

# Medical Consultation Report

Date of Exam: October 24, 2023

Report ID: #88291-XY

## 1. Patient Information

Name	Date of Birth	Gender	Patient ID
John Doe	January 15, 1985	Male	PT-9902

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## 2. Clinical Presentation

- Chief Complaint:** Persistent lower back pain (duration: 3 weeks) radiating to the left leg.
- History of Present Illness:** Patient reports the pain started after lifting heavy equipment. Pain is described as "sharp" and is exacerbated by sitting for long periods.
- Current Medications:** Ibuprofen 400mg as needed for pain.

## 3. Physical Examination Findings

- Vital Signs:** BP: 120/80 mmHg | HR: 72 bpm | Temp: 98.6°F
- Observation:** Patient exhibits a slight antalgic gait.
- Range of Motion:** Limited flexion of the lumbar spine due to discomfort.
- Neurological:** Reflexes (Patellar/Achilles) are \$2+\$ bilateral. No loss of sensation noted.

## 4. Assessment & Plan

- Primary Diagnosis:** Lumbar Strain (ICD-10: M54.50).
- Differential Diagnosis:** Possible lumbar disc herniation.
- Plan:**
  - Referral for Physical Therapy (2x weekly for 4 weeks).
  - Prescribed Naproxen 500mg (twice daily with food).
  - Follow-up in 14 days if symptoms do not improve.

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Physician Signature: \_\_\_\_\_

Dr. Taylor Reed, M.D.