

Given the announcements made by Government over the weekend the committee is reminding all members of the necessity to behave responsibly and has imposed some restrictions on what activities can be supported at the club. Members should note that some clubs in NZ have closed their doors until further notice! The committee does not want to have to do that.

Given the current Covid 19 Alert Status we all have a responsibility towards one another to behave in a way that lessens the possibility of spreading the virus.

We believe the opportunity to partake in some rowing activities and have some social interaction is beneficial for our physical and mental health.

However, we need to be mindful of the requirements of the current Alert Status and work within those guidelines!

To achieve this the club committee is imposing the following rules, which can/will be reviewed as the situation changes.

General requirements

1. If you are feeling ill please stay away from the club until you are well and have a clearance from your Doctor.
2. If you do attend the club you must enter your details in the log book provided
3. Members attending the club should come equipped with sanitiser and disposable wipes.
4. Wash and dry your hands on arrival and on leaving.
5. All equipment used must be cleaned both before and after use, particularly oar, scull and erg handles and all weight equipment. Wipes used in cleaning need to be disposed of in the rubbish bins provided.
6. Limit the number of persons gathering at the shed at anyone time, if necessary we will arrange an online booking schedule, with strict limits on numbers.
7. The use of large crew boats. Quads, Fours and Eights is prohibited.
8. Doubles and Pairs can be used by members of the same household, or persons who are having close contact with one another in another situation.
9. Singles can be used by all competent club members, using boats they are entitled to use, and providing normal RNZ safety guidelines are followed.
10. Do not leave towels or clothing items in the boat shed
11. Do not share drink bottles

Gym specific requirements

1. All equipment used must be cleaned both before and after use. This includes when you are moving station to station if completing a weight circuit.
2. If doing floor exercises please bring a yoga mat or similar and exercise on that.
3. Swiss balls to be wiped down after use.
4. Ensure adequate social distancing at all times – we will limit the number of available ergs to facilitate that distancing.

Imposing these rules has not been undertaken lightly but we need to be caring for the whole community. If the rules are not followed we will have to consider closing the club shed for the duration of the emergency, as other clubs have already done.

The Committee
Union Boat Club