY, MARCH 31, 2020

- ❑ Greetings friends and families. we believe it is in the best interests of our community and the community at large to suspend group classes for two weeks beginning Monday, March 16.
- ❑ **We also plan to close completely MONDAY 3/16 and TUESDAY 3/17**
 - ❑ Staff will be organizing, deep cleaning, and disinfecting all surfaces, equipment, and uniforms during this time.

❑ PRIVATE LESSONS

- ❑ Lessons may still be scheduled, but the schedule will be amended:
 - ❑ **6:00-10:00 PM Weekdays, 1:00 - 5:00 PM weekends**
- ❑ **Lessons in the system Mon- Wed will be vacated but scheduling is possible.**
 - ❑ **Please reach out to coaches if you plan to keep or adjust lessons and days so that they may be moved easily to the 6-10 time period.**
- ❑ Lessons may be technical or bouting lessons (where the coach actively fences the student in full equipment). Where double lessons are booked, one will be a bouting lesson unless the student specifies otherwise.
- ❑ **Private lessons are the most valuable and most important element of training in our system and we are pleased that we are still able to provide this service.**

❑ CLASS “TUITION” CREDITS

- ❑ Members and clients who have paid March fees already and whose account is in good standing will receive a **50% reduction for classes on the April Invoice, applied as a credit.** This credit may also be used freely against any private lesson charges.

❑ ALTERNATIVE TRAINING/LEARNING

- ❑ Currently we do not plan to produce instructional videos
- ❑ A document is being created that will address the preservation and even enhancement of physical, mental, tactical, and technical fitness during this period.
- ❑ This document will include some workout and footwork routines and some balde target exercises. A lot of training can be achieved in a fairly small space by a motivated and dedicated student!
- ❑ **Coaches will be using this time to take private lessons and practice technical and tactical skills and continue to improve our curriculum and collective mastery of fencing.**

❑ Conclusions

- ❑ This is new territory and none of us knows what will happen, and that is likely to produce some anxiety in all of us including our families.
- ❑ Structure and routine are important to maintain in times of stress and uncertainty.
 - ❑ We will provide some training resources, structures, and routines to aid in this regard.
- ❑ **We hope and anticipate that we will be fully open on April 1, but we cannot be entirely sure of that.**
 - ❑ If the situation changes, our members and families will be apprised, and you may expect to continue to receive general updates

We wish all of our members and families continued good health and safety.

Stephen, Zack, Sam, and Natalia

KAPRICA UNITED FENCING ACADEMY

We find the champion in each child

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