Unit 08

Bring Beauty into Life

My Thoughts (Page 36) Answer of this activity may vary from student to student.

Answer: I am very much impressed by the title of the story Kindness pays! How true it is! We get what we give. If we sow the seeds of love, friendship, charity, helpfulness and togetherness, we will receive the same from others too. I think, helping a person when he or she is in trouble is the greatest thing we can do. It is possible only if we are good at heart. Our actions should not cause others trouble. Instead, they should make others happy.

- 1. Answer the following questions in one or two sentences: (Page 37)
- a. What makes Merlin feel bad?

Answer: Merlin had a quarrel with her brother and it makes her feel bad.

b. How is Jwala able to understand the feelings of Merlin?

Answer: Jwala is able to understand the feelings of Merlin because she experienced the same when she had quarrelled with her sister.

c. How did the young girl help the boy?

Answer: The young girl helped the boy by giving him a large glass of buttermilk to drink.

2. Write True or False: (Page 37) a. True b. False c. False

Unit 09

Stay Away from Illness

- 1. Answer the following questions in one or two sentences: (Page 41)
- a. How can one keep his or her body fit?

Answer: One can keep his or her body fit with a balanced diet and proper exercise.

b. Name a few threats to our health.

Answer: A few threats to our health are lack of cleanliness, lack of exercise, eating fatty food, skipping breakfast and not taking enough rest.

- 2. Fill in the blanks: (Page 41) a. future b. studies c. eat
- **3. Write True or False: (Page 41)** a. False b. False c. True d. True

Safe Bicycle Journey Quiz: (Page 42)

1. Each time we start 2. Every time we ride 3. To help drivers see us 4. Left side 5. When crossing 6. Ring the bell 7. First one 8. Always

Unit 10 Indian Social Values

My Thoughts: (Page 45)

Answer: Untied we stand, divided we fall is a famous proverb. The story 'The Power of Unity' proves the proverb right. What helped the doves to escape is their united hard work. In addition to that, the mouse also helped the doves. In life too, we can succeed only when we work together. There is no meaning in losing time fighting with each other. All should work as a team.

- 1. Answer the following questions in one or two sentences: (Page 46)
- a. Why do we judge ourselves lucky and privileged?

Answer: We are lucky and privileged because we are born in a great nation like India.

b. What do you understand by democracy and secularism?

Answer: Democracy means rule of the people and secularism means equality for all religions.

c. Explain the term 'Unity in Diversity'.

Answer: This term refers to people of different religions, races, communities, regions and languages live together peacefully.

d. What is the responsibility of an Indian citizen?

Answer: It is the responsibility of an Indian citizen to protect and promote these social values.

2. Fill in the blanks: (Page 46)

Answers: a. democratic b. status c. open-mindedness

3. Write True or False: (Page 46) Answers: a. True b. False c. True

4. Case Studies: (Page 47)

Clash Between Students: It is something that is to be avoided. We should not encourage such fights. If there is difference of opinion, we should reach at a decision through discussion. Violence is to be avoided. Such clashes will divide society into different rival groups. It is against the unity of our country.

Young Teachers: Our county will become a developed nation only when all get proper education. The students mentioned here do what they can to spread education. These little acts will help the children in slums to get at least basic education. The effort of these children should be appreciated. Their aim is to do something for the society.

Unit 11

Good Manners & Etiquettes

- 1. Answer the following questions in one or two sentences: (Page 51)
- a. What are the advantages of good manners?

Answer: The advantages of good manners are creation of a good image of oneself and better relationship.

b. What do you know about eye contact?

Answer: When we speak, we should maintain eye contact.

c. How can we avoid wastage of food?

Answer: We can avoid wastage of food by taking only what we need.

- 2. Write True or False: (Page 51)
- a. False b. True c. False
- 3. Fill in the Blanks: (Page 51)
- a. speak b. speaking c. full

Unit 12

Save Trees, Save Life

- 1. Answer the following questions in one or two sentences: (Page 55)
- a. Trees prevent climate change. Explain.

Answer: Trees remove from the atmosphere carbon dioxide which is responsible for global climate change.

b. How do trees reduce water pollution?

Answer: Roots act as natural filters. They remove pollutants and thus reduce water pollution.

c. Why should we avoid wasting paper?

Answer: Paper is made from trees and therefore, saving paper is equal to saving trees.

- 2. Write True or False: (Page 55)
- a. True b. False c. True
- 3. Fill in the Blanks: (Page 56)
- a. carbon dioxide b. oxygen c. cooler
- 4. Discussion Corner: (Page 56)
- a. The girl in the pictures is watering the plants on both the sides of the road leading to her house. There are very few trees near her house. As a result, it must be very hot too. She has planted the saplings and is taking care of them.
- b. Look at the situation of the earth....about to fall into the depths and get destroyed. The man is cutting the tree. If he continues to do so.....the earth will perish soon. So, to save the earth....let's protect trees!
- c. The bird is sad.....it has lost its home which was on the tree. When we cut a tree, we are destroying houses of many animals. We are taking away their right to live. So....stop cutting trees!

My Thoughts (Page 56):

Answer: We are living in a polluted land. The air we breath, the water we drink and the soil we cultivate are all polluted. Who is responsible for it? We the human beings living on the earth are responsible for it. The earth is very sad.....means it has lost its grace, mainly because of our actions. We have destroyed the nature around us and the price is very high. Now it is time for us to walk back. It is time for us to make the earth happy. To bring the smile back to the world, we should protect the nature. We must stop looting the nature and start nurturing it. We can plant more and more trees. It will make the world a better place to live in. Thus, we can make the earth smile again.

Unit 13

The Power of Love

- 1. Answer the following questions in one or two sentences: (Page 59)
- a. Love is happiness. Explain.

Love is happiness because where there is love, there is happiness.

b. What is the central teaching of all the religions?

The central teaching of all the religions is love.

c. What is the moral behind the story?

The moral of behind the story is 'love can bring great changes in a person'.

- 2. Write True or False: (Page 59) a. False b. True c. False
- **3. Floral Carpet of Love: (Page 59)** (The answers of this activity may vary from person to person.) a. Father b. Mother c. Brother d. Sister e. Uncle f. Aunt g. Rajesh (Friend) h. Aiswarya (Friend)

Unit 14

Believe in Peace

- 1. Answer the following questions: (Page 63)
- a. Why were Jayant and his team players happy in the playground?

Answer: They were happy because they had won the two matches against class IV.

b. Could the team of Jayant win the match for the third time too? What was the reason according to Jayant?

Answer: No, they couldn't because Jayant had lost the ball to Chetan and he made it a goal.

c. What did Jayant tell everyone after the match?

Answer: After the match, Jayant told everyone that he would teach Chetan a lesson.

d. What kind of behaviour was of Jayant towards Chetan?

Answer: Jayant's behaviour towards Chetan was rude and cruel.

e. Did Chetan reply in the same way?

Answer: No, Chetan did not reply in the same way. He wanted peace and not fight.

- 2. We get angry sometimes. When you get angry how do you feel? Tick in the list given. (Do it Yourself.)
- 3. Being brave does not mean that you hurt the people who hurt you. Do you agree? Write your views. (Page 64)

Answer: Quarrels and fights will destroy our relations. I think it is a bad habit to get into fight. We should love peace and forgiveness. A lot can be done with love. It has immense power.

4. Colour the bubbles that contain ahimsa qualities, green; and the other ones, blue. (Page 64)

Green: patience, wisdom, peaceful, good, kindness, friendly, helpful

Red: cowardness, fearful

5. Write it in the simple language: (Page 64)

Answer: We can win the hearts of even our enemies with love and compassion.