

USER ID	USER STORY	PRIORITY	RISK	STORY POINTS	SPRINT EFFORT
Sprint 1					18
5	As an athlete, I want to enter exercise that I do, so that I can track my activity.	Must Do	High	8	
15	As an athlete, I want to enter fitness goals, so that I have a goal to obtain	Must Do	Moderate	2	
19	As an athlete, I want to link a coach to my account, so they can track my progress	Must Do	High	8	
Sprint 2					18
8	As an athlete, I want to be able to enter what I eat for each meal, so that I can track my nutrition	Must Do	Moderate	5	
1	As an athlete, I want to enter weight and height information, so that I can use that information to track and calculate other health information	Must Do	Low	3	
21	As a coach, I want to see the amount of exercise that my athletes are completing, so that I can see how much they are exercising	Must Do	Moderate	5	
22	As a coach, I want to see what my athletes are eating, so that I can determine if their diet is appropriate for their training	Must Do	Moderate	5	
Sprint 3					20
20	As a coach, I want to see the height and weight information of my athletes, so that I can adjust their trainings and diets appropriately	Must Do	Moderate	5	
16	As an athlete, I want to enter dietary goals, so that I have a goal to obtain	Must Do	Moderate	2	
2	As an athlete, I want the application to track my weight, so that I can see my improvements.	Must Do	Low	5	
18	As an athlete, I want the application to notify me if I am not meeting my dietary goals, so that I can stay on track to meeting my goals	Should Do	Moderate	3	
7	As an athlete, I want the application to notify me if I am not exercising frequently enough, so that I stay in shape	Should Do	Moderate	3	
9	As an athlete, I want to enter the calories for the food I eat, so that I know how much I am consuming	Should Do	Moderate	2	
Sprint 4					20
12	As an athlete, I want to enter the amount of water I consume, so that I can track my hydration.	Should Do	Moderate	3	
17	As an athlete, I want the application to notify me if I am not meeting my fitness goals, so that I can stay on track to meeting my goals	Should Do	Moderate	3	
24	As a coach, I want to see the fitness goals of my athletes, so that I can adjust their trainings to meet their goal	Should Do	Low	3	
25	As a coach, I want to see the dietary goals of my athletes, so that I can adjust their diet to meet their goal	Should Do	Low	3	
3	As an athlete, I want to set a target weight, so that I have a weight goal to reach.	Should Do	Low	1	
14	As an athlete, I want the application to notify me to remind me to drink water, so that I am constantly hydrating	Could Do	Moderate	3	
11	As an athlete, I want the application to notify me if I am not meeting my suggested calorie intake, so that I am following my diet accurately	Could Do	Moderate	2	
13	As an athlete, I want the application to calculate a suggested amount of water that I should consume based on my height and weight, so that I am accurately hydrating.	Could Do	High	2	
Backlog					15
6	As an athlete, I want the application to calculate the amount of calories burned in a workout based on the activity and my body size, so that I know the results of my workout	Could Do	Low	5	
10	As an athlete, I want the application to calculate a suggested amount of calories for each meal based on my height and weight, so I can adjust my diet accordingly	Could Do	Low	3	
4	As an athlete, I want the application to calculate how many pounds per week I should lose, so that I can see if I'm on track with my weight goals.	Could Do	Moderate	2	
23	As a coach, I want to see how much water my athletes are drinking, so that I can make sure they are hydrating appropriately	Could Do	Moderate	5	