



## Unit 12 | Session 1

Practice makes perfect - Change the world

**LEARNING OBJECTIVE:** discuss how to make life better

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## Lesson Overview

1. GET STARTED: Practice makes perfect
2. PREPARE: Skills and performance
3. SPEAKING: How skilled are you?
4. PREPARE: Describing emotional impact
5. SPEAKING: A little goes a long way
6. PROGRESS CHECK

# GET STARTED

Practice makes perfect

**Look at the photo. How long do you think it took the person to learn to do this?  
Talk about an activity you know about that takes a lot of practice to do well.**





# PREPARE

## Skill and performance

Take turns with your partner(s) using the phrases in the box to describe the professions.

1. an astronaut
2. a painter
3. a teacher
4. a concert pianist
5. an accountant
6. an architect
7. a chemist
8. a psychologist

analytical	be competent at
artistic	be gifted at
athletic	be determined to
imaginative	be skilled at
intellectual	be trained to
musical	have technical skills in

A chemist is someone who **is gifted at math and science . . .**

**. . . and they're usually very analytical and intellectual.**

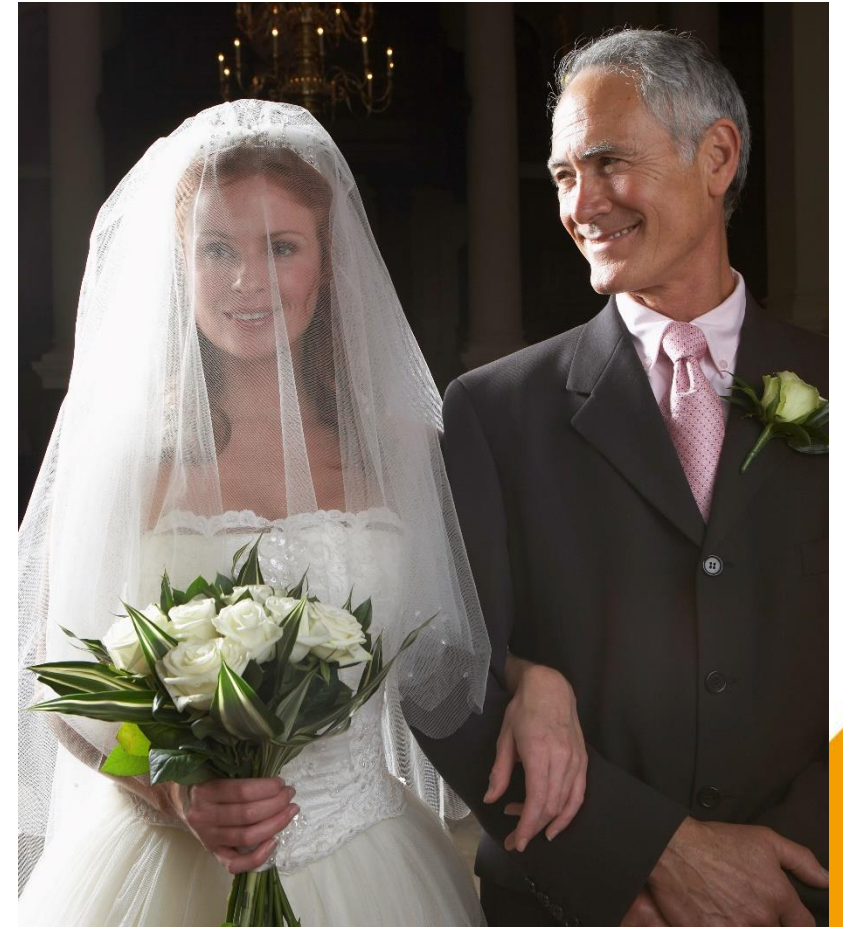
# PREPARE

## Adverbs with adjectives and adverbs

Add more detail to each sentence by adding the adverb in parentheses.

1. The bride looked beautiful at the wedding. **(amazingly)**
2. I'm excited about going backstage after the concert. **(especially)**
3. But it's not true. **(necessarily)**
4. It's supposed to be cloudy tomorrow. **(partly)**
5. They weren't interested in buying the house, but they said they'd think about it. **(particularly)**
6. There was enough food in the pantry. **(barely)**
7. There's plenty of food leftover after dinner. **(always)**
8. He walked quickly down the street. **(rather)**

The bride looked **amazingly beautiful** at the wedding.



# SPEAKING

How skilled are you?

Work in small groups. Compare how skilled you are at doing the following activities. Use adjectives and/or adverbs and examples to support your opinions.

1. cooking
2. saving money
3. fixing things
4. making decisions
5. managing your time
6. playing sports
7. learning a foreign language
8. using new technology
9. dancing

I'm not **especially** good at cooking. In fact, just the other day I burned a whole batch of cookies!

I'm not an amazing cook, either, but thanks to my mom, I'm **fairly** skilled at baking . . .



# PREPARE: VOCABULARY

## Describing emotional impact

Complete the sentences with the verbs in the correct form.

be	brighten	capture	do
get	ruin	stress	take

1. You can \_\_\_\_\_ up people's lives with just a smile.
2. She says her work is \_\_\_\_\_ her out right now.
3. You need something to \_\_\_\_\_ your mind off your problems.
4. It will \_\_\_\_\_ you good to get out of the house for a while.
5. Failing my exam yesterday \_\_\_\_\_ a real downer.
6. The speaker's ideas really \_\_\_\_\_ our imagination last night.
7. This cloudy, rainy weather is \_\_\_\_\_ me down.
8. That bad news \_\_\_\_\_ my day yesterday.





# PREPARE

## Describing emotional impact

**Share a time when someone in your life had a positive or negative impact on you. Use vocabulary from the box.**

Positive	Negative
brightened up my day	was a real downer
left a lasting impression on me	got me down
put my mind at rest	ruined my day
raised my spirits	stressed me out
took my mind off things	

I remember a time when work was really stressing me out, and my boss took me out for a coffee to take my mind off things. He really brightened up my day because . . .





# SPEAKING

A little goes a long way

**Work in small groups. Think of what you could do in the following situations to make others feel better.**

- Your friend is worried about his grades.
- Your coworkers are stressed about a project.
- Your parents are tired and overworked.
- People in your community are struggling to pay their bills.


If your friend is worried about his grades, you could suggest a day trip together to take their mind off things – maybe a game of soccer.





# PROGRESS CHECK

Now I can . . .

- ☐ talk about skill and performance.
  - ☐ discuss how to make life better.
- 



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**LEARNING OBJECTIVE:** discuss how to make life better and talk about talent



Thank you!