

# Fe-porphyrin: A redox-related biosensor of hydrogen molecule

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## ABSTRACT

Hydrogen molecule ( $H_2$ ) exhibits broad-spectrum but microenvironment-dependent biomedical effects in varied oxidation stress-related diseases, but its molecular mechanism is unclear and its targeting molecule is unknown so far. Herein, we originally reveal that Fe-porphyrin is a  $H_2$ -targeted molecule. We have demonstrated that the oxidized Fe-porphyrin in both free and protein-confining states can self-catalyze the hydrogenation/reduction by reacting with  $H_2$  to catalytically scavenge  $\cdot OH$ , and can also catalytically hydrogenate to reduce  $CO_2$  into CO in the hypoxic microenvironment of *in vitro* simulation and *in vivo* tumor, confirming that Fe-porphyrin is a redox-related biosensor of  $H_2$  and  $H_2$  is an upstream signaling molecule of CO. These discoveries are favorable for deep understanding and exploration of profound biomedical effects of  $H_2$ , and helpful for development of innovative drugs and hydrogen energy/agricultural materials.

## KEYWORDS

hydrogen molecule, molecular mechanism, molecular target, hydrogen medicine, porphyrin, catalysis, carbon monoxide

## 1 Introduction

Hydrogen molecule ( $H_2$ ) has proven to have a broad-spectrum biomedical effect in a variety of oxidation stress-related diseases [1–6], but its molecular targeting point is not clear. In the current popular opinion,  $H_2$  can selectively scavenge highly toxic reactive oxygen species (ROS) such as  $\cdot OH$  [2], but in principle, the reaction rate of  $H_2$  with  $\cdot OH$  is considerably low owing to high activation energy and low solubility of  $H_2$  in water (1.6 ppm) [7], implying little probability of direct reaction. Therefore, we here speculate that there could be an enzyme/sensor for catalyzing the  $H_2$ -related reaction in the body.

Besides the anti-inflammatory effect in general inflammation-related diseases, we have recently discovered that  $H_2$  also exhibited a pro-inflammatory effect and induced oxidation stress in the tumor microenvironment (TME) [8–10]. It hints the biological behaviors of  $H_2$  are possibly dependent on the specific microenvironment. Moreover, these two effects of  $H_2$  in inflammation and cancer are highly similar to that of CO molecules. Therefore, we here hypothesize that  $H_2$  possibly is an upstream signaling molecule of CO for playing its biomedical effects.

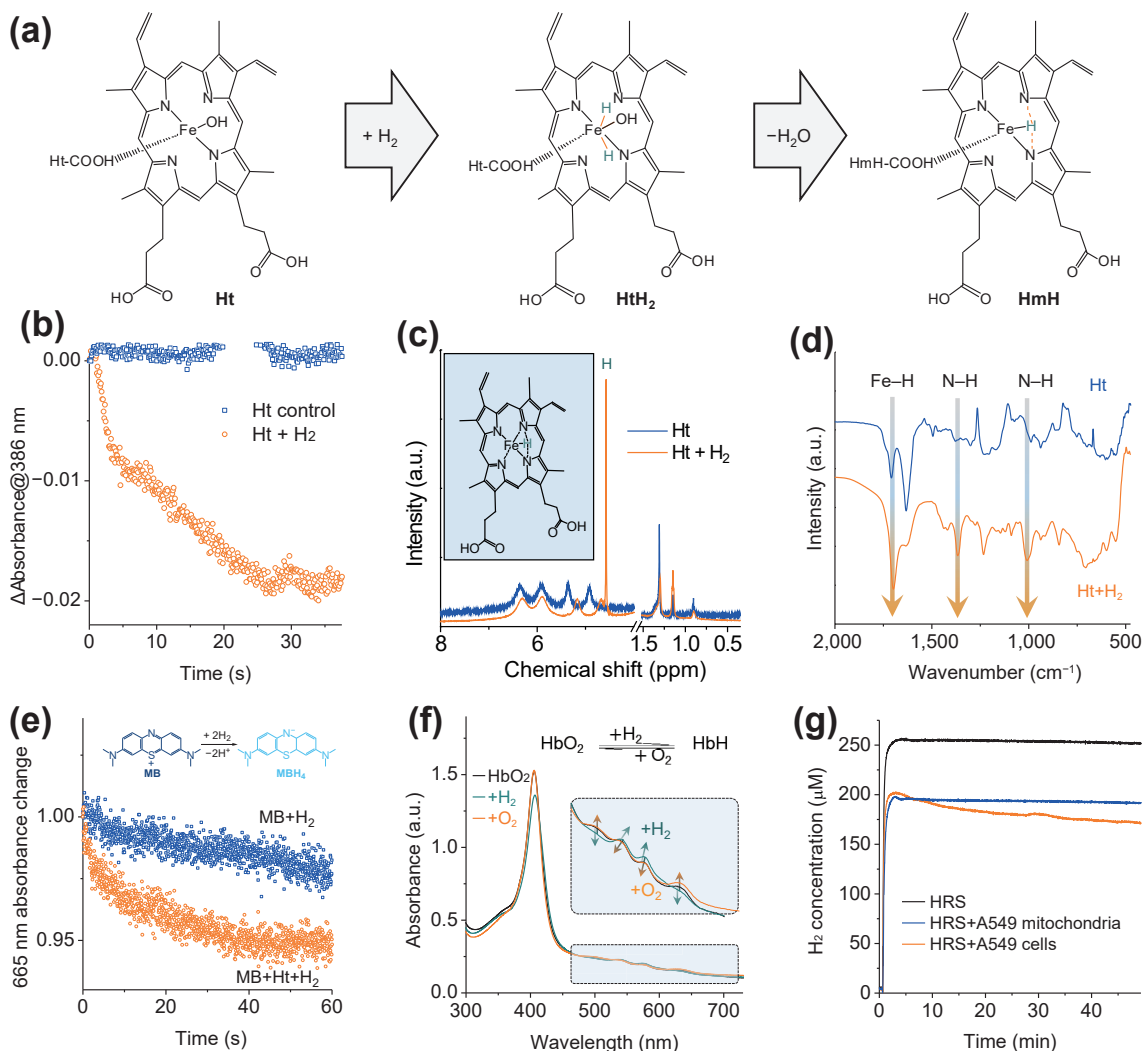
The catalytic center of hydrogenase in anaerobes is located on the S/Fe/Ni-coordinated Fe [11], and the signal transduction of CO is mainly initiated from the coordination between CO and ferrous porphyrin [12, 13]. Therefore, we here envisage that the N-coordinated Fe in ferrous porphyrin could possibly sense and decompose  $H_2$  like hydrogenase, and then catalytically hydrogenate ROS and  $CO_2$  to scavenge ROS and generate CO in ROS-rich and hypoxic microenvironments, respectively. Fortunately, we have verified the hypotheses with experimental evidences in this work.

## 2 Results and discussion

### 2.1 Catalytic hydrogenation activity of Fe-porphyrin

Firstly, the hydrogenation activity of Fe-porphyrin as a hydrogen biosensor is confirmed. Visually, both the bubbling of hydrogen gas (Fig. S1 in the Electronic Supplementary Material) and the addition of hydrogen-rich water (HRW, Fig. 1(b)) into the aqueous triethylamine ( $Et_3N$ ) solution of hematin (Ht) cause the quick decrease of the absorption bands at 386 and 605 nm and the increase of the absorption band at 650 nm, implying the hydrogenation of Ht. Furthermore, the reaction product between Ht and  $H_2$  (Fig. 1(a)) is confirmed to be the hydrided Fe-porphyrin (HmH), as demonstrated by  $^1H$  NMR (Fig. 1(c)) and FTIR (Fig. 1(d)) results.  $^1H$  NMR data indicate that a single hydrogen atom (4.57 ppm) is coordinated on the Fe center of HmH (Fig. 1(c)), and FTIR data also suggest the formation of the Fe-H bond as well as the enhancement of the N-H bond (Fig. 1(d)), which is possibly due to the hydrogen bonding of Fe-H...N. The reducibility of the hydrogen coordinated with Fe in HmH is especially high, as indicated by that Ht can catalytically hydrogenate methylene blue (MB) in a rapid way (Fig. 1(e)).

In addition to the free state, Fe-porphyrin is mainly confined in the structure of many proteins such as hemoglobin (Hb) and cytochromes (Cyt) in the body, and is largely concentrated at cellular mitochondria and in red blood cells (RBC), which can be the main workplaces of  $H_2$ . Therefore, we further checked the catalytic hydrogenation activity of Fe-porphyrin in the levels of protein and cell. The oxidized Hb ( $HbO_2$ ) is similar to Ht for quick reaction with  $H_2$ , and can catalytically hydrogenate  $O_2$



**Figure 1** The catalytic hydrogenation behavior of Fe-porphyrin. (a) The proposed hydrogenation reaction of hematin (Ht), (b) the real-time monitoring of the absorbance change at 386 nm during the reaction between Ht and hydrogen-rich water (HRW), (c) <sup>1</sup>H-NMR and (d) FTIR spectra of Ht before and after reaction with H<sub>2</sub>, (e) the methylene blue (MB) indication for the reducibility of the Ht hydrogenation product, (f) the UV absorption spectra of oxidized hemoglobin (HbO<sub>2</sub>) before and after hydrogenation and then oxygenation, and (g) the real-time monitoring of H<sub>2</sub> concentration in hydrogen-rich saline (HRS) during incubation with A549 cells or their mitochondria using the hydrogen microelectrode.

slowly (Fig. 1(f)). Furthermore, A549 cells (a lung cancer cell line) can quickly consume H<sub>2</sub> in hydrogen-rich saline (HRS) because of containing a large amount of Fe-porphyrin proteins such as Hb and CytC (Fig. 1(g)). Moreover, extracted mitochondria from the equal amount of A549 cells can quickly consume the almost equal amount of H<sub>2</sub> (0.1875 pmol/cell), indicating that the mitochondrion is an intracellular main workplace of H<sub>2</sub> where Fe-porphyrin is able to catalytically hydrogenate/scavenge ROS and to donate electrons for offsetting the electronic leakage in the electron-transport chain. This can well explain the previous popular phenomenon that H<sub>2</sub> plays a role as a mitochondrial remediator under oxidation stress [14, 15].

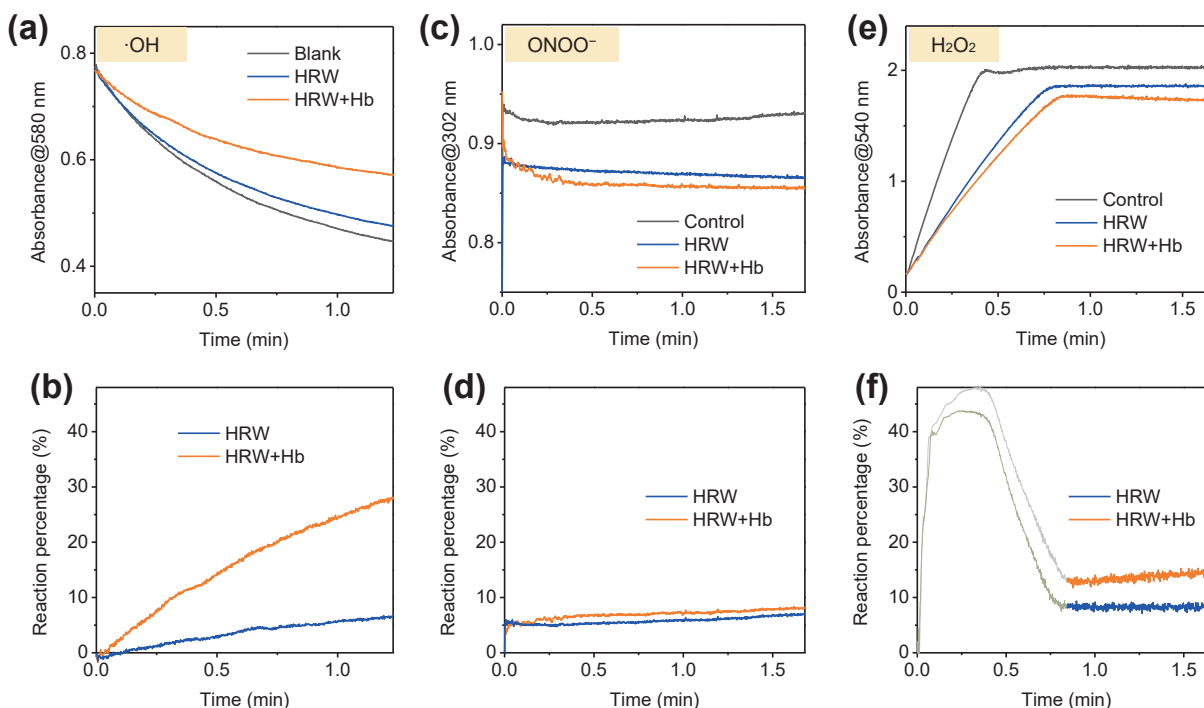
## 2.2 ROS-scavenging behavior of Fe-porphyrin-catalytic hydrogenation

There are a variety of oxidative species, especially low concentration of ROS (nM level) in the mitochondria and high concentration of O<sub>2</sub> in the blood (about 7 mM). The catalytic hydrogenation activity and rate of Fe-porphyrin reacting with oxidative species will determine the order and degree of the competitive reactions and the biomedical effects of H<sub>2</sub> in the body. Therefore, we experimentally detected the kinetics of several typical ROS reacting with H<sub>2</sub> in the presence and absence of Hb as a typical Fe-porphyrin catalyst. From Fig. 2, Hb can catalyze the

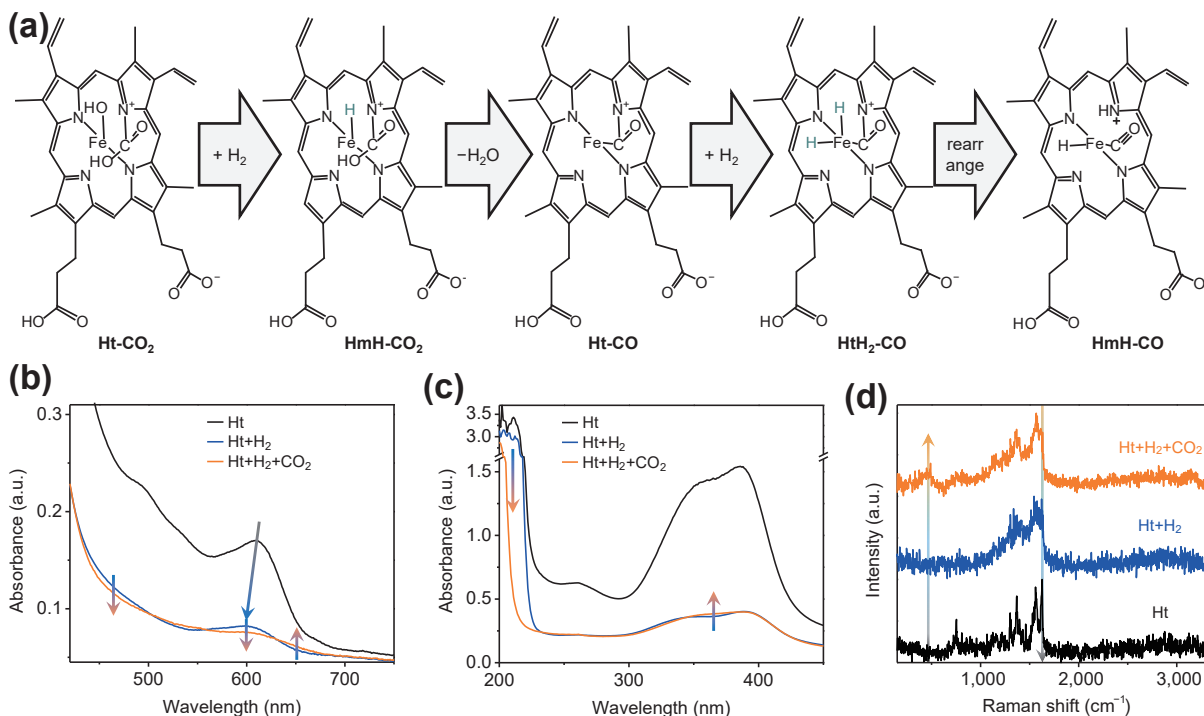
hydrogenation of ·OH (Figs. 2(a) and 2(b)) more significantly than that of ONOO<sup>−</sup> (Figs. 2(c) and 2(d)) and H<sub>2</sub>O<sub>2</sub> (Figs. 2(e) and 2(f)), meaning that H<sub>2</sub> will preferentially scavenge ·OH prior to other ROS under the catalysis of Hb, possibly because of higher oxidability and smaller dimension of ·OH. Small dimension is thought to be favorable for ROS and H<sub>2</sub> to enter into the porous channel of Hb protein to react with Fe-porphyrin there. This well explains the previous phenomenon of H<sub>2</sub> selectively scavenging highly cytotoxic ·OH rather than other ROS [2]. In addition, it is worth noting that the concentration of O<sub>2</sub> in the body, especially in the blood, is distinctly higher than that of ROS, implying that there is a certain probability of O<sub>2</sub> hydrogenation in an oxygen-rich microenvironment under the catalysis of Fe-porphyrin (Fig. 1(f)). This drops us a hint that the remote diffusion-mediated delivery of H<sub>2</sub> through the blood circulation might be relatively lowly efficient, and the mitochondria-targeted delivery and local release of H<sub>2</sub> could possibly bring benefit for hydrogen therapy of diseases.

## 2.3 CO-generating behavior of Fe-porphyrin-catalytic CO<sub>2</sub> hydrogenation in the hypoxic microenvironment

Since the concentration of CO<sub>2</sub> in the body, especially in the mitochondria, is considerably high, we checked whether CO<sub>2</sub> can be reduced by H<sub>2</sub> into CO through Fe-porphyrin-catalytic



**Figure 2** The catalytic ROS-scavenging behavior of  $\text{H}_2$ . ((a), (c), and (e)) The dynamic curves of ROS reaction with  $\text{H}_2$  in the presence and absence of Hb, where  $\cdot\text{OH}$  (a),  $\text{ONOO}^-$  (c), and  $\text{H}_2\text{O}_2$  (e) were detected by their colorimetric probes (methyl violet for  $\cdot\text{OH}$ , and 4-aminoantipyrine/peroxidase for  $\text{H}_2\text{O}_2$ ) or intrinsic absorption ( $\text{ONOO}^-$ , at 302 nm). ((b), (d), and (f)) The calculated percentages of  $\cdot\text{OH}$  (b),  $\text{ONOO}^-$  (d), and  $\text{H}_2\text{O}_2$  (f) reaction with  $\text{H}_2$  according to the corresponding dynamic curves. In (f), the curves (gray) before 0.84 min mainly involved the detection reaction, which did not reflect the early hydrogenation of  $\text{H}_2\text{O}_2$ .



**Figure 3** The behavior of hydrogenated Fe-porphyrin for catalytic reduction of  $\text{CO}_2$  into CO. (a) The proposed route of Fe-porphyrin-catalytic hydrogenation and  $\text{CO}_2$  reduction, and the UV (b), (c) and Raman (d) spectra of the products after the hydrogenation and carbonylation of Ht.

hydrogenation (Fig. 3(a)). Excitingly, we here find that Fe-porphyrin in the free (Ht) and protein-confined (Hb) states can indeed catalyze the reduction of  $\text{CO}_2$  into CO at the saturated aqueous solution of  $\text{H}_2$  (800  $\mu\text{M}$ ) and  $\text{CO}_2$  (33 mM), as suggested by the characteristic adsorption (Figs. 3(b) and 3(c)) and Raman (Fig. 3(d)) bands of carbonyl products. After the  $\text{Et}_3\text{N}$  solution of Ht was blown with  $\text{H}_2$  and  $\text{CO}_2$  gases, the product was precipitated by addition of HCl and then freshly collected for FTIR and Raman measurement. From UV spectra in Figs. 3(b) and 3(c), the decrease of absorption bands at about 600 nm and

460 nm and the increase of absorption bands at about 650 nm and 365 nm reflect the typical carbonylation of Fe-porphyrin in the hydrogenated/reduced Ht (HmH). The similar hydrogenation and carbonylation transformations are also clearly visible for Hb after  $\text{H}_2$  and  $\text{CO}_2$  bubbling (Fig. S2 in the ESM). From Raman spectra in Fig. 3(d), the appearance of Fe-CO peak at 460  $\text{cm}^{-1}$  and the attenuation of  $\nu_{10}$  band at 1,620  $\text{cm}^{-1}$  indicate the local coordination of generated CO with reduced Fe-porphyrin, which will directly mediate the downstream CO signaling pathways.

Furthermore, we checked the possibility of catalytic CO



generation in the tumor where there is a typical hypoxic microenvironment in favor of catalytic hydrogenation and reduction. Before and after intratumoral injection of saturated HRS, photoacoustic (PA) imaging was executed on the tumors of mice, and the PA signal at 840 nm was collected to reflect local CO generation because the molar extinction coefficient of carbonylated Hb (COHb) is remarkably lower than that of other Hb proteins including oxidized and reduced ones. The sharp attenuation of PA signal at 840 nm (blue in Figs. 4(a) and 4(b), and Fig. 4(c)) once intratumoral injection of HRS suggests the quick increase of COHb content in tumor. Moreover, the decrease in Hb content (Fig. 4(d)) also means the transformation of Hb into COHb. The local generation of COHb in tumor after hydrogen administration confirms that  $H_2$  is an upstream signaling molecule of CO. Therefore, the delivery of  $H_2$  can play a role of CO therapy in the hypoxic microenvironment of diseases such as tumor, myocardial infarction and wound, which well explains why many biological effects of  $H_2$  including anti-inflammation and anti-cancer seem similar with that of CO. In addition, the gradual recovery of PA signal 20 min after local HRS injection (Fig. 4) might be due to the tumor metabolism of COHb. It implies that targeted/local and sustained  $H_2$  supply could bring great benefit for hypoxia-related diseases through CO pathway.

### 3 Conclusions

In summary, we have originally discovered that Fe-porphyrin is a redox-related biocatalyst/biosensor of hydrogen molecule. In the ROS-rich microenvironment such as mitochondria, Fe-porphyrin can catalyze the hydrogenation and scavenging of ROS, especially  $\cdot OH$ . In the hypoxic microenvironment, Fe-porphyrin can catalyze the hydrogenation and reduction of  $CO_2$  into CO which is locally coordinated with Fe-porphyrin to mediate the downstream CO signaling pathways. These important findings will greatly help with the deep understanding of biomedical effects of hydrogen molecule, and provide inspiration for development of the rational and customized  $H_2$  delivery systems for various major diseases.

Based on present findings, some extended new issues are proposed to be addressed in the future in favor of deeper understanding and better applications of hydrogen molecule,

including that (1) whether other transition metals-caged porphyrin molecules/proteins/enzymes can also play the Fe-porphyrin-similar catalyst/sensor role; (2) whether NO can also be generated through catalytic reduction of oxynitrides by the similar catalytic route to play a downstream signaling role; (3) whether the hydrided Fe-porphyrin in blood red cells is subject to oxygenation to affect the remote delivery of active hydrogen to a certain extent; (4) whether the excessive Fe-porphyrin-catalytic hydrogenation will cause oxidation stress to generate some unexpected positive or negative effects; (5) whether  $H_2$  can block the Fenton-like reaction based on Fe/Mn/Zn-porphyrin to intercept the progression of related diseases such as neurodegenerative diseases, chronic liver diseases and amyotrophic lateral sclerosis; (6) whether the Mg-porphyrin in chlorophyll can play the Fe-porphyrin-similar catalyst/sensor role; (7) whether transition metals-coordinated porphyrin and the molecules with the similar coordination structure can be used in hydrogen energy and agriculture for hydrogen storage, transformation, delivery and utilization, etc.

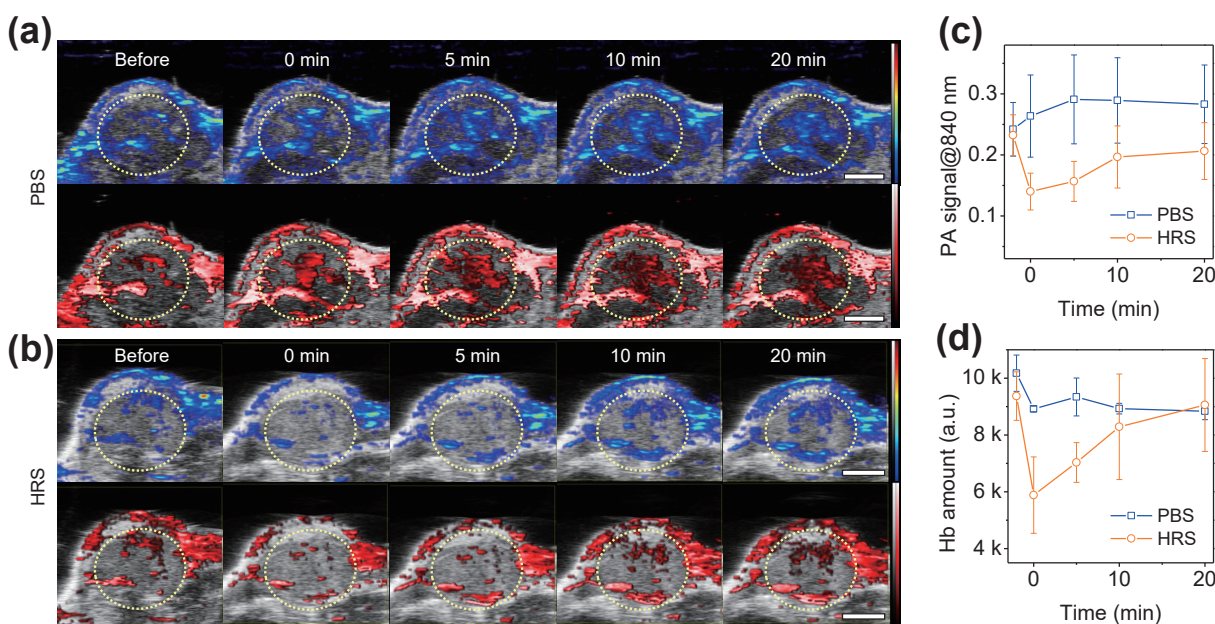
## 4 Experimental section

### 4.1 Measurement of Ht hydrogenation

Ht (Aladdin, H104216) was completely dissolved into a 1% aqueous solution of  $Et_3N$  (Sigma-Aldrich, T0886) in a quartz cuvette (Ht concentration of 16  $\mu M$ ), and then pure hydrogen gas was bubbled into the solution. UV spectra of the solution before and after hydrogen gas bubbling were collected (Agilent Technologies, Cary 60). On the other hand, the reaction dynamics was monitored by UV absorption at 386 nm once HRW (1 mL) was added into the oxygen-removed solution of Ht (36.5  $\mu M$ , 2 mL).

### 4.2 Identification of the hydrided Ht

Ht (16  $\mu M$ ) was completely dissolved into an acetone solution of HCl, and then pure hydrogen gas was bubbled into the solution. After 2.5 h, a drop of the solution was dropped onto the attenuated total reflection platform followed by hydrogen gas blowing drying and FTIR measurement (PerkinElmer, Spectrum



**Figure 4** The intratumoral generation of CO after local  $H_2$  administration. ((a), (b)) PA images of tumors before and after intratumoral injection of hydrogen-rich saline (HRS) for different time durations (0, 5, 10, and 20 min), and the corresponding quantification of PA intensity (c) and Hb amount (d) in the yellow dashed circles ((a), (b)) which excluded the disturbance of surface skin. The scale bars in (a) and (b) correspond to 2 mm.

Two). For  $^1\text{H}$ -NMR measurement, Ht (2 mg) was completely dissolved into a mixture solution of deuterated acetone (1.5 mL, Aladdin, A100963) and deuterated HCl (20  $\mu\text{L}$ , Aladdin, D304594), and then pure hydrogen gas was bubbled into the solution for 30 min, followed by NMR measurement (AVANCE NEO 400 MHz) under the protection of hydrogen gas.

#### 4.3 Reducibility measurement of the hydrided Ht

MB (Sigma-Aldrich, 1159430025) was used as a colorimetric probe of catalytic hydrogenation. The aqueous solution of MB (2 mM, 50  $\mu\text{L}$ ) and the  $\text{Et}_3\text{N}$  (1%) solution of Ht (2 mM, 20  $\mu\text{L}$ ) in turn was added into the saturated HRW (1.93 mL) followed by dynamic monitoring at 665 nm on the UV spectrometer. As for control, Ht was not used but the concentrations of other chemicals kept the same.

#### 4.4 Catalytic hydrogenation measurement of Hb with oxygen gas

Pure hydrogen gas was gently bubbled into the aqueous solution of Hb (50  $\mu\text{M}$ , Macklin, H828504) for 10 min, and then pure oxygen gas was gently bubbled into the solution for 40 min. Before and after gas bubbling, UV spectra of the solution were collected.

#### 4.5 Catalytic hydrogenation measurement in the cell level

A549 cells ( $1.08 \times 10^6$ ) were dispersed into the saturated HRS (1.5 mL) and then put into a microrespiration bottle for real-time monitoring of  $\text{H}_2$  concentration with a hydrogen microelectrode (UNISENSE, MR2-St-Co). Moreover, all mitochondria in  $1.08 \times 10^6$  A549 cells were extracted with a mitochondria isolation kit (Solarbio, SM0020), and then immediately dispersed into the saturated HRS (1.5 mL) in the microrespiration bottle for real-time monitoring of  $\text{H}_2$  concentration with the hydrogen microelectrode.

#### 4.6 Measurement of reaction dynamics of catalytic scavenging of ROS

As to  $\cdot\text{OH}$  scavenging,  $\cdot\text{OH}$  was generated by the Fenton reaction and detected by its colorimetric probe methyl violet. HRW (1.4 mL), aqueous solution of methyl violet (0.5 mM, 0.2 mL),  $\text{FeSO}_4$  (4 mM, 0.1 mL), Hb (3.2 mg/mL, 0.1 mL) and  $\text{H}_2\text{O}_2$  (2 mM, 0.2 mL) were added into the quartz cuvette in turn, and the absorbance at 580 nm was monitored in real time immediately.

The concentration of  $\text{ONOO}^-$  was determined by its intrinsic absorption band at 302 nm. The aqueous solution of  $\text{ONOO}^-$  was freshly prepared for immediate use by adding the aqueous solution of NaOH (1.5 M) into the equal volume of aqueous mixture solution of  $\text{H}_2\text{O}_2$  (0.7 M), HCl (0.6 M) and  $\text{NaNO}_2$  (0.6 M). HRW (1.7 mL), Hb (3.2 mg/mL, 0.1 mL) and  $\text{ONOO}^-$  (0.6 M, 0.2 mL) were added into the quartz cuvette in turn, and the absorbance at 302 nm was monitored in real time immediately.

The concentration of  $\text{H}_2\text{O}_2$  was detected by its colorimetric probe (4-aminoantipyrine/peroxidase, Kyoritsu WAK- $\text{H}_2\text{O}_2$ ). A piece of the detection agent and Hb (3.2 mg/mL, 100  $\mu\text{L}$ ) were dissolved into HRW (1.8 mL), and then  $\text{H}_2\text{O}_2$  (2 mM, 100  $\mu\text{L}$ ) was added followed by immediate dynamic monitoring of the absorbance at 540 nm.

#### 4.7 Measurement of catalytic hydrogenation/reduction of $\text{CO}_2$

The  $\text{Et}_3\text{N}$  (1%) solution of Ht (10 mM, 6 mL) was bubbled with pure hydrogen gas for 40 min to form a hypoxic environment and then with pure  $\text{CO}_2$  gas for another 30 min. Before and after  $\text{H}_2/\text{CO}_2$  bubbling, UV spectra of the solution were collected. The

aqueous solution of HCl (36.5 mM, 10  $\mu\text{L}$ ) was quickly added into 0.5 mL above solution, and then the precipitate was collected by centrifugation and washed with ionized water followed by Raman measurement (Thermo Fisher, DXR3xi). As to Hb, the aqueous solution of Hb (60  $\mu\text{M}$ ) was lightly bubbled with pure hydrogen gas for 30 min and subsequently with pure  $\text{CO}_2$  gas for another 30 min. Before and after  $\text{H}_2/\text{CO}_2$  bubbling, UV spectra of the solution were collected.

#### 4.8 In vivo PA imaging of tumor for measurement of COHb generation

A tumor-bearing mice model was built by injecting  $5 \times 10^6$  4T1 cells into the hind limb of each female BALB/c mouse (5 weeks old) which was purchased from the Guangdong Medicinal Laboratory Animal Center (Guangzhou, China). After tumors reached about 80 mm<sup>3</sup>, 80  $\mu\text{L}$  PBS or saturated HRS was injected into tumor ( $n=3$  for independent experiments). Before and after injection, PA signals and blood oxygen saturation at 840 nm were collected. Then, the relative Hb amount was calculated according to the reported method [16, 17]. All animal experiments were carried out in strict accordance with the regulation of the Animal Ethical and Welfare Committee of Shenzhen University.

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#### Author contribution statement

Q. J. H. proposed the hypotheses, conceived, designed and supervised the project, analyzed and interpreted the data, and wrote the paper. P.H.Z. initiated the research line under the assistance of Z. K. J. Z.K.J. performed chemical and biological experiments under the assistance of W. J. G. under the supervision of Q. J. H. and W. J. D.

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