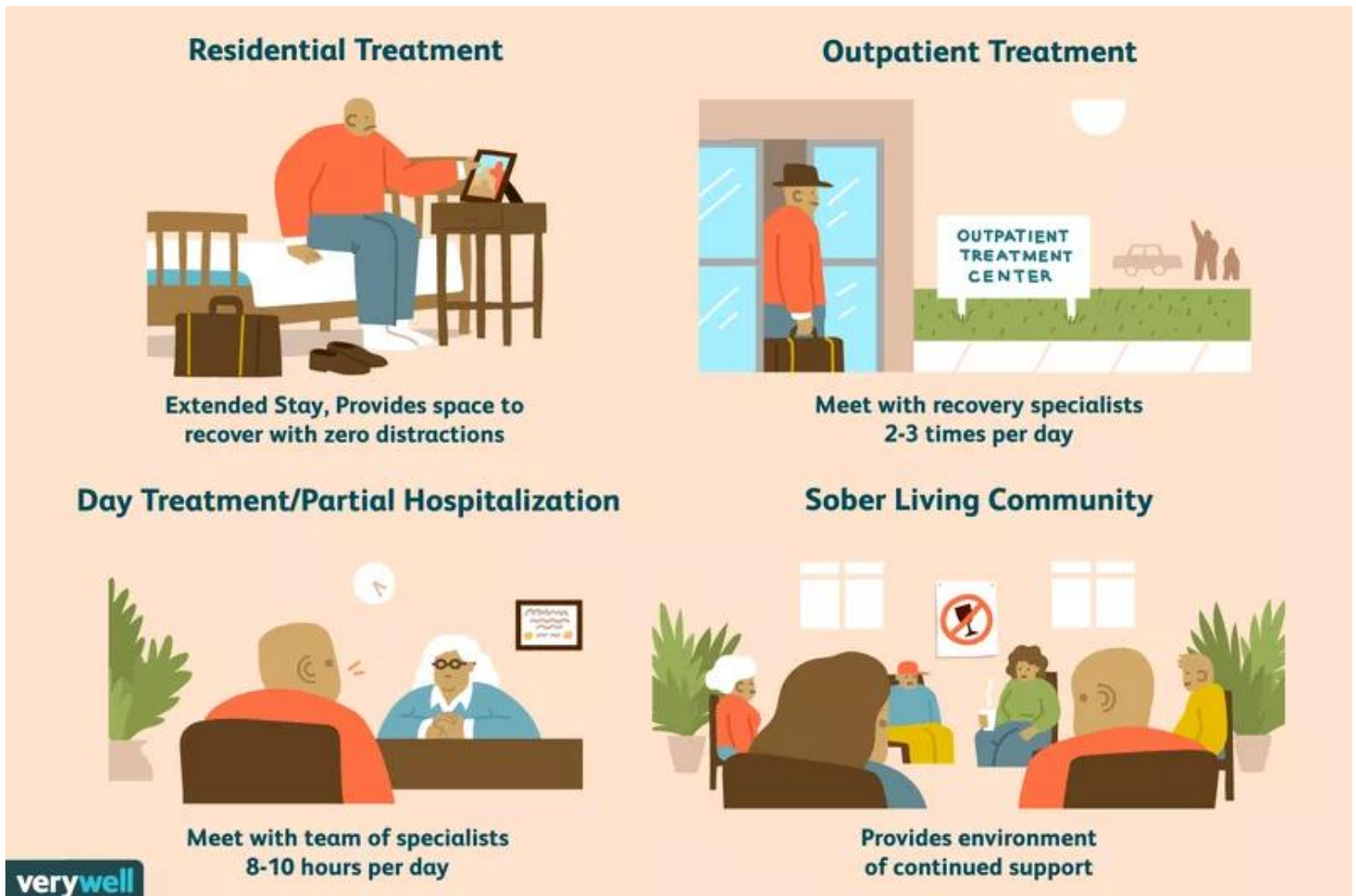


Home

" If you can quit for a day, you can quit for a lifetime. "

- Benjamin Alire Sáenz



A 'STOP' that keeps you

away from Relapsing.

In 2020-21, alcohol is the most common drug of concern in Australia. There is an overall increase in the number of alcohol-related treatments from 67,400 in 2011 to 83,600 in 2021.

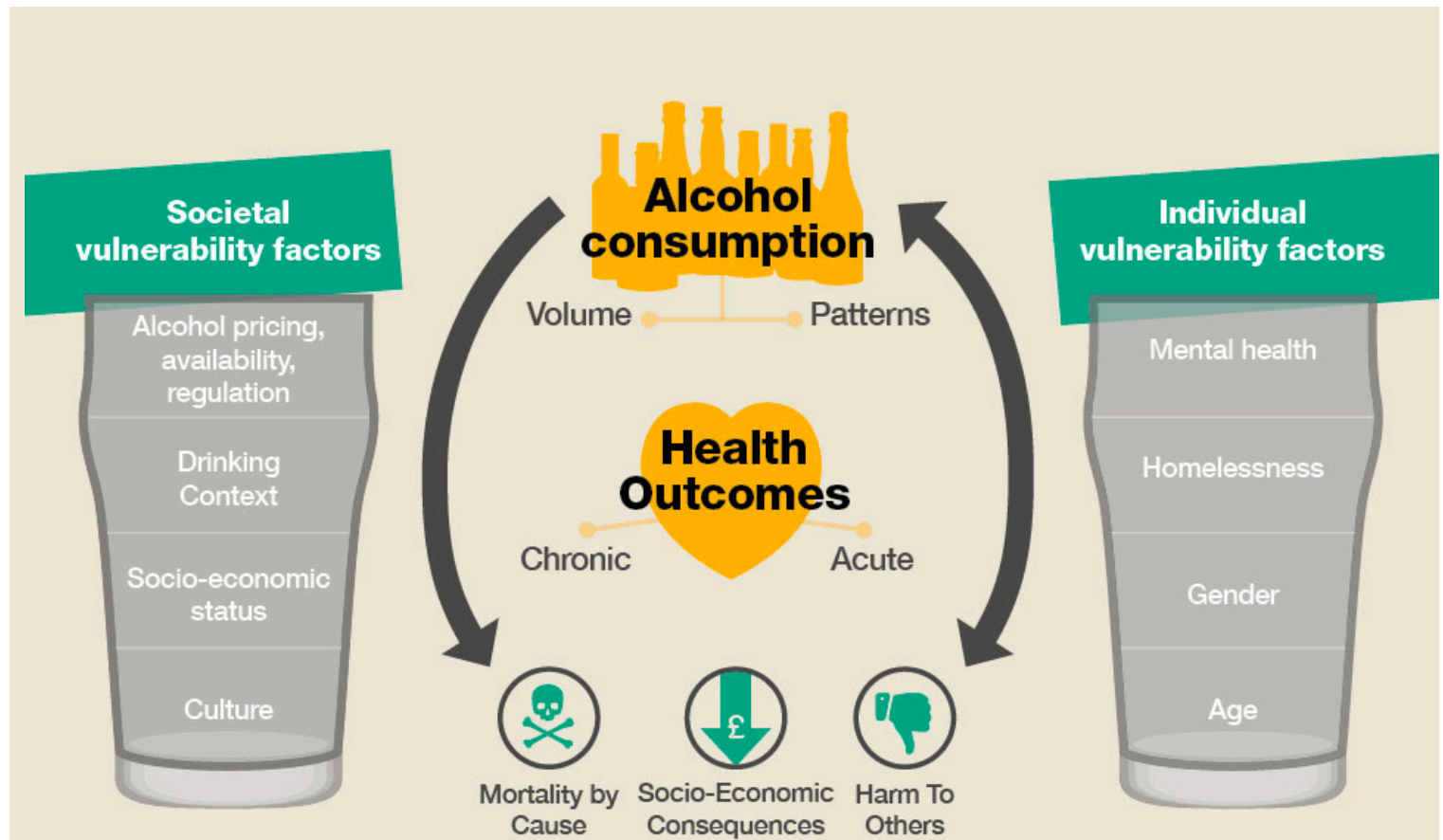
ALCOHOL HAZARD



Discover the hazards of alcohol to every organ of the body here. Alcohol is hazardous for every organ of the body

[Find more...](#)

GOOD CHOICE



It's not uncommon to drink to a few beverages on weekends, or the odd stubby or a glass of wine during a weeknight.

"UNDERSTAND THE GOOD CHOICE"

[Find More...](#)

RESOURCES



When you need a distraction to kick your alcohol addiction, check out the resources here.

[Find more...](#)

REHAB AND EMERGENCY SUPPORT



To combat alcohol addiction, locate information about each service below when you require their assistance.

[Find more...](#)